

2024 GPAC XC Championships - 11/9/2024**Hosted by Doane University****Olsson XC Course at Mahoney State Park****Results****Event 1 Women 6k Run CC**

Name	Year School	Avg Mile	Finals	Points
Results - Women				
1 Braun, Corinne	FR Dordt	6:05.7	22:43.2	1
2 Webb, Isabella	SO Dordt	6:07.3	22:49.1	2
3 Sporrer, Courtney	JR Morningside	6:10.0	22:59.5	3
4 Burtis, Jaci	SO Dordt	6:17.5	23:27.2	4
5 Thong, Hannah	FR Dordt	6:18.4	23:30.6	5
6 Burtis, Jeni	SO Dordt	6:18.8	23:32.3	6
7 Wittland, Calla	JR Doane	6:19.8	23:35.9	7
8 Parriott, Danie	JR Doane	6:20.3	23:37.8	8
9 Beisel, Keegan	JR Concordia (Neb.)	6:22.9	23:47.5	9
10 Joiner, Courtney	JR Dordt	6:25.5	23:57.1	10
11 Muller, Kara	FR St. Mary (Neb.)	6:26.6	24:01.3	11
12 Henderson, Carly	FR St. Mary (Neb.)	6:26.9	24:02.5	12
13 Opfer, Jessica	JR Dordt	6:29.0	24:10.0	13
14 Koerner, Jada	SO Dordt	6:30.4	24:15.2	
15 Hoogland, Olivia	FR Dordt	6:30.4	24:15.4	
16 Wigdahl, Brooke	SR St. Mary (Neb.)	6:33.2	24:25.9	14
17 Rogge, London	JR Morningside	6:33.5	24:27.0	15
18 Kaschinske, Rhaya	SR Concordia (Neb.)	6:34.2	24:29.5	16
19 Mead, Corinne	JR St. Mary (Neb.)	6:35.8	24:35.4	17
20 Haley, Emma	SR Northwestern (Iowa)	6:35.8	24:35.7	18
21 Lippold, Kenzy	FR Doane	6:36.8	24:39.1	19
22 Staab, Annika	FR Concordia (Neb.)	6:37.3	24:41.0	20
23 McKown, Eliza	SO Waldorf	6:38.2	24:44.5	21
24 Schlachter, Annaka	FR Concordia (Neb.)	6:39.7	24:50.1	22
25 Fosmer, Mira	SO St. Mary (Neb.)	6:41.4	24:56.4	23
26 Hasemann, Laura	SO Doane	6:43.5	25:04.3	24
27 Dow, Grace	SO Hastings	6:44.5	25:08.0	25
28 Ramsgard, Isabella	FR Mount Marty	6:46.5	25:15.2	26
29 Hough, Allison	SO Northwestern (Iowa)	6:47.1	25:17.5	27
30 Zuehl, Nicole	JR Morningside	6:47.2	25:18.2	28
31 Chaparro Belloc, Cynthia	SR Hastings	6:48.3	25:22.0	29
32 Catron, Delaney	SO Doane	6:48.9	25:24.2	30
33 Schroeder, Macy	FR Northwestern (Iowa)	6:49.3	25:25.9	31
34 Ervin, Abby	SR Northwestern (Iowa)	6:49.6	25:27.1	32
35 Mulder, Molly	JR Dordt	6:49.7	25:27.4	
36 Jander, Ellie	JR Concordia (Neb.)	6:50.8	25:31.6	33
37 Heins, Kelsie	SO Concordia (Neb.)	6:52.0	25:35.8	34
38 Beintema, Hannah	JR Concordia (Neb.)	6:52.8	25:39.0	35
39 Simons, Autumn	SR St. Mary (Neb.)	6:53.0	25:39.6	36
40 Leuenberger, Danika	FR Midland	6:54.4	25:44.9	37
41 Juan Jesus, Yenifer	SO St. Mary (Neb.)	6:55.8	25:50.0	38
42 Engelmann, Brielle	SO Northwestern (Iowa)	6:55.9	25:50.5	39
43 Gosch, Alexis	SO Mount Marty	6:56.1	25:51.0	40
44 Martinson, Christina	FR Concordia (Neb.)	6:56.7	25:53.3	
45 Stepanek, Alison	FR Concordia (Neb.)	6:56.8	25:53.8	
46 Bergstrom, Maddie	FR Midland	6:57.1	25:54.9	41
47 Wood, Danielle	SR Waldorf	6:57.3	25:55.7	42
48 Colbert, Grace	SO Doane	6:57.4	25:56.2	43
49 Sarabia, Nevaeh	SR Midland	6:58.3	25:59.5	44
50 Ryan, Gabby	SO Morningside	6:59.5	26:03.8	45
51 Bradford, Alison	FR Doane	7:00.6	26:08.2	46

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52	Karnik, Becka	FR St. Mary (Neb.)	7:00.7	26:08.5	
53	Ramey, Maddy	SO Doane	7:01.3	26:10.7	
54	Fehr, Julia	SR Northwestern (Iowa)	7:01.8	26:12.4	47
55	Briggs, Natalie	SO St. Mary (Neb.)	7:02.9	26:16.6	
56	Fryar, Brooklyn	FR Northwestern (Iowa)	7:03.0	26:17.0	48
57	Santos, Shania	SR Hastings	7:03.3	26:18.0	49
58	Padavich, Paige	SR Morningside	7:05.5	26:26.2	50
59	Zeutenhorst, Kendra	FR Northwestern (Iowa)	7:05.7	26:27.1	
60	Miles, Marissa	FR Doane	7:05.8	26:27.6	
61	Brackhan, Ava	JR Hastings	7:05.9	26:27.6	51
62	Iwata, Katelyn	FR Doane	7:07.1	26:32.3	
63	DeGeest, Makaen	SR Dakota Wesleyan	7:07.2	26:32.8	52
64	Beikmann, Claire	SO Concordia (Neb.)	7:07.5	26:33.7	
65	Anderson, Olivia	SR Northwestern (Iowa)	7:07.8	26:34.9	
66	Rogers, Kiera	FR Northwestern (Iowa)	7:10.3	26:44.2	
67	Dahlhauser, Lillian	FR Morningside	7:13.4	26:55.6	53
68	Golus, Jilee	SR Hastings	7:15.7	27:04.2	54
69	Karnik, Josie	FR St. Mary (Neb.)	7:22.9	27:31.2	
70	Cure, Whitney	SO Hastings	7:23.6	27:33.6	55
71	Seebohm, Mikayla	JR Hastings	7:27.8	27:49.5	56
72	Fierro, Jillian	SO Morningside	7:28.2	27:50.9	57
73	Peck, Brandi	SO Waldorf	7:32.9	28:08.3	58
74	Russell, Maria	JR Briar Cliff	7:35.3	28:17.4	59
75	Beller, Avery	JR Briar Cliff	7:36.9	28:23.4	60
76	Quimiro-Rosales, Ashley	FR Briar Cliff	7:37.7	28:26.3	61
77	Murphy, Caley	SO Dakota Wesleyan	7:38.4	28:28.8	62
78	Brandt, Brooklyn	FR Hastings	7:39.9	28:34.5	
79	Stapek, Ella	JR Morningside	7:41.0	28:38.7	
80	Erk, Rachel	FR Mount Marty	7:50.7	29:14.7	63
81	Basham, Aliyah	SO Briar Cliff	7:59.8	29:48.6	64
82	Drowne, Dala	FR Midland	8:01.0	29:53.0	65
83	Ruden, Sophie	SO Briar Cliff	8:04.4	30:05.8	66
84	Wahlstrom, Josey	SO Mount Marty	8:23.7	31:17.7	67
85	George, Ashinee	SR Mount Marty	8:37.3	32:08.3	68
86	Pipkin, Shyanne	JR Midland	8:43.9	32:33.2	69
87	Benson, April	FR Briar Cliff	9:06.8	33:58.6	70
88	de Oliviera Harman, Lari	FR Waldorf	9:12.2	34:18.8	71
89	Rodgers, Amber	SO Midland	9:41.1	36:06.4	72
90	Torres, Alexa	FR Waldorf	10:43.4	39:58.7	73
91	Palisoc, Erica	FR Waldorf	10:51.6	40:29.2	74
92	Heinen, Lizzy	FR Dakota Wesleyan	11:31.8	42:59.1	75
93	Ludwig, Ava	FR Dakota Wesleyan	11:31.9	42:59.3	76
94	Ruelas-Hertz, Stacy	FR Dakota Wesleyan	12:30.2	46:37.0	77
--	McLawyer, Ami	FR Mount Marty			DNS
--	Hutchinson, Meghan	FR Dakota Wesleyan			DNS
--	Goebel, Tanley	JR Dakota Wesleyan			DNS
--	Johnson, Destini	FR Hastings			DNS
--	Mammen, Jade	JR Briar Cliff			DNS
--	Meyer, Tiegan	SO Dakota Wesleyan			DNS
--	Oswald, Hailey	SO Dakota Wesleyan			DNS
--	Deffenbaugh, Dani	SO Dakota Wesleyan			DNS
--	Smith, Josie	SO Concordia (Neb.)			DNS
--	Hulzebos, Karina	SO Northwestern (Iowa)			DNS
--	Hoer, Danie	SO Hastings			DNS

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Results

....Event 1 Women 6k Run CC

11 Briar Cliff	310	59	60	61	64	66	70
Total Time: 2:25:01.50							
Average: 29:00.30							
12 Dakota Wesleyan	342	52	62	75	76	77	
Total Time: 3:07:37.00							
Average: 37:31.40							

2024 GPAC XC Championships - 11/9/2024**Hosted by Doane University****Olsson XC Course at Mahoney State Park****Results****Event 2 Men 8k Run CC**

Name	Year School	Avg Mile	Finals	Points
Results - Men				
1 Hendrickson, Vaughn	FR Concordia (Neb.)	5:10.7	25:44.1	1
2 Robertson, Trey	SO Concordia (Neb.)	5:12.2	25:51.7	2
3 Summerhays, Ethan	SR Dordt	5:13.2	25:56.7	3
4 Yego, Emmanuel	JR Doane	5:13.8	25:59.9	4
5 Oliver, Thomas	SR Doane	5:14.8	26:04.7	5
6 Ferrari, Logan	SR Mount Marty	5:15.7	26:09.1	6
7 Vorster, Aidan	SR Dordt	5:16.4	26:12.8	7
8 Swanson, Luke	JR Dordt	5:17.2	26:16.6	8
9 Hulstein, Tage	JR Dordt	5:17.9	26:19.9	9
10 Cross, Joseph	FR Mount Marty	5:19.5	26:28.1	10
11 Grigsby, Michael	JR Doane	5:20.1	26:31.2	11
12 Bickley, Porter	FR Doane	5:21.5	26:37.8	12
13 Ruto, Nelson	JR Doane	5:21.9	26:39.9	13
14 Landman, Levi	JR Dordt	5:22.0	26:40.7	14
15 Wall, Jayden	FR Doane	5:22.2	26:41.5	15
16 Limback, Aidan	SO Concordia (Neb.)	5:24.3	26:51.9	16
17 Hjortkjaer, Lucas	SO Midland	5:25.1	26:56.0	17
18 Tadlock, Jakob	SR Doane	5:26.6	27:03.3	18
19 Johnson, Truman	FR Dordt	5:26.8	27:04.3	19
20 May, Sam	JR Dordt	5:27.5	27:07.6	20
21 Jelleberg, Tatum	SR Hastings	5:28.3	27:11.8	21
22 Vander Leest, Derrek	JR Dordt	5:29.6	27:18.2	
23 Bonifas, Luke	JR Doane	5:30.4	27:22.2	
24 Wittenberg, Josiah	JR Dordt	5:30.7	27:23.6	
25 Gorline, Thomas	SR Concordia (Neb.)	5:31.0	27:25.1	22
26 McIlravy, Alik	FR Northwestern (Iowa)	5:31.3	27:26.9	23
27 Mahoney, Jon	SR Midland	5:32.1	27:30.9	24
28 VanDeBerg, Ben	JR Northwestern (Iowa)	5:33.5	27:37.4	25
29 Kuncl, Trevor	JR Concordia (Neb.)	5:34.2	27:40.9	26
30 Blankenship, Duncan	SR Doane	5:35.8	27:48.9	
31 Miles, Jarrett	FR Concordia (Neb.)	5:36.4	27:51.9	27
32 Engel, Parker	FR Northwestern (Iowa)	5:37.6	27:58.0	28
33 Dawes, Will	JR Doane	5:38.6	28:03.2	
34 Koontz, Owen	SO Mount Marty	5:38.7	28:03.5	29
35 Burks, Deshawn	JR Hastings	5:39.2	28:05.9	30
36 Obbink, Trace	FR Dordt	5:39.3	28:06.4	
37 Engelmann, Trey	SR Northwestern (Iowa)	5:39.8	28:09.0	31
38 Ellis, Jack	SR Concordia (Neb.)	5:40.1	28:10.3	32
39 Pennekamp, Nathan	SR Concordia (Neb.)	5:40.1	28:10.4	
40 Sholey, Ethan	FR Concordia (Neb.)	5:40.1	28:10.5	
41 Aragon, Isaiah	FR Northwestern (Iowa)	5:41.0	28:15.1	33
42 Van Sickle, Carson	FR Northwestern (Iowa)	5:41.7	28:18.6	34
43 Korir, Kelvin	FR Midland	5:42.1	28:20.2	35
44 Stoeckermann, Henri	SR Midland	5:43.2	28:25.6	36
45 Struss, Evan	FR Hastings	5:43.3	28:26.6	37
46 Taylor, Braden	FR Midland	5:43.4	28:26.6	38
47 Hicks, RC	JR Morningside	5:45.1	28:35.5	39
48 Hughes, Ashton	SO Northwestern (Iowa)	5:46.5	28:42.1	40
49 Sonksen, Braden	FR Morningside	5:52.5	29:12.3	41
50 Tvedt, Tague	JR Mount Marty	5:52.9	29:14.2	42
51 Brough, Braeden	JR Northwestern (Iowa)	5:53.2	29:15.8	

