

2025 Heart Of America Athletic Conference Indoor Championships - 2/14/2025 to**Hughes Field House****Results****Event 1 Men 60 Meter Dash**

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NAIA A: A	6.76				
Heart: H	6.71	2024	Christopher Adekoya,	Central Met	
Name		Year School		Prelims	H#
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Preliminaries

1	Johnson, Showalter	William Penn	6.81Q	1	
2	Orionoma, Gift	MidAmerica Nazarene	6.85Q	2	
3	Thompson, Keegan	Mount Mercy	6.87Q	3	6.865
4	Wade, Breon	Mount Mercy	6.87q	2	6.868
5	Trachsel, Adam	Central Methodist	6.89q	3	
6	Adams, Ceondae	Mount Mercy	6.91q	2	
7	Pratt, Isaiah	Missouri Valley	6.93q	1	6.926
8	Etherington, Jake	Clarke	6.93q	1	6.928
9	Speidel, Baylor	Mount Mercy	6.95	3	
10	McCallop, PJ	Baker	6.96	2	
11	Robbins-Hall, Travaughn	William Penn	6.98	2	6.971
11	Evans, Ahmad	Park U.	6.98	1	6.971
13	Robinson, Robert	Graceland	6.98	1	6.979
14	Roberts, Jonah	Benedictine (Kan.)	6.99	3	
15	Ferguson, Keano	Park U.	7.01	2	
16	Boyce, Tristan	Central Methodist	7.02	1	
17	Monday, Kaeden	Graceland	7.03	3	7.028
17	Gathright, Jacob	Benedictine (Kan.)	7.03	1	7.028
19	Pegues, Jatavion	MidAmerica Nazarene	7.04	3	
20	Bergin, Elijah	MidAmerica Nazarene	7.19	3	

Event 1 Men 60 Meter Dash

=====					
NAIA A: A	6.76				
Heart: H	6.71	2024	Christopher Adekoya,	Central	
Name		Year School		Finals	
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Finals

1	Thompson, Keegan	Mount Mercy	6.79		
2	Johnson, Showalter	William Penn	6.81		
3	Orionoma, Gift	MidAmerica Nazarene	6.84	6.831	
4	Wade, Breon	Mount Mercy	6.84	6.835	
5	Adams, Ceondae	Mount Mercy	6.92		
6	Pratt, Isaiah	Missouri Valley	6.96		
7	Trachsel, Adam	Central Methodist	6.98		
8	Etherington, Jake	Clarke	7.00		

Event 2 Men 60 Meter Hurdles

=====					
NAIA A: A	8.03				
Heart: H	8.02	2022	Loubert Dagrín,	William Penn	
Name		Year School		Prelims	H#
=====					

Preliminaries

1	Adams, Ceondae	Mount Mercy	8.14Q	3	
2	Paye, Tony	William Penn	8.19Q	1	
3	Thompson, Mason	Grand View	8.20Q	2	
4	Keita, Sam	MidAmerica Nazarene	8.21q	3	
5	Vickrey, Chase	Central Methodist	8.28q	2	
6	Van Den Berkmortel, Harm	Clarke	8.47q	1	

2025 Heart Of America Athletic Conference Indoor Championships - 2/14/2025 to**Hughes Field House****Results****....Event 2 Men 60 Meter Hurdles**

7	Gordon, Dante	Missouri Valley	8.53q	1
8	Heyes, Jeovanni	Grand View	8.55q	2
9	Griffiths, Montique	Missouri Valley	8.56	1
10	Rivers, Jabez	Culver-Stockton	8.60	3
11	Bass, Logan	Central Methodist	8.65	2
12	Mumford, Micah	Missouri Valley	8.75	2
13	Frazier, Jamesperry	Baker	8.86	1
14	Dapkus, Blake	Benedictine (Kan.)	9.00	3
15	James, Joseph	Missouri Valley	9.34	3
16	Harken, Erik	Park U.	9.67	2

Event 2 Men 60 Meter Hurdles

NAIA A: A 8.03

Heart: H 8.02 2022 Loubert Dagrin, William Penn

Name	Year	School	Finals
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Finals

1	Adams, Ceondae	Mount Mercy	8.09	
2	Thompson, Mason	Grand View	8.13	
3	Keita, Sam	MidAmerica Nazarene	8.16	
4	Vickrey, Chase	Central Methodist	8.39	
5	Van Den Berkmortel, Harm	Clarke	8.50	
6	Gordon, Dante	Missouri Valley	8.57	
7	Heyes, Jeovanni	Grand View	8.74	
--	Paye, Tony	William Penn	DQ	finish out of lane

Event 3 Men 200 Meter Dash

NAIA A: A 21.43

Heart: H 21.45 2024 Keegan Thompson, Mount Mercy

Name	Year	School	Finals	H#
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1	Thompson, Keegan	Mount Mercy	21.84	5
2	Johnson, Showalter	William Penn	21.87	5
3	Etherington, Jake	Clarke	21.96	4
4	Adams, Ceondae	Mount Mercy	22.09	5
5	Caplinger, Blue	Benedictine (Kan.)	22.12	3
6	Speidel, Baylor	Mount Mercy	22.18	3
7	Taylor, Brice	Graceland	22.20	4 22.193
7	Stowe, Maikyah	MidAmerica Nazarene	22.20	3 22.193
9	McCallop, PJ	Baker	22.20	5 22.194
10	Wood, Trot	Baker	22.25	2
11	Robinson, Robert	Graceland	22.31	4 22.303
12	Mott, Fadi	Grand View	22.31	4 22.308
13	Pegues, Jatavion	MidAmerica Nazarene	22.34	2
14	Monday, Kaeden	Graceland	22.42	1
15	Orionoma, Gift	MidAmerica Nazarene	22.51	3
16	Ferguson, Keano	Park U.	22.70	2
17	Hernandez, David	Baker	23.06	1
18	Brown, Fabian	Grand View	23.16	1

2025 Heart Of America Athletic Conference Indoor Championships - 2/14/2025 to**Hughes Field House****Results****Event 4 Men 400 Meter Dash**

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NAIA A: A 47.96				
Heart: H 47.94 2024 Myles Ellis, MidAmerica Nazarene				
Name	Year	School	Finals	H#
=====				
1 Gordon, Dante		Missouri Valley	48.08	5
2 Poje, Blake		MidAmerica Nazarene	48.82	5
3 Thompson, Keegan		Mount Mercy	48.89	4
4 Caplinger, Blue		Benedictine (Kan.)	49.06	5
5 Wood, Trot		Baker	49.08	5
6 Taylor, Brice		Graceland	49.50	2
7 Keita, Sam		MidAmerica Nazarene	49.55	4
8 Schroeder, Jordan		Mount Mercy	49.56	4
9 Housh, Chase		Park U.	49.92	4
10 Keiper, Nate		Mount Mercy	49.99	3
11 Ceballos, David		Central Methodist	50.02	3
12 Musonda, Joshua		Clarke	50.05	3
13 Caines, Shemar		Park U.	50.38	3
14 Stowe, Maikyah		MidAmerica Nazarene	50.49	2
15 Mott, Fadi		Grand View	50.51	2
16 Thomas, Sam		Central Methodist	50.60	2
17 Van Den Berkmortel, Harm		Clarke	50.75	2

Event 5 Men 600 Meter Run

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NAIA A: A 1:19.49				
Heart: H 1:19.62 2020 Stephenson Fleuriot, MidAmeric				
Name	Year	School	Finals	H#
=====				
1 Caines, Alexander		Park U.	1:19.61H	3
2 Caines, Shemar		Park U.	1:19.64	3
3 Massa, Hugo		Central Methodist	1:19.86	3
4 Ceballos, David		Central Methodist	1:21.02	2
5 Schroeder, Jordan		Mount Mercy	1:21.04	3
6 Jones, Zack		MidAmerica Nazarene	1:21.28	3
7 Weller, Quest		Central Methodist	1:21.33	2
8 Griffiths, Montique		Missouri Valley	1:23.11	2
9 Housh, Chase		Park U.	1:23.78	2
10 O'Connor, Palmer		Park U.	1:24.88	2
11 Jackson, Doriye		Central Methodist	1:26.72	3
12 Mages, Mitchell		Benedictine (Kan.)	1:27.26	2
13 Miller, Payton		Graceland	1:28.14	1
14 Reynaga, Jailan		Culver-Stockton	1:28.96	1
15 Hamm, Drake		William Penn	1:32.20	1
16 Lake, Chase		Culver-Stockton	1:32.41	1

Event 6 Men 800 Meter Run

=====				
NAIA A: A 1:53.00				
Heart: H 1:54.86 2024 David Manella, Benedictine				
Name	Year	School	Finals	H#
=====				
1 Massa, Hugo		Central Methodist	1:52.91A	3
2 Caines, Alexander		Park U.	1:53.68H	3
3 Jones, Zack		MidAmerica Nazarene	1:54.44H	3
4 Williams, Brandon		William Penn	1:54.64H	3

2025 Heart Of America Athletic Conference Indoor Championships - 2/14/2025 to**Hughes Field House****Results****....Event 6 Men 800 Meter Run**

5	Willmann, Ethan	Park U.	1:56.18	2
6	Taylor, Jacchaeus	Central Methodist	1:57.50	2
7	O'Connor, Palmer	Park U.	1:58.88	3
8	Weller, Quest	Central Methodist	1:58.96	2
9	Jackson, Doriye	Central Methodist	1:59.22	3
10	Huff, Gavin	William Penn	1:59.96	1
11	Kondos, Bryce	Clarke	2:00.44	2
12	Nietert, Cord	Clarke	2:01.45	1
13	Liess, Dominic	Benedictine (Kan.)	2:03.29	1
14	Wegner, Thore	Park U.	2:03.94	1
15	Mages, Mitchell	Benedictine (Kan.)	2:04.00	1
16	Kuehnel, Tom	Park U.	2:07.11	2
17	Klasinski, Bobby	Benedictine (Kan.)	2:09.48	1

Event 7 Men 1000 Meter Run

NAIA A: A 2:27.00

Heart: H 2:29.13 2023 Isaiah Wittrock, Grand View

Name	Year	School	Finals	H#
1 O'Connor, Palmer		Park U.	2:28.53H	2
2 Williams, Brandon		William Penn	2:29.53	2
3 Willmann, Ethan		Park U.	2:29.78	2
4 Kuehnel, Tom		Park U.	2:31.97	2
5 Kosgei, Ray		MidAmerica Nazarene	2:32.24	2
6 Jackson, Doriye		Central Methodist	2:33.14	2
7 Haverly, Kole		Clarke	2:33.90	2
8 Buerschen, Sam		Benedictine (Kan.)	2:34.37	1
9 Reyes, Manuel		Park U.	2:35.42	2
10 Meade, Cutter		Baker	2:35.66	1
11 Varvelo, Ethan		William Penn	2:36.58	1
12 Wegner, Thore		Park U.	2:36.60	1
13 Allen, Wyatt		Baker	2:36.75	1
14 Joerger, Gabriel		Benedictine (Kan.)	2:37.57	1
15 Caines, Alexander		Park U.	2:38.45	2
16 Keller, Connor		Grand View	2:42.85	1
17 Reynaga, Jailan		Culver-Stockton	2:43.41	1

Event 8 Men 1 Mile Run

NAIA A: A 4:11.00

Heart: H 4:19.45 2010 Neil Grundman, Graceland

Name	Year	School	Finals	H#
1 Campbell, Thomas		Benedictine (Kan.)	4:22.94	2
2 Miller, Andrew		William Penn	4:24.98	2
3 Kuehnel, Tom		Park U.	4:26.16	2
4 Cortez, Brady		Mount Mercy	4:26.77	2
5 Massey, Aidan		Baker	4:27.73	2
6 Bledsoe, Dylan		Mount Mercy	4:28.17	2
7 Willmann, Ethan		Park U.	4:28.21	1
8 McGlasson, Jacob		Baker	4:28.76	1
9 Accurso, Joseph		Benedictine (Kan.)	4:30.24	2
10 Juntunen III, Charles		Clarke	4:32.13	1
11 Vohs, Jaden		Baker	4:33.99	1

2025 Heart Of America Athletic Conference Indoor Championships - 2/14/2025 to**Hughes Field House****Results****....Event 8 Men 1 Mile Run**

12	Lucas, Logan	Culver-Stockton	4:34.21	2
13	Knaussman, Michael	Baker	4:36.57	1
14	Joyce, Johnny	Benedictine (Kan.)	4:36.80	1
15	Perez-Rodriguez, Ruben	William Penn	4:37.62	1
16	Peuster, Thomas	Benedictine (Kan.)	4:38.28	1
17	Dowd, Kile	Culver-Stockton	5:05.97	1

Event 9 Men 3000 Meter Run

NAIA A: A 8:20.00

Heart: H 8:37.00 2022 Trevor Albert, Grand View

Name	Year	School	Finals	H#
1	Beaver, D'Artagnon	William Penn	8:43.36	2
2	Campbell, Thomas	Benedictine (Kan.)	8:43.83	2
3	Mehl, Lukas	Park U.	8:45.51	2
4	Michael, Sebastian	Benedictine (Kan.)	8:46.69	2
5	Accurso, Joseph	Benedictine (Kan.)	8:51.39	2
6	Walker, Cayden	Park U.	8:53.73	2
7	Newberry, Kyle	Central Methodist	8:54.52	1
8	Swift, Quinn	Mount Mercy	8:54.80	1
9	Lamparek, Lukas	Mount Mercy	8:56.59	2
10	Cortez, Brady	Mount Mercy	8:59.37	1
11	Lucas, Logan	Culver-Stockton	9:00.76	2
12	Massey, Aidan	Baker	9:03.70	2
13	Engel, Grant	Central Methodist	9:06.54	1
14	Bledsoe, Dylan	Mount Mercy	9:10.80	1
15	Pate, Drew	Clarke	9:18.14	1
16	Knaussman, Michael	Baker	9:18.89	1
17	Joyce, Johnny	Benedictine (Kan.)	9:33.45	1
18	Bonner, Matthew	Grand View	9:39.41	1

Event 10 Men 5000 Meter Run

NAIA A: A 14:33.00

Heart: H 15:00.52 2022 Trevor Albert, Grand View

Name	Year	School	Finals
1	Mehl, Lukas	Park U.	14:54.05H
2	Accurso, Joseph	Benedictine (Kan.)	14:57.81H
3	Campbell, Thomas	Benedictine (Kan.)	14:58.43H
4	Walker, Cayden	Park U.	15:03.11
5	Lucas, Logan	Culver-Stockton	15:08.27
6	Michael, Sebastian	Benedictine (Kan.)	15:10.65
7	Lamparek, Lukas	Mount Mercy	15:27.92
8	Newberry, Kyle	Central Methodist	15:36.48
9	Swift, Quinn	Mount Mercy	15:36.50
10	Mwihaki, James	MidAmerica Nazarene	15:49.50
11	Munoz, Micah	Benedictine (Kan.)	15:54.24
12	Engel, Grant	Central Methodist	15:56.75
13	Pate, Drew	Clarke	16:04.21
14	Limas, Nathan	Grand View	16:10.33
15	Bonner, Matthew	Grand View	16:17.88
16	Schulte, Trey	Mount Mercy	16:21.35
17	Norris, William	Park U.	16:26.90

2025 Heart Of America Athletic Conference Indoor Championships - 2/14/2025 to**Hughes Field House****Results****....Event 10 Men 5000 Meter Run**

18 Springer, Carson	William Penn	16:53.00
-- Massey, Aidan	Baker	DNF
-- Mitchell, Ryan	Mount Mercy	DNF

Event 11 Men 3000 Meter Race Walk

NAIA A: A 14:22.50

Heart: H 13:12.32 2009 Thiago Ferreira, Missouri

Name	Year School	Finals
1 Nolte, Owen	Benedictine (Kan.)	13:06.49H
2 Limas, Nathan	Grand View	13:10.25H
3 Crossett, Daniel	Benedictine (Kan.)	15:33.57
4 Tucker, Kenny	Culver-Stockton	16:20.05
5 Munoz, Micah	Benedictine (Kan.)	17:52.08
6 Bartoszek, Sam	Benedictine (Kan.)	18:16.72
7 McNamee, Gannon	Culver-Stockton	18:25.53
8 Small, Kaleb	Central Methodist	18:37.13
9 Jacobs, Patrick	MidAmerica Nazarene	19:12.46
10 Medina, Luke	Benedictine (Kan.)	19:32.63
-- Philbin, Patrick	Benedictine (Kan.)	DQ bent knee

Event 12 Men 4x400 Meter Relay

NAIA A: A 3:16.50

Heart: H 3:15.62 2024 Mid America Nazarene, MidAmeri

Thomas, Kilbert, Poje, Ellis

School	Finals	H#
1 MidAmerica Nazarene	3:17.07	3
1) Keita, Sam	2) Baneulos, Mathew	
3) Poje, Blake	4) Jones, Zack	
2 Park U.	3:18.11	3
1) Caines, Shemar	2) Caines, Alexander	
3) O'Connor, Palmer	4) Housh, Chase	
3 Mount Mercy	3:19.51	3
1) Schroeder, Jordan	2) Keiper, Nate	
3) Wade, Breon	4) Speidel, Baylor	
4 Graceland	3:20.70	2
1) Robinson, Robert	2) Taylor, Brice	
3) Monday, Kaeden	4) Marchand, Paul	
5 Central Methodist	3:21.61	3
1) Thomas, Sam	2) Vickrey, Chase	
3) Bass, Logan	4) Ceballos, David	
6 Missouri Valley	3:22.87	2
1) Griffiths, Montique	2) Mumford, Micah	
3) Liggins, Corey	4) Gordon, Dante	
7 Baker	3:22.98	2
1) McCallop, PJ	2) Kodger, Eithan	
3) McGlasson, Jacob	4) Wood, Trot	
8 William Penn	3:26.20	1
1) Webb, John	2) Loveless, Jaden	
3) Polite, Bennett	4) Paye, Tony	
9 Grand View	3:26.32	2
1) Thompson, Mason	2) Mott, Fadi	

2025 Heart Of America Athletic Conference Indoor Championships - 2/14/2025 to**Hughes Field House****Results****....Event 12 Men 4x400 Meter Relay**

3) Lewis, Delane	4) Adum, Ardadi		
10 Clarke		3:27.46	3
1) Musonda, Joshua	2) Van Den Berkmortel, Harm		
3) Van Loon, Lucas	4) Etherington, Jake		
11 Benedictine (Kan.)		3:30.95	1
1) Loughman, Joe	2) Osburn, Titan		
3) Dapkus, Blake	4) Witherspoon, Dylan		
12 Culver-Stockton		3:43.33	2
1) Reynaga, Jailan	2) Mallett, Drew		
3) Merriel, Tyheim	4) Rivers, Judah		

Event 13 Men 4x800 Meter Relay

NAIA A: A 7:45.50

Heart: H 7:45.53 2020 Grand View, Grand View

Huyser, Wittrock, Munger, Huftalin

School Finals

1 William Penn		7:52.17	
1) Miller, Andrew	2) Huff, Gavin		
3) Beaver, D'Artagnon	4) Williams, Brandon		
2 Park U.		7:56.43	
1) Wegner, Thore	2) Reyes, Manuel		
3) Kuehnelt, Tom	4) Willmann, Ethan		
3 Clarke		7:58.27	
1) Capron, Chesney	2) Kondos, Bryce		
3) Nietert, Cord	4) Haverly, Kole		
4 MidAmerica Nazarene		7:59.62	
1) Kosgei, Ray	2) Bourquin, Bret		
3) Bessmer, TJ	4) Baneulos, Mathew		
5 Baker		8:00.15	
1) Vohs, Jaden	2) Allen, Wyatt		
3) Meade, Cutter	4) McGlasson, Jacob		
6 Benedictine (Kan.)		8:00.92	
1) Buerschen, Sam	2) Nolte, Owen		
3) Liess, Dominic	4) Joerger, Gabriel		
7 Mount Mercy		8:09.32	
1) Valenzuela, Noah	2) Leitheiser, Trevor		
3) Williams, Jonathon	4) Costigan, Ty		
8 Central Methodist		8:21.57	
1) Taylor, Jacchaeus	2) Kipkosgei, Elvis		
3) Brackman, Ross	4) Kiptanui, Meshack		
9 Grand View		8:38.97	
1) Keller, Connor	2) Hadgu, Debas		
3) Larson, Ethan	4) Adum, Ardadi		

Event 14 Men Distance Medley

NAIA A: A 10:06.00

Heart: H 10:25.01 2023 Grand View, Grand View

Davis, Curet, Huyser, Wittrock

School Finals

1 William Penn		10:26.68	
1) Miller, Andrew	2) Loveless, Jaden		

2025 Heart Of America Athletic Conference Indoor Championships - 2/14/2025 to**Hughes Field House****Results****....Event 14 Men Distance Medley**

3) Varvelo, Ethan	4) Beaver, D'Artagnon
2 MidAmerica Nazarene	10:28.51
1) Bourquin, Bret	2) Baneulos, Mathew
3) Bessmer, TJ	4) Kosgei, Ray
3 Benedictine (Kan.)	10:30.80
1) Joerger, Gabriel	2) Mages, Mitchell
3) Buerschen, Sam	4) Michael, Sebastian
4 Central Methodist	10:37.60
1) Kiptanui, Meshack	2) Bass, Logan
3) Ceballos, David	4) Newberry, Kyle
5 Clarke	10:42.50
1) Capron, Chesney	2) Guerrero, Isaac
3) Juntunen III, Charles	4) Haverly, Kole
6 Mount Mercy	10:48.57
1) Costigan, Ty	2) Leitheiser, Trevor
3) Valenzuela, Noah	4) Williams, Jonathon
7 Park U.	10:56.63
1) Vega, A.J.	2) Noland, Charles
3) Walsh, Ian	4) Jones, Beck
8 Baker	10:59.82
1) Meade, Cutter	2) Kodger, Eithan
3) Allen, Wyatt	4) Vohs, Jaden
9 Culver-Stockton	11:16.56
1) Reynaga, Jailan	2) Rivers, Jabez
3) Lake, Chase	4) Lucas, Logan
10 Grand View	11:29.00
1) Keller, Connor	2) Simmons, Tobias
3) Larson, Ethan	4) Bonner, Matthew
11 Graceland	11:42.34
1) Carcamo, Vincent	2) Miller, Payton
3) Ridley, Moses	4) Ramirez, Isaac

Event 15 Men Long Jump

NAIA A: A 7.25m

Heart: H 7.39m 2017

Tirrell Brooks, Graceland

Name	Year School	Finals	H#
1 Alexander, Joseph	Graceland	7.04m 23-01.25	2
2 Dapkus, Blake	Benedictine (Kan.)	6.83m 22-05.00	1
3 Weaver Jr., Anthony	William Penn	6.81m 22-04.25	1
4 Marchand, Paul	Graceland	J6.81m 22-04.25	1
5 McCallop, PJ	Baker	6.80m 22-03.75	2
6 Poole, Jayton	Grand View	6.69m 21-11.50	2
7 Zepeda, Orlando	Benedictine (Kan.)	6.62m 21-08.75	1
8 Caviness, Stephen	Missouri Valley	6.52m 21-04.75	2
9 Webb, John	William Penn	6.43m 21-01.25	2
10 Mills, Micah	William Penn	6.34m 20-09.75	2
11 Bergin, Elijah	MidAmerica Nazarene	6.32m 20-09.00	1
12 Thomas, Sam	Central Methodist	J6.32m 20-09.00	2
13 Osburn, Titan	Benedictine (Kan.)	6.26m 20-06.50	1
14 Evans, Ahmad	Park U.	6.15m 20-02.25	2
15 Kennybrew, Dantre	Graceland	J6.15m 20-02.25	1
16 Ibarra, Emilio	MidAmerica Nazarene	6.14m 20-01.75	1
17 Walker, Elias	Graceland	6.13m 20-01.50	2

2025 Heart Of America Athletic Conference Indoor Championships - 2/14/2025 to**Hughes Field House****Results****....Event 15 Men Long Jump**

18 Mallett, Drew	Culver-Stockton	5.87m	19-03.25	2
19 Jones, CarVelle	Baker	4.25m	13-11.50	1

Event 16 Men Triple Jump

NAIA A: A 14.78m

Heart: H 15.06m 2012 Jeremy Gathright, Baker

Name	Year	School	Finals	H#
1 Weaver Jr., Anthony		William Penn	14.81mA	48-07.25 2
2 Mills, Micah		William Penn	14.45m	47-05.00 2
3 Webb, John		William Penn	13.76m	45-01.75 2
4 Evans, Ahmad		Park U.	13.59m	44-07.00 2
5 Stoughtenborough, Azaan		Central Methodist	13.53m	44-04.75 2
6 Evans, Marcus		Missouri Valley	13.35m	43-09.75 2
7 Jones, CarVelle		Baker	13.22m	43-04.50 2
8 Kille, Javon		Central Methodist	12.97m	42-06.75 2
9 Guerrero, Isaac		Clarke	12.82m	42-00.75 1
10 Kennybrew, Dantre		Graceland	12.50m	41-00.25 1
11 Walker, Elias		Graceland	12.29m	40-04.00 1
-- Nielsen, Oscar		Mount Mercy	FOUL	1
-- Bryant, Kevin		Culver-Stockton	FOUL	1
-- Ibarra, Emilio		MidAmerica Nazarene	FOUL	2
-- Bichelmeyer, Joel		Benedictine (Kan.)	FOUL	1
-- Davis, Terrill		Missouri Valley	FOUL	1
-- Misner, Mike		Culver-Stockton	FOUL	1

Event 17 Men High Jump

NAIA A: A 2.06m

Heart: H 2.16m 2023 Michael Millslagle, Graceland

Name	Year	School	Finals	
1 Adams, Daniel		Clarke	2.06mA	6-09.00
2 Francois, Hasmar		Clarke	J2.06mA	6-09.00
3 Drayton, Amani		Clarke	1.98m	6-06.00
4 Caviness, Stephen		Missouri Valley	1.93m	6-04.00
5 Poole, Jayton		Grand View	1.88m	6-02.00
6 Sanford, Matt		Benedictine (Kan.)	J1.88m	6-02.00
7 Banahene, Kwabena		William Penn	J1.88m	6-02.00
8 Evans, Ahmad		Park U.	1.83m	6-00.00
9 Nielsen, Oscar		Mount Mercy	J1.83m	6-00.00
9 Bichelmeyer, Joel		Benedictine (Kan.)	J1.83m	6-00.00
9 Carrasquillo, Jeremia		Graceland	J1.83m	6-00.00
12 Osburn, Titan		Benedictine (Kan.)	1.78m	5-10.00
13 Kennybrew, Dantre		Graceland	J1.78m	5-10.00
13 Polite, Bennett		William Penn	J1.78m	5-10.00
15 Jones, CarVelle		Baker	1.73m	5-08.00
-- Mallett, Drew		Culver-Stockton	NH	
-- Todd, Anthony		Benedictine (Kan.)	NH	

2025 Heart Of America Athletic Conference Indoor Championships - 2/14/2025 to**Hughes Field House****Results****Event 18 Men Pole Vault**

NAIA A: A 4.85m

Heart: H 5.03m 2009

Zach Rosenberger, Culver-Stockton

Name	Year	School	Finals	
1 Coyne, Christopher		Benedictine (Kan.)	4.30m	14-01.25
2 Smith, Ethan		Central Methodist	4.15m	13-07.25
3 Shonka, Ben		Benedictine (Kan.)	J4.15m	13-07.25
4 Taylor, Kevin		Benedictine (Kan.)	4.00m	13-01.50
5 Ohlson, Jace		Benedictine (Kan.)	3.85m	12-07.50
5 Love, Myron		Central Methodist	3.85m	12-07.50
7 Hankins, Tyler		Central Methodist	J3.85m	12-07.50
8 Mallett, Drew		Culver-Stockton	3.70m	12-01.50
9 Ewoldt, Brayden		William Penn	3.55m	11-07.75
-- Ruiz, Jonathan		Baker	NH	

Event 19 Men Shot Put

NAIA A: A 16.57m

Heart: H 17.17m 2019

James Plummer, Grand View

Name	Year	School	Finals	H#
1 Stephenson, Brayton		Central Methodist	16.87mA	55-04.25 2
2 Willey, Blake		Grand View	16.65mA	54-07.50 2
3 Evans, Colder		Central Methodist	16.19m	53-01.50 2
4 Brock, Primes		William Penn	15.83m	51-11.25 2
5 West, Xzavion		William Penn	14.84m	48-08.25 2
6 Betz, Aidan		Benedictine (Kan.)	14.67m	48-01.75 2
7 Salinas, Omar		Mount Mercy	14.51m	47-07.25 2
8 Smith, Wyatt		Central Methodist	13.85m	45-05.25 1
9 Frakes, Levi		Benedictine (Kan.)	13.49m	44-03.25 1
10 Marshall, Nickolas		William Penn	13.40m	43-11.75 2
11 Jackson, Jayse		MidAmerica Nazarene	12.88m	42-03.25 1
12 Swisloski, Edward		Benedictine (Kan.)	12.81m	42-00.50 1
13 Saddler, Ryan		Grand View	12.67m	41-07.00 2
14 Locke, Omarr		Clarke	12.63m	41-05.25 1
15 Paulson, Alexander		Mount Mercy	12.60m	41-04.25 1
16 Jones, Nate		Mount Mercy	12.54m	41-01.75 1
17 Hinton, Ja'Kobe		Benedictine (Kan.)	12.45m	40-10.25 1
-- Glasper, Kameron		Baker	FOUL	2
-- Clayton, Luke		Missouri Valley	FOUL	1

Event 20 Men Weight Throw

NAIA A: A 18.64m

Heart: H 21.96m 2019

James Plummer, Grand View

Name	Year	School	Finals	H#
1 West, Xzavion		William Penn	17.30m	56-09.25 2
2 Evans, Colder		Central Methodist	17.00m	55-09.25 2
3 Creswell, Jacob		MidAmerica Nazarene	16.39m	53-09.25 2
4 Marshall, Nickolas		William Penn	J16.39m	53-09.25 2
5 Saddler, Ryan		Grand View	16.29m	53-05.50 2
6 Brock, Primes		William Penn	15.77m	51-09.00 1
7 Dawkins, Alexander		MidAmerica Nazarene	15.40m	50-06.25 2
8 Salinas, Omar		Mount Mercy	15.12m	49-07.25 1

2025 Heart Of America Athletic Conference Indoor Championships - 2/14/2025 to**Hughes Field House****Results****....Event 20 Men Weight Throw**

9	Swisloski, Edward	Benedictine (Kan.)	15.09m	49-06.25	2
10	Joachims, Brody	Benedictine (Kan.)	14.89m	48-10.25	1
11	Betz, Aidan	Benedictine (Kan.)	14.41m	47-03.50	1
12	Allen, Nick	MidAmerica Nazarene	14.34m	47-00.75	2
13	Glasper, Kameron	Baker	14.23m	46-08.25	1
14	Hinton, Ja'Kobe	Benedictine (Kan.)	14.09m	46-02.75	2
15	Willey, Blake	Grand View	13.97m	45-10.00	2
16	Frakes, Levi	Benedictine (Kan.)	13.93m	45-08.50	1
17	Jackson, Jayse	MidAmerica Nazarene	13.84m	45-05.00	1
18	Jensen, Ryan	Baker	12.90m	42-04.00	1
19	Ferdinand, Jayden	Culver-Stockton	12.42m	40-09.00	1
20	Smith, Wyatt	Central Methodist	12.11m	39-08.75	2
--	Vigil, Frankie	Graceland	FOUL		1

Event 21 Men Heptathlon

=====					
Heart: H		4977	2011	Aaron Hannon, Baker	
Name	Year	School	Finals	H#	
=====					
1	Smith, Ethan	Central Methodist	4767		
2	Mallett, Drew	Culver-Stockton	4490		
3	Bichelmeyer, Joel	Benedictine (Kan.)	4330		
4	Todd, Anthony	Benedictine (Kan.)	4094		
5	Black, Nathan	Grand View	4009		
6	Harken, Erik	Park U.	3972		
7	Lewis, Delane	Grand View	3865		
8	Israel, Caden	Graceland	3606		
9	Tucker, Kenny	Culver-Stockton	3164		
10	Allen, Garrison	Graceland	3053		
11	Akins, James	Benedictine (Kan.)	2981		

Event 21 Heptathlon: #1 Men 60 Meter Dash Heptathlon

=====					
Name	Year	School	Finals	H#	Points
=====					
1	Mallett, Drew	Culver-Stockton	7.20	2	813
2	Cary, Hunter	Central Methodist	7.25	2	796
3	Bichelmeyer, Joel	Benedictine (Kan.)	7.26	2	792
4	Smith, Ethan	Central Methodist	7.29	2	782
5	Lewis, Delane	Grand View	7.38	2	752
6	Todd, Anthony	Benedictine (Kan.)	7.50	2	713
7	Allen, Garrison	Graceland	7.54	1	700
8	Harken, Erik	Park U.	7.65	1	665
9	Akins, James	Benedictine (Kan.)	7.67	2	659
10	Israel, Caden	Graceland	7.68	2	656
11	Black, Nathan	Grand View	7.69	1	653
12	Tucker, Kenny	Culver-Stockton	7.87	1	598

Event 21 Heptathlon: #2 Men Long Jump Heptathlon

=====					
Name	Year	School	Finals		Points
=====					
1	Bichelmeyer, Joel	Benedictine (Kan.)	6.24m	20-05.75	639
2	Mallett, Drew	Culver-Stockton	6.11m	20-00.50	610
3	Smith, Ethan	Central Methodist	6.04m	19-09.75	595

2025 Heart Of America Athletic Conference Indoor Championships - 2/14/2025 to**Hughes Field House****Results****....Event 21 Heptathlon: #2 Men Long Jump Heptathlon**

4	Harken, Erik	Park U.	5.94m	19-06.00	574
5	Cary, Hunter	Central Methodist	5.88m	19-03.50	561
6	Allen, Garrison	Graceland	5.72m	18-09.25	527
7	Todd, Anthony	Benedictine (Kan.)	5.68m	18-07.75	519
8	Black, Nathan	Grand View	5.66m	18-07.00	514
9	Lewis, Delane	Grand View	5.50m	18-00.50	481
10	Israel, Caden	Graceland	5.48m	17-11.75	477
11	Akins, James	Benedictine (Kan.)	5.24m	17-02.25	429
12	Tucker, Kenny	Culver-Stockton	5.19m	17-00.50	419

Event 21 Heptathlon: #3 Men Shot Put Heptathlon

Name	Year School	Finals	Points
1 Cary, Hunter	Central Methodist	12.55m 41-02.25	640
2 Smith, Ethan	Central Methodist	12.49m 40-11.75	636
3 Mallett, Drew	Culver-Stockton	11.09m 36-04.75	551
4 Lewis, Delane	Grand View	10.51m 34-05.75	516
5 Bichelmeyer, Joel	Benedictine (Kan.)	10.43m 34-02.75	512
6 Black, Nathan	Grand View	10.12m 33-02.50	493
7 Allen, Garrison	Graceland	9.76m 32-00.25	471
8 Israel, Caden	Graceland	9.02m 29-07.25	427
9 Todd, Anthony	Benedictine (Kan.)	8.94m 29-04.00	422
10 Harken, Erik	Park U.	8.62m 28-03.50	403
11 Akins, James	Benedictine (Kan.)	8.49m 27-10.25	395
12 Tucker, Kenny	Culver-Stockton	8.17m 26-09.75	376

Event 21 Heptathlon: #4 Men High Jump Heptathlon

Name	Year School	Finals	Points
1 Bichelmeyer, Joel	Benedictine (Kan.)	1.91m 6-03.25	723
2 Todd, Anthony	Benedictine (Kan.)	1.88m 6-02.00	696
3 Smith, Ethan	Central Methodist	1.85m 6-00.75	670
4 Mallett, Drew	Culver-Stockton	1.82m 5-11.50	644
5 Black, Nathan	Grand View	1.76m 5-09.25	593
5 Cary, Hunter	Central Methodist	1.76m 5-09.25	593
7 Akins, James	Benedictine (Kan.)	1.70m 5-07.00	544
7 Lewis, Delane	Grand View	1.70m 5-07.00	544
7 Harken, Erik	Park U.	1.70m 5-07.00	544
10 Allen, Garrison	Graceland	1.64m 5-04.50	496
10 Israel, Caden	Graceland	1.64m 5-04.50	496
12 Tucker, Kenny	Culver-Stockton	1.58m 5-02.25	449

Event 21 Heptathlon: #5 Men 60 Meter Hurdles Heptathlon

Name	Year School	Finals	H#	Points
1 Harken, Erik	Park U.	8.83	3	784
2 Mallett, Drew	Culver-Stockton	8.83	3	784
3 Smith, Ethan	Central Methodist	9.09	3	726
4 Todd, Anthony	Benedictine (Kan.)	9.24	2	694
5 Black, Nathan	Grand View	9.28	2	685
6 Bichelmeyer, Joel	Benedictine (Kan.)	9.51	2	637
7 Lewis, Delane	Grand View	9.89	2	562

2025 Heart Of America Athletic Conference Indoor Championships - 2/14/2025 to**Hughes Field House****Results****....Event 21 Heptathlon: #5 Men 60 Meter Hurdles Heptathlon**

8	Israel, Caden	Graceland	10.92	1	381
9	Tucker, Kenny	Culver-Stockton	11.23	1	333
10	Allen, Garrison	Graceland	11.56	1	285
11	Akins, James	Benedictine (Kan.)	11.97	1	231

Event 21 Heptathlon: #6 Men Pole Vault Heptathlon

Name	Year School	Finals	Points
1 Smith, Ethan	Central Methodist	4.25m	13-11.25 688
2 Israel, Caden	Graceland	3.95m	12-11.50 603
3 Black, Nathan	Grand View	3.65m	11-11.75 522
4 Mallett, Drew	Culver-Stockton	3.55m	11-07.75 496
5 Harken, Erik	Park U.	3.35m	10-11.75 444
6 Bichelmeyer, Joel	Benedictine (Kan.)	3.05m	10-00.00 369
6 Todd, Anthony	Benedictine (Kan.)	3.05m	10-00.00 369
8 Tucker, Kenny	Culver-Stockton	2.75m	9-00.25 298
8 Allen, Garrison	Graceland	2.75m	9-00.25 298
10 Akins, James	Benedictine (Kan.)	2.65m	8-08.25 275
10 Lewis, Delane	Grand View	2.65m	8-08.25 275

Event 21 Heptathlon: #7 Men 1000 Meter Run Heptathlon

Name	Year School	Finals	Points
1 Lewis, Delane	Grand View	2:52.96	735
2 Tucker, Kenny	Culver-Stockton	2:57.28	691
3 Todd, Anthony	Benedictine (Kan.)	2:58.34	681
4 Smith, Ethan	Central Methodist	2:59.38	670
5 Bichelmeyer, Joel	Benedictine (Kan.)	3:00.62	658
6 Mallett, Drew	Culver-Stockton	3:07.53	592
7 Israel, Caden	Graceland	3:10.37	566
8 Harken, Erik	Park U.	3:11.27	558
9 Black, Nathan	Grand View	3:12.26	549
10 Akins, James	Benedictine (Kan.)	3:24.02	448
11 Allen, Garrison	Graceland	3:47.34	276

Event 22 Women 60 Meter Dash

NAIA A: A	7.56		
Heart: H	7.66	2023	Nikiwe Mongwe, Mid America Nazar
Name	Year School	Prelims	H#

Preliminaries

1	Curtis, Rosjai	Park U.	H 7.66Q	2
2	Charles, Mya	Park U.	7.70Q	3
3	Vakasobuduru, Joana	Central Methodist	7.73Q	1
4	Porter, Zakiya	Central Methodist	7.68q	2
5	Sahagun, Maria	Central Methodist	7.76q	3
6	Kilson, Naomi	Baker	7.79q	1
7	Summers, Alexis	Baker	7.81q	1 7.805
8	Smith, Emma	Culver-Stockton	7.81q	2 7.806
9	Burns, Nala	MidAmerica Nazarene	7.82	3
10	Sherman, Alexandria	Park U.	8.03	3 8.022
11	Robinson, Zyaire	Central Methodist	8.03	1 8.027

2025 Heart Of America Athletic Conference Indoor Championships - 2/14/2025 to**Hughes Field House****Results****....Event 22 Women 60 Meter Dash**

12 Bunn, Kaylee	Mount Mercy	8.08	2 8.071
13 Ostert, Lilly	William Penn	8.08	2 8.073
14 Horton, Ellasa	William Penn	8.08	3 8.076
15 Sweet, Dimitria	Missouri Valley	8.16	2
16 Paul, Anna	Grand View	8.27	3
17 Pollard, Victoria	Culver-Stockton	8.38	1

Event 22 Women 60 Meter Dash

NAIA A: A 7.56

Heart: H 7.66 2023

Nikiwe Mongwe, Mid America Na

Name

Year School

Finals

Finals

1 Curtis, Rosjai	Park U.	7.62H	
2 Porter, Zakiya	Central Methodist	7.68	
3 Charles, Mya	Park U.	7.73	7.723
4 Vakasobuduru, Joana	Central Methodist	7.73	7.726
5 Smith, Emma	Culver-Stockton	7.79	7.784
6 Sahagun, Maria	Central Methodist	7.79	7.787
7 Summers, Alexis	Baker	7.82	
8 Kilson, Naomi	Baker	7.88	

Event 23 Women 60 Meter Hurdles

NAIA A: A 8.64

Heart: H 8.53 2023

Gizel Clayton, Central Methodist

Name

Year School

Prelims H#

Preliminaries

1 Terpstra, Addisyn	Grand View	8.74Q	3
2 Smith, Parys	Central Methodist	8.79Q	2
3 Finke, Renee	Central Methodist	8.85Q	1
4 Bellamy, Haley	Central Methodist	8.82q	3
5 Christoffer, Brei	Clarke	8.89q	1
6 Jones, Zaria	Central Methodist	9.02q	1
7 Sweeting, Shanai	Park U.	9.04q	3
8 Rizo, Sofia	Central Methodist	9.09q	1
9 Klamm, Hope	Park U.	9.13	2
10 Vakasobuduru, Joana	Central Methodist	9.14	2
11 Love, Cayna	Benedictine (Kan.)	9.36	3
12 Fulgencio, Ambar	Graceland	9.37	3 9.361
13 Klamm, Faith	Park U.	9.37	2 9.369
14 Cage, Londyn	Baker	9.41	2
15 Lewis, Jacey	Graceland	9.80	1
16 Nyambuka, Amelia	Graceland	10.00	1
17 Longacre, Makenna	Baker	10.05	3
18 Gammarota, Federica	Missouri Valley	10.46	2

2025 Heart Of America Athletic Conference Indoor Championships - 2/14/2025 to**Hughes Field House****Results****Event 23 Women 60 Meter Hurdles**

=====				
NAIA A: A	8.64			
Heart: H	8.53	2023	Gizel Clayton,	Central Method
Name		Year School		Finals
=====				

Finals

1	Finke, Renee	Central Methodist	8.66	
2	Terpstra, Addisyn	Grand View	8.72	
3	Smith, Parys	Central Methodist	8.76	
4	Sweeting, Shanai	Park U.	9.01	
5	Christoffer, Brei	Clarke	9.02	
6	Rizo, Sofia	Central Methodist	9.11	
7	Jones, Zaria	Central Methodist	12.06	
--	Bellamy, Haley	Central Methodist	DQ	Impede lane 7

Event 24 Women 200 Meter Dash

=====				
NAIA A: A	24.65			
Heart: H	23.97	2024	Nikiwe Mongwe,	Mid America Nazar
Name		Year School		Finals H#
=====				

1	Vakasobuduru, Joana	Central Methodist	25.04	5
2	Camilo-Montenegro, Darly	Central Methodist	25.09	5
3	Sahagun, Maria	Central Methodist	25.38	5
4	Porter, Zakiya	Central Methodist	25.54	5
5	Kilson, Naomi	Baker	25.71	4
6	Arceneaux, Bailey	Baker	25.95	3
7	Nicholson, Janiah	MidAmerica Nazarene	26.05	2
8	Ondobo, Diane	Central Methodist	26.09	4
9	Smith, Parys	Central Methodist	26.17	4
10	Cage, Londyn	Baker	26.20	2
11	Sherman, Alexandria	Park U.	26.26	3
12	Carballo, Aroa	Central Methodist	26.41	4
13	Sweet, Dimitria	Missouri Valley	27.06	1
14	Fowler, Samantha	Clarke	27.19	2
15	Longacre, Makenna	Baker	27.34	1

Event 25 Women 400 Meter Dash

=====				
NAIA A: A	56.45			
Heart: H	55.51	2024	Nikiwe Mongwe,	Mid America Nazar
Name		Year School		Finals H#
=====				

1	Camilo-Montenegro, Darly	Central Methodist	56.16A	5
2	Ondobo, Diane	Central Methodist	57.85	5
3	Essex, Lakin	MidAmerica Nazarene	58.67	5
4	Arceneaux, Bailey	Baker	58.80	4
5	Nicholson, Janiah	MidAmerica Nazarene	58.81	3
6	Carballo, Aroa	Central Methodist	58.95	4
7	Love, Cayna	Benedictine (Kan.)	59.43	5
8	Griffin, Joslyn	MidAmerica Nazarene	59.54	3
9	Comarcho, Lilly	Park U.	59.81	4
10	Fowler, Samantha	Clarke	1:00.97	3
11	Mand, Hannah	Park U.	1:00.98	2
12	Johnson, Sakoya	Central Methodist	1:01.22	4
13	Klamm, Faith	Park U.	1:01.32	3

2025 Heart Of America Athletic Conference Indoor Championships - 2/14/2025 to**Hughes Field House****Results****....Event 25 Women 400 Meter Dash**

14	Hayden, Addison	Park U.	1:01.54	2
15	Croy, Brynna	Grand View	1:04.35	2
16	Gammarota, Federica	Missouri Valley	1:04.71	2
17	Testerman, Grace	Graceland	1:10.66	1
18	Hartshorne, Haley	Mount Mercy	1:12.98	1

Event 26 Women 600 Meter Run

NAIA A: A 1:34.57

Heart: H 1:32.69 2023

Darly Camilo-Montenegro, Centr

Name	Year	School	Finals	H#
1		Camilo-Montenegro, Darly	Central Methodist	1:33.43A 3
2		Ondobo, Diane	Central Methodist	1:35.11 3
3		Rowland, Allena	Central Methodist	1:35.57 3
4		Gadient, Corinne	Mount Mercy	1:36.64 1
5		Comarcho, Lilly	Park U.	1:38.21 2
6		Gere, Alex	MidAmerica Nazarene	1:38.24 3
7		Essex, Lakin	MidAmerica Nazarene	1:38.78 3
8		Williams, Jonnicia	Park U.	1:42.14 2
9		Lechuga, Emily	Missouri Valley	1:42.74 2 1:42.732
10		Heron, Aliyaha	Central Methodist	1:42.74 3 1:42.740
11		Ward, Allisa	MidAmerica Nazarene	1:44.54 1
12		Hayden, Addison	Park U.	1:45.01 2
13		Neeley, Faith	Grand View	1:45.68 2
14		Luyeye, Christella	Grand View	1:45.95 2
15		Schmidt, Paige	Benedictine (Kan.)	1:49.58 1
16		Clark, Lexi	Culver-Stockton	1:50.39 1
17		Carmack, Malia	Culver-Stockton	1:51.27 1
18		Lansdown, Rylee	Baker	1:51.72 1

Event 27 Women 800 Meter Run

NAIA A: A 2:15.00

Heart: H 2:15.36 2014

Sara Ruckman, Graceland

Name	Year	School	Finals	H#
1		Gadient, Corinne	Mount Mercy	2:17.42 3
2		Campos, Cecilia	Benedictine (Kan.)	2:19.54 3
3		Gutierrez, Ali	Central Methodist	2:20.41 3
4		Rowland, Allena	Central Methodist	2:21.17 3
5		Gere, Alex	MidAmerica Nazarene	2:22.09 1
6		Golden, Mary Cate	Benedictine (Kan.)	2:23.09 2
7		Williams, Jonnicia	Park U.	2:23.27 3
8		Jansen, Josie	Benedictine (Kan.)	2:23.37 2
9		Reittinger, Catie	Mount Mercy	2:24.54 2
10		Sterner, Rachel	Baker	2:26.96 2
11		Straus, Delaney	Culver-Stockton	2:27.90 3
12		Milazzo, Molly	Central Methodist	2:29.32 2
13		Mand, Hannah	Park U.	2:33.79 2
14		Leis, Liberty	Grand View	2:34.16 1
15		Fuller, Roselaure	William Penn	2:39.31 1
16		Pearson, Destiny	Park U.	2:50.88 1

2025 Heart Of America Athletic Conference Indoor Championships - 2/14/2025 to**Hughes Field House****Results****Event 28 Women 1000 Meter Run**

NAIA A: A 2:56.50				
Heart: H 3:01.61 2020 Andrea Ertz, Mount Mercy				
Name	Year	School	Finals	H#
1 Straus, Delaney		Culver-Stockton	3:02.11	2
2 Golden, Mary Cate		Benedictine (Kan.)	3:05.15	2
3 Campos, Cecilia		Benedictine (Kan.)	3:05.79	1
4 Reittinger, Catie		Mount Mercy	3:08.33	2
5 Downey, Gemma		Benedictine (Kan.)	3:08.45	2
6 Ullrich, Helen		Benedictine (Kan.)	3:08.66	2
7 Leis, Liberty		Grand View	3:12.53	2
8 McKnight, Anna		MidAmerica Nazarene	3:13.35	2
9 Knutson, J'Lyn		Mount Mercy	3:14.57	1
10 Reyes, Casandra		MidAmerica Nazarene	3:14.58	1
11 Sterner, Rachel		Baker	3:14.78	2
12 Franco, Jaycie		Clarke	3:16.60	2
13 Neeley, Faith		Grand View	3:17.87	1
14 Landreth, Jana		Baker	3:21.15	1
15 Clark, Lexi		Culver-Stockton	3:24.30	1
16 Schmidt, Paige		Benedictine (Kan.)	3:26.17	1
17 Carmack, Malia		Culver-Stockton	3:26.92	1
18 Klaunig, Jasmin		Park U.	3:30.10	1

Event 29 Women 1 Mile Run

NAIA A: A 5:00.00				
Heart: H 5:01.26 2015 Katherine Dillard, Benedictine				
Name	Year	School	Finals	H#
1 Knepper, Abby		Mount Mercy	5:22.61	2
2 Jansen, Josie		Benedictine (Kan.)	5:23.53	2
3 Straus, Delaney		Culver-Stockton	5:25.52	2
4 McLaughlin, Julia		Benedictine (Kan.)	5:27.03	2
5 Nelson, Emilie		Benedictine (Kan.)	5:28.05	2
6 Ozinga, Tara		Central Methodist	5:35.87	1
7 Orozco, Kendall		Mount Mercy	5:37.69	1
8 Bickler, Rory		Clarke	5:37.81	2
9 Kennedy, Natalie		Baker	5:42.77	1
10 Peterson, Peyton		Baker	5:43.33	1
11 Meili, Isabella		MidAmerica Nazarene	5:44.08	2
12 Slife, Samantha		Baker	6:07.00	1
13 Waterhouse, Avery		William Penn	6:50.81	1

Event 30 Women 3000 Meter Run

NAIA A: A 9:57.50				
Heart: H 10:24.91 2009 Jackie Barkechir, Lindenwood				
Name	Year	School	Finals	H#
1 Knepper, Abby		Mount Mercy	10:44.66	2
2 Ozinga, Tara		Central Methodist	10:58.88	2
3 Lamb, Alexa		Benedictine (Kan.)	11:01.76	2
4 Nelson, Emilie		Benedictine (Kan.)	11:07.09	2
5 Mertzt, Julia		Benedictine (Kan.)	11:14.72	2
6 Aaron, Catherine		Benedictine (Kan.)	11:17.32	2

2025 Heart Of America Athletic Conference Indoor Championships - 2/14/2025 to**Hughes Field House****Results****....Event 30 Women 3000 Meter Run**

7	Starrs, Catherine	Benedictine (Kan.)	11:19.94	1
8	Chambers, Kristi	Baker	11:21.07	1
9	Overton, Kayla	Mount Mercy	11:33.29	2
10	McLaughlin, Julia	Benedictine (Kan.)	11:34.40	1
11	Bickler, Rory	Clarke	11:41.53	2
12	Franco, Jaycie	Clarke	11:43.06	2
13	Filmore, Riley	MidAmerica Nazarene	11:45.00	1
14	Younce, Faith	Culver-Stockton	12:06.44	1
15	Berry, Emma	Culver-Stockton	12:13.63	1
16	Slife, Samantha	Baker	12:31.75	1
17	Klaunig, Jasmin	Park U.	12:38.49	1

Event 31 Women 5000 Meter Run

NAIA A: A 17:28.00

Heart: H 18:00.39 2016 Halley Dean, Mid America N

Name	Year	School	Finals
1 Knepper, Abby		Mount Mercy	18:34.14
2 Ullrich, Helen		Benedictine (Kan.)	18:46.19
3 Nelson, Emilie		Benedictine (Kan.)	18:50.10
4 Lamb, Alexa		Benedictine (Kan.)	18:55.58
5 Aaron, Catherine		Benedictine (Kan.)	19:01.06
6 Bickler, Rory		Clarke	19:43.68
7 Overton, Kayla		Mount Mercy	19:46.40
8 Jennings, Ruth		Mount Mercy	19:48.12
9 Brecheisen, Lily		Park U.	20:11.90
10 Chambers, Kristi		Baker	20:27.29
11 Strehlow, Ella		Central Methodist	20:29.04
12 Wolf, Ave		Benedictine (Kan.)	20:30.67
13 Younce, Faith		Culver-Stockton	20:30.74
14 Grover, Caitlin		Graceland	20:40.75
15 Berry, Emma		Culver-Stockton	21:10.12
16 Fischer, Jordyn		Graceland	21:21.23
17 Thompson, Haley		Baker	22:37.59
-- Fisher, Mickenzie		Graceland	DNF

Event 32 Women 3000 Meter Race Walk

NAIA A: A 16:30.50

Heart: H 14:38.89 2011 Jessica Ching, Lindenwood

Name	Year	School	Finals
1 Kuhn, Leah		Benedictine (Kan.)	15:57.01A
2 Younce, Faith		Culver-Stockton	16:01.21A
3 Deana Paninka, Emma		Central Methodist	21:05.79
4 De Santos, Ava		Benedictine (Kan.)	23:34.11
-- Berry, Emma		Culver-Stockton	DQ bent knee

2025 Heart Of America Athletic Conference Indoor Championships - 2/14/2025 to**Hughes Field House****Results****Event 33 Women 4x400 Meter Relay**

=====			
NAIA A: A	3:54.50		
Heart: H	3:52.40	2023	Central Methodist, Central Met
			Scott, Clayton, Camilo-Montenegro, Johnson
School		Finals	H#
=====			
1 Central Methodist	3:51.32H	3	
1) Carballo, Aroa			2) Rowland, Allena
3) Vakasobuduru, Joana			4) Camilo-Montenegro, Darly
2 MidAmerica Nazarene	3:57.37	3	
1) Griffin, Joslyn			2) Nicholson, Janiah
3) Gere, Alex			4) Essex, Lakin
3 Mount Mercy	4:04.84	3	
1) Johnson, Brooklyn			2) Reittinger, Catie
3) Attwood, Esther			4) Gadiant, Corinne
4 Baker	4:08.09	2	
1) Robinson, Jailah			2) Arceneaux, Bailey
3) Graham, Shanniel			4) Sterner, Rachel
5 Clarke	4:09.59	3	
1) Fowler, Samantha			2) Siemes, Blanca
3) Matthews, Isabelle			4) Koerner, Annemarie
6 Grand View	4:12.40	2	
1) Paul, Anna			2) Luyeye, Christella
3) Terpstra, Addisyn			4) Leis, Liberty
7 Missouri Valley	4:16.58	2	
1) Lechuga, Emily			2) Bitz, Samantha
3) Sweet, Dimitria			4) Gammarota, Federica
8 Culver-Stockton	4:21.76	2	
1) Pollard, Victoria			2) Carmack, Malia
3) Straus, Delaney			4) Clark, Lexi
9 Benedictine (Kan.)	4:25.21	2	
1) Love, Cayna			2) Campbell, Anna
3) Adams, Grace			4) Smith, Marykathryn
10 William Penn	4:38.10	2	
1) Lopez, Aaliyah			2) Fuller, Roselaure
3) Horton, Ellasa			4) Johns, Ellysse
-- Park U.	DNF	3	
1) Williams, Jonnicia			2) Mand, Hannah
3) Hayden, Adison			4) Charles, Mya

Event 34 Women 4x800 Meter Relay

=====			
NAIA A: A	9:27.00		
Heart: H	9:19.68	2016	Benedictine, Benedictine
			Wondra, Benzing, Pinkerton, Dillard
School		Finals	
=====			
1 Benedictine (Kan.)	9:23.29A		
1) Jansen, Josie			2) Campos, Cecilia
3) Downey, Gemma			4) Golden, Mary Cate
2 Park U.	9:41.69		
1) Mand, Hannah			2) Comarcho, Lilly
3) Williams, Jonnicia			4) Brecheisen, Lily
3 Central Methodist	9:51.51		
1) Gutierrez, Ali			2) Milazzo, Molly
3) Burgos, Maria			4) Ozinga, Tara

2025 Heart Of America Athletic Conference Indoor Championships - 2/14/2025 to**Hughes Field House****Results****....Event 34 Women 4x800 Meter Relay**

4 Mount Mercy	9:56.69
1) Reittinger, Catie	2) Neal, Annabelle
3) Attwood, Esther	4) Knutson, J'Lyn
5 Grand View	9:58.39
1) Neeley, Faith	2) Donnelly, Julia
3) Muecke, Kylie	4) Leis, Liberty
6 MidAmerica Nazarene	9:58.40
1) Meili, Isabella	2) McKnight, Anna
3) Swearengin, Julia	4) Reyes, Casandra
7 Baker	10:12.48
1) Landreth, Jana	2) Sterner, Rachel
3) Peterson, Peyton	4) Kennedy, Natalie
8 Culver-Stockton	10:33.59
1) Carmack, Malia	2) Younce, Faith
3) Clark, Lexi	4) Berry, Emma
9 Graceland	11:09.52
1) Chamberlin, Hallee	2) Echavarria, Thayadorra
3) Chamberlin, Emma	4) Sharp, Cameron

Event 35 Women Distance Medley

NAIA A: A 12:11.00

Heart: H 12:41.94 2023 Evangel, Evangel

Harris, Good, Kopp, Adams

School

Finals

1 Benedictine (Kan.)	13:00.43
1) Ullrich, Helen	2) Campbell, Anna
3) Downey, Gemma	4) Aaron, Catherine
2 MidAmerica Nazarene	13:14.34
1) McKnight, Anna	2) Ward, Allisa
3) Reyes, Casandra	4) Swearengin, Julia
3 Culver-Stockton	13:15.11
1) Clark, Lexi	2) Pollard, Victoria
3) Carmack, Malia	4) Straus, Delaney
4 Mount Mercy	13:15.56
1) Orozco, Kendall	2) Attwood, Esther
3) Knutson, J'Lyn	4) Neal, Annabelle
5 Park U.	13:22.80
1) Comarcho, Lilly	2) Klamm, Faith
3) Pearson, Destiny	4) Brecheisen, Lily
6 Grand View	13:31.44
1) Neeley, Faith	2) Croy, Brynna
3) Muecke, Kylie	4) Donnelly, Julia
7 Central Methodist	13:36.47
1) Burgos, Maria	2) Kennon, Lauren
3) Heron, Aliyaha	4) Strehlow, Ella
8 Baker	13:42.86
1) Landreth, Jana	2) Robinson, Jailah
3) Kennedy, Natalie	4) Peterson, Peyton
9 Graceland	13:53.27
1) Grover, Caitlin	2) Chamberlin, Hallee
3) Chamberlin, Emma	4) Fisher, Mickenzie
10 Clarke	13:56.53
1) Franco, Jaycie	2) Christoffer, Brei

2025 Heart Of America Athletic Conference Indoor Championships - 2/14/2025 to**Hughes Field House****Results****....Event 35 Women Distance Medley**

3) Bracy, Bridget	4) Radeke, Lydia
11 Missouri Valley	15:40.35
1) Wentland, Brynna	2) McKoy, Shaliah
3) Nyasa, Faraja	4) Humphrey, Camille

Event 36 Women Long Jump

NAIA A: A 5.75m

Heart: H 6.46m 2010

Francine Simpson, Lindenwood

Name	Year	School	Finals	H#
1 Curtis, Rosjai		Park U.	5.88mA	19-03.50 2
2 Green, Reanna		MidAmerica Nazarene	5.79mA	19-00.00 2
3 Koerner, Annemarie		Clarke	5.57m	18-03.25 2
4 Bellamy, Haley		Central Methodist	5.55m	18-02.50 2
5 Kilson, Naomi		Baker	5.50m	18-00.50 2
6 Burns, Nala		MidAmerica Nazarene	5.26m	17-03.25 2
7 Jensen, Hannah		Baker	5.24m	17-02.25 2
8 Johnson, Brooklyn		Mount Mercy	5.19m	17-00.50 1
9 McIntyre, Dawn		Park U.	5.05m	16-07.00 1
10 Sahagun, Maria		Central Methodist	5.01m	16-05.25 2
11 Loewen, Hayley		MidAmerica Nazarene	4.93m	16-02.25 2
12 Helten, Madison		Benedictine (Kan.)	J4.93m	16-02.25 1
13 Hancock, Trinity		Graceland	4.81m	15-09.50 1
14 Fulgencio, Ambar		Graceland	4.63m	15-02.25 1
15 Reyes, Alejandra		Baker	4.58m	15-00.50 1
16 Pollard, Victoria		Culver-Stockton	4.19m	13-09.00 1
-- Porter, Zakiya		Central Methodist	FOUL	2

Event 37 Women Triple Jump

NAIA A: A 11.87m

Heart: H 12.80m 2011

Celia M'Boua, Lindenwood

Name	Year	School	Finals	H#
1 Curtis, Rosjai		Park U.	11.92mA	39-01.25 2
2 Helten, Madison		Benedictine (Kan.)	11.54m	37-10.50 2
3 Cross, Claireece		Central Methodist	11.48m	37-08.00 2
4 Young, Olivia		MidAmerica Nazarene	11.45m	37-06.75 2
5 Loewen, Hayley		MidAmerica Nazarene	11.35m	37-03.00 2
6 Davis, Ta'Mya		Central Methodist	11.33m	37-02.25 2
7 Green, Reanna		MidAmerica Nazarene	11.31m	37-01.25 2
8 Connealy, Maria		Benedictine (Kan.)	11.13m	36-06.25 2
9 Deana Paninka, Emma		Central Methodist	11.00m	36-01.25 1
10 Nyambuka, Amelia		Graceland	10.95m	35-11.25 1
11 Johnson, Brooklyn		Mount Mercy	10.61m	34-09.75 2
12 Jensen, Hannah		Baker	10.56m	34-07.75 1
13 Hancock, Trinity		Graceland	10.39m	34-01.25 1
14 Roig, Gracee		Clarke	10.15m	33-03.75 1
-- Hayes, Ryleigh		MidAmerica Nazarene	FOUL	1
-- Reyes, Alejandra		Baker	FOUL	1

2025 Heart Of America Athletic Conference Indoor Championships - 2/14/2025 to**Hughes Field House****Results****Event 38 Women High Jump**

NAIA A: A 1.68m

Heart: H 1.71m 2024

Renee Fink, Central Methodist

Name	Year	School	Finals	
1 Bellamy, Haley		Central Methodist	1.65m	5-05.00
2 Finke, Renee		Central Methodist	1.60m	5-03.00
3 Matthews, Isabelle		Clarke	1.55m	5-01.00
4 Maughan, Avril		Grand View	J1.55m	5-01.00
5 Vakasobuduru, Joana		Central Methodist	1.50m	4-11.00
5 Siemes, Blanca		Clarke	1.50m	4-11.00
5 Gilliland, Sidney		Graceland	1.50m	4-11.00
8 Connealy, Maria		Benedictine (Kan.)	J1.50m	4-11.00
9 Helten, Madison		Benedictine (Kan.)	J1.50m	4-11.00
9 Hartshorne, Haley		Mount Mercy	J1.50m	4-11.00
11 Gonzalez, Kaiya		Clarke	1.45m	4-09.00
12 O'Neil, Shannon		Central Methodist	J1.45m	4-09.00
12 Dolberry, Emily		Missouri Valley	J1.45m	4-09.00

Event 39 Women Pole Vault

NAIA A: A 3.70m

Heart: H 3.78m 2013

Katie Thurbon, Baker

Name	Year	School	Finals	
1 Squires, Grace		Clarke	3.45m	11-03.75
2 Grant, Emma		Clarke	3.15m	10-04.00
3 Santos, Carla		Mount Mercy	3.00m	9-10.00
4 Judd, Kinlie		Culver-Stockton	2.85m	9-04.25
5 Welsh, Naomi		Benedictine (Kan.)	J2.85m	9-04.25
6 Smith, Zoi		Culver-Stockton	2.70m	8-10.25
6 Beich, Malia		Clarke	2.70m	8-10.25
8 Connealy, Maria		Benedictine (Kan.)	J2.70m	8-10.25
9 Rosga, Samantha		Benedictine (Kan.)	2.55m	8-04.25
10 Paul, Anna		Grand View	2.40m	7-10.50
-- Arnold, Keara		Clarke	NH	

Event 40 Women Shot Put

NAIA A: A 14.04m

Heart: H 14.06m 2022

Bre Nail, Mount Mercy

Name	Year	School	Finals	H#
1 Lotz, Victoria		MidAmerica Nazarene	13.80m	45-03.50 2
2 Nail, Bre		Mount Mercy	13.26m	43-06.00 2
3 Dickerson, Alexandra		MidAmerica Nazarene	12.49m	40-11.75 2
4 Conrad, Ava		Mount Mercy	12.48m	40-11.50 2
5 Wolfe, Karli		Central Methodist	12.35m	40-06.25 1
6 Vandemark, Kady		Graceland	12.18m	39-11.50 2
7 Margheim, Ella		MidAmerica Nazarene	11.94m	39-02.25 1
8 Miller, Carolyn		Grand View	11.85m	38-10.50 2
9 Blosser, Caley		MidAmerica Nazarene	11.41m	37-05.25 2
10 Hernandez-Mast, Alicia		MidAmerica Nazarene	11.29m	37-00.50 1
11 Lorang, Mary		Benedictine (Kan.)	11.20m	36-09.00 1
12 Sharp, Donny		Culver-Stockton	11.18m	36-08.25 1
13 Kelley, Grace		Mount Mercy	11.14m	36-06.75 1

2025 Heart Of America Athletic Conference Indoor Championships - 2/14/2025 to**Hughes Field House****Results****....Event 40 Women Shot Put**

14	Newton, Amanda	Graceland	11.10m	36-05.00	2
15	Argana, Carolyne	Benedictine (Kan.)	11.05m	36-03.00	2
16	Striegel, Alyssa	Mount Mercy	11.01m	36-01.50	2
17	Romero Rodriguez, Paula	Missouri Valley	10.90m	35-09.25	1
18	Kling, Hannah	Graceland	10.64m	34-11.00	2
19	Stookey, Brooke	Grand View	10.10m	33-01.75	1
20	Hopgood, Faith	Culver-Stockton	9.75m	32-00.00	1
21	Geerts, Claire	Mount Mercy	9.41m	30-10.50	1

Event 41 Women Weight Throw

NAIA A: A 17.24m

Heart: H 19.21m 2021

LaVon Davis, Grand View

Name	Year	School	Finals	H#
1 Lotz, Victoria		MidAmerica Nazarene	19.59mH 64-03.25	2
2 Wolfe, Karli		Central Methodist	17.25mA 56-07.25	2
3 Hall, Alyssa		Benedictine (Kan.)	15.93m 52-03.25	1
4 Conrad, Ava		Mount Mercy	15.65m 51-04.25	2
5 Nail, Bre		Mount Mercy	15.46m 50-08.75	2
6 Vandemark, Kady		Graceland	15.19m 49-10.00	2
7 Dickerson, Alexandra		MidAmerica Nazarene	15.11m 49-07.00	2
8 Sharp, Donny		Culver-Stockton	14.92m 48-11.50	2
9 Striegel, Alyssa		Mount Mercy	14.85m 48-08.75	2
10 Romero Rodriguez, Paula		Missouri Valley	14.17m 46-06.00	2
11 Miller, Carolyn		Grand View	13.81m 45-03.75	2
12 Lorang, Mary		Benedictine (Kan.)	13.64m 44-09.00	1
13 Allmon, Mia		Grand View	13.54m 44-05.25	2
14 Brown, Kali		Central Methodist	13.50m 44-03.50	2
15 Jones, Jzonei		Mount Mercy	13.36m 43-10.00	2
16 Kelley, Grace		Mount Mercy	13.32m 43-08.50	1
17 Stookey, Brooke		Grand View	13.31m 43-08.00	1
18 Geist, Elizabeth		Benedictine (Kan.)	13.27m 43-06.50	1
19 Linson, Kylie		Missouri Valley	12.96m 42-06.25	1
20 Kulenkamp, Isabella		Missouri Valley	12.09m 39-08.00	1
21 Leonard, Malori		Graceland	11.77m 38-07.50	1
22 Bryan, Mackenzie		Culver-Stockton	10.88m 35-08.50	1
23 Cunningham, Maddie		Grand View	8.20m 26-11.00	1
-- Newton, Amanda		Graceland	FOUL	1

Event 42 Women Indoor Pentathlon

Heart: H 3591 2024

Renee Fink, Central Methodist

Name	Year	School	Finals	H#
1 Koerner, Annemarie		Clarke	3449	
2 Straus, Delaney		Culver-Stockton	3244	
3 Connealy, Maria		Benedictine (Kan.)	3081	
4 Campbell, Anna		Benedictine (Kan.)	2994	
5 O'Neil, Shannon		Central Methodist	2981	
6 Siemes, Blanca		Clarke	2874	
7 Matthews, Isabelle		Clarke	2689	
8 Gonzalez, Kaiya		Clarke	2301	

2025 Heart Of America Athletic Conference Indoor Championships - 2/14/2025 to**Hughes Field House****Results****Event 42 Indoor Pentathlon: #1 Women 60 Meter Hurdles Indoor Pentathlon**

Name	Year School	Finals	H#	Points
1 Koerner, Annemarie	Clarke	9.45	2	818
2 Connealy, Maria	Benedictine (Kan.)	9.51	2	806
3 Straus, Delaney	Culver-Stockton	9.53	2	802
4 O'Neil, Shannon	Central Methodist	9.61	2	787
5 Siemes, Blanca	Clarke	9.94	1	723
6 Campbell, Anna	Benedictine (Kan.)	10.10	1	693
7 Gonzalez, Kaiya	Clarke	10.40	1	639
8 Matthews, Isabelle	Clarke	10.89	1	555

Event 42 Indoor Pentathlon: #2 Women High Jump Indoor Pentathlon

Name	Year School	Finals	Points	
1 Koerner, Annemarie	Clarke	1.59m	5-02.50	724
2 Connealy, Maria	Benedictine (Kan.)	1.56m	5-01.25	689
3 Siemes, Blanca	Clarke	1.53m	5-00.25	655
4 Matthews, Isabelle	Clarke	1.50m	4-11.00	621
5 O'Neil, Shannon	Central Methodist	1.47m	4-09.75	588
5 Gonzalez, Kaiya	Clarke	1.47m	4-09.75	588
7 Campbell, Anna	Benedictine (Kan.)	1.44m	4-08.75	555
8 Straus, Delaney	Culver-Stockton	1.41m	4-07.50	523

Event 42 Indoor Pentathlon: #3 Women Shot Put Indoor Pentathlon

Name	Year School	Finals	Points	
1 Connealy, Maria	Benedictine (Kan.)	10.50m	34-05.50	562
2 Koerner, Annemarie	Clarke	9.84m	32-03.50	519
3 Straus, Delaney	Culver-Stockton	9.75m	32-00.00	513
4 Campbell, Anna	Benedictine (Kan.)	9.71m	31-10.25	510
5 Matthews, Isabelle	Clarke	9.48m	31-01.25	495
6 O'Neil, Shannon	Central Methodist	9.36m	30-08.50	488
7 Siemes, Blanca	Clarke	8.24m	27-00.50	415
8 Gonzalez, Kaiya	Clarke	7.58m	24-10.50	372

Event 42 Indoor Pentathlon: #4 Women Long Jump Indoor Pentathlon

Name	Year School	Finals	Points	
1 Koerner, Annemarie	Clarke	5.52m	18-01.50	706
2 Straus, Delaney	Culver-Stockton	5.01m	16-05.25	562
3 O'Neil, Shannon	Central Methodist	4.85m	15-11.00	519
4 Gonzalez, Kaiya	Clarke	4.77m	15-07.75	498
5 Connealy, Maria	Benedictine (Kan.)	4.76m	15-07.50	495
6 Campbell, Anna	Benedictine (Kan.)	4.70m	15-05.00	479
7 Matthews, Isabelle	Clarke	4.69m	15-04.75	477
8 Siemes, Blanca	Clarke	4.56m	14-11.50	443

Event 42 Indoor Pentathlon: #5 Women 800 Meter Run Indoor Pentathlon

Name	Year School	Finals	Points
1 Straus, Delaney	Culver-Stockton	2:18.50	844

2025 Heart Of America Athletic Conference Indoor Championships - 2/14/2025 to**Hughes Field House****Results****....Event 42 Indoor Pentathlon: #5 Women 800 Meter Run Indoor Pentathlon**

2 Campbell, Anna	Benedictine (Kan.)	2:24.97	757
3 Koerner, Annemarie	Clarke	2:30.84	682
4 Siemes, Blanca	Clarke	2:34.44	638
5 O'Neil, Shannon	Central Methodist	2:37.73	599
6 Matthews, Isabelle	Clarke	2:42.81	541
7 Connealy, Maria	Benedictine (Kan.)	2:43.94	529
8 Gonzalez, Kaiya	Clarke	3:19.67	204

Women - Team Rankings - 21 Events Scored

1) Central Methodist	209	2) Benedictine (Kan.)	162
3) Mount Mercy	100	4) MidAmerica Nazarene	94
5) Clarke	63.50	6) Park U.	60
7) Culver-Stockton	52.50	8) Baker	30
9) Grand View	26	10) Graceland	9
11) Missouri Valley	2		

Men - Team Rankings - 21 Events Scored

1) Benedictine (Kan.)	137.50	2) William Penn	127
3) Park U.	112	4) Central Methodist	104.50
5) Mount Mercy	83	6) MidAmerica Nazarene	67.50
7) Clarke	47	8) Grand View	43
9) Missouri Valley	29	10) Graceland	25.50
11) Baker	22	12) Culver-Stockton	20