

2024 Heart Of America Athletic Conference Indoor Championships - 2/16/2024 to

Hughes Field House

Results

Event 1 Men 60 Meter Dash

8 Advance: Top 1 Each Heat plus Next 5 Best Times

=====				
NAIA A: A 6.82				
Name	Year	School	Prelims	H#
=====				
Preliminaries				
1	Adekoya, Christopher	Central Methodist	A 6.76Q	3
2	Thompson, Keegan	Mount Mercy	A 6.78Q	1
3	Wade, Breon	Mount Mercy	A 6.82Q	2
4	Johnson, Showalter	William Penn	6.84q	2
5	Smith, Gavayne	Clarke	6.87q	2
6	Adams, Ceondae	Mount Mercy	6.88q	1
7	Kilbert, Aaron	MidAmerica Nazarene	6.90q	3
8	Trachsel, Adam	Central Methodist	6.92q	2 6.913
9	Woodall, Tavius	Baker	6.92	3 6.918
10	Robinson, Robert	Graceland	6.98	1
11	Jarrett, Nick	Culver-Stockton	6.99	1
12	Cody-Jackson, Caleb	Central Methodist	7.03	3 7.025
13	Monday, Kaeden	Graceland	7.03	1 7.027
13	Wood, Trot	Baker	7.03	2 7.027
15	Heywood, Malachi	Graceland	7.13	3
16	Caplinger, Blue	Benedictine (Kan.)	7.16	2
17	Ferguson, Tahj	William Penn	7.19	3
--	Lamar-Nelson, Russell	Grand View	FS	1

Event 1 Men 60 Meter Dash

=====				
NAIA A: A 6.82				
Name	Year	School	Finals	
=====				
Finals				
1	Adekoya, Christopher	Central Methodist	6.71A	
2	Thompson, Keegan	Mount Mercy	6.77A	
3	Johnson, Showalter	William Penn	6.84	6.835
4	Wade, Breon	Mount Mercy	6.84	6.837
5	Smith, Gavayne	Clarke	6.86	6.853
6	Kilbert, Aaron	MidAmerica Nazarene	6.86	6.858
7	Adams, Ceondae	Mount Mercy	6.92	
8	Trachsel, Adam	Central Methodist	6.98	

Event 2 Men 60 Meter Hurdles

8 Advance: Top 1 Each Heat plus Next 5 Best Times

=====				
NAIA A: A 8.21				
Name	Year	School	Prelims	H#
=====				
Preliminaries				
1	Adams, Ceondae	Mount Mercy	A 8.18Q	2
2	Williams IV, Leroy	Central Methodist	8.26Q	3
3	Thompson, Mason	Grand View	8.52Q	1
4	Adams, Daniel	Clarke	8.50q	2
5	Nyandoro, Tom	William Penn	8.66q	1
6	Weaver Jr., Anthony	William Penn	8.67q	3
7	Cary, Hunter	Central Methodist	8.70q	3
8	Rivers, Jabez	Culver-Stockton	8.72q	2
9	Frazier, Jamesperry	Baker	8.82	2

2024 Heart Of America Athletic Conference Indoor Championships - 2/16/2024 to

Hughes Field House

Results

...Event 2 Men 60 Meter Hurdles

10	Hemmings, Perez	Mount Mercy	8.84	2	8.831
11	Heyes, Jeovanni	Grand View	8.84	1	8.839
12	Benson, Calvin	Benedictine (Kan.)	9.01	3	
13	Kolosick, Brayden	Mount Mercy	9.04	1	
14	Tuyo, Alex	Graceland	9.09	3	
15	Kussman, Gustav	Benedictine (Kan.)	9.31	2	
--	Van Den Berkmortel, Harm	Clarke	DNF	1	

Event 2 Men 60 Meter Hurdles

=====

NAIA A: A 8.21

Name	Year School	Finals
------	-------------	--------

=====

Finals

1	Williams IV, Leroy	Central Methodist	8.07A
2	Adams, Ceonda	Mount Mercy	8.16A
3	Thompson, Mason	Grand View	8.29
4	Adams, Daniel	Clarke	8.46
5	Rivers, Jabez	Culver-Stockton	8.61
6	Weaver Jr., Anthony	William Penn	8.75
7	Nyandoro, Tom	William Penn	8.79
8	Cary, Hunter	Central Methodist	9.05

Event 3 Men 200 Meter Dash

=====

NAIA A: A 21.65

Name	Year School	Finals	H#
------	-------------	--------	----

=====

1	Thompson, Keegan	Mount Mercy	21.45A	4
2	Ellis, Myles	MidAmerica Nazarene	21.61A	5
3	Kilbert, Aaron	MidAmerica Nazarene	21.64A	5
4	Adekoya, Christopher	Central Methodist	21.73	4
5	Johnson, Showalter	William Penn	21.94	3
6	Woodall, Tavius	Baker	21.97	5
7	Robinson, Robert	Graceland	22.06	5
8	Smith, Gavayne	Clarke	22.16	4
9	Wood, Trot	Baker	22.29	4
10	Adams, Ceonda	Mount Mercy	22.32	3
11	Cody-Jackson, Caleb	Central Methodist	22.37	3
12	Bussey, Tyler	MidAmerica Nazarene	22.55	2
13	Etherington, Jake	Clarke	22.66	2
14	Heywood, Malachi	Graceland	22.67	3
15	Trachsel, Adam	Central Methodist	22.73	1
16	Baggett, Quincy	MidAmerica Nazarene	22.80	2
17	Lamar-Nelson, Russell	Grand View	23.18	1

Event 4 Men 400 Meter Dash

=====

NAIA A: A 48.72

Name	Year School	Finals	H#
------	-------------	--------	----

=====

1	Ellis, Myles	MidAmerica Nazarene	47.94A	5
2	Thompson, Keegan	Mount Mercy	48.12A	5
3	Woodall, Tavius	Baker	49.20	4
4	Schroeder, Jordan	Mount Mercy	49.34	5

**2024 Heart Of America Athletic Conference Indoor Championships - 2/16/2024 to
Hughes Field House
Results**

....Event 4 Men 400 Meter Dash

5 Wood, Trot	Baker	49.77	3
6 Watson, Adrian	Central Methodist	49.80	3
7 Thomas, Raysean	MidAmerica Nazarene	49.81	4
8 Maunay, Amael	Park U.	49.92	1
9 Housh, Chase	Park U.	49.95	4
10 Denny, Ezra	Grand View	50.19	3
11 Keiper, Nate	Mount Mercy	50.21	2
12 Evans, Ahmad	Park U.	50.65	2
13 Lacroix, Joshua	Benedictine (Kan.)	50.69	2
14 Poje, Blake	MidAmerica Nazarene	50.74	3
15 Musonda, Joshua	Clarke	50.83	4
16 Adum, Ardadi	Grand View	50.86	1
17 Heywood, Malachi	Graceland	50.95	2
18 Webb, John	William Penn	51.12	1
-- Cody-Jackson, Caleb	Central Methodist	DQ	5 lane violation

Event 5 Men 600 Meter Run

=====

NAIA A: A 1:20.78

Name	Year School	Finals	H#
1 Caines, Alexander	Park U.	1:21.34	4
39.952 (39.952)	1:21.337 (41.385)		
2 Mannella, David	Benedictine (Kan.)	1:21.85	4
39.905 (39.905)	1:21.846 (41.941)		
3 Davis, Isaac	Grand View	1:22.00	4
39.411 (39.411)	1:22.000 (42.589)		
4 Rogge, Daniel	Benedictine (Kan.)	1:22.28	4
39.254 (39.254)	1:22.272 (43.018)		
5 Schroeder, Jordan	Mount Mercy	1:22.37	4
39.644 (39.644)	1:22.362 (42.718)		
6 Butler, John Philip	Benedictine (Kan.)	1:22.84	3
39.960 (39.960)	1:22.838 (42.878)		
7 Maunay, Amael	Park U.	1:22.93	2
39.332 (39.332)	1:22.929 (43.597)		
8 Caines, Shemar	Park U.	1:23.28	3
40.546 (40.546)	1:23.271 (42.725)		
9 Schiffhauer, Jack	Central Methodist	1:23.34	3
39.396 (39.396)	1:23.337 (43.941)		
10 Weller, Quest	Central Methodist	1:23.42	3
40.656 (40.656)	1:23.415 (42.759)		
11 Watson, Adrian	Central Methodist	1:23.46	3
39.336 (39.336)	1:23.454 (44.118)		
12 Bessmer, TJ	MidAmerica Nazarene	1:24.21	3
40.505 (40.505)	1:24.201 (43.696)		
13 Cozzi, Avery	Benedictine (Kan.)	1:25.10	2
39.530 (39.530)	1:25.094 (45.564)		
14 Marsetti, Mario	Baker	1:25.21	1
39.765 (39.765)	1:25.210 (45.445)		
15 Neppel, Jackson	Benedictine (Kan.)	1:25.30	2
37.447 (37.447)	1:25.291 (47.844)		
16 Claessens, Alexander	Baker	1:27.37	1
38.844 (38.844)	1:27.364 (48.520)		
17 McGlasson, Jacob	Baker	1:27.39	2
40.519 (40.519)	1:27.388 (46.869)		

**2024 Heart Of America Athletic Conference Indoor Championships - 2/16/2024 to
Hughes Field House
Results**

....Event 5 Men 600 Meter Run

18 Jackson, Doriye	Central Methodist	2:19.22	4
39.774 (39.774)	2:19.217 (1:39.443)		
-- Housh, Chase	Park U.	DQ	1 Lane Violation
39.226 (39.226)	1:23.133 (43.907)		

Event 6 Men 800 Meter Run

=====

NAIA A: A 1:54.30

Name	Year School	Finals	H#
=====	=====	=====	=====
1 Mannella, David	Benedictine (Kan.)	1:54.86	3
27.770 (27.770)	1:13.010 (45.240)	1:54.852 (41.842)	
2 Williams, Brandon	William Penn	1:55.06	3
28.629 (28.629)	1:13.111 (44.482)	1:55.060 (41.949)	
3 Caines, Alexander	Park U.	1:55.92	3
27.948 (27.948)	1:13.231 (45.283)	1:55.915 (42.684)	
4 Davis, Isaac	Grand View	1:56.43	2
26.521 (26.521)	1:10.016 (43.495)	1:56.430 (46.414)	
5 Nepl, Jackson	Benedictine (Kan.)	1:56.49	3
28.555 (28.555)	1:13.749 (45.194)	1:56.485 (42.736)	
6 Rogge, Daniel	Benedictine (Kan.)	1:56.61	3
28.261 (28.261)	1:13.355 (45.094)	1:56.603 (43.248)	
7 Weller, Quest	Central Methodist	1:56.66	2
26.738 (26.738)	1:10.257 (43.519)	1:56.653 (46.396)	
8 Jackson, Doriye	Central Methodist	2:00.48	3
28.039 (28.039)	1:13.508 (45.469)	2:00.478 (46.970)	
9 McGlasson, Jacob	Baker	2:01.36	1
28.930 (28.930)	1:16.288 (47.358)	2:01.353 (45.065)	
10 Reyes, Manuel	Park U.	2:01.92	1
30.750 (30.750)	1:17.284 (46.534)	2:01.918 (44.634)	
11 Haverly, Kole	Clarke	2:02.92	1
29.563 (29.563)	1:16.519 (46.956)	2:02.911 (46.392)	
12 Joerger, Gabriel	Benedictine (Kan.)	2:03.00	2
28.423 (28.423)	1:14.936 (46.513)	2:02.993 (48.057)	
13 Chambers, Donald	Baker	2:07.92	1
29.767 (29.767)	1:16.743 (46.976)	2:07.918 (51.175)	

Event 7 Men 1000 Meter Run

=====

NAIA A: A 2:29.00

Name	Year School	Finals	H#
=====	=====	=====	=====
1 Mannella, David	Benedictine (Kan.)	2:30.34	2
1:02.775 (1:02.775)	1:48.918 (46.143)	2:30.335 (41.417)	
2 Williams, Brandon	William Penn	2:31.56	2
1:03.130 (1:03.130)	1:49.301 (46.171)	2:31.553 (42.252)	
3 Joseph, Philip	Benedictine (Kan.)	2:32.45	2
1:03.107 (1:03.107)	1:49.413 (46.306)	2:32.446 (43.033)	
4 Heckenberg, Jonah	William Penn	2:32.48	2
1:02.924 (1:02.924)	1:49.257 (46.333)	2:32.476 (43.219)	
5 Jackson, Doriye	Central Methodist	2:34.21	1
1:00.465 (1:00.465)	1:48.294 (47.829)	2:34.206 (45.912)	
6 Kuehnel, Tom	Park U.	2:35.04	2
1:03.396 (1:03.396)	1:49.697 (46.301)	2:35.035 (45.338)	

2024 Heart Of America Athletic Conference Indoor Championships - 2/16/2024 to

Hughes Field House

Results

....Event 7 Men 1000 Meter Run

7	Reyes, Manuel	Park U.	2:35.28	2
	1:03.717 (1:03.717)	1:50.698 (46.981)	2:35.275 (44.577)	
8	Allen, Wyatt	Baker	2:35.87	2
	1:03.294 (1:03.294)	1:49.936 (46.642)	2:35.863 (45.927)	
9	Kondos, Bryce	Clarke	2:36.01	1
	1:00.759 (1:00.759)	1:48.578 (47.819)	2:36.009 (47.431)	
10	Juntunen, Charlie	Clarke	2:38.74	1
	1:01.108 (1:01.108)	1:49.971 (48.863)	2:38.733 (48.762)	
11	Buerschen, Sam	Benedictine (Kan.)	2:39.35	1
	1:00.823 (1:00.823)	1:48.929 (48.106)	2:39.350 (50.421)	
12	Butler, John Philip	Benedictine (Kan.)	2:40.54	2
	1:02.986 (1:02.986)	1:51.237 (48.251)	2:40.534 (49.297)	
13	Silva, Brayan	Grand View	2:42.34	1
	1:01.750 (1:01.750)	1:50.395 (48.645)	2:42.335 (51.940)	
14	Bonner, Matthew	Grand View	2:43.17	1
	1:01.526 (1:01.526)	1:51.302 (49.776)	2:43.164 (51.862)	
15	Chambers, Donald	Baker	2:46.11	1
	1:02.040 (1:02.040)	1:53.266 (51.226)	2:46.104 (52.838)	
16	Lake, Chase	Culver-Stockton	2:59.05	1
	1:05.999 (1:05.999)	2:00.748 (54.749)	2:59.047 (58.299)	

Event 8 Men 1 Mile Run

=====				
NAIA A: A 4:15.00				
	Name	Year School	Finals	
=====				
1	Beaver, D'Artagnon	William Penn	4:19.74	
	1:07.034 (1:07.034)	1:57.926 (50.892)	2:49.919 (51.993)	3:38.260 (48.341)
	4:19.738 (41.478)			
2	Clancy, Ryan	Mount Mercy	4:20.10	
	1:07.255 (1:07.255)	1:58.110 (50.855)	2:50.057 (51.947)	3:38.493 (48.436)
	4:20.094 (41.601)			
3	Campbell, Thomas	Benedictine (Kan.)	4:20.13	
	1:06.833 (1:06.833)	1:57.735 (50.902)	2:49.823 (52.088)	3:38.221 (48.398)
	4:20.121 (41.900)			
4	Friess, Gabriel	Benedictine (Kan.)	4:22.00	
	1:07.599 (1:07.599)	1:58.322 (50.723)	2:50.288 (51.966)	3:38.467 (48.179)
	4:21.997 (43.530)			
5	Kuehnel, Tom	Park U.	4:27.12	
	1:08.153 (1:08.153)	1:58.830 (50.677)	2:50.537 (51.707)	3:40.305 (49.768)
	4:27.114 (46.809)			
6	Vohs, Jaden	Baker	4:28.41	
	1:07.652 (1:07.652)	1:58.447 (50.795)	2:50.189 (51.742)	3:39.578 (49.389)
	4:28.405 (48.827)			
7	Wegner, Thore	Park U.	4:28.74	
	1:07.871 (1:07.871)	1:59.026 (51.155)	2:50.895 (51.869)	3:42.483 (51.588)
	4:28.738 (46.255)			
8	Reyes, Manuel	Park U.	4:28.88	
	1:07.857 (1:07.857)	1:59.470 (51.613)	2:51.129 (51.659)	3:41.710 (50.581)
	4:28.877 (47.167)			
9	Kellerman, Khobi	Missouri Valley	4:30.74	
	1:08.593 (1:08.593)	2:00.116 (51.523)	2:50.579 (50.463)	3:39.689 (49.110)
	4:30.731 (51.042)			

2024 Heart Of America Athletic Conference Indoor Championships - 2/16/2024 to

Hughes Field House

Results

....Event 8 Men 1 Mile Run

10 Miller, Daniel	Clarke	4:36.37		
1:07.432 (1:07.432)	1:58.599 (51.167)	2:51.427 (52.828)	3:43.989 (52.562)	
4:36.367 (52.378)				
11 Johnson, Davin	Baker	4:42.46		
1:07.971 (1:07.971)	2:00.032 (52.061)	2:53.147 (53.115)	3:48.141 (54.994)	
4:42.460 (54.319)				
12 Springer, Carson	William Penn	4:57.14		
1:10.504 (1:10.504)	2:05.172 (54.668)	3:02.252 (57.080)	4:02.238 (59.986)	
4:57.139 (54.901)				

Event 9 Men 3000 Meter Run

=====

NAIA A: A 8:30.00

Name	Year School	Finals	H#	
1 Beaver, D'Artagnon	William Penn	8:45.56	2	
53.110 (53.110)	1:47.419 (54.309)	2:42.260 (54.841)	3:36.762 (54.502)	
4:31.848 (55.086)	5:24.987 (53.139)	6:18.599 (53.612)	7:12.004 (53.405)	
8:02.572 (50.568)	8:45.554 (42.982)			
2 Friess, Gabriel	Benedictine (Kan.)	8:46.14	2	
52.606 (52.606)	1:46.825 (54.219)	2:41.961 (55.136)	3:36.478 (54.517)	
4:31.640 (55.162)	5:25.255 (53.615)	6:18.730 (53.475)	7:12.351 (53.621)	
8:02.583 (50.232)	8:46.137 (43.554)			
3 Campbell, Thomas	Benedictine (Kan.)	8:46.23	2	
53.029 (53.029)	1:47.307 (54.278)	2:42.348 (55.041)	3:36.738 (54.390)	
4:31.875 (55.137)	5:25.155 (53.280)	6:18.831 (53.676)	7:12.248 (53.417)	
8:02.656 (50.408)	8:46.221 (43.565)			
4 Accurso, Joseph	Benedictine (Kan.)	8:47.48	2	
52.834 (52.834)	1:47.060 (54.226)	2:42.172 (55.112)	3:36.606 (54.434)	
4:31.736 (55.130)	5:24.870 (53.134)	6:18.503 (53.633)	7:11.867 (53.364)	
8:02.337 (50.470)	8:47.477 (45.140)			
5 Clancy, Ryan	Mount Mercy	8:52.19	2	
53.593 (53.593)	1:47.676 (54.083)	2:42.456 (54.780)	3:36.933 (54.477)	
4:32.005 (55.072)	5:25.322 (53.317)	6:19.102 (53.780)	7:12.593 (53.491)	
8:03.167 (50.574)	8:52.188 (49.021)			
6 Mwhaki, James	MidAmerica Nazarene	8:55.15	2	
53.733 (53.733)	1:48.083 (54.350)	2:43.041 (54.958)	3:37.033 (53.992)	
4:32.077 (55.044)	5:25.486 (53.409)	6:19.236 (53.750)	7:12.656 (53.420)	
8:05.170 (52.514)	8:55.149 (49.979)			
7 Mehl, Lukas	Park U.	8:55.98	2	
53.491 (53.491)	1:47.829 (54.338)	2:42.802 (54.973)	3:37.253 (54.451)	
4:32.268 (55.015)	5:25.326 (53.058)	6:19.004 (53.678)	7:12.461 (53.457)	
8:04.200 (51.739)	8:55.976 (51.776)			
8 Swift, Quinn	Mount Mercy	9:00.69	2	
54.179 (54.179)	1:48.376 (54.197)	2:42.920 (54.544)	3:37.693 (54.773)	
4:32.640 (54.947)	5:26.402 (53.762)	6:19.847 (53.445)	7:14.237 (54.390)	
8:08.963 (54.726)	9:00.683 (51.720)			
9 Michael, Sebastian	Benedictine (Kan.)	9:03.86	2	
53.303 (53.303)	1:47.579 (54.276)	2:42.590 (55.011)	3:37.122 (54.532)	
4:32.160 (55.038)	5:25.714 (53.554)	6:19.540 (53.826)	7:14.377 (54.837)	
8:10.276 (55.899)	9:03.852 (53.576)			
10 Lucas, Logan	Culver-Stockton	9:04.62	1	
52.819 (52.819)	1:46.828 (54.009)	2:40.941 (54.113)	3:34.440 (53.499)	
4:29.388 (54.948)	5:24.807 (55.419)	6:22.330 (57.523)	7:18.322 (55.992)	
8:13.231 (54.909)	9:04.614 (51.383)			

2024 Heart Of America Athletic Conference Indoor Championships - 2/16/2024 to

Hughes Field House

Results

....Event 9 Men 3000 Meter Run

11 Finley, Max	William Penn	9:08.64	2		
53.880 (53.880)	1:48.124 (54.244)	2:42.633 (54.509)	3:37.590 (54.957)		
4:32.435 (54.845)	5:26.711 (54.276)	6:19.379 (52.668)	7:13.400 (54.021)		
8:10.081 (56.681)	9:08.634 (58.553)				
12 Glassbrenner, Riley	MidAmerica Nazarene	9:11.76	1		
54.248 (54.248)	1:47.729 (53.481)	2:41.387 (53.658)	3:34.785 (53.398)		
4:29.668 (54.883)	5:24.538 (54.870)	6:21.945 (57.407)	7:18.799 (56.854)		
8:15.534 (56.735)	9:11.759 (56.225)				
13 Engel, Grant	Central Methodist	9:18.14	1		
54.643 (54.643)	1:48.360 (53.717)	2:43.006 (54.646)	3:38.596 (55.590)		
4:35.100 (56.504)	5:32.842 (57.742)	6:30.217 (57.375)	7:27.900 (57.683)		
8:25.327 (57.427)	9:18.137 (52.810)				
14 Miller, Daniel	Clarke	9:19.07	1		
55.176 (55.176)	1:50.352 (55.176)	2:46.945 (56.593)	3:42.509 (55.564)		
4:40.167 (57.658)	5:37.497 (57.330)	6:34.378 (56.881)	7:31.152 (56.774)		
8:27.387 (56.235)	9:19.068 (51.681)				
15 Silva, Braylan	Grand View	9:21.70	1		
55.815 (55.815)	1:50.952 (55.137)	2:47.291 (56.339)	3:42.869 (55.578)		
4:40.441 (57.572)	5:38.041 (57.600)	6:34.270 (56.229)	7:30.786 (56.516)		
8:27.996 (57.210)	9:21.697 (53.701)				
16 Schwartzhoff, Emmett	Clarke	9:23.40	1		
55.477 (55.477)	1:50.645 (55.168)	2:46.782 (56.137)	3:42.099 (55.317)		
4:39.833 (57.734)	5:37.787 (57.954)	6:35.823 (58.036)	7:34.385 (58.562)		
8:31.937 (57.552)	9:23.393 (51.456)				
17 Harder, Logan	Graceland	9:29.99	1		
54.864 (54.864)	1:49.217 (54.353)	2:43.620 (54.403)	3:37.976 (54.356)		
4:34.864 (56.888)	5:33.230 (58.366)	6:32.362 (59.132)	7:31.762 (59.400)		
8:31.429 (59.667)	9:29.988 (58.559)				
-- Miller, Andrew	William Penn	DNF	1		
54.684 (54.684)	1:50.053 (55.369)	2:51.495 (1:01.442)	3:56.583 (1:05.088)		

Event 10 Men 5000 Meter Run

=====					
NAIA A: A 14:48.00					
Name	Year	School	Finals	H#	
=====					
1 Friess, Gabriel		Benedictine (Kan.)	15:01.44	2	
32.530 (32.530)	1:28.594 (56.064)	2:24.628 (56.034)	3:19.835 (55.207)		
4:15.185 (55.350)	5:10.859 (55.674)	6:07.056 (56.197)	7:02.799 (55.743)		
7:59.238 (56.439)	8:55.314 (56.076)	9:50.394 (55.080)	10:46.896 (56.502)		
11:41.845 (54.949)	12:34.357 (52.512)	13:25.423 (51.066)	14:17.456 (52.033)		
15:01.435 (43.979)					
2 Clancy, Ryan		Mount Mercy	15:07.17	2	
32.786 (32.786)	1:29.137 (56.351)	2:25.152 (56.015)	3:20.371 (55.219)		
4:15.678 (55.307)	5:10.961 (55.283)	6:07.370 (56.409)	7:02.947 (55.577)		
7:59.349 (56.402)	8:55.443 (56.094)	9:50.706 (55.263)	10:47.245 (56.539)		
11:41.924 (54.679)	12:34.401 (52.477)	13:24.281 (49.880)	14:16.004 (51.723)		
15:07.161 (51.157)					
3 Accurso, Joseph		Benedictine (Kan.)	15:15.14	2	
32.879 (32.879)	1:28.892 (56.013)	2:24.918 (56.026)	3:20.108 (55.190)		
4:15.431 (55.323)	5:10.663 (55.232)	6:06.859 (56.196)	7:02.647 (55.788)		
7:59.037 (56.390)	8:55.079 (56.042)	9:50.575 (55.496)	10:47.150 (56.575)		
11:42.171 (55.021)	12:35.326 (53.155)	13:29.072 (53.746)	14:24.012 (54.940)		
15:15.138 (51.126)					

2024 Heart Of America Athletic Conference Indoor Championships - 2/16/2024 to

Hughes Field House

Results

....Event 10 Men 5000 Meter Run

4	Mwihaki, James	MidAmerica Nazarene	15:23.08	2
	33.693 (33.693)	1:30.154 (56.461)	2:25.509 (55.355)	3:20.483 (54.974)
	4:15.821 (55.338)	5:11.157 (55.336)	6:07.298 (56.141)	7:03.209 (55.911)
	7:59.650 (56.441)	8:55.701 (56.051)	9:50.995 (55.294)	10:47.798 (56.803)
	11:43.058 (55.260)	12:38.478 (55.420)	13:35.719 (57.241)	14:32.333 (56.614)
	15:23.074 (50.741)			
5	Mehl, Lukas	Park U.	15:25.97	2
	33.392 (33.392)	1:29.679 (56.287)	2:25.589 (55.910)	3:20.943 (55.354)
	4:16.292 (55.349)	5:11.689 (55.397)	6:07.615 (55.926)	7:02.931 (55.316)
	7:59.419 (56.488)	8:55.193 (55.774)	9:50.649 (55.456)	10:47.287 (56.638)
	11:42.427 (55.140)	12:36.397 (53.970)	13:32.404 (56.007)	14:29.320 (56.916)
	15:25.964 (56.644)			
6	Lucas, Logan	Culver-Stockton	15:26.61	2
	33.124 (33.124)	1:29.233 (56.109)	2:25.125 (55.892)	3:20.215 (55.090)
	4:15.525 (55.310)	5:11.269 (55.744)	6:07.701 (56.432)	7:03.415 (55.714)
	7:59.693 (56.278)	8:55.939 (56.246)	9:51.077 (55.138)	10:47.530 (56.453)
	11:43.968 (56.438)	12:43.248 (59.280)	13:41.565 (58.317)	14:36.393 (54.828)
	15:26.608 (50.215)			
7	Glassbrenner, Riley	MidAmerica Nazarene	15:39.33	2
	33.592 (33.592)	1:29.921 (56.329)	2:25.798 (55.877)	3:20.799 (55.001)
	4:16.130 (55.331)	5:11.511 (55.381)	6:08.107 (56.596)	7:03.508 (55.401)
	8:00.020 (56.512)	8:56.105 (56.085)	9:51.232 (55.127)	10:47.944 (56.712)
	11:43.299 (55.355)	12:38.858 (55.559)	13:36.664 (57.806)	14:36.484 (59.820)
	15:39.321 (1:02.837)			
8	Michael, Sebastian	Benedictine (Kan.)	15:59.31	2
	33.155 (33.155)	1:29.413 (56.258)	2:25.367 (55.954)	3:20.617 (55.250)
	4:15.957 (55.340)	5:11.808 (55.851)	6:08.429 (56.621)	7:04.374 (55.945)
	8:02.101 (57.727)	9:01.385 (59.284)	10:01.853 (1:00.468)	11:01.490 (59.637)
	12:01.703 (1:00.213)	13:02.154 (1:00.451)	14:02.858 (1:00.704)	15:02.093 (59.235)
	15:59.304 (57.211)			
9	Davis, Anthony	Baker	16:05.36	1
	36.871 (36.871)	1:32.631 (55.760)	2:31.021 (58.390)	3:28.254 (57.233)
	4:24.433 (56.179)	5:20.951 (56.518)	6:18.461 (57.510)	7:17.712 (59.251)
	8:15.498 (57.786)	9:14.075 (58.577)	10:12.099 (58.024)	11:11.304 (59.205)
	12:11.527 (1:00.223)	13:10.997 (59.470)	14:10.944 (59.947)	15:11.138 (1:00.194)
	16:05.359 (54.221)			
10	Schwartzhoff, Emmett	Clarke	16:06.91	2
	33.963 (33.963)	1:30.407 (56.444)	2:26.316 (55.909)	3:21.530 (55.214)
	4:16.908 (55.378)	5:12.992 (56.084)	6:09.498 (56.506)	7:07.160 (57.662)
	8:05.519 (58.359)	9:05.209 (59.690)	10:05.328 (1:00.119)	11:05.669 (1:00.341)
	12:07.600 (1:01.931)	13:10.452 (1:02.852)	14:11.853 (1:01.401)	15:11.913 (1:00.060)
	16:06.901 (54.988)			
11	Harder, Logan	Graceland	16:11.79	1
	37.748 (37.748)	1:34.588 (56.840)	2:32.462 (57.874)	3:29.558 (57.096)
	4:25.830 (56.272)	5:22.443 (56.613)	6:20.229 (57.786)	7:18.200 (57.971)
	8:16.027 (57.827)	9:14.805 (58.778)	10:12.777 (57.972)	11:12.131 (59.354)
	12:12.194 (1:00.063)	13:11.155 (58.961)	14:12.184 (1:01.029)	15:13.270 (1:01.086)
	16:11.785 (58.515)			
12	Limas, Nathan	Grand View	16:15.07	1
	37.089 (37.089)	1:32.758 (55.669)	2:31.207 (58.449)	3:28.671 (57.464)
	4:25.019 (56.348)	5:21.533 (56.514)	6:19.237 (57.704)	7:17.954 (58.717)
	8:15.737 (57.783)	9:14.464 (58.727)	10:12.419 (57.955)	11:11.709 (59.290)
	12:11.887 (1:00.178)	13:12.293 (1:00.406)	14:14.244 (1:01.951)	15:15.537 (1:01.293)
	16:15.062 (59.525)			

2024 Heart Of America Athletic Conference Indoor Championships - 2/16/2024 to

Hughes Field House

Results

....Event 10 Men 5000 Meter Run

13 Engel, Grant	Central Methodist	16:19.84	2		
33.903 (33.903)	1:30.011 (56.108)	2:26.084 (56.073)	3:21.245 (55.161)		
4:16.613 (55.368)	5:12.511 (55.898)	6:09.162 (56.651)	7:06.591 (57.429)		
8:05.835 (59.244)	9:05.713 (59.878)	10:06.000 (1:00.287)	11:05.107 (59.107)		
12:07.998 (1:02.891)	13:12.243 (1:04.245)	14:15.878 (1:03.635)	15:19.263 (1:03.385)		
16:19.833 (1:00.570)					
14 Church, Noah	Clarke	16:23.93	1		
37.248 (37.248)	1:33.809 (56.561)	2:32.759 (58.950)	3:30.446 (57.687)		
4:27.025 (56.579)	5:23.485 (56.460)	6:20.969 (57.484)	7:19.747 (58.778)		
8:19.630 (59.883)	9:20.136 (1:00.506)	10:20.941 (1:00.805)	11:20.987 (1:00.046)		
12:21.445 (1:00.458)	13:22.323 (1:00.878)	14:23.439 (1:01.116)	15:25.050 (1:01.611)		
16:23.930 (58.880)					
15 Wegner, Thore	Park U.	16:33.45	1		
37.513 (37.513)	1:34.991 (57.478)	2:33.394 (58.403)	3:31.957 (58.563)		
4:30.826 (58.869)	5:30.417 (59.591)	6:30.113 (59.696)	7:30.908 (1:00.795)		
8:31.616 (1:00.708)	9:32.502 (1:00.886)	10:33.133 (1:00.631)	11:35.059 (1:01.926)		
12:36.990 (1:01.931)	13:38.419 (1:01.429)	14:38.998 (1:00.579)	15:40.165 (1:01.167)		
16:33.441 (53.276)					
16 Jackson, Christopher	Baker	16:36.53	1		
36.007 (36.007)	1:31.957 (55.950)	2:30.475 (58.518)	3:28.423 (57.948)		
4:24.751 (56.328)	5:21.278 (56.527)	6:19.415 (58.137)	7:18.881 (59.466)		
8:18.931 (1:00.050)	9:20.468 (1:01.537)	10:21.670 (1:01.202)	11:23.354 (1:01.684)		
12:25.956 (1:02.602)	13:29.141 (1:03.185)	14:32.268 (1:03.127)	15:36.053 (1:03.785)		
16:36.524 (1:00.471)					
17 Silva, Brayan	Grand View	16:38.95	1		
35.675 (35.675)	1:31.683 (56.008)	2:30.225 (58.542)	3:28.507 (58.282)		
4:25.258 (56.751)	5:21.859 (56.601)	6:19.584 (57.725)	7:18.485 (58.901)		
8:18.269 (59.784)	9:19.741 (1:01.472)	10:23.250 (1:03.509)	11:26.944 (1:03.694)		
12:31.463 (1:04.519)	13:35.760 (1:04.297)	14:39.583 (1:03.823)	15:42.135 (1:02.552)		
16:38.948 (56.813)					
18 Bonner, Matthew	Grand View	16:39.68	1		
36.523 (36.523)	1:32.339 (55.816)	2:30.825 (58.486)	3:29.070 (58.245)		
4:25.607 (56.537)	5:22.214 (56.607)	6:20.574 (58.360)	7:20.196 (59.622)		
8:20.404 (1:00.208)	9:22.040 (1:01.636)	10:24.539 (1:02.499)	11:28.324 (1:03.785)		
12:32.641 (1:04.317)	13:37.020 (1:04.379)	14:40.945 (1:03.925)	15:44.440 (1:03.495)		
16:39.671 (55.231)					

Event 11 Men 3000 Meter Race Walk

=====					
NAIA A: A 14:45.00					
Name	Year	School	Finals		
=====					
1 Limas, Nathan		Grand View	13:44.93A		
1:16.747 (1:16.747)	2:34.519 (1:17.772)	3:55.157 (1:20.638)	5:16.612 (1:21.455)		
6:39.721 (1:23.109)	8:05.559 (1:25.838)	9:30.852 (1:25.293)	10:56.324 (1:25.472)		
12:21.372 (1:25.048)	13:44.928 (1:23.556)				
2 Diser, Seth		Grand View	14:05.17A		
1:17.123 (1:17.123)	2:35.873 (1:18.750)	3:56.965 (1:21.092)	5:24.004 (1:27.039)		
6:52.861 (1:28.857)	8:22.894 (1:30.033)	9:55.881 (1:32.987)	11:27.423 (1:31.542)		
12:46.161 (1:18.738)	14:05.163 (1:19.002)				
3 Church, Noah		Clarke	14:13.90A		
1:27.548 (1:27.548)	2:59.906 (1:32.358)	4:29.802 (1:29.896)	5:54.160 (1:24.358)		
7:19.328 (1:25.168)	8:43.734 (1:24.406)	10:08.652 (1:24.918)	11:30.787 (1:22.135)		
12:50.491 (1:19.704)	14:13.899 (1:23.408)				

**2024 Heart Of America Athletic Conference Indoor Championships - 2/16/2024 to
Hughes Field House
Results**

....Event 11 Men 3000 Meter Race Walk

4 Nolte, Owen	Benedictine (Kan.)	15:24.43
1:28.132 (1:28.132)	2:59.207 (1:31.075)	4:29.414 (1:30.207)
5:54.889 (1:25.475)	7:20.664 (1:25.775)	8:51.104 (1:30.440)
10:29.837 (1:38.733)	12:11.514 (1:41.677)	13:50.527 (1:39.013)
15:24.428 (1:33.901)		
5 Tucker, Kenny	Culver-Stockton	15:34.03
1:23.936 (1:23.936)	2:59.267 (1:35.331)	4:32.418 (1:33.151)
6:09.328 (1:36.910)	7:49.699 (1:40.371)	9:25.537 (1:35.838)
11:01.368 (1:35.831)	12:35.024 (1:33.656)	14:06.628 (1:31.604)
15:34.023 (1:27.395)		
6 Coburn, Exavier	Central Methodist	15:59.12
1:31.124 (1:31.124)	3:09.242 (1:38.118)	4:45.832 (1:36.590)
6:23.614 (1:37.782)	8:01.381 (1:37.767)	9:39.283 (1:37.902)
11:17.138 (1:37.855)	12:54.526 (1:37.388)	14:29.358 (1:34.832)
15:59.120 (1:29.762)		
7 Bartoszek, Sam	Benedictine (Kan.)	16:48.48
1:30.900 (1:30.900)	3:08.437 (1:37.537)	4:45.770 (1:37.333)
6:23.826 (1:38.056)	8:02.745 (1:38.919)	9:45.959 (1:43.214)
11:32.470 (1:46.511)	13:19.513 (1:47.043)	15:04.756 (1:45.243)
16:48.478 (1:43.722)		
8 Munoz, Micah	Benedictine (Kan.)	17:30.48
1:30.954 (1:30.954)	3:08.571 (1:37.617)	4:46.339 (1:37.768)
6:28.902 (1:42.563)	8:18.964 (1:50.062)	10:11.476 (1:52.512)
12:05.821 (1:54.345)	13:55.183 (1:49.362)	15:43.293 (1:48.110)
17:30.473 (1:47.180)		
9 Crossett, Daniel	Benedictine (Kan.)	18:22.36
1:35.159 (1:35.159)	3:21.176 (1:46.017)	5:08.652 (1:47.476)
7:01.508 (1:52.856)	8:53.678 (1:52.170)	10:45.757 (1:52.079)
12:44.859 (1:59.102)	14:42.670 (1:57.811)	16:37.457 (1:54.787)
18:22.352 (1:44.895)		
10 McNamee, Gannon	Culver-Stockton	18:32.98
1:39.188 (1:39.188)	3:24.234 (1:45.046)	5:15.263 (1:51.029)
7:10.507 (1:55.244)	9:07.279 (1:56.772)	11:03.999 (1:56.720)
12:56.834 (1:52.835)	14:50.533 (1:53.699)	16:43.727 (1:53.194)
18:32.980 (1:49.253)		
11 Walsh, Ian	Park U.	19:52.16
1:40.900 (1:40.900)	3:35.861 (1:54.961)	5:38.105 (2:02.244)
7:43.006 (2:04.901)	9:43.967 (2:00.961)	11:48.052 (2:04.085)
13:49.285 (2:01.233)	15:49.879 (2:00.594)	17:52.019 (2:02.140)
19:52.159 (2:00.140)		
12 Miller, Logan	Graceland	20:02.72
1:40.802 (1:40.802)	3:36.795 (1:55.993)	5:39.360 (2:02.565)
7:44.140 (2:04.780)	9:51.259 (2:07.119)	11:56.825 (2:05.566)
14:04.277 (2:07.452)	16:05.312 (2:01.035)	18:05.421 (2:00.109)
20:02.714 (1:57.293)		
13 Scholl, Josh	Mount Mercy	20:09.87
1:54.220 (1:54.220)	3:57.874 (2:03.654)	5:59.579 (2:01.705)
8:07.456 (2:07.877)	10:12.467 (2:05.011)	12:16.431 (2:03.964)
14:21.396 (2:04.965)	16:22.134 (2:00.738)	18:20.245 (1:58.111)
20:09.865 (1:49.620)		

Event 12 Men 4x400 Meter Relay

=====			
NAIA A: A 3:17.83			
School		Finals	H#
=====			
1 MidAmerica Nazarene		3:15.62A	3
1) Thomas, Raysean	2) Kilbert, Aaron		
3) Poje, Blake	4) Ellis, Myles		
2 Mount Mercy		3:17.04A	3
1) Schroeder, Jordan	2) Keiper, Nate		
3) Adams, Ceondae	4) Wade, Breon		
3 Park U.		3:18.65	3
1) Maunay, Amael	2) Caines, Shemar		
3) Evans, Ahmad	4) Housh, Chase		

2024 Heart Of America Athletic Conference Indoor Championships - 2/16/2024 to

Hughes Field House

Results

....Event 12 Men 4x400 Meter Relay

4 Central Methodist	3:20.84	3
1) Watson, Adrian	2) Cody-Jackson, Caleb	
3) Schiffhauer, Jack	4) Weller, Quest	
5 Benedictine (Kan.)	3:22.88	2
1) Caplinger, Blue	2) Cozzi, Avery	
3) Lacroix, Joshua	4) Rogge, Daniel	
6 Baker	3:23.10	3
1) Woodall, Tavius	2) Wood, Trot	
3) Marsetti, Mario	4) McGlasson, Jacob	
7 Graceland	3:23.89	2
1) Robinson, Robert	2) Heywood, Malachi	
3) Monday, Kaeden	4) Tuyu, Alex	
8 Grand View	3:25.75	2
1) Adum, Ardadi	2) Heyes, Jeovanni	
3) Davis, Isaac	4) Denny, Ezra	
9 Clarke	3:27.46	2
1) Musonda, Joshua	2) Van Loon, Lucas	
3) Deitering, Brody	4) Etherington, Jake	
10 William Penn	3:30.11	1
1) Webb, John	2) Loveless, Jaden	
3) Makovec, Harrison	4) Nyandoro, Tom	
11 Culver-Stockton	3:31.52	1
1) Rivers, Judah	2) Welch, Cody	
3) Rivers, Jabez	4) Mallett, Drew	
12 Missouri Valley	3:35.61	1
1) Munoz, Jorge	2) Fisher, Matthew	
3) Morris, Derel	4) Escalona-Rodriguez, Rodrigo	

Event 13 Men 4x800 Meter Relay

=====

NAIA A: A 7:48.00

School Finals

=====

1 William Penn	7:49.75	
1) Beaver, D'Artagnon	2) Miller, Andrew	
3) Heckenberg, Jonah	4) Williams, Brandon	
2 Benedictine (Kan.)	7:53.46	7:53.456
1) Campbell, Thomas	2) Joerger, Gabriel	
3) Joseph, Philip	4) Buerschen, Sam	
3 Park U.	7:53.46	7:53.457
1) Caines, Alexander	2) Kuehnel, Tom	
3) Willmann, Ethan	4) Wegner, Thore	
4 Mount Mercy	8:04.48	
1) Cortez, Brady	2) Costigan, Ty	
3) Skala, Nathan	4) Swift, Quinn	
5 Clarke	8:04.50	
1) Capron, Chesney	2) Haverly, Kole	
3) Nietert, Cord	4) Miller, Daniel	
6 MidAmerica Nazarene	8:05.86	
1) Bourquin, Bret	2) Baneulos, Mathew	
3) Parker, Nathan	4) Kosgei, Ray	
7 Baker	8:07.79	
1) McGlasson, Jacob	2) Allen, Wyatt	
3) Chambers, Donald	4) Vohs, Jaden	
8 Central Methodist	8:22.93	

2024 Heart Of America Athletic Conference Indoor Championships - 2/16/2024 to

Hughes Field House

Results

....Event 13 Men 4x800 Meter Relay

- | | |
|----------------------|---------------------|
| 1) Kiptanui, Meshack | 2) Coburn, Exavier |
| 3) Cowans, Zy'Shonne | 4) Kipkosgei, Elvis |
| 9 Grand View | 8:35.64 |
| 1) Bonner, Matthew | 2) Keller, Connor |
| 3) Buchholtz, Jake | 4) Diser, Seth |
| 10 Culver-Stockton | 9:22.99 |
| 1) Dowd, Kile | 2) McNamee, Gannon |
| 3) Lake, Chase | 4) Tucker, Kenny |

Event 14 Men Distance Medley

NAIA A: A 10:10.00	
School	Finals
1 William Penn	10:33.90
1) Varvelo, Ethan	2) Loveless, Jaden
3) Miller, Andrew	4) Heckenberg, Jonah
2 Benedictine (Kan.)	10:34.52
1) Buerschen, Sam	2) Caplinger, Blue
3) Cozzi, Avery	4) Joseph, Philip
3 Park U.	10:36.57
1) Reyes, Manuel	2) Boguslawski, Michael
3) Wegner, Thore	4) Kuehnel, Tom
4 MidAmerica Nazarene	10:37.97
1) Bourquin, Bret	2) Parker, Nathan
3) Bessmer, TJ	4) Kosgei, Ray
5 Mount Mercy	10:44.35
1) Cortez, Brady	2) Canas, Chris
3) Costigan, Ty	4) Lamparek, Lukas
6 Central Methodist	10:47.66
1) Newberry, Kyle	2) Schiffhauer, Jack
3) Kiptanui, Meshack	4) Kipkosgei, Elvis
7 Clarke	10:56.00
1) Capron, Chesney	2) Van Loon, Lucas
3) Nietert, Cord	4) Schwartzhoff, Emmett
8 Baker	11:04.46
1) Vohs, Jaden	2) Claessens, Alexander
3) Allen, Wyatt	4) Davis, Anthony
9 Grand View	11:27.33
1) Buchholtz, Jake	2) Wandera, Samuel
3) Keller, Connor	4) Bonner, Matthew
-- Culver-Stockton	DNF
1) Dowd, Kile	2) Thompson, Blake
3) Lake, Chase	4) Tucker, Kenny

Event 15 Men Long Jump

NAIA A: A 7.10m			
Name	Year School	Finals	H#
1 Alexander, Joseph	Graceland	7.18mA	23-06.75 2
6.93m 7.13m 7.04m 7.08m	7.18m 6.72m		
2 Hanson, De'Mario	MidAmerica Nazarene	7.17mA	23-06.25 2
6.91m 7.08m FOUL 6.89m	6.92m 7.17m		

**2024 Heart Of America Athletic Conference Indoor Championships - 2/16/2024 to
Hughes Field House
Results**

....Event 15 Men Long Jump

3	Nickelson, Luke		Mount Mercy	6.93m	22-09.00	2
	6.65m	FOUL	6.75m 6.84m	6.56m 6.93m		
4	Buford, Chase		Missouri Valley	6.92m	22-08.50	2
	6.53m	6.69m	6.92m 6.48m	6.65m 6.59m		
5	Thomas, Raysean		MidAmerica Nazarene	6.91m	22-08.00	2
	6.91m	6.52m	FOUL 6.63m	6.81m 6.90m		
6	Millslagle, Michael		Graceland	6.89m	22-07.25	2
	6.56m	6.73m	6.89m 6.64m	6.45m 6.67m		
7	Poje, Blake		MidAmerica Nazarene	6.68m	21-11.00	2
	FOUL	6.68m	4.90m 6.56m	FOUL 6.48m		
8	Kennybrew, Dantre		Graceland	6.60m	21-08.00	2
	FOUL	6.56m	6.60m 6.52m	6.27m 6.57m		
9	Rawie, McLane		Baker	6.54m	21-05.50	2
	6.16m	6.21m	6.54m 6.07m	6.10m 6.18m		
10	Evans, Ahmad		Park U.	6.49m	21-03.50	1
	6.47m	6.49m	FOUL			
11	Ferguson, Tahj		William Penn	6.49m	21-03.50	1
	6.30m	6.49m	6.33m			
12	Bell, Carter		Mount Mercy	6.36m	20-10.50	1
	4.90m	6.36m	FOUL			
13	Martin, Brandon		Clarke	6.29m	20-07.75	1
	6.29m	6.16m	PASS			
14	Mills, Micah		William Penn	6.26m	20-06.50	2
	6.26m	FOUL	FOUL			
15	Greene, Nathan		Culver-Stockton	6.15m	20-02.25	1
	6.09m	6.08m	6.15m			
16	Morris, Jalen		William Penn	6.10m	20-00.25	1
	FOUL	FOUL	6.10m			
17	Bichelmeyer, Joel		Benedictine (Kan.)	6.08m	19-11.50	1
	6.08m	FOUL	FOUL			
18	Meyer, Zach		Benedictine (Kan.)	5.56m	18-03.00	1
	FOUL	5.56m	5.42m			
--	Dawkins, Mac		Missouri Valley	FOUL		1
	FOUL	FOUL	FOUL			

Event 16 Men Triple Jump

=====

NAIA A: A 14.35m

Name	Year	School	Finals
1 Nickelson, Luke		Mount Mercy	14.56mA 47-09.25
	13.81m	FOUL	13.94m FOUL 14.18m 14.56m
2 Evans, Ahmad		Park U.	14.26m 46-09.50
	13.65m	14.04m	FOUL FOUL 14.26m FOUL
3 Webb, John		William Penn	13.72m 45-00.25
	13.51m	13.72m	13.72m 13.47m FOUL FOUL
4 Weaver Jr., Anthony		William Penn	13.69m 44-11.00
	13.69m	FOUL	FOUL FOUL 13.41m 13.65m
5 Mills, Micah		William Penn	13.62m 44-08.25
	FOUL	FOUL	13.12m 12.91m FOUL 13.62m
6 Nyandoro, Tom		William Penn	13.31m 43-08.00
	13.31m	13.16m	FOUL 12.66m FOUL 12.88m
7 Rawie, McLane		Baker	13.11m 43-00.25
	FOUL	13.11m	FOUL 12.16m 12.32m 12.04m

2024 Heart Of America Athletic Conference Indoor Championships - 2/16/2024 to

Hughes Field House

Results

....Event 16 Men Triple Jump

8 Carr, Dontez	Baker	13.05m	42-09.75
FOUL 13.05m 12.57m FOUL 12.76m FOUL			
9 Bichelmeyer, Joel	Benedictine (Kan.)	12.65m	41-06.00
FOUL 12.65m FOUL 12.46m FOUL FOUL			
10 Mallett, Drew	Culver-Stockton	12.52m	41-01.00
12.52m FOUL 11.45m			
11 Morris, Jalen	William Penn	12.42m	40-09.00
FOUL 12.42m 11.84m			
-- Bryant, Kevin	Culver-Stockton	FOUL	
FOUL FOUL FOUL			

Event 17 Men High Jump

=====

NAIA A: A 2.05m

Name	Year School	Finals
1 Millslagle, Michael	Graceland	2.11mA 6-11.00
1.77 1.82 1.87 1.92 1.97 2.02 2.05 2.08 2.11 2.16		
PPP PPP PPP PPP O XO XO O XXX		
2 Adams, Daniel	Clarke	2.08mA 6-09.75
1.77 1.82 1.87 1.92 1.97 2.02 2.05 2.08 2.11		
PPP PPP XO O O XO XXO O XXX		
3 Roundtree, Isaiah	Grand View	1.97m 6-05.50
1.77 1.82 1.87 1.92 1.97 2.02		
PPP PPP O O O XXX		
4 Nickelson, Luke	Mount Mercy	J1.97m 6-05.50
1.77 1.82 1.87 1.92 1.97 2.02		
PPP O O XO XXO XXX		
5 Jackson, TJ	Grand View	1.92m 6-03.50
1.77 1.82 1.87 1.92 1.97		
PPP O O O XXX		
6 Bichelmeyer, Joel	Benedictine (Kan.)	J1.92m 6-03.50
1.77 1.82 1.87 1.92 1.97		
O O XO O XXX		
7 Poole, Jayton	Grand View	J1.92m 6-03.50
1.77 1.82 1.87 1.92 1.97		
PPP O O XO XXX		
8 Kell, Tyler	Clarke	J1.92m 6-03.50
1.77 1.82 1.87 1.92 1.97		
PPP PPP O XXO XXX		
9 Poje, Blake	MidAmerica Nazarene	1.87m 6-01.50
1.77 1.82 1.87 1.92		
PPP PPP XO XXX		
9 Eberly, Cole	Mount Mercy	1.87m 6-01.50
1.77 1.82 1.87 1.92		
O O XO XXX		
11 Banahene, Kwabena	William Penn	J1.87m 6-01.50
1.77 1.82 1.87 1.92		
O XXO XO XXX		
12 Black, Nathan	Grand View	1.82m 5-11.50
1.77 1.82 1.87		
O O XXX		
13 Kennybrew, Dantre	Graceland	J1.82m 5-11.50
1.77 1.82 1.87		
XO XO XXX		

2024 Heart Of America Athletic Conference Indoor Championships - 2/16/2024 to

Hughes Field House

Results

....Event 17 Men High Jump

14 Nielsen, Oscar	Mount Mercy	1.77m	5-09.75
1.77 1.82			
O XXX			
15 Hyman, Brooklyn	Culver-Stockton	J1.77m	5-09.75
1.77 1.82			
XO XXX			
16 Polite, Bennett	William Penn	J1.77m	5-09.75
1.77 1.82			
XXO XXX			
-- Welch, Cody	Culver-Stockton	NH	
1.77			
XXX			

Event 18 Men Pole Vault

=====

NAIA A: A 4.75m

Name	Year	School	Finals
1 Hiser, Jaxon		Central Methodist	4.55m 14-11.00
3.65 3.80 3.95 4.10 4.25 4.40 4.55 4.65			
PPP PPP PPP XO O XXO XO XXX			
2 Rouse, Jake		Clarke	4.40m 14-05.25
3.65 3.80 3.95 4.10 4.25 4.40 4.55			
PPP XO PPP O XO O XXX			
3 Griffen, Keaten		William Penn	J4.40m 14-05.25
3.65 3.80 3.95 4.10 4.25 4.40 4.55			
PPP PPP PPP XXO XXO O XXX			
4 Smith, Ethan		Central Methodist	4.25m 13-11.25
3.65 3.80 3.95 4.10 4.25 4.40			
PPP PPP O XO O XXX			
5 Love, Myron		Central Methodist	J4.25m 13-11.25
3.65 3.80 3.95 4.10 4.25 4.40			
PPP XXO O XO O XXX			
5 Shonka, Ben		Benedictine (Kan.)	J4.25m 13-11.25
3.65 3.80 3.95 4.10 4.25 4.40			
XO PPP XO XO O XXX			
7 Frazier, Storm		Baker	J4.25m 13-11.25
3.65 3.80 3.95 4.10 4.25 4.40			
O XXO O XO XXO XXX			
8 Green, Neil		Central Methodist	4.10m 13-05.25
3.65 3.80 3.95 4.10 4.25			
PPP XO O O XXX			
9 Stoppel, Jackson		Baker	J4.10m 13-05.25
3.65 3.80 3.95 4.10 4.25			
PPP O O XO XXX			
10 Coyne, Christopher		Benedictine (Kan.)	J4.10m 13-05.25
3.65 3.80 3.95 4.10 4.25			
XO PPP XO XO XXX			
11 Israel, Caden		Graceland	J4.10m 13-05.25
3.65 3.80 3.95 4.10 4.25			
O XO O XXO XXX			
12 Deitering, Brody		Clarke	3.95m 12-11.50
3.65 3.80 3.95 4.10			
O O O XXX			

=====

2024 Heart Of America Athletic Conference Indoor Championships - 2/16/2024 to

Hughes Field House

Results

....Event 18 Men Pole Vault

13 Brogan, Davis	MidAmerica Nazarene	J3.95m	12-11.50
3.65 3.80 3.95 4.10			
O O XXO XXX			
14 Bancey, Davy	Graceland	J3.95m	12-11.50
3.65 3.80 3.95 4.10			
XO O XXO XXX			
-- Binkley, Taegen	Baker	NH	
3.65			
XXX			
-- Wallingford, Wyatt	William Penn	NH	
3.65			
XXX			

Event 19 Men Shot Put

=====					
NAIA A: A 15.75m					
Name	Year	School	Finals	H#	
=====					
1 Willey, Blake		Grand View	16.65mA	54-07.50	2
16.10m 16.32m 15.97m	FOUL	15.43m 16.65m			
2 Stephenson, Brayton		Central Methodist	16.14mA	52-11.50	2
FOUL 15.26m 16.14m 15.35m	FOUL	FOUL			
3 Rutherford, Caleb		Mount Mercy	14.97m	49-01.50	2
14.91m 14.97m 14.43m	FOUL	FOUL			
4 Evans, Colder		Central Methodist	14.90m	48-10.75	2
FOUL 14.38m FOUL 14.81m	14.87m	14.90m			
5 Sussex, Caden		Grand View	14.45m	47-05.00	1
13.73m FOUL 13.26m FOUL	13.93m	14.45m			
6 Salinas, Omar		Mount Mercy	14.23m	46-08.25	2
14.23m FOUL FOUL FOUL	13.29m	13.33m			
7 West, Xzavion		William Penn	13.84m	45-05.00	2
12.56m 13.84m 13.30m	13.69m	13.03m FOUL			
8 Marshall, Nickolas		William Penn	13.73m	45-00.50	2
13.55m FOUL 13.33m 13.52m	13.67m	13.73m			
9 Murray, Steven		William Penn	13.68m	44-10.75	2
12.78m 13.68m FOUL	13.67m	12.79m FOUL			
10 Miller, Mitchell		Mount Mercy	13.19m	43-03.25	2
13.19m 12.94m FOUL					
11 Scott, Deandre		Graceland	13.17m	43-02.50	1
13.04m 12.79m 13.17m					
12 Jordan, Devonte		Culver-Stockton	13.06m	42-10.25	1
12.43m 13.06m 12.75m					
13 Conteh, Jeremiah		William Penn	12.98m	42-07.00	1
12.98m 12.27m 12.28m					
14 Saddler, Ryan		Grand View	12.92m	42-04.75	1
12.71m 12.28m 12.92m					
15 Byrn, Levi		Mount Mercy	12.91m	42-04.25	1
12.91m 12.56m 12.11m					
16 Brown, Jayson		Baker	12.82m	42-00.75	2
12.82m FOUL 12.77m					
17 Schoening, Conrad		Grand View	12.77m	41-10.75	1
12.57m 12.77m 12.50m					
18 Allen, Nick		MidAmerica Nazarene	12.34m	40-06.00	1
11.70m 12.34m FOUL					

**2024 Heart Of America Athletic Conference Indoor Championships - 2/16/2024 to
Hughes Field House
Results**

....Event 19 Men Shot Put

19 West, Caden	Baker	12.28m	40-03.50	1
12.28m FOUL 11.46m				
20 Anakalea, Hiram	Graceland	12.27m	40-03.25	1
11.09m 11.70m 12.27m				
-- Wilde, Nathan	Grand View	FOUL		2
FOUL FOUL FOUL				

Event 20 Men Weight Throw

=====										
NAIA A: A 17.30m										
Name	Year	School	Finals		H#	=====				
1 Miller, Mitchell		Mount Mercy	16.90m	55-05.50	2					
FOUL 16.46m FOUL FOUL 16.90m FOUL										
2 Evans, Colder		Central Methodist	16.87m	55-04.25	2					
16.29m 16.47m 16.87m 16.66m 16.70m 16.31m										
3 Sussex, Caden		Grand View	16.37m	53-08.50	2					
16.01m 16.37m FOUL 15.86m 16.21m FOUL										
4 Conteh, Jeremiah		William Penn	16.21m	53-02.25	2					
FOUL 15.69m 15.55m 16.21m FOUL 15.87m										
5 Wilde, Nathan		Grand View	16.11m	52-10.25	2					
FOUL 15.67m 15.38m 16.11m 15.16m 14.40m										
6 Rutherford, Caleb		Mount Mercy	15.99m	52-05.50	2					
FOUL 15.99m 14.61m 15.36m 14.51m 15.09m										
7 Marshall, Nickolas		William Penn	15.72m	51-07.00	2					
15.72m FOUL FOUL FOUL FOUL FOUL										
8 Schilling, Kaden		Mount Mercy	15.20m	49-10.50	1					
FOUL 15.00m 15.20m 15.02m FOUL FOUL										
9 Swisloski, Edward		Benedictine (Kan.)	15.08m	49-05.75	1					
14.45m 15.08m FOUL 14.87m 14.71m 13.65m										
10 Jensen, Ryan		Baker	15.01m	49-03.00	1					
FOUL 15.01m 13.77m										
11 Allen, Nick		MidAmerica Nazarene	14.75m	48-04.75	1					
FOUL 13.55m 14.75m										
12 Murray, Steven		William Penn	14.64m	48-00.50	1					
14.64m 13.93m FOUL										
13 Willey, Blake		Grand View	14.57m	47-09.75	1					
13.55m FOUL 14.57m										
14 Hinton, Ja'Kobe		Benedictine (Kan.)	14.51m	47-07.25	2					
FOUL FOUL 14.51m										
15 Hiebert, Gage		Baker	14.21m	46-07.50	1					
14.21m 13.97m 13.91m										
16 West, Xzavion		William Penn	14.00m	45-11.25	2					
FOUL 14.00m FOUL										
17 Glasper, Kameron		Baker	13.80m	45-03.50	1					
FOUL 13.80m 12.78m										
18 Joachims, Brody		Benedictine (Kan.)	12.37m	40-07.00	1					
12.02m 12.37m 11.47m										

Event 21 Men Heptathlon

=====					
Name	Year	School	Finals	H#	=====
1 Smith, Ethan		Central Methodist	4849		
2 Vandun, James		Clarke	4786		

**2024 Heart Of America Athletic Conference Indoor Championships - 2/16/2024 to
Hughes Field House
Results**

....Event 21 Men Heptathlon

3 Cary, Hunter	Central Methodist	4709
4 Deitering, Brody	Clarke	4513
5 Mallett, Drew	Culver-Stockton	4315
6 Benson, Calvin	Benedictine (Kan.)	4118
7 Bancey, Davy	Graceland	3920
8 Corona, Simone	Central Methodist	3878
9 Brogan, Davis	MidAmerica Nazarene	3640
10 Benson, Will	Benedictine (Kan.)	3540
11 Joachims, Brody	Benedictine (Kan.)	2902

Event 21 Heptathlon: #1 Men 60 Meter Dash Heptathlon

Name	Year School	Finals	H#	Points
1 Deitering, Brody	Clarke	7.08	2	854
2 Smith, Ethan	Central Methodist	7.17	2	823
3 Cary, Hunter	Central Methodist	7.20	2	813
4 Vandun, James	Clarke	7.31	2	775
5 Mallett, Drew	Culver-Stockton	7.34	2	765
6 Bancey, Davy	Graceland	7.46	2	726
7 Benson, Calvin	Benedictine (Kan.)	7.53	2	703
8 Benson, Will	Benedictine (Kan.)	7.57	1	690
9 Joachims, Brody	Benedictine (Kan.)	7.61	1	678
10 Corona, Simone	Central Methodist	7.77	1	628
11 Brogan, Davis	MidAmerica Nazarene	7.94	1	577

Event 21 Heptathlon: #2 Men Long Jump Heptathlon

Name	Year School	Finals	Points
1 Vandun, James 6.19m 6.49m FOUL	Clarke	6.49m	21-03.50 695
2 Corona, Simone 6.45m 6.37m FOUL	Central Methodist	6.45m	21-02.00 686
3 Mallett, Drew FOUL 6.33m 6.33m	Culver-Stockton	6.33m	20-09.25 659
4 Cary, Hunter 6.20m 6.03m FOUL	Central Methodist	6.20m	20-04.25 630
5 Deitering, Brody 6.07m 5.89m 6.19m	Clarke	6.19m	20-03.75 628
6 Benson, Calvin 5.98m 6.17m FOUL	Benedictine (Kan.)	6.17m	20-03.00 624
7 Smith, Ethan 6.12m 5.92m 6.13m	Central Methodist	6.13m	20-01.50 615
8 Bancey, Davy 5.85m 5.65m 5.80m	Graceland	5.85m	19-02.50 554
9 Brogan, Davis 5.52m 5.54m FOUL	MidAmerica Nazarene	5.54m	18-02.25 490
10 Benson, Will 5.28m 5.25m 5.12m	Benedictine (Kan.)	5.28m	17-04.00 437
11 Joachims, Brody FOUL 5.21m 4.88m	Benedictine (Kan.)	5.21m	17-01.25 423

**2024 Heart Of America Athletic Conference Indoor Championships - 2/16/2024 to
Hughes Field House
Results**

Event 21 Heptathlon: #3 Men Shot Put Heptathlon

Name	Year	School	Finals	Points
1 Smith, Ethan 11.11m 9.97m 11.80m		Central Methodist	11.80m 38-08.75	594
2 Cary, Hunter 11.33m 10.24m 9.90m		Central Methodist	11.33m 37-02.25	566
3 Deitering, Brody FOUL 11.01m FOUL		Clarke	11.01m 36-01.50	546
4 Corona, Simone 10.92m 10.98m 10.66m		Central Methodist	10.98m 36-00.25	545
5 Joachims, Brody 10.46m 9.55m 10.96m		Benedictine (Kan.)	10.96m 35-11.50	543
6 Brogan, Davis 10.11m 10.43m 10.94m		MidAmerica Nazarene	10.94m 35-10.75	542
7 Vandun, James 9.73m 10.78m 9.93m		Clarke	10.78m 35-04.50	533
8 Mallett, Drew 10.35m 10.54m 10.22m		Culver-Stockton	10.54m 34-07.00	518
9 Benson, Calvin 9.22m 9.33m 8.57m		Benedictine (Kan.)	9.33m 30-07.50	445
10 Bancey, Davy 8.85m 8.49m 8.43m		Graceland	8.85m 29-00.50	417
11 Benson, Will 8.40m 7.56m 8.07m		Benedictine (Kan.)	8.40m 27-06.75	390
-- Kaufmann, Ky FOUL FOUL FOUL		Mount Mercy	FOUL	

Event 21 Heptathlon: #4 Men High Jump Heptathlon

Name	Year	School	Finals	Points
1 Corona, Simone 1.45 1.48 1.51 1.54 1.57 1.60 1.63 1.66 1.69 1.72 1.75 1.78 1.81 1.84 1.87 1.90 1.93 PPP PPP PPP PPP PPP PPP PPP PPP PPP PPP O PPP O O O XO XXX		Central Methodist	1.90m 6-02.75	714
2 Cary, Hunter 1.45 1.48 1.51 1.54 1.57 1.60 1.63 1.66 1.69 1.72 1.75 1.78 1.81 1.84 1.87 1.90 PPP PPP PPP PPP PPP PPP PPP O PPP O O O O XO O XXX		Central Methodist	1.87m 6-01.50	687
3 Benson, Calvin 1.45 1.48 1.51 1.54 1.57 1.60 1.63 1.66 1.69 1.72 1.75 1.78 1.81 1.84 1.87 PPP PPP PPP PPP PPP PPP PPP PPP PPP XXO O O O XO XXX		Benedictine (Kan.)	1.84m 6-00.50	661
3 Mallett, Drew 1.45 1.48 1.51 1.54 1.57 1.60 1.63 1.66 1.69 1.72 1.75 1.78 1.81 1.84 1.87 PPP PPP PPP PPP PPP PPP PPP PPP XXO O XO XXO XO XXO XXX		Culver-Stockton	1.84m 6-00.50	661
5 Vandun, James 1.45 1.48 1.51 1.54 1.57 1.60 1.63 1.66 1.69 1.72 1.75 1.78 1.81 1.84 PPP PPP PPP PPP PPP PPP PPP PPP PPP PPP XO PPP XXO XXX		Clarke	1.81m 5-11.25	636
6 Smith, Ethan 1.45 1.48 1.51 1.54 1.57 1.60 1.63 1.66 1.69 1.72 1.75 1.78 1.81 PPP PPP PPP PPP PPP PPP PPP O O XO O XO XXX		Central Methodist	1.78m 5-10.00	610
7 Deitering, Brody 1.45 1.48 1.51 1.54 1.57 1.60 1.63 1.66 1.69 1.72 1.75 1.78 PPP PPP PPP PPP PPP PPP O PPP O O XXO XXX		Clarke	1.75m 5-08.75	585
8 Brogan, Davis 1.45 1.48 1.51 1.54 1.57 1.60 1.63 1.66 O PPP PPP O O XXO XXO XXX		MidAmerica Nazarene	1.63m 5-04.25	488

2024 Heart Of America Athletic Conference Indoor Championships - 2/16/2024 to

Hughes Field House

Results

...Event 21 Heptathlon: #4 Men High Jump Heptathlon

9	Bancey, Davy	Graceland	1.57m	5-01.75	441
	1.45 1.48 1.51 1.54 1.57 1.60				
	O O XXO XXO XXO XXX				
10	Benson, Will	Benedictine (Kan.)	1.51m	4-11.50	396
	1.45 1.48 1.51 1.54 1.57				
	O XXO XO PPP XXX				
11	Joachims, Brody	Benedictine (Kan.)	1.48m	4-10.25	374
	1.45 1.48 1.51				
	XO XXO XXX				

Event 21 Heptathlon: #5 Men 60 Meter Hurdles Heptathlon

Name	Year School	Finals	H#	Points
1	Cary, Hunter	Central Methodist	8.55	3 848
2	Vandun, James	Clarke	8.77	3 797
3	Smith, Ethan	Central Methodist	8.87	3 775
4	Benson, Calvin	Benedictine (Kan.)	9.03	3 739
5	Corona, Simone	Central Methodist	9.04	2 737
6	Mallett, Drew	Culver-Stockton	9.17	2 709
7	Bancey, Davy	Graceland	9.42	2 656
8	Deitering, Brody	Clarke	9.47	1 646
9	Benson, Will	Benedictine (Kan.)	9.63	1 613
10	Brogan, Davis	MidAmerica Nazarene	10.98	1 371
11	Joachims, Brody	Benedictine (Kan.)	12.40	1 180

Event 21 Heptathlon: #6 Men Pole Vault Heptathlon

Name	Year School	Finals	Points
1	Smith, Ethan	Central Methodist	4.25m 13-11.25 688
	2.65 2.75 2.85 2.95 3.05 3.15 3.25 3.35 3.45 3.55 3.65 3.75 3.85 3.95 4.05 4.15 4.25 4.35		
	PPP PPP PPP PPP PPP PPP PPP PPP PPP PPP PPP O PPP O XXO O O XXX		
2	Vandun, James	Clarke	4.15m 13-07.25 659
	2.55 2.65 2.75 2.85 2.95 3.05 3.15 3.25 3.35 3.45 3.55 3.65 3.75 3.85 3.95 4.05 4.15 4.25		
	PPP PPP PPP PPP PPP PPP PPP PPP PPP PPP PPP O PPP O XO XO XXO XXX		
3	Bancey, Davy	Graceland	4.05m 13-03.50 631
	2.45 2.55 2.65 2.75 2.85 2.95 3.05 3.15 3.25 3.35 3.45 3.55 3.65 3.75 3.85 3.95 4.05 4.15		
	PPP PPP PPP PPP PPP PPP PPP PPP PPP PPP PPP PPP PPP O O XO XXO XXX		
4	Brogan, Davis	MidAmerica Nazarene	3.75m 12-03.50 549
	2.15 2.25 2.35 2.45 2.55 2.65 2.75 2.85 2.95 3.05 3.15 3.25 3.35 3.45 3.55 3.65 3.75 3.85		
	PPP PPP PPP PPP PPP PPP PPP PPP PPP PPP PPP PPP O PPP O PPP O XXX		
4	Deitering, Brody	Clarke	3.75m 12-03.50 549
	2.15 2.25 2.35 2.45 2.55 2.65 2.75 2.85 2.95 3.05 3.15 3.25 3.35 3.45 3.55 3.65 3.75 3.85		
	PPP PPP PPP PPP PPP PPP PPP PPP PPP PPP PPP PPP PPP PPP PPP PPP O O XXX		
6	Cary, Hunter	Central Methodist	3.25m 10-08.00 418
	2.15 2.25 2.35 2.45 2.55 2.65 2.75 2.85 2.95 3.05 3.15 3.25 3.35		
	PPP PPP PPP PPP PPP PPP O PPP PPP XO O O XXX		
7	Mallett, Drew	Culver-Stockton	2.95m 9-08.00 345
	2.15 2.25 2.35 2.45 2.55 2.65 2.75 2.85 2.95 3.05		
	PPP PPP PPP PPP PPP O O O O XXX		
8	Benson, Calvin	Benedictine (Kan.)	2.75m 9-00.25 298
	2.15 2.25 2.35 2.45 2.55 2.65 2.75 2.85		
	PPP PPP PPP PPP PPP XO O XXX		

2024 Heart Of America Athletic Conference Indoor Championships - 2/16/2024 to

Hughes Field House

Results

....Event 21 Heptathlon: #6 Men Pole Vault Heptathlon

9	Benson, Will	Benedictine (Kan.)	2.65m	8-08.25	275
	2.15 2.25 2.35 2.45 2.55 2.65 2.75				
	O PPP XO XO O O XXX				
10	Joachims, Brody	Benedictine (Kan.)	2.25m	7-04.50	189
	2.15 2.25 2.35				
	O O XXX				
--	Corona, Simone	Central Methodist		NH	
	2.15 2.25 2.35 2.45 2.55 2.65 2.75 2.85 2.95 3.05 3.15 3.25 3.35 3.45 3.55 3.65 3.75				
	PPP PPP PPP PPP PPP PPP PPP PPP PPP PPP PPP PPP PPP PPP XXX				

Event 21 Heptathlon: #7 Men 1000 Meter Run Heptathlon

Name	Year	School	Finals	Points
1 Cary, Hunter		Central Methodist	2:51.83	747
	1:09.826 (1:09.826)	2:02.045 (52.219)	2:51.829 (49.784)	
2 Smith, Ethan		Central Methodist	2:52.09	744
	1:09.507 (1:09.507)	2:03.881 (54.374)	2:52.082 (48.201)	
3 Benson, Will		Benedictine (Kan.)	2:52.53	739
	1:08.887 (1:08.887)	2:04.019 (55.132)	2:52.528 (48.509)	
4 Deitering, Brody		Clarke	2:55.85	705
	1:08.419 (1:08.419)	2:03.499 (55.080)	2:55.844 (52.345)	
5 Vandun, James		Clarke	2:57.31	691
	1:09.237 (1:09.237)	2:04.450 (55.213)	2:57.307 (52.857)	
6 Mallett, Drew		Culver-Stockton	3:00.64	658
	1:10.468 (1:10.468)	2:08.160 (57.692)	3:00.635 (52.475)	
7 Benson, Calvin		Benedictine (Kan.)	3:01.71	648
	1:10.353 (1:10.353)	2:07.800 (57.447)	3:01.709 (53.909)	
8 Brogan, Davis		MidAmerica Nazarene	3:04.24	623
	1:10.201 (1:10.201)	2:07.253 (57.052)	3:04.232 (56.979)	
9 Corona, Simone		Central Methodist	3:10.22	568
	1:10.799 (1:10.799)	2:07.587 (56.788)	3:10.214 (1:02.627)	
10 Joachims, Brody		Benedictine (Kan.)	3:16.12	515
	1:13.730 (1:13.730)	2:17.486 (1:03.756)	3:16.118 (58.632)	
11 Bancey, Davy		Graceland	3:18.38	495
	1:11.278 (1:11.278)	2:12.090 (1:00.812)	3:18.376 (1:06.286)	

Event 22 Women 60 Meter Dash

8 Advance: Top 1 Each Heat plus Next 5 Best Times

Name	Year	School	Prelims	H#
NAIA A: A 7.64				
Preliminaries				
1 Clifton, Eden		Graceland	7.80Q	3
2 Ambuul, Alison		Benedictine (Kan.)	7.85Q	2
3 Kilson, Naomi		Baker	7.98Q	1
4 Batu-Tiako, Abigaille		William Penn	7.86q	2
5 Burns, Nala		MidAmerica Nazarene	7.87q	3
6 Dillard, Gabrielle		Clarke	7.90q	3
7 Charles, Mya		Park U.	7.91q	3
8 Rose, Alexandra		William Penn	7.94q	2
9 Mand, Hannah		Park U.	7.97	3
10 Solir, Daizy		MidAmerica Nazarene	8.01	2
11 Ostert, Lilly		William Penn	8.10	1

2024 Heart Of America Athletic Conference Indoor Championships - 2/16/2024 to

Hughes Field House

Results

....Event 22 Women 60 Meter Dash

12	Willms, Grace	William Penn	8.16	1
13	Paul, Anna	Grand View	8.25	2
14	Rogers, Tabitha	William Penn	8.26	2
15	Stacker, Da'Mah	Baker	8.41	3
16	Klamm, Hope	Park U.	8.43	1

Event 22 Women 60 Meter Dash

=====

NAIA A: A 7.64

Name	Year School	Finals
------	-------------	--------

=====

Finals

1	Clifton, Eden	Graceland	7.75
2	Burns, Nala	MidAmerica Nazarene	7.78
3	Batu-Tiako, Abigaille	William Penn	7.86
4	Ambuul, Alison	Benedictine (Kan.)	7.88
5	Dillard, Gabrielle	Clarke	7.90
6	Kilson, Naomi	Baker	7.94
7	Rose, Alexandra	William Penn	8.00
8	Charles, Mya	Park U.	8.03

Event 23 Women 60 Meter Hurdles

8 Advance: Top 1 Each Heat plus Next 5 Best Times

=====

NAIA A: A 8.88

Name	Year School	Prelims	H#
------	-------------	---------	----

=====

Preliminaries

1	Johnson, Kailey	Central Methodist	8.97Q	2
2	Terpstra, Addisyn	Grand View	8.98Q	3
3	Finke, Renee	Central Methodist	9.17Q	1
4	Smith, Parys	Central Methodist	9.02q	2
5	Sweeting, Shanai	Park U.	9.30q	1
6	O'Neil, Shannon	Culver-Stockton	9.32q	1
7	Riley, Addisynn	Benedictine (Kan.)	9.33q	2
8	Smith, LaShae	MidAmerica Nazarene	9.45q	3
9	Love, Cayna	Benedictine (Kan.)	9.52	2
10	Bellamy, Haley	Central Methodist	9.58	3
11	Baker, Maddi	MidAmerica Nazarene	9.61	3
12	Klamm, Faith	Park U.	9.63	3
13	Nyambuka, Amelia	Graceland	9.75	1
14	Leopold, Annie	Mount Mercy	9.79	2
15	Arnold, Keara	Clarke	10.02	1
16	Lewis, Jacey	Graceland	10.13	2
17	Gammarota, Federica	Missouri Valley	10.15	3
18	Mohamed, Tafaol	Central Methodist	16.56	1

Event 23 Women 60 Meter Hurdles

=====

NAIA A: A 8.88

Name	Year School	Finals
------	-------------	--------

=====

Finals

1	Smith, Parys	Central Methodist	8.87A
2	Finke, Renee	Central Methodist	8.89

**2024 Heart Of America Athletic Conference Indoor Championships - 2/16/2024 to
Hughes Field House
Results**

....Event 23 Women 60 Meter Hurdles

3 Johnson, Kailey	Central Methodist	8.91
4 Terpstra, Addisyn	Grand View	8.92
5 Sweeting, Shanai	Park U.	9.26
6 O'Neil, Shannon	Culver-Stockton	9.33
7 Smith, LaShae	MidAmerica Nazarene	9.42
8 Riley, Addisynn	Benedictine (Kan.)	9.52

Event 24 Women 200 Meter Dash

=====

NAIA A: A 25.05

Name	Year School	Finals	H#
1 Mongwe, Nikiwe	MidAmerica Nazarene	23.97A	5
2 Camilo-Montenegro, Darly	Central Methodist	25.52	5
3 Ambuul, Alison	Benedictine (Kan.)	25.77	4
4 Clifton, Eden	Graceland	25.86	5
5 Nicholson, Janiah	MidAmerica Nazarene	25.95	4
6 Adderley, DeAvae	William Penn	26.06	3
7 Kilson, Naomi	Baker	26.11	3
8 Solir, Daizy	MidAmerica Nazarene	26.39	4
9 Sidique, Neomi	Grand View	26.49	3
10 Johnson, Kailey	Central Methodist	26.54	2
11 Dillard, Gabrielle	Clarke	26.57	4
12 Brown, Kylar	MidAmerica Nazarene	26.70	3
13 Willms, Grace	William Penn	27.24	2
14 Paul, Anna	Grand View	27.40	1
15 Rogers, Tabitha	William Penn	27.54	2

Event 25 Women 400 Meter Dash

=====

NAIA A: A 57.63

Name	Year School	Finals	H#
1 Mongwe, Nikiwe	MidAmerica Nazarene	55.51A	4
2 Camilo-Montenegro, Darly	Central Methodist	56.53A	4
3 Ambuul, Alison	Benedictine (Kan.)	58.47	4
4 Essex, Lakin	MidAmerica Nazarene	59.40	4
5 Sidique, Neomi	Grand View	59.44	3 59.436
6 Lassiter, Destiny	MidAmerica Nazarene	59.44	2 59.439
7 Solir, Daizy	MidAmerica Nazarene	59.67	3
8 Nicholson, Janiah	MidAmerica Nazarene	1:00.45	3
9 Fowler, Samantha	Clarke	1:00.79	2
10 Pearson, Grace	Park U.	1:02.52	1
11 Luyeye, Christella	Grand View	1:03.23	1
12 Robinson, Jailah	Baker	1:07.94	1
-- Gere, Alex	MidAmerica Nazarene	DQ	3 lane violation
-- Pearson, Destiny	Park U.	DQ	2 lane violation

Event 26 Women 600 Meter Run

=====

NAIA A: A 1:36.00

Name	Year School	Finals	H#
1 Camilo-Montenegro, Darly	Central Methodist	1:33.04A	3
43.251 (43.251)	1:33.033 (49.782)		

**2024 Heart Of America Athletic Conference Indoor Championships - 2/16/2024 to
Hughes Field House
Results**

....Event 26 Women 600 Meter Run

2	Ambuul, Alison	Benedictine (Kan.)	1:36.88	3
	44.992 (44.992)	1:36.878 (51.886)		
3	Essex, Lakin	MidAmerica Nazarene	1:36.92	3
	44.606 (44.606)	1:36.912 (52.306)		
4	Gadient, Corinne	Mount Mercy	1:39.47	2
	47.413 (47.413)	1:39.462 (52.049)		
5	Gere, Alex	MidAmerica Nazarene	1:39.50	3
	44.764 (44.764)	1:39.500 (54.736)		
6	Downey, Gemma	Benedictine (Kan.)	1:40.12	2
	48.913 (48.913)	1:40.114 (51.201)		
7	Deana Paninka, Yanira	Central Methodist	1:40.36	3
	43.937 (43.937)	1:40.357 (56.420)		
8	Lassiter, Destiny	MidAmerica Nazarene	1:40.57	3
	43.885 (43.885)	1:40.561 (56.676)		
9	Smith, Antonia	Benedictine (Kan.)	1:41.07	2
	47.748 (47.748)	1:41.066 (53.318)		
10	Jansen, Josie	Benedictine (Kan.)	1:41.82	2
	49.263 (49.263)	1:41.815 (52.552)		
11	Pearson, Destiny	Park U.	1:43.09	2
	48.929 (48.929)	1:43.081 (54.152)		
12	Sterner, Rachel	Baker	1:44.10	2
	47.526 (47.526)	1:44.093 (56.567)		
13	Zarybnicky, Michelle	Benedictine (Kan.)	1:45.59	1
	51.392 (51.392)	1:45.586 (54.194)		
14	Ward, Allisa	MidAmerica Nazarene	1:45.78	1
	49.165 (49.165)	1:45.779 (56.614)		
15	O'Rourke, Avery	Grand View	1:48.45	1
	51.695 (51.695)	1:48.450 (56.755)		
16	Keith, Morgan	Culver-Stockton	1:52.78	1
	54.105 (54.105)	1:52.776 (58.671)		
17	Griffith, Kaleigh	Benedictine (Kan.)	1:53.42	1
	53.721 (53.721)	1:53.417 (59.696)		

Event 27 Women 800 Meter Run

=====

NAIA A: A 2:17.00

Name	Year	School	Finals	H#
1 Deana Paninka, Yanira		Central Methodist	2:20.03	3
	32.893 (32.893)	1:27.696 (54.803)	2:20.024 (52.328)	
2 Gadient, Corinne		Mount Mercy	2:20.77	3
	33.126 (33.126)	1:28.021 (54.895)	2:20.769 (52.748)	
3 Sterner, Rachel		Baker	2:23.16	3
	33.240 (33.240)	1:28.388 (55.148)	2:23.158 (54.770)	
4 Jansen, Josie		Benedictine (Kan.)	2:25.53	3
	34.577 (34.577)	1:29.855 (55.278)	2:25.526 (55.671)	
5 Downey, Gemma		Benedictine (Kan.)	2:26.97	3
	34.133 (34.133)	1:28.915 (54.782)	2:26.969 (58.054)	
6 Nelson, Emilie		Benedictine (Kan.)	2:27.35	2
	35.290 (35.290)	1:32.226 (56.936)	2:27.343 (55.117)	
7 Reyes, Casandra		MidAmerica Nazarene	2:27.86	2
	34.741 (34.741)	1:31.186 (56.445)	2:27.853 (56.667)	
8 Pearson, Destiny		Park U.	2:29.51	1
	34.134 (34.134)	1:29.831 (55.697)	2:29.504 (59.673)	

2024 Heart Of America Athletic Conference Indoor Championships - 2/16/2024 to

Hughes Field House

Results

....Event 27 Women 800 Meter Run

9	Ullrich, Helen	Benedictine (Kan.)	2:30.23	3
	35.176 (35.176)	1:32.333 (57.157)	2:30.230 (57.897)	
10	Leis, Liberty	Grand View	2:30.52	2
	34.374 (34.374)	1:30.839 (56.465)	2:30.519 (59.680)	
11	Neeley, Faith	Grand View	2:35.39	2
	35.434 (35.434)	1:34.104 (58.670)	2:35.382 (1:01.278)	
12	Campbell, Anna	Benedictine (Kan.)	2:36.21	1
	36.758 (36.758)	1:35.833 (59.075)	2:36.210 (1:00.377)	
13	Fuller, Roselaure	William Penn	2:36.47	1
	38.352 (38.352)	1:37.745 (59.393)	2:36.466 (58.721)	
14	O'Rourke, Avery	Grand View	2:38.78	2
	35.618 (35.618)	1:35.412 (59.794)	2:38.779 (1:03.367)	
15	Berry, Emma	Culver-Stockton	2:59.25	1
	42.048 (42.048)	1:49.671 (1:07.623)	2:59.243 (1:09.572)	
16	Keith, Morgan	Culver-Stockton	2:59.29	1
	40.269 (40.269)	1:48.261 (1:07.992)	2:59.284 (1:11.023)	
--	Coleman, Keona	Clarke	DNF	1
	38.619 (38.619)	1:34.710 (56.091)		

Event 28 Women 1000 Meter Run

=====

NAIA A: A 3:00.00

Name	Year	School	Finals	H#
1	Wheeler, Justine	MidAmerica Nazarene	3:04.85	2
	1:11.601 (1:11.601)	2:08.409 (56.808)	3:04.849 (56.440)	
2	Downey, Gemma	Benedictine (Kan.)	3:06.15	2
	1:12.279 (1:12.279)	2:09.312 (57.033)	3:06.143 (56.831)	
3	Jansen, Josie	Benedictine (Kan.)	3:07.11	2
	1:12.561 (1:12.561)	2:09.609 (57.048)	3:07.108 (57.499)	
4	Golden, Mary Cate	Benedictine (Kan.)	3:09.92	2
	1:12.716 (1:12.716)	2:10.455 (57.739)	3:09.911 (59.456)	
5	Ullrich, Helen	Benedictine (Kan.)	3:10.17	2
	1:13.239 (1:13.239)	2:11.781 (58.542)	3:10.164 (58.383)	
6	Knepper, Abby	Mount Mercy	3:10.75	2
	1:11.857 (1:11.857)	2:09.953 (58.096)	3:10.747 (1:00.794)	
7	Nelson, Emilie	Benedictine (Kan.)	3:12.58	2
	1:13.919 (1:13.919)	2:15.177 (1:01.258)	3:12.580 (57.403)	
8	Reyes, Casandra	MidAmerica Nazarene	3:13.03	2
	1:12.407 (1:12.407)	2:13.097 (1:00.690)	3:13.026 (59.929)	
9	Admire, Briana	William Penn	3:14.58	1
	1:17.427 (1:17.427)	2:16.355 (58.928)	3:14.578 (58.223)	
10	Neeley, Faith	Grand View	3:16.46	1
	1:17.599 (1:17.599)	2:17.289 (59.690)	3:16.453 (59.164)	
11	Leis, Liberty	Grand View	3:17.52	2
	1:11.740 (1:11.740)	2:10.121 (58.381)	3:17.516 (1:07.395)	
12	Adam, Sage	MidAmerica Nazarene	3:18.62	1
	1:18.630 (1:18.630)	2:20.874 (1:02.244)	3:18.619 (57.745)	
13	O'Rourke, Avery	Grand View	3:20.69	1
	1:17.850 (1:17.850)	2:18.579 (1:00.729)	3:20.689 (1:02.110)	
14	Rotzoll, Kalin	Grand View	3:21.81	1
	1:18.213 (1:18.213)	2:20.407 (1:02.194)	3:21.806 (1:01.399)	
15	Kennedy, Natalie	Baker	3:22.67	1
	1:18.557 (1:18.557)	2:20.810 (1:02.253)	3:22.664 (1:01.854)	

**2024 Heart Of America Athletic Conference Indoor Championships - 2/16/2024 to
Hughes Field House
Results**

....Event 28 Women 1000 Meter Run

16 Ruelle, Melody	Grand View	3:28.32	1
1:20.876 (1:20.876)	2:25.868 (1:04.992)	3:28.316 (1:02.448)	
17 Slife, Samantha	Baker	3:28.93	1
1:20.569 (1:20.569)	2:25.792 (1:05.223)	3:28.923 (1:03.131)	

Event 29 Women 1 Mile Run

=====				
NAIA A: A 5:05.50				
Name	Year School	Finals	H#	
=====				
1 McLaughlin, Julia	Benedictine (Kan.)	5:15.03	2	
1:22.700 (1:22.700)	2:22.787 (1:00.087)	3:23.818 (1:01.031)		4:22.289 (58.471)
5:15.030 (52.741)				
2 Knutson, J'Lyn	Mount Mercy	5:16.02	2	
1:22.477 (1:22.477)	2:22.661 (1:00.184)	3:23.665 (1:01.004)		4:21.859 (58.194)
5:16.016 (54.157)				
3 Bickler, Rory	Clarke	5:16.32	2	
1:22.580 (1:22.580)	2:22.905 (1:00.325)	3:23.954 (1:01.049)		4:22.534 (58.580)
5:16.320 (53.786)				
4 Ortiz, Natasha	Benedictine (Kan.)	5:18.42	2	
1:22.261 (1:22.261)	2:22.513 (1:00.252)	3:23.538 (1:01.025)		4:22.125 (58.587)
5:18.417 (56.292)				
5 Hageman, Megan	Clarke	5:23.38	2	
1:22.645 (1:22.645)	2:23.115 (1:00.470)	3:24.360 (1:01.245)		4:24.400 (1:00.040)
5:23.373 (58.973)				
6 Menghini, Lily	Benedictine (Kan.)	5:27.03	2	
1:22.921 (1:22.921)	2:23.293 (1:00.372)	3:24.792 (1:01.499)		4:26.084 (1:01.292)
5:27.030 (1:00.946)				
7 Rolwes, Mary	Benedictine (Kan.)	5:30.03	2	
1:23.378 (1:23.378)	2:25.029 (1:01.651)	3:27.926 (1:02.897)		4:31.110 (1:03.184)
5:30.023 (58.913)				
8 Aaron, Catherine	Benedictine (Kan.)	5:30.48	2	
1:23.197 (1:23.197)	2:24.696 (1:01.499)	3:28.505 (1:03.809)		4:31.832 (1:03.327)
5:30.474 (58.642)				
9 Althoff, Emma	Mount Mercy	5:34.35	2	
1:24.026 (1:24.026)	2:27.056 (1:03.030)	3:30.679 (1:03.623)		4:31.198 (1:00.519)
5:34.341 (1:03.143)				
10 Overton, Kayla	Mount Mercy	5:38.24	2	
1:23.724 (1:23.724)	2:26.566 (1:02.842)	3:31.083 (1:04.517)		4:35.797 (1:04.714)
5:38.240 (1:02.443)				
11 Grover, Caitlin	Graceland	5:40.98	1	
1:24.172 (1:24.172)	2:31.196 (1:07.024)	3:36.586 (1:05.390)		4:40.889 (1:04.303)
5:40.979 (1:00.090)				
12 Zarybnicky, Michelle	Benedictine (Kan.)	5:41.22	1	
1:24.460 (1:24.460)	2:31.441 (1:06.981)	3:35.844 (1:04.403)		4:39.435 (1:03.591)
5:41.216 (1:01.781)				
13 Hele, Charlotte	William Penn	5:42.80	1	
1:24.584 (1:24.584)	2:31.453 (1:06.869)	3:37.208 (1:05.755)		4:41.972 (1:04.764)
5:42.795 (1:00.823)				
14 Landreth, Jana	Baker	5:47.54	1	
1:24.247 (1:24.247)	2:31.420 (1:07.173)	3:37.270 (1:05.850)		4:43.071 (1:05.801)
5:47.533 (1:04.462)				
15 Peterson, Peyton	Baker	5:49.51	1	
1:24.702 (1:24.702)	2:31.589 (1:06.887)	3:37.506 (1:05.917)		4:44.316 (1:06.810)
5:49.509 (1:05.193)				

2024 Heart Of America Athletic Conference Indoor Championships - 2/16/2024 to

Hughes Field House

Results

....Event 29 Women 1 Mile Run

16 Nelson, Cassandra	Graceland	6:02.46	1		
1:25.123 (1:25.123)	2:32.104 (1:06.981)	3:40.237 (1:08.133)	4:52.179 (1:11.942)		
6:02.452 (1:10.273)					
17 Hele, Elizabeth	William Penn	6:02.94	1		
1:24.399 (1:24.399)	2:33.591 (1:09.192)	3:46.424 (1:12.833)	4:59.034 (1:12.610)		
6:02.940 (1:03.906)					
18 Ruelle, Melody	Grand View	6:06.56	1		
1:27.121 (1:27.121)	2:37.420 (1:10.299)	3:51.123 (1:13.703)	5:02.934 (1:11.811)		
6:06.558 (1:03.624)					
19 Frerker, Anna	Benedictine (Kan.)	6:25.62	1		
1:27.614 (1:27.614)	2:37.498 (1:09.884)	3:51.423 (1:13.925)	5:08.697 (1:17.274)		
6:25.615 (1:16.918)					

Event 30 Women 3000 Meter Run

=====

NAIA A: A 10:15.50

Name	Year School	Finals	H#		
1 Ortiz, Natasha	Benedictine (Kan.)	10:35.44	2		
1:08.925 (1:08.925)	2:14.314 (1:05.389)	3:19.073 (1:04.759)	4:22.317 (1:03.244)		
5:24.501 (1:02.184)	6:28.410 (1:03.909)	7:30.891 (1:02.481)	8:31.804 (1:00.913)		
9:33.413 (1:01.609)	10:35.432 (1:02.019)				
2 Bickler, Rory	Clarke	10:46.66	2		
1:08.383 (1:08.383)	2:14.024 (1:05.641)	3:18.493 (1:04.469)	4:21.462 (1:02.969)		
5:24.227 (1:02.765)	6:28.266 (1:04.039)	7:33.829 (1:05.563)	8:41.316 (1:07.487)		
9:47.754 (1:06.438)	10:46.653 (58.899)				
3 Rolwes, Mary	Benedictine (Kan.)	10:53.52	2		
1:09.366 (1:09.366)	2:14.848 (1:05.482)	3:19.686 (1:04.838)	4:24.322 (1:04.636)		
5:29.918 (1:05.596)	6:35.734 (1:05.816)	7:42.263 (1:06.529)	8:48.387 (1:06.124)		
9:54.300 (1:05.913)	10:53.511 (59.211)				
4 McLaughlin, Julia	Benedictine (Kan.)	10:54.57	2		
1:08.982 (1:08.982)	2:14.455 (1:05.473)	3:19.284 (1:04.829)	4:23.257 (1:03.973)		
5:27.942 (1:04.685)	6:33.877 (1:05.935)	7:40.882 (1:07.005)	8:49.004 (1:08.122)		
9:55.551 (1:06.547)	10:54.567 (59.016)				
5 Overton, Kayla	Mount Mercy	10:57.21	2		
1:09.165 (1:09.165)	2:14.730 (1:05.565)	3:20.028 (1:05.298)	4:25.607 (1:05.579)		
5:32.270 (1:06.663)	6:39.058 (1:06.788)	7:46.358 (1:07.300)	8:52.885 (1:06.527)		
9:58.121 (1:05.236)	10:57.210 (59.089)				
6 Allen, Brooke	Baker	11:00.16	2		
1:08.892 (1:08.892)	2:14.534 (1:05.642)	3:19.372 (1:04.838)	4:23.533 (1:04.161)		
5:28.949 (1:05.416)	6:36.347 (1:07.398)	7:44.051 (1:07.704)	8:51.988 (1:07.937)		
9:58.642 (1:06.654)	11:00.154 (1:01.512)				
7 Knutson, J'Lyn	Mount Mercy	11:06.51	2		
1:08.677 (1:08.677)	2:14.162 (1:05.485)	3:18.802 (1:04.640)	4:22.074 (1:03.272)		
5:26.656 (1:04.582)	6:36.103 (1:09.447)	7:43.782 (1:07.679)	8:55.114 (1:11.332)		
10:06.491 (1:11.377)	11:06.504 (1:00.013)				
8 Carter, Haley	Baker	11:06.95	1		
1:02.641 (1:02.641)	2:09.581 (1:06.940)	3:17.536 (1:07.955)	4:25.455 (1:07.919)		
5:34.331 (1:08.876)	6:42.472 (1:08.141)	7:51.031 (1:08.559)	8:59.137 (1:08.106)		
10:06.830 (1:07.693)	11:06.949 (1:00.119)				
9 Menghini, Lily	Benedictine (Kan.)	11:09.85	1		
1:01.706 (1:01.706)	2:07.727 (1:06.021)	3:14.931 (1:07.204)	4:21.948 (1:07.017)		
5:28.077 (1:06.129)	6:35.779 (1:07.702)	7:44.617 (1:08.838)	8:54.624 (1:10.007)		
10:03.894 (1:09.270)	11:09.849 (1:05.955)				

2024 Heart Of America Athletic Conference Indoor Championships - 2/16/2024 to

Hughes Field House

Results

....Event 30 Women 3000 Meter Run

10	Rotzoll, Kalin	Grand View	11:17.84	1			
	1:02.174 (1:02.174)	2:08.667 (1:06.493)	3:17.181 (1:08.514)	4:25.339 (1:08.158)			
	5:34.847 (1:09.508)	6:45.783 (1:10.936)	7:56.322 (1:10.539)	9:07.439 (1:11.117)			
	10:17.445 (1:10.006)	11:17.835 (1:00.390)					
11	Franco, Jaycie	Clarke	11:18.15	2			
	1:09.481 (1:09.481)	2:15.121 (1:05.640)	3:20.298 (1:05.177)	4:25.872 (1:05.574)			
	5:32.544 (1:06.672)	6:39.582 (1:07.038)	7:50.099 (1:10.517)	9:00.305 (1:10.206)			
	10:09.337 (1:09.032)	11:18.143 (1:08.806)					
12	Lamb, Alexa	Benedictine (Kan.)	11:22.60	1			
	1:02.318 (1:02.318)	2:08.970 (1:06.652)	3:16.966 (1:07.996)	4:24.960 (1:07.994)			
	5:35.107 (1:10.147)	6:45.580 (1:10.473)	7:55.966 (1:10.386)	9:06.785 (1:10.819)			
	10:16.946 (1:10.161)	11:22.600 (1:05.654)					
13	Hageman, Megan	Clarke	11:23.34	2			
	1:09.705 (1:09.705)	2:15.494 (1:05.789)	3:20.704 (1:05.210)	4:26.386 (1:05.682)			
	5:33.577 (1:07.191)	6:42.142 (1:08.565)	7:52.930 (1:10.788)	9:03.963 (1:11.033)			
	10:14.775 (1:10.812)	11:23.338 (1:08.563)					
14	Younce, Faith	Culver-Stockton	11:51.38	1			
	1:03.777 (1:03.777)	2:10.725 (1:06.948)	3:21.719 (1:10.994)	4:34.385 (1:12.666)			
	5:48.897 (1:14.512)	7:03.662 (1:14.765)	8:17.830 (1:14.168)	9:32.300 (1:14.470)			
	10:47.266 (1:14.966)	11:51.379 (1:04.113)					
15	Chambers, Kristi	Baker	11:53.44	1			
	1:03.453 (1:03.453)	2:12.221 (1:08.768)	3:24.054 (1:11.833)	4:35.957 (1:11.903)			
	5:47.968 (1:12.011)	7:00.345 (1:12.377)	8:14.825 (1:14.480)	9:30.854 (1:16.029)			
	10:45.494 (1:14.640)	11:53.438 (1:07.944)					
16	Zoque, Emily	Benedictine (Kan.)	12:13.94	1			
	1:03.585 (1:03.585)	2:11.053 (1:07.468)	3:21.150 (1:10.097)	4:32.521 (1:11.371)			
	5:46.950 (1:14.429)	7:02.032 (1:15.082)	8:21.333 (1:19.301)	9:41.333 (1:20.000)			
	10:59.679 (1:18.346)	12:13.935 (1:14.256)					
17	Morris, Allison	Culver-Stockton	13:14.23	1			
	1:08.720 (1:08.720)	2:28.102 (1:19.382)	3:47.740 (1:19.638)	5:07.837 (1:20.097)			
	6:29.756 (1:21.919)	7:51.626 (1:21.870)	9:13.853 (1:22.227)	10:36.694 (1:22.841)			
	11:55.596 (1:18.902)	13:14.227 (1:18.631)					

Event 31 Women 5000 Meter Run

=====							
NAIA A: A 18:00.00							
Name	Year	School	Finals	H#			
=====							
1	Ortiz, Natasha	Benedictine (Kan.)	18:29.64	2			
	42.009 (42.009)	1:48.561 (1:06.552)	2:55.298 (1:06.737)	4:02.383 (1:07.085)			
	5:09.680 (1:07.297)	6:17.295 (1:07.615)	7:24.922 (1:07.627)	8:32.706 (1:07.784)			
	9:41.227 (1:08.521)	10:49.056 (1:07.829)	11:55.660 (1:06.604)	13:02.325 (1:06.665)			
	14:07.981 (1:05.656)	15:12.819 (1:04.838)	16:19.224 (1:06.405)	17:24.518 (1:05.294)			
	18:29.632 (1:05.114)						
2	Bickler, Rory	Clarke	18:31.92	2			
	41.560 (41.560)	1:48.281 (1:06.721)	2:54.979 (1:06.698)	4:02.108 (1:07.129)			
	5:09.433 (1:07.325)	6:17.021 (1:07.588)	7:24.701 (1:07.680)	8:32.484 (1:07.783)			
	9:40.983 (1:08.499)	10:48.968 (1:07.985)	11:56.041 (1:07.073)	13:02.623 (1:06.582)			
	14:08.336 (1:05.713)	15:16.201 (1:07.865)	16:25.649 (1:09.448)	17:32.955 (1:07.306)			
	18:31.918 (58.963)						

2024 Heart Of America Athletic Conference Indoor Championships - 2/16/2024 to

Hughes Field House

Results

....Event 31 Women 5000 Meter Run

3	Allen, Brooke	Baker	19:01.13	2
	44.224 (44.224)	1:54.836 (1:10.612)	3:05.188 (1:10.352)	4:14.437 (1:09.249)
	5:24.394 (1:09.957)	6:34.170 (1:09.776)	7:43.448 (1:09.278)	8:53.469 (1:10.021)
	10:01.838 (1:08.369)	11:10.458 (1:08.620)	12:20.202 (1:09.744)	13:29.370 (1:09.168)
	14:39.165 (1:09.795)	15:48.293 (1:09.128)	16:56.164 (1:07.871)	18:00.984 (1:04.820)
	19:01.128 (1:00.144)			
4	McLaughlin, Julia	Benedictine (Kan.)	19:07.09	1
	41.810 (41.810)	1:49.645 (1:07.835)	2:58.892 (1:09.247)	4:06.607 (1:07.715)
	5:15.145 (1:08.538)	6:24.703 (1:09.558)	7:35.301 (1:10.598)	8:45.570 (1:10.269)
	9:55.072 (1:09.502)	11:07.286 (1:12.214)	12:14.225 (1:06.939)	13:26.013 (1:11.788)
	14:37.371 (1:11.358)	15:48.260 (1:10.889)	16:57.835 (1:09.575)	18:05.417 (1:07.582)
	19:07.085 (1:01.668)			
5	Rolwes, Mary	Benedictine (Kan.)	19:07.22	2
	43.424 (43.424)	1:53.946 (1:10.522)	3:05.013 (1:11.067)	4:14.303 (1:09.290)
	5:24.216 (1:09.913)	6:33.990 (1:09.774)	7:43.344 (1:09.354)	8:53.315 (1:09.971)
	10:02.062 (1:08.747)	11:10.176 (1:08.114)	12:19.940 (1:09.764)	13:29.055 (1:09.115)
	14:38.863 (1:09.808)	15:48.533 (1:09.670)	16:56.947 (1:08.414)	18:04.087 (1:07.140)
	19:07.212 (1:03.125)			
6	Aaron, Catherine	Benedictine (Kan.)	19:11.99	2
	44.048 (44.048)	1:54.458 (1:10.410)	3:05.886 (1:11.428)	4:15.026 (1:09.140)
	5:25.127 (1:10.101)	6:34.933 (1:09.806)	7:44.232 (1:09.299)	8:54.149 (1:09.917)
	10:03.883 (1:09.734)	11:12.935 (1:09.052)	12:23.688 (1:10.753)	13:34.978 (1:11.290)
	14:45.773 (1:10.795)	15:55.838 (1:10.065)	17:05.173 (1:09.335)	18:14.001 (1:08.828)
	19:11.981 (57.980)			
7	Althoff, Emma	Mount Mercy	19:13.10	1
	41.949 (41.949)	1:49.960 (1:08.011)	2:59.240 (1:09.280)	4:06.932 (1:07.692)
	5:15.524 (1:08.592)	6:25.033 (1:09.509)	7:35.642 (1:10.609)	8:45.887 (1:10.245)
	9:55.421 (1:09.534)	11:07.599 (1:12.178)	12:14.521 (1:06.922)	13:26.380 (1:11.859)
	14:37.865 (1:11.485)	15:49.037 (1:11.172)	16:58.434 (1:09.397)	18:07.814 (1:09.380)
	19:13.094 (1:05.280)			
8	Carter, Haley	Baker	19:14.36	2
	44.256 (44.256)	1:54.812 (1:10.556)	3:05.392 (1:10.580)	4:14.659 (1:09.267)
	5:24.378 (1:09.719)	6:34.276 (1:09.898)	7:43.590 (1:09.314)	8:53.737 (1:10.147)
	10:02.892 (1:09.155)	11:11.638 (1:08.746)	12:21.853 (1:10.215)	13:31.879 (1:10.026)
	14:42.393 (1:10.514)	15:52.498 (1:10.105)	17:02.039 (1:09.541)	18:11.340 (1:09.301)
	19:14.354 (1:03.014)			
9	Lamb, Alexa	Benedictine (Kan.)	19:20.33	2
	43.904 (43.904)	1:54.600 (1:10.696)	3:05.812 (1:11.212)	4:14.978 (1:09.166)
	5:24.897 (1:09.919)	6:34.774 (1:09.877)	7:43.947 (1:09.173)	8:53.985 (1:10.038)
	10:03.561 (1:09.576)	11:12.326 (1:08.765)	12:23.429 (1:11.103)	13:34.740 (1:11.311)
	14:45.503 (1:10.763)	15:56.100 (1:10.597)	17:05.007 (1:08.907)	18:14.159 (1:09.152)
	19:20.322 (1:06.163)			
10	Fisher, Mickenzie	Graceland	19:33.12	2
	44.410 (44.410)	1:54.702 (1:10.292)	3:05.520 (1:10.818)	4:14.729 (1:09.209)
	5:24.652 (1:09.923)	6:34.448 (1:09.796)	7:43.704 (1:09.256)	8:53.671 (1:09.967)
	10:02.802 (1:09.131)	11:11.862 (1:09.060)	12:23.176 (1:11.314)	13:34.429 (1:11.253)
	14:46.196 (1:11.767)	15:56.785 (1:10.589)	17:09.516 (1:12.731)	18:25.113 (1:15.597)
	19:33.118 (1:08.005)			
11	Franco, Jaycie	Clarke	19:46.97	2
	43.742 (43.742)	1:54.200 (1:10.458)	3:05.244 (1:11.044)	4:14.477 (1:09.233)
	5:24.570 (1:10.093)	6:34.550 (1:09.980)	7:43.416 (1:08.866)	8:53.433 (1:10.017)
	10:02.118 (1:08.685)	11:10.749 (1:08.631)	12:20.626 (1:09.877)	13:32.349 (1:11.723)
	14:46.070 (1:13.721)	16:01.838 (1:15.768)	17:18.669 (1:16.831)	18:34.302 (1:15.633)
	19:46.961 (1:12.659)			

2024 Heart Of America Athletic Conference Indoor Championships - 2/16/2024 to

Hughes Field House

Results

....Event 31 Women 5000 Meter Run

12 Menghini, Lily	Benedictine (Kan.)	19:48.07	2
43.526 (43.526)	1:53.910 (1:10.384)	3:04.941 (1:11.031)	4:14.213 (1:09.272)
5:24.148 (1:09.935)	6:33.922 (1:09.774)	7:43.206 (1:09.284)	8:53.225 (1:10.019)
10:02.494 (1:09.269)	11:11.562 (1:09.068)	12:22.932 (1:11.370)	13:35.244 (1:12.312)
14:49.245 (1:14.001)	16:04.792 (1:15.547)	17:21.501 (1:16.709)	18:36.997 (1:15.496)
19:48.066 (1:11.069)			
13 Rotzoll, Kalin	Grand View	20:18.85	1
42.186 (42.186)	1:49.781 (1:07.595)	2:59.124 (1:09.343)	4:07.686 (1:08.562)
5:19.135 (1:11.449)	6:32.434 (1:13.299)	7:45.653 (1:13.219)	9:00.435 (1:14.782)
10:16.334 (1:15.899)	11:32.123 (1:15.789)	12:47.943 (1:15.820)	14:04.386 (1:16.443)
15:22.038 (1:17.652)	16:38.940 (1:16.902)	17:54.757 (1:15.817)	19:08.187 (1:13.430)
20:18.848 (1:10.661)			
14 Chambers, Kristi	Baker	20:21.76	1
42.436 (42.436)	1:51.613 (1:09.177)	3:00.100 (1:08.487)	4:13.415 (1:13.315)
5:26.234 (1:12.819)	6:40.288 (1:14.054)	7:55.773 (1:15.485)	9:13.719 (1:17.946)
10:30.938 (1:17.219)	11:46.878 (1:15.940)	13:02.492 (1:15.614)	14:16.313 (1:13.821)
15:29.159 (1:12.846)	16:41.707 (1:12.548)	17:57.758 (1:16.051)	19:12.937 (1:15.179)
20:21.754 (1:08.817)			
15 Zoque, Emily	Benedictine (Kan.)	20:28.92	1
43.317 (43.317)	1:53.407 (1:10.090)	3:04.804 (1:11.397)	4:16.228 (1:11.424)
5:28.475 (1:12.247)	6:41.508 (1:13.033)	7:55.517 (1:14.009)	9:09.757 (1:14.240)
10:25.151 (1:15.394)	11:41.295 (1:16.144)	12:58.072 (1:16.777)	14:14.702 (1:16.630)
15:30.678 (1:15.976)	16:46.109 (1:15.431)	18:01.728 (1:15.619)	19:17.243 (1:15.515)
20:28.911 (1:11.668)			
16 Younce, Faith	Culver-Stockton	20:33.72	1
44.007 (44.007)	1:52.631 (1:08.624)	3:03.261 (1:10.630)	4:15.354 (1:12.093)
5:27.729 (1:12.375)	6:41.387 (1:13.658)	7:54.444 (1:13.057)	9:10.665 (1:16.221)
10:26.241 (1:15.576)	11:42.171 (1:15.930)	12:59.658 (1:17.487)	14:17.305 (1:17.647)
15:34.005 (1:16.700)	16:50.744 (1:16.739)	18:09.195 (1:18.451)	19:25.710 (1:16.515)
20:33.713 (1:08.003)			
17 Sonnen, Jessie	Benedictine (Kan.)	22:02.98	1
44.897 (44.897)	1:58.578 (1:13.681)	3:16.560 (1:17.982)	4:34.752 (1:18.192)
5:54.934 (1:20.182)	7:15.856 (1:20.922)	8:34.964 (1:19.108)	9:56.475 (1:21.511)
11:18.890 (1:22.415)	12:41.485 (1:22.595)	14:04.959 (1:23.474)	15:27.618 (1:22.659)
16:49.990 (1:22.372)	18:12.988 (1:22.998)	19:34.102 (1:21.114)	20:54.156 (1:20.054)
22:02.975 (1:08.819)			
18 Carty, McKenzie	Park U.	22:59.54	1
44.513 (44.513)	1:55.712 (1:11.199)	3:13.002 (1:17.290)	4:31.801 (1:18.799)
5:50.999 (1:19.198)	7:13.866 (1:22.867)	8:38.307 (1:24.441)	10:03.289 (1:24.982)
11:28.941 (1:25.652)	12:55.648 (1:26.707)	14:23.137 (1:27.489)	15:51.817 (1:28.680)
17:20.072 (1:28.255)	18:47.816 (1:27.744)	20:19.527 (1:31.711)	21:45.146 (1:25.619)
22:59.532 (1:14.386)			
19 Morris, Allison	Culver-Stockton	24:11.37	1
44.367 (44.367)	1:57.653 (1:13.286)	3:15.202 (1:17.549)	4:37.074 (1:21.872)
6:02.760 (1:25.686)	7:28.391 (1:25.631)	8:57.473 (1:29.082)	10:26.855 (1:29.382)
11:56.240 (1:29.385)	13:28.664 (1:32.424)	15:03.985 (1:35.321)	16:36.930 (1:32.945)
18:07.645 (1:30.715)	19:39.137 (1:31.492)	21:10.081 (1:30.944)	22:42.850 (1:32.769)
24:11.367 (1:28.517)			

Event 32 Women 3000 Meter Race Walk

=====

NAIA A: A 16:45.00		
Name	Year School	Finals
=====		

2024 Heart Of America Athletic Conference Indoor Championships - 2/16/2024 to

Hughes Field House

Results

....Event 32 Women 3000 Meter Race Walk

1	Morris, Baileigh	Central Methodist	15:19.93A
	1:24.947 (1:24.947)	2:58.273 (1:33.326)	4:33.290 (1:35.017)
	7:43.123 (1:34.568)	9:17.648 (1:34.525)	10:52.148 (1:34.500)
	13:57.759 (1:31.042)	15:19.926 (1:22.167)	6:08.555 (1:35.265)
			12:26.717 (1:34.569)
2	Morris, Allison	Culver-Stockton	16:40.12A
	1:28.122 (1:28.122)	3:06.922 (1:38.800)	4:46.689 (1:39.767)
	8:08.999 (1:41.109)	9:53.100 (1:44.101)	11:37.008 (1:43.908)
	15:02.152 (1:40.053)	16:40.115 (1:37.963)	6:27.890 (1:41.201)
			13:22.099 (1:45.091)
3	Younce, Faith	Culver-Stockton	17:16.28
	1:31.191 (1:31.191)	3:11.470 (1:40.279)	4:53.896 (1:42.426)
	8:23.235 (1:45.222)	10:10.053 (1:46.818)	11:57.796 (1:47.743)
	15:33.370 (1:46.341)	17:16.279 (1:42.909)	6:38.013 (1:44.117)
			13:47.029 (1:49.233)
4	Hill, Abby	Mount Mercy	18:08.91
	1:36.852 (1:36.852)	3:24.872 (1:48.020)	5:17.183 (1:52.311)
	8:59.007 (1:51.320)	10:50.642 (1:51.635)	12:39.638 (1:48.996)
	16:20.880 (1:51.904)	18:08.904 (1:48.024)	7:07.687 (1:50.504)
			14:28.976 (1:49.338)
5	Kuhn, Leah	Benedictine (Kan.)	18:14.68
	1:37.285 (1:37.285)	3:24.788 (1:47.503)	5:17.530 (1:52.742)
	8:59.453 (1:51.285)	10:51.031 (1:51.578)	12:40.269 (1:49.238)
	16:27.218 (1:54.781)	18:14.675 (1:47.457)	7:08.168 (1:50.638)
			14:32.437 (1:52.168)
6	Gormley, Brynna	Benedictine (Kan.)	20:09.66
	1:47.492 (1:47.492)	3:44.560 (1:57.068)	5:43.379 (1:58.819)
	9:51.928 (2:03.529)	11:57.606 (2:05.678)	14:05.039 (2:07.433)
	18:15.607 (2:03.972)	20:09.654 (1:54.047)	7:48.399 (2:05.020)
			16:11.635 (2:06.596)
7	Fisher, Mickenzie	Graceland	21:03.66
	1:59.409 (1:59.409)	4:06.389 (2:06.980)	6:10.594 (2:04.205)
	10:19.416 (2:03.410)	12:28.372 (2:08.956)	14:35.898 (2:07.526)
	18:53.982 (2:10.002)	21:03.657 (2:09.675)	8:16.006 (2:05.412)
			16:43.980 (2:08.082)
8	Deana Paninka, Emma	Central Methodist	21:23.91
	2:02.151 (2:02.151)	4:05.707 (2:03.556)	6:07.911 (2:02.204)
	10:21.141 (2:08.672)	12:34.647 (2:13.506)	14:47.821 (2:13.174)
	19:24.359 (2:17.934)	21:23.904 (1:59.545)	8:12.469 (2:04.558)
			17:06.425 (2:18.604)
9	Reichert, Amara	Central Methodist	21:25.10
	1:54.082 (1:54.082)	3:59.115 (2:05.033)	6:06.680 (2:07.565)
	10:31.111 (2:13.552)	12:47.415 (2:16.304)	15:02.176 (2:14.761)
	19:23.505 (2:10.859)	21:25.095 (2:01.590)	8:17.559 (2:10.879)
			17:12.646 (2:10.470)
10	Thompson, Haley	Baker	21:27.92
	1:52.618 (1:52.618)	4:00.541 (2:07.923)	6:12.157 (2:11.616)
	10:39.813 (2:14.815)	12:52.835 (2:13.022)	15:03.759 (2:10.924)
	19:27.917 (2:10.616)	21:27.913 (1:59.996)	8:24.998 (2:12.841)
			17:17.301 (2:13.542)
11	Lane, Sophie	Park U.	22:02.48
	2:00.712 (2:00.712)	4:06.851 (2:06.139)	6:12.229 (2:05.378)
	10:37.356 (2:13.469)	12:53.420 (2:16.064)	15:08.263 (2:14.843)
	19:46.378 (2:20.544)	22:02.476 (2:16.098)	8:23.887 (2:11.658)
			17:25.834 (2:17.571)
12	Hawk, Kiley	Baker	22:15.60
	2:00.223 (2:00.223)	4:06.405 (2:06.182)	6:13.387 (2:06.982)
	10:43.583 (2:14.653)	13:05.074 (2:21.491)	15:28.693 (2:23.619)
	20:03.841 (2:17.744)	22:15.600 (2:11.759)	8:28.930 (2:15.543)
			17:46.097 (2:17.404)
13	Cox, Cherokee	MidAmerica Nazarene	22:40.48
	1:42.144 (1:42.144)	3:52.585 (2:10.441)	6:08.249 (2:15.664)
	10:46.683 (2:20.708)	13:08.946 (2:22.263)	15:34.373 (2:25.427)
	20:21.125 (2:22.692)	22:40.475 (2:19.350)	8:25.975 (2:17.726)
			17:58.433 (2:24.060)
14	Eyob, Feven	Grand View	23:52.75
	1:43.029 (1:43.029)	3:49.372 (2:06.343)	6:09.669 (2:20.297)
	11:00.319 (2:30.734)	13:39.115 (2:38.796)	16:11.851 (2:32.736)
	21:19.951 (2:36.094)	23:52.745 (2:32.794)	8:29.585 (2:19.916)
			18:43.857 (2:32.006)

**2024 Heart Of America Athletic Conference Indoor Championships - 2/16/2024 to
Hughes Field House
Results**

...Event 32 Women 3000 Meter Race Walk

-- Hawkins, Teya Culver-Stockton DNF
2:04.404 (2:04.404) 4:33.946 (2:29.542)

Event 33 Women 4x400 Meter Relay

=====			
NAIA A: A 3:56.80			
School		Finals	H#
=====			
1 MidAmerica Nazarene		3:56.78A	3
1) Essex, Lakin	2) Solir, Daizy		
3) Nicholson, Janiah	4) Lassiter, Destiny		
2 Benedictine (Kan.)		4:02.73	3
1) Smith, Antonia	2) Ambuul, Alison		
3) Love, Cayna	4) Gormley, Brynna		
3 Central Methodist		4:04.13	3
1) Mohamed, Tafaol	2) Deana Paninka, Yanira		
3) Johnson, Kailey	4) Hawkins, Carter		
4 Clarke		4:09.22	3
1) Fowler, Samantha	2) Korner, Annemarie		
3) Dillard, Gabrielle	4) Ranson, Anyah		
5 Grand View		4:10.92	2
1) Terpstra, Addisyn	2) Luyeye, Christella		
3) Leis, Liberty	4) Sidique, Neomi		
6 Mount Mercy		4:13.89	2
1) Johnson, Brooklyn	2) Hartshorne, Haley		
3) Gadiant, Corinne	4) Attwood, Esther		
7 William Penn		4:16.06	2
1) Adderley, DeAvae	2) Rogers, Tabitha		
3) Willms, Grace	4) Kelley, Makailah		
8 Park U.		4:16.34	3
1) Mand, Hannah	2) Pearson, Grace		
3) Klamm, Faith	4) Klamm, Hope		
9 Missouri Valley		4:17.51	2
1) Shurme, Ahnesty	2) Loot, Arianna		
3) Lechuga, Emily	4) Gammarota, Federica		
10 Graceland		4:23.09	2
1) Clifton, Eden	2) Nyambuka, Amelia		
3) Lewis, Jacey	4) Hancock, Trinity		

Event 34 Women 4x800 Meter Relay

=====			
NAIA A: A 9:38.00			
School		Finals	
=====			
1 Mount Mercy		9:41.91	
1) Knutson, J'Lyn	2) Gadiant, Corinne		
3) Overton, Kayla	4) Knepper, Abby		
2 Benedictine (Kan.)		9:49.78	
1) Ullrich, Helen	2) Starrs, Catherine		
3) Nelson, Emilie	4) Golden, Mary Cate		
3 MidAmerica Nazarene		9:51.79	
1) Wheeler, Justine	2) Adam, Sage		
3) Zitter, Abigail	4) Reyes, Casandra		
4 Grand View		10:12.77	
1) O'Rourke, Avery	2) Neeley, Faith		

**2024 Heart Of America Athletic Conference Indoor Championships - 2/16/2024 to
Hughes Field House
Results**

....Event 34 Women 4x800 Meter Relay

3) Rotzoll, Kalin	4) Leis, Liberty	
5 William Penn		10:13.64
1) Admire, Briana	2) Fuller, Roselaure	
3) Hele, Charlotte	4) Hele, Elizabeth	
6 Baker		10:15.57
1) Sterner, Rachel	2) Landreth, Jana	
3) Slife, Samantha	4) Peterson, Peyton	
7 Park U.		10:40.77
1) Klaunig, Jasmin	2) Mand, Hannah	
3) Pearson, Destiny	4) Carty, McKenzie	
8 Central Methodist		11:14.55
1) Hawkins, Carter	2) Ross, Isabella	
3) Horn, Madison	4) Morris, Baileigh	

Event 35 Women Distance Medley

=====		
NAIA A: A 12:25.00		
School		Finals
=====		
1 Clarke		13:01.04
1) Bittinger, Jaide	2) Matthews, Isabelle	
3) Coleman, Keona	4) Hageman, Megan	
2 Benedictine (Kan.)		13:11.45
1) Aaron, Catherine	2) Starrs, Catherine	
3) Triplett, Ashlynn	4) Golden, Mary Cate	
3 MidAmerica Nazarene		13:17.40
1) Wheeler, Justine	2) Gere, Alex	
3) Adam, Sage	4) Zitter, Abigail	
4 Mount Mercy		13:18.13
1) Knepper, Abby	2) Johnson, Brooklyn	
3) Rinderknecht, Abby	4) Althoff, Emma	
5 William Penn		13:49.17
1) Admire, Briana	2) Fuller, Roselaure	
3) Hele, Charlotte	4) Hele, Elizabeth	
6 Grand View		14:03.86
1) O'Rourke, Avery	2) Luyeye, Christella	
3) Muecke, Kylie	4) Ruelle, Melody	
7 Baker		14:08.35
1) Landreth, Jana	2) Lansdown, Rylee	
3) Kennedy, Natalie	4) Slife, Samantha	
8 Graceland		14:24.35
1) Fisher, Mickenzie	2) Gilliland, Sidney	
3) Nelson, Cassandra	4) Grover, Caitlin	
9 Park U.		14:40.74
1) Klaunig, Jasmin	2) Hayden, Adison	
3) Mand, Hannah	4) Carty, McKenzie	
10 Central Methodist		15:03.06
1) Horn, Madison	2) Cross, Claireece	
3) Hawkins, Carter	4) Ross, Isabella	
11 Culver-Stockton		15:53.87
1) Keith, Morgan	2) Morris, Allison	
3) Smith, Zoi	4) Berry, Emma	

2024 Heart Of America Athletic Conference Indoor Championships - 2/16/2024 to

Hughes Field House

Results

Event 36 Women Long Jump

=====									
NAIA A: A 5.62m									
Name	Year School					Finals	H#		
=====									
1	Lindenmeyer, Carly					MidAmerica Nazarene	5.65mA	18-06.50	2
	5.38m	5.40m	5.65m	5.37m	5.45m	5.49m			
2	Green, Reanna					MidAmerica Nazarene	5.57m	18-03.25	2
	FOUL	5.49m	5.54m	5.57m	5.51m	5.48m			
3	Burns, Nala					MidAmerica Nazarene	5.47m	17-11.50	2
	5.29m	5.20m	PASS	5.20m	5.01m	5.47m			
4	Batu-Tiako, Abigaille					William Penn	5.45m	17-10.75	2
	FOUL	FOUL	5.33m	5.21m	5.40m	5.45m			
5	Brown, Janiyah					Central Methodist	5.42m	17-09.50	1
	5.25m	5.15m	5.22m	5.37m	5.42m	5.22m			
6	Korner, Annemarie					Clarke	5.39m	17-08.25	2
	5.39m	FOUL	5.25m	5.24m	FOUL	5.20m			
7	James, Na'Zariah					Central Methodist	5.37m	17-07.50	2
	FOUL	5.24m	4.83m	5.37m	4.87m	FOUL			
8	Kilson, Naomi					Baker	5.29m	17-04.25	2
	5.29m	FOUL	PASS	4.98m	FOUL	5.23m			
9	Helten, Madison					Benedictine (Kan.)	5.19m	17-00.50	1
	FOUL	5.06m	5.19m	FOUL	5.16m	5.15m			
10	Loewen, Hayley					MidAmerica Nazarene	5.17m	16-11.50	2
	4.32m	4.96m	5.17m						
11	Smith, LaShae					MidAmerica Nazarene	5.16m	16-11.25	2
	5.10m	5.16m	5.09m						
12	McIntyre, Dawn					Park U.	5.05m	16-07.00	1
	4.65m	5.05m	3.71m						
13	Johnson, Brooklyn					Mount Mercy	5.02m	16-05.75	1
	5.02m	5.00m	FOUL						
14	Nyambuka, Amelia					Graceland	4.93m	16-02.25	1
	4.59m	4.83m	4.93m						
15	Matthews, Isabelle					Clarke	4.85m	15-11.00	1
	FOUL	FOUL	4.85m						
16	Connealy, Maria					Benedictine (Kan.)	4.78m	15-08.25	1
	FOUL	4.78m	4.60m						
17	Hancock, Trinity					Graceland	4.68m	15-04.25	1
	4.65m	4.48m	4.68m						

Event 37 Women Triple Jump

=====									
NAIA A: A 11.50m									
Name	Year School					Finals	H#		
=====									
1	James, Na'Zariah					Central Methodist	11.69mA	38-04.25	
	10.67m	10.91m	11.13m	FOUL	11.22m	11.69m			
2	Brown, Janiyah					Central Methodist	11.54mA	37-10.50	
	11.02m	11.01m	11.06m	FOUL	11.54m	11.21m			
3	Loewen, Hayley					MidAmerica Nazarene	11.32m	37-01.75	
	FOUL	11.06m	FOUL	11.14m	10.87m	11.32m			
4	Green, Reanna					MidAmerica Nazarene	11.27m	36-11.75	
	FOUL	11.16m	11.10m	11.02m	10.65m	11.27m			
5	Connealy, Maria					Benedictine (Kan.)	10.87m	35-08.00	
	FOUL	FOUL	10.54m	FOUL	10.87m	10.60m			
6	Johnson, Brooklyn					Mount Mercy	10.85m	35-07.25	
	10.25m	10.84m	FOUL	10.85m	10.75m	10.85m			

2024 Heart Of America Athletic Conference Indoor Championships - 2/16/2024 to

Hughes Field House

Results

....Event 37 Women Triple Jump

7 Helten, Madison	Benedictine (Kan.)	10.67m	35-00.25
FOUL 10.67m FOUL 10.38m 10.49m 10.63m			
8 Nyambuka, Amelia	Graceland	10.62m	34-10.25
10.62m 10.60m 10.54m FOUL 10.53m 10.47m			
9 Hancock, Trinity	Graceland	10.44m	34-03.00
9.86m 10.44m 10.23m 9.85m 9.47m 10.20m			
10 Deana Paninka, Emma	Central Methodist	10.39m	34-01.25
FOUL 10.39m 10.19m			
11 Crain, Kayley	Clarke	10.09m	33-01.25
10.09m 9.85m 9.85m			
12 Brown, Kylar	MidAmerica Nazarene	9.74m	31-11.50
FOUL FOUL 9.74m			
13 Lockman, Deniyah	Graceland	9.64m	31-07.50
FOUL 9.64m FOUL			
14 Roig, Gracee	Clarke	9.58m	31-05.25
FOUL FOUL 9.58m			

Event 38 Women High Jump

=====

NAIA A: A 1.68m

Name	Year	School	Finals
1 Finke, Renee		Central Methodist	1.71mA 5-07.25
1.40 1.45 1.50 1.55 1.60 1.65 1.68 1.71 1.75			
PPP PPP PPP O O XXO O XO XXX			
2 Miller, Delaney		Central Methodist	1.68mA 5-06.00
1.40 1.45 1.50 1.55 1.60 1.65 1.68 1.71			
PPP PPP O O O XO O XXX			
3 Gilliland, Sidney		Graceland	1.60m 5-03.00
1.40 1.45 1.50 1.55 1.60 1.65			
PPP PPP PPP O O XXX			
4 Bellamy, Haley		Central Methodist	J1.60m 5-03.00
1.40 1.45 1.50 1.55 1.60 1.65			
PPP PPP O XO O XXX			
5 Lindenmeyer, Carly		MidAmerica Nazarene	1.55m 5-01.00
1.40 1.45 1.50 1.55 1.60			
PPP PPP O O XXX			
6 St. Clair, Taryn		MidAmerica Nazarene	J1.55m 5-01.00
1.40 1.45 1.50 1.55 1.60			
PPP PPP O XO XXX			
7 Smith, LaShae		MidAmerica Nazarene	J1.55m 5-01.00
1.40 1.45 1.50 1.55 1.60			
O O O XXO XXX			
8 Maughan, Avril		Grand View	1.50m 4-11.00
1.40 1.45 1.50 1.55			
O O O XXX			
9 Baker, Maddi		MidAmerica Nazarene	J1.50m 4-11.00
1.40 1.45 1.50 1.55			
O XO XXO XXX			
10 Ranson, Anyah		Clarke	1.45m 4-09.00
1.40 1.45 1.50			
O O XXX			
10 Norman, Sydney		Clarke	1.45m 4-09.00
1.40 1.45 1.50			
O O XXX			

2024 Heart Of America Athletic Conference Indoor Championships - 2/16/2024 to

Hughes Field House

Results

....Event 38 Women High Jump

12	Connealy, Maria	Benedictine (Kan.)	J1.45m	4-09.00
	1.40 1.45 1.50			
	O XO XXX			
12	Margheim, Ella	MidAmerica Nazarene	J1.45m	4-09.00
	1.40 1.45 1.50			
	O XO XXX			
14	Helten, Madison	Benedictine (Kan.)	1.40m	4-07.00
	1.40 1.45			
	XO XXX			
--	Hartshorne, Haley	Mount Mercy	NH	
	1.40			
	XXX			

Event 39 Women Pole Vault

=====

NAIA A: A 3.57m

Name	Year	School	Finals
1 Squires, Grace		Clarke	3.32m 10-10.75
	2.12 2.27 2.42 2.57 2.72 2.87 3.02 3.17 3.32 3.47		
	PPP PPP PPP PPP PPP PPP PPP O O XXX		
2 Grant, Emma		Clarke	3.17m 10-04.75
	2.12 2.27 2.42 2.57 2.72 2.87 3.02 3.17 3.32 3.47		
	PPP PPP PPP PPP PPP PPP O XO XXP X		
3 Lee, Evelyn		Clarke	3.02m 9-10.75
	2.12 2.27 2.42 2.57 2.72 2.87 3.02 3.17		
	PPP PPP PPP PPP PPP PPP O XXX		
3 McLaughlin, Autumn		Clarke	3.02m 9-10.75
	2.12 2.27 2.42 2.57 2.72 2.87 3.02 3.17		
	PPP PPP PPP PPP PPP O O XXX		
5 Santos, Carla		Mount Mercy	J3.02m 9-10.75
	2.12 2.27 2.42 2.57 2.72 2.87 3.02 3.17		
	PPP PPP PPP XXO O O O XXX		
6 Reichert, Amara		Central Methodist	2.87m 9-05.00
	2.12 2.27 2.42 2.57 2.72 2.87 3.02		
	PPP PPP PPP XO XO XO XXX		
7 Beich, Malia		Clarke	2.72m 8-11.00
	2.12 2.27 2.42 2.57 2.72 2.87		
	PPP PPP PPP O O XXX		
8 Rosga, Samantha		Benedictine (Kan.)	J2.72m 8-11.00
	2.12 2.27 2.42 2.57 2.72 2.87		
	PPP PPP O XO O XXX		
8 Smith, Zoi		Culver-Stockton	J2.72m 8-11.00
	2.12 2.27 2.42 2.57 2.72 2.87		
	PPP XO O O O XXX		
10 Judd, Kinlie		Culver-Stockton	J2.72m 8-11.00
	2.12 2.27 2.42 2.57 2.72 2.87		
	PPP O O O XO XXX		
11 Welsh, Naomi		Benedictine (Kan.)	J2.72m 8-11.00
	2.12 2.27 2.42 2.57 2.72 2.87		
	PPP PPP XO O XO XXX		
12 Arnold, Keara		Clarke	2.27m 7-05.25
	2.12 2.27 2.42		
	O XXO XXX		

**2024 Heart Of America Athletic Conference Indoor Championships - 2/16/2024 to
Hughes Field House
Results**

....Event 39 Women Pole Vault

13 Hernandez, Yaqueline Mount Mercy 2.12m 6-11.50
2.12 2.27
XXO XXX

Event 40 Women Shot Put

=====									
NAIA A: A 13.45m									
Name	Year School			Finals			H#		
=====									
1 Conrad, Ava	Mount Mercy			13.78mA			45-02.50 2		
	13.78m	13.34m	12.42m	13.07m	12.80m	12.45m			
2 Nail, Bre	Mount Mercy			13.62mA			44-08.25 2		
	13.11m	13.62m	FOUL	FOUL	13.04m	12.55m			
3 Martin, Erica	William Penn			13.45mA			44-01.50 2		
	12.70m	13.45m	12.55m	12.11m	13.17m	12.70m			
4 Sutton, Madison	Benedictine (Kan.)			13.32m			43-08.50 2		
	13.05m	13.32m	12.81m	FOUL	13.02m	12.96m			
5 Barber, Laurel	MidAmerica Nazarene			13.21m			43-04.25 2		
	13.21m	13.19m	FOUL	12.48m	12.70m	12.90m			
6 Green, Madison	Grand View			12.62m			41-05.00 2		
	11.70m	FOUL	12.62m	FOUL	FOUL	12.35m			
7 Burt, Phoebe	William Penn			12.44m			40-09.75 2		
	12.44m	FOUL	FOUL	FOUL	FOUL				
8 Blosser, Caley	MidAmerica Nazarene			12.22m			40-01.25 2		
	11.82m	12.22m	FOUL	11.72m	FOUL	11.48m			
9 Czarnecki, April	Grand View			11.93m			39-01.75 1		
	11.12m	11.36m	11.93m	11.13m	11.28m	11.22m			
10 Wolfe, Karli	Central Methodist			11.87m			38-11.50 1		
	11.24m	10.80m	11.87m						
11 Kangas, Ellen	Mount Mercy			11.84m			38-10.25 2		
	11.75m	11.04m	11.84m						
12 Lotz, Victoria	MidAmerica Nazarene			11.71m			38-05.00 2		
	11.71m	FOUL	FOUL						
13 Romero Rodriguez, Paula	Missouri Valley			11.20m			36-09.00 1		
	FOUL	11.20m	FOUL						
14 Nabindu, Bahati	Graceland			11.12m			36-05.75 1		
	10.06m	11.12m	9.68m						
15 Vandemark, Kady	Graceland			11.03m			36-02.25 1		
	10.50m	11.03m	10.52m						
16 Ables, Macie	Missouri Valley			10.50m			34-05.50 1		
	10.50m	10.13m	FOUL						
17 Miller, Carolyn	Grand View			10.42m			34-02.25 1		
	10.42m	FOUL	10.24m						
18 Kling, Hannah	Graceland			10.36m			34-00.00 1		
	9.78m	10.36m	FOUL						
-- Chrisman, Zoey	Missouri Valley			FOUL			1		
	FOUL	FOUL	FOUL						

Event 41 Women Weight Throw

=====									
NAIA A: A 16.30m									
Name	Year School			Finals			H#		
=====									
1 Sutton, Madison	Benedictine (Kan.)			17.64mA			57-10.50 2		
	17.64m	FOUL	FOUL	17.07m	17.26m	FOUL			

**2024 Heart Of America Athletic Conference Indoor Championships - 2/16/2024 to
Hughes Field House
Results**

....Event 41 Women Weight Throw

2	Lotz, Victoria	MidAmerica Nazarene	17.14mA	56-03.00	2
	FOUL 16.97m 17.14m FOUL 16.57m FOUL				
3	Wolfe, Karli	Central Methodist	17.11mA	56-01.75	2
	FOUL 17.11m 16.90m 16.13m 16.88m 15.93m				
4	Green, Madison	Grand View	16.98mA	55-08.50	2
	FOUL 16.98m 14.95m FOUL 16.02m 16.67m				
5	Conrad, Ava	Mount Mercy	15.68m	51-05.50	2
	FOUL FOUL 15.46m 14.98m 15.68m FOUL				
6	Nail, Bre	Mount Mercy	15.46m	50-08.75	2
	14.82m 15.46m 14.93m 15.02m 15.18m 15.08m				
7	Czarnecki, April	Grand View	15.43m	50-07.50	2
	FOUL 15.43m FOUL 14.40m FOUL FOUL				
8	Martin, Erica	William Penn	15.04m	49-04.25	1
	14.23m 14.35m 14.82m 14.98m 15.04m FOUL				
9	Ables, Macie	Missouri Valley	15.01m	49-03.00	1
	13.36m 13.37m 15.01m 14.61m 14.59m 14.93m				
10	Hall, Alyssa	Benedictine (Kan.)	14.81m	48-07.25	2
	14.81m 14.26m 13.97m				
11	Romero Rodriguez, Paula	Missouri Valley	14.76m	48-05.25	2
	14.61m 14.22m 14.76m				
12	Vandemark, Kady	Graceland	14.49m	47-06.50	1
	14.49m FOUL FOUL				
13	Chrisman, Zoey	Missouri Valley	14.31m	46-11.50	1
	14.31m FOUL 13.66m				
14	Blosser, Caley	MidAmerica Nazarene	14.21m	46-07.50	1
	FOUL 14.21m FOUL				
15	Fairley, Colbie	Baker	14.14m	46-04.75	1
	14.14m FOUL 12.66m				
16	Linson, Kylie	Missouri Valley	13.93m	45-08.50	1
	13.93m FOUL FOUL				
17	Herring, Olivia	Mount Mercy	13.70m	44-11.50	1
	12.76m 13.70m FOUL				
18	Jones, Jzonei	Mount Mercy	12.79m	41-11.50	2
	12.12m 12.79m FOUL				
--	Allmon, Mia	Grand View	FOUL		1
	FOUL FOUL FOUL				
--	Beauchem, Marlie	Clarke	FOUL		1
	FOUL FOUL FOUL				

Event 42 Women Indoor Pentathlon

=====				
Name	Year	School	Finals	H#
=====				
1	Finke, Renee	Central Methodist	3591	
2	Bellamy, Haley	Central Methodist	3480	
3	Lindenmeyer, Carly	MidAmerica Nazarene	3249	
4	Korner, Annemarie	Clarke	3107	
5	Baker, Maddi	MidAmerica Nazarene	2950	
6	O'Neil, Shannon	Culver-Stockton	2936	
7	Smith, LaShae	MidAmerica Nazarene	2886	
8	Ranson, Anyah	Clarke	2876	
9	Cross, Claireece	Central Methodist	2812	
10	Campbell, Anna	Benedictine (Kan.)	2729	
11	Margheim, Ella	MidAmerica Nazarene	2487	
12	Matthews, Isabelle	Clarke	2367	

**2024 Heart Of America Athletic Conference Indoor Championships - 2/16/2024 to
Hughes Field House
Results**

Event 42 Indoor Pentathlon: #1 Women 60 Meter Hurdles Indoor Pentathlon

Name	Year School	Finals	H#	Points
1 Finke, Renee	Central Methodist	8.84	4	944
2 Bellamy, Haley	Central Methodist	9.30	4	848
3 Smith, LaShae	MidAmerica Nazarene	9.46	4	816
4 O'Neil, Shannon	Culver-Stockton	9.51	3	806
5 Baker, Maddi	MidAmerica Nazarene	9.55	3	798
6 Lindenmeyer, Carly	MidAmerica Nazarene	9.58	4	792
7 Korner, Annemarie	Clarke	9.81	3	748
8 Ranson, Anyah	Clarke	10.04	2	705
9 Cross, Claireece	Central Methodist	10.09	1	695
10 Margheim, Ella	MidAmerica Nazarene	10.25	2	666
11 Campbell, Anna	Benedictine (Kan.)	10.53	1	616
12 Matthews, Isabelle	Clarke	13.63	1	186

Event 42 Indoor Pentathlon: #2 Women High Jump Indoor Pentathlon

Name	Year School	Finals	Points
1 Finke, Renee	Central Methodist	1.68m 5-06.00	830
		1.29 1.32 1.35 1.38 1.41 1.44 1.47 1.50 1.53 1.56 1.59 1.62 1.65 1.68 1.71	
		PPP PPP PPP PPP PPP PPP PPP O PPP O PPP XO PPP XO XX	
2 Bellamy, Haley	Central Methodist	1.65m 5-05.00	795
		1.29 1.32 1.35 1.38 1.41 1.44 1.47 1.50 1.53 1.56 1.59 1.62 1.65 1.68	
		PPP PPP PPP PPP PPP PPP PPP O PPP PXO XO O XXO XXX	
3 Lindenmeyer, Carly	MidAmerica Nazarene	1.59m 5-02.50	724
		1.29 1.32 1.35 1.38 1.41 1.44 1.47 1.50 1.53 1.56 1.59 1.62	
		PPP PPP PPP PPP PPP PPP PPP O O O O XXX	
4 Korner, Annemarie	Clarke	1.56m 5-01.25	689
		1.29 1.32 1.35 1.38 1.41 1.44 1.47 1.50 1.53 1.56 1.59	
		PPP PPP PPP PPP O O O O XXO XO XXX	
5 Baker, Maddi	MidAmerica Nazarene	1.53m 5-00.25	655
		1.29 1.32 1.35 1.38 1.41 1.44 1.47 1.50 1.53 1.56 1.59	
		PPP PPP PPP PPP PPP XXO O O O PXX X	
5 Cross, Claireece	Central Methodist	1.53m 5-00.25	655
		1.29 1.32 1.35 1.38 1.41 1.44 1.47 1.50 1.53 1.56	
		PPP PPP PPP PPP O O O O O XXX	
5 Smith, LaShae	MidAmerica Nazarene	1.53m 5-00.25	655
		1.29 1.32 1.35 1.38 1.41 1.44 1.47 1.50 1.53 1.56 1.59	
		PPP PPP PPP PPP O O O O O PXX X	
8 Margheim, Ella	MidAmerica Nazarene	1.50m 4-11.00	621
		1.29 1.32 1.35 1.38 1.41 1.44 1.47 1.50 1.53	
		PPP PPP O O O O XO O XXX	
8 Matthews, Isabelle	Clarke	1.50m 4-11.00	621
		1.29 1.32 1.35 1.38 1.41 1.44 1.47 1.50 1.53	
		PPP PPP PPP O O O XXO XXO XXX	
10 Ranson, Anyah	Clarke	1.47m 4-09.75	588
		1.29 1.32 1.35 1.38 1.41 1.44 1.47 1.50	
		PPP PPP PPP PPP XO O O XXX	
11 Campbell, Anna	Benedictine (Kan.)	1.44m 4-08.75	555
		1.29 1.32 1.35 1.38 1.41 1.44 1.47	
		PPP O O O O XO XXX	
11 O'Neil, Shannon	Culver-Stockton	1.44m 4-08.75	555
		1.29 1.32 1.35 1.38 1.41 1.44 1.47	
		PPP PPP O XXO XO O XXX	

**2024 Heart Of America Athletic Conference Indoor Championships - 2/16/2024 to
Hughes Field House
Results**

Event 42 Indoor Pentathlon: #3 Women Shot Put Indoor Pentathlon

Name	Year	School	Finals	Points
1 Finke, Renee 10.74m 10.29m 11.28m		Central Methodist	11.28m 37-00.25	614
2 Bellamy, Haley 10.05m 10.16m 10.09m		Central Methodist	10.16m 33-04.00	540
3 Campbell, Anna 9.44m 9.04m 9.07m		Benedictine (Kan.)	9.44m 30-11.75	493
4 Margheim, Ella 7.16m 8.82m 9.31m		MidAmerica Nazarene	9.31m 30-06.50	484
5 Matthews, Isabelle 8.49m 9.04m 8.71m		Clarke	9.04m 29-08.00	467
6 Lindenmeyer, Carly 8.85m 8.47m 8.97m		MidAmerica Nazarene	8.97m 29-05.25	462
7 Ranson, Anyah 8.28m 8.91m FOUL		Clarke	8.91m 29-02.75	458
8 Korner, Annemarie 8.56m 8.34m 8.43m		Clarke	8.56m 28-01.00	436
9 Baker, Maddi 7.84m 8.33m 8.51m		MidAmerica Nazarene	8.51m 27-11.00	432
10 Smith, LaShae 8.37m 7.71m 8.11m		MidAmerica Nazarene	8.37m 27-05.50	423
11 Cross, Claireece FOUL 8.03m 8.33m		Central Methodist	8.33m 27-04.00	421
12 O'Neil, Shannon FOUL 7.75m FOUL		Culver-Stockton	7.75m 25-05.25	383

Event 42 Indoor Pentathlon: #4 Women Long Jump Indoor Pentathlon

Name	Year	School	Finals	Points
1 Lindenmeyer, Carly 5.31m 5.34m 5.46m		MidAmerica Nazarene	5.46m 17-11.00	688
2 Bellamy, Haley 5.22m 5.44m 5.23m		Central Methodist	5.44m 17-10.25	683
3 Korner, Annemarie 5.25m 5.21m 5.04m		Clarke	5.25m 17-02.75	628
4 Smith, LaShae 4.85m 5.16m 5.20m		MidAmerica Nazarene	5.20m 17-00.75	614
5 Finke, Renee 5.06m 4.81m 4.94m		Central Methodist	5.06m 16-07.25	576
6 O'Neil, Shannon 4.99m 4.74m 4.88m		Culver-Stockton	4.99m 16-04.50	557
7 Cross, Claireece 4.91m 4.43m 4.77m		Central Methodist	4.91m 16-01.50	535
8 Matthews, Isabelle FOUL FOUL 4.72m		Clarke	4.72m 15-06.00	485
9 Baker, Maddi 4.70m 4.60m 4.63m		MidAmerica Nazarene	4.70m 15-05.00	479
9 Ranson, Anyah FOUL FOUL 4.70m		Clarke	4.70m 15-05.00	479
11 Campbell, Anna 4.55m 4.48m 4.41m		Benedictine (Kan.)	4.55m 14-11.25	441
12 Margheim, Ella 4.47m 4.36m 3.78m		MidAmerica Nazarene	4.47m 14-08.00	421

**2024 Heart Of America Athletic Conference Indoor Championships - 2/16/2024 to
Hughes Field House
Results**

Event 42 Indoor Pentathlon: #5 Women 800 Meter Run Indoor Pentathlon

Name	Year	School	Finals	Points
1 Ranson, Anyah		Clarke	2:33.83	646
36.991 (36.991)	1:37.982 (1:00.991)		2:33.828 (55.846)	
2 O'Neil, Shannon		Culver-Stockton	2:34.73	635
36.207 (36.207)	1:35.268 (59.061)		2:34.730 (59.462)	
3 Finke, Renee		Central Methodist	2:35.34	627
36.435 (36.435)	1:36.690 (1:00.255)		2:35.337 (58.647)	
4 Campbell, Anna		Benedictine (Kan.)	2:35.65	624
35.728 (35.728)	1:34.907 (59.179)		2:35.645 (1:00.738)	
5 Bellamy, Haley		Central Methodist	2:36.51	614
36.663 (36.663)	1:36.874 (1:00.211)		2:36.510 (59.636)	
6 Matthews, Isabelle		Clarke	2:37.00	608
36.518 (36.518)	1:37.543 (1:01.025)		2:36.993 (59.450)	
7 Korner, Annemarie		Clarke	2:37.16	606
35.830 (35.830)	1:34.948 (59.118)		2:37.158 (1:02.210)	
8 Baker, Maddi		MidAmerica Nazarene	2:38.83	586
36.118 (36.118)	1:35.288 (59.170)		2:38.829 (1:03.541)	
9 Lindenmeyer, Carly		MidAmerica Nazarene	2:39.11	583
36.074 (36.074)	1:35.297 (59.223)		2:39.108 (1:03.811)	
10 Cross, Claireece		Central Methodist	2:46.00	506
37.230 (37.230)	1:39.177 (1:01.947)		2:45.994 (1:06.817)	
11 Smith, LaShae		MidAmerica Nazarene	2:58.64	378
37.390 (37.390)	1:44.642 (1:07.252)		2:58.638 (1:13.996)	
12 Margheim, Ella		MidAmerica Nazarene	3:07.89	295
38.236 (38.236)	1:47.479 (1:09.243)		3:07.881 (1:20.402)	

Women - Team Rankings - 21 Events Scored

1) Benedictine (Kan.)	182.50	2) MidAmerica Nazarene	161
3) Central Methodist	154	4) Mount Mercy	87
5) Clarke	85	6) William Penn	35
7) Grand View	32	8) Baker	28
9) Graceland	25	10) Culver-Stockton	20.50
11) Park U.	9		

Men - Team Rankings - 21 Events Scored

1) Benedictine (Kan.)	133.50	2) Mount Mercy	132
3) William Penn	110	4) Central Methodist	106.50
5) Grand View	72	6) MidAmerica Nazarene	71
7) Park U.	64	8) Clarke	52
9) Graceland	30	10) Baker	28
11) Culver-Stockton	15	12) Missouri Valley	5