

**2023 Gary Dubbs Ralston Ram Relays - 4/1/2023****Ralston High School  
Results - Running Events****Girls 4x100 Meter Relay**

School	Finals	H#	Points
<b>Finals</b>			
1 Fremont 'A'	51.15	2	10
1) Worthy, Sahree	2) Cooper, Ella		
3) Sheppard, Emmalee	4) Glause, Sydney		
2 Pap-La Vista 'A'	51.23	1	8
1) Miller, Lindsay	2) Zoucha, Dru		
3) Zoucha, Maya	4) Williams, Ciara		
3 Blair 'A'	53.08	2	6
1) Schueth, Jacy	2) Beemer, Reese		
3) Gailbraith, Greta	4) Keeling, Audie		
4 Lincoln NS 'A'	53.50	1	4
1) Klabenes, Gianna	2) Meyer, Jillianne		
3) Bowers, Amelia	4) Plahn, Brooke		
5 Norfolk 'A'	54.57	2	2
1) Neilsen, Zoey	2) O'Brien, Ryann		
3) Miller, Leann	4) Long, Emma		
6 Ralston 'A'	55.95	2	1
1) Bentley, Aaliyah	2) Bertrang, Isabelle		
3) Nelson, Lilly	4) Thomas, Lashariae		
7 Lincoln NW 'A'	57.58	2	
1) Wleh, Elizabeth	2) Springs, Trinity		
3) Ijoma, Chiara	4) Winters, Jayla		
8 Omaha Mercy 'A'	1:02.66	2	
1) Rief, Natalie	2) Busch, TaelorRae		
3) Harbold, Allison	4) Euteneuer, Lucy		
-- Millard South 'A'	DQ	1	
1) Kangni-Soukpe, Monica	2) Raddish, Jaelyn		
3) Mclaughlin, Mia	4) Balkovec, Marley		
-- Gretna 'A'	DQ	2	
1) Trevarrow, Anniston	2) Speer, Maiya		
3) Norvig, Hope	4) Heck, Leah		

**Girls 4x100.25 Meter Relay Wt. Person**

School	Finals
1 Gretna 'A'	1:01.13
1) Wilcoxson, Audrey	2) Peters, Klare
3) Hermeling, Emma	4) Schamp, Faith
2 Norfolk 'A'	1:03.44
1) Tso, Torrance	2) Schwindt, Alyssa
3) Hill, Kaylee	4) Indra, Skylar
3 Lincoln NS 'A'	1:06.52
1) Looky, Halla	2) Kadavy, Ayla
3) Parde, Alexis	4) Van Pelt, Haylee
4 Millard South 'A'	1:09.88
1) Dill, Lauren	2) Bias, Marie
3) Curry, Raeauna	4) Gonzales, Paige

## 2023 Gary Dubbs Ralston Ram Relays - 4/1/2023

Ralston High School  
Results - Running Events

## Girls 4x200 Meter Relay

School	Finals	H#	Points
1 Gretna 'A'	1:51.07	2	10
1) Speer, Maiya	2) Norvig, Hope		
3) Heck, Leah	4) Rose, Brooke		
2 Fremont 'A'	1:53.08	2	8
1) Sookram, Elayna	2) Kreifels, Sidney		
3) Glause, Sydney	4) Evans, Tayler		
3 Pap-La Vista 'A'	1:55.08	1	6
1) Zoucha, Dru	2) Miller, Lindsay		
3) Trauax, Ally	4) Phillips, Lalya		
4 Lincoln NS 'A'	1:56.17	1	4
1) Bowers, Amelia	2) Plahn, Brooke		
3) Cunningham, Kacie	4) Ledin, Lauren		
5 Millard South 'A'	1:56.57	2	2
1) Balkovec, Marley	2) Schinzel, Cat		
3) Lawson, Hilary	4) Pitzer, Taya		
6 Norfolk 'A'	1:57.31	2	1
1) Neilsen, Zoey	2) Long, Emma		
3) Smith, Destany	4) Wichman, Miley		
7 Lincoln NW 'A'	2:01.39	1	
1) White, Lilian	2) Springs, Trinity		
3) Ijoma, Chiara	4) Winters, Jayla		
8 Omaha Mercy 'A'	2:10.82	2	
1) Busch, TaelorRae	2) Swait, Saniah		
3) Lindauer, Lily	4) Martinec, Kailey		
-- Ralston 'A'	DQ	2	
1) Longacre, Jessika	2) Moran-Heath, Mya		
3) Vukov, Maddy	4) Nelson, Lilly		

## Girls 4x400 Meter Relay

School	Finals	Points
1 Gretna 'A'	4:10.80	10
1) Wisnieski, Madisyn	2) Johnson, Emerson	
3) Romano, Maiya	4) Rose, Brooke	
2:06.636 (2:06.636)	3:11.560 (1:04.924)	4:10.798 (59.238)
2 Fremont 'A'	4:10.95	8
1) Sheppard, Emmalee	2) Cooper, Ella	
3) Merrill, Allison	4) Glause, Sydney	
2:05.744 (2:05.744)	3:11.798 (1:06.054)	4:10.941 (59.144)
3 Lincoln NS 'A'	4:17.81	6
1) Zastrow, Greta	2) Jacobs, Ali	
3) Boltz, Hailey	4) Klabenes, Gianna	
2:07.308 (2:07.308)	3:12.195 (1:04.888)	4:17.809 (1:05.614)
4 Pap-La Vista 'A'	4:22.94	4
1) Williams, Ciara	2) Chadek, Alexis	
3) Haffke, Kara	4) Vitera, Lillian	
2:14.116 (2:14.116)	3:19.638 (1:05.522)	4:22.939 (1:03.302)
5 Norfolk 'A'	4:24.77	2
1) Rader, Sierra	2) McWilliams, Adalia	
3) Kollmar, Kaia	4) Skiff, Camryn	
2:15.575 (2:15.575)	3:12.221 (56.647)	4:24.769 (1:12.548)

**2023 Gary Dubbs Ralston Ram Relays - 4/1/2023**

**Ralston High School**

**Results - Running Events**

**....Girls 4x400 Meter Relay**

6 Blair 'A'	4:42.60	1
1) Lundgren, Brynn	2) Wulf, Kate	
3) Wickwire, Jadeyn	4) Schueth, Jacy	
2:17.786 (2:17.786)	3:30.240 (1:12.454)	4:42.598 (1:12.358)
7 Omaha Mercy 'A'	4:59.60	
1) Euteneuer, Lucy	2) Lindauer, Lily	
3) Swait, Saniah	4) Rief, Natalie	
2:31.789 (2:31.789)	3:44.454 (1:12.665)	4:59.600 (1:15.147)

**Girls 4x800 Meter Relay**

School	Finals	Points
1 Fremont 'A'	10:27.77	10
1) Darmento, Ayva	2) Olson, McKenna	
3) Dahl, Maris	4) Macias, Johana	
2:33.725 (2:33.725)	5:05.769 (2:32.044)	7:45.255 (2:39.487)
10:27.767 (2:42.513)		
2 Millard South 'A'	10:31.05	8
1) Escobar, Izabell	2) Corey, Lauren	
3) Tomb, Jessica	4) Gramke, Branwyn	
2:39.564 (2:39.564)	5:15.270 (2:35.707)	7:54.192 (2:38.923)
10:31.050 (2:36.858)		
3 Norfolk 'A'	10:34.61	6
1) Protzman, Ester	2) Meier, Molly	
3) Armbruster, Ava	4) Mortimer, Rachel	
2:33.109 (2:33.109)	5:13.945 (2:40.837)	7:59.421 (2:45.477)
10:34.606 (2:35.185)		
4 Pap-La Vista 'A'	10:37.86	4
1) Chadek, Alexis	2) Karnik, Josie	
3) Moran, Bella	4) Haffke, Kara	
2:34.212 (2:34.212)	5:18.889 (2:44.677)	8:09.914 (2:51.025)
10:37.852 (2:27.939)		
5 Lincoln NS 'A'	10:41.75	2
1) Riedel, Hope	2) Travis, Brianne	
3) Zastrow, Greta	4) Nixon, Rainy	
2:38.400 (2:38.400)	5:08.947 (2:30.548)	7:47.711 (2:38.764)
10:41.742 (2:54.032)		
6 Gretna 'A'	10:56.02	1
1) Graver, Evynn	2) Van Waart, Kelsey	
3) Miller, Maggie	4) Hawley, Megan	
2:40.559 (2:40.559)	5:33.420 (2:52.862)	8:16.665 (2:43.245)
10:56.014 (2:39.349)		
7 Omaha Mercy 'A'	11:23.03	
1) Hoer, Danie	2) Wooten, Maria	
3) Harbold, Allison	4) Malesker, Sydney	
2:41.877 (2:41.877)	5:18.876 (2:36.999)	8:12.072 (2:53.197)
11:23.030 (3:10.958)		

**Girls 4x1600 Meter Relay**

School	Finals	Points
1 Fremont 'A'	23:34.36	10
1) Macias, Johana	2) Knuppel, Jenna	
3) Hemmer, Chloe	4) Darmento, Ayva	
6:00.449 (6:00.449)	11:58.218 (5:57.769)	17:55.544 (5:57.327)
23:34.357 (5:38.813)		
2 Norfolk 'A'	23:59.24	8
1) Ruda, Abigail	2) Godfrey, Paige	
3) Protzman, Ester	4) Rader, Sierra	
5:42.265 (5:42.265)	11:45.947 (6:03.682)	17:36.825 (5:50.879)
23:59.235 (6:22.410)		

**2023 Gary Dubbs Ralston Ram Relays - 4/1/2023**

**Ralston High School  
Results - Running Events**

**....Girls 4x1600 Meter Relay**

3 Blair 'A'	24:57.06	6
1) Bilau, Lainey	2) Schroeter, Ryleigh	
3) Davey, Nadia	4) Czapla, Allie	
6:19.204 (6:19.204) 12:20.623 (6:01.419) 18:48.172 (6:27.549) 24:57.052 (6:08.880)		
4 Pap-La Vista 'A'	26:28.50	4
1) Ascani, Arianna	2) Traster, Abigail	
3) Dickamore, Katie	4) Sjodin, Jessica	
6:37.757 (6:37.757) 13:20.349 (6:42.593) 19:53.804 (6:33.455) 26:28.495 (6:34.692)		
5 Lincoln NS 'A'	28:35.34	2
1) Marryott, Gabby	2) Nixon, Rainy	
3) Johnson, Aubrie	4) Ramirez, Denisse	
6:31.672 (6:31.672) 12:58.364 (6:26.693) 20:41.209 (7:42.845) 28:35.340 (7:54.132)		

**Girls 800 Sprint Medley Freshman**

School	Finals
1 Pap-La Vista 'A'	1:59.38
1) Crawford, Maleya	2) Poitier, Ciara
3) Ferguson, Akelia	4) Phillips, Lalya
56.853 (56.853) 1:59.374 (1:02.522)	
2 Gretna 'A'	2:00.30
1) Wieczorek, Emilia	2) Schamp, Briann
3) Marshall, Megan	4) Wisnieski, Madisyn
56.925 (56.925) 2:00.294 (1:03.369)	
3 Millard South 'A'	2:01.45
1) Kangni-Soukpe, Monica	2) Raddish, Jaelyn
3) Stock, Clara	4) Aziahomey, Lesley
55.573 (55.573) 2:01.443 (1:05.870)	
4 Lincoln NS 'A'	2:07.26
1) Bowers, Amelia	2) Hellbusch, Claire
3) Nixon, Rainy	4) Ledin, Lauren
1:00.398 (1:00.398) 2:07.260 (1:06.863)	
5 Omaha Mercy 'A'	2:18.21
1) Barnes, Valerie	2) Swait, Sianah
3) Murphy, Bailey	4) Wooten, Maria
1:02.909 (1:02.909) 2:18.205 (1:15.297)	

**Girls 1600 Sprint Medley**

School	Finals	H#	Points
1 Lincoln NS 'A'	4:32.71	2	10
1) Klabenes, Gianna	2) Jacobs, Ali		
3) Travis, Brianne	4) Riedel, Hope		
2:03.853 (2:03.853)			
2 Fremont 'A'	4:33.84	2	8
1) Kreifels, Sidney	2) Sookram, Elayna		
3) Ellsworth, Jenna	4) Dahl, Maris		
2:04.613 (2:04.613)			
3 Gretna 'A'	4:37.83	2	6
1) Rose, Brooke	2) Harrington, Erin		
3) Johnson, Emerson	4) Miller, Maggie		
1:56.864 (1:56.864)			

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**Ralston High School  
Results - Running Events**

**....Girls 1600 Sprint Medley**

4 Norfolk 'A'	4:38.31	2	4
1) McWilliams, Adalia	2) Kollmar, Kaia		
3) Meier, Molly	4) Mortimer, Rachel		
2:06.487 (2:06.487)			
5 Blair 'A'	4:45.18	2	2
1) Beemer, Reese	2) Lundgren, Brynn		
3) Ewoldt, Reece	4) Wickwire, Jadeyn		
2:04.184 (2:04.184)			
6 Millard South 'A'	4:48.75	2	1
1) Lawson, Hilary	2) Paprocki, Lydia		
3) Ferrin, Gabriella	4) Stone, Kendall		
2:03.618 (2:03.618)			
7 Pap-La Vista 'A'	5:06.70	1	
1) Trauax, Ally	2) Phillips, Lalya		
3) Karnik, Becka	4) Crawford, Maleya		
2:10.542 (2:10.542)	5:06.695 (2:56.153)		
8 Ralston 'A'	5:08.55	1	
1) Thomas, Lashariae	2) Nelson, Lilly		
3) Phipps, Leah	4) Walmrath, Lauren		
2:12.735 (2:12.735)	5:08.547 (2:55.813)		
9 Omaha Mercy 'A'	5:16.37	1	
1) Murphy, Gracie	2) Martinec, Kailey		
3) Pollock, Hanna	4) Wooten, Maria		
2:23.975 (2:23.975)	5:16.362 (2:52.388)		

**Girls Distance Medley**

School	Finals	Points
1 Fremont 'A'	13:29.17	10
1) Waters, Callie	2) Merrill, Allison	
3) Hemmer, Chloe	4) Olson, McKenna	
4:14.711 (4:14.711)	5:19.506 (1:04.795)	7:47.244 (2:27.739)
2 Norfolk 'A'	13:35.40	8
1) Godfrey, Paige	2) Skiff, Camryn	
3) Ruda, Abigail	4) Foster, Abbigail	
4:15.871 (4:15.871)	5:18.623 (1:02.753)	7:49.918 (2:31.295)
3 Millard South 'A'	13:57.41	6
1) Rix, Kelsey	2) Kramer, Abby	
3) Escobar, Izabell	4) Catron, Delaney	
4:13.766 (4:13.766)	5:17.408 (1:03.643)	7:56.963 (2:39.555)
4 Blair 'A'	14:02.32	4
1) Schroeter, Ryleigh	2) Wulf, Kate	
3) Amandus, Hailey	4) Ewoldt, Reece	
4:22.064 (4:22.064)	5:30.939 (1:08.875)	8:11.521 (2:40.582)
5 Gretna 'A'	14:04.05	2
1) Graver, Evynn	2) Romano, Maiya	
3) Hawley, Megan	4) Van Waart, Kelsey	
4:14.273 (4:14.273)	5:20.941 (1:06.668)	7:58.078 (2:37.138)
6 Pap-La Vista 'A'	14:14.74	1
1) Haffke, Kara	2) Williams, Ciara	
3) Chadek, Alexis	4) Moran, Bella	
4:12.281 (4:12.281)	5:13.973 (1:01.693)	7:44.401 (2:30.428)
7 Omaha Mercy 'A'	14:33.80	

**2023 Gary Dubbs Ralston Ram Relays - 4/1/2023**

**Ralston High School  
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**....Girls Distance Medley**

- |                     |                      |
|---------------------|----------------------|
| 1) Malesker, Sydney | 2) Euteneuer, Lucy   |
| 3) Harbold, Allison | 4) Hoer, Danie       |
| 4:14.242 (4:14.242) | 5:24.592 (1:10.350)  |
| 8 Lincoln NS 'A'    | 8:19.116 (2:54.524)  |
|                     | 14:33.797 (6:14.682) |
|                     | 16:59.72             |
| 1) Travis, Brianne  | 2) Ramirez, Denisse  |
| 3) Johnson, Aubrie  | 4) Marryott, Gabby   |
| 5:31.864 (5:31.864) | 6:40.448 (1:08.584)  |
|                     | 10:16.222 (3:35.774) |
|                     | 16:59.717 (6:43.495) |

**Girls 4x100 Meter Shuttle Hurdle**

School	Finals	H#	Points
1 Gretna 'A'	1:14.21	2	10
1) Marshall, Megan	2) Zabka, Lillyan		
3) Schamp, Briann	4) Trevarrow, Anniston		
2 Blair 'A'	1:14.89	1	8
1) Schueth, Jacy	2) Ammon, Emma		
3) Jensen, Haylie	4) Donner, Ella		
3 Norfolk 'A'	1:15.59	2	6
1) Vrbsky, Reilly	2) Wichman, Miley		
3) Harper, Chloe	4) Linn, Kierstyn		
4 Fremont 'A'	1:18.34	1	4
1) Wibbels, Lily	2) Grosse, Maddi		
3) Brahmer, Morgan	4) Wyle, Kyan		
-- Millard South 'A'	DNF	2	
1) Haney, Kadynce	2) Gilpin, Kaylie		
3) Stock, Clara	4) Martin, Brynn		

**Girls 4x160 Meter Shuttle Hurdle**

School	Finals	H#	Points
1 Blair 'A'	1:39.84	2	10
1) Roewert, Schuyler	2) Ammon, Emma		
3) Schueth, Jacy	4) Jensen, Haylie		
2 Norfolk 'A'	1:40.89	2	8
1) Vrbsky, Reilly	2) Wichman, Miley		
3) Harper, Chloe	4) Waggerman, Taeya		
3 Gretna 'A'	1:42.03	1	6
1) Marshall, Megan	2) Zabka, Lillyan		
3) Schamp, Briann	4) Trevarrow, Anniston		
4 Lincoln NS 'A'	1:42.79	1	4
1) Klabenes, Gianna	2) Zastrow, Greta		
3) Loos, Annie	4) Boltz, Hailey		
5 Fremont 'A'	1:43.78	1	2
1) Grosse, Maddi	2) Wibbels, Lily		
3) Brahmer, Morgan	4) Wyle, Kyan		

**Boys 4x100 Meter Relay**

School	Finals	Points
1 Gretna 'A'	44.80	10
1) Annis, Caden	2) Moore, Brayden	
3) Bergsten, Rhett	4) Moore, Blayke	
2 Lincoln NS 'A'	45.20	8

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**Ralston High School  
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**....Boys 4x100 Meter Relay**

1) Fulton, JP	2) Anderson, Jordan		
3) Bretting, Cameron	4) Hallett, Dylan		
3 Pap-La Vista 'A'		45.64	6
1) Prestito, Payton	2) Williams, Demarcus		
3) Barrientos, Jordan	4) Ferguson, Akeem		
4 Ralston 'A'		46.13	4
1) Karasek-Antunez, Alejandro	2) Cornist, Quinten		
3) Brown, Conner	4) Hare, Jeremiah		
5 Norfolk 'A'		47.94	2
1) Mazuch, Jackson	2) Dickey, Daxton		
3) Roberts, Zachary	4) Klein, Cole		
-- Blair 'A'			DQ
1) Keeling, Zac	2) Baessler, Ethan		
3) McCabe, Colin	4) Holcomb, Ben		

**Boys 4x100.25 Meter Relay Wt. Person**

School		Finals	
1 Norfolk 'A'		50.74	
1) Zazueta, Samuel	2) Dixon, Mason		
3) Kettler, Kayden	4) Bos, Jackson		
2 Pap-La Vista 'A'		52.86	
1) Carrico, Hudson	2) Luna, Anthony		
3) Maley, Garin	4) Widdowson, Levi		
3 Ralston 'A'		53.54	
1) Savine, Jaxson	2) Williams, Donoven		
3) Vega, Chris	4) Baughman, Anthony		
4 Gretna 'A'		53.55	
1) Blagdon, Hunter	2) Goldman, Mason		
3) Jacobsen, Brayden	4) Egenberger, Riley		
5 Millard South 'A'		56.56	
1) Flegal, Zach	2) Adams, Caelan		
3) Ramaekers, Alec	4) Luce, Barrett		
6 Lincoln NS 'A'		57.63	
1) Scott, Paxton	2) Gusler, Hunter		
3) Little, Jamal	4) McDaniel, James		
-- Lincoln NW 'A'			DNF
1) Libengood, Graham	2) Focken, Syris		
3) Vesely, Leighton	4) McClanahan, Kaden		

**Boys 4x200 Meter Relay**

School		Finals	Points
1 Gretna 'A'		1:35.49	10
1) Annis, Caden	2) Rohrer, Aiden		
3) Loberg, Mason	4) Consbruck, Hunter		
2 Pap-La Vista 'A'		1:36.03	8
1) Shill, Johnathan	2) Ferguson, Akeem		
3) Barrientos, Jordan	4) Malone, Jesse		
3 Ralston 'A'		1:37.80	6
1) Karasek-Antunez, Alejandro	2) Cornist, Quinten		
3) Brown, Conner	4) Hare, Jeremiah		
4 Norfolk 'A'		1:38.08	4

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**Ralston High School  
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**....Boys 4x200 Meter Relay**

1) Empkey, Calvin	2) Klein, Cole		
3) Dickey, Daxton	4) Roberts, Zachary		
5 Blair 'A'		1:39.51	2
1) McCabe, Colin	2) Slominski, Aidan		
3) Templar, Brock	4) Daggett, Hayden		
6 Millard South 'A'		1:39.96	1
1) Russell, Nathan	2) Newsom, Christian		
3) Kangni, Alfred	4) Martinez, Adrian		
7 Lincoln NW 'A'		1:40.66	
1) Springs, Genesis	2) Kopp, JJ		
3) Primes, Lashawn	4) Sallinger, Maeson		
8 Lincoln NS 'A'		1:41.35	
1) Reed, Cooper	2) Nguyen, Preston		
3) Henning, Logan	4) Olberding, Jackson		

**Boys 4x400 Meter Relay**

School		Finals	Points
1	Gretna 'A'	3:30.59	10
	1) Craven, Carter	2) Ward, Spencer	
	3) Moore, Blayke	4) Moore, Brayden	
	1:44.565 (1:44.565)	2:38.339 (53.774)	3:30.586 (52.248)
2	Lincoln NS 'A'	3:31.34	8
	1) Hallett, Dylan	2) Iniguez, Raul	
	3) Chatman, Tyrell	4) Plahn, Connor	
	1:46.355 (1:46.355)	2:39.777 (53.423)	3:31.331 (51.554)
3	Pap-La Vista 'A'	3:40.40	6
	1) Wallace, Colby	2) Ferguson, Akeem	
	3) Mann, Ethan	4) McCarty, Devean	
	1:47.435 (1:47.435)	2:46.456 (59.022)	3:40.400 (53.944)
4	Norfolk 'A'	3:42.35	4
	1) Bauer, Rowdy	2) Prim, Ryan	
	3) Dickey, Daxton	4) Hader, Ashten	
	1:47.754 (1:47.754)	2:45.527 (57.774)	3:42.346 (56.819)
5	Millard South 'A'	3:45.94	2
	1) Johnson, Keegan	2) Miller, Landon	
	3) Rettele, Gino	4) Tupper, Turner	
	1:52.265 (1:52.265)	2:51.537 (59.273)	3:45.939 (54.402)
6	Blair 'A'	3:46.89	1
	1) McCabe, Colin	2) Daggett, Hayden	
	3) Cottle, Chase	4) Templar, Brock	
	1:54.831 (1:54.831)	2:51.972 (57.142)	3:46.887 (54.915)
7	Ralston 'A'	3:49.04	
	1) Nguyenduy, Kevin	2) Ress-Conkey, Amayas	
	3) Hare, Jeremiah	4) Johnson, Malcolm	
	1:54.176 (1:54.176)	2:51.237 (57.062)	3:49.035 (57.798)

**Boys 4x800 Meter Relay**

School		Finals	Points
1	Gretna 'A'	8:43.11	10
	1) Johnson, Cole	2) Luthi, Gavin	



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**Ralston High School  
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**....Boys 4x800 Meter Relay**

3) Larsen, Caleb	4) Chatham, Eric						
2:07.801 (2:07.801)	4:20.784 (2:12.983)	6:33.578 (2:12.794)	8:43.109 (2:09.532)				
2 Pap-La Vista 'A'		9:00.26	8				
1) Sass, Cody	2) Lilly, Devont						
3) Thompson, Sam	4) Mann, Ethan						
2:11.446 (2:11.446)	4:25.484 (2:14.038)	6:42.529 (2:17.045)	9:00.256 (2:17.728)				
3 Millard South 'A'		9:10.15	6				
1) Peterson, Lance	2) Edwards, Oscar						
3) Banker, Jadon	4) Rasmussen, Isaiah						
2:05.040 (2:05.040)	4:24.830 (2:19.790)	6:51.379 (2:26.549)	9:10.148 (2:18.769)				
4 Norfolk 'A'		9:27.64	4				
1) Protzman, David	2) Test, Jase						
3) Taake, Cannon	4) Flohr, Peyton						
2:18.938 (2:18.938)	4:41.238 (2:22.300)	7:05.820 (2:24.583)	9:27.634 (2:21.814)				
5 Lincoln NS 'A'		9:28.65	2				
1) Lindgren, Trey	2) Divis, Braden						
3) Lingen, Owen	4) Nicholls, Preston						
2:23.325 (2:23.325)	4:46.188 (2:22.863)	7:07.116 (2:20.929)	9:28.648 (2:21.532)				
6 Ralston 'A'		10:00.09	1				
1) Albeno, Pablo	2) Kelsey, Nikolas						
3) Albeno, J'Ovie	4) Nagle, James						
2:24.580 (2:24.580)	4:57.646 (2:33.067)	7:31.929 (2:34.283)	10:00.089 (2:28.160)				

**Boys 4x1600 Meter Relay**

School		Finals	Points
1	Gretna 'A'	18:46.42	10
	1) Reeson, Connor	2) Luthi, Gavin	
	3) Larsen, Caleb	4) Lofquest, Braden	
	4:33.657 (4:33.657)	9:21.537 (4:47.880)	14:11.437 (4:49.900)
18:46.417 (4:34.980)			
2	Blair 'A'	19:04.14	8
	1) Slominski, Nolan	2) Lueders, Ted	
	3) McCabe, Declan	4) Fricke, Dawson	
	4:32.568 (4:32.568)	9:22.966 (4:50.398)	14:22.032 (4:59.067)
19:04.133 (4:42.102)			
3	Lincoln NS 'A'	19:48.40	6
	1) Bitker, Josiah	2) Smith, Tyler	
	3) Wiley, Bradyn	4) Zastrow, Easton	
	4:41.703 (4:41.703)	9:53.088 (5:11.385)	15:08.216 (5:15.128)
19:48.392 (4:40.177)			
4	Norfolk 'A'	20:03.97	4
	1) Protzman, David	2) Ochoa, Isaac	
	3) Test, Jase	4) Flohr, Peyton	
	5:03.349 (5:03.349)	9:26.846 (4:23.497)	14:37.831 (5:10.985)
20:03.967 (5:26.137)			
5	Pap-La Vista 'A'	20:26.38	2
	1) Thompson, Sam	2) Kirk, Dylan	
	3) Kirk, Drew	4) Selph, Noah	
	5:00.871 (5:00.871)	10:08.968 (5:08.098)	15:17.898 (5:08.930)
20:26.373 (5:08.475)			
6	Ralston 'A'	24:27.17	1
	1) Muhlecke, Brodie	2) Willits, Cameron	
	3) Mathews, Logan	4) Albeno, J'Ovie	
	6:06.651 (6:06.651)	12:28.224 (6:21.574)	18:29.382 (6:01.158)
24:27.162 (5:57.780)			

**2023 Gary Dubbs Ralston Ram Relays - 4/1/2023****Ralston High School  
Results - Running Events****Boys 800 Sprint Medley Freshman**

School	Finals
1 Lincoln NS 'A'	1:44.00
1) Harris, Brennan	2) Terrell, Dewayne
3) Chatman, Tyrell	4) Daniel, Jarrett
50.177 (50.177) 1:43.996 (53.819)	
2 Pap-La Vista 'A'	1:45.76
1) Barnes, Bryson	2) Hemminger, Tesla
3) Marsh, Brock	4) Lilly, Kaiden
49.621 (49.621) 1:45.752 (56.132)	
3 Millard South 'A'	1:46.16
1) Russell, Nathan	2) Scheef, Jackson
3) Scheef, Nate	4) Edwards, Oscar
49.117 (49.117) 1:46.151 (57.034)	
4 Gretna 'A'	1:46.74
1) Kracht, Logan	2) Spiker, Avery
3) Boltz, Drew	4) Buss, Callum
49.911 (49.911) 1:46.734 (56.824)	
5 Lincoln NW 'A'	1:55.78
1) Kemper, Ethan	2) Fogelman, Shawn
3) Sallinger, Maeson	4) Hiser, Peter
51.679 (51.679) 1:55.774 (1:04.095)	
6 Ralston 'A'	2:03.71
1) Bernal, Isaiah	2) Cabrera, Jordan
3) Garris, Tanner	4) Gilmore, John
53.643 (53.643) 2:03.706 (1:10.063)	

**Boys 1600 Sprint Medley**

School	Finals	Points
1 Norfolk 'A'	3:40.50	10
1) Empkey, Calvin	2) Bauer, Rowdy	
3) Gustman, Shaun	4) Ochoa, Isaac	
1:42.083 (1:42.083) 3:40.496 (1:58.413)		
2 Lincoln NS 'A'	3:44.84	8
1) Fulton, JP	2) Anderson, Jordan	
3) Chatman, Tyrell	4) Zastrow, Easton	
1:41.112 (1:41.112) 3:44.840 (2:03.728)		
3 Blair 'A'	3:57.41	6
1) McCabe, Colin	2) Templar, Brock	
3) Funk, Caleb	4) McCabe, Declan	
1:42.721 (1:42.721) 3:57.405 (2:14.684)		
4 Pap-La Vista 'A'	3:58.25	4
1) Shill, Johnathan	2) Pirtle, Tavien	
3) McCarty, Devean	4) Grigaitis, Carsen	
1:47.378 (1:47.378) 3:58.242 (2:10.864)		
5 Millard South 'A'	4:02.64	2
1) Newsom, Christian	2) Martinez, Adrian	
3) Flowers, Ajay	4) Peterson, Lance	
1:47.558 (1:47.558) 4:02.637 (2:15.079)		
6 Ralston 'A'	4:20.24	1
1) Johnson, Malcolm	2) Garris, Tanner	
3) Ress-Conkey, Amayas	4) Nguyenduy, Kevin	
1:53.462 (1:53.462) 4:20.232 (2:26.770)		



**2023 Gary Dubbs Ralston Ram Relays - 4/1/2023****Ralston High School  
Results - Running Events****Boys 4x160 Meter Shuttle Hurdle**

School	Finals	H#	Points
1 Gretna 'A'	1:25.48	1	10
1) Dobberstein, Cole	2) Spiker, Avery		
3) Smith, Thomas	4) Ward, Spencer		
2 Pap-La Vista 'A'	1:27.81	1	8
1) Price, Luke	2) Beaumont, Lucas		
3) Villegas, Carlos	4) Malone, Jesse		
3 Lincoln NS 'A'	1:28.11	2	6
1) Hallett, Dylan	2) Daniel, Jarrett		
3) Kleppinger, Max	4) Plahn, Connor		
4 Norfolk 'A'	1:29.43	2	4
1) Prim, Ryan	2) Empkey, Calvin		
3) Hyde, Joe	4) Stanton, Tommy		
5 Millard South 'A'	1:30.33	2	2
1) Pringle, Jared	2) Johnson, Keegan		
3) Kramer, James	4) Scheef, Jackson		

**Women - Team Rankings - 15 Events Scored**

1) Fremont	101	2) Norfolk	78
3) Gretna	63	4) Pap-La Vista	57
5) Blair	57	6) Millard South	50
7) Lincoln NS	45	8) Ralston	2

**Men - Team Rankings - 15 Events Scored**

1) Gretna	104	2) Pap-La Vista	80
3) Norfolk	79	4) Millard South	55
5) Lincoln NS	50	6) Blair	43
7) Ralston	25	8) Lincoln NW	7

**2023 Gary Dubbs Ralston Ram Relays - 4/1/2023****Ralston High School****Results****Event 8 Boys Discus Throw Relay**

4 THROWS ONLY						
Name	Year	School	Finals	H#	Points	
Finals						
1 Luce, Barrett		Millard South	149-02	45.46m	2	2.66
117-01	FOUL	FOUL	149-02			
2 Bos, Jackson		Norfolk	143-03	43.66m	2	3.33
131-08	143-03	137-08	FOUL			
3 Zazueta, Samuel		Norfolk	141-10.50	43.24m	2	3.33
141-10.50	FOUL	129-06	138-07			
4 Packett-Trisdale, Seagan		Blair	140-00	42.67m	2	2
130-07	139-11	131-08	140-00			
5 Dixon, Mason		Norfolk	138-03	42.13m	2	3.33
FOUL	FOUL	FOUL	138-03			
6 Flegal, Zach		Millard South	135-00	41.14m	2	2.66
FOUL	FOUL	FOUL	135-00			
7 McGill, Braden		Blair	128-11	39.29m	2	2
111-10	122-08	FOUL	128-11			
8 Adams, Caelan		Millard South	126-04	38.50m	2	2.66
123-10	126-04	123-01	FOUL			
9 Jacobsen, Brayden		Gretna	118-11	36.24m	2	0.66
FOUL	115-03	118-11	116-03			
10 Blagdon, Hunter		Gretna	116-10.50	35.62m	2	0.66
FOUL	FOUL	114-02	116-10.50			
11 Maley, Garin		Pap-La Vista	116-05	35.48m	1	1.33
110-04	FOUL	FOUL	116-05			
12 Luna, Anthony		Pap-La Vista	114-06	34.89m	1	1.33
114-06	96-06	85-05	114-05			
13 Carrico, Hudson		Pap-La Vista	113-03	34.51m	1	1.33
FOUL	97-08	FOUL	113-03			
14 Little, Jamal		Lincoln NS	106-11	32.58m	1	0.33
106-05	106-11	85-05	76-09.50			
15 Baughman, Anthony		Ralston	102-02	31.14m	1	
85-02	97-00	90-02	102-02			
16 Gusler, Hunter		Lincoln NS	100-02.50	30.54m	1	0.33
100-02.50	FOUL	91-02	91-10			
17 Jenson, Colton		Blair	97-00	29.56m	2	2
FOUL	97-00	FOUL	90-00			
18 Williams, Donovan		Ralston	95-01	28.98m	1	
92-11	90-03	95-01	87-00			
19 Scott, Paxton		Lincoln NS	94-11	28.93m	1	0.33
94-11	FOUL	89-02	80-06			
20 Goldman, Mason		Gretna	85-03	25.98m	2	0.66
FOUL	FOUL	85-03	FOUL			
21 Vega, Chris		Ralston	83-06	25.45m	1	
70-06	83-06	FOUL	77-08			
22 McClanahan, Kaden		Lincoln NW	80-05.50	24.52m	1	
80-05.50	53-01	56-05	FOUL			
23 Vesely, Leighton		Lincoln NW	73-04	22.35m	1	
FOUL	68-01	FOUL	73-04			
24 Libengood, Graham		Lincoln NW	66-05	20.24m	1	
FOUL	62-00	66-05	FOUL			

**....Event 8 Boys Discus Throw Relay**

Event 8 Boys Discus Throw Relay  
Team Rankings - Field Event Relay

**2023 Gary Dubbs Ralston Ram Relays - 4/1/2023**

**Ralston High School**

**Results**

Members Per Team - 3

Rank	Team	Total Mark	Points
1	Norfolk	423-04.50	10
2	Millard South	410-06	8
3	Blair	365-11	6
4	Pap-La Vista	344-02	4
5	Gretna	321-00.50	2
6	Lincoln NS	302-00.50	1
7	Ralston	280-09	0
8	Lincoln NW	220-02.50	0

**2023 Gary Dubbs Ralston Ram Relays - 4/1/2023****Ralston High School****Results****Event 6 Boys High Jump Relay**

EVENT TO FOLLOW GIRLS HIGH JUMP								Finals	Points	
Name	Year			School						
Finals										
1 Smith, Thomas				Gretna				5-10.00	1.77m	3.33
	5-00	5-02	5-04	5-06	5-08	5-10	6-00			
	XO	P	XO	O	O	XO	XXX			
1 Sims, Colin				Gretna				5-10.00	1.77m	3.33
	5-00	5-02	5-04	5-06	5-08	5-10	6-00			
	P	P	P	O	O	O	XXX			
1 Hader, Ashten				Norfolk				5-10.00	1.77m	
	5-00	5-02	5-04	5-06	5-08	5-10	6-00			
	O	O	O	O	O	XXO	XXX			
4 Daggett, Hayden				Blair				5-08.00	1.72m	2.66
	5-00	5-02	5-04	5-06	5-08	5-10				
	P	O	O	O	XXO	XXX				
4 Dunlap, Cam'ren				Pap-La Vista				5-08.00	1.72m	
	5-02	5-04	5-06	5-08	5-10					
	O	O	XO	XXO	XXX					
4 Cottle, Chase				Blair				5-08.00	1.72m	2.66
	5-00	5-02	5-04	5-06	5-08	5-10				
	O	O	O	XO	O	XXX				
4 Regan, Dylan				Gretna				5-08.00	1.72m	3.33
	5-00	5-02	5-04	5-06	5-08	5-10				
	P	O	XO	XO	XXO	XXX				
8 Scheef, Nate				Millard South				5-06.00	1.67m	
	5-00	5-02	5-04	5-06	5-08					
	P	O	O	XXO	XXX					
8 Kopp, JJ				Lincoln NW				5-06.00	1.67m	2
	5-00	5-02	5-04	5-06	5-08					
	O	O	XXO	O	XXX					
8 Morgan, Eli				Blair				5-06.00	1.67m	2.66
	5-00	5-02	5-04	5-06	5-08					
	O	O	O	O	XXX					
11 Fogelman, Shawn				Lincoln NW				5-04.00	1.62m	2
	5-00	5-02	5-04	5-06						
	O	XXO	XO	XXX						
11 Smith, Ethan				Lincoln NS				5-04.00	1.62m	1.33
	5-00	5-02	5-04	5-06						
	O	XO	XXO	XXX						
11 Bohacek, Calloway				Norfolk				5-04.00	1.62m	
	5-00	5-02	5-04	5-06						
	O	O	O	XXX						
14 Bakenhaus, Elijah				Lincoln NS				5-02.00	1.57m	1.33
	5-00	5-02	5-04							
	O	O	XXX							
15 Alexander, Isaac				Lincoln NS				5-00.00	1.52m	1.33
	5-00	5-02								
	O	XXX								
15 Beaver, Cutter				Lincoln NW				5-00.00	1.52m	2
	5-00	5-02								
	O	XXX								
-- Mazuch, Jackson				Norfolk				NH		
	5-00									
	XXX									

....Event 6 Boys High Jump Relay

**2023 Gary Dubbs Ralston Ram Relays - 4/1/2023**

**Ralston High School**

**Results**

-- Hemminger, Tesla Pap-La Vista DNS  
-- Lafond, Lane Pap-La Vista DNS

Event 6 Boys High Jump Relay  
Team Rankings - Field Event Relay  
Members Per Team - 3

Rank	Team	Total Mark	Points
1	Gretna	17-04.00	10
2	Blair	16-10.00	8
3	Lincoln NW	15-10.00	6
4	Lincoln NS	15-06.00	4



**2023 Gary Dubbs Ralston Ram Relays - 4/1/2023****Ralston High School****Results****Event 4 Boys Long Jump Relay**

TO BE CONTESTED ON WEST PIT

4 JUMPS ONLY

Name	Year	School	Finals	H#	Points
Finals					
1 Bauer, Rowdy		Norfolk	23-06.00	7.16m	2 2.66
23-06	FOUL	FOUL	FOUL		
2 Williams, Demarcus		Pap-La Vista	20-00.50	6.10m	2 3.33
19-04.50	20-00.50	19-03.50	18-09.50		
3 Nespor, Braytn		Millard South	19-09.00	6.01m	2
FOUL	FOUL	19-09	FOUL		
4 Curtis, Cooper		Pap-La Vista	19-05.00	5.91m	2 3.33
FOUL	18-04	19-05	FOUL		
5 Dunlap, Cam'ren		Pap-La Vista	19-04.00	5.89m	2 3.33
13-08	16-01.50	17-11	19-04		
6 Dutton-Burtin, Elijah		Ralston	18-05.00	5.61m	1 2
17-09	18-05	16-06	FOUL		
7 Consbruck, Hunter		Gretna	18-04.50	5.60m	1 1.33
18-00.50	18-00	18-04.50	17-04		
8 Bothwell, Elijah		Gretna	18-03.50	5.57m	1 1.33
17-01.50	18-03.50	17-01	16-11.50		
9 Bretting, Cameron		Lincoln NS	18-03.00	5.56m	2 0.66
17-10	18-00	18-03	17-01		
10 Kopp, JJ		Lincoln NW	18-02.00	5.53m	1 0.33
18-02	16-09.50	FOUL	17-10.50		
11 Cornist, Quinten		Ralston	17-11.00	5.46m	1 2
17-11	16-11	FOUL	16-06		
12 Bakenhaus, Elijah		Lincoln NS	17-10.00	5.43m	2 0.66
17-06.50	17-01.50	17-10	17-06.50		
13 Garris, Tanner		Ralston	17-09.00	5.41m	1 2
17-09	FOUL	16-00	16-01		
14 Tupper, Turner		Millard South	17-06.00	5.33m	2
FOUL	17-03	17-06	17-06		
15 Luna, Brendyn		Norfolk	17-05.50	5.32m	2 2.66
17-03	FOUL	17-05.50	FOUL		
16 Annis, Caden		Gretna	17-04.00	5.28m	1 1.33
17-04	15-06	16-06	15-05.50		
17 Templar, Brock		Blair	17-03.50	5.27m	1
FOUL	16-09	15-00	17-03.50		
18 Primes, Lashawn		Lincoln NW	17-02.00	5.23m	1 0.33
FOUL	17-02	FOUL	FOUL		
19 Chatman, Tyrell		Lincoln NS	17-00.50	5.19m	2 0.66
FOUL	17-00.50	FOUL	16-11.50		
20 Roberts, Zachary		Norfolk	17-00.00	5.18m	2 2.66
17-00	15-08.50	16-06	16-03		
21 Springs, Genesis		Lincoln NW	16-11.00	5.15m	1 0.33
16-03	FOUL	16-06.50	16-11		
22 Morgan, Eli		Blair	16-10.00	5.13m	1
16-10	FOUL	FOUL	16-04		
23 Bolton, Gaige		Blair	16-06.00	5.02m	1
FOUL	FOUL	FOUL	16-06		
24 Kangni, Alfred		Millard South	14-09.00	4.49m	2
FOUL	FOUL	14-00	14-09		

....Event 4 Boys Long Jump Relay

Event 4 Boys Long Jump Relay

**2023 Gary Dubbs Ralston Ram Relays - 4/1/2023**

**Ralston High School**

**Results**

Team Rankings - Field Event Relay

Members Per Team - 3

Rank	Team	Total Mark	Points
1	Pap-La Vista	58-09.50	10
2	Norfolk	57-11.50	8
3	Ralston	54-01.00	6
4	Gretna	54-00.00	4
5	Lincoln NS	53-01.50	2
6	Lincoln NW	52-03.00	1
7	Millard South	52-00.00	0
8	Blair	50-07.50	0

**2023 Gary Dubbs Ralston Ram Relays - 4/1/2023**

**Ralston High School**

**Results**

**Event 2 Boys Pole Vault Relay**

Name	Year	School	Finals	Points
<b>Finals</b>				
1 Headrick, Dylan		Millard South	12-06.00	3.81m 2.66
8-06 9-00 9-06 10-00 10-06 11-00 11-06 12-00 12-06 13-00				
P P P P P P P P O O XXX				
2 Werner, Memphis		Norfolk	12-00.00	3.65m 3.33
8-06 9-00 9-06 10-00 10-06 11-00 11-06 12-00 12-06				
P P O O O O O O O XXX				
3 Luna, Brendyn		Norfolk	11-06.00	3.50m 3.33
8-06 9-00 9-06 10-00 10-06 11-00 11-06 12-00				
P P XO O O O O XXX				
4 Gustman, Shaun		Norfolk	11-00.00	3.35m 3.33
8-06 9-00 9-06 10-00 10-06 11-00 11-06				
P P O XO O O XXX				
5 Fernau, Phoenix		Gretna	J11-00.00	3.35m
8-06 9-00 9-06 10-00 10-06 11-00 11-06				
P P XO O XO XO XXX				
6 Palmero, Preston		Millard South	10-00.00	3.04m 2.66
8-06 9-00 9-06 10-00 10-06				
O XXO XO O XXX				
7 Bowen, Ben		Pap-La Vista	9-06.00	2.89m
8-06 9-00 9-06 10-00				
P O O XXX				
7 Vanicek, Zach		Millard South	9-06.00	2.89m 2.66
8-06 9-00 9-06 10-00				
P O O XXX				
-- Miller, Wyatt		Gretna	NH	
8-06				
XXX				
-- Clinkingbeard, Chandan		Pap-La Vista	NH	
8-06				
XXX				
-- Sherry, Caleb		Gretna	NH	
8-06				
XXX				
-- Mundt, Nathan		Pap-La Vista	DNS	

Event 2 Boys Pole Vault Relay  
 Team Rankings - Field Event Relay  
 Members Per Team - 3

Rank	Team	Total Mark	Points
1	Norfolk	34-06.00	10
2	Millard South	32-00.00	8

**2023 Gary Dubbs Ralston Ram Relays - 4/1/2023****Ralston High School****Results****Event 10 Boys Shot Put Relay**

EVENT TO FOLLOW GIRLS SHOT PUT

4 THROWS ONLY

Name	Year	School	Finals	H#	Points
<b>Finals</b>					
1 Bos, Jackson		Norfolk	51-04.00	15.64m	2 3.33
47-11.50	FOUL	44-08.50	51-04		
2 Zazueta, Samuel		Norfolk	49-00.50	14.94m	2 3.33
46-05.50	49-00.50	44-08.50	FOUL		
3 Flegal, Zach		Millard South	47-11.75	14.62m	2 2.66
45-02.75	47-06.25	44-10.50	47-11.75		
4 Dixon, Mason		Norfolk	47-02.50	14.38m	2 3.33
47-02.50	FOUL	FOUL	41-10.50		
5 Luce, Barrett		Millard South	45-01.50	13.75m	2 2.66
45-01.50	FOUL	FOUL	FOUL		
6 Widdowson, Levi		Pap-La Vista	45-00.75	13.73m	2 2
45-00.75	42-10.50	43-00	44-02		
7 McGill, Braden		Blair	44-07.50	13.60m	2 0.66
44-07.50	FOUL	43-05.50	43-01.25		
8 Maley, Garin		Pap-La Vista	44-01.50	13.44m	2 2
43-04	43-03	41-11	44-01.50		
9 Goldman, Mason		Gretna	43-07.25	13.29m	1 1.33
43-07.25	42-10	39-07	FOUL		
10 Blagdon, Hunter		Gretna	42-05.00	12.92m	1 1.33
40-01.75	42-05	FOUL	35-04		
11 Egenberger, Riley		Gretna	42-03.00	12.87m	1 1.33
39-01.50	42-03	37-06.75	39-05		
12 Luna, Anthony		Pap-La Vista	42-01.50	12.83m	2 2
38-02.50	36-06.50	36-03	42-01.50		
13 Packett-Trisdale, Seagan		Blair	41-03.75	12.59m	2 0.66
37-09.50	FOUL	41-03.75	FOUL		
14 Ramaekers, Alec		Millard South	40-06.50	12.35m	2 2.66
39-08.50	40-06.50	37-08	39-00		
15 Von Busch, Xavier		Lincoln NS	40-01.00	12.21m	1 0.33
38-09	39-10.75	38-10.50	40-01		
16 Baughman, Anthony		Ralston	39-08.00	12.09m	1
34-03.75	39-06	39-08	39-06.75		
17 Wolff, Brady		Blair	39-01.50	11.92m	2 0.66
35-06.75	37-09	38-11	39-01.50		
18 Vega, Chris		Ralston	38-07.50	11.77m	1
35-11	37-08.50	34-10.25	38-07.50		
19 McDaniel, James		Lincoln NS	36-06.00	11.12m	1 0.33
35-04.75	36-06	FOUL	35-04		
20 Little, Jamal		Lincoln NS	35-04.00	10.76m	1 0.33
34-10	35-04	33-03	34-06		
21 Savine, Jaxson		Ralston	32-04.75	9.87m	1
30-00	32-04.75	32-01.50	FOUL		
22 Focken, Syris		Lincoln NW	29-01.00	8.86m	1
28-00.75	FOUL	28-01.75	29-01		
23 Steyer, Michael		Lincoln NW	25-08.50	7.83m	1
FOUL	FOUL	23-01.50	25-08.50		
24 Libengood, Graham		Lincoln NW	25-00.00	7.62m	1
25-00	FOUL	FOUL	FOUL		

....Event 10 Boys Shot Put Relay

Event 10 Boys Shot Put Relay

**2023 Gary Dubbs Ralston Ram Relays - 4/1/2023**

**Ralston High School**

**Results**

Team Rankings - Field Event Relay

Members Per Team - 3

Rank	Team	Total Mark	Points
1	Norfolk	147-07.00	10
2	Millard South	133-07.75	8
3	Pap-La Vista	131-03.75	6
4	Gretna	128-03.25	4
5	Blair	125-00.75	2
6	Lincoln NS	111-11.00	1
7	Ralston	110-08.25	0
8	Lincoln NW	79-09.50	0

**2023 Gary Dubbs Ralston Ram Relays - 4/1/2023****Ralston High School****Results****Event 12 Boys Triple Jump Relay**

EVENT TO FOLLOW BOYS LONG JUMP

TO BE CONTESTED ON WEST PIT

4 JUMPS ONLY

Name	Year	School	Finals	H#	Points
Finals					
1 Nespor, Braytn		Millard South	42-09.50	13.04m	2 3.33
39-04	42-09.50	41-03	40-02		
2 Akohin, Lincoln		Millard South	40-03.00	12.26m	2 3.33
40-02.50	40-03	38-04.50	FOUL		
3 Lee, Kamden		Millard South	40-00.50	12.20m	2 3.33
38-11	40-00.50	37-07	38-08		
4 Anderson, Shelton		Blair	39-01.00	11.91m	2
39-01	FOUL	38-08	FOUL		
5 Dunlap, Cam'ren		Pap-La Vista	39-00.50	11.89m	2 2.66
39-00.50	37-00	38-08.50	38-09		
6 Gines, Rendell		Ralston	38-03.50	11.67m	1 2
34-06.50	38-03.50	36-09	37-09.50		
7 Barnes, Bryson		Pap-La Vista	38-00.00	11.58m	2 2.66
FOUL	37-00	FOUL	38-00		
8 Mangen, Travis		Gretna	37-06.00	11.43m	1 1.33
37-00	36-00.50	36-07	37-06		
9 Henning, Logan		Lincoln NS	J37-06.00	11.43m	1 0.66
37-06	7-05.50	36-01	35-05		
10 Wratchford, Eian		Pap-La Vista	37-01.00	11.30m	2 2.66
36-00.50	36-09.50	37-01	36-02		
11 Dutton-Burtin, Elijah		Ralston	J37-01.00	11.30m	1 2
36-04.50	37-01	FOUL	36-07		
12 Bothwell, Elijah		Gretna	37-00.00	11.27m	1 1.33
36-07	FOUL	FOUL	37-00		
13 Attiogbe, Elom		Ralston	36-11.00	11.25m	1 2
35-06	35-08.50	33-10.50	36-11		
14 Holcomb, Ben		Blair	36-10.00	11.22m	2
36-10	FOUL	FOUL	FOUL		
15 Peterson, Aydin		Lincoln NS	36-03.00	11.04m	1 0.66
36-03	35-03.50	33-01	34-11		
16 Thomas, Frank		Gretna	35-04.50	10.78m	1 1.33
35-02.50	35-04.50	34-06.50	FOUL		
17 Bakenhaus, Elijah		Lincoln NS	35-01.50	10.70m	1 0.66
33-10.50	34-05.50	35-01.50	33-09		
-- Morgan, Eli		Blair	FOUL		2
FOUL	FOUL	FOUL	FOUL		

Event 12 Boys Triple Jump Relay  
 Team Rankings - Field Event Relay  
 Members Per Team - 3

Rank	Team	Total Mark	Points
1	Millard South	123-01.00	10
2	Pap-La Vista	114-01.50	8
3	Ralston	112-03.50	6
4	Gretna	109-10.50	4
5	Lincoln NS	108-10.50	2

**2023 Gary Dubbs Ralston Ram Relays - 4/1/2023****Ralston High School****Results****Event 7 Girls Discus Throw Relay**

EVENT TO FOLLOW BOYS DISCUS THROW

4 THROWS ONLY

Name	Year	School	Finals	H#	Points
<b>Finals</b>					
1 Rees, Dannika		Pap-La Vista	127-01.50	38.74m	3 3.33
127-01.50	FOUL	126-09	117-04		
2 Carrico, Caroline		Pap-La Vista	121-03	36.95m	3 3.33
111-06	102-06.50	111-05	121-03		
3 Wagner, Chloe		Ralston	114-03	34.82m	1
FOUL	112-08	114-03	74-07		
4 Tso, Torrance		Norfolk	106-06	32.46m	3 2.66
102-03	104-07	106-06	FOUL		
5 Wilcoxson, Audrey		Gretna	104-04	31.80m	3 2
104-04	102-09	102-00	98-07		
6 Schwindt, Alyssa		Norfolk	95-07	29.13m	3 2.66
93-06	95-07	88-00	91-00		
7 Hill, Kaylee		Norfolk	95-05	29.08m	3 2.66
88-06	FOUL	91-06	95-05		
8 McClain, Maggie		Fremont	92-09	28.27m	2 0.66
87-00	88-09	92-09	FOUL		
9 Cloudt, Norah		Blair	J92-09	28.27m	2 1.33
FOUL	FOUL	92-09	FOUL		
10 Peters, Klare		Gretna	91-01	27.76m	3 2
91-01	88-10	72-07	FOUL		
11 Temme, Grace		Omaha Mercy	90-07	27.60m	1
89-01	90-07	84-07	78-05		
12 Dill, Lauren		Millard South	90-02	27.48m	1 0.33
77-11	90-02	85-04	85-04		
13 Frederick, Makenzie		Pap-La Vista	89-05.50	27.26m	3 3.33
76-07	89-05.50	FOUL	FOUL		
14 Quartoroli, Aurora		Ralston	86-03.50	26.30m	1
84-10	86-03.50	73-07	77-05.50		
15 Kadavy, Ayla		Lincoln NS	84-04	25.70m	2
84-04	84-02	FOUL	81-07		
16 Frink-Mathis, Hayden		Blair	81-11	24.96m	2 1.33
81-11	FOUL	79-09	76-05		
17 Bell, Bethany		Blair	81-09	24.91m	2 1.33
81-09	78-00	FOUL	80-04.50		
18 Newill, Chloe		Fremont	81-04.50	24.80m	2 0.66
81-04.50	FOUL	77-07	80-06		
19 Limbach, Jocelyn		Fremont	80-10	24.63m	2 0.66
69-02.50	FOUL	80-10	74-09.50		
20 Curry, Raeauna		Millard South	75-09	23.08m	1 0.33
75-09	70-06.50	57-11	71-09		
21 Gonzales, Paige		Millard South	73-03	22.32m	1 0.33
73-02	FOUL	73-03	FOUL		
22 Parde, Alexis		Lincoln NS	70-01	21.36m	2
69-05	70-01	FOUL	FOUL		
23 Hermeling, Emma		Gretna	67-01	20.44m	3 2
FOUL	67-01	61-11	FOUL		
24 Van Pelt, Haylee		Lincoln NS	64-10.50	19.77m	2
64-10.50	FOUL	FOUL	52-09		
-- Neujahr, Sydney		Lincoln NW	DNS		1
-- James Carter, Disire		Lincoln NW	DNS		1

....Event 7 Girls Discus Throw Relay

**2023 Gary Dubbs Ralston Ram Relays - 4/1/2023**

**Ralston High School**

**Results**

-- Ahl, Delaney

Lincoln NW

DNS

1

Event 7 Girls Discus Throw Relay  
Team Rankings - Field Event Relay  
Members Per Team - 3

Rank	Team	Total Mark	Points
1	Pap-La Vista	337-10	10
2	Norfolk	297-06	8
3	Gretna	262-06	6
4	Blair	256-05	4
5	Fremont	254-11.50	2
6	Millard South	239-02	1
7	Lincoln NS	219-03.50	0



**2023 Gary Dubbs Ralston Ram Relays - 4/1/2023****Ralston High School****Results****Event 5 Girls High Jump Relay**

Name	Year	School	Finals	Points
Finals				
1 Jacobs, Ali		Lincoln NS	5-02.00	1.57m 3.33
4-00 4-02 4-04 4-06 4-08 4-10 5-00 5-02 5-04				
P P P O O O O O XXX				
1 Hellbusch, Claire		Lincoln NS	5-02.00	1.57m 3.33
4-00 4-02 4-04 4-06 4-08 4-10 5-00 5-02 5-04				
P P P P O O O O XXX				
3 Bakenhus, Jerika		Lincoln NS	J5-02.00	1.57m 3.33
4-00 4-02 4-04 4-06 4-08 4-10 5-00 5-02 5-04				
P P P XO O O XO XXO XXX				
4 McWilliams, Adalia		Norfolk	5-00.00	1.52m 2.33
4-00 4-02 4-04 4-06 4-08 4-10 5-00 5-02				
P P O O O O XXO XXX				
5 Ammon, Emma		Blair	4-10.00	1.47m 2.33
4-00 4-02 4-04 4-06 4-08 4-10 5-00				
P P P O O O XXX				
6 Kramer, Abby		Millard South	J4-10.00	1.47m 1.33
4-00 4-02 4-04 4-06 4-08 4-10 5-00				
P P P XXO O O XXX				
7 Smith, Destany		Norfolk	J4-10.00	1.47m 2.33
4-00 4-02 4-04 4-06 4-08 4-10 5-00				
O O O O XO XO XXX				
8 Bray, Elizabeth		Blair	4-08.00	1.42m 2.33
4-00 4-02 4-04 4-06 4-08 4-10				
O O O O O XXX				
9 Roewert, Hailey		Blair	J4-08.00	1.42m 2.33
4-00 4-02 4-04 4-06 4-08 4-10				
O O O O XXO XXX				
9 Bazar, McCartney		Pap-La Vista	J4-08.00	1.42m 0.66
4-00 4-02 4-04 4-06 4-08 4-10				
P P O O XXO XXX				
11 Askvig, Taryn		Millard South	4-06.00	1.37m 1.33
4-00 4-02 4-04 4-06 4-08				
P P O O XXX				
12 Kollmar, Paige		Norfolk	4-04.00	1.32m 2.33
4-00 4-02 4-04 4-06				
O O O XXX				
13 Smith, Cheyenne		Fremont	J4-04.00	1.32m 0.33
4-00 4-02 4-04 4-06				
O XO O XXX				
14 Swait, Saniah		Omaha Mercy	J4-04.00	1.32m
4-00 4-02 4-04 4-06				
XO XO O XXX				
15 Scott, Mia		Millard South	J4-04.00	1.32m 1.33
4-00 4-02 4-04 4-06				
XO O XXO XXX				
16 Vitera, Lillian		Pap-La Vista	4-02.00	1.27m 0.66
4-00 4-02 4-04				
O O XXX				
17 Meister, Sydney		Fremont	J4-02.00	1.27m 0.33
4-00 4-02 4-04				
XO O XXX				

**....Event 5 Girls High Jump Relay**

18 Martinec, Kailey	Omaha Mercy	J4-02.00	1.27m
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**2023 Gary Dubbs Ralston Ram Relays - 4/1/2023**

**Ralston High School**

**Results**

	4-00 4-02 4-04				
	XO XO XXX				
19	Sawtelle, Macy	Fremont	4-00.00	1.21m	0.33
	4-00 4-02				
	O XXX				
20	Morton, Kylei	Pap-La Vista	J4-00.00	1.21m	0.66
	4-00 4-02				
	XO XXX				

Event 5 Girls High Jump Relay  
 Team Rankings - Field Event Relay  
 Members Per Team - 3

Rank	Team	Total Mark	Points
1	Lincoln NS	15-06.00	10
2	Blair	14-02.00	7
2	Norfolk	14-02.00	7
4	Millard South	13-08.00	4
5	Pap-La Vista	12-10.00	2
6	Fremont	12-06.00	1

**2023 Gary Dubbs Ralston Ram Relays - 4/1/2023****Ralston High School****Results****Event 3 Girls Long Jump Relay**

TO BE CONTESTED ON EAST PIT

4 JUMPS ONLY

Name	Year	School	Finals	H#	Points
<b>Finals</b>					
1 Laing, Amari		Millard South	18-02.50	5.54m	3 3.33
18-02.50	18-01	17-07	18-01		
2 Skiff, Camryn		Norfolk	15-09.75	4.81m	3 2
15-09.75	15-02.75	15-04	15-08.25		
3 Wiseman, Alyse		Gretna	15-06.00	4.72m	3 1.33
15-01.50	15-05	14-02.50	15-06		
4 Sheppard, Emmalee		Fremont	15-03.00	4.64m	3 2.66
13-06.50	13-07	15-03	FOUL		
5 Raddish, Jaelyn		Millard South	15-01.75	4.61m	3 3.33
FOUL	14-05.25	15-01.75	15-00.25		
6 Cooper, Ella		Fremont	15-01.50	4.61m	3 2.66
14-04.75	14-01.50	14-04	15-01.50		
7 Dostal, Addison		Gretna	15-01.00	4.59m	3 1.33
12-01.50	9-07	15-00.75	15-01		
8 Bazar, McCartney		Pap-La Vista	15-00.00	4.57m	2 0.66
10-11.50	15-00	FOUL	13-03.50		
9 Kangni-Soukpe, Monica		Millard South	14-11.00	4.54m	3 3.33
FOUL	14-11	FOUL	13-06.75		
10 Zoucha, Dru		Pap-La Vista	14-09.00	4.49m	2 0.66
13-09	14-08.50	14-08	14-09		
11 Bertrang, Isabelle		Ralston	14-08.50	4.48m	1
14-08.50	FOUL	FOUL	13-00		
12 Smith, Cheyenne		Fremont	14-07.00	4.44m	3 2.66
14-04.75	12-03	FOUL	14-07		
13 Kollmar, Kaia		Norfolk	14-04.50	4.38m	3 2
14-04.50	FOUL	13-08.50	FOUL		
14 Meyer, Jillianne		Lincoln NS	14-02.50	4.33m	2 0.33
14-02	14-01.75	14-02.50	13-08.50		
15 Barritt, Morgan		Norfolk	J14-02.50	4.33m	3 2
13-09.50	14-02.50	13-00	13-03		
16 Zoucha, Maya		Pap-La Vista	14-01.00	4.29m	2 0.66
14-01	FOUL	13-09.50	13-02.50		
17 Woodshank, Ellie		Lincoln NS	14-00.00	4.26m	2 0.33
FOUL	14-00	13-04.25	13-00.50		
18 Thompson, Quinn		Blair	13-08.00	4.16m	2
FOUL	13-02.50	12-10.50	13-08		
19 Hoellen, Brynn		Gretna	13-06.25	4.12m	3 1.33
FOUL	13-01	13-06.25	12-00		
20 Thomas, Lashariae		Ralston	13-04.00	4.06m	1
13-04	FOUL	12-01	12-02		
21 Ledin, Lauren		Lincoln NS	13-01.00	3.98m	2 0.33
12-10	13-00	13-01	12-02.50		
22 Mostek, Taylor		Blair	12-11.50	3.94m	2
FOUL	12-08.50	12-11.50	12-07		
23 Rief, Natalie		Omaha Mercy	12-10.25	3.91m	1
12-01	12-10	12-10.25	12-09		
24 Drevo, Eliza		Lincoln NW	12-05.50	3.79m	1
12-05.50	10-08	FOUL	11-05.50		
25 Reed, Natalie		Blair	12-04.25	3.76m	2
11-08	11-06.75	11-08.50	12-04.25		

....Event 3 Girls Long Jump Relay

**2023 Gary Dubbs Ralston Ram Relays - 4/1/2023**

**Ralston High School**

**Results**

26 Barnes, Valerie	Omaha Mercy	11-06.00	3.50m	1
FOUL 11-06	FOUL 10-11			
27 Kuehn, Kaylie	Lincoln NW	11-03.75	3.44m	1
FOUL FOUL 11-03.75	FOUL			
28 Sallinger, Reise	Lincoln NW	10-11.00	3.32m	1
9-07.50 10-02.50	10-11 FOUL			
29 Lindauer, Lily	Omaha Mercy	10-06.00	3.20m	1
FOUL FOUL 10-06	9-08			

Event 3 Girls Long Jump Relay  
 Team Rankings - Field Event Relay  
 Members Per Team - 3

Rank	Team	Total Mark	Points
1	Millard South	48-03.25	10
2	Fremont	44-11.50	8
3	Norfolk	44-04.75	6
4	Gretna	44-01.25	4
5	Pap-La Vista	43-10.00	2
6	Lincoln NS	41-03.50	1
7	Blair	38-11.75	0
8	Omaha Mercy	34-10.25	0
9	Lincoln NW	34-08.25	0

**2023 Gary Dubbs Ralston Ram Relays - 4/1/2023****Ralston High School****Results****Event 1 Girls Pole Vault Relay**

EVENT TO FOLLOW BOYS POLE VAULT												
Name	Year School				Finals				Points			
Finals												
1 Evans, Tayler	Fremont				11-07.00				3.53m 3.33			
	6-06	7-00	7-06	8-00	8-06	9-00	9-06	10-00	10-06	11-00	11-07	12-01
	P	P	P	P	P	P	P	O	O	XXO	XO	XXX
2 Gailbraith, Greta	Blair				8-06.00				2.59m 2.66			
	6-06	7-00	7-06	8-00	8-06	9-00						
	P	P	P	O	O	XXX						
3 Boutin, Korynne	Lincoln NS				8-00.00				2.43m			
	6-06	7-00	7-06	8-00	8-06							
	P	P	O	O	XXX							
3 Speer, Maiya	Gretna				8-00.00				2.43m			
	6-06	7-00	7-06	8-00	8-06							
	P	P	O	O	XXX							
4 Miller, Leann	Norfolk				J8-00.00				2.43m 2			
	6-06	7-00	7-06	8-00	8-06							
	P	O	XXO	O	XXX							
6 Madison, Korrine	Lincoln NS				7-06.00				2.28m			
	6-06	7-00	7-06	8-00								
	O	O	XO	XXX								
6 Rodriguez, Iris	Fremont				7-06.00				2.28m 3.33			
	6-06	7-00	7-06	8-00								
	O	O	XO	XXX								
6 Canham, Emma	Norfolk				7-06.00				2.28m 2			
	6-06	7-00	7-06	8-00								
	O	O	XO	XXX								
9 Waddingham, Landry	Norfolk				J6-06.00				1.98m 2			
	6-06	7-00										
	O	XXX										
10 Wulf, Kate	Blair				7-00.00				2.13m 2.66			
	6-06	7-00	7-06									
	XO	O	XXX									
11 Redford, Carly	Pap-La Vista				6-06.00				1.98m			
	6-06	7-00										
	XO	XXX										
11 Gilbert, Kylie	Pap-La Vista				6-06.00				1.98m			
	6-06	7-00										
	O	XXX										
11 Jensen, Adalyn	Millard South				6-06.00				1.98m			
	6-06	7-00										
	O	XXX										
14 Wheeler, Alison	Blair				J7-06.00				2.28m 2.66			
	6-06	7-00	7-06	8-00								
	O	XO	XXO	XXX								
14 Willits, Zia	Millard South				J6-06.00				1.98m			
	6-06	7-00										
	XO	XXX										
14 Furnas, Lexi	Fremont				J6-06.00				1.98m 3.33			
	6-06	7-00										
	XO	XXX										
-- Anderson, Chloe	Millard South				NH							
	6-06											
	XXX											

....Event 1 Girls Pole Vault Relay



**2023 Gary Dubbs Ralston Ram Relays - 4/1/2023****Ralston High School****Results****Event 9 Girls Shot Put Relay**

4 THROWS ONLY						
Name	Year	School	Finals	H#	Points	
Finals						
1 Bias, Marie		Millard South	37-00.75	11.29m	3	2.66
	36-07.25	37-00.75	35-09	35-11.50		
2 Tso, Torrance		Norfolk	36-06.00	11.12m	3	2
	35-04.25	34-06	35-09.75	36-06		
3 Warden, Kyla		Pap-La Vista	36-05.75	11.11m	3	3.33
	35-09	36-05.75	35-10.75	36-02.50		
4 Wilcoxson, Audrey		Gretna	35-09.75	10.91m	3	1.33
	33-05	34-06	35-09.75	33-05.75		
5 Curry, Raeauna		Millard South	34-03.00	10.43m	3	2.66
	34-03	29-08.25	32-06	33-02		
6 Carrico, Caroline		Pap-La Vista	34-02.50	10.42m	3	3.33
	29-00	34-02.50	31-06.50	29-02.50		
7 Rees, Dannika		Pap-La Vista	33-02.50	10.12m	3	3.33
	33-02.50	32-11.75	32-05.50	32-08.50		
8 Schwindt, Alyssa		Norfolk	32-11.50	10.04m	3	2
	30-10	31-05	32-11.50	30-11		
9 Pruss, Adrienne		Omaha Mercy	31-11.00	9.72m	1	
	30-02.50	31-03.75	31-09.50	31-11		
10 Quartoroli, Aurora		Ralston	31-02.50	9.51m	1	
	31-02.50	26-08.75	29-08.50	30-05		
11 Limbach, Jocelyn		Fremont	31-00.00	9.44m	2	0.66
	31-00	30-03	30-07.50	29-09.50		
12 Bell, Bethany		Blair	30-08.00	9.34m	2	0.33
	30-07.25	27-03.50	29-07.25	30-08		
12 Indra, Skylar		Norfolk	30-08.00	9.34m	3	2
	29-02	FOUL	30-08	FOUL		
14 Wagner, Chloe		Ralston	29-11.00	9.11m	1	
	25-07.50	29-11	26-11.50	29-09		
15 Dannelly, Abbey		Millard South	29-10.00	9.09m	3	2.66
	27-07.50	29-10	29-00.50	28-06		
16 Cloudt, Norah		Blair	29-05.25	8.97m	2	0.33
	26-03.25	27-01	FOUL	29-05.25		
17 Parde, Alexis		Lincoln NS	29-02.00	8.89m	2	
	28-02.75	29-02	28-09.75	FOUL		
18 Peters, Klare		Gretna	28-09.50	8.77m	3	1.33
	27-11	FOUL	28-09.50	28-07		
19 McClain, Maggie		Fremont	28-04.50	8.64m	2	0.66
	25-00.75	27-04.50	27-09.50	28-04.50		
20 Looky, Halla		Lincoln NS	28-02.50	8.59m	2	
	26-11.75	26-10.50	28-02.50	27-08.25		
21 Suer, Savannah		Fremont	28-02.00	8.58m	2	0.66
	26-11.75	27-08.50	27-07	28-02		
22 Schamp, Faith		Gretna	27-08.00	8.43m	3	1.33
	25-02.50	27-08	25-00.50	25-11.50		
23 Kadavy, Ayla		Lincoln NS	27-06.75	8.40m	2	
	27-06.75	27-03.50	FOUL	FOUL		
24 Frink-Mathis, Hayden		Blair	26-03.00	8.00m	2	0.33
	24-02	24-07	23-09	26-03		
25 Temme, Grace		Omaha Mercy	24-07.25	7.49m	1	
	24-07.25	20-07	FOUL	19-11		
-- Ahl, Delaney		Lincoln NW	DNS		1	

....Event 9 Girls Shot Put Relay

**2023 Gary Dubbs Ralston Ram Relays - 4/1/2023****Ralston High School****Results**

-- James Carter, Disire Lincoln NW DNS 1  
-- Neujahr, Sydney Lincoln NW DNS 1

Event 9 Girls Shot Put Relay  
Team Rankings - Field Event Relay  
Members Per Team - 3

Rank	Team	Total Mark	Points
1	Pap-La Vista	103-10.75	10
2	Millard South	101-01.75	8
3	Norfolk	100-01.50	6
4	Gretna	92-03.25	4
5	Fremont	87-06.50	2
6	Blair	86-04.25	1
7	Lincoln NS	84-11.25	0



**2023 Gary Dubbs Ralston Ram Relays - 4/1/2023****Ralston High School****Results****Event 11 Girls Triple Jump Relay**

EVENT TO FOLLOW GIRLS LONG JUMP

TO BE CONTESTED ON EAST PIT

4 JUMPS ONLY

Name	Year	School	Finals	H#	Points
Finals					
1 Laing, Amari		Millard South	35-07.00	10.84m	2 3.33
35-07	FOUL	FOUL	35-05		
2 Evans, Tayler		Fremont	33-06.00	10.21m	1 2.66
32-05.25	32-10.50	33-06	32-09.75		
3 Wiseman, Alyse		Gretna	33-02.75	10.12m	3 1.33
FOUL	33-02.75	32-01	32-08		
4 Zoucha, Maya		Pap-La Vista	32-10.00	10.00m	3 2
32-10	31-04	32-04	32-03		
5 Dostal, Addison		Gretna	32-00.00	9.75m	3 1.33
31-04.50	31-04.75	30-09	32-00		
6 Zoucha, Dru		Pap-La Vista	31-09.00	9.67m	3 2
30-10	31-09	FOUL	FOUL		
7 Smith, Cheyenne		Fremont	31-06.50	9.61m	3 2.66
31-01.50	FOUL	31-06.50	29-10		
8 Wyle, Kyan		Fremont	31-05.00	9.57m	3 2.66
30-08	30-04.50	30-06	31-05		
9 Long, Emma		Norfolk	31-03.00	9.52m	3
29-05	30-05.50	31-03	30-03.25		
10 Kangni-Soukpe, Monica		Millard South	31-00.00	9.44m	2 3.33
31-00	29-08	30-07.75	28-10		
11 Bazar, McCartney		Pap-La Vista	30-09.50	9.38m	3 2
28-08	29-08	30-09.50	FOUL		
12 Raddish, Jaelyn		Millard South	30-06.00	9.29m	2 3.33
28-08.50	30-06	30-00.50	FOUL		
13 Vukov, Maddy		Ralston	30-03.75	9.23m	2 0.33
30-03.50	30-03.75	30-02.25	FOUL		
14 Ammon, Emma		Blair	30-01.00	9.16m	2
30-01	FOUL	25-08.50	30-01		
15 Woodshank, Ellie		Lincoln NS	29-09.00	9.06m	1 0.66
26-08	27-06	29-05.25	29-09		
16 Meyer, Jillianne		Lincoln NS	29-07.75	9.03m	1 0.66
FOUL	29-01.50	29-05	29-07.75		
17 Tapio, Kayleigh		Ralston	29-05.00	8.96m	2 0.33
27-09.50	28-09	29-05	FOUL		
18 Mostek, Taylor		Blair	29-00.50	8.85m	1
28-07.50	28-11	29-00.50	FOUL		
19 Hoellen, Brynn		Gretna	28-08.00	8.73m	3 1.33
27-01	26-10	28-07	28-08		
20 Bakenhus, Jerika		Lincoln NS	28-04.00	8.63m	1 0.66
25-00	27-04	27-09	28-04		
21 Waggerman, Taeya		Norfolk	28-00.00	8.53m	2
28-00	27-00.75	FOUL	26-07.50		
22 Phipps, Leah		Ralston	27-11.00	8.50m	2 0.33
26-10	27-11	27-11	26-00		
23 Wendt, Nicole		Blair	27-07.50	8.42m	1
27-07.50	27-01	FOUL	FOUL		
24 Waggerman, Lexus		Norfolk	26-02.25	7.98m	2
26-02	FOUL	26-02.25	FOUL		
-- Pollock, Hanna		Omaha Mercy	DNS		1

....Event 11 Girls Triple Jump Relay

**2023 Gary Dubbs Ralston Ram Relays - 4/1/2023**

**Ralston High School**

**Results**

-- Pruss, Adrienne	Omaha Mercy	DNS	1
-- Busch, TaelorRae	Omaha Mercy	DNS	1

Event 11 Girls Triple Jump Relay  
 Team Rankings - Field Event Relay  
 Members Per Team - 3

Rank	Team	Total Mark	Points
1	Millard South	97-01.00	10
2	Fremont	96-05.50	8
3	Pap-La Vista	95-04.50	6
4	Gretna	93-10.75	4
5	Lincoln NS	87-08.75	2
6	Ralston	87-07.75	1
7	Blair	86-09.00	0
8	Norfolk	85-05.25	0

**2023 Gary Dubbs Ralston Ram Relays - 4/1/2023**

**Ralston High School  
Team Rankings - Through Event 34**

**Female Team Scores**

<b>Place</b>	<b>School</b>		<b>Points</b>
1	Fremont	FRMT	101
2	Norfolk	NOFL	78
3	Gretna	GRET	63
4	Blair	BLAR	57
4	Pap-La Vista	PPLV	57
6	Millard South	MILS	50
7	Lincoln NS	LINS	45
8	Ralston	RALS	2
<b>Total</b>			<b>453.00</b>

**Male Team Scores**

<b>Place</b>	<b>School</b>		<b>Points</b>
1	Gretna	GRET	104
2	Pap-La Vista	PPLV	80
3	Norfolk	NOFL	79
4	Millard South	MILS	55
5	Lincoln NS	LINS	50
6	Blair	BLAR	43
7	Ralston	RALS	25
8	Lincoln NW	LCNW	7
<b>Total</b>			<b>443.00</b>