

2023 NSAA B-1 and B2 District XC Championships - 10/12/2023**Plattsmouth High School****Rhylander Park****Results****Event 1 Girls 5k Run CC B-1 Varsity**

Name	Year School	Finals	Points
Results - Women			
1 Ford, Ella	11 Elkhorn North	19:12.82	1
2 Robinson, Leah	09 Elkhorn North	19:37.87	2
3 Westfall, Gabi	11 Omaha Skutt Cath	20:05.69	3
4 Washburn, Addison	09 Elkhorn	20:06.17	4
5 Lickteig, Maggie	11 Omaha Duch Ac	20:08.53	5
6 Melendrez, Avery	11 Elkhorn North	20:09.46	6
7 Christoffels, Paityn	10 Elkhorn North	20:09.94	7
8 O'Brien, Kailey	11 Elkhorn North	20:27.82	8
9 Ripley, Anna	11 Elkhorn North	20:42.02	9
10 Kramper, Cece	09 Omaha Duch Ac	20:48.23	10
11 Youell, Catherine	11 Omaha Skutt Cath	21:06.84	11
12 Roberts, Kathryn	09 Elkhorn	21:10.55	12
13 Labenz, Anna	12 Omaha Skutt Cath	21:17.36	13
14 Steffensen, Emma	10 Waverly	21:19.11	14
15 Benes, Lille	11 Waverly	21:27.39	15
16 Richard, Eleanor	09 Omaha Duch Ac	21:45.15	16
17 Galvan, Clara	11 Omaha Duch Ac	21:49.73	17
18 Berger, Theresa	12 Omaha Skutt Cath	21:49.86	18
19 Carney, Annabelle	11 Omaha Mercy	21:58.59	19
20 Roubal, Annabelle	12 Omaha Skutt Cath	22:08.80	20
21 Kollars, Caroline	09 Omaha Skutt Cath	22:23.22	21
22 Mansour, Corinne	11 Omaha Duch Ac	22:27.29	22
23 Thalken, Josie	09 Omaha Duch Ac	22:39.99	23
24 Waldo, Millie	12 Waverly	22:49.80	24
25 Erickson, Nora	12 Waverly	23:14.41	25
26 White Bear, Paige	10 Elkhorn	23:33.29	26
27 Aerni, Alivia	12 Ralston	23:35.56	27
28 Bush, Audrey	10 Omaha Mercy	23:48.15	28
29 Nelson, Melina	11 Omaha Mercy	24:15.41	29
30 Bentjen, Ellie	12 Waverly	24:15.94	30
31 Connolly, Delaney	10 Elkhorn	24:19.25	31
32 Ritchey, Dysten	12 Ralston	24:21.60	32
33 Wooten, Maria	10 Omaha Mercy	24:51.03	33
34 Walmrath, Lauren	10 Ralston	25:13.63	34
35 Winn, Larsyn	09 Waverly	25:28.80	35
36 Hargrave, Makayla	10 Ralston	25:29.76	36
37 Feuquay, Presley	09 Elkhorn	25:29.87	37
38 Kelly, Evie	11 Omaha Mercy	25:51.54	38
39 Seidel, Kaylee	10 Elkhorn	26:07.84	39
40 Fitzgerald, Emily	11 Omaha Mercy	26:40.22	40
-- Mendez, Monica	12 Ralston	DNS	
-- Orellana, Isabel	11 Ralston	DNS	

2023 NSAA B-1 and B2 District XC Championships - 10/12/2023**Plattsmouth High School****Rhylander Park****Results****....Event 2 Boys 5k Run CC B-1 Varsity**

2 Plattsmouth	34	4	9	10	11	16	18
Total Time:	1:09:41.66						
Average:	17:25.42						
3 South Sioux City	41	6	8	12	15	20	21
Total Time:	1:10:14.61						
Average:	17:33.66						
4 Gretna East	64	1	14	23	26	32	33
Total Time:	1:12:29.17						
Average:	18:07.30						
5 Blair	96	19	24	25	28	29	30
Total Time:	1:17:44.47						
Average:	19:26.12						
6 Ralston	114	22	27	31	34	35	36
Total Time:	1:20:12.74						
Average:	20:03.19						

2023 NSAA B-1 and B2 District XC Championships - 10/12/2023**Plattsmouth High School****Rhylander Park****Results****....Event 3 Girls 5k Run CC B-2 Varsity**

2 Blair	36	1	7	11	17	19	26
Total Time: 1:24:23.35							
Average: 21:05.84							
3 Plattsmouth	54	2	13	16	23	24	31
Total Time: 1:26:37.69							
Average: 21:39.43							
4 South Sioux City	74	6	15	25	28	32	36
Total Time: 1:29:39.25							
Average: 22:24.82							
5 Gretna East	85	14	18	20	33	35	
Total Time: 1:31:16.31							
Average: 22:49.08							
6 Standing Bear	85	12	21	22	30		
Total Time: 1:30:45.85							
Average: 22:41.47							
7 Nebraska City	127	27	29	34	37		
Total Time: 1:41:33.83							
Average: 25:23.46							

2023 NSAA B-1 and B2 District XC Championships - 10/12/2023**Plattsmouth High School****Rhylander Park****Results****....Event 4 Boys 5k Run CC B-2 Varsity**

2 Elkhorn North	31	5	6	7	13	24	25
Total Time: 1:09:09.77							
Average: 17:17.45							
3 Elkhorn	39	1	9	14	15	16	20
Total Time: 1:10:31.75							
Average: 17:37.94							
4 Waverly	51	4	8	18	21	23	31
Total Time: 1:12:31.56							
Average: 18:07.89							
5 Nebraska City	100	10	28	30	32	35	
Total Time: 1:23:07.42							
Average: 20:46.86							
6 Standing Bear	104	22	26	27	29	33	34
Total Time: 1:21:06.42							
Average: 20:16.61							