

2021 Tornado Relays - 5/3/2021**5/3/2021****Results****Girls 100 Meter Dash**

Name	Year School	Finals	H#	Points
Finals				
1 Piercy, Allison	Spencer	12.75	2	10
2 Hector, Stella	Le Mars	13.18	2	8
3 Blum, Macy	Kuemper	13.29	1	6
4 Christoffer, Brei	Estherville	13.52	2	4
5 Wierda, Addison	Moc-Floyd Valley	13.64	2	2
6 Den Herder, Ayda	Sioux Center	13.65	2	1
7 Vail, Tyriana	Spencer	13.70	1	
8 Irlbeck, Kerrigan	Kuemper	13.77	2	
9 Burg, Sera	Moc-Floyd Valley	13.80	2	
10 Yak, Nyalang	Storm Lake	13.98	2	
11 Kibby, Mya	Le Mars	14.00	1	
12 Davidson, Jestina	Estherville	14.47	1	
13 Monahan, Emma	Storm Lake	14.56	1	

Girls 200 Meter Dash

Name	Year School	Finals	H#	Points
1 Piercy, Allison	Spencer	26.25	2	10
2 Piercy, Jada	Spencer	27.10	2	8
3 Kleinhesselink, Payton	Moc-Floyd Valley	27.49	2	6
4 Wierda, Addison	Moc-Floyd Valley	28.25	2	4
5 Jahn, Annika	Sioux Center	28.31	2	2
6 Mayhall, Catherine	Kuemper	28.73	2	1
7 Scott, Megan	Kuemper	29.13	2	
8 Matheson, Ava	Estherville	29.26	1	
9 Chotper, Nyakot	Storm Lake	29.76	1	
10 Bajema, Madyson	Sioux Center	30.95	1	
11 Myint, Sandar	Storm Lake	32.75	1	

Girls 400 Meter Dash

Name	Year School	Finals	H#	Points
1 Anderson, Jasey	Estherville	1:02.81	2	10
2 Merchant, Jerra	Spencer	1:05.07	2	8
3 Brown, Sarah	Le Mars	1:06.44	2	6
4 Fedders, Akeyma	Moc-Floyd Valley	1:06.59	2	4
5 Chotper, Nyakutie	Storm Lake	1:07.85	2	2
6 Astello, Alyna	Estherville	1:11.67	2	1
7 Leusink, Brooklyn	Moc-Floyd Valley	1:13.26	2	
8 Hoffman, Grace E	Kuemper	1:19.30	1	
9 Diercksen, Kaylie	Kuemper	1:19.80	1	
10 Contreras, Laura	Storm Lake	1:20.38	1	

Girls 800 Meter Run

Name	Year School	Finals	Points
1 Yak, Nyalang	Storm Lake	2:34.05	10
1:19.808 (1:19.808)	2:34.044 (1:14.236)		

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2	Haley, Emma	Moc-Floyd Valley	2:40.12	8
	1:20.185 (1:20.185)	2:40.114 (1:19.929)		
3	Morey, Emma	Spencer	2:43.45	6
	1:20.857 (1:20.857)	2:43.441 (1:22.585)		
4	Svoboda, Shelby	Sioux Center	2:45.57	4
	1:20.385 (1:20.385)	2:45.564 (1:25.179)		
5	Immecker, Maya	Moc-Floyd Valley	2:48.04	2
	1:23.485 (1:23.485)	2:48.032 (1:24.548)		
6	Gifford, Brooklyn	Kuemper	2:51.70	1
	1:23.742 (1:23.742)	2:51.694 (1:27.952)		
7	Heuton, Aubrey	Kuemper	2:52.59	
	1:23.160 (1:23.160)	2:52.582 (1:29.423)		
8	Graettinger, Jayna	Spencer	2:57.96	
	2:57.951 (2:57.951)			
9	Domek, Margaret	Estherville	3:00.83	
	3:00.827 (3:00.827)			
10	Helmich, Ella	Estherville	3:16.50	
	1:26.881 (1:26.881)	3:16.494 (1:49.613)		
11	Mills, Miranda	Storm Lake	3:32.13	
	1:29.425 (1:29.425)	3:32.130 (2:02.705)		

Girls 1500 Meter Run

Name	Year	School	Finals	Points
1 Haverdink, Emily		Moc-Floyd Valley	5:16.32	10
	59.045 (59.045)	2:23.696 (1:24.652)	3:52.623 (1:28.928)	5:16.317 (1:23.695)
2 Fisher, Brenna		Spencer	5:28.04	8
	59.503 (59.503)	2:24.646 (1:25.143)	4:08.243 (1:43.598)	5:28.033 (1:19.790)
3 Dokter, Aryana		Moc-Floyd Valley	5:39.66	6
	1:02.512 (1:02.512)	2:34.542 (1:32.030)	4:12.686 (1:38.145)	5:39.655 (1:26.969)
4 Hulinksy, Becca		Le Mars	5:43.17	4
	1:01.607 (1:01.607)	2:35.432 (1:33.825)	4:13.532 (1:38.100)	5:43.163 (1:29.632)
5 Schut, Myka		Sioux Center	5:52.75	2
	59.925 (59.925)	2:30.857 (1:30.933)	4:14.420 (1:43.563)	5:52.742 (1:38.322)
6 Dahlhauser, Lillian		Storm Lake	6:04.55	1
	1:07.386 (1:07.386)	2:43.570 (1:36.185)	4:26.929 (1:43.359)	6:04.542 (1:37.613)
7 Romero, Mya		Sioux Center	6:12.72	
	1:00.826 (1:00.826)	2:36.739 (1:35.913)	4:26.667 (1:49.929)	6:12.715 (1:46.048)
8 Patten, Halle		Storm Lake	6:14.48	
	1:05.163 (1:05.163)	2:44.087 (1:38.925)	4:35.052 (1:50.965)	6:14.477 (1:39.426)
9 Moser, Jill		Spencer	6:32.73	
	1:09.573 (1:09.573)	2:53.432 (1:43.859)	4:45.762 (1:52.330)	6:32.722 (1:46.960)
10 Woltermann, Kyra		Kuemper	6:33.21	
	1:08.143 (1:08.143)	2:49.583 (1:41.440)	4:44.810 (1:55.228)	6:33.209 (1:48.399)
11 Young, Allison		Estherville	6:34.78	
	1:10.163 (1:10.163)	2:53.799 (1:43.636)	4:46.416 (1:52.618)	6:34.776 (1:48.360)
12 Domek, Margaret		Estherville	6:46.41	
	1:11.819 (1:11.819)	2:59.389 (1:47.570)	4:54.096 (1:54.708)	6:46.406 (1:52.310)

Girls 3000 Meter Run

Name	Year	School	Finals	Points
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2021 Tornado Relays - 5/3/2021**5/3/2021****Results****....Girls 3000 Meter Run**

1	Haley, Emma	Moc-Floyd Valley	11:53.03	10	
	2:11.059 (2:11.059)	3:44.273 (1:33.214)	5:19.276 (1:35.003)	6:58.034 (1:38.759)	
	8:39.072 (1:41.038)	10:18.893 (1:39.822)	11:53.021 (1:34.128)		
2	Dokter, Aryana	Moc-Floyd Valley	12:17.10	8	
	2:14.466 (2:14.466)	3:53.303 (1:38.838)	5:33.717 (1:40.414)	7:14.604 (1:40.888)	
	8:58.316 (1:43.712)	10:40.518 (1:42.203)	12:17.099 (1:36.582)		
3	Patten, Halle	Storm Lake	13:05.77	6	
	2:20.592 (2:20.592)	4:06.763 (1:46.172)	5:55.412 (1:48.649)	7:43.972 (1:48.560)	
	9:33.017 (1:49.045)	11:25.353 (1:52.337)	13:05.763 (1:40.410)		
4	Kraayenbrink, Olivia	Sioux Center	13:46.49	4	
	2:27.064 (2:27.064)	4:17.471 (1:50.407)	6:08.968 (1:51.498)	8:03.572 (1:54.604)	
	10:00.887 (1:57.315)	12:00.676 (1:59.789)	13:46.489 (1:45.814)		
5	Woltermann, Kyra	Kuemper	14:12.05	2	
	2:31.132 (2:31.132)	4:25.249 (1:54.118)	6:24.999 (1:59.750)	8:26.144 (2:01.145)	
	10:29.784 (2:03.640)	12:33.523 (2:03.739)	14:12.049 (1:38.527)		
6	Young, Allison	Estherville	14:18.27	1	
	2:27.367 (2:27.367)	4:19.766 (1:52.399)	6:19.227 (1:59.462)	8:20.767 (2:01.540)	
	10:24.138 (2:03.372)	12:27.366 (2:03.228)	14:18.264 (1:50.899)		
7	Blair, Emerson	Estherville	14:45.20		
	2:34.319 (2:34.319)	4:30.873 (1:56.554)	6:32.241 (2:01.368)	8:36.886 (2:04.645)	
	10:40.883 (2:03.998)	12:47.437 (2:06.554)	14:45.191 (1:57.754)		

Girls 100 Meter Hurdles

Name	Year School	Finals	H#	Points
1 McNaughton, Lilly	Le Mars	16.20	2	10
2 Morony, Maddie	Spencer	16.78	2	8
3 Yaw, Claire	Moc-Floyd Valley	17.09	2	6
4 Juffer, Megan	Sioux Center	17.59	2	4
5 Larson, Liberty	Le Mars	17.84	1	2
6 Hamilton, Ivy	Spencer	18.26	2	1
7 Reinhardt, Audree	Estherville	18.29	2	
8 Jahn, Ella	Sioux Center	18.45	2	
9 Oehler, Emma	Storm Lake	18.68	2	
10 Vortherms, Alyssa	Moc-Floyd Valley	18.91	1	
11 Brincks, Hanna	Kuemper	19.40	1	
12 Love, Gracen	Estherville	19.81	1	
13 Haukap, Daisy	Kuemper	19.84	1	
14 Johnson, Shauntez	Storm Lake	25.75	1	

Girls 400 Meter Hurdles

Name	Year School	Finals	H#	Points
1 Merchant, Jerra	Spencer	1:11.01	2	10
2 Hamilton, Ivy	Spencer	1:16.36	2	8
3 Jahn, Ella	Sioux Center	1:17.82	2	6
4 Bruxvoort, Kaylea	Moc-Floyd Valley	1:21.38	2	4
5 Oehler, Emma	Storm Lake	1:28.05	1	2
6 Flores, Stacy	Storm Lake	1:33.67	1	1
-- Hoffman, Grace C	Kuemper	FS	2	
-- Astello, Alyna	Estherville	DNF	2	

2021 Tornado Relays - 5/3/2021**5/3/2021****Results****Girls 4x100 Meter Relay**

School	Finals	Points
1 Moc-Floyd Valley 'A'	51.98	10
1) Meines, Carolyn	2) Kleinhesselink, Payton	
3) Wierda, Addison	4) Huss, Tierney	
2 Spencer 'A'	52.03	8
1) Stave, Corinne	2) Piercy, Allison	
3) Johnson, Jaelyn	4) Piercy, Jada	
3 Sioux Center 'A'	53.26	6
1) Den Herder, Ayda	2) Bleeker, Willow	
3) Jahn, Annika	4) Toering, Peytan	
4 Estherville 'A'	53.46	4
1) Moore, Jordyn	2) Dunlavy, Tatum	
3) Anderson, Jasey	4) Christoffer, Brei	
5 Le Mars 'A'	53.71	2
1) Kibby, Mya	2) Hector, Stella	
3) Pratt, Avery	4) Allen, Jenna	
6 Kuemper 'A'	56.04	1
1) Scott, Megan	2) Irlbeck, Kerrigan	
3) Hoffman, Grace C	4) Blum, Macy	
7 Storm Lake 'A'	58.03	
1) Solem, Natasha	2) Monahan, Emma	
3) Baccam, Chelsea	4) Chotper, Nyakot	

Girls 4x100 Meter Relay JV

School	Finals
1 Estherville 'A'	56.26
1) Acosta, Darieliz	2) Davidson, Jestina
3) Quastad, Piper	4) Matheson, Ava
2 Moc-Floyd Valley 'A'	56.35
1) Hoekstra, Kady	2) Vande Brake, Kendall
3) Hayungs, Leah	4) Kelch, Avery
3 Le Mars 'A'	57.07
1) Manley, Savannah	2) Kosters, Katelyn
3) Ellis, Karly	4) Morgan, Averie
4 Sioux Center 'A'	58.08
1) Vermeer, Emalee	2) DenHerder, Ayden
3) Olivares, Mareline	4) Oolman, Haylee
5 Le Mars 'B'	x59.98
1) Sitzman, Ava	2) Larson, Liberty
3) Buhman, Sophie	4) McNaughton, Lilly
6 Kuemper 'A'	1:00.43
1) Hoyt, Murphy	2) Diercksen, Kaylie
3) Hoffman, Grace E	4) Sibbel, Ellie
7 Spencer 'A'	1:04.25
1) Freeman, Kaitlyn	2) Woodall, Kaiden
3) Stevens, Raegan	4) McNea, Maggie
8 Storm Lake 'A'	1:07.57
1) Paw, January	2) Saengchangpheng, Jaslyn
3) Chambang, Nyalib	4) Dak, Nyabiey

2021 Tornado Relays - 5/3/2021**5/3/2021****Results****Girls 4x200 Meter Relay JV**

School	Finals
1 Sioux Center 'A'	2:01.18
1) Martinez, Dulce	2) Kooi, Kennedy
3) Bajema, Madyson	4) DenHerder, Ayden
2 Moc-Floyd Valley 'A'	2:01.58
1) Abrahamson, Jada	2) Schwarck, Maddie
3) Plathe, Sophee	4) Nonnemacher, Grace
3 Estherville 'A'	2:02.99
1) Acosta, Darieliz	2) Quastad, Piper
3) Nath, Evi	4) Matheson, Ava
4 Le Mars 'A'	2:07.50
1) Buhman, Sophie	2) Ellis, Karly
3) Johnson, Ashley	4) Sitzman, Ireland
5 Storm Lake 'A'	2:10.59
1) Limones, Samantha	2) Soe, Ehhsermular
3) Rydberg, Jadyne	4) Agwa, Akorra
6 Spencer 'A'	2:11.90
1) Freeman, Kaitlyn	2) Woodall, Kaiden
3) Stevens, Raegan	4) McNea, Maggie

Girls 4x200 Meter Relay

School	Finals	Points
1 Moc-Floyd Valley 'A'	1:48.45	10
1) Meines,Carolynn	2) Kleinhesselink, Payton	
3) Huizenga, Lily	4) Huss, Tierney	
2 Sioux Center 'A'	1:50.21	8
1) Den Herder, Ayda	2) VanderWaal, Jacie	
3) Bleeker, Willow	4) Toering, Peytan	
3 Le Mars 'A'	1:50.62	6
1) Cunningham, Katie	2) Hector, Stella	
3) Allen, Jenna	4) Huls, Madi	
4 Spencer 'A'	1:51.64	4
1) Vail, Tyriana	2) Piercy, Allison	
3) Johnson, Jaelyn	4) Piercy, Jada	
5 Estherville 'A'	1:55.54	2
1) Dunlavy, Tatum	2) Stokes, Jordyn	
3) Christoffer, Brei	4) Moore, Jordyn	
6 Kuemper 'A'	1:58.02	1
1) Scott, Megan	2) Irlbeck, Kerrigan	
3) Hoffman, Grace C	4) Blum, Macy	
7 Storm Lake 'A'	2:07.97	
1) Solem, Natasha	2) Carrillo, Andrea	
3) Monahan, Emma	4) Yenga, Mary	

Girls 4x400 Meter Relay

School	Finals	Points
1 Sioux Center 'A'	4:20.29	10
1) VanderWaal, Jacie	2) Bleeker, Willow	
3) Schmalbeck, Tatum	4) Toering, Peytan	
2 Le Mars 'A'	4:23.98	8

2021 Tornado Relays - 5/3/2021
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Results

....Girls 4x400 Meter Relay

1) Huls, Madi	2) Cunningham, Katie		
3) Wright, Payton	4) Brown, Sarah		
3 Moc-Floyd Valley 'A'		4:28.94	6
1) Fedders, Akeyma	2) Burg, Sera		
3) Yaw, Claire	4) Huss, Tierney		
4 Spencer 'A'		4:33.58	4
1) Morony, Madelyn	2) Vail, Tyriana		
3) Merchant, Jerra	4) Berends, Haley		
5 Storm Lake 'A'		4:41.55	2
1) Chotper, Nyakutie	2) Carrillo, Andrea		
3) Scully, Ellie	4) Yak, Nyalang		
6 Kuemper 'A'		5:01.02	1
1) Sibbel, Ellie	2) Hoffman, Grace E		
3) Heuton, Aubrey	4) Gifford, Brooklyn		
7 Estherville 'A'		5:04.76	
1) Ross, Quimby	2) Reinhardt, Audree		
3) Flores, Yuliana	4) Domek, Margaret		

Girls 4x800 Meter Relay

School	Finals	Points
1 Sioux Center 'A'	10:48.37	10
1) Schmalbeck, Tatum	2) Bandstra, Blair	
3) Juffer, Megan	4) Harald, Cori	
2:44.839 (2:44.839) 5:30.035 (2:45.197) 8:03.463 (2:33.428) 10:48.369 (2:44.907)		
2 Storm Lake 'A'	11:03.62	8
1) Scully, Ellie	2) Chotper, Nyakutie	
3) Dahlhauser, Lillian	4) Oehler, Emma	
2:50.580 (2:50.580) 5:38.207 (2:47.627) 8:34.432 (2:56.225) 11:03.612 (2:29.180)		
3 Spencer 'A'	11:32.05	6
1) Morey, Emma	2) Hamilton, Ivy	
3) Graettinger, Jayna	4) Moser, Jill	
2:43.842 (2:43.842) 5:29.978 (2:46.137) 8:22.394 (2:52.417) 11:32.042 (3:09.648)		
4 Moc-Floyd Valley 'A'	11:54.19	4
1) Bruxvoort, Kaylea	2) Bahrke, Payge	
3) Dokter, Biyanca	4) Sampson, Naveah	
2:43.262 (2:43.262) 5:40.973 (2:57.712) 8:40.739 (2:59.767) 11:54.185 (3:13.447)		

Girls 800 Sprint Medley

School	Finals	Points
1 Spencer 'A'	2:00.96	10
1) Stave, Corinne	2) Johnson, Jaelyn	
3) Vail, Tyriana	4) Piercy, Jada	
2 Moc-Floyd Valley 'A'	2:03.21	8
1) Plathe, Sophee	2) Huizenga, Lily	
3) Fedders, Akeyma	4) Meines,Carolynn	
3 Kuemper 'A'	2:06.38	6
1) Mayhall, Catherine	2) Irlbeck, Kerrigan	
3) Scott, Megan	4) Hoffman, Grace C	
4 Estherville 'A'	2:07.22	4
1) Acosta, Darieliz	2) Matheson, Ava	
3) Quastad, Piper	4) Rosford, Adrienne	

2021 Tornado Relays - 5/3/2021**5/3/2021****Results****....Girls 800 Sprint Medley**

5	Sioux Center 'A'	2:07.58	2
	1) Martinez, Dulce	2) Olivares, Marelaine	
	3) Vermeer, Emalee	4) Kooi, Kennedy	
6	Storm Lake 'A'	2:08.07	1
	1) Monahan, Emma	2) Yenga, Mary	
	3) Baccam, Chelsea	4) Solem, Natasha	

Girls Distance Medley

School	Finals	Points
1 Moc-Floyd Valley 'A'	4:39.52	10
1) Evink, Anna	2) Esser, Amelia	
3) Immecker, Maya	4) Haverdink, Emily	
2 Spencer 'A'	4:47.06	8
1) Stave, Corinne	2) Freeman, Kaitlyn	
3) Berends, Haley	4) Fisher, Brenna	
3 Estherville 'A'	4:53.98	6
1) Dunlavy, Tatum	2) Stokes, Jordyn	
3) Moore, Jordyn	4) Rosford, Adrienne	
4 Le Mars 'A'	4:55.94	4
1) Pratt, Avery	2) Morgan, Averie	
3) Wright, Payton	4) Hulinsky, Becca	
5 Sioux Center 'A'	4:57.48	2
1) Jahn, Ella	2) Vermeer, Emalee	
3) Jahn, Annika	4) Schut, Myka	
6 Kuemper 'A'	5:07.07	1
1) Mayhall, Catherine	2) Sibbel, Ellie	
3) Heuton, Aubrey	4) Gifford, Brooklyn	
7 Storm Lake 'A'	5:15.25	
1) Baccam, Chelsea	2) Yenga, Mary	
3) Scully, Ellie	4) Dahlhauser, Lillian	

Girls 4x100 Meter Shuttle Hurdle

School	Finals	H#	Points
1 Spencer 'A'	1:10.93	2	10
1) Morony, Maddie	2) Stave, Corinne		
3) Berends, Haley	4) Merchant, Jerra		
2 Le Mars 'A'	1:13.79	2	8
1) Manley, Savannah	2) Larson, Liberty		
3) Buhman, Sophie	4) McNaughton, Lilly		
3 Moc-Floyd Valley 'A'	1:15.75	2	6
1) Vortherms, Alyssa	2) Albers, Ellie		
3) Sassman, Emma	4) Yaw, Claire		
4 Storm Lake 'A'	1:21.08	1	4
1) Limones, Samantha	2) Thao, Apisinee		
3) Carrillo, Andrea	4) Oehler, Emma		
5 Estherville 'A'	1:22.63	1	2
1) Love, Gracen	2) Astello, Alyna		
3) Lutat, Grace	4) Reinhardt, Audree		

2021 Tornado Relays - 5/3/2021**5/3/2021****Results****Girls High Jump**

Name	Year	School	Finals	Points
1 Yenga, Mary		Storm Lake	5-01.00	1.54m 10
	4-04 4-06 4-08 4-10 5-00 5-01 5-02			
	P XO O O XO O XXX			
2 VanderWaal, Jacie		Sioux Center	J5-01.00	1.54m 8
	4-04 4-06 4-08 4-10 5-00 5-01 5-02			
	P P O O O XXO XXX			
3 Leusink, Brooklyn		Moc-Floyd Valley	4-08.00	1.42m 6
	4-04 4-06 4-08 4-10			
	O O XXO XXX			
4 Morony, Maddie		Spencer	4-06.00	1.37m 4
	4-04 4-06 4-08			
	O XO XXX			

Girls Long Jump

Name	Year	School	Finals	Points
1 Anderson, Jasey		Estherville	15-11.75	4.87m 10
	14-06 15-04 FOUL 15-08.50 15-11.75 15-00			
2 Blum, Macy		Kuemper	15-09.50	4.81m 8
	14-06 14-10 15-05 15-09.50 15-05 15-04			
3 Jahn, Annika		Sioux Center	15-06.25	4.73m 6
	14-09.25 FOUL FOUL 15-00.75 FOUL 15-06.25			
4 Johnson, Jaelyn		Spencer	15-05.50	4.71m 4
	15-03.25 FOUL 14-07 15-05.50 FOUL 15-04.25			
5 Nonnemacher, Grace		Moc-Floyd Valley	15-03.00	4.64m 2
	14-10 15-03 14-08 14-05 13-09.50 FOUL			
6 Thao, Apisinee		Storm Lake	15-02.75	4.64m 1
	14-08.50 15-02.75 14-08.50 14-07.75 FOUL 13-11.75			
7 Christoffer, Brei		Estherville	15-00.00	4.57m
	13-08 15-00 14-07 14-09.25 14-08 15-00			
8 Bajema, Madyson		Sioux Center	14-09.75	4.51m
	14-09.75 14-01 14-05.50 14-04.75 FOUL 13-11.75			
9 Hamilton, Ivy		Spencer	14-02.25	4.32m
	14-02.25 FOUL FOUL			
10 Burg, Sera		Moc-Floyd Valley	14-00.75	4.28m
	FOUL 14-00.75 14-00.50			
11 Kosters, Katelyn		Le Mars	13-05.00	4.08m
	FOUL FOUL 13-05			
12 Chambang, Nyalib		Storm Lake	13-00.50	3.97m
	FOUL 13-00.50 FOUL			

Girls Shot Put

Name	Year	School	Finals	H#	Points
1 Schon, Kenzie		Kuemper	36-06.50	11.13m 2	10
	36-06.50 36-04.25 34-04.75 35-01.25 36-01.75 35-11.25				
2 Harskamp, Jori		Sioux Center	35-10.50	10.93m 2	8
	34-05.50 35-04.25 32-00.75 33-11.25 35-10.50 35-04.50				
3 Coe, Dejah		Moc-Floyd Valley	34-11.00	10.64m 2	6
	FOUL FOUL 34-11 34-07.50 34-02.50 34-08.50				

2021 Tornado Relays - 5/3/2021
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Results

....Girls Shot Put

4	Huckfelt, Olivia	Spencer	34-09.50	10.60m	2	4
	34-09 34-02.75 33-10.25 31-09 32-01.50 34-09.50					
5	Horstman, Tara	Sioux Center	32-09.50	9.99m	2	2
	31-01 FOUL 32-09.50 FOUL FOUL 32-07.25					
6	Vande Vegte, Vanessa	Moc-Floyd Valley	32-03.50	9.84m	2	1
	32-03.50 31-00.25 FOUL 29-00.25 32-02.50 32-00					
7	Sibbel, Ellie	Kuemper	31-10.00	9.70m	1	
	29-07.50 31-02 31-10 29-06.75 30-06 30-06					
8	Rosacker, Kaylee	Spencer	31-07.25	9.63m	2	
	30-01.50 31-00.50 29-07.25 30-08.25 31-07.25 29-07.50					
9	Banuelos, Alazay	Storm Lake	30-10.75	9.41m	1	
	FOUL 30-10.75 30-00.25					
10	Nitchals, Jerz	Estherville	30-00.00	9.14m	1	
	28-09 28-07.75 30-00					
11	Coyle, Molly	Storm Lake	29-06.50	9.00m	1	
	29-04 29-06.50 29-01.25					
12	Leraas, Libby	Le Mars	28-08.00	8.73m	1	
	28-08 28-00.50 27-03.75					
13	Rushcy, Kendyl	Estherville	28-06.25	8.69m	1	
	28-06.25 28-03 FOUL					
14	Kibby, Addisyn	Le Mars	27-06.00	8.38m	1	
	27-03 FOUL 27-06					

Girls Discus Throw

=====										
Name	Year School			Finals	H#	Points	=====			
=====										
1	Walhof, Makenna	Sioux Center			114-04	34.84m	2	10		
	102-09 114-04 113-10 105-09 FOUL FOUL									
2	Rushcy, Kendyl	Estherville			110-04	33.62m	2	8		
	110-04 107-10 87-07 105-04 109-03 FOUL									
3	Rosacker, Kaylee	Spencer			102-00	31.08m	2	6		
	56-00 94-00 102-00 FOUL 100-08 100-06									
4	Coe, Dejah	Moc-Floyd Valley			100-05	30.60m	1	4		
	FOUL 100-03 100-00 94-10 98-08 100-05									
5	Banuelos, Alazay	Storm Lake			98-04	29.97m	1	2		
	83-03 98-04 93-06 85-07 FOUL 90-04									
6	Harskamp, Jori	Sioux Center			97-00	29.56m	1	1		
	FOUL FOUL 97-00 94-07 88-08 FOUL									
7	Smith, Carlin	Moc-Floyd Valley			94-00	28.65m	2			
	92-06 94-00 FOUL 79-00 FOUL 93-08									
8	Huckfelt, Olivia	Spencer			92-02	28.09m	2			
	89-06 92-02 FOUL FOUL 85-00 FOUL									
9	Mulder, Hailey	Le Mars			89-05	27.25m	2			
	73-09 FOUL 89-05									
10	Leraas, Libby	Le Mars			86-02	26.26m	1			
	84-09 86-02 82-01									
11	Schon, Kenzie	Kuemper			84-00	25.60m	2			
	FOUL 84-00 81-00									
12	Moreales, Ashley	Storm Lake			81-09	24.91m	1			
	81-09 FOUL 64-06									
13	Carpenter, Carlee	Kuemper			72-04	22.04m	1			
	72-04 57-07 57-07									
14	Nitchals, Jerz	Estherville			58-10	17.93m	1			
	55-05 58-07 58-10									

2021 Tornado Relays - 5/3/2021**5/3/2021****Results****Boys 100 Meter Dash**

Name	Year School	Finals	H#	Points
1 Bomgaars, Matthew	Sioux Center	11.31	2	10
2 Whiting, Lamont	Elc Boys	11.45	2	8
3 Plasier, Caden	Sioux Center	11.50	2	6
4 Moss, Caiden	Moc-Floyd Valley	11.67	2	4
5 Fifita, Sione	LeMars	11.69	1	2
6 Carrillo, Adrian	Spencer	11.73	2	1
7 Tooker, Jackson	Moc-Floyd Valley	11.89	1	
8 Ott, Carson	LeMars	11.97	2	
9 Cohrs, Colin	Elc Boys	12.06	1	
10 Amos, Cael	Spirit Lake	12.10	1	
11 Alger, Drew	Spirit Lake	12.18	2	
12 Garcia, Pako	Storm Lake	12.83	1	
13 Domer, AJ	Kuemper	12.92	1	
14 Lopez, Anthony	Spencer	14.30	1	
-- Hansen, Jailen	Storm Lake	DNF	2	

Boys 200 Meter Dash

Name	Year School	Finals	H#	Points
1 Hansen, Jailen	Storm Lake	23.12	2	10
2 Busch, Seth	Elc Boys	23.35	2	8
3 Kamerman, Conner	Sioux Center	23.51	2	6
4 Moss, Caiden	Moc-Floyd Valley	23.87	2	4
5 Aalbers, Carter	Moc-Floyd Valley	23.90	2	2
6 Carrillo, Adrian	Spencer	23.91	2	1
7 Iverson, Tyler	LeMars	24.02	1	
8 Scheitler, Josh	LeMars	24.08	2	
9 Fink, Ethan	Sioux Center	24.09	2	
10 Amos, Cael	Spirit Lake	24.74	1	
11 Gifford, Dawson	Kuemper	24.79	1	
12 Cline, Kady	Spencer	25.18	1	
13 Hassel, Caden	Spirit Lake	25.78	1	
14 Alpet, Vincent	Storm Lake	25.79	1	
15 Eischeid, Trent	Kuemper	26.81	1	
16 Armstrong, Aaron	Elc Boys	26.98	1	

Boys 400 Meter Dash

Name	Year School	Finals	H#	Points
1 Katzfey, Vance	Spirit Lake	53.97	2	10
2 Kamerman, Lane	Sioux Center	55.00	2	8
3 Sudtelgte, Jackson	LeMars	56.89	2	6
4 Lampman, Koby	Kuemper	57.13	2	4
5 Haverdink, Eli	Moc-Floyd Valley	57.58	2	2
6 Sudtelgte, Jason	LeMars	58.41	2	1
7 Van Zee, Camryn	Moc-Floyd Valley	1:00.77	1	
8 Solem, Bryan	Storm Lake	1:01.99	2	
9 Baldwin, Alex	Spencer	1:02.03	1	
10 Eischeid, Trent	Kuemper	1:02.34	1	
11 Leonard, Ryan	Elc Boys	1:03.83	1	
12 Keyanye, Bachi	Storm Lake	1:04.67	1	

2021 Tornado Relays - 5/3/2021**5/3/2021****Results****....Boys 400 Meter Dash**

13 Bauer, Kade	Sioux Center	1:04.80	1
14 Graves, Will	Spirit Lake	1:05.20	1

Boys 800 Meter Run

Name	Year School	Finals	Points
1 Pottebaum, Michael 1:07.608 (1:07.608)	Kuemper	2:09.14	10
2 De Groot, Kleyton 1:08.048 (1:08.048)	Moc-Floyd Valley	2:09.89	8
3 Goeken, Noah	Spencer	2:12.14	6
4 Hibma, Abe 1:07.915 (1:07.915)	Sioux Center	2:12.64	4
5 Huang, Jack 1:08.549 (1:08.549)	Moc-Floyd Valley	2:13.62	2
6 Munson, Van 1:07.623 (1:07.623)	Spencer	2:14.47	1
7 Vandenberg, Damon 1:07.768 (1:07.768)	Spirit Lake	2:15.07	
8 Tuttle, Jacob 1:08.128 (1:08.128)	Spirit Lake	2:17.98	
9 Sliefert, Dylan	Storm Lake	2:20.39	
10 Truesdale, Micah 1:10.435 (1:10.435)	Sioux Center	2:20.79	
11 Parmelee, Nolen	LeMars	2:21.59	
12 McIntyre, Sam	LeMars	2:25.87	
13 Hensel, Patrick	Kuemper	2:26.55	
14 Jiminez-Delcid, Juan	Storm Lake	2:28.90	
15 Knudson, Jacob	Elc Boys	2:30.52	
16 Reinke, Isaac	Elc Boys	3:15.43	

Boys 1600 Meter Run

Name	Year School	Finals	Points
1 May, Sam 1:15.335 (1:15.335)	Moc-Floyd Valley	4:43.91	10
2 Blom, Tyson 1:16.537 (1:16.537)	Moc-Floyd Valley	4:57.61	8
3 Van Den Berg, Easton 1:18.817 (1:18.817)	Sioux Center	5:04.34	6
4 Pottebaum, Michael 1:15.988 (1:15.988)	Kuemper	5:06.40	4
5 Obbink, Trace 1:17.745 (1:17.745)	LeMars	5:07.18	2
6 Vonk, Hudson 1:17.728 (1:17.728)	Sioux Center	5:09.49	1
7 Duitsman, Parker 1:17.474 (1:17.474)	Elc Boys	5:12.19	
8 Greving, Jacob 1:19.182 (1:19.182)	Kuemper	5:12.80	
9 Schendel, Jackson 1:18.211 (1:18.211)	Spencer	5:15.04	
		4:01.092 (1:23.788)	5:15.037 (1:13.945)

2021 Tornado Relays - 5/3/2021**5/3/2021****Results****....Boys 1600 Meter Run**

10 Sanchez, Juan	LeMars	5:17.35			
1:19.785 (1:19.785)	2:40.841 (1:21.056)	4:06.844 (1:26.003)	5:17.342 (1:10.499)		
11 Moon, Tyler	Storm Lake	5:17.47			
1:18.400 (1:18.400)	2:35.908 (1:17.509)	3:57.040 (1:21.132)	5:17.464 (1:20.425)		
12 Goeken, Noah	Spencer	5:20.41			
1:19.334 (1:19.334)	2:40.615 (1:21.282)	4:06.730 (1:26.115)	5:20.405 (1:13.676)		
13 Keeling, Jackson	Spirit Lake	5:23.05			
1:17.358 (1:17.358)	2:35.944 (1:18.586)	3:59.934 (1:23.990)	5:23.047 (1:23.113)		
14 Partello, Parker	Spirit Lake	5:28.30			
1:18.792 (1:18.792)	2:37.741 (1:18.949)	4:02.997 (1:25.256)	5:28.298 (1:25.302)		
15 Lenzmeier, Matt	Storm Lake	5:31.49			
1:17.542 (1:17.542)	2:34.042 (1:16.500)	3:55.764 (1:21.722)	5:31.481 (1:35.718)		

Boys 3200 Meter Run

Name	Year	School	Finals	Points	
1 De Groot, Kleyton		Moc-Floyd Valley	10:36.69	10	
1:16.372 (1:16.372)	2:41.845 (1:25.473)	4:04.647 (1:22.803)	5:26.502 (1:21.855)		
6:46.724 (1:20.222)	8:01.870 (1:15.147)	9:19.144 (1:17.274)	10:52.519 (1:33.376)		
2 Dirksen, Blake		LeMars	11:00.77	8	
1:16.659 (1:16.659)	2:41.957 (1:25.299)	4:04.287 (1:22.330)	5:26.222 (1:21.935)		
6:48.319 (1:22.097)	8:14.612 (1:26.294)	9:40.389 (1:25.777)	11:16.606 (1:36.217)		
3 Hulsof, Isaiah		Moc-Floyd Valley	11:10.32	6	
1:19.017 (1:19.017)	2:42.365 (1:23.348)	4:10.215 (1:27.850)	5:30.126 (1:19.912)		
6:56.084 (1:25.958)	8:19.897 (1:23.814)	9:45.830 (1:25.933)	11:26.147 (1:40.317)		
4 Sanchez, Juan		LeMars	11:20.64	4	
1:17.981 (1:17.981)	2:41.865 (1:23.884)	4:03.962 (1:22.098)	5:26.126 (1:22.164)		
6:51.241 (1:25.115)	8:23.529 (1:32.288)	9:56.137 (1:32.609)	11:36.467 (1:40.330)		
5 Duitsman, Parker		Elc Boys	11:30.07	2	
1:16.064 (1:16.064)	2:41.561 (1:25.498)	4:05.214 (1:23.653)	5:29.635 (1:24.422)		
6:57.274 (1:27.639)	8:31.426 (1:34.153)	10:05.554 (1:34.128)	11:30.064 (1:24.510)		
6 Greving, Jacob		Kuemper	11:37.79	1	
1:21.094 (1:21.094)	2:46.899 (1:25.805)	4:11.596 (1:24.698)	5:41.237 (1:29.642)		
7:16.175 (1:34.938)	8:54.337 (1:38.163)	10:20.844 (1:26.507)	11:53.624 (1:32.781)		
7 Vande Vegte, Graham		Sioux Center	11:42.59		
1:19.397 (1:19.397)	2:43.342 (1:23.945)	4:11.277 (1:27.935)	5:42.162 (1:30.885)		
7:16.374 (1:34.212)	8:54.396 (1:38.023)	10:18.755 (1:24.359)	11:58.423 (1:39.669)		
8 Goeken, Noah		Spencer	11:54.53		
1:18.584 (1:18.584)	2:42.726 (1:24.143)	4:06.426 (1:23.700)	5:40.514 (1:34.088)		
7:15.816 (1:35.303)	8:54.155 (1:38.339)	10:23.866 (1:29.712)	12:10.361 (1:46.495)		
9 Holdorff, Aidan		Spirit Lake	12:20.47		
1:20.857 (1:20.857)	2:46.650 (1:25.793)	4:17.482 (1:30.833)	5:51.584 (1:34.102)		
7:29.284 (1:37.700)	9:09.529 (1:40.245)	10:47.430 (1:37.902)	12:36.298 (1:48.869)		
10 Fullhart, Jace		Spencer	12:37.92		
1:20.302 (1:20.302)	2:49.249 (1:28.947)	4:18.179 (1:28.930)	5:55.415 (1:37.237)		
7:34.949 (1:39.534)	9:18.079 (1:43.130)	11:01.297 (1:43.219)	12:53.751 (1:52.454)		
11 Sorenson, Riley		Spirit Lake	12:55.96		
1:20.950 (1:20.950)	2:46.792 (1:25.843)	4:13.805 (1:27.013)	5:54.029 (1:40.224)		
7:40.461 (1:46.433)	9:27.991 (1:47.530)	11:14.955 (1:46.964)	13:11.787 (1:56.832)		
12 Dahm, Nick		Sioux Center	13:53.46		
1:20.334 (1:20.334)	2:43.187 (1:22.854)	4:26.057 (1:42.870)	6:13.034 (1:46.977)		
8:04.990 (1:51.957)	10:03.210 (1:58.220)	12:01.724 (1:58.514)	13:53.455 (1:51.732)		

2021 Tornado Relays - 5/3/2021**5/3/2021****Results****Boys 110 Meter Hurdles**

Name	Year School	Finals	H#	Points
1 Bomgaars, AJ	Moc-Floyd Valley	16.06	2	10
2 Leonard, Nick	Elc Boys	16.18	2	8
3 Sadoski, Riley	LeMars	16.47	1	6
4 Meyers, Max	Kuemper	16.63	2	4
5 DeJager, Aiden	Sioux Center	16.81	2	2
6 Toews, Carter	Spirit Lake	16.91	2	1
7 Calhoun, Konnor	LeMars	17.24	2	
8 Bundt, Josiah	Moc-Floyd Valley	17.53	1	
9 Tigges, Reid	Spencer	18.69	1	

Boys 400 Meter Hurdles

Name	Year School	Finals	H#	Points
1 Meyers, Max	Kuemper	59.36	2	10
2 Van Zee, Reese	Moc-Floyd Valley	1:00.81	2	8
3 Calhoun, Konnor	LeMars	1:03.20	2	6
4 Blom, Tristan	Moc-Floyd Valley	1:04.78	2	4
5 Leonard, Nick	Elc Boys	1:04.92	2	2
6 Johnson, Weston	Spencer	1:05.74	2	1
7 Cornwall, Jake	Spirit Lake	1:07.02	2	
8 Sadoski, Riley	LeMars	1:07.99	2	
9 Leinbaugh, Simon	Spirit Lake	1:11.45	1	
10 Rohe, Mason	Kuemper	1:14.91	1	
11 Pena, Alex	Elc Boys	1:18.53	1	

Boys 4x100 Meter Relay

School	Finals	Points
1 Spirit Lake 'A'	45.35	10
1) Latham, Jack		
2) Theesfeld, Braden		
3) Backhaus, Ethan		
4) Fine, Dillon		
2 Elc Boys 'A'	45.54	8
1) Jensen, Derryl		
2) Busch, Seth		
3) Christenson, Matt		
4) Whiting, Lamont		
3 Sioux Center 'A'	45.71	6
1) Bandstra, Blake		
2) Kamerman, Lane		
3) Kamerman, Conner		
4) Plasier, Caden		
4 LeMars 'A'	46.29	4
1) Fifita, Sione		
2) Hitchcock, KC		
3) Leusink, David		
4) Sadoski, Ryan		
5 Moc-Floyd Valley 'A'	46.32	2
1) Klein, Ayden		
2) Jager, Carson		
3) Wede, Nikolai		
4) Jeltema, Luke		
6 Storm Lake 'A'	48.99	1
1) Peter, Mathew		
2) Alpet, Vincent		
3) Garcia, Pako		
4) Hansen, Jailen		
7 Spencer 'A'	49.81	
1) Johnson, Kade		
2) Hefner, Jaxon		
3) Johnson, Weston		
4) Cline, Kaleb		
8 Kuemper 'A'	49.85	
1) Sibenaller, Logan		
2) Mohr, Christopher		

2021 Tornado Relays - 5/3/2021**5/3/2021****Results****....Boys 4x100 Meter Relay**

3) Christensen, Garrett 4) Higby, Tanner

Boys 4x100 Meter Relay JV

School	Finals
1 LeMars 'A'	46.65
1) Spieler, Reece	2) Hoag, Colton
3) Ott, Carson	4) Vondrak, Matt
2 Moc-Floyd Valley 'A'	49.15
1) Tooker, Jackson	2) Vander Zwaag, Brenden
3) Bundt, Josiah	4) Mirande, Alex
3 Elc Boys 'A'	50.52
1) Hoyer, Tate	2) Swanson, Aiden
3) Stevens, Ben	4) Camberos, Yahir
4 Spirit Lake 'A'	50.97
1) Hussey, Qamerin	2) Profit, Tommy
3) Graves, Will	4) Leinbaugh, Simon
5 Sioux Center 'A'	51.06
1) Van Regenmorter, Brodie	2) Alderman, Ross
3) Hernandez, Adrian	4) Hernandez, Freddie
6 Kuemper 'A'	51.93
1) Adams, Evan	2) Rohe, Mason
3) Sundrup, Kyle	4) Kasperbauer, Michael
7 Storm Lake 'A'	53.58
1) Khamphavong, Ashton	2) Keyanye, Bachi
3) Turnquist, Brock	4) Deneros, Kevin

Boys 4x200 Meter Relay

School	Finals	Points
1 Spirit Lake 'A'	1:33.41	10
1) Latham, Jack	2) Hussey, Qai	
3) Backhaus, Ethan	4) Fine, Dillon	
2 Sioux Center 'A'	1:35.75	8
1) Bandstra, Blake	2) Plasier, Caden	
3) Fink, John	4) Bomgaars, Matthew	
3 Elc Boys 'A'	1:36.20	6
1) Jensen, Derryl	2) Busch, Seth	
3) Christenson, Matt	4) Whiting, Lamont	
4 Moc-Floyd Valley 'A'	1:37.49	4
1) Tooker, Jackson	2) Jager, Carson	
3) Moss, Caiden	4) Aalbers, Carter	
5 LeMars 'A'	1:38.66	2
1) Leusink, David	2) Sadoski, Ryan	
3) Pollema, Briley	4) Vondrak, Matt	
6 Spencer 'A'	1:39.68	1
1) Tigges, Reid	2) Heinrichs, Tyler	
3) Timmer, Gavin	4) Hofmeyer, Cadence	
7 Kuemper 'A'	1:46.72	
1) Gerken, Benjamin	2) Gifford, Dawson	
3) Christensen, Garrett	4) Mohr, Christopher	
8 Storm Lake 'A'	1:48.77	
1) Peter, Mathew	2) Garcia, Pako	

2021 Tornado Relays - 5/3/2021

5/3/2021

Results

....Boys 4x200 Meter Relay

- 3) Gonzalez, John
- 4) Alpet, Vincent

Boys 4x200 Meter Relay JV

School	Finals
1 LeMars 'A'	1:39.89
1) Spieler, Reece	2) Hoag, Colton
3) Ott, Carson	4) Wadle, Beau
2 Moc-Floyd Valley 'A'	1:45.57
1) Vander Zwaag, Brenden	2) Vaas, Tyeson
3) Mirande, Alex	4) Van't Hof, Dominic
3 Spencer 'A'	1:45.71
4 Kuemper 'A'	1:51.61
1) Domer, AJ	2) Sundrup, Kyle
3) Rohe, Mason	4) Kasperbauer, Michael
5 Elc Boys 'A'	1:53.75
1) Sheridan, Alex	2) Camberos, Yahir
3) Stevens, Ben	4) Lausen, Caleb
6 Storm Lake 'A'	2:00.63
1) Khamphavong, Ashton	2) Tapia, Luis
3) Rodriguez, Gerardo	4) Aldana, Aaron
-- Sioux Center 'A'	DNF
1) Van Regenmorter, Brodie	2) Alderman, Ross
3) Hernandez, Adrian	4) Hernandez, Freddie

Boys 4x400 Meter Relay

School	Finals	Points
1 Spirit Lake 'A'	3:34.25	10
1) Katzfey, Vance	2) Jungjohan, Carver	
3) Sundall, Ryder	4) Hussey, Qai	
2 Sioux Center 'A'	3:40.22	8
1) Kamerman, Conner	2) Kamerman, Lane	
3) Bandstra, Blake	4) Hibma, Abe	
3 Spencer 'A'	3:40.99	6
1) Timmer, Gavin	2) Heinrichs, Tyler	
3) Munson, Van	4) Cline, Kaleb	
4 LeMars 'A'	3:41.18	4
1) Kass, Cael	2) Allen, Alex	
3) Pollema, Briley	4) Kasel, Teagen	
5 Moc-Floyd Valley 'A'	3:48.57	2
1) Klein, Ayden	2) Van Zee, Camryn	
3) Aalbers, Carter	4) Jeltema, Luke	
6 Kuemper 'A'	4:04.13	1
1) Lampman, Koby	2) Nielsen, Grant	
3) Gerken, Benjamin	4) Rial, Trevor	
7 Elc Boys 'A'	4:04.56	
1) Martin, Will	2) Pena, Alex	
3) Flores, Brandon	4) Grange, Carson	
8 Storm Lake 'A'	4:13.77	
1) Keyanye, Bachi	2) Cortez, Joel	
3) Jiminez-Delcid, Juan	4) Burton, Jaxon	

2021 Tornado Relays - 5/3/2021**5/3/2021****Results****Boys 4x800 Meter Relay**

School	Finals	Points
1 LeMars 'A'	8:40.92	10
1) Kass, Cael	2) Allen, Alex	
3) Sudtelgte, Jason	4) Jackson, Sudtelgte	
2:07.063 (2:07.063)	4:17.648 (2:10.585) 6:30.935 (2:13.288)	8:40.916 (2:09.982)
2 Moc-Floyd Valley 'A'	8:58.60	8
1) Tracy, Thomas	2) Haverdink, Eli	
3) Huang, Jack	4) Blom, Tristan	
2:16.184 (2:16.184)	4:31.603 (2:15.419) 6:45.635 (2:14.033)	8:58.600 (2:12.965)
3 Sioux Center 'A'	9:04.74	6
1) Truesdale, Micah	2) Hibma, Abe	
3) Vonk, Hudson	4) Van Den Berg, Easton	
2:12.054 (2:12.054)	4:18.353 (2:06.299) 6:48.179 (2:29.827)	9:04.733 (2:16.554)
4 Spirit Lake 'A'	9:17.11	4
1) Keeling, Jackson	2) Jungjohan, Carver	
3) Profit, Tommy	4) Tuttle, Jacob	
2:12.481 (2:12.481)	4:36.175 (2:23.694) 7:00.306 (2:24.132)	9:17.110 (2:16.804)
5 Kuemper 'A'	9:29.31	2
1) Lampman, Koby	2) Nielsen, Grant	
3) Hensel, Patrick	4) Rial, Trevor	
2:15.530 (2:15.530)	4:39.876 (2:24.347) 7:03.159 (2:23.283)	9:29.309 (2:26.150)
6 Storm Lake 'A'	9:33.75	1
1) Sliefert, Dylan	2) Moon, Tyler	
3) Jiminez-Delcid, Juan	4) Lenzmeier, Matt	
2:18.446 (2:18.446)	4:39.135 (2:20.689) 7:04.603 (2:25.468)	9:33.746 (2:29.144)

Boys 800 Sprint Medley

School	Finals	Points
1 Sioux Center 'A'	1:39.84	10
2 Spencer 'A'	1:42.18	8
1) Nissen, Jon	2) Hofmeyer, Cadence	
3) Wessels, Campbell	4) Cline, Kadyne	
3 LeMars 'A'	1:42.63	6
4 Moc-Floyd Valley 'A'	1:45.42	4
1) Jager, Carson	2) Van Zee, Reese	
3) Bomgaars, AJ	4) Blom, Tristan	
5 Spirit Lake 'A'	1:48.73	2
1) Alger, Drew	2) Cornwall, Jake	
3) Toews, Carter	4) Hussey, Qamerin	
6 Storm Lake 'A'	1:51.21	1
1) Peter, Mathew	2) Garcia, Pako	
3) Alpet, Vincent	4) Solem, Bryan	
7 Elc Boys 'A'	1:54.94	
1) Cohrs, Colin	2) Stevens, Ben	
3) Camberos, Yahir	4) Lausen, Caleb	
-- Kuemper 'A'	DNF	
1) Sibenaller, Logan	2) Higby, Tanner	
3) Meyers, Max	4) Pottebaum, Michael	

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Boys Distance Medley

School	Finals	Points
1 Moc-Floyd Valley 'A'	3:47.79	10
1) Jager, Carson	2) Van Zee, Reese	
3) Bomgaars, AJ	4) Blom, Tristan	
2 Spencer 'A'	3:54.97	8
1) Nissen, Jon	2) Hofmeyer, Cadence	
3) Wessels, Campbell	4) Cline, Kadyne	
3 Kuemper 'A'	3:58.52	6
1) Meyers, Max	2) Higby, Tanner	
3) Christensen, Garrett	4) Pottebaum, Michael	
4 Spirit Lake 'A'	4:00.18	4
1) Alger, Drew	2) Cornwall, Jake	
3) Toews, Carter	4) Hussey, Qamerin	
5 LeMars 'A'	4:08.76	2
1) Scheitler, Josh	2) Hoag, Colton	
3) Pollema, Briley	4) Kasel, Teagen	
6 Sioux Center 'A'	4:17.51	1
1) Duden, Grady	2) Kamerman, Conner	
3) Fink, Ethan	4) Bandstra, Blake	
7 Elc Boys 'A'	4:24.91	
1) Cohrs, Colin	2) Stevens, Ben	
3) Camberos, Yahir	4) Lausen, Caleb	

Boys 4x110 Meter Shuttle Hurdle

School	Finals	H#	Points
1 LeMars 'A'	1:04.11	2	10
1) Sadoski, Ryan	2) Calhoun, Konnor		
3) Leusink, David	4) Sadoski, Riley		
2 Spirit Lake 'A'	1:04.70	2	8
3 Moc-Floyd Valley 'A'	1:07.37	2	6
1) Van Zee, Reese	2) Bundt, Josiah		
3) Blom, Tristan	4) Bomgaars, AJ		
4 Elc Boys 'A'	1:10.69	1	4
1) Leonard, Nick	2) Hoyer, Tate		
3) Pena, Alex	4) Egeland, Kevin		
5 Spencer 'A'	1:11.45	1	2
1) Heinrichs, Tyler	2) Hofmeyer, Cadence		
3) Johnson, Weston	4) Tigges, Reid		
6 Sioux Center 'A'	1:11.51	2	1
1) Kamerman, Lane	2) Fink, John		
3) Gesink, Ty	4) DeJager, Aiden		
7 Storm Lake 'A'	1:22.57	1	
1) Keyanye, Bachi	2) Deneros, Kevin		
3) Singh, Hershdeep	4) Jiminez-Delcid, Juan		

Boys High Jump

Name	Year	School	Finals	Points
1 Segar, Trevor		Sioux Center	6-00.00	1.82m 10
5-04 5-06 5-08 5-10 6-00 6-01				
P O XO O O XXX				

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....Boys High Jump

2	Fine, Dillon	Spirit Lake	5-08.00	1.72m	8
	5-04 5-06 5-08 5-10				
	O XO XXO XXX				
3	Calhoun, Konnor	LeMars	5-06.00	1.67m	6
	5-04 5-06 5-08				
	O O XXX				
4	Fifita, Sione	LeMars	J5-06.00	1.67m	4
	5-04 5-06 5-08				
	XO O XXX				
5	Schouten, Brett	Sioux Center	J5-06.00	1.67m	2
	5-04 5-06 5-08				
	O XO XXX				
--	Van Kalsbeek, Jesse	Moc-Floyd Valley	NH		
	5-04				
	XXX				
--	Wede, Nikolai	Moc-Floyd Valley	NH		
	5-04				
	XXX				
--	Amos, Cael	Spirit Lake	NH		
	5-04				
	XXX				

Boys Long Jump

Name	Year	School	Finals	H#	Points
1 Hansen, Jailen		Storm Lake	21-08.50	2	10
	FOUL FOUL	20-06.50 20-08.50	FOUL	21-08.50	
2 Bomgaars, Matthew		Sioux Center	19-09.00	2	8
	19-00 19-03.50	18-00 FOUL	19-03.50	19-09	
3 Gerken, Benjamin		Kuemper	18-06.50	2	6
	18-06.50 17-08	17-09 17-07	FOUL FOUL		
4 Sandman, Logan		Spirit Lake	18-02.00	2	4
	17-00 17-08	18-02 16-07	16-05	16-07	
5 Theesfeld, Braden		Spirit Lake	17-11.00	1	2
	16-09.50 17-05	17-11 FOUL	17-09	FOUL	
6 Wadle, Beau		LeMars	17-10.50	2	1
	17-10.50 17-05.50	17-03 16-11	FOUL	17-04	
7 Klein, Ayden		Moc-Floyd Valley	17-06.00	2	
	16-05 17-03	16-02 16-07.50	17-06	17-03	
8 Hitchcock, KC		LeMars	17-01.50	1	
	12-05 16-08.50	17-00 17-01.50	FOUL	16-09	
9 Zomermaand, Jac		Sioux Center	16-06.50	1	
	15-11 16-06.50	16-01			
10 Sundrup, Kyle		Kuemper	16-05.00	1	
	FOUL FOUL	16-05			
11 Tracy, Thomas		Moc-Floyd Valley	16-00.00	1	
	15-02 16-00	15-07.50			
12 Heinrichs, Tyler		Spencer	15-06.50	1	
	15-06.50	FOUL	14-05.50		
13 Swanson, Aiden		Elc Boys	15-04.00	2	
	14-09 15-04	15-03			

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Boys Shot Put

Name	Year	School	Finals	H#	Points
1 Seier, Brogan		Spencer	52-09.50	16.09m	2 10
	FOUL	FOUL	49-00.50	FOUL	52-09.50 50-10
2 VanderSluis, Brandon		LeMars	51-08.00	15.74m	2 8
	49-04.25	FOUL	50-09	51-08	51-06.50 50-09.75
3 Heiter, Ethan		Spencer	49-06.00	15.08m	2 6
	49-06	FOUL	FOUL	FOUL	FOUL
4 De Jong, Aden		Moc-Floyd Valley	44-09.25	13.64m	2 4
	44-00	44-06	44-09.25	43-07	FOUL 44-01.50
5 Hettinga, Lane		Moc-Floyd Valley	44-08.00	13.61m	2 2
	42-04.50	43-01	44-08	42-03.50	FOUL 39-10.25
6 Heimgartner, Jacob		LeMars	43-00.50	13.11m	2 1
	42-03.25	42-05	43-00.50	41-03	FOUL 41-05
7 Adams, Evan		Kuemper	39-07.50	12.07m	1
	39-07.50	FOUL	37-06	37-08.50	FOUL FOUL
8 Van Omerman, Bradyn		Sioux Center	39-05.00	12.01m	2
	38-00.50	36-09.50	39-02.50	37-00.25	39-05 35-10.50
9 Burbridge, Kaleb		Spirit Lake	38-11.75	11.88m	2
	36-06.75	FOUL	38-11.75		
10 Christensen, Jess		Elc Boys	38-02.75	11.65m	1
	37-07.25	38-02.75	38-01		
11 McDaniels, Davion		Storm Lake	37-08.75	11.49m	1
	37-00.25	36-01.50	37-08.75		
12 Hooyer, Ethan		Sioux Center	36-05.00	11.09m	1
	32-08.50	FOUL	36-05		
13 Jensen, Alex		Elc Boys	35-00.50	10.68m	1
	33-02	35-00.50	33-07.75		
14 Bodholdt, Ty		Storm Lake	33-08.75	10.28m	1
	FOUL	FOUL	33-08.75		
15 Hays, Connor		Kuemper	33-06.75	10.22m	1
	33-05.50	33-06.75	32-11		
16 Kendall, Keegan		Spirit Lake	33-02.00	10.10m	1
	FOUL	31-06.75	33-02		

Boys Discus Throw

Name	Year	School	Finals	H#	Points
1 VanderSluis, Brandon		LeMars	167-10	51.15m	2 10
	FOUL	FOUL	156-09	FOUL	159-00 167-10
2 Hettinga, Lane		Moc-Floyd Valley	156-07	47.72m	2 8
	119-03	143-07	152-10	147-00	FOUL 156-07
3 Seier, Brogan		Spencer	151-00	46.02m	2 6
	FOUL	134-07	126-04	FOUL	151-00 148-03
4 Heiter, Ethan		Spencer	150-00	45.72m	2 4
	139-02	FOUL	FOUL	FOUL	FOUL 150-00
5 Jacob, Heimgartner		LeMars	145-03	44.27m	2 2
	139-00	145-03	FOUL	139-05	FOUL 140-03
6 Bundt, Josiah		Moc-Floyd Valley	143-07	43.76m	2 1
	130-09	FOUL	143-07	FOUL	126-07 131-07
7 Burbridge, Kaleb		Spirit Lake	135-08	41.35m	2
	FOUL	117-11	101-04	135-08	130-02 128-09
8 Bodholdt, Ty		Storm Lake	125-06	38.25m	1
	FOUL	107-03	125-06	FOUL	123-07 109-00

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....Boys Discus Throw

9	Mohr, Christopher	Kuemper	116-06	35.50m	1
	115-06 FOUL 116-06				
10	Hooyer, Ethan	Sioux Center	115-03	35.12m	1
	115-03 FOUL FOUL				
11	Miller, Keegan	Storm Lake	113-09	34.67m	1
	FOUL 113-09 112-03				
12	Kendall, Keegan	Spirit Lake	107-04	32.71m	1
	60-04 97-10 107-04				
13	Jensen, Alex	Elc Boys	106-08	32.51m	1
	80-10 106-08 81-05				
14	Traver, Karsen	Sioux Center	96-09	29.48m	2
	FOUL FOUL 96-09				
15	Adams, Evan	Kuemper	89-07	27.30m	1
	89-05 89-07 88-00				
--	Waddell, Brody	Elc Boys	FOUL		1
	FOUL FOUL FOUL				

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Women - Team Rankings - 19 Events Scored

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1) Spencer	145	2) MOC-Floyd Valley	143
3) Sioux Center	96	4) Le Mars	58
5) Estherville	52	6) Storm Lake	50
7) Kuemper	38		

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Men - Team Rankings - 19 Events Scored

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1) MOC-Floyd Valley	129	2) LeMars	105
3) Sioux Center	103	4) Spirit Lake	73
5) Spencer	61	6) Kuemper	48
7) ELC Boys	46	8) Storm Lake	23