

2021 NJCAA Region XI Track and Field Championships
Black Squirrel Timing - 5/1/2021 to 5/2/2021
Iowa Western Community College
Results - Hep & Dec

Event 43 Heptathlon: #1 Women 100 Meter Hurdles Heptathlon

Name	Year School	Finals	H#	Points
Finals				
1 Kiya Wulf	FR Iowa Central CC	15.46	2	782
2 Fane Sauvakacolo	FR Southwestern CC	15.54	2	772
3 Margaret Nielsen	FR Hawkeye CC	17.05	1	591
4 Carlie Hoppe	FR Hawkeye CC	17.73	2	517
5 Sanique Rose	FR Iowa Western CC	22.21	1	145

Event 43 Heptathlon: #2 Women High Jump Heptathlon

Name	Year School	Finals	Points
1 Sanique Rose	FR Iowa Western CC	1.51m	4-11.50 632
		1.22 1.25 1.28 1.31 1.34 1.37 1.40 1.43 1.46 1.49 1.51 1.54	
		P P P P O XO XO O O O O XXX	
2 Kiya Wulf	FR Iowa Central CC	1.46m	4-09.50 577
		1.22 1.25 1.28 1.31 1.34 1.37 1.40 1.43 1.46 1.49	
		XO O O P P O O XXO O XXX	
3 Fane Sauvakacolo	FR Southwestern CC	1.43m	4-08.25 544
		1.22 1.25 1.28 1.31 1.34 1.37 1.40 1.43 1.46	
		O O O O O O XO XO XXX	
4 Carlie Hoppe	FR Hawkeye CC	1.37m	4-06.00 481
		1.22 1.25 1.28 1.31 1.34 1.37 1.40	
		P P O O O O XXX	
4 Margaret Nielsen	FR Hawkeye CC	1.37m	4-06.00 481
		1.22 1.25 1.28 1.31 1.34 1.37 1.40	
		P P P O O O XXX	

Event 43 Heptathlon: #3 Women Shot Put Heptathlon

Name	Year School	Finals	Points
1 Carlie Hoppe	FR Hawkeye CC	9.72m	31-10.75 511
		9.72m 9.38m 9.57m	
2 Kiya Wulf	FR Iowa Central CC	8.35m	27-04.75 422
		8.35m 7.85m 8.09m	
3 Sanique Rose	FR Iowa Western CC	8.03m	26-04.25 401
		7.49m 7.88m 8.03m	
4 Fane Sauvakacolo	FR Southwestern CC	8.01m	26-03.50 400
		7.97m 8.01m 7.91m	
5 Margaret Nielsen	FR Hawkeye CC	7.95m	26-01.00 396
		6.78m 6.63m 7.95m	

Event 43 Heptathlon: #4 Women 200 Meter Dash Heptathlon

Name	Year School	Finals	Points
1 Sanique Rose	FR Iowa Western CC	25.46	845
2 Fane Sauvakacolo	FR Southwestern CC	25.73	821
3 Kiya Wulf	FR Iowa Central CC	27.72	653
4 Margaret Nielsen	FR Hawkeye CC	28.10	623
5 Carlie Hoppe	FR Hawkeye CC	28.92	560

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Name	Year School	Finals	Points
1 Sanique Rose 5.39m 5.66m 5.33m	FR Iowa Western CC	5.66m 18-07.00	747
2 Fane Sauvakacolo 5.00m FOUL 5.22m	FR Southwestern CC	5.22m 17-01.50	620
3 Carlie Hoppe 4.78m 4.50m 4.34m	FR Hawkeye CC	4.78m 15-08.25	500
4 Margaret Nielsen 4.54m 4.44m FOUL	FR Hawkeye CC	4.54m 14-10.75	438
5 Kiya Wulf 4.49m FOUL FOUL	FR Iowa Central CC	4.49m 14-08.75	426

Event 43 Heptathlon: #6 Women Javelin Throw Heptathlon

Name	Year School	Finals	Points
1 Kiya Wulf 25.89m FOUL 21.89m	FR Iowa Central CC	25.89m 84-11	399
2 Carlie Hoppe 25.25m 25.44m FOUL	FR Hawkeye CC	25.44m 83-05	391
3 Margaret Nielsen 23.47m 23.17m 22.76m	FR Hawkeye CC	23.47m 77-00	354
4 Fane Sauvakacolo 22.42m 22.51m 20.41m	FR Southwestern CC	22.51m 73-10	336
5 Sanique Rose FOUL 17.63m 21.75m	FR Iowa Western CC	21.75m 71-04	321

Event 43 Heptathlon: #7 Women 800 Meter Run Heptathlon

Name	Year School	Finals	Points
1 Fane Sauvakacolo 1:26.599 (1:26.599)	FR Southwestern CC	2:46.24	503
2 Carlie Hoppe 1:25.430 (1:25.430)	FR Hawkeye CC	2:49.12	473
3 Kiya Wulf 1:26.206 (1:26.206)	FR Iowa Central CC	2:49.31	471
4 Sanique Rose 1:25.557 (1:25.557)	FR Iowa Western CC	2:55.88	404
5 Margaret Nielsen 1:23.630 (1:23.630)	FR Hawkeye CC	2:59.73	368

Event 44 Decathlon: #1 Men 100 Meter Dash Decathlon

Name	Year School	Finals	Points
1 Davion Williams	FR Iowa Western CC	10.97	867
2 Aries Scott	FR Iowa Central CC	11.37	780
3 Nicholaus Smith	SO Iowa Western CC	11.43	767
4 Nicola Paletti	FR Iowa Central CC	11.66	719
5 Joel Muamba	FR Iowa Central CC	11.91	669

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Event 44 Decathlon: #2 Men Long Jump Decathlon

Name	Year School	Finals	Points
1 Nicholaus Smith 5.47m 7.06m 6.97m	SO Iowa Western CC	7.06m 23-02.00	828
2 Aries Scott 5.85m 6.62m 6.80m	FR Iowa Central CC	6.80m 22-03.75	767
3 Nicola Paletti 6.45m 6.63m FOUL	FR Iowa Central CC	6.63m 21-09.00	727
4 Davion Williams 6.15m 6.50m FOUL	FR Iowa Western CC	6.50m 21-04.00	697
-- Joel Muamba FOUL FOUL FOUL	FR Iowa Central CC	FOUL	

Event 44 Decathlon: #3 Men Shot Put Decathlon

Name	Year School	Finals	Points
1 Aries Scott 9.29m 9.47m 9.05m	FR Iowa Central CC	9.47m 31-01.00	454
2 Nicholaus Smith 8.68m 8.61m 8.71m	SO Iowa Western CC	8.71m 28-07.00	408
3 Davion Williams 7.79m 8.13m 8.56m	FR Iowa Western CC	8.56m 28-01.00	400
4 Joel Muamba 7.82m 8.05m 8.26m	FR Iowa Central CC	8.26m 27-01.25	382
5 Nicola Paletti 7.80m 7.59m 7.77m	FR Iowa Central CC	7.80m 25-07.25	354

Event 44 Decathlon: #4 Men High Jump Decathlon

Name	Year School	Finals	Points
1 Aries Scott 1.50 1.55 1.60 1.65 1.70 1.75 1.80 1.85 1.90 1.95 2.00 2.03 P P P P P P O O XO O XXO XXX	FR Iowa Central CC	2.00m 6-06.75	803
2 Nicola Paletti 1.50 1.55 1.60 1.65 1.70 1.75 1.80 1.85 1.90 1.95 P P P P P P O O O XXX	FR Iowa Central CC	1.90m 6-02.75	714
3 Nicholaus Smith 1.50 1.55 1.60 1.65 1.70 1.75 1.80 1.85 O P O P O O O XXX	SO Iowa Western CC	1.80m 5-10.75	627
4 Joel Muamba 1.50 1.55 1.60 1.65 1.70 1.75 P P O P O XXX	FR Iowa Central CC	1.70m 5-07.00	544
4 Davion Williams 1.50 1.55 1.60 1.65 1.70 1.75 O XO O O XO XXX	FR Iowa Western CC	1.70m 5-07.00	544

Event 44 Decathlon: #5 Men 400 Meter Dash Decathlon

Name	Year School	Finals	Points
1 Aries Scott	FR Iowa Central CC	50.20	805
2 Davion Williams	FR Iowa Western CC	51.57	744

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....Event 44 Decathlon: #5 Men 400 Meter Dash Decathlon

3	Nicholaus Smith	SO Iowa Western CC	53.06	679
4	Joel Muamba	FR Iowa Central CC	53.80	648
5	Nicola Paletti	FR Iowa Central CC	54.14	634

Event 44 Decathlon: #6 Men 110 Meter Hurdles Decathlon

Name	Year School	Finals	H#	Points
1 Davion Williams	FR Iowa Western CC	15.04	2	845
2 Aries Scott	FR Iowa Central CC	15.74	1	762
3 Nicola Paletti	FR Iowa Central CC	16.63	2	663
4 Joel Muamba	FR Iowa Central CC	17.45	2	578
5 Nicholaus Smith	SO Iowa Western CC	19.38	1	400

Event 44 Decathlon: #7 Men Discus Throw Decathlon

Name	Year School	Finals	Points
1 Aries Scott 26.14m 29.01m FOUL	FR Iowa Central CC	29.01m	95-02 445
2 Joel Muamba 24.32m 23.54m 20.42m	FR Iowa Central CC	24.32m	79-09 354
3 Nicholaus Smith 23.06m 21.39m 22.57m	SO Iowa Western CC	23.06m	75-08 330
4 Nicola Paletti 21.76m 22.03m 20.65m	FR Iowa Central CC	22.03m	72-03 310
5 Davion Williams 18.99m 19.00m FOUL	FR Iowa Western CC	19.00m	62-04 253

Event 44 Decathlon: #8 Men Pole Vault Decathlon

Name	Year School	Finals	Points
1 Nicola Paletti 2.72 2.82 2.96 3.02 3.12 3.22 3.32 3.42 3.52 3.62 O P O P O O P O P XXX	FR Iowa Central CC	3.42m	11-02.50 462
2 Aries Scott 2.72 2.82 2.96 3.02 3.12 3.22 3.32 3.42 O P O P O O O XXX	FR Iowa Central CC	3.32m	10-10.75 436
3 Joel Muamba 2.72 2.82 2.96 3.02 3.12 O P XO O XXX	FR Iowa Central CC	3.02m	9-10.75 362
4 Davion Williams 2.72 2.82 O XXX	FR Iowa Western CC	2.72m	8-11.00 291
5 Nicholaus Smith 2.52 2.62 O XXX	SO Iowa Western CC	2.52m	8-03.25 246

Event 44 Decathlon: #9 Men Javelin Throw Decathlon

Name	Year School	Finals	Points
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....Event 44 Decathlon: #9 Men Javelin Throw Decathlon

1	Nicola Paletti	FR Iowa Central CC	38.98m	127-11	427
	36.84m 38.98m 37.90m				
2	Nicholaus Smith	SO Iowa Western CC	37.16m	121-11	401
	34.93m 36.22m 37.16m				
3	Joel Muamba	FR Iowa Central CC	32.40m	106-03	333
	32.33m 18.68m 32.40m				
4	Aries Scott	FR Iowa Central CC	28.11m	92-03	273
	FOUL 28.11m 26.24m				
5	Davion Williams	FR Iowa Western CC	27.64m	90-08	266
	26.68m 27.64m 21.35m				

Event 44 Decathlon: #10 Men 1500 Meter Run Decathlon

Name	Year	School	Finals	Points
1 Aries Scott	FR	Iowa Central CC	4:59.61	562
	49.576 (49.576)	2:09.146 (1:19.570)	3:39.261 (1:30.115)	
2 Nicola Paletti	FR	Iowa Central CC	5:11.53	495
	55.204 (55.204)	2:22.582 (1:27.378)	3:52.955 (1:30.374)	
3 Nicholaus Smith	SO	Iowa Western CC	5:13.26	486
	53.194 (53.194)	2:18.725 (1:25.532)	3:54.516 (1:35.792)	
4 Davion Williams	FR	Iowa Western CC	5:32.62	387
	51.388 (51.388)	2:15.947 (1:24.559)	4:00.902 (1:44.955)	
5 Joel Muamba	FR	Iowa Central CC	5:39.05	356
	52.782 (52.782)	2:23.170 (1:30.388)	4:09.733 (1:46.564)	

Women - Team Rankings - 1 Events Scored

1) Southwestern CC	10	2) Hawkeye CC	9
3) Iowa Central CC	8	4) Iowa Western CC	6

Men - Team Rankings - 1 Events Scored

1) Iowa Central CC	22	2) Iowa Western CC	11
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