

## 2022 Ichabod Invite - 2/12/2022

**Black Squirrel Timing**  
**Washburn University Indoor Athletic Facility**  
**Results**

**Event 1 Women 60 Meter Dash****8 Advance: Top 1 Each Heat plus Next 4 Best Times**

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NCAA D2: P 7.67
Facility: F 7.42 2022      Christina Clemons, Adidas
Meet: M 7.57 2021      Britney Clark, SW Baptist
Name                    Year School                    Prelims  H#
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## Preliminaries

Name	Year	School	Prelims	H#
1 Zink, Kayla		Uc-Colorado Springs	M 7.53Q	4
2 Hohl, Isabella		Washburn	M 7.56Q	3
3 Gardella, Maggie		Uc-Colorado Springs	P 7.66Q	2
4 Farinas, Victoria		Uc-Colorado Springs	7.72Q	1
5 Scott, Ansley		Central Oklahoma	7.87q	1 7.870
5 Dyas, Kaleigh		Central Oklahoma	7.87q	3 7.870
7 Cooper, Jayda		St. Mary	7.89q	2
8 Sands, Gayneil		Colby CC	7.93q	4
9 Willis, Brittany		Park U.	7.96	3
10 Hajderovic, Lejla		Siu Edwardsville	7.97	2
11 Scarlett, Samantha		Nebraska-Kearney	8.14	4
12 Kilson, Naomi		Baker	8.17	3
13 Spencer, Zaira		St. Mary	8.21	2
14 Raney, Gretchen		St. Mary	8.22	3
15 Slaine, Jada		Hardin-Simmons	8.23	1
16 Bivins, Jade		Siu Edwardsville	8.27	2
17 Kunkler, Elysia		Fort Hays St.	8.30	4
18 Gleason, Rylee		Fort Hays St.	8.32	1 8.313
19 Colson, Samantha		St. Mary	8.32	1 8.317
20 Johnson, Jaycee		Neosho County CC	8.36	3 8.351
21 Stodden, Lindsey		Nebraska-Kearney	8.36	4 8.352
22 Williams, Hadley		Fort Hays St.	8.40	3
23 Kinlock, Abbygail		Colby CC	8.43	1
24 Henderson, Jasmine		St. Mary	8.51	2
25 Hunsaker, Danielle		St. Mary	8.68	4
26 McKenzie, Lisha		Park U.	8.89	1
27 Dusselier, Ellie		Fort Hays St.	9.07	2

**Event 1 Women 60 Meter Dash**

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NCAA D2: P 7.67
Facility: F 7.42 2022      Christina Clemons, Adidas
Meet: M 7.57 2021      Britney Clark, SW Baptist
Name                    Year School                    Finals
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## Finals

Name	Year	School	Finals
1 Zink, Kayla		Uc-Colorado Springs	7.47M
2 Hohl, Isabella		Washburn	7.53M
3 Farinas, Victoria		Uc-Colorado Springs	7.64P
4 Gardella, Maggie		Uc-Colorado Springs	7.68
5 Dyas, Kaleigh		Central Oklahoma	7.88
6 Cooper, Jayda		St. Mary	7.91
7 Sands, Gayneil		Colby CC	7.93

## 2022 Ichabod Invite - 2/12/2022

**Black Squirrel Timing**  
**Washburn University Indoor Athletic Facility**  
**Results**

**Event 2 Men 60 Meter Dash****8 Advance: Top 1 Each Heat plus Next 3 Best Times**

Name	Year	School	Prelims	H#
NCAA D2: P	6.87			
Facility: F	6.59	2021	Benjamin Azamati, West Texas A&M	
Meet: M	6.76	2021	Cameron Linville, Missouri South	

## Preliminaries

1 Sol, Donte		Colby CC	6.91Q	4
2 Moore, Justin		Baker	6.98Q	1
3 Patterson Jr., Eric		Washburn	7.03Q	3 7.025
4 Sterling, Kymani		Uc-Colorado Springs	7.03Q	5 7.028
5 Mendoza, Justice		Uc-Colorado Springs	7.11Q	2 7.105
6 Nuzzo, Robert		Siu Edwardsville	7.07q	5
7 Konah, Edashall		Hardin-Simmons	7.11q	1 7.108
8 Noel, Mark		St. Mary	7.13q	3
9 Gutekunst, Ben		Baker	7.14	2
10 Haggerty, Dominic		Uc-Colorado Springs	7.15	5 7.142
11 Nichols, Michael		Uc-Colorado Springs	7.15	4 7.145
12 Thorn, Josh		Uc-Colorado Springs	7.16	2
13 Warren-Fruge, Daelen		Hardin-Simmons	7.23	3
14 Clausen, Jackson		Nebraska-Kearney	7.25	4
15 Armatys, William		Nebraska-Kearney	7.26	4 7.259
16 wright, tanner		Usa Paralympic Team	7.26	1 7.260
17 Domkpo, Ingrid		Nebraska-Kearney	7.27	3
18 John, Omari		Pratt CC	7.28	4
19 Pratt, Malik		Hardin-Simmons	7.31	1
20 Richards, Dylan		Fort Hays St.	7.34	2
21 Brown, Trevyne		Fort Hays St.	7.35	1
22 Brass, Brock		Nebraska-Kearney	7.36	5
23 Carter, Teondre		Washburn	7.37	2 7.362
24 Regier, Rex		Baker	7.37	3 7.366
25 Watkins, Mailik		Colby CC	7.38	1
26 McIntyre, James		Hardin-Simmons	7.47	3
27 Signs, Anthony		Neosho County CC	7.48	2
28 Mayfield, Brandon		Hardin-Simmons	7.51	5
29 Wiltshire, Malcolm		Fort Hays St.	7.54	2
30 Martinez, Luke		Hardin-Simmons	7.56	2
31 Rehm, Jeffrey		Unattached	7.65	4
32 Wheelington, Nathan		Hardin-Simmons	7.68	3
33 Evans, Tyler		Neosho County CC	7.76	4
34 Arpia, Erkki		Neosho County CC	12.30	5

**Event 2 Men 60 Meter Dash**

Name	Year	School	Finals
NCAA D2: P	6.87		
Facility: F	6.59	2021	Benjamin Azamati, West Texas
Meet: M	6.76	2021	Cameron Linville, Missouri So

## Finals

1 Sol, Donte		Colby CC	6.90
2 Sterling, Kymani		Uc-Colorado Springs	6.94
3 Mendoza, Justice		Uc-Colorado Springs	6.95
4 Patterson Jr., Eric		Washburn	7.05

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**....Event 2 Men 60 Meter Dash**

5 Nuzzo, Robert	Siu Edwardsville	7.07	
6 Konah, Edashall	Hardin-Simmons	7.08	
7 Gutekunst, Ben	Baker	7.12	7.113
8 Noel, Mark	St. Mary	7.12	7.120

**Event 3 Women 200 Meter Dash**

Name	Year	School	Finals	H#
=====				
NCAA D2:	P	24.85		
Facility:	F	23.61 2022	Paula Garcia, Wichita St	
Meet:	M	23.82 2021	Hiba Mahgoub, Unattached	
=====				
1 Zink, Kayla		Uc-Colorado Springs	24.79P	7
2 Fuchs, Brittany		Uc-Colorado Springs	25.11	7
3 Gardella, Maggie		Uc-Colorado Springs	25.29	6
4 Bolton, Keyanda		Uc-Colorado Springs	25.31	7
5 Scott, Ansley		Central Oklahoma	25.39	6
6 Farinas, Victoria		Uc-Colorado Springs	25.92	4
7 Poe, Tori		Fort Hays St.	25.98	7
8 Hajderovic, Lejla		Siu Edwardsville	26.15	5
9 Brown, Kinley		Fort Hays St.	26.25	5
10 Carter, Kailah		Siu Edwardsville	26.30	4
11 Thomure, Reagan		Southwest Baptist	26.34	5
12 Downing, Jasey		Fort Hays St.	26.38	3
13 Scarlett, Samantha		Nebraska-Kearney	26.87	2
14 Stodden, Lindsey		Nebraska-Kearney	26.97	3
15 Kilson, Naomi		Baker	27.01	3
16 Wardlow, Lexi		St. Mary	27.05	4
17 Hopkins, Jasmine		Central Oklahoma	27.15	6
18 Dyas, Kaleigh		Central Oklahoma	27.19	6
19 Gleason, Rylee		Fort Hays St.	27.55	2
20 Spencer, Zaira		St. Mary	27.61	2
21 Colson, Samantha		St. Mary	27.64	4
22 Kunkler, Elysia		Fort Hays St.	27.97	1 27.967
23 Cumberbatch, Sheena		Siu Edwardsville	27.97	2 27.970
24 Edwards, Jacie		Central Oklahoma	28.36	1
25 Boyce, Yoland		Southwest Baptist	28.37	3
26 Henderson, Jasmine		St. Mary	28.38	1
27 Hunter, Alyssa		Neosho County CC	28.58	1
28 Rodgers, Rebekah		Southwest Baptist	29.71	1

**Event 4 Men 200 Meter Dash**

Name	Year	School	Finals	H#
=====				
NCAA D2:	P	21.69		
Facility:	F	21.33 2021	Corey Lyons, St. Mary's	
Meet:	M	21.57 2021	Jonah Vigil, Adams St	
=====				
1 Mendoza, Justice		Uc-Colorado Springs	21.88	9
2 Patterson Jr., Eric		Washburn	22.14	9
3 Moore, Justin		Baker	22.26	8
4 Pratt, Malik		Hardin-Simmons	22.49	7
5 wright, tanner		Usa Paralympic Team	22.67	4
6 Nichols, Michael		Uc-Colorado Springs	22.68	7

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**....Event 4 Men 200 Meter Dash**

7 Noel, Mark	St. Mary	22.72	7	22.711
8 Nuzzo, Robert	Siu Edwardsville	22.72	9	22.716
9 Bohannon, Peterson	Uc-Colorado Springs	22.83	8	
10 Sonnier, Tyler	Pratt CC	22.84	2	
11 Haggerty, Dominic	Uc-Colorado Springs	22.86	7	
12 Smucker, Noah	KC Smoke	22.87	6	22.861
13 Gleue, Jama	Fort Hays St.	22.87	6	22.865
14 Brass, Brock	Nebraska-Kearney	22.94	4	22.934
15 Konah, Edashall	Hardin-Simmons	22.94	8	22.938
16 Bolden, Trevor	Baker	23.02	3	
17 Warren-Fruge, Daelen	Hardin-Simmons	23.10	6	
18 Bertrand, Lane	Nebraska-Kearney	23.23	5	
19 Clausen, Jackson	Nebraska-Kearney	23.27	5	
20 Carter, Teondre	Washburn	23.28	5	
21 Creamer, Taivian	Fort Hays St.	23.29	5	
22 Richards, Dylan	Fort Hays St.	23.30	3	
23 Wilson, Andrew	Pratt CC	23.35	1	
24 John, Omari	Pratt CC	23.41	3	
25 Strawn, Zack	Baker	23.51	3	
26 Domkpo, Ingrid	Nebraska-Kearney	23.55	1	
27 Martinez, Luke	Hardin-Simmons	23.67	1	23.662
28 Regier, Rex	Baker	23.67	2	23.668
29 Signs, Anthony	Neosho County CC	23.73	2	
30 Ramos, Wlices	St. Mary	24.00	4	
31 Wheelington, Nathan	Hardin-Simmons	24.12	1	
32 Evans, Tyler	Neosho County CC	24.66	1	
-- Armatys, William	Nebraska-Kearney	DNF	4	

**Event 5 Women 400 Meter Dash**

=====				
NCAA D2: P 56.80				
Facility: F 54.29 2022 Na'Asha Robinson, Unattached				
Meet: M 57.38 2021 LaNea Wallace, Missouri Southern				
Name	Year	School	Finals	H#
=====				
1 Okoro, Chia		Washburn	56.73P	7
	26.921 (26.921)	56.728 (29.807)		
2 Scott, Ansley		Central Oklahoma	58.15	7
	26.938 (26.938)	58.143 (31.205)		
3 Davis, Amber		Uc-Colorado Springs	58.71	4
	26.963 (26.963)	58.701 (31.739)		
4 Higashi, Randi		Colorado Mines	58.72	7
	27.400 (27.400)	58.714 (31.314)		
5 Roh, Rebekah		Nebraska-Kearney	58.79	6
	26.864 (26.864)	58.788 (31.924)		
6 Waters, Lizzie		Uc-Colorado Springs	58.89	6
	27.446 (27.446)	58.881 (31.435)		
7 Galvin, Grace		Colorado Mines	58.96	6
	27.176 (27.176)	58.955 (31.779)		
8 Brown, Zara		Southwest Baptist	59.02	7
	26.476 (26.476)	59.020 (32.544)		
9 Messbarger, Nicole		Nebraska-Kearney	59.03	5
	27.208 (27.208)	59.024 (31.817)		

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**....Event 5 Women 400 Meter Dash**

10	Carter, Kailah	Siu Edwardsville	59.38	6
	27.553 (27.553)	59.378 (31.825)		
11	Stinson, Lyndsay	Washburn	59.64	6
	27.539 (27.539)	59.639 (32.100)		
12	Nelson, Amena	Colorado Mines	59.66	7
	27.594 (27.594)	59.658 (32.064)		
13	Lopez, Alyssa	Uc-Colorado Springs	59.67	5
	27.412 (27.412)	59.669 (32.258)		
14	Thomure, Reagan	Southwest Baptist	59.92	5
	27.009 (27.009)	59.913 (32.904)		
15	Papierski, Emaleigh	Uc-Colorado Springs	1:00.14	4
	28.324 (28.324)	1:00.131 (31.808)		
16	Wardlow, Lexi	St. Mary	1:00.68	4
	29.080 (29.080)	1:00.673 (31.593)		
17	Butts, Shelby	Baker	1:01.10	3
	28.337 (28.337)	1:01.095 (32.759)		
18	Gleason, Rylee	Fort Hays St.	1:01.40	3
	29.003 (29.003)	1:01.394 (32.392)		
19	Downing, Jasey	Fort Hays St.	1:01.64	1
	28.254 (28.254)	1:01.640 (33.387)		
20	Poe, Tori	Fort Hays St.	1:01.92	3
	28.010 (28.010)	1:01.919 (33.909)		
21	Brown, Kinley	Fort Hays St.	1:02.50	1
	29.856 (29.856)	1:02.491 (32.635)		
22	Johnson, Jaycee	Neosho County CC	1:03.04	2
	30.205 (30.205)	1:03.040 (32.835)		
23	Boyce, Yoland	Southwest Baptist	1:03.49	2
	29.455 (29.455)	1:03.484 (34.029)		
24	Birmingham, Shelby	Park U.	1:03.67	5
	27.829 (27.829)	1:03.670 (35.842)		
25	Williams, Faith	Park U.	1:03.99	5
	28.239 (28.239)	1:03.982 (35.743)		
26	Rodgers, Rebekah	Southwest Baptist	1:04.97	2
	30.444 (30.444)	1:04.965 (34.522)		
27	Cooper, Destiny	Tabor	1:05.26	4
	30.664 (30.664)	1:05.258 (34.594)		
28	Juarez, Laura	Neosho County CC	1:05.33	2
	30.720 (30.720)	1:05.328 (34.608)		
29	Raney, Gretchen	St. Mary	1:05.60	3
	31.515 (31.515)	1:05.600 (34.085)		
30	Hopkins, Jasmine	Central Oklahoma	1:06.16	4
	29.831 (29.831)	1:06.156 (36.325)		
31	Edwards, Jacie	Central Oklahoma	1:06.46	1
	30.098 (30.098)	1:06.451 (36.354)		
32	Lutz, Marah	Baker	1:06.91	1
	31.773 (31.773)	1:06.908 (35.135)		
33	Havlik, Lauren	Baker	1:07.53	1
	30.631 (30.631)	1:07.523 (36.892)		
34	Bagley, Briley	St. Mary	1:08.57	3
	32.267 (32.267)	1:08.562 (36.295)		

## 2022 Ichabod Invite - 2/12/2022

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**Washburn University Indoor Athletic Facility**  
**Results**

**Event 6 Men 400 Meter Dash**

=====				
NCAA D2: P 48.52				
Facility: F 47.15 2021 Samuel Yaro, Lindenwood				
Meet: M 47.66 2021 Jalon White, Quincy				
Name	Year	School	Finals	H#
=====				
1 Laca, Angel		Uc-Colorado Springs	49.12	4
	23.285 (23.285)	49.112 (25.828)		
2 O'Neal, Ryan		Uc-Colorado Springs	49.67	6
	23.156 (23.156)	49.661 (26.505)		
3 Andrews, Dillon		Uc-Colorado Springs	49.76	5
	23.792 (23.792)	49.759 (25.968)		
4 Bretz, Brandon		Siu Edwardsville	49.78	6
	22.856 (22.856)	49.775 (26.919)		
5 Pratt, Malik		Hardin-Simmons	49.93	6
	22.850 (22.850)	49.925 (27.075)		
6 Sterling, Kymani		Uc-Colorado Springs	50.01	4
	24.375 (24.375)	50.007 (25.633)		
7 Sonnier, Tyler		Pratt CC	50.19	5
	23.114 (23.114)	50.183 (27.069)		
8 Weimer, Jordan		Baker	50.29	5 50.284
	23.293 (23.293)	50.284 (26.992)		
9 Maguire, Joey		Colorado Mines	50.29	6 50.290
	23.779 (23.779)	50.290 (26.512)		
10 Hess, Hunter		Washburn	50.45	3
	23.360 (23.360)	50.447 (27.087)		
11 wright, tanner		Usa Paralympic Team	50.59	3 50.589
	24.157 (24.157)	50.589 (26.433)		
11 White, Torrey		St. Mary	50.59	6 50.589
	23.333 (23.333)	50.589 (27.257)		
13 Smucker, Noah		KC Smoke	50.94	4
	24.513 (24.513)	50.935 (26.422)		
14 Gleue, Jama		Fort Hays St.	51.11	4
	23.876 (23.876)	51.107 (27.232)		
15 Forbes, Makaylin		Southwest Baptist	51.32	5
	23.308 (23.308)	51.314 (28.007)		
16 Creamer, Taivian		Fort Hays St.	51.43	4
	24.050 (24.050)	51.421 (27.372)		
17 Bolden, Trevor		Baker	51.87	2
	24.004 (24.004)	51.869 (27.865)		
18 Strawn, Zack		Baker	52.16	2
	24.484 (24.484)	52.154 (27.670)		
19 Vercher, Blake		Colby CC	53.09	3
	25.404 (25.404)	53.084 (27.680)		
20 Wilson, Andrew		Pratt CC	53.17	1
	23.475 (23.475)	53.164 (29.689)		
21 Laurance, Gunnar		Neosho County CC	53.22	2
	24.752 (24.752)	53.218 (28.467)		
22 Morstorf, Chase		St. Mary	53.25	3
	24.605 (24.605)	53.248 (28.643)		
23 Cardoza, Seaver		Baker	53.26	3
	25.570 (25.570)	53.253 (27.683)		
24 Darling, Cole		Pratt CC	53.73	1
	24.424 (24.424)	53.722 (29.298)		

**2022 Ichabod Invite - 2/12/2022**

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**....Event 6 Men 400 Meter Dash**

25	Bryan, Joseph	Colby CC	53.75	2
	25.015 (25.015)	53.748 (28.733)		
26	Martinez, Luke	Hardin-Simmons	54.17	1
	24.227 (24.227)	54.169 (29.943)		
27	Freeman, Chris	Hardin-Simmons	54.21	2
	26.322 (26.322)	54.202 (27.880)		
28	Rehm, Jeffrey	Unattached	55.24	2
	25.962 (25.962)	55.238 (29.277)		
29	Wiltshire, Malcolm	Fort Hays St.	55.83	1
	25.580 (25.580)	55.825 (30.245)		
30	Warren-Fruge, Daelen	Hardin-Simmons	57.42	1
	23.300 (23.300)	57.413 (34.113)		

**Event 7 Women 600 Yard Run**

Facility: F 1:24.10 2022 Chia Okoro, Washburn

Meet: M 1:26.69 2021 Kaylee Harp, NW Missouri

Name	Year	School	Finals
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1	Carlson, Kyla	Nebraska-Kearney	1:27.52
	21.295 (21.295)	52.885 (31.590)	1:27.519 (34.634)
2	Hahlbeck, Jena	Park U.	1:28.33
	22.163 (22.163)	54.798 (32.635)	1:28.324 (33.527)
3	Jones, Katelyn	Washburn	1:29.07
	21.125 (21.125)	52.948 (31.823)	1:29.069 (36.122)
4	Dusselier, Ellie	Fort Hays St.	1:34.95
	23.002 (23.002)	56.660 (33.659)	1:34.942 (38.282)
5	Williams, Hadley	Fort Hays St.	1:34.97
	22.039 (22.039)	54.924 (32.885)	1:34.970 (40.047)

**Event 8 Men 600 Yard Run**

Facility: F 1:10.90 2022 Emmanuel Wanga, Fort Hays St

Meet: M 1:11.77 2021 Abdelrahim Mahgoub, NW Missouri

Name	Year	School	Finals	H#
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1	Penner, Toby	Tabor	1:13.85	2
	18.287 (18.287)	44.982 (26.695)	1:13.848 (28.867)	
2	Herr, Jacob	Washburn	1:14.93	2
	18.458 (18.458)	45.893 (27.435)	1:14.921 (29.028)	
3	Hernandez, David	St. Mary	1:17.41	2
	18.766 (18.766)	46.924 (28.159)	1:17.407 (30.483)	
4	Radke, Isaac	Fort Hays St.	1:18.56	2
	19.336 (19.336)	47.667 (28.332)	1:18.556 (30.889)	
5	Hernandez, Alejandro	Neosho County CC	1:18.91	1
	47.453 (47.453)	1:18.905 (31.453)		
6	Echeverria, Nerwin	St. Mary	1:19.26	1
	47.998 (47.998)	1:19.260 (31.263)		
7	Townes, Jaylen	St. Mary	1:22.34	2
	18.611 (18.611)	47.252 (28.642)	1:22.334 (35.083)	

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**Event 9 Women 800 Meter Run**

=====					
NCAA D2: P 2:14.51					
Facility: F 2:11.28 2022 Yazmine Wright, Wichita St					
Meet: M 2:12.59 2021 Yasmine Hernandez, CSU-Pueblo					
Name	Year	School	Finals	H#	
=====					
1 Wright, Aryelle		Colorado Mines	2:12.37M	2	
	31.229 (31.229)	1:04.023 (32.794)	1:38.338 (34.315)		2:12.363 (34.025)
2 Duck, Mackenzie		Colorado Mines	2:12.56M	2	
	32.297 (32.297)	1:05.593 (33.297)	1:39.547 (33.954)		2:12.553 (33.007)
3 Hedlund, Kate		Uc-Colorado Springs	2:12.82P	2	
	32.092 (32.092)	1:05.288 (33.197)	1:38.528 (33.240)		2:12.818 (34.290)
4 Hewitt, Michela		Uc-Colorado Springs	2:17.01	2	
	31.940 (31.940)	1:05.065 (33.125)	1:38.857 (33.792)		2:17.004 (38.148)
5 Loeks, Ashten		Uc-Colorado Springs	2:17.76	2	
	32.813 (32.813)	1:05.999 (33.187)	1:40.543 (34.544)		2:17.759 (37.217)
6 Barber, Brocklyn		Southwest Baptist	2:21.27	2	
	32.993 (32.993)	1:07.419 (34.427)	1:44.245 (36.827)		2:21.267 (37.022)
7 Bindert, Elizabeth		Uc-Colorado Springs	2:21.95	2	
	33.212 (33.212)	1:07.895 (34.684)	1:44.307 (36.412)		2:21.945 (37.639)
8 Anderson, Hannah		Nebraska-Kearney	2:23.02	1	
	33.502 (33.502)	1:10.252 (36.750)	1:47.373 (37.122)		2:23.013 (35.640)
9 Little, Faith		Fort Hays St.	2:24.88	2	
	33.964 (33.964)	1:09.394 (35.430)	1:47.254 (37.860)		2:24.874 (37.620)
10 Lukert, Hattie		Fort Hays St.	2:25.97	1	
	33.118 (33.118)	1:09.429 (36.312)	1:48.678 (39.249)		2:25.968 (37.290)
11 Bina, Mason		Emporia St.	2:27.65	1	
	32.934 (32.934)	1:09.174 (36.240)	1:48.784 (39.610)		2:27.649 (38.865)
12 Hedlund, Natalie		Colby CC	2:30.11	1	
	33.337 (33.337)	1:09.997 (36.660)	1:49.615 (39.619)		2:30.103 (40.488)
13 Stowers, Tabby		Fort Hays St.	2:30.62	1	
	33.599 (33.599)	1:10.550 (36.952)	1:49.724 (39.174)		2:30.618 (40.894)
14 Garrison, Bethany		Central Oklahoma	2:34.83	1	
	35.439 (35.439)	1:14.753 (39.314)	1:55.777 (41.024)		2:34.823 (39.047)
15 Cozine, Elsa		Washburn	2:34.93	1	
	34.448 (34.448)	1:12.038 (37.590)	1:52.835 (40.798)		2:34.922 (42.087)
16 Quintana, Kianna		Trinidad State	2:35.61	1	
	37.310 (37.310)	1:15.655 (38.345)	1:56.195 (40.540)		2:35.602 (39.407)
17 Stewart, Tamsin		Trinidad State	2:36.17	1	
	37.459 (37.459)	1:18.458 (40.999)	1:57.932 (39.474)		2:36.165 (38.234)

**Event 10 Men 800 Meter Run**

=====					
NCAA D2: P 1:52.85					
Facility: F 1:51.18 2021 Terry Robinson Jr., Central Ar					
Meet: M 1:52.09 2021 Nathan Hood, CSU-Pueblo					
Name	Year	School	Finals	H#	
=====					
1 O'Keefe, Will		Southwest Baptist	1:54.92	4	
	28.939 (28.939)	56.766 (27.827)	1:25.039 (28.274)		1:54.913 (29.874)
2 Sado, Ahmed		Unattached	1:55.70	4	
	29.696 (29.696)	58.963 (29.268)	1:27.699 (28.737)		1:55.693 (27.994)
3 Coyhis, Ethan		Trinidad State	1:55.81	4	
	29.482 (29.482)	58.444 (28.963)	1:27.512 (29.068)		1:55.803 (28.292)

## 2022 Ichabod Invite - 2/12/2022

**Black Squirrel Timing**  
**Washburn University Indoor Athletic Facility**  
**Results**

## ....Event 10 Men 800 Meter Run

4	Gebhardt, Andrew	Colorado Mines	1:55.95	4	
	27.568 (27.568)	55.691 (28.123)	1:24.659 (28.969)		1:55.942 (31.283)
5	Davidson, Troy	Southwest Baptist	1:56.21	4	
	28.336 (28.336)	57.001 (28.665)	1:26.841 (29.840)		1:56.204 (29.364)
6	Kipyego, Nathan	Northwest Kansas	1:56.29	3	
	27.964 (27.964)	56.867 (28.903)	1:26.167 (29.300)		1:56.287 (30.120)
7	Abueg, Ben	Colorado Mines	1:56.47	4	
	29.181 (29.181)	57.116 (27.935)	1:25.862 (28.747)		1:56.464 (30.603)
8	Chinya, Gabriel	Washburn	1:56.72	3	
	28.398 (28.398)	57.380 (28.983)	1:27.270 (29.890)		1:56.717 (29.447)
9	Leck, Andrew	Neosho County CC	1:57.43	2	
	27.934 (27.934)	57.370 (29.437)	1:27.085 (29.715)		1:57.430 (30.345)
10	Abade, Abdi	Adams State	1:57.45	4	
	29.274 (29.274)	58.832 (29.558)	1:27.864 (29.033)		1:57.449 (29.585)
11	Dosmann, Conner	Trinidad State	1:57.94	3	
	29.213 (29.213)	58.009 (28.797)	1:28.124 (30.115)		1:57.937 (29.813)
12	Eckhardt, Landon	Nebraska-Kearney	1:58.15	3	
	28.200 (28.200)	57.443 (29.243)	1:27.540 (30.098)		1:58.148 (30.608)
13	Maline, Alex	Colorado Mines	1:58.17	3	
	28.427 (28.427)	57.710 (29.284)	1:27.522 (29.812)		1:58.170 (30.649)
14	Goeckel, Matt	Unattached	1:58.54	3	
	28.724 (28.724)	58.492 (29.768)	1:28.535 (30.044)		1:58.538 (30.003)
15	Stone, Joseph	Siu Edwardsville	1:58.59	3	
	27.767 (27.767)	56.652 (28.885)	1:26.915 (30.264)		1:58.588 (31.673)
16	De La Cerda, Elijah	Adams State	1:58.69	3	
	28.967 (28.967)	57.859 (28.893)	1:27.748 (29.889)		1:58.684 (30.937)
17	Arafol, Joshua	Neosho County CC	1:58.86	3	
	28.042 (28.042)	57.075 (29.034)	1:27.220 (30.145)		1:58.854 (31.634)
18	Huebert, Robert	Baker	1:59.00	3	
	28.380 (28.380)	57.683 (29.303)	1:28.035 (30.353)		1:58.997 (30.962)
19	Smith, Evan	Southwest Baptist	1:59.52	2	
	29.661 (29.661)	1:00.047 (30.387)	1:29.874 (29.827)		1:59.520 (29.647)
20	McElhaney, Gage	Southwest Baptist	1:59.77	2	
	29.012 (29.012)	59.560 (30.548)	1:30.211 (30.652)		1:59.769 (29.558)
21	Ecord, Kael	Washburn	1:59.90	2	
	28.774 (28.774)	59.051 (30.278)	1:29.671 (30.620)		1:59.894 (30.223)
22	Mitchell, Zach	Hardin-Simmons	2:00.16	2	2:00.151
	29.260 (29.260)	59.804 (30.544)	1:30.472 (30.669)		2:00.151 (29.679)
23	Villarreal, Adrian	Trinidad State	2:00.16	2	2:00.156
	29.345 (29.345)	1:00.066 (30.722)	1:30.740 (30.674)		2:00.156 (29.417)
24	Perez, Elias	Adams State	2:01.28	4	
	29.376 (29.376)	59.726 (30.350)	1:29.903 (30.178)		2:01.279 (31.377)
25	Atukwatse, Crispus	Pratt CC	2:01.41	3	
	28.184 (28.184)	57.229 (29.045)	1:27.914 (30.685)		2:01.403 (33.489)
26	Carrasco, Caleb	Fort Hays St.	2:02.33	4	
	29.814 (29.814)	59.891 (30.077)	1:30.508 (30.618)		2:02.329 (31.822)
27	Packard, Ty	Baker	2:03.62	1	
	29.513 (29.513)	1:00.283 (30.770)	1:32.196 (31.913)		2:03.613 (31.418)
28	Mallam, Abraham	Neosho County CC	2:04.80	1	
	30.181 (30.181)	1:01.925 (31.744)	1:34.332 (32.408)		2:04.796 (30.464)
29	Lopez, Alexander	Neosho County CC	2:04.99	1	
	29.943 (29.943)	1:00.701 (30.758)	1:32.817 (32.117)		2:04.986 (32.169)
30	Ruiz, Andrew	Neosho County CC	2:06.38	1	
	29.928 (29.928)	1:00.936 (31.008)	1:33.278 (32.343)		2:06.372 (33.094)

**2022 Ichabod Invite - 2/12/2022**

**Black Squirrel Timing  
Washburn University Indoor Athletic Facility  
Results**

**....Event 10 Men 800 Meter Run**

31	Wilson, Austin	Southwest Baptist	2:06.39	1	
	29.307 (29.307)	1:00.332 (31.025)	1:33.856 (33.524)		2:06.387 (32.532)
32	Sanders, Colby	Southwest Baptist	2:06.50	2	
	29.815 (29.815)	1:00.655 (30.840)	1:32.594 (31.939)		2:06.500 (33.907)
33	Emmons, Ethan	Fort Hays St.	2:07.69	1	2:07.682
	29.756 (29.756)	1:01.591 (31.835)	1:34.907 (33.317)		2:07.682 (32.775)
34	Green, Nicholas	Tabor	2:07.69	1	2:07.687
	29.151 (29.151)	59.431 (30.280)	1:32.996 (33.565)		2:07.687 (34.692)
35	Ahmed, Sharif	Hardin-Simmons	2:09.34	1	
	30.270 (30.270)	1:02.208 (31.939)	1:35.582 (33.374)		2:09.335 (33.753)
36	Grabert, Troy	Washburn	2:09.64	1	
	29.987 (29.987)	1:01.991 (32.004)	1:35.990 (33.999)		2:09.631 (33.642)
37	Haynes, Tyrel	Tabor	2:18.14	1	
	30.730 (30.730)	1:02.696 (31.967)	1:38.585 (35.889)		2:18.131 (39.547)

**Event 11 Women 1 Mile Run**

=====

NCAA D2: P 4:58.15  
 Facility: F 4:46.85 2021 Stephanie Cotter, Adams St  
 Meet: M 4:46.85 2021 Stephanie Cotter, Adams St

Name	Year	School	Finals	H#	
1	Wright, Yazmine	Wichita State	4:45.47F	3	
	34.758 (34.758)	1:08.862 (34.104)	1:44.707 (35.845)		2:21.173 (36.467)
	2:58.325 (37.153)	3:35.579 (37.254)	4:12.115 (36.537)		4:45.465 (33.350)
2	Beasley, Allison	Western Colorado	4:59.54	3	
	35.620 (35.620)	1:11.677 (36.057)	1:49.920 (38.244)		2:28.978 (39.058)
	3:08.178 (39.200)	3:46.297 (38.119)	4:23.965 (37.669)		4:59.540 (35.575)
3	Johnson, Lily	Washburn	5:00.45	3	
	37.627 (37.627)	1:13.605 (35.979)	1:51.157 (37.552)		2:30.107 (38.950)
	3:08.663 (38.557)	3:47.873 (39.210)	4:25.173 (37.300)		5:00.448 (35.275)
4	Fauske, Anna	Uc-Colorado Springs	5:00.46	3	
	37.178 (37.178)	1:13.273 (36.095)	1:50.818 (37.545)		2:29.760 (38.943)
	3:08.685 (38.925)	3:47.710 (39.025)	4:25.074 (37.364)		5:00.457 (35.383)
5	Raichart, Alex	Colorado Mines	5:00.58	3	
	36.095 (36.095)	1:11.984 (35.889)	1:50.093 (38.109)		2:28.707 (38.614)
	3:07.918 (39.212)	3:46.823 (38.905)	4:25.295 (38.473)		5:00.578 (35.283)
6	Hemmer, Mara	Nebraska-Kearney	5:06.79	3	
	36.300 (36.300)	1:12.358 (36.058)	1:50.420 (38.063)		2:29.228 (38.808)
	3:08.532 (39.304)	3:48.503 (39.972)	4:27.704 (39.202)		5:06.787 (39.083)
7	Reinke, Destiny	Nebraska-Kearney	5:08.61	3	
	37.958 (37.958)	1:14.043 (36.085)	1:52.148 (38.105)		2:31.618 (39.470)
	3:10.893 (39.275)	3:50.134 (39.242)	4:30.144 (40.010)		5:08.602 (38.458)
8	Barber, Brocklyn	Southwest Baptist	5:09.28	3	
	36.443 (36.443)	1:12.718 (36.275)	1:50.614 (37.897)		2:29.500 (38.887)
	3:08.475 (38.975)	3:48.142 (39.667)	4:28.612 (40.470)		5:09.272 (40.660)
9	Alstrom, Baylee	Nebraska-Kearney	5:09.90	3	
	37.488 (37.488)	1:13.405 (35.918)	1:50.953 (37.548)		2:33.843 (42.890)
	3:10.975 (37.133)	3:50.288 (39.313)	4:30.323 (40.035)		5:09.899 (39.577)
10	Bracker, Shelby	Nebraska-Kearney	5:18.52	2	
	39.684 (39.684)	1:18.303 (38.619)	1:58.921 (40.618)		2:40.023 (41.103)
	3:20.097 (40.074)	4:01.272 (41.175)	4:43.077 (41.805)		5:18.519 (35.443)

**2022 Ichabod Invite - 2/12/2022****Black Squirrel Timing  
Washburn University Indoor Athletic Facility  
Results****....Event 11 Women 1 Mile Run**

11 Polk, Elizabeth	Nebraska-Kearney	5:18.63	2
38.837 (38.837)	1:16.917 (38.080)	1:56.868 (39.952)	2:37.809 (40.942)
3:18.303 (40.494)	3:58.709 (40.407)	4:38.959 (40.250)	5:18.627 (39.668)
12 Graham, Autumn	Nebraska-Kearney	5:19.79	2
39.659 (39.659)	1:18.024 (38.365)	1:57.327 (39.303)	2:37.863 (40.537)
3:18.374 (40.512)	3:58.782 (40.408)	4:38.822 (40.040)	5:19.787 (40.965)
13 Hanson, Harlie	Central Oklahoma	5:21.19	2
40.638 (40.638)	1:19.199 (38.562)	1:59.456 (40.257)	2:39.511 (40.055)
3:20.166 (40.655)	4:00.412 (40.247)	4:42.211 (41.799)	5:21.188 (38.978)
14 Ayala Chanez, Dulce	Washburn	5:22.46	2
40.018 (40.018)	1:18.437 (38.419)	1:59.234 (40.798)	2:40.847 (41.613)
3:22.829 (41.983)	4:04.299 (41.470)	4:45.338 (41.039)	5:22.459 (37.122)
15 Vath, Jaycee	Fort Hays St.	5:22.71	2
39.027 (39.027)	1:17.184 (38.158)	1:57.379 (40.195)	2:38.096 (40.717)
3:19.446 (41.350)	4:01.489 (42.044)	4:43.894 (42.405)	5:22.702 (38.808)
16 Weber, Eve	Washburn	5:23.04	2
39.312 (39.312)	1:18.092 (38.780)	1:58.652 (40.560)	2:40.063 (41.412)
3:21.163 (41.100)	4:02.989 (41.827)	4:44.702 (41.713)	5:23.036 (38.334)
17 Pierce, Carson	Fort Hays St.	5:30.59	2
38.748 (38.748)	1:17.521 (38.773)	1:58.338 (40.818)	2:40.459 (42.122)
3:23.296 (42.837)	4:06.793 (43.498)	4:49.688 (42.895)	5:30.584 (40.897)
18 Dent, Kelsie	Washburn	5:33.44	2
40.954 (40.954)	1:19.556 (38.602)	2:00.463 (40.908)	2:42.436 (41.973)
3:25.196 (42.760)	4:08.593 (43.398)	4:51.872 (43.279)	5:33.432 (41.560)
19 Wagner, Keely	Washburn	5:36.83	2
40.287 (40.287)	1:18.871 (38.584)	1:59.738 (40.868)	2:41.974 (42.237)
3:25.044 (43.070)	4:09.006 (43.962)	4:53.914 (44.909)	5:36.828 (42.914)
20 Wood, Gabby	Siu Edwardsville	5:38.50	1
39.537 (39.537)	1:18.855 (39.318)	1:59.916 (41.062)	2:42.971 (43.055)
3:27.199 (44.228)	4:11.802 (44.604)	4:55.914 (44.112)	5:38.497 (42.584)
21 Burks, Hayley	Fort Hays St.	5:39.54	2
38.946 (38.946)	1:17.892 (38.947)	1:58.891 (40.999)	2:42.423 (43.533)
3:27.277 (44.854)	4:13.503 (46.227)	4:59.704 (46.202)	5:39.538 (39.834)
22 Stewart, Tamsin	Trinidad State	5:39.63	1
42.515 (42.515)	1:23.675 (41.160)	2:06.375 (42.700)	2:50.140 (43.765)
3:34.324 (44.184)	4:18.534 (44.210)	5:01.031 (42.498)	5:39.621 (38.590)
23 Rodriguez, Natalia	Siu Edwardsville	5:40.24	2
38.329 (38.329)	1:15.749 (37.420)	1:58.084 (42.335)	2:40.901 (42.817)
3:25.252 (44.352)	4:10.557 (45.305)	4:58.234 (47.678)	5:40.237 (42.003)
24 Hummingbird, Arizona	Central Oklahoma	5:40.33	3
37.895 (37.895)	1:14.198 (36.303)	1:52.729 (38.532)	2:34.443 (41.714)
3:18.722 (44.279)	4:05.157 (46.435)	4:52.734 (47.578)	5:40.324 (47.590)
25 Kopala, Gracie	Baker	5:45.95	1
42.182 (42.182)	1:23.752 (41.570)	2:06.766 (43.014)	2:51.281 (44.515)
3:37.330 (46.049)	4:22.875 (45.545)	5:06.105 (43.230)	5:45.944 (39.839)
26 Hutchinson, Shiloh	Central Oklahoma	5:47.01	1
42.377 (42.377)	1:23.289 (40.912)	2:05.795 (42.507)	2:49.285 (43.490)
3:34.856 (45.572)	4:19.784 (44.928)	5:05.319 (45.535)	5:47.005 (41.687)
27 Sannan, Peyton	Baker	5:48.31	1
41.581 (41.581)	1:23.072 (41.492)	2:06.016 (42.944)	2:50.320 (44.304)
3:36.472 (46.153)	4:22.757 (46.285)	5:07.465 (44.708)	5:48.307 (40.843)
28 Cozine, Elsa	Washburn	5:48.78	2
40.619 (40.619)	1:20.093 (39.474)	2:02.317 (42.224)	2:46.646 (44.329)
3:32.686 (46.040)	4:19.616 (46.930)	5:05.578 (45.963)	5:48.772 (43.194)

## 2022 Ichabod Invite - 2/12/2022

**Black Squirrel Timing**  
**Washburn University Indoor Athletic Facility**  
**Results**

## ....Event 11 Women 1 Mile Run

29 Gaither, Jamie	Baker	5:49.10	1
39.816 (39.816)	1:19.962 (40.147)	2:03.542 (43.580)	2:49.171 (45.629)
3:35.797 (46.627)	4:22.619 (46.822)	5:07.886 (45.268)	5:49.099 (41.213)

## Event 12 Men 1 Mile Run

Name	Year	School	Finals	H#
=====				
NCAA D2: P	4:10.99			
Facility: F	3:58.39	2021	Brett Meyer, Hays Track Club	
Meet: M	3:58.39	2021	Brett Meyer, Hays Track Club	
=====				
1 Moore, Adam		Wichita State	4:01.08P	3
31.060 (31.060)	1:01.101 (30.042)	1:31.809 (30.708)	2:02.128 (30.319)	
2:32.476 (30.349)	3:02.498 (30.022)	3:32.148 (29.650)	4:01.074 (28.927)	
2 Moore, Willie		Elmwood Athletics	4:05.82P	3
31.733 (31.733)	1:01.683 (29.950)	1:32.245 (30.563)	2:02.603 (30.358)	
2:33.244 (30.642)	3:04.228 (30.984)	3:35.184 (30.957)	4:05.814 (30.630)	
3 Graff, Evan		Uc-Colorado Springs	4:07.48P	3
31.488 (31.488)	1:01.455 (29.968)	1:32.013 (30.558)	2:02.354 (30.342)	
2:32.966 (30.613)	3:03.926 (30.960)	3:34.978 (31.052)	4:07.478 (32.500)	
4 Nchoгу, Vincent		Northwest Kansas	4:08.65P	3
32.440 (32.440)	1:02.201 (29.762)	1:32.990 (30.789)	2:03.499 (30.509)	
2:34.583 (31.084)	3:06.245 (31.663)	3:37.984 (31.739)	4:08.641 (30.658)	
5 Sado, Ahmed		Unattached	4:08.71P	3
33.574 (33.574)	1:03.523 (29.949)	1:34.686 (31.164)	2:06.359 (31.673)	
2:37.661 (31.303)	3:07.978 (30.317)	3:38.583 (30.605)	4:08.704 (30.122)	
6 Osowski, Keith		Black Hills St.	4:09.20P	3
32.934 (32.934)	1:02.938 (30.004)	1:33.530 (30.593)	2:04.306 (30.777)	
2:35.291 (30.985)	3:06.639 (31.348)	3:38.788 (32.149)	4:09.196 (30.409)	
7 Merriman, Bryce		Wichita State	4:10.97P	3
32.243 (32.243)	1:01.938 (29.695)	1:32.593 (30.655)	2:03.228 (30.635)	
2:34.263 (31.035)	3:06.049 (31.787)	3:38.213 (32.164)	4:10.966 (32.754)	
8 Outler, Ryan		Western Colorado	4:12.58	3
31.989 (31.989)	1:02.066 (30.078)	1:32.830 (30.764)	2:03.439 (30.609)	
2:34.421 (30.983)	3:06.398 (31.977)	3:38.823 (32.425)	4:12.580 (33.758)	
9 Perez, Elias		Adams State	4:13.45	3
32.699 (32.699)	1:02.735 (30.037)	1:33.948 (31.213)	2:05.394 (31.447)	
2:36.993 (31.599)	3:08.648 (31.655)	3:40.754 (32.107)	4:13.450 (32.697)	
10 Kimutai, Enock		Northwest Kansas	4:14.77	2
33.123 (33.123)	1:03.333 (30.210)	1:33.823 (30.490)	2:05.543 (31.720)	
2:37.326 (31.783)	3:09.746 (32.420)	3:42.634 (32.889)	4:14.761 (32.127)	
11 Henry, William		First City TC	4:15.81	2
33.939 (33.939)	1:05.299 (31.360)	1:37.406 (32.107)	2:09.701 (32.295)	
2:42.788 (33.088)	3:16.239 (33.452)	3:47.356 (31.117)	4:15.807 (28.452)	
12 Harden, Gavin		Uc-Colorado Springs	4:15.95	3
33.161 (33.161)	1:02.434 (29.273)	1:33.238 (30.804)	2:04.126 (30.889)	
2:35.614 (31.488)	3:08.479 (32.865)	3:41.478 (32.999)	4:15.949 (34.472)	
13 Davis, Payton		Nebraska-Kearney	4:16.57	2
33.626 (33.626)	1:04.888 (31.263)	1:37.084 (32.197)	2:09.866 (32.782)	
2:43.091 (33.225)	3:15.831 (32.740)	3:47.106 (31.275)	4:16.568 (29.463)	
14 Lindgren, Max		Nebraska-Kearney	4:16.76	2
33.292 (33.292)	1:03.947 (30.655)	1:36.066 (32.119)	2:09.142 (33.077)	
2:42.512 (33.370)	3:15.138 (32.627)	3:46.978 (31.840)	4:16.754 (29.777)	

## 2022 Ichabod Invite - 2/12/2022

**Black Squirrel Timing**  
**Washburn University Indoor Athletic Facility**  
**Results**

## ....Event 12 Men 1 Mile Run

15 Gray, Nathan	Washburn	4:16.99	2
33.828 (33.828)	1:05.079 (31.252)	1:36.961 (31.882)	2:09.389 (32.429)
2:42.461 (33.072)	3:15.482 (33.022)	3:47.287 (31.805)	4:16.986 (29.699)
16 Coatney, Caleb	Colorado Mines	4:18.46	2
33.467 (33.467)	1:04.188 (30.722)	1:36.312 (32.124)	2:08.569 (32.258)
2:40.432 (31.863)	3:13.472 (33.040)	3:46.194 (32.723)	4:18.451 (32.257)
17 Morch, Gustav	Washburn	4:19.90	2
34.163 (34.163)	1:05.608 (31.445)	1:37.688 (32.080)	2:10.307 (32.619)
2:42.962 (32.655)	3:15.707 (32.745)	3:48.343 (32.637)	4:19.897 (31.554)
18 Mettler, Matthew	Colorado Mines	4:20.35	3
33.830 (33.830)	1:03.931 (30.102)	1:35.160 (31.229)	2:06.976 (31.817)
2:39.428 (32.452)	3:13.241 (33.814)	3:45.835 (32.594)	4:20.349 (34.514)
19 Sanders, Colby	Southwest Baptist	4:20.88	2
34.336 (34.336)	1:05.708 (31.373)	1:38.128 (32.420)	2:10.647 (32.519)
2:43.691 (33.044)	3:16.531 (32.840)	3:49.513 (32.983)	4:20.876 (31.363)
20 Davis, Nathan	Colorado Mines	4:21.06	3
33.639 (33.639)	1:03.715 (30.077)	1:34.956 (31.242)	2:06.615 (31.659)
2:38.400 (31.785)	3:11.735 (33.335)	3:45.696 (33.962)	4:21.055 (35.359)
21 Kiptoo, Oliver	Northwest Kansas	4:21.47	2
33.589 (33.589)	1:04.416 (30.827)	1:36.521 (32.105)	2:08.927 (32.407)
2:42.224 (33.298)	3:15.983 (33.759)	3:49.299 (33.317)	4:21.461 (32.162)
22 Smith, Evan	Southwest Baptist	4:24.28	2
33.362 (33.362)	1:03.799 (30.438)	1:35.771 (31.972)	2:08.778 (33.008)
2:42.179 (33.402)	3:15.923 (33.744)	3:49.432 (33.509)	4:24.278 (34.847)
23 McElhaney, Gage	Southwest Baptist	4:25.10	2
34.132 (34.132)	1:06.176 (32.044)	1:38.512 (32.337)	2:11.387 (32.875)
2:44.798 (33.412)	3:18.694 (33.897)	3:52.672 (33.978)	4:25.091 (32.419)
24 Villarreal, Adrian	Trinidad State	4:26.18	1
35.336 (35.336)	1:07.410 (32.074)	1:40.676 (33.267)	2:15.330 (34.654)
2:50.469 (35.139)	3:24.440 (33.972)	3:56.609 (32.169)	4:26.177 (29.569)
25 Ecord, Kael	Washburn	4:26.53	1
35.016 (35.016)	1:07.977 (32.962)	1:41.105 (33.128)	2:15.716 (34.612)
2:50.740 (35.024)	3:24.691 (33.952)	3:56.925 (32.234)	4:26.527 (29.603)
26 Dosmann, Conner	Trinidad State	4:27.13	2
34.448 (34.448)	1:06.127 (31.679)	1:37.854 (31.728)	2:10.521 (32.667)
2:43.448 (32.928)	3:16.732 (33.284)	3:50.787 (34.055)	4:27.123 (36.337)
27 Garrison, Daniel	Southwest Baptist	4:27.94	2
34.412 (34.412)	1:05.928 (31.517)	1:38.166 (32.238)	2:11.044 (32.879)
2:44.666 (33.622)	3:19.724 (35.059)	3:54.188 (34.464)	4:27.931 (33.743)
28 Dutton, Max	Baker	4:31.73	1
35.502 (35.502)	1:08.241 (32.739)	1:41.319 (33.078)	2:15.922 (34.604)
2:51.017 (35.095)	3:25.524 (34.507)	3:59.547 (34.024)	4:31.729 (32.182)
29 Klaassen, Pierce	Tabor	4:32.11	1
35.709 (35.709)	1:08.476 (32.768)	1:41.546 (33.070)	2:15.945 (34.399)
2:51.247 (35.303)	3:25.781 (34.534)	3:59.764 (33.983)	4:32.110 (32.347)
30 Davis, Anthony	Baker	4:32.16	1
35.211 (35.211)	1:07.682 (32.472)	1:40.919 (33.237)	2:15.124 (34.205)
2:50.111 (34.988)	3:24.242 (34.132)	3:58.367 (34.125)	4:32.160 (33.793)
31 Adams, Dawson	St. Mary	4:32.48	1
35.012 (35.012)	1:07.264 (32.252)	1:40.720 (33.457)	2:15.495 (34.775)
2:50.764 (35.269)	3:25.367 (34.604)	4:00.210 (34.843)	4:32.471 (32.262)
32 Brady, Gavin	Fort Hays St.	4:33.21	1
34.705 (34.705)	1:07.209 (32.504)	1:40.492 (33.284)	2:15.197 (34.705)
2:50.494 (35.297)	3:25.574 (35.080)	4:00.584 (35.010)	4:33.205 (32.622)

## 2022 Ichabod Invite - 2/12/2022

**Black Squirrel Timing**  
**Washburn University Indoor Athletic Facility**  
**Results**

**....Event 12 Men 1 Mile Run**

33 Nichols, Garrett	Nebraska-Kearney	4:33.62	1		
34.741 (34.741)	1:06.957 (32.217)	1:40.234 (33.277)		2:14.941 (34.708)	
2:50.274 (35.333)	3:25.054 (34.780)	3:59.827 (34.774)		4:33.611 (33.784)	
34 Kinsey, Garrett	Tabor	4:33.89	1		
35.755 (35.755)	1:08.487 (32.733)	1:41.629 (33.142)		2:16.406 (34.778)	
2:51.820 (35.414)	3:26.177 (34.358)	4:01.650 (35.473)		4:33.889 (32.239)	
35 Walters, Zach	Siu Edwardsville	4:36.18	1		
34.789 (34.789)	1:07.824 (33.035)	1:41.881 (34.058)		2:16.311 (34.430)	
2:51.122 (34.812)	3:26.450 (35.328)	4:03.002 (36.553)		4:36.176 (33.174)	
36 Schmidt, Jerah	Tabor	4:36.28	1		
36.012 (36.012)	1:08.844 (32.832)	1:42.385 (33.542)		2:16.739 (34.354)	
2:52.120 (35.382)	3:27.382 (35.263)	4:02.597 (35.215)		4:36.277 (33.680)	
37 Pierce, Daniel	Nebraska-Kearney	4:36.52	1		
35.474 (35.474)	1:08.772 (33.299)	1:42.162 (33.390)		2:16.992 (34.830)	
2:51.479 (34.487)	3:27.101 (35.623)	4:02.465 (35.364)		4:36.516 (34.052)	
38 Turley, Collin	Pratt CC	4:48.64	1		
36.111 (36.111)	1:09.426 (33.315)	1:44.369 (34.943)		2:20.945 (36.577)	
2:56.995 (36.050)	3:34.912 (37.918)	4:11.991 (37.079)		4:48.636 (36.645)	
-- Hamilton, Joey	Uc-Colorado Springs	DNF	3		
30.650 (30.650)	1:00.881 (30.232)	1:31.339 (30.458)		2:02.199 (30.860)	
-- Maal, Adam	Uc-Colorado Springs	DNF	3		
30.384 (30.384)	1:00.676 (30.293)				

**Event 13 Women 3000 Meter Run**

=====					
NCAA D2: P	9:58.36				
Facility: F	9:36.27	2021	Erin Norton, Metro St	Denver	
Meet: M	9:36.27	2021	Erin Norton, MSU	Denver	
Name	Year	School	Finals	H#	
=====					
1 Almasri, Layla		Uc-Colorado Springs	9:38.11P	2	
39.049 (39.049)	1:18.351 (39.302)	1:56.808 (38.458)		2:35.231 (38.423)	
3:12.892 (37.662)	3:51.046 (38.154)	4:29.354 (38.309)		5:07.612 (38.258)	
5:46.442 (38.830)	6:25.211 (38.769)	7:04.147 (38.937)		7:43.331 (39.184)	
8:23.101 (39.770)	9:02.272 (39.172)	9:38.109 (35.838)			
2 McGrath, Riley		Uc-Colorado Springs	9:43.37P	2	
39.757 (39.757)	1:19.562 (39.805)	1:57.619 (38.058)		2:36.106 (38.487)	
3:14.908 (38.803)	3:53.683 (38.775)	4:32.604 (38.922)		5:11.532 (38.928)	
5:51.057 (39.525)	6:30.748 (39.692)	7:10.626 (39.878)		7:50.223 (39.598)	
8:29.597 (39.374)	9:07.967 (38.370)	9:43.366 (35.399)			
3 Lindquist, Ruby		Black Hills St.	9:52.12P	2	
39.934 (39.934)	1:19.764 (39.830)	1:58.361 (38.597)		2:36.734 (38.374)	
3:15.738 (39.004)	3:54.548 (38.810)	4:33.296 (38.748)		5:12.976 (39.680)	
5:53.129 (40.154)	6:33.562 (40.433)	7:13.943 (40.382)		7:54.242 (40.299)	
8:34.263 (40.022)	9:13.423 (39.160)	9:52.111 (38.688)			
4 Wills, Sarah		Adams State	9:54.65P	2	
39.339 (39.339)	1:18.588 (39.249)	1:57.094 (38.507)		2:35.551 (38.457)	
3:13.187 (37.637)	3:51.338 (38.152)	4:29.674 (38.337)		5:08.109 (38.435)	
5:47.101 (38.992)	6:26.932 (39.832)	7:08.101 (41.169)		7:49.878 (41.778)	
8:31.818 (41.940)	9:13.994 (42.177)	9:54.644 (40.650)			

## 2022 Ichabod Invite - 2/12/2022

**Black Squirrel Timing**  
**Washburn University Indoor Athletic Facility**  
**Results**

## ....Event 13 Women 3000 Meter Run

5	Griffin, Aly	Siu Edwardsville	9:55.73P	2				
	39.522 (39.522)	1:19.359 (39.838)	1:58.177 (38.818)		2:37.126 (38.949)			
	3:15.308 (38.183)	3:54.321 (39.013)	4:33.049 (38.729)		5:12.894 (39.845)			
	5:52.912 (40.018)	6:33.342 (40.430)	7:14.499 (41.158)		7:56.754 (42.255)			
	8:38.416 (41.662)	9:18.203 (39.788)	9:55.723 (37.520)					
6	Dexheimer, Kassidy	Siu Edwardsville	10:04.51	2				
	39.209 (39.209)	1:18.998 (39.789)	1:57.502 (38.504)		2:36.473 (38.972)			
	3:15.657 (39.184)	3:54.948 (39.292)	4:34.857 (39.909)		5:15.844 (40.988)			
	5:57.474 (41.630)	6:39.663 (42.189)	7:21.999 (42.337)		8:04.132 (42.133)			
	8:45.761 (41.629)	9:26.548 (40.788)	10:04.502 (37.954)					
7	Bach, Maddie	Nebraska-Kearney	10:12.58	2				
	40.239 (40.239)	1:20.568 (40.329)	2:00.602 (40.034)		2:40.332 (39.730)			
	3:20.287 (39.955)	4:01.008 (40.722)	4:41.356 (40.348)		5:21.154 (39.799)			
	6:01.938 (40.784)	6:43.264 (41.327)	7:26.206 (42.942)		8:09.889 (43.684)			
	8:55.512 (45.623)	9:37.279 (41.768)	10:12.577 (35.298)					
8	Mortensen, Sierra	Washburn	10:14.24	2				
	40.156 (40.156)	1:20.316 (40.160)	2:00.554 (40.239)		2:40.441 (39.887)			
	3:20.474 (40.034)	4:01.268 (40.794)	4:41.706 (40.438)		5:21.782 (40.077)			
	6:02.956 (41.174)	6:44.578 (41.623)	7:26.996 (42.418)		8:09.492 (42.497)			
	8:52.022 (42.530)	9:33.741 (41.719)	10:14.234 (40.494)					
9	Hanson, Harlie	Central Oklahoma	10:14.95	2				
	39.728 (39.728)	1:20.871 (41.143)	2:01.052 (40.182)		2:41.059 (40.008)			
	3:21.134 (40.075)	4:01.848 (40.714)	4:42.296 (40.448)		5:23.302 (41.007)			
	6:05.077 (41.775)	6:47.141 (42.064)	7:29.256 (42.115)		8:11.504 (42.249)			
	8:54.388 (42.884)	9:35.924 (41.537)	10:14.942 (39.018)					
10	Bonsall, Grace	Nebraska-Kearney	10:24.19	2				
	39.444 (39.444)	1:20.197 (40.753)	2:00.857 (40.660)		2:40.846 (39.989)			
	3:20.753 (39.908)	4:01.548 (40.795)	4:42.014 (40.467)		5:22.432 (40.418)			
	6:03.641 (41.209)	6:44.874 (41.234)	7:27.359 (42.485)		8:08.486 (41.127)			
	8:51.233 (42.748)	9:35.972 (44.739)	10:24.186 (48.214)					
11	Jesang, Sharon	Trinidad State	10:37.31	2				
	39.946 (39.946)	1:20.307 (40.362)	2:00.166 (39.859)		2:40.191 (40.025)			
	3:20.223 (40.033)	4:00.983 (40.760)	4:42.702 (41.719)		5:25.047 (42.345)			
	6:10.279 (45.233)	6:55.371 (45.092)	7:41.569 (46.199)		8:28.234 (46.665)			
	9:13.278 (45.044)	9:56.673 (43.395)	10:37.307 (40.634)					
12	Fiala, Sinclair	Nebraska-Kearney	10:41.94	1				
	39.244 (39.244)	1:19.142 (39.898)	2:00.767 (41.625)		2:43.032 (42.265)			
	3:25.684 (42.653)	4:08.986 (43.302)	4:51.634 (42.649)		5:33.938 (42.304)			
	6:18.359 (44.422)	7:02.996 (44.637)	7:48.432 (45.437)		8:32.894 (44.463)			
	9:18.496 (45.602)	10:02.247 (43.752)	10:41.939 (39.693)					
13	Vesely, Verena	Washburn	10:43.08	1				
	39.914 (39.914)	1:19.804 (39.890)	2:01.637 (41.833)		2:44.073 (42.437)			
	3:26.704 (42.632)	4:10.314 (43.610)	4:53.621 (43.307)		5:37.881 (44.260)			
	6:23.042 (45.162)	7:07.566 (44.524)	7:52.186 (44.620)		8:36.301 (44.115)			
	9:21.004 (44.704)	10:03.771 (42.767)	10:43.076 (39.305)					
14	Vath, Jaycee	Fort Hays St.	10:49.85	1				
	39.606 (39.606)	1:19.323 (39.718)	2:00.949 (41.627)		2:43.317 (42.368)			
	3:26.017 (42.700)	4:09.357 (43.340)	4:52.218 (42.862)		5:35.799 (43.582)			
	6:20.173 (44.374)	7:05.376 (45.203)	7:51.153 (45.778)		8:36.596 (45.443)			
	9:21.407 (44.812)	10:06.538 (45.132)	10:49.846 (43.308)					

**2022 Ichabod Invite - 2/12/2022**

**Black Squirrel Timing  
Washburn University Indoor Athletic Facility  
Results**

**....Event 13 Women 3000 Meter Run**

15 Lemke, Emily	Siu Edwardsville	10:57.27	1		
36.451 (36.451)	1:15.257 (38.807)	1:56.867 (41.610)		2:39.848 (42.982)	
3:23.636 (43.788)	4:08.042 (44.407)	4:51.463 (43.422)		5:33.687 (42.224)	
6:21.077 (47.390)	7:05.987 (44.910)	7:52.802 (46.815)		8:40.211 (47.409)	
9:28.193 (47.983)	10:14.837 (46.644)	10:57.263 (42.427)			
16 Poggioli, Kayla	Nebraska-Kearney	10:59.92	1		
40.343 (40.343)	1:21.137 (40.794)	2:05.127 (43.990)		2:49.882 (44.755)	
3:35.092 (45.210)	4:19.276 (44.184)	5:03.876 (44.600)		5:48.251 (44.375)	
6:33.669 (45.419)	7:19.313 (45.644)	8:05.234 (45.922)		8:50.291 (45.057)	
9:36.013 (45.723)	10:20.326 (44.313)	10:59.911 (39.585)			
17 Korus, Allyson	Nebraska-Kearney	11:00.66	1		
40.166 (40.166)	1:20.869 (40.704)	2:04.868 (43.999)		2:49.622 (44.754)	
3:34.934 (45.313)	4:19.032 (44.098)	5:03.694 (44.663)		5:48.641 (44.947)	
6:34.788 (46.148)	7:19.861 (45.073)	8:05.796 (45.935)		8:50.472 (44.677)	
9:36.471 (45.999)	10:21.094 (44.624)	11:00.657 (39.563)			
18 Lopez-Gonzalez, Luz	Washburn	11:17.12	1		
43.493 (43.493)	1:27.624 (44.132)	2:11.042 (43.418)		2:54.224 (43.183)	
3:38.566 (44.342)	4:23.477 (44.912)	5:09.503 (46.027)		5:55.733 (46.230)	
6:41.902 (46.169)	7:28.442 (46.540)	8:15.598 (47.157)		9:02.119 (46.522)	
9:48.393 (46.274)	10:34.213 (45.820)	11:17.112 (42.899)			
19 Allacher, Megan	Washburn	11:19.31	1		
41.737 (41.737)	1:25.451 (43.714)	2:10.471 (45.020)		2:54.607 (44.137)	
3:39.069 (44.463)	4:25.127 (46.058)	5:10.901 (45.774)		5:56.373 (45.473)	
6:42.216 (45.843)	7:28.397 (46.182)	8:15.946 (47.549)		9:02.567 (46.622)	
9:49.507 (46.940)	10:36.284 (46.778)	11:19.308 (43.024)			
20 Briggs, Stacy	Washburn	11:19.39	1		
41.672 (41.672)	1:22.686 (41.014)	2:05.516 (42.830)		2:50.127 (44.612)	
3:35.297 (45.170)	4:19.103 (43.807)	5:03.599 (44.497)		5:48.371 (44.772)	
6:34.592 (46.222)	7:21.143 (46.552)	8:08.857 (47.714)		8:57.818 (48.962)	
9:47.543 (49.725)	10:35.501 (47.958)	11:19.387 (43.887)			
21 Beel, CeeAnna	Nebraska-Kearney	11:52.49	1		
41.979 (41.979)	1:23.934 (41.955)	2:08.083 (44.149)		2:53.964 (45.882)	
3:39.977 (46.013)	4:26.996 (47.019)	5:14.828 (47.833)		6:03.467 (48.639)	
6:53.216 (49.749)	7:43.206 (49.990)	8:34.223 (51.018)		9:25.773 (51.550)	
10:17.179 (51.407)	11:06.899 (49.720)	11:52.481 (45.582)			
-- Ellis, Hannah	Uc-Colorado Springs	DNF	2		
38.813 (38.813)	1:18.154 (39.342)	1:56.601 (38.447)		2:35.163 (38.563)	

**Event 14 Men 3000 Meter Run**

=====					
NCAA D2: P 8:21.16					
Facility: F 8:00.39 2021 Shay McEvoy, Tulsa					
Meet: M 8:10.50 2021 Carson Bix, Adams St					
Name	Year	School	Finals	H#	
=====					
1 Arens, Ben		Nebraska-Kearney	8:12.96P	2	
33.185 (33.185)	1:05.217 (32.032)	1:37.452 (32.235)		2:10.272 (32.820)	
2:43.397 (33.125)	3:16.668 (33.272)	3:49.570 (32.903)		4:23.245 (33.675)	
4:57.817 (34.572)	5:33.040 (35.224)	6:06.155 (33.115)		6:38.948 (32.793)	
7:11.938 (32.990)	7:43.108 (31.170)	8:12.959 (29.852)			

## 2022 Ichabod Invite - 2/12/2022

**Black Squirrel Timing**  
**Washburn University Indoor Athletic Facility**  
**Results**

## ....Event 14 Men 3000 Meter Run

2	Houdeshell, John	Western Colorado	8:23.70	2			
	33.094 (33.094)	1:04.937 (31.843)	1:37.152 (32.215)		2:09.990 (32.839)		
	2:43.597 (33.607)	3:17.173 (33.577)	3:50.748 (33.575)		4:25.243 (34.495)		
	5:00.287 (35.044)	5:34.869 (34.583)	6:09.873 (35.004)		6:44.682 (34.809)		
	7:19.052 (34.370)	7:52.662 (33.610)	8:23.699 (31.038)				
3	Vrooman, Justin	Nebraska-Kearney	8:28.99	2			
	33.703 (33.703)	1:06.228 (32.525)	1:38.768 (32.540)		2:12.827 (34.059)		
	2:47.517 (34.690)	3:22.628 (35.112)	3:57.978 (35.350)		4:32.623 (34.645)		
	5:06.825 (34.203)	5:41.299 (34.474)	6:16.469 (35.170)		6:51.418 (34.949)		
	7:25.974 (34.557)	7:59.547 (33.573)	8:28.990 (29.444)				
4	De La Cerda, Elijah	Adams State	8:31.05	2			
	33.479 (33.479)	1:05.512 (32.033)	1:37.854 (32.343)		2:10.662 (32.808)		
	2:43.879 (33.218)	3:17.007 (33.128)	3:50.234 (33.228)		4:24.848 (34.614)		
	4:59.844 (34.997)	5:35.327 (35.483)	6:10.557 (35.230)		6:44.615 (34.059)		
	7:19.240 (34.625)	7:55.347 (36.107)	8:31.043 (35.697)				
5	Abdalla, Nick	Nebraska-Kearney	8:32.25	2			
	34.298 (34.298)	1:06.748 (32.450)	1:39.908 (33.160)		2:13.387 (33.479)		
	2:48.042 (34.655)	3:22.813 (34.772)	3:58.020 (35.208)		4:32.730 (34.710)		
	5:07.220 (34.490)	5:41.599 (34.379)	6:16.787 (35.188)		6:51.652 (34.865)		
	7:25.729 (34.078)	7:59.675 (33.947)	8:32.247 (32.572)				
6	Schwartz, Jackson	Western Colorado	8:37.74	2			
	32.824 (32.824)	1:04.628 (31.804)	1:36.768 (32.140)		2:09.409 (32.642)		
	2:42.883 (33.474)	3:15.973 (33.090)	3:48.869 (32.897)		4:22.878 (34.009)		
	4:57.620 (34.743)	5:33.280 (35.660)	6:08.567 (35.287)		6:44.210 (35.644)		
	7:20.592 (36.382)	7:58.420 (37.829)	8:37.739 (39.319)				
7	Prenzler, Roland	Siu Edwardsville	8:39.66	2			
	33.653 (33.653)	1:06.078 (32.425)	1:39.279 (33.202)		2:13.193 (33.914)		
	2:47.817 (34.624)	3:22.975 (35.159)	3:58.324 (35.349)		4:32.957 (34.633)		
	5:07.423 (34.467)	5:41.945 (34.523)	6:17.424 (35.479)		6:53.653 (36.229)		
	7:30.005 (36.353)	8:05.745 (35.740)	8:39.658 (33.913)				
8	Schoenhofer, Brett	Nebraska-Kearney	8:54.01	2			
	34.579 (34.579)	1:08.085 (33.507)	1:42.797 (34.712)		2:17.362 (34.565)		
	2:52.385 (35.024)	3:27.937 (35.552)	4:03.763 (35.827)		4:39.465 (35.703)		
	5:15.287 (35.822)	5:51.184 (35.898)	6:27.138 (35.954)		7:03.463 (36.325)		
	7:40.269 (36.807)	8:17.038 (36.769)	8:54.004 (36.967)				
9	Estrada, Erick	Fort Hays St.	9:01.18	1			
	36.687 (36.687)	1:11.742 (35.055)	1:46.502 (34.760)		2:21.886 (35.384)		
	2:57.601 (35.715)	3:33.717 (36.117)	4:09.986 (36.269)		4:46.706 (36.720)		
	5:23.393 (36.688)	6:00.877 (37.484)	6:38.015 (37.138)		7:15.276 (37.262)		
	7:52.085 (36.809)	8:28.182 (36.098)	9:01.177 (32.995)				
10	Mullen, Shane	Unattached	9:04.63	1			
	34.500 (34.500)	1:11.926 (37.427)	1:48.632 (36.707)		2:25.620 (36.988)		
	3:02.641 (37.022)	3:39.585 (36.944)	4:17.680 (38.095)		4:55.320 (37.640)		
	5:32.655 (37.335)	6:09.510 (36.855)	6:44.873 (35.364)		7:21.722 (36.849)		
	7:57.422 (35.700)	8:33.027 (35.605)	9:04.626 (31.599)				
11	Petrella, Nick	Washburn	9:05.38	1			
	33.916 (33.916)	1:10.443 (36.528)	1:47.012 (36.569)		2:22.810 (35.798)		
	2:58.805 (35.995)	3:35.012 (36.208)	4:12.046 (37.034)		4:48.545 (36.499)		
	5:25.521 (36.977)	6:02.531 (37.010)	6:39.665 (37.134)		7:17.782 (38.118)		
	7:55.838 (38.057)	8:32.661 (36.823)	9:05.375 (32.714)				

## 2022 Ichabod Invite - 2/12/2022

**Black Squirrel Timing**  
**Washburn University Indoor Athletic Facility**  
**Results**

## ....Event 14 Men 3000 Meter Run

12 McCullough, Chayse	Colby CC	9:06.68	1
36.513 (36.513)	1:12.231 (35.718)	1:48.098 (35.868)	2:24.058 (35.960)
3:00.506 (36.448)	3:36.803 (36.298)	4:13.178 (36.375)	4:49.357 (36.179)
5:26.283 (36.927)	6:03.315 (37.032)	6:40.090 (36.775)	7:17.533 (37.444)
7:55.441 (37.908)	8:32.342 (36.902)	9:06.676 (34.334)	
13 Panagos, Blake	Siu Edwardsville	9:07.83	1
36.263 (36.263)	1:12.808 (36.545)	1:49.053 (36.245)	2:24.626 (35.573)
3:00.936 (36.310)	3:37.103 (36.168)	4:13.530 (36.427)	4:49.752 (36.223)
5:26.537 (36.785)	6:04.050 (37.513)	6:41.955 (37.905)	7:20.016 (38.062)
7:57.745 (37.729)	8:34.182 (36.438)	9:07.822 (33.640)	
14 Setser, Andy	Unattached	9:08.66	1
36.448 (36.448)	1:12.706 (36.258)	1:48.900 (36.194)	2:25.167 (36.268)
3:01.316 (36.149)	3:37.562 (36.247)	4:14.241 (36.679)	4:51.150 (36.909)
5:27.691 (36.542)	6:04.567 (36.877)	6:41.102 (36.535)	7:18.110 (37.008)
7:55.378 (37.269)	8:32.043 (36.665)	9:08.660 (36.617)	
15 Garcia, Eder	Nebraska-Kearney	9:11.03	1
36.397 (36.397)	1:12.040 (35.643)	1:47.512 (35.473)	2:23.157 (35.645)
2:59.018 (35.862)	3:35.288 (36.270)	4:11.830 (36.542)	4:48.283 (36.454)
5:25.211 (36.928)	6:02.773 (37.563)	6:40.405 (37.632)	7:18.070 (37.665)
7:56.342 (38.273)	8:33.457 (37.115)	9:11.021 (37.564)	
16 Johnson, Alexander	Unattached	9:12.65	1
34.860 (34.860)	1:12.346 (37.487)	1:49.248 (36.903)	2:26.058 (36.810)
3:02.715 (36.657)	3:39.111 (36.397)	4:16.503 (37.393)	4:53.826 (37.323)
5:30.451 (36.625)	6:08.311 (37.860)	6:45.313 (37.003)	7:22.107 (36.794)
7:59.981 (37.874)	8:37.237 (37.257)	9:12.643 (35.407)	
17 Adams, Carter	Southwest Baptist	9:12.98	1
34.640 (34.640)	1:11.892 (37.253)	1:47.707 (35.815)	2:23.875 (36.168)
3:00.743 (36.869)	3:37.400 (36.657)	4:14.016 (36.617)	4:51.381 (37.365)
5:28.455 (37.074)	6:05.921 (37.467)	6:44.031 (38.110)	7:22.161 (38.130)
8:00.582 (38.422)	8:37.867 (37.285)	9:12.975 (35.108)	
18 Edwards, Jackson	Siu Edwardsville	9:17.72	1
36.242 (36.242)	1:13.040 (36.798)	1:49.697 (36.658)	2:25.013 (35.317)
3:01.822 (36.809)	3:39.357 (37.535)	4:17.666 (38.309)	4:55.595 (37.929)
5:33.230 (37.635)	6:11.608 (38.379)	6:49.693 (38.085)	7:27.523 (37.830)
8:05.817 (38.294)	8:43.373 (37.557)	9:17.713 (34.340)	
19 Griffin, Cooper	Washburn	9:18.63	1
35.991 (35.991)	1:12.632 (36.642)	1:49.463 (36.832)	2:25.485 (36.022)
3:01.938 (36.454)	3:39.192 (37.254)	4:16.928 (37.737)	4:54.442 (37.514)
5:32.812 (38.370)	6:11.218 (38.407)	6:49.355 (38.137)	7:27.808 (38.454)
8:06.801 (38.993)	8:43.992 (37.192)	9:18.622 (34.630)	
20 Lamparek, Ben	Baker	9:18.92	1
35.582 (35.582)	1:11.492 (35.910)	1:47.108 (35.617)	2:22.540 (35.432)
2:58.626 (36.087)	3:35.877 (37.252)	4:12.877 (37.000)	4:50.442 (37.565)
5:27.891 (37.449)	6:06.787 (38.897)	6:45.832 (39.045)	7:24.642 (38.810)
8:04.061 (39.419)	8:41.493 (37.433)	9:18.920 (37.427)	
21 Schrag, Matthew	Fort Hays St.	9:18.96	1
35.688 (35.688)	1:11.615 (35.927)	1:47.266 (35.652)	2:22.586 (35.320)
2:58.520 (35.934)	3:34.700 (36.180)	4:11.775 (37.075)	4:49.102 (37.328)
5:27.097 (37.995)	6:05.461 (38.364)	6:44.562 (39.102)	7:22.996 (38.434)
8:03.132 (40.137)	8:43.097 (39.965)	9:18.960 (35.863)	

2022 Ichabod Invite - 2/12/2022

Black Squirrel Timing  
Washburn University Indoor Athletic Facility  
Results

....Event 14 Men 3000 Meter Run

22 Giefer, Wyndom	Unattached	9:20.63	1		
36.716 (36.716)	1:12.077 (35.362)	1:47.086 (35.009)	2:22.211 (35.125)		
2:57.882 (35.672)	3:34.016 (36.134)	4:10.287 (36.272)	4:47.033 (36.747)		
5:23.747 (36.714)	6:01.321 (37.574)	6:39.356 (38.035)	7:18.886 (39.530)		
7:59.088 (40.203)	8:40.777 (41.689)	9:20.628 (39.852)			
23 Setser, Jack	Unattached	9:23.26	1		
35.971 (35.971)	1:12.567 (36.597)	1:49.858 (37.292)	2:26.423 (36.565)		
3:03.207 (36.784)	3:39.776 (36.569)	4:17.943 (38.168)	4:55.053 (37.110)		
5:32.378 (37.325)	6:09.991 (37.613)	6:48.086 (38.095)	7:26.695 (38.609)		
8:05.625 (38.930)	8:44.280 (38.655)	9:23.252 (38.973)			
24 Balerud, Nick	Nebraska-Kearney	9:25.14	2		
34.227 (34.227)	1:07.894 (33.668)	1:42.594 (34.700)	2:18.037 (35.443)		
2:54.829 (36.793)	3:31.650 (36.822)	4:08.908 (37.258)	4:46.309 (37.402)		
5:24.435 (38.127)	6:03.787 (39.352)	6:42.929 (39.143)	7:23.222 (40.293)		
8:04.097 (40.875)	8:45.475 (41.379)	9:25.139 (39.664)			
25 Garcia, Sebastian	Fort Hays St.	9:41.79	1		
34.098 (34.098)	1:10.873 (36.775)	1:47.686 (36.813)	2:24.296 (36.610)		
3:01.463 (37.168)	3:38.833 (37.370)	4:17.430 (38.597)	4:55.877 (38.448)		
5:34.401 (38.524)	6:15.118 (40.718)	6:56.732 (41.614)	7:40.090 (43.358)		
8:23.106 (43.017)	9:05.081 (41.975)	9:41.790 (36.709)			
-- Mugrage, Kristoffer	Unattached	DNF	2		
32.697 (32.697)	1:04.392 (31.695)	1:36.552 (32.160)	2:09.158 (32.607)		
2:42.707 (33.549)	3:15.759 (33.053)	3:48.122 (32.363)	4:20.807 (32.685)		

Event 15 Women 5000 Meter Run

=====					
Facility:	F 16:32.95	2021	Winnie Koskei,	Wichita St	
Meet:	M 16:51.90	2021	Claire McCune,	Drury	
Name	Year	School	Finals	H#	
=====					
1 Doucette, Katie		Western Colorado	16:23.49F	2	
38.515 (38.515)	1:17.851 (39.337)	1:56.001 (38.150)	2:34.982 (38.982)		
3:14.995 (40.013)	3:54.182 (39.188)	4:34.351 (40.169)	5:14.021 (39.670)		
5:53.985 (39.964)	6:33.950 (39.965)	7:13.592 (39.643)	7:53.577 (39.985)		
8:33.362 (39.785)	9:13.432 (40.070)	9:53.515 (40.083)	10:33.389 (39.874)		
11:13.195 (39.807)	11:52.365 (39.170)	12:32.475 (40.110)	13:12.790 (40.315)		
13:51.559 (38.769)	14:31.022 (39.464)	15:09.421 (38.399)	15:48.002 (38.582)		
16:23.486 (35.484)					
2 Ramsey, Jenna		Emporia St.	16:47.90M	2	
40.480 (40.480)	1:21.820 (41.340)	2:01.490 (39.670)	2:40.205 (38.715)		
3:19.861 (39.657)	4:00.352 (40.492)	4:40.256 (39.904)	5:20.501 (40.245)		
6:00.709 (40.208)	6:40.984 (40.275)	7:21.269 (40.285)	8:01.397 (40.129)		
8:42.070 (40.673)	9:22.675 (40.605)	10:03.242 (40.568)	10:43.720 (40.478)		
11:24.445 (40.725)	12:05.164 (40.719)	12:46.352 (41.189)	13:27.446 (41.094)		
14:08.712 (41.267)	14:49.960 (41.248)	15:30.399 (40.439)	16:10.844 (40.445)		
16:47.899 (37.055)					
3 Cunningham, Caroline		NW Missouri	17:04.92	2	
40.689 (40.689)	1:22.302 (41.614)	2:02.110 (39.808)	2:40.947 (38.838)		
3:21.421 (40.474)	4:02.082 (40.662)	4:42.830 (40.748)	5:23.709 (40.879)		
6:04.459 (40.750)	6:45.225 (40.767)	7:26.269 (41.044)	8:07.742 (41.474)		
8:49.349 (41.607)	9:31.484 (42.135)	10:14.192 (42.709)	10:56.237 (42.045)		
11:37.620 (41.383)	12:19.457 (41.838)	13:02.516 (43.059)	13:45.742 (43.227)		
14:27.339 (41.597)	15:08.804 (41.465)	15:48.764 (39.960)	16:29.046 (40.283)		
17:04.919 (35.873)					

## 2022 Ichabod Invite - 2/12/2022

**Black Squirrel Timing**  
**Washburn University Indoor Athletic Facility**  
**Results**

## ....Event 15 Women 5000 Meter Run

4	Strouse, Brin	Colorado Mines	17:11.03	2				
	40.964 (40.964)	1:22.019 (41.055)	2:02.150 (40.132)		2:41.687 (39.538)			
	3:21.871 (40.184)	4:02.886 (41.015)	4:43.436 (40.550)		5:24.275 (40.839)			
	6:05.506 (41.232)	6:46.182 (40.677)	7:27.347 (41.165)		8:08.817 (41.470)			
	8:49.971 (41.154)	9:32.234 (42.263)	10:14.461 (42.228)		10:55.991 (41.530)			
	11:37.416 (41.425)	12:19.396 (41.980)	13:01.120 (41.724)		13:43.457 (42.338)			
	14:26.200 (42.743)	15:08.789 (42.589)	15:49.585 (40.797)		16:31.399 (41.814)			
	17:11.022 (39.624)							
5	Paredes, Reina	Adams State	17:14.02	2				
	40.151 (40.151)	1:22.066 (41.915)	2:02.584 (40.518)		2:42.796 (40.213)			
	3:21.785 (38.989)	4:02.337 (40.553)	4:42.967 (40.630)		5:23.991 (41.024)			
	6:05.395 (41.404)	6:45.729 (40.334)	7:26.819 (41.090)		8:08.310 (41.492)			
	8:49.560 (41.250)	9:31.747 (42.188)	10:14.031 (42.284)		10:55.464 (41.433)			
	11:37.561 (42.098)	12:19.685 (42.124)	13:01.946 (42.262)		13:45.069 (43.123)			
	14:27.610 (42.542)	15:10.101 (42.492)	15:53.627 (43.527)		16:36.086 (42.459)			
	17:14.011 (37.925)							
6	Thiros, Alexia	Western Colorado	17:14.13	2				
	40.021 (40.021)	1:22.084 (42.063)	2:02.544 (40.460)		2:42.569 (40.025)			
	3:22.229 (39.660)	4:02.705 (40.477)	4:43.282 (40.578)		5:24.171 (40.889)			
	6:05.182 (41.012)	6:46.002 (40.820)	7:27.117 (41.115)		8:08.594 (41.477)			
	8:49.836 (41.243)	9:32.069 (42.233)	10:14.291 (42.223)		10:55.820 (41.529)			
	11:37.317 (41.498)	12:19.707 (42.390)	13:02.272 (42.565)		13:45.592 (43.320)			
	14:28.204 (42.612)	15:10.822 (42.619)	15:53.819 (42.997)		16:36.149 (42.330)			
	17:14.121 (37.973)							
7	Robinson, Xiomara	Black Hills St.	17:32.51	2				
	40.784 (40.784)	1:22.257 (41.474)	2:01.802 (39.545)		2:40.636 (38.834)			
	3:21.149 (40.513)	4:01.982 (40.834)	4:42.665 (40.683)		5:23.812 (41.148)			
	6:04.799 (40.987)	6:45.540 (40.742)	7:26.572 (41.033)		8:08.021 (41.449)			
	8:49.665 (41.644)	9:32.491 (42.827)	10:14.730 (42.239)		10:56.452 (41.723)			
	11:37.851 (41.399)	12:20.361 (42.510)	13:04.125 (43.764)		13:48.866 (44.742)			
	14:33.089 (44.223)	15:17.855 (44.767)	16:03.437 (45.583)		16:48.185 (44.748)			
	17:32.509 (44.324)							
8	Dorion, Amalia	Adams State	17:39.22	2				
	40.861 (40.861)	1:23.247 (42.387)	2:04.742 (41.495)		2:46.721 (41.979)			
	3:29.019 (42.298)	4:10.890 (41.872)	4:52.832 (41.943)		5:34.804 (41.972)			
	6:16.471 (41.668)	6:57.910 (41.439)	7:39.881 (41.972)		8:22.086 (42.205)			
	9:04.201 (42.115)	9:46.084 (41.883)	10:28.231 (42.148)		11:10.322 (42.092)			
	11:51.989 (41.667)	12:34.364 (42.375)	13:18.529 (44.165)		14:02.451 (43.923)			
	14:46.432 (43.982)	15:30.757 (44.325)	16:14.282 (43.525)		16:57.931 (43.649)			
	17:39.216 (41.285)							
9	Aldulaimi, Lubna	Wichita State	17:44.15	2				
	41.250 (41.250)	1:23.516 (42.267)	2:04.907 (41.392)		2:45.736 (40.829)			
	3:26.779 (41.043)	4:09.872 (43.094)	4:51.534 (41.662)		5:34.389 (42.855)			
	6:16.844 (42.455)	6:58.206 (41.363)	7:40.112 (41.907)		8:22.472 (42.360)			
	9:04.541 (42.069)	9:46.956 (42.415)	10:29.982 (43.027)		11:13.697 (43.715)			
	11:57.244 (43.547)	12:41.779 (44.535)	13:25.532 (43.754)		14:09.204 (43.672)			
	14:52.649 (43.445)	15:37.614 (44.965)	16:22.065 (44.452)		17:04.974 (42.909)			
	17:44.146 (39.173)							

## 2022 Ichabod Invite - 2/12/2022

**Black Squirrel Timing**  
**Washburn University Indoor Athletic Facility**  
**Results**

## ....Event 15 Women 5000 Meter Run

10 Gonzales, Taylor	Unattached	17:46.45	2	
40.990 (40.990)	1:22.589 (41.599)	2:03.046 (40.458)	2:43.059 (40.013)	
3:22.625 (39.567)	4:03.557 (40.933)	4:43.822 (40.265)	5:24.712 (40.890)	
6:05.805 (41.093)	6:46.741 (40.937)	7:27.821 (41.080)	8:09.260 (41.439)	
8:50.699 (41.439)	9:32.837 (42.139)	10:15.199 (42.362)	10:57.337 (42.139)	
11:39.679 (42.342)	12:23.277 (43.599)	13:08.084 (44.807)	13:53.774 (45.690)	
14:40.527 (46.754)	15:26.479 (45.952)	16:13.337 (46.859)	16:59.839 (46.502)	
17:46.442 (46.604)				
11 Stewart, Abigail	Fort Hays St.	17:49.42	1	
37.448 (37.448)	1:18.173 (40.725)	2:00.261 (42.088)	2:42.331 (42.070)	
3:24.920 (42.589)	4:07.305 (42.385)	4:50.122 (42.818)	5:32.836 (42.714)	
6:15.917 (43.082)	6:58.795 (42.878)	7:41.421 (42.627)	8:25.361 (43.940)	
9:08.781 (43.420)	9:52.758 (43.978)	10:36.468 (43.710)	11:21.540 (45.072)	
12:05.827 (44.288)	12:49.872 (44.045)	13:33.331 (43.459)	14:18.090 (44.759)	
15:02.418 (44.329)	15:46.726 (44.308)	16:30.767 (44.042)	17:12.560 (41.793)	
17:49.420 (36.860)				
12 Navarro, Brooke	Fort Hays St.	17:55.40	1	
38.043 (38.043)	1:19.000 (40.957)	2:01.178 (42.179)	2:43.333 (42.155)	
3:25.217 (41.884)	4:07.906 (42.689)	4:50.716 (42.810)	5:33.835 (43.119)	
6:16.760 (42.925)	6:59.851 (43.092)	7:43.267 (43.417)	8:26.863 (43.597)	
9:10.916 (44.053)	9:54.416 (43.500)	10:38.791 (44.375)	11:22.477 (43.687)	
12:06.125 (43.648)	12:50.272 (44.148)	13:33.967 (43.695)	14:18.396 (44.429)	
15:02.121 (43.725)	15:46.561 (44.440)	16:30.551 (43.990)	17:14.365 (43.814)	
17:55.396 (41.032)				
13 Moser, Holly	Colorado Mines	17:55.98	2	
41.274 (41.274)	1:22.776 (41.503)	2:04.162 (41.387)	2:45.526 (41.364)	
3:26.580 (41.054)	4:09.611 (43.032)	4:51.717 (42.107)	5:34.190 (42.473)	
6:17.110 (42.920)	6:58.705 (41.595)	7:41.076 (42.372)	8:24.027 (42.952)	
9:07.304 (43.277)	9:50.490 (43.187)	10:34.157 (43.668)	11:17.980 (43.823)	
12:02.105 (44.125)	12:46.072 (43.968)	13:30.565 (44.493)	14:15.686 (45.122)	
15:01.119 (45.433)	15:46.607 (45.489)	16:31.696 (45.089)	17:15.406 (43.710)	
17:55.977 (40.572)				
14 Edwards, Isabella	Unattached	18:00.18	2	
38.900 (38.900)	1:18.240 (39.340)	1:57.942 (39.703)	2:39.391 (41.449)	
3:21.360 (41.969)	4:03.255 (41.895)	4:44.657 (41.403)	5:27.621 (42.964)	
6:11.740 (44.119)	6:56.251 (44.512)	7:40.315 (44.064)	8:22.780 (42.465)	
9:05.114 (42.334)	9:49.244 (44.130)	10:33.929 (44.685)	11:18.281 (44.353)	
12:02.722 (44.442)	12:47.196 (44.474)	13:32.961 (45.765)	14:19.407 (46.447)	
15:05.379 (45.972)	15:50.486 (45.108)	16:35.364 (44.878)	17:18.652 (43.289)	
18:00.180 (41.528)				
15 Valdivia, Tessa	Southwest Baptist	18:10.83	2	
39.309 (39.309)	1:19.870 (40.562)	2:01.621 (41.752)	2:43.174 (41.553)	
3:25.070 (41.897)	4:07.909 (42.839)	4:51.239 (43.330)	5:34.601 (43.363)	
6:17.447 (42.847)	7:00.257 (42.810)	7:44.015 (43.758)	8:27.866 (43.852)	
9:12.412 (44.547)	9:57.045 (44.633)	10:41.706 (44.662)	11:26.299 (44.593)	
12:10.840 (44.542)	12:55.907 (45.068)	13:41.297 (45.390)	14:26.992 (45.695)	
15:11.751 (44.759)	15:56.599 (44.848)	16:41.342 (44.744)	17:26.371 (45.029)	
18:10.830 (44.459)				

## 2022 Ichabod Invite - 2/12/2022

**Black Squirrel Timing**  
**Washburn University Indoor Athletic Facility**  
**Results**

## ....Event 15 Women 5000 Meter Run

16 Mortensen, Sierra	Washburn	18:17.57	1	
39.170 (39.170)	1:20.286 (41.117)	2:03.261 (42.975)	2:45.266 (42.005)	
3:26.871 (41.605)	4:09.488 (42.618)	4:52.120 (42.632)	5:34.840 (42.720)	
6:18.028 (43.189)	7:01.721 (43.693)	7:45.128 (43.408)	8:29.042 (43.914)	
9:13.058 (44.017)	9:57.393 (44.335)	10:42.031 (44.638)	11:27.055 (45.024)	
12:12.175 (45.120)	12:57.960 (45.785)	13:43.831 (45.872)	14:29.706 (45.875)	
15:15.651 (45.945)	16:01.243 (45.593)	16:47.482 (46.239)	17:33.310 (45.828)	
18:17.562 (44.253)				
17 Arterbury, Emma	Colorado Mines	18:28.65	1	
38.300 (38.300)	1:19.390 (41.090)	2:02.253 (42.864)	2:44.677 (42.424)	
3:28.063 (43.387)	4:11.590 (43.527)	4:55.588 (43.999)	5:39.690 (44.102)	
6:24.171 (44.482)	7:07.987 (43.817)	7:52.907 (44.920)	8:38.030 (45.123)	
9:23.436 (45.407)	10:09.002 (45.567)	10:54.513 (45.512)	11:40.395 (45.882)	
12:26.321 (45.927)	13:12.921 (46.600)	13:59.230 (46.309)	14:45.620 (46.390)	
15:31.540 (45.920)	16:17.847 (46.308)	17:03.963 (46.117)	17:48.165 (44.202)	
18:28.650 (40.485)				
18 Berkstresser, Amanda	Southwest Baptist	18:34.38	1	
38.121 (38.121)	1:18.975 (40.854)	2:01.302 (42.328)	2:43.911 (42.609)	
3:27.171 (43.260)	4:10.577 (43.407)	4:53.597 (43.020)	5:37.322 (43.725)	
6:21.483 (44.162)	7:05.853 (44.370)	7:51.646 (45.793)	8:37.801 (46.155)	
9:23.787 (45.987)	10:09.943 (46.157)	10:55.465 (45.522)	11:41.088 (45.624)	
12:26.771 (45.683)	13:12.961 (46.190)	13:58.897 (45.937)	14:45.215 (46.318)	
15:31.841 (46.627)	16:18.631 (46.790)	17:06.198 (47.568)	17:52.712 (46.514)	
18:34.377 (41.665)				
19 Walker, Kaitlyn	Siu Edwardsville	18:51.64	1	
38.363 (38.363)	1:19.110 (40.747)	2:01.368 (42.259)	2:43.233 (41.865)	
3:25.347 (42.114)	4:07.597 (42.250)	4:50.335 (42.738)	5:33.502 (43.168)	
6:18.152 (44.650)	7:03.638 (45.487)	7:49.081 (45.443)	8:34.882 (45.802)	
9:21.023 (46.142)	10:07.572 (46.549)	10:54.506 (46.934)	11:41.248 (46.743)	
12:28.180 (46.932)	13:14.800 (46.620)	14:03.307 (48.508)	14:52.323 (49.017)	
15:40.736 (48.413)	16:28.735 (47.999)	17:15.998 (47.264)	18:04.207 (48.209)	
18:51.637 (47.430)				
20 Lagat, Ashley	Trinidad State	18:55.65	1	
39.717 (39.717)	1:21.427 (41.710)	2:05.876 (44.449)	2:50.532 (44.657)	
3:35.613 (45.082)	4:20.675 (45.062)	5:05.670 (44.995)	5:50.198 (44.529)	
6:34.465 (44.267)	7:20.165 (45.700)	8:06.581 (46.417)	8:52.607 (46.027)	
9:38.548 (45.942)	10:25.215 (46.667)	11:11.710 (46.495)	11:59.010 (47.300)	
12:46.076 (47.067)	13:32.980 (46.904)	14:18.693 (45.714)	15:04.478 (45.785)	
15:51.693 (47.215)	16:39.652 (47.959)	17:27.226 (47.574)	18:13.830 (46.604)	
18:55.642 (41.813)				
21 Dominguez, Vanessa	Trinidad State	19:12.21	1	
42.630 (42.630)	1:28.452 (45.823)	2:15.978 (47.527)	3:03.326 (47.348)	
3:49.350 (46.024)	4:33.773 (44.424)	5:18.676 (44.903)	6:03.647 (44.972)	
6:49.865 (46.218)	7:35.470 (45.605)	8:21.052 (45.583)	9:07.213 (46.162)	
9:53.815 (46.602)	10:39.726 (45.912)	11:26.073 (46.348)	12:13.357 (47.284)	
13:00.910 (47.553)	13:48.702 (47.793)	14:35.913 (47.212)	15:23.565 (47.652)	
16:12.026 (48.462)	17:00.417 (48.392)	17:47.561 (47.144)	18:32.697 (45.137)	
19:12.202 (39.505)				

**2022 Ichabod Invite - 2/12/2022**  
**Black Squirrel Timing**  
**Washburn University Indoor Athletic Facility**  
**Results**

**....Event 15 Women 5000 Meter Run**

22 Fischer, Alexis	Siu Edwardsville	19:31.64	1	
37.657 (37.657)	1:18.431 (40.774)	2:00.537 (42.107)		2:42.788 (42.252)
3:26.005 (43.217)	4:10.631 (44.627)	4:56.548 (45.918)		5:43.702 (47.154)
6:31.843 (48.142)	7:20.626 (48.783)	8:09.138 (48.513)		8:57.986 (48.848)
9:47.088 (49.103)	10:36.805 (49.717)	11:26.562 (49.758)		12:16.187 (49.625)
13:05.972 (49.785)	13:56.477 (50.505)	14:46.253 (49.777)		15:35.893 (49.640)
16:25.305 (49.412)	17:13.817 (48.513)	18:01.393 (47.577)		18:47.557 (46.164)
19:31.636 (44.079)				
23 Nikonowicz, Chessy	Siu Edwardsville	20:11.07	1	
37.866 (37.866)	1:18.710 (40.844)	2:00.900 (42.190)		2:43.087 (42.188)
3:26.790 (43.703)	4:13.933 (47.144)	5:03.651 (49.718)		5:50.242 (46.592)
6:34.428 (44.187)	7:22.286 (47.858)	8:11.067 (48.782)		9:00.071 (49.004)
9:49.851 (49.780)	10:40.228 (50.378)	11:34.315 (54.087)		12:26.812 (52.498)
13:18.702 (51.890)	14:10.911 (52.209)	15:03.750 (52.839)		15:57.210 (53.460)
16:51.608 (54.399)	17:44.622 (53.014)	18:36.461 (51.839)		19:26.702 (50.242)
20:11.062 (44.360)				
24 Navarro, Mya	Fort Hays St.	20:18.74	1	
41.786 (41.786)	1:23.812 (42.027)	2:07.405 (43.593)		2:52.406 (45.002)
3:38.767 (46.362)	4:25.673 (46.907)	5:13.503 (47.830)		6:01.861 (48.358)
6:51.256 (49.395)	7:41.401 (50.145)	8:30.735 (49.334)		9:20.727 (49.993)
10:10.987 (50.260)	11:01.647 (50.660)	11:52.883 (51.237)		12:43.776 (50.893)
13:35.005 (51.229)	14:26.366 (51.362)	15:18.145 (51.779)		16:09.701 (51.557)
17:01.037 (51.337)	17:52.026 (50.989)	18:41.151 (49.125)		19:29.941 (48.790)
20:18.736 (48.795)				
25 Ball, Blaise	Baker	22:00.04	1	
43.053 (43.053)	1:29.557 (46.504)	2:16.596 (47.039)		3:06.310 (49.714)
3:56.925 (50.615)	4:49.216 (52.292)	5:38.781 (49.565)		6:29.436 (50.655)
7:21.245 (51.809)	8:13.695 (52.450)	9:06.553 (52.859)		9:59.758 (53.205)
10:54.230 (54.472)	11:49.823 (55.594)	12:46.178 (56.355)		13:41.410 (55.232)
14:38.595 (57.185)	15:35.115 (56.520)	16:31.693 (56.579)		17:27.640 (55.947)
18:23.635 (55.995)	19:18.758 (55.124)	20:12.473 (53.715)		21:06.387 (53.914)
22:00.040 (53.653)				
-- Wills, Sarah	Adams State	DNF	2	
40.651 (40.651)	1:22.992 (42.342)	2:04.556 (41.564)		2:46.517 (41.962)
3:28.836 (42.319)	4:10.684 (41.848)	4:52.686 (42.003)		5:34.660 (41.974)
6:16.380 (41.720)	6:57.766 (41.387)	7:39.751 (41.985)		8:21.866 (42.115)
9:03.959 (42.093)	9:45.857 (41.899)	10:28.025 (42.168)		11:10.074 (42.049)
11:51.734 (41.660)	12:34.524 (42.790)			
-- Beasley, Allison	Western Colorado	DNF	2	
38.140 (38.140)	1:17.537 (39.398)	1:55.682 (38.145)		2:34.629 (38.947)
3:14.647 (40.019)	3:53.890 (39.243)	4:34.077 (40.188)		5:13.709 (39.632)
5:53.735 (40.027)	6:33.756 (40.022)			

**Event 16 Men 5000 Meter Run**

=====				
Facility:	F	13:59.79	2021	Charlie Sweeney, Western Colo
Meet:	M	13:59.79	2021	Charlie Sweeney, Western Colo
Name		Year	School	Finals H#
=====				

## 2022 Ichabod Invite - 2/12/2022

**Black Squirrel Timing**  
**Washburn University Indoor Athletic Facility**  
**Results**

## ....Event 16 Men 5000 Meter Run

1 Rutledge, JP	Missouri Southern	14:08.19	2	
35.484 (35.484)	1:09.757 (34.273)	1:43.298 (33.542)	2:16.414 (33.117)	
2:50.234 (33.820)	3:24.376 (34.142)	3:58.141 (33.765)	4:32.334 (34.194)	
5:05.489 (33.155)	5:39.226 (33.737)	6:12.988 (33.763)	6:47.049 (34.062)	
7:20.973 (33.924)	7:54.914 (33.942)	8:29.361 (34.447)	9:04.138 (34.778)	
9:39.167 (35.029)	10:12.332 (33.165)	10:45.994 (33.663)	11:20.088 (34.094)	
11:55.083 (34.995)	12:29.444 (34.362)	13:03.362 (33.918)	13:37.182 (33.820)	
14:08.181 (30.999)				
2 Michael, Cade	Western Colorado	14:13.05	2	
35.231 (35.231)	1:09.929 (34.699)	1:43.848 (33.919)	2:17.149 (33.302)	
2:50.454 (33.305)	3:24.309 (33.855)	3:57.966 (33.657)	4:32.162 (34.197)	
5:05.562 (33.400)	5:39.427 (33.865)	6:13.242 (33.815)	6:47.262 (34.020)	
7:21.252 (33.990)	7:55.136 (33.884)	8:29.586 (34.450)	9:04.229 (34.644)	
9:38.781 (34.552)	10:12.111 (33.330)	10:45.788 (33.678)	11:19.849 (34.062)	
11:54.873 (35.024)	12:30.142 (35.269)	13:06.209 (36.068)	13:42.308 (36.099)	
14:13.044 (30.737)				
3 Fuehne, Duncan	Colorado Mines	14:13.19	2	
35.332 (35.332)	1:10.168 (34.837)	1:44.102 (33.934)	2:17.479 (33.378)	
2:51.381 (33.902)	3:25.374 (33.994)	3:58.979 (33.605)	4:33.337 (34.358)	
5:06.608 (33.272)	5:40.214 (33.607)	6:13.942 (33.728)	6:47.932 (33.990)	
7:22.013 (34.082)	7:56.006 (33.993)	8:30.038 (34.033)	9:04.694 (34.657)	
9:39.591 (34.897)	10:12.571 (32.980)	10:46.293 (33.723)	11:20.338 (34.045)	
11:55.314 (34.977)	12:30.286 (34.972)	13:03.811 (33.525)	13:37.458 (33.648)	
14:13.183 (35.725)				
4 Zeru, Afewerki	Uc-Colorado Springs	14:14.49	2	
35.114 (35.114)	1:09.691 (34.577)	1:43.426 (33.735)	2:16.481 (33.055)	
2:50.087 (33.607)	3:24.113 (34.027)	3:57.839 (33.727)	4:32.031 (34.192)	
5:05.219 (33.189)	5:39.019 (33.800)	6:12.794 (33.775)	6:46.828 (34.034)	
7:20.721 (33.893)	7:54.662 (33.942)	8:29.137 (34.475)	9:03.926 (34.789)	
9:39.007 (35.082)	10:12.736 (33.729)	10:46.922 (34.187)	11:21.783 (34.862)	
11:57.083 (35.300)	12:32.473 (35.390)	13:07.621 (35.148)	13:41.417 (33.797)	
14:14.486 (33.069)				
5 Landes, Evan	KC Smoke	14:15.31	2	
33.617 (33.617)	1:09.592 (35.975)	1:43.787 (34.195)	2:17.403 (33.617)	
2:51.089 (33.687)	3:25.572 (34.483)	3:59.207 (33.635)	4:33.567 (34.360)	
5:07.106 (33.539)	5:40.404 (33.299)	6:14.284 (33.880)	6:48.313 (34.029)	
7:22.272 (33.959)	7:56.483 (34.212)	8:30.537 (34.054)	9:05.492 (34.955)	
9:40.306 (34.814)	10:14.886 (34.580)	10:49.763 (34.878)	11:24.694 (34.932)	
11:59.491 (34.797)	12:34.537 (35.047)	13:09.104 (34.568)	13:43.122 (34.018)	
14:15.306 (32.184)				
6 Bach, Myles	Nebraska-Kearney	14:17.42	2	
32.822 (32.822)	1:08.279 (35.458)	1:42.552 (34.273)	2:16.174 (33.623)	
2:50.312 (34.138)	3:24.602 (34.290)	3:58.311 (33.709)	4:32.593 (34.283)	
5:06.799 (34.207)	5:40.067 (33.268)	6:14.514 (34.448)	6:49.342 (34.828)	
7:23.917 (34.575)	7:58.368 (34.452)	8:33.092 (34.724)	9:07.711 (34.619)	
9:42.529 (34.819)	10:16.051 (33.522)	10:50.366 (34.315)	11:24.931 (34.565)	
11:59.499 (34.569)	12:34.736 (35.237)	13:10.087 (35.352)	13:44.797 (34.710)	
14:17.413 (32.617)				

**2022 Ichabod Invite - 2/12/2022**

**Black Squirrel Timing  
Washburn University Indoor Athletic Facility  
Results**

**....Event 16 Men 5000 Meter Run**

7	Kaye, Andrew	Colorado Mines	14:18.56	2				
	33.428 (33.428)	1:09.084 (35.657)	1:43.571 (34.487)		2:17.282 (33.712)			
	2:51.227 (33.945)	3:25.757 (34.530)	3:59.468 (33.712)		4:33.748 (34.280)			
	5:07.382 (33.634)	5:40.911 (33.529)	6:14.907 (33.997)		6:49.056 (34.149)			
	7:22.592 (33.537)	7:56.737 (34.145)	8:30.994 (34.258)		9:06.029 (35.035)			
	9:40.759 (34.730)	10:15.772 (35.013)	10:50.742 (34.970)		11:25.813 (35.072)			
	12:01.458 (35.645)	12:38.117 (36.659)	13:15.043 (36.927)		13:48.703 (33.660)			
	14:18.559 (29.857)							
8	Dervin, Mitchell	Adams State	14:19.61	2				
	33.136 (33.136)	1:09.536 (36.400)	1:44.014 (34.479)		2:18.124 (34.110)			
	2:52.033 (33.909)	3:26.609 (34.577)	4:01.116 (34.507)		4:35.479 (34.364)			
	5:09.529 (34.050)	5:43.746 (34.217)	6:18.011 (34.265)		6:52.709 (34.699)			
	7:27.861 (35.152)	8:02.694 (34.834)	8:37.438 (34.744)		9:11.962 (34.524)			
	9:46.599 (34.638)	10:21.076 (34.477)	10:55.996 (34.920)		11:30.858 (34.863)			
	12:05.574 (34.717)	12:40.632 (35.058)	13:15.439 (34.808)		13:48.506 (33.067)			
	14:19.602 (31.097)							
9	Rotich, Brian	Trinidad State	14:23.36	2				
	34.294 (34.294)	1:10.091 (35.797)	1:44.426 (34.335)		2:18.198 (33.773)			
	2:51.642 (33.444)	3:26.373 (34.732)	4:00.647 (34.274)		4:35.248 (34.602)			
	5:09.301 (34.053)	5:43.638 (34.338)	6:17.712 (34.074)		6:52.371 (34.659)			
	7:28.016 (35.645)	8:03.234 (35.219)	8:37.986 (34.752)		9:12.532 (34.547)			
	9:47.188 (34.657)	10:21.712 (34.524)	10:56.816 (35.104)		11:31.767 (34.952)			
	12:07.312 (35.545)	12:42.914 (35.603)	13:18.082 (35.168)		13:52.254 (34.173)			
	14:23.359 (31.105)							
10	O'Malley, John	Colorado Mines	14:23.94	2				
	34.654 (34.654)	1:09.797 (35.143)	1:43.548 (33.752)		2:16.902 (33.354)			
	2:50.698 (33.797)	3:24.912 (34.214)	3:58.558 (33.647)		4:32.879 (34.322)			
	5:06.077 (33.198)	5:39.762 (33.685)	6:13.444 (33.683)		6:47.453 (34.009)			
	7:21.507 (34.054)	7:55.324 (33.818)	8:29.824 (34.500)		9:04.432 (34.608)			
	9:39.454 (35.023)	10:14.189 (34.735)	10:49.601 (35.412)		11:24.988 (35.388)			
	12:00.973 (35.985)	12:37.871 (36.898)	13:15.509 (37.639)		13:51.016 (35.507)			
	14:23.933 (32.918)							
11	Grabowski, Michael	Western Colorado	14:24.58	2				
	32.948 (32.948)	1:08.686 (35.738)	1:43.191 (34.505)		2:16.744 (33.554)			
	2:50.572 (33.828)	3:24.626 (34.054)	3:58.341 (33.715)		4:32.656 (34.315)			
	5:06.474 (33.819)	5:40.511 (34.037)	6:14.478 (33.968)		6:48.728 (34.250)			
	7:22.708 (33.980)	7:57.071 (34.363)	8:31.551 (34.480)		9:06.309 (34.759)			
	9:41.277 (34.968)	10:16.403 (35.127)	10:51.094 (34.692)		11:26.926 (35.832)			
	12:02.679 (35.754)	12:39.132 (36.453)	13:15.704 (36.573)		13:50.509 (34.805)			
	14:24.573 (34.064)							
12	Orar, Aron	Adams State	14:26.07	2				
	34.043 (34.043)	1:10.492 (36.449)	1:44.562 (34.070)		2:18.642 (34.080)			
	2:52.019 (33.378)	3:27.131 (35.112)	4:00.923 (33.793)		4:34.561 (33.638)			
	5:08.222 (33.662)	5:42.146 (33.924)	6:16.982 (34.837)		6:52.322 (35.340)			
	7:27.773 (35.452)	8:02.951 (35.178)	8:37.658 (34.708)		9:12.228 (34.570)			
	9:46.921 (34.693)	10:21.458 (34.538)	10:56.529 (35.072)		11:31.688 (35.159)			
	12:07.577 (35.889)	12:43.346 (35.769)	13:18.578 (35.233)		13:53.924 (35.347)			
	14:26.064 (32.140)							

## 2022 Ichabod Invite - 2/12/2022

**Black Squirrel Timing**  
**Washburn University Indoor Athletic Facility**  
**Results**

## ....Event 16 Men 5000 Meter Run

13 Cathcart, Chris	Colorado Mines	14:27.82	2		
33.234 (33.234)	1:08.897 (35.663)	1:43.407 (34.510)	2:17.053 (33.647)		
2:50.898 (33.845)	3:25.134 (34.237)	3:58.757 (33.623)	4:33.067 (34.310)		
5:06.333 (33.267)	5:39.972 (33.639)	6:13.673 (33.702)	6:47.692 (34.019)		
7:21.716 (34.024)	7:55.767 (34.052)	8:30.791 (35.024)	9:05.777 (34.987)		
9:40.549 (34.773)	10:15.962 (35.413)	10:51.348 (35.387)	11:27.746 (36.398)		
12:04.654 (36.909)	12:42.193 (37.539)	13:18.879 (36.687)	13:54.992 (36.113)		
14:27.819 (32.828)					
14 Schmidt, Robbie	Fort Hays St.	14:33.84	1		
35.718 (35.718)	1:12.364 (36.647)	1:46.818 (34.454)	2:20.453 (33.635)		
2:54.314 (33.862)	3:28.808 (34.494)	4:03.368 (34.560)	4:37.636 (34.269)		
5:12.049 (34.413)	5:46.305 (34.257)	6:20.541 (34.237)	6:54.535 (33.994)		
7:29.066 (34.532)	8:03.310 (34.244)	8:37.644 (34.334)	9:11.805 (34.162)		
9:46.879 (35.074)	10:22.445 (35.567)	10:58.245 (35.800)	11:34.101 (35.857)		
12:10.096 (35.995)	12:46.041 (35.945)	13:22.311 (36.270)	13:58.695 (36.384)		
14:33.839 (35.144)					
15 Flowers, Ben	Wichita State	14:42.64	1		
35.853 (35.853)	1:13.283 (37.430)	1:47.566 (34.284)	2:22.393 (34.827)		
2:57.238 (34.845)	3:32.191 (34.954)	4:07.413 (35.222)	4:42.430 (35.018)		
5:17.381 (34.952)	5:52.629 (35.248)	6:28.316 (35.688)	7:03.984 (35.668)		
7:39.593 (35.609)	8:15.558 (35.965)	8:51.410 (35.853)	9:27.253 (35.843)		
10:03.308 (36.055)	10:38.773 (35.465)	11:14.483 (35.710)	11:50.051 (35.569)		
12:25.576 (35.525)	13:01.468 (35.892)	13:36.416 (34.949)	14:11.040 (34.624)		
14:42.634 (31.594)					
16 Kibet, David	Washburn	14:43.42	1		
35.266 (35.266)	1:09.604 (34.338)	1:43.950 (34.347)	2:18.938 (34.988)		
2:54.338 (35.400)	3:29.078 (34.740)	4:03.619 (34.542)	4:37.908 (34.289)		
5:12.270 (34.363)	5:46.800 (34.530)	6:21.941 (35.142)	6:57.970 (36.029)		
7:34.374 (36.404)	8:10.940 (36.567)	8:47.250 (36.310)	9:23.671 (36.422)		
10:00.013 (36.342)	10:36.303 (36.290)	11:12.513 (36.210)	11:48.780 (36.268)		
12:24.786 (36.007)	13:01.223 (36.437)	13:37.325 (36.103)	14:11.926 (34.602)		
14:43.418 (31.492)					
17 Shaw, Alex	Colorado Mines	14:44.44	1		
35.540 (35.540)	1:12.466 (36.927)	1:48.044 (35.578)	2:23.228 (35.184)		
2:57.911 (34.684)	3:32.845 (34.934)	4:08.259 (35.414)	4:43.589 (35.330)		
5:19.129 (35.540)	5:55.040 (35.912)	6:30.480 (35.440)	7:05.980 (35.500)		
7:41.909 (35.929)	8:17.631 (35.723)	8:53.249 (35.618)	9:28.750 (35.502)		
10:03.700 (34.950)	10:39.578 (35.878)	11:15.066 (35.489)	11:50.403 (35.337)		
12:26.088 (35.685)	13:01.730 (35.643)	13:36.155 (34.425)	14:10.886 (34.732)		
14:44.433 (33.547)					
18 Bonenberger, Max	Colorado Mines	14:47.16	1		
35.695 (35.695)	1:12.715 (37.020)	1:48.241 (35.527)	2:23.715 (35.474)		
2:58.365 (34.650)	3:33.335 (34.970)	4:08.691 (35.357)	4:44.013 (35.322)		
5:18.938 (34.925)	5:54.680 (35.743)	6:30.189 (35.509)	7:05.660 (35.472)		
7:41.584 (35.924)	8:17.345 (35.762)	8:52.959 (35.614)	9:28.553 (35.594)		
10:04.063 (35.510)	10:39.890 (35.828)	11:15.446 (35.557)	11:50.810 (35.364)		
12:26.536 (35.727)	13:02.990 (36.454)	13:39.763 (36.773)	14:15.114 (35.352)		
14:47.154 (32.040)					

**2022 Ichabod Invite - 2/12/2022**

**Black Squirrel Timing  
Washburn University Indoor Athletic Facility  
Results**

**....Event 16 Men 5000 Meter Run**

19 Brown, Rylan		Unattached	14:51.97	1	
35.996 (35.996)	1:13.279 (37.283)	1:48.409 (35.130)	2:24.035 (35.627)		
2:59.106 (35.072)	3:33.715 (34.609)	4:08.923 (35.208)	4:44.186 (35.264)		
5:19.488 (35.302)	5:55.245 (35.758)	6:30.743 (35.498)	7:06.294 (35.552)		
7:42.133 (35.839)	8:17.884 (35.752)	8:53.483 (35.599)	9:29.021 (35.539)		
10:04.386 (35.365)	10:40.200 (35.814)	11:15.835 (35.635)	11:51.959 (36.124)		
12:28.130 (36.172)	13:04.226 (36.097)	13:40.778 (36.552)	14:17.099 (36.322)		
14:51.961 (34.863)					
20 Lueders, Sam		Nebraska-Kearney	14:52.38	1	
35.661 (35.661)	1:12.808 (37.147)	1:48.063 (35.255)	2:23.593 (35.530)		
2:59.403 (35.810)	3:34.685 (35.283)	4:10.159 (35.474)	4:45.634 (35.475)		
5:20.441 (34.808)	5:55.518 (35.077)	6:31.016 (35.499)	7:06.723 (35.707)		
7:42.413 (35.690)	8:18.253 (35.840)	8:53.801 (35.549)	9:29.399 (35.598)		
10:05.125 (35.727)	10:40.491 (35.367)	11:16.261 (35.770)	11:52.190 (35.929)		
12:28.421 (36.232)	13:04.484 (36.063)	13:40.989 (36.505)	14:16.858 (35.869)		
14:52.374 (35.517)					
21 Ozee, Jared		Missouri Southern	15:00.80	2	
33.971 (33.971)	1:09.951 (35.980)	1:44.304 (34.354)	2:18.497 (34.193)		
2:52.131 (33.634)	3:26.812 (34.682)	4:00.949 (34.138)	4:34.956 (34.007)		
5:09.011 (34.055)	5:43.533 (34.523)	6:18.389 (34.857)	6:53.952 (35.563)		
7:30.372 (36.420)	8:07.583 (37.212)	8:44.958 (37.375)	9:21.723 (36.765)		
9:59.211 (37.488)	10:36.587 (37.377)	11:13.988 (37.402)	11:52.176 (38.188)		
12:30.941 (38.765)	13:10.122 (39.182)	13:49.432 (39.310)	14:26.657 (37.225)		
15:00.791 (34.134)					
22 Young, Will		Uc-Colorado Springs	15:00.86	1	
35.958 (35.958)	1:13.735 (37.778)	1:49.254 (35.519)	2:25.115 (35.862)		
3:00.516 (35.402)	3:36.155 (35.639)	4:11.788 (35.633)	4:47.128 (35.340)		
5:23.226 (36.099)	5:58.996 (35.770)	6:34.338 (35.342)	7:09.961 (35.624)		
7:46.074 (36.113)	8:22.693 (36.619)	8:59.371 (36.679)	9:35.513 (36.142)		
10:12.271 (36.759)	10:48.921 (36.650)	11:25.659 (36.738)	12:02.876 (37.218)		
12:39.413 (36.537)	13:15.819 (36.407)	13:52.685 (36.867)	14:28.456 (35.772)		
15:00.853 (32.397)					
23 Pfizenmaier, Jaret		Fort Hays St.	15:07.51	1	
35.920 (35.920)	1:13.934 (38.014)	1:49.584 (35.650)	2:25.373 (35.789)		
3:00.815 (35.443)	3:36.199 (35.384)	4:11.944 (35.745)	4:47.889 (35.945)		
5:23.724 (35.835)	5:59.903 (36.179)	6:35.905 (36.003)	7:12.488 (36.583)		
7:48.540 (36.053)	8:24.713 (36.173)	9:01.375 (36.663)	9:37.878 (36.503)		
10:15.565 (37.688)	10:52.949 (37.384)	11:30.499 (37.550)	12:08.334 (37.835)		
12:46.033 (37.699)	13:23.694 (37.662)	14:00.768 (37.074)	14:36.499 (35.732)		
15:07.501 (31.003)					
24 Hielkema, Spencer		Siu Edwardsville	15:08.04	1	
35.776 (35.776)	1:13.013 (37.237)	1:48.499 (35.487)	2:24.413 (35.914)		
2:59.554 (35.142)	3:34.924 (35.370)	4:10.339 (35.415)	4:46.071 (35.733)		
5:21.718 (35.647)	5:57.489 (35.772)	6:33.954 (36.465)	7:09.548 (35.594)		
7:45.851 (36.304)	8:22.454 (36.603)	8:59.528 (37.074)	9:36.594 (37.067)		
10:14.125 (37.532)	10:50.530 (36.405)	11:27.401 (36.872)	12:04.301 (36.900)		
12:41.629 (37.328)	13:19.195 (37.567)	13:56.859 (37.664)	14:33.884 (37.025)		
15:08.033 (34.149)					

## 2022 Ichabod Invite - 2/12/2022

**Black Squirrel Timing**  
**Washburn University Indoor Athletic Facility**  
**Results**

## ....Event 16 Men 5000 Meter Run

25 Baca, Jarred	Trinidad State	15:12.03	1	
36.134 (36.134)	1:13.149 (37.015)	1:48.669 (35.520)	2:24.591 (35.923)	
2:59.915 (35.324)	3:35.523 (35.608)	4:10.931 (35.409)	4:46.499 (35.568)	
5:22.936 (36.438)	5:59.254 (36.318)	6:35.444 (36.190)	7:12.049 (36.605)	
7:47.679 (35.630)	8:23.759 (36.080)	9:01.191 (37.433)	9:38.206 (37.015)	
10:14.851 (36.645)	10:51.388 (36.537)	11:29.198 (37.810)	12:07.390 (38.193)	
12:45.450 (38.060)	13:22.963 (37.513)	13:59.519 (36.557)	14:34.354 (34.835)	
15:12.030 (37.677)				
26 Fisher, Ethan	Fort Hays St.	15:13.57	1	
36.376 (36.376)	1:14.110 (37.734)	1:49.684 (35.574)	2:25.411 (35.728)	
3:00.686 (35.275)	3:35.925 (35.239)	4:11.506 (35.582)	4:47.430 (35.924)	
5:23.374 (35.944)	5:59.585 (36.212)	6:35.569 (35.984)	7:11.739 (36.170)	
7:47.051 (35.313)	8:22.976 (35.925)	8:59.739 (36.763)	9:36.896 (37.158)	
10:14.474 (37.578)	10:51.849 (37.375)	11:29.906 (38.058)	12:07.770 (37.864)	
12:45.761 (37.992)	13:23.498 (37.737)	14:01.220 (37.723)	14:38.660 (37.440)	
15:13.564 (34.904)				
27 Edwards, Immanuel	Unattached	15:15.15	1	
35.399 (35.399)	1:12.149 (36.750)	1:47.780 (35.632)	2:23.353 (35.573)	
2:59.071 (35.719)	3:34.303 (35.232)	4:09.936 (35.634)	4:45.810 (35.874)	
5:21.331 (35.522)	5:57.181 (35.850)	6:33.643 (36.462)	7:09.205 (35.563)	
7:45.506 (36.302)	8:22.081 (36.575)	8:59.168 (37.087)	9:36.323 (37.155)	
10:13.868 (37.545)	10:51.479 (37.612)	11:29.458 (37.979)	12:07.439 (37.982)	
12:45.383 (37.944)	13:23.259 (37.877)	14:01.709 (38.450)	14:39.333 (37.624)	
15:15.148 (35.815)				
28 Diaz, Jaime	Emporia St.	15:35.41	1	
35.879 (35.879)	1:13.458 (37.579)	1:48.966 (35.509)	2:24.324 (35.358)	
2:59.675 (35.352)	3:35.213 (35.538)	4:10.598 (35.385)	4:46.736 (36.139)	
5:23.069 (36.333)	5:59.390 (36.322)	6:36.101 (36.712)	7:13.165 (37.064)	
7:50.519 (37.354)	8:28.325 (37.807)	9:06.886 (38.562)	9:45.920 (39.034)	
10:25.135 (39.215)	11:04.364 (39.229)	11:44.293 (39.929)	12:24.225 (39.933)	
13:03.859 (39.634)	13:43.109 (39.250)	14:22.611 (39.503)	15:00.794 (38.183)	
15:35.405 (34.612)				
29 Masco, Ty	Nebraska-Kearney	15:36.01	1	
36.156 (36.156)	1:13.963 (37.807)	1:50.051 (36.089)	2:26.173 (36.122)	
3:02.008 (35.835)	3:38.123 (36.115)	4:14.364 (36.242)	4:50.913 (36.549)	
5:27.294 (36.382)	6:04.381 (37.088)	6:41.289 (36.908)	7:18.909 (37.620)	
7:56.503 (37.594)	8:34.253 (37.750)	9:12.415 (38.163)	9:50.515 (38.100)	
10:29.059 (38.544)	11:07.883 (38.824)	11:46.725 (38.843)	12:25.829 (39.104)	
13:04.285 (38.457)	13:42.365 (38.080)	14:20.921 (38.557)	14:59.503 (38.582)	
15:36.005 (36.503)				
30 Maxville, Trevor	Southwest Baptist	15:49.88	1	
36.031 (36.031)	1:13.514 (37.483)	1:48.933 (35.419)	2:24.869 (35.937)	
2:59.961 (35.093)	3:35.769 (35.808)	4:11.371 (35.603)	4:47.480 (36.109)	
5:24.613 (37.133)	6:02.914 (38.302)	6:41.169 (38.255)	7:19.476 (38.308)	
7:58.671 (39.195)	8:38.320 (39.649)	9:18.179 (39.859)	9:57.313 (39.134)	
10:36.999 (39.687)	11:16.400 (39.402)	11:55.958 (39.558)	12:36.231 (40.274)	
13:16.448 (40.217)	13:56.321 (39.874)	14:36.055 (39.734)	15:13.795 (37.740)	
15:49.873 (36.078)				

**2022 Ichabod Invite - 2/12/2022**  
**Black Squirrel Timing**  
**Washburn University Indoor Athletic Facility**  
**Results**

**....Event 16 Men 5000 Meter Run**

31	Bowling, Peter	Southwest Baptist	16:04.94	1			
	36.623 (36.623)	1:14.341 (37.719)	1:50.019 (35.678)		2:25.591 (35.573)		
	3:01.153 (35.562)	3:36.615 (35.463)	4:12.895 (36.280)		4:49.603 (36.708)		
	5:27.349 (37.747)	6:05.050 (37.702)	6:44.215 (39.165)		7:24.245 (40.030)		
	8:03.030 (38.785)	8:43.149 (40.119)	9:24.099 (40.950)		10:04.275 (40.177)		
	10:41.470 (37.195)	11:23.049 (41.579)	12:04.705 (41.657)		12:44.879 (40.174)		
	13:25.944 (41.065)	14:06.660 (40.717)	14:45.181 (38.522)		15:25.079 (39.898)		
	16:04.936 (39.858)						
--	Moore, Willie	Elmwood Athletics	DNF	2			
	34.824 (34.824)	1:09.428 (34.604)	1:42.986 (33.558)		2:16.152 (33.167)		
	2:49.796 (33.644)	3:23.814 (34.019)	3:57.691 (33.877)		4:31.838 (34.148)		
	5:04.904 (33.067)	5:38.694 (33.790)	6:12.541 (33.847)		6:46.572 (34.032)		
	7:20.137 (33.565)	7:54.274 (34.138)	8:28.932 (34.658)				
--	Mettler, Matthew	Colorado Mines	DNF	2			
	32.643 (32.643)	1:07.717 (35.074)	1:41.984 (34.268)		2:15.328 (33.344)		
	2:48.889 (33.562)						
--	Davis, Nathan	Colorado Mines	DNF	2			
	32.841 (32.841)	1:08.001 (35.160)	1:42.368 (34.368)		2:15.502 (33.134)		
	2:49.098 (33.597)	3:22.927 (33.829)	3:56.946 (34.019)		4:31.006 (34.060)		
--	Graff, Evan	Uc-Colorado Springs	DNF	2			
	34.554 (34.554)	1:09.666 (35.112)	1:43.203 (33.538)		2:15.983 (32.780)		
	2:49.597 (33.614)	3:23.561 (33.964)	3:57.454 (33.894)		4:31.578 (34.124)		
	5:04.666 (33.088)	5:38.483 (33.818)	6:12.276 (33.793)		6:46.318 (34.043)		
--	Harden, Gavin	Uc-Colorado Springs	DNF	2			
	34.243 (34.243)	1:09.311 (35.068)	1:42.742 (33.432)		2:15.677 (32.935)		
	2:49.352 (33.675)	3:23.308 (33.957)	3:57.209 (33.902)		4:31.316 (34.107)		
	5:04.441 (33.125)	5:38.213 (33.773)	6:12.673 (34.460)				

**Event 17 Women 60 Meter Hurdles**

**8 Advance: Top 1 Each Heat plus Next 5 Best Times**

=====  
 NCAA D2: P 8.83  
 Facility: F 8.01 2022 Christina Clemons, Adidas  
 Meet: M 8.65 2021 Claire Luallen, Missouri Souther  
 Name Year School Prelims H#  
 =====

Preliminaries

1	Moreni, Missy	Uc-Colorado Springs	8.84Q	3
2	Valadez, Terra	Uc-Colorado Springs	9.02Q	1
3	Klipstein, Abby	Unattached	9.09Q	2
4	Somerville, Paris	Siu Edwardsville	9.14q	3
5	Remsberg, Maggie	Uc-Colorado Springs	9.15q	2
6	McKenzie, Lisha	Park U.	9.17q	3
7	Waters, Lizzie	Uc-Colorado Springs	9.20q	3
8	Sullivan, Savannah	Siu Edwardsville	9.36q	1
9	Kunkler, Elysia	Fort Hays St.	9.41	2
10	Osborn, Jade	Baker	9.47	2
11	Carroll, Alexis	Uc-Colorado Springs	9.52	1
12	Brown, Kennede	Colorado Mines	9.56	2
13	Ray, Kylie	Washburn	9.58	3
14	Gleason, Rylee	Fort Hays St.	9.59	1
15	Grasser, Taylor	Washburn	9.85	1
16	Williams, Hadley	Fort Hays St.	9.87	2
17	Simmons, Lily	Southwest Baptist	9.98	3

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**....Event 17 Women 60 Meter Hurdles**

18 Moore, Gabrielle	St. Mary	10.18	2
19 Dusselier, Ellie	Fort Hays St.	10.36	1
20 DuTeil, Jane	St. Mary	10.61	2
21 Colson, Samantha	St. Mary	10.65	3

**Event 17 Women 60 Meter Hurdles**

Name	Year	School	Finals
NCAA D2: P	8.83		
Facility: F	8.01	2022	Christina Clemons, Adidas
Meet: M	8.65	2021	Claire Luallen, Missouri Sout
=====			
Finals			
1 Moreni, Missy		Uc-Colorado Springs	8.61M
2 Valadez, Terra		Uc-Colorado Springs	9.05
3 Waters, Lizzie		Uc-Colorado Springs	9.12
4 McKenzie, Lisha		Park U.	9.14
5 Klipstein, Abby		Unattached	9.15
6 Remsberg, Maggie		Uc-Colorado Springs	9.18
7 Sullivan, Savannah		Siu Edwardsville	9.39
-- Somerville, Paris		Siu Edwardsville	DNF

**Event 18 Men 60 Meter Hurdles****8 Advance: Top 1 Each Heat plus Next 5 Best Times**

Name	Year	School	Prelims	H#
NCAA D2: P	8.23			
Facility: F	7.79	2021	Brithton Senior, South Dakota	
Meet: M	8.06	2021	Dorian Andrews, TAMU-Commerce	
=====				
Preliminaries				
1 Henry, Romain		Washburn	P 8.15Q	3
2 Delate, Everett		Colorado Mines	P 8.18Q	2
3 Hudnall, Chris		Uc-Colorado Springs	8.31Q	1
4 Mack, Kevyere		Siu Edwardsville	8.40q	1 8.394
5 Moore, Justin		Baker	8.40q	2 8.395
6 Stock, Logan		Washburn	8.42q	3
7 Bertrand, Lane		Nebraska-Kearney	8.49q	3
8 Skinner, Jacob		Tabor	8.55q	2
9 Hancock, Bladen		Southwest Baptist	8.83	1
10 McIntyre, James		Hardin-Simmons	8.87	1
11 Morstorf, Chase		St. Mary	9.10	2
12 Nelson, Skyler		Nebraska-Kearney	9.15	3
13 Milam, Travarus		St. Mary	9.18	2
14 Hernandez, David		St. Mary	9.32	1
15 Shade, Josh		St. Mary	9.49	2
16 Wiltshire, Malcolm		Fort Hays St.	9.57	1

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**Event 18 Men 60 Meter Hurdles**

=====  
 NCAA D2: P 8.23  
 Facility: F 7.79 2021 Brithton Senior, South Dakota  
 Meet: M 8.06 2021 Dorian Andrews, TAMU-Commerce  
 Name Year School Finals  
 =====

Finals

1	Hudnall, Chris	Uc-Colorado Springs	8.13P	8.124
2	Henry, Romain	Washburn	8.13P	8.126
3	Delate, Everett	Colorado Mines		8.25
4	Mack, Kevyere	Siu Edwardsville		8.41
5	Stock, Logan	Washburn		8.42
6	Bertrand, Lane	Nebraska-Kearney		8.56

**Event 19 Women 4x400 Meter Relay**

=====  
 NCAA D2: P 3:52.59  
 Facility: F 3:43.12 2022 South Dakota  
 Meet: M 3:54.19 2021 Fort Hays St  
 School Finals  
 =====

1	Colorado Mines 'A'			3:53.15M
	1) Higashi, Randi	2) Galvin, Grace		
	3) Duck, Mackenzie	4) Wright, Aryelle		
	57.993 (57.993)	1:56.546 (58.553)	2:55.791 (59.245)	3:53.147 (57.357)
2	Nebraska-Kearney 'A'			3:59.47
	1) Messbarger, Nicole	2) Roh, Rebekah		
	3) Anderson, Hannah	4) Carlson, Kyla		
	59.016 (59.016)	1:57.492 (58.477)	2:59.910 (1:02.418)	3:59.470 (59.560)

**Event 20 Men 4x400 Meter Relay**

=====  
 NCAA D2: P 3:17.02  
 Facility: F 3:12.91 2021 Northwest Missouri  
 Meet: M 3:13.72 2021 Lindenwood  
 School Finals  
 =====

1	Colorado Mines 'A'			3:21.89
	1) Delate, Everett	2) Abueg, Ben		
	3) Gebhardt, Andrew	4) Maguire, Joey		
	50.316 (50.316)	1:40.762 (50.447)	2:31.453 (50.692)	3:21.889 (50.437)
2	Siu Edwardsville 'A'			3:22.69
	1) McCarthy, Conor	2) Stone, Joseph		
	3) Mack, Kevyere	4) Bretz, Brandon		
	49.667 (49.667)	1:40.946 (51.279)	2:33.861 (52.915)	3:22.686 (48.825)
3	Southwest Baptist 'A'			3:28.61
	1) Wilson, Austin	2) O'Keefe, Will		
	3) Davidson, Troy	4) McElhane, Gage		
	54.839 (54.839)	1:45.734 (50.895)	2:36.234 (50.500)	3:28.602 (52.368)
4	Neosho County CC 'A'			3:30.35
	1) Laurance, Gunnar	2) Arafol, Joshua		
	3) Lopez, Alexander	4) Mallam, Abraham		
	54.037 (54.037)	1:45.333 (51.297)	2:38.494 (53.162)	3:30.347 (51.853)
5	Washburn 'B'			3:33.23

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**....Event 20 Men 4x400 Meter Relay**

1) Chinya, Gabriel	2) Ecord, Kael				
3) Gray, Nathan	4) Petrella, Nick				
52.757 (52.757)	1:46.231 (53.474)	2:39.764 (53.534)	3:33.229 (53.465)		
6 Neosho County CC 'B'		3:37.06			
1) Hernandez, Alejandro	2) Leck, Andrew				
3) Ruiz, Andrew	4) Signs, Anthony				
54.254 (54.254)	1:48.224 (53.970)	2:41.064 (52.840)	3:37.058 (55.994)		

**Event 23 Women High Jump**

=====						
NCAA D2: P 1.67m						
Facility: F 1.79m 2022	Daniella Anglin, South Dakota					
Meet: M 1.79m 2021	Alexandra Hart, Fort Hays St.					
Name	Year	School	Finals			
=====						
1 Hart, Alexandra		Fort Hays St.	1.67mP	5-05.75		
1.47 1.52 1.57 1.62 1.67 1.72						
PPP PPP PPP O O XXX						
2 Wood, Lexye		Colorado Mines	J1.67mP	5-05.75		
1.47 1.52 1.57 1.62 1.67 1.72						
PPP O O XO XO XXX						
3 Kragel, Summer		Fort Hays St.	J1.67mP	5-05.75		
1.47 1.52 1.57 1.62 1.67 1.72						
PPP PPP PPP XO XXO XXX						
4 Simmons, Lily		Southwest Baptist	1.62m	5-03.75		
1.47 1.52 1.57 1.62 1.67						
O O XXO O XXX						
5 Haller, Logan		Hardin-Simmons	1.57m	5-01.75		
1.47 1.52 1.57 1.62						
O O O XXX						
5 Everitt, Abby		Nebraska-Kearney	1.57m	5-01.75		
1.47 1.52 1.57 1.62 1.67						
PPP PPP O PPP XXX						
5 Pavlenko, Lydia		Uc-Colorado Springs	1.57m	5-01.75		
1.47 1.52 1.57 1.62						
PPP PPP O XXX						
8 McMillen, Megan		St. Mary	1.52m	4-11.75		
1.47 1.52 1.57						
O XO XXX						
8 Williams, Lainy		Southwest Baptist	1.52m	4-11.75		
1.47 1.52 1.57						
O XO XXX						
8 Remsberg, Maggie		Uc-Colorado Springs	1.52m	4-11.75		
1.47 1.52 1.57						
PPP XO XXX						
8 Souerdyke, Chloe		Nebraska-Kearney	1.52m	4-11.75		
1.47 1.52 1.57						
PPP XO XXX						
12 Sullivan, Savannah		Siu Edwardsville	J1.52m	4-11.75		
1.47 1.52 1.57						
O XXO XXX						
12 Staab, Brooklyn		Nebraska-Kearney	J1.52m	4-11.75		
1.47 1.52 1.57						
PPP XXO XXX						

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**....Event 23 Women High Jump**

14	Kamtio, Amy	Baker	1.47m	4-09.75
	1.47 1.52			
	O XXX			
15	Bradley, Paige	Southwest Baptist	J1.47m	4-09.75
	1.47 1.52			
	XXO XXX			
--	Hunsaker, Danielle	St. Mary	NH	
	1.47			
	XXX			
--	Novess, Faith	Uc-Colorado Springs	NH	
	1.47 1.52 1.57 1.62			
	PPP PPP PPP XXX			

**Event 24 Men High Jump**

=====									
	NCAA D2: P 2.04m								
	Facility: F 2.15m 2021			Brayden Sorenson, Nebraska Kearney					
	Meet: M 2.08m 2021			Brayden Sorensen, Nebraska Kearney					
	Name	Year	School	Finals					
=====									
1	Redmond, Grant		Colorado Mines	2.09mM	6-10.25				
	1.74 1.79 1.84 1.89 1.94 1.99 2.04 2.09 2.12 2.15								
	PPP PPP PPP PPP PPP PPP XXO XO PPP XXX								
2	Poston, Ethan		Siu Edwardsville	2.04mP	6-08.25				
	1.74 1.79 1.84 1.89 1.94 1.99 2.04 2.09								
	PPP PPP PPP PPP PPP PPP O XXX								
3	Sorensen, Brayden		Nebraska-Kearney	J2.04mP	6-08.25				
	1.74 1.79 1.84 1.89 1.94 1.99 2.04 2.09								
	PPP PPP PPP PPP PPP O XO XXX								
4	Walsh, Tanner		Uc-Colorado Springs	J2.04mP	6-08.25				
	1.74 1.79 1.84 1.89 1.94 1.99 2.04 2.09								
	PPP PPP PPP O XO XO XO XXX								
5	Ciccarelli, Skye		Uc-Colorado Springs	J2.04mP	6-08.25				
	1.74 1.79 1.84 1.89 1.94 1.99 2.04 2.09								
	PPP PPP PPP PPP O XXO XXO XXX								
6	Jackson, Montrez		Nebraska-Kearney	1.99m	6-06.25				
	1.74 1.79 1.84 1.89 1.94 1.99 2.04								
	PPP PPP PPP PPP PPP O XXX								
7	Bills, Trevor		Nebraska-Kearney	J1.99m	6-06.25				
	1.74 1.79 1.84 1.89 1.94 1.99 2.04								
	PPP PPP PPP O XO XO XXX								
7	Shewey, Vance		Tabor	J1.99m	6-06.25				
	1.74 1.79 1.84 1.89 1.94 1.99 2.04								
	PPP PPP PPP XO O XO XXX								
9	Williams, Dayton		Fort Hays St.	J1.99m	6-06.25				
	1.74 1.79 1.84 1.89 1.94 1.99 2.04								
	PPP PPP PPP XO XXO XXO XXX								
10	Harbols, Richard		Nebraska-Kearney	1.94m	6-04.25				
	1.74 1.79 1.84 1.89 1.94 1.99								
	PPP PPP XO XO XO XXX								
11	Poston, Isaiah		Hardin-Simmons	J1.94m	6-04.25				
	1.74 1.79 1.84 1.89 1.94 1.99								
	PPP XO O O XXO XXX								



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**....Event 25 Women Pole Vault**

8	Varela, Gabbi	Colorado Mines	J3.37m	11-00.75
	2.77 3.07 3.22 3.37 3.52			
	PPP PPP XO XO XXX			
9	Van Dyke, Alison	Uc-Colorado Springs	J3.37m	11-00.75
	2.77 3.07 3.22 3.37 3.52			
	PPP O O XXO XXX			
10	Beets, Katie	Southwest Baptist	3.22m	10-06.75
	2.77 3.07 3.22 3.37			
	O O O XXX			
10	Lam, Lilyan	Nebraska-Kearney	3.22m	10-06.75
	2.77 3.07 3.22 3.37			
	O O O XXX			
10	Thee, Courtney	Nebraska-Kearney	3.22m	10-06.75
	2.77 3.07 3.22 3.37			
	PPP O O XXX			
10	Kowalski, Ava	Colorado Mines	3.22m	10-06.75
	2.77 3.07 3.22 3.37			
	PPP PPP O XXX			
10	Oborny, Gabrielle	Nebraska-Kearney	3.22m	10-06.75
	2.77 3.07 3.22 3.37			
	PPP PPP O XXX			
--	Schemper, Samantha	Nebraska-Kearney	NH	
	2.77 3.07 3.22			
	PPP PPP XXX			
--	Lugo-Ponce, Luz	Central Oklahoma	NH	
	2.77			
	XXX			
--	Shugart, Gwen	St. Mary	NH	
	2.77			
	XXX			
--	Stevens, Reagan	St. Mary	NH	
	2.77			
	XXX			

**Event 26 Men Pole Vault**

=====														
	NCAA D2: P 4.78m													
	Facility: F 5.65m 2022						Zach Bradford, Kansas							
	Meet: M 5.10m 2021						Ryan Stanley, Fort Hays St							
	Name	Year	School											Finals
=====														
1	Potrykus, Hunter		Colorado Mines											5.07mP 16-07.50
	3.27 3.57 3.72 3.87 4.02 4.17 4.32 4.47 4.62 4.77 4.92 5.07 5.18													
	PPP PPP PPP PPP PPP PPP PPP PPP XO XXO PPP O XXX													
2	Homan, Alex		Nebraska-Kearney											4.62m 15-01.75
	3.27 3.57 3.72 3.87 4.02 4.17 4.32 4.47 4.62 4.77													
	PPP PPP PPP PPP PPP PPP XO O O XXX													
3	Banks, Kyler		Nebraska-Kearney											4.47m 14-08.00
	3.27 3.57 3.72 3.87 4.02 4.17 4.32 4.47 4.62													
	PPP PPP PPP PPP PPP PPP O O XXX													
4	Kelly, Noah		Colorado Mines											J4.47m 14-08.00
	3.27 3.57 3.72 3.87 4.02 4.17 4.32 4.47 4.62													
	PPP PPP PPP PPP PPP XXO O O XXX													

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**....Event 26 Men Pole Vault**

5	Bruggeman, Noah	Nebraska-Kearney	J4.47m	14-08.00
	3.27 3.57 3.72 3.87 4.02 4.17 4.32 4.47 4.62			
	PPP PPP PPP PPP PPP PPP XO XXO XXX			
6	Daniels, Holden	Uc-Colorado Springs	4.32m	14-02.00
	3.27 3.57 3.72 3.87 4.02 4.17 4.32 4.47			
	PPP PPP PPP PPP PPP PPP O XXX			
6	Cool, Drennan	Nebraska-Kearney	4.32m	14-02.00
	3.27 3.57 3.72 3.87 4.02 4.17 4.32 4.47			
	PPP PPP PPP PPP PPP O O XXX			
6	Conley, Shane	Colorado Mines	4.32m	14-02.00
	3.27 3.57 3.72 3.87 4.02 4.17 4.32 4.47			
	PPP PPP PPP PPP PPP PPP O XXX			
9	Hunter, Collin	Southwest Baptist	J4.32m	14-02.00
	3.27 3.57 3.72 3.87 4.02 4.17 4.32 4.47			
	PPP PPP PPP PPP PPP XO XO XXX			
10	Housh, Brayden	Southwest Baptist	4.17m	13-08.25
	3.27 3.57 3.72 3.87 4.02 4.17 4.32			
	PPP PPP PPP O O XO XXX			
11	Whiteley, Dakota	Tabor	3.87m	12-08.25
	3.27 3.57 3.72 3.87 4.02			
	PPP PPP O O XXX			
12	Schintgen, Christopher	St. Mary	3.72m	12-02.50
	3.27 3.57 3.72 3.87			
	PPP XXO O XXX			
13	Caldwell, Guy	Hardin-Simmons	3.57m	11-08.50
	3.27 3.57 3.72			
	O O XXX			
--	Hopkinson, Dawson	Uc-Colorado Springs	NH	
	3.27 3.57 3.72 3.87 4.02 4.17 4.32 4.47 4.62 4.77			
	PPP PPP PPP PPP PPP PPP PPP PPP XXX			
--	Hancock, Bladen	Southwest Baptist	NH	
	3.27			
	XXX			
--	Jones, Carter	Fort Hays St.	NH	
	3.27 3.57 3.72 3.87 4.02			
	PPP PPP PPP PPP XXX			
--	Wheeler, Logan	St. Mary	NH	
	3.27 3.57			
	PPP XXX			

**Event 27 Women Long Jump**

=====						
	NCAA D2: P	5.67m				
	Facility: F	6.17m	2022	Hannah Meek, UC-Colorado Springs		
	Meet: M	5.90m	2021	Lauren Fairchild, CSU-Pueblo		
	Name	Year	School	Finals		H#
=====						
1	Meek, Hannah		Uc-Colorado Springs	6.14mM	20-01.75	2
	5.86m	6.08m	FOUL	5.97m	6.14m	6.13m
2	Turner, Bailey		Park U.	5.56m	18-03.00	2
	FOUL	5.45m	5.56m	5.36m	FOUL	5.45m
3	Sullivan, Savannah		Siu Edwardsville	5.39m	17-08.25	2
	5.26m	5.39m	5.38m	5.14m	FOUL	FOUL

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....Event 27 Women Long Jump

4	Cornell, Claire	Nebraska-Kearney	5.37m	17-07.50	2
	FOUL 5.33m 5.32m FOUL 5.37m FOUL				
5	Hutcherson, Alyssa	Washburn	J5.37m	17-07.50	2
	FOUL 5.37m FOUL 5.10m FOUL 5.28m				
6	Bloomquist, Audrey	Uc-Colorado Springs	5.25m	17-02.75	2
	FOUL 5.18m 5.17m 5.25m 5.12m FOUL				
7	Cumberbatch, Sheena	Siu Edwardsville	J5.25m	17-02.75	1
	4.87m 5.25m 4.99m FOUL 4.08m FOUL				
8	Schall, Haley	Nebraska-Kearney	5.24m	17-02.25	2
	5.24m 5.13m 4.85m FOUL FOUL FOUL				
9	Browne, Princess	Colby CC	5.23m	17-02.00	2
	5.14m 5.23m 5.23m 5.19m 5.00m PASS				
10	Klipstein, Abby	Unattached	5.14m	16-10.50	1
	4.98m 5.03m 5.14m				
11	McMillen, Megan	St. Mary	5.11m	16-09.25	1
	4.86m 5.07m 5.11m				
12	Kunkler, Elysia	Fort Hays St.	5.02m	16-05.75	2
	5.02m 4.98m 4.90m				
13	Hunsaker, Danielle	St. Mary	4.89m	16-00.50	1
	4.78m FOUL 4.89m				
14	Bivins, Jade	Siu Edwardsville	4.79m	15-08.75	1
	4.38m 4.79m 4.71m				
15	Colson, Samantha	St. Mary	4.74m	15-06.75	1
	4.57m 4.58m 4.74m				
16	Krone, Dakota	Siu Edwardsville	4.71m	15-05.50	2
	FOUL FOUL 4.71m				
17	Dusselier, Ellie	Fort Hays St.	4.65m	15-03.25	1
	FOUL FOUL 4.65m				
18	Williams, Hadley	Fort Hays St.	4.62m	15-02.00	1
	4.50m FOUL 4.62m				
19	Rolle, C'Aijah	Colby CC	4.58m	15-00.50	1
	FOUL 4.38m 4.58m				
20	Hunter, Alyssa	Neosho County CC	4.33m	14-02.50	1
	4.33m 4.33m 4.25m				

Event 28 Men Long Jump

=====						
NCAA D2: P 7.12m						
Facility: F 7.61m 2021 Connor Last, Washburn						
Meet: M 7.60m 2021 Connor Last, Washburn						
Name	Year	School	Finals		H#	
=====						
1 Last, Connor		Washburn	7.41mP	24-03.75	2	
	7.22m	FOUL 7.09m 7.21m	6.87m	7.41m		
2 Hopkins, Josh		Washburn	7.16mP	23-06.00	2	
	7.16m	FOUL FOUL FOUL 6.85m 7.13m				
3 Wilson, Daryon		Uc-Colorado Springs	7.13mP	23-04.75	2	
	6.72m	FOUL 7.13m 6.63m FOUL FOUL				
4 Turnage, Peyton		Uc-Colorado Springs	7.03m	23-00.75	2	
	6.96m	7.00m 6.86m 7.03m PASS PASS				
5 Borillo-Febrer, Pau		Washburn	6.81m	22-04.25	1	
	6.81m	6.70m FOUL 6.34m 6.42m PASS				
6 Abbott, Dakota		Uc-Colorado Springs	J6.81m	22-04.25	2	
	6.81m	FOUL FOUL PASS PASS PASS				

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Black Squirrel Timing  
Washburn University Indoor Athletic Facility  
Results

....Event 28 Men Long Jump

7	McCarthy, Conor				Siu Edwardsville	6.67m	21-10.75	2
	FOUL	6.57m	6.67m	6.36m	FOUL	6.41m		
8	Bohannon, Peterson				Uc-Colorado Springs	6.62m	21-08.75	2
	6.62m	FOUL	PASS	PASS	PASS	PASS		
9	Ranson, Layton				Hardin-Simmons	6.53m	21-05.25	1
	6.53m	6.36m	6.37m	6.26m	6.29m	6.24m		
10	Flores, Jordan				Hardin-Simmons	6.51m	21-04.25	2
	6.26m	6.24m	6.51m					
11	Konah, Edashall				Hardin-Simmons	6.50m	21-04.00	1
	FOUL	FOUL	6.50m					
12	Stock, Logan				Washburn	6.43m	21-01.25	2
	5.79m	6.43m	6.41m					
13	Touch, Christian				Hardin-Simmons	6.31m	20-08.50	1
	6.07m	6.31m	6.19m					
14	McIntyre, James				Hardin-Simmons	6.22m	20-05.00	1
	6.22m	FOUL	5.74m					
15	Gutekunst, Ben				Baker	6.04m	19-09.75	1
	4.48m	6.04m	FOUL					
16	Jack, Donel				St. Mary	5.91m	19-04.75	1
	5.91m	5.84m	5.88m					
17	Spangler, Colby				Nebraska-Kearney	5.78m	18-11.75	1
	5.78m	FOUL	5.50m					
18	Jonas, Tanner				Nebraska-Kearney	5.42m	17-09.50	1
	5.30m	5.42m	FOUL					

Event 29 Women Triple Jump

=====								
	NCAA D2: P 11.70m							
	Facility: F 12.70m		2021	Flore Gracia, West Texas A&M				
	Meet: M 11.78m		2021	Mackenzie Puckett, Nebraska Kearney				
Name	Year	School	Finals					
=====								
1	Turner, Bailey							
	11.40m	11.44m	11.32m	11.16m	11.43m	11.39m	11.44m	37-06.50
2	Browne, Princess						11.36m	37-03.25
	11.36m	11.05m	11.09m	PASS	PASS	PASS		
3	Moore, Gabrielle						11.34m	37-02.50
	11.02m	11.11m	FOUL	10.90m	11.34m	FOUL		
4	Bloomquist, Audrey						11.33m	37-02.25
	FOUL	FOUL	11.03m	11.28m	FOUL	11.33m		
5	Pavlenko, Lydia						J11.33m	37-02.25
	10.89m	11.22m	11.24m	11.02m	FOUL	11.33m		
6	Cooper, Jayda						11.31m	37-01.25
	11.28m	10.82m	11.31m	FOUL	11.16m	11.03m		
7	Carroll, Alexis						10.92m	35-10.00
	10.79m	9.98m	10.77m	FOUL	10.51m	10.92m		
8	Haller, Logan						10.78m	35-04.50
	10.56m	10.67m	10.78m	FOUL	10.52m	10.68m		
9	Hickerson, Josie						10.74m	35-03.00
	10.51m	10.54m	FOUL	10.53m	FOUL	10.74m		
10	Krone, Dakota						10.54m	34-07.00
	10.24m	10.29m	10.54m					
11	Greenfield, Toni						9.95m	32-07.75
	9.69m	9.75m	9.95m					

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**....Event 29 Women Triple Jump**

12 Bagley, Briley	St. Mary	9.85m	32-03.75
FOUL FOUL 9.85m			
-- Shugart, Gwen	St. Mary	FOUL	
FOUL FOUL FOUL			

**Event 30 Men Triple Jump**

=====							
NCAA D2: P	14.44m						
Facility: F	15.47m	2022	Kizan David, Lincoln				
Meet: M	14.91m	2021	Tahje Tolliver, SW Baptist				
Name	Year	School	Finals				
=====							
1 Abbott, Dakota		Uc-Colorado Springs	14.89mP	48-10.25			
14.73m	14.89m	FOUL PASS PASS					
2 Turnage, Peyton		Uc-Colorado Springs	14.76mP	48-05.25			
14.00m	14.30m	14.37m 14.07m 14.69m 14.76m					
3 Robinson, Xavier		Fort Hays St.	J14.76mP	48-05.25			
FOUL 14.76m	14.28m	PASS PASS PASS					
4 Norville, Kevin		Unattached	14.54mP	47-08.50			
14.54m	FOUL PASS PASS PASS PASS						
5 Argosino, Fischer		Colorado Mines	14.41m	47-03.50			
14.21m	FOUL 13.56m 14.04m	FOUL 14.41m					
6 Colgin, William		Tabor	14.12m	46-04.00			
FOUL 13.85m	13.75m	FOUL 13.28m 14.12m					
7 Flores, Jordan		Hardin-Simmons	13.79m	45-03.00			
13.53m	13.67m 13.55m	13.41m 13.62m 13.79m					
8 Harnden, Blake		Fort Hays St.	13.73m	45-00.50			
FOUL FOUL 13.68m	13.39m	13.39m 13.73m					
9 Spangler, Colby		Nebraska-Kearney	13.52m	44-04.25			
13.52m	13.37m 13.31m	FOUL FOUL 12.85m					
10 Jack, Donel		St. Mary	13.38m	43-10.75			
13.04m	13.38m 12.92m						
11 Calhoun, Malike		Park U.	13.29m	43-07.25			
FOUL FOUL 13.29m							
-- McIntyre, James		Hardin-Simmons	FOUL				
FOUL FOUL PASS							
-- Mason, Kareem		Hardin-Simmons	FOUL				
FOUL FOUL FOUL							
-- Jonas, Tanner		Nebraska-Kearney	FOUL				
FOUL FOUL FOUL							

**Event 31 Women Shot Put**

=====							
NCAA D2: P	13.70m						
Facility: F	16.17m	2022	Dani Hartung, Unattached				
Meet: M	14.51m	2021	Jenna McKinley, CSU-Pueblo				
Name	Year	School	Finals	H#			
=====							
1 Hutchins, Alexis		Siu Edwardsville	13.68m	44-10.75	2		
12.45m	13.34m	13.68m FOUL 12.89m 13.67m					
2 Lyday, Dahsauni		Central Oklahoma	13.15m	43-01.75	2		
13.15m	13.05m	FOUL 12.24m FOUL 12.72m					
3 Sylvester, Karly		Nebraska-Kearney	12.92m	42-04.75	2		
FOUL 12.31m	12.92m	12.80m FOUL 12.72m					

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....Event 31 Women Shot Put

4	Sorrell, Aubrie	Southwest Baptist	12.24m	40-02.00	2
	12.02m 12.24m 11.35m	FOUL FOUL FOUL			
5	Snyder, Cassidy	Nebraska-Kearney	12.17m	39-11.25	2
	FOUL FOUL 11.97m	FOUL 12.17m	FOUL		
6	Adams, Savannah	Colby CC	11.73m	38-06.00	2
	11.72m 11.73m	FOUL FOUL 11.42m	FOUL		
7	Holland, Anna	Uc-Colorado Springs	11.57m	37-11.50	2
	10.26m 11.27m	FOUL FOUL 11.57m	FOUL		
8	Marr, Sydney	Uc-Colorado Springs	11.49m	37-08.50	1
	FOUL 11.38m 11.49m	11.24m 11.42m 11.45m			
9	Tabron, Jamie	Siu Edwardsville	11.33m	37-02.25	1
	11.12m 11.21m	FOUL 10.74m	FOUL 11.33m		
10	Montenegro, Stephanie	Siu Edwardsville	11.15m	36-07.00	2
	10.75m 11.02m 11.15m				
11	Smith, Mackenzie	Nebraska-Kearney	11.14m	36-06.75	2
	FOUL FOUL 11.14m				
12	Martin, Madison	Baker	10.90m	35-09.25	1
	10.80m 10.89m 10.90m				
13	Comstock, Kennedy	Baker	10.71m	35-01.75	1
	10.58m 10.71m 10.17m				
14	Robertson, Tatum	Central Oklahoma	10.65m	34-11.25	2
	10.59m 10.65m	FOUL			
15	Lozano, sammy	Hardin-Simmons	10.57m	34-08.25	1
	10.19m 9.83m 10.57m				
16	Meeks, Jamirah	Siu Edwardsville	10.24m	33-07.25	1
	9.72m FOUL 10.24m				
17	Farmer, Lynda	Hardin-Simmons	10.13m	33-03.00	1
	9.15m 9.73m 10.13m				
18	Fairley, Colbie	Baker	9.74m	31-11.50	1
	9.23m 9.74m 8.58m				
19	Sexton, Lydia	Southwest Baptist	9.50m	31-02.00	1
	8.57m FOUL 9.50m				
20	Bradley, Paige	Southwest Baptist	8.15m	26-09.00	1
	8.15m 6.06m 6.80m				
--	Arseneau, Emily	Uc-Colorado Springs	FOUL		2
	FOUL FOUL FOUL				
--	Meinke, Abby	Nebraska-Kearney	FOUL		2
	FOUL FOUL FOUL				
--	Denson, Raelynn	St. Mary	FOUL		1
	FOUL FOUL FOUL				
--	Tomon, Kathleen	Colorado Mines	FOUL		2
	FOUL FOUL FOUL				

Event 32 Men Shot Put

=====						
	NCAA D2: P	16.38m				
	Facility: F	18.16m	2021	Courtney Lawrence,	Cloud Co	
	Meet: M	18.87m	2021	Nathaniel Miller,	CSU-Pueblo	
Name	Year	School	Finals	H#		
=====						
1	Veidmark, Arvid	Colorado Mines	17.06mP	55-11.75	2	
	16.66m 17.06m	FOUL 16.73m 16.89m	FOUL			
2	Berggren, Ross	Nebraska-Kearney	16.82mP	55-02.25	2	
	15.86m 15.80m 16.22m	16.50m FOUL 16.82m				

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**....Event 32 Men Shot Put**

3	Goracke, Alex		Nebraska-Kearney	16.35m	53-07.75	2
	FOUL	15.95m	FOUL	15.79m	FOUL	16.35m
4	Lucas, Jarell		Uc-Colorado Springs	15.35m	50-04.50	1
	15.29m	15.35m	FOUL			
5	Card, Daniel		Siu Edwardsville	15.32m	50-03.25	2
	FOUL	13.92m	14.42m	15.32m	15.13m	15.00m
6	Rose, Braden		Washburn	15.31m	50-02.75	2
	FOUL	13.74m	15.31m	FOUL	14.93m	FOUL
7	Miller, Mitch		Washburn	14.65m	48-00.75	2
	12.54m	14.41m	13.26m	13.33m	14.65m	14.65m
8	Stranathan, Sam		Washburn	14.40m	47-03.00	2
	FOUL	14.10m	FOUL	14.40m	FOUL	13.94m
9	Magana, Jaden		Washburn	14.35m	47-01.00	1
	11.93m	14.35m	13.29m			
10	Chaffee, Tyler		Baker	13.41m	44-00.00	2
	FOUL	13.41m	FOUL	FOUL	FOUL	FOUL
11	Robinson, Marquis		Southwest Baptist	13.31m	43-08.00	1
	12.24m	FOUL	13.31m			
12	Hatten, Luke		Siu Edwardsville	13.28m	43-07.00	1
	13.28m	13.19m	FOUL			
13	Akinmoladun, Justice		Washburn	13.19m	43-03.25	2
	FOUL	13.19m	FOUL			
14	Nichols, Quinn		Baker	12.80m	42-00.00	1
	12.29m	12.70m	12.80m			
15	Brown, Jayson		Neosho County CC	12.58m	41-03.25	1
	FOUL	FOUL	12.58m			
16	Jones, Ryan		Southwest Baptist	12.43m	40-09.50	1
	12.43m	12.39m	12.13m			
17	Taylor, Latrell		Colby CC	12.10m	39-08.50	1
	FOUL	12.10m	FOUL			
18	Housh, Brayden		Southwest Baptist	9.83m	32-03.00	1
	9.83m	8.76m	9.72m			

**Event 33 Women Weight Throw**

=====

NCAA D2: P 17.08m  
 Facility: F 20.25m 2021 Grace Flowers, Arkansas St  
 Meet: M 19.87m 2021 Mckenzie Scheil, Wayne St

Name	Year	School	Finals	H#		
1 Marr, Sydney		Uc-Colorado Springs	18.19mP	59-08.25 2		
	16.29m	16.83m	17.39m	18.19m	17.63m	16.73m
2 Hutchins, Alexis		Siu Edwardsville	17.17mP	56-04.00 2		
	17.06m	17.17m	16.89m	FOUL	16.20m	FOUL
3 Holland, Anna		Uc-Colorado Springs	16.43m	53-11.00 2		
	FOUL	15.26m	16.43m	15.21m	16.05m	FOUL
4 Snyder, Cassidy		Nebraska-Kearney	16.06m	52-08.25 2		
	13.08m	15.24m	FOUL	15.04m	15.74m	16.06m
5 Meinke, Abby		Nebraska-Kearney	15.30m	50-02.50 2		
	15.22m	FOUL	14.95m	FOUL	FOUL	15.30m
6 Smith, Mackenzie		Nebraska-Kearney	15.25m	50-00.50 2		
	15.25m	FOUL	FOUL	FOUL	FOUL	14.77m
7 Sylvester, Karly		Nebraska-Kearney	14.68m	48-02.00 2		
	FOUL	14.41m	14.68m	13.99m	14.25m	14.14m

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**....Event 33 Women Weight Throw**

8	Goebel, Hayley	Siu Edwardsville	14.62m	47-11.75	1
	14.52m 14.62m 14.43m 14.28m FOUL 14.27m				
9	Sorell, Aubrie	Southwest Baptist	14.39m	47-02.50	2
	14.39m FOUL 14.18m FOUL 14.05m 13.45m				
10	Castellucci, Jessie	Fort Hays St.	14.35m	47-01.00	2
	14.35m FOUL 13.40m				
11	Denson, Raelynn	St. Mary	14.28m	46-10.25	1
	14.28m 13.44m 13.49m				
12	Robertson, Tatum	Central Oklahoma	14.23m	46-08.25	1
	12.63m 14.23m 13.36m				
13	Anderson, JahnAsia	Washburn	14.20m	46-07.25	1
	13.99m 14.20m FOUL				
14	Castaldi, Paola	Washburn	14.19m	46-06.75	2
	FOUL 14.19m 12.93m				
15	Montenegro, Stephanie	Siu Edwardsville	14.05m	46-01.25	1
	11.88m 12.67m 14.05m				
16	Baranska, Dominika	Siu Edwardsville	14.03m	46-00.50	2
	14.03m 13.85m FOUL				
17	Staab, Brooklyn	Nebraska-Kearney	13.40m	43-11.75	1
	FOUL FOUL 13.40m				
18	Tabron, Jamie	Siu Edwardsville	13.33m	43-09.00	1
	12.66m FOUL 13.33m				
19	Walker, Shikayla	Park U.	13.30m	43-07.75	1
	FOUL 12.46m 13.30m				
20	Fairley, Colbie	Baker	13.11m	43-00.25	1
	13.11m 13.08m FOUL				
21	Brennan, Eve	Central Oklahoma	12.90m	42-04.00	1
	11.78m 12.17m 12.90m				
22	MEEKS, Jamirah	Siu Edwardsville	11.87m	38-11.50	1
	11.87m FOUL FOUL				
23	Martin, Madison	Baker	11.77m	38-07.50	1
	FOUL 11.77m FOUL				
--	Lyday, Dahsauni	Central Oklahoma	FOUL		2
	FOUL FOUL FOUL				

**Event 34 Men Weight Throw**

=====

NCAA D2: P	17.84m				
Facility: F	20.95m	2022	Jessie Sullivan,	South Dakota	
Meet: M	22.53m	2021	Daniel Roberts,	Unattached	
Name	Year	School	Finals	H#	
=====	=====	=====	=====	=====	=====
1	Rose, Braden	Washburn	18.61mP	61-00.75	2
	17.98m 18.61m FOUL FOUL FOUL 17.30m				
2	Goracke, Alex	Nebraska-Kearney	18.56mP	60-10.75	2
	16.49m FOUL 18.56m FOUL FOUL 17.97m				
3	Schuller, Andrew	Nebraska-Kearney	18.48mP	60-07.75	2
	18.05m 18.34m 18.48m FOUL 18.14m 18.43m				
4	Veidmark, Arvid	Colorado Mines	17.70m	58-01.00	2
	17.70m FOUL 17.18m FOUL FOUL 17.26m				
5	Ohl, Kolgan	Fort Hays St.	17.65m	57-11.00	2
	15.86m 17.65m FOUL FOUL FOUL 16.25m				
6	Wiggins, Connor	Nebraska-Kearney	17.50m	57-05.00	2
	17.36m FOUL 17.13m FOUL 17.50m FOUL				

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**....Event 34 Men Weight Throw**

7	Berggren, Ross	Nebraska-Kearney	17.23m	56-06.50	2
	17.23m 17.04m FOUL FOUL 16.20m FOUL				
8	Prohaska, Evan	Nebraska-Kearney	17.22m	56-06.00	2
	17.22m FOUL FOUL FOUL FOUL FOUL				
9	Miller, Mitch	Washburn	17.18m	56-04.50	2
	17.18m 16.05m FOUL 16.21m FOUL FOUL				
10	Stranathan, Sam	Washburn	16.43m	53-11.00	2
	FOUL 16.37m 16.43m				
11	Altenor, Patrick	Washburn	15.80m	51-10.00	1
	FOUL 14.58m 15.80m				
12	Card, Daniel	Siu Edwardsville	15.27m	50-01.25	1
	FOUL 14.11m 15.27m				
13	Magana, Jaden	Washburn	15.25m	50-00.50	1
	15.25m 14.08m 14.95m				
14	Johnson, Zach	Tabor	15.20m	49-10.50	2
	15.20m 14.50m 14.80m				
15	Akinmoladun, Justice	Washburn	15.10m	49-06.50	2
	15.10m FOUL FOUL				
16	McGinness, Jameson	St. Mary	15.09m	49-06.25	1
	14.56m 14.89m 15.09m				
17	Ayers, Logan	Washburn	15.06m	49-05.00	1
	FOUL 15.06m FOUL				
18	Robinson, Marquis	Southwest Baptist	14.61m	47-11.25	2
	14.61m 14.03m FOUL				
19	Edwards, Je'Shon	Washburn	13.63m	44-08.75	1
	12.76m 13.63m FOUL				
20	Degracia, Joel	Siu Edwardsville	13.15m	43-01.75	1
	12.57m 13.15m 12.72m				
21	Andrews, Carl	Washburn	12.67m	41-07.00	1
	12.67m FOUL 12.36m				
22	Lucas, Jarell	Uc-Colorado Springs	12.19m	40-00.00	1
	FOUL 12.19m FOUL				
23	Breckenridge, Bradley	Washburn	11.66m	38-03.25	1
	FOUL 11.66m FOUL				
24	Hatten, Luke	Siu Edwardsville	11.57m	37-11.50	1
	11.24m 8.86m 11.57m				
25	Nichols, Quinn	Baker	10.70m	35-01.25	1
	10.70m FOUL 10.24m				