

2024 Gary Dubbs Ralston Ram Relays - 3/30/2024

Ralston High School

Results

Event 1 Girls Pole Vault Relay

=====							
Meet Record: M 27-00		2011		Blair			
Individual: I 10-08		2018		Jessica Gardener, Lincoln North Star			
Name	Year	School	Seed	Finals		Points	
=====							
Finals							
1	Gailbraith, Greta	Blair	10-00.00	11-00.00I	3.35m	3.33	
	9-00 9-06 10-00 10-06 11-00 11-06						
	o o o o o XXX						
2	Speer, Maiya	Gretna	10-06.00	J11-00.00I	3.35m	1.33	
	9-00 9-06 10-00 10-06 11-00 11-06						
	o XO o o XO XXX						
3	Boutin, Korynne	Lincoln NS	9-06.00	10-00.00	3.04m	2.33	
	8-00 8-06 9-00 9-06 10-00 10-06						
	o o o XXO XO XXX						
4	Miller, Leann	Norfolk	8-09.00	9-00.00	2.74m	2.33	
	7-00 7-06 8-00 8-06 9-00 9-06						
	o o o XO o XXX						
5	Jensen, Adalyn	Millard South	8-06.00	8-06.00	2.59m		
	6-06 7-00 7-06 8-00 8-06 9-00						
	o o o o XXO XXX						
6	Means, Macy	Norfolk	7-09.00	8-00.00	2.43m	2.33	
	6-00 6-06 7-00 7-06 8-00 8-06						
	o o o o o XXX						
7	Wheeler, Alison	Blair	7-00.00	J8-00.00	2.43m	3.33	
	6-00 6-06 7-00 7-06 8-00 8-06						
	o o o XO o XXX						
7	Jordan, Caper	Norfolk	7-09.00	J8-00.00	2.43m	2.33	
	6-00 6-06 7-00 7-06 8-00 8-06						
	o o XO o o XXX						
7	Madison, Korinne	Lincoln NS	7-06.00	J8-00.00	2.43m	2.33	
	6-06 7-00 7-06 8-00 8-06						
	XO o o o XXX						
10	McClain, Mia	Blair	7-00.50	7-06.00	2.28m	3.33	
	6-00 6-06 7-00 7-06 8-00						
	o o o o XXX						
11	Rodriguez, Iris	Fremont	8-00.00	J7-06.00	2.28m		
	7-00 7-06 8-00						
	o XO XXX						
12	Willits, Zia	Millard South	6-06.00	7-00.00	2.13m		
	6-00 6-06 7-00 7-06						
	o o XO XXX						
12	Le, Emily	Lincoln NS	6-06.00	7-00.00	2.13m	2.33	
	6-00 6-06 7-00 7-06						
	o o XO XXX						
12	Furnas, Lexi	Fremont	6-00.00	7-00.00	2.13m		
	6-00 6-06 7-00 7-06						
	o o XO XXX						
15	VonSeggern, Lauren	Gretna	5-00.00	6-06.00	1.98m	1.33	
	6-00 6-06 7-00						
	o o XXX						
16	Deloske, Kate	Gretna	6-00.00	J6-06.00	1.98m	1.33	
	6-00 6-06 7-00						
	XXO o XXX						
--	Evans, Tayler	Fremont	10-06.00	DNS			

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Event 2 Boys Pole Vault Relay

Meet Record: M 37-06 2008		Norfolk			
Individual: I 14-03 1976		Randy Raymond, Fremont			
Name	Year	School	Seed	Finals	Points
1 Luna, Brendyn		Norfolk	12-04.00	12-06.00	3.81m 3.33
	10-06 11-00 11-06 12-00	12-06 12-09			
	O O XO O	XO XXX			
2 Utech, Evan		Bennington	13-00.00	11-06.00	3.50m
	11-06 12-00				
	XXO XXX				
3 Vanicek, Kendall		Millard South	10-06.00	11-00.00	3.35m
	10-06 11-00 11-06				
	O O XXX				
4 Heezen, Talan		Bennington	9-00.00	J11-00.00	3.35m
	10-06 11-00 11-06				
	O XXO XXX				
5 Cleveland, Teagan		Norfolk	11-03.00	10-06.00	3.20m 3.33
	9-06 10-00 10-06 11-00				
	O O O XXX				
5 Gustman, Shaun		Norfolk	11-05.00	10-06.00	3.20m 3.33
	10-00 10-06 11-00				
	O O XXX				
7 Sherry, Caleb		Gretna	9-00.00	10-00.00	3.04m
	8-00 8-06 9-00 9-06 10-00 10-06				
	O O XXO XXO O	XXX			
8 Gamblin, Will		Millard South		8-06.00	2.59m
	8-00 8-06 9-00				
	O XXO XXX				
-- Oakeson, Carson		Millard South	8-06.00	NH	
	8-00				
	XXX				
-- Gutz, Will		Bennington		DNS	
-- Marshall, Devon		Gretna	9-06.00	DNS	

Event 3 Girls Long Jump Relay

Meet Record: M 47-07.50 2018		Ralston				
Individual: I 18-01.75 1993		Angee Henry, Bellevue West				
Name	Year	School	Seed	Finals	H#	Points
1 Kelly, Kathleen		Gretna	16-10.00	16-04.00	4.97m 2	3.33
	FOUL 16-04 15-06 15-03					
2 Jensen, Reese		Bennington	16-06.50	16-02.50	4.94m 2	2.66
	FOUL 15-03.50 15-08.50 16-02.50					
3 Meyer, Makenna		Fremont	15-10.00	16-01.50	4.91m 1	0.66
	14-10.50 FOUL FOUL 16-01.50					
4 Smith, Averie		Lincoln NW		15-11.50	4.86m 2	
	FOUL FOUL 15-03 15-11.50					
5 Kangni-Soukpe, Monica		Millard South	16-04.00	15-07.50	4.76m 2	2
	15-05.50 FOUL FOUL 15-07.50					
6 Beemer, Reese		Blair		15-05.00	4.69m 1	
	15-04.50 15-05 FOUL 15-02					
7 Kaasch, Kacee		Millard South	16-03.00	15-01.50	4.61m 2	2
	15-01.50 14-07.50 14-07.50 15-00					

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....Event 3 Girls Long Jump Relay

8	Dostal, Addison	Gretna	14-07.50	15-01.00	4.59m	2	3.33
	14-06.50	15-01	14-07	14-11			
9	Janssen, Betsy	Fremont	14-06.00	15-00.00	4.57m	1	0.66
	15-00	14-02.50	14-06	14-03			
10	Hoffman, Grace	Norfolk	14-06.25	14-11.50	4.55m	2	1.33
	14-11	13-11.50	13-06.50	14-11.50			
11	Werner, Kennedy	Norfolk	14-09.75	14-08.50	4.48m	2	1.33
	14-07.50	13-09.50	14-08.50	13-06.50			
12	Hoellen, Brynn	Gretna	14-05.50	J14-08.50	4.48m	2	3.33
	13-06.50	14-08.50	14-02	13-08.50			
13	Meyer, Jillianne	Lincoln NS	14-04.00	14-08.00	4.47m	1	0.33
	14-07.50	14-08	14-07	13-08			
14	Aschoff, Riston	Bennington	14-06.00	14-07.00	4.44m	2	2.66
	14-07	FOUL	12-03	FOUL			
15	Thomas, Lashariae	Ralston	14-04.00	14-02.50	4.33m	1	
	FOUL	14-02.50	11-10	FOUL			
16	Kuntz, Addison	Bennington		14-02.00	4.31m	2	2.66
	14-00	14-00	13-09	14-02			
17	Esono Adugu, Ana	Lincoln NW	16-05.00	J14-02.00	4.31m	2	
	FOUL	14-02	FOUL	13-04			
18	Woodshank, Ellie	Lincoln NS	13-09.00	14-01.50	4.30m	1	0.33
	14-01.50	13-04	13-03	12-08.50			
19	Nguyen, Shayla	Lincoln NS	13-08.25	14-00.50	4.27m	1	0.33
	14-00.50	13-01.50	11-08	13-02			
20	Robison, Chloe	Ralston	14-05.50	13-11.50	4.25m	1	
	13-08	13-05	12-06	13-11.50			
21	Paprocki, Lydia	Millard South	15-03.50	13-10.50	4.22m	2	2
	13-10.50	13-09.50	13-07.50	13-04			
22	Kollmar, Paige	Norfolk	13-05.00	13-10.00	4.21m	2	1.33
	13-05	12-10	13-10	13-03			
23	Jensen, Haylie	Blair		13-09.50	4.20m	1	
	13-02.50	13-09	13-09.50	12-08.50			
24	Bertrang, Isabelle	Ralston	13-10.50	13-08.50	4.17m	1	
	13-08.50	13-03.50	13-05	12-09.50			
25	Thompson, Quinn	Blair		13-01.00	3.98m	1	
	12-09	13-01	FOUL	12-07.50			
26	Rief, Natalie	Omaha Mercy		12-09.50	3.89m	1	
	12-08	12-09.50	11-10.50	11-01.50			
27	Goodrich, Lillian	Fremont	13-11.00	12-03.50	3.74m	1	0.66
	10-06.50	11-03.50	12-03.50	12-03			
28	Barnes, Valerie	Omaha Mercy		11-11.00	3.63m	1	
	11-05	11-04.50	11-01.50	11-11			
29	Momsen, Nia	Omaha Mercy		10-11.50	3.34m	1	
	10-10.50	10-08.50	FOUL	10-11.50			
--	Winters, Jayla	Lincoln NW	14-08.00	FOUL		2	
	FOUL	FOUL	FOUL	FOUL			
--	James, Jenuine	Lincoln NW	14-09.00	SCR			
--	Apley, Rayna	Bennington	16-06.00	SCR			

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Event 4 Boys Long Jump Relay

=====									
Meet Record:	M	63-07	2003	Bellevue East					
Individual:	I	23-04.50	1987	Leodis Flowers, Omaha Central					
Name	Year	School	Seed	Finals	H#	Points			
=====									
1	Bauer, Rowdy	Norfolk	23-02.00	22-06.00	6.85m	2	2.66		
	21-11.25	22-05.75	22-02.75	22-06					
2	Hubbard, Cailen	Ralston	20-05.00	21-04.75	6.52m	1	0.33		
	21-04.75	21-01.50	20-07.75	19-09.50					
3	Purify, Maurice	Lincoln NS	20-06.00	21-02.00	6.45m	1	3.33		
	FOUL	20-10	20-02	21-02					
4	Springs, Genesis	Lincoln NW	19-10.25	20-07.50	6.28m	1			
	FOUL	20-07.50	19-05.75	19-10.75					
5	Runge, Alexander	Gretna	19-11.50	20-06.75	6.26m	2	1.33		
	20-06.75	FOUL	20-03	19-11.25					
6	Allen, Kobe	Lincoln NS	20-01.75	20-06.50	6.26m	1	3.33		
	FOUL	20-05.75	19-10.75	20-06.50					
7	Feller, Nolan	Millard South	20-07.00	20-05.00	6.22m	2	2		
	FOUL	20-05	FOUL	FOUL					
8	Scheef, Jackson	Millard South	20-07.00	19-09.00	6.01m	2	2		
	18-08.75	19-09	FOUL	18-08					
9	Briggs, Eddie	Millard South	20-01.00	19-06.50	5.95m	2	2		
	FOUL	19-05	19-06.50	FOUL					
10	Streich, Drew	Norfolk	21-03.00	J19-06.50	5.95m	2	2.66		
	FOUL	FOUL	19-06.50	19-02.75					
11	Jones, Carson	Bennington	20-03.00	J19-06.50	5.95m	2	0.66		
	18-08.25	19-06.50	19-02.50	FOUL					
12	Boltz, Drew	Gretna	19-01.00	19-05.50	5.93m	2	1.33		
	14-09.25	19-05.50	18-10.50	18-05					
13	Fleischman, Tysen	Bennington	19-05.50	19-03.00	5.86m	2	0.66		
	18-07.75	19-02.75	19-03	17-08					
14	Anderson, Jordan	Lincoln NS	19-03.25	18-10.00	5.74m	1	3.33		
	18-10	FOUL	18-08.50	18-05.50					
15	Bledje, Credo	Bennington	18-04.50	18-07.75	5.68m	2	0.66		
	FOUL	18-07.75	18-04	17-11.25					
16	Lee, Gavin	Norfolk	19-03.25	18-02.25	5.54m	2	2.66		
	FOUL	18-02.25	17-08.25	17-07					
17	Primes, Lashawn	Lincoln NW	18-10.75	18-01.00	5.51m	1			
	18-01	FOUL	FOUL	FOUL					
18	Mangen, Travis	Gretna	17-11.25	17-11.00	5.46m	2	1.33		
	FOUL	FOUL	FOUL	17-11					
19	Sibson, Logan	Blair		17-04.50	5.29m	1			
	FOUL	16-06.25	16-06.75	17-04.50					
20	Steffan, Brogan	Blair		17-01.25	5.21m	1			
	16-01	17-01.25	15-06.25	14-09					
21	Souvannakhot, Malakai	Ralston	16-09.00	17-01.00	5.20m	1	0.33		
	17-01	FOUL	16-09.25	16-09.75					
22	Garris, Tanner	Ralston	16-05.00	16-10.50	5.14m	1	0.33		
	16-00	16-10.50	15-10.75	14-07.50					
23	Ray, Brooks	Blair		16-09.75	5.12m	1			
	16-09.75	16-06.25	16-02.50	15-11.75					
--	Kopp, JJ	Lincoln NW	19-00.25	FOUL		1			
	FOUL	FOUL	FOUL	FOUL					

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Results

Event 5 Girls High Jump Relay

Meet Record: M 15-00 1999 Norfolk									
Individual: I 5-07 2003 Deb Freeman, Lincoln Northeast									
Name	Year				School	Seed	Finals	Points	
1 Heckenlively, Elle					Gretna	5-04.00	5-02.00	1.57m	3.33
	4-00	4-02	4-04	4-06	4-08	4-10	5-00	5-02	5-04
	P	P	P	P	P	O	O	O	XXX
2 Kramer, Abby					Millard South	4-11.00	5-00.00	1.52m	0.50
	4-00	4-02	4-04	4-06	4-08	4-10	5-00	5-02	
	P	P	P	P	O	O	XO	XXX	
3 Ammon, Emma					Blair	5-00.00	J5-00.00	1.52m	2.66
	4-00	4-02	4-04	4-06	4-08	4-10	5-00	5-02	
	P	P	P	O	XO	O	XO	XXX	
4 Swanson, Anisten					Gretna	4-10.00	J5-00.00	1.52m	3.33
	4-00	4-02	4-04	4-06	4-08	4-10	5-00	5-02	
	P	P	O	O	O	O	XXO	XXX	
5 Apley, Rayna					Bennington	5-02.00	4-10.00	1.47m	1.66
	4-00	4-02	4-04	4-06	4-08	4-10	5-00		
	P	P	P	P	P	O	XXX		
5 Roewert, Hailey					Blair	4-11.00	4-10.00	1.47m	2.66
	4-00	4-02	4-04	4-06	4-08	4-10	5-00		
	P	P	P	O	O	O	XXX		
7 Larsen, London					Blair	4-10.00	J4-10.00	1.47m	2.66
	4-00	4-02	4-04	4-06	4-08	4-10	5-00		
	P	P	O	O	XO	O	XXX		
8 Jacobs, Ali					Lincoln NS	5-02.00	J4-10.00	1.47m	
	4-00	4-02	4-04	4-06	4-08	4-10	5-00		
	P	P	P	P	P	XO	XXX		
9 Brandt, McKinzie					Fremont	4-06.00	J4-10.00	1.47m	0.50
	4-00	4-02	4-04	4-06	4-08	4-10	5-00		
	O	O	O	O	O	XXO	XXX		
10 McWilliams, Adalia					Norfolk	5-00.00	J4-10.00	1.47m	1.66
	4-00	4-02	4-04	4-06	4-08	4-10	5-00		
	P	P	O	XO	O	XXO	XXX		
10 Zabloudil, Lucy					Gretna	4-10.00	J4-10.00	1.47m	3.33
	4-00	4-02	4-04	4-06	4-08	4-10	5-00		
	P	P	XO	O	O	XXO	XXX		
12 Swait, Saniah					Omaha Mercy	4-08.00	J4-10.00	1.47m	
	4-00	4-02	4-04	4-06	4-08	4-10	5-00		
	P	P	P	XXO	XXO	XXO	XXX		
13 Sheriff, Jasi					Norfolk	4-08.00	4-08.00	1.42m	1.66
	4-00	4-02	4-04	4-06	4-08	4-10			
	P	O	O	O	XO	XXX			
13 Liebsack, Hayden					Bennington	5-00.00	4-08.00	1.42m	1.66
	4-00	4-02	4-04	4-06	4-08	4-10			
	P	P	O	O	XO	XXX			
15 Waggerman, Lexus					Norfolk		J4-08.00	1.42m	1.66
	4-00	4-02	4-04	4-06	4-08	4-10			
	P	O	O	O	XXO	XXX			
15 Olson, Addy					Bennington	4-06.00	J4-08.00	1.42m	1.66
	4-00	4-02	4-04	4-06	4-08	4-10			
	O	O	O	O	XXO	XXX			
15 Smith, Averie					Lincoln NW	4-08.00	J4-08.00	1.42m	
	4-00	4-02	4-04	4-06	4-08	4-10			
	P	P	O	O	XXO	XXX			

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Results

....Event 6 Boys High Jump Relay

10	Patterson, Jevon	Lincoln NS	5-08.00	J5-04.00	1.62m	1.33
	4-10 5-00 5-02 5-04 5-06					
	P P O XO XXX					
11	Heezen, Talan	Bennington	5-00.00	J5-04.00	1.62m	
	4-10 5-00 5-02 5-04 5-06					
	P O O XXO XXX					
12	Secora, Logan	Gretna	5-00.00	5-02.00	1.57m	0.66
	4-10 5-00 5-02 5-04					
	O O O XXX					
13	Feller, Nolan	Millard South	5-05.00	J5-02.00	1.57m	2
	4-10 5-00 5-02 5-04					
	P O XO XXX					
14	Matulka, Henry	Gretna	5-00.00	J5-02.00	1.57m	0.66
	4-10 5-00 5-02 5-04					
	O O XXO XXX					
15	Steffan, Brogan	Blair	5-00.00	5-00.00	1.52m	2.66
	4-10 5-00 5-02					
	O O XXX					
15	Mangen, Travis	Gretna	5-00.00	5-00.00	1.52m	0.66
	4-10 5-00 5-02					
	O O XXX					
17	Zach, Tyler	Bennington	5-05.00	J5-00.00	1.52m	
	4-10 5-00 5-02 5-04					
	P XXO P XXX					
--	Gutz, Will	Bennington	5-06.00	NH		
	4-10 5-00 5-02					
	P P XXX					

Event 7 Girls Discus Throw Relay

=====							
Meet Record:	M 343-00	1998	Fremont				
Individual:	I 139-09	2015	Eleni Knapp, Millard South				
Name	Year	School	Seed	Finals	H#	Points	
=====							
1 Meyer, Makenna		Fremont	107-01	119-06	36.42m	2	2.66
	119-06	FOUL	FOUL	FOUL			
2 Wilcoxson, Audrey		Gretna	127-04	112-03	34.21m	2	2
	102-03	95-01	112-03	108-10			
3 Dierks, Ashley		Bennington	122-00	111-11	34.11m	2	
	108-05	102-04	107-04	111-11			
4 Schwindt, Alyssa		Norfolk	96-02	102-10	31.34m	2	3.33
	102-10	91-11	95-09	95-07			
5 Russell, Aubrey		Norfolk	103-02	101-10	31.03m	2	3.33
	FOUL	98-09	93-09	101-10			
6 Yost, Andie		Gretna	105-02	99-03	30.25m	2	2
	98-00	99-03	91-01	73-02			
7 Dill, Lauren		Millard South	96-08	96-08	29.46m	2	1.33
	94-03	86-07	91-04	96-08			
8 Hupke, Izobella		Norfolk	93-09	96-03	29.33m	2	3.33
	83-11	91-10	92-03	96-03			
9 Castellanos Grado, Vanes		Fremont	76-00	95-10	29.21m	2	2.66
	78-11	95-10	FOUL	86-04			
10 Temme, Grace		Omaha Mercy	102-08	93-01	28.37m	1	0.33
	85-00	80-09	FOUL	93-01			

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....Event 7 Girls Discus Throw Relay

11	Ntchougan-Sonou, Alexis	Millard South	82-08	88-00	26.82m	2	1.33
	80-06 88-00 85-00 82-02						
12	Frink-Mathis, Hayden	Blair	72-08	87-02	26.56m	1	
	87-02 FOUL 77-11 FOUL						
13	Quartoroli, Aurora	Ralston		83-01	25.32m	1	0.66
	75-04 FOUL FOUL 83-01						
14	Radji, Andilath	Ralston		82-03	25.06m	1	0.66
	71-05 60-10 82-03 75-01						
15	Parde, Alexis	Lincoln NS	86-02	81-02	24.73m	1	
	72-09 81-02 74-01 71-06						
16	Chappell, Landri	Millard South	83-04	79-08	24.28m	2	1.33
	75-03 79-08 69-04 FOUL						
17	Carpenter, Sydney	Fremont	85-08	79-01	24.10m	2	2.66
	FOUL 78-03 78-00 79-01						
18	Kadavy, Ayla	Lincoln NS	88-04	78-10	24.02m	1	
	68-10 72-02 FOUL 78-10						
19	Fink, Josey	Ralston		78-05	23.90m	1	0.66
	62-08 73-09 67-07 78-05						
20	Peters, Klare	Gretna	81-02	77-07	23.64m	2	2
	FOUL 67-05 77-07 73-01						
21	Williams, Jackie	Omaha Mercy	75-09	74-07	22.73m	1	0.33
	72-01 55-11 74-07 FOUL						
22	Tingelhoff, Macy	Bennington	70-00	70-08	21.53m	2	
	64-08 56-10 70-08 63-04						
23	Schmidt, Abigail	Omaha Mercy		65-09	20.04m	1	0.33
	65-09 FOUL FOUL FOUL						
24	Scott, Paiton	Lincoln NS	60-01	65-08	20.01m	1	
	54-09 53-02 59-01 65-08						
25	Sexton, Shayn	Bennington		40-09	12.42m	2	
	40-09 FOUL 38-05 FOUL						
--	James Carter, Disire	Lincoln NW	73-03	DNS			1
--	Zelasney, Sierra	Bennington	75-00	SCR			

Event 8 Boys Discus Throw Relay

=====							
Meet Record: M 470-08		2003	Norfolk				
Individual: I 185-05		1988	Tony Moore, Bellevue West				
Name	Year	School	Seed	Finals	H#	Points	
=====							
1	Zazueta, Samuel	Norfolk	162-04	159-10	48.71m	2	3.33
	148-05 144-08 FOUL 159-10						
2	McGill, Braden	Blair	131-07	146-05	44.62m	2	2
	126-09 134-08 137-06 146-05						
3	Holston, Jaden	Gretna	134-02	138-01	42.08m	2	2.66
	112-11 138-01 132-06 FOUL						
4	Weaver, Travion	Millard South	119-02	125-08	38.30m	1	1.33
	125-08 FOUL FOUL FOUL						
5	Hawkins, Blake	Gretna	126-01	120-10	36.83m	2	2.66
	109-07 120-10 FOUL FOUL						
6	Glab, Carter	Millard South	110-07	118-05	36.09m	1	1.33
	118-05 112-07 114-06 115-06						
7	Mcelwain, Keagan	Bennington	116-02	114-05	34.87m	1	0.66
	96-07 101-03 114-05 103-07						
8	Skiff, Cohen	Norfolk	125-02	111-10	34.08m	2	3.33
	107-07 111-10 FOUL 101-03						

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....Event 8 Boys Discus Throw Relay

9	Kaufmann, Kale	Bennington	110-07	111-04	33.93m	1	0.66
	105-11 100-05 111-04 95-10						
10	Wolff, Brady	Blair	95-09	108-09	33.14m	2	2
	FOUL 108-09 FOUL 104-09						
11	Baughman, Anthony	Ralston	105-00	107-05	32.74m	2	0.33
	106-01 107-05 FOUL FOUL						
12	Williams, Donovan	Ralston	110-00	105-11	32.28m	2	0.33
	77-05 83-11 105-11 95-01						
13	Hardy, Easton	Norfolk	111-09	103-07	31.57m	2	3.33
	101-05 82-10 94-03 103-07						
14	Beckner, Zach	Blair	103-04	100-09	30.70m	2	2
	93-10 87-06 FOUL 100-09						
15	Priefert, Rylan	Gretna	88-03	98-08	30.07m	2	2.66
	FOUL 96-04 78-06 98-08						
16	Evenson, Tait	Lincoln NS	100-05	95-11	29.23m	1	
	95-11 88-01 87-11 FOUL						
17	Lowry, Landon	Millard South	94-04	94-03	28.72m	1	1.33
	FOUL 86-00 94-03 93-10						
18	McDaniel, James	Lincoln NS	95-08	91-02	27.78m	1	
	80-00 FOUL 91-02 81-10						
19	Gusler, Hunter	Lincoln NS	97-02	90-05	27.55m	1	
	81-00 87-06 90-05 FOUL						
20	Steyer, Michael	Lincoln NW	78-04	85-05	26.03m	1	
	85-05 84-11 60-07 79-08						
21	Perkinson, Luke	Bennington		84-01	25.62m	1	0.66
	84-01 72-02 72-05 64-02						
22	McClanahan, Kaden	Lincoln NW	98-06	83-08	25.50m	1	
	80-06 80-09 FOUL 83-08						
23	Focken, Syris	Lincoln NW	84-01	76-02	23.21m	1	
	70-04 69-02 66-04 76-02						
24	McCormack, AJ	Ralston	85-00	64-11	19.78m	2	0.33
	FOUL 64-11 FOUL FOUL						

Event 9 Girls Shot Put Relay

=====							
Meet Record:	M	112-03	1997	Fremont			
Individual:	I	45-09.25	1998	Becky Beachler, Fremont			
Name	Year	School	Seed	Finals	H#	Points	
=====							
1	Heckenlively, Elle	Gretna	41-02.00	42-04.00	12.90m	2	3.33
	42-03.50 42-04 39-02 41-08						
2	Russell, Aubrey	Norfolk	36-09.00	36-11.75	11.27m	2	2.66
	36-11.75 36-02.50 36-11.50 34-10.50						
3	Pruss, Adrienne	Omaha Mercy	35-03.00	35-09.50	10.90m	1	1.33
	32-08 35-08.50 30-01 35-09.50						
4	Schwindt, Alyssa	Norfolk	33-04.00	35-01.00	10.69m	2	2.66
	34-09.75 35-01 31-08 FOUL						
5	Wilcoxson, Audrey	Gretna	37-03.00	34-05.25	10.49m	2	3.33
	33-05.50 32-01.25 32-11.75 34-05.25						
6	Quartoroli, Aurora	Ralston	33-07.50	34-04.00	10.46m	1	0.66
	33-09 34-04 31-03 FOUL						
7	Muhlbach, Charlie	Gretna	33-02.50	33-00.50	10.07m	2	3.33
	30-00 33-00.50 30-05.50 32-05						
8	Hupke, Izabella	Norfolk	32-00.00	32-09.00	9.98m	2	2.66
	32-09 31-10.50 30-01.75 29-11						

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....Event 9 Girls Shot Put Relay

9	Wilburn, Alissa	Millard South	31-08.00	31-09.75	9.69m	2	2
	31-06 30-00 31-09.75 30-01.75						
10	Dierks, Ashley	Bennington	30-10.25	30-11.50	9.43m	1	
	FOUL 30-11.50 30-11.25 FOUL						
11	Parde, Alexis	Lincoln NS	30-03.75	30-11.00	9.42m	2	0.33
	30-11 30-04.50 29-01.25 30-10						
12	Smith, Khayla	Millard South	30-09.50	J30-11.00	9.42m	2	2
	27-02.50 28-04 FOUL 30-11						
13	Radji, Andilath	Ralston	29-03.50	30-08.50	9.35m	1	0.66
	28-09 23-10.25 29-07.50 30-08.50						
14	Van Pelt, Haylee	Lincoln NS	30-10.50	30-04.50	9.25m	2	0.33
	28-09.50 30-04.50 28-11.50 FOUL						
15	Dannelly, Abbey	Millard South	31-02.00	30-03.50	9.23m	2	2
	30-03.50 27-10.50 30-02.50 29-00						
16	Langford, Katelyn	Bennington		29-02.00	8.89m	1	
	28-11.50 28-09 29-02 28-08.75						
17	Schmidt, Lauren	Omaha Mercy	29-08.00	J29-02.00	8.89m	1	1.33
	29-02 FOUL 28-02.50 28-01.50						
18	Castellanos Grado, Vanes	Fremont	30-10.00	29-00.00	8.83m	1	
	26-10.50 29-00 28-10.50						
19	Williams, Jackie	Omaha Mercy	27-07.00	27-06.75	8.40m	1	1.33
	24-01.50 27-06.75 23-09.50 24-00.75						
20	Hunke, Madilynn	Fremont	27-11.00	27-01.50	8.26m	1	
	27-01.50 26-10 26-01.50 26-02.50						
21	Frink-Mathis, Hayden	Blair		26-10.00	8.17m	1	
	26-10 26-03.25 FOUL 26-00.50						
22	Scott, Paiton	Lincoln NS	23-04.00	24-08.75	7.53m	2	0.33
	24-08.75 22-06.75 24-03 23-11.75						
23	Mitchell, Lillian	Fremont	25-07.00	23-11.50	7.30m	1	
	22-07.75 23-11.50 23-06.50 FOUL						
24	Dafferfer, Jada	Ralston	20-10.00	22-02.50	6.76m	1	0.66
	22-02.50 21-02.50 21-00 21-09						
25	Tingelhoff, Macy	Bennington	24-09.25	21-08.00	6.60m	1	
	21-07 21-08 FOUL 21-03.75						
--	James Carter, Disire	Lincoln NW	26-04.00	DNS		1	
--	Zelasney, Sierra	Bennington	27-00.00	SCR			

Event 10 Boys Shot Put Relay

=====							
Meet Record:	M	155-05.50	2003	Norfolk			
Individual:	I	58-08.50	1978	John Sherlock, Omaha South			
Name	Year	School	Seed	Finals	H#	Points	
=====							
1	Zazueta, Samuel	Norfolk	51-02.75	53-01.25	16.18m	2	2.66
	FOUL FOUL 53-01.25 FOUL						
2	Hawkins, Blake	Gretna	53-09.25	52-01.00	15.87m	2	1.33
	52-01 FOUL 49-03.25 FOUL						
3	McGill, Braden	Blair	48-00.00	47-08.50	14.54m	1	0.66
	46-00 46-10.75 47-08.50 45-02						
4	Weaver, Travion	Millard South		45-00.50	13.72m	2	3.33
	45-00.50 42-03.50 FOUL FOUL						
5	Pugh, Adam	Millard South	46-06.00	44-05.75	13.55m	2	3.33
	43-10.75 44-02 44-05.75 44-01						
6	Glab, Carter	Millard South	42-05.00	41-06.50	12.66m	2	3.33
	39-07 41-01.50 41-06.50 40-01.75						

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....Event 10 Boys Shot Put Relay

7	McDaniel, James	Lincoln NS	35-05.00	40-09.00	12.42m	2	2
	FOUL 40-09 FOUL 40-05						
8	Baughman, Anthony	Ralston	39-00.00	40-06.50	12.35m	1	
	39-09.25 39-03.25 40-06.50 FOUL						
9	Potter, Jayden	Lincoln NS	42-02.25	40-02.00	12.24m	2	2
	40-02 39-11 40-00 FOUL						
10	Von Busch, Xavier	Lincoln NS	40-02.25	39-07.00	12.06m	2	2
	39-07 39-04 34-01.50 36-08						
11	Wolff, Brady	Blair	41-00.00	39-04.25	11.99m	1	0.66
	37-09.25 36-07.25 FOUL 39-04.25						
12	Mcelwain, Keagan	Bennington	36-07.25	38-09.50	11.82m	1	0.33
	38-09.50 FOUL 36-11.75 36-06.50						
13	Perkinson, Luke	Bennington	38-04.75	37-11.50	11.56m	1	0.33
	35-00 37-11.50 35-11.50 FOUL						
14	Kaufmann, Kale	Bennington	39-07.00	37-04.50	11.39m	1	0.33
	35-09.75 36-11.50 37-04.50 FOUL						
15	Mahmoud, Roman	Lincoln NW	41-01.00	36-10.75	11.24m	1	
	36-00.75 36-10.75 35-07.25 35-05.75						
16	McCormack, AJ	Ralston	37-03.00	36-10.00	11.22m	1	
	35-03.75 36-10 34-06.50 35-09						
17	Sanchez Diaz, Alan	Norfolk	41-06.25	36-08.50	11.18m	2	2.66
	FOUL FOUL 36-08.50 35-03						
18	Anderson, Taylum	Norfolk	41-01.00	36-05.25	11.10m	2	2.66
	34-06.50 32-06.50 35-00.50 36-05.25						
19	Eickhoff, Brady	Lincoln NW	33-10.00	35-01.00	10.69m	1	
	35-01 34-01.75 34-09.25 34-03						
20	Harder, Cameron	Ralston		34-06.25	10.52m	1	
	32-06.50 34-06.25 32-09.25 32-06						
21	Libengood, Graham	Lincoln NW	27-08.25	34-02.75	10.43m	1	
	34-02.75 33-07 30-05 29-01						
22	Bulgrin, Carter	Gretna	34-07.50	33-08.00	10.26m	2	1.33
	FOUL 33-08 FOUL 32-07.25						
23	Lindquist, Troy	Gretna	34-06.50	33-02.00	10.10m	2	1.33
	32-08 FOUL 31-06.50 33-02						
24	Beckner, Zach	Blair	35-00.00	31-02.50	9.51m	1	0.66
	30-09 30-11.75 31-02.50 FOUL						
--	Bahena, Daniel	Ralston	32-08.00	SCR			

Event 11 Girls Triple Jump Relay

=====							
Meet Record:	M	99-04.50	2002	Norfolk			
Individual:	I	35-07.50	2008	Anna Weigandt,	Gretna		
Name	Year	School	Seed	Finals	H#	Points	
=====							
1	Kelly, Kathleen	Gretna	35-05.25	35-01.50	10.70m	2	3.33
	33-09.50 33-04 33-08.50 35-01.50						
2	Esono Adugu, Ana	Lincoln NW	33-04.00	33-04.50	10.17m	2	
	FOUL 31-11 33-04.50 31-05.50						
3	Long, Emma	Norfolk	32-02.50	33-02.50	10.12m	1	2
	31-10 32-11.50 33-02.50 32-03						
4	Ammon, Emma	Blair		32-00.50	9.76m	1	2.66
	FOUL 32-00.50 31-10 31-08.50						
5	Paprocki, Lydia	Millard South	32-03.00	31-07.00	9.62m	2	
	30-11 31-05 30-08.50 31-07						

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....Event 11 Girls Triple Jump Relay

6	Mostek, Taylor	Blair	31-02.50	9.51m	1	2.66
	FOUL FOUL 30-05	31-02.50				
7	Dostal, Addison	Gretna	30-09.50	9.38m	2	3.33
	29-11 FOUL 30-09	30-09.50				
8	Bullock, Laykn	Norfolk	27-09.00	9.23m	1	2
	28-07.50 30-03.50	28-11 27-06				
9	Meyer, Jillianne	Lincoln NS	30-08.00	9.20m	1	0.66
	29-05.50 30-01.50	30-02.50 30-01				
10	Janssen, Betsy	Fremont	31-02.00	9.11m	2	1.33
	29-08 29-10.50	29-11 29-10				
11	Wendt, Nicole	Blair	29-08.00	9.04m	1	2.66
	FOUL FOUL 29-08	27-04.50				
12	Hoellen, Brynn	Gretna	29-09.00	8.92m	2	3.33
	27-05 28-06.50	29-00 29-03.50				
13	Harms, Brittney	Fremont	30-01.00	8.90m	2	1.33
	28-08.50 29-02.50	28-09 27-03				
14	Woodshank, Ellie	Lincoln NS	31-11.50	8.89m	1	0.66
	FOUL 29-02 28-06.50	FOUL				
15	Kiichler, Jaden	Norfolk	28-00.00	8.64m	1	2
	27-02 28-04.50	FOUL FOUL				
16	Wibbels, Lily	Fremont	27-10.00	8.57m	2	1.33
	27-02 25-10 25-09	28-01.50				
17	Lado-Andrea, Emma	Lincoln NS	26-00.00	8.43m	1	0.66
	26-03.50 26-07.50	26-08.50 27-08				
--	Bluhm, Regan	Bennington	28-05.50	FOUL		1
	FOUL FOUL FOUL FOUL					
--	Raddish, Jaelyn	Millard South	32-11.25	FOUL		2
	FOUL FOUL FOUL FOUL					
--	Kangni-Soukpe, Monica	Millard South	33-08.50	FOUL		2
	FOUL FOUL FOUL FOUL					

Event 12 Boys Triple Jump Relay

=====							
Meet Record:	M	127-02	1999	Bellevue West			
Individual:	I	45-08.25	1976	Rory Cobbs, Bellevue East			
Name	Year	School	Seed	Finals	H#	Points	
=====							
1	Taffa, KJ	Bennington	40-00.00	43-06.00	13.25m	2	3.33
	43-06 42-06.25	42-00 FOUL					
2	Luna, Brendyn	Norfolk	35-00.00	41-01.50	12.53m	1	
	39-06.50 41-01.50	39-09 40-05.50					
3	Briggs, Eddie	Millard South	36-06.00	40-04.00	12.29m	2	2.66
	FOUL 39-11.50	39-08.25 40-04					
4	Attiogbe, Elom	Ralston	37-00.00	39-05.25	12.02m	1	0.66
	38-05.75 39-05.25	FOUL 39-01.75					
5	Henning, Logan	Lincoln NS	39-04.75	38-07.75	11.77m	2	2
	38-02 37-00.25	38-07.75 38-00.50					
6	Boltz, Drew	Gretna	38-09.00	38-02.25	11.63m	2	1.33
	37-09 38-02.25	FOUL 36-11					
7	Mangen, Travis	Gretna	38-02.00	38-00.00	11.58m	2	1.33
	37-04.50 37-11.25	37-00.50 38-00					
8	Kleppinger, Max	Lincoln NS	38-03.00	J38-00.00	11.58m	2	2
	37-06 38-00 37-04.75	37-02.25					
9	Stahlecker, Jay	Bennington	35-05.75	37-11.50	11.56m	2	3.33
	FOUL 37-11.50	37-06 FOUL					

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....Event 12 Boys Triple Jump Relay

10 Barnes, Lucas	Millard South	37-07.00	37-08.50	11.49m	2	2.66
37-07 37-08.50 35-04	FOUL					
11 Lee, Kamden	Millard South		37-06.50	11.44m	2	2.66
37-05.75 37-06.50	FOUL FOUL					
12 Crawford, Sam	Bennington	36-00.50	37-06.00	11.43m	1	3.33
32-11 36-04.50 35-03.50	37-06					
13 Peterson, Aydin	Lincoln NS	38-04.75	36-11.00	11.25m	2	2
FOUL 36-03 36-11 36-07						
14 Souvannakhot, Malakai	Ralston	36-07.00	36-07.00	11.15m	1	0.66
35-04.75 FOUL FOUL 36-07						
15 Lee, Gavin	Norfolk	35-00.00	36-03.25	11.05m	1	
32-10.50 34-07.50 35-08.50 36-03.25						
16 Werner, Conner	Gretna	35-01.50	34-06.00	10.51m	2	1.33
FOUL FOUL 33-03 34-06						
17 Murphy, Michael	Ralston	33-00.00	34-05.75	10.50m	1	0.66
FOUL 34-05.75 34-00 33-10.25						
-- Dickey, Daxton	Norfolk		FOUL			1
FOUL FOUL FOUL						
-- Jones, Damien	Norfolk	35-00.00	SCR			

Event 13 Girls 4x1600 Meter Relay

Meet Record: M 22:54.06 2017 Fremont, Fremont
 V. Sanchez, M. Johnson, K. Zavala, J. Alarcon

School	Seed	Finals	Points
1 Fremont 'A'	24:30.00	22:49.55M	10
1) Dahl, Maris			
3) Fritz, Emma Claire			
2 Blair 'A'	24:15.00	22:53.92M	8
1) Czapla, Allie			
3) Davey, Nadia			
3 Bennington 'A'	25:30.00	24:00.58	6
1) Scott, Madeleine			
3) Erickson, Claire			
4 Norfolk 'A'	24:00.00	24:21.85	4
1) Ham, Mariah			
3) Taylor, Aliyah			
5 Gretna 'A'	25:00.00	24:48.66	2
1) Van Waart, Kelsey			
3) Kerr, Veronica			

Event 14 Boys 4x1600 Meter Relay

Meet Record: M 18:22.88 2021 Lincoln North Star, Lincoln North Star
 M. Montes, E. Zaborowski, G. Wasserman, L. Chot

School	Seed	Finals	Points
1 Lincoln NS 'A'		18:52.11	10
1) Bitker, Josiah			
3) Lindgren, Trey			
2 Norfolk 'A'	18:36.00	18:57.09	8
1) Gonzalez, Liam			
3) Protzman, David			
3 Gretna 'A'	19:20.00	19:13.49	6
2) Smith, Tyler			
4) Zastrow, Easton			
2) Ochoa, Isaac			
4) Hall, Dylan			

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....Event 14 Boys 4x1600 Meter Relay

1) Luthi, Gavin	2) Larsen, Caleb		
3) Donahue, Brady	4) Menning, Colton		
4 Lincoln NW 'A'		21:25.78	4
1) Trumble, Quinn	2) Dick, Gabe		
3) Emblin, Travis	4) Foreman, Noah		
5 Ralston 'A'		22:45.00	23:23.66
1) Kelsey, Nikolas	2) Castro, Andres		2
3) Bernal, Isaiah	4) Albeno, J'Ovie		

Event 15 Girls 4x100 Meter Shuttle Hurdle

Meet Record: M 1:08.9h 1995		Millard South				
School		Seed	Finals	H#	Points	
1 Blair 'A'		1:14.00	1:13.58	2	10	
1) Ammon, Emma	2) Schueth, Jacy					
3) Jensen, Haylie	4) Donner, Ella					
2 Millard South 'A'		1:17.00	1:15.07	1	8	
1) Stock, Clara	2) Martin, Brynn					
3) Haney, Kadynce	4) Gilpin, Kaylie					
3 Norfolk 'A'		1:15.00	1:15.49	2	6	
1) Wichman, Miley	2) Harper, Chloe					
3) McWilliams, Adalia	4) Davis, Brynlee					
4 Gretna 'A'		1:15.00	1:16.11	2	4	
1) Norvig, Grace	2) White, Rhythm					
3) Thompson, Cloey	4) Schamp, Briann					
5 Lincoln NS 'A'		1:17.00	1:17.37	2	2	
1) Boltz, Hailey	2) Gatwech, Sarah					
3) Klabenes, Gianna	4) Moyen, Nibol					
6 Bennington 'A'		1:19.20	1:20.77	1	1	
1) Wempen, Amelia	2) Kaczmarek, Brinley					
3) Aschoff, Dempsey	4) Aschoff, Riston					
7 Ralston 'A'			1:22.42	1		
1) Robison, Chloe	2) Emery-Simmons, Aubrey					
3) Hoffman, Rosci	4) Longacre, Jessika					

Event 16 Boys 4x64 Meter Shuttle Hurdle

Meet Record: M 35.0h 1987		Omaha Central			
School		Seed	Finals	Points	
1 Bennington 'A'		40.12	39.31	10	
1) Fleischman, Tysen	2) Crawford, Sam				
3) College, Eli	4) Foreman, Hudson				
2 Norfolk 'A'		43.00	41.81	8	
1) Blum, Dominick	2) McFarlane, Oden				
3) Lillard, Elijah	4) Cipra, Marin				
3 Gretna 'A'		40.50	45.68	6	
1) Daharsh, Talon	2) Heese, Brodie				
3) Muhleck, Jady	4) Werner, Conner				

2024 Gary Dubbs Ralston Ram Relays - 3/30/2024**Ralston High School****Results****Event 17 Girls 4x100 Meter Relay**

Meet Record: M 49.2h 1992		Bellevue East				
School		Seed	Finals	H#	Points	
1 Bennington 'A'		52.10	50.03	2	10	
1) Jensen, Reese	2) Behlen, Olivia					
3) Langford, Katelyn	4) Bohaboj, Harper					
2 Gretna 'A'		51.09	51.64	2	8	
1) Norvig, Hope	2) Johnson, Emerson					
3) Wieczorek, Emilia	4) Heck, Leah					
3 Blair 'A'		53.40	52.53	2	6	
1) Gailbraith, Greta	2) Beemer, Reese					
3) Keeling, Audie	4) Lundgren, Brynn					
4 Lincoln NS 'A'		52.80	53.28	2	4	
1) Davidson, Ja'Ona	2) Anderson, Aleviah					
3) Bowers, Amelia	4) Jacobs, Ali					
5 Norfolk 'A'		52.50	53.56	2	2	
1) Barritt, Morgan	2) Long, Emma					
3) Hoffman, Grace	4) Werner, Kennedy					
6 Lincoln NW 'A'		55.82	53.91	1	1	
1) Boyd, Canary	2) Agyeman, Zaria					
3) Winters, Jayla	4) Esono Adugu, Ana					
7 Fremont 'A'		54.50	54.42	2		
1) Brandt, McKinzie	2) Sintek, Morgan					
3) Sookram, Elayna	4) Janssen, Betsy					
8 Ralston 'A'			56.32	1		
1) Bertrang, Isabelle	2) Nelson, Lilly					
3) Davila Rios, Elia	4) Thomas, Lashariae					
9 Omaha Mercy 'A'		56.00	58.00	1		
1) Pruss, Adrienne	2) Malesker, Sydney					
3) Peterson, Olivia	4) Rief, Natalie					

Event 18 Boys 4x100 Meter Relay

Meet Record: M 42.42 2014		Papillion LV, Papillion LV			
School	S. Bowers, J Allison, KJ Cotton, D Childress	Seed	Finals	Points	
1 Millard South 'A'		43.50	43.82	10	
1) Masenge, Aaron	2) Jones, Delunn				
3) Feller, Nolan	4) Harms, Austin				
2 Lincoln NS 'A'		44.71	44.87	8	
1) Anderson, Jordan	2) Allen, Kobe				
3) Fulton, JP	4) Anderson, Justin				
3 Bennington 'A'		42.60	44.92	6	
1) Nemecek, Colin	2) Dumont, Jaxon				
3) Foreman, Hudson	4) Taffa, KJ				
4 Lincoln NW 'A'		47.00	45.83	4	
1) Arguello, Jack	2) Primes, Lashawn				
3) Kemper, Ethan	4) Springs, Genesis				
5 Gretna 'A'		45.70	45.95	2	
1) Runge, Alexander	2) Sliva, Breckin				
3) Gragert, Connor	4) Rohrer, Aiden				
6 Ralston 'A'		47.00	46.07	1	
1) Garris, Tanner	2) Hubbard, Cailen				
3) Hendrix, Robert	4) Johnson, Malcolm				

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....Event 18 Boys 4x100 Meter Relay

7 Norfolk 'A'	46.00	46.22		
1) Mazuch, Jackson	2) Dickey, Daxton			
3) Lee, Gavin	4) Roberts, Zachary			
-- Blair 'A'	44.80	DQ	Out of Lane	
1) Holcomb, Ben	2) Baessler, Ethan			
3) Daggett, Hayden	4) McCabe, Colin			

Event 19 Girls 1600 Sprint Medley

=====				
Meet Record: M 4:17.4h	1994	Norfolk		
School		Seed	Finals	H# Points
=====				
1 Gretna 'A'		4:25.00	4:17.22M	2 10
1) Wieczorek, Emilia	2) Johnson, Emerson			
3) Zabloudil, Lucy	4) Rose, Brooke			
2 Bennington 'A'		4:17.00	4:20.66	2 8
1) Behlen, Olivia	2) Bohaboj, Harper			
3) Langford, Katelyn	4) Hiatt, Alexis			
3 Blair 'A'		4:38.00	4:23.19	2 6
1) Beemer, Reese	2) Lundgren, Brynn			
3) Keeling, Audie	4) Ewoldt, Reece			
4 Fremont 'A'		4:35.00	4:28.04	2 4
1) Ellsworth, Jenna	2) Brandt, McKinzie			
3) Estudillo, Elena	4) Hemmer, Chloe			
5 Lincoln NS 'A'		4:35.00	4:31.11	2 2
1) Walden-Sievers, Gabby	2) Stengal, Charleigh			
3) Plahn, Brooke	4) Riedel, Hope			
6 Millard South 'A'		4:36.44	4:37.29	2 1
1) Kangni-Soukpe, Monica	2) Amouzou, Nathania			
3) Kramer, Abby	4) Gramke, Branwyn			
7 Norfolk 'A'		4:46.06	4:54.51	1
1) Jordan, Caper	2) Kiichler, Jaden			
3) Rader, Sierra	4) Meier, Molly			
8 Omaha Mercy 'A'		5:29.56	5:43.75	1
1) Boyce, Lydia	2) Peterson, Olivia			
3) Swait, Sianah	4) Momsen, Nia			
-- Ralston 'A'			DNF	1
1) Nelson, Lilly	2) Bentley, Aaliyah			
3) Smith, Alexis	4) Aerni, Alivia			

Event 20 Boys 1600 Sprint Medley

=====				
Meet Record: M 3:33.32	2014	Papillion LV, Papillion LV		
		S. Bowers, KJ Cotton, T Spearman, C Plugge		
School		Seed	Finals	Points
=====				
1 Bennington 'A'		3:36.50	3:37.72	10
1) Lincoln, Jayden	2) Sexton, Parker			
3) Diamond, Carter	4) O'Grady, Calin			
2 Norfolk 'A'		3:36.00	3:39.04	8
1) Svoboda, Evan	2) Dillard, Thomas			
3) Bauer, Rowdy	4) Ochoa, Isaac			
3 Blair 'A'		3:45.00	3:39.52	6
1) Holcomb, Ben	2) Baessler, Ethan			
3) Cottle, Chase	4) Funk, Caleb			

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....Event 20 Boys 1600 Sprint Medley

4 Lincoln NS 'A'	3:40.00	3:51.92	4
1) Reed, Cooper	2) Bretting, Cameron		
3) Daniel, Jarrett	4) Bitker, Josiah		
5 Millard South 'A'	3:55.00	4:01.95	2
1) Williams, Daxton	2) Gaius-Anyaegbu, Dayton		
3) Barnes, Lucas	4) Sinicki, Lincoln		
6 Ralston 'A'	4:15.00	4:07.88	1
1) Bassome, Bit	2) Souvannakhot, Malakai		
3) Nguyenduy, Kevin	4) Nagle, James		
7 Gretna 'A'		4:26.95	
1) Gragert, Connor	2) Sliva, Breckin		
3) Muhlecke, Jadyn	4) Suing, Elliott		

Event 21 Girls 4x160 Meter Shuttle Hurdle

Meet Record: M 1:35.1h 1998		Omaha Burke				
School			Seed	Finals	H#	Points
1 Lincoln NS 'A'			1:42.00	1:38.60	3	10
1) Boltz, Hailey	2) Mucito, Ashley					
3) Klabenes, Gianna	4) Moyen, Nibol					
2 Blair 'A'			1:40.00	1:40.40	3	8
1) Ammon, Emma	2) Schueth, Jacy					
3) Jensen, Haylie	4) Donner, Ella					
3 Millard South 'A'			1:44.00	1:42.40	2	6
1) Stock, Clara	2) Hershey, Bella					
3) Gilpin, Kaylie	4) Willits, Bella					
4 Norfolk 'A'			1:40.00	1:44.40	3	4
1) Wichman, Miley	2) McWilliams, Adalia					
3) Davis, Brynlee	4) Harper, Chloe					
5 Ralston 'A'				1:45.40	1	2
1) Robison, Chloe	2) Vawter, Tegan					
3) Hoffman, Rosci	4) Longacre, Jessika					
6 Fremont 'A'			1:43.00	1:46.10	2	1
1) Sintek, Morgan	2) Wibbels, Lily					
3) Harms, Brittney	4) Goodrich, Lillian					
7 Gretna 'A'			1:42.00	1:46.60	3	
1) Thompson, Cloey	2) LeGree, Madison					
3) Norvig, Grace	4) Carlson, Mazie					
8 Bennington 'A'			1:49.20	1:49.70	2	
1) Wempen, Amelia	2) Aschoff, Dempsey					
3) Kaczmarek, Brinley	4) Aschoff, Riston					
9 Omaha Mercy 'A'				1:51.00	1	
1) Rief, Natalie	2) Malesker, Sydney					
3) Carney, Annabelle	4) Schmidt, Lauren					

Event 22 Boys 4x160 Meter Shuttle Hurdle

Meet Record: M 1:20.5h 1999		Norfolk				
School			Seed	Finals	H#	Points
1 Bennington 'A'			1:25.93	1:24.90	2	10
1) Foreman, Hudson	2) Crawford, Sam					
3) College, Eli	4) Fleischman, Tysen					
2 Norfolk 'A'			1:30.00	1:30.70	2	8

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....Event 22 Boys 4x160 Meter Shuttle Hurdle

1) Blum, Dominick	2) McFarlane, Oden			
3) Lillard, Elijah	4) Cipra, Marin			
3 Millard South 'A'		1:30.00	1:30.90	2 6
1) Scheef, Jackson	2) Kramer, James			
3) Hershey, Cal	4) Marshall, Andrew			
4 Ralston 'A'		1:36.00	1:31.50	1 4
1) Attiogbe, Elom	2) Reimers, Brodie			
3) Petersen, Dayne	4) Ress-Conkey, Amayas			
5 Blair 'A'		1:35.00	1:32.30	1 2
1) Holcomb, Ben	2) McCabe, Colin			
3) Sibson, Logan	4) Isenhower, Raiden			
6 Gretna 'A'		1:28.00	1:34.50	2 1
1) Heese, Brodie	2) Mangan, Travis			
3) Daharsh, Talon	4) Werner, Conner			

Event 23 Girls Distance Medley

=====				
Meet Record: M 12:42.22	2015	Millard South, Millard South		
School		Seed	Finals	Points
=====				
1 Lincoln NS 'A'			13:26.98	10
1) Brooks, Addi	2) Ledin, Lauren			
3) McKernan, Lauren	4) Riedel, Hope			
2 Blair 'A'		13:56.00	13:35.26	8
1) Schroeter, Ryleigh	2) Wulf, Kate			
3) Wickwire, Jadeyn	4) Czapla, Allie			
3 Gretna 'A'		14:04.00	13:55.44	6
1) Arend, Talya	2) Harrington, Erin			
3) Hawley, Megan	4) Van Waart, Kelsey			
4 Millard South 'A'		14:02.08	14:02.34	4
1) Kelly, Jordyn	2) Aziahomey, Lesley			
3) Rix, Kelsey	4) Tomb, Jessica			
5 Bennington 'A'		14:10.00	14:23.62	2
1) Dall, Lilly	2) Sangster, Olivia			
3) O'Connell, Alexis	4) Spencer, Mackenzie			
6 Norfolk 'A'		14:30.00	14:31.87	1
1) Hernandez, Maria	2) Ham, Mariah			
3) Bos, Aliya	4) Anderson, Aubrey			
7 Omaha Mercy 'A'		15:08.75	14:45.46	
1) Carney, Annabelle	2) Wooten, Maria			
3) Malesker, Sydney	4) Swait, Saniah			
-- Fremont 'A'		14:00.00	DNS	
1) Kibby, Makenna	2) Miller, Brooklynn			
3) Pleskac, Lucia	4) Avalos-Samaniego, Yuridia			

Event 24 Boys Distance Medley

=====				
Meet Record: M 10:31.56	2014	Millard South, Millard South		
School	N Wendt, T Johnson, D Shriver, R Law	Seed	Finals	Points
=====				
1 Lincoln NS 'A'			10:48.67	10
1) Smith, Tyler	2) Iniguez, Raul			
3) Zastrow, Easton	4) Bitker, Josiah			
2 Millard South 'A'		11:10.00	11:03.11	8

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....Event 24 Boys Distance Medley

1) Coleman, Isaiah	2) Briggs, Eddie			
3) Miller, Landon	4) Heller, Dalton			
3 Gretna 'A'		11:15.00	11:09.85	6
1) Luthi, Gavin	2) Ienn, Nolan			
3) Donahue, Brady	4) Larsen, Caleb			
4 Norfolk 'A'		11:30.00	11:27.29	4
1) Gonzalez, Liam	2) Cleveland, Teagan			
3) Hall, Dylan	4) Protzman, David			
5 Bennington 'A'		12:30.00	12:11.68	2
1) Puck, Liam	2) Dossett, Cameron			
3) Bell, Renato	4) Gamble, Garrett			
6 Blair 'A'		12:10.00	12:20.37	1
1) McCabe, Declan	2) Daggett, Hayden			
3) Gutzmann, Charlie	4) Barondeau, Roland			
7 Ralston 'A'		13:15.00	13:16.09	
1) Kelsey, Nikolas	2) Ress-Conkey, JD			
3) Bernal, Isaiah	4) Castro, Andres			

Event 25 Girls 800 Sprint Medley Freshman

=====				
Meet Record: M 2:00.14	2015	Lincoln North Star,	Lincoln North St	
School		Seed	Finals	
=====				
1 Norfolk 'A'		2:00.49	1:57.34M	
1) Hoffman, Grace	2) Werner, Kennedy			
3) Jordan, Caper	4) Cox, Hailee			
2 Bennington 'A'		1:51.00	2:00.82	
1) Bohaboj, Harper	2) Olson, Addy			
3) Kaczmarek, Brinley	4) Kuntz, Addison			
3 Gretna 'A'		2:00.00	2:04.30	
1) Holston, Avery	2) Kushiner, Monica			
3) LeGree, Madison	4) Swanson, Anisten			
4 Blair 'A'		2:05.00	2:05.10	
1) Larsen, London	2) McClain, Mia			
3) McGill, Jordan	4) Lindau, Lucy			
5 Lincoln NS 'A'		2:03.00	2:08.98	
1) Davidson, Ja'Ona	2) Nguyen, Shayla			
3) Mitcheltree, Jordyn	4) Irons, Kay Tee			
6 Ralston 'A'			2:16.61	
1) Vawter, Tegan	2) Escobedo, Yeimi			
3) Smith, Alexis	4) Robison, Chloe			
-- Lincoln NW 'A'			SCR	
1) James, Jenuine	2) Boyd, Canary			
3) Agyeman, Zaria	4) Alwir, Agange			

Event 26 Boys 800 Sprint Medley Freshman

=====				
Meet Record: M 1:43.70	1998	Papillion La-Vista		
School		Seed	Finals	
=====				
1 Lincoln NS 'A'		1:45.00	1:45.58	
1) Allen, Kobe	2) Patterson, Jevon			
3) Jackson, Dyon'te	4) Anderson, Josh			
2 Lincoln NW 'A'			1:47.50	
1) Escalera, Lorenzo	2) Gonzalez, Eli			

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....Event 26 Boys 800 Sprint Medley Freshman

3) Floyd, Cooper	4) Beeck, Nolan		
3 Gretna 'A'		1:46.00	1:49.40
1) Diederich, Andrew (Corbin)	2) Muhlecke, Jady		
3) Daharsh, Talon	4) Matulka, Henry		
4 Bennington 'A'			1:51.89
1) Gutz, Will	2) Preble, Cameron		
3) Fahnholz, Colton	4) Stahlecker, Jay		
5 Blair 'A'		2:00.00	1:53.04
1) Isenhower, Raiden	2) Sibson, Logan		
3) Ray, Brooks	4) Steffan, Brogan		
6 Ralston 'A'		1:55.00	1:54.29
1) Marshall, Cameron	2) Petersen, Dayne		
3) Souvannakhot, Malakai	4) Rojo, Alexis		

Event 27 Girls 4x100.25 Meter Relay Wt. Person

=====			
Meet Record: M 56.63	2011	Lincoln North Star	
School		Seed	Finals
=====			
1 Gretna 'A'		1:00.00	58.08
1) Wilcoxson, Audrey	2) Heckenlively, Elle		
3) Peters, Klare	4) Muhlbach, Carlie		
2 Omaha Mercy 'A'			1:03.77
1) Temme, Grace	2) Schmidt, Abigail		
3) Pruss, Adrienne	4) Schmidt, Lauren		
3 Lincoln NS 'A'			1:04.42
1) Scott, Paiton	2) Parde, Alexis		
3) Kadavy, Ayla	4) Van Pelt, Haylee		
4 Millard South 'A'			1:05.80
1) Smith, Khayla	2) Chappell, Landri		
3) Dill, Lauren	4) Ntchougan-Sonou, Alexis		
5 Ralston 'A'			1:08.00
1) Radji, Andilath	2) Dafferner, Jada		
3) Emery-Simmons, Aubrey	4) Fink, Josey		

Event 28 Boys 4x100.25 Meter Relay Wt. Person

=====			
Meet Record: M 49.63	2015	Lincoln North Star, Lincoln North Star	
School		Seed	Finals
=====			
1 Gretna 'A'		53.50	51.19
1) Holston, Jaden	2) Lindquist, Troy		
3) Bulgrin, Carter	4) Hawkins, Blake		
2 Norfolk 'A'		51.00	52.96
1) Hardy, Easton	2) Zazueta, Samuel		
3) Sanchez Diaz, Alan	4) Skiff, Cohen		
3 Millard South 'A'		55.00	54.57
1) Pugh, Adam	2) Glab, Carter		
3) Lowry, Landon	4) Weaver, Travion		
4 Lincoln NW 'A'			54.94
1) Mahmoud, Roman	2) Eickhoff, Brady		
3) Focken, Syris	4) McClanahan, Kaden		
5 Lincoln NS 'A'			56.90
1) Gusler, Hunter	2) Potter, Jayden		
3) Von Busch, Xavier	4) McDaniel, James		

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Event 29 Girls 4x200 Meter Relay

Meet Record: M 1:45.6h 1992		Bellevue East		Seed	Finals	H#	Points
School							
1	Bennington 'A'			1:47.00	1:44.69M	2	10
	1) Hiatt, Alexis		2) Langford, Katelyn				
	3) Bohaboj, Harper		4) Behlen, Olivia				
2	Gretna 'A'			1:51.00	1:50.54	2	8
	1) Heck, Leah		2) Schamp, Briann				
	3) Rose, Brooke		4) Norvig, Hope				
3	Millard South 'A'			1:52.34	1:52.22	2	6
	1) Amouzou, Nathania		2) McLaughlin, Mia				
	3) Raddish, Jaelyn		4) Ferrin, Gabriella				
4	Norfolk 'A'			1:54.27	1:53.95	2	4
	1) Long, Emma		2) Kiichler, Jaden				
	3) Werner, Kennedy		4) Hoffman, Grace				
5	Lincoln NS 'A'			1:54.00	1:54.57	2	2
	1) Bowers, Amelia		2) Stengal, Charleigh				
	3) Plahn, Brooke		4) Anderson, Aleviah				
6	Blair 'A'			2:00.00	1:55.99	1	1
	1) Larsen, London		2) Williams, Ellie				
	3) Schueth, Jacy		4) Lundgren, Brynn				
7	Ralston 'A'				1:57.71	1	
	1) Davila Rios, Elia		2) Nelson, Lilly				
	3) Bentley, Aaliyah		4) Thomas, Lashariae				
8	Fremont 'A'			1:56.50	2:00.77	2	
	1) Turpitt, Sophia		2) Sookram, Elayna				
	3) Goodrich, Lillian		4) Wibbels, Lily				
9	Omaha Mercy 'A'			2:05.22	2:12.72	1	
	1) Momsen, Nia		2) Keller, Cecilia				
	3) Swait, Sianah		4) Barnes, Valerie				

Event 30 Boys 4x200 Meter Relay

Meet Record: M 1:29.8h 1993		Omaha Central		Seed	Finals	Points
School						
1	Millard South 'A'			1:33.00	1:30.32	10
	1) Jones, Delunn		2) Masenge, Aaron			
	3) Harms, Austin		4) Feller, Nolan			
2	Bennington 'A'			1:32.00	1:31.37	8
	1) Lincoln, Jayden		2) Sexton, Parker			
	3) Fleischman, Tysen		4) Taffa, KJ			
3	Lincoln NS 'A'			1:38.00	1:33.79	6
	1) Reed, Cooper		2) Anderson, Justin			
	3) Bretting, Cameron		4) Chatman, Tyrell			
4	Norfolk 'A'			1:35.00	1:34.06	4
	1) Bauer, Rowdy		2) Svoboda, Evan			
	3) Dillard, Thomas		4) Dickey, Daxton			
5	Ralston 'A'			1:40.00	1:36.69	2
	1) Johnson, Malcolm		2) Hendrix, Robert			
	3) Bassome, Bitia		4) Hubbard, Cailen			
6	Lincoln NW 'A'				1:36.75	1
	1) Arguello, Jack		2) Primes, Lashawn			
	3) Kemper, Ethan		4) Springs, Genesis			
7	Gretna 'A'			1:35.00	1:37.65	

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....Event 30 Boys 4x200 Meter Relay

- | | |
|-------------------|---------------------|
| 1) Sliva, Breckin | 2) Boltz, Drew |
| 3) Rohrer, Aiden | 4) Runge, Alexander |

Event 31 Girls 4x800 Meter Relay

Meet Record: M 9:55.6h 1998		Papillion-La Vista			
School		Seed	Finals	Points	
1 Blair 'A'		10:28.45	10:16.07	10	
1) Ewoldt, Reece	2) Keeling, Audie				
3) Wickwire, Jadeyn	4) Wulf, Kate				
2 Lincoln NS 'A'		11:35.62	10:28.25	8	
1) Riedel, Hope	2) McKernan, Lauren				
3) Brooks, Addi	4) Irons, Kay Tee				
3 Gretna 'A'		10:40.00	10:32.29	6	
1) Arend, Talya	2) Harrington, Erin				
3) Zabloudil, Lucy	4) Miller, Maggie				
4 Fremont 'A'		10:35.00	10:35.40	4	
1) Hemmer, Chloe	2) McBratney, Madelyn				
3) Fritz, Emma Claire	4) Ellsworth, Jenna				
5 Millard South 'A'		10:48.00	10:50.16	2	
1) Sullivan, Katelyn	2) Corey, Lauren				
3) McDonald, Lyla	4) Storms, Avery				
6 Lincoln NW 'A'		11:40.50	10:55.20	1	
1) Detweiler, Allana	2) Patzel, Sarah				
3) Zimmerman, Rylee	4) VanArsdale, Adanya				
7 Bennington 'A'		11:10.00	11:05.66		
1) Cornett, Mazlyn	2) Bates, Lauryn				
3) Erickson, Claire	4) Scott, Madeleine				
8 Norfolk 'A'		10:52.02	11:17.18		
1) Rader, Sierra	2) Sheriff, Jasi				
3) Taylor, Aliyah	4) Meier, Molly				

Event 32 Boys 4x800 Meter Relay

Meet Record: M 8:13.2h 1988		Ralston			
School		Seed	Finals	Points	
1 Blair 'A'		8:40.00	8:34.92	10	
1) Funk, Caleb	2) McCabe, Declan				
3) McCabe, Colin	4) Cottle, Chase				
2 Norfolk 'A'		9:15.00	8:56.07	8	
1) Garhart, Aaron	2) Galyen, Drew				
3) Test, Jase	4) Arens, Hunter				
3 Millard South 'A'		8:50.00	8:56.59	6	
1) Banker, Jadon	2) Coleman, Isaiah				
3) Sinicki, Lincoln	4) Lender, Dylan				
4 Lincoln NS 'A'		8:21.14	8:59.64	4	
1) Swanda, Ethan	2) Divis, Braden				
3) Siegel, Joshua	4) Neemann, Noah				
5 Bennington 'A'		8:45.00	9:30.76	2	
1) Walsh, Nolan	2) Morgan, Thomas				
3) Andersen, Matthew	4) Diamond, Carter				
6 Gretna 'A'		8:43.00	9:35.28	1	
1) Menning, Colton	2) Cradduck, Miles				

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....Event 32 Boys 4x800 Meter Relay

3) Westra, Colton	4) Bear, Kieran		
7 Lincoln NW 'A'		9:47.39	9:42.30
1) Trumble, Quinn	2) Dick, Gabe		
3) Emblin, Travis	4) Foreman, Noah		
8 Ralston 'A'		9:30.00	9:58.92
1) Bernal, Isaiah	2) Kelsey, Nikolas		
3) Castro, Andres	4) Nagle, James		

Event 33 Girls 4x400 Meter Relay

Meet Record: M 4:03.07 2011		Millard South	Seed	Finals	H#	Points
School						
1 Gretna 'A'			4:11.37	4:11.08	2	10
1) Johnson, Emerson	2) Swanson, Anisten					
3) Wieczorek, Emilia	4) Rose, Brooke					
2 Lincoln NS 'A'			4:18.38	4:15.44	2	8
1) Klabenes, Gianna	2) Boltz, Hailey					
3) Walden-Sievers, Gabby	4) Jacobs, Ali					
3 Bennington 'A'			4:25.00	4:18.79	2	6
1) Sangster, Olivia	2) Bluhm, Regan					
3) Wempen, Amelia	4) Kuntz, Addison					
4 Millard South 'A'			4:47.70	4:20.88	2	4
1) Lawson, Hilary	2) Aziahomey, Lesley					
3) Andazola, Jimena	4) Ferrin, Gabriella					
5 Norfolk 'A'			4:29.17	4:21.72	2	2
1) Cox, Hailee	2) McWilliams, Adalia					
3) Hernandez, Maria	4) Jordan, Caper					
6 Fremont 'A'			4:22.00	4:23.09	2	1
1) Sintek, Morgan	2) Darmento, Ayva					
3) Brandt, McKinzie	4) Estudillo, Elena					
7 Lincoln NW 'A'			4:48.41	4:38.47	1	
1) Alwir, Agange	2) Agyeman, Zaria					
3) Boyd, Canary	4) Lappe, Skylar					
8 Blair 'A'			4:45.00	4:39.54	2	
1) McGill, Jordan	2) Lindau, Lucy					
3) Jensen, Haylie	4) Donner, Ella					
9 Omaha Mercy 'A'			4:49.69	4:51.07	1	
1) Swait, Saniah	2) Carney, Annabelle					
3) Wooten, Maria	4) Malesker, Sydney					
10 Ralston 'A'				4:56.77	1	
1) Bertrang, Isabelle	2) Davila Rios, Elia					
3) Nelson, Lilly	4) Thomas, Lashariae					

Event 34 Boys 4x400 Meter Relay

Meet Record: M 3:27.3h 1999		Bellevue West	Seed	Finals	Points
School					
1 Lincoln NS 'A'			3:39.07	3:32.73	10
1) Chatman, Tyrell	2) Iniguez, Raul				
3) Daniel, Jarrett	4) Zastrow, Easton				
2 Bennington 'A'			3:38.00	3:35.61	8
1) Dossett, Cameron	2) Nemecek, Colin				
3) Sexton, Parker	4) Lincoln, Jayden				

2024 Gary Dubbs Ralston Ram Relays - 3/30/2024

Ralston High School

Results

....Event 34 Boys 4x400 Meter Relay

3 Norfolk 'A'		3:42.00	3:39.50	6
1) Svoboda, Evan	2) Dillard, Thomas			
3) Roberts, Zachary	4) Klein, Cole			
4 Millard South 'A'		3:40.00	3:41.79	4
1) Miller, Landon	2) Heller, Dalton			
3) Dixon, Dalonte	4) Barnes, Lucas			
5 Blair 'A'		3:42.11	3:42.50	2
1) Holcomb, Ben	2) Daggett, Hayden			
3) Sibson, Logan	4) Baessler, Ethan			
6 Gretna 'A'		3:52.00	3:50.37	1
1) Luthi, Gavin	2) Donahue, Brady			
3) Larsen, Caleb	4) Matulka, Henry			
7 Ralston 'A'		3:55.00	3:53.33	
1) Johnson, Malcolm	2) Ress-Conkey, Amayas			
3) Reimers, Brodie	4) Nguyenduy, Kevin			

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Women - Team Rankings - 15 Events Scored

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1) Gretna	104	2) Blair	83
3) Norfolk	63	4) Lincoln NS	57
5) Bennington	56	6) Millard South	48.50
7) Fremont	35.50	8) Ralston	6
9) Omaha Mercy	5	10) Lincoln NW	2

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Men - Team Rankings - 15 Events Scored

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1) Norfolk	100	2) Millard South	80
3) Lincoln NS	78	4) Bennington	71
5) Gretna	45	6) Blair	37
7) Ralston	14	8) Lincoln NW	9