

**2023 Heart Of America Athletic Conference Indoor Championships - 2/17/2023 to****Hughes Field House****Results****Event 1 Men 60 Meter Dash****8 Advance: Top 1 Each Heat plus Next 5 Best Times**

Finals Lane Pref 4,5,3,6,2,7,1,8

NAIA A: A 6.86

NAIA B: B 6.91

Name	Year	School	Prelims	H#
Preliminaries				
1 Johnson, Showalter		William Penn	A 6.78Q	2
2 Wade, Breon		Mount Mercy	A 6.86Q	1 6.855
3 Adams, Ceondae		Mount Mercy	A 6.86Q	3 6.859
4 Thompson, Keegan		Mount Mercy	B 6.90q	1
5 Ballah, Tim		MidAmerica Nazarene	6.93q	2
6 Wesley, Micah		Graceland	6.97q	3 6.964
7 Cavalier, Cameron		Missouri Valley	6.97q	3 6.965
8 Woodall, Tavius		Baker	6.98q	1
9 Trachsel, Adam		Central Methodist	7.00	1 6.991
10 Marchand, Paul		Graceland	7.00	3 7.000
11 Ferguson, Tahj		William Penn	7.01	2
12 Brown, Fabian		Grand View	7.05	2 7.044
13 Kellerstrass, Matthew		Evangel	7.05	1 7.047
14 Garnica, Nathaniel		Evangel	7.07	2
15 Holness, Omar		Mount Mercy	7.08	3
16 Gatlin, Adrian		Graceland	7.10	3
17 Strong Jr., Clarence		Missouri Valley	7.27	1
-- Smith, Gavayne		Clarke	FS	2

**Event 1 Men 60 Meter Dash**

Finals Lane Pref 4,5,3,6,2,7,1,8

NAIA A: A 6.86

NAIA B: B 6.91

Name	Year	School	Finals	Points
Finals				
1 Johnson, Showalter		William Penn	6.72A	10
2 Thompson, Keegan		Mount Mercy	6.85A	8
3 Wade, Breon		Mount Mercy	6.88B	6
4 Woodall, Tavius		Baker	6.89B	5
5 Ballah, Tim		MidAmerica Nazarene	6.96	4 6.951
6 Wesley, Micah		Graceland	6.96	3 6.953
7 Cavalier, Cameron		Missouri Valley	6.99	2
8 Adams, Ceondae		Mount Mercy	7.03	1
Preliminaries				
9 Trachsel, Adam		Central Methodist		
10 Marchand, Paul		Graceland		
11 Ferguson, Tahj		William Penn		
12 Brown, Fabian		Grand View		
13 Kellerstrass, Matthew		Evangel		
14 Garnica, Nathaniel		Evangel		
15 Holness, Omar		Mount Mercy		
16 Gatlin, Adrian		Graceland		
17 Strong Jr., Clarence		Missouri Valley		
-- Smith, Gavayne		Clarke		

**2023 Heart Of America Athletic Conference Indoor Championships - 2/17/2023 to****Hughes Field House****Results****Event 2 Men 60 Meter Hurdles****8 Advance: Top 1 Each Heat plus Next 6 Best Times**

Finals Lane Pref 4,5,3,6,2,7,1,8

NAIA A: A 8.23

NAIA B: B 8.38

Name	Year	School	Prelims	H#
1 Adams, Ceondae		Mount Mercy	A 8.18Q	2
2 Minear, Chantz		Grand View	A 8.22Q	1
3 Thompson, Mason		Grand View	B 8.31q	1
4 Vernet, Lohan		Missouri Valley	B 8.36q	1
5 Boivin, William		Evangel	8.40q	2
6 Thomas, Spencer		Grand View	8.51q	2
7 Moeller, Justin		William Penn	8.52q	2
8 Curet, Kevin		Grand View	8.74q	1
9 Vandun, James		Clarke	8.76	1
10 Slominski, Cooper		Park U.	8.86	2
11 Nyandoro, Tom		William Penn	8.89	2
12 Kolosick, Brayden		Mount Mercy	8.90	1
13 King, Deverin		Evangel	8.95	1
14 Savage, Reid		Culver-Stockton	9.11	2
15 Grantham, Nash		Evangel	9.23	2
16 Kussman, Gustav		Benedictine (Kan.)	9.34	1

**Event 2 Men 60 Meter Hurdles**

Finals Lane Pref 4,5,3,6,2,7,1,8

NAIA A: A 8.23

NAIA B: B 8.38

Name	Year	School	Finals	Points
<b>Finals</b>				
1 Minear, Chantz		Grand View	8.24B	10
2 Adams, Ceondae		Mount Mercy	8.25B	8
3 Vernet, Lohan		Missouri Valley	8.37B	6
4 Thompson, Mason		Grand View	8.44	5 8.432
5 Boivin, William		Evangel	8.44	4 8.434
6 Thomas, Spencer		Grand View	8.62	3
7 Moeller, Justin		William Penn	8.67	2
8 Curet, Kevin		Grand View	8.79	1
<b>Preliminaries</b>				
9 Vandun, James		Clarke		
10 Slominski, Cooper		Park U.		
11 Nyandoro, Tom		William Penn		
12 Kolosick, Brayden		Mount Mercy		
13 King, Deverin		Evangel		
14 Savage, Reid		Culver-Stockton		
15 Grantham, Nash		Evangel		
16 Kussman, Gustav		Benedictine (Kan.)		

## 2023 Heart Of America Athletic Conference Indoor Championships - 2/17/2023 to

## Hughes Field House

## Results

## Event 3 Men 200 Meter Dash

Lane Preference: 5,6,4,3

NAIA A: A 21.78

NAIA B: B 21.90

Name	Year School	Finals	H#	Points
Finals				
1 Farmer-Cole, James	MidAmerica Nazarene	21.75A	5	10
2 Woodall, Tavius	Baker	21.83B	5	8
3 Johnson, Showalter	William Penn	21.85B	5	6
4 Thompson, Keegan	Mount Mercy	22.08	4	5
5 Ballah, Tim	MidAmerica Nazarene	22.18	4	4
6 Heywood, Malachi	Graceland	22.24	3	3
7 Bolden, Trevor	Baker	22.40	3	2
8 Johnson, Verlyn	Culver-Stockton	22.43	2	1
9 Brown, Fabian	Grand View	22.45	3	
10 Celiento, Lorenzo	Missouri Valley	22.59	2	
11 Strong Jr., Clarence	Missouri Valley	22.69	4	
12 Cavalier, Cameron	Missouri Valley	22.71	1	
13 Bussey, Tyler	MidAmerica Nazarene	22.72	2	
14 Fisher, Johnny	William Penn	22.77	1	
15 Smith, Gavayne	Clarke	22.97	1	
16 Robinson, Robert	Graceland	23.03	4	
-- Adams, Ceonda	Mount Mercy	DNS	5	

## Event 4 Men 400 Meter Dash

Lane Preference: 5,6,4,3

NAIA A: A 48.76

NAIA B: B 49.21

Name	Year School	Finals	H#	Points
1 Farmer-Cole, James	MidAmerica Nazarene	48.80B	6	10
2 Hondonga, Tafara	William Penn	49.38	6	8
3 Desequeira, Leo	Grand View	49.75	5	6
4 Nyaoga, Mohammed	Central Methodist	49.92	6	5
5 Bolden, Trevor	Baker	49.99	5	4
6 Heywood, Malachi	Graceland	50.03	3	3
7 Watson, Adrian	Central Methodist	50.10	5	2
8 Keiper, Nate	Mount Mercy	50.14	3	1
9 Strong Jr., Clarence	Missouri Valley	50.17	6	
10 Woodall, Tavius	Baker	50.69	4	
11 Celiento, Lorenzo	Missouri Valley	50.76	4	
12 Musonda, Josh	Clarke	50.88	2	
13 Wade, Breon	Mount Mercy	50.90	1	
14 Schroeder, Jordan	Mount Mercy	50.94	4	
15 Rhodes, Ashire	MidAmerica Nazarene	51.11	4	
16 Robinson, Robert	Graceland	51.23	5	
17 Loveless, Jaden	William Penn	51.36	2	
18 Evans, Ahmad	Park U.	51.45	3	
19 Parker, Nathan	MidAmerica Nazarene	51.55	1	
20 Caplinger, Blue	Benedictine (Kan.)	51.88	3	
21 White, Tyler	Evangel	52.82	2	
22 Claessens, Alexander	Baker	54.01	1	
-- Canas, Chris	Mount Mercy	SCR		
-- Fisher, Johnny	William Penn	SCR		

## 2023 Heart Of America Athletic Conference Indoor Championships - 2/17/2023 to

## Hughes Field House

## Results

## Event 5 Men 600 Meter Run

Lane Preference: 5,6,4,3,2,1

NAIA A: A 1:20.78

NAIA B: B 1:21.57

Name	Year	School	Finals	H#	Points
1 Mannella, David		Benedictine (Kan.)	1:21.07B	3	10
38.821 (38.821)		1:21.070 (42.249)			
2 Rogge, Daniel		Benedictine (Kan.)	1:21.47B	3	8
38.604 (38.604)		1:21.470 (42.866)			
3 Fleuriot, Stephenson		MidAmerica Nazarene	1:21.60	3	6
38.793 (38.793)		1:21.598 (42.805)			
4 Jackson, Doriye		Central Methodist	1:21.69	3	5
38.814 (38.814)		1:21.683 (42.869)			
5 Rhodes, Ashire		MidAmerica Nazarene	1:22.28	3	4
39.020 (39.020)		1:22.279 (43.259)			
6 Sansenbach, Carson		Clarke	1:22.36	2	3
38.492 (38.492)		1:22.358 (43.866)			
7 Davis, Isaac		Grand View	1:22.73	3	2
39.677 (39.677)		1:22.729 (43.052)			
8 Schroeder, Jordan		Mount Mercy	1:23.06	1	1
41.217 (41.217)		1:23.054 (41.837)			
9 Watson, Adrian		Central Methodist	1:23.89	2	
38.283 (38.283)		1:23.881 (45.598)			
10 Schiffhauer, Jack		Central Methodist	1:24.44	2	
40.259 (40.259)		1:24.433 (44.174)			
11 Housh, Chase		Park U.	1:24.81	1	
40.448 (40.448)		1:24.810 (44.362)			
12 Nichols, Campbell		Evangel	1:25.20	2	
40.106 (40.106)		1:25.197 (45.091)			
13 Caines, Alexander		Park U.	1:26.34	2	
42.061 (42.061)		1:26.340 (44.279)			
14 Cozzi, Avery		Benedictine (Kan.)	1:26.46	1	
41.581 (41.581)		1:26.455 (44.874)			
15 Caines, Timothy		Park U.	1:27.84	2	
42.363 (42.363)		1:27.837 (45.474)			
16 Paez-Teran, Asarel		William Penn	1:32.04	1	
43.257 (43.257)		1:32.035 (48.778)			
-- Miller, Tyler		Grand View	DNS	1	

## Event 6 Men 800 Meter Run

Start In Lanes

Lane Preference: 5,6,4,3,2,1

NAIA A: A 1:54.31

NAIA B: B 1:55.25

Name	Year	School	Finals	H#	Points
1 Huyser, Carter		Grand View	1:54.92B	4	10
27.436 (27.436)		1:11.927 (44.491)	1:54.919 (42.992)		
2 Wittrock, Isaiah		Grand View	1:55.45	4	8
27.276 (27.276)		1:12.296 (45.020)	1:55.442 (43.146)		
3 Jackson, Doriye		Central Methodist	1:56.40	4	6
27.399 (27.399)		1:12.359 (44.960)	1:56.393 (44.034)		
4 Davis, Isaac		Grand View	1:56.80	4	5
27.708 (27.708)		1:12.765 (45.057)	1:56.799 (44.034)		

**2023 Heart Of America Athletic Conference Indoor Championships - 2/17/2023 to**

**Hughes Field House**

**Results**

**....Event 6 Men 800 Meter Run**

5	Rogge, Daniel	Benedictine (Kan.)	1:56.86	4	4
	28.001 (28.001)	1:13.387 (45.386)	1:56.857 (43.470)		
6	Thompson, Nicolas	Grand View	1:57.26	2	3
	28.412 (28.412)	1:12.385 (43.973)	1:57.254 (44.869)		
7	Fleuriot, Stephenson	MidAmerica Nazarene	1:57.80	2	2
	28.145 (28.145)	1:11.538 (43.393)	1:57.793 (46.255)		
8	Sansenbach, Carson	Clarke	1:57.87	2	1
	28.005 (28.005)	1:11.747 (43.742)	1:57.861 (46.114)		
9	Willmann, Ethan	Park U.	1:57.90	2	
	27.752 (27.752)	1:11.835 (44.083)	1:57.893 (46.058)		
10	Cortez, Brady	Mount Mercy	1:58.48	3	
	29.177 (29.177)	1:14.370 (45.193)	1:58.478 (44.108)		
11	Knudsen, Thomas	MidAmerica Nazarene	1:58.49	3	
	28.954 (28.954)	1:14.354 (45.400)	1:58.490 (44.136)		
12	Williams, Brandon	William Penn	1:59.00	3	
	29.592 (29.592)	1:14.391 (44.799)	1:58.994 (44.603)		
13	Caines, Timothy	Park U.	1:59.30	4	
	27.220 (27.220)	1:13.071 (45.851)	1:59.292 (46.221)		
14	Romero, Rene	Graceland	1:59.69	2	
	29.206 (29.206)	1:13.526 (44.320)	1:59.688 (46.162)		
15	Nichols, Campbell	Evangel	1:59.94	3	
	29.463 (29.463)	1:14.846 (45.383)	1:59.933 (45.087)		
16	Caines, Alexander	Park U.	2:00.64	3	
	28.916 (28.916)	1:14.569 (45.653)	2:00.634 (46.065)		
17	Kellerman, Khobi	Missouri Valley	2:00.85	1	
	29.839 (29.839)	1:13.498 (43.659)	2:00.847 (47.349)		
18	Colyer, Andrew	Graceland	2:01.15	1	
	29.727 (29.727)	1:15.197 (45.470)	2:01.144 (45.947)		
19	Persson, Luke	Baker	2:04.44	1	
	29.993 (29.993)	1:16.182 (46.189)	2:04.435 (48.253)		
20	Varvelo, Ethan	William Penn	2:06.01	2	
	29.607 (29.607)	1:16.509 (46.902)	2:06.009 (49.500)		
21	Flores, Isaiah	Evangel	2:08.31	1	
	30.075 (30.075)	1:16.199 (46.124)	2:08.306 (52.107)		
22	Haverly, Kole	Clarke	2:15.00	3	
	31.628 (31.628)	1:18.644 (47.016)	2:14.998 (56.354)		
--	Paez-Teran, Asarel	William Penn	SCR		
--	Keller, Connor	Grand View	SCR		

**Event 7 Men 1000 Meter Run**

Waterfall

NAIA A: A 2:29.00

NAIA B: B 2:30.50

Name	Year	School	Finals	H#	Points
1 Wittrock, Isaiah		Grand View	2:29.13B	2	10
	59.128 (59.128)	1:44.969 (45.841)	2:29.130 (44.161)		
2 Huyser, Carter		Grand View	2:29.22B	2	8
	59.255 (59.255)	1:45.133 (45.878)	2:29.214 (44.081)		
3 Campbell, Thomas		Benedictine (Kan.)	2:29.74B	2	6
	59.422 (59.422)	1:45.302 (45.880)	2:29.733 (44.431)		
4 Heckenberg, Jonah		William Penn	2:31.25	2	5
	59.720 (59.720)	1:45.756 (46.036)	2:31.242 (45.486)		

**2023 Heart Of America Athletic Conference Indoor Championships - 2/17/2023 to**

**Hughes Field House**

**Results**

**....Event 7 Men 1000 Meter Run**

5	Cortez, Brady	Mount Mercy	2:31.68	2	4
	59.987 (59.987)	1:45.973 (45.986)	2:31.680 (45.707)		
6	Thompson, Nicolas	Grand View	2:32.80	2	3
	1:00.136 (1:00.136)	1:46.318 (46.182)	2:32.793 (46.475)		
7	Kellerman, Khobi	Missouri Valley	2:33.80	2	2
	59.507 (59.507)	1:45.352 (45.845)	2:33.797 (48.445)		
8	Haverly, Kole	Clarke	2:33.90	2	1
	59.853 (59.853)	1:46.852 (46.999)	2:33.891 (47.039)		
9	Joseph, Philip	Benedictine (Kan.)	2:34.56	1	
	59.455 (59.455)	1:47.998 (48.543)	2:34.556 (46.558)		
10	Carranza, Anthony	MidAmerica Nazarene	2:35.75	1	
	59.241 (59.241)	1:47.751 (48.510)	2:35.746 (47.995)		
11	Bourquin, Bret	MidAmerica Nazarene	2:40.39	1	
	59.671 (59.671)	1:48.632 (48.961)	2:40.383 (51.751)		
12	Knudsen, Thomas	MidAmerica Nazarene	2:41.47	1	
	59.060 (59.060)	1:48.309 (49.249)	2:41.464 (53.155)		
13	Varvelo, Ethan	William Penn	2:42.53	1	
	1:02.569 (1:02.569)	1:54.389 (51.820)	2:42.522 (48.133)		
14	Bramman, Kaleb	Central Methodist	2:49.42	1	
	1:03.470 (1:03.470)	1:57.371 (53.901)	2:49.413 (52.042)		
15	Bessmer, TJ	MidAmerica Nazarene	2:51.35	1	
	1:01.271 (1:01.271)	1:53.557 (52.286)	2:51.349 (57.792)		
--	Kiptanui, Meshack	Central Methodist	DNS	1	

**Event 8 Men 1 Mile Run**

Waterfall

NAIA A: A 4:15.00

NAIA B: B 4:17.00

Name	Year	School	Finals	Points	
1 Mannella, David		Benedictine (Kan.)	4:21.09	10	
	1:08.764 (1:08.764)	1:59.525 (50.761)	2:49.228 (49.703)		3:37.339 (48.111)
	4:21.084 (43.745)				
2 Clancy, Ryan		Mount Mercy	4:22.74	8	
	1:09.185 (1:09.185)	1:59.980 (50.795)	2:49.790 (49.810)		3:37.553 (47.763)
	4:22.735 (45.182)				
3 Davis, Ahren		Grand View	4:25.21	6	
	1:08.988 (1:08.988)	1:59.728 (50.740)	2:49.606 (49.878)		3:37.751 (48.145)
	4:25.202 (47.451)				
4 Accurso, Joseph		Benedictine (Kan.)	4:25.95	5	
	1:08.585 (1:08.585)	1:58.764 (50.179)	2:47.839 (49.075)		3:37.731 (49.892)
	4:25.943 (48.212)				
5 Montgomery, Ethan		Evangel	4:28.65	4	
	1:09.221 (1:09.221)	2:00.734 (51.513)	2:50.759 (50.025)		3:41.917 (51.158)
	4:28.646 (46.729)				
6 Finley, Max		William Penn	4:29.34	3	
	1:08.777 (1:08.777)	1:59.314 (50.537)	2:49.442 (50.128)		3:39.946 (50.504)
	4:29.340 (49.394)				
7 Lizarraga, Sergio		Mount Mercy	4:30.67	2	
	1:09.729 (1:09.729)	2:01.215 (51.486)	2:53.873 (52.658)		3:44.526 (50.653)
	4:30.666 (46.140)				
8 Reyes, Manuel		Park U.	4:31.80	1	
	1:09.039 (1:09.039)	2:00.454 (51.415)	2:51.653 (51.199)		3:43.996 (52.343)
	4:31.798 (47.802)				

## 2023 Heart Of America Athletic Conference Indoor Championships - 2/17/2023 to

## Hughes Field House

## Results

## ....Event 8 Men 1 Mile Run

9 Schroder, Tom	Park U.	4:37.21		
1:08.529 (1:08.529)	1:59.844 (51.315)	2:51.952 (52.108)	3:44.666 (52.714)	
4:37.204 (52.538)				
10 Hinojos, Adriel	Baker	4:37.80		
1:09.004 (1:09.004)	2:00.120 (51.116)	2:49.448 (49.328)	3:42.506 (53.058)	
4:37.792 (55.286)				
11 Vohs, Jaden	Baker	4:43.50		
1:09.471 (1:09.471)	2:00.599 (51.128)	2:52.570 (51.971)	3:47.720 (55.150)	
4:43.496 (55.776)				
12 Dutton, Max	Baker	4:45.87		
1:09.831 (1:09.831)	2:01.489 (51.658)	2:55.104 (53.615)	3:50.346 (55.242)	
4:45.863 (55.517)				

## Event 9 Men 3000 Meter Run

## Waterfall

NAIA A: A 8:32.00

NAIA B: B 8:36.50

Name	Year School	Finals	Points	
1 Accurso, Joseph	Benedictine (Kan.)	8:52.92	10	
54.339 (54.339)	1:48.121 (53.782)	2:43.044 (54.923)	3:37.317 (54.273)	
4:30.591 (53.274)	5:25.940 (55.349)	6:20.507 (54.567)	7:14.061 (53.554)	
8:05.406 (51.345)	8:52.911 (47.505)			
2 Friess, Thaddeus	Benedictine (Kan.)	8:53.48	8	
53.557 (53.557)	1:47.517 (53.960)	2:42.416 (54.899)	3:36.435 (54.019)	
4:30.012 (53.577)	5:25.568 (55.556)	6:20.319 (54.751)	7:13.871 (53.552)	
8:04.487 (50.616)	8:53.474 (48.987)			
3 Friess, Gabriel	Benedictine (Kan.)	8:54.71	6	
53.642 (53.642)	1:47.618 (53.976)	2:42.687 (55.069)	3:36.765 (54.078)	
4:30.172 (53.407)	5:25.781 (55.609)	6:20.615 (54.834)	7:14.772 (54.157)	
8:08.041 (53.269)	8:54.707 (46.666)			
4 Lizarraga, Sergio	Mount Mercy	8:56.83	5	
54.040 (54.040)	1:47.981 (53.941)	2:42.937 (54.956)	3:37.156 (54.219)	
4:30.698 (53.542)	5:26.264 (55.566)	6:20.991 (54.727)	7:14.752 (53.761)	
8:08.431 (53.679)	8:56.829 (48.398)			
5 Howard, Jahlil	Missouri Valley	8:56.89	4	
53.795 (53.795)	1:47.750 (53.955)	2:42.965 (55.215)	3:36.178 (53.213)	
4:30.335 (54.157)	5:25.999 (55.664)	6:20.709 (54.710)	7:14.302 (53.593)	
8:05.842 (51.540)	8:56.886 (51.044)			
6 Mwhaki, James	MidAmerica Nazarene	8:57.12	3	
54.617 (54.617)	1:48.390 (53.773)	2:43.413 (55.023)	3:37.800 (54.387)	
4:31.284 (53.484)	5:26.748 (55.464)	6:21.333 (54.585)	7:15.226 (53.893)	
8:09.057 (53.831)	8:57.119 (48.062)			
7 Michael, Sebastian	Benedictine (Kan.)	9:03.81	2	
54.559 (54.559)	1:48.430 (53.871)	2:43.497 (55.067)	3:38.124 (54.627)	
4:31.700 (53.576)	5:26.372 (54.672)	6:21.501 (55.129)	7:17.252 (55.751)	
8:13.389 (56.137)	9:03.802 (50.413)			
8 Glassbrenner, Riley	MidAmerica Nazarene	9:07.98	1	
54.160 (54.160)	1:48.254 (54.094)	2:43.258 (55.004)	3:37.492 (54.234)	
4:31.048 (53.556)	5:26.576 (55.528)	6:21.264 (54.688)	7:15.785 (54.521)	
8:11.061 (55.276)	9:07.974 (56.913)			

2023 Heart Of America Athletic Conference Indoor Championships - 2/17/2023 to

Hughes Field House

Results

....Event 9 Men 3000 Meter Run

9	Schwartzhoff, Emmett	Clarke	9:12.18		
	55.677 (55.677)	1:49.664 (53.987)	2:44.424 (54.760)	3:40.112 (55.688)	
	4:36.004 (55.892)	5:32.788 (56.784)	6:29.735 (56.947)	7:26.036 (56.301)	
	8:20.935 (54.899)	9:12.174 (51.239)			
10	Gaytan, Gonzalo	Grand View	9:14.25		
	54.900 (54.900)	1:48.631 (53.731)	2:43.644 (55.013)	3:37.753 (54.109)	
	4:32.642 (54.889)	5:29.628 (56.986)	6:26.494 (56.866)	7:24.336 (57.842)	
	8:21.447 (57.111)	9:14.244 (52.797)			
11	Clancy, Ryan	Mount Mercy	9:18.57		
	54.264 (54.264)	1:48.174 (53.910)	2:43.146 (54.972)	3:37.526 (54.380)	
	4:30.955 (53.429)	5:26.478 (55.523)	6:21.066 (54.588)	7:18.695 (57.629)	
	8:18.864 (1:00.169)	9:18.569 (59.705)			
12	Godard, Luke	Benedictine (Kan.)	9:21.35		
	54.789 (54.789)	1:48.829 (54.040)	2:43.912 (55.083)	3:38.995 (55.083)	
	4:34.611 (55.616)	5:32.307 (57.696)	6:30.647 (58.340)	7:29.283 (58.636)	
	8:26.742 (57.459)	9:21.344 (54.602)			
13	Weghorst, Josh	Baker	9:34.19		
	55.522 (55.522)	1:51.319 (55.797)	2:48.456 (57.137)	3:45.462 (57.006)	
	4:43.902 (58.440)	5:42.666 (58.764)	6:43.379 (1:00.713)	7:42.319 (58.940)	
	8:40.739 (58.420)	9:34.188 (53.449)			
14	Khan, Zain	Baker	9:44.99		
	56.201 (56.201)	1:50.379 (54.178)	2:45.547 (55.168)	3:43.207 (57.660)	
	4:42.919 (59.712)	5:42.005 (59.086)	6:42.279 (1:00.274)	7:43.770 (1:01.491)	
	8:45.460 (1:01.690)	9:44.983 (59.523)			
15	Cokel, Noah	Mount Mercy	9:45.23		
	56.462 (56.462)	1:53.023 (56.561)	2:53.395 (1:00.372)	3:53.520 (1:00.125)	
	4:53.501 (59.981)	5:54.249 (1:00.748)	6:54.884 (1:00.635)	7:54.358 (59.474)	
	8:55.148 (1:00.790)	9:45.222 (50.074)			
16	Lamparek, Lukas	Mount Mercy	9:59.87		
	55.926 (55.926)	1:51.662 (55.736)	2:48.811 (57.149)	3:47.247 (58.436)	
	4:47.432 (1:00.185)	5:50.141 (1:02.709)	6:54.114 (1:03.973)	7:58.605 (1:04.491)	
	9:00.060 (1:01.455)	9:59.868 (59.808)			
--	Massey, Aidan	Baker	DNS		
--	Harder, Logan	Graceland	DNS		

Event 10 Men 5000 Meter Run

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Waterfall

NAIA A: A 14:51.50

NAIA B: B 15:01.50

Name	Year	School	Finals	H#	Points
1 Massey, Aidan		Baker	15:20.67	2	10
	34.158 (34.158)	1:29.248 (55.090)	2:24.666 (55.418)	3:20.333 (55.667)	
	4:15.495 (55.162)	5:10.196 (54.701)	6:04.981 (54.785)	7:01.556 (56.575)	
	7:55.065 (53.509)	8:51.834 (56.769)	9:48.923 (57.089)	10:46.006 (57.083)	
	11:43.077 (57.071)	12:39.826 (56.749)	13:35.301 (55.475)	14:30.587 (55.286)	
	15:20.661 (50.074)				
2 Friess, Gabriel		Benedictine (Kan.)	15:24.79	2	8
	33.890 (33.890)	1:29.004 (55.114)	2:24.396 (55.392)	3:20.087 (55.691)	
	4:15.242 (55.155)	5:10.385 (55.143)	6:04.701 (54.316)	7:01.581 (56.880)	
	7:55.458 (53.877)	8:52.160 (56.702)	9:49.305 (57.145)	10:46.897 (57.592)	
	11:45.059 (58.162)	12:44.743 (59.684)	13:41.868 (57.125)	14:36.909 (55.041)	
	15:24.784 (47.875)				



## 2023 Heart Of America Athletic Conference Indoor Championships - 2/17/2023 to

## Hughes Field House

## Results

## ....Event 10 Men 5000 Meter Run

3	Howard, Jahlil	Missouri Valley	15:28.41	2	6
	34.063 (34.063)	1:29.164 (55.101)	2:24.568 (55.404)	3:20.231 (55.663)	
	4:15.316 (55.085)	5:10.360 (55.044)	6:04.749 (54.389)	7:01.568 (56.819)	
	7:55.230 (53.662)	8:51.862 (56.632)	9:48.963 (57.101)	10:46.310 (57.347)	
	11:43.350 (57.040)	12:40.117 (56.767)	13:39.014 (58.897)	14:35.089 (56.075)	
	15:28.404 (53.315)				
4	Lizarraga, Sergio	Mount Mercy	15:32.98	2	5
	34.710 (34.710)	1:29.798 (55.088)	2:25.166 (55.368)	3:20.643 (55.477)	
	4:15.975 (55.332)	5:10.790 (54.815)	6:05.415 (54.625)	7:01.874 (56.459)	
	7:56.886 (55.012)	8:55.262 (58.376)	9:52.966 (57.704)	10:50.733 (57.767)	
	11:49.425 (58.692)	12:47.123 (57.698)	13:44.119 (56.996)	14:41.559 (57.440)	
	15:32.975 (51.416)				
5	Friess, Thaddeus	Benedictine (Kan.)	15:41.78	2	4
	33.985 (33.985)	1:29.080 (55.095)	2:24.478 (55.398)	3:20.185 (55.707)	
	4:15.659 (55.474)	5:11.543 (55.884)	6:07.366 (55.823)	7:04.465 (57.099)	
	8:01.874 (57.409)	9:00.035 (58.161)	9:58.586 (58.551)	10:57.193 (58.607)	
	11:55.840 (58.647)	12:54.072 (58.232)	13:51.769 (57.697)	14:48.727 (56.958)	
	15:41.780 (53.053)				
6	Kiptanui, Meshack	Central Methodist	15:48.77	2	3
	34.282 (34.282)	1:29.336 (55.054)	2:24.765 (55.429)	3:20.417 (55.652)	
	4:16.016 (55.599)	5:11.296 (55.280)	6:06.059 (54.763)	7:02.579 (56.520)	
	7:59.153 (56.574)	8:57.166 (58.013)	9:55.615 (58.449)	10:55.877 (1:00.262)	
	11:55.647 (59.770)	12:55.191 (59.544)	13:57.099 (1:01.908)	14:56.229 (59.130)	
	15:48.765 (52.536)				
7	Davis, Ahren	Grand View	15:48.86	2	2
	34.483 (34.483)	1:29.654 (55.171)	2:24.990 (55.336)	3:20.683 (55.693)	
	4:15.910 (55.227)	5:11.035 (55.125)	6:05.315 (54.280)	7:02.240 (56.925)	
	7:57.416 (55.176)	8:55.479 (58.063)	9:54.114 (58.635)	10:52.742 (58.628)	
	11:53.934 (1:01.192)	12:55.142 (1:01.208)	13:56.843 (1:01.701)	14:57.961 (1:01.118)	
	15:48.855 (50.894)				
8	Glassbrenner, Riley	MidAmerica Nazarene	15:50.13	2	1
	34.447 (34.447)	1:29.515 (55.068)	2:24.926 (55.411)	3:20.457 (55.531)	
	4:15.762 (55.305)	5:10.650 (54.888)	6:05.203 (54.553)	7:02.019 (56.816)	
	7:57.114 (55.095)	8:55.570 (58.456)	9:53.837 (58.267)	10:53.190 (59.353)	
	11:53.722 (1:00.532)	12:54.850 (1:01.128)	13:56.626 (1:01.776)	14:55.993 (59.367)	
	15:50.129 (54.136)				
9	Mwihaki, James	MidAmerica Nazarene	15:52.05	1	
	37.199 (37.199)	1:35.836 (58.637)	2:33.048 (57.212)	3:30.344 (57.296)	
	4:28.159 (57.815)	5:25.588 (57.429)	6:23.279 (57.691)	7:20.708 (57.429)	
	8:18.856 (58.148)	9:16.836 (57.980)	10:14.001 (57.165)	11:11.629 (57.628)	
	12:10.031 (58.402)	13:09.674 (59.643)	14:09.564 (59.890)	15:04.883 (55.319)	
	15:52.044 (47.161)				
10	Michael, Sebastian	Benedictine (Kan.)	15:54.02	2	
	34.719 (34.719)	1:29.930 (55.211)	2:25.220 (55.290)	3:20.919 (55.699)	
	4:16.268 (55.349)	5:11.726 (55.458)	6:07.452 (55.726)	7:04.764 (57.312)	
	8:02.988 (58.224)	9:01.858 (58.870)	10:01.867 (1:00.009)	11:01.803 (59.936)	
	12:02.077 (1:00.274)	13:01.703 (59.626)	14:01.427 (59.724)	15:01.208 (59.781)	
	15:54.015 (52.807)				
11	Figueoa, Andrew	Park U.	15:54.91	1	
	36.326 (36.326)	1:36.096 (59.770)	2:33.197 (57.101)	3:30.525 (57.328)	
	4:28.368 (57.843)	5:25.822 (57.454)	6:23.533 (57.711)	7:20.950 (57.417)	
	8:19.100 (58.150)	9:17.090 (57.990)	10:14.240 (57.150)	11:11.801 (57.561)	
	12:10.306 (58.505)	13:09.926 (59.620)	14:09.416 (59.490)	15:04.617 (55.201)	
	15:54.909 (50.292)				

## 2023 Heart Of America Athletic Conference Indoor Championships - 2/17/2023 to

## Hughes Field House

## Results

## ....Event 10 Men 5000 Meter Run

12	Gaytan, Gonzalo	Grand View	16:07.83	1
	36.433 (36.433)	1:36.274 (59.841)	2:33.416 (57.142)	3:30.615 (57.199)
	4:28.484 (57.869)	5:26.148 (57.664)	6:23.774 (57.626)	7:21.199 (57.425)
	8:19.378 (58.179)	9:17.381 (58.003)	10:14.746 (57.365)	11:13.033 (58.287)
	12:12.040 (59.007)	13:11.723 (59.683)	14:12.248 (1:00.525)	15:11.677 (59.429)
	16:07.827 (56.150)			
13	Godard, Luke	Benedictine (Kan.)	16:13.40	1
	36.642 (36.642)	1:36.350 (59.708)	2:33.680 (57.330)	3:30.825 (57.145)
	4:28.725 (57.900)	5:26.394 (57.669)	6:24.082 (57.688)	7:21.470 (57.388)
	8:19.646 (58.176)	9:17.923 (58.277)	10:16.460 (58.537)	11:16.906 (1:00.446)
	12:17.352 (1:00.446)	13:18.222 (1:00.870)	14:18.454 (1:00.232)	15:17.087 (58.633)
	16:13.392 (56.305)			
14	Weghorst, Josh	Baker	16:21.61	1
	36.047 (36.047)	1:35.992 (59.945)	2:33.337 (57.345)	3:31.029 (57.692)
	4:29.237 (58.208)	5:26.978 (57.741)	6:24.713 (57.735)	7:23.435 (58.722)
	8:24.018 (1:00.583)	9:25.440 (1:01.422)	10:26.318 (1:00.878)	11:27.927 (1:01.609)
	12:28.593 (1:00.666)	13:29.324 (1:00.731)	14:28.590 (59.266)	15:28.007 (59.417)
	16:21.608 (53.601)			
15	Schwartzhoff, Emmett	Clarke	16:26.85	1
	37.280 (37.280)	1:36.812 (59.532)	2:33.925 (57.113)	3:31.600 (57.675)
	4:29.486 (57.886)	5:27.487 (58.001)	6:25.083 (57.596)	7:22.636 (57.553)
	8:22.061 (59.425)	9:21.902 (59.841)	10:22.557 (1:00.655)	11:23.679 (1:01.122)
	12:25.176 (1:01.497)	13:27.464 (1:02.288)	14:28.866 (1:01.402)	15:29.424 (1:00.558)
	16:26.843 (57.419)			
16	Davied, Mark	Benedictine (Kan.)	16:30.45	2
	34.927 (34.927)	1:30.040 (55.113)	2:25.318 (55.278)	3:20.874 (55.556)
	4:16.296 (55.422)	5:11.909 (55.613)	6:07.917 (56.008)	7:06.994 (59.077)
	8:07.667 (1:00.673)	9:08.828 (1:01.161)	10:11.116 (1:02.288)	11:14.539 (1:03.423)
	12:18.494 (1:03.955)	13:22.640 (1:04.146)	14:27.559 (1:04.919)	15:30.239 (1:02.680)
	16:30.445 (1:00.206)			
17	Hudson, Johann	Park U.	16:35.58	1
	37.416 (37.416)	1:37.024 (59.608)	2:34.524 (57.500)	3:32.244 (57.720)
	4:30.170 (57.926)	5:28.425 (58.255)	6:25.907 (57.482)	7:24.292 (58.385)
	8:24.450 (1:00.158)	9:25.722 (1:01.272)	10:26.779 (1:01.057)	11:28.269 (1:01.490)
	12:29.359 (1:01.090)	13:30.980 (1:01.621)	14:34.086 (1:03.106)	15:35.430 (1:01.344)
	16:35.580 (1:00.150)			
18	Khan, Zain	Baker	16:43.05	1
	36.875 (36.875)	1:36.521 (59.646)	2:33.621 (57.100)	3:31.320 (57.699)
	4:29.016 (57.696)	5:26.701 (57.685)	6:24.479 (57.778)	7:22.358 (57.879)
	8:19.983 (57.625)	9:17.722 (57.739)	10:17.278 (59.556)	11:21.010 (1:03.732)
	12:25.005 (1:03.995)	13:30.825 (1:05.820)	14:35.455 (1:04.630)	15:39.502 (1:04.047)
	16:43.047 (1:03.545)			
19	Lamparek, Lukas	Mount Mercy	17:03.68	2
	35.298 (35.298)	1:30.832 (55.534)	2:26.576 (55.744)	3:24.412 (57.836)
	4:22.402 (57.990)	5:20.694 (58.292)	6:20.179 (59.485)	7:21.795 (1:01.616)
	8:24.524 (1:02.729)	9:27.275 (1:02.751)	10:31.600 (1:04.325)	11:37.489 (1:05.889)
	12:42.024 (1:04.535)	13:47.336 (1:05.312)	14:56.132 (1:08.796)	16:00.881 (1:04.749)
	17:03.679 (1:02.798)			
20	Kondos, Bryce	Clarke	17:21.63	1
	37.016 (37.016)	1:36.794 (59.778)	2:34.224 (57.430)	3:31.872 (57.648)
	4:29.787 (57.915)	5:27.234 (57.447)	6:24.783 (57.549)	7:21.913 (57.130)
	8:22.490 (1:00.577)	9:26.755 (1:04.265)	10:34.696 (1:07.941)	11:43.398 (1:08.702)
	12:52.055 (1:08.657)	13:59.656 (1:07.601)	15:09.170 (1:09.514)	16:16.367 (1:07.197)
	17:21.622 (1:05.255)			

**2023 Heart Of America Athletic Conference Indoor Championships - 2/17/2023 to**

**Hughes Field House**

**Results**

**....Event 10 Men 5000 Meter Run**

21 Grave, Felix	Mount Mercy	17:54.99	1
38.252 (38.252)	1:40.990 (1:02.738)	2:43.644 (1:02.654)	3:44.931 (1:01.287)
4:46.211 (1:01.280)	5:49.558 (1:03.347)	6:52.600 (1:03.042)	7:56.259 (1:03.659)
9:00.334 (1:04.075)	10:05.962 (1:05.628)	11:12.618 (1:06.656)	12:20.312 (1:07.694)
13:28.963 (1:08.651)	14:37.576 (1:08.613)	15:46.205 (1:08.629)	16:54.557 (1:08.352)
17:54.988 (1:00.431)			
-- Harder, Logan	Graceland	SCR	1
-- Graham, Jude	Baker	SCR	
-- Feldkamp, Matthew	Benedictine (Kan.)	SCR	
-- Hinojos, Adriel	Baker	SCR	
-- Jackson, Christopher	Baker	SCR	
-- Cokel, Noah	Mount Mercy	SCR	
-- Silva, Brayan	Grand View	SCR	
-- Adame, Jimmy	Baker	SCR	

**Event 11 Men 3000 Meter Race Walk**

Waterfall

NAIA A: A 14:18.00

NAIA B: B 15:35.00

Name	Year School	Finals	Points
1 Church, Noah	Clarke	14:17.20A	10
1:17.994 (1:17.994)	2:39.166 (1:21.172)	4:01.662 (1:22.496)	5:29.992 (1:28.330)
6:58.673 (1:28.681)	8:26.726 (1:28.053)	9:53.252 (1:26.526)	11:22.655 (1:29.403)
12:52.470 (1:29.815)	14:17.200 (1:24.730)		
2 Bennett, Cole	Grand View	14:35.97B	8
1:27.929 (1:27.929)	2:51.611 (1:23.682)	4:16.478 (1:24.867)	5:42.710 (1:26.232)
7:08.034 (1:25.324)	8:31.377 (1:23.343)	9:55.078 (1:23.701)	11:27.132 (1:32.054)
13:04.857 (1:37.725)	14:35.970 (1:31.113)		
3 Vasquez, Ben	Clarke	14:40.76B	6
1:28.551 (1:28.551)	2:51.938 (1:23.387)	4:17.541 (1:25.603)	5:43.372 (1:25.831)
7:08.604 (1:25.232)	8:34.562 (1:25.958)	10:07.199 (1:32.637)	11:42.991 (1:35.792)
13:14.500 (1:31.509)	14:40.758 (1:26.258)		
4 Limas, Nathan	Grand View	14:45.60B	5
1:28.247 (1:28.247)	2:51.866 (1:23.619)	4:16.849 (1:24.983)	5:43.004 (1:26.155)
7:08.398 (1:25.394)	8:36.228 (1:27.830)	10:08.773 (1:32.545)	11:43.591 (1:34.818)
13:15.983 (1:32.392)	14:45.597 (1:29.614)		
5 Diser, Seth	Grand View	15:06.36B	4
1:28.579 (1:28.579)	2:52.168 (1:23.589)	4:17.369 (1:25.201)	5:44.842 (1:27.473)
7:15.840 (1:30.998)	8:47.836 (1:31.996)	10:20.992 (1:33.156)	11:55.091 (1:34.099)
13:27.158 (1:32.067)	15:06.357 (1:39.199)		
6 Silva, Brayan	Grand View	17:25.16	3
1:41.337 (1:41.337)	3:28.251 (1:46.914)	5:14.220 (1:45.969)	6:58.084 (1:43.864)
8:45.912 (1:47.828)	10:34.764 (1:48.852)	12:23.508 (1:48.744)	14:09.916 (1:46.408)
15:50.830 (1:40.914)	17:25.153 (1:34.323)		
7 Coburn, Exavier	Central Methodist	17:25.57	2
1:40.949 (1:40.949)	3:27.847 (1:46.898)	5:13.821 (1:45.974)	6:57.723 (1:43.902)
8:38.876 (1:41.153)	10:21.921 (1:43.045)	12:12.935 (1:51.014)	14:05.315 (1:52.380)
15:50.978 (1:45.663)	17:25.563 (1:34.585)		
8 Scholl, Josh	Mount Mercy	23:17.39	1
2:12.344 (2:12.344)	4:44.549 (2:32.205)	7:18.355 (2:33.806)	9:48.118 (2:29.763)
12:10.202 (2:22.084)	14:27.738 (2:17.536)	16:46.666 (2:18.928)	19:00.642 (2:13.976)
21:13.081 (2:12.439)	23:17.381 (2:04.300)		

## 2023 Heart Of America Athletic Conference Indoor Championships - 2/17/2023 to

## Hughes Field House

## Results

## Event 12 Men 4x400 Meter Relay

Lane Preference: 5,6,4,3,2

NAIA A: A 3:17.83

NAIA B: B 3:19.31

School	Finals	H#	Points
1 MidAmerica Nazarene	3:18.41B	3	10
1) Rhodes, Ashire	2) Poje, Blake		
3) Fleuriot, Stephenson	4) Farmer-Cole, James		
2 Culver-Stockton	3:18.96B	3	8
1) Cleary, Sean	2) Havens, Anthony		
3) Mallett, Drew	4) Johnson, Verlyn		
3 Central Methodist	3:19.77	3	6
1) Nyaoga, Mohammed	2) Watson, Adrian		
3) Schiffhauer, Jack	4) Jackson, Doriye		
4 Mount Mercy	3:21.27	3	5
1) Keiper, Nate	2) Thompson, Keegan		
3) Holness, Omar	4) Schroeder, Jordan		
5 Park U.	3:23.41	1	4
1) Slominski, Cooper	2) Evans, Ahmad		
3) Housh, Chase	4) Caines, Timothy		
6 Grand View	3:24.11	2	3
1) Desequeira, Leo	2) Thompson, Mason		
3) Albert, Trey	4) Denny, Ezra		
7 Benedictine (Kan.)	3:25.23	2	2
1) Caplinger, Blue	2) Rawicki, Joseph		
3) Cozzi, Avery	4) Rogge, Daniel		
8 Graceland	3:25.48	3	1
1) Heywood, Malachi	2) Robinson, Robert		
3) Wesley, Micah	4) Marchand, Paul		
9 Baker	3:25.95	1	
1) Bolden, Trevor	2) Woodall, Tavius		
3) Stoppel, Jackson	4) Claessens, Alexander		
10 Evangel	3:26.25	1	
1) Boivin, William	2) King, Deverin		
3) White, Tyler	4) Garnica, Nathaniel		
-- William Penn	DNF	2	
1) Loveless, Jaden	2) Fisher, Johnny		
3) Johnson, Showalter	4) Hondonga, Tafara		

## Event 13 Men 4x800 Meter Relay

Waterfall

NAIA A: A 7:50.76

NAIA B: B 7:53.22

School	Finals	Points
1 Grand View	7:48.37A	10
1) Davis, Isaac	2) Thompson, Nicolas	
3) Huyser, Carter	4) Wittrock, Isaiah	
2 Park U.	7:51.54B	8
1) Caines, Timothy	2) Caines, Alexander	
3) Willmann, Ethan	4) Schroder, Tom	
3 MidAmerica Nazarene	7:51.65B	6
1) Carranza, Anthony	2) Rhodes, Ashire	
3) Fleuriot, Stephenson	4) Knudsen, Thomas	

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**....Event 13 Men 4x800 Meter Relay**

4	Central Methodist	7:59.41	5
	1) Schiffhauer, Jack	2) Cowans, Zy'Shonne	
	3) Jackson, Doriye	4) Nyaoga, Mohammed	
5	Mount Mercy	8:00.07	4
	1) Cortez, Brady	2) Forkpa, Irvin	
	3) Clancy, Ryan	4) Lopez, Oscar	
6	William Penn	8:06.96	3
	1) Varvelo, Ethan	2) Finley, Max	
	3) Williams, Brandon	4) Heckenberg, Jonah	
7	Clarke	8:10.53	2
	1) Haverly, Kole	2) Pate, Drew	
	3) Sansenbach, Carson	4) Kondos, Bryce	
8	Benedictine (Kan.)	8:14.11	1
	1) Cozzi, Avery	2) Joseph, Philip	
	3) Mauro, Sam	4) Campbell, Thomas	
9	Evangel	8:17.58	
	1) Nichols, Campbell	2) Patterson, Eric	
	3) Flores, Isaiah	4) Montgomery, Ethan	
10	Baker	8:27.03	
	1) Persson, Luke	2) Dutton, Max	
	3) Stoppel, Jackson	4) Vohs, Jaden	

**Event 14 Men Distance Medley**

=====

Waterfall

NAIA A: A 10:15.62

NAIA B: B 10:17.60

School	Finals	Points
1 Grand View	10:25.01	10
1) Davis, Ahren	2) Curet, Kevin	
3) Huyser, Carter	4) Wittrock, Isaiah	
2 Benedictine (Kan.)	10:27.57	8
1) Campbell, Thomas	2) Roberts, Jonah	
3) Joseph, Philip	4) Mannella, David	
3 William Penn	10:30.42	6
1) Heckenberg, Jonah	2) Hondonga, Tafara	
3) Williams, Brandon	4) Finley, Max	
4 Evangel	10:45.55	5
1) Patterson, Eric	2) Grantham, Nash	
3) Nichols, Campbell	4) Montgomery, Ethan	
5 Park U.	10:50.63	4
1) Figueoa, Andrew	2) Preston, Benjamin	
3) Reyes, Manuel	4) Schroder, Tom	
6 Mount Mercy	10:53.94	3
1) Mitchell, Ryan	2) Canas, Chris	
3) Forkpa, Irvin	4) Lopez, Oscar	
7 Clarke	11:05.96	2
1) Haverly, Kole	2) Musonda, Josh	
3) Sansenbach, Carson	4) Kondos, Bryce	
8 MidAmerica Nazarene	11:07.39	1
1) Bourquin, Bret	2) Parker, Nathan	
3) Bessmer, TJ	4) Carranza, Anthony	
9 Baker	11:19.73	
1) Hinojos, Adriel	2) Alleyene, Darrell	

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**....Event 14 Men Distance Medley**

3) Persson, Luke	4) Vohs, Jaden	
10 Graceland		11:22.10
1) Colyer, Andrew	2) Millslagle, Michael	
3) Romero, Rene	4) Kipkosgei, Elvis	
11 Central Methodist		11:47.58
1) Cowans, Zy'Shonne	2) Trachsel, Adam	
3) Bramman, Kaleb	4) Coburn, Exavier	

**Event 15 Men Long Jump**

Top 9 advance to final

NAIA A: A 7.10m

NAIA B: B 7.00m

Name	Year	School	Finals	H#	Points
1 Marchand, Paul		Graceland	7.07mB	23-02.50	2 10
6.78m 7.07m 6.93m 6.86m		FOUL FOUL			
2 Ballah, Tim		MidAmerica Nazarene	7.04mB	23-01.25	2 8
FOUL 6.85m FOUL 6.91m 7.04m		FOUL			
3 Nickelson, Luke		Mount Mercy	6.96m	22-10.00	2 6
6.44m 6.61m FOUL 6.72m 6.96m 6.72m					
4 Hanson, De'Mario		MidAmerica Nazarene	6.90m	22-07.75	2 5
6.78m 6.90m 6.58m FOUL 6.61m 6.70m					
5 Ferguson, Tahj		William Penn	6.71m	22-00.25	1 4
6.42m 6.48m 6.47m 6.33m 6.59m 6.71m					
6 Moeller, Justin		William Penn	6.57m	21-06.75	2 3
6.45m 6.37m 6.55m 6.23m 6.57m		PASS			
7 Vandun, James		Clarke	6.51m	21-04.25	2 2
FOUL FOUL 6.51m FOUL FOUL 6.45m					
8 Cavalier, Cameron		Missouri Valley	J6.51m	21-04.25	2 1
6.10m 5.89m 6.51m 6.24m		PASS PASS			
9 Madsen, Sean		Grand View	6.50m	21-04.00	2
FOUL 6.42m 6.50m FOUL 6.44m 6.37m					
10 Pippins, JJ		MidAmerica Nazarene	6.47m	21-02.75	1
FOUL 6.41m 6.47m					
11 Williams, KeJuan		MidAmerica Nazarene	6.41m	21-00.50	1
FOUL 6.31m 6.41m					
12 Evans, Ahmad		Park U.	6.38m	20-11.25	1
FOUL 6.38m 6.21m					
13 Kellerstrass, Matthew		Evangel	6.36m	20-10.50	2
6.01m FOUL 6.36m					
14 Buford, Chase		Missouri Valley	6.29m	20-07.75	1
6.14m 6.29m FOUL					
15 Slominski, Cooper		Park U.	6.26m	20-06.50	1
5.89m 6.26m 6.15m					
16 Albert, Trey		Grand View	6.24m	20-05.75	1
6.24m 6.18m 6.13m					
17 Bostick, Jaquincy		Graceland	6.20m	20-04.25	2
6.14m 6.20m FOUL					
18 Aboussou, Enoch		Missouri Valley	6.18m	20-03.50	1
5.93m 6.02m 6.18m					
19 Leazer, Joshua		Evangel	6.06m	19-10.75	2
5.98m 5.78m 6.06m					
20 Wear, Ollie		Mount Mercy	6.02m	19-09.00	1
5.91m 5.91m 6.02m					

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**....Event 15 Men Long Jump**

21 Phipps, Colin	Park U.	5.86m	19-02.75	1
5.83m 5.86m FOUL				
-- Alleyene, Darrell	Baker	SCR		

**Event 16 Men Triple Jump**

Top 9 advance to final.

NAIA A: A 14.25m

NAIA B: B 14.05m

Name	Year	School	Finals		Points
1 Aboussou, Enoch		Missouri Valley	14.41mA	47-03.50	10
13.94m 13.50m 14.41m		13.89m 13.60m 13.86m			
2 Nickelson, Luke		Mount Mercy	14.31mA	46-11.50	8
13.52m 13.91m FOUL		13.79m 13.97m 14.31m			
3 Williams, KeJuan		MidAmerica Nazarene	13.91m	45-07.75	6
13.25m 13.53m 13.31m		13.79m 13.26m 13.91m			
4 Hampton, Amari		MidAmerica Nazarene	13.59m	44-07.00	5
11.46m FOUL 13.59m		12.91m 13.35m PASS			
5 Leazer, Joshua		Evangel	13.58m	44-06.75	4
FOUL 13.16m 13.45m		13.24m 13.58m 13.53m			
6 Seymour, Lukas		Benedictine (Kan.)	13.50m	44-03.50	3
13.35m FOUL 13.50m		13.27m 13.19m FOUL			
7 Hanson, De'Mario		MidAmerica Nazarene	13.35m	43-09.75	2
12.09m 11.78m 12.94m		12.30m 12.97m 13.35m			
8 Jones, Jamel		Central Methodist	13.16m	43-02.25	1
FOUL FOUL 13.16m		FOUL FOUL FOUL			
9 Douglas, Elijah		Clarke	13.10m	42-11.75	
13.10m FOUL FOUL		12.88m 12.63m 12.85m			
10 Nyandoro, Tom		William Penn	12.83m	42-01.25	
12.79m FOUL 12.83m					
11 Bostick, Jaquincy		Graceland	12.62m	41-05.00	
12.07m 12.22m 12.62m					
12 Slominski, Cooper		Park U.	12.57m	41-03.00	
12.47m 12.45m 12.57m					
13 Pippins, JJ		MidAmerica Nazarene	12.39m	40-07.75	
12.13m FOUL 12.39m					
14 Coradi, Leo		Culver-Stockton	11.79m	38-08.25	
11.28m FOUL 11.79m					
15 Willis, Blake		Clarke	11.54m	37-10.50	
11.16m 11.54m 11.27m					

**Event 17 Men High Jump**

Starting Height:

NAIA A: A 2.04m

NAIA B: B 2.01m

Name	Year	School	Finals		Points
1 Millslagle, Michael		Graceland	2.16mA	7-01.00	10
1.76 1.81 1.86 1.91 1.96		2.01 2.04 2.06 2.07 2.11 2.16 2.20			
PPP PPP PPP PPP PPP		XO PPP O PPP XXO XO XXX			
2 Kell, Tyler		Clarke	1.96m	6-05.00	8
1.76 1.81 1.86 1.91 1.96 2.01					
PPP PPP O O O XXX					

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3	Hampton, Amari	MidAmerica Nazarene	J1.96m	6-05.00	6
	1.76 1.81 1.86 1.91 1.96 2.01				
	PPP XXO XO XXO XO XXX				
4	Poje, Blake	MidAmerica Nazarene	J1.96m	6-05.00	5
	1.76 1.81 1.86 1.91 1.96 2.01				
	PPP PPP O O XXO XXX				
5	Poole, Jayton	Grand View	1.91m	6-03.25	4
	1.76 1.81 1.86 1.91 1.96				
	O XO XXO XO XXX				
6	Black, Nathan	Grand View	1.86m	6-01.25	2.50
	1.76 1.81 1.86 1.91				
	O O O XXX				
6	Nickelson, Luke	Mount Mercy	1.86m	6-01.25	2.50
	1.76 1.81 1.86 1.91				
	PPP PPP O XXX				
8	Gillies, Jacob	Evangel	1.81m	5-11.25	1
	1.76 1.81 1.86				
	PPP O XXX				
9	Eberly, Cole	Mount Mercy	J1.81m	5-11.25	
	1.76 1.81 1.86				
	XXO O XXX				
10	Macklin, Miles	MidAmerica Nazarene	J1.81m	5-11.25	
	1.76 1.81 1.86				
	PPP XO XXX				
11	Vandun, James	Clarke	J1.81m	5-11.25	
	1.76 1.81 1.86				
	O XXO XXX				
12	Alleyene, Darrell	Baker	1.76m	5-09.25	
	1.76 1.81				
	XO XXX				
--	Ratliff, Jaquan	Culver-Stockton	DNS		
	1.76				
	DNS				

**Event 18 Men Pole Vault**

## Starting Height:

NAIA A: A 4.75m

NAIA B: B 4.65m

Name	Year	School	Finals	Points
1 Griffen, Keaten		William Penn	4.35m	14-03.25 10
	3.45 3.60 3.75 3.90 4.05 4.20 4.35 4.50			
	PPP PPP PPP PPP XO O O XXX			
2 Yager, Parker		Central Methodist	J4.35m	14-03.25 8
	3.45 3.60 3.75 3.90 4.05 4.20 4.35 4.50			
	PPP PPP PPP PPP O O XXX			
3 Hickin, David		Benedictine (Kan.)	J4.35m	14-03.25 6
	3.45 3.60 3.75 3.90 4.05 4.20 4.35 4.50			
	PPP PPP PPP O O XO XXO XXX			
4 Smith, Ethan		Central Methodist	4.20m	13-09.25 5
	3.45 3.60 3.75 3.90 4.05 4.20 4.35			
	PPP PPP PPP O O XO XXX			



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**....Event 18 Men Pole Vault**

5	Sylvester, Joseph	Evangel	4.05m	13-03.50	3.50
	3.45 3.60 3.75 3.90 4.05 4.20				
	PPP PPP PPP O O XXX				
5	Hiser, Jaxon	Central Methodist	4.05m	13-03.50	3.50
	3.45 3.60 3.75 3.90 4.05 4.20				
	PPP PPP PPP PPP O XXX				
7	Vandun, James	Clarke	J4.05m	13-03.50	2
	3.45 3.60 3.75 3.90 4.05 4.20				
	PPP O O XO XO XXX				
8	Miller, Timothy	Clarke	3.90m	12-09.50	1
	3.45 3.60 3.75 3.90 4.05				
	PPP PPP O O XXX				
9	Madsen, Sean	Grand View	J3.90m	12-09.50	
	3.45 3.60 3.75 3.90 4.05				
	O O XO XO XXX				
10	Brogan, Davis	MidAmerica Nazarene	J3.90m	12-09.50	
	3.45 3.60 3.75 3.90 4.05				
	O O O XXO XXX				
10	Shonka, Ben	Benedictine (Kan.)	J3.90m	12-09.50	
	3.45 3.60 3.75 3.90 4.05				
	PPP PPP PPP XXO XXX				
12	Chamberlin, Parker	Graceland	3.75m	12-03.50	
	3.45 3.60 3.75 3.90				
	O O XO XXX				
13	Green, Neil	Central Methodist	3.60m	11-09.75	
	3.45 3.60 3.75				
	O O XXX				
14	Stoppel, Jackson	Baker	3.45m	11-03.75	
	3.45 3.60				
	O XXX				
--	Kaufmann, Ky	Mount Mercy	NH		
	3.45				
	XXX				
--	Bancey, Davy	Graceland	DNS		
	3.45				
	DNS				

**Event 19 Men Shot Put**

Top 9 advance to final

NAIA A: A 15.75m

NAIA B: B 15.25m

Name	Year	School	Finals	H#	Points
1 Siefken, Niles		Grand View	15.51mB	50-10.75	2 10
	FOUL	14.51m	FOUL	14.29m	14.30m 15.51m
2 Evans, Colder		Central Methodist	15.24m	50-00.00	2 8
	14.68m	13.96m	14.79m	14.59m	14.45m 15.24m
3 Stephenson, Brayton		Central Methodist	15.07m	49-05.50	2 6
	15.07m	FOUL	14.79m	14.78m	15.06m 15.00m
4 Miller, Mitchell		Mount Mercy	15.05m	49-04.50	2 5
	FOUL	FOUL	14.36m	14.85m	15.05m 14.76m
5 Willey, Blake		Grand View	15.00m	49-02.50	2 4
	13.78m	13.69m	14.75m	15.00m	14.88m 14.57m

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**....Event 19 Men Shot Put**

6	Rutherford, Caleb	Mount Mercy	14.99m	49-02.25	2	3
	14.03m 13.26m 14.44m 14.99m	FOUL FOUL				
7	Stottlemeyer, Jasper	William Penn	14.83m	48-08.00	2	2
	FOUL FOUL 13.96m 14.83m 14.60m 14.62m					
8	Miller, Justice	Grand View	14.68m	48-02.00	2	1
	13.08m 14.68m FOUL FOUL	FOUL FOUL				
9	Richardson, Alex	Evangel	13.95m	45-09.25	1	
	13.95m FOUL 11.76m 12.67m	FOUL 12.93m				
10	Castro, Felipe	Mount Mercy	13.91m	45-07.75	2	
	13.15m 13.71m 13.91m					
11	Hansen, Landon	William Penn	13.84m	45-05.00	2	
	FOUL 13.84m FOUL					
12	Crew, Hunter	Mount Mercy	13.81m	45-03.75	2	
	13.81m FOUL FOUL					
13	Jones, Nate	Mount Mercy	13.45m	44-01.50	1	
	13.45m FOUL 12.54m					
14	Jordan, Devonte	Culver-Stockton	13.25m	43-05.75	1	
	FOUL FOUL 13.25m					
14	Marshall, Nickolas	Missouri Valley	13.25m	43-05.75	1	
	13.03m FOUL 13.25m					
16	Lukefahr, Jace	William Penn	13.13m	43-01.00	1	
	13.13m FOUL FOUL					
17	Murray, Steven	William Penn	12.48m	40-11.50	1	
	12.48m 12.28m FOUL					
18	Kilson, Hayden	Missouri Valley	12.47m	40-11.00	1	
	11.63m 12.47m 12.32m					
19	Anoa'i, CJ	Evangel	12.40m	40-08.25	1	
	12.40m 12.04m FOUL					
20	Byrn, Levi	Mount Mercy	11.98m	39-03.75	1	
	10.99m 11.19m 11.98m					
--	Salinas, Omar	Mount Mercy	FOUL			1
	FOUL FOUL FOUL					
--	Brown, Jayson	Baker	FOUL			1
	FOUL FOUL FOUL					
--	Conteh, Jeremiah	William Penn	SCR			

**Event 20 Men Weight Throw**

=====  
Top 9 advance to final

NAIA A: A 17.10m

NAIA B: B 16.25m

Name	Year	School	Finals	H#	Points
1 Miller, Mitchell		Mount Mercy	17.20mA	56-05.25	2 10
	16.78m 17.20m 16.90m	FOUL FOUL 16.57m			
2 Henderson, Joshua		Central Methodist	15.98m	52-05.25	2 8
	15.98m 15.76m 15.76m	15.35m FOUL FOUL			
3 Evans, Colder		Central Methodist	15.96m	52-04.50	2 6
	15.21m 14.50m 15.77m	15.96m 15.12m 15.95m			
4 Castro, Felipe		Mount Mercy	15.89m	52-01.75	2 5
	15.89m 15.68m 15.50m	FOUL 15.68m FOUL			
5 West, Xzavion		Missouri Valley	15.85m	52-00.00	2 4
	15.55m 15.39m 14.95m	14.80m 14.91m 15.85m			
6 Stottlemeyer, Jasper		William Penn	15.84m	51-11.75	2 3
	15.84m 15.73m FOUL	15.50m 15.78m FOUL			

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**....Event 20 Men Weight Throw**

7	Siefken, Niles	Grand View	15.34m	50-04.00	1	2
	15.10m 15.34m 15.08m 14.61m 14.81m 15.24m					
8	Visser, Gerrit	Missouri Valley	15.33m	50-03.50	1	1
	15.14m 15.27m FOUL 15.33m FOUL 14.68m					
9	Sussex, Caden	Grand View	15.31m	50-02.75	2	
	14.57m 14.95m 15.31m FOUL FOUL 15.08m					
10	Schilling, Kaden	Mount Mercy	15.23m	49-11.75	2	
	15.23m 14.81m 15.04m					
11	Kilson, Hayden	Missouri Valley	15.22m	49-11.25	1	
	15.22m 15.07m FOUL					
12	Rutherford, Caleb	Mount Mercy	15.09m	49-06.25	1	
	15.09m FOUL FOUL					
13	Marshall, Nickolas	Missouri Valley	14.90m	48-10.75	2	
	14.90m FOUL 14.66m					
14	Allen, Nick	MidAmerica Nazarene	14.77m	48-05.50	1	
	14.61m 14.77m 14.52m					
15	Richardson, Alex	Evangel	14.75m	48-04.75	2	
	14.75m 13.95m 14.48m					
16	Conteh, Jeremiah	William Penn	14.72m	48-03.50	2	
	FOUL 14.72m 14.02m					
17	Hiebert, Gage	Baker	14.34m	47-00.75	1	
	13.91m 14.34m FOUL					
18	Lockett, Xaden	Central Methodist	14.22m	46-08.00	1	
	FOUL 14.22m 13.49m					
19	Willey, Blake	Grand View	13.65m	44-09.50	1	
	13.65m FOUL FOUL					
20	Crew, Hunter	Mount Mercy	12.78m	41-11.25	1	
	FOUL 12.78m FOUL					
21	Koval, Ted	Benedictine (Kan.)	11.91m	39-01.00	1	
	FOUL FOUL 11.91m					
--	Hansen, Landon	William Penn	SCR			
--	Lukefahr, Jace	William Penn	SCR			

**Event 21 Men Heptathlon**

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NAIA B: B 4150

Name	Year School	Finals	H#	Points
1 Moeller, Justin	William Penn	4843B		10
2 Minear, Chantz	Grand View	4795B		8
3 Smith, Ethan	Central Methodist	4702B		6
4 Deitering, Brody	Clarke	4209B		5
5 Gourley, Parker	Grand View	4189B		4
6 Large, Jacob	Grand View	4139		3
7 Benson, Calvin	Benedictine (Kan.)	4011		2
8 Butler, John Philip	Benedictine (Kan.)	3865		1
9 Marchand, Paul	Graceland	3326		
10 Chamberlin, Parker	Graceland	2803		

**Event 21 Heptathlon: #1 Men 60 Meter Dash Heptathlon**

=====

Name	Year School	Finals	H#	Points
1 Marchand, Paul	Graceland	7.12	2	840
2 Deitering, Brody	Clarke	7.22	2	806

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**....Event 21 Heptathlon: #1 Men 60 Meter Dash Heptathlon**

3 Minear, Chantz	Grand View	7.33	2	769
4 Moeller, Justin	William Penn	7.34	2	765
5 Smith, Ethan	Central Methodist	7.36	2	759
6 Butler, John Philip	Benedictine (Kan.)	7.45	1	729
7 Chamberlin, Parker	Graceland	7.49	2	716
8 Benson, Calvin	Benedictine (Kan.)	7.52	1	706
9 Bancey, Davy	Graceland	7.55	1	697
10 Gourley, Parker	Grand View	7.57	1	690
11 Large, Jacob	Grand View	7.63	1	671

**Event 21 Heptathlon: #2 Men Long Jump Heptathlon**

Name	Year	School	Finals	Points	
1 Marchand, Paul		Graceland	6.81m	22-04.25	769
6.43m 6.81m 6.46m					
2 Moeller, Justin		William Penn	6.77m	22-02.50	760
FOUL 6.49m 6.77m					
3 Minear, Chantz		Grand View	6.39m	20-11.75	673
FOUL 6.04m 6.39m					
4 Smith, Ethan		Central Methodist	6.01m	19-08.75	589
5.82m 6.01m FOUL					
4 Bancey, Davy		Graceland	6.01m	19-08.75	589
5.85m 6.01m 5.91m					
6 Deitering, Brody		Clarke	5.94m	19-06.00	574
5.48m 5.66m 5.94m					
7 Benson, Calvin		Benedictine (Kan.)	5.88m	19-03.50	561
5.46m 5.88m 5.81m					
8 Large, Jacob		Grand View	5.87m	19-03.25	559
4.15m 5.87m FOUL					
9 Gourley, Parker		Grand View	5.72m	18-09.25	527
5.38m 5.54m 5.72m					
10 Chamberlin, Parker		Graceland	5.43m	17-09.75	467
5.43m FOUL 5.42m					
11 Butler, John Philip		Benedictine (Kan.)	5.35m	17-06.75	451
5.35m 5.08m 4.89m					

**Event 21 Heptathlon: #3 Men Shot Put Heptathlon**

Name	Year	School	Finals	Points	
1 Deitering, Brody		Clarke	11.91m	39-01.00	601
11.19m 11.62m 11.91m					
2 Smith, Ethan		Central Methodist	11.63m	38-02.00	584
11.45m 11.63m 11.45m					
3 Moeller, Justin		William Penn	10.79m	35-05.00	533
10.35m 10.07m 10.79m					
4 Marchand, Paul		Graceland	10.65m	34-11.25	525
10.01m 10.65m 10.41m					
5 Minear, Chantz		Grand View	9.74m	31-11.50	470
9.71m FOUL 9.74m					
6 Large, Jacob		Grand View	9.43m	30-11.25	451
9.15m 8.96m 9.43m					
7 Gourley, Parker		Grand View	9.41m	30-10.50	450
9.41m 8.52m FOUL					

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**....Event 21 Heptathlon: #3 Men Shot Put Heptathlon**

8 Chamberlin, Parker	Graceland	9.14m	30-00.00	434
8.35m 9.14m 9.07m				
9 Bancey, Davy	Graceland	9.12m	29-11.25	433
7.98m 8.45m 9.12m				
10 Benson, Calvin	Benedictine (Kan.)	9.05m	29-08.25	429
9.05m 8.98m 8.42m				
11 Butler, John Philip	Benedictine (Kan.)	7.62m	25-00.00	344
7.62m 7.50m 7.43m				

**Event 21 Heptathlon: #4 Men High Jump Heptathlon**

Name	Year	School	Finals														Points		
1 Moeller, Justin		William Penn	1.94m	6-04.25	749														
1.49 1.52 1.55 1.58 1.61 1.64 1.67 1.70 1.73 1.76 1.79 1.82 1.85 1.88 1.91 1.94 1.97			PPP PPP PPP PPP PPP PPP PPP PPP PPP PPP	O O O XO	O XXO XXX														
2 Gourley, Parker		Grand View	1.85m	6-00.75	670														
1.49 1.52 1.55 1.58 1.61 1.64 1.67 1.70 1.73 1.76 1.79 1.82 1.85 1.88			PPP PPP PPP PPP PPP PPP O PPP O PPP	XO XO O XXX															
2 Minear, Chantz		Grand View	1.85m	6-00.75	670														
1.49 1.52 1.55 1.58 1.61 1.64 1.67 1.70 1.73 1.76 1.79 1.82 1.85 1.88			PPP PPP PPP PPP PPP PPP PPP PPP O PPP	O XO O XXX															
4 Smith, Ethan		Central Methodist	1.82m	5-11.50	644														
1.49 1.52 1.55 1.58 1.61 1.64 1.67 1.70 1.73 1.76 1.79 1.82 1.85			PPP PPP PPP PPP PPP PPP O O O XO	XO XXO XXX															
5 Benson, Calvin		Benedictine (Kan.)	1.76m	5-09.25	593														
1.49 1.52 1.55 1.58 1.61 1.64 1.67 1.70 1.73 1.76 1.79			PPP PPP PPP PPP O O XO XO O O	XXX															
6 Butler, John Philip		Benedictine (Kan.)	1.73m	5-08.00	569														
1.49 1.52 1.55 1.58 1.61 1.64 1.67 1.70 1.73 1.76			O O PPP O O PPP O O O	XXX															
7 Large, Jacob		Grand View	1.70m	5-07.00	544														
1.49 1.52 1.55 1.58 1.61 1.64 1.67 1.70 1.73			PPP PPP PPP PPP PPP PPP O XO	XXX															
8 Deitering, Brody		Clarke	1.64m	5-04.50	496														
1.49 1.52 1.55 1.58 1.61 1.64 1.67			PPP O PPP O XO O	XXX															
9 Bancey, Davy		Graceland	1.52m	4-11.75	404														
1.49 1.52 1.55			O XXO XXX																
-- Chamberlin, Parker		Graceland	NH																
1.49			XXX																
-- Marchand, Paul		Graceland	NH																
1.49 1.52 1.55 1.58 1.61 1.64 1.67			PPP PPP PPP PPP PPP PPP	XXX															

**Event 21 Heptathlon: #5 Men 60 Meter Hurdles Heptathlon**

Name	Year	School	Finals	H#	Points
1 Minear, Chantz		Grand View	8.20	3	932
2 Moeller, Justin		William Penn	8.58	3	841
3 Smith, Ethan		Central Methodist	8.91	3	766
4 Large, Jacob		Grand View	9.10	3	724

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**...Event 21 Heptathlon: #5 Men 60 Meter Hurdles Heptathlon**

5	Gourley, Parker	Grand View	9.19	2	704
6	Benson, Calvin	Benedictine (Kan.)	9.36	2	668
7	Butler, John Philip	Benedictine (Kan.)	9.71	1	597
8	Deitering, Brody	Clarke	10.12	1	519
9	Marchand, Paul	Graceland	10.34	2	479
10	Chamberlin, Parker	Graceland	11.02	1	365
--	Bancey, Davy	Graceland	DQ	2	hand to hurdle

**Event 21 Heptathlon: #6 Men Pole Vault Heptathlon**

=====																					
Name	Year School										Finals	Points	=====								
=====																					
1	Smith, Ethan	Central Methodist										4.20m	13-09.25	673							
		2.95	3.00	3.05	3.10	3.15	3.20	3.30	3.40	3.50	3.60	3.70	3.80	3.90	4.00	4.10	4.20	4.20	4.30		
		PPP	PPP	PPP	PPP	PPP	PPP	PPP	PPP	PPP	PPP	PPP	PPP	PPP	PPP	PPP	PPP	PPP	PPP		
												O	O	O	XO	O	XXO	XXO	XXX		
2	Bancey, Davy	Graceland										4.00m	13-01.50	617							
		2.80	2.85	2.90	2.95	3.00	3.05	3.10	3.15	3.20	3.30	3.40	3.50	3.60	3.70	3.80	3.90	4.00	4.10		
		PPP	PPP	PPP	PPP	PPP	PPP	PPP	PPP	PPP	PPP	PPP	PPP	PPP	PPP	O	O	XO	PPP	O	XXP
3	Large, Jacob	Grand View										3.70m	12-01.50	535							
		2.65	2.70	2.75	2.80	2.85	2.90	2.95	3.00	3.05	3.10	3.15	3.20	3.30	3.40	3.50	3.60	3.70	3.80		
		PPP	PPP	PPP	PPP	PPP	PPP	PPP	PPP	PPP	PPP	PPP	PPP	O	PPP	O	XXO	O	XO	XXX	
3	Minear, Chantz	Grand View										3.70m	12-01.50	535							
		2.65	2.70	2.75	2.80	2.85	2.90	2.95	3.00	3.05	3.10	3.15	3.20	3.30	3.40	3.50	3.60	3.70	3.80		
		PPP	PPP	PPP	PPP	PPP	PPP	PPP	PPP	PPP	PPP	PPP	XO	PPP	O	PPP	O	XXO	XXX		
5	Gourley, Parker	Grand View										3.60m	11-09.75	509							
		2.60	2.65	2.70	2.75	2.80	2.85	2.90	2.95	3.00	3.05	3.10	3.15	3.20	3.30	3.40	3.50	3.60	3.70		
		PPP	PPP	PPP	PPP	PPP	PPP	PPP	PPP	PPP	PPP	PPP	PPP	PPP	PPP	O	O	O	XO	XXX	
5	Deitering, Brody	Clarke										3.60m	11-09.75	509							
		2.60	2.65	2.70	2.75	2.80	2.85	2.90	2.95	3.00	3.05	3.10	3.15	3.20	3.30	3.40	3.50	3.60	3.70		
		PPP	PPP	PPP	PPP	PPP	PPP	PPP	PPP	PPP	PPP	PPP	PPP	PPP	O	PPP	PPP	O	XO	O	XXX
5	Chamberlin, Parker	Graceland										3.60m	11-09.75	509							
		2.60	2.65	2.70	2.75	2.80	2.85	2.90	2.95	3.00	3.05	3.10	3.15	3.20	3.30	3.40	3.50	3.60	3.70		
		PPP	PPP	PPP	PPP	PPP	PPP	PPP	PPP	PPP	PPP	PPP	PPP	O	PPP	PPP	O	XO	PPP	O	XXX
8	Moeller, Justin	William Penn										3.40m	11-01.75	457							
		2.50	2.55	2.60	2.65	2.70	2.75	2.80	2.85	2.90	2.95	3.00	3.05	3.10	3.15	3.20	3.30	3.40	3.50		
		PPP	PPP	PPP	PPP	PPP	PPP	O	O	PPP	PPP	O	PPP	PPP	PPP	PPP	XO	O	XO	XXX	
9	Butler, John Philip	Benedictine (Kan.)										3.00m	9-10.00	357							
		2.50	2.55	2.60	2.65	2.70	2.75	2.80	2.85	2.90	2.95	3.00	3.05	3.10							
		XXO	O	O	O	O	O	XXO	O	XXO	PPP	XXO	PPP	XXX							
10	Marchand, Paul	Graceland										2.90m	9-06.25	333							
		2.80	2.85	2.90	2.95	3.00	3.05	3.10	3.15	3.20	3.30	3.40	3.50	3.60	3.70	3.80	3.90	4.00	4.10		
		PPP	PPP	XO	PPP	PPP	PPP	PPP	PPP	PPP	PPP	PPP	PPP	PPP	PPP	PPP	PPP	PPP	PPP	PPP	
11	Benson, Calvin	Benedictine (Kan.)										2.85m	9-04.25	321							
		2.50	2.55	2.60	2.65	2.70	2.75	2.80	2.85	2.90											
		O	O	O	O	O	O	O	O	XXX											

**Event 21 Heptathlon: #7 Men 1000 Meter Run Heptathlon**

=====							
Name	Year School			Finals	Points		
=====							
1	Butler, John Philip	Benedictine (Kan.)			2:45.08	818	
		1:01.336	(1:01.336)	1:52.890	(51.554)	2:45.078	(52.188)
2	Minear, Chantz	Grand View			2:51.89	746	
		1:08.346	(1:08.346)	2:03.807	(55.461)	2:51.887	(48.080)

**2023 Heart Of America Athletic Conference Indoor Championships - 2/17/2023 to**

**Hughes Field House**

**Results**

**....Event 21 Heptathlon: #7 Men 1000 Meter Run Heptathlon**

3 Moeller, Justin	William Penn	2:52.61	738
1:07.225 (1:07.225)	2:03.354 (56.129)	2:52.608 (49.254)	
4 Benson, Calvin	Benedictine (Kan.)	2:53.18	733
1:05.151 (1:05.151)	2:01.631 (56.480)	2:53.177 (51.546)	
5 Deitering, Brody	Clarke	2:55.98	704
1:07.704 (1:07.704)	2:03.751 (56.047)	2:55.977 (52.226)	
6 Smith, Ethan	Central Methodist	2:57.65	687
1:06.873 (1:06.873)	2:02.864 (55.991)	2:57.642 (54.778)	
7 Large, Jacob	Grand View	3:00.98	655
1:08.203 (1:08.203)	2:04.114 (55.911)	3:00.975 (56.861)	
8 Gourley, Parker	Grand View	3:02.59	639
1:08.961 (1:08.961)	2:05.639 (56.678)	3:02.589 (56.950)	
9 Marchand, Paul	Graceland	3:32.70	380
1:22.671 (1:22.671)	2:28.044 (1:05.373)	3:32.693 (1:04.649)	
10 Chamberlin, Parker	Graceland	3:42.02	312
1:23.164 (1:23.164)	2:32.269 (1:09.105)	3:42.019 (1:09.750)	
-- Bancey, Davy	Graceland	DNS	

**Event 22 Women 60 Meter Dash**

**8 Advance: Top 1 Each Heat plus Next 5 Best Times**

Finals Lane Pref 4,5,3,6,2,7,1,8

NAIA A: A 7.68

NAIA B: B 7.77

Name	Year School	Prelims	H#
------	-------------	---------	----

Preliminaries

1 Mongwe, Nikiwe	MidAmerica Nazarene	A 7.66Q	1
2 Clayton, Gizel	Central Methodist	B 7.76Q	2
3 Weimer, Delaney	Evangel	7.80Q	3
4 Burns, Nala	MidAmerica Nazarene	7.81q	2
5 Bell, Tajanique	Baker	7.87q	3
6 Kilson, Naomi	Baker	7.88q	1 7.878
7 Ambuul, Alison	Benedictine (Kan.)	7.88q	3 7.880
8 Solir, Daizy	MidAmerica Nazarene	7.90q	2
9 Johnson, Sakoya	Central Methodist	7.95	3
10 Clifton, Eden	Graceland	7.96	1
11 Rose, Alexandra	William Penn	8.04	2
12 Canada, Erika	Grand View	8.11	2
13 Bufford, Antasia	Baker	8.12	3
14 Rogers, Tabitha	William Penn	8.17	1
15 Paul, Anna	Grand View	8.27	3
16 Read, Allison	William Penn	8.35	1
17 Stacker, Da'Mah	Baker	8.39	1
18 Thompson, Shu'ron	Missouri Valley	8.40	2

**Event 22 Women 60 Meter Dash**

Finals Lane Pref 4,5,3,6,2,7,1,8

NAIA A: A 7.68

NAIA B: B 7.77

Name	Year School	Finals	Points
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Finals

1 Mongwe, Nikiwe	MidAmerica Nazarene	7.65A	10
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**2023 Heart Of America Athletic Conference Indoor Championships - 2/17/2023 to**

**Hughes Field House**

**Results**

**....Event 22 Women 60 Meter Dash**

2 Clayton, Gizel	Central Methodist	7.76B	8
3 Weimer, Delaney	Evangel	7.81	6
4 Bell, Tajanique	Baker	7.85	5
5 Solir, Daizy	MidAmerica Nazarene	7.89	4
6 Ambuul, Alison	Benedictine (Kan.)	7.92	3
7 Kilson, Naomi	Baker	7.97	2
8 Burns, Nala	MidAmerica Nazarene	8.13	1

Preliminaries

9 Johnson, Sakoya	Central Methodist
10 Clifton, Eden	Graceland
11 Rose, Alexandra	William Penn
12 Canada, Erika	Grand View
13 Bufford, Antasia	Baker
14 Rogers, Tabitha	William Penn
15 Paul, Anna	Grand View
16 Read, Allison	William Penn
17 Stacker, Da'Mah	Baker
18 Thompson, Shu'ron	Missouri Valley

**Event 23 Women 60 Meter Hurdles**

**8 Advance: Top 1 Each Heat plus Next 5 Best Times**

Finals Lane Pref 4,5,3,6,2,7,1,8

NAIA A: A 8.98

NAIA B: B 9.10

Name	Year School	Prelims	H#
1 Clayton, Gizel	Central Methodist	A 8.65Q	1
2 Bell, Tajanique	Baker	A 8.69Q	3
3 Scott, Tre'Breh	Central Methodist	A 8.96Q	2
4 Jenkins, Jocelyn	MidAmerica Nazarene	B 9.10q	1
5 McKie, Kaiya	Baker	9.19q	3
6 Leopold, Annie	Mount Mercy	9.26q	2
7 Sweeting, Shanai	Park U.	9.41q	3
8 Good, Abigail	Evangel	9.51q	3
9 Moore, Mya	Grand View	9.54	2
10 Burdova, Magdalena	MidAmerica Nazarene	9.55	3
11 Riley, Addisynn	Benedictine (Kan.)	9.57	2
12 Batu-Tiako, Abigaille	William Penn	9.58	1
13 Love, Cayna	Benedictine (Kan.)	9.70	2
14 Klamm, Hope	Park U.	9.86	1
15 Klamm, Faith	Park U.	9.90	1
16 Wiles, Liberty	Evangel	9.96	3
17 Gammarota, Federica	Missouri Valley	10.06	2
-- Lindenmeyer, Carly	MidAmerica Nazarene	DNF	1

**Event 23 Women 60 Meter Hurdles**

Finals Lane Pref 4,5,3,6,2,7,1,8

NAIA A: A 8.98

NAIA B: B 9.10

Name	Year School	Finals	Points
1 Clayton, Gizel	Central Methodist	8.53A	10



**2023 Heart Of America Athletic Conference Indoor Championships - 2/17/2023 to****Hughes Field House****Results****....Event 23 Women 60 Meter Hurdles**

2	Scott, Tre'Breh	Central Methodist	8.63A	8
3	Bell, Tajanique	Baker	8.66A	6
4	Leopold, Annie	Mount Mercy	9.27	5
5	Jenkins, Jocelyn	MidAmerica Nazarene	9.40	4
6	Sweeting, Shanai	Park U.	9.53	3
7	Good, Abigail	Evangel	9.66	2
--	McKie, Kaiya	Baker	DNS	

## Preliminaries

9	Moore, Mya	Grand View
10	Burdova, Magdalena	MidAmerica Nazarene
11	Riley, Addisynn	Benedictine (Kan.)
12	Batu-Tiako, Abigaille	William Penn
13	Love, Cayna	Benedictine (Kan.)
14	Klamm, Hope	Park U.
15	Klamm, Faith	Park U.
16	Wiles, Liberty	Evangel
17	Gammarota, Federica	Missouri Valley
--	Lindenmeyer, Carly	MidAmerica Nazarene

**Event 24 Women 200 Meter Dash**

Lane Preference: 5,6,4,3

NAIA A: A 25.16

NAIA B: B 25.40

Name	Year	School	Finals	H#	Points
Finals					
1		MidAmerica Nazarene	24.34A	6	10
2		Park U.	24.81A	6	8
3		Central Methodist	25.35B	1	6
4		Central Methodist	25.59	6	5
5		MidAmerica Nazarene	25.77	4	4
6		MidAmerica Nazarene	25.91	4	3
7		Benedictine (Kan.)	25.92	6	2
8		Central Methodist	25.94	5	1
9		Evangel	25.95	4	
10		Baker	26.30	5	
11		Baker	26.32	5	
12		Clarke	26.32	4	
13		Central Methodist	26.34	3	
14		Graceland	26.47	5	
15		Grand View	26.65	3	
16		William Penn	26.73	2	
17		Mount Mercy	26.93	3	
18		Central Methodist	27.03	3	
19		Grand View	27.03	2	
20		William Penn	27.62	2	
21		Baker	28.34	1	
--		Baker	DNS	1	
--		Missouri Valley	SCR		
--		Missouri Valley	SCR		
--		William Penn	SCR		

## 2023 Heart Of America Athletic Conference Indoor Championships - 2/17/2023 to

## Hughes Field House

## Results

## Event 25 Women 400 Meter Dash

Lane Preference: 5,6,4,3

NAIA A: A 57.63

NAIA B: B 58.62

Name	Year School	Finals	H#	Points
1 Ambuul, Alison	Benedictine (Kan.)	57.63A	5	10
2 Mongwe, Nikiwe	MidAmerica Nazarene	58.14B	1	8
3 Birmingham, Shelby	Park U.	58.41B	5	6
4 Rowland, Allena	Clarke	58.70	5	5
5 Nicholson, Janiah	MidAmerica Nazarene	59.34	3	4
6 Johnson, Sakoya	Central Methodist	59.71	5	3
7 Williams, Raven	William Penn	59.89	4	2
8 Sidique, Neomi	Grand View	1:00.94	4	1
9 Smith, Tatiana	Benedictine (Kan.)	1:01.85	4	1:01.845
10 Good, Abigail	Evangel	1:01.85	2	1:01.850
11 Bailey, Jessica	Central Methodist	1:02.04	3	
12 Anderson, Allison	Park U.	1:02.57	2	
13 Cunningham, Keiara-Ashle	Central Methodist	1:02.68	3	1:02.672
14 Johnson, Brooklyn	Mount Mercy	1:02.68	4	1:02.675
15 Gamarota, Federica	Missouri Valley	1:04.08	2	
16 Simon, Alise	William Penn	1:04.40	1	
17 Sweeting, Shanai	Park U.	1:04.53	2	
18 Koko, Karima	Grand View	1:04.86	1	
-- Johnson, Kailey	Central Methodist	DNS	3	

## Event 26 Women 600 Meter Run

Lane Preference: 5,6,4,3,2,1

NAIA A: A 1:36.12

NAIA B: B 1:37.51

Name	Year School	Finals	H#	Points
1 Camilo-Montenegro, Darly	Central Methodist	1:32.69A	2	10
44.340 (44.340)	1:32.688 (48.348)			
2 Hahlbeck, Jena	Park U.	1:34.67A	2	8
45.203 (45.203)	1:34.666 (49.463)			
3 Cobo, Caroline	Benedictine (Kan.)	1:35.44A	2	6
45.909 (45.909)	1:35.440 (49.531)			
4 Ambuul, Alison	Benedictine (Kan.)	1:36.21B	2	5
43.465 (43.465)	1:36.203 (52.738)			
5 Deana Paninka, Yanira	Central Methodist	1:39.61	2	4
46.098 (46.098)	1:39.609 (53.511)			
6 Smith, Antonia	Benedictine (Kan.)	1:40.40	1	3
47.062 (47.062)	1:40.391 (53.329)			
7 Kopp, Macy	Evangel	1:40.64	1	2
47.875 (47.875)	1:40.636 (52.761)			
8 Caldarelli, Danielle	Evangel	1:41.58	1	1
48.324 (48.324)	1:41.573 (53.249)			
9 Smith, Tatiana	Benedictine (Kan.)	1:41.67	1	
47.415 (47.415)	1:41.663 (54.248)			
10 Sterner, Rachel	Baker	1:42.75	1	
47.448 (47.448)	1:42.750 (55.302)			
11 Garr, Natalie	Central Methodist	1:42.87	2	
46.368 (46.368)	1:42.866 (56.498)			

**2023 Heart Of America Athletic Conference Indoor Championships - 2/17/2023 to****Hughes Field House****Results****Event 27 Women 800 Meter Run**

Start In Lanes

Lane Preference: 5,6,4,3,2,1

NAIA A: A 2:16.43

NAIA B: B 2:18.26

Name	Year	School	Finals	H#	Points
1 Hahlbeck, Jena		Park U.	2:20.82	3	10
35.177 (35.177)	1:31.471 (56.294)		2:20.818 (49.347)		
2 Cobo, Caroline		Benedictine (Kan.)	2:21.40	3	8
35.213 (35.213)	1:31.316 (56.103)		2:21.399 (50.083)		
3 Guilford, Kjirsten		Central Methodist	2:22.31	3	6
35.368 (35.368)	1:31.968 (56.600)		2:22.307 (50.339)		
4 Eidman, Maya		MidAmerica Nazarene	2:23.09	2	5
34.222 (34.222)	1:29.182 (54.960)		2:23.085 (53.903)		
5 Wieseman, Madeline		Central Methodist	2:23.71	2	4
33.963 (33.963)	1:28.856 (54.893)		2:23.701 (54.845)		
6 Nelson, Emilie		Benedictine (Kan.)	2:24.67	2	3
34.897 (34.897)	1:30.009 (55.112)		2:24.661 (54.652)		
7 Sterner, Rachel		Baker	2:24.77	2	2
34.459 (34.459)	1:29.533 (55.074)		2:24.769 (55.236)		
8 Rowland, Allena		Clarke	2:24.81	3	1
35.549 (35.549)	1:31.807 (56.258)		2:24.807 (53.000)		
9 Perkins, Ashlynn		Graceland	2:25.88	2	
34.725 (34.725)	1:29.799 (55.074)		2:25.875 (56.076)		
10 Leis, Liberty		Grand View	2:25.92	2	
34.989 (34.989)	1:30.047 (55.058)		2:25.919 (55.872)		
11 Burdova, Magdalena		MidAmerica Nazarene	2:27.17	3	
35.408 (35.408)	1:31.777 (56.369)		2:27.166 (55.389)		
12 Duncan, Shelby		MidAmerica Nazarene	2:30.36	3	
35.337 (35.337)	1:32.928 (57.591)		2:30.354 (57.426)		
13 Jennings, Ruth		Mount Mercy	2:30.49	1	
37.188 (37.188)	1:35.708 (58.520)		2:30.487 (54.779)		
14 Starrs, Catherine		Benedictine (Kan.)	2:31.73	1	
36.955 (36.955)	1:34.783 (57.828)		2:31.729 (56.946)		
15 Neeley, Faith		Grand View	2:34.50	1	
37.339 (37.339)	1:35.772 (58.433)		2:34.495 (58.723)		
16 Hernandez, Yaqueline		Mount Mercy	2:39.23	1	
39.100 (39.100)	1:38.932 (59.832)		2:39.225 (1:00.293)		
17 Kmiec, Michaela		William Penn	2:46.84	1	
38.411 (38.411)	1:42.136 (1:03.725)		2:46.834 (1:04.698)		
18 Fuller, Roselaure		William Penn	2:47.91	1	
39.556 (39.556)	1:41.828 (1:02.272)		2:47.906 (1:06.078)		

**Event 28 Women 1000 Meter Run**

Waterfall

NAIA A: A 2:59.54

NAIA B: B 3:02.01

Name	Year	School	Finals	H#	Points
1 Burdova, Magdalena		MidAmerica Nazarene	3:03.74	1	10
1:12.987 (1:12.987)	2:10.636 (57.649)		3:03.739 (53.103)		
2 Guilford, Kjirsten		Central Methodist	3:04.07	2	8
1:14.026 (1:14.026)	2:10.339 (56.313)		3:04.062 (53.723)		

**2023 Heart Of America Athletic Conference Indoor Championships - 2/17/2023 to  
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Results**

**....Event 28 Women 1000 Meter Run**

3	Downey, Gemma	Benedictine (Kan.)	3:05.31	2	6
	1:13.766 (1:13.766)	2:10.501 (56.735)	3:05.305 (54.804)		
4	Eidman, Maya	MidAmerica Nazarene	3:07.10	2	5
	1:14.672 (1:14.672)	2:11.736 (57.064)	3:07.100 (55.364)		
5	Michael, Siena	Benedictine (Kan.)	3:07.22	2	4
	1:14.171 (1:14.171)	2:10.856 (56.685)	3:07.219 (56.363)		
6	Leis, Liberty	Grand View	3:07.88	1	3
	1:12.733 (1:12.733)	2:10.360 (57.627)	3:07.871 (57.511)		
7	Alred, Abigail	MidAmerica Nazarene	3:08.22	2	2
	1:14.464 (1:14.464)	2:11.409 (56.945)	3:08.213 (56.804)		
8	Wieseman, Madeline	Central Methodist	3:09.32	2	1
	1:14.395 (1:14.395)	2:12.429 (58.034)	3:09.313 (56.884)		
9	Wheeler, Justine	MidAmerica Nazarene	3:10.47	2	
	1:14.853 (1:14.853)	2:12.476 (57.623)	3:10.463 (57.987)		
10	Aaron, Catherine	Benedictine (Kan.)	3:14.53	2	
	1:15.550 (1:15.550)	2:15.293 (59.743)	3:14.526 (59.233)		
11	Golden, Mary Cate	Benedictine (Kan.)	3:14.91	1	
	1:13.867 (1:13.867)	2:13.009 (59.142)	3:14.901 (1:01.892)		
12	Neeley, Faith	Grand View	3:15.63	1	
	1:13.539 (1:13.539)	2:13.580 (1:00.041)	3:15.621 (1:02.041)		
13	Hasan, Ikilas	Grand View	3:19.01	1	
	1:13.651 (1:13.651)	2:14.723 (1:01.072)	3:19.007 (1:04.284)		
14	Hele, Elizabeth	William Penn	3:20.78	1	
	1:16.725 (1:16.725)	2:21.431 (1:04.706)	3:20.771 (59.340)		
15	Slife, Samantha	Baker	3:24.12	1	
	1:14.985 (1:14.985)	2:20.607 (1:05.622)	3:24.114 (1:03.507)		
16	Kmiec, Michaela	William Penn	3:37.33	1	
	1:17.268 (1:17.268)	2:25.582 (1:08.314)	3:37.326 (1:11.744)		

**Event 29 Women 1 Mile Run**

Waterfall

NAIA A: A 5:05.50

NAIA B: B 5:10.00

Name	Year	School	Finals	Points
1 Cobo, Caroline		Benedictine (Kan.)	5:16.99	10
	1:21.818 (1:21.818)	2:21.818 (1:00.000)	3:21.682 (59.864)	4:21.084 (59.402)
	5:16.984 (55.900)			
2 Ortiz, Natasha		Benedictine (Kan.)	5:18.43	8
	1:22.404 (1:22.404)	2:22.178 (59.774)	3:21.964 (59.786)	4:21.411 (59.447)
	5:18.429 (57.018)			
3 McLaughlin, Julia		Benedictine (Kan.)	5:18.48	6
	1:22.149 (1:22.149)	2:22.308 (1:00.159)	3:22.219 (59.911)	4:21.514 (59.295)
	5:18.474 (56.960)			
4 Adams, Skylar		Evangel	5:20.65	5
	1:22.089 (1:22.089)	2:22.061 (59.972)	3:22.135 (1:00.074)	4:22.467 (1:00.332)
	5:20.645 (58.178)			
5 Bickler, Rory		Clarke	5:21.00	4
	1:22.705 (1:22.705)	2:22.687 (59.982)	3:22.508 (59.821)	4:23.450 (1:00.942)
	5:20.994 (57.544)			
6 Harris, Emily		Evangel	5:24.03	3
	1:21.877 (1:21.877)	2:21.894 (1:00.017)	3:22.364 (1:00.470)	4:23.741 (1:01.377)
	5:24.024 (1:00.283)			

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**Results**

**....Event 29 Women 1 Mile Run**

7	Knutson, J'Lyn	Mount Mercy	5:26.62	2	
	1:22.437 (1:22.437)	2:23.797 (1:01.360)	3:27.564 (1:03.767)	4:30.988 (1:03.424)	
	5:26.612 (55.624)				
8	Stewart, Grace	Graceland	5:37.70	1	
	1:22.809 (1:22.809)	2:24.275 (1:01.466)	3:28.260 (1:03.985)	4:32.460 (1:04.200)	
	5:37.691 (1:05.231)				
9	Landreth, Jana	Baker	5:58.70		
	1:23.156 (1:23.156)	2:27.809 (1:04.653)	3:38.314 (1:10.505)	4:49.528 (1:11.214)	
	5:58.699 (1:09.171)				
10	Sonnen, Jessie	Benedictine (Kan.)	6:24.55		
	1:25.377 (1:25.377)	2:36.152 (1:10.775)	3:51.779 (1:15.627)	5:08.986 (1:17.207)	
	6:24.550 (1:15.564)				

**Event 30 Women 3000 Meter Run**

Waterfall

NAIA A: A 10:20.50

NAIA B: B 10:25.75

Name	Year	School	Finals	Points	
1	Lawson, Morgan	Grand View	10:43.36	10	
	1:11.426 (1:11.426)	2:17.439 (1:06.013)	3:24.329 (1:06.890)	4:30.619 (1:06.290)	
	5:35.003 (1:04.384)	6:40.179 (1:05.176)	7:45.642 (1:05.463)	8:49.331 (1:03.689)	
	9:49.661 (1:00.330)	10:43.354 (53.693)			
2	Ortiz, Natasha	Benedictine (Kan.)	10:45.88	8	
	1:11.194 (1:11.194)	2:17.242 (1:06.048)	3:24.076 (1:06.834)	4:30.374 (1:06.298)	
	5:34.743 (1:04.369)	6:40.079 (1:05.336)	7:45.413 (1:05.334)	8:49.454 (1:04.041)	
	9:49.890 (1:00.436)	10:45.872 (55.982)			
3	Cobo, Caroline	Benedictine (Kan.)	10:51.85	6	
	1:12.063 (1:12.063)	2:18.050 (1:05.987)	3:24.741 (1:06.691)	4:30.993 (1:06.252)	
	5:35.345 (1:04.352)	6:40.564 (1:05.219)	7:46.172 (1:05.608)	8:50.402 (1:04.230)	
	9:54.133 (1:03.731)	10:51.841 (57.708)			
4	Rolwes, Mary	Benedictine (Kan.)	10:53.21	5	
	1:12.606 (1:12.606)	2:18.149 (1:05.543)	3:23.908 (1:05.759)	4:30.179 (1:06.271)	
	5:34.517 (1:04.338)	6:39.968 (1:05.451)	7:45.877 (1:05.909)	8:50.712 (1:04.835)	
	9:54.440 (1:03.728)	10:53.206 (58.766)			
5	Allen, Brooke	Baker	10:55.61	4	
	1:11.731 (1:11.731)	2:17.752 (1:06.021)	3:24.628 (1:06.876)	4:30.919 (1:06.291)	
	5:35.572 (1:04.653)	6:40.847 (1:05.275)	7:46.570 (1:05.723)	8:51.650 (1:05.080)	
	9:55.899 (1:04.249)	10:55.605 (59.706)			
6	Guerra, Isabella	Benedictine (Kan.)	10:59.13	3	
	1:12.520 (1:12.520)	2:17.823 (1:05.303)	3:24.441 (1:06.618)	4:30.698 (1:06.257)	
	5:35.256 (1:04.558)	6:40.327 (1:05.071)	7:46.176 (1:05.849)	8:52.682 (1:06.506)	
	9:58.829 (1:06.147)	10:59.125 (1:00.296)			
7	McLaughlin, Julia	Benedictine (Kan.)	11:05.88	2	
	1:12.884 (1:12.884)	2:18.385 (1:05.501)	3:24.922 (1:06.537)	4:31.222 (1:06.300)	
	5:35.677 (1:04.455)	6:40.769 (1:05.092)	7:47.134 (1:06.365)	8:53.891 (1:06.757)	
	10:02.794 (1:08.903)	11:05.880 (1:03.086)			
8	Bickler, Rory	Clarke	11:06.76	1	
	1:11.810 (1:11.810)	2:17.326 (1:05.516)	3:24.142 (1:06.816)	4:30.317 (1:06.175)	
	5:34.847 (1:04.530)	6:41.125 (1:06.278)	7:48.488 (1:07.363)	8:58.688 (1:10.200)	
	10:07.992 (1:09.304)	11:06.752 (58.760)			

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**Results**

**....Event 30 Women 3000 Meter Run**

9	Menghini, Lily	Benedictine (Kan.)	11:10.47		
	1:13.130 (1:13.130)	2:18.935 (1:05.805)	3:25.342 (1:06.407)	4:31.385 (1:06.043)	
	5:36.563 (1:05.178)	6:42.478 (1:05.915)	7:47.884 (1:05.406)	8:56.649 (1:08.765)	
	10:05.968 (1:09.319)	11:10.470 (1:04.502)			
10	Zitter, Abigail	MidAmerica Nazarene	11:11.24		
	1:13.967 (1:13.967)	2:20.115 (1:06.148)	3:26.934 (1:06.819)	4:33.483 (1:06.549)	
	5:40.328 (1:06.845)	6:47.998 (1:07.670)	7:56.445 (1:08.447)	9:04.740 (1:08.295)	
	10:12.428 (1:07.688)	11:11.234 (58.806)			
11	Knutson, J'Lyn	Mount Mercy	11:23.57		
	1:11.526 (1:11.526)	2:17.489 (1:05.963)	3:24.221 (1:06.732)	4:30.455 (1:06.234)	
	5:36.396 (1:05.941)	6:47.653 (1:11.257)	7:58.267 (1:10.614)	9:10.872 (1:12.605)	
	10:22.666 (1:11.794)	11:23.569 (1:00.903)			
12	Franco, Jaycie	Clarke	11:28.74		
	1:12.191 (1:12.191)	2:18.721 (1:06.530)	3:25.037 (1:06.316)	4:31.640 (1:06.603)	
	5:37.239 (1:05.599)	6:44.008 (1:06.769)	7:51.952 (1:07.944)	9:03.344 (1:11.392)	
	10:16.728 (1:13.384)	11:28.739 (1:12.011)			
13	Carter, Haley	Baker	11:39.93		
	1:12.931 (1:12.931)	2:19.533 (1:06.602)	3:27.545 (1:08.012)	4:36.904 (1:09.359)	
	5:47.819 (1:10.915)	6:58.706 (1:10.887)	8:10.933 (1:12.227)	9:22.120 (1:11.187)	
	10:33.851 (1:11.731)	11:39.924 (1:06.073)			
14	Day, Jessa	Mount Mercy	11:39.95		
	1:12.320 (1:12.320)	2:18.300 (1:05.980)	3:25.208 (1:06.908)	4:33.166 (1:07.958)	
	5:43.908 (1:10.742)	6:57.118 (1:13.210)	8:11.282 (1:14.164)	9:24.998 (1:13.716)	
	10:37.463 (1:12.465)	11:39.944 (1:02.481)			
15	Lopez, Ariana	Mount Mercy	12:07.31		
	1:13.907 (1:13.907)	2:23.157 (1:09.250)	3:33.748 (1:10.591)	4:46.649 (1:12.901)	
	6:00.024 (1:13.375)	7:13.813 (1:13.789)	8:28.448 (1:14.635)	9:43.301 (1:14.853)	
	10:57.339 (1:14.038)	12:07.305 (1:09.966)			
16	Ball, Blaise	Baker	12:11.19		
	1:13.566 (1:13.566)	2:22.488 (1:08.922)	3:34.207 (1:11.719)	4:46.812 (1:12.605)	
	5:59.641 (1:12.829)	7:13.709 (1:14.068)	8:28.213 (1:14.504)	9:43.546 (1:15.333)	
	10:59.419 (1:15.873)	12:11.189 (1:11.770)			
17	Bishop, Laura	Mount Mercy	12:38.32		
	1:15.097 (1:15.097)	2:30.334 (1:15.237)	3:45.866 (1:15.532)	5:02.463 (1:16.597)	
	6:19.817 (1:17.354)	7:37.578 (1:17.761)	8:54.366 (1:16.788)	10:09.211 (1:14.845)	
	11:24.502 (1:15.291)	12:38.315 (1:13.813)			
18	Roesner, Evelyn	Baker	12:53.15		
	1:14.253 (1:14.253)	2:23.479 (1:09.226)	3:35.576 (1:12.097)	4:50.706 (1:15.130)	
	6:09.057 (1:18.351)	7:28.895 (1:19.838)	8:49.908 (1:21.013)	10:12.584 (1:22.676)	
	11:34.178 (1:21.594)	12:53.143 (1:18.965)			

**Event 31 Women 5000 Meter Run**

Waterfall

NAIA A: A 18:09.61  
 NAIA B: B 18:21.51

Name	Year	School	Finals	Points
1 Lawson, Morgan		Grand View	18:01.07A	10
	42.876 (42.876)	1:49.709 (1:06.833)	2:55.324 (1:05.615)	4:02.107 (1:06.783)
	5:08.064 (1:05.957)	6:14.681 (1:06.617)	7:22.138 (1:07.457)	8:27.766 (1:05.628)
	9:33.818 (1:06.052)	10:39.641 (1:05.823)	11:45.749 (1:06.108)	12:51.016 (1:05.267)
	13:56.324 (1:05.308)	15:01.646 (1:05.322)	16:06.684 (1:05.038)	17:06.824 (1:00.140)
	18:01.063 (54.239)			

## 2023 Heart Of America Athletic Conference Indoor Championships - 2/17/2023 to

## Hughes Field House

## Results

## ....Event 31 Women 5000 Meter Run

2	Ortiz, Natasha	Benedictine (Kan.)	18:07.52A	8
	43.036 (43.036)	1:49.861 (1:06.825)	2:55.613 (1:05.752)	4:02.416 (1:06.803)
	5:08.354 (1:05.938)	6:14.981 (1:06.627)	7:22.206 (1:07.225)	8:27.487 (1:05.281)
	9:33.552 (1:06.065)	10:39.377 (1:05.825)	11:45.479 (1:06.102)	12:50.794 (1:05.315)
	13:56.064 (1:05.270)	15:01.364 (1:05.300)	16:06.792 (1:05.428)	17:07.393 (1:00.601)
	18:07.515 (1:00.122)			
3	Bickler, Rory	Clarke	18:32.98	6
	43.375 (43.375)	1:50.358 (1:06.983)	2:56.234 (1:05.876)	4:02.991 (1:06.757)
	5:08.643 (1:05.652)	6:15.270 (1:06.627)	7:22.456 (1:07.186)	8:28.324 (1:05.868)
	9:34.916 (1:06.592)	10:40.990 (1:06.074)	11:49.482 (1:08.492)	12:59.157 (1:09.675)
	14:08.011 (1:08.854)	15:17.246 (1:09.235)	16:26.440 (1:09.194)	17:33.337 (1:06.897)
	18:32.980 (59.643)			
4	Rolwes, Mary	Benedictine (Kan.)	18:45.37	5
	44.431 (44.431)	1:50.932 (1:06.501)	2:56.923 (1:05.991)	4:03.666 (1:06.743)
	5:09.555 (1:05.889)	6:16.395 (1:06.840)	7:23.385 (1:06.990)	8:31.895 (1:08.510)
	9:40.431 (1:08.536)	10:49.380 (1:08.949)	11:59.151 (1:09.771)	13:09.286 (1:10.135)
	14:18.991 (1:09.705)	15:28.938 (1:09.947)	16:37.928 (1:08.990)	17:46.044 (1:08.116)
	18:45.361 (59.317)			
5	Allen, Brooke	Baker	18:47.84	4
	42.618 (42.618)	1:50.095 (1:07.477)	2:55.949 (1:05.854)	4:02.721 (1:06.772)
	5:08.921 (1:06.200)	6:15.672 (1:06.751)	7:23.265 (1:07.593)	8:31.574 (1:08.309)
	9:40.204 (1:08.630)	10:49.510 (1:09.306)	11:59.442 (1:09.932)	13:09.212 (1:09.770)
	14:18.925 (1:09.713)	15:28.299 (1:09.374)	16:37.373 (1:09.074)	17:45.980 (1:08.607)
	18:47.836 (1:01.856)			
6	Guerra, Isabella	Benedictine (Kan.)	18:51.12	3
	44.227 (44.227)	1:50.668 (1:06.441)	2:56.581 (1:05.913)	4:03.277 (1:06.696)
	5:09.186 (1:05.909)	6:15.850 (1:06.664)	7:23.056 (1:07.206)	8:31.292 (1:08.236)
	9:39.903 (1:08.611)	10:49.193 (1:09.290)	11:58.913 (1:09.720)	13:09.756 (1:10.843)
	14:20.611 (1:10.855)	15:31.346 (1:10.735)	16:41.841 (1:10.495)	17:51.423 (1:09.582)
	18:51.111 (59.688)			
7	Perkins, Keagan	Graceland	18:54.86	2
	41.856 (41.856)	1:49.412 (1:07.556)	2:55.067 (1:05.655)	4:01.821 (1:06.754)
	5:07.756 (1:05.935)	6:14.416 (1:06.660)	7:21.822 (1:07.406)	8:28.558 (1:06.736)
	9:35.350 (1:06.792)	10:44.208 (1:08.858)	11:53.611 (1:09.403)	13:03.990 (1:10.379)
	14:14.648 (1:10.658)	15:26.305 (1:11.657)	16:38.238 (1:11.933)	17:48.640 (1:10.402)
	18:54.855 (1:06.215)			
8	Menghini, Lily	Benedictine (Kan.)	19:43.74	1
	44.714 (44.714)	1:51.204 (1:06.490)	2:57.287 (1:06.083)	4:04.061 (1:06.774)
	5:10.326 (1:06.265)	6:18.296 (1:07.970)	7:26.550 (1:08.254)	8:36.205 (1:09.655)
	9:48.319 (1:12.114)	11:01.219 (1:12.900)	12:15.450 (1:14.231)	13:30.970 (1:15.520)
	14:46.434 (1:15.464)	16:01.946 (1:15.512)	17:17.006 (1:15.060)	18:32.828 (1:15.822)
	19:43.731 (1:10.903)			
9	Franco, Jaycie	Clarke	19:53.56	
	44.902 (44.902)	1:52.858 (1:07.956)	3:02.919 (1:10.061)	4:13.764 (1:10.845)
	5:25.929 (1:12.165)	6:37.231 (1:11.302)	7:49.665 (1:12.434)	9:02.334 (1:12.669)
	10:15.545 (1:13.211)	11:29.291 (1:13.746)	12:43.278 (1:13.987)	13:57.458 (1:14.180)
	15:10.842 (1:13.384)	16:25.038 (1:14.196)	17:36.663 (1:11.625)	18:48.454 (1:11.791)
	19:53.559 (1:05.105)			
10	Carter, Haley	Baker	20:01.28	
	44.592 (44.592)	1:52.560 (1:07.968)	3:02.624 (1:10.064)	4:13.250 (1:10.626)
	5:23.667 (1:10.417)	6:34.421 (1:10.754)	7:46.574 (1:12.153)	9:00.189 (1:13.615)
	10:13.693 (1:13.504)	11:26.939 (1:13.246)	12:41.177 (1:14.238)	13:54.834 (1:13.657)
	15:08.660 (1:13.826)	16:23.355 (1:14.695)	17:38.353 (1:14.998)	18:52.553 (1:14.200)
	20:01.277 (1:08.724)			

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**....Event 31 Women 5000 Meter Run**

11 Lopez, Ariana	Mount Mercy	20:28.26	
45.074 (45.074)	1:53.144 (1:08.070)	3:03.230 (1:10.086)	4:13.470 (1:10.240)
5:26.179 (1:12.709)	6:37.538 (1:11.359)	7:49.957 (1:12.419)	9:03.311 (1:13.354)
10:18.490 (1:15.179)	11:34.365 (1:15.875)	12:50.696 (1:16.331)	14:09.190 (1:18.494)
15:29.058 (1:19.868)	16:49.017 (1:19.959)	18:07.563 (1:18.546)	19:21.728 (1:14.165)
20:28.254 (1:06.526)			
12 Harder, Laura	Graceland	20:29.07	
45.837 (45.837)	1:55.821 (1:09.984)	3:05.677 (1:09.856)	4:15.476 (1:09.799)
5:26.671 (1:11.195)	6:37.798 (1:11.127)	7:50.455 (1:12.657)	9:04.875 (1:14.420)
10:21.063 (1:16.188)	11:39.344 (1:18.281)	12:58.052 (1:18.708)	14:16.226 (1:18.174)
15:34.501 (1:18.275)	16:52.355 (1:17.854)	18:07.509 (1:15.154)	19:22.222 (1:14.713)
20:29.064 (1:06.842)			
13 Fisher, Mickenzie	Graceland	20:59.22	
45.983 (45.983)	1:55.941 (1:09.958)	3:05.863 (1:09.922)	4:15.856 (1:09.993)
5:27.033 (1:11.177)	6:39.091 (1:12.058)	7:52.628 (1:13.537)	9:08.318 (1:15.690)
10:25.876 (1:17.558)	11:44.161 (1:18.285)	13:05.234 (1:21.073)	14:27.173 (1:21.939)
15:49.433 (1:22.260)	17:10.901 (1:21.468)	18:31.401 (1:20.500)	19:49.840 (1:18.439)
20:59.216 (1:09.376)			
14 Ball, Blaise	Baker	21:18.47	
44.031 (44.031)	1:52.906 (1:08.875)	3:03.027 (1:10.121)	4:13.019 (1:09.992)
5:26.480 (1:13.461)	6:40.886 (1:14.406)	7:57.188 (1:16.302)	9:15.185 (1:17.997)
10:34.745 (1:19.560)	11:57.020 (1:22.275)	13:18.006 (1:20.986)	14:39.428 (1:21.422)
16:01.179 (1:21.751)	17:23.813 (1:22.634)	18:43.780 (1:19.967)	20:03.358 (1:19.578)
21:18.467 (1:15.109)			
15 Bishop, Laura	Mount Mercy	21:47.20	
47.108 (47.108)	2:01.448 (1:14.340)	3:18.544 (1:17.096)	4:36.115 (1:17.571)
5:48.480 (1:12.365)	7:05.561 (1:17.081)	8:25.455 (1:19.894)	9:43.261 (1:17.806)
11:02.632 (1:19.371)	12:22.750 (1:20.118)	13:44.136 (1:21.386)	15:06.733 (1:22.597)
16:28.935 (1:22.202)	17:50.408 (1:21.473)	19:12.997 (1:22.589)	20:30.331 (1:17.334)
21:47.196 (1:16.865)			
16 Hawk, Kiley	Baker	24:20.91	
47.389 (47.389)	2:03.067 (1:15.678)	3:24.676 (1:21.609)	4:49.247 (1:24.571)
6:14.306 (1:25.059)	7:39.644 (1:25.338)	9:06.055 (1:26.411)	10:34.192 (1:28.137)
12:02.561 (1:28.369)	13:36.362 (1:33.801)	15:10.976 (1:34.614)	16:49.209 (1:38.233)
18:27.499 (1:38.290)	20:01.659 (1:34.160)	21:32.559 (1:30.900)	22:59.297 (1:26.738)
24:20.904 (1:21.607)			

**Event 32 Women 3000 Meter Race Walk**

Waterfall

NAIA A: A 16:30.00

NAIA B: B 17:45.00

Name	Year	School	Finals	Points
1 Deana Paninka, Yanira		Central Methodist	16:19.32A	10
1:18.974 (1:18.974)	2:50.653 (1:31.679)	4:27.952 (1:37.299)	6:07.714 (1:39.762)	
7:52.166 (1:44.452)	9:38.646 (1:46.480)	11:23.572 (1:44.926)	13:08.035 (1:44.463)	
14:54.866 (1:46.831)	16:19.318 (1:24.452)			
2 Thompson, Paige		Grand View	16:50.30B	8
1:28.532 (1:28.532)	3:06.451 (1:37.919)	4:46.710 (1:40.259)	6:28.857 (1:42.147)	
8:11.184 (1:42.327)	9:54.987 (1:43.803)	11:38.656 (1:43.669)	13:24.961 (1:46.305)	
15:11.432 (1:46.471)	16:50.292 (1:38.860)			



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**....Event 32 Women 3000 Meter Race Walk**

3 Morris, Baileigh	Central Methodist	17:08.30B	6
1:41.415 (1:41.415)	3:27.868 (1:46.453)	5:14.851 (1:46.983)	7:01.867 (1:47.016)
8:48.287 (1:46.420)	10:33.072 (1:44.785)	12:10.633 (1:37.561)	13:51.061 (1:40.428)
15:31.515 (1:40.454)	17:08.292 (1:36.777)		
4 Hill, Abby	Mount Mercy	17:26.90B	5
1:32.019 (1:32.019)	3:16.761 (1:44.742)	5:01.106 (1:44.345)	6:48.083 (1:46.977)
8:39.261 (1:51.178)	10:28.876 (1:49.615)	12:13.611 (1:44.735)	13:59.990 (1:46.379)
15:43.941 (1:43.951)	17:26.899 (1:42.958)		
5 Hood, Deziree	Central Methodist	21:48.59	4
1:51.813 (1:51.813)	3:50.662 (1:58.849)	6:00.275 (2:09.613)	8:12.096 (2:11.821)
10:22.806 (2:10.710)	12:32.273 (2:09.467)	14:55.324 (2:23.051)	17:18.024 (2:22.700)
19:40.473 (2:22.449)	21:48.586 (2:08.113)		
6 Reichert, Amara	Central Methodist	22:48.34	3
1:54.608 (1:54.608)	4:08.225 (2:13.617)	6:30.500 (2:22.275)	8:48.996 (2:18.496)
11:08.824 (2:19.828)	13:28.574 (2:19.750)	15:54.847 (2:26.273)	18:19.282 (2:24.435)
20:36.159 (2:16.877)	22:48.338 (2:12.179)		

**Event 33 Women 4x400 Meter Relay**

=====  
Lane Preference: 5,6,4,3,2

NAIA A: A 3:56.84

NAIA B: B 3:59.81

School	Finals	H#	Points
1 Central Methodist	3:52.40A	3	10
1) Scott, Tre'Breh	2) Clayton, Gizel		
3) Camilo-Montenegro, Darly	4) Johnson, Sakoya		
2 MidAmerica Nazarene	3:56.95B	3	8
1) Nicholson, Janiah	2) Eidman, Maya		
3) Mongwe, Nikiwe	4) Solir, Daizy		
3 Benedictine (Kan.)	4:01.80	3	6
1) Smith, Antonia	2) Smith, Tatiana		
3) Gormley, Brynna	4) Ambuul, Alison		
4 Park U.	4:07.38	3	5
1) Birmingham, Shelby	2) Hahlbeck, Jena		
3) Sweeting, Shanai	4) Anderson, Allison		
5 William Penn	4:14.01	1	4
1) Simon, Alise	2) Williams, Raven		
3) Campbell, Aiyanna	4) Kelley, Makailah		
6 Clarke	4:14.85	2	3
1) Norman, Sydney	2) Rowland, Allena		
3) Terwische, Emma	4) Franco, Jaycie		
7 Graceland	4:17.38	2	2
1) Clifton, Eden	2) Perkins, Keagan		
3) Gilliland, Sidney	4) Perkins, Ashlynn		
8 Missouri Valley	4:18.52	1	1
1) Watts, Jane	2) Thompson, Shu'ron		
3) Rojas, Katherine	4) Gammara, Federica		
9 Mount Mercy	4:22.26	2	
1) Leopold, Annie	2) Garner, Katie		
3) Johnson, Brooklyn	4) Jennings, Ruth		
10 Evangel	4:22.84	3	
1) Wiles, Liberty	2) Collins, Taylor		
3) Evans, Hannah	4) Caldarelli, Danielle		
11 Grand View	4:25.24	2	

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**....Event 33 Women 4x400 Meter Relay**

- |                    |                    |     |   |
|--------------------|--------------------|-----|---|
| 1) Sidique, Neomi  | 2) Moore, Mya      |     |   |
| 3) Koko, Karima    | 4) Muecke, Kylie   |     |   |
| -- Baker           |                    | DNS | 1 |
| 1) Bell, Tajanique | 2) Kilson, Naomi   |     |   |
| 3) McKie, Kaiya    | 4) Sterner, Rachel |     |   |

**Event 34 Women 4x800 Meter Relay**

Waterfall

NAIA A: A 9:38.34

NAIA B: B 9:41.31

School	Finals	Points
1 Benedictine (Kan.)	9:26.97A	10
1) Cobo, Caroline	2) Ambuul, Alison	
3) Michael, Siena	4) Downey, Gemma	
2 Central Methodist	9:30.44A	8
1) Wieseman, Madeline	2) Garr, Natalie	
3) Deana Paninka, Yanira	4) Guilford, Kjirsten	
3 Evangel	9:35.85A	6
1) Adams, Skylar	2) Harris, Emily	
3) Caldarelli, Danielle	4) Kopp, Macy	
4 MidAmerica Nazarene	9:55.53	5
1) Duncan, Shelby	2) Alred, Abigail	
3) Wheeler, Justine	4) Eidman, Maya	
5 Mount Mercy	10:05.14	4
1) Jennings, Ruth	2) Woods, Sydney	
3) Knutson, J'Lyn	4) Rinderknecht, Abby	
6 Grand View	10:23.57	3
1) Muecke, Kylie	2) Hasan, Ikilas	
3) Neeley, Faith	4) Leis, Liberty	
7 Baker	10:35.52	2
1) Sterner, Rachel	2) Landreth, Jana	
3) Thompson, Haley	4) Slife, Samantha	
8 Clarke	10:38.18	1
1) Franco, Jaycie	2) Radeke, Lydia	
3) Manning, Isabel	4) Rowland, Allena	
9 William Penn	10:58.69	
1) Hele, Elizabeth	2) Simon, Alise	
3) Kelley, Makailah	4) Fuller, Roselaure	

**Event 35 Women Distance Medley**

Waterfall

NAIA A: A 12:25.02

NAIA B: B 12:29.97

School	Finals	Points
1 Evangel	12:41.94	10
1) Harris, Emily	2) Good, Abigail	
3) Kopp, Macy	4) Adams, Skylar	
2 Benedictine (Kan.)	12:54.76	8
1) Michael, Siena	2) Starrs, Catherine	
3) Downey, Gemma	4) Aaron, Catherine	
3 MidAmerica Nazarene	12:59.82	6

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**....Event 35 Women Distance Medley**

1) Alred, Abigail	2) Whalen, Stella		
3) Burdova, Magdalena	4) Wheeler, Justine		
4 Graceland		13:13.05	5
1) Stewart, Grace	2) Lewis, Jacey		
3) Perkins, Ashlynn	4) Perkins, Keagan		
5 Baker		13:20.52	4
1) Landreth, Jana	2) Havlik, Lauren		
3) Sterner, Rachel	4) Allen, Brooke		
6 Central Methodist		13:21.99	3
1) Deana Paninka, Yanira	2) Cunningham, Keiara-Ashley		
3) Garr, Natalie	4) Wieseman, Madeline		
7 Grand View		13:23.99	2
1) Hasan, Ikilas	2) Canada, Erika		
3) Neeley, Faith	4) Leis, Liberty		
8 Clarke		13:37.62	1
1) Manning, Isabel	2) Matthews, Isabelle		
3) Ranson, Anyah	4) Bickler, Rory		
9 Mount Mercy		13:52.26	
1) Hernandez, Yaqueline	2) Coffin, Kiah		
3) Woods, Sydney	4) Rinderknecht, Abby		
10 William Penn		14:29.29	
1) Kmiec, Michaela	2) Harris, Layla		
3) Fuller, Roselaure	4) Hele, Elizabeth		

**Event 36 Women Long Jump**

Top 9 advance to final

NAIA A: A 5.60m

NAIA B: B 5.50m

Name	Year	School	Finals	H#	Points
1 Lindenmeyer, Carly		MidAmerica Nazarene	5.58mB	18-03.75	2 10
5.58m 5.53m 5.55m	FOUL	FOUL FOUL			
2 Scott, Tre'Breh		Central Methodist	5.38m	17-08.00	1 8
5.04m 4.97m 5.11m 5.34m	FOUL	5.38m			
3 Burns, Nala		MidAmerica Nazarene	5.37m	17-07.50	2 6
5.21m 5.37m 4.86m	PASS	PASS 4.95m			
4 Green, Reanna		MidAmerica Nazarene	5.35m	17-06.75	2 5
5.22m 5.30m 5.35m 4.88m	5.25m	FOUL			
5 Batu-Tiako, Abigaille		William Penn	5.34m	17-06.25	2 4
FOUL 5.06m 5.31m 5.03m	5.18m	5.34m			
6 Johnson, Brooklyn		Mount Mercy	5.22m	17-01.50	2 3
5.09m 5.00m 5.10m 4.43m	5.22m	5.17m			
7 Jenkins, Jocelyn		MidAmerica Nazarene	5.06m	16-07.25	2 2
5.02m 5.04m 4.90m 4.98m	5.06m	PASS			
8 Kilson, Naomi		Baker	5.01m	16-05.25	2 1
FOUL 4.69m 5.01m	FOUL	FOUL			
9 Loewen, Hayley		MidAmerica Nazarene	4.94m	16-02.50	1
4.72m 4.94m	FOUL	FOUL 4.86m 4.72m			
10 Hawkins, Carter		Central Methodist	4.92m	16-01.75	2
4.72m 4.92m 4.77m					
11 Terwische, Emma		Clarke	4.86m	15-11.50	2
FOUL FOUL 4.86m					
12 Johnson, Kailey		Central Methodist	4.83m	15-10.25	2
FOUL 4.83m	PASS				

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**....Event 36 Women Long Jump**

13 Allen, Nykeriah	Benedictine (Kan.)	4.82m	15-09.75	1
FOUL 4.82m 4.60m				
13 Johnson, Sarah	Central Methodist	4.82m	15-09.75	1
4.77m 4.82m 4.80m				
15 Ranson, Anyah	Clarke	4.80m	15-09.00	1
4.80m 4.58m 4.47m				
16 LeClere, Aleksyia	Mount Mercy	4.68m	15-04.25	1
FOUL 4.68m 4.64m				
17 Watts, Jane	Missouri Valley	4.24m	13-11.00	1
4.04m 4.24m 4.12m				
-- Grant, Emma	Clarke	FOUL		1
FOUL FOUL FOUL				
-- McIntyre, Dawn	Park U.	FOUL		1
FOUL FOUL FOUL				

**Event 37 Women Triple Jump**

Top 9 advance to final

NAIA A: A 11.40m

NAIA B: B 11.15m

Name	Year School	Finals	Points
1 Wilson, Jacee	Evangel	11.11m 36-05.50	10
10.91m 11.11m FOUL 10.74m 11.00m 11.10m			
2 Green, Reanna	MidAmerica Nazarene	10.83m 35-06.50	8
10.54m FOUL 10.83m 9.75m FOUL 10.67m			
3 Loewen, Hayley	MidAmerica Nazarene	10.71m 35-01.75	6
10.48m 10.58m 10.63m 10.32m 10.71m 10.45m			
4 Davis, Lauren	Evangel	10.55m 34-07.50	5
10.55m 10.40m 9.95m 9.99m 10.49m 10.50m			
5 Johnson, Sarah	Central Methodist	10.48m 34-04.75	4
10.34m FOUL FOUL 10.30m FOUL 10.48m			
6 LeClere, Aleksyia	Mount Mercy	10.34m 33-11.25	3
9.81m 10.34m 10.30m 10.33m 10.31m 10.26m			
7 Sheil, Jessica	Evangel	10.19m 33-05.25	2
FOUL 10.05m 10.13m FOUL 10.10m 10.19m			
8 Margheim, Ella	MidAmerica Nazarene	10.14m 33-03.25	1
10.11m 10.02m 9.99m 9.96m 10.14m FOUL			
9 Deana Paninka, Emma	Central Methodist	10.12m 33-02.50	
FOUL 10.06m 10.12m FOUL 9.97m 9.88m			
10 Roland, Jasmine	MidAmerica Nazarene	9.57m 31-04.75	
FOUL FOUL 9.57m			
-- Terwische, Emma	Clarke	FOUL	
FOUL FOUL FOUL			
-- Burns, Nala	MidAmerica Nazarene	DNS	

**Event 38 Women High Jump**

Starting Height:

NAIA A: A 1.67m

NAIA B: B 1.64m

Name	Year School	Finals	Points
------	-------------	--------	--------

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**....Event 38 Women High Jump**

1	Lindenmeyer, Carly	MidAmerica Nazarene	1.64mB	5-04.50	10
	1.39 1.44 1.49 1.54 1.59 1.64 1.67				
	PPP PPP O XO O XO XXX				
2	Miller, Delaney	Central Methodist	1.59m	5-02.50	8
	1.39 1.44 1.49 1.54 1.59 1.64				
	PPP O O O O XXX				
3	Gilliland, Sidney	Graceland	J1.59m	5-02.50	6
	1.39 1.44 1.49 1.54 1.59 1.64				
	PPP PPP PPP O XO XXX				
4	Finke, Renee	Central Methodist	J1.59m	5-02.50	5
	1.39 1.44 1.49 1.54 1.59 1.64				
	PPP XO O XXO XO XXX				
5	Allen, Nykeriah	Benedictine (Kan.)	J1.59m	5-02.50	4
	1.39 1.44 1.49 1.54 1.59 1.64				
	PPP O O O XXO XXX				
6	Perkins, Ashlynn	Graceland	1.54m	5-00.50	3
	1.39 1.44 1.49 1.54 1.59				
	PPP PPP XXO O XXX				
7	Margheim, Ella	MidAmerica Nazarene	J1.54m	5-00.50	2
	1.39 1.44 1.49 1.54 1.59				
	O O O XO XXX				
8	Evans, Hannah	Evangel	J1.54m	5-00.50	1
	1.39 1.44 1.49 1.54 1.59				
	PPP PPP XO XXO XXX				
9	Norman, Sydney	Clarke	1.49m	4-10.50	
	1.39 1.44 1.49 1.54				
	O O O XXX				
9	Jenkins, Jocelyn	MidAmerica Nazarene	1.49m	4-10.50	
	1.39 1.44 1.49 1.54				
	PPP PPP O XXX				
9	Maughan, Avril	Grand View	1.49m	4-10.50	
	1.39 1.44 1.49 1.54				
	PPP O O XXX				
12	Bottom, Gwen	Clarke	1.44m	4-08.75	
	1.39 1.44 1.49				
	O XXO XXX				
13	Matthews, Isabelle	Clarke	1.39m	4-06.75	
	1.39 1.44				
	XO XXX				
--	Hartshorne, Haley	Mount Mercy	NH		
	1.39				
	XXX				

**Event 39 Women Pole Vault**

Starting Height:

NAIA A: A 3.52m

NAIA B: B 3.42m

Name	Year	School	Finals	Points
1 Hawkins, Carter		Central Methodist	3.27m	10-08.75 10
	2.37 2.52 2.67 2.82 2.97 3.12 3.27 3.42			
	PPP PPP PPP O XO XO O XXX			
2 Squires, Grace		Clarke	3.12m	10-02.75 7
	2.37 2.52 2.67 2.82 2.97 3.12 3.27			
	PPP PPP PPP PPP O O XXX			

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**....Event 39 Women Pole Vault**

2	Grant, Emma	Clarke	3.12m	10-02.75	7
	2.37 2.52 2.67 2.82 2.97 3.12 3.27				
	PPP PPP PPP PPP O O XXX				
4	Starrs, Gemma	Benedictine (Kan.)	2.97m	9-09.00	5
	2.37 2.52 2.67 2.82 2.97 3.12				
	PPP PPP PPP XO O XXX				
5	McLaughlin, Autumn	Clarke	2.82m	9-03.00	4
	2.37 2.52 2.67 2.82 2.97				
	PPP PPP PPP O XXX				
6	Beich, Malia	Clarke	J2.82m	9-03.00	3
	2.37 2.52 2.67 2.82 2.97				
	PPP O O XXO XXX				
7	Reichert, Amara	Central Methodist	2.67m	8-09.00	2
	2.37 2.52 2.67 2.82				
	O O O XXX				
8	Fulgencio, Ambar	Graceland	J2.67m	8-09.00	1
	2.37 2.52 2.67 2.82				
	PPP PPP XO XXX				
9	Flowers, Payton	Culver-Stockton	2.52m	8-03.25	
	2.37 2.52 2.67				
	O XO XXX				
--	Bitz, Samantha	Missouri Valley	NH		
	2.37 2.52 2.67				
	PPP PPP XXX				
--	Maughan, Avril	Grand View	NH		
	2.37				
	XXX				

**Event 40 Women Shot Put**

Top 9 advance to final  
 NAIA A: A 13.45m  
 NAIA B: B 13.00m

Name	Year	School	Finals	H#	Points	
1 Sutton, Madison		Benedictine (Kan.)	13.63mA	44-08.75	2 10	
	12.25m	12.64m	13.29m	FOUL	13.63m	FOUL
2 Beard, Baylee		Central Methodist	13.42mB	44-00.50	2 8	
	13.10m	13.24m	13.21m	FOUL	13.42m	FOUL
3 Lotz, Victoria		MidAmerica Nazarene	13.00mB	42-08.00	2 6	
	12.12m	12.39m	13.00m	FOUL	12.24m	FOUL
4 Martin, Erica		William Penn	12.84m	42-01.50	2 5	
	11.93m	FOUL	12.50m	12.64m	12.84m	FOUL
5 Green, Madison		Grand View	12.49m	40-11.75	2 4	
	12.49m	FOUL	FOUL	FOUL	FOUL	FOUL
6 Witt, Caitlin		MidAmerica Nazarene	12.47m	40-11.00	2 3	
	11.93m	11.85m	12.20m	11.50m	12.04m	12.47m
7 Kangas, Ellen		Mount Mercy	11.89m	39-00.25	2 2	
	11.83m	11.73m	11.64m	11.89m	10.98m	11.78m
8 Morgan, Dani		Culver-Stockton	11.68m	38-04.00	1 1	
	FOUL	FOUL	11.68m	FOUL	11.45m	11.45m
9 Blosser, Caley		MidAmerica Nazarene	11.60m	38-00.75	1	
	11.60m	11.13m	FOUL	FOUL	FOUL	11.00m
10 Vandemark, Kady		Graceland	11.59m	38-00.25	2	
	10.28m	11.59m	11.52m			

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**....Event 40 Women Shot Put**

11 Nail, Bre	Mount Mercy	11.39m	37-04.50	2
FOUL FOUL 11.39m				
12 Wolfe, Karli	Central Methodist	11.38m	37-04.00	1
11.02m 11.30m 11.38m				
13 Hart, Royal	Clarke	11.35m	37-03.00	1
10.49m 11.35m FOUL				
14 Anderson, Kennise	Park U.	11.25m	36-11.00	1
11.25m FOUL 10.68m				
15 Ables, Macie	Missouri Valley	11.14m	36-06.75	1
10.60m 10.03m 11.14m				
16 Chrisman, Zoey	Missouri Valley	10.60m	34-09.50	1
FOUL FOUL 10.60m				
17 Hall, Alyssa	Benedictine (Kan.)	10.35m	33-11.50	1
10.35m FOUL FOUL				
18 Kelley, Grace	Mount Mercy	9.96m	32-08.25	1
9.96m 9.64m 9.67m				
-- Conrad, Ava	Grand View	DNS		2

**Event 41 Women Weight Throw**

Top 9 advance to final  
 NAIA A: A 16.50m  
 NAIA B: B 15.80m

Name	Year	School	Finals	H#	Points
1 Green, Madison		Grand View	16.84mA	55-03.00	2 10
FOUL 15.33m 16.84m FOUL 16.08m FOUL					
2 Lotz, Victoria		MidAmerica Nazarene	16.48mB	54-01.00	2 8
15.49m 15.98m FOUL 16.48m FOUL FOUL					
3 Wolfe, Karli		Central Methodist	16.36mB	53-08.25	2 6
15.81m FOUL FOUL FOUL 16.36m FOUL					
4 Sutton, Madison		Benedictine (Kan.)	16.14mB	52-11.50	2 5
FOUL 16.00m FOUL FOUL 15.73m 16.14m					
5 Beard, Baylee		Central Methodist	16.02mB	52-06.75	2 4
15.93m 16.02m FOUL FOUL FOUL FOUL					
6 Czarnecki, April		Grand View	15.56m	51-00.75	2 3
15.56m FOUL FOUL FOUL 14.61m FOUL					
7 Anderson, Kennise		Park U.	14.94m	49-00.25	2 2
12.71m 14.94m FOUL 14.02m 14.51m 13.73m					
8 Moore, Iliyah		Grand View	14.86m	48-09.00	2 1
14.02m 14.86m 14.60m FOUL FOUL FOUL					
9 Ables, Macie		Missouri Valley	14.30m	46-11.00	1
14.08m 13.03m 14.30m 13.40m 13.83m FOUL					
10 Hall, Alyssa		Benedictine (Kan.)	13.78m	45-02.50	1
FOUL FOUL 13.78m					
11 Hart, Royal		Clarke	13.69m	44-11.00	1
FOUL FOUL 13.69m					
12 Landrum, Naiyah		Park U.	13.50m	44-03.50	2
FOUL 13.50m FOUL					
13 Blosser, Caley		MidAmerica Nazarene	13.43m	44-00.75	2
FOUL 13.10m 13.43m					
14 Jones, Jzonei		Mount Mercy	12.90m	42-04.00	1
10.93m FOUL 12.90m					
15 Linson, Kylie		Missouri Valley	12.73m	41-09.25	1
12.73m FOUL FOUL					

**2023 Heart Of America Athletic Conference Indoor Championships - 2/17/2023 to****Hughes Field House****Results****....Event 41 Women Weight Throw**

16	Chrisman, Zoey	Missouri Valley	12.63m	41-05.25	1
	11.53m 12.63m 11.73m				
17	Fairley, Colbie	Baker	12.43m	40-09.50	1
	12.43m FOUL FOUL				
18	Romero Rodriguez, Paula	Missouri Valley	12.09m	39-08.00	2
	12.09m FOUL FOUL				
19	Starrs, Gemma	Benedictine (Kan.)	11.74m	38-06.25	1
	11.40m 10.98m 11.74m				
20	Herring, Olivia	Mount Mercy	10.87m	35-08.00	1
	9.89m 10.87m FOUL				
--	Conrad, Ava	Grand View	DNS		1

**Event 42 Women Indoor Pentathlon**

NAIA B: B 2950

Name	Year School	Finals	H#	Points
1 Lindenmeyer, Carly	MidAmerica Nazarene	3251B	10	
2 Jenkins, Jocelyn	MidAmerica Nazarene	3195B	8	
3 Finke, Renee	Central Methodist	3003B	6	
4 Perkins, Ashlynn	Graceland	2992B	5	
5 Moore, Mya	Grand View	2946	4	
6 Schmid, Paige	Benedictine (Kan.)	2768	3	
7 Sattler, Leah	Benedictine (Kan.)	2685	2	
8 Whalen, Stella	MidAmerica Nazarene	2636	1	
9 Margheim, Ella	MidAmerica Nazarene	2468		
10 Matthews, Isabelle	Clarke	2399		
11 Ranson, Anyah	Clarke	2343		
12 Batu-Tiako, Abigaille	William Penn	2308		
13 Hartshorne, Haley	Mount Mercy	2089		

**Event 42 Indoor Pentathlon: #1 Women 60 Meter Hurdles Indoor Pentathlon**

Name	Year School	Finals	H#	Points
1 Jenkins, Jocelyn	MidAmerica Nazarene	8.95	4	920
2 Moore, Mya	Grand View	9.44	4	820
3 Finke, Renee	Central Methodist	9.45	3	818
4 Lindenmeyer, Carly	MidAmerica Nazarene	9.47	4	814
5 Schmid, Paige	Benedictine (Kan.)	9.72	3	765
6 Whalen, Stella	MidAmerica Nazarene	9.75	3	759
7 Perkins, Ashlynn	Graceland	10.19	2	677
8 Margheim, Ella	MidAmerica Nazarene	10.21	2	673
9 Sattler, Leah	Benedictine (Kan.)	10.32	2	653
10 Batu-Tiako, Abigaille	William Penn	10.39	4	641
11 Matthews, Isabelle	Clarke	11.28	1	491
12 Hartshorne, Haley	Mount Mercy	11.51	1	456
13 Ranson, Anyah	Clarke	11.62	1	439

**Event 42 Indoor Pentathlon: #2 Women High Jump Indoor Pentathlon**

Name	Year School	Finals	Points
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**....Event 42 Indoor Pentathlon: #2 Women High Jump Indoor Pentathlon**

1	Perkins, Ashlynn	Graceland	1.64m	5-04.50	783
	1.22 1.25 1.28 1.31 1.34 1.37 1.40 1.43 1.46 1.49 1.52 1.55 1.58 1.61 1.64 1.67				
	PPP PPP PPP PPP PPP PPP PPP PPP PPP O O O XXO XXO O XXX				
2	Lindenmeyer, Carly	MidAmerica Nazarene	1.61m	5-03.25	747
	1.22 1.25 1.28 1.31 1.34 1.37 1.40 1.43 1.46 1.49 1.52 1.55 1.58 1.61 1.64				
	PPP PPP PPP PPP PPP PPP PPP O PPP PPP XO XXO XO XXX				
3	Jenkins, Jocelyn	MidAmerica Nazarene	1.55m	5-01.00	678
	1.22 1.25 1.28 1.31 1.34 1.37 1.40 1.43 1.46 1.49 1.52 1.55 1.58				
	PPP PPP PPP PPP PPP PPP O PPP O PPP O XO XXX				
3	Finke, Renee	Central Methodist	1.55m	5-01.00	678
	1.22 1.25 1.28 1.31 1.34 1.37 1.40 1.43 1.46 1.49 1.52 1.55 1.58				
	PPP PPP PPP PPP PPP PPP PPP PPP PPP XO O O XXO XXX				
5	Batu-Tiako, Abigaille	William Penn	1.52m	4-11.75	644
	1.22 1.25 1.28 1.31 1.34 1.37 1.40 1.43 1.46 1.49 1.52 1.55				
	PPP PPP PPP O PPP O O O XXO XXO XO XXX				
6	Margheim, Ella	MidAmerica Nazarene	1.49m	4-10.50	610
	1.22 1.25 1.28 1.31 1.34 1.37 1.40 1.43 1.46 1.49 1.52				
	PPP PPP PPP PPP O XO O O XO XO XXX				
7	Matthews, Isabelle	Clarke	1.46m	4-09.50	577
	1.22 1.25 1.28 1.31 1.34 1.37 1.40 1.43 1.46 1.49				
	PPP PPP PPP PPP O O O O XO XXX				
7	Schmid, Paige	Benedictine (Kan.)	1.46m	4-09.50	577
	1.22 1.25 1.28 1.31 1.34 1.37 1.40 1.43 1.46 1.49				
	PPP PPP PPP PPP PPP O O XXO XO XXX				
9	Moore, Mya	Grand View	1.43m	4-08.25	544
	1.22 1.25 1.28 1.31 1.34 1.37 1.40 1.43 1.46				
	PPP PPP PPP PPP O O O O XXX				
9	Ranson, Anyah	Clarke	1.43m	4-08.25	544
	1.22 1.25 1.28 1.31 1.34 1.37 1.40 1.43 1.46				
	PPP PPP PPP PPP XO O O O XXX				
11	Hartshorne, Haley	Mount Mercy	1.40m	4-07.00	512
	1.22 1.25 1.28 1.31 1.34 1.37 1.40 1.43				
	PPP PPP PPP PPP O O O XXX				
12	Sattler, Leah	Benedictine (Kan.)	1.37m	4-06.00	481
	1.22 1.25 1.28 1.31 1.34 1.37 1.40				
	O O XO XO XXO XXO XXX				
12	Whalen, Stella	MidAmerica Nazarene	1.37m	4-06.00	481
	1.22 1.25 1.28 1.31 1.34 1.37 1.40				
	PPP PPP PPP PPP XO XO XXX				

**Event 42 Indoor Pentathlon: #3 Women Shot Put Indoor Pentathlon**

=====						
Name	Year	School	Finals	Points		
=====						
1	Finke, Renee	Central Methodist	10.54m	34-07.00	565	
	9.90m 10.54m 9.89m					
2	Jenkins, Jocelyn	MidAmerica Nazarene	9.03m	29-07.50	466	
	8.63m 8.51m 9.03m					
3	Moore, Mya	Grand View	8.35m	27-04.75	422	
	8.18m 8.18m 8.35m					
3	Sattler, Leah	Benedictine (Kan.)	8.35m	27-04.75	422	
	8.35m 7.54m 6.71m					
5	Lindenmeyer, Carly	MidAmerica Nazarene	8.28m	27-02.00	417	
	8.17m 8.28m 8.21m					
6	Schmid, Paige	Benedictine (Kan.)	8.26m	27-01.25	416	
	7.87m 8.26m 8.19m					

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**....Event 42 Indoor Pentathlon: #3 Women Shot Put Indoor Pentathlon**

7	Margheim, Ella	MidAmerica Nazarene	8.19m	26-10.50	412
	7.21m 8.19m 8.09m				
8	Matthews, Isabelle	Clarke	7.59m	24-11.00	373
	6.78m 6.81m 7.59m				
9	Perkins, Ashlynn	Graceland	7.46m	24-05.75	365
	7.46m 7.22m 6.69m				
10	Batu-Tiako, Abigaille	William Penn	7.00m	22-11.75	335
	6.72m 7.00m 6.89m				
11	Whalen, Stella	MidAmerica Nazarene	6.95m	22-09.75	332
	6.31m 6.95m 6.53m				
12	Ranson, Anyah	Clarke	6.55m	21-06.00	306
	6.55m 5.87m 6.32m				
13	Hartshorne, Haley	Mount Mercy	6.35m	20-10.00	294
	5.74m 6.22m 6.35m				

**Event 42 Indoor Pentathlon: #4 Women Long Jump Indoor Pentathlon**

Name	Year School	Finals	Points
1 Lindenmeyer, Carly	MidAmerica Nazarene	5.54m 18-02.25	712
		5.54m PASS PASS	
2 Batu-Tiako, Abigaille	William Penn	5.20m 17-00.75	614
		5.20m 5.02m FOUL	
3 Jenkins, Jocelyn	MidAmerica Nazarene	5.02m 16-05.75	565
		5.02m 4.89m PASS	
4 Moore, Mya	Grand View	4.88m 16-00.25	527
		4.88m 4.73m FOUL	
5 Schmid, Paige	Benedictine (Kan.)	4.67m 15-04.00	472
		4.52m 4.63m 4.67m	
6 Ranson, Anyah	Clarke	4.63m 15-02.25	461
		4.63m 4.24m 4.58m	
7 Perkins, Ashlynn	Graceland	4.58m 15-00.50	448
		4.34m 4.41m 4.58m	
8 Finke, Renee	Central Methodist	4.55m 14-11.25	441
		4.55m 4.42m 4.47m	
9 Whalen, Stella	MidAmerica Nazarene	4.51m 14-09.75	431
		4.51m 4.35m 4.25m	
10 Hartshorne, Haley	Mount Mercy	4.36m 14-03.75	393
		4.10m 4.25m 4.36m	
11 Sattler, Leah	Benedictine (Kan.)	4.35m 14-03.25	391
		FOUL 4.31m 4.35m	
12 Matthews, Isabelle	Clarke	4.32m 14-02.25	384
		FOUL 4.15m 4.32m	
12 Margheim, Ella	MidAmerica Nazarene	4.32m 14-02.25	384
		FOUL 4.32m FOUL	

**Event 42 Indoor Pentathlon: #5 Women 800 Meter Run Indoor Pentathlon**

Name	Year School	Finals	Points
1 Sattler, Leah	Benedictine (Kan.)	2:26.48	738
		33.523 (33.523) 1:30.223 (56.700) 2:26.477 (56.254)	
2 Perkins, Ashlynn	Graceland	2:27.92	719
		33.569 (33.569) 1:29.486 (55.917) 2:27.915 (58.429)	

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3 Whalen, Stella	MidAmerica Nazarene	2:34.85	633
34.042 (34.042)	1:34.128 (1:00.086)	2:34.848 (1:00.720)	
4 Moore, Mya	Grand View	2:34.88	633
34.289 (34.289)	1:34.569 (1:00.280)	2:34.875 (1:00.306)	
5 Ranson, Anyah	Clarke	2:38.24	593
35.151 (35.151)	1:35.657 (1:00.506)	2:38.240 (1:02.583)	
6 Matthews, Isabelle	Clarke	2:39.94	574
34.859 (34.859)	1:34.936 (1:00.077)	2:39.939 (1:05.003)	
7 Jenkins, Jocelyn	MidAmerica Nazarene	2:40.64	566
32.835 (32.835)	1:33.640 (1:00.805)	2:40.634 (1:06.994)	
8 Lindenmeyer, Carly	MidAmerica Nazarene	2:41.04	561
33.408 (33.408)	1:34.197 (1:00.789)	2:41.038 (1:06.841)	
9 Schmid, Paige	Benedictine (Kan.)	2:43.09	538
36.527 (36.527)	1:38.645 (1:02.118)	2:43.087 (1:04.442)	
10 Finke, Renee	Central Methodist	2:46.50	501
35.623 (35.623)	1:39.525 (1:03.902)	2:46.495 (1:06.970)	
11 Hartshorne, Haley	Mount Mercy	2:52.91	434
38.015 (38.015)	1:45.136 (1:07.121)	2:52.905 (1:07.769)	
12 Margheim, Ella	MidAmerica Nazarene	2:57.49	389
38.100 (38.100)	1:45.167 (1:07.067)	2:57.486 (1:12.319)	
13 Batu-Tiako, Abigail	William Penn	3:42.17	74
34.663 (34.663)	1:57.472 (1:22.809)	3:42.165 (1:44.693)	

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Women - Team Rankings - 21 Events Scored

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1) Central Methodist	179	2) MidAmerica Nazarene	175
3) Benedictine (Kan.)	168	4) Grand View	59
5) Evangel	53	6) Clarke	43
7) Park U.	42	8) Baker	30
9) Graceland	25	10) Mount Mercy	24
11) William Penn	15	12) Culver-Stockton	1
12) Missouri Valley	1		

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Men - Team Rankings - 21 Events Scored

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1) Grand View	163.50	2) Mount Mercy	106.50
3) Benedictine (Kan.)	104	4) MidAmerica Nazarene	99
5) Central Methodist	85.50	6) William Penn	75
7) Clarke	43	8) Missouri Valley	36
9) Graceland	30	10) Baker	29
11) Evangel	21.50	12) Park U.	17
13) Culver-Stockton	9		