

2024 NSAA Outdoor Track and Field Championships - 5/9/2024 to 5/10/2024

Dakota State University
Dan Beacom Track and Soccer Complex
Results

Event 1 Men 100 Meter Dash**Top 8 Advance by Time**

| Name | Year | School | Prelims | Wind | H# |
|---------------------|------|-------------------|---------|------|----------|
| Preliminaries | | | | | |
| 1 Jalen Anderson | SR | Viterbo | 10.50q | 3.9 | 2 |
| 2 Mustafa Taylor | SO | Dickinson St. | 10.86q | 3.2 | 1 |
| 3 Willie Hutchins | SO | Dakota State | 10.95q | 3.2 | 1 |
| 4 Xzayvier Horton | SO | Waldorf | 11.00q | 3.9 | 2 10.996 |
| 5 Lukas Bennett | FR | Dakota State | 11.00q | 3.9 | 2 11.000 |
| 6 Tramayne Black | FR | Dakota State | 11.05q | 3.9 | 2 |
| 7 Nathan Schlough | FR | Viterbo | 11.11q | 3.2 | 1 |
| 8 Jackson Whicker | FR | Dickinson St. | 11.16q | 3.2 | 1 |
| 9 Darnell Williams | JR | Viterbo | 11.24 | 3.9 | 2 11.235 |
| 10 Niyongabo Yohana | FR | Dakota State | 11.24 | 3.9 | 2 11.237 |
| 11 Robert Beal | FR | Waldorf | 11.25 | 3.2 | 1 |
| 12 Javontay Harper | FR | Waldorf | 11.28 | 3.2 | 1 |
| 13 Joseph Larson | SR | Dakota State | 11.32 | 3.9 | 2 |
| 14 Robay Birri | FR | Waldorf | 11.42 | 3.2 | 1 |
| 15 Mohammed Dukuly | FR | Valley City State | 11.47 | 3.9 | 2 |

Event 1 Men 100 Meter Dash

| Name | Year | School | Finals | Wind | Points |
|-------------------|------|---------------|--------|------|----------|
| Finals | | | | | |
| 1 Jalen Anderson | SR | Viterbo | 10.41 | 3.1 | 10 |
| 2 Mustafa Taylor | SO | Dickinson St. | 10.75 | 3.1 | 8 |
| 3 Xzayvier Horton | SO | Waldorf | 10.92 | 3.1 | 6 |
| 4 Lukas Bennett | FR | Dakota State | 10.93 | 3.1 | 5 |
| 5 Willie Hutchins | SO | Dakota State | 11.01 | 3.1 | 4 11.002 |
| 6 Nathan Schlough | FR | Viterbo | 11.01 | 3.1 | 3 11.010 |
| 7 Tramayne Black | FR | Dakota State | 11.03 | 3.1 | 2 |
| 8 Jackson Whicker | FR | Dickinson St. | 11.09 | 3.1 | 1 |

Event 2 Men 200 Meter Dash

| Name | Year | School | Finals | Wind | H# | Points |
|-----------------------|------|-------------------|--------|------|----|--------|
| 1 Jalen Anderson | SR | Viterbo | 21.53 | 3.1 | 3 | 10 |
| 2 Mustafa Taylor | SO | Dickinson St. | 22.18 | 3.1 | 3 | 8 |
| 3 Lukas Bennett | FR | Dakota State | 22.66 | 3.1 | 3 | 6 |
| 4 Kaholo Toaves | JR | Dickinson St. | 22.83 | 3.6 | 1 | 5 |
| 5 Xzayvier Horton | SO | Waldorf | 22.90 | 3.1 | 3 | 4 |
| 6 Willie Hutchins | SO | Dakota State | 22.99 | 3.1 | 3 | 3 |
| 7 Brunelson Dominique | SO | Waldorf | 23.01 | 4.1 | 2 | 2 |
| 8 Nathan Schlough | FR | Viterbo | 23.09 | 4.1 | 2 | 1 |
| 9 Robert Beal | FR | Waldorf | 23.18 | 4.1 | 2 | |
| 10 Hayden Lockie | JR | Dickinson St. | 23.19 | 4.1 | 2 | |
| 11 Jackson Whicker | FR | Dickinson St. | 23.25 | 4.1 | 2 | |
| 12 Javontay Harper | FR | Waldorf | 23.26 | 3.6 | 1 | |
| 13 Joseph Larson | SR | Dakota State | 23.30 | 3.1 | 3 | 23.296 |
| 14 Mohammed Dukuly | FR | Valley City State | 23.30 | 4.1 | 2 | 23.299 |
| 15 Robay Birri | FR | Waldorf | 23.37 | 3.6 | 1 | |
| 16 Tramayne Black | FR | Dakota State | 23.46 | 3.1 | 3 | |

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| | | | | |
|-------------------|----------------------|-------|-----|---|
| 17 Alexis Brown | FR Dickinson St. | 23.66 | 3.6 | 1 |
| 18 Dominic Marken | JR Viterbo | 24.79 | 4.1 | 2 |
| 19 Casey Phillips | FR Valley City State | 26.07 | 3.6 | 1 |

Event 3 Men 400 Meter Dash

| Name | Year School | Finals | H# | Points |
|---------------------|----------------------|--------|----|----------|
| 1 Nolan Slominski | FR Dakota State | 49.63 | 2 | 10 |
| 2 Xzayvier Horton | SO Waldorf | 50.95 | 2 | 8 |
| 3 Avin Smith | FR Viterbo | 51.01 | 1 | 6 |
| 4 Evan Armstrong | FR Dakota State | 51.07 | 2 | 5 |
| 5 Ben Olson | SO Viterbo | 51.61 | 2 | 4 51.605 |
| 6 Hayden Lockie | JR Dickinson St. | 51.61 | 2 | 3 51.610 |
| 7 Joshua Krull | SR Dakota State | 52.05 | 2 | 2 |
| 8 Carl Askins | SO Dickinson St. | 52.18 | 1 | 1 |
| 9 Alexis Brown | FR Dickinson St. | 52.21 | 1 | |
| 10 Nick Paige | JR Dickinson St. | 52.34 | 2 | |
| 11 Joseph Larson | SR Dakota State | 53.17 | 2 | |
| 12 Marcel Smith | JR Waldorf | 53.94 | 1 | |
| 13 Ben Witt | FR Dakota State | 54.15 | 1 | |
| 14 Omarion Brown | FR Valley City State | 54.54 | 1 | |
| 15 Treshawn Roberts | SR Dakota State | 55.57 | 1 | |
| 16 Richard Palma | JR Viterbo | 55.72 | 1 | |

Event 4 Men 800 Meter Run

| Name | Year School | Finals | H# | Points |
|------------------------|----------------------|---------|----|--------|
| 1 Nolan Slominski | FR Dakota State | 1:55.97 | 2 | 10 |
| 55.889 (55.889) | 1:55.968 (1:00.079) | | | |
| 2 Hudson Atkinson | SO Dickinson St. | 1:58.84 | 2 | 8 |
| 58.098 (58.098) | 1:58.836 (1:00.738) | | | |
| 3 Evan Armstrong | FR Dakota State | 1:59.02 | 2 | 6 |
| 58.006 (58.006) | 1:59.020 (1:01.014) | | | |
| 4 Evan Slominski | SR Dakota State | 1:59.19 | 2 | 5 |
| 57.774 (57.774) | 1:59.186 (1:01.412) | | | |
| 5 Tyler Nicke | FR Dakota State | 1:59.31 | 2 | 4 |
| 56.597 (56.597) | 1:59.304 (1:02.707) | | | |
| 6 Roger Oliete Tejedor | SO Dakota State | 1:59.93 | 2 | 3 |
| 57.580 (57.580) | 1:59.925 (1:02.345) | | | |
| 7 Dawson Miller | FR Dakota State | 2:01.11 | 2 | 2 |
| 57.389 (57.389) | 2:01.101 (1:03.712) | | | |
| 8 Fynn Krenz | FR Dickinson St. | 2:06.49 | 2 | 1 |
| 1:00.044 (1:00.044) | 2:06.481 (1:06.437) | | | |
| 9 Griffin Kipchumba | FR Bellevue | 2:07.18 | 1 | |
| 1:04.064 (1:04.064) | 2:07.171 (1:03.107) | | | |
| 10 Mason Brehmer | SO Valley City State | 2:07.87 | 1 | |
| 1:04.221 (1:04.221) | 2:07.865 (1:03.644) | | | |
| 11 Andrew Huber | SR Waldorf | 2:14.20 | 1 | |
| 1:04.660 (1:04.660) | 2:14.191 (1:09.531) | | | |
| 12 Justin Kathrein | FR Dickinson St. | 2:14.39 | 1 | |
| 1:04.491 (1:04.491) | 2:14.389 (1:09.898) | | | |

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....Event 4 Men 800 Meter Run

| | | | |
|---------------------|----------------------|---------|---|
| 13 Robert Siford | FR Bellevue | 2:15.20 | 1 |
| 1:04.367 (1:04.367) | 2:15.192 (1:10.825) | | |
| 14 Isaac Eichhorst | SO Valley City State | 2:16.18 | 1 |
| 1:05.523 (1:05.523) | 2:16.179 (1:10.656) | | |

Event 5 Men 1500 Meter Run

| Name | Year School | Finals | Points |
|-------------------|----------------------|---------------------|---------------------|
| 1 Cody Farland | JR Dakota State | 4:02.12 | 10 |
| 46.346 (46.346) | 1:52.350 (1:06.004) | 2:58.063 (1:05.713) | 4:02.115 (1:04.052) |
| 2 Richard Marcoux | SR Bellevue | 4:03.26 | 8 |
| 46.685 (46.685) | 1:53.066 (1:06.381) | 2:59.991 (1:06.925) | 4:03.256 (1:03.265) |
| 3 Connor Birdsong | SR Viterbo | 4:03.40 | 6 |
| 46.982 (46.982) | 1:52.131 (1:05.149) | 2:57.837 (1:05.706) | 4:03.394 (1:05.557) |
| 4 Curtis Johnson | SO Dakota State | 4:05.22 | 5 |
| 46.249 (46.249) | 1:52.603 (1:06.354) | 3:00.695 (1:08.092) | 4:05.219 (1:04.524) |
| 5 Hudson Atkinson | SO Dickinson St. | 4:05.56 | 4 |
| 48.058 (48.058) | 1:55.056 (1:06.998) | 3:03.785 (1:08.729) | 4:05.555 (1:01.770) |
| 6 Caleb Sarsland | FR Dickinson St. | 4:15.94 | 3 |
| 46.887 (46.887) | 1:53.327 (1:06.440) | 3:03.197 (1:09.870) | 4:15.932 (1:12.735) |
| 7 Fynn Krenz | FR Dickinson St. | 4:18.07 | 2 |
| 47.329 (47.329) | 1:55.527 (1:08.198) | 3:08.612 (1:13.085) | 4:18.063 (1:09.451) |
| 8 Lane Henrichs | FR Dakota State | 4:19.06 | 1 |
| 47.898 (47.898) | 1:55.824 (1:07.926) | 3:09.022 (1:13.198) | 4:19.058 (1:10.036) |
| 9 Dylan Hilger | SO Dakota State | 4:26.87 | |
| 48.192 (48.192) | 1:56.572 (1:08.380) | 3:10.940 (1:14.368) | 4:26.865 (1:15.925) |
| 10 Grayson Madsen | FR Dakota State | 4:29.04 | |
| 48.672 (48.672) | 1:56.933 (1:08.261) | 3:11.487 (1:14.554) | 4:29.039 (1:17.552) |
| 11 Garet Hoke | JR Valley City State | 5:01.40 | |
| 50.954 (50.954) | 2:08.553 (1:17.599) | 3:35.909 (1:27.356) | 5:01.398 (1:25.489) |
| 12 Kaiden Akey | FR Dakota State | 5:07.26 | |
| 53.966 (53.966) | 2:17.367 (1:23.401) | 3:45.203 (1:27.836) | 5:07.252 (1:22.049) |

Event 6 Men 3000 Meter Steeplechase

| Name | Year School | Finals | Points |
|-----------------------|---------------------|---------------------|----------------------|
| 1 Collin Kotz | JR Bellevue | 10:09.74 | 10 |
| 43.306 (43.306) | 1:58.681 (1:15.375) | 3:18.137 (1:19.457) | 4:40.847 (1:22.710) |
| 6:01.227 (1:20.380) | 7:24.570 (1:23.343) | 8:49.777 (1:25.208) | 10:09.736 (1:19.959) |
| 2 Saba Khvichava | SR Bellevue | 10:20.98 | 8 |
| 43.605 (43.605) | 2:05.000 (1:21.395) | 3:27.558 (1:22.559) | 4:54.090 (1:26.532) |
| 6:15.570 (1:21.480) | 7:40.083 (1:24.514) | 9:03.602 (1:23.519) | 10:20.975 (1:17.373) |
| 3 Dalton Brouwer | SR Dakota State | 10:27.50 | 6 |
| 42.928 (42.928) | 1:58.453 (1:15.525) | 3:17.811 (1:19.358) | 4:42.130 (1:24.319) |
| 6:06.863 (1:24.734) | 7:35.016 (1:28.153) | 9:02.973 (1:27.958) | 10:27.496 (1:24.523) |
| 4 Griffin Obrigewitch | JR Dickinson St. | 10:38.24 | 5 |
| 44.552 (44.552) | 2:04.581 (1:20.029) | 3:26.985 (1:22.404) | 4:53.733 (1:26.749) |
| 6:19.626 (1:25.893) | 7:46.553 (1:26.928) | 9:13.495 (1:26.942) | 10:38.232 (1:24.738) |
| 5 Blake Schmiedt | SO Dakota State | 10:45.45 | 4 |
| 44.012 (44.012) | 2:04.722 (1:20.710) | 3:27.226 (1:22.504) | 4:53.858 (1:26.633) |
| 6:19.816 (1:25.958) | 7:47.271 (1:27.455) | 9:15.530 (1:28.259) | 10:45.450 (1:29.920) |

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....Event 6 Men 3000 Meter Steeplechase

| | | | |
|---------------------|---------------------|----------------------|----------------------|
| 6 Andrew Huber | SR Waldorf | 11:14.66 | 3 |
| 45.367 (45.367) | 2:05.350 (1:19.983) | 3:27.915 (1:22.565) | 4:54.356 (1:26.442) |
| 6:23.416 (1:29.060) | 7:59.441 (1:36.025) | 9:39.208 (1:39.768) | 11:14.653 (1:35.445) |
| 7 Reese Henrie | SO Dakota State | 11:36.41 | 2 |
| 44.935 (44.935) | 2:08.450 (1:23.515) | 3:35.963 (1:27.514) | 5:07.411 (1:31.448) |
| 6:41.377 (1:33.967) | 8:19.045 (1:37.668) | 9:58.468 (1:39.424) | 11:36.403 (1:37.935) |
| 8 Lucas Harr | JR Dakota State | 12:09.28 | 1 |
| 47.033 (47.033) | 2:16.233 (1:29.200) | 3:50.698 (1:34.465) | 5:28.213 (1:37.515) |
| 7:07.645 (1:39.432) | 8:50.170 (1:42.525) | 10:34.833 (1:44.664) | 12:09.280 (1:34.447) |

Event 7 Men 5000 Meter Run

| ===== | | | |
|-----------------------|----------------------|----------------------|----------------------|
| Name | Year School | Finals | Points |
| ===== | | | |
| 1 Connor Birdsong | SR Viterbo | 16:06.98 | 10 |
| 45.398 (45.398) | 2:14.029 (1:28.632) | 3:30.207 (1:16.178) | 4:48.376 (1:18.169) |
| 6:05.802 (1:17.427) | 7:23.378 (1:17.577) | 8:40.989 (1:17.612) | 9:55.923 (1:14.934) |
| 11:10.104 (1:14.182) | 12:25.983 (1:15.879) | 13:39.812 (1:13.829) | 14:53.939 (1:14.128) |
| 16:06.979 (1:13.040) | | | |
| 2 Caleb Sarsland | FR Dickinson St. | 16:12.69 | 8 |
| 45.244 (45.244) | 2:13.866 (1:28.622) | 3:29.967 (1:16.102) | 4:48.246 (1:18.279) |
| 6:05.647 (1:17.402) | 7:23.633 (1:17.987) | 8:41.169 (1:17.537) | 9:56.148 (1:14.979) |
| 11:10.253 (1:14.105) | 12:26.278 (1:16.025) | 13:40.818 (1:14.540) | 14:58.158 (1:17.340) |
| 16:12.688 (1:14.530) | | | |
| 3 Taylor Myers | SR Dakota State | 16:28.05 | 6 |
| 45.049 (45.049) | 2:13.657 (1:28.608) | 3:29.732 (1:16.075) | 4:48.057 (1:18.325) |
| 6:05.401 (1:17.344) | 7:23.877 (1:18.477) | 8:41.438 (1:17.562) | 9:56.548 (1:15.110) |
| 11:12.584 (1:16.037) | 12:32.778 (1:20.194) | 13:52.423 (1:19.645) | 15:10.531 (1:18.108) |
| 16:28.043 (1:17.513) | | | |
| 4 Collin Kotz | JR Bellevue | 16:35.17 | 5 |
| 45.539 (45.539) | 2:14.297 (1:28.758) | 3:30.633 (1:16.337) | 4:48.786 (1:18.153) |
| 6:06.032 (1:17.247) | 7:24.176 (1:18.144) | 8:41.824 (1:17.649) | 10:00.161 (1:18.337) |
| 11:22.794 (1:22.634) | 12:44.476 (1:21.682) | 14:01.296 (1:16.820) | 15:21.507 (1:20.212) |
| 16:35.166 (1:13.659) | | | |
| 5 Harrison Greathouse | FR Dakota State | 16:37.51 | 4 |
| 45.803 (45.803) | 2:14.919 (1:29.117) | 3:31.266 (1:16.347) | 4:49.314 (1:18.049) |
| 6:07.184 (1:17.870) | 7:25.316 (1:18.132) | 8:43.577 (1:18.262) | 10:02.373 (1:18.797) |
| 11:23.291 (1:20.918) | 12:44.838 (1:21.548) | 14:05.468 (1:20.630) | 15:22.976 (1:17.508) |
| 16:37.502 (1:14.527) | | | |
| 6 Will Flowers | JR Dickinson St. | 16:44.33 | 3 |
| 45.713 (45.713) | 2:14.611 (1:28.898) | 3:30.886 (1:16.275) | 4:48.639 (1:17.754) |
| 6:06.569 (1:17.930) | 7:24.617 (1:18.048) | 8:42.912 (1:18.295) | 10:01.273 (1:18.362) |
| 11:22.531 (1:21.258) | 12:44.398 (1:21.868) | 14:05.226 (1:20.828) | 15:26.911 (1:21.685) |
| 16:44.323 (1:17.413) | | | |
| 7 Joshua Tucker | FR Dakota State | 16:51.76 | 2 |
| 45.081 (45.081) | 2:14.124 (1:29.044) | 3:30.387 (1:16.263) | 4:49.007 (1:18.620) |
| 6:06.882 (1:17.875) | 7:24.961 (1:18.079) | 8:43.356 (1:18.395) | 10:02.256 (1:18.900) |
| 11:24.378 (1:22.123) | 12:47.869 (1:23.492) | 14:11.274 (1:23.405) | 15:36.734 (1:25.460) |
| 16:51.751 (1:15.017) | | | |
| 8 Lane Henrichs | FR Dakota State | 17:16.45 | 1 |
| 46.581 (46.581) | 2:16.166 (1:29.585) | 3:32.797 (1:16.632) | 4:51.237 (1:18.440) |
| 6:11.152 (1:19.915) | 7:34.461 (1:23.309) | 8:56.573 (1:22.113) | 10:21.174 (1:24.602) |
| 11:49.304 (1:28.130) | 13:15.942 (1:26.638) | 14:42.092 (1:26.150) | 16:05.081 (1:22.989) |
| 17:16.443 (1:11.363) | | | |

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....Event 7 Men 5000 Meter Run

| | | | |
|------------------------|----------------------|----------------------|----------------------|
| 9 Rigo Garcia | JR Valley City State | 17:30.02 | |
| 46.014 (46.014) | 2:15.504 (1:29.490) | 3:32.351 (1:16.847) | 4:54.136 (1:21.785) |
| 6:15.456 (1:21.320) | 7:40.599 (1:25.144) | 9:02.062 (1:21.463) | 10:22.707 (1:20.645) |
| 11:48.969 (1:26.263) | 13:15.623 (1:26.654) | 14:41.786 (1:26.163) | 16:08.493 (1:26.708) |
| 17:30.013 (1:21.520) | | | |
| 10 Dalton Brouwer | SR Dakota State | 17:34.64 | |
| 46.119 (46.119) | 2:14.976 (1:28.857) | 3:31.067 (1:16.092) | 4:49.116 (1:18.049) |
| 6:07.931 (1:18.815) | 7:31.532 (1:23.602) | 8:58.139 (1:26.608) | 10:25.037 (1:26.898) |
| 11:54.326 (1:29.289) | 13:22.634 (1:28.309) | 14:50.143 (1:27.509) | 16:18.299 (1:28.157) |
| 17:34.639 (1:16.340) | | | |
| 11 Blake Schmiedt | SO Dakota State | 17:35.81 | |
| 46.323 (46.323) | 2:15.799 (1:29.477) | 3:32.472 (1:16.673) | 4:51.543 (1:19.072) |
| 6:14.846 (1:23.303) | 7:40.422 (1:25.577) | 9:03.127 (1:22.705) | 10:25.337 (1:22.210) |
| 11:54.263 (1:28.927) | 13:22.773 (1:28.510) | 14:50.288 (1:27.515) | 16:18.427 (1:28.139) |
| 17:35.807 (1:17.380) | | | |
| 12 Griffin Obrigewitch | JR Dickinson St. | 17:40.97 | |
| 45.991 (45.991) | 2:15.222 (1:29.232) | 3:31.508 (1:16.287) | 4:50.907 (1:19.399) |
| 6:14.706 (1:23.799) | 7:40.282 (1:25.577) | 9:04.747 (1:24.465) | 10:30.768 (1:26.022) |
| 11:59.728 (1:28.960) | 13:26.734 (1:27.007) | 14:54.457 (1:27.723) | 16:20.663 (1:26.207) |
| 17:40.966 (1:20.303) | | | |
| 13 Tyrel Ackman | SR Dickinson St. | 18:45.49 | |
| 46.276 (46.276) | 2:15.542 (1:29.267) | 3:35.893 (1:20.352) | 5:02.377 (1:26.484) |
| 6:31.259 (1:28.883) | 8:02.401 (1:31.142) | 9:33.316 (1:30.915) | 11:06.888 (1:33.573) |
| 12:40.548 (1:33.660) | 14:13.301 (1:32.753) | 15:48.481 (1:35.180) | 17:21.969 (1:33.489) |
| 18:45.484 (1:23.515) | | | |

Event 8 Men 10000 Meter Run

| ===== | | | | |
|-----------------------|------|----------------------|----------------------|----------------------|
| Name | Year | School | Finals | Points |
| ===== | | | | |
| 1 Taylor Myers | | SR Dakota State | 33:56.42 | 10 |
| 1:29.542 (1:29.542) | | 2:55.893 (1:26.352) | 4:20.233 (1:24.340) | 5:42.219 (1:21.987) |
| 7:00.484 (1:18.265) | | 8:17.564 (1:17.080) | 9:39.057 (1:21.493) | 11:00.047 (1:20.990) |
| 12:21.133 (1:21.087) | | 13:43.534 (1:22.402) | 15:02.817 (1:19.283) | 16:23.061 (1:20.244) |
| 17:41.943 (1:18.883) | | 19:00.168 (1:18.225) | 20:19.429 (1:19.262) | 21:40.896 (1:21.467) |
| 23:02.857 (1:21.962) | | 24:26.352 (1:23.495) | 25:50.063 (1:23.712) | 27:12.106 (1:22.043) |
| 28:32.199 (1:20.094) | | 29:53.996 (1:21.797) | 31:14.464 (1:20.469) | 32:35.027 (1:20.563) |
| 33:56.413 (1:21.387) | | | | |
| 2 Harrison Greathouse | | FR Dakota State | 34:08.87 | 8 |
| 1:29.999 (1:29.999) | | 2:56.824 (1:26.825) | 4:21.137 (1:24.313) | 5:43.444 (1:22.308) |
| 7:01.428 (1:17.984) | | 8:19.623 (1:18.195) | 9:40.773 (1:21.150) | 11:00.764 (1:19.992) |
| 12:21.754 (1:20.990) | | 13:44.171 (1:22.417) | 15:03.702 (1:19.532) | 16:24.151 (1:20.449) |
| 17:45.508 (1:21.358) | | 19:09.041 (1:23.533) | 20:31.108 (1:22.068) | 21:54.838 (1:23.730) |
| 23:19.933 (1:25.095) | | 24:45.202 (1:25.269) | 26:07.877 (1:22.675) | 27:26.462 (1:18.585) |
| 28:46.943 (1:20.482) | | 30:07.679 (1:20.737) | 31:28.002 (1:20.323) | 32:48.613 (1:20.612) |
| 34:08.866 (1:20.253) | | | | |
| 3 Will Flowers | | JR Dickinson St. | 34:44.11 | 6 |
| 1:29.486 (1:29.486) | | 2:56.182 (1:26.697) | 4:20.523 (1:24.342) | 5:42.527 (1:22.004) |
| 7:00.774 (1:18.248) | | 8:18.278 (1:17.504) | 9:39.341 (1:21.063) | 11:00.372 (1:21.032) |
| 12:21.427 (1:21.055) | | 13:43.864 (1:22.438) | 15:03.313 (1:19.449) | 16:23.792 (1:20.479) |
| 17:45.224 (1:21.433) | | 19:08.768 (1:23.544) | 20:30.838 (1:22.070) | 21:54.546 (1:23.708) |
| 23:19.632 (1:25.087) | | 24:44.888 (1:25.257) | 26:09.724 (1:24.837) | 27:34.349 (1:24.625) |
| 29:00.222 (1:25.873) | | 30:27.427 (1:27.205) | 31:54.889 (1:27.463) | 33:20.226 (1:25.337) |
| 34:44.102 (1:23.877) | | | | |

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....Event 8 Men 10000 Meter Run

| | | | | |
|---|----------------------|----------------------|----------------------|----------------------|
| 4 | Rigo Garcia | JR Valley City State | 35:23.59 | 5 |
| | 1:30.462 (1:30.462) | 2:57.367 (1:26.905) | 4:21.617 (1:24.250) | 5:43.711 (1:22.094) |
| | 7:02.289 (1:18.579) | 8:21.218 (1:18.929) | 9:42.629 (1:21.412) | 11:05.323 (1:22.694) |
| | 12:28.446 (1:23.123) | 13:50.287 (1:21.842) | 15:14.504 (1:24.218) | 16:40.294 (1:25.790) |
| | 18:06.571 (1:26.277) | 19:31.749 (1:25.179) | 20:57.566 (1:25.817) | 22:24.964 (1:27.399) |
| | 23:52.754 (1:27.790) | 25:20.068 (1:27.314) | 26:48.739 (1:28.672) | 28:18.616 (1:29.877) |
| | 29:47.176 (1:28.560) | 31:14.294 (1:27.119) | 32:43.234 (1:28.940) | 34:11.793 (1:28.559) |
| | 35:23.584 (1:11.792) | | | |
| 5 | Jonah Thiele | FR Dakota State | 35:34.48 | 4 |
| | 1:30.179 (1:30.179) | 2:57.097 (1:26.918) | 4:21.354 (1:24.258) | 5:43.679 (1:22.325) |
| | 7:02.601 (1:18.922) | 8:22.263 (1:19.663) | 9:43.142 (1:20.879) | 11:05.204 (1:22.063) |
| | 12:28.231 (1:23.027) | 13:50.064 (1:21.834) | 15:14.367 (1:24.303) | 16:40.056 (1:25.689) |
| | 18:06.339 (1:26.284) | 19:31.477 (1:25.138) | 20:57.306 (1:25.829) | 22:24.706 (1:27.400) |
| | 23:52.544 (1:27.839) | 25:19.991 (1:27.447) | 26:48.669 (1:28.679) | 28:18.357 (1:29.688) |
| | 29:46.911 (1:28.554) | 31:14.041 (1:27.130) | 32:43.182 (1:29.142) | 34:12.569 (1:29.388) |
| | 35:34.474 (1:21.905) | | | |
| 6 | Joshua Tucker | FR Dakota State | 36:20.14 | 3 |
| | 1:29.871 (1:29.871) | 2:56.514 (1:26.644) | 4:20.849 (1:24.335) | 5:43.151 (1:22.302) |
| | 7:01.898 (1:18.748) | 8:20.474 (1:18.577) | 9:41.498 (1:21.024) | 11:04.194 (1:22.697) |
| | 12:27.978 (1:23.784) | 13:49.938 (1:21.960) | 15:14.222 (1:24.284) | 16:40.128 (1:25.907) |
| | 18:07.011 (1:26.883) | 19:31.267 (1:24.257) | 20:57.452 (1:26.185) | 22:25.937 (1:28.485) |
| | 23:55.147 (1:29.210) | 25:28.619 (1:33.473) | 27:03.301 (1:34.682) | 28:37.341 (1:34.040) |
| | 30:12.396 (1:35.055) | 31:47.237 (1:34.842) | 33:22.553 (1:35.317) | 34:52.231 (1:29.678) |
| | 36:20.132 (1:27.902) | | | |
| 7 | Tyrel Ackman | SR Dickinson St. | 38:25.57 | 2 |
| | 1:30.339 (1:30.339) | 2:57.554 (1:27.215) | 4:22.841 (1:25.287) | 5:49.732 (1:26.892) |
| | 7:20.638 (1:30.907) | 8:52.154 (1:31.517) | 10:23.758 (1:31.604) | 11:56.553 (1:32.795) |
| | 13:29.577 (1:33.024) | 15:02.836 (1:33.259) | 16:36.166 (1:33.330) | 18:09.006 (1:32.840) |
| | 19:42.137 (1:33.132) | 21:16.424 (1:34.288) | 22:50.037 (1:33.613) | 24:24.693 (1:34.657) |
| | 25:58.808 (1:34.115) | 27:34.049 (1:35.242) | 29:07.718 (1:33.669) | 30:42.794 (1:35.077) |
| | 32:16.642 (1:33.848) | 33:51.162 (1:34.520) | 35:26.073 (1:34.912) | 36:58.048 (1:31.975) |
| | 38:25.568 (1:27.520) | | | |

Event 9 Men 110 Meter Hurdles

| Name | Year School | Finals | Wind | H# | Points |
|-----------------------|----------------------|--------|------|----|--------|
| 1 Jalen Anderson | SR Viterbo | 14.53 | 1.6 | 2 | 10 |
| 2 Treshawn Roberts | SR Dakota State | 14.64 | 1.6 | 2 | 8 |
| 3 Jorge Olivo Cabrera | SR Waldorf | 14.88 | 1.6 | 2 | 6 |
| 4 Brandon Ferguson | FR Viterbo | 15.33 | 1.6 | 2 | 5 |
| 5 Avin Smith | FR Viterbo | 15.66 | 1.6 | 2 | 4 |
| 6 Clay Kummer | SR Valley City State | 16.21 | 1.6 | 2 | 3 |
| 7 Tysen Grinde | FR Dakota State | 16.33 | 2.5 | 1 | 2 |
| 8 Caleb Roberts | SR Dakota State | 16.38 | 2.5 | 1 | 1 |
| 9 Kingsley Freeman | FR Valley City State | 17.19 | 2.5 | 1 | |

Event 10 Men 400 Meter Hurdles

| Name | Year School | Finals | Points |
|-----------------------|----------------------|--------|--------|
| 1 Jorge Olivo Cabrera | SR Waldorf | 57.43 | 10 |
| 2 Clay Kummer | SR Valley City State | 57.48 | 8 |
| 3 Avin Smith | FR Viterbo | 58.02 | 6 |

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....Event 10 Men 400 Meter Hurdles

| | | | |
|--------------------|------------------|---------|---|
| 4 Treshawn Roberts | SR Dakota State | 59.63 | 5 |
| 5 Carl Askins | SO Dickinson St. | 1:00.01 | 4 |
| 6 Caleb Roberts | SR Dakota State | 1:00.03 | 3 |
| 7 Nolan Reynolds | JR Waldorf | 1:00.16 | 2 |
| 8 Bryant Paulsen | SO Dakota State | 1:05.96 | 1 |

Event 11 Men 4x100 Meter Relay

| School | | Finals | Points |
|--------|---------------------------|--------|---------------|
| 1 | Viterbo | 42.95 | 10 |
| | 1) Jalen Anderson SR | | |
| | 2) Nathan Schlough FR | | |
| | 3) Brandon Ferguson FR | | |
| | 4) Dominic Marken JR | | |
| 2 | Waldorf | 43.92 | 8 |
| | 1) Robert Beal FR | | |
| | 2) Jorge Olivo Cabrera SR | | |
| | 3) Robay Birri FR | | |
| | 4) Xzayvier Horton SO | | |
| 3 | Dickinson St. | 44.98 | 6 |
| | 1) Jackson Whicker FR | | |
| | 2) Mustafa Taylor SO | | |
| | 3) Hayden Lockie JR | | |
| | 4) Carl Askins SO | | |
| 4 | Valley City State | 48.38 | 5 |
| | 1) Aaron Cutshall FR | | |
| | 2) Mohammed Dukuly FR | | |
| | 3) Kingsley Freeman FR | | |
| | 4) Omarion Brown FR | | |
| -- | Dakota State | DQ | out of zone 3 |
| | 1) Willie Hutchins SO | | |
| | 2) Hudson Fix FR | | |
| | 3) Lukas Bennett FR | | |
| | 4) Tramayne Black FR | | |

Event 12 Men 4x400 Meter Relay

| School | | Finals | Points |
|--------|---------------------------|-------------------|-------------------|
| 1 | Dakota State | 3:23.73 | 10 |
| | 1) Evan Armstrong FR | | |
| | 2) Evan Slominski SR | | |
| | 3) Curtis Johnson SO | | |
| | 4) Nolan Slominski FR | | |
| | 1:43.036 (1:43.036) | 2:34.829 (51.793) | 3:23.721 (48.893) |
| 2 | Dickinson St. | 3:27.36 | 8 |
| | 1) Nick Paige JR | | |
| | 2) Hayden Lockie JR | | |
| | 3) Carl Askins SO | | |
| | 4) Fynn Krenz FR | | |
| | 1:44.779 (1:44.779) | 2:37.415 (52.637) | 3:27.354 (49.939) |
| 3 | Viterbo | 3:29.15 | 6 |
| | 1) Jalen Anderson SR | | |
| | 2) Brayden Bradway FR | | |
| | 3) Ben Olson SO | | |
| | 4) Avin Smith FR | | |
| | 1:46.044 (1:46.044) | 2:37.824 (51.780) | 3:29.141 (51.318) |
| 4 | Waldorf | 3:31.55 | 5 |
| | 1) Xzayvier Horton SO | | |
| | 2) Jorge Olivo Cabrera SR | | |
| | 3) Robert Beal FR | | |
| | 4) Marcel Smith JR | | |
| | 1:45.773 (1:45.773) | 2:37.335 (51.563) | 3:31.544 (54.209) |
| 5 | Valley City State | 3:40.15 | 4 |
| | 1) Clay Kummer SR | | |
| | 2) Mason Brehmer SO | | |
| | 3) Isaac Eichhorst SO | | |
| | 4) Omarion Brown FR | | |
| | 1:49.220 (1:49.220) | 2:45.821 (56.602) | 3:40.145 (54.324) |

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Event 13 Men 4x800 Meter Relay

| School | Finals | Points |
|---|-------------------------|--------|
| 1 Dakota State | 8:01.91 | 10 |
| 1) Roger Oliete Tejedor SO | 2) Tyler Nicke FR | |
| 3) Evan Slominski SR | 4) Curtis Johnson SO | |
| 2:01.750 (2:01.750) 4:02.683 (2:00.933) 6:05.952 (2:03.269) | 8:01.910 (1:55.958) | |
| 2 Dickinson St. | 8:10.66 | 8 |
| 1) Fynn Krenz FR | 2) Hudson Atkinson SO | |
| 3) Griffin Obrigewitch JR | 4) Caleb Sarsland FR | |
| 2:07.540 (2:07.540) 4:13.116 (2:05.576) 6:09.902 (1:56.786) | 8:10.660 (2:00.758) | |
| 3 Bellevue | 8:36.49 | 6 |
| 1) Saba Khvichava SR | 2) Griffin Kipchumba FR | |
| 3) Robert Siford FR | 4) Richard Marcoux SR | |
| 2:01.071 (2:01.071) 4:08.790 (2:07.719) 6:20.792 (2:12.002) | 8:36.486 (2:15.694) | |
| 4 Valley City State | 9:00.78 | 5 |
| 1) Isaac Eichhorst SO | 2) Mason Brehmer SO | |
| 3) Jaxsyn Olson SO | 4) Garet Hoke JR | |
| 2:15.856 (2:15.856) 4:23.141 (2:07.285) 6:41.861 (2:18.720) | 9:00.779 (2:18.918) | |
| 5 Waldorf | 9:17.27 | 4 |
| 1) Andrew Huber SR | 2) Nolan Reynolds JR | |
| 3) Brunelson Dominique SO | 4) Javontay Harper FR | |
| 2:09.522 (2:09.522) 4:23.889 (2:14.367) 6:43.858 (2:19.969) | 9:17.268 (2:33.410) | |

Event 14 Men Long Jump

| Name | Year School | Finals | Wind | H# | Points |
|---|---------------------------------------|------------|------|----------|--------|
| 1 Aaron Cutshall | FR Valley City State | 6.88m | 2.0 | 22-07.00 | 2 10 |
| 6.55m(2.7) FOUL | FOUL 6.73m(1.8) 6.88m(2.0) | 6.78m(2.2) | | | |
| 2 Colin Adams | SO Viterbo | 6.82m | 4.7 | 22-04.50 | 2 8 |
| 6.47m(2.6) FOUL | 6.69m(5.1) FOUL 6.66m(2.8) | 6.82m(4.7) | | | |
| 3 Jaiden Peraza | SO Valley City State | 6.70m | 3.6 | 21-11.75 | 2 6 |
| 6.70m(3.6) 6.57m(5.0) 6.50m(1.6) 6.69m(1.6) FOUL | 6.65m(4.7) | | | | |
| 4 Marquis Simpson | FR Waldorf | 6.58m | 2.7 | 21-07.25 | 1 5 |
| 6.04m(3.4) 6.58m(2.7) 6.29m(4.2) 6.52m(3.3) 6.31m(2.6) 6.09m(3.3) | | | | | |
| 5 Treshawn Roberts | SR Dakota State | 6.47m | 3.4 | 21-02.75 | 2 4 |
| 6.24m(2.0) FOUL | FOUL 6.36m(3.9) 6.47m(3.4) 6.35m(4.7) | | | | |
| 6 Nathan Ingalls | SR Dakota State | 6.42m | 2.1 | 21-00.75 | 2 3 |
| 6.02m(3.0) 5.81m(2.1) 6.24m(3.0) 5.82m(2.2) 6.21m(4.2) 6.42m(2.1) | | | | | |
| 7 Cameron Champagnie | FR Valley City State | 6.22m | 2.2 | 20-05.00 | 2 2 |
| 6.12m(1.9) 5.98m(3.7) FOUL | 6.22m(2.2) 6.10m(2.5) 5.77m(2.9) | | | | |
| 8 Dominic Marken | JR Viterbo | 6.17m | 2.8 | 20-03.00 | 1 1 |
| 6.05m(3.5) 5.80m(3.8) 6.14m(3.6) 6.06m(4.7) 6.01m(3.6) 6.17m(2.8) | | | | | |
| 9 Kingsley Freeman | FR Valley City State | 6.10m | 2.7 | 20-00.25 | 1 |
| FOUL 6.08m(3.6) FOUL | FOUL 6.10m(2.7) FOUL | | | | |
| 10 CJ Stinson | FR Dickinson St. | 6.06m | 3.7 | 19-10.75 | 2 |
| FOUL FOUL 6.06m(3.7) | | | | | |
| 11 Jalen Strickland | SO Valley City State | 5.69m | 2.6 | 18-08.00 | 1 |
| 5.69m(2.6) 5.64m(2.4) FOUL | | | | | |
| 12 Jared Kunze | FR Valley City State | 5.64m | 3.6 | 18-06.00 | 1 |
| FOUL 5.64m(3.6) FOUL | | | | | |
| 13 Caleb Roberts | SR Dakota State | 5.46m | 4.0 | 17-11.00 | 1 |
| 4.77m(3.5) FOUL | 5.46m(4.0) | | | | |

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Event 15 Men Triple Jump

| Name | Year | School | Finals | Wind | Points |
|----------------------|------|-------------------|---|------|-------------|
| 1 Nathan Ingalls | SR | Dakota State | 13.87m | -2.7 | 45-06.25 10 |
| | | | 13.32m(-1.6) 13.16m(-1.9) 13.50m(-3.1) 13.87m(-2.7) 13.71m(-2.2) 13.71m(-2.2) | | |
| 2 Cameron Champagnie | FR | Valley City State | 13.72m | -2.0 | 45-00.25 8 |
| | | | 13.72m(-2.0) FOUL 12.87m(-2.3) 13.26m(-1.3) 13.44m(-1.9) 13.56m(-1.8) | | |
| 3 CJ Stinson | FR | Dickinson St. | 13.30m | -2.2 | 43-07.75 6 |
| | | | 13.30m(-2.2) 13.19m(-2.4) 13.19m(-1.7) FOUL 13.22m(-2.6) 13.14m(-1.5) | | |
| 4 Jaiden Peraza | SO | Valley City State | 13.17m | -1.5 | 43-02.50 5 |
| | | | FOUL 12.94m(-1.4) FOUL 12.74m(-1.2) 12.85m(-1.9) 13.17m(-1.5) | | |
| 5 Aaron Cutshall | FR | Valley City State | 12.96m | -2.7 | 42-06.25 4 |
| | | | 12.86m(-3.5) 12.96m(-2.7) PASS 12.12m(-1.5) 12.33m(-3.5) FOUL | | |
| 6 Jalen Strickland | SO | Valley City State | 12.59m | -2.5 | 41-03.75 3 |
| | | | 12.02m(-3.5) 11.42m(-1.7) 12.59m(-2.5) 12.20m(-2.0) 12.23m(-2.4) 12.44m(-1.9) | | |
| 7 Corbin Mackaben | FR | Dakota State | 12.02m | -3.6 | 39-05.25 2 |
| | | | 12.02m(-3.6) FOUL PASS FOUL PASS FOUL | | |
| 8 Jared Kunze | FR | Valley City State | 11.65m | NWI | 38-02.75 1 |
| | | | 11.46m(-2.6) FOUL FOUL FOUL 11.65m(NWI) | | |
| -- Nathaniel Powell | JR | Viterbo | FOUL | | |
| | | | FOUL FOUL FOUL | | |
| -- Dominic Marken | JR | Viterbo | FOUL | | |
| | | | FOUL PASS PASS | | |

Event 16 Men High Jump

| Name | Year | School | Finals | Points |
|-------------------|------|-------------------|--|------------|
| 1 Tysen Grinde | FR | Dakota State | 2.02m | 6-07.50 10 |
| | | | 1.67 1.72 1.77 1.82 1.87 1.92 1.97 2.02 2.05 PPP PPP PPP PPP O XO XXO O XXX | |
| 2 Jaiden Peraza | SO | Valley City State | 1.97m | 6-05.50 8 |
| | | | 1.67 1.72 1.77 1.82 1.87 1.92 1.97 2.02 PPP PPP PPP PPP PPP XO XXO XXX | |
| 3 Colin Adams | SO | Viterbo | 1.92m | 6-03.50 6 |
| | | | 1.67 1.72 1.77 1.82 1.87 1.92 1.97 PPP PPP PPP O O O XXX | |
| 4 Dominic Marken | JR | Viterbo | J1.92m | 6-03.50 5 |
| | | | 1.67 1.72 1.77 1.82 1.87 1.92 1.97 PPP PPP PPP O XO XXO XXX | |
| 5 Marcel Smith | JR | Waldorf | 1.87m | 6-01.50 4 |
| | | | 1.67 1.72 1.77 1.82 1.87 1.92 PPP PPP XO XO O XXX | |
| 6 Marquis Simpson | FR | Waldorf | 1.82m | 5-11.50 3 |
| | | | 1.67 1.72 1.77 1.82 1.87 PPP PPP XO O XXX | |
| 7 Jace Kelley | FR | Dakota State | J1.82m | 5-11.50 2 |
| | | | 1.67 1.72 1.77 1.82 1.87 PPP O O XO XXX | |
| 8 Caden Gortmaker | SO | Dakota State | J1.82m | 5-11.50 1 |
| | | | 1.67 1.72 1.77 1.82 1.87 PPP PPP XO XO XXX | |
| 9 CJ Stinson | FR | Dickinson St. | J1.82m | 5-11.50 |
| | | | 1.67 1.72 1.77 1.82 1.87 PPP O O XXO XXX | |

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....Event 16 Men High Jump

| | | | | |
|----|--------------------------|----------------------|--------|---------|
| 9 | Jalen Strickland | SO Valley City State | J1.82m | 5-11.50 |
| | 1.67 1.72 1.77 1.82 1.87 | | | |
| | O O O XXO XXX | | | |
| 11 | Bryant Paulsen | SO Dakota State | 1.77m | 5-09.75 |
| | 1.67 1.72 1.77 1.82 | | | |
| | O O XXO XXX | | | |

Event 17 Men Pole Vault

| Name | Year School | Finals | Points |
|--------------------|---|-----------------|--------|
| 1 Brayden Bradway | FR Viterbo | 4.40m 14-05.25 | 10 |
| | 3.20 3.35 3.50 3.65 3.80 3.95 4.10 4.25 4.40 4.55 | | |
| | PPP PPP PPP PPP PPP PPP O O O XXX | | |
| 2 Adrien Calderon | FR Dickinson St. | J4.40m 14-05.25 | 8 |
| | 3.20 3.35 3.50 3.65 3.80 3.95 4.10 4.25 4.40 4.55 | | |
| | PPP PPP PPP PPP PPP PPP O O XO XXX | | |
| 3 Treshawn Roberts | SR Dakota State | 4.25m 13-11.25 | 6 |
| | 3.20 3.35 3.50 3.65 3.80 3.95 4.10 4.25 4.40 | | |
| | PPP PPP PPP PPP PPP O O XO XXX | | |
| 4 Caleb Roberts | SR Dakota State | 3.95m 12-11.50 | 5 |
| | 3.20 3.35 3.50 3.65 3.80 3.95 4.10 | | |
| | PPP PPP O PPP XO O XXX | | |
| 5 Chris Kistler | JR Dickinson St. | 3.65m 11-11.75 | 4 |
| | 3.20 3.35 3.50 3.65 3.80 | | |
| | PPP PPP PPP XXO XXX | | |
| 6 Nicolas Vollmar | SR Viterbo | 3.50m 11-05.75 | 3 |
| | 3.20 3.35 3.50 3.65 | | |
| | PPP XO O XXX | | |
| 7 Aaron Cutshall | FR Valley City State | 3.20m 10-06.00 | 2 |
| | 3.20 3.35 | | |
| | O XXX | | |
| -- Mikal Bennett | FR Dakota State | NH | |
| | 3.20 3.35 3.50 3.65 3.80 3.95 | | |
| | PPP PPP PPP PPP PPP XXX | | |
| -- Carl Askins | SO Dickinson St. | NH | |
| | 3.20 | | |
| | XXX | | |

Event 18 Men Shot Put

| Name | Year School | Finals | H# | Points |
|----------------------|---|-----------------|----|--------|
| 1 Wade Baker | SR Waldorf | 17.03m 55-10.50 | 2 | 10 |
| | 15.89m FOUL 17.03m 16.83m FOUL 16.03m | | | |
| 2 Nathan Woodruff | JR Dickinson St. | 16.02m 52-06.75 | 2 | 8 |
| | 13.62m FOUL FOUL FOUL 15.36m 16.02m | | | |
| 3 Galen Brantley III | JR Dickinson St. | 15.91m 52-02.50 | 2 | 6 |
| | 14.53m 15.13m 15.66m 15.66m 15.91m 15.58m | | | |
| 4 Dylan Dahlgren | SO Dickinson St. | 15.86m 52-00.50 | 2 | 5 |
| | 14.03m 15.71m FOUL 15.86m FOUL FOUL | | | |
| 5 James McClain | SR Dakota State | 15.32m 50-03.25 | 2 | 4 |
| | FOUL FOUL 14.56m 15.10m FOUL 15.32m | | | |

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....Event 18 Men Shot Put

| | | | | | | |
|----|---|----------------------|--------|----------|---|---|
| 6 | Corbin Harris | JR Dickinson St. | 15.23m | 49-11.75 | 2 | 3 |
| | 14.56m 14.79m FOUL 15.23m FOUL 15.05m | | | | | |
| 7 | TJ Moran | SO Dakota State | 14.13m | 46-04.25 | 2 | 2 |
| | 13.16m 14.13m FOUL FOUL FOUL 13.69m | | | | | |
| 8 | Zac Kuznia | FR Valley City State | 13.87m | 45-06.25 | 2 | 1 |
| | 13.11m 13.62m 13.69m 13.25m 13.20m 13.87m | | | | | |
| 9 | Dylan Johansen | SO Dakota State | 13.60m | 44-07.50 | 2 | |
| | 12.97m 13.51m FOUL 13.36m 13.60m FOUL | | | | | |
| 10 | Kacey Cauley | FR Dakota State | 12.78m | 41-11.25 | 1 | |
| | 12.78m 12.17m FOUL | | | | | |
| 11 | Jagger Dickman | SO Valley City State | 12.04m | 39-06.00 | 1 | |
| | 11.79m FOUL 12.04m | | | | | |
| 12 | Jackson Zastera | SR Dakota State | 12.02m | 39-05.25 | 1 | |
| | 12.02m FOUL FOUL | | | | | |
| 13 | Jacob Berg | SO Valley City State | 11.98m | 39-03.75 | 1 | |
| | 11.41m 11.54m 11.98m | | | | | |
| 14 | Andrew Winczewski | FR Valley City State | 11.13m | 36-06.25 | 1 | |
| | 11.13m 11.03m 10.45m | | | | | |
| 15 | Cody Frounfelter | JR Valley City State | 10.90m | 35-09.25 | 1 | |
| | 10.45m 10.90m FOUL | | | | | |
| 16 | Rodrigo Samayoa | SO Valley City State | 10.27m | 33-08.50 | 1 | |
| | 9.81m FOUL 10.27m | | | | | |
| -- | Brian Steger | SR Dickinson St. | FOUL | | | 1 |
| | FOUL FOUL FOUL | | | | | |
| -- | Lukus Mentele | SO Dakota State | FOUL | | | 1 |
| | FOUL FOUL FOUL | | | | | |

Event 19 Men Discus Throw

| ===== | | | | | | |
|-------|---|------------------|--------|--------|--------|----|
| Name | Year | School | Finals | H# | Points | |
| ===== | | | | | | |
| 1 | Wade Baker | SR Waldorf | 46.92m | 153-11 | 2 | 10 |
| | 46.92m 44.58m 42.28m FOUL FOUL FOUL | | | | | |
| 2 | Dylan Dahlgren | SO Dickinson St. | 45.35m | 148-09 | 2 | 8 |
| | 45.35m 45.03m FOUL FOUL FOUL FOUL | | | | | |
| 3 | Treshawn Roberts | SR Dakota State | 43.76m | 143-07 | 2 | 6 |
| | 33.53m 37.12m 43.76m FOUL 43.05m FOUL | | | | | |
| 4 | Jackson Zastera | SR Dakota State | 43.44m | 142-06 | 2 | 5 |
| | 43.44m FOUL FOUL FOUL FOUL FOUL | | | | | |
| 5 | Galen Brantley III | JR Dickinson St. | 43.06m | 141-03 | 2 | 4 |
| | FOUL 41.00m FOUL 41.08m 43.06m 40.01m | | | | | |
| 6 | Nathan Woodruff | JR Dickinson St. | 42.76m | 140-03 | 2 | 3 |
| | FOUL FOUL 39.20m 39.81m FOUL 42.76m | | | | | |
| 7 | James McClain | SR Dakota State | 42.07m | 138-00 | 2 | 2 |
| | FOUL FOUL 42.07m FOUL FOUL FOUL | | | | | |
| 8 | Lukus Mentele | SO Dakota State | 41.49m | 136-01 | 2 | 1 |
| | 40.59m 40.02m 41.49m 40.51m 41.28m FOUL | | | | | |
| 9 | Zachary Haugen | JR Dakota State | 41.15m | 135-00 | 1 | |
| | 40.41m 39.65m 41.15m FOUL FOUL 38.72m | | | | | |
| 10 | Corbin Harris | JR Dickinson St. | 38.72m | 127-00 | 1 | |
| | 37.53m FOUL 38.72m | | | | | |
| 11 | TJ Moran | SO Dakota State | 37.99m | 124-08 | 1 | |
| | 37.19m 37.68m 37.99m | | | | | |

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....Event 19 Men Discus Throw

| | | | | | |
|----|----------------------|----------------------|--------|--------|---|
| 12 | Jacob Berg | SO Valley City State | 36.15m | 118-07 | 1 |
| | 36.15m 34.34m FOUL | | | | |
| 13 | Jagger Dickman | SO Valley City State | 35.55m | 116-08 | 1 |
| | FOUL 35.55m FOUL | | | | |
| 14 | Brian Steger | SR Dickinson St. | 34.13m | 112-00 | 2 |
| | 34.13m FOUL FOUL | | | | |
| 15 | Andrew Winczewski | FR Valley City State | 33.00m | 108-03 | 1 |
| | 31.34m FOUL 33.00m | | | | |
| 16 | Rodrigo Samayoa | SO Valley City State | 32.01m | 105-00 | 1 |
| | 29.84m 32.01m 30.80m | | | | |
| 17 | Zac Kuznia | FR Valley City State | 31.76m | 104-02 | 1 |
| | 31.76m 30.84m 30.83m | | | | |
| 18 | Cody Frounfelter | JR Valley City State | 31.01m | 101-09 | 1 |
| | 30.71m 31.01m 30.85m | | | | |

Event 20 Men Hammer Throw

| Name | Year | School | Finals | H# | Points |
|----------------------|------|---|--------|--------|--------|
| 1 Wade Baker | SR | Waldorf | 57.24m | 187-09 | 2 10 |
| | | 54.52m FOUL 57.24m 54.73m 53.29m FOUL | | | |
| 2 Corbin Harris | JR | Dickinson St. | 53.67m | 176-01 | 2 8 |
| | | 50.53m 52.72m 53.67m FOUL FOUL FOUL | | | |
| 3 Dylan Dahlgren | SO | Dickinson St. | 52.67m | 172-10 | 2 6 |
| | | 51.55m FOUL 52.67m FOUL 52.41m FOUL | | | |
| 4 Nathan Woodruff | JR | Dickinson St. | 50.52m | 165-09 | 2 5 |
| | | 50.52m FOUL 50.22m 50.20m FOUL 49.94m | | | |
| 5 Zachary Haugen | JR | Dakota State | 49.43m | 162-02 | 2 4 |
| | | FOUL 47.19m 49.20m 49.43m FOUL FOUL | | | |
| 6 Jackson Zastera | SR | Dakota State | 48.24m | 158-03 | 2 3 |
| | | FOUL 48.24m 47.27m FOUL 47.21m FOUL | | | |
| 7 Galen Brantley III | JR | Dickinson St. | 47.95m | 157-04 | 2 2 |
| | | 44.68m 46.56m 47.95m 47.61m FOUL FOUL | | | |
| 8 Houston Lunde | JR | Dakota State | 45.18m | 148-03 | 1 1 |
| | | 43.56m FOUL 43.21m 43.27m 45.18m 44.19m | | | |
| 9 Kacey Cauley | FR | Dakota State | 44.50m | 146-00 | 2 |
| | | 44.50m FOUL FOUL FOUL FOUL | | | |
| 10 Luke Borowicz | FR | Dakota State | 42.52m | 139-06 | 1 |
| | | 42.52m 42.41m FOUL | | | |
| 11 Gunnar Chamley | FR | Dakota State | 41.52m | 136-03 | 1 |
| | | FOUL 41.52m FOUL | | | |
| 12 Jagger Dickman | SO | Valley City State | 38.98m | 127-11 | 1 |
| | | 38.98m FOUL FOUL | | | |
| 13 Rodrigo Samayoa | SO | Valley City State | 38.72m | 127-00 | 1 |
| | | 36.81m 37.16m 38.72m | | | |
| 14 Andrew Winczewski | FR | Valley City State | 34.96m | 114-08 | 1 |
| | | 34.69m 33.51m 34.96m | | | |
| 15 Jacob Berg | SO | Valley City State | 33.97m | 111-05 | 1 |
| | | 33.66m 32.90m 33.97m | | | |
| -- Brian Steger | SR | Dickinson St. | FOUL | | 2 |
| | | FOUL FOUL FOUL | | | |
| -- Cody Frounfelter | JR | Valley City State | FOUL | | 1 |
| | | FOUL FOUL FOUL | | | |

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Results****Event 21 Men Javelin Throw**

| Name | Year | School | Finals | H# | Points |
|---|------|-------------------|--------|--------|--------|
| 1 Gabe Holderby | SO | Viterbo | 53.43m | 175-03 | 2 10 |
| 51.42m 50.40m 53.43m 50.94m FOUL FOUL | | | | | |
| 2 Avin Smith | FR | Viterbo | 48.26m | 158-04 | 2 8 |
| 48.26m FOUL 47.14m 43.18m FOUL 40.73m | | | | | |
| 3 Treshawn Roberts | SR | Dakota State | 45.97m | 150-10 | 2 6 |
| 41.13m 44.40m FOUL 45.80m FOUL 45.97m | | | | | |
| 4 Nolan Reynolds | JR | Waldorf | 42.66m | 139-11 | 2 5 |
| FOUL FOUL 42.66m 31.47m FOUL 40.57m | | | | | |
| 5 Xander Sheehan | SO | Dakota State | 42.63m | 139-10 | 2 4 |
| FOUL 36.94m FOUL FOUL FOUL 42.63m | | | | | |
| 6 Caden Gortmaker | SO | Dakota State | 41.24m | 135-04 | 2 3 |
| 41.24m 40.79m 38.90m FOUL 39.85m 38.69m | | | | | |
| 7 Jacob Berg | SO | Valley City State | 40.14m | 131-08 | 1 2 |
| 40.14m FOUL 36.53m FOUL 35.59m FOUL | | | | | |
| 8 Ben Olson | SO | Viterbo | 39.70m | 130-03 | 1 1 |
| 32.33m 39.70m FOUL 33.83m 34.65m 36.53m | | | | | |
| 9 Tysen Grinde | FR | Dakota State | 38.61m | 126-08 | 2 |
| 38.61m 36.63m FOUL FOUL FOUL 37.62m | | | | | |
| 10 Nathaniel Powell | JR | Viterbo | 35.21m | 115-06 | 1 |
| 35.21m FOUL FOUL | | | | | |
| 11 James McClain | SR | Dakota State | 33.28m | 109-02 | 1 |
| 32.22m 33.28m FOUL | | | | | |
| 12 Keegan Hensley | FR | Dakota State | 32.56m | 106-10 | 1 |
| 28.39m 32.56m FOUL | | | | | |

Event 22 Men Decathlon

| Name | Year | School | Finals | H# | Points |
|--------------------|------|---------------|--------|----|--------|
| 1 Treshawn Roberts | SR | Dakota State | 6611 | | 10 |
| 2 Tysen Grinde | FR | Dakota State | 5707 | | 8 |
| 3 Caden Gortmaker | SO | Dakota State | 5276 | | 6 |
| 4 Caleb Roberts | SR | Dakota State | 4885 | | 5 |
| 5 Nolan Reynolds | JR | Waldorf | 4636 | | 4 |
| 6 Carl Askins | SO | Dickinson St. | 4356 | | 3 |

Event 22 Decathlon: #1 Men 100 Meter Dash Decathlon

| Name | Year | School | Finals | Wind | Points |
|--------------------|------|---------------|--------|------|--------|
| 1 Treshawn Roberts | SR | Dakota State | 11.09 | 1.8 | 841 |
| 2 Caleb Roberts | SR | Dakota State | 11.24 | 1.8 | 808 |
| 3 Carl Askins | SO | Dickinson St. | 11.49 | 1.8 | 755 |
| 4 Tysen Grinde | FR | Dakota State | 11.51 | 1.8 | 750 |
| 5 Nolan Reynolds | JR | Waldorf | 11.82 | 1.8 | 687 |
| 6 Caden Gortmaker | SO | Dakota State | 12.17 | 1.8 | 618 |

Event 22 Decathlon: #2 Men Long Jump Decathlon

| Name | Year | School | Finals | Wind | Points |
|------|------|--------|--------|------|--------|
|------|------|--------|--------|------|--------|

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....Event 22 Decathlon: #2 Men Long Jump Decathlon

| | | | | | | |
|---|-------------------------------------|------------------|-------|------|----------|-----|
| 1 | Treshawn Roberts | SR Dakota State | 6.46m | -1.4 | 21-02.50 | 688 |
| | 6.46m(-1.4) 6.32m(-2.5) 6.45m(-1.3) | | | | | |
| 2 | Tysen Grinde | FR Dakota State | 6.08m | -2.7 | 19-11.50 | 604 |
| | 5.57m(-2.2) FOUL 6.08m(-2.7) | | | | | |
| 3 | Caleb Roberts | SR Dakota State | 6.05m | -2.6 | 19-10.25 | 597 |
| | 6.05m(-2.6) FOUL FOUL | | | | | |
| 4 | Caden Gortmaker | SO Dakota State | 5.98m | -2.3 | 19-07.50 | 582 |
| | 5.63m(-2.8) 5.63m(-2.9) 5.98m(-2.3) | | | | | |
| 5 | Nolan Reynolds | JR Waldorf | 5.73m | -1.8 | 18-09.75 | 529 |
| | FOUL 5.71m(-1.9) 5.73m(-1.8) | | | | | |
| 6 | Carl Askins | SO Dickinson St. | 5.60m | -4.1 | 18-04.50 | 502 |
| | 5.57m(-1.9) 5.60m(-4.1) 5.59m(-1.4) | | | | | |

Event 22 Decathlon: #3 Men Shot Put Decathlon

| Name | Year School | Finals | Points |
|--------------------|------------------|--------------------|--------|
| 1 Treshawn Roberts | SR Dakota State | 12.70m 41-08.00 | 649 |
| | | 12.21m 12.70m FOUL | |
| 2 Tysen Grinde | FR Dakota State | 10.00m 32-09.75 | 486 |
| | | 9.76m 10.00m 9.98m | |
| 3 Nolan Reynolds | JR Waldorf | 9.84m 32-03.50 | 476 |
| | | 9.84m 9.38m 9.07m | |
| 4 Carl Askins | SO Dickinson St. | 9.53m 31-03.25 | 457 |
| | | 8.88m FOUL 9.53m | |
| 5 Caden Gortmaker | SO Dakota State | 9.05m 29-08.25 | 429 |
| | | 9.05m 8.82m 9.04m | |
| 6 Caleb Roberts | SR Dakota State | 8.23m 27-00.00 | 380 |
| | | 7.89m 8.23m FOUL | |

Event 22 Decathlon: #4 Men High Jump Decathlon

| Name | Year School | Finals | Points |
|--------------------|------------------|---|--------|
| 1 Tysen Grinde | FR Dakota State | 1.95m 6-04.75 | 758 |
| | | 1.53 1.56 1.59 1.62 1.65 1.68 1.71 1.74 1.77 1.80 1.83 1.86 1.89 1.92 1.95 1.98 2.01 2.04 | |
| | | PPP PPP PPP PPP PPP PPP XO PPP PPP O PPP O XO O XO PPP PPP XXX | |
| 2 Treshawn Roberts | SR Dakota State | 1.92m 6-03.50 | 731 |
| | | 1.47 1.50 1.53 1.56 1.59 1.62 1.65 1.68 1.71 1.74 1.77 1.80 1.83 1.86 1.89 1.92 1.95 | |
| | | PPP PPP PPP PPP PPP PPP PPP PPP O PPP PPP O PPP O O XO XXX | |
| 3 Caden Gortmaker | SO Dakota State | 1.89m 6-02.25 | 705 |
| | | 1.47 1.50 1.53 1.56 1.59 1.62 1.65 1.68 1.71 1.74 1.77 1.80 1.83 1.86 1.89 1.92 | |
| | | PPP PPP PPP PPP PPP PPP O PPP PPP XO PPP XO PPP XO XXO XXX | |
| 4 Nolan Reynolds | JR Waldorf | 1.68m 5-06.00 | 528 |
| | | 1.47 1.50 1.53 1.56 1.59 1.62 1.65 1.68 1.71 | |
| | | PPP O PPP XXO XO O O O XXX | |
| 5 Caleb Roberts | SR Dakota State | 1.65m 5-05.00 | 504 |
| | | 1.47 1.50 1.53 1.56 1.59 1.62 1.65 1.68 | |
| | | PPP O XO O XO O XO XXX | |
| 6 Carl Askins | SO Dickinson St. | 1.47m 4-09.75 | 367 |
| | | 1.47 1.50 | |
| | | O XXX | |

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Event 22 Decathlon: #5 Men 400 Meter Dash Decathlon

| Name | Year School | Finals | Points |
|--------------------|------------------|--------|--------|
| 1 Carl Askins | SO Dickinson St. | 52.63 | 697 |
| 2 Treshawn Roberts | SR Dakota State | 53.14 | 676 |
| 3 Nolan Reynolds | JR Waldorf | 54.31 | 627 |
| 4 Tysen Grinde | FR Dakota State | 54.34 | 626 |
| 5 Caleb Roberts | SR Dakota State | 54.92 | 602 |
| 6 Caden Gortmaker | SO Dakota State | 56.60 | 536 |

Event 22 Decathlon: #6 Men 110 Meter Hurdles Decathlon

| Name | Year School | Finals | Wind H# | Points |
|--------------------|------------------|--------|---------|--------|
| 1 Treshawn Roberts | SR Dakota State | 15.30 | 1.5 2 | 814 |
| 2 Tysen Grinde | FR Dakota State | 16.49 | 0.3 1 | 679 |
| 3 Carl Askins | SO Dickinson St. | 17.96 | 0.3 1 | 528 |
| 4 Caleb Roberts | SR Dakota State | 18.51 | 0.3 1 | 476 |
| 5 Nolan Reynolds | JR Waldorf | 19.22 | 1.5 2 | 413 |
| 6 Caden Gortmaker | SO Dakota State | 19.63 | 1.5 2 | 379 |

Event 22 Decathlon: #7 Men Discus Throw Decathlon

| Name | Year School | Finals | Points |
|--|------------------|--------|------------|
| 1 Treshawn Roberts 36.06m 31.70m FOUL | SR Dakota State | 36.06m | 118-04 585 |
| 2 Caden Gortmaker 28.68m 25.24m FOUL | SO Dakota State | 28.68m | 94-01 439 |
| 3 Nolan Reynolds 23.91m FOUL FOUL | JR Waldorf | 23.91m | 78-05 346 |
| 4 Tysen Grinde 22.97m FOUL 20.07m | FR Dakota State | 22.97m | 75-04 328 |
| 5 Caleb Roberts FOUL 18.94m FOUL | SR Dakota State | 18.94m | 62-02 252 |
| 6 Carl Askins 16.48m 13.67m 14.73m | SO Dickinson St. | 16.48m | 54-01 207 |

Event 22 Decathlon: #8 Men Pole Vault Decathlon

| Name | Year School | Finals | Points |
|---|-----------------|--------|--------------|
| 1 Treshawn Roberts 2.80 2.90 3.00 3.10 3.20 3.30 3.40 3.50 3.60 3.70 3.80 3.90 4.00 4.10 4.20 4.30 4.40 4.50 PPP PPP PPP PPP PPP PPP PPP PPP PPP PPP PPP PPP PPP O PPP XO O XXX | SR Dakota State | 4.40m | 14-05.25 731 |
| 2 Caleb Roberts 2.50 2.60 2.70 2.80 2.90 3.00 3.10 3.20 3.30 3.40 3.50 3.60 3.70 3.80 3.90 4.00 4.10 4.20 PPP PPP PPP PPP PPP O PPP PPP O PPP O PPP XO XXO O XXO XXX | SR Dakota State | 4.10m | 13-05.25 645 |
| 3 Caden Gortmaker 2.50 2.60 2.70 2.80 2.90 3.00 3.10 3.20 3.30 3.40 3.50 3.60 3.70 PPP PPP O PPP PPP O PPP PPP O PPP XO XO XXX | SO Dakota State | 3.60m | 11-09.75 509 |
| 4 Tysen Grinde 2.50 2.60 2.70 2.80 2.90 3.00 3.10 O O XO O O XXO XXX | FR Dakota State | 3.00m | 9-10.00 357 |

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....Event 22 Decathlon: #8 Men Pole Vault Decathlon

| | | |
|-------------------|------------------|----|
| -- Nolan Reynolds | JR Waldorf | NH |
| 2.50 | | |
| XXX | | |
| -- Carl Askins | SO Dickinson St. | NH |
| 2.50 2.60 2.70 | | |
| PPP PPP XXX | | |

Event 22 Decathlon: #9 Men Javelin Throw Decathlon

| Name | Year School | Finals | Points |
|----------------------|------------------|--------|------------|
| 1 Treshawn Roberts | SR Dakota State | 46.68m | 153-02 540 |
| 46.68m FOUL 45.60m | | | |
| 2 Tysen Grinde | FR Dakota State | 43.62m | 143-01 495 |
| 41.69m 43.62m 42.84m | | | |
| 3 Nolan Reynolds | JR Waldorf | 42.77m | 140-04 482 |
| 42.77m 41.17m 41.06m | | | |
| 4 Caden Gortmaker | SO Dakota State | 40.89m | 134-02 455 |
| 37.57m 34.60m 40.89m | | | |
| 5 Carl Askins | SO Dickinson St. | 29.17m | 95-08 288 |
| 25.82m 28.41m 29.17m | | | |
| 6 Caleb Roberts | SR Dakota State | 27.72m | 90-11 267 |
| 25.90m 27.31m 27.72m | | | |

Event 22 Decathlon: #10 Men 1500 Meter Run Decathlon

| Name | Year School | Finals | Points |
|--------------------|------------------|---------|--------|
| 1 Tysen Grinde | FR Dakota State | 4:49.11 | 624 |
| 2 Caden Gortmaker | SO Dakota State | 4:49.19 | 624 |
| 3 Carl Askins | SO Dickinson St. | 5:00.77 | 555 |
| 4 Nolan Reynolds | JR Waldorf | 5:02.11 | 548 |
| 5 Treshawn Roberts | SR Dakota State | 5:39.07 | 356 |
| 6 Caleb Roberts | SR Dakota State | 5:39.53 | 354 |

**Event 23 Women 100 Meter Dash
Top 8 Advance by Time**

| Name | Year School | Prelims | Wind | H# |
|-------------------|----------------------|---------|------|----|
| Preliminaries | | | | |
| 1 Braylee Hyatt | FR Viterbo | 12.23q | 3.9 | 1 |
| 2 Claudia Schunk | SR Viterbo | 12.27q | 3.7 | 2 |
| 3 Jewel Olson | SR Dickinson St. | 12.30q | 3.7 | 2 |
| 4 Molli Thornton | FR Dakota State | 12.34q | 3.9 | 1 |
| 5 Olivia Wingo | JR Viterbo | 12.43q | 3.9 | 1 |
| 6 Karina Olson | FR Valley City State | 12.47q | 3.9 | 1 |
| 7 Grace Peyron | SR Viterbo | 12.61q | 3.9 | 1 |
| 8 Bethany Lawson | FR Dakota State | 12.64q | 3.7 | 2 |
| 9 Kaylee McLeod | FR Viterbo | 12.65 | 3.7 | 2 |
| 10 Amelie Steins | FR Dakota State | 12.66 | 3.7 | 2 |
| 11 Lily Baldwin | SR Valley City State | 12.68 | 3.7 | 2 |
| 12 Lillia Chvatal | FR Viterbo | 12.84 | 3.7 | 2 |
| 13 Shanti Adams | JR Valley City State | 13.31 | 3.9 | 1 |

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....Event 23 Women 100 Meter Dash

| | | | | |
|---------------------|-----------------|-------|-----|---|
| 14 Summer Hayes | FR Waldorf | 13.70 | 3.7 | 2 |
| 15 Bridget Bartling | FR Dakota State | 14.07 | 3.9 | 1 |

Event 23 Women 100 Meter Dash

| Name | Year School | Finals | Wind | Points |
|------------------|----------------------|--------|------|--------|
| Finals | | | | |
| 1 Claudia Schunk | SR Viterbo | 12.12 | 3.1 | 10 |
| 2 Braylee Hyatt | FR Viterbo | 12.23 | 3.1 | 8 |
| 3 Olivia Wingo | JR Viterbo | 12.29 | 3.1 | 6 |
| 4 Molli Thornton | FR Dakota State | 12.32 | 3.1 | 5 |
| 5 Jewel Olson | SR Dickinson St. | 12.56 | 3.1 | 4 |
| 6 Karina Olson | FR Valley City State | 12.59 | 3.1 | 3 |
| 7 Grace Peyron | SR Viterbo | 12.61 | 3.1 | 2 |
| 8 Bethany Lawson | FR Dakota State | 12.87 | 3.1 | 1 |

Event 24 Women 200 Meter Dash

| Name | Year School | Finals | Wind | H# | Points |
|-----------------------------|----------------------|--------|------|----|--------|
| 1 Jewel Olson | SR Dickinson St. | 25.69 | 5.6 | 3 | 10 |
| 2 Claudia Schunk | SR Viterbo | 25.86 | 5.6 | 3 | 8 |
| 3 Molli Thornton | FR Dakota State | 25.98 | 5.6 | 3 | 6 |
| 4 Kaitlyn McColly | JR Dickinson St. | 26.22 | 5.6 | 3 | 5 |
| 5 Braylee Hyatt | FR Viterbo | 26.49 | 5.6 | 3 | 4 |
| 6 Grace Peyron | SR Viterbo | 26.57 | 5.6 | 3 | 3 |
| 7 Karina Olson | FR Valley City State | 26.58 | 4.0 | 2 | 2 |
| 8 Pearla-Teko Folly | FR Viterbo | 26.81 | 4.0 | 2 | 1 |
| 9 Lily Baldwin | SR Valley City State | 26.95 | 5.6 | 3 | |
| 10 Amelie Steins | FR Dakota State | 27.05 | 4.0 | 2 | |
| 11 Kaylee McLeod | FR Viterbo | 27.24 | 4.0 | 2 | |
| 12 Bethany Lawson | FR Dakota State | 27.61 | 5.6 | 3 | |
| 13 Catherine Clarke-Ashford | SR Waldorf | 27.73 | 4.0 | 2 | |
| 14 Jayna Schema | FR Viterbo | 27.82 | 4.0 | 2 | |
| 15 Shanti Adams | JR Valley City State | 28.23 | 4.0 | 2 | |
| 16 Bridget Bartling | FR Dakota State | 28.69 | 3.4 | 1 | |
| 17 Summer Hayes | FR Waldorf | 29.41 | 3.4 | 1 | |
| 18 Shakiera Gronenthal | SO Dakota State | 30.18 | 3.4 | 1 | |

Event 25 Women 400 Meter Dash

| Name | Year School | Finals | H# | Points |
|----------------------------|------------------|---------|----|--------|
| 1 Jewel Olson | SR Dickinson St. | 57.15 | 2 | 10 |
| 2 Kara Reed | SO Dickinson St. | 58.48 | 1 | 8 |
| 3 Kaitlyn McColly | JR Dickinson St. | 59.05 | 1 | 6 |
| 4 Molli Thornton | FR Dakota State | 59.92 | 2 | 5 |
| 5 Claudia Schunk | SR Viterbo | 1:00.37 | 1 | 4 |
| 6 Eliza McKown | SO Waldorf | 1:00.63 | 2 | 3 |
| 7 Lainey Teynor | SO Viterbo | 1:01.67 | 2 | 2 |
| 8 Bethany Lawson | FR Dakota State | 1:02.44 | 2 | 1 |
| 9 Catherine Clarke-Ashford | SR Waldorf | 1:02.46 | 2 | |
| 10 Mackenzie Geers | FR Viterbo | 1:02.49 | 2 | |

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Dan Beacom Track and Soccer Complex
Results

....Event 25 Women 400 Meter Dash

| | | | | |
|----|---------------------|------------------|---------|---|
| 11 | Kyley Barnett | SO Dickinson St. | 1:02.61 | 1 |
| 12 | Ashley Veronen | JR Viterbo | 1:04.14 | 1 |
| 13 | Jayna Schema | FR Viterbo | 1:05.25 | 1 |
| 14 | Lauren Cole | SO Viterbo | 1:11.10 | 1 |
| 15 | Shakiera Gronenthal | SO Dakota State | 1:11.44 | 1 |

Event 26 Women 800 Meter Run

| Name | Year School | Finals | H# | Points |
|---------------------|----------------------|---------|----|--------|
| 1 Anna Schneider | FR Dakota State | 2:24.48 | 2 | 10 |
| 1:15.823 (1:15.823) | 2:24.476 (1:08.653) | | | |
| 2 Tori Gerber | SR Viterbo | 2:25.59 | 2 | 8 |
| 1:15.513 (1:15.513) | 2:25.590 (1:10.077) | | | |
| 3 Eliza McKown | SO Waldorf | 2:25.98 | 2 | 6 |
| 1:15.593 (1:15.593) | 2:25.973 (1:10.380) | | | |
| 4 Afton Schlumbohm | FR Dakota State | 2:26.40 | 2 | 5 |
| 1:15.941 (1:15.941) | 2:26.392 (1:10.451) | | | |
| 5 Lindsey Roth | SO Dakota State | 2:26.93 | 2 | 4 |
| 1:15.333 (1:15.333) | 2:26.921 (1:11.588) | | | |
| 6 Natalie Lile | SO Dickinson St. | 2:29.93 | 2 | 3 |
| 1:15.741 (1:15.741) | 2:29.927 (1:14.186) | | | |
| 7 Elizabeth Widmer | JR Dickinson St. | 2:31.65 | 2 | 2 |
| 1:16.190 (1:16.190) | 2:31.645 (1:15.455) | | | |
| 8 Morgan Aune | SO Dickinson St. | 2:33.58 | 2 | 1 |
| 1:16.309 (1:16.309) | 2:33.579 (1:17.270) | | | |
| 9 Miracle Tucker | FR Waldorf | 2:34.80 | 1 | |
| 1:16.168 (1:16.168) | 2:34.794 (1:18.626) | | | |
| 10 Saddle Palmquist | JR Dakota State | 2:35.41 | 1 | |
| 1:16.513 (1:16.513) | 2:35.405 (1:18.892) | | | |
| 11 Alexius Miller | SR Dickinson St. | 2:35.46 | 1 | |
| 1:16.065 (1:16.065) | 2:35.459 (1:19.394) | | | |
| 12 Hannah Butler | SO Viterbo | 2:36.61 | 1 | |
| 1:16.615 (1:16.615) | 2:36.604 (1:19.989) | | | |
| 13 Loli Jarrett | FR Dickinson St. | 2:36.88 | 2 | |
| 1:16.150 (1:16.150) | 2:36.879 (1:20.729) | | | |
| 14 Morgan Haerer | SR Valley City State | 2:37.67 | 1 | |
| 1:16.961 (1:16.961) | 2:37.667 (1:20.706) | | | |
| 15 Emily Hatlewick | JR Valley City State | 2:51.18 | 1 | |
| 1:20.851 (1:20.851) | 2:51.172 (1:30.321) | | | |
| 16 Gemma Jasso | SO Waldorf | 2:54.25 | 1 | |
| 1:23.683 (1:23.683) | 2:54.246 (1:30.563) | | | |

Event 27 Women 1500 Meter Run

| Name | Year School | Finals | Points |
|---------------------|----------------------|---------------------|---------------------|
| 1 Lindsey Roth | SO Dakota State | 4:57.91 | 10 |
| 59.985 (59.985) | 2:23.890 (1:23.905) | 3:40.795 (1:16.905) | 4:57.907 (1:17.112) |
| 2 Tori Gerber | SR Viterbo | 5:01.82 | 8 |
| 1:00.109 (1:00.109) | 2:23.722 (1:23.613) | 3:43.613 (1:19.891) | 5:01.811 (1:18.198) |
| 3 Jasmine Barnes | SR Valley City State | 5:06.27 | 6 |
| 1:00.281 (1:00.281) | 2:24.266 (1:23.985) | 3:45.158 (1:20.892) | 5:06.266 (1:21.108) |

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....Event 27 Women 1500 Meter Run

| | | | |
|---------------------|---------------------|---------------------|---------------------|
| 4 Elizabeth Widmer | JR Dickinson St. | 5:08.12 | 5 |
| 59.817 (59.817) | 2:24.125 (1:24.308) | 3:46.087 (1:21.962) | 5:08.115 (1:22.028) |
| 5 Lauren Taylor | SO Dickinson St. | 5:12.57 | 4 |
| 1:02.455 (1:02.455) | 2:26.195 (1:23.740) | 3:49.669 (1:23.474) | 5:12.568 (1:22.899) |
| 6 Saddle Palmquist | JR Dakota State | 5:26.72 | 3 |
| 1:02.571 (1:02.571) | 2:28.528 (1:25.957) | 3:57.099 (1:28.571) | 5:26.715 (1:29.616) |
| 7 Hannah Butler | SO Viterbo | 5:33.30 | 2 |
| 1:02.759 (1:02.759) | 2:28.856 (1:26.097) | 4:01.164 (1:32.308) | 5:33.297 (1:32.133) |
| 8 Gemma Jasso | SO Waldorf | 6:10.58 | 1 |
| 1:04.832 (1:04.832) | 2:42.168 (1:37.336) | 4:25.855 (1:43.687) | 6:10.573 (1:44.718) |
| 9 Bernadette Frisch | SO Viterbo | 6:10.74 | |
| 1:06.008 (1:06.008) | 2:44.951 (1:38.943) | 4:31.822 (1:46.871) | 6:10.735 (1:38.913) |
| -- Valerie Hunt | FR Waldorf | DNF | |
| 1:06.647 (1:06.647) | 2:57.095 (1:50.448) | | |

Event 28 Women 3000 Meter Steeplechase

| Name | Year School | Finals | Points |
|---------------------|---------------------|----------------------|----------------------|
| 1 Kierra Miller | FR Dakota State | 12:34.20 | 10 |
| 51.093 (51.093) | 2:24.633 (1:33.540) | 4:00.733 (1:36.100) | 5:40.651 (1:39.918) |
| 7:24.686 (1:44.035) | 9:10.968 (1:46.283) | 10:56.259 (1:45.292) | 12:34.199 (1:37.940) |
| 2 Valerija Curikova | FR Dakota State | 12:55.98 | 8 |
| 51.461 (51.461) | 2:26.081 (1:34.620) | 4:05.511 (1:39.430) | 5:47.932 (1:42.422) |
| 7:35.069 (1:47.138) | 9:22.812 (1:47.743) | 11:10.722 (1:47.910) | 12:55.973 (1:45.252) |
| 3 Brooke Beaucaire | SO Dakota State | 13:15.02 | 6 |
| 51.788 (51.788) | 2:30.847 (1:39.059) | 4:13.922 (1:43.075) | 6:00.048 (1:46.127) |
| 7:48.188 (1:48.140) | 9:38.441 (1:50.253) | 11:28.553 (1:50.113) | 13:15.011 (1:46.458) |
| 4 Marissa O'Connor | FR Waldorf | 13:34.47 | 5 |
| 53.147 (53.147) | 2:36.257 (1:43.110) | 4:24.782 (1:48.525) | 6:14.359 (1:49.578) |
| 8:05.844 (1:51.485) | 9:59.288 (1:53.444) | 11:52.259 (1:52.972) | 13:34.467 (1:42.208) |

Event 29 Women 5000 Meter Run

| Name | Year School | Finals | Points |
|----------------------|----------------------|----------------------|----------------------|
| 1 Madison Nelson | JR Bellevue | 20:18.91 | 10 |
| 49.727 (49.727) | 2:37.975 (1:48.248) | 4:27.565 (1:49.590) | 6:16.096 (1:48.532) |
| 8:03.948 (1:47.853) | 9:49.693 (1:45.745) | 11:25.680 (1:35.987) | 12:54.195 (1:28.515) |
| 14:22.093 (1:27.899) | 15:50.376 (1:28.283) | 17:19.228 (1:28.853) | 18:49.943 (1:30.715) |
| 20:18.906 (1:28.963) | | | |
| 2 Lindsey Roth | SO Dakota State | 20:31.01 | 8 |
| 49.866 (49.866) | 2:38.110 (1:48.244) | 4:27.677 (1:49.568) | 6:16.261 (1:48.584) |
| 8:04.081 (1:47.820) | 9:49.826 (1:45.745) | 11:26.830 (1:37.004) | 12:55.748 (1:28.919) |
| 14:27.876 (1:32.128) | 16:00.883 (1:33.008) | 17:34.521 (1:33.638) | 19:07.101 (1:32.580) |
| 20:31.006 (1:23.905) | | | |
| 3 Vanessa Thomas | SR Viterbo | 20:35.71 | 6 |
| 49.561 (49.561) | 2:37.783 (1:48.223) | 4:27.356 (1:49.573) | 6:15.877 (1:48.522) |
| 8:03.718 (1:47.842) | 9:49.478 (1:45.760) | 11:26.007 (1:36.529) | 12:55.431 (1:29.424) |
| 14:27.730 (1:32.299) | 16:00.611 (1:32.882) | 17:34.336 (1:33.725) | 19:08.295 (1:33.959) |
| 20:35.705 (1:27.410) | | | |

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....Event 29 Women 5000 Meter Run

| | | | | |
|----|-----------------------|----------------------|----------------------|----------------------|
| 4 | Tori Gerber | SR Viterbo | 20:44.30 | 5 |
| | 49.486 (49.486) | 2:37.850 (1:48.364) | 4:27.390 (1:49.540) | 6:15.967 (1:48.578) |
| | 8:03.823 (1:47.857) | 9:49.566 (1:45.743) | 11:27.543 (1:37.978) | 12:56.467 (1:28.924) |
| | 14:28.720 (1:32.253) | 16:02.128 (1:33.409) | 17:37.336 (1:35.208) | 19:12.855 (1:35.519) |
| | 20:44.293 (1:31.439) | | | |
| 5 | Lauren Taylor | SO Dickinson St. | 20:50.17 | 4 |
| | 50.722 (50.722) | 2:38.815 (1:48.093) | 4:28.010 (1:49.195) | 6:16.448 (1:48.439) |
| | 8:04.323 (1:47.875) | 9:49.993 (1:45.670) | 11:26.681 (1:36.688) | 12:56.065 (1:29.384) |
| | 14:28.837 (1:32.773) | 16:03.737 (1:34.900) | 17:41.506 (1:37.769) | 19:19.197 (1:37.692) |
| | 20:50.168 (1:30.972) | | | |
| 6 | Jasmine Barnes | SR Valley City State | 20:52.23 | 3 |
| | 50.125 (50.125) | 2:38.381 (1:48.257) | 4:27.950 (1:49.569) | 6:16.686 (1:48.737) |
| | 8:04.583 (1:47.898) | 9:50.270 (1:45.687) | 11:27.131 (1:36.862) | 12:57.606 (1:30.475) |
| | 14:31.685 (1:34.079) | 16:07.647 (1:35.963) | 17:44.422 (1:36.775) | 19:21.730 (1:37.308) |
| | 20:52.222 (1:30.493) | | | |
| 7 | Danielle Wood | JR Waldorf | 21:14.97 | 2 |
| | 51.045 (51.045) | 2:39.023 (1:47.979) | 4:28.522 (1:49.499) | 6:16.663 (1:48.142) |
| | 8:04.563 (1:47.900) | 9:50.226 (1:45.663) | 11:27.976 (1:37.750) | 12:58.386 (1:30.410) |
| | 14:34.370 (1:35.984) | 16:18.206 (1:43.837) | 18:01.622 (1:43.417) | 19:44.952 (1:43.330) |
| | 21:14.962 (1:30.010) | | | |
| 8 | Alicia Rivera Camargo | SO Bellevue | 21:15.32 | 1 |
| | 49.965 (49.965) | 2:38.178 (1:48.214) | 4:27.727 (1:49.549) | 6:16.312 (1:48.585) |
| | 8:04.141 (1:47.829) | 9:49.883 (1:45.743) | 11:27.260 (1:37.377) | 12:58.046 (1:30.787) |
| | 14:34.482 (1:36.437) | 16:18.328 (1:43.847) | 18:01.986 (1:43.658) | 19:43.745 (1:41.759) |
| | 21:15.315 (1:31.570) | | | |
| 9 | Kierra Miller | FR Dakota State | 21:51.22 | |
| | 50.666 (50.666) | 2:38.606 (1:47.940) | 4:28.320 (1:49.714) | 6:16.966 (1:48.647) |
| | 8:04.883 (1:47.918) | 9:50.551 (1:45.668) | 11:29.648 (1:39.098) | 13:09.607 (1:39.959) |
| | 14:54.548 (1:44.942) | 16:41.632 (1:47.084) | 18:29.282 (1:47.650) | 20:16.763 (1:47.482) |
| | 21:51.211 (1:34.448) | | | |
| 10 | Brooke Beaucaire | SO Dakota State | 21:54.13 | |
| | 50.847 (50.847) | 2:38.768 (1:47.922) | 4:28.257 (1:49.489) | 6:16.401 (1:48.144) |
| | 8:04.278 (1:47.878) | 9:49.960 (1:45.682) | 11:29.365 (1:39.405) | 13:11.233 (1:41.869) |
| | 14:56.022 (1:44.789) | 16:41.937 (1:45.915) | 18:28.477 (1:46.540) | 20:16.832 (1:48.355) |
| | 21:54.125 (1:37.293) | | | |
| -- | Valerija Curikova | FR Dakota State | DNF | |
| | 50.327 (50.327) | 2:38.546 (1:48.219) | 4:28.167 (1:49.622) | 6:16.978 (1:48.812) |
| | 8:04.947 (1:47.969) | 9:50.588 (1:45.642) | 11:27.775 (1:37.187) | 13:01.603 (1:33.829) |

Event 30 Women 10000 Meter Run

| ===== | | | | |
|-------|----------------------|----------------------|----------------------|----------------------|
| Name | Year | School | Finals | Points |
| ===== | | | | |
| 1 | Madison Nelson | JR Bellevue | 39:04.57 | 10 |
| | 1:35.128 (1:35.128) | 3:08.966 (1:33.838) | 4:41.821 (1:32.855) | 6:15.348 (1:33.528) |
| | 7:49.189 (1:33.842) | 9:21.976 (1:32.787) | 10:56.201 (1:34.225) | 12:30.382 (1:34.182) |
| | 14:03.977 (1:33.595) | 15:37.053 (1:33.077) | 17:09.879 (1:32.827) | 18:42.294 (1:32.415) |
| | 20:16.538 (1:34.244) | 21:50.126 (1:33.588) | 23:23.806 (1:33.680) | 24:56.927 (1:33.122) |
| | 26:30.758 (1:33.832) | 28:05.636 (1:34.878) | 29:40.842 (1:35.207) | 31:14.836 (1:33.994) |
| | 32:48.902 (1:34.067) | 34:24.608 (1:35.707) | 35:59.169 (1:34.562) | 37:33.109 (1:33.940) |
| | 39:04.566 (1:31.457) | | | |

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....Event 30 Women 10000 Meter Run

| | | | | | |
|---|----------------------|----------------------|----------------------|----------------------|--|
| 2 | Jasmine Barnes | SR Valley City State | 41:50.17 | 8 | |
| | 1:35.917 (1:35.917) | 3:09.627 (1:33.710) | 4:42.509 (1:32.883) | 6:15.991 (1:33.482) | |
| | 7:50.839 (1:34.849) | 9:29.098 (1:38.259) | 11:09.967 (1:40.869) | 12:53.007 (1:43.040) | |
| | 14:37.832 (1:44.825) | 16:22.829 (1:44.998) | 18:06.296 (1:43.467) | 19:50.754 (1:44.459) | |
| | 21:37.158 (1:46.404) | 23:23.678 (1:46.520) | 25:07.648 (1:43.970) | 26:51.761 (1:44.113) | |
| | 28:36.948 (1:45.188) | 30:21.212 (1:44.264) | 31:58.518 (1:37.307) | 33:39.281 (1:40.763) | |
| | 35:20.281 (1:41.000) | 36:58.488 (1:38.208) | 38:36.532 (1:38.044) | 40:13.343 (1:36.812) | |
| | 41:50.167 (1:36.824) | | | | |
| 3 | Brooke Beaucaire | SO Dakota State | 42:43.60 | 6 | |
| | 1:35.517 (1:35.517) | 3:09.236 (1:33.719) | 4:42.114 (1:32.879) | 6:15.647 (1:33.533) | |
| | 7:50.608 (1:34.962) | 9:29.013 (1:38.405) | 11:10.009 (1:40.997) | 12:53.122 (1:43.113) | |
| | 14:37.892 (1:44.770) | 16:22.944 (1:45.053) | 18:06.639 (1:43.695) | 19:51.463 (1:44.824) | |
| | 21:37.209 (1:45.747) | 23:23.059 (1:45.850) | 25:07.418 (1:44.359) | 26:51.574 (1:44.157) | |
| | 28:36.776 (1:45.202) | 30:21.571 (1:44.795) | 32:06.661 (1:45.090) | 33:53.023 (1:46.363) | |
| | 35:40.393 (1:47.370) | 37:28.771 (1:48.378) | 39:16.257 (1:47.487) | 41:01.408 (1:45.152) | |
| | 42:43.593 (1:42.185) | | | | |
| 4 | Madelyn Sylva | SO Dakota State | 43:19.81 | 5 | |
| | 1:36.378 (1:36.378) | 3:09.901 (1:33.523) | 4:42.788 (1:32.888) | 6:16.234 (1:33.447) | |
| | 7:51.031 (1:34.797) | 9:29.247 (1:38.217) | 11:10.177 (1:40.930) | 12:53.267 (1:43.090) | |
| | 14:38.069 (1:44.803) | 16:23.087 (1:45.018) | 18:06.789 (1:43.703) | 19:51.734 (1:44.945) | |
| | 21:37.374 (1:45.640) | 23:23.333 (1:45.959) | 25:08.206 (1:44.873) | 26:54.472 (1:46.267) | |
| | 28:42.197 (1:47.725) | 30:30.604 (1:48.408) | 32:19.602 (1:48.998) | 34:09.728 (1:50.127) | |
| | 36:01.374 (1:51.647) | 37:54.173 (1:52.799) | 39:47.022 (1:52.849) | 41:36.979 (1:49.958) | |
| | 43:19.806 (1:42.827) | | | | |
| 5 | Danielle Wood | JR Waldorf | 43:39.18 | 4 | |
| | 1:36.221 (1:36.221) | 3:10.466 (1:34.245) | 4:50.032 (1:39.567) | 6:33.611 (1:43.579) | |
| | 8:16.512 (1:42.902) | 10:00.154 (1:43.643) | 11:45.066 (1:44.912) | 13:30.567 (1:45.502) | |
| | 15:15.323 (1:44.757) | 17:00.781 (1:45.458) | 18:44.091 (1:43.310) | 20:29.952 (1:45.862) | |
| | 22:16.121 (1:46.169) | 24:04.733 (1:48.613) | 25:51.012 (1:46.279) | 27:38.188 (1:47.177) | |
| | 29:26.426 (1:48.238) | 31:15.172 (1:48.747) | 33:01.966 (1:46.794) | 34:50.909 (1:48.944) | |
| | 36:39.521 (1:48.612) | 38:27.864 (1:48.344) | 40:14.969 (1:47.105) | 41:59.778 (1:44.809) | |
| | 43:39.178 (1:39.400) | | | | |

Event 31 Women 100 Meter Hurdles

| ===== | | | | | | |
|-------|---------|-----------|----------------------|-------|-----|--------|
| Name | Year | School | Finals | Wind | H# | Points |
| ===== | | | | | | |
| 1 | Kaitlyn | McColly | JR Dickinson St. | 13.96 | 2.3 | 2 10 |
| 2 | Karina | Olson | FR Valley City State | 14.82 | 2.3 | 2 8 |
| 3 | Emily | Ludwig | FR Viterbo | 14.85 | 2.3 | 2 6 |
| 4 | Emma | Johnson | JR Viterbo | 15.00 | 2.3 | 2 5 |
| 5 | Ashley | Veronen | JR Viterbo | 15.17 | 2.3 | 2 4 |
| 6 | Katya | Baranko | SR Dickinson St. | 15.96 | 2.3 | 2 3 |
| 7 | Emma | Muggli | FR Valley City State | 16.20 | 2.3 | 2 2 |
| 8 | Kara | Reed | SO Dickinson St. | 16.37 | 4.0 | 1 1 |
| 9 | Zoey | Heid | FR Dickinson St. | 16.51 | 2.3 | 2 |
| 10 | Mathea | Jablonsky | SO Valley City State | 17.04 | 4.0 | 1 |
| 11 | Emma | Schoen | SO Viterbo | 17.27 | 4.0 | 1 |
| 12 | Madelyn | Kassulke | SO Viterbo | 17.29 | 4.0 | 1 |

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Event 32 Women 400 Meter Hurdles

| Name | Year School | Finals | H# | Points |
|--------------------|----------------------|---------|----|--------|
| 1 Kara Reed | SO Dickinson St. | 1:05.97 | 2 | 10 |
| 2 Emily Ludwig | FR Viterbo | 1:07.61 | 2 | 8 |
| 3 Ashley Veronen | JR Viterbo | 1:07.95 | 2 | 6 |
| 4 Zoey Heid | FR Dickinson St. | 1:09.46 | 2 | 5 |
| 5 Brandi Peck | SO Waldorf | 1:10.51 | 2 | 4 |
| 6 Emma Muggli | FR Valley City State | 1:10.53 | 2 | 3 |
| 7 Mathea Jablonsky | SO Valley City State | 1:14.52 | 1 | 2 |
| 8 Madelyn Kassulke | SO Viterbo | 1:14.72 | 1 | 1 |
| 9 Kendra Czerneski | SO Viterbo | 1:21.84 | 1 | |

Event 33 Women 4x100 Meter Relay

| School | Finals | Points |
|--------------------------------|--------|--------|
| 1 Viterbo | 48.40 | 10 |
| 1) Kaylee McLeod FR | | |
| 2) Ashley Veronen JR | | |
| 3) Claudia Schunk SR | | |
| 4) Braylee Hyatt FR | | |
| 2 Dickinson St. | 49.16 | 8 |
| 1) Kara Reed SO | | |
| 2) Jewel Olson SR | | |
| 3) Kaitlyn McColly JR | | |
| 4) Katya Baranko SR | | |
| 3 Dakota State | 49.27 | 6 |
| 1) Amelie Steins FR | | |
| 2) Bethany Lawson FR | | |
| 3) Bridget Bartling FR | | |
| 4) Molli Thornton FR | | |
| 4 Valley City State | 50.28 | 5 |
| 1) Olivia Backus FR | | |
| 2) Lily Baldwin SR | | |
| 3) Karina Olson FR | | |
| 4) Shanti Adams JR | | |
| 5 Waldorf | 54.62 | 4 |
| 1) Summer Hayes FR | | |
| 2) Catherine Clarke-Ashford SR | | |
| 3) Paige Sparatorico FR | | |
| 4) Kloey Rossmiller SO | | |

Event 34 Women 4x400 Meter Relay

| School | Finals | Points |
|---|---------|--------|
| 1 Dickinson St. | 4:02.34 | 10 |
| 1) Kara Reed SO | | |
| 2) Elizabeth Widmer JR | | |
| 3) Kaitlyn McColly JR | | |
| 4) Jewel Olson SR | | |
| 2:05.398 (2:05.398) 3:03.975 (58.577) 4:02.338 (58.364) | | |
| 2 Dakota State | 4:07.89 | 8 |
| 1) Bethany Lawson FR | | |
| 2) Anna Schneider FR | | |
| 3) Afton Schlumbohm FR | | |
| 4) Molli Thornton FR | | |
| 2:06.640 (2:06.640) 3:08.938 (1:02.299) 4:07.886 (58.948) | | |
| 3 Viterbo | 4:09.78 | 6 |
| 1) Braylee Hyatt FR | | |
| 2) Mackenzie Geers FR | | |
| 3) Claudia Schunk SR | | |
| 4) Lainey Teynor SO | | |
| 2:06.198 (2:06.198) 3:08.802 (1:02.604) 4:09.775 (1:00.973) | | |
| 4 Waldorf | 4:25.03 | 5 |
| 1) Eliza McKown SO | | |
| 2) Marissa O'Connor FR | | |
| 3) Miracle Tucker FR | | |
| 4) Gemma Jasso SO | | |
| 2:10.782 (2:10.782) 3:17.211 (1:06.429) 4:25.021 (1:07.810) | | |
| 5 Valley City State | 4:36.34 | 4 |

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Results

Event 37 Women Triple Jump

| Name | Year | School | Finals | Wind | Points |
|---------------------|------|-------------------|---|---------------------------|-------------|
| 1 Pearla-Teko Folly | FR | Viterbo | 10.89m | -1.3 | 35-08.75 10 |
| | | | 10.89m(-1.3) 10.75m(-1.6) 10.84m(-2.3) 10.80m(-1.0) | 10.86m(-1.8) 10.80m(-1.7) | |
| 2 Molli Thornton | FR | Dakota State | 10.76m | -1.3 | 35-03.75 8 |
| | | | FOUL 10.45m(-1.0) 10.44m(-2.1) 10.32m(-1.2) | 10.76m(-1.3) 10.28m(-2.1) | |
| 3 Emma Muggli | FR | Valley City State | 10.55m | -1.1 | 34-07.50 6 |
| | | | 10.26m(-0.6) 10.47m(-2.3) 10.55m(-1.1) 9.72m(-0.9) | 10.34m(-2.2) 10.41m(-2.1) | |
| 4 Katya Baranko | SR | Dickinson St. | J10.55m | -3.1 | 34-07.50 5 |
| | | | 10.32m(-2.5) 10.34m(-1.3) 10.02m(-1.2) 9.82m(-1.4) | 10.55m(-3.1) 10.34m(-2.1) | |
| 5 Adarra Hagelund | SO | Dickinson St. | 10.28m | -2.0 | 33-08.75 4 |
| | | | 10.28m(-2.0) 9.93m(-2.0) 10.07m(-2.4) 9.92m(-2.1) | 10.00m(-1.7) 10.22m(-3.4) | |
| 6 Alyssa Andress | SR | Dickinson St. | 9.88m | -2.1 | 32-05.00 3 |
| | | | 9.65m(-0.5) 9.88m(-2.1) 9.80m(-1.7) 9.26m(-1.1) | FOUL 9.60m(-2.1) | |
| 7 Ellie Powell | FR | Valley City State | 9.69m | -1.4 | 31-09.50 2 |
| | | | FOUL 9.69m(-1.4) FOUL 9.30m(-2.2) FOUL 9.20m(-1.1) | | |
| 8 Joran Jundt | FR | Valley City State | 9.62m | -1.0 | 31-06.75 1 |
| | | | FOUL FOUL 9.62m(-1.0) 9.25m(-1.6) 9.35m(-1.5) | 9.60m(-1.9) | |
| 9 Morgan Haerer | SR | Valley City State | 9.59m | -2.2 | 31-05.75 |
| | | | 9.16m(-2.3) 9.28m(-1.6) 9.59m(-2.2) 9.52m(-1.9) | 9.56m(-2.0) 9.27m(-2.0) | |
| 10 KayLee McLeod | FR | Viterbo | 9.57m | -2.6 | 31-04.75 |
| | | | 9.15m(-1.5) 9.21m(-2.3) 9.57m(-2.6) | | |
| 11 Paige Spatorico | FR | Waldorf | 9.48m | -1.2 | 31-01.25 |
| | | | 9.48m(-1.2) 9.17m(-2.1) 9.29m(-2.4) | | |
| -- Delaney Cotton | FR | Valley City State | FOUL | | |
| | | | FOUL FOUL FOUL | | |

Event 38 Women High Jump

| Name | Year | School | Finals | Points |
|---------------------|------|-------------------|--|--------------|
| 1 Adarra Hagelund | SO | Dickinson St. | 1.70m | 5-07.00 10 |
| | | | 1.25 1.30 1.35 1.40 1.45 1.50 1.55 1.60 1.65 1.70 1.77 | |
| | | | PPP PPP PPP PPP PPP PPP O O XO XO XXX | |
| 2 Olivia Wingo | JR | Viterbo | 1.55m | 5-01.00 5.75 |
| | | | 1.25 1.30 1.35 1.40 1.45 1.50 1.55 1.60 | |
| | | | PPP PPP PPP O O O O XXX | |
| 2 Kilee Bladow | SO | Dickinson St. | 1.55m | 5-01.00 5.75 |
| | | | 1.25 1.30 1.35 1.40 1.45 1.50 1.55 1.60 | |
| | | | PPP PPP PPP PPP PPP O O XXX | |
| 2 Lahna Matucha | JR | Dakota State | 1.55m | 5-01.00 5.75 |
| | | | 1.25 1.30 1.35 1.40 1.45 1.50 1.55 1.60 | |
| | | | PPP PPP PPP O O O O XXX | |
| 2 Olivia Backus | FR | Valley City State | 1.55m | 5-01.00 5.75 |
| | | | 1.25 1.30 1.35 1.40 1.45 1.50 1.55 1.60 | |
| | | | PPP PPP PPP PPP O O O XXX | |
| 6 Kaitlyn McColly | JR | Dickinson St. | J1.55m | 5-01.00 3 |
| | | | 1.25 1.30 1.35 1.40 1.45 1.50 1.55 1.60 | |
| | | | PPP PPP PPP PPP PPP XO XO XXX | |
| 7 Pearla-Teko Folly | FR | Viterbo | J1.55m | 5-01.00 2 |
| | | | 1.25 1.30 1.35 1.40 1.45 1.50 1.55 1.60 | |
| | | | PPP PPP PPP PPP PPP O XXO XXX | |

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Results****Event 40 Women Shot Put**

| Name | Year | School | Finals | H# | Points |
|----------------------|------|----------------------|--------|----------|--------|
| 1 Taylor Laumeyer | SO | Dickinson St. | 13.54m | 44-05.25 | 2 10 |
| 11.97m 12.88m 12.41m | | 12.79m 13.54m 13.21m | | | |
| 2 Oliviyah Thornton | SO | Dakota State | 12.60m | 41-04.25 | 2 8 |
| 11.84m 11.91m 12.22m | | 11.66m 12.16m 12.60m | | | |
| 3 Sadie Hansen | JR | Valley City State | 12.51m | 41-00.50 | 2 6 |
| 11.91m 12.21m FOUL | | 12.05m 12.51m 12.02m | | | |
| 4 Alician Garcia | JR | Dickinson St. | 12.36m | 40-06.75 | 2 5 |
| FOUL 12.24m 11.95m | | 12.36m 11.83m 11.52m | | | |
| 5 Chloe Gunderson | JR | Dickinson St. | 12.30m | 40-04.25 | 2 4 |
| 12.30m 12.19m FOUL | FOUL | 12.00m FOUL | | | |
| 6 Kelsee Cummings | JR | Dickinson St. | 12.25m | 40-02.25 | 2 3 |
| 11.66m 11.93m 12.25m | | 12.06m 11.83m 11.70m | | | |
| 7 Rebecca Eacker | SO | Dickinson St. | 12.19m | 40-00.00 | 2 2 |
| 11.40m 11.60m 11.82m | | 11.77m 12.19m 11.58m | | | |
| 8 Kendra Odegard | JR | Valley City State | 12.18m | 39-11.50 | 2 1 |
| 11.85m 11.26m FOUL | FOUL | 12.01m 12.18m | | | |
| 9 Emma Bastian | JR | Valley City State | 11.82m | 38-09.50 | 1 |
| 11.82m 11.56m 11.25m | | 10.14m 11.02m 11.20m | | | |
| 10 Tia Dees | FR | Dickinson St. | 11.50m | 37-08.75 | 1 |
| 11.32m 10.61m 11.50m | | | | | |
| 11 Jade Azure | JR | Valley City State | 11.23m | 36-10.25 | 1 |
| 11.23m FOUL FOUL | | | | | |
| 12 Gabby Peitzmeier | JR | Dakota State | 10.90m | 35-09.25 | 1 |
| FOUL 10.64m 10.90m | | | | | |
| 13 Rebecca Bohrer | SO | Valley City State | 10.75m | 35-03.25 | 1 |
| 10.17m 10.75m 10.75m | | | | | |
| 14 Emma Muggli | FR | Valley City State | 10.55m | 34-07.50 | 1 |
| 10.52m 10.55m FOUL | | | | | |
| 15 Samantha Adams | FR | Waldorf | 10.41m | 34-02.00 | 1 |
| 10.13m 10.41m 9.98m | | | | | |

Event 41 Women Discus Throw

| Name | Year | School | Finals | H# | Points |
|----------------------|------|--------------------|--------|--------|--------|
| 1 Taylor Laumeyer | SO | Dickinson St. | 43.43m | 142-06 | 2 10 |
| FOUL 37.37m FOUL | | 41.34m 43.43m FOUL | | | |
| 2 Oliviyah Thornton | SO | Dakota State | 40.37m | 132-05 | 2 8 |
| FOUL 37.09m 37.27m | FOUL | 40.37m FOUL | | | |
| 3 Kaylie Wiedmeyer | FR | Viterbo | 39.44m | 129-05 | 2 6 |
| FOUL FOUL 36.10m | FOUL | 39.44m 36.47m | | | |
| 4 Chloe Gunderson | JR | Dickinson St. | 39.41m | 129-03 | 2 5 |
| FOUL FOUL 38.90m | FOUL | 38.35m 39.41m | | | |
| 5 Rebecca Eacker | SO | Dickinson St. | 39.40m | 129-03 | 2 4 |
| 39.40m 36.06m 37.62m | FOUL | 36.38m 36.54m | | | |
| 6 Bailey Hofland | SO | Dickinson St. | 38.85m | 127-05 | 2 3 |
| FOUL 36.53m 38.82m | FOUL | 38.85m 38.26m | | | |
| 7 Jade Azure | JR | Valley City State | 37.67m | 123-07 | 2 2 |
| 32.62m 36.95m FOUL | | 34.58m FOUL 37.67m | | | |
| 8 Gabby Peitzmeier | JR | Dakota State | 36.17m | 118-08 | 2 1 |
| FOUL 34.93m 34.79m | FOUL | 36.17m FOUL | | | |

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....Event 41 Women Discus Throw

| | | | | | | |
|----|----------------|--------|----------------------|--------|--------|--------|
| 9 | Tia Dees | | FR Dickinson St. | 36.01m | 118-02 | 1 |
| | 35.34m | 32.59m | 35.38m | 35.47m | 34.42m | 36.01m |
| 10 | Emma Bastian | | JR Valley City State | 34.52m | 113-03 | 1 |
| | 34.52m | FOUL | 33.66m | | | |
| 11 | Rylan Parsley | | FR Valley City State | 33.54m | 110-00 | 1 |
| | 33.54m | 32.12m | 31.48m | | | |
| 12 | Sadie Hansen | | JR Valley City State | 32.23m | 105-09 | 1 |
| | 30.96m | 30.17m | 32.23m | | | |
| 13 | Megan Lahtonen | | SO Valley City State | 30.21m | 99-01 | 1 |
| | FOUL | FOUL | 30.21m | | | |
| 14 | Rebecca Bohrer | | SO Valley City State | 28.94m | 94-11 | 1 |
| | 28.94m | 28.65m | 26.56m | | | |
| 15 | Samantha Adams | | FR Waldorf | 24.88m | 81-07 | 1 |
| | 24.88m | 23.97m | 22.39m | | | |

Event 42 Women Hammer Throw

| Name | Year | School | Finals | H# | Points | |
|---------------------|--------|-------------------|--------|--------|--------|--------|
| 1 Oliviyah Thornton | SO | Dakota State | 50.13m | 164-06 | 2 10 | |
| | 48.84m | FOUL | FOUL | FOUL | 50.13m | 49.67m |
| 2 Taylor Laumeyer | SO | Dickinson St. | 49.73m | 163-02 | 2 8 | |
| | 45.10m | FOUL | FOUL | 49.73m | 47.05m | 49.32m |
| 3 Kelsee Cummings | JR | Dickinson St. | 47.99m | 157-05 | 2 6 | |
| | 43.25m | FOUL | 47.47m | FOUL | 46.66m | 47.99m |
| 4 Gabby Peitzmeier | JR | Dakota State | 47.24m | 155-00 | 2 5 | |
| | 47.24m | FOUL | 45.95m | 44.80m | FOUL | 46.56m |
| 5 Kiana Mouna | SO | Dakota State | 42.34m | 138-11 | 1 4 | |
| | 41.27m | 41.18m | 40.15m | 42.28m | FOUL | 42.34m |
| 6 Kendra Odegard | JR | Valley City State | 42.03m | 137-11 | 1 3 | |
| | 42.03m | FOUL | 40.45m | FOUL | FOUL | FOUL |
| 7 Emma Bastian | JR | Valley City State | 41.11m | 134-10 | 2 2 | |
| | FOUL | 41.11m | 40.83m | 38.40m | 39.88m | FOUL |
| 8 Bailey Hofland | SO | Dickinson St. | 40.53m | 133-00 | 2 1 | |
| | 36.88m | 40.53m | 33.81m | FOUL | FOUL | 37.25m |
| 9 Chloe Gunderson | JR | Dickinson St. | 38.74m | 127-01 | 2 | |
| | 38.74m | 38.50m | FOUL | FOUL | FOUL | 36.43m |
| 10 Alician Garcia | JR | Dickinson St. | 38.38m | 125-11 | 2 | |
| | 36.29m | 38.38m | 36.38m | | | |
| 11 Jade Azure | JR | Valley City State | 38.05m | 124-10 | 1 | |
| | 38.05m | 35.84m | FOUL | | | |
| 12 Tayla Mullings | SR | Valley City State | 34.31m | 112-07 | 1 | |
| | 32.68m | 34.31m | 34.20m | | | |
| 13 Megan Lahtonen | SO | Valley City State | 33.18m | 108-10 | 1 | |
| | 33.18m | FOUL | 32.02m | | | |
| 14 Carlee Fuchs | FR | Valley City State | 32.40m | 106-03 | 1 | |
| | 30.47m | 30.65m | 32.40m | | | |
| 15 Kloey Rossmiller | SO | Waldorf | 32.09m | 105-03 | 1 | |
| | 32.09m | 30.32m | 30.65m | | | |
| -- Rebecca Hazlett | FR | Dakota State | FOUL | | 1 | |
| | FOUL | FOUL | FOUL | | | |
| -- Tori Nygard | SR | Dickinson St. | FOUL | | 2 | |
| | FOUL | FOUL | FOUL | | | |

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Event 43 Women Javelin Throw

| Name | Year | School | Finals | H# | Points |
|---|------|-------------------|--------|--------|--------|
| 1 Kendra Odegard | JR | Valley City State | 46.55m | 152-09 | 2 10 |
| 36.00m FOUL 46.55m FOUL 34.16m FOUL | | | | | |
| 2 Sadie Hansen | JR | Valley City State | 39.95m | 131-01 | 2 8 |
| FOUL 34.83m 39.95m FOUL FOUL 33.72m | | | | | |
| 3 Alyssa Address | SR | Dickinson St. | 39.60m | 129-11 | 2 6 |
| 39.60m 37.64m 36.77m 34.26m 38.92m 36.53m | | | | | |
| 4 Casey Olson | FR | Dakota State | 38.67m | 126-10 | 2 5 |
| 33.64m 35.88m 38.67m FOUL FOUL 36.27m | | | | | |
| 5 Tori Nygard | SR | Dickinson St. | 38.17m | 125-03 | 2 4 |
| 38.11m FOUL 36.13m 36.35m 35.68m 38.17m | | | | | |
| 6 Kaitlyn McColly | JR | Dickinson St. | 37.01m | 121-05 | 2 3 |
| FOUL 33.21m 33.83m 36.91m 36.88m 37.01m | | | | | |
| 7 Lahna Matucha | JR | Dakota State | 35.43m | 116-03 | 2 2 |
| 31.71m 35.43m 32.34m 32.26m 34.29m 35.02m | | | | | |
| 8 Rebecca Hazlett | FR | Dakota State | 34.28m | 112-06 | 1 1 |
| 34.28m 32.12m FOUL 32.92m FOUL FOUL | | | | | |
| 9 Emma Muggli | FR | Valley City State | 32.88m | 107-10 | 1 |
| 32.88m FOUL 32.26m FOUL 31.02m FOUL | | | | | |
| 10 Taylor Laumeyer | SO | Dickinson St. | 31.92m | 104-09 | 1 |
| 29.88m 29.50m 31.92m | | | | | |
| 11 Joran Jundt | FR | Valley City State | 30.51m | 100-01 | 1 |
| 30.34m 25.35m 30.51m | | | | | |
| 12 Klaire Cotton | FR | Valley City State | 29.85m | 97-11 | 1 |
| 29.55m 29.85m FOUL | | | | | |
| 13 Martina McGrath | JR | Viterbo | 24.83m | 81-05 | 2 |
| 24.79m FOUL 24.83m | | | | | |
| 14 Kaylie Wiedmeyer | FR | Viterbo | 24.72m | 81-01 | 1 |
| FOUL FOUL 24.72m | | | | | |
| 15 Gabby Peitzmeier | JR | Dakota State | 24.37m | 79-11 | 1 |
| 24.37m FOUL FOUL | | | | | |
| 16 Grace Grogan | SO | Viterbo | 23.79m | 78-01 | 1 |
| 19.90m 21.43m 23.79m | | | | | |

Event 44 Women Heptathlon

| Name | Year | School | Finals | H# | Points |
|-------------------|------|-------------------|--------|----|--------|
| 1 Kaitlyn McColly | JR | Dickinson St. | 4682 | | 10 |
| 2 Katya Baranko | SR | Dickinson St. | 3796 | | 8 |
| 3 Emma Muggli | FR | Valley City State | 3781 | | 6 |
| 4 Amelie Steins | FR | Dakota State | 3528 | | 5 |
| 5 Adarra Hagelund | SO | Dickinson St. | 3267 | | 4 |
| 6 Casey Olson | FR | Dakota State | 2121 | | 3 |

Event 44 Heptathlon: #1 Women 100 Meter Hurdles Heptathlon

| Name | Year | School | Finals | Wind | Points |
|-------------------|------|-------------------|--------|------|--------|
| 1 Kaitlyn McColly | JR | Dickinson St. | 14.47 | 1.6 | 913 |
| 2 Emma Muggli | FR | Valley City State | 15.60 | 1.6 | 764 |
| 3 Katya Baranko | SR | Dickinson St. | 16.14 | 1.6 | 697 |
| 4 Amelie Steins | FR | Dakota State | 16.78 | 1.6 | 622 |

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....Event 44 Heptathlon: #1 Women 100 Meter Hurdles Heptathlon

| | | | | |
|-------------------|------------------|-------|-----|-----|
| 5 Adarra Hagelund | SO Dickinson St. | 17.54 | 1.6 | 537 |
| 6 Casey Olson | FR Dakota State | 19.69 | 1.6 | 328 |

Event 44 Heptathlon: #2 Women High Jump Heptathlon

| Name | Year School | Finals | Points |
|-------------------|----------------------|--|--------|
| 1 Adarra Hagelund | SO Dickinson St. | 1.70m 5-07.00 | 855 |
| | | 1.25 1.28 1.31 1.34 1.37 1.40 1.43 1.46 1.49 1.52 1.55 1.58 1.61 1.64 1.67 1.70 1.73 | |
| | | PPP PPP PPP PPP PPP PPP PPP PPP PPP PPP O O XO XO XXO O XXX | |
| 2 Kaitlyn McColly | JR Dickinson St. | 1.61m 5-03.25 | 747 |
| | | 1.25 1.28 1.31 1.34 1.37 1.40 1.43 1.46 1.49 1.52 1.55 1.58 1.61 1.64 | |
| | | PPP PPP PPP PPP PPP PPP PPP XO XO O O XO XXX | |
| 3 Katya Baranko | SR Dickinson St. | 1.52m 4-11.75 | 644 |
| | | 1.25 1.28 1.31 1.34 1.37 1.40 1.43 1.46 1.49 1.52 1.55 | |
| | | PPP PPP PPP PPP PPP PPP PPP XO O XXO XXX | |
| 4 Amelie Steins | FR Dakota State | 1.46m 4-09.50 | 577 |
| | | 1.25 1.28 1.31 1.34 1.37 1.40 1.43 1.46 1.49 | |
| | | PPP PPP O O O XXO XXO O XXX | |
| 5 Emma Muggli | FR Valley City State | 1.43m 4-08.25 | 544 |
| | | 1.25 1.28 1.31 1.34 1.37 1.40 1.43 1.46 | |
| | | PPP PPP O XXO O O XO XXX | |
| -- Casey Olson | FR Dakota State | NH | |
| | | 1.25 | |
| | | XXX | |

Event 44 Heptathlon: #3 Women Shot Put Heptathlon

| Name | Year School | Finals | Points |
|-------------------|----------------------|----------------------|--------|
| 1 Emma Muggli | FR Valley City State | 11.72m 38-05.50 | 643 |
| | | 11.72m 10.06m FOUL | |
| 2 Amelie Steins | FR Dakota State | 10.34m 33-11.25 | 552 |
| | | 10.22m 10.34m 10.10m | |
| 3 Casey Olson | FR Dakota State | 10.18m 33-04.75 | 541 |
| | | 10.10m 9.89m 10.18m | |
| 4 Katya Baranko | SR Dickinson St. | 10.07m 33-00.50 | 534 |
| | | 8.36m 10.07m 9.78m | |
| 5 Kaitlyn McColly | JR Dickinson St. | 9.96m 32-08.25 | 527 |
| | | 9.96m FOUL 9.94m | |
| 6 Adarra Hagelund | SO Dickinson St. | 9.08m 29-09.50 | 469 |
| | | 7.64m 8.07m 9.08m | |

Event 44 Heptathlon: #4 Women 200 Meter Dash Heptathlon

| Name | Year School | Finals | Wind | Points |
|-------------------|----------------------|--------|------|--------|
| 1 Kaitlyn McColly | JR Dickinson St. | 26.43 | 3.4 | 760 |
| 2 Katya Baranko | SR Dickinson St. | 27.70 | 3.4 | 655 |
| 3 Emma Muggli | FR Valley City State | 27.95 | 3.4 | 635 |
| 4 Amelie Steins | FR Dakota State | 28.03 | 3.4 | 628 |
| 5 Casey Olson | FR Dakota State | 30.49 | 3.4 | 448 |
| 6 Adarra Hagelund | SO Dickinson St. | 30.85 | 3.4 | 424 |

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Event 44 Heptathlon: #5 Women Long Jump Heptathlon

| Name | Year School | Finals | Wind | Points | |
|-------------------------------------|----------------------|--------|------|----------|-----|
| 1 Kaitlyn McColly | JR Dickinson St. | 5.09m | -3.0 | 16-08.50 | 584 |
| 4.88m(-2.7) 4.79m(-2.4) 5.09m(-3.0) | | | | | |
| 2 Katya Baranko | SR Dickinson St. | 4.89m | -3.6 | 16-00.50 | 530 |
| 4.89m(-3.6) 4.68m(-2.9) FOUL | | | | | |
| 3 Amelie Steins | FR Dakota State | 4.72m | -2.6 | 15-06.00 | 485 |
| 4.72m(-2.6) 4.56m(-2.9) FOUL | | | | | |
| 4 Adarra Hagelund | SO Dickinson St. | 4.70m | -3.7 | 15-05.00 | 479 |
| FOUL 4.31m(-3.2) 4.70m(-3.7) | | | | | |
| 5 Emma Muggli | FR Valley City State | 4.39m | -3.2 | 14-05.00 | 401 |
| 4.26m(-3.7) 4.39m(-3.2) 4.33m(-3.6) | | | | | |
| 6 Casey Olson | FR Dakota State | 4.14m | -4.3 | 13-07.00 | 340 |
| 4.00m(-1.6) 4.14m(-4.3) 4.05m(-4.0) | | | | | |

Event 44 Heptathlon: #6 Women Javelin Throw Heptathlon

| Name | Year School | Finals | Points | |
|----------------------|----------------------|--------|--------|-----|
| 1 Kaitlyn McColly | JR Dickinson St. | 31.59m | 103-08 | 507 |
| 30.71m FOUL 31.59m | | | | |
| 2 Katya Baranko | SR Dickinson St. | 25.60m | 84-00 | 394 |
| 23.60m 25.60m 25.03m | | | | |
| 3 Emma Muggli | FR Valley City State | 25.30m | 83-00 | 388 |
| 25.30m FOUL 22.71m | | | | |
| 4 Casey Olson | FR Dakota State | 25.27m | 82-11 | 387 |
| 25.27m 23.42m 24.39m | | | | |
| 5 Amelie Steins | FR Dakota State | 24.02m | 78-10 | 364 |
| FOUL 22.55m 24.02m | | | | |
| 6 Adarra Hagelund | SO Dickinson St. | 18.39m | 60-04 | 259 |
| 14.20m FOUL 18.39m | | | | |

Event 44 Heptathlon: #7 Women 800 Meter Run Heptathlon

| Name | Year School | Finals | Points |
|-------------------|----------------------|---------|--------|
| 1 Kaitlyn McColly | JR Dickinson St. | 2:33.98 | 644 |
| 2 Emma Muggli | FR Valley City State | 2:55.75 | 406 |
| 3 Katya Baranko | SR Dickinson St. | 3:02.52 | 342 |
| 4 Amelie Steins | FR Dakota State | 3:07.39 | 300 |
| 5 Adarra Hagelund | SO Dickinson St. | 3:14.28 | 244 |
| 6 Casey Olson | FR Dakota State | 3:41.63 | 77 |

Women - Team Rankings - 22 Events Scored

| | | | |
|------------------|--------|----------------------|--------|
| 1) Dickinson St. | 272.75 | 2) Viterbo | 196.75 |
| 3) Dakota State | 187.75 | 4) Valley City State | 103.75 |
| 5) Waldorf | 39 | 6) Bellevue | 21 |

Men - Team Rankings - 22 Events Scored

| | | | |
|----------------------|-----|------------------|-----|
| 1) Dakota State | 287 | 2) Dickinson St. | 173 |
| 3) Viterbo | 143 | 4) Waldorf | 109 |
| 5) Valley City State | 82 | 6) Bellevue | 37 |