2024 GPAC Outdoor Track and Field Championships - 5/3/2024 to 5/4/2024

Korver Field at De Valois Stadium

Results

Event 1 Men 100 Meter Dash

GPAC Record: G 10.34 2001 Jamey Sperle, Dakota Wesleyan Univ.
NAIA Auto: A 10.45
NAIA Prov.: B 10.55

	Name	Year	School	Seed	Prelims	Wind	H#	
Preliminaries								
1	Marcus Jnofinn	SR	Mount Marty	10.41	10.49Q	2.1	2	
2	Edwin Nyamutswa	FR	Mount Marty	10.33	10.61Q	1.5	3	10.609
3	Connor Bradley	SO	Doane	10.58	10.66Q	2.4	1	10.653
4	Ryan Schober	JR	Dordt	10.62	10.61q	2.1	2	10.604
5	Logan Franken	JR	Dordt	10.85	10.66q	2.4	1	10.656
6	Leighton Olesen	FR	Morningside	10.86	10.67q	2.1	2	
7	Vance Hayenga-Johnson	FR	Northwestern (Iowa)	10.97	10.75q	2.1	2	
8	Jacob Schmoll	FR	Dordt	10.86	10.83q	2.4	1	
9	Wilton George	JR	Briar Cliff	10.99	10.89	1.5	3	
10	Ashton Sandbulte	SO	Northwestern (Iowa)	10.94	10.93	2.4	1	10.925
10	Jack Knoll	FR	Dordt	10.84	10.93	2.1	2	10.925
12	Grant Palmer	JR	Northwestern (Iowa)	10.94	10.93	2.4	1	10.928
13	Christopher Vincent	SR	Doane	10.91	10.94	1.5	3	
14	Blake Brown	SO	Morningside	10.93	10.97	1.5	3	
15	Tyreece Wynne	JR	Northwestern (Iowa)	10.81	11.05	1.5	3	
16	Andrew Mahoney	JR	Doane	10.99	11.07	1.5	3	
17	Carter Van Donge	FR	Northwestern (Iowa)	11.06	11.09	2.4	1	
18	Daniel Concepcion	FR	Doane	11.07	11.11	2.1	2	
19	Aiden Mountain	FR	Midland	10.93	11.12	2.1	2	
20	Luke Wagner	SR	Dordt	11.02	11.14	2.1	2	11.131
21	Micah Schaap	SO	Dordt	11.06	11.14	2.4	1	11.136
--	Jadae Moore	JR	Doane	10.61	DNF	2.4	1	

Event 1 Men 100 Meter Dash

GPAC Record: G 10.34 2001 Jamey Sperle, Dakota Wesleyan Univ.
NAIA Auto: A 10.45
NAIA Prov.: B 10.55

	Name	Year	School	Prelims	Finals	Wind	Points
Finals							
1	Marcus Jnofinn	SR	Mount Marty	10.49	10.42A	1.9	10
2	Edwin Nyamutswa	FR	Mount Marty	10.61	10.43A	1.9	8
3	Ryan Schober	JR	Dordt	10.61	10.60	1.9	6
4	Logan Franken	JR	Dordt	10.66	10.64	1.9	5
5	Leighton Olesen	FR	Morningside	10.67	10.69	1.9	4
6	Connor Bradley	SO	Doane	10.66	10.75	1.9	3
7	Vance Hayenga-Johnson	FR	Northwestern (Iowa)	10.75	10.77	1.9	2
8	Jacob Schmoll	FR	Dordt	10.83	10.94	1.9	1

Event 2 Men 200 Meter Dash

GPAC Record: G 20.88 2003 Bret Blake, Nebraska Wesleyan Univ.
NAIA Auto: A 21.25
NAIA Prov.: B 21.40

	Name	Year	School	Seed	Finals	Wind	H#	Points
1	Marcus Jnofinn	SR	Mount Marty	21.21	21.49	-2.3	4	10
2	Edwin Nyamutswa	FR	Mount Marty	21.11	21.52	-2.3	4	8

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....Event 2 Men 200 Meter Dash

3	Donovan Breckenridge	JR	Mount Marty	21.88	21.61	-2.1	3	6	
4	Levi Schelhaas	SO	Dordt	22.42	21.67	-2.5	1	5	
5	Zavio Prato	FR	Mount Marty	22.61	21.87	-2.5	1	4	
6	Braden Kalvelage	SO	Northwestern (Iowa)	21.85	21.93	-2.1	3	3	
7	Ashton Sandbulte	SO	Northwestern (Iowa)	22.18	21.96	-0.9	2	2	
8	Leighton Olesen	FR	Morningside	22.17	22.00	-0.9	2	1	
9	Braden Jahn	SR	Northwestern (Iowa)	22.06	22.16	-2.1	3		
10	Connor Bradley	SO	Doane	21.69	22.25	-2.3	4		
11	Logan Franken	JR	Dordt	22.12	22.41	-2.1	3		22.403
12	Vance Hayenga-Johnson	FR	Northwestern (Iowa)	22.07	22.41	-2.1	3		22.405
13	Ryan Schober	JR	Dordt	21.73	22.43	-2.3	4		
14	Christopher Vincent	SR	Doane	22.42	22.44	-2.5	1		
15	Zach Turner	JR	Doane	21.93	22.56	-2.1	3		
16	Aziah Ashley	SO	Northwestern (Iowa)	22.37	22.71	-0.9	2		
17	Jack Knoll	FR	Dordt	22.38	22.75	-0.9	2		
18	Caleb Mulder	SO	Doane	22.27	22.81	-0.9	2		
19	Simphiwe Mashaba	SO	Northwestern (Iowa)	22.48	22.91	-2.5	1		
20	Carter Van Donge	FR	Northwestern (Iowa)	22.43	22.98	-2.5	1		
21	Luke Wagner	SR	Dordt	22.22	23.22	-0.9	2		
22	Ramon Harkins	SO	Briar Cliff	22.55	23.33	-2.5	1		

Event 3 Men 400 Meter Dash

GPAC Record: G 47.17 5/11/2007 Chris Wolf, Nebraska Wes.
NAIA Auto: A 48.13
NAIA Prov.: B 48.38

	Name	Year	School	Seed	Finals	H#	Points
1	Payton Mauldin	SR	Dordt	46.49	46.77G	4	10
2	Levi Schelhaas	SO	Dordt	47.87	47.62A	4	8
3	Cole Zevenbergen	SR	Dordt	49.30	48.01A	4	6
4	Braden Jahn	SR	Northwestern (Iowa)	49.12	48.26B	4	5
5	Zavio Prato	FR	Mount Marty	50.62	48.67	3	4
6	Donovan Breckenridge	JR	Mount Marty	49.53	48.95	4	3
7	Joaquin Gutierrez	SO	Doane	47.73	48.96	4	2
8	Noah Schroder	FR	Dordt	49.40	49.29	4	1
9	Aziah Ashley	SO	Northwestern (Iowa)	50.17	49.40	3	
10	Caleb Mulder	SO	Doane	50.36	49.73	3	
11	Luke Wagner	SR	Dordt	50.69	49.97	3	
12	Jonathan De Haan	SO	Dordt	50.02	50.19	4	
13	Jace Freeseman	FR	Dakota Wesleyan	51.09	50.25	2	
14	Nathaniel Kropuenske	JR	Mount Marty	50.28	50.53	3	
15	Carl Massa	SO	Mount Marty	51.13	50.84	2	
16	Liam Fagan	SO	Concordia (Neb.)	50.26	50.86	3	
17	Scott Kroll	FR	Dordt	50.93	50.94	3	
18	Jack Kling	FR	Morningside	50.97	50.96	3	
19	Jonathan Zoubek	FR	Doane	51.85	51.15	2	
20	Carson Elbers	JR	Dordt	52.23	51.37	2	
21	Aaron Ochsner	SR	Hastings	51.94	51.44	2	
22	Noah Sherman	FR	Midland	52.35	51.52	2	
23	Dakota Miser	SO	Doane	52.41	51.82	1	
24	Blake Olbrich	JR	Midland	52.17	51.91	2	
25	William Walther III	SO	Mount Marty	52.41	54.61	1	

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Event 4 Men 800 Meter Run

GPAC Record: G 1:50.60 2011 Monte Larsen, Morningside
NAIA Auto: A 1:52.00
NAIA Prov.: B 1:52.80

	Name	Year	School	Seed	Finals	H#	Points
1	Payton Mauldin	SR	Dordt	1:51.06	1:53.10	3	10
	56.113 (56.113)	1:53.099 (56.986)					
2	Craig Becker	SO	Dordt	1:56.68	1:53.58	3	8
	56.412 (56.412)	1:53.572 (57.160)					
3	Isaac Davelaar	FR	Dordt	1:55.09	1:54.53	3	6
	55.851 (55.851)	1:54.529 (58.678)					
4	Lucas Hjortkjaer	SO	Midland	1:55.74	1:54.95	3	5
	54.906 (54.906)	1:54.944 (1:00.038)					
5	Emmanuel Yego	SO	Doane	1:55.50	1:56.14	3	4
	55.605 (55.605)	1:56.133 (1:00.528)					
6	Tyler Salter	SO	Hastings	1:56.46	1:56.31	3	3
	56.819 (56.819)	1:56.307 (59.488)					
7	Henri Stoeckermann	JR	Midland	1:55.33	1:56.99	3	2
	54.974 (54.974)	1:56.989 (1:02.015)					
8	Trey Engelmann	JR	Northwestern (Iowa)	1:58.19	1:57.17	2	1
	58.738 (58.738)	1:57.168 (58.430)					
9	Sam May	SO	Dordt	1:58.25	1:57.36	2	
	58.898 (58.898)	1:57.356 (58.458)					
10	Eli Marez	FR	Doane	1:57.16	1:58.53	2	
	59.368 (59.368)	1:58.524 (59.156)					
11	Jacob Kueny	SO	Mount Marty	1:58.75	1:58.63	2	
	59.064 (59.064)	1:58.624 (59.560)					
12	Deshawn Burks	SO	Hastings	1:59.13	2:00.21	2	
	1:00.426 (1:00.426)	2:00.205 (59.779)					
13	Michael Grigsby	SO	Doane	1:59.06	2:01.00	2	
	59.426 (59.426)	2:00.996 (1:01.570)					
14	Will Dawes	SO	Doane	1:59.64	2:01.03	1	
	1:00.566 (1:00.566)	2:01.023 (1:00.457)					
15	Casey Kruger	SO	Morningside	2:00.18	2:01.29	1	
	59.356 (59.356)	2:01.285 (1:01.929)					
16	Justin Sherman	FR	Concordia (Neb.)	2:01.48	2:01.68	1	
	59.713 (59.713)	2:01.671 (1:01.958)					
17	Nate O'Brien	FR	Doane	1:59.15	2:01.94	2	
	59.888 (59.888)	2:01.936 (1:02.048)					
18	Duncan Blankenship	SR	Doane	2:00.29	2:02.24	1	
	58.928 (58.928)	2:02.232 (1:03.304)					
19	Will Wenz	JR	Doane	2:01.50	2:02.74	1	
	59.186 (59.186)	2:02.732 (1:03.546)					
20	Cole Zevenbergen	SR	Dordt	1:53.67	2:03.32	3	
	56.987 (56.987)	2:03.311 (1:06.324)					
21	Micah Willweber	SR	Concordia (Neb.)	2:01.79	2:04.47	1	
	58.708 (58.708)	2:04.465 (1:05.757)					
22	Jordan Kwiatkowski	SO	Doane	2:01.72	2:07.10	1	
	1:01.755 (1:01.755)	2:07.091 (1:05.336)					
23	Josiah Wittenberg	SO	Dordt	1:57.18	2:07.12	2	
	59.608 (59.608)	2:07.113 (1:07.505)					
24	Adric Schmitz	FR	Concordia (Neb.)	2:01.21	2:18.21	1	
	1:02.897 (1:02.897)	2:18.204 (1:15.307)					

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Results

Event 5 Men 1500 Meter Run

GPAC Record: G 3:50.14 1982 Kregg Einspahr, Concordia University
NAIA Auto: A 3:52.50
NAIA Prov.: B 3:54.00

	Name	Year	School	Seed	Finals	H#	Points
1	Craig Becker	SO	Dordt	3:53.95	3:53.42B	2	10
	44.911 (44.911) 1:48.239 (1:03.328) 2:54.445 (1:06.206) 3:53.414 (58.969)						
2	Calvin Rohde	SR	Concordia (Neb.)	3:59.65	3:57.75	2	8
	44.655 (44.655) 1:47.981 (1:03.326) 2:54.139 (1:06.158) 3:57.749 (1:03.610)						
3	Trevor Kuncl	SO	Concordia (Neb.)	4:04.25	4:01.09	2	6
	45.705 (45.705) 1:48.817 (1:03.112) 2:55.493 (1:06.676) 4:01.089 (1:05.596)						
4	Josiah Wittenberg	SO	Dordt	4:01.21	4:02.26	2	5
	45.993 (45.993) 1:53.064 (1:07.071) 3:00.772 (1:07.708) 4:02.259 (1:01.487)						
5	Gabriel Trevino	SR	Jamestown	4:04.28	4:04.49	2	4
	48.151 (48.151) 1:53.022 (1:04.871) 2:59.401 (1:06.379) 4:04.485 (1:05.084)						
6	Kaden Van Wyngarden	FR	Dordt	4:10.88	4:06.02	2	3
	47.633 (47.633) 1:55.014 (1:07.381) 3:05.144 (1:10.130) 4:06.011 (1:00.867)						
7	Michael Grigsby	SO	Doane	4:07.15	4:06.10	2	2
	46.479 (46.479) 1:52.786 (1:06.307) 3:00.181 (1:07.395) 4:06.099 (1:05.918)						
8	Will Dawes	SO	Doane	4:10.28	4:07.81	2	1
	47.904 (47.904) 1:55.258 (1:07.354) 3:05.366 (1:10.108) 4:07.803 (1:02.437)						
9	Hudson Opp	SO	Concordia (Neb.)	4:12.07	4:13.69	2	
	47.846 (47.846) 1:56.997 (1:09.151) 3:07.954 (1:10.957) 4:13.690 (1:05.736)						
10	Owen Koontz	FR	Mount Marty	4:20.77	4:14.53	1	
	48.452 (48.452) 1:55.679 (1:07.227) 3:05.606 (1:09.927) 4:14.521 (1:08.915)						
11	Owen Krabill	FR	Dordt	4:16.97	4:15.08	1	
	50.476 (50.476) 1:57.719 (1:07.243) 3:06.097 (1:08.378) 4:15.075 (1:08.978)						
12	Jaedon Maxfield	SO	Concordia (Neb.)	4:17.63	4:22.74	1	
	51.404 (51.404) 1:59.222 (1:07.818) 3:11.747 (1:12.525) 4:22.734 (1:10.987)						
13	Garrett Hanson	SR	Morningside	4:08.01	4:22.83	2	
	48.393 (48.393) 1:57.263 (1:08.870) 3:10.124 (1:12.861) 4:22.828 (1:12.704)						
14	RC Hicks	SO	Morningside	4:22.00	4:23.45	1	
	50.788 (50.788) 1:58.647 (1:07.859) 3:10.480 (1:11.833) 4:23.446 (1:12.966)						
15	Colin Standifer	FR	Concordia (Neb.)	4:24.16	4:24.20	1	
	49.505 (49.505) 1:58.481 (1:08.976) 3:12.202 (1:13.721) 4:24.194 (1:11.992)						
16	Kanyon Vermillion	JR	Jamestown	4:18.24	4:24.93	1	
	51.094 (51.094) 1:58.138 (1:07.044) 3:09.171 (1:11.033) 4:24.929 (1:15.758)						
17	Isaac Vos	FR	Dordt	4:24.06	4:25.46	1	
	51.972 (51.972) 1:59.515 (1:07.543) 3:08.797 (1:09.282) 4:25.455 (1:16.658)						
18	Austin Ramold	SO	Morningside	4:25.14	4:26.23	1	
	51.126 (51.126) 2:00.936 (1:09.810) 3:17.134 (1:16.198) 4:26.221 (1:09.087)						
19	Logan Brooks	FR	Doane	4:29.11	4:26.85	1	
	50.846 (50.846) 2:04.196 (1:13.350) 3:17.811 (1:13.615) 4:26.850 (1:09.039)						
20	Evan Schmidt	JR	Concordia (Neb.)	4:13.97	4:28.02	2	
	48.834 (48.834) 1:58.889 (1:10.055) 3:13.118 (1:14.229) 4:28.012 (1:14.894)						
21	Nate Nelson	FR	Concordia (Neb.)	4:23.24	4:31.22	1	
	50.422 (50.422) 1:59.733 (1:09.311) 3:15.396 (1:15.663) 4:31.219 (1:15.823)						
22	Ryan Rotich	FR	Dordt	4:39.05	4:33.91	1	
	53.500 (53.500) 2:05.672 (1:12.172) 3:16.848 (1:11.176) 4:33.909 (1:17.061)						
23	Ethan Theilen	FR	Concordia (Neb.)	4:22.97	4:48.29	1	
	51.672 (51.672) 2:03.916 (1:12.244) 3:24.340 (1:20.424) 4:48.281 (1:23.941)						

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Results

Event 6 Men 3000 Meter Steeplechase

GPAC Record: G 9:07.89 5/6/2023 Kalen Dockweiler, Doane
NAIA Auto: A 9:22.00
NAIA Prov.: B 9:30.00

Name	Year	School	Seed	Finals	Points
1 Thomas Oliver	JR	Doane	9:12.19	9:16.57A	10
42.600 (42.600) 1:53.952 (1:11.352) 3:06.817 (1:12.865) 4:22.077 (1:15.260)					
5:38.149 (1:16.072) 6:53.282 (1:15.133) 8:08.208 (1:14.926) 9:16.568 (1:08.360)					
2 Thaniel Schroeder	SR	Dordt	9:23.82	9:25.24B	8
42.870 (42.870) 1:53.740 (1:10.870) 3:07.093 (1:13.353) 4:22.336 (1:15.243)					
5:38.067 (1:15.731) 6:52.934 (1:14.867) 8:06.865 (1:13.931) 9:25.238 (1:18.373)					
3 Nathan Pennekamp	JR	Concordia (Neb.)	9:51.81	9:42.81	6
43.590 (43.590) 1:58.320 (1:14.730) 3:16.960 (1:18.640) 4:35.245 (1:18.285)					
5:54.157 (1:18.912) 7:12.646 (1:18.489) 8:30.779 (1:18.133) 9:42.804 (1:12.025)					
4 Emmanuel Yego	SO	Doane	9:47.37	9:43.63	5
42.482 (42.482) 1:54.271 (1:11.789) 3:08.157 (1:13.886) 4:25.535 (1:17.378)					
5:45.436 (1:19.901) 7:05.589 (1:20.153) 8:28.047 (1:22.458) 9:43.625 (1:15.578)					
5 Levi Landman	SO	Dordt	10:11.36	9:50.78	4
42.712 (42.712) 1:56.442 (1:13.730) 3:14.514 (1:18.072) 4:34.781 (1:20.267)					
5:54.379 (1:19.598) 7:13.657 (1:19.278) 8:33.880 (1:20.223) 9:50.773 (1:16.893)					
6 Tatum Jelleberg	JR	Hastings	10:10.12	9:55.69	3
43.820 (43.820) 1:56.800 (1:12.980) 3:15.085 (1:18.285) 4:35.263 (1:20.178)					
5:55.518 (1:20.255) 7:17.579 (1:22.061) 8:38.906 (1:21.327) 9:55.690 (1:16.784)					
7 Garrett Hanson	SR	Morningside	10:11.92	10:06.47	2
43.060 (43.060) 1:57.029 (1:13.969) 3:17.276 (1:20.247) 4:36.945 (1:19.669)					
5:57.654 (1:20.709) 7:21.912 (1:24.258) 8:46.887 (1:24.975) 10:06.466 (1:19.579)					
8 Westley Determan	SO	Concordia (Neb.)	10:11.07	10:11.31	1
44.168 (44.168) 2:00.695 (1:16.527) 3:20.517 (1:19.822) 4:42.283 (1:21.766)					
6:04.535 (1:22.252) 7:28.049 (1:23.514) 8:52.841 (1:24.792) 10:11.303 (1:18.462)					
9 Duncan Blankenship	SR	Doane	10:05.09	10:20.60	
43.316 (43.316) 1:57.369 (1:14.053) 3:16.774 (1:19.405) 4:39.033 (1:22.259)					
6:02.560 (1:23.527) 7:29.255 (1:26.695) 8:55.901 (1:26.646) 10:20.591 (1:24.690)					
10 Aidan Limback	FR	Concordia (Neb.)	10:20.82	10:22.22	
43.982 (43.982) 2:02.571 (1:18.589) 3:22.540 (1:19.969) 4:44.607 (1:22.067)					
6:06.790 (1:22.183) 7:31.572 (1:24.782) 8:58.125 (1:26.553) 10:22.212 (1:24.087)					
11 Felix Grave	JR	Midland	11:08.01	10:57.34	
44.918 (44.918) 2:08.466 (1:23.548) 3:37.027 (1:28.561) 5:02.694 (1:25.667)					
6:29.558 (1:26.864) 7:57.899 (1:28.341) 9:28.874 (1:30.975) 10:57.340 (1:28.466)					
12 Colin Pinneo	FR	Concordia (Neb.)	10:59.62	11:30.15	
44.506 (44.506) 2:07.860 (1:23.354) 3:36.859 (1:28.999) 5:08.385 (1:31.526)					
6:42.236 (1:33.851) 8:16.932 (1:34.696) 9:52.858 (1:35.926) 11:30.148 (1:37.290)					
13 Juan Celio	SR	Briar Cliff	11:43.49	11:47.56	
45.361 (45.361) 2:13.215 (1:27.854) 3:46.710 (1:33.495) 5:24.249 (1:37.539)					
7:02.336 (1:38.087) 8:40.257 (1:37.921) 10:18.615 (1:38.358) 11:47.559 (1:28.944)					
14 David Bernhagen	SO	Northwestern (Iowa)	12:08.94	11:50.10	
45.904 (45.904) 2:09.603 (1:23.699) 3:41.205 (1:31.602) 5:17.906 (1:36.701)					
6:55.992 (1:38.086) 8:36.850 (1:40.858) 10:17.688 (1:40.838) 11:50.096 (1:32.408)					

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Results

Event 7 Men 5000 Meter Run

GPAC Record: G 14:48.03 5/6/2023 Joe Anderson, Dordt University
NAIA Auto: A 14:37.00
NAIA Prov.: B 14:47.00

Name	Year	School	Seed	Finals	Points
1 Aidan Vorster	JR	Dordt	14:45.40	14:54.25	10
1:49.389 (1:49.389)	3:02.027 (1:12.638)	4:13.598 (1:11.571)	5:24.901 (1:11.303)		
6:38.106 (1:13.206)	7:51.388 (1:13.282)	9:04.966 (1:13.579)	10:15.226 (1:10.260)		
11:25.435 (1:10.209)	12:36.292 (1:10.858)	13:47.003 (1:10.712)	14:54.246 (1:07.243)		
2 Nelson Ruto	JR	Doane	15:22.65	15:02.74	8
1:49.715 (1:49.715)	3:02.388 (1:12.674)	4:13.962 (1:11.574)	5:24.831 (1:10.869)		
6:37.829 (1:12.999)	7:51.097 (1:13.268)	9:04.108 (1:13.012)	10:15.484 (1:11.376)		
11:25.696 (1:10.213)	12:39.459 (1:13.763)	13:53.887 (1:14.428)	15:02.736 (1:08.850)		
3 Jon Mahoney	JR	Midland	15:09.04	15:03.67	6
1:50.183 (1:50.183)	3:02.633 (1:12.450)	4:14.242 (1:11.610)	5:25.545 (1:11.303)		
6:38.478 (1:12.933)	7:51.920 (1:13.443)	9:04.851 (1:12.931)	10:17.060 (1:12.210)		
11:31.667 (1:14.608)	12:45.547 (1:13.880)	14:00.493 (1:14.947)	15:03.666 (1:03.173)		
4 Tage Hulstein	SO	Dordt	15:17.61	15:06.32	5
1:49.859 (1:49.859)	3:02.474 (1:12.615)	4:14.139 (1:11.665)	5:25.429 (1:11.290)		
6:38.353 (1:12.925)	7:51.658 (1:13.305)	9:05.277 (1:13.619)	10:18.249 (1:12.973)		
11:31.431 (1:13.183)	12:45.782 (1:14.351)	13:59.141 (1:13.360)	15:06.316 (1:07.175)		
5 Calvin Rohde	SR	Concordia (Neb.)	14:49.27	15:08.34	4
1:49.453 (1:49.453)	3:02.077 (1:12.624)	4:13.718 (1:11.641)	5:25.298 (1:11.580)		
6:38.252 (1:12.955)	7:51.767 (1:13.515)	9:05.527 (1:13.760)	10:18.538 (1:13.011)		
11:31.210 (1:12.673)	12:46.044 (1:14.835)	14:01.231 (1:15.188)	15:08.331 (1:07.100)		
6 Trey Robertson	FR	Concordia (Neb.)	15:17.70	15:08.96	3
1:50.011 (1:50.011)	3:02.778 (1:12.768)	4:14.573 (1:11.795)	5:26.241 (1:11.668)		
6:39.039 (1:12.799)	7:52.983 (1:13.944)	9:06.968 (1:13.986)	10:19.853 (1:12.885)		
11:35.253 (1:15.401)	12:50.826 (1:15.573)	14:04.726 (1:13.901)	15:08.956 (1:04.230)		
7 Caleb Sayler	JR	Dakota Wesleyan	14:50.41	15:11.63	2
1:49.631 (1:49.631)	3:02.238 (1:12.608)	4:13.871 (1:11.633)	5:25.143 (1:11.273)		
6:37.598 (1:12.455)	7:50.723 (1:13.125)	9:04.726 (1:14.004)	10:17.906 (1:13.180)		
11:33.076 (1:15.170)	12:49.672 (1:16.596)	14:04.963 (1:15.292)	15:11.628 (1:06.665)		
8 Logan Ferrari	JR	Mount Marty	14:58.02	15:13.74	1
1:49.566 (1:49.566)	3:02.253 (1:12.687)	4:13.835 (1:11.583)	5:25.043 (1:11.209)		
6:37.656 (1:12.613)	7:50.928 (1:13.273)	9:04.188 (1:13.260)	10:18.049 (1:13.861)		
11:32.812 (1:14.763)	12:49.445 (1:16.633)	14:04.313 (1:14.868)	15:13.735 (1:09.423)		
9 Peter Shippy	SR	Dordt	15:19.67	15:14.59	
1:50.163 (1:50.163)	3:03.058 (1:12.895)	4:14.797 (1:11.739)	5:26.651 (1:11.855)		
6:40.493 (1:13.842)	7:55.530 (1:15.038)	9:11.666 (1:16.136)	10:28.223 (1:16.558)		
11:45.009 (1:16.787)	13:00.561 (1:15.553)	14:12.508 (1:11.947)	15:14.585 (1:02.078)		
10 Trevor Kuncl	SO	Concordia (Neb.)	15:23.26	15:26.12	
1:50.707 (1:50.707)	3:03.671 (1:12.965)	4:15.880 (1:12.209)	5:28.585 (1:12.705)		
6:41.709 (1:13.125)	7:56.164 (1:14.455)	9:09.959 (1:13.795)	10:24.299 (1:14.340)		
11:40.231 (1:15.933)	12:58.648 (1:18.417)	14:17.521 (1:18.873)	15:26.118 (1:08.598)		
11 Ben VanDeBerg	SO	Northwestern (Iowa)	15:31.92	15:26.57	
1:50.920 (1:50.920)	3:03.191 (1:12.272)	4:15.283 (1:12.092)	5:27.807 (1:12.525)		
6:40.999 (1:13.193)	7:55.691 (1:14.693)	9:10.281 (1:14.590)	10:24.542 (1:14.262)		
11:39.534 (1:14.993)	12:56.056 (1:16.522)	14:12.695 (1:16.640)	15:26.561 (1:13.867)		
12 Luke Swanson	SO	Dordt	15:34.01	15:33.30	
1:50.445 (1:50.445)	3:02.894 (1:12.450)	4:14.517 (1:11.623)	5:25.961 (1:11.445)		
6:38.749 (1:12.788)	7:52.187 (1:13.438)	9:06.191 (1:14.004)	10:22.651 (1:16.461)		
11:42.084 (1:19.433)	13:01.537 (1:19.453)	14:20.699 (1:19.163)	15:33.291 (1:12.592)		

2024 GPAC Outdoor Track and Field Championships - 5/3/2024 to 5/4/2024

Korver Field at De Valois Stadium

Results

....Event 7 Men 5000 Meter Run

```
13 Jack Ellis                JR Concordia (Neb.)    15:42.08   15:52.11
     1:52.658 (1:52.658)  3:07.728 (1:15.071)  4:24.231 (1:16.503)  5:41.588 (1:17.357)
     6:59.645 (1:18.058)  8:18.841 (1:19.197)  9:36.622 (1:17.781) 10:52.343 (1:15.722)
    12:08.260 (1:15.917) 13:26.096 (1:17.837) 14:43.708 (1:17.612) 15:52.110 (1:08.403)
14 David Martin              SR Jamestown           15:47.76   15:55.16
     1:51.288 (1:51.288)  3:04.979 (1:13.692)  4:17.372 (1:12.393)  5:31.626 (1:14.254)
     6:46.103 (1:14.478)  8:01.999 (1:15.897)  9:20.888 (1:18.890) 10:41.417 (1:20.529)
    12:01.366 (1:19.949) 13:21.983 (1:20.618) 14:40.863 (1:18.880) 15:55.151 (1:14.289)
15 Chase Kamp                SO Dordt               15:43.38   16:00.77
     1:51.917 (1:51.917)  3:06.057 (1:14.140)  4:22.436 (1:16.380)  5:39.473 (1:17.038)
     6:56.477 (1:17.004)  8:12.807 (1:16.330)  9:29.303 (1:16.497) 10:49.125 (1:19.822)
    12:08.564 (1:19.440) 13:28.922 (1:20.358) 14:46.401 (1:17.479) 16:00.766 (1:14.366)
16 Thomas Gorline            JR Concordia (Neb.)    15:43.82   16:01.87
     1:51.044 (1:51.044)  3:03.823 (1:12.779)  4:16.405 (1:12.583)  5:33.053 (1:16.649)
     6:53.184 (1:20.131)  8:13.751 (1:20.568)  9:33.822 (1:20.071) 10:52.776 (1:18.955)
    12:13.388 (1:20.613) 13:33.688 (1:20.300) 14:53.232 (1:19.544) 16:01.861 (1:08.629)
17 Levi Landman              SO Dordt               15:49.47   16:07.95
     1:50.970 (1:50.970)  3:05.369 (1:14.400)  4:22.148 (1:16.780)  5:39.213 (1:17.065)
     6:56.248 (1:17.035)  8:13.301 (1:17.054)  9:31.649 (1:18.348) 10:52.055 (1:20.406)
    12:12.851 (1:20.796) 13:34.533 (1:21.683) 14:55.350 (1:20.818) 16:07.947 (1:12.598)
18 Drew Hjelmstad            JR Jamestown           16:10.49   16:10.44
     1:51.616 (1:51.616)  3:05.236 (1:13.621)  4:20.432 (1:15.196)  5:37.826 (1:17.394)
     6:55.495 (1:17.670)  8:13.041 (1:17.547)  9:31.386 (1:18.345) 10:51.823 (1:20.438)
    12:12.785 (1:20.962) 13:33.203 (1:20.419) 14:56.403 (1:23.200) 16:10.431 (1:14.028)
19 Ransom Watts              FR Concordia (Neb.)    16:04.75   16:26.80
     1:51.406 (1:51.406)  3:05.658 (1:14.253)  4:21.192 (1:15.534)  5:38.636 (1:17.445)
     6:57.053 (1:18.417)  8:16.206 (1:19.153)  9:35.501 (1:19.296) 10:55.603 (1:20.102)
    12:17.291 (1:21.688) 13:40.978 (1:23.688) 15:04.993 (1:24.015) 16:26.798 (1:21.805)
20 Charlie Hayden            JR Concordia (Neb.)    16:18.88   16:32.34
     1:52.031 (1:52.031)  3:05.830 (1:13.799)  4:20.777 (1:14.948)  5:38.185 (1:17.408)
     6:56.896 (1:18.711)  8:19.300 (1:22.405)  9:43.791 (1:24.492) 11:07.365 (1:23.574)
    12:31.651 (1:24.286) 13:54.388 (1:22.738) 15:16.198 (1:21.810) 16:32.338 (1:16.141)
21 Ethan Fritzinger          FR Mount Marty         16:22.57   16:36.47
     1:50.743 (1:50.743)  3:03.871 (1:13.129)  4:20.082 (1:16.211)  5:38.538 (1:18.456)
     6:58.214 (1:19.677)  8:20.744 (1:22.530)  9:44.420 (1:23.676) 11:08.000 (1:23.580)
    12:32.061 (1:24.062) 13:55.156 (1:23.095) 15:17.613 (1:22.457) 16:36.466 (1:18.854)
-- Thaniel Schroeder         SR Dordt               14:48.76        DNF
     1:50.392 (1:50.392)  3:03.294 (1:12.903)  4:15.023 (1:11.729)  5:26.996 (1:11.974)
     6:40.772 (1:13.776)  7:55.847 (1:15.075)  9:12.053 (1:16.207) 10:28.566 (1:16.513)
    11:46.226 (1:17.661)
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Event 8 Men 10000 Meter Run

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================================================================================
 GPAC Record: G 30:55.24  1991        Garry Wasserman, Nebraska Weseleyan Univ.
   NAIA Auto: A 31:00.00
  NAIA Prov.: B 31:20.00
    Name                     Year School                   Seed     Finals  Points
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2024 GPAC Outdoor Track and Field Championships - 5/3/2024 to 5/4/2024

Korver Field at De Valois Stadium

Results

....Event 8 Men 10000 Meter Run

```
1 Aidan Vorster            JR Dordt               30:55.63   31:20.90   10
    1:14.000 (1:14.000)  2:27.735 (1:13.735)  3:43.401 (1:15.666)  4:58.648 (1:15.247)
    6:13.056 (1:14.408)  7:27.785 (1:14.729)  8:41.747 (1:13.962)  9:56.098 (1:14.351)
   11:11.027 (1:14.929) 12:25.577 (1:14.550) 13:39.127 (1:13.550) 14:53.863 (1:14.736)
   16:08.032 (1:14.169) 17:22.146 (1:14.114) 18:37.691 (1:15.545) 19:54.143 (1:16.452)
   21:09.853 (1:15.710) 22:26.418 (1:16.565) 23:42.883 (1:16.465) 25:03.853 (1:20.970)
   26:24.173 (1:20.320) 27:41.182 (1:17.009) 28:56.759 (1:15.577) 30:11.377 (1:14.618)
   31:20.893 (1:09.516)
2 Nelson Ruto              JR Doane               31:58.13   31:49.38    8
    1:14.545 (1:14.545)  2:28.240 (1:13.695)  3:43.976 (1:15.736)  4:59.150 (1:15.174)
    6:13.577 (1:14.427)  7:28.265 (1:14.688)  8:42.174 (1:13.909)  9:56.581 (1:14.407)
   11:11.596 (1:15.015) 12:26.120 (1:14.524) 13:39.615 (1:13.495) 14:54.369 (1:14.754)
   16:08.768 (1:14.399) 17:25.328 (1:16.560) 18:43.819 (1:18.491) 20:01.848 (1:18.029)
   21:21.118 (1:19.270) 22:39.965 (1:18.847) 23:58.640 (1:18.675) 25:18.252 (1:19.612)
   26:36.489 (1:18.237) 27:56.226 (1:19.737) 29:15.427 (1:19.201) 30:33.274 (1:17.847)
   31:49.375 (1:16.101)
3 Ethan Summerhays         JR Dordt               31:57.14   32:03.28    6
    1:14.272 (1:14.272)  2:28.019 (1:13.747)  3:43.708 (1:15.689)  4:58.902 (1:15.194)
    6:13.346 (1:14.444)  7:28.047 (1:14.701)  8:41.941 (1:13.894)  9:56.316 (1:14.375)
   11:11.340 (1:15.024) 12:25.824 (1:14.484) 13:39.415 (1:13.591) 14:54.113 (1:14.698)
   16:08.295 (1:14.182) 17:22.416 (1:14.121) 18:37.996 (1:15.580) 19:54.466 (1:16.470)
   21:11.261 (1:16.795) 22:30.860 (1:19.599) 23:51.708 (1:20.848) 25:14.122 (1:22.414)
   26:37.433 (1:23.311) 28:00.098 (1:22.665) 29:23.389 (1:23.291) 30:45.184 (1:21.795)
   32:03.272 (1:18.088)
4 Jon Mahoney              JR Midland             32:22.85   32:15.42    5
    1:14.796 (1:14.796)  2:28.545 (1:13.749)  3:44.252 (1:15.707)  4:59.386 (1:15.134)
    6:13.827 (1:14.441)  7:28.495 (1:14.668)  8:42.442 (1:13.947)  9:56.967 (1:14.525)
   11:12.387 (1:15.420) 12:28.652 (1:16.265) 13:47.275 (1:18.623) 15:05.752 (1:18.477)
   16:24.858 (1:19.106) 17:43.111 (1:18.253) 19:02.096 (1:18.985) 20:23.526 (1:21.430)
   21:44.824 (1:21.298) 23:06.994 (1:22.170) 24:28.052 (1:21.058) 25:50.945 (1:22.893)
   27:14.683 (1:23.738) 28:40.758 (1:26.075) 30:02.018 (1:21.260) 31:13.122 (1:11.104)
   32:15.417 (1:02.295)
5 Gabriel Trevino          SR Jamestown           31:40.40   32:16.28    4
    1:16.708 (1:16.708)  2:34.583 (1:17.875)  3:51.837 (1:17.254)  5:09.167 (1:17.330)
    6:27.303 (1:18.136)  7:46.737 (1:19.434)  9:04.584 (1:17.847) 10:23.270 (1:18.686)
   11:41.123 (1:17.853) 12:58.485 (1:17.362) 14:17.932 (1:19.447) 15:36.671 (1:18.739)
   16:56.568 (1:19.897) 18:15.881 (1:19.313) 19:35.562 (1:19.681) 20:51.082 (1:15.520)
   22:06.707 (1:15.625) 23:22.732 (1:16.025) 24:39.653 (1:16.921) 25:56.076 (1:16.423)
   27:13.130 (1:17.054) 28:30.465 (1:17.335) 29:49.546 (1:19.081) 31:06.273 (1:16.727)
   32:16.273 (1:10.000)
6 Jack Ellis               JR Concordia (Neb.)    33:13.51   32:33.93    3
    1:18.366 (1:18.366)  2:35.180 (1:16.814)  3:52.814 (1:17.634)  5:10.125 (1:17.311)
    6:28.182 (1:18.057)  7:46.371 (1:18.189)  9:03.901 (1:17.530) 10:22.936 (1:19.035)
   11:40.941 (1:18.005) 12:58.155 (1:17.214) 14:17.552 (1:19.397) 15:37.139 (1:19.587)
   16:56.650 (1:19.511) 18:15.721 (1:19.071) 19:35.289 (1:19.568) 20:54.329 (1:19.040)
   22:12.834 (1:18.505) 23:31.970 (1:19.136) 24:50.274 (1:18.304) 26:09.575 (1:19.301)
   27:28.255 (1:18.680) 28:46.324 (1:18.069) 30:05.439 (1:19.115) 31:23.983 (1:18.544)
   32:33.921 (1:09.938)
7 Ben VanDeBerg            SO Northwestern (Iowa) 32:43.15   32:35.59    2
    1:17.744 (1:17.744)  2:34.693 (1:16.949)  3:52.385 (1:17.692)  5:09.744 (1:17.359)
    6:27.819 (1:18.075)  7:46.479 (1:18.660)  9:03.567 (1:17.088) 10:22.646 (1:19.079)
   11:41.267 (1:18.621) 12:58.273 (1:17.006) 14:17.706 (1:19.433) 15:36.855 (1:19.149)
   16:56.706 (1:19.851) 18:15.963 (1:19.257) 19:35.341 (1:19.378) 20:53.125 (1:17.784)
   22:10.632 (1:17.507) 23:27.559 (1:16.927) 24:45.647 (1:18.088) 26:03.032 (1:17.385)
   27:21.561 (1:18.529) 28:41.329 (1:19.768) 30:00.597 (1:19.268) 31:19.166 (1:18.569)
   32:35.588 (1:16.422)
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2024 GPAC Outdoor Track and Field Championships - 5/3/2024 to 5/4/2024

Korver Field at De Valois Stadium

Results

....Event 8 Men 10000 Meter Run

```
 8 Thomas Gorline            JR Concordia (Neb.)    33:21.82   32:45.45    1
     1:18.637 (1:18.637)  2:35.439 (1:16.802)  3:53.078 (1:17.639)  5:10.390 (1:17.312)
     6:28.453 (1:18.063)  7:46.593 (1:18.140)  9:04.156 (1:17.563) 10:23.000 (1:18.844)
    11:40.563 (1:17.563) 12:57.871 (1:17.308) 14:17.246 (1:19.375) 15:36.661 (1:19.415)
    16:56.295 (1:19.634) 18:15.567 (1:19.272) 19:35.129 (1:19.562) 20:53.986 (1:18.857)
    22:13.293 (1:19.307) 23:34.688 (1:21.395) 24:55.885 (1:21.197) 26:17.239 (1:21.354)
    27:38.330 (1:21.091) 28:59.616 (1:21.286) 30:18.982 (1:19.366) 31:37.645 (1:18.663)
    32:45.445 (1:07.800)
 9 Tatum Jelleberg           JR Hastings            32:57.68   32:52.73
     1:15.577 (1:15.577)  2:33.619 (1:18.042)  3:51.214 (1:17.595)  5:08.834 (1:17.620)
     6:26.977 (1:18.143)  7:46.153 (1:19.176)  9:04.454 (1:18.301) 10:23.168 (1:18.714)
    11:41.685 (1:18.517) 12:59.230 (1:17.545) 14:18.515 (1:19.285) 15:37.225 (1:18.710)
    16:57.225 (1:20.000) 18:16.107 (1:18.882) 19:35.884 (1:19.777) 20:53.884 (1:18.000)
    22:13.499 (1:19.615) 23:35.376 (1:21.877) 24:56.187 (1:20.811) 26:17.557 (1:21.370)
    27:38.106 (1:20.549) 28:58.675 (1:20.569) 30:20.194 (1:21.519) 31:38.674 (1:18.480)
    32:52.729 (1:14.055)
10 Jakob Tadlock             JR Doane               34:27.67   33:06.86
     1:23.061 (1:23.061)  2:45.509 (1:22.448)  4:08.212 (1:22.703)  5:28.898 (1:20.686)
     6:50.038 (1:21.140)  8:10.252 (1:20.214)  9:29.285 (1:19.033) 10:48.527 (1:19.242)
    12:07.903 (1:19.376) 13:27.494 (1:19.591) 14:46.103 (1:18.609) 16:04.469 (1:18.366)
    17:22.650 (1:18.181) 18:41.973 (1:19.323) 20:01.786 (1:19.813) 21:21.525 (1:19.739)
    22:40.385 (1:18.860) 23:59.599 (1:19.214) 25:18.608 (1:19.009) 26:37.445 (1:18.837)
    27:56.621 (1:19.176) 29:15.828 (1:19.207) 30:33.789 (1:17.961) 31:51.972 (1:18.183)
    33:06.854 (1:14.882)
11 Derrek Vander Leest       SO Dordt               33:16.03   33:39.68
     1:18.753 (1:18.753)  2:38.518 (1:19.765)  3:58.097 (1:19.579)  5:16.893 (1:18.796)
     6:38.244 (1:21.351)  7:58.492 (1:20.248)  9:18.486 (1:19.994) 10:37.326 (1:18.840)
    11:57.094 (1:19.768) 13:17.107 (1:20.013) 14:35.814 (1:18.707) 15:53.534 (1:17.720)
    17:11.485 (1:17.951) 18:30.749 (1:19.264) 19:51.002 (1:20.253) 21:11.399 (1:20.397)
    22:31.093 (1:19.694) 23:50.915 (1:19.822) 25:10.250 (1:19.335) 26:32.134 (1:21.884)
    27:54.935 (1:22.801) 29:19.925 (1:24.990) 30:48.687 (1:28.762) 32:16.243 (1:27.556)
    33:39.680 (1:23.437)
12 Chase Kamp                SO Dordt               33:13.21   34:14.21
     1:18.396 (1:18.396)  2:38.296 (1:19.900)  3:57.827 (1:19.531)  5:17.255 (1:19.428)
     6:38.585 (1:21.330)  7:58.805 (1:20.220)  9:18.795 (1:19.990) 10:37.040 (1:18.245)
    11:56.814 (1:19.774) 13:16.825 (1:20.011) 14:35.521 (1:18.696) 15:53.876 (1:18.355)
    17:11.937 (1:18.061) 18:31.388 (1:19.451) 19:52.356 (1:20.968) 21:14.411 (1:22.055)
    22:36.370 (1:21.959) 24:00.873 (1:24.503) 25:26.588 (1:25.715) 26:54.881 (1:28.293)
    28:23.135 (1:28.254) 29:52.176 (1:29.041) 31:21.801 (1:29.625) 32:51.109 (1:29.308)
    34:14.209 (1:23.100)
13 Ethan Fritzinger          FR Mount Marty         33:00.75   34:15.27
     1:18.060 (1:18.060)  2:35.828 (1:17.768)  3:54.153 (1:18.325)  5:11.197 (1:17.044)
     6:29.654 (1:18.457)  7:48.440 (1:18.786)  9:07.280 (1:18.840) 10:26.608 (1:19.328)
    11:46.565 (1:19.957) 13:05.994 (1:19.429) 14:26.599 (1:20.605) 15:49.677 (1:23.078)
    17:12.567 (1:22.890) 18:38.505 (1:25.938) 20:02.512 (1:24.007) 21:30.955 (1:28.443)
    22:56.872 (1:25.917) 24:24.905 (1:28.033) 25:51.196 (1:26.291) 27:16.167 (1:24.971)
    28:43.995 (1:27.828) 30:12.326 (1:28.331) 31:37.587 (1:25.261) 33:01.337 (1:23.750)
    34:15.266 (1:13.929)
```

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Results

....Event 8 Men 10000 Meter Run

```
14 Jeremiah Arndt            SO Doane               35:00.95   34:15.28
     1:23.421 (1:23.421)  2:45.952 (1:22.531)  4:08.536 (1:22.584)  5:29.351 (1:20.815)
     6:50.724 (1:21.373)  8:10.987 (1:20.263)  9:30.489 (1:19.502) 10:50.417 (1:19.928)
    12:11.698 (1:21.281) 13:33.764 (1:22.066) 14:54.295 (1:20.531) 16:17.081 (1:22.786)
    17:40.549 (1:23.468) 19:03.781 (1:23.232) 20:27.283 (1:23.502) 21:50.828 (1:23.545)
    23:14.394 (1:23.566) 24:37.781 (1:23.387) 26:01.805 (1:24.024) 27:26.072 (1:24.267)
    28:49.434 (1:23.362) 30:13.210 (1:23.776) 31:38.000 (1:24.790) 33:01.617 (1:23.617)
    34:15.280 (1:13.663)
15 Ryan Evans                SR Doane               36:36.71   34:36.76
     1:23.879 (1:23.879)  2:46.434 (1:22.555)  4:09.158 (1:22.724)  5:30.172 (1:21.014)
     6:51.791 (1:21.619)  8:12.422 (1:20.631)  9:33.203 (1:20.781) 10:54.932 (1:21.729)
    12:17.552 (1:22.620) 13:41.209 (1:23.657) 15:03.338 (1:22.129) 16:26.283 (1:22.945)
    17:49.385 (1:23.102) 19:13.677 (1:24.292) 20:37.132 (1:23.455) 22:01.677 (1:24.545)
    23:26.345 (1:24.668) 24:50.438 (1:24.093) 26:15.041 (1:24.603) 27:39.640 (1:24.599)
    29:02.999 (1:23.359) 30:27.211 (1:24.212) 31:52.491 (1:25.280) 33:16.068 (1:23.577)
    34:36.760 (1:20.692)
16 Felix Grave               JR Midland             35:38.16   34:53.36
     1:23.695 (1:23.695)  2:46.208 (1:22.513)  4:08.860 (1:22.652)  5:29.892 (1:21.032)
     6:51.417 (1:21.525)  8:12.147 (1:20.730)  9:33.648 (1:21.501) 10:55.300 (1:21.652)
    12:18.505 (1:23.205) 13:43.759 (1:25.254) 15:08.349 (1:24.590) 16:33.449 (1:25.100)
    18:00.061 (1:26.612) 19:26.021 (1:25.960) 20:51.603 (1:25.582) 22:16.167 (1:24.564)
    23:41.391 (1:25.224) 25:05.703 (1:24.312) 26:30.506 (1:24.803) 27:55.229 (1:24.723)
    29:19.333 (1:24.104) 30:44.756 (1:25.423) 32:08.651 (1:23.895) 33:31.774 (1:23.123)
    34:53.360 (1:21.586)
17 Benjamin Ehrenberg        FR Concordia (Neb.)    35:55.36   35:31.27
     1:23.593 (1:23.593)  2:46.088 (1:22.495)  4:08.716 (1:22.628)  5:29.628 (1:20.912)
     6:51.014 (1:21.386)  8:11.411 (1:20.397)  9:30.846 (1:19.435) 10:50.811 (1:19.965)
    12:13.194 (1:22.383) 13:39.944 (1:26.750) 15:05.820 (1:25.876) 16:33.255 (1:27.435)
    18:00.388 (1:27.133) 19:26.291 (1:25.903) 20:51.851 (1:25.560) 22:16.668 (1:24.817)
    23:44.523 (1:27.855) 25:14.152 (1:29.629) 26:43.332 (1:29.180) 28:11.619 (1:28.287)
    29:39.406 (1:27.787) 31:07.679 (1:28.273) 32:36.727 (1:29.048) 34:05.974 (1:29.247)
    35:31.265 (1:25.291)
-- Landon Thompson           SO Jamestown           32:23.80        DNF
     1:17.018 (1:17.018)  2:34.903 (1:17.885)  3:52.059 (1:17.156)  5:09.426 (1:17.367)
     6:27.555 (1:18.129)  7:46.981 (1:19.426)  9:04.752 (1:17.771) 10:23.406 (1:18.654)
    11:41.301 (1:17.895) 12:58.631 (1:17.330) 14:18.229 (1:19.598) 15:36.955 (1:18.726)
    16:56.947 (1:19.992) 18:16.475 (1:19.528) 19:36.218 (1:19.743) 20:55.064 (1:18.846)
    22:15.315 (1:20.251) 23:37.334 (1:22.019) 24:58.869 (1:21.535) 26:21.946 (1:23.077)
    27:44.355 (1:22.409) 29:05.005 (1:20.650) 30:24.966 (1:19.961) 31:57.801 (1:32.835)
```

Event 9 Men 110 Meter Hurdles

```
================================================================================
 GPAC Record: G 14.04  1996        Adam Decker, Nebraska Wesleyan Univ.
   NAIA Auto: A 14.60
  NAIA Prov.: B 14.60
    Name                    Year School                  Seed    Prelims  Wind H#
================================================================================
Preliminaries
  1 Zach Turner               JR Doane                  13.89    G 14.00Q  2.4  3
  2 Evan Shepard              SO Midland                14.74      14.71Q  3.4  2
  3 Wilton George             JR Briar Cliff            14.40      14.72Q  2.6  1
  4 Deagan Puppe              SO Mount Marty            14.96      14.76q  3.4  2
  5 AJ Bomgaars               SO Northwestern (Iowa)    15.60      15.21q  2.6  1
  6 Andrew Harms              FR Doane                  15.41      15.29q  2.6  1
  7 Sander Zutterman          FR Doane                  15.48      15.48q  3.4  2
```

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....Event 9 Men 110 Meter Hurdles

8	Zachary Fox	FR	Doane	15.56	15.52q	3.4	2
9	Addison Croghan	FR	Doane	15.15	15.53	2.4	3
10	Gage Fries	SO	Concordia (Neb.)	15.09	15.55	2.6	1
11	Hayden Kluthe	FR	Concordia (Neb.)	15.29	15.59	2.4	3
12	Carter Niles	FR	Doane	15.96	15.87	2.6	1
13	Aiden Heimann	FR	Jamestown	16.51	15.88	2.6	1
14	Barrett Nielsen	SO	Dakota Wesleyan	16.79	16.05	2.4	3
15	Bryson Tripp	SR	Jamestown	15.93	16.10	2.4	3
16	Eli Ebel	FR	Morningside	16.43	16.12	3.4	2
17	Bladen Garcia	FR	Doane	16.08	16.13	3.4	2
18	Boston Riedemann	FR	Morningside	17.13	16.79	3.4	2
19	Dylan Brei	FR	Concordia (Neb.)	17.20	17.11	3.4	2
20	Wyatt Tschida	FR	Dordt	16.88	17.39	2.4	3
21	Michael Beyer	SO	Mount Marty	15.83	17.67	2.4	3
22	Colin Rhynalds	FR	Briar Cliff	17.03	18.52	2.6	1

Event 9 Men 110 Meter Hurdles

GPAC Record: G 14.04 1996 Adam Decker, Nebraska Wesleyan Univ.
NAIA Auto: A 14.60
NAIA Prov.: B 14.60

	Name	Year	School	Prelims	Finals	Wind	Points
Finals							
1	Zach Turner	JR	Doane	14.00	13.79G	3.3	10
2	Wilton George	JR	Briar Cliff	14.72	14.52	3.3	8
3	Deagan Puppe	SO	Mount Marty	14.76	14.56	3.3	6
4	Evan Shepard	SO	Midland	14.71	14.82	3.3	5
5	Sander Zutterman	FR	Doane	15.48	15.50	3.3	4
6	AJ Bomgaars	SO	Northwestern (Iowa)	15.21	15.58	3.3	3
7	Zachary Fox	FR	Doane	15.52	15.63	3.3	2
8	Andrew Harms	FR	Doane	15.29	15.96	3.3	1

Event 10 Men 400 Meter Hurdles

GPAC Record: G 51.92 5/7/2022 Zach Turner, Doane
NAIA Auto: A 53.80
NAIA Prov.: B 54.60

	Name	Year	School	Seed	Finals	H#	Points
1	Zach Turner	JR	Doane	52.09	52.02A	3	10
2	Shandon Reitzell	SR	Midland	54.41	53.56A	3	8
3	Devin Bos	SR	Dordt	54.88	54.92	3	6
4	AJ Bomgaars	SO	Northwestern (Iowa)	57.05	55.46	2	5
5	Zachary Fox	FR	Doane	56.13	55.98	3	4
6	Brian Clausen	SR	Hastings	55.87	56.01	3	3
7	Dawson Teune	JR	Dordt	56.57	56.08	3	2
8	Will Gutzmer	SO	Dordt	58.06	56.40	2	1
9	Carter Niles	FR	Doane	56.57	56.86	3	
10	Teagan Meyer	JR	Concordia (Neb.)	57.25	57.03	2	
11	Dayton Brunsting	JR	Dordt	57.27	57.25	2	
12	Hayden Kluthe	FR	Concordia (Neb.)	56.79	57.58	3	
13	Reese Van Zee	SO	Northwestern (Iowa)	59.43	59.32	1	
14	Wyatt Tschida	FR	Dordt	1:01.13	1:00.78	1	
15	Dillyn DeHoyos	FR	Northwestern (Iowa)	1:01.88	1:01.51	1	

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....Event 10 Men 400 Meter Hurdles

16	Brian Sosa	SR	Briar Cliff	1:02.89	1:01.83	1	
17	Deagan Puppe	SO	Mount Marty	58.81	1:02.15	2	
18	Wilton George	JR	Briar Cliff	57.22	1:02.30	2	
19	Gage Fries	SO	Concordia (Neb.)	59.32	1:02.86	1	
20	Gunner Vargas	JR	Northwestern (Iowa)	59.14	1:03.11	1	1:03.106
21	Eli Ebel	FR	Morningside	1:02.96	1:03.11	1	1:03.110

Event 11 Men 4x100 Meter Relay

GPAC Record: G 40.58 2011 Doane, Doane College
B. McCaleb, T. Hodges, C. Busby, B. Lawrence
NAIA Auto: A 41.00
NAIA Prov.: B 41.40

School	Seed	Finals	H#	Points
1 Northwestern (Iowa)	40.91	40.58G	2	10
1) Braden Kalvelage SO 2) Grant Palmer JR				
3) Braden Jahn SR 4) Ashton Sandbulte SO				
2 Dordt	40.96	40.59A	2	8
1) Levi Schelhaas SO 2) Logan Franken JR				
3) Ryan Schober JR 4) Payton Mauldin SR				
3 Doane	41.62	41.55	2	6
1) Connor Bradley SO 2) Jadae Moore JR				
3) Christopher Vincent SR 4) Andrew Mahoney JR				
4 Mount Marty	40.93	41.72	2	5
1) Mason Schleis SR 2) Edwin Nyamutswa FR				
3) Donovan Breckenridge JR 4) Marcus Jnofinn SR				
5 Concordia (Neb.)	42.65	42.77	2	4
1) Aaron Everett SO 2) Matthew Wing FR				
3) Myles Sadd SO 4) Xavier Marburger FR				
6 Midland	42.91	43.26	2	3
1) Marell Finks FR 2) Aiden Mountain FR				
3) Noah Sherman FR 4) Mats Albertz FR				
7 Morningside	42.33	43.87	2	2
1) Austin McClain JR 2) Boston Riedemann FR				
3) Adam Fillipi JR 4) Jack Kling FR				
8 Hastings		43.89	1	1
1) Noah Hudnall FR 2) Brian Clausen SR				
3) Aaron Ochsner SR 4) Rafer Severson FR				
9 Jamestown	43.81	44.07	1	
1) Ashton Judge FR 2) Trevor Waldo FR				
3) Bryson Tripp SR 4) Avery Harms FR				

Event 12 Men 4x400 Meter Relay

GPAC Record: G 3:12.62 5/11/2007 Hastings College, Hastings
T Redinger, B Gamble, L Beethe, B Diamond
NAIA Auto: A 3:16.00
NAIA Prov.: B 3:17.70

School	Seed	Finals	H#	Points
1 Dordt	3:09.43	3:16.69B	2	10
1) Levi Schelhaas SO 2) Noah Schroder FR				
3) Cole Zevenbergen SR 4) Payton Mauldin SR				
1:39.038 (1:39.038) 2:27.970 (48.933) 3:16.683 (48.714)				

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....Event 12 Men 4x400 Meter Relay

```
 2 Northwestern (Iowa)                                3:20.63    3:19.32   2   8
    1) Aziah Ashley SO                 2) Braden Jahn SR
    3) Grant Palmer JR                 4) Trey Engelmann JR
     1:39.309 (1:39.309)    2:29.736 (50.428)    3:19.320 (49.585)
 3 Mount Marty                                        3:15.29    3:20.88   2   6
    1) Zavio Prato FR                  2) Nathaniel Kropuenske JR
    3) Edwin Nyamutswa FR              4) Donovan Breckenridge JR
     1:41.724 (1:41.724)    2:31.895 (50.171)    3:20.872 (48.978)
 4 Doane                                              3:15.00    3:23.69   2   5
    1) Joaquin Gutierrez SO            2) Connor Bradley SO
    3) Caleb Mulder SO                 4) Zach Turner JR
     1:41.795 (1:41.795)    2:34.220 (52.425)    3:23.685 (49.465)
 5 Midland                                            3:22.49    3:24.88   2   4
    1) Blake Olbrich JR                2) Noah Sherman FR
    3) Lucas Hjortkjaer SO             4) Henri Stoeckermann JR
     1:43.031 (1:43.031)    2:34.327 (51.296)    3:24.880 (50.553)
 6 Concordia (Neb.)                                   3:32.00    3:25.68   2   3
    1) Teagan Meyer JR                 2) Matthew Wing FR
    3) Hayden Kluthe FR                4) Liam Fagan SO
     1:43.513 (1:43.513)    2:35.398 (51.885)    3:25.678 (50.281)
 7 Morningside                                        3:36.32    3:26.01   2   2
    1) Kadyn Cline JR                  2) Davon Brees SR
    3) Braden Sonksen FR               4) Jack Kling FR
     1:44.350 (1:44.350)    2:36.159 (51.810)    3:26.001 (49.843)
 8 Hastings                                           3:26.75    3:28.46   2   1
    1) Brian Clausen SR                2) Rafer Severson FR
    3) Aaron Ochsner SR                4) Tyler Salter SO
     1:45.258 (1:45.258)    2:36.979 (51.721)    3:28.457 (51.478)
 9 Briar Cliff                                                   3:38.82   1
    1) Ramon Harkins SO                2) Daron Jackson JR
    3) Jalen Cook JR                   4) Brian Sosa SR
     1:49.367 (1:49.367)    2:45.460 (56.094)    3:38.816 (53.356)
```

Event 13 Men 4x800 Meter Relay

```
================================================================================
 GPAC Record: G 7:37.92  2019        Dordt, Dordt University
                         C Herman, J Merkle, L Van Eps, M Van Eps
  NAIA Auto: A 7:41.00
 NAIA Prov.: B 7:46.00
   School                                                Seed     Finals  Points
================================================================================
 1 Dordt                                              7:41.27    7:45.85B  10
    1) Craig Becker SO                 2) Sam May SO
    3) Josiah Wittenberg SO            4) Isaac Davelaar FR
     1:58.264 (1:58.264)  3:56.320 (1:58.056)  5:52.906 (1:56.586)  7:45.844 (1:52.938)
 2 Doane                                              7:58.87    7:47.33    8
    1) Eli Marez FR                    2) Michael Grigsby SO
    3) Nate O'Brien FR                 4) Emmanuel Yego SO
     1:59.106 (1:59.106)  3:55.882 (1:56.776)  5:53.405 (1:57.523)  7:47.326 (1:53.921)
 3 Midland                                            7:58.46    7:54.87    6
    1) Lucas Hjortkjaer SO             2) Henri Stoeckermann JR
    3) Braden Taylor SO                4) Blake Olbrich JR
     1:56.220 (1:56.220)  3:52.281 (1:56.061)  5:53.263 (2:00.982)  7:54.861 (2:01.598)
 4 Mount Marty                                        8:30.28    8:03.84    5
```

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Results

....Event 13 Men 4x800 Meter Relay

1) Nathaniel Kropuenske JR 2) Jacob Kueny SO
3) Liam Vidas JR 4) Logan Ferrari JR
1:59.972 (1:59.972) 4:00.145 (2:00.173) 6:04.086 (2:03.941) 8:03.838 (1:59.752)

5 Hastings 8:13.11 8:05.31 4
1) Tyler Salter SO 2) Brian Clausen SR
3) Luke Lewandowski SO 4) Deshawn Burks SO
1:58.438 (1:58.438) 3:58.200 (1:59.762) 6:04.720 (2:06.520) 8:05.308 (2:00.588)

6 Northwestern (Iowa) 8:36.92 8:16.13 3
1) Payton Van Sickle FR 2) Carson Engbers FR
3) Tommy Tracy SO 4) Trey Engelmann JR
2:00.782 (2:00.782) 4:07.784 (2:07.002) 6:12.890 (2:05.106) 8:16.128 (2:03.238)

7 Concordia (Neb.) 8:10.86 8:24.00 2
1) Justin Sherman FR 2) Micah Willweber SR
3) Hudson Opp SO 4) Adric Schmitz FR
2:00.998 (2:00.998) 4:03.855 (2:02.857) 6:08.776 (2:04.921) 8:24.000 (2:15.224)

8 Morningside 8:26.53 1
1) Casey Kruger SO 2) Braden Sonksen FR
3) Chayton Rowe JR 4) Garrett Hanson SR
2:06.530 (2:06.530) 4:12.233 (2:05.703) 6:23.589 (2:11.356) 8:26.529 (2:02.940)

Event 14 Men Long Jump

9 to Final
GPAC Record: G 7.93m 5/5/2012 Ronnie Taylor, Hastings
NAIA Auto: A 7.25m
NAIA Prov.: B 7.15m

	Name	Year	School	Seed	Finals	Wind		H#	Points
1	Braden Kalvelage	SO	Northwestern (Iowa)	7.42m	7.64m	3.0	25-00.75	2	10
	7.25m(1.7) FOUL(1.6) 7.52m(2.0) 7.30m(1.4) 7.64m(3.0) PASS								
2	Justin Gleason	FR	Northwestern (Iowa)	7.31m	7.25mA	1.7	23-09.50	2	8
	7.10m(2.3) FOUL(1.8) FOUL(3.6) 7.25m(1.7) 7.22m(1.9) FOUL(2.2)								
3	Simphiwe Mashaba	SO	Northwestern (Iowa)	7.41m	7.17m	3.6	23-06.25	2	6
	6.62m(2.7) 7.15m(2.0) 7.17m(3.6) FOUL(2.8) 7.10m(4.1) FOUL(1.3)								
4	Robert Atwater	SO	Midland	7.59m	7.10m	3.6	23-03.50	2	5
	6.72m(2.5) 6.76m(1.8) 7.04m(1.5) 7.05m(3.9) 7.10m(3.6) 7.04m(2.4)								
5	Micah Schaap	SO	Dordt	7.11m	7.06m	1.5	23-02.00	2	4
	7.06m(1.5) 6.80m(1.1) FOUL(1.8) 6.98m(3.5) 6.87m(2.2) 6.87m(+0.0)								
6	Jacob Schmoll	FR	Dordt	6.77m	6.85m	1.4	22-05.75	2	3
	6.85m(1.4) 6.25m(3.4) 6.48m(1.8) 6.21m(3.6) 6.17m(1.1) 6.47m(3.7)								
7	Myles Sadd	SO	Concordia (Neb.)	6.78m	6.69m	2.9	21-11.50	2	2
	6.69m(2.9) 6.34m(1.3) 6.52m(1.8) 6.50m(3.8) 6.27m(3.5) 6.24m(2.6)								
8	Daron Jackson	JR	Briar Cliff	6.84m	6.63m	1.9	21-09.00	2	1
	6.63m(1.9) 6.62m(1.0) 6.44m(0.5) 6.63m(2.2) 6.31m(3.3) FOUL(1.4)								
9	Brayden Ingraham	SO	Briar Cliff	6.73m	6.60m	1.3	21-08.00	2	
	FOUL(2.7) 6.60m(1.3) FOUL(2.4) 6.21m(2.9) FOUL(4.5) 6.35m(2.6)								
10	Garrett Guindon	FR	Midland	6.37m	6.52m	2.7	21-04.75	1	
	6.52m(2.7) 6.37m(1.4) FOUL(1.3)								
11	Kaden Jensen	SO	Jamestown	6.65m	J6.52m	1.6	21-04.75	1	
	FOUL(1.7) 6.52m(1.6) 6.36m(2.9)								
12	Gavin Haselhorst	SO	Dakota Wesleyan	6.72m	6.47m	1.5	21-02.75	2	
	6.47m(1.5) FOUL(2.2) FOUL(1.4)								
13	Aubrey Woodard	SO	Midland	6.46m	6.44m	3.7	21-01.50	1	
	6.44m(3.7) FOUL(3.1) 6.33m(2.0)								
14	Preston Harms	FR	Doane	6.51m	6.39m	2.5	20-11.75	1	
	6.18m(3.3) FOUL(2.7) 6.39m(2.5)								

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Results

....Event 14 Men Long Jump

15	Luke Davis	JR Doane	6.72m	6.33m	4.9	20-09.25	2
	6.33m(4.9) 6.28m(1.9) FOUL(4.0)						
16	Carson Shoemaker	JR Doane	6.37m	6.26m	1.8	20-06.50	1
	6.26m(1.8) FOUL(1.2) 6.20m(2.0)						
17	Trevor Waldo	FR Jamestown	6.77m	6.23m	1.9	20-05.25	2
	6.23m(1.9) 5.83m(1.9) 5.85m(2.1)						
18	Cameron Leeling	FR Doane	6.54m	6.16m	2.3	20-02.50	1
	6.16m(2.3) FOUL(3.9) 6.09m(3.8)						
19	Michael Willey	FR Doane	6.65m	6.12m	1.8	20-01.00	1
	6.12m(1.8) FOUL(2.0) FOUL(2.8)						
20	Ashton Judge	FR Jamestown	6.31m	6.03m	2.6	19-09.50	1
	6.03m(2.6) 6.02m(2.8) 5.92m(1.5)						
21	Xavier Marburger	FR Concordia (Neb.)	6.37m	6.01m	3.6	19-08.75	1
	FOUL(0.7) 5.48m(1.4) 6.01m(3.6)						
22	Josiah Rudloff	SR Jamestown	6.19m	5.83m	1.5	19-01.50	1
	5.83m(1.5) 3.62m(2.3) FOUL(1.8)						
23	Cooper Grotenhuis	FR Mount Marty	6.35m	5.77m	1.2	18-11.25	1
	5.42m(1.9) 5.77m(1.2) 5.41m(3.4)						
24	Kadin Neppl	JR Jamestown	6.20m	5.71m	1.4	18-09.00	1
	5.71m(1.4) 5.45m(2.1) FOUL(2.0)						

Event 15 Men Triple Jump

9 to Final

GPAC Record: G 15.38m 5/1/2021 Juba McClay, Hastings

NAIA Auto: A 14.55m

NAIA Prov.: B 14.35m

	Name	Year	School	Seed	Finals	Wind		H#	Points
1	Justin Gleason	FR	Northwestern (Iowa)	13.32m	14.54m	2.4	47-08.50	2	10
	13.61m(1.6) 13.89m(+0.0) 14.32m(4.2) FOUL(0.7) 14.00m(3.2) 14.54m(2.4)								
2	Vince Lauenroth	SR	Doane	13.46m	14.09m	1.7	46-02.75	2	8
	13.84m(4.2) FOUL(1.0) 13.84m(2.6) 13.76m(1.7) 14.09m(1.7) FOUL(2.7)								
3	Micah Schaap	SO	Dordt	13.87m	13.70m	1.8	44-11.50	2	6
	13.47m(1.2) 13.59m(0.6) 13.51m(1.5) 13.49m(1.1) 13.12m(0.5) 13.70m(1.8)								
4	Trevor Malone	SR	Doane	14.39m	13.63m	0.9	44-08.75	2	5
	FOUL(1.8) FOUL(2.1) 13.18m(0.2) FOUL(1.1) 13.63m(0.9) FOUL(0.8)								
5	Aaron Spivey	FR	Concordia (Neb.)	13.51m	13.50m	0.6	44-03.50	2	4
	13.06m(4.0) 13.26m(3.6) 13.50m(0.6) 12.74m(1.3) FOUL(0.3) 12.96m(2.0)								
6	Robert Atwater	SO	Midland	14.10m	13.41m	1.4	44-00.00	2	2.50
	13.41m(1.4) FOUL(0.9) 12.84m(1.7) 13.21m(+0.0) 12.29m(1.9) FOUL(1.9)								
6	Jonah Paulsen	FR	Concordia (Neb.)	13.78m	13.41m	2.2	44-00.00	2	2.50
	FOUL(1.4) 13.19m(1.7) 13.41m(2.2) 13.21m(+0.0) 13.06m(0.4) FOUL(1.9)								
8	Garrett Guindon	FR	Midland	13.19m	13.37m	1.0	43-10.50	2	1
	13.08m(1.5) 12.74m(0.1) 13.30m(2.6) 13.14m(1.3) 13.37m(1.0) 13.31m(1.6)								
9	Liam Raymon	SO	Northwestern (Iowa)	12.58m	13.03m	+0.0	42-09.00	1	
	FOUL(5.4) FOUL(3.0) 13.03m(+0.0) FOUL(1.5) FOUL(+0.0) FOUL(1.7)								
10	Josiah Rudloff	SR	Jamestown	13.43m	13.02m	+0.0	42-08.75	2	
	FOUL(1.4) 13.02m(+0.0) 12.15m(1.9)								
11	Cordale Moxey	JR	Doane	13.67m	12.90m	0.1	42-04.00	2	
	12.80m(1.4) FOUL(4.6) 12.90m(0.1)								
12	Ben Van Eps	SO	Dordt	12.36m	12.85m	1.0	42-02.00	1	
	FOUL(4.9) 12.85m(1.0) 12.01m(1.6)								
12	Quenton Walls	FR	Dakota Wesleyan	12.72m	12.85m	3.1	42-02.00	1	
	12.85m(3.1) 12.73m(1.7) FOUL(1.4)								

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....Event 15 Men Triple Jump

14	Cooper Grotenhuis	FR	Mount Marty	12.86m	12.68m	1.6	41-07.25	1
	12.53m(2.6) 12.68m(1.6) 12.62m(0.1)							
15	Xavier Marburger	FR	Concordia (Neb.)	12.39m	12.50m	3.7	41-00.25	1
	FOUL(2.5) 12.50m(3.7) 12.48m(0.8)							
16	Muluken Wempe	SO	Briar Cliff	12.97m	12.35m	3.0	40-06.25	1
	FOUL(2.1) FOUL(+0.0) 12.35m(3.0)							
17	James Deseh	FR	Mount Marty	12.20m	12.10m	4.5	39-08.50	1
	12.10m(4.5) FOUL(1.7) 12.08m(2.2)							
18	Mason Schleis	SR	Mount Marty	13.53m	11.97m	1.3	39-03.25	2
	FOUL(1.0) FOUL(0.5) 11.97m(1.3)							
19	Connor Riley	SO	Hastings	12.05m	11.92m	0.8	39-01.25	1
	FOUL(0.8) 11.68m(0.2) 11.92m(0.8)							
20	Reese Van Zee	SO	Northwestern (Iowa)	12.14m	11.86m	0.9	38-11.00	1
	11.82m(3.2) FOUL(1.3) 11.86m(0.9)							
21	Isaiah Hollinger	FR	Northwestern (Iowa)	11.83m	11.81m	2.8	38-09.00	1
	11.81m(2.8) 11.03m(0.4) 10.72m(2.8)							
22	Cade Vlietstra	FR	Dordt	11.79m	11.67m	1.7	38-03.50	1
	11.48m(2.6) 10.82m(2.7) 11.67m(1.7)							
--	Sawyer Tietgen	FR	Doane	12.40m	FOUL			1
	FOUL(3.9) FOUL(2.3) FOUL(1.1)							
--	Daron Jackson	JR	Briar Cliff	13.44m	FOUL			2
	FOUL(3.2) FOUL(1.1) FOUL(4.1)							

Event 16 Men High Jump

1.82-1.87-1.92-1.97-2.02-2.05-2.08 continue by 3cm
GPAC Record: G 2.20m 1973 Kurt Nielsen, Nebraksa Wesleyan
NAIA Auto: A 2.05m
NAIA Prov.: B 2.02m

	Name	Year	School	Seed	Finals		Points
1	Shandon Reitzell	SR	Midland	2.12m	2.05mA	6-08.75	10
	1.82 1.87 1.92 1.97 2.02 2.05 2.14						
	PPP PPP PPP PPP O O XXX						
2	Robert Atwater	SO	Midland	2.14m	J2.05mA	6-08.75	8
	1.82 1.87 1.92 1.97 2.02 2.05 2.14						
	PPP PPP PPP XO O O XXX						
3	Ross McMahon	SR	Midland	2.11m	J2.05mA	6-08.75	6
	1.82 1.87 1.92 1.97 2.02 2.05 2.14						
	PPP PPP PPP O O XXO XXX						
4	KeRon Blackwell	SR	Midland	2.12m	2.02mB	6-07.50	5
	1.82 1.87 1.92 1.97 2.02 2.05						
	PPP PPP XO XO XO XXX						
5	Carter Reckling	SR	Doane	2.14m	1.97m	6-05.50	4
	1.82 1.87 1.92 1.97 2.02						
	PPP PPP PPP O XXX						
6	Brady Creech	JR	Hastings	2.05m	J1.97m	6-05.50	3
	1.82 1.87 1.92 1.97 2.02						
	PPP PPP O XO XXX						
7	Peyton Herrick	FR	Doane	1.96m	1.92m	6-03.50	2
	1.82 1.87 1.92 1.97						
	PPP O O XXX						
8	Drew Geetings	SO	Northwestern (Iowa)	1.96m	1.87m	6-01.50	1
	1.82 1.87 1.92						
	PPP XO XXX						

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Results

....Event 16 Men High Jump

```
 9 Jonah Martinez            JR Midland                1.82m      1.82m    5-11.50
    1.82 1.87
      XO  XXX
 9 Hayden Griffith           FR Doane                  1.91m      1.82m    5-11.50
    1.82 1.87
      XO  XXX
11 Garrett Guindon           FR Midland                1.87m     J1.82m    5-11.50
    1.82 1.87
     XXO  XXX
11 Markus Vigil              SO Hastings               1.92m     J1.82m    5-11.50
    1.82 1.87
     XXO  XXX
-- Donovan Elmore            SO Northwestern (Iowa)    1.80m         NH
    1.82
     XXX
-- Coltin Vargas             SO Northwestern (Iowa)    1.96m         NH
    1.82
     XXX
-- Jackson Kessler           FR Doane                  2.05m         NH
    1.82 1.87 1.92 1.97
     PPP  PPP  PPP  XXX
-- Dylan Starr               JR Doane                  2.08m         NH
    1.82 1.87 1.92 1.97
     PPP  PPP  PPP  XXX
-- Brooks Kreisel            FR Concordia (Neb.)       1.87m         NH
    1.82
     XXX
-- Myles Sadd                SO Concordia (Neb.)       1.97m         NH
    1.82 1.87
     PPP  XXX
-- Kadin Neppl               JR Jamestown              1.86m         NH
    1.82
     XXX
-- Ty Beetison               FR Midland                1.82m         NH
    1.82
     XXX
-- Wyatt Gulker              SO Dordt                  1.82m         NH
    1.82
     XXX
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Event 17 Men Pole Vault

```
==========================================================================================
 3.80-3.95-4.10-4.25-4.40-4.55-4.70-4.80 continue by 10cm
 GPAC Record: G 5.20m  2002        T. J. Kloster, Concordia University
   NAIA Auto: A 4.80m
  NAIA Prov.: B 4.70m
    Name                     Year School                  Seed     Finals            Points
==========================================================================================
  1 Zach Zohner               SR Concordia (Neb.)       5.18m      4.80mA  15-09.00  10
     3.80 3.95 4.10 4.25 4.40 4.55 4.70 4.80 5.00
      PPP  PPP  PPP  PPP  PPP  PPP  PPP    O  XXX
  2 Mayson Ostermeyer         FR Concordia (Neb.)       4.60m      4.70mB  15-05.00   8
     3.80 3.95 4.10 4.25 4.40 4.55 4.70 4.80
      PPP  PPP  PPP  PPP  PPP   XO    O  XXX
```

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Results

....Event 17 Men Pole Vault

```
 3 Robert Atwater            SO Midland                4.60m     J4.70mB  15-05.00   6
    3.80 3.95 4.10 4.25 4.40 4.55 4.70 4.80
     PPP  PPP  PPP  PPP  PPP  XXO   XO  XXX
 4 Mike Pulliam              SR Doane                  4.60m      4.55m   14-11.00   5
    3.80 3.95 4.10 4.25 4.40 4.55 4.70
     PPP  PPP  PPP  PPP    O   XO  XXX
 5 Jax Jacobson              FR Concordia (Neb.)       4.30m     J4.55m   14-11.00   4
    3.80 3.95 4.10 4.25 4.40 4.55 4.70
     PPP  PPP  PPP    O   XO   XO  XXX
 6 Drew Garrison             JR Doane                  4.45m      4.40m   14-05.25   3
    3.80 3.95 4.10 4.25 4.40 4.55
     PPP  PPP  PPP    O    O  XXX
 7 Yura Rozendal             FR Dordt                  4.43m     J4.40m   14-05.25   2
    3.80 3.95 4.10 4.25 4.40 4.55
     PPP  PPP  PPP    O  XXO  XXX
 8 Willem Den Hartog         FR Dordt                  4.25m      4.25m   13-11.25   1
    3.80 3.95 4.10 4.25 4.40
       O    O   XO    O  XXX
 9 Nathan Adams              FR Dordt                  4.25m     J4.25m   13-11.25
    3.80 3.95 4.10 4.25 4.40
      XO   XO  XXO    O  XXX
10 Branson McDonald          SO Doane                  4.50m     J4.25m   13-11.25
    3.80 3.95 4.10 4.25 4.40
     PPP  PPP  PPP   XO  XXX
11 Dylan Lichty              FR Jamestown              3.96m      3.95m   12-11.50
    3.80 3.95 4.10
       O   XO  XXX
12 Mason Schleis             SR Mount Marty            4.20m     J3.95m   12-11.50
    3.80 3.95 4.10
       O  XXO  XXX
12 Ashton Pulliam            FR Doane                  4.15m     J3.95m   12-11.50
    3.80 3.95 4.10
     PPP  XXO  XXX
14 Lane Johnson              FR Northwestern (Iowa)    3.96m      3.80m   12-05.50
    3.80 3.95
       O  XXX
15 Ty Beetison               FR Midland                4.08m     J3.80m   12-05.50
    3.80 3.95
      XO  XXX
-- Evan Hill                 SO Concordia (Neb.)       3.70m         NH
    3.80 3.95 4.10
     PPP  PPP  XXX
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Event 18 Men Shot Put

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==========================================================================================
 9 to Final
 GPAC Record: G 19.47m  5/6/2023    Dylan Kucera, Midland
   NAIA Auto: A 15.85m
  NAIA Prov.: B 15.55m
   Name                     Year School                  Seed     Finals            H# Points
==========================================================================================
 1 Darien Semedo             SR Concordia (Neb.)      16.45m     16.72mA  54-10.25  2  10
     15.54m  15.98m  FOUL  16.39m  16.47m  16.72m
 2 Luke Rettedal             JR Mount Marty           16.20m     16.48mA  54-01.00  2   8
     16.15m  15.77m  16.38m  16.39m  16.48m  FOUL
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....Event 18 Men Shot Put

3	Carson Fehlhafer	SO	Concordia (Neb.)	16.25m	16.06mA	52-08.25	2	6
	15.89m FOUL FOUL FOUL FOUL 16.06m						
4	Cale Bessler	SO	Doane	15.13m	15.54m	51-00.00	2	5
	14.66m 14.88m 15.12m 15.10m FOUL 15.54m						
5	Jon Borges	SO	Doane	14.85m	15.16m	49-09.00	2	4
	FOUL 14.03m 14.32m 14.30m 15.16m FOUL						
6	Colton Dillon	FR	Doane	15.56m	15.00m	49-02.50	2	3
	14.77m 14.57m FOUL FOUL FOUL 15.00m						
7	Connor Asche	JR	Concordia (Neb.)	14.50m	14.61m	47-11.25	2	1.50
	13.64m 14.29m FOUL 14.61m 14.61m FOUL						
7	Jorden Morales	SR	Jamestown	14.19m	14.61m	47-11.25	2	1.50
	14.61m FOUL 14.12m 14.54m FOUL FOUL						
9	Derek Heynen	FR	Dordt	14.43m	14.40m	47-03.00	2	
	13.37m 14.12m FOUL 13.93m 14.40m 13.95m						
10	Sven Gredelj	SO	Concordia (Neb.)	13.78m	14.01m	45-11.75	1	
	12.71m 13.25m 14.01m						
11	Tyler Vander Molen	JR	Dordt	13.56m	13.89m	45-07.00	1	
	FOUL 13.89m 13.67m						
12	Keyan Fulton	SO	Morningside	13.59m	13.77m	45-02.25	1	
	12.75m 13.45m 13.77m						
13	Tyler Dean	JR	Jamestown	14.17m	13.69m	44-11.00	1	
	13.69m FOUL FOUL						
14	Jacob Folkerts	FR	Northwestern (Iowa)	13.08m	13.49m	44-03.25	1	
	13.49m FOUL 13.15m						
15	Samuel Reiland	SO	Jamestown	13.60m	13.47m	44-02.50	1	
	13.30m FOUL 13.47m						
16	Edward Holly	FR	Hastings	13.38m	13.15m	43-01.75	1	
	13.15m FOUL 13.11m						
17	Evan Morara	JR	Hastings	13.15m	13.01m	42-08.25	1	
	12.75m 13.01m 12.96m						
18	Briggs Songster	SR	Doane	12.89m	12.59m	41-03.75	1	
	12.32m 12.59m FOUL						
19	Sam Hartman	FR	Doane	12.92m	12.55m	41-02.25	1	
	12.32m 12.55m FOUL						
20	David Beadle	JR	Hastings	12.84m	12.11m	39-08.75	1	
	11.70m FOUL 12.11m						
--	Dawson Sedivec	SR	Jamestown	14.28m	FOUL		2	
	FOUL FOUL FOUL						
--	Tad Dimmitt	FR	Doane	15.11m	FOUL		2	
	FOUL FOUL FOUL						
--	Nate Osness	JR	Midland	13.62m	FOUL		1	
	FOUL FOUL FOUL						

Event 19 Men Discus Throw

9 to Final
GPAC Record: G 57.85m 2013 Zach Lindsley, Doane
NAIA Auto: A 49.00m
NAIA Prov.: B 48.00m

	Name	Year	School	Seed	Finals		H#	Points
1	Jorden Morales	SR	Jamestown	49.92m	51.31mA	168-04	2	10
	50.95m FOUL 50.29m 50.78m 51.31m 48.90m							
2	Austen Rozelle	JR	Concordia (Neb.)	47.22m	50.41mA	165-05	2	8
	46.37m 47.80m 47.91m FOUL 50.41m FOUL							

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....Event 19 Men Discus Throw

3	Trey Dickey	JR	Doane	50.22m	50.37mA	165-03	2	6
	47.34m 50.37m 48.60m FOUL FOUL FOUL						
4	Norman Smith	FR	Hastings	49.95m	48.76mB	160-00	2	5
	48.76m 46.13m FOUL FOUL FOUL FOUL						
5	Tyler Dean	JR	Jamestown	47.45m	47.70m	156-06	2	4
	45.66m 45.99m 46.94m FOUL 47.70m FOUL						
6	Dawson Sedivec	SR	Jamestown	46.71m	47.63m	156-03	2	3
	47.63m FOUL 45.38m FOUL FOUL FOUL						
7	Carson Fehlhafer	SO	Concordia (Neb.)	47.57m	46.87m	153-09	2	2
	45.25m FOUL 46.87m FOUL 45.32m FOUL						
8	Matt Haken	JR	Dordt	46.19m	46.82m	153-07	2	1
	46.82m FOUL FOUL FOUL FOUL FOUL						
9	Matthew Boyer	SO	Concordia (Neb.)	47.03m	46.30m	151-11	2	
	46.16m FOUL 46.30m 45.55m FOUL FOUL						
10	Samuel Reiland	SO	Jamestown	45.51m	45.70m	149-11	2	
	45.70m 45.52m 45.01m						
11	Jaedon Lothrop	SR	Doane	45.10m	44.92m	147-04	1	
	44.92m 44.41m FOUL						
12	Cale Bessler	SO	Doane	45.26m	44.56m	146-02	2	
	FOUL 44.56m FOUL						
13	Evan Morara	JR	Hastings	41.90m	43.59m	143-00	1	
	43.59m 42.19m 43.05m						
14	Jaden Vollenweider	FR	Doane	47.90m	42.97m	141-00	2	
	FOUL 42.97m 42.59m						
15	Derek Heynen	FR	Dordt	40.21m	42.55m	139-07	1	
	FOUL 42.47m 42.55m						
16	Brady Klute	SR	Concordia (Neb.)	43.14m	42.17m	138-04	1	
	FOUL FOUL 42.17m						
17	David Beadle	JR	Hastings	40.47m	41.54m	136-03	1	
	41.03m 41.54m FOUL						
18	Sam Hartman	FR	Doane	43.24m	41.48m	136-01	1	
	FOUL 41.29m 41.48m						
19	Dante Jones	SO	Briar Cliff	42.42m	41.03m	134-07	1	
	FOUL 36.79m 41.03m						
20	Carson Lavaley	SO	Doane	41.54m	40.29m	132-02	1	
	36.97m 37.01m 40.29m						
21	Josh Fee	SO	Doane	43.46m	39.99m	131-02	1	
	39.99m FOUL FOUL						
22	Luke Paulsen	FR	Morningside	40.58m	39.91m	130-11	1	
	39.91m FOUL 37.53m						
23	Payton Lane	JR	Hastings	40.13m	38.53m	126-05	1	
	38.53m FOUL FOUL						

Event 20 Men Hammer Throw

9 to Final
GPAC Record: G 64.15m 5/6/2023 Dylan Kucera, Midland
NAIA Auto: A 54.50m
NAIA Prov.: B 53.50m

	Name	Year	School	Seed	Finals		H#	Points
1	Chris Wren	SR	Concordia (Neb.)	60.50m	62.17mA	204-00	2	10
	57.17m 62.17m FOUL 61.15m FOUL FOUL							
2	Dawson Sedivec	SR	Jamestown	57.19m	57.05mA	187-02	2	8
	55.24m FOUL 57.05m 56.60m FOUL FOUL							

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....Event 20 Men Hammer Throw

3	Darien Semedo	SR	Concordia (Neb.)	56.43m	56.45mA	185-02	2	6
	53.90m FOUL 55.77m 56.45m FOUL FOUL						
4	Brady Klute	SR	Concordia (Neb.)	51.70m	53.14m	174-04	2	5
	53.14m FOUL FOUL FOUL 51.07m FOUL						
5	Connor Asche	JR	Concordia (Neb.)	54.02m	52.63m	172-08	2	4
	50.79m 51.81m 52.63m FOUL 51.35m FOUL						
6	Josiah Edwards	SO	Concordia (Neb.)	51.41m	52.13m	171-00	2	3
	46.95m 49.96m 51.98m FOUL 50.06m 52.13m						
7	Austen Rozelle	JR	Concordia (Neb.)	53.85m	51.98m	170-06	2	2
	FOUL 51.60m 51.43m 51.98m FOUL FOUL						
8	Josiah Merkle	SR	Dordt	50.05m	51.43m	168-09	2	1
	51.43m FOUL FOUL 46.04m 50.67m FOUL						
9	Trey Dickey	JR	Doane	54.58m	50.86m	166-10	2	
	FOUL 50.86m FOUL FOUL FOUL FOUL						
10	Jaden Vollenweider	FR	Doane	50.74m	50.63m	166-01	2	
	50.63m 48.09m FOUL						
11	Jaedon Lothrop	SR	Doane	50.34m	49.63m	162-10	2	
	49.63m FOUL FOUL						
12	Matt Haken	JR	Dordt	48.17m	49.05m	160-11	1	
	48.35m 49.05m 48.39m						
13	David Beadle	JR	Hastings	45.71m	48.86m	160-04	1	
	48.86m FOUL 47.69m						
14	Carson Lavaley	SO	Doane	46.63m	48.58m	159-04	1	
	FOUL 48.23m 48.58m						
15	Tyler Vander Molen	JR	Dordt	48.16m	47.96m	157-04	1	
	47.96m FOUL 47.23m						
16	Josh Fee	SO	Doane	46.52m	47.70m	156-06	1	
	47.70m 46.88m 45.86m						
17	Sven Gredelj	SO	Concordia (Neb.)	50.05m	J47.70m	156-06	2	
	47.70m 46.20m 46.27m						
18	Colton Dillon	FR	Doane	49.41m	47.49m	155-10	1	
	46.26m 47.49m FOUL						
19	Carson Fehlhafer	SO	Concordia (Neb.)	49.67m	46.43m	152-04	1	
	44.35m 46.43m 45.87m						
20	Victor Ramos	JR	Jamestown	47.86m	46.36m	152-01	1	
	FOUL 46.36m FOUL						
21	Jon Borges	SO	Doane	46.97m	43.97m	144-03	1	
	FOUL 43.97m FOUL						
22	Hunter Weirich	JR	Midland	44.66m	42.89m	140-08	1	
	FOUL 42.89m FOUL						
23	Nate Osness	JR	Midland	44.06m	41.09m	134-10	1	
	41.09m 40.46m FOUL						
--	Payton Lane	JR	Hastings	47.61m	FOUL		1	
	FOUL FOUL FOUL						

Event 21 Men Javelin Throw

9 to Final
GPAC Record: G 65.10m 2005 Andrew Ortmeier, Northwestern College
NAIA Auto: A 57.00m
NAIA Prov.: B 56.00m

	Name	Year	School	Seed	Finals		H#	Points
1	Matthew Boyer	SO	Concordia (Neb.)	66.78m	61.17mA	200-08	2	10
	61.17m FOUL 60.33m 58.83m FOUL 59.24m							

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....Event 21 Men Javelin Throw

2	Ben Thelander	JR	Northwestern (Iowa)	57.02m	59.52mA	195-03	2	8
	59.52m 55.72m 55.18m 48.28m 54.44m 54.59m						
3	Mason Crumbliss	FR	Doane	57.85m	58.08mA	190-07	2	6
	58.08m FOUL FOUL 52.27m FOUL FOUL						
4	Ross McMahon	SR	Midland	49.81m	52.41m	171-11	1	5
	48.16m FOUL 52.41m 48.11m FOUL 49.19m						
5	Drew Geetings	SO	Northwestern (Iowa)	52.32m	52.12m	171-00	2	4
	45.02m 51.17m 48.53m 48.45m 51.74m 52.12m						
6	Jonathan De Haan	SO	Dordt	56.61m	50.85m	166-10	2	3
	50.85m 49.82m FOUL PASS PASS PASS						
7	Josiah Meyer	SO	Midland	52.12m	50.71m	166-04	2	2
	45.11m 50.71m 45.90m FOUL FOUL FOUL						
8	Jaedon Lothrop	SR	Doane	48.84m	50.22m	164-09	1	1
	48.86m 50.22m 48.88m FOUL FOUL FOUL						
9	Cole Holden	SO	Dakota Wesleyan	51.94m	50.16m	164-07	2	
	50.10m 45.84m FOUL 49.89m FOUL 50.16m						
10	Max Raab	SO	Dakota Wesleyan	50.58m	49.62m	162-09	2	
	49.62m 47.57m 48.24m						
11	Ben Van Eps	SO	Dordt	54.70m	49.22m	161-06	2	
	FOUL 49.22m FOUL						
12	Emry Gutz	FR	Concordia (Neb.)	50.15m	47.94m	157-03	2	
	FOUL 47.94m FOUL						
13	Jase Voorhees	FR	Midland	50.69m	47.18m	154-09	2	
	45.04m 47.18m FOUL						
14	Luke Paulsen	FR	Morningside	48.95m	46.12m	151-04	1	
	45.86m FOUL 46.12m						
15	Bryson Tripp	SR	Jamestown	47.89m	45.76m	150-01	1	
	45.67m 45.76m FOUL						
16	Keyan Fulton	SO	Morningside	51.94m	44.86m	147-02	2	
	44.86m FOUL 42.68m						
17	Tom Moss	JR	Morningside	43.47m	44.85m	147-02	1	
	41.56m 42.32m 44.85m						
18	Thomas Drago	SO	Jamestown	42.80m	44.68m	146-07	1	
	44.68m 43.60m FOUL						
19	Connor Smith	JR	Jamestown	41.99m	40.44m	132-08	1	
	FOUL 40.44m FOUL						
20	Austin McClain	JR	Morningside	43.99m	40.42m	132-07	1	
	40.42m 36.47m 36.01m						
21	Jeremy Allgeyer	SO	Doane	41.89m	39.81m	130-07	1	
	FOUL 39.81m FOUL						
22	Gavin Haselhorst	SO	Dakota Wesleyan	41.53m	39.41m	129-03	1	
	39.41m FOUL FOUL						
23	Cale Suckstorf	SO	Doane	44.08m	37.61m	123-05	1	
	37.61m FOUL FOUL						

Event 22 Men Decathlon

GPAC Record: G 6721 2015 Kale Wolken, Doane College

	Name	Year	School	Seed	Finals	H#	Points
1	Mason Schleis	SR	Mount Marty	6201	6323		10
2	Andrew Harms	FR	Doane	5937	6159		8
3	Addison Croghan	FR	Doane	6007	6010		6
4	Rafer Severson	FR	Hastings	5699	5792		5
5	Michael Beyer	SO	Mount Marty	5291	5630		4

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....Event 22 Men Decathlon

6	Elijah Weaver	SO	Northwestern (Iowa)	5237	5624	3
7	Mason Zimmerman	SR	Doane	5575	5601	2
8	Devin Jepson	JR	Doane	5554	5533	1
9	Cael Church	SO	Jamestown	4856	4665	

Event 22 Decathlon: #1 Men 100 Meter Dash Decathlon

GPAC Record: G 10.94 2015 Kale Wolken, Doane College
NAIA Auto: A 10.45
NAIA Prov.: B 10.55

	Name	Year	School	Finals	Wind	H#	Points
1	Mason Schleis	SR	Mount Marty	11.00	2.8	2	861
2	Rafer Severson	FR	Hastings	11.20	2.8	2	817
3	Andrew Harms	FR	Doane	11.21	2.8	2	814
4	Ben Thelander	JR	Northwestern (Iowa)	11.36	2.8	2	782
5	Devin Jepson	JR	Doane	11.37	2.4	1	780
6	Michael Beyer	SO	Mount Marty	11.47	2.8	2	759
7	Addison Croghan	FR	Doane	11.48	2.4	1	757
8	Mason Zimmerman	SR	Doane	11.73	2.4	1	705
9	Elijah Weaver	SO	Northwestern (Iowa)	11.77	2.4	1	697
10	Cael Church	SO	Jamestown	11.80	2.4	1	691

Event 22 Decathlon: #2 Men Long Jump Decathlon

GPAC Record: G 7.12m 2013 Kale Wolken, Doane College
NAIA Auto: A 7.25m
NAIA Prov.: B 7.15m

	Name	Year	School	Finals	Wind		Points
1	Mason Schleis	SR	Mount Marty	6.62m	1.6	21-08.75	725
	6.51m(0.9) FOUL(1.8) 6.62m(1.6)						
2	Andrew Harms	FR	Doane	6.50m	2.5	21-04.00	697
	FOUL 6.26m(2.4) 6.50m(2.5)						
3	Addison Croghan	FR	Doane	6.49m	1.9	21-03.50	695
	6.49m(1.9) FOUL(1.6) 6.44m(1.0)						
4	Ben Thelander	JR	Northwestern (Iowa)	6.47m	2.2	21-02.75	691
	6.47m(2.2) PASS PASS						
4	Elijah Weaver	SO	Northwestern (Iowa)	6.47m	0.7	21-02.75	691
	6.47m(0.7) 6.37m(2.5) PASS						
6	Rafer Severson	FR	Hastings	6.34m	2.8	20-09.75	661
	FOUL FOUL 6.34m(2.8)						
7	Mason Zimmerman	SR	Doane	6.23m	3.7	20-05.25	637
	6.23m(3.7) 5.98m(2.1) 5.93m(1.4)						
8	Cael Church	SO	Jamestown	5.97m	3.0	19-07.00	580
	5.97m(3.0) FOUL(2.6) 5.71m(2.8)						
9	Devin Jepson	JR	Doane	5.93m	3.1	19-05.50	571
	5.66m(2.0) 5.93m(3.1) 5.79m(2.9)						
9	Michael Beyer	SO	Mount Marty	5.93m	2.9	19-05.50	571
	5.84m(1.6) 5.80m(2.2) 5.93m(2.9)						

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Event 22 Decathlon: #3 Men Shot Put Decathlon

GPAC Record: G 12.96m 2015 Kale Wolken, Doane College
NAIA Auto: A 15.85m
NAIA Prov.: B 15.55m

	Name	Year	School	Finals		Points
1	Ben Thelander	JR	Northwestern (Iowa)	11.00m	36-01.25	546
	10.56m 10.86m 11.00m					
2	Devin Jepson	JR	Doane	10.98m	36-00.25	545
	10.98m FOUL FOUL					
3	Rafer Severson	FR	Hastings	10.82m	35-06.00	535
	10.77m 10.82m 10.75m					
4	Mason Zimmerman	SR	Doane	10.71m	35-01.75	528
	10.10m 10.71m 10.50m					
5	Cael Church	SO	Jamestown	10.51m	34-05.75	516
	10.51m 10.22m FOUL					
6	Mason Schleis	SR	Mount Marty	10.48m	34-04.75	515
	9.87m 10.48m FOUL					
7	Addison Croghan	FR	Doane	10.21m	33-06.00	498
	10.21m 9.96m 10.16m					
8	Michael Beyer	SO	Mount Marty	9.80m	32-02.00	474
	9.18m 9.44m 9.80m					
9	Andrew Harms	FR	Doane	9.32m	30-07.00	445
	9.15m 9.25m 9.32m					
10	Elijah Weaver	SO	Northwestern (Iowa)	9.23m	30-03.50	440
	9.23m FOUL FOUL					

Event 22 Decathlon: #4 Men High Jump Decathlon

GPAC Record: G 2.01m 2019 Levi Sudbeck, Doane University
NAIA Auto: A 2.05m
NAIA Prov.: B 2.02m

	Name	Year	School	Finals		Points
1	Andrew Harms	FR	Doane	1.93m	6-04.00	740
	1.57 1.60 1.63 1.66 1.69 1.72 1.75 1.78 1.81 1.84 1.87 1.90 1.93 1.96					
	PPP PPP PPP PPP PPP O PPP O XO O O XO XXO XXX					
2	Mason Schleis	SR	Mount Marty	1.90m	6-02.75	714
	1.57 1.60 1.63 1.66 1.69 1.72 1.75 1.78 1.81 1.84 1.87 1.90 1.93					
	PPP PPP PPP PPP PPP PPP O PPP O XO O O XXX					
3	Ben Thelander	JR	Northwestern (Iowa)	1.84m	6-00.50	661
	1.57 1.60 1.63 1.66 1.69 1.72 1.75 1.78 1.81 1.84 1.87					
	PPP PPP PPP PPP PPP O PPP O PPP O XXX					
4	Addison Croghan	FR	Doane	1.81m	5-11.25	636
	1.57 1.60 1.63 1.66 1.69 1.72 1.75 1.78 1.81 1.84					
	O PPP PPP O PPP PPP XXO O XXO XXX					
5	Elijah Weaver	SO	Northwestern (Iowa)	1.75m	5-08.75	585
	1.57 1.60 1.63 1.66 1.69 1.72 1.75 1.78 1.81					
	PPP PPP PPP PPP O PPP O PPP XXX					
6	Mason Zimmerman	SR	Doane	1.72m	5-07.75	560
	1.57 1.60 1.63 1.66 1.69 1.72 1.75					
	PPP O PPP PPP O XO XXX					
6	Cael Church	SO	Jamestown	1.72m	5-07.75	560
	1.57 1.60 1.63 1.66 1.69 1.72 1.75					
	PPP O O O O O XXX					

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....Event 22 Decathlon: #4 Men High Jump Decathlon

8	Devin Jepson	JR Doane	1.69m	5-06.50	536
	1.57 1.60 1.63 1.66 1.69 1.72				
	PPP O PPP XO XO XXX				
9	Rafer Severson	FR Hastings	1.66m	5-05.25	512
	1.57 1.60 1.63 1.66 1.69				
	O O XO XO XXX				
10	Michael Beyer	SO Mount Marty	1.60m	5-03.00	464
	1.57 1.60 1.63				
	XXO XO XXX				

Event 22 Decathlon: #5 Men 400 Meter Dash Decathlon

GPAC Record: G 50.26 4/30/2021 Mason Schleis, Mount Marty
NAIA Auto: A 48.13
NAIA Prov.: B 48.38

	Name	Year	School	Finals	H#	Points
1	Mason Schleis	SR	Mount Marty	51.06	2	766
2	Addison Croghan	FR	Doane	52.27	2	713
3	Rafer Severson	FR	Hastings	52.30	2	712
4	Cael Church	SO	Jamestown	52.82	2	689
5	Andrew Harms	FR	Doane	52.96	2	683
6	Michael Beyer	SO	Mount Marty	54.28	1	628
7	Devin Jepson	JR	Doane	54.85	1	605
8	Ben Thelander	JR	Northwestern (Iowa)	55.55	1	577
9	Mason Zimmerman	SR	Doane	56.39	1	544
10	Elijah Weaver	SO	Northwestern (Iowa)	57.01	1	521

Event 22 Decathlon: #6 Men 110 Meter Hurdles Decathlon

GPAC Record: G 14.86 5/1/2021 Levi Sudbeck, Doane University
NAIA Auto: A 14.60
NAIA Prov.: B 14.80

	Name	Year	School	Finals	Wind	H#	Points
1	Andrew Harms	FR	Doane	15.41	2.4	3	801
2	Addison Croghan	FR	Doane	15.45	2.4	3	796
3	Elijah Weaver	SO	Northwestern (Iowa)	16.10	3.3	2	722
4	Mason Schleis	SR	Mount Marty	16.16	2.4	3	715
5	Mason Zimmerman	SR	Doane	16.43	3.3	2	685
6	Michael Beyer	SO	Mount Marty	16.92	2.4	3	633
7	Devin Jepson	JR	Doane	17.18	3.3	2	606
8	Ben Thelander	JR	Northwestern (Iowa)	18.17	2.7	1	508
9	Rafer Severson	FR	Hastings	18.37	2.7	1	489
10	Cael Church	SO	Jamestown	19.66	2.7	1	377

Event 22 Decathlon: #7 Men Discus Throw Decathlon

GPAC Record: G 40.46m 5/5/2017 Matthew Bolt, Dordt
NAIA Auto: A 49.00m
NAIA Prov.: B 48.00m

	Name	Year	School	Finals	Points
1	Andrew Harms	FR	Doane	31.18m 102-03	488
	FOUL 24.95m 31.18m				

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....Event 22 Decathlon: #7 Men Discus Throw Decathlon

2	Mason Zimmerman	SR	Doane	30.04m	98-07	465
	26.17m 28.80m 30.04m					
3	Michael Beyer	SO	Mount Marty	29.71m	97-06	459
	26.51m FOUL 29.71m					
4	Elijah Weaver	SO	Northwestern (Iowa)	27.52m	90-03	416
	27.52m 26.87m FOUL					
5	Devin Jepson	JR	Doane	27.30m	89-07	412
	26.90m 26.05m 27.30m					
6	Addison Croghan	FR	Doane	26.94m	88-05	405
	FOUL 16.85m 26.94m					
7	Rafer Severson	FR	Hastings	26.56m	87-02	397
	21.42m 26.56m FOUL					
8	Cael Church	SO	Jamestown	25.47m	83-07	376
	FOUL FOUL 25.47m					
9	Mason Schleis	SR	Mount Marty	24.24m	79-06	352
	24.24m FOUL 23.82m					

Event 22 Decathlon: #8 Men Pole Vault Decathlon

GPAC Record: G 4.70m 2015 Ramos/Sudbeck, Concordia/Doane
NAIA Auto: A 4.80m
NAIA Prov.: B 4.70m

	Name	Year	School	Finals		Points
1	Rafer Severson	FR	Hastings	4.20m	13-09.25	673
	2.60 2.70 2.80 2.90 3.00 3.10 3.20 3.30 3.40 3.50 3.60 3.70 3.80 3.90 4.00 4.10 4.20 4.30					
	PPP PPP PPP PPP PPP PPP PPP PPP PPP PPP PPP PPP PPP O O XO XO XXX					
2	Mason Schleis	SR	Mount Marty	4.00m	13-01.50	617
	2.50 2.60 2.70 2.80 2.90 3.00 3.10 3.20 3.30 3.40 3.50 3.60 3.70 3.80 3.90 4.00 4.10					
	PPP PPP PPP PPP PPP PPP PPP PPP PPP PPP PPP PPP PPP O PPP O XXX					
3	Michael Beyer	SO	Mount Marty	3.80m	12-05.50	562
	2.50 2.60 2.70 2.80 2.90 3.00 3.10 3.20 3.30 3.40 3.50 3.60 3.70 3.80 3.90					
	PPP PPP PPP PPP PPP PPP PPP PPP PPP O O O O O XXX					
4	Mason Zimmerman	SR	Doane	3.60m	11-09.75	509
	2.50 2.60 2.70 2.80 2.90 3.00 3.10 3.20 3.30 3.40 3.50 3.60 3.70					
	PPP PPP PPP PPP PPP PPP O PPP O O O O XXX					
4	Elijah Weaver	SO	Northwestern (Iowa)	3.60m	11-09.75	509
	2.50 2.60 2.70 2.80 2.90 3.00 3.10 3.20 3.30 3.40 3.50 3.60 3.70					
	PPP PPP PPP XO PPP O PPP O XO O XO O XXX					
6	Andrew Harms	FR	Doane	3.40m	11-01.75	457
	2.50 2.60 2.70 2.80 2.90 3.00 3.10 3.20 3.30 3.40 3.50					
	PPP PPP PPP PPP PPP PPP O PPP O O XXX					
6	Addison Croghan	FR	Doane	3.40m	11-01.75	457
	2.50 2.60 2.70 2.80 2.90 3.00 3.10 3.20 3.30 3.40 3.50					
	PPP PPP PPP O PPP O PPP O O O XXX					
6	Devin Jepson	JR	Doane	3.40m	11-01.75	457
	2.50 2.60 2.70 2.80 2.90 3.00 3.10 3.20 3.30 3.40 3.50					
	PPP PPP PPP PPP PPP PPP O PPP XO O XXX					
--	Cael Church	SO	Jamestown	NH		
	2.50					
	XXX					

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Event 22 Decathlon: #9 Men Javelin Throw Decathlon

GPAC Record: G 57.33m 2015 Kale Wolken, Doane College
NAIA Auto: A 57.00m
NAIA Prov.: B 56.00m

	Name	Year	School	Finals		Points
1	Elijah Weaver	SO	Northwestern (Iowa)	45.60m	149-07	524
	41.14m 37.69m 45.60m					
2	Devin Jepson	JR	Doane	45.27m	148-06	519
	41.27m 38.79m 45.27m					
3	Mason Zimmerman	SR	Doane	44.63m	146-05	510
	44.63m FOUL FOUL					
4	Michael Beyer	SO	Mount Marty	41.69m	136-09	467
	41.69m 39.48m FOUL					
5	Mason Schleis	SR	Mount Marty	41.03m	134-07	457
	41.03m FOUL FOUL					
6	Addison Croghan	FR	Doane	40.10m	131-07	444
	40.10m FOUL FOUL					
7	Rafer Severson	FR	Hastings	36.65m	120-03	394
	36.65m 35.02m 35.34m					
8	Andrew Harms	FR	Doane	36.36m	119-03	390
	36.36m 29.35m 34.56m					
9	Cael Church	SO	Jamestown	33.29m	109-03	346
	28.46m 27.88m 33.29m					

Event 22 Decathlon: #10 Men 1500 Meter Run Decathlon

GPAC Record: G 4:30.23 2012 Grant Aden, Morningside
NAIA Auto: A 3:52.50
NAIA Prov.: B 3:54.00

	Name	Year	School	Finals	Points
1	Andrew Harms	FR	Doane	4:45.77	644
	49.304 (49.304) 2:07.065 (1:17.761) 3:32.750 (1:25.685) 4:45.765 (1:13.015)				
2	Michael Beyer	SO	Mount Marty	4:50.91	613
	51.775 (51.775) 2:11.872 (1:20.097) 3:36.195 (1:24.323) 4:50.903 (1:14.708)				
3	Addison Croghan	FR	Doane	4:51.62	609
	52.128 (52.128) 2:12.370 (1:20.242) 3:39.450 (1:27.080) 4:51.616 (1:12.166)				
4	Rafer Severson	FR	Hastings	4:52.78	602
	50.978 (50.978) 2:11.966 (1:20.988) 3:40.021 (1:28.055) 4:52.771 (1:12.750)				
5	Mason Schleis	SR	Mount Marty	4:52.95	601
	53.546 (53.546) 2:11.642 (1:18.096) 3:34.069 (1:22.427) 4:52.941 (1:18.872)				
6	Cael Church	SO	Jamestown	5:05.22	530
	52.851 (52.851) 2:15.469 (1:22.618) 3:48.415 (1:32.946) 5:05.214 (1:16.799)				
7	Elijah Weaver	SO	Northwestern (Iowa)	5:07.12	519
	54.355 (54.355) 2:18.809 (1:24.454) 3:47.867 (1:29.058) 5:07.120 (1:19.253)				
8	Devin Jepson	JR	Doane	5:10.19	502
	55.235 (55.235) 2:18.091 (1:22.856) 3:48.693 (1:30.602) 5:10.188 (1:21.495)				
9	Mason Zimmerman	SR	Doane	5:18.43	458
	55.625 (55.625) 2:18.897 (1:23.272) 3:48.483 (1:29.586) 5:18.422 (1:29.939)				
--	Ben Thelander	JR	Northwestern (Iowa)	DNF	

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Event 23 Women 100 Meter Dash

GPAC Record: G 11.71 1988 Carol Bailey, Concordia University
NAIA Auto: A 11.86
NAIA Prov.: B 11.95

	Name	Year	School	Seed	Prelims	Wind	H#	
Preliminaries								
1	Neryah Hekl	FR	Doane	11.96	11.83Q	2.2	1	
2	Zelie Sorensen	SO	Mount Marty	12.26	12.24Q	2.9	3	12.238
3	Adrianna Rodencal	SO	Concordia (Neb.)	12.77	12.24Q	2.5	2	12.240
4	Morgan Mahoney	SO	Doane	12.36	12.26q	2.5	2	
5	Myricle Moffett	FR	Hastings	12.51	12.28q	2.2	1	
6	Isabel Bothwell	JR	Doane	12.64	12.34q	2.2	1	
7	Kailee Altena	FR	Dordt	12.57	12.36q	2.9	3	
8	Caitlin Ostbye	SO	Northwestern (Iowa)	12.58	12.41q	2.5	2	
9	Hilaria Rodriguez	FR	Mount Marty	12.62	12.42	2.9	3	
10	Kellesse Heard	FR	St. Mary (Neb.)	12.87	12.46	2.5	2	
11	Alexis Even	SO	Mount Marty	12.47	12.50	2.9	3	12.494
12	Emily Loseke	JR	Concordia (Neb.)	12.60	12.50	2.5	2	12.500
13	Aniya Teppo	JR	Mount Marty	12.55	12.54	2.2	1	
14	Cambria Saunders	FR	Concordia (Neb.)	12.40	12.55	2.5	2	
15	Neenah Guerrero	FR	Midland	12.66	12.70	2.2	1	12.696
15	Kristina Brossart	SR	Jamestown	12.69	12.70	2.9	3	12.696
17	Marissa Hackman	FR	Northwestern (Iowa)	12.79	12.77	2.5	2	
18	Tilda Wahlen	FR	Morningside	12.81	12.87	2.2	1	
19	Caitlin Vander Kooy	FR	Dordt	12.99	12.89	2.9	3	
20	Meredith Draper	FR	Morningside	12.80	12.93	2.2	1	
21	Erica Nikkel	SR	Dordt	12.79	12.95	2.9	3	
22	Ariel Waller	JR	Mount Marty	12.81	12.98	2.9	3	12.976
23	Grace Hendrickson	SR	Northwestern (Iowa)	12.92	12.98	2.5	2	12.980
24	Lydia Herman	SO	Dordt	13.04	13.00	2.2	1	

Event 23 Women 100 Meter Dash

GPAC Record: G 11.71 1988 Carol Bailey, Concordia University
NAIA Auto: A 11.86
NAIA Prov.: B 11.95

	Name	Year	School	Prelims	Finals	Wind	Points	
Finals								
1	Neryah Hekl	FR	Doane	11.83	11.75	2.9	10	
2	Zelie Sorensen	SO	Mount Marty	12.24	12.14	2.9	8	
3	Morgan Mahoney	SO	Doane	12.26	12.24	2.9	6	
4	Isabel Bothwell	JR	Doane	12.34	12.35	2.9	5	
5	Myricle Moffett	FR	Hastings	12.28	12.38	2.9	4	
6	Kailee Altena	FR	Dordt	12.36	12.39	2.9	3	12.382
7	Adrianna Rodencal	SO	Concordia (Neb.)	12.24	12.39	2.9	2	12.386
8	Caitlin Ostbye	SO	Northwestern (Iowa)	12.41	12.45	2.9	1	

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Event 24 Women 200 Meter Dash

GPAC Record: G 23.85 2015 Neeia Cooperwood, Morningside
NAIA Auto: A 24.65
NAIA Prov.: B 24.80

	Name	Year	School	Seed	Finals	Wind	H#	Points
1	Kat Vogt	SO	Doane	25.14	25.27	-2.0	4	10
2	Neryah Hekl	FR	Doane	25.72	25.57	-2.0	4	8
3	Adrianna Rodencal	SO	Concordia (Neb.)	25.74	25.60	-2.0	4	6
4	Jenna Esch	JR	Concordia (Neb.)	25.53	25.61	-2.0	4	5
5	Kailee Altena	FR	Dordt	25.33	25.84	-2.0	4	4
6	Kayla Kirchner	SO	Concordia (Neb.)	26.03	26.04	-3.1	3	3
7	Morgan Mahoney	SO	Doane	25.72	26.17	-2.0	4	2
8	Ayda Den Herder	SO	Dordt	26.13	26.28	-2.6	2	1
9	Alexis Even	SO	Mount Marty	26.30	26.29	-2.6	2	
10	Calli Davis	JR	Mount Marty	25.87	26.32	-3.1	3	
11	Zelie Sorensen	SO	Mount Marty	25.90	26.33	-3.1	3	
12	Myricle Moffett	FR	Hastings	26.42	26.39	-2.6	2	
13	Kiley Hejtmanek	FR	Doane	26.45	26.40	-2.4	1	
14	Emma Blum	SO	Northwestern (Iowa)	26.69	26.55	-2.4	1	
15	Neenah Guerrero	FR	Midland	26.29	26.57	-2.6	2	26.568
15	Aniya Teppo	JR	Mount Marty	26.69	26.57	-2.4	1	26.568
17	Caitlin Ostbye	SO	Northwestern (Iowa)	25.89	26.65	-3.1	3	
18	Cambria Saunders	FR	Concordia (Neb.)	26.57	26.71	-2.4	1	26.703
19	Kiki Nyanok	FR	Concordia (Neb.)	25.98	26.71	-3.1	3	26.709
20	Anna Herman	SR	Dordt	26.61	26.74	-2.4	1	
21	Kellie Rhodes	SR	Concordia (Neb.)	26.40	26.80	-2.6	2	
22	Erica Nikkel	SR	Dordt	26.59	26.93	-2.4	1	
23	Emily Loseke	JR	Concordia (Neb.)	25.75	27.01	-3.1	3	
24	Tilda Wahlen	FR	Morningside	26.37	27.15	-2.6	2	

Event 25 Women 400 Meter Dash

GPAC Record: G 53.89 1990 Carol Bailey, Concordia University
NAIA Auto: A 56.75
NAIA Prov.: B 57.25

	Name	Year	School	Seed	Finals	H#	Points
1	Kat Vogt	SO	Doane	55.86	56.40A	3	10
2	Kennedy Kramer	JR	Northwestern (Iowa)	57.29	56.48A	3	8
3	Jenna Esch	JR	Concordia (Neb.)	55.80	56.70A	3	6
4	Kayla Kirchner	SO	Concordia (Neb.)	58.72	58.63	3	5
5	Calli Davis	JR	Mount Marty	58.92	59.14	3	4
6	Trinity Tuls	JR	Concordia (Neb.)	59.67	59.39	3	3
7	Kiley Hejtmanek	FR	Doane	1:00.30	1:00.06	2	2
8	Emma Blum	SO	Northwestern (Iowa)	58.98	1:00.27	3	1
9	Lainey Werts	SR	Concordia (Neb.)	1:01.04	1:00.93	2	
10	Tayden Kirchner	FR	Concordia (Neb.)	1:02.02	1:01.49	2	
11	Anna Herman	SR	Dordt	1:01.42	1:01.62	2	
12	Marissa Hackman	FR	Northwestern (Iowa)	1:02.92	1:02.18	2	
13	Jaiden Groeneweg	FR	Dordt	1:03.50	1:02.66	2	
14	Brianna Quinn	SO	Concordia (Neb.)	1:02.83	1:02.79	2	
15	Miella Struble	SO	Dordt	1:03.18	1:03.06	2	
16	Sarah Perez	JR	Morningside	1:04.44	1:04.02	1	
17	Ikilas Hasan	JR	Morningside	1:05.99	1:05.21	1	
18	Emma Byker	SO	Dordt	1:06.42	1:05.45	1	

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....Event 25 Women 400 Meter Dash

19	Caitlyn Adams	SO	Concordia (Neb.)	1:06.38	1:05.94	1
20	Savonne Sterk	JR	Northwestern (Iowa)	59.25	1:06.19	3
21	Dani Deffenbaugh	FR	Dakota Wesleyan	1:04.63	1:07.01	1
22	Lauren Mitchell	JR	Mount Marty	1:06.98	1:07.06	1
23	Grace Dow	FR	Hastings	1:08.24	1:09.03	1
24	Caydence Kuss	FR	Doane	1:09.45	1:09.95	1

Event 26 Women 800 Meter Run

GPAC Record: G 2:11.81 5/11/2007 Ellie Windle, Doane College
NAIA Auto: A 2:14.50
NAIA Prov.: B 2:16.00

	Name	Year	School	Seed	Finals	H#	Points
1	Veronica Pinkerton	SR	Hastings	2:15.20	2:11.21G	3	10
	1:02.660 (1:02.660) 2:11.210 (1:08.550)						
2	Shelby Buwalda	SO	Dordt	2:18.31	2:13.93A	3	8
	1:03.241 (1:03.241) 2:13.926 (1:10.685)						
3	Mira Fosmer	FR	St. Mary (Neb.)	2:21.30	2:17.73	3	6
	1:07.444 (1:07.444) 2:17.726 (1:10.282)						
4	Jolee Mesz	FR	Morningside	2:21.42	2:18.40	3	5
	1:04.076 (1:04.076) 2:18.398 (1:14.322)						
5	Michelle Sanchez	SR	Morningside	2:17.66	2:20.10	3	4
	1:03.067 (1:03.067) 2:20.092 (1:17.025)						
6	Abby Ervin	JR	Northwestern (Iowa)	2:25.20	2:21.38	2	3
	1:07.611 (1:07.611) 2:21.378 (1:13.767)						
7	Josey Wahlstrom	SO	Mount Marty	2:24.76	2:21.45	2	2
	1:08.155 (1:08.155) 2:21.450 (1:13.295)						
8	Jenna Esch	JR	Concordia (Neb.)	2:18.21	2:22.68	3	1
	1:05.920 (1:05.920) 2:22.673 (1:16.753)						
9	Rhaya Kaschinske	JR	Concordia (Neb.)	2:21.20	2:22.82	3	
	1:08.215 (1:08.215) 2:22.819 (1:14.604)						
10	Julie McIntyre	JR	Concordia (Neb.)	2:23.47	2:23.32	2	
	1:07.105 (1:07.105) 2:23.313 (1:16.208)						
11	Emily Chicoine	SR	Morningside	2:20.06	2:24.45	3	
	1:07.925 (1:07.925) 2:24.450 (1:16.525)						
12	Sadie Feucht	JR	Dordt	2:26.22	2:24.59	2	
	1:09.295 (1:09.295) 2:24.585 (1:15.290)						
13	Nevaeh Sarabia	JR	Midland	2:23.10	2:24.90	2	
	1:09.526 (1:09.526) 2:24.895 (1:15.369)						
14	Brielle Engelmann	FR	Northwestern (Iowa)	2:28.60	2:25.27	2	
	1:10.484 (1:10.484) 2:25.270 (1:14.786)						
15	Caley Murphy	FR	Dakota Wesleyan	2:28.89	2:27.16	1	
	1:09.145 (1:09.145) 2:27.151 (1:18.006)						
16	Cecilia Velarde	JR	Hastings	2:30.09	2:28.32	1	
	1:08.979 (1:08.979) 2:28.320 (1:19.341)						
17	Claire Beikmann	FR	Concordia (Neb.)	2:23.33	2:28.66	2	
	1:11.119 (1:11.119) 2:28.654 (1:17.535)						
18	Autumn Simons	JR	St. Mary (Neb.)	2:32.45	2:31.67	1	
	1:13.662 (1:13.662) 2:31.662 (1:18.000)						
19	Annaka Hook	SO	Dordt	2:31.86	2:31.99	1	
	1:13.208 (1:13.208) 2:31.981 (1:18.773)						
20	Natalie Briggs	FR	St. Mary (Neb.)	2:30.94	2:32.56	1	
	1:13.388 (1:13.388) 2:32.557 (1:19.169)						

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....Event 26 Women 800 Meter Run

```
 21 Emily Lytle              FR Doane                2:31.39    2:32.93   1
      1:12.296 (1:12.296)  2:32.930 (1:20.634)
 22 Faith Williamson         JR Concordia (Neb.)     2:31.51    2:33.68   1
      1:12.858 (1:12.858)  2:33.680 (1:20.822)
 23 Kelsie Heins             FR Concordia (Neb.)     2:30.05    2:35.33   1
      1:11.757 (1:11.757)  2:35.327 (1:23.570)
 24 Monica Olson             SR Morningside          2:27.23    2:36.29   2
      1:13.158 (1:13.158)  2:36.288 (1:23.130)
```

Event 27 Women 1500 Meter Run

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==================================================================================
 GPAC Record: G 4:36.47  5/5/2018    Michelle Mumm, Morningside
   NAIA Auto: A 4:36.00
  NAIA Prov.: B 4:40.00
    Name                     Year School                  Seed     Finals  H# Points
==================================================================================
  1 Kylahn Freiberg           JR Concordia (Neb.)     4:36.15    4:40.39   2  10
          57.822 (57.822)  2:14.114 (1:16.292)  3:31.575 (1:17.461)  4:40.381 (1:08.806)
  2 Courtney Sporrer          SO Morningside          4:50.68    4:43.40   2   8
          58.203 (58.203)  2:14.358 (1:16.155)  3:32.085 (1:17.727)  4:43.391 (1:11.306)
  3 Rylee Haecker             SR Concordia (Neb.)     4:44.50    4:49.67   2   6
          57.668 (57.668)  2:14.070 (1:16.402)  3:32.105 (1:18.035)  4:49.664 (1:17.559)
  4 Taylor Sporrer            SR Morningside          4:53.74    4:50.51   2   5
          58.909 (58.909)  2:15.698 (1:16.789)  3:35.496 (1:19.798)  4:50.501 (1:15.005)
  5 Caitlin Jacobsma          JR Northwestern (Iowa)  4:54.37    4:54.80   2   4
          59.127 (59.127)  2:15.964 (1:16.837)  3:37.298 (1:21.334)  4:54.795 (1:17.497)
  6 Kristine Honomichl        SR Dordt                4:54.76    4:56.96   2   3
          58.457 (58.457)  2:15.426 (1:16.969)  3:35.792 (1:20.366)  4:56.954 (1:21.162)
  7 Jeni Burtis               FR Dordt                5:10.86    5:01.62   2   2
      1:00.379 (1:00.379)  2:20.883 (1:20.504)  3:43.784 (1:22.901)  5:01.613 (1:17.829)
  8 Monica Olson              SR Morningside          5:02.17    5:07.92   2   1
      1:00.107 (1:00.107)  2:20.625 (1:20.518)  3:44.487 (1:23.862)  5:07.913 (1:23.426)
  9 Claire Beikmann           FR Concordia (Neb.)     5:03.81    5:08.76   2
          59.843 (59.843)  2:22.992 (1:23.149)  3:47.747 (1:24.755)  5:08.757 (1:21.010)
 10 Olivia Graber             FR Dordt                5:12.19    5:12.79   2
      1:02.314 (1:02.314)  2:26.121 (1:23.807)  3:52.394 (1:26.273)  5:12.786 (1:20.392)
 11 Corinne Mead              SO St. Mary (Neb.)      5:13.87    5:14.42   2
      1:01.853 (1:01.853)  2:23.438 (1:21.585)  3:48.888 (1:25.450)  5:14.416 (1:25.528)
 12 Lili Nelson               FR Northwestern (Iowa)  5:17.06    5:16.48   1
      1:03.128 (1:03.128)  2:26.738 (1:23.610)  3:51.371 (1:24.633)  5:16.476 (1:25.105)
 13 Sammi Vojslavek           SO Concordia (Neb.)     5:16.84    5:16.78   1
      1:03.459 (1:03.459)  2:28.331 (1:24.872)  3:53.988 (1:25.657)  5:16.772 (1:22.784)
 14 Cynthia Chaparro Belloc   JR Hastings             5:17.48    5:17.26   1
      1:03.595 (1:03.595)  2:28.403 (1:24.808)  3:54.016 (1:25.613)  5:17.254 (1:23.238)
 15 Kayla Lammers             FR Dordt                5:25.02    5:19.59   1
      1:04.040 (1:04.040)  2:28.775 (1:24.735)  3:56.203 (1:27.428)  5:19.589 (1:23.386)
 16 Annaka Hook               SO Dordt                5:28.61    5:20.47   1
      1:04.400 (1:04.400)  2:28.923 (1:24.523)  3:55.915 (1:26.992)  5:20.465 (1:24.550)
 17 Jilee Golus               JR Hastings             5:14.37    5:21.46   2
      1:02.763 (1:02.763)  2:26.799 (1:24.036)  3:54.923 (1:28.124)  5:21.454 (1:26.531)
 18 Delaney Catron            FR Doane                5:31.60    5:24.86   1
      1:03.779 (1:03.779)  2:28.599 (1:24.820)  3:56.305 (1:27.706)  5:24.853 (1:28.548)
 19 Grace Dow                 FR Hastings             5:41.90    5:25.61   1
      1:04.900 (1:04.900)  2:31.259 (1:26.359)  4:00.828 (1:29.569)  5:25.604 (1:24.776)
```

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....Event 27 Women 1500 Meter Run

```
 20 Whitney Cure              FR Hastings            5:29.33    5:34.62   1
     1:04.302 (1:04.302)  2:30.371 (1:26.069)  4:03.892 (1:33.521)  5:34.620 (1:30.728)
 21 Lauren Johnson            SO Dordt               5:38.11    5:35.53   1
     1:04.598 (1:04.598)  2:30.073 (1:25.475)  4:03.080 (1:33.007)  5:35.525 (1:32.445)
 22 Charlotte McNeely         FR Dordt               6:31.04    6:13.11   1
     1:05.104 (1:05.104)  2:41.428 (1:36.324)  4:31.040 (1:49.612)  6:13.104 (1:42.064)
```

Event 28 Women 3000 Meter Steeplechase

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==============================================================================
 GPAC Record: G 10:47.28  5/7/2016    Marissa DeWispelare, Doane
  NAIA Auto: A 11:18.00
 NAIA Prov.: B 11:28.00
   Name                     Year School                  Seed     Finals  Points
==============================================================================
  1 Jessica Kampman           SR Dordt               10:58.93   11:15.23A  10
         46.623 (46.623)  2:15.491 (1:28.868)  3:45.531 (1:30.040)  5:14.821 (1:29.290)
     6:45.659 (1:30.838)  8:17.484 (1:31.825)  9:50.111 (1:32.627) 11:15.226 (1:25.115)
  2 Molly Mulder              SO Dordt               11:25.48   11:28.68    8
         47.269 (47.269)  2:16.536 (1:29.267)  3:46.957 (1:30.421)  5:16.160 (1:29.203)
     6:47.621 (1:31.461)  8:21.445 (1:33.824)  9:56.259 (1:34.814) 11:28.675 (1:32.416)
  3 Jada Koerner              FR Dordt               11:52.71   11:41.55    6
         48.847 (48.847)  2:17.603 (1:28.756)  3:49.945 (1:32.342)  5:23.279 (1:33.334)
     6:56.359 (1:33.080)  8:35.848 (1:39.489) 10:12.800 (1:36.952) 11:41.545 (1:28.745)
  4 Emma Haley                JR Northwestern (Iowa) 11:45.12   11:44.25    5
         48.399 (48.399)  2:17.198 (1:28.799)  3:49.645 (1:32.447)  5:23.093 (1:33.448)
     6:59.347 (1:36.254)  8:39.419 (1:40.072) 10:17.406 (1:37.987) 11:44.242 (1:26.836)
  5 Hannah Beintema           SO Concordia (Neb.)    12:00.44   11:52.25    4
         48.617 (48.617)  2:18.750 (1:30.133)  3:52.488 (1:33.738)  5:28.516 (1:36.028)
     7:06.000 (1:37.484)  8:43.813 (1:37.813) 10:20.983 (1:37.170) 11:52.246 (1:31.263)
  6 Danie Parriott            SO Doane               12:15.89   12:17.45    3
         47.834 (47.834)  2:18.237 (1:30.403)  3:51.961 (1:33.724)  5:29.107 (1:37.146)
     7:24.150 (1:55.043)  9:02.713 (1:38.563) 10:44.424 (1:41.711) 12:17.449 (1:33.025)
  7 Brooke Wigdahl            SR St. Mary (Neb.)     12:09.64   12:17.48    2
         51.238 (51.238)  2:25.307 (1:34.069)  4:02.089 (1:36.782)  5:38.056 (1:35.967)
     7:15.681 (1:37.625)  8:58.961 (1:43.280) 10:43.659 (1:44.698) 12:17.475 (1:33.816)
  8 Samantha Anema            SR Dordt               12:48.60   12:31.54    1
         49.518 (49.518)  2:24.109 (1:34.591)  4:01.370 (1:37.261)  5:41.080 (1:39.710)
     7:23.012 (1:41.932)  9:05.612 (1:42.600) 10:50.242 (1:44.630) 12:31.534 (1:41.292)
  9 Laura Hasemann            FR Doane               13:10.64   12:41.84
         49.029 (49.029)  2:23.779 (1:34.750)  4:01.981 (1:38.202)  5:43.489 (1:41.508)
     7:27.255 (1:43.766)  9:13.785 (1:46.530) 11:01.038 (1:47.253) 12:41.834 (1:40.796)
 10 Katelyn Nix               JR Concordia (Neb.)    12:50.93   13:08.01
         50.446 (50.446)  2:24.738 (1:34.292)  4:03.750 (1:39.012)  5:46.309 (1:42.559)
     7:33.523 (1:47.214)  9:26.004 (1:52.481) 11:22.109 (1:56.105) 13:08.003 (1:45.894)
 11 Jillian Fierro            FR Morningside         13:22.86   13:20.53
         52.027 (52.027)  2:29.380 (1:37.353)  4:11.756 (1:42.376)  6:00.174 (1:48.418)
     7:50.204 (1:50.030)  9:41.089 (1:50.885) 11:34.115 (1:53.026) 13:20.525 (1:46.410)
 12 Kyra Becker               SO Concordia (Neb.)    13:50.18   13:40.50
         51.959 (51.959)  2:33.496 (1:41.537)  4:21.655 (1:48.159)  6:13.818 (1:52.163)
     8:06.655 (1:52.837) 10:02.289 (1:55.634) 11:56.373 (1:54.084) 13:40.494 (1:44.121)
```

2024 GPAC Outdoor Track and Field Championships - 5/3/2024 to 5/4/2024

Korver Field at De Valois Stadium

Results

Event 29 Women 5000 Meter Run

GPAC Record: G 17:07.64 2011 Charity Miles, Northwestern
NAIA Auto: A 17:30.00
NAIA Prov.: B 17:40.00

Name	Year	School	Seed	Finals	Points
1 Jessica Kampman	SR	Dordt	17:21.94	18:06.52	10
46.161 (46.161) 2:20.090 (1:33.929) 3:51.578 (1:31.488) 5:23.193 (1:31.615)					
6:45.691 (1:22.498) 8:16.916 (1:31.226) 9:45.548 (1:28.632) 11:14.871 (1:29.323)					
12:40.676 (1:25.806) 14:07.706 (1:27.030) 15:34.728 (1:27.023) 17:00.296 (1:25.568)					
18:06.515 (1:06.220)					
2 Kylahn Freiberg	JR	Concordia (Neb.)	17:58.43	18:09.23	8
46.679 (46.679) 2:19.764 (1:33.085) 3:51.262 (1:31.499) 5:22.736 (1:31.474)					
6:44.659 (1:21.924) 8:17.253 (1:32.594) 9:45.826 (1:28.574) 11:14.609 (1:28.783)					
12:40.192 (1:25.583) 14:07.974 (1:27.782) 15:35.013 (1:27.040) 17:00.573 (1:25.560)					
18:09.226 (1:08.654)					
3 Courtney Sporrer	SO	Morningside	18:39.05	18:28.90	6
45.913 (45.913) 2:20.421 (1:34.509) 3:51.544 (1:31.123) 5:22.227 (1:30.684)					
6:48.040 (1:25.813) 8:17.513 (1:29.473) 9:46.105 (1:28.593) 11:15.208 (1:29.103)					
12:41.719 (1:26.511) 14:10.656 (1:28.938) 15:38.729 (1:28.074) 17:06.460 (1:27.731)					
18:28.898 (1:22.438)					
4 Isabella Webb	FR	Dordt	18:30.11	18:35.24	5
46.226 (46.226) 2:20.626 (1:34.400) 3:51.861 (1:31.235) 5:23.524 (1:31.664)					
6:49.032 (1:25.508) 8:17.687 (1:28.655) 9:46.321 (1:28.634) 11:15.543 (1:29.223)					
12:42.666 (1:27.124) 14:13.549 (1:30.883) 15:44.536 (1:30.987) 17:14.451 (1:29.915)					
18:35.231 (1:20.780)					
5 Kristine Honomichl	SR	Dordt	18:18.49	18:57.33	4
46.714 (46.714) 2:20.911 (1:34.198) 3:52.338 (1:31.427) 5:23.647 (1:31.310)					
6:53.047 (1:29.400) 8:23.036 (1:29.989) 9:54.042 (1:31.007) 11:24.379 (1:30.338)					
12:56.330 (1:31.951) 14:28.248 (1:31.918) 16:01.222 (1:32.975) 17:32.942 (1:31.720)					
18:57.322 (1:24.380)					
6 Keely Arnston	SO	Jamestown	18:52.79	19:06.04	3
45.649 (45.649) 2:20.819 (1:35.170) 3:51.782 (1:30.964) 5:22.940 (1:31.158)					
6:52.776 (1:29.836) 8:23.236 (1:30.460) 9:54.746 (1:31.511) 11:26.049 (1:31.303)					
12:59.069 (1:33.020) 14:31.394 (1:32.326) 16:04.071 (1:32.677) 17:37.644 (1:33.573)					
19:06.039 (1:28.395)					
7 Taylor Sporrer	SR	Morningside	19:02.21	19:10.68	2
45.956 (45.956) 2:21.116 (1:35.160) 3:52.086 (1:30.971) 5:23.766 (1:31.680)					
6:52.474 (1:28.709) 8:22.969 (1:30.495) 9:54.425 (1:31.457) 11:26.304 (1:31.880)					
13:03.010 (1:36.706) 14:39.408 (1:36.398) 16:15.179 (1:35.772) 17:48.663 (1:33.484)					
19:10.678 (1:22.015)					
8 Myia Johnson	SR	Midland	18:53.32	19:13.40	1
46.880 (46.880) 2:21.237 (1:34.358) 3:52.091 (1:30.854) 5:23.377 (1:31.287)					
6:53.320 (1:29.943) 8:23.757 (1:30.438) 9:56.844 (1:33.088) 11:31.255 (1:34.411)					
13:07.484 (1:36.229) 14:43.696 (1:36.213) 16:19.704 (1:36.008) 17:52.321 (1:32.618)					
19:13.391 (1:21.070)					
9 Emily Haverdink	SO	Northwestern (Iowa)	18:46.49	19:17.91	
46.416 (46.416) 2:19.491 (1:33.075) 3:50.976 (1:31.485) 5:22.513 (1:31.538)					
6:52.226 (1:29.713) 8:22.710 (1:30.485) 9:54.212 (1:31.503) 11:25.962 (1:31.750)					
13:00.176 (1:34.214) 14:36.761 (1:36.586) 16:13.530 (1:36.769) 17:49.224 (1:35.695)					
19:17.902 (1:28.678)					
10 Abby Hasart	FR	Dakota Wesleyan	19:28.84	19:24.06	
46.327 (46.327) 2:21.464 (1:35.138) 3:52.566 (1:31.103) 5:24.207 (1:31.641)					
6:53.866 (1:29.659) 8:26.512 (1:32.647) 10:00.170 (1:33.658) 11:34.944 (1:34.775)					
13:09.640 (1:34.696) 14:44.557 (1:34.918) 16:19.369 (1:34.813) 17:54.315 (1:34.946)					
19:24.056 (1:29.742)					

2024 GPAC Outdoor Track and Field Championships - 5/3/2024 to 5/4/2024

Korver Field at De Valois Stadium

Results

....Event 29 Women 5000 Meter Run

```
11 Shania Santos            JR Hastings            20:39.50   19:40.96
         47.293 (47.293)  2:23.240 (1:35.948)  3:54.970 (1:31.730)  5:28.891 (1:33.921)
     7:03.866 (1:34.975)  8:37.299 (1:33.434) 10:12.729 (1:35.430) 11:49.541 (1:36.813)
    13:27.221 (1:37.680) 15:04.630 (1:37.410) 16:40.365 (1:35.735) 18:15.211 (1:34.847)
    19:40.955 (1:25.744)
12 Chloe Inhelder           SR St. Mary (Neb.)     19:58.80   19:43.44
         47.616 (47.616)  2:23.728 (1:36.113)  3:55.652 (1:31.925)  5:28.262 (1:32.610)
     7:01.413 (1:33.151)  8:37.004 (1:35.591) 10:12.510 (1:35.507) 11:47.411 (1:34.902)
    13:24.714 (1:37.303) 15:01.256 (1:36.543) 16:36.643 (1:35.388) 18:13.331 (1:36.688)
    19:43.439 (1:30.109)
13 Caitlin Jacobsma         JR Northwestern (Iowa) 18:37.99   19:53.10
         46.516 (46.516)  2:21.676 (1:35.160)  3:52.306 (1:30.631)  5:24.036 (1:31.730)
     6:53.580 (1:29.545)  8:26.659 (1:33.080) 10:00.788 (1:34.129) 11:38.521 (1:37.734)
    13:18.672 (1:40.151) 15:00.753 (1:42.081) 16:37.009 (1:36.257) 18:18.920 (1:41.911)
    19:53.091 (1:34.171)
14 Elizabeth Baade          SR Hastings            20:02.52   19:58.97
         48.326 (48.326)  2:24.365 (1:36.040)  3:58.908 (1:34.543)  5:35.915 (1:37.008)
     7:13.041 (1:37.127)  8:48.795 (1:35.754) 10:24.597 (1:35.803) 11:58.961 (1:34.364)
    13:34.375 (1:35.415) 15:11.199 (1:36.825) 16:48.361 (1:37.163) 18:27.355 (1:38.994)
    19:58.961 (1:31.607)
15 Ellie Jander             SO Concordia (Neb.)    20:22.54   20:07.55
         47.050 (47.050)  2:22.498 (1:35.448)  3:54.697 (1:32.200)  5:28.779 (1:34.083)
     7:03.654 (1:34.875)  8:41.447 (1:37.793) 10:19.441 (1:37.995) 11:59.525 (1:40.084)
    13:38.829 (1:39.304) 15:16.670 (1:37.842) 16:57.242 (1:40.573) 18:37.774 (1:40.533)
    20:07.541 (1:29.768)
16 Jordyn Fischer           JR Mount Marty         19:54.72   20:22.70
         46.593 (46.593)  2:22.656 (1:36.064)  3:53.179 (1:30.523)  5:24.539 (1:31.360)
     6:56.005 (1:31.467)  8:31.251 (1:35.246) 10:08.492 (1:37.242) 11:49.362 (1:40.870)
    13:33.244 (1:43.882) 15:18.036 (1:44.793) 17:03.754 (1:45.718) 18:49.386 (1:45.633)
    20:22.700 (1:33.314)
17 Lorena Ramirez           SR St. Mary (Neb.)     19:41.96   20:25.35
         47.839 (47.839)  2:23.799 (1:35.961)  3:55.778 (1:31.979)  5:28.209 (1:32.432)
     7:01.074 (1:32.865)  8:32.103 (1:31.029) 10:06.874 (1:34.772) 11:44.811 (1:37.937)
    13:24.851 (1:40.040) 15:05.646 (1:40.796) 16:55.666 (1:50.020) 18:41.271 (1:45.605)
    20:25.347 (1:44.077)
18 Morgan Ritz              FR Northwestern (Iowa) 20:38.85   20:29.93
         47.274 (47.274)  2:24.044 (1:36.770)  3:55.475 (1:31.432)  5:29.950 (1:34.475)
     7:07.973 (1:38.023)  8:46.456 (1:38.484) 10:24.850 (1:38.394) 12:02.276 (1:37.427)
    13:46.232 (1:43.956) 15:28.286 (1:42.055) 17:11.803 (1:43.517) 18:54.019 (1:42.216)
    20:29.923 (1:35.905)
19 Josie Smith              FR Concordia (Neb.)    20:26.58   20:44.02
         47.004 (47.004)  2:22.804 (1:35.800)  3:54.824 (1:32.021)  5:29.703 (1:34.879)
     7:09.440 (1:39.738)  8:51.009 (1:41.569) 10:34.804 (1:43.796) 12:18.930 (1:44.126)
    14:01.331 (1:42.401) 15:43.326 (1:41.995) 17:28.794 (1:45.469) 19:10.848 (1:42.054)
    20:44.017 (1:33.170)
20 Jaycee Fischer           JR Mount Marty         20:29.84   20:54.34
         46.761 (46.761)  2:22.469 (1:35.708)  3:52.937 (1:30.468)  5:27.682 (1:34.745)
     7:04.066 (1:36.384)  8:43.127 (1:39.062) 10:25.245 (1:42.118) 12:10.787 (1:45.543)
    13:57.050 (1:46.263) 15:45.189 (1:48.139) 17:32.766 (1:47.578) 19:20.173 (1:47.407)
    20:54.334 (1:34.161)
21 Delaney Catron           FR Doane               20:57.71   21:48.57
         47.976 (47.976)  2:25.016 (1:37.041)  4:00.398 (1:35.382)  5:41.031 (1:40.634)
     7:23.473 (1:42.442)  9:05.794 (1:42.321) 10:50.793 (1:45.000) 12:41.345 (1:50.553)
    14:31.944 (1:50.599) 16:23.484 (1:51.541) 18:12.269 (1:48.785) 20:02.871 (1:50.603)
    21:48.569 (1:45.698)
```

2024 GPAC Outdoor Track and Field Championships - 5/3/2024 to 5/4/2024

Korver Field at De Valois Stadium

Results

....Event 29 Women 5000 Meter Run

```
22 Rachel Ada                SO Concordia (Neb.)    22:16.20   22:39.13
         48.187 (48.187)  2:25.682 (1:37.495)  4:05.380 (1:39.698)  5:50.300 (1:44.920)
      7:39.338 (1:49.038)  9:29.114 (1:49.777) 11:20.101 (1:50.987) 13:13.422 (1:53.322)
     15:07.681 (1:54.260) 17:01.344 (1:53.663) 18:57.511 (1:56.168) 20:52.313 (1:54.802)
     22:39.124 (1:46.811)
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Event 30 Women 10000 Meter Run

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==============================================================================
 GPAC Record: G 37:11.93  5/2/2014    Lauren Shomaker, Hastings
   NAIA Auto: A 37:30.00
  NAIA Prov.: B 37:55.00
    Name                     Year School                  Seed     Finals  Points
==============================================================================
  1 Lucy Borkowski            SR Dordt               37:37.58   38:49.11   10
      1:29.327 (1:29.327)  3:04.111 (1:34.784)  4:36.077 (1:31.966)  6:07.215 (1:31.138)
      7:39.454 (1:32.239)  9:11.578 (1:32.124) 10:44.125 (1:32.547) 12:17.544 (1:33.419)
     13:50.788 (1:33.244) 15:23.904 (1:33.116) 16:58.179 (1:34.275) 18:32.485 (1:34.306)
     20:06.129 (1:33.644) 21:39.416 (1:33.287) 23:12.803 (1:33.387) 24:46.218 (1:33.415)
     26:21.776 (1:35.558) 27:56.619 (1:34.843) 29:31.469 (1:34.850) 31:04.458 (1:32.989)
     32:39.455 (1:34.997) 34:14.298 (1:34.843) 35:48.013 (1:33.715) 37:21.581 (1:33.568)
     38:49.106 (1:27.525)
  2 Jessica Opfer             SO Dordt               38:18.55   39:21.78    8
      1:32.076 (1:32.076)  3:10.713 (1:38.637)  4:44.232 (1:33.519)  6:17.968 (1:33.736)
      7:53.136 (1:35.168)  9:27.212 (1:34.076) 11:01.415 (1:34.203) 12:35.478 (1:34.063)
     14:10.736 (1:35.258) 15:43.962 (1:33.226) 17:19.068 (1:35.106) 18:54.199 (1:35.131)
     20:29.048 (1:34.849) 22:03.787 (1:34.739) 23:39.158 (1:35.371) 25:14.767 (1:35.609)
     26:51.304 (1:36.537) 28:27.546 (1:36.242) 30:02.461 (1:34.915) 31:37.734 (1:35.273)
     33:12.127 (1:34.393) 34:46.506 (1:34.379) 36:20.994 (1:34.488) 37:53.709 (1:32.715)
     39:21.773 (1:28.064)
  3 Courtney Joiner           SO Dordt               39:48.95   40:24.32    6
      1:36.762 (1:36.762)  3:13.708 (1:36.946)  4:46.964 (1:33.256)  6:24.223 (1:37.259)
      7:59.711 (1:35.488)  9:36.821 (1:37.110) 11:13.409 (1:36.588) 12:50.969 (1:37.560)
     14:28.210 (1:37.241) 16:05.602 (1:37.392) 17:41.553 (1:35.951) 19:19.066 (1:37.513)
     20:54.202 (1:35.136) 22:30.582 (1:36.380) 24:07.075 (1:36.493) 25:44.451 (1:37.376)
     27:22.459 (1:38.008) 29:01.298 (1:38.839) 30:40.699 (1:39.401) 32:20.462 (1:39.763)
     34:00.279 (1:39.817) 35:38.986 (1:38.707) 37:17.126 (1:38.140) 38:55.102 (1:37.976)
     40:24.318 (1:29.216)
  4 Myia Johnson              SR Midland             41:00.48   40:50.15    5
      1:37.569 (1:37.569)  3:15.677 (1:38.108)  4:54.192 (1:38.515)  6:34.554 (1:40.362)
      8:15.273 (1:40.719)  9:55.980 (1:40.707) 11:36.789 (1:40.809) 13:17.469 (1:40.680)
     14:56.875 (1:39.406) 16:36.662 (1:39.787) 18:15.831 (1:39.169) 19:54.884 (1:39.053)
     21:31.432 (1:36.548) 23:04.840 (1:33.408) 24:39.483 (1:34.643) 26:14.704 (1:35.221)
     27:50.212 (1:35.508) 29:27.252 (1:37.040) 31:04.764 (1:37.512) 32:41.698 (1:36.934)
     34:20.220 (1:38.522) 35:59.981 (1:39.761) 37:38.174 (1:38.193) 39:16.556 (1:38.382)
     40:50.143 (1:33.587)
  5 Elizabeth Baade           SR Hastings            41:34.14   41:28.20    4
      1:37.142 (1:37.142)  3:16.982 (1:39.840)  4:56.378 (1:39.396)  6:37.943 (1:41.565)
      8:18.780 (1:40.837)  9:59.766 (1:40.986) 11:40.160 (1:40.394) 13:20.385 (1:40.225)
     14:58.922 (1:38.537) 16:38.349 (1:39.427) 18:17.333 (1:38.984) 19:55.883 (1:38.550)
     21:33.839 (1:37.956) 23:12.583 (1:38.744) 24:50.780 (1:38.197) 26:30.589 (1:39.809)
     28:13.245 (1:42.656) 29:50.848 (1:37.603) 31:31.260 (1:40.412) 33:12.353 (1:41.093)
     34:52.737 (1:40.384) 36:33.208 (1:40.471) 38:14.035 (1:40.827) 39:54.184 (1:40.149)
     41:28.198 (1:34.014)
```

2024 GPAC Outdoor Track and Field Championships - 5/3/2024 to 5/4/2024

Korver Field at De Valois Stadium

Results

....Event 30 Women 10000 Meter Run

```
 6 Calla Wittland            FR Doane                41:46.11   41:47.22    3
     1:36.069 (1:36.069)  3:14.791 (1:38.722)  4:53.869 (1:39.078)  6:34.281 (1:40.412)
     8:15.001 (1:40.720)  9:55.739 (1:40.738) 11:36.545 (1:40.806) 13:17.200 (1:40.655)
    14:56.619 (1:39.419) 16:36.398 (1:39.779) 18:15.552 (1:39.154) 19:54.609 (1:39.057)
    21:32.549 (1:37.940) 23:10.496 (1:37.947) 24:48.958 (1:38.462) 26:30.285 (1:41.327)
    28:12.997 (1:42.712) 29:53.682 (1:40.685) 31:36.839 (1:43.157) 33:19.726 (1:42.887)
    35:03.813 (1:44.087) 36:47.200 (1:43.387) 38:30.228 (1:43.028) 40:12.599 (1:42.371)
    41:47.215 (1:34.616)
 7 Ellie Janda               SO Dordt                43:20.06   42:09.64    2
     1:38.294 (1:38.294)  3:19.158 (1:40.864)  5:00.936 (1:41.778)  6:42.044 (1:41.108)
     8:23.438 (1:41.394) 10:04.094 (1:40.656) 11:44.268 (1:40.174) 13:25.344 (1:41.076)
    15:06.578 (1:41.234) 16:47.523 (1:40.945) 18:29.193 (1:41.670) 20:09.736 (1:40.543)
    21:50.259 (1:40.523) 23:31.294 (1:41.035) 25:12.430 (1:41.136) 26:53.684 (1:41.254)
    28:35.010 (1:41.326) 30:18.078 (1:43.068) 31:59.078 (1:41.000) 33:42.002 (1:42.924)
    35:25.351 (1:43.349) 37:09.586 (1:44.235) 38:53.727 (1:44.141) 40:36.370 (1:42.643)
    42:09.634 (1:33.264)
 8 Jordyn Fischer            JR Mount Marty          41:37.38   42:51.84    1
     1:36.870 (1:36.870)  3:15.973 (1:39.103)  4:54.500 (1:38.527)  6:34.756 (1:40.256)
     8:15.373 (1:40.617)  9:56.038 (1:40.665) 11:37.173 (1:41.135) 13:17.868 (1:40.695)
    14:57.911 (1:40.043) 16:37.952 (1:40.041) 18:17.744 (1:39.792) 19:57.391 (1:39.647)
    21:38.814 (1:41.423) 23:22.213 (1:43.399) 25:06.352 (1:44.139) 26:52.497 (1:46.145)
    28:39.713 (1:47.216) 30:35.509 (1:55.796) 32:30.211 (1:54.702) 34:19.346 (1:49.135)
    36:08.817 (1:49.471) 37:55.088 (1:46.271) 39:40.836 (1:45.748) 41:24.622 (1:43.786)
    42:51.839 (1:27.217)
 9 Paige Padavich            JR Morningside          44:01.18   42:57.58
     1:39.214 (1:39.214)  3:20.443 (1:41.229)  5:02.209 (1:41.766)  6:45.387 (1:43.178)
     8:28.746 (1:43.359) 10:08.919 (1:40.173) 11:49.505 (1:40.586) 13:29.003 (1:39.498)
    15:12.755 (1:43.752) 16:54.593 (1:41.838) 18:37.805 (1:43.212) 20:24.616 (1:46.811)
    22:10.644 (1:46.028) 23:54.981 (1:44.337) 25:41.901 (1:46.920) 27:26.284 (1:44.383)
    29:12.394 (1:46.110) 30:58.884 (1:46.490) 32:43.415 (1:44.531) 34:29.965 (1:46.550)
    36:16.024 (1:46.059) 38:02.627 (1:46.603) 39:47.240 (1:44.613) 41:27.415 (1:40.175)
    42:57.571 (1:30.156)
10 Jennifer Tallackson       JR Jamestown            42:09.08   43:53.23
     1:37.890 (1:37.890)  3:18.843 (1:40.953)  5:00.320 (1:41.477)  6:43.807 (1:43.487)
     8:27.702 (1:43.895) 10:09.291 (1:41.589) 11:49.826 (1:40.535) 13:29.647 (1:39.821)
    15:14.811 (1:45.164) 16:56.028 (1:41.217) 18:41.801 (1:45.773) 20:28.579 (1:46.778)
    22:15.538 (1:46.959) 24:03.065 (1:47.527) 25:50.831 (1:47.766) 27:39.582 (1:48.751)
    29:28.847 (1:49.265) 31:18.961 (1:50.114) 33:08.921 (1:49.960) 34:59.965 (1:51.044)
    36:49.141 (1:49.176) 38:38.894 (1:49.753) 40:27.310 (1:48.416) 42:16.509 (1:49.199)
    43:53.224 (1:36.715)
11 London Rogge              SO Morningside          42:53.13   43:59.53
     1:38.212 (1:38.212)  3:19.882 (1:41.670)  5:01.190 (1:41.308)  6:44.599 (1:43.409)
     8:28.404 (1:43.805) 10:09.071 (1:40.667) 11:48.667 (1:39.596) 13:28.273 (1:39.606)
    15:11.146 (1:42.873) 16:53.703 (1:42.557) 18:37.265 (1:43.562) 20:23.550 (1:46.285)
    22:09.081 (1:45.531) 23:54.328 (1:45.247) 25:41.465 (1:47.137) 27:27.844 (1:46.379)
    29:16.989 (1:49.145) 31:05.814 (1:48.825) 32:57.713 (1:51.899) 34:46.750 (1:49.037)
    36:38.755 (1:52.005) 38:29.881 (1:51.126) 40:21.834 (1:51.953) 42:13.788 (1:51.954)
    43:59.528 (1:45.740)
```

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Results

....Event 30 Women 10000 Meter Run

```
12 Jocelyn Farhar            JR St. Mary (Neb.)     44:17.07   44:23.47
     1:47.501 (1:47.501)  3:34.323 (1:46.822)  5:19.883 (1:45.560)  7:06.623 (1:46.740)
     8:53.757 (1:47.134) 10:43.408 (1:49.651) 12:30.186 (1:46.778) 14:17.001 (1:46.815)
    16:01.956 (1:44.955) 17:48.012 (1:46.056) 19:32.156 (1:44.144) 21:19.410 (1:47.254)
    23:05.553 (1:46.143) 24:52.406 (1:46.853) 26:38.306 (1:45.900) 28:25.075 (1:46.769)
    30:11.707 (1:46.632) 31:59.684 (1:47.977) 33:48.064 (1:48.380) 35:36.423 (1:48.359)
    37:22.734 (1:46.311) 39:10.181 (1:47.447) 40:56.707 (1:46.526) 42:43.618 (1:46.911)
    44:23.468 (1:39.850)
13 Jillian Rants             JR Hastings            45:05.83   44:29.85
     1:42.809 (1:42.809)  3:29.577 (1:46.768)  5:16.563 (1:46.986)  7:05.170 (1:48.607)
     8:49.339 (1:44.169) 10:35.414 (1:46.075) 12:21.821 (1:46.407) 14:07.090 (1:45.269)
    15:55.021 (1:47.931) 17:45.149 (1:50.128) 19:31.853 (1:46.704) 21:19.913 (1:48.060)
    23:06.882 (1:46.969) 24:53.264 (1:46.382) 26:40.002 (1:46.738) 28:26.168 (1:46.166)
    30:13.424 (1:47.256) 32:01.087 (1:47.663) 33:49.767 (1:48.680) 35:38.042 (1:48.275)
    37:25.886 (1:47.844) 39:13.248 (1:47.362) 41:01.215 (1:47.967) 42:49.300 (1:48.085)
    44:29.850 (1:40.550)
14 Jaycee Fischer            JR Mount Marty         45:20.14   44:49.50
     1:46.804 (1:46.804)  3:33.445 (1:46.641)  5:17.270 (1:43.825)  7:05.488 (1:48.218)
     8:47.148 (1:41.660) 10:32.334 (1:45.186) 12:17.518 (1:45.184) 14:03.897 (1:46.379)
    15:50.538 (1:46.641) 17:36.587 (1:46.049) 19:22.858 (1:46.271) 21:09.004 (1:46.146)
    22:56.166 (1:47.162) 24:42.540 (1:46.374) 26:33.693 (1:51.153) 28:23.891 (1:50.198)
    30:15.435 (1:51.544) 32:05.537 (1:50.102) 33:59.465 (1:53.928) 35:49.701 (1:50.236)
    37:40.217 (1:50.516) 39:32.094 (1:51.877) 41:22.652 (1:50.558) 43:09.783 (1:47.131)
    44:49.491 (1:39.708)
15 Magdalena De La O         FR Midland             45:07.99   44:56.15
     1:46.756 (1:46.756)  3:33.597 (1:46.841)  5:17.486 (1:43.889)  7:05.478 (1:47.992)
     8:47.128 (1:41.650) 10:32.292 (1:45.164) 12:17.484 (1:45.192) 14:03.827 (1:46.343)
    15:50.408 (1:46.581) 17:36.455 (1:46.047) 19:22.770 (1:46.315) 21:08.808 (1:46.038)
    22:56.072 (1:47.264) 24:40.483 (1:44.411) 26:25.475 (1:44.992) 28:12.243 (1:46.768)
    30:00.320 (1:48.077) 31:50.639 (1:50.319) 33:41.445 (1:50.806) 35:34.174 (1:52.729)
    37:28.781 (1:54.607) 39:20.728 (1:51.947) 41:18.986 (1:58.258) 43:08.892 (1:49.906)
    44:56.149 (1:47.257)
16 Ava Brackhan              FR Hastings            44:44.52   45:31.52
     1:43.149 (1:43.149)  3:29.945 (1:46.796)  5:16.938 (1:46.993)  7:04.783 (1:47.845)
     8:48.511 (1:43.728) 10:34.728 (1:46.217) 12:21.689 (1:46.961) 14:07.388 (1:45.699)
    15:54.643 (1:47.255) 17:44.788 (1:50.145) 19:31.467 (1:46.679) 21:23.276 (1:51.809)
    23:15.242 (1:51.966) 25:05.537 (1:50.295) 26:59.342 (1:53.805) 28:51.295 (1:51.953)
    30:41.266 (1:49.971) 32:34.966 (1:53.700) 34:27.381 (1:52.415) 36:19.335 (1:51.954)
    38:15.084 (1:55.749) 40:08.588 (1:53.504) 41:59.446 (1:50.858) 43:47.276 (1:47.830)
    45:31.519 (1:44.243)
17 Kirsten Vander Kooi       FR Jamestown           41:19.05   46:18.63
     1:38.623 (1:38.623)  3:19.525 (1:40.902)  5:00.696 (1:41.171)  6:44.283 (1:43.587)
     8:28.084 (1:43.801) 10:09.229 (1:41.145) 11:50.225 (1:40.996) 13:29.791 (1:39.566)
    15:15.520 (1:45.729) 16:55.325 (1:39.805) 18:43.878 (1:48.553) 20:38.708 (1:54.830)
    22:33.384 (1:54.676) 24:30.477 (1:57.093) 26:27.583 (1:57.106) 28:28.505 (2:00.922)
    30:30.810 (2:02.305) 32:31.061 (2:00.251) 34:33.250 (2:02.189) 36:37.137 (2:03.887)
    38:34.712 (1:57.575) 40:27.820 (1:53.108) 42:30.494 (2:02.674) 44:32.545 (2:02.051)
    46:18.630 (1:46.085)
```

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Results

....Event 30 Women 10000 Meter Run

```
18 Alexis Gosch              FR Mount Marty         45:21.47   46:37.40
     1:47.191 (1:47.191)  3:34.105 (1:46.914)  5:20.482 (1:46.377)  7:06.399 (1:45.917)
     8:53.391 (1:46.992) 10:43.134 (1:49.743) 12:35.077 (1:51.943) 14:27.893 (1:52.816)
    16:21.969 (1:54.076) 18:16.627 (1:54.658) 20:09.948 (1:53.321) 22:04.732 (1:54.784)
    23:59.257 (1:54.525) 25:53.601 (1:54.344) 27:49.051 (1:55.450) 29:43.858 (1:54.807)
    31:39.230 (1:55.372) 33:34.349 (1:55.119) 35:28.773 (1:54.424) 37:23.151 (1:54.378)
    39:16.614 (1:53.463) 41:09.966 (1:53.352) 43:01.930 (1:51.964) 44:51.635 (1:49.705)
    46:37.397 (1:45.762)
19 Mikayla Seebohm           SO Hastings            47:32.49   46:41.30
     1:45.443 (1:45.443)  3:32.305 (1:46.862)  5:19.513 (1:47.208)  7:07.180 (1:47.667)
     8:55.797 (1:48.617) 10:45.828 (1:50.031) 12:36.731 (1:50.903) 14:26.181 (1:49.450)
    16:16.145 (1:49.964) 18:09.020 (1:52.875) 20:01.017 (1:51.997) 21:52.231 (1:51.214)
    23:44.876 (1:52.645) 25:38.518 (1:53.642) 27:32.290 (1:53.772) 29:28.280 (1:55.990)
    31:23.751 (1:55.471) 33:19.023 (1:55.272) 35:15.982 (1:56.959) 37:11.361 (1:55.379)
    39:08.833 (1:57.472) 41:03.952 (1:55.119) 43:00.842 (1:56.890) 44:57.095 (1:56.253)
    46:41.296 (1:44.201)
20 Abigail Ruse              SO Dordt               48:05.81   48:36.39
     1:48.472 (1:48.472)  3:38.120 (1:49.648)  5:28.298 (1:50.178)  7:21.322 (1:53.024)
     9:13.236 (1:51.914) 11:07.256 (1:54.020) 13:02.855 (1:55.599) 14:59.016 (1:56.161)
    16:56.092 (1:57.076) 18:53.961 (1:57.869) 20:52.089 (1:58.128) 22:49.554 (1:57.465)
    24:48.525 (1:58.971) 26:47.126 (1:58.601) 28:45.202 (1:58.076) 30:44.997 (1:59.795)
    32:45.237 (2:00.240) 34:45.532 (2:00.295) 36:48.228 (2:02.696) 38:50.806 (2:02.578)
    40:50.971 (2:00.165) 42:50.755 (1:59.784) 44:50.379 (1:59.624) 46:50.013 (1:59.634)
    48:36.383 (1:46.370)
21 Carley Davis              SR Hastings            47:40.98   48:38.37
     1:47.902 (1:47.902)  3:37.501 (1:49.599)  5:27.941 (1:50.440)  7:20.928 (1:52.987)
     9:15.546 (1:54.618) 11:12.913 (1:57.367) 13:12.419 (1:59.506) 15:10.195 (1:57.776)
    17:08.500 (1:58.305) 19:07.439 (1:58.939) 21:08.618 (2:01.179) 23:08.382 (1:59.764)
    25:06.931 (1:58.549) 27:09.775 (2:02.844) 29:08.618 (1:58.843) 31:09.067 (2:00.449)
    33:11.642 (2:02.575) 35:13.000 (2:01.358) 37:14.347 (2:01.347) 39:15.736 (2:01.389)
    41:14.512 (1:58.776) 43:14.553 (2:00.041) 45:10.677 (1:56.124) 47:00.513 (1:49.836)
    48:38.361 (1:37.848)
-- Ellie Zeutenhorst         SO Northwestern (Iowa) 46:46.53        DNF
     1:37.946 (1:37.946)  3:18.327 (1:40.381)  4:59.962 (1:41.635)  6:43.543 (1:43.581)
     8:29.180 (1:45.637) 10:14.842 (1:45.662) 12:02.328 (1:47.486) 13:52.101 (1:49.773)
    15:44.441 (1:52.340) 17:40.667 (1:56.226) 19:35.905 (1:55.238) 21:31.242 (1:55.337)
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Event 31 Women 100 Meter Hurdles

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================================================================================
 GPAC Record: G 14.08  1987        Robinson/Ettleman, Midland/Northwestern
   NAIA Auto: A 14.40
  NAIA Prov.: B 14.60
    Name                     Year School                   Seed    Prelims  Wind H#
================================================================================
Preliminaries
  1 Adrianna Rodencal         SO Concordia (Neb.)       13.84    G 13.90Q  3.3  1
  2 Nisa Thomas               SR Hastings               14.18      14.28Q  2.1  2
  3 Josie Garrett             SO Doane                  14.50      14.39Q  2.8  3
  4 Kayla Svoboda             SO Concordia (Neb.)       14.96      14.55q  3.3  1
  5 Devondra Sands            FR Briar Cliff            14.83      14.90q  2.8  3
  6 Ashinee George            JR Mount Marty            14.88      14.95q  2.1  2
  7 Jaida Rowe                SO Hastings               16.03      14.99q  2.1  2
  8 Charlee Olson             SO Northwestern (Iowa)    15.59      15.42q  2.1  2
  9 Emma Zoet                 JR Northwestern (Iowa)    15.17      15.51   3.3  1
 10 Isabelle Salters          JR Concordia (Neb.)       15.46      15.55   2.8  3
```

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Results

....Event 31 Women 100 Meter Hurdles

11	Paige Erhardt	JR	Jamestown	15.40	15.63	2.1	2	
12	Amy Richert	SR	Concordia (Neb.)	15.43	15.72	2.8	3	
13	Andrea Sucha	SO	Mount Marty	16.27	15.90	2.8	3	
14	Kelsey Evenhouse	JR	Dordt	15.97	16.14	3.3	1	
15	Landrey Walter	SO	Concordia (Neb.)	16.40	16.41	2.8	3	
16	Molly Frenzen	FR	Concordia (Neb.)	16.41	16.50	2.1	2	
17	Adaya Plastow	JR	Dakota Wesleyan	15.81	16.59	3.3	1	16.586
18	Taylor Hinojosa	SO	Mount Marty	16.69	16.59	3.3	1	16.589
19	Faith Minderhoud	FR	Dordt	16.84	16.79	3.3	1	
20	Cassie Hohrman	SR	Mount Marty	16.97	17.03	2.8	3	
21	Macala Hood	SO	Mount Marty	16.96	17.13	2.1	2	
22	Alayna Groce	FR	Dordt	17.55	17.44	2.1	2	
23	Sara Bonn	JR	Jamestown	17.39	17.51	2.8	3	
24	Joscelin Jasper	FR	Dordt	17.60	17.54	3.3	1	

Event 31 Women 100 Meter Hurdles

GPAC Record: G 14.08 1987 Robinson/Ettleman, Midland/Northwestern
NAIA Auto: A 14.40
NAIA Prov.: B 14.60

	Name	Year	School	Prelims	Finals	Wind	Points
Finals							
1	Adrianna Rodencal	SO	Concordia (Neb.)	13.90	13.99G	1.6	10
2	Nisa Thomas	SR	Hastings	14.28	14.40A	1.6	8
3	Josie Garrett	SO	Doane	14.39	14.50B	1.6	6
4	Jaida Rowe	SO	Hastings	14.99	14.60B	1.6	5
5	Kayla Svoboda	SO	Concordia (Neb.)	14.55	14.68	1.6	4
6	Devondra Sands	FR	Briar Cliff	14.90	14.78	1.6	3
7	Ashinee George	JR	Mount Marty	14.95	14.87	1.6	2
8	Charlee Olson	SO	Northwestern (Iowa)	15.42	15.43	1.6	1

Event 32 Women 400 Meter Hurdles

GPAC Record: G 59.90 5/7/2022 Jordan Koepke, Concordia (N
NAIA Auto: A 1:03.85
NAIA Prov.: B 1:04.85

	Name	Year	School	Seed	Finals	H#	Points
1	Jordan Koepke	SO	Concordia (Neb.)	1:01.93	1:01.25A	3	10
2	Jaida Rowe	SO	Hastings	1:03.04	1:02.95A	3	8
3	Chaney Nelson	FR	Doane	1:05.59	1:05.11	3	6
4	Josi Noble	SO	Concordia (Neb.)	1:06.82	1:05.90	3	5
5	Cassie Hohrman	SR	Mount Marty	1:07.16	1:06.24	3	4
6	Emma Zoet	JR	Northwestern (Iowa)	1:06.89	1:06.41	3	3
7	Tianna Bumbaca-Kuehl	SR	Mount Marty	1:07.50	1:07.13	2	2
8	Madyson Ray	SR	Midland	1:08.60	1:08.29	2	1
9	Ashinee George	JR	Mount Marty	1:09.25	1:09.22	2	
10	Isabelle Salters	JR	Concordia (Neb.)	1:07.16	1:09.47	3	
11	Lydia Herman	SO	Dordt	1:09.66	1:10.19	2	
12	Sophie Ruden	FR	Briar Cliff	1:11.46	1:11.22	1	
13	Taylor Hinojosa	SO	Mount Marty	1:10.27	1:11.28	2	
14	Adaya Plastow	JR	Dakota Wesleyan	1:10.38	1:12.33	2	
15	Landrey Walter	SO	Concordia (Neb.)	1:11.08	1:12.67	2	
16	Macala Hood	SO	Mount Marty	1:13.53	1:13.28	1	

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Results

....Event 32 Women 400 Meter Hurdles

17	Grace Reimer	JR Concordia (Neb.)	1:10.40	1:16.69	2
18	Devondra Sands	FR Briar Cliff	1:18.11	1:17.01	1
19	Emma Wilson	JR Northwestern (Iowa)	1:25.15	1:24.68	1

Event 33 Women 4x100 Meter Relay

GPAC Record: G 46.86 2019 Hasting, Hastings College
S Cunningham, J Wilson, D Maessner, M Moran
NAIA Auto: A 47.40
NAIA Prov.: B 47.75

School	Seed	Finals	H#	Points
1 Doane	46.65	47.29A	2	10
1) Isabel Bothwell JR 2) Morgan Mahoney SO				
3) Kat Vogt SO 4) Neryah Hekl FR				
2 Concordia (Neb.)	47.66	47.67B	2	8
1) Cambria Saunders FR 2) Kayla Kirchner SO				
3) Kellie Rhodes SR 4) Adrianna Rodencal SO				
3 Mount Marty	47.80	47.81	2	6
1) Aniya Teppo JR 2) Hilaria Rodriguez FR				
3) Alexis Even SO 4) Zelie Sorensen SO				
4 Northwestern (Iowa)	48.35	48.63	2	5
1) Grace Hendrickson SR 2) Marissa Hackman FR				
3) Caitlin Ostbye SO 4) Emma Blum SO				
5 Dordt	49.42	49.10	2	4
1) Erica Nikkel SR 2) Caitlin Vander Kooy FR				
3) Kailee Altena FR 4) Shelby Buwalda SO				
6 Morningside	49.99	50.31	2	3
1) Meredith Draper FR 2) Tilda Wahlen FR				
3) Lauren Wehrbein SO 4) Jolee Mesz FR				
7 Midland	50.04	50.38	2	2
1) Amber Rodgers SO 2) Neenah Guerrero FR				
3) Dala Drowne FR 4) Nevaeh Sarabia JR				
8 Jamestown	51.62	52.39	1	1
1) Mackenzie Bakken FR 2) Sara Bonn JR				
3) Paige Erhardt JR 4) Kristina Brossart SR				
-- St. Mary (Neb.)		DNF	1	
1) Kellesse Heard FR 2) Ava Hilger FR				
3) Taylor Hrabik FR 4) Allison Isaacson FR				
-- Hastings	48.62	DNF	2	
1) Rhys Maxey SR 2) Jaida Rowe SO				
3) Myricle Moffett FR 4) Nisa Thomas SR				

Event 34 Women 4x400 Meter Relay

GPAC Record: G 3:47.08 5/7/2016 Nebraska Wesleyan, Nebraska Wes
E Jones, A Hunke, K Jones, K Krick
NAIA Auto: A 3:55.00
NAIA Prov.: B 3:57.00

School	Seed	Finals	H#	Points
1 Concordia (Neb.)	3:48.16	3:50.97A	2	10
1) Jenna Esch JR 2) Kayla Kirchner SO				
3) Trinity Tuls JR 4) Jordan Koepke SO				
1:56.104 (1:56.104) 2:54.918 (58.814) 3:50.970 (56.053)				

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Results

....Event 34 Women 4x400 Meter Relay

```
 2 Northwestern (Iowa)                                3:55.07    3:52.16A  2   8
    1) Emma Blum SO                    2) Savonne Sterk JR
    3) Caitlin Ostbye SO               4) Kennedy Kramer JR
     1:57.389 (1:57.389)    2:57.254 (59.865)    3:52.153 (54.899)
 3 Dordt                                              3:53.83    3:52.60A  2   6
    1) Kailee Altena FR                2) Shelby Buwalda SO
    3) Lindsay Grau SO                 4) Ayda Den Herder SO
     1:56.816 (1:56.816)    2:56.392 (59.576)    3:52.593 (56.202)
 4 Doane                                              3:53.90    3:55.05B  2   5
    1) Kat Vogt SO                     2) Chaney Nelson FR
    3) Kiley Hejtmanek FR              4) Danie Parriott SO
     1:57.949 (1:57.949)    2:56.025 (58.077)    3:55.045 (59.020)
 5 Mount Marty                                        3:59.16    4:01.26   2   4
    1) Tianna Bumbaca-Kuehl SR         2) Alexis Even SO
    3) Josey Wahlstrom SO              4) Calli Davis JR
     2:01.117 (2:01.117)  3:02.460 (1:01.343)    4:01.251 (58.792)
 6 Hastings                                                      4:04.14   1   3
    1) Jaida Rowe SO                   2) Myricle Moffett FR
    3) Cecilia Velarde JR              4) Veronica Pinkerton SR
     2:02.925 (2:02.925)  3:06.444 (1:03.520)    4:04.140 (57.696)
 7 Midland                                            4:14.93    4:11.33   2   2
    1) Nevaeh Sarabia JR               2) Madyson Ray SR
    3) Neenah Guerrero FR              4) Dala Drowne FR
     2:04.464 (2:04.464)  3:07.058 (1:02.595)  4:11.326 (1:04.268)
 8 Morningside                                        4:05.14    4:14.57   2   1
    1) Michelle Sanchez SR             2) Taylor Greene JR
    3) Laura Greene JR                 4) Sarah Perez JR
     2:03.870 (2:03.870)  3:09.147 (1:05.277)  4:14.563 (1:05.417)
 9 Dakota Wesleyan                                               4:27.13   1
    1) Dani Deffenbaugh FR             2) Tanley Goebel SO
    3) Caley Murphy FR                 4) Adaya Plastow JR
     2:10.747 (2:10.747)  3:14.941 (1:04.194)  4:27.121 (1:12.180)
```

Event 35 Women 4x800 Meter Relay

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==============================================================================
 GPAC Record: G 9:04.58  2015        Dordt College, Dordt
                         K Byl, K Lewis, L Koerner, J VanZee
  NAIA Auto: A 9:26.00
 NAIA Prov.: B 9:32.00
   School                                              Seed     Finals  Points
==============================================================================
 1 Morningside                                        9:24.20    9:24.37A  10
    1) Courtney Sporrer SO             2) Emily Chicoine SR
    3) Jolee Mesz FR                   4) Michelle Sanchez SR
     2:18.509 (2:18.509)  4:44.522 (2:26.013)  7:05.013 (2:20.491)  9:24.363 (2:19.350)
 2 Northwestern (Iowa)                                9:32.64    9:31.43B   8
    1) Savonne Sterk JR                2) Emily Haverdink SO
    3) Abby Ervin JR                   4) Caitlin Jacobsma JR
     2:19.510 (2:19.510)  4:44.838 (2:25.328)  7:07.086 (2:22.248)  9:31.427 (2:24.341)
 3 Hastings                                          10:22.65    9:49.03    6
    1) Cecilia Velarde JR              2) Whitney Cure FR
    3) Veronica Pinkerton SR           4) Jilee Golus JR
     2:29.858 (2:29.858)  5:02.525 (2:32.667)  7:17.620 (2:15.095)  9:49.022 (2:31.402)
 4 St. Mary (Neb.)                                   10:04.13    9:55.15    5
```

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....Event 35 Women 4x800 Meter Relay

1) Natalie Briggs FR 2) Mira Fosmer FR
3) Corinne Mead SO 4) Autumn Simons JR
2:32.761 (2:32.761) 4:52.513 (2:19.752) 7:22.280 (2:29.767) 9:55.143 (2:32.863)

5 Dordt 9:27.39 9:56.10 4
1) Shaylee Van Essen FR 2) Annaka Hook SO
3) Sadie Feucht JR 4) Addison Essebaggers FR
2:25.253 (2:25.253) 4:49.046 (2:23.793) 7:22.246 (2:33.200) 9:56.094 (2:33.848)

6 Doane 10:14.22 10:06.67 3
1) Danie Parriott SO 2) Laura Hasemann FR
3) Madison Lytle FR 4) Emily Lytle FR
2:22.405 (2:22.405) 4:57.459 (2:35.054) 7:32.425 (2:34.966) 10:06.666 (2:34.241)

7 Mount Marty 10:35.84 10:15.31 2
1) Josey Wahlstrom SO 2) Tianna Bumbaca-Kuehl SR
3) Jaycee Fischer JR 4) Alexis Gosch FR
2:26.025 (2:26.025) 4:53.412 (2:27.387) 7:29.975 (2:36.563) 10:15.308 (2:45.333)

8 Concordia (Neb.) 9:12.95 10:32.60 1
1) Tayden Kirchner FR 2) Kelsie Heins FR
3) Faith Williamson JR 4) Caitlyn Adams SO
2:32.729 (2:32.729) 5:11.750 (2:39.021) 7:48.603 (2:36.853) 10:32.600 (2:43.997)

Event 36 Women Long Jump

9 to Final
GPAC Record: G 6.05m 5/6/2022 Karsen Sears, Hastings
NAIA Auto: A 5.78m
NAIA Prov.: B 5.68m

	Name	Year	School	Seed	Finals	Wind		H#	Points
1	Lindsay Adams	SO	Doane	5.47m	5.65m	1.9	18-06.50	2	10
	5.46m(2.8) 5.65m(1.9) 5.25m(0.6) 5.41m(0.5) 5.52m(2.7) FOUL(1.6)								
2	Ayda Den Herder	SO	Dordt	5.58m	5.60m	0.8	18-04.50	2	8
	5.35m(1.7) 5.60m(0.8) 5.34m(2.4) 5.29m(1.2) FOUL(1.6) 5.15m(2.1)								
3	Kiki Nyanok	FR	Concordia (Neb.)	5.57m	5.57m	1.7	18-03.25	2	6
	5.42m(1.6) FOUL(1.3) FOUL(1.5) 4.70m(1.0) 5.15m(0.7) 5.57m(1.7)								
4	Hayley Miles	SO	Concordia (Neb.)	5.47m	5.45m	0.9	17-10.75	2	5
	5.45m(0.9) FOUL(2.4) 5.15m(1.0) 4.17m(1.4) 5.38m(2.3) FOUL(1.0)								
5	Kellesse Heard	FR	St. Mary (Neb.)	5.15m	J5.45m	2.1	17-10.75	1	4
	5.45m(2.1) FOUL 5.36m(1.6) 4.99m(0.9) FOUL(1.3) 5.30m(1.3)								
6	Neenah Guerrero	FR	Midland	5.39m	5.41m	2.7	17-09.00	2	3
	5.22m(2.7) 5.23m(1.4) FOUL(2.1) 5.33m(2.1) FOUL(1.0) 5.41m(2.7)								
7	Josie Garrett	SO	Doane	5.50m	5.40m	0.8	17-08.75	2	2
	5.40m(0.8) FOUL(0.8) 5.20m(1.5) 5.20m(1.8) 5.19m(2.0) 5.24m(1.9)								
8	Rosalyn Roggasch	SO	Doane	5.22m	5.27m	1.8	17-03.50	1	1
	5.02m(3.9) 5.26m(2.2) 5.27m(1.8) FOUL FOUL FOUL								
9	Charlee Olson	SO	Northwestern (Iowa)	5.33m	5.24m	1.8	17-02.25	2	
	5.09m(1.0) 5.05m(1.4) 5.24m(1.8) 4.99m(2.2) 5.12m(2.2) 5.00m(1.4)								
10	Kellie Rhodes	SR	Concordia (Neb.)	5.33m	5.15m	1.3	16-10.75	2	
	5.15m(1.3) 4.94m(0.5) 5.09m(1.9)								
11	Taliyah Hayes	SO	Dakota Wesleyan	5.34m	5.14m	0.8	16-10.50	2	
	5.14m(0.8) 5.08m(1.0) 5.10m(0.8)								
12	Andrea Sucha	SO	Mount Marty	5.15m	5.08m	2.1	16-08.00	1	
	4.84m(2.3) 5.08m(2.1) 4.88m(1.6)								
13	Madyson Ray	SR	Midland	5.29m	5.07m	1.3	16-07.75	1	
	4.76m(1.9) 5.07m(1.3) 4.95m(+0.0)								
14	Lexa Burtzlaff	JR	Mount Marty	5.24m	5.03m	1.3	16-06.00	1	
	4.89m(+0.0) FOUL 5.03m(1.3)								

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....Event 36 Women Long Jump

15 Amy Richert SR Concordia (Neb.) 5.42m 5.02m 2.1 16-05.75 2
4.94m(0.9) 4.97m(1.2) 5.02m(2.1)
16 Bailey Beckman SR Dordt 5.41m 5.00m 2.3 16-05.00 2
FOUL FOUL 5.00m(2.3)
17 Paige Millikan SO Mount Marty 5.41m 4.99m 1.8 16-04.50 2
4.99m(1.8) 4.48m(1.1) FOUL(0.6)
18 Kyla Davis SO Doane 5.25m 4.96m 1.4 16-03.25 1
4.74m(3.7) FOUL(2.8) 4.96m(1.4)
19 Shaylee Van Essen FR Dordt 5.00m 4.90m 3.0 16-01.00 1
4.89m(1.6) 4.90m(3.0) 4.86m(2.1)
20 Morgan Craig SO Doane 5.09m 4.87m 2.7 15-11.75 1
4.76m(1.8) 4.87m(2.7) 4.78m(1.8)
21 Brianna Quinn SO Concordia (Neb.) 5.02m 4.86m 1.8 15-11.50 1
4.61m(1.8) 4.86m(1.8) 4.84m(0.9)
22 Abby Fontana JR Doane 5.01m 4.82m 2.2 15-09.75 1
4.82m(2.2) 4.80m(2.2) 4.69m(1.4)
23 Jenna Balt SO Dordt 5.01m 4.73m 1.8 15-06.25 1
FOUL 4.73m(1.8) 4.65m(1.4)
24 Greta Corneliusen JR Concordia (Neb.) 4.78m 4.72m 2.4 15-06.00 1
FOUL 4.63m(4.4) 4.72m(2.4)

Event 37 Women Triple Jump

9 to Final
GPAC Record: G 12.58m 2004 Rochelle Schmidt, Doane College
NAIA Auto: A 11.70m
NAIA Prov.: B 11.55m

	Name	Year	School	Seed	Finals	Wind		H#	Points
1	Rosalyn Roggasch	SO	Doane	12.02m	11.53m	5.3	37-10.00	2	10
	10.65m(5.1) 11.53m(5.3) 11.37m(2.5) 11.06m(2.3) 10.51m(2.1) 11.28m(4.1)								
2	Josie Garrett	SO	Doane	11.72m	11.51m	3.1	37-09.25	2	8
	11.41m(2.1) FOUL(2.5) FOUL(0.3) 11.07m(2.4) 11.51m(3.1) 11.38m(2.8)								
3	Taliyah Hayes	SO	Dakota Wesleyan	11.49m	11.42m	2.2	37-05.75	2	6
	11.22m(4.6) 11.41m(2.4) 11.42m(2.2) 11.21m(1.3) 11.12m(2.2) FOUL(2.9)								
4	Kyla Davis	SO	Doane	10.76m	11.23m	2.7	36-10.25	2	5
	FOUL(6.0) 11.23m(2.7) 10.91m(0.7) 10.57m(1.5) 10.93m(2.5) FOUL(1.5)								
5	Josi Noble	SO	Concordia (Neb.)	11.62m	11.14m	1.5	36-06.75	2	4
	FOUL(2.6) 10.98m(0.3) 11.12m(0.7) 10.95m(1.2) 11.13m(3.3) 11.14m(1.5)								
6	Lindsay Adams	SO	Doane	10.97m	11.08m	1.3	36-04.25	2	3
	10.97m(2.2) 10.93m(2.4) 10.90m(1.0) 10.63m(1.2) FOUL(1.4) 11.08m(1.3)								
7	Trinity Doublin	SO	Hastings	10.94m	10.86m	1.3	35-07.75	2	1.50
	FOUL(2.9) 10.81m(1.5) 10.86m(1.3) 10.64m(2.4) FOUL(1.9) 10.21m(0.3)								
7	Paige Decker	SR	Dordt	11.02m	10.86m	2.8	35-07.75	2	1.50
	10.49m(2.7) 10.77m(0.9) 10.65m(2.1) 10.41m(3.7) 10.86m(2.8) 10.73m(1.8)								
9	Hayley Miles	SO	Concordia (Neb.)	11.02m	10.70m	2.8	35-01.25	2	
	10.70m(2.8) FOUL(1.4) FOUL(0.5) 10.65m(1.2) FOUL(3.5) FOUL(3.3)								
10	Isabel Sayler	SR	Briar Cliff	11.54m	10.67m	2.6	35-00.25	2	
	10.67m(2.6) FOUL(2.7) FOUL(2.7)								
11	Andrea Sucha	SO	Mount Marty	10.75m	10.63m	1.7	34-10.50	2	
	9.97m(2.3) 10.59m(0.9) 10.63m(1.7)								
12	Shaylee Van Essen	FR	Dordt	10.43m	10.52m	2.8	34-06.25	1	
	9.94m(2.0) 10.27m(4.4) 10.52m(2.8)								
13	Allison Isaacson	FR	St. Mary (Neb.)	9.76m	10.50m	1.2	34-05.50	1	
	10.48m(2.6) FOUL(1.7) 10.50m(1.2)								

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....Event 37 Women Triple Jump

14	Greta Corneliusen	JR	Concordia (Neb.)	10.53m	10.40m	4.7	34-01.50	1
	10.40m(4.7) 10.34m(2.9) FOUL(2.4)							
15	Celia Vanderwoude	SO	Dordt	10.22m	10.30m	2.7	33-09.50	1
	FOUL(3.6) FOUL(2.9) 10.30m(2.7)							
16	Chainey Thompson	SO	St. Mary (Neb.)	10.41m	10.24m	3.3	33-07.25	1
	FOUL(4.5) 9.99m(5.0) 10.24m(3.3)							
17	Paige Millikan	SO	Mount Marty	10.28m	10.11m	3.7	33-02.00	1
	10.06m(2.4) FOUL(4.6) 10.11m(3.7)							
18	Abby Rehtus	JR	Doane	10.26m	10.10m	2.2	33-01.75	1
	10.10m(2.2) FOUL(2.1) FOUL(4.3)							
19	Ikeah Cuff	SR	Hastings	10.33m	10.09m	2.2	33-01.25	1
	FOUL(1.6) FOUL(4.0) 10.09m(2.2)							
20	Olivia Joyce	FR	St. Mary (Neb.)	9.95m	10.07m	3.8	33-00.50	1
	FOUL(3.0) 9.36m(1.7) 10.07m(3.8)							
21	Abby Fontana	JR	Doane	10.17m	9.72m	2.5	31-10.75	1
	FOUL(2.2) 9.72m(2.5) 9.67m(4.2)							
--	Lexa Burtzlaff	JR	Mount Marty	10.34m	FOUL			1
	FOUL(1.5) FOUL(5.3) FOUL(3.3)							
--	Elena Batenhorst	JR	Concordia (Neb.)	10.75m	FOUL			2
	FOUL(0.9) FOUL(3.7) FOUL(3.2)							

Event 38 Women High Jump

1.45-1.50-1.55-1.60-1.65-1.68-1.71-1.74 continue by 3cm
GPAC Record: G 1.78m 1992 Kim Oden / Katie Jasa, NWU / Doane College
NAIA Auto: A 1.68m
NAIA Prov.: B 1.65m

	Name	Year	School	Seed	Finals		Points
1	Krista Hardy	SO	Midland	1.68m	1.68mA	5-06.00	10
	1.45 1.50 1.55 1.60 1.65 1.68 1.71 1.74						
	PPP PPP XXO XXO O O PPP XXX						
2	Stephanie Chadduck	FR	Jamestown	1.65m	1.65mB	5-05.00	8
	1.45 1.50 1.55 1.60 1.65 1.68						
	PPP O O XO XXO XXX						
3	Jacie Vander Waal	JR	Northwestern (Iowa)	1.65m	J1.65mB	5-05.00	6
	1.45 1.50 1.55 1.60 1.65 1.68						
	PPP O O XXO XXO XXX						
4	Jastiny Jackson	SR	Doane	1.65m	1.60m	5-03.00	4.50
	1.45 1.50 1.55 1.60 1.65						
	O O XO XO XXX						
4	Josie Garrett	SO	Doane	1.65m	1.60m	5-03.00	4.50
	1.45 1.50 1.55 1.60 1.65						
	PPP O XO XO XXX						
6	Zoey Walker	FR	Concordia (Neb.)	1.68m	1.55m	5-01.00	2
	1.45 1.50 1.55 1.60						
	PPP O O XXX						
6	Sarah Theiler	JR	Doane	1.65m	1.55m	5-01.00	2
	1.45 1.50 1.55 1.60						
	O O O XXX						
6	Molly Zylstra	FR	Dordt	1.55m	1.55m	5-01.00	2
	1.45 1.50 1.55 1.60						
	PPP PPP O XXX						

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....Event 38 Women High Jump

```
 9 Taliyah Hayes            SO Dakota Wesleyan        1.60m     J1.55m    5-01.00
    1.45 1.50 1.55 1.60
     PPP   XO   XO  XXX
10 Paige Erhardt            JR Jamestown              1.58m     J1.55m    5-01.00
    1.45 1.50 1.55 1.60
       O  XXO  XXO  XXX
11 Charlee Olson            SO Northwestern (Iowa)    1.60m      1.50m    4-11.00
    1.45 1.50 1.55
       O    O  XXX
11 Addie Reimer             FR Concordia (Neb.)       1.65m      1.50m    4-11.00
    1.45 1.50 1.55
     PPP    O  XXX
11 Shyanne Pipkin           SO Midland                1.55m      1.50m    4-11.00
    1.45 1.50 1.55
       O    O  XXX
11 Amy Richert              SR Concordia (Neb.)       1.60m      1.50m    4-11.00
    1.45 1.50 1.55
     PPP    O  XXX
11 Karli Swart              FR Northwestern (Iowa)    1.55m      1.50m    4-11.00
    1.45 1.50 1.55
       O    O  XXX
16 Ada Smies                FR Dordt                  1.54m     J1.50m    4-11.00
    1.45 1.50 1.55
       O   XO  XXX
17 Dala Drowne              FR Midland                1.60m      1.45m    4-09.00
    1.45 1.50
       O  XXX
17 Elenna Koenig            SO Doane                  1.60m      1.45m    4-09.00
    1.45 1.50
       O  XXX
17 Kimberly Schropfer       SO Concordia (Neb.)       1.55m      1.45m    4-09.00
    1.45 1.50
       O  XXX
17 Andrea Sucha             SO Mount Marty            1.60m      1.45m    4-09.00
    1.45 1.50
       O  XXX
21 Faith Espinosa           SO Concordia (Neb.)       1.55m     J1.45m    4-09.00
    1.45 1.50
      XO  XXX
21 Faith Measel             SR Dordt                  1.54m     J1.45m    4-09.00
    1.45 1.50
      XO  XXX
-- Ava Bartels               SO Concordia (Neb.)       1.55m         NH
    1.45
     XXX
-- Aubrey DeGroot            FR Northwestern (Iowa)    1.60m         NH
    1.45 1.50
     PPP  XXX
-- Emily Wingert             SR Dordt                  1.54m         NH
    1.45 1.50 1.55
     PPP  PPP  XXX
```

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Event 39 Women Pole Vault

2.80-2.95-3.10-3.25-3.40-3.55-3.65 continue by 10cm
GPAC Record: G 4.15m 4/30/2021 Josie Puelz, Concordia
NAIA Auto: A 3.65m
NAIA Prov.: B 3.55m

	Name	Year	School	Seed	Finals		Points
1	Kaylee Pribyl	FR	Doane	4.00m	3.75mA	12-03.50	10
	2.80 2.95 3.10 3.25 3.40 3.55 3.65 3.75 3.85 3.90						
	PPP PPP PPP PPP PPP O PPP O PPP XXX						
2	Kennedy Stanley	SO	Doane	3.68m	3.55mB	11-07.75	8
	2.80 2.95 3.10 3.25 3.40 3.55 3.65 3.75						
	PPP PPP PPP PPP O O PPP XXX						
3	Sydney Reichert	SR	Concordia (Neb.)	3.45m	3.40m	11-01.75	5.50
	2.80 2.95 3.10 3.25 3.40 3.55						
	PPP PPP O O O XXX						
3	Amira Cummings	SR	Concordia (Neb.)	3.45m	3.40m	11-01.75	5.50
	2.80 2.95 3.10 3.25 3.40 3.55						
	PPP PPP O O O XXX						
5	Mya Zohner	FR	Mount Marty	3.30m	J3.40m	11-01.75	4
	2.80 2.95 3.10 3.25 3.40 3.55						
	PPP O O XO XO XXX						
6	Megan Frank	FR	Jamestown	3.45m	J3.40m	11-01.75	3
	2.80 2.95 3.10 3.25 3.40 3.55						
	PPP PPP PPP O XXO XXX						
7	Samantha Knapp	JR	Doane	3.30m	3.25m	10-08.00	1.50
	2.80 2.95 3.10 3.25 3.40						
	PPP O O O XXX						
7	Kayla Svoboda	SO	Concordia (Neb.)	3.25m	3.25m	10-08.00	1.50
	2.80 2.95 3.10 3.25 3.40						
	PPP PPP O O XXX						
9	Mackenzie Bakken	FR	Jamestown	3.00m	3.10m	10-02.00	
	2.80 2.95 3.10 3.25						
	PPP O O XXX						
10	Cassie Peatrowsky	FR	Concordia (Neb.)	3.05m	J3.10m	10-02.00	
	2.80 2.95 3.10 3.25						
	O XO XO XXX						
11	Allison Isaacson	FR	St. Mary (Neb.)	3.10m	J3.10m	10-02.00	
	2.80 2.95 3.10 3.25						
	PPP O XXO XXX						
12	Quinn Bassingthwaite	SO	Jamestown	3.00m	2.95m	9-08.00	
	2.80 2.95 3.10						
	O O XXX						
12	Jerzi Maher	SO	Doane	3.05m	2.95m	9-08.00	
	2.80 2.95 3.10						
	O O XXX						
14	Allison Hough	FR	Northwestern (Iowa)	2.95m	J2.95m	9-08.00	
	2.80 2.95 3.10						
	O XO XXX						
15	Taylor Hrabik	FR	St. Mary (Neb.)	2.80m	2.80m	9-02.25	
	2.80 2.95						
	XO XXX						
15	Reilly Saline	FR	Hastings	2.85m	2.80m	9-02.25	
	2.80 2.95						
	XO XXX						

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....Event 39 Women Pole Vault

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17 Natalee Keodouangdy       SO Doane                  2.70m     J2.80m    9-02.25
    2.80 2.95
     XXO  XXX
-- Carlie Schlosser          SO Mount Marty            2.80m         NH
    2.80
     XXX
-- Aliana McNair             FR Concordia (Neb.)       3.00m         NH
    2.80
     XXX
-- Saydie Clark              SR Dordt                  2.95m         NH
    2.80
     XXX
-- Alexis Mauler             FR Doane                  2.65m         NH
    2.80
     XXX
-- Madison Jones             SO Midland                2.70m         NH
    2.80
     XXX
-- Ellee VanBuskirk          SO Concordia (Neb.)       2.70m         NH
    2.80
     XXX
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Event 40 Women Shot Put

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==========================================================================================
 9 to Final
 GPAC Record: G 15.40m  2019        Samantha Liermann, Concordia
   NAIA Auto: A 13.50m
  NAIA Prov.: B 13.25m
   Name                     Year School                  Seed     Finals            H# Points
==========================================================================================
  1 Abigail Gerber            JR Concordia (Neb.)      14.53m     14.44mA  47-04.50  2  10
     12.84m  13.55m  FOUL  14.33m  13.54m  14.44m
  2 Kiara Anderson            SR Hastings              13.34m     14.23mA  46-08.25  2   8
     13.28m  14.23m  FOUL  FOUL  FOUL  FOUL
  3 Claire Caspersen          JR St. Mary (Neb.)       14.02m     14.20mA  46-07.25  2   6
     13.77m  FOUL  13.12m  13.40m  14.20m  13.95m
  4 Maggie Heesch             SO Midland               13.30m     14.06mA  46-01.50  2   5
     12.72m  FOUL  13.18m  FOUL  14.06m  FOUL
  5 Abby Magnuson             SR Dakota Wesleyan       14.26m     13.96mA  45-09.75  2   4
     13.48m  13.30m  13.44m  13.46m  13.33m  13.96m
  6 Hope Wagner               SR Briar Cliff           13.67m     13.67mA  44-10.25  2   3
     13.49m  13.67m  FOUL  FOUL  13.24m  13.54m
  7 Kamryn Pokorney           SR Concordia (Neb.)      13.34m     13.61mA  44-08.00  2   2
     12.76m  12.80m  13.25m  12.95m  13.61m  FOUL
  8 Delaney Burge             FR Doane                 12.86m     13.17m   43-02.50  2   1
     12.84m  12.13m  12.43m  12.62m  12.78m  13.17m
  9 Alivia Baucom             SO Doane                 13.88m     12.99m   42-07.50  2
     12.99m  FOUL  FOUL  12.72m  FOUL  12.87m
 10 Asia Tyler                SR Hastings              12.46m     12.68m   41-07.25  2
     12.63m  FOUL  12.68m
 11 Natylie Myers             FR Doane                 12.38m     12.64m   41-05.75  2
     FOUL  12.64m  FOUL
 12 Sydney Biermann           SR Doane                 12.24m     11.89m   39-00.25  2
     11.67m  11.77m  11.89m
```

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....Event 40 Women Shot Put

13	Brenna Held	SO	Jamestown	11.48m	11.63m	38-02.00	1
	10.75m 11.50m 11.63m						
14	Mia Knigge	SO	Doane	11.61m	11.26m	36-11.50	1
	11.03m 11.26m FOUL						
15	Marissa Heins	FR	Concordia (Neb.)	11.73m	11.25m	36-11.00	1
	10.98m 11.25m FOUL						
16	Tavia Williams	SO	St. Mary (Neb.)	11.62m	11.04m	36-02.75	1
	FOUL 10.37m 11.04m						
17	Marie Bias	FR	St. Mary (Neb.)	11.44m	10.99m	36-00.75	1
	10.99m 10.96m FOUL						
18	Emily Kraft	SR	Northwestern (Iowa)	11.16m	10.86m	35-07.75	1
	FOUL 10.61m 10.86m						
19	Brittni Kinne	FR	Concordia (Neb.)	12.09m	10.81m	35-05.75	1
	10.61m 10.81m 10.07m						
20	Jacee Tindall	SO	Morningside	10.82m	10.74m	35-03.00	1
	10.74m 10.57m 10.47m						
21	Aliyah Sinn	FR	Concordia (Neb.)	11.32m	10.67m	35-00.25	1
	FOUL FOUL 10.67m						
22	Georgia Carroll	SO	St. Mary (Neb.)	10.48m	10.54m	34-07.00	1
	FOUL 10.54m FOUL						
23	Lynne Tormoehlen	JR	Dordt	11.00m	9.86m	32-04.25	1
	9.86m FOUL FOUL						
--	Abi Wohlgemuth	JR	Concordia (Neb.)	11.25m	FOUL		1
	FOUL FOUL FOUL						

Event 41 Women Discus Throw

9 to Final
GPAC Record: G 51.24m 5/2/2009 Laura Wortmann, Mount Marty
NAIA Auto: A 44.00m
NAIA Prov.: B 43.00m

	Name	Year	School	Seed	Finals		H#	Points
1	Kiara Anderson	SR	Hastings	48.19m	48.69mA	159-09	2	10
	FOUL 46.75m 48.69m FOUL FOUL FOUL							
2	Alivia Baucom	SO	Doane	44.80m	45.48mA	149-02	2	8
	44.90m FOUL 43.46m FOUL FOUL 45.48m							
3	Emma Lloyd	SO	Concordia (Neb.)	43.86m	44.08mA	144-07	2	6
	36.36m 43.92m 43.78m 44.08m 43.29m 43.04m							
4	Abby Magnuson	SR	Dakota Wesleyan	44.62m	41.91m	137-06	2	5
	41.91m 40.94m FOUL FOUL 40.72m FOUL							
5	Sydney Biermann	SR	Doane	42.59m	40.77m	133-09	2	4
	37.51m 40.10m FOUL 40.77m FOUL 40.65m							
6	Abigail Gerber	JR	Concordia (Neb.)	39.68m	40.67m	133-05	2	3
	40.67m FOUL 37.81m FOUL FOUL 40.22m							
7	Shelby Mills	SO	Morningside	39.67m	40.47m	132-09	2	2
	36.77m 40.00m 37.51m 36.86m 40.47m FOUL							
8	Maggie Heesch	SO	Midland	40.22m	40.41m	132-07	2	1
	40.26m FOUL 40.41m 40.03m FOUL FOUL							
9	Kallie Sutton	FR	Doane	38.05m	39.74m	130-04	1	
	36.82m 39.74m 37.58m FOUL 37.79m 37.98m							
10	Makenna Walhof	FR	Dordt	43.10m	39.46m	129-05	2	
	39.46m FOUL FOUL							
11	Kaylie Lotspeich	FR	Doane	38.60m	37.86m	124-02	1	
	FOUL FOUL 37.86m							

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....Event 41 Women Discus Throw

12	Heather Okeson	JR Jamestown	38.61m	37.63m	123-05	1
	37.63m FOUL FOUL					
13	Delaney Burge	FR Doane	39.66m	37.35m	122-06	2
	37.35m 35.33m FOUL					
14	Jordan Bjork	SO Northwestern (Iowa)	38.63m	36.78m	120-08	1
	36.78m FOUL FOUL					
15	Makenzie Gibson	SO Jamestown	36.28m	34.95m	114-08	1
	34.95m FOUL FOUL					
16	Maren Hettinga	SO Dordt	38.85m	34.82m	114-03	2
	FOUL FOUL 34.82m					
17	Molly Vander Hamm	JR Doane	41.70m	34.57m	113-05	2
	34.57m FOUL FOUL					
18	Jenna Gleason	JR Dordt	35.69m	34.38m	112-09	1
	34.38m 34.37m 34.03m					
19	Marissa Heins	FR Concordia (Neb.)	34.55m	34.15m	112-00	1
	34.15m FOUL FOUL					
20	Aliyah Sinn	FR Concordia (Neb.)	36.49m	33.45m	109-09	1
	33.27m FOUL 33.45m					
21	Norah Cloudt	FR Doane	37.22m	32.89m	107-11	1
	32.89m FOUL FOUL					
22	Kalee Brosius	FR Concordia (Neb.)	37.53m	32.72m	107-04	1
	FOUL 32.72m FOUL					
23	Emily Kraft	SR Northwestern (Iowa)	35.12m	29.47m	96-08	1
	27.86m 29.47m FOUL					
24	Tavia Williams	SO St. Mary (Neb.)	34.91m	29.12m	95-06	1
	FOUL 29.12m FOUL					

Event 42 Women Hammer Throw

9 to Final
GPAC Record: G 57.86m 2015 Elizabeth King, Concordia University
NAIA Auto: A 50.50m
NAIA Prov.: B 49.50m

	Name	Year	School	Seed	Finals		H#	Points
1	Kiara Anderson	SR	Hastings	55.38m	58.36mG	191-06	2	10
	57.15m 54.66m 57.24m 58.36m 57.31m 58.12m							
2	Macy Fuller	SR	Doane	56.35m	55.72mA	182-10	2	8
	55.17m FOUL 55.72m 53.45m 53.91m FOUL							
3	Abigail Gerber	JR	Concordia (Neb.)	48.51m	51.69mA	169-07	2	6
	50.56m 47.57m 51.69m FOUL 49.50m FOUL							
4	Maggie Heesch	SO	Midland	49.61m	50.38mB	165-03	2	5
	49.15m FOUL FOUL FOUL 50.38m FOUL							
5	Kamryn Pokorney	SR	Concordia (Neb.)	50.02m	49.95mB	163-10	2	4
	45.66m 48.90m 49.95m 49.46m FOUL 48.79m							
6	Abi Wohlgemuth	JR	Concordia (Neb.)	50.45m	49.78mB	163-04	2	3
	48.85m 48.91m 49.25m 49.78m 49.26m 49.25m							
7	Makenna Walhof	FR	Dordt	49.24m	49.23m	161-06	2	2
	49.23m FOUL 47.08m FOUL 47.49m FOUL							
8	Mia Knigge	SO	Doane	49.03m	48.27m	158-04	2	1
	48.27m 47.82m 48.26m 46.97m 47.17m 47.65m							
9	Kaylie Lotspeich	FR	Doane	46.57m	47.78m	156-09	2	
	47.36m FOUL 44.32m 47.78m FOUL 45.36m							
10	Lynne Tormoehlen	JR	Dordt	45.23m	46.66m	153-01	2	
	43.00m 46.66m 44.53m							

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....Event 42 Women Hammer Throw

11	Maren Hettinga	SO	Dordt	45.51m	45.90m	150-07	2
	45.90m 43.74m FOUL					
12	Jenna Gleason	JR	Dordt	51.75m	45.86m	150-05	2
	45.86m FOUL 43.28m					
13	Marissa Heins	FR	Concordia (Neb.)	41.65m	45.58m	149-06	1
	45.58m 44.82m FOUL					
14	Kylee Hasselmann	SO	Hastings	41.81m	45.07m	147-10	1
	FOUL 44.38m 45.07m					
15	Asia Tyler	SR	Hastings	44.05m	44.60m	146-04	1
	44.60m 44.03m 43.29m					
16	Natylie Myers	FR	Doane	44.32m	43.16m	141-07	1
	43.16m 43.07m 42.35m					
17	Gabrielle Goodrich	JR	Mount Marty	44.84m	42.79m	140-05	1
	34.22m 42.79m 42.52m					
18	Brittni Kinne	FR	Concordia (Neb.)	41.11m	42.56m	139-07	1
	42.56m FOUL 39.49m					
19	Shelby Mills	SO	Morningside	41.74m	41.49m	136-01	1
	41.49m FOUL FOUL					
20	Brenna Held	SO	Jamestown	40.49m	40.50m	132-10	1
	40.20m 40.50m 38.22m					
21	Makenzie Gibson	SO	Jamestown	43.92m	39.25m	128-09	1
	38.54m 39.25m FOUL					
22	Samantha Bull	SR	Doane	42.59m	39.03m	128-01	1
	39.03m FOUL FOUL					
23	Samantha Kludt	SO	Dakota Wesleyan	42.40m	36.20m	118-09	1
	35.36m 36.20m FOUL					
--	Alyvia Thomas	JR	Doane	42.62m	FOUL		1
	FOUL FOUL FOUL					

Event 43 Women Javelin Throw

9 to Final
GPAC Record: G 48.07m 5/2/2014 Elizabeth King, Concordia
NAIA Auto: A 40.50m
NAIA Prov.: B 39.50m

	Name	Year	School	Seed	Finals		H#	Points
1	Molly Vander Hamm	JR	Doane	39.99m	40.84mA	134-00	2	10
	40.23m FOUL 40.10m 40.84m FOUL FOUL							
2	Gretchen Stottlemyre	JR	Concordia (Neb.)	40.05m	40.33mB	132-04	2	8
	35.29m 36.08m FOUL 36.93m 38.68m 40.33m							
3	Paige Erhardt	JR	Jamestown	34.54m	38.11m	125-00	1	6
	38.11m 37.23m 36.53m FOUL 32.87m 36.59m							
4	Mattie Pohl	FR	Doane	38.38m	37.67m	123-07	2	5
	37.67m FOUL 33.09m 35.61m 37.36m 37.04m							
5	Delaney Burge	FR	Doane	37.88m	37.26m	122-03	2	4
	36.57m 36.73m 37.26m FOUL 36.03m FOUL							
6	Jacee Tindall	SO	Morningside	33.05m	36.17m	118-08	1	3
	33.26m 36.17m 27.65m 34.25m 32.79m 33.41m							
7	Madalynn Rhodes	JR	St. Mary (Neb.)	38.69m	35.65m	116-11	2	2
	34.27m 34.57m 33.98m 35.65m 34.18m 34.13m							
8	Emma Kucera	FR	Concordia (Neb.)	35.00m	35.12m	115-03	2	1
	33.22m 34.78m 31.47m 35.12m 32.66m 32.79m							
9	Grace Hendrickson	SR	Northwestern (Iowa)	34.65m	34.22m	112-03	1	
	32.81m 34.22m 31.02m PASS FOUL 33.75m							

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....Event 43 Women Javelin Throw

10	Alexus Motley	FR	Mount Marty	37.75m	33.95m	111-05	2
	33.95m 31.83m FOUL					
11	Jena Jenness	SO	Morningside	34.16m	33.54m	110-00	1
	33.54m 29.67m 30.09m					
12	Grace Damme	SR	Doane	35.15m	33.42m	109-08	2
	FOUL 33.42m FOUL					
13	Molly Zylstra	FR	Dordt	33.91m	33.38m	109-06	1
	27.55m 27.66m 33.38m					
14	Jordan Bjork	SO	Northwestern (Iowa)	36.04m	33.24m	109-01	2
	33.24m FOUL 28.81m					
15	Karlee Henning	SO	Doane	34.05m	32.95m	108-01	1
	30.12m 32.95m FOUL					
16	Kendra dewolde	FR	Dordt	35.26m	32.82m	107-08	2
	32.35m FOUL 32.82m					
17	Shyanne Pipkin	SO	Midland	35.88m	32.07m	105-02	2
	28.31m 32.07m FOUL					
18	Morgan Jones	FR	Briar Cliff	32.41m	31.68m	103-11	1
	28.81m 29.71m 31.68m					
19	Veronica Pitzl	FR	Briar Cliff	33.08m	31.53m	103-05	1
	31.25m 30.94m 31.53m					
20	Emily Chicoine	SR	Morningside	31.33m	31.24m	102-06	1
	31.24m FOUL FOUL					
21	Allie Janssen	SO	Doane	32.35m	30.24m	99-02	1
	30.24m FOUL FOUL					
22	Kallie Sutton	FR	Doane	35.29m	29.45m	96-07	2
	29.45m FOUL 27.50m					
23	Lauren Siefken	JR	Doane	30.65m	28.70m	94-02	1
	FOUL 28.70m FOUL					
24	Samantha Kludt	SO	Dakota Wesleyan	33.42m	27.98m	91-09	1
	25.81m 27.98m 27.78m					

Event 44 Women Heptathlon

GPAC Record: G 5017 2019 Kamberlyn Lamar, Dakota Wesleyan

	Name	Year	School	Seed	Finals	H#	Points
1	Josi Noble	SO	Concordia (Neb.)	4534	4655		10
2	Amy Richert	SR	Concordia (Neb.)	4600	4532		8
3	Zoey Walker	FR	Concordia (Neb.)	4054	4246		6
4	Chaney Nelson	FR	Doane	4209	4144		5
5	Madyson Ray	SR	Midland	4003	4033		4
6	Emma Kucera	FR	Concordia (Neb.)	4128	3978		3
7	Faith Espinosa	SO	Concordia (Neb.)	3784	3960		2
8	Elena Batenhorst	JR	Concordia (Neb.)	4036	3920		1
9	Faith Measel	SR	Dordt	3267	3773		
10	Josie Puelz	SR	Concordia (Neb.)	3689	3767		
11	Shyanne Pipkin	SO	Midland	2886	3632		
12	Addie Reimer	FR	Concordia (Neb.)	3635	3614		
13	Kelsey Evenhouse	JR	Dordt	3508	3169		

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Event 44 Heptathlon: #1 Women 100 Meter Hurdles Heptathlon

GPAC Record: G 14.26 4/30/2021 Lauren Tamayo, Hastings
NAIA Auto: A 14.60
NAIA Prov.: B 14.60

	Name	Year	School	Finals	Wind	H#	Points
1	Amy Richert	SR	Concordia (Neb.)	15.42	2.7	4	787
2	Faith Espinosa	SO	Concordia (Neb.)	15.69	2.7	4	753
3	Josi Noble	SO	Concordia (Neb.)	15.76	2.7	4	744
4	Elena Batenhorst	JR	Concordia (Neb.)	15.98	2.7	4	717
5	Emma Kucera	FR	Concordia (Neb.)	16.17	1.9	2	694
6	Chaney Nelson	FR	Doane	16.27	2.4	3	682
7	Zoey Walker	FR	Concordia (Neb.)	16.33	2.4	3	674
8	Madyson Ray	SR	Midland	16.48	1.9	2	657
9	Josie Puelz	SR	Concordia (Neb.)	16.54	1.9	2	649
10	Addie Reimer	FR	Concordia (Neb.)	16.78	2.1	1	622
11	Shyanne Pipkin	SO	Midland	17.73	2.1	1	517
12	Faith Measel	SR	Dordt	17.98	2.1	1	491
13	Kelsey Evenhouse	JR	Dordt	21.42	2.4	3	195

Event 44 Heptathlon: #2 Women High Jump Heptathlon

GPAC Record: G 1.68m 5/6/2016 Breanna Fye, Doane
NAIA Auto: A 1.68m
NAIA Prov.: B 1.65m

	Name	Year	School	Finals		Points
1	Zoey Walker	FR	Concordia (Neb.)	1.68mG	5-06.00	830
	1.20 1.23 1.26 1.29 1.32 1.35 1.38 1.41 1.44 1.47 1.50 1.53 1.56 1.59 1.62 1.65 1.68 1.71					
	PPP PPP PPP PPP PPP PPP PPP PPP PPP PPP O O XO O XO XO XO XXX					
2	Shyanne Pipkin	SO	Midland	1.62m	5-03.75	759
	1.14 1.17 1.20 1.23 1.26 1.29 1.32 1.35 1.38 1.41 1.44 1.47 1.50 1.53 1.56 1.59 1.62 1.65					
	PPP PPP PPP PPP PPP PPP PPP PPP PPP O O O O O O O O XXX					
3	Addie Reimer	FR	Concordia (Neb.)	1.56m	5-01.25	689
	1.14 1.17 1.20 1.23 1.26 1.29 1.32 1.35 1.38 1.41 1.44 1.47 1.50 1.53 1.56 1.59					
	PPP PPP PPP PPP PPP PPP PPP PPP PPP PPP PPP PPP O XO O XXX					
4	Amy Richert	SR	Concordia (Neb.)	1.53m	5-00.25	655
	1.14 1.17 1.20 1.23 1.26 1.29 1.32 1.35 1.38 1.41 1.44 1.47 1.50 1.53 1.56					
	PPP PPP PPP PPP PPP PPP PPP PPP PPP PPP PPP PPP O O XXX					
4	Faith Measel	SR	Dordt	1.53m	5-00.25	655
	1.14 1.17 1.20 1.23 1.26 1.29 1.32 1.35 1.38 1.41 1.44 1.47 1.50 1.53 1.56					
	PPP PPP PPP PPP PPP PPP PPP PPP PPP O XO O XXO O XXX					
6	Chaney Nelson	FR	Doane	1.47m	4-09.75	588
	1.14 1.17 1.20 1.23 1.26 1.29 1.32 1.35 1.38 1.41 1.44 1.47 1.50					
	PPP PPP PPP PPP PPP PPP PPP PPP O XXO XO O XXX					
6	Faith Espinosa	SO	Concordia (Neb.)	1.47m	4-09.75	588
	1.14 1.17 1.20 1.23 1.26 1.29 1.32 1.35 1.38 1.41 1.44 1.47 1.50					
	PPP PPP PPP PPP PPP PPP PPP PPP PPP PPP XO O XXX					
6	Emma Kucera	FR	Concordia (Neb.)	1.47m	4-09.75	588
	1.14 1.17 1.20 1.23 1.26 1.29 1.32 1.35 1.38 1.41 1.44 1.47 1.50					
	PPP PPP PPP PPP PPP PPP PPP PPP PPP O O O XXX					
9	Josi Noble	SO	Concordia (Neb.)	1.44m	4-08.75	555
	1.14 1.17 1.20 1.23 1.26 1.29 1.32 1.35 1.38 1.41 1.44 1.47					
	PPP PPP PPP PPP PPP PPP O O O XO XXO XXX					

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....Event 44 Heptathlon: #2 Women High Jump Heptathlon

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 9 Madyson Ray               SR Midland                  1.44m    4-08.75    555
    1.14 1.17 1.20 1.23 1.26 1.29 1.32 1.35 1.38 1.41 1.44 1.47
     PPP  PPP  PPP  PPP  PPP  PPP  PPP    O    O    O    O  XXX
11 Elena Batenhorst          JR Concordia (Neb.)         1.41m    4-07.50    523
    1.14 1.17 1.20 1.23 1.26 1.29 1.32 1.35 1.38 1.41 1.44
     PPP  PPP  PPP  PPP  PPP  PPP  PPP  PPP  PPP    O  XXX
12 Kelsey Evenhouse          JR Dordt                    1.38m    4-06.25    491
    1.14 1.17 1.20 1.23 1.26 1.29 1.32 1.35 1.38 1.41
     PPP  PPP  PPP  PPP  PPP  PPP  PPP  PPP  XXO  XXX
12 Josie Puelz               SR Concordia (Neb.)         1.38m    4-06.25    491
    1.14 1.17 1.20 1.23 1.26 1.29 1.32 1.35 1.38 1.41
     PPP  PPP  PPP  PPP  PPP    O    O   XO  XXO  XXX
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Event 44 Heptathlon: #3 Women Shot Put Heptathlon

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==============================================================================
 GPAC Record: G 12.77m  2019        Allison Skala, Doane
  NAIA Auto: A 13.50m
 NAIA Prov.: B 13.25m
   Name                    Year School                  Finals            Points
==============================================================================
 1 Josi Noble                SO Concordia (Neb.)        11.53m   37-10.00    630
     10.94m  11.53m  11.17m
 2 Elena Batenhorst          JR Concordia (Neb.)        10.83m   35-06.50    584
     10.83m  10.39m  10.03m
 3 Amy Richert               SR Concordia (Neb.)        10.64m   34-11.00    571
     10.49m  10.46m  10.64m
 4 Emma Kucera               FR Concordia (Neb.)        10.33m   33-10.75    551
     9.63m  10.16m  10.33m
 5 Faith Espinosa            SO Concordia (Neb.)        10.06m   33-00.25    533
     9.41m  9.68m  10.06m
 6 Shyanne Pipkin            SO Midland                  9.43m   30-11.25    492
     8.63m  9.43m  9.35m
 7 Kelsey Evenhouse          JR Dordt                    9.38m   30-09.25    489
     8.74m  9.38m  9.29m
 8 Madyson Ray               SR Midland                  9.25m   30-04.25    480
     9.05m  8.98m  9.25m
 9 Zoey Walker               FR Concordia (Neb.)         9.22m   30-03.00    479
     9.22m  9.04m  9.09m
10 Addie Reimer              FR Concordia (Neb.)         9.13m   29-11.50    473
     7.91m  8.12m  9.13m
11 Josie Puelz               SR Concordia (Neb.)         8.94m   29-04.00    460
     8.63m  8.94m  FOUL
12 Chaney Nelson             FR Doane                    8.41m   27-07.25    426
     8.41m  8.17m  7.76m
13 Faith Measel              SR Dordt                    8.37m   27-05.50    423
     8.14m  8.02m  8.37m
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Event 44 Heptathlon: #4 Women 200 Meter Dash Heptathlon

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==============================================================================
 GPAC Record: G 25.31  2015        Kylie Gokie, Doane College
  NAIA Auto: A 24.65
 NAIA Prov.: B 24.80
   Name                    Year School                  Finals  Wind H# Points
==============================================================================
 1 Josi Noble                SO Concordia (Neb.)         25.68   6.5  2    825
```

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....Event 44 Heptathlon: #4 Women 200 Meter Dash Heptathlon

2	Amy Richert	SR	Concordia (Neb.)	25.91	6.5	2	805
3	Chaney Nelson	FR	Doane	26.30	6.5	2	771
4	Kelsey Evenhouse	JR	Dordt	26.70	6.5	2	737
5	Madyson Ray	SR	Midland	26.97	6.5	2	714
6	Emma Kucera	FR	Concordia (Neb.)	27.25	6.5	2	691
7	Faith Espinosa	SO	Concordia (Neb.)	27.41	6.5	2	678
8	Zoey Walker	FR	Concordia (Neb.)	27.43	4.0	1	676
9	Faith Measel	SR	Dordt	27.47	4.0	1	673
10	Elena Batenhorst	JR	Concordia (Neb.)	27.60	4.0	1	663
11	Josie Puelz	SR	Concordia (Neb.)	27.90	4.0	1	639
12	Addie Reimer	FR	Concordia (Neb.)	28.50	4.0	1	592
13	Shyanne Pipkin	SO	Midland	29.03	4.0	1	552

Event 44 Heptathlon: #5 Women Long Jump Heptathlon

GPAC Record: G 5.67m 5/6/2022 Lindsay Adams, Doane
NAIA Auto: A 5.78m
NAIA Prov.: B 5.68m

	Name	Year	School	Finals	Wind		Points
1	Faith Measel	SR	Dordt	5.16m	1.2	16-11.25	603
	4.68m(2.0) 5.16m(1.2) 4.80m(0.8)						
1	Amy Richert	SR	Concordia (Neb.)	5.16m	1.4	16-11.25	603
	5.00m(2.5) 5.05m(1.8) 5.16m(1.4)						
3	Madyson Ray	SR	Midland	5.01m	3.0	16-05.25	562
	4.85m(3.0) 4.83m(2.7) 5.01m(3.0)						
4	Josi Noble	SO	Concordia (Neb.)	5.00m	1.5	16-05.00	559
	5.00m(1.5) 4.91m(1.5) 4.82m(1.8)						
5	Elena Batenhorst	JR	Concordia (Neb.)	4.94m	0.9	16-02.50	543
	FOUL(2.2) 4.86m(1.9) 4.94m(0.9)						
6	Josie Puelz	SR	Concordia (Neb.)	4.92m	1.7	16-01.75	538
	4.70m(1.7) 4.90m(1.3) 4.92m(1.7)						
7	Zoey Walker	FR	Concordia (Neb.)	4.79m	2.3	15-08.75	503
	4.79m(2.3) FOUL(2.0) 4.33m(2.3)						
8	Faith Espinosa	SO	Concordia (Neb.)	4.67m	3.3	15-04.00	472
	4.67m(3.3) 4.48m(2.4) 4.48m(1.9)						
9	Chaney Nelson	FR	Doane	4.58m	1.5	15-00.50	448
	4.25m(1.6) 4.50m(3.1) 4.58m(1.5)						
10	Emma Kucera	FR	Concordia (Neb.)	4.53m	2.1	14-10.50	436
	4.53m(2.1) 4.50m(2.7) 4.47m(1.7)						
10	Addie Reimer	FR	Concordia (Neb.)	4.53m	1.9	14-10.50	436
	4.53m(1.9) FOUL(1.7) 4.41m(2.2)						
12	Kelsey Evenhouse	JR	Dordt	4.47m	2.7	14-08.00	421
	4.42m(2.4) 4.47m(2.7) 4.28m(1.8)						
13	Shyanne Pipkin	SO	Midland	4.45m	3.5	14-07.25	416
	4.35m(2.4) 3.69m(1.8) 4.45m(3.5)						

Event 44 Heptathlon: #6 Women Javelin Throw Heptathlon

GPAC Record: G 40.65m 5/6/2022 Jordynn Toliver, Jamestown
NAIA Auto: A 40.50m
NAIA Prov.: B 39.50m

Name	Year	School	Finals	Points

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....Event 44 Heptathlon: #6 Women Javelin Throw Heptathlon

1	Amy Richert	SR	Concordia (Neb.)	34.05m	111-08	554
	33.62m 31.10m 34.05m					
2	Josi Noble	SO	Concordia (Neb.)	33.39m	109-06	541
	31.64m 33.39m 29.92m					
3	Shyanne Pipkin	SO	Midland	32.93m	108-00	532
	29.86m 29.51m 32.93m					
4	Emma Kucera	FR	Concordia (Neb.)	32.52m	106-08	524
	30.44m 32.52m 30.95m					
5	Addie Reimer	FR	Concordia (Neb.)	31.21m	102-05	500
	28.00m 31.21m 29.68m					
6	Josie Puelz	SR	Concordia (Neb.)	30.88m	101-04	493
	26.54m 29.37m 30.88m					
7	Madyson Ray	SR	Midland	29.61m	97-02	469
	26.45m 29.61m 26.75m					
8	Zoey Walker	FR	Concordia (Neb.)	28.92m	94-10	456
	28.92m FOUL FOUL					
9	Chaney Nelson	FR	Doane	27.50m	90-03	429
	27.50m 20.28m 26.38m					
10	Faith Measel	SR	Dordt	25.78m	84-07	397
	25.54m 21.26m 25.78m					
11	Faith Espinosa	SO	Concordia (Neb.)	25.38m	83-03	389
	24.48m 24.44m 25.38m					
12	Elena Batenhorst	JR	Concordia (Neb.)	22.89m	75-01	343
	22.89m FOUL 21.86m					
13	Kelsey Evenhouse	JR	Dordt	21.45m	70-04	316
	19.54m 21.45m FOUL					

Event 44 Heptathlon: #7 Women 800 Meter Run Heptathlon

GPAC Record: G 2:23.08 5/4/2018 Kennedy Mogul, Concordia
NAIA Auto: A 2:14.50
NAIA Prov.: B 2:16.00

	Name	Year	School	Finals	Points
1	Josi Noble	SO	Concordia (Neb.)	2:21.69G	801
	1:09.545 (1:09.545) 2:21.686 (1:12.141)				
2	Chaney Nelson	FR	Doane	2:21.74G	800
	1:09.085 (1:09.085) 2:21.736 (1:12.651)				
3	Zoey Walker	FR	Concordia (Neb.)	2:35.30	628
	1:12.295 (1:12.295) 2:35.297 (1:23.002)				
4	Madyson Ray	SR	Midland	2:37.97	596
	1:15.309 (1:15.309) 2:37.966 (1:22.657)				
5	Amy Richert	SR	Concordia (Neb.)	2:41.36	557
	1:15.091 (1:15.091) 2:41.358 (1:26.267)				
6	Faith Espinosa	SO	Concordia (Neb.)	2:42.27	547
	1:16.198 (1:16.198) 2:42.264 (1:26.066)				
7	Elena Batenhorst	JR	Concordia (Neb.)	2:42.31	547
	1:15.189 (1:15.189) 2:42.304 (1:27.115)				
8	Faith Measel	SR	Dordt	2:43.72	531
	1:15.457 (1:15.457) 2:43.714 (1:28.257)				
9	Kelsey Evenhouse	JR	Dordt	2:44.67	520
	1:14.975 (1:14.975) 2:44.661 (1:29.686)				
10	Josie Puelz	SR	Concordia (Neb.)	2:46.81	497
	1:16.784 (1:16.784) 2:46.806 (1:30.022)				
11	Emma Kucera	FR	Concordia (Neb.)	2:47.08	494
	1:17.354 (1:17.354) 2:47.074 (1:29.720)				

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....Event 44 Heptathlon: #7 Women 800 Meter Run Heptathlon

```
12 Shyanne Pipkin            SO Midland                3:00.13     364
     1:15.709 (1:15.709)  3:00.123 (1:44.414)
13 Addie Reimer              FR Concordia (Neb.)       3:07.06     302
     1:20.103 (1:20.103)  3:07.057 (1:46.954)
```

Event 45 Women 5000 Meter Race Walk

```
==========================================================================
 GPAC Record: G 30:26.94  5/6/2023    Tristyn DiPentino, Hastings
   NAIA Auto: A 29:00.00
  NAIA Prov.: B 30:00.00
    Name                     Year School                  Seed     Finals
==========================================================================
  1 Ava Brackhan              FR Hastings                       30:49.93
     1:03.401 (1:03.401)  3:16.301 (2:12.900)  5:31.072 (2:14.771)  7:44.351 (2:13.279)
     9:56.180 (2:11.829) 12:06.384 (2:10.204) 14:14.923 (2:08.539) 16:20.534 (2:05.611)
    18:22.589 (2:02.055) 20:23.827 (2:01.238) 22:22.114 (1:58.287) 24:18.480 (1:56.366)
    30:49.929 (6:31.449)
  2 Baylee Evarts             JR Hastings                       31:26.89
     1:01.089 (1:01.089)  3:15.917 (2:14.828)  5:34.241 (2:18.324)  7:58.234 (2:23.993)
    10:20.656 (2:22.422) 12:40.894 (2:20.238) 15:06.030 (2:25.136) 17:36.722 (2:30.692)
    20:06.798 (2:30.076) 22:37.496 (2:30.698) 25:07.068 (2:29.572) 27:34.038 (2:26.970)
    31:26.881 (3:52.843)
  3 Carley Davis              SR Hastings                       35:24.02
              59.269 (59.269)         3:08.501 (2:09.232)         5:20.609 (2:12.108)
          7:33.828 (2:13.219)         9:42.201 (2:08.373)        11:53.111 (2:10.910)
         14:02.131 (2:09.020)        16:10.246 (2:08.115)        18:14.204 (2:03.958)
         20:17.371 (2:03.167)        22:16.304 (1:58.933)        24:13.640 (1:57.336)
        35:24.020 (11:10.380)
```

Event 46 Men 5000 Meter Race Walk

```
==========================================================================
 GPAC Record: G 28:47.80  5/6/2023    Sam Wise, Hastings
   NAIA Auto: A 25:00.00
  NAIA Prov.: B 27:00.00
    Name                     Year School                  Seed     Finals
==========================================================================
  1 Sam Wise                  SO Hastings                       26:00.03B
         59.269 (59.269)  3:08.501 (2:09.232)  5:20.609 (2:12.108)  7:33.828 (2:13.219)
     9:42.201 (2:08.373) 11:53.111 (2:10.910) 14:02.131 (2:09.020) 16:10.246 (2:08.115)
    18:14.204 (2:03.958) 20:17.371 (2:03.167) 22:16.304 (1:58.933) 24:13.640 (1:57.336)
    26:00.026 (1:46.386)
  2 Luke Hammang              FR Concordia (Neb.)               26:05.42B
     1:03.401 (1:03.401)  3:16.301 (2:12.900)  5:31.072 (2:14.771)  7:44.351 (2:13.279)
     9:56.180 (2:11.829) 12:06.384 (2:10.204) 14:14.923 (2:08.539) 16:20.534 (2:05.611)
    18:22.589 (2:02.055) 20:23.827 (2:01.238) 22:22.114 (1:58.287) 24:18.480 (1:56.366)
    26:05.412 (1:46.932)
  3 Caleb Schlichting         FR Concordia (Neb.)               29:40.22
     1:01.089 (1:01.089)  3:15.917 (2:14.828)  5:34.241 (2:18.324)  7:58.234 (2:23.993)
    10:20.656 (2:22.422) 12:40.894 (2:20.238) 15:06.030 (2:25.136) 17:36.722 (2:30.692)
    20:06.798 (2:30.076) 22:37.496 (2:30.698) 25:07.068 (2:29.572) 27:34.038 (2:26.970)
    29:40.214 (2:06.176)
```

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....Event 46 Men 5000 Meter Race Walk

```
 4 Mason Hodges              FR Concordia (Neb.)              30:16.53
     1:06.088 (1:06.088)  3:30.863 (2:24.775)  6:02.274 (2:31.411)  8:36.220 (2:33.946)
    11:08.152 (2:31.932) 13:34.144 (2:25.992) 15:59.044 (2:24.900) 18:28.643 (2:29.599)
    21:04.618 (2:35.975) 23:34.253 (2:29.635) 25:56.310 (2:22.057) 28:08.897 (2:12.587)
    30:16.522 (2:07.625)
 5 Adrien Kendall            FR Hastings                      30:24.55
     1:04.175 (1:04.175)  3:24.708 (2:20.533)  5:52.927 (2:28.219)  8:21.754 (2:28.827)
    10:47.730 (2:25.976) 13:15.634 (2:27.904) 15:45.030 (2:29.396) 18:14.136 (2:29.106)
    20:43.618 (2:29.482) 23:13.948 (2:30.330) 25:47.652 (2:33.704) 28:09.830 (2:22.178)
    30:24.544 (2:14.714)
==========================================================================================
                        Women - Team Rankings - 22 Events Scored
==========================================================================================
    1) Concordia (Neb.)          209.50     2) Doane                     204.50
    3) Dordt                     118.50     4) Hastings                   77.50
    5) Northwestern (Iowa)        53        6) Morningside                50
    7) Midland                    39        7) Mount Marty                39
    9) St. Mary (Neb.)            25       10) Jamestown                  21
   11) Dakota Wesleyan            15       12) Briar Cliff                 6
==========================================================================================
                         Men - Team Rankings - 22 Events Scored
==========================================================================================
    1) Dordt                     185        2) Doane                     162
    3) Concordia (Neb.)          139        4) Mount Marty                98
    5) Midland                    94.50     6) Northwestern (Iowa)        94
    7) Jamestown                  34.50     8) Hastings                   28
    9) Morningside                12       10) Briar Cliff                 9
   11) Dakota Wesleyan             2
```