

2021 Lakes Conference Championships - 5/6/2021

Western Christian HS

Results

Event 2 Boys 4x800 Meter Relay

School	Finals	Points
Finals		
1 Western Christian 'A'	8:34.43	10
1) Spronk, Ethan	2) Van Kley, Cowen	
3) Hulstein, Tage	4) Elbers, Carson	
2:05.887 (2:05.887)	4:17.521 (2:11.635)	6:25.927 (2:08.406)
		8:34.428 (2:08.502)
2 Spencer 'A'	8:57.13	8
1) Munson, Van	2) Baldwin, Alex	
3) Schendel, Jackson	4) Cline, Kady	
2:12.428 (2:12.428)	4:36.994 (2:24.566)	6:50.337 (2:13.343)
		8:57.125 (2:06.789)
3 Spirit Lake 'A'	8:58.70	6
1) Keeling, Jackson	2) Jungjohan, Carver	
3) Profit, Tommy	4) Tuttle, Jacob	
2:11.018 (2:11.018)	4:27.155 (2:16.138)	6:46.758 (2:19.603)
		8:58.693 (2:11.935)
4 Stom Lake 'A'	9:55.21	4
1) Sliefert, Dylan	2) Delcid, Juan	
3) Moon, Tyler	4) Lenzmeier, Matt	
2:18.495 (2:18.495)	4:47.145 (2:28.650)	7:17.003 (2:29.858)
		9:55.204 (2:38.202)

Event 4 Boys 3200 Meter Run

Name	Year	School	Finals	Points
Finals				
1 Vandenberg, Damon		Spirit Lake	10:34.71	10
1:14.075 (1:14.075)	2:35.003 (1:20.929)	3:57.372 (1:22.369)	5:20.612 (1:23.240)	
6:43.302 (1:22.690)	8:06.617 (1:23.316)	9:27.493 (1:20.876)	10:34.710 (1:07.218)	
2 Duitsman, Parker		Elc Boys	10:37.95	8
1:14.533 (1:14.533)	2:35.455 (1:20.922)	3:57.865 (1:22.410)	5:21.272 (1:23.408)	
6:43.575 (1:22.303)	8:06.926 (1:23.352)	9:27.063 (1:20.138)	10:37.950 (1:10.888)	
3 Lenzmeier, Matt		Stom Lake	11:11.09	6
1:15.592 (1:15.592)	2:36.762 (1:21.170)	3:59.847 (1:23.086)	5:25.939 (1:26.092)	
6:53.143 (1:27.205)	8:20.693 (1:27.550)	9:47.175 (1:26.482)	11:11.089 (1:23.915)	
4 DeWeerd, Noah		Western Christian	11:15.22	4
1:16.846 (1:16.846)	2:38.809 (1:21.963)	4:00.283 (1:21.475)	5:26.956 (1:26.673)	
6:52.772 (1:25.816)	8:21.133 (1:28.362)	9:50.033 (1:28.900)	11:15.216 (1:25.183)	
5 Moon, Tyler		Stom Lake	11:22.31	2
1:15.247 (1:15.247)	2:36.136 (1:20.889)	3:58.787 (1:22.652)	5:24.906 (1:26.119)	
6:52.449 (1:27.543)	8:21.846 (1:29.398)	9:51.237 (1:29.392)	11:22.302 (1:31.065)	
6 Holdorf, Aidan		Spirit Lake	11:28.41	1
1:15.609 (1:15.609)	2:38.165 (1:22.556)	4:00.737 (1:22.573)	5:28.812 (1:28.075)	
6:59.593 (1:30.782)	8:31.357 (1:31.765)	10:03.532 (1:32.175)	11:28.409 (1:24.878)	
7 Goeken, Noah		Spencer	11:31.44	
1:16.393 (1:16.393)	2:38.875 (1:22.482)	4:03.207 (1:24.333)	5:34.910 (1:31.703)	
7:08.079 (1:33.169)	8:38.817 (1:30.739)	10:13.900 (1:35.083)	11:31.440 (1:17.540)	
8 Reusch, Jonathan		Cherokee	11:53.92	
1:21.822 (1:21.822)	2:50.093 (1:28.272)	4:20.715 (1:30.622)	5:52.770 (1:32.056)	
7:25.293 (1:32.523)	9:00.052 (1:34.759)	10:32.237 (1:32.186)	11:53.917 (1:21.680)	
9 Kohn, Alex		Cherokee	12:32.54	
1:23.535 (1:23.535)	2:53.743 (1:30.209)	4:25.907 (1:32.165)	6:01.523 (1:35.616)	
7:39.207 (1:37.685)	9:20.437 (1:41.230)	11:00.040 (1:39.603)	12:32.539 (1:32.499)	

2021 Lakes Conference Championships - 5/6/2021**Western Christian HS****Results****Event 8 Boys 100 Meter Dash**

Name	Year School	Finals	H#	Points
1 Latham, Jack	Spirit Lake	11.47	2	10
2 Hansen, Jailen	Stom Lake	11.68	2	8
3 Whiting, Lamont	Elc Boys	11.72	2	6
4 Fine, Dillon	Spirit Lake	11.77	2	4
5 Johnson, Jenner	Western Christian	11.93	2	2
6 Placido, Ulises	Cherokee	12.17	2	1
7 Stanzel, Keaton	Spencer	12.23	1	
8 Cohrs, Colin	Elc Boys	12.47	1	
9 Kollis, Taeton	Western Christian	12.60	1	
10 Pierce, Daxsten	Cherokee	12.62	1	
11 Garcia, Pako	Stom Lake	13.27	1	

Event 11 Boys 400 Meter Dash

Name	Year School	Finals	H#	Points
1 Hussey, Qai	Spirit Lake	50.25	2	10
2 Spronk, Ethan	Western Christian	51.73	2	8
3 Katzfey, Vance	Spirit Lake	52.34	2	6
4 Cline, Kadya	Spencer	54.37	2	4
5 Kollis, Taeton	Western Christian	55.52	2	2
6 Rosentrater, Luke	Cherokee	58.40	2	1
7 Pena, Alex	Elc Boys	59.23	1	
8 Baldwin, Alex	Spencer	59.80	1	
9 Schueder, Mekhi	Cherokee	59.98	2	
10 Solem, Bryan	Stom Lake	1:00.35	1	
11 Keyanye, Bachi	Stom Lake	1:02.33	1	
12 Breslor, Blake	Elc Boys	1:12.52	1	

Event 13 Boys 4x200 Meter Relay

School	Finals	Points
1 Elc Boys 'A' 1) Whiting, Lamont 3) Christenson, Matt	1:32.16	10
2 Spencer 'A' 1) Nissen, Jon 3) Timmer, Gavin	1:33.89	8
3 Spirit Lake 'A' 1) Cornwall, Jake 3) Backhaus, Ethan	1:35.64	6
4 Cherokee 'A' 1) Jenness, Jonathan 3) Pingel, Levi	1:37.35	4
5 Western Christian 'A' 1) Van't Hul, Parker 3) Van't Hul, Ashtin	1:38.16	2
6 Stom Lake 'A' 1) Peter, Mathew 3) Gonzalez, John	1:47.03	
2) Busch, Seth 4) Anderson, Zack		
2) Wessels, Campbell 4) Carrillo, Adrian		
2) Alger, Drew 4) Fine, Dillon		
2) Placido, Ulises 4) Woltman, Colten		
2) Van Vugt, Kyson 4) Gulker, Wyatt		
2) Garcia, Pako 4) Alpet, Vincent		

2021 Lakes Conference Championships - 5/6/2021**Western Christian HS****Results****Event 17 Boys 110 Meter Hurdles**

Name	Year School	Finals	Points
1 Latham, Jack	Spirit Lake	15.06	10
2 Leonard, Nick	Elc Boys	16.19	8
3 Mahnke, Connor	Cherokee	17.00	6
4 Toews, Carter	Spirit Lake	17.08	4
5 Tigges, Reid	Spencer	17.35	2
6 Chanthevisouk, Joey	Stom Lake	17.95	1

Event 18 Boys 1600 Meter Run

Name	Year School	Finals	Points
1 Vandenberg, Damon	Spirit Lake	4:48.90	10
1:10.626 (1:10.626)	2:27.265 (1:16.639)	3:42.193 (1:14.929)	4:48.896 (1:06.703)
2 Hulstein, Tage	Western Christian	4:48.94	8
1:10.941 (1:10.941)	2:26.539 (1:15.599)	3:41.055 (1:14.516)	4:48.933 (1:07.879)
3 Duitsman, Parker	Elc Boys	4:56.44	6
1:11.238 (1:11.238)	2:27.641 (1:16.403)	3:42.703 (1:15.063)	4:56.439 (1:13.736)
4 Munson, Van	Spencer	5:04.29	4
1:11.729 (1:11.729)	2:28.781 (1:17.052)	3:48.411 (1:19.630)	5:04.282 (1:15.872)
5 Halder, Parker	Spencer	5:08.16	2
1:10.425 (1:10.425)	2:28.129 (1:17.705)	3:48.719 (1:20.590)	5:08.152 (1:19.433)
6 Lenzmeier, Matt	Stom Lake	5:10.66	1
1:11.745 (1:11.745)	2:28.522 (1:16.778)	3:50.459 (1:21.938)	5:10.653 (1:20.195)
7 Partello, Parker	Spirit Lake	5:15.28	
1:11.108 (1:11.108)	2:28.903 (1:17.796)	3:52.041 (1:23.138)	5:15.279 (1:23.239)
8 Samsel, Colton	Cherokee	5:16.68	
1:13.083 (1:13.083)	2:33.476 (1:20.393)	3:59.452 (1:25.976)	5:16.671 (1:17.219)
9 Moon, Tyler	Stom Lake	5:19.89	
1:13.362 (1:13.362)	2:32.253 (1:18.892)	3:55.502 (1:23.249)	5:19.889 (1:24.388)
10 Reusch, Jonathan	Cherokee	5:22.09	
1:14.676 (1:14.676)	2:38.406 (1:23.730)	4:09.129 (1:30.723)	5:22.088 (1:12.959)
11 DeWeerd, Noah	Western Christian	5:26.94	
1:13.341 (1:13.341)	2:34.716 (1:21.376)	4:02.758 (1:28.042)	5:26.935 (1:24.178)

Event 21 Boys 200 Meter Dash

Name	Year School	Finals	H#	Points
1 Hussey, Qai	Spirit Lake	22.77	2	10
2 Latham, Jack	Spirit Lake	23.10	2	8
3 Hansen, Jailen	Stom Lake	23.65	2	6
4 Busch, Seth	Elc Boys	24.01	2	4
5 Hofmeyer, Cadence	Spencer	24.26	2	2
6 Van't Hul, Parker	Western Christian	24.43	2	1
7 Placido, Ulises	Cherokee	25.34	2	
8 Gulker, Donte	Western Christian	25.94	1	
9 Alpet, Vincent	Stom Lake	26.11	1	
10 Egeland, Kevin	Elc Boys	26.33	1	

2021 Lakes Conference Championships - 5/6/2021**Western Christian HS****Results****Event 23 Boys 400 Meter Hurdles**

Name	Year School	Finals	H#	Points
1 Leonard, Nick	Elc Boys	1:01.45	2	10
2 Farver, Brayden	Cherokee	1:01.46	2	8
3 Johnson, Weston	Spencer	1:02.03	2	6
4 Mahnke, Connor	Cherokee	1:03.36	1	4
5 Cornwall, Jake	Spirit Lake	1:04.50	1	2
6 Leinbaugh, Simon	Spirit Lake	1:09.05	1	1

Event 24 Boys 1600 Sprint Medley

School	Finals	Points
1 Spencer 'A'	3:48.49	10
1) Tigges, Reid	2) Hofmeyer, Cadence	
3) Heinrichs, Tyler	4) Halder, Parker	
2 Western Christian 'A'	3:49.03	8
1) Westra, Dalton	2) Boer, Tyson	
3) Van't Hul, Parker	4) Hulstein, Tage	
3 Spirit Lake 'A'	3:49.83	6
1) Backhaus, Ethan	2) Toews, Carter	
3) Theesfeld, Braden	4) Sundall, Ryder	
4 Cherokee 'A'	3:54.06	4
1) Woltman, Colten	2) Pingel, Levi	
3) Farver, Brayden	4) Gebers, Sam	
5 Elc Boys 'A'	4:17.61	2
1) Sheridan, Alex	2) Grange, Carson	
3) Martin, Will	4) Armstrong, Aaron	
6 Stom Lake 'A'	4:27.79	
1) Gonzalez, John	2) Turnquist, Brock	
3) Delcid, Juan	4) Burton, Jaxon	

Event 27 Boys 800 Meter Run

Name	Year School	Finals	Points
1 Elbers, Carson	Western Christian	2:05.99	10
1:00.491 (1:00.491)	2:05.990 (1:05.499)		
2 Van Kley, Cowen	Western Christian	2:11.91	8
1:04.138 (1:04.138)	2:11.903 (1:07.765)		
3 Sliefert, Dylan	Stom Lake	2:16.61	6
1:09.251 (1:09.251)	2:16.603 (1:07.353)		
4 Schendel, Jackson	Spencer	2:16.72	4
1:08.053 (1:08.053)	2:16.711 (1:08.658)		
5 Tuttle, Jacob	Spirit Lake	2:17.16	2
1:09.016 (1:09.016)	2:17.157 (1:08.142)		
6 Sundall, Ryder	Spirit Lake	2:19.49	1
1:09.417 (1:09.417)	2:19.487 (1:10.070)		
7 Goeken, Noah	Spencer	2:23.57	
1:10.600 (1:10.600)	2:23.563 (1:12.964)		
8 Kohn, Alex	Cherokee	2:25.83	
1:11.255 (1:11.255)	2:25.826 (1:14.572)		
9 Knudson, Jacob	Elc Boys	2:27.41	
1:12.048 (1:12.048)	2:27.410 (1:15.362)		

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Western Christian HS
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....Event 27 Boys 800 Meter Run

10 Delcid, Juan	Stom Lake	2:28.32
1:14.220 (1:14.220)	2:28.320 (1:14.100)	
11 Reinke, Isaac	Elc Boys	2:55.83
1:16.326 (1:16.326)	2:55.827 (1:39.502)	

Event 31 Boys 4x100 Meter Relay

School	Finals	Points
1 Spirit Lake 'A'	44.05	10
1) Latham, Jack	2) Theesfeld, Braden	
3) Backhaus, Ethan	4) Fine, Dillon	
2 Spencer 'A'	44.73	8
1) Carrillo, Adrian	2) Wessels, Campbell	
3) Nissen, Jon	4) Hofmeyer, Cadence	
3 Elc Boys 'A'	44.74	6
1) Jensen, Derryl	2) Busch, Seth	
3) Christenson, Matt	4) Whiting, Lamont	
4 Cherokee 'A'	46.20	4
1) Schueder, Mekhi	2) Pierce, Daxsten	
3) Pingel, Levi	4) Woltman, Colten	
5 Western Christian 'A'	47.46	2
1) Van't Hul, Parker	2) Van Vugt, Kyson	
3) Van't Hul, Ashtin	4) Johnson, Jenner	
6 Stom Lake 'A'	49.28	
1) Peter, Mathew	2) Chanthevissouk, Joey	
3) Garcia, Pako	4) Hansen, Jailen	

Event 34 Boys 4x400 Meter Relay

School	Finals	Points
1 Western Christian 'A'	3:30.57	10
1) Boer, Tyson	2) Westra, Dalton	
3) Elbers, Carson	4) Spronk, Ethan	
2 Spirit Lake 'A'	3:32.89	8
1) Katzfey, Vance	2) Jungjohan, Carver	
3) Sundall, Ryder	4) Hussey, Qai	
3 Spencer 'A'	3:34.37	6
1) Timmer, Gavin	2) Heinrichs, Tyler	
3) Johnson, Kade	4) Cline, Kadyne	
4 Cherokee 'A'	3:49.84	4
1) Farver, Brayden	2) Gebers, Sam	
3) Jenness, Jonathan	4) Rosentrater, Luke	
5 Elc Boys 'A'	3:57.55	2
1) Martin, Will	2) Pena, Alex	
3) Flores, Brandon	4) Grange, Carson	

Event 36 Boys High Jump

Name	Year School	Finals	Points
1 Gulker, Wyatt	Western Christian	6-00.00	1.82m 10
5-04 5-06 5-08 5-10 6-00 6-03			
P O O O XO XXX			

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Western Christian HS
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....Event 36 Boys High Jump

2	Fine, Dillon	Spirit Lake	5-10.00	1.77m	8
	5-04 5-06 5-08 5-10 6-00				
	O O O XO XXX				
3	Westra, Dalton	Western Christian	5-08.00	1.72m	6
	5-04 5-06 5-08 5-10				
	O O O XXX				
4	Jenness, Jonathan	Cherokee	5-06.00	1.67m	4
	5-04 5-06 5-08				
	XXO O XXX				
--	Amos, Cael	Spirit Lake			NH
	5-04				
	XXX				

Event 38 Boys Discus Throw

Name	Year	School	Finals	Points
1 Seier, Brogan		Spencer	141-07	43.15m 10
	137-07 135-09 135-09	141-07 FOUL FOUL		
2 Heiter, Ethan		Spencer	138-04	42.16m 8
	138-04 FOUL FOUL FOUL	FOUL FOUL		
3 Van Vugt, Kyson		Western Christian	130-03	39.70m 6
	130-03 FOUL FOUL FOUL	FOUL 118-05		
4 Heynen, Derek		Western Christian	123-00	37.49m 4
	123-00 FOUL FOUL FOUL	122-04 FOUL		
5 Alpet, Donnoven		Cherokee	119-00	36.27m 2
	FOUL 119-00 FOUL 118-06	110-07 FOUL		
6 Waddell, Brody		Elc Boys	115-01	35.07m 1
	115-01 FOUL FOUL 108-05	FOUL FOUL		
7 Bodholdt, Ty		Stom Lake	114-04	34.84m
	FOUL 105-00 112-06 FOUL	114-04 FOUL		
8 Miller, Keegan		Stom Lake	113-02	34.49m
	113-02 112-06 104-01 FOUL	108-00 100-10		
9 Burbridge, Kaleb		Spirit Lake	109-00	33.22m
	FOUL FOUL 109-00			
10 Thorson, Logan		Cherokee	90-10	27.68m
	74-00 FOUL 90-10			
11 Kendall, Keegan		Spirit Lake	88-11	27.10m
	88-11 FOUL 77-06			
-- Jensen, Alex		Elc Boys	FOUL	
	FOUL FOUL FOUL			

Event 40 Boys Shot Put

Name	Year	School	Finals	Points
1 Seier, Brogan		Spencer	55-04.00	16.86m 10
	53-00 54-05.50 54-06	55-04 51-08 51-00		
2 Heiter, Ethan		Spencer	50-02.00	15.29m 8
	49-05 48-10 46-01.50	49-10 50-02 FOUL		
3 Habben, Shane		Western Christian	47-00.00	14.32m 6
	42-11.50 45-06.50 44-02	44-03 47-00 FOUL		
4 Alpet, Donnoven		Cherokee	42-00.50	12.81m 4
	42-00.50 FOUL 41-06.50	FOUL 38-06 37-06		

2021 Lakes Conference Championships - 5/6/2021**Western Christian HS****Results****....Event 40 Boys Shot Put**

5	Burbridge, Kaleb	Spirit Lake	40-08.00	12.39m	2
	37-05 36-04 40-08 FOUL	38-04 40-07			
6	Heynen, Derek	Western Christian	37-02.50	11.34m	1
	37-02.50 x				
7	Christensen, Jess	Elc Boys	36-11.00	11.25m	
	32-02 35-02 35-01 36-11	3-03 35-03			
8	McDaniels, Davion	Stom Lake	36-09.00	11.20m	
	36-07.50 36-02 36-09 FOUL	35-01 33-11			
9	Jensen, Alex	Elc Boys	33-07.00	10.23m	
	31-08 33-07 33-06				
10	Bodholdt, Ty	Stom Lake	33-05.00	10.18m	
	FOUL FOUL 33-05				
11	Kruse, Carter	Cherokee	31-00.00	9.44m	
	30-01 29-07 31-00				
12	Kendall, Keegan	Spirit Lake	28-11.00	8.81m	
	28-11 28-07 FOUL				

Event 42 Boys Long Jump

Name	Year School	Finals	Points
1 Johnson, Jenner	Western Christian	22-02.00	6.75m 10
	FOUL FOUL 21-04 22-02 FOUL FOUL		
2 Hansen, Jailen	Stom Lake	21-01.50	6.43m 8
	20-05.25 20-07.75 20-01.50 17-11.50 21-01.50 20-11		
3 Theesfeld, Braden	Spirit Lake	18-04.50	5.60m 6
	18-01 FOUL FOUL 17-10.25 FOUL 18-04.50		
4 Schueder, Mekhi	Cherokee	18-01.00	5.51m 4
	FOUL 18-01 17-10 17-08.25 16-10.50 FOUL		
5 Graves, Will	Spirit Lake	17-03.00	5.25m 2
	FOUL 15-10.25 15-03 14-03.50 17-03 FOUL		
6 Kamstra, Aaron	Western Christian	16-07.50	5.06m 1
	16-07.50 16-00 15-07.25 FOUL 15-05.50 15-02		
7 Rosentrater, Luke	Cherokee	15-09.00	4.80m
	15-09 15-01 FOUL FOUL FOUL FOUL		

Event 48 Boys 4x100 Meter Shuttle Hurdle

School	Finals	H#	Points
1 Spirit Lake 'A'	1:07.48	2	10
1) Hassel, Caden			
3) Cornwall, Jake			
2 Elc Boys 'A'	1:09.68	2	8
1) Leonard, Nick			
3) Egeland, Kevin			
3 Spencer 'A'	1:11.30	2	6
1) Tigges, Reid			
3) Johnson, Weston			
4 Cherokee 'A'	1:13.77	1	4
1) Samsel, Colton			
3) Pingel, Lance			
5 Stom Lake 'A'	1:21.26	1	2
1) Delcid, Juan			
3) Singh, Hershdeep			

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Event 49 Boys 800 Sprint Medley

School	Finals	Points
1 Spirit Lake 'A'	1:35.85	10
1) Alger, Drew	2) Katzfey, Vance	
3) Backhaus, Ethan	4) Hussey, Qai	
2 Western Christian 'A'	1:37.79	8
1) Johnson, Jenner	2) Boer, Tyson	
3) Elbers, Carson	4) Spronk, Ethan	
3 Elc Boys 'A'	1:39.23	6
1) Jensen, Derryl	2) Christenson, Matt	
3) Busch, Seth	4) Anderson, Zack	
4 Spencer 'A'	1:39.88	4
1) Nissen, Jon	2) Carrillo, Adrian	
3) Wessels, Campbell	4) Timmer, Gavin	
5 Cherokee 'A'	1:44.16	2
1) Woltman, Colten	2) Pierce, Daxsten	
3) Pingel, Levi	4) Jenness, Jonathan	
6 Stom Lake 'A'	1:52.61	
1) Peter, Mathew	2) Garcia, Pako	
3) Alpet, Vincent	4) Solem, Bryan	

Event 50 Girls 4x800 Meter Relay

School	Finals	Points
1 Cherokee 'A'	10:18.56	10
1) Pitts, Molly	2) Pingel, Alexis	
3) Lubeck, Riley	4) Benson, Harper	
2:34.081 (2:34.081) 5:09.437 (2:35.356) 7:44.960 (2:35.523) 10:18.553 (2:33.593)		
2 Western Christian 'A'	10:32.27	8
1) Kamstra, Braelynn	2) Van Otterloo, Kayla	
3) Groeneweg, Jaiden	4) Heynen, Emilee	
2:44.986 (2:44.986) 5:22.051 (2:37.066) 8:00.960 (2:38.909) 10:32.267 (2:31.308)		
3 Spencer 'A'	11:13.34	6
1) Hamilton, Ivy	2) Graettinger, Jayna	
3) Morey, Emma	4) Moser, Jill	
2:41.533 (2:41.533) 5:31.554 (2:50.022) 8:15.573 (2:44.019) 11:13.334 (2:57.762)		
4 Spirit Lake Park 'A'	11:19.05	4
1) Miller, Mya	2) DeWall, Hallie	
3) Pritchard, Charlotte	4) Dykema, Jenny	
2:40.891 (2:40.891) 5:31.647 (2:50.756) 8:22.414 (2:50.768) 11:19.047 (2:56.633)		
5 Storm Lake 'A'	13:22.82	2
1) Rydberg, Jadyne	2) Contreras, Laura	
3) Mills, Miranda	4) Stull, Madison	
3:10.631 (3:10.631) 6:21.370 (3:10.739) 9:42.649 (3:21.279) 13:22.814 (3:40.166)		

Event 51 Girls 3000 Meter Run

Name	Year School	Finals	Points
1 Agnitsch, Kyrstin	Cherokee	11:20.86	10
39.522 (39.522) 2:05.808 (1:26.286) 3:37.185 (1:31.378) 5:12.765 (1:35.580)			
6:46.897 (1:34.132) 8:21.074 (1:34.178) 9:54.279 (1:33.206) 11:20.859 (1:26.580)			

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2	Rogge, London	Cherokee	11:32.80	8
	40.738 (40.738)	2:09.069 (1:28.332)	3:40.778 (1:31.709)	5:15.525 (1:34.748)
	6:50.961 (1:35.436)	8:28.511 (1:37.550)	10:05.495 (1:36.985)	11:32.792 (1:27.298)
3	Fisher, Brenna	Spencer	11:37.45	6
	37.448 (37.448)	2:01.978 (1:24.530)	3:32.411 (1:30.433)	5:05.295 (1:32.885)
	6:40.707 (1:35.412)	8:19.555 (1:38.849)	10:01.257 (1:41.702)	11:37.447 (1:36.190)
4	Irwin, Lilly	Spirit Lake Park	12:00.36	4
	41.488 (41.488)	2:09.398 (1:27.910)	3:42.851 (1:33.453)	5:19.911 (1:37.060)
	6:59.549 (1:39.639)	8:42.567 (1:43.018)	10:26.658 (1:44.092)	12:00.355 (1:33.698)
5	Morey, Emma	Spencer	12:01.14	2
	41.184 (41.184)	2:09.804 (1:28.620)	3:42.532 (1:32.729)	5:19.467 (1:36.935)
	6:58.448 (1:38.982)	8:41.148 (1:42.700)	10:26.294 (1:45.146)	12:01.134 (1:34.840)
6	Hartzell, Anna	Spirit Lake Park	12:25.21	1
	40.361 (40.361)	2:10.932 (1:30.572)	3:48.557 (1:37.625)	5:31.485 (1:42.929)
	7:18.752 (1:47.268)	9:07.824 (1:49.072)	10:54.897 (1:47.073)	12:25.205 (1:30.309)
7	Patten, Halle	Storm Lake	12:50.37	
	43.205 (43.205)	2:21.372 (1:38.168)	4:07.517 (1:46.145)	5:52.239 (1:44.723)
	7:38.451 (1:46.212)	9:24.565 (1:46.115)	11:13.784 (1:49.219)	12:50.364 (1:36.580)
8	Dahlhauser, Lillian	Storm Lake	12:55.48	
	44.182 (44.182)	2:21.957 (1:37.775)	4:08.014 (1:46.058)	5:51.861 (1:43.848)
	7:38.051 (1:46.190)	9:24.102 (1:46.052)	11:13.961 (1:49.859)	12:55.471 (1:41.510)
9	Young, Allison	Estherville	13:52.33	
	44.559 (44.559)	2:24.792 (1:40.233)	4:15.547 (1:50.755)	6:11.295 (1:55.749)
	8:10.218 (1:58.923)	10:10.811 (2:00.593)	12:09.641 (1:58.830)	13:52.324 (1:42.683)
10	Domek, Margaret	Estherville	14:17.70	
	45.107 (45.107)	2:27.511 (1:42.405)	4:17.462 (1:49.952)	6:13.224 (1:55.762)
	8:13.487 (2:00.263)	10:18.105 (2:04.619)	12:21.385 (2:03.280)	14:17.698 (1:56.313)

Event 52 Girls 100 Meter Dash

Name	Year School	Finals	H#	Points
1 Piercy, Allison	Spencer	13.01	2	10
2 Piercy, Jada	Spencer	13.28	2	8
3 Westphal, Emma	Western Christian	13.46	2	6
4 Christoffer, Brei	Estherville	13.81	2	4
5 Farmer, Mikayla	Spirit Lake Park	13.82	2	2
6 Timmerman, Jada	Cherokee	14.15	2	1
7 Marks, Payton	Western Christian	14.36	1	
8 Acosta, Darieliz	Estherville	14.49	1	
9 Solem, Natasha	Storm Lake	14.50	1	
10 Monahan, Emma	Storm Lake	14.87	1	
11 Borthwick, Lauren	Spirit Lake Park	15.32	1	

Event 53 Girls 400 Meter Dash

Name	Year School	Finals	H#	Points
1 Anderson, Jasey	Estherville	59.93	2	10
2 Amendt, Erika	Spencer	1:01.69	2	8
3 Yak, Nyalang	Storm Lake	1:03.52	2	6
4 Miller, Mya	Spirit Lake Park	1:06.61	2	4
5 Hamilton, Ivy	Spencer	1:08.34	2	2
6 Letsche, Julia	Cherokee	1:09.11	2	1
7 Farver, Taylor	Cherokee	1:12.04	1	

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....Event 53 Girls 400 Meter Dash

8	Ross, Quimby	Estherville	1:13.93	1
9	Rydberg, Jadya	Storm Lake	1:14.05	1
10	Fine, Morgan	Spirit Lake Park	1:15.05	2

Event 54 Girls 4x200 Meter Relay

School		Finals	Points
1	Spencer 'A'	1:48.76	10
	1) Stave, Corinne		
	2) Piercy, Jada		
	3) Johnson, Jaelyn		
	4) Piercy, Allison		
2	Spirit Lake Park 'A'	1:49.39	8
	1) Farmer, Mikayla		
	2) Higgins, Maci		
	3) Kauffman, MacKenzie		
	4) Grau, Lindsay		
3	Western Christian 'A'	1:49.46	6
	1) Van Otterloo, Kayla		
	2) Zeutenhorst, Josie		
	3) De Jager, Kylie		
	4) Westphal, Emma		
4	Estherville 'A'	1:51.13	4
	1) Moore, Jordyn		
	2) Dunlavy, Tatum		
	3) Stokes, Jordyn		
	4) Christoffer, Brei		
5	Storm Lake 'A'	2:01.11	2
	1) Solem, Natasha		
	2) Carrillo, Andrea		
	3) Chotper, Nyakutie		
	4) Limones, Samantha		
6	Cherokee 'A'	2:01.57	
	1) Harman, Natalie		
	2) Anderson, Ava		
	3) Jenness, Jena		
	4) Ellis, Nahia		

Event 55 Girls 100 Meter Hurdles

Name	Year School	Finals	H#	Points
1	Morony, Maddie	Spencer	17.29	2 10
2	Paulsrud, Anna	Cherokee	17.58	2 8
3	Berends, Haley	Spencer	17.92	2 6
4	Reinhardt, Audree	Estherville	18.22	2 4
5	Timmerman, Jada	Cherokee	18.25	2 2
6	Oehler, Emma	Storm Lake	18.73	2 1
7	Love, Gracen	Estherville	20.17	1
8	Visser, Madison	Western Christian	20.29	1

Event 56 Girls 1500 Meter Run

Name	Year School	Finals	Points
1	Fisher, Brenna	Spencer	5:09.34 10
	56.192 (56.192)	2:22.473 (1:26.282)	3:50.156 (1:27.683) 5:09.332 (1:19.176)
2	Courtright, Megan	Cherokee	5:11.55 8
	57.566 (57.566)	2:23.959 (1:26.393)	3:50.612 (1:26.653) 5:11.545 (1:20.933)
3	Agnitsch, Kyrstin	Cherokee	5:13.22 6
	56.312 (56.312)	2:22.463 (1:26.152)	3:49.740 (1:27.278) 5:13.216 (1:23.476)
4	Irwin, Lilly	Spirit Lake Park	5:39.00 4
	1:00.835 (1:00.835)	2:30.713 (1:29.879)	4:06.238 (1:35.525) 5:38.992 (1:32.755)
5	Hartzell, Anna	Spirit Lake Park	5:43.62 2
	1:01.192 (1:01.192)	2:37.118 (1:35.926)	4:17.580 (1:40.463) 5:43.615 (1:26.035)

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....Event 56 Girls 1500 Meter Run

6	Dahlhauser, Lillian	Storm Lake	5:57.11	1	
	1:06.882 (1:06.882)	2:43.509 (1:36.628)	4:22.880 (1:39.372)	5:57.109 (1:34.229)	
7	Kamstra, Braelynn	Western Christian	6:01.45		
	1:02.059 (1:02.059)	2:39.662 (1:37.603)	4:24.552 (1:44.890)	6:01.445 (1:36.893)	
8	Patten, Halle	Storm Lake	6:06.88		
	1:05.740 (1:05.740)	2:44.448 (1:38.708)	4:27.682 (1:43.235)	6:06.872 (1:39.190)	
9	Moser, Jill	Spencer	6:10.79		
	1:06.445 (1:06.445)	2:45.378 (1:38.933)	4:29.812 (1:44.435)	6:10.783 (1:40.972)	
10	Young, Allison	Estherville	6:20.66		
	1:07.699 (1:07.699)	2:50.909 (1:43.210)	4:39.842 (1:48.933)	6:20.653 (1:40.812)	
11	VanRoekel, Grace	Western Christian	6:27.43		
	1:03.939 (1:03.939)	2:44.625 (1:40.686)	4:34.078 (1:49.453)	6:27.425 (1:53.348)	
12	Domek, Margaret	Estherville	6:39.38		
	1:08.843 (1:08.843)	2:54.113 (1:45.270)	4:45.396 (1:51.283)	6:39.379 (1:53.983)	

Event 57 Girls 200 Meter Dash

=====					
	Name	Year School	Finals	H#	Points
=====					
1	Piercy, Allison	Spencer	26.90	2	10
2	Piercy, Jada	Spencer	27.41	2	8
3	Kauffman, MacKenzie	Spirit Lake Park	27.45	2	6
4	Grau, Lindsay	Spirit Lake Park	27.75	2	4
5	Westphal, Emma	Western Christian	27.90	2	2
6	Christoffer, Brei	Estherville	28.12	1	1
7	Balt, Jenna	Western Christian	28.50	2	
8	Christensen, Taylor	Cherokee	29.49	1	
9	Matheson, Ava	Estherville	30.02	1	
10	Chotper, Nyakot	Storm Lake	30.22	1	
11	Baccam, Chelsea	Storm Lake	30.46	1	

Event 58 Girls 400 Meter Hurdles

=====					
	Name	Year School	Finals	H#	Points
=====					
1	Merchant, Jerra	Spencer	1:07.33	2	10
2	Pingel, Alexis	Cherokee	1:10.73	2	8
3	Hamilton, Ivy	Spencer	1:13.76	2	6
4	Astello, Alyna	Estherville	1:14.46	2	4
5	Hackbarth, Emma	Spirit Lake Park	1:16.07	2	2
6	Pritchard, Charlotte	Spirit Lake Park	1:18.01	1	1
7	Oehler, Emma	Storm Lake	1:28.21	1	
8	Flores, Stacy	Storm Lake	1:31.57	1	

Event 59 Girls 1600 Sprint Medley

=====			
	School	Finals	Points
=====			
1	Western Christian 'A'	4:28.60	10
	1) Zeutenhorst, Josie	2) Statema, Taylor	
	3) Heynen, Emilee	4) De Jager, Kylie	
2	Spirit Lake Park 'A'	4:31.14	8
	1) Ahrenstorff, Carlie Jo	2) Henrickson, Emma	
	3) Krieger, Kacey	4) Krieger, Katelyn	
3	Spencer 'A'	4:34.49	6

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....Event 59 Girls 1600 Sprint Medley

1) Vail, Tyriana	2) Freeman, Kaitlyn		
3) Merchant, Jerra	4) Fisher, Brenna		
4 Cherokee 'A'		4:40.02	4
1) Nichols, JeMae	2) Anderson, Grace		
3) Lubeck, Riley	4) Agnitsch, Kyrstin		
5 Estherville 'A'		4:47.39	2
1) Moore, Jordyn	2) Dunlavy, Tatum		
3) Stokes, Jordyn	4) Rosford, Adrienne		
6 Storm Lake 'A'		5:02.49	
1) Baccam, Chelsea	2) Yenga, Mary		
3) Scully, Ellie	4) Chotper, Nyakutie		

Event 60 Girls 800 Meter Run

Name	Year	School	Finals	Points
1 Heynen, Emilee		Western Christian	2:23.05	10
1:10.727 (1:10.727)	2:23.042 (1:12.315)			
2 Yak, Nyalang		Storm Lake	2:30.20	8
1:11.421 (1:11.421)	2:30.200 (1:18.779)			
3 Pitts, Molly		Cherokee	2:32.69	6
1:13.687 (1:13.687)	2:32.682 (1:18.995)			
4 Krieger, Katelyn		Spirit Lake Park	2:34.26	4
1:14.222 (1:14.222)	2:34.260 (1:20.038)			
5 Morey, Emma		Spencer	2:44.87	2
1:18.231 (1:18.231)	2:44.866 (1:26.635)			
6 Rosford, Adrienne		Estherville	2:47.58	1
1:21.599 (1:21.599)	2:47.572 (1:25.974)			
7 Contreras, Laura		Storm Lake	2:54.51	
1:24.914 (1:24.914)	2:54.505 (1:29.592)			
8 Dykema, Jenny		Spirit Lake Park	3:01.17	
1:26.437 (1:26.437)	3:01.161 (1:34.724)			
9 Domek, Margaret		Estherville	3:01.80	
1:27.205 (1:27.205)	3:01.797 (1:34.593)			

Event 61 Girls 4x100 Meter Relay

School	Finals	Points
1 Spencer 'A'	50.76	10
1) Johnson, Jaelyn	2) Piercy, Jada	
3) Amendt, Erika	4) Piercy, Allison	
2 Western Christian 'A'	52.07	8
1) Zeutenhorst, Josie	2) Statema, Taylor	
3) Marks, Payton	4) Westphal, Emma	
3 Spirit Lake Park 'A'	53.43	6
1) Farmer, Mikayla	2) Higgins, Maci	
3) Ahrenstorff, Carlie Jo	4) Henrickson, Emma	
4 Cherokee 'A'	53.55	4
1) Christensen, Taylor	2) Zwiefel, Camille	
3) Anderson, Grace	4) Nichols, JeMae	
5 Estherville 'A'	55.73	2
1) Acosta, Darieliz	2) Davidson, Jestina	
3) Quastad, Piper	4) Matheson, Ava	
6 Storm Lake 'A'	56.66	

2021 Lakes Conference Championships - 5/6/2021**Western Christian HS****Results****....Event 61 Girls 4x100 Meter Relay**

- | | |
|--------------------|--------------------|
| 1) Chotper, Nyakot | 2) Yenga, Mary |
| 3) Monahan, Emma | 4) Baccam, Chelsea |

Event 62 Girls 4x400 Meter Relay

School	Finals	Points
1 Spirit Lake Park 'A'	4:13.45	10
1) Krieger, Kacey	2) Kauffman, MacKenzie	
3) Miller, Mya	4) Grau, Lindsay	
2 Western Christian 'A'	4:17.39	8
1) Van Otterloo, Kayla	2) De Jager, Kylie	
3) Groeneweg, Jaiden	4) Heynen, Emilee	
3 Estherville 'A'	4:21.48	6
1) Dunlavy, Tatum	2) Stokes, Jordyn	
3) Moore, Jordyn	4) Anderson, Jasey	
4 Storm Lake 'A'	4:28.07	4
1) Chotper, Nyakutie	2) Solem, Natasha	
3) Scully, Ellie	4) Yak, Nyalang	
5 Spencer 'A'	4:31.56	2
1) Morony, Maddie	2) Vail, Tyriana	
3) Berends, Haley	4) Stave, Corinne	
6 Cherokee 'A'	4:33.39	
1) Benson, Harper	2) Pitts, Molly	
3) Paulsrud, Anna	4) Lubeck, Riley	

Event 63 Girls 4x100 Meter Shuttle Hurdle

School	Finals	H#	Points
1 Spencer 'A'	1:09.59	2	10
1) Morony, Maddie	2) Stave, Corinne		
3) Berends, Haley	4) Merchant, Jerra		
2 Cherokee 'A'	1:11.87	2	8
1) Paulsrud, Anna	2) Harman, Natalie		
3) Jenness, Jena	4) Pingel, Alexis		
3 Storm Lake 'A'	1:19.08	1	6
1) Limones, Samantha	2) Thao, Apisinee		
3) Saengchangpheng, Jaslyn	4) Oehler, Emma		
4 Estherville 'A'	1:22.02	1	4
1) Love, Gracen	2) Astello, Alyna		
3) Lutat, Grace	4) Reinhardt, Audree		

Event 64 Girls 800 Sprint Medley

School	Finals	Points
1 Spirit Lake Park 'A'	1:53.47	10
1) Farmer, Mikayla	2) Higgins, Maci	
3) Grau, Lindsay	4) Kauffman, MacKenzie	
2 Estherville 'A'	1:54.16	8
1) Moore, Jordyn	2) Dunlavy, Tatum	
3) Stokes, Jordyn	4) Anderson, Jasey	
3 Spencer 'A'	1:54.54	6
1) Johnson, Jaelyn	2) Stave, Corinne	

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....Event 64 Girls 800 Sprint Medley

- | | | | |
|--------------------------|-----------------------|---------|---|
| 3) Merchant, Jerra | 4) Amendt, Erika | | |
| 4 Storm Lake 'A' | | 2:00.41 | 4 |
| 1) Monahan, Emma | 2) Yenga, Mary | | |
| 3) Chotper, Nyakutie | 4) Yak, Nyalang | | |
| 5 Cherokee 'A' | | 2:04.96 | 2 |
| 1) Nichols, JeMae | 2) Anderson, Grace | | |
| 3) Timmerman, Jada | 4) Courtright, Megan | | |
| -- Western Christian 'A' | | DNF | |
| 1) Marks, Payton | 2) Statema, Taylor | | |
| 3) De Jager, Kylie | 4) Zeutenhorst, Josie | | |

Event 65 Girls High Jump

Name	Year School	Finals	Points
1 Yenga, Mary	Storm Lake	5-00.00	1.52m 10
4-04 4-06 4-08 4-10 5-00 5-01			
P O O O XXO XXX			
2 Ellis, Nahia	Cherokee	J5-00.00	1.52m 8
4-04 4-06 4-08 4-10 5-00 5-01			
O O O XXO XXO XXX			
3 Christensen, Taylor	Cherokee	4-10.00	1.47m 6
4-04 4-06 4-08 4-10 5-00			
P O XO XXO XXX			
4 Hackbarth, Emma	Spirit Lake Park	4-08.00	1.42m 4
4-04 4-06 4-08 4-10			
O O O XXX			
5 Morony, Maddie	Spencer	J4-08.00	1.42m 2
4-04 4-06 4-08 4-10			
O O XO XXX			
6 Visser, Madison	Western Christian	J4-08.00	1.42m 1
4-04 4-06 4-08 4-10			
O O XXO XXX			
7 Balt, Jenna	Western Christian	4-06.00	1.37m
4-04 4-06 4-08			
O XO XXX			

Event 66 Girls Discus Throw

Name	Year School	Finals	Points
1 Travis, Fran	Spirit Lake Park	110-07	33.70m 10
FOUL 85-09 110-05 109-09 101-01 110-07			
2 Rushcy, Kendyl	Estherville	104-09	31.92m 8
97-10 100-07 104-09 99-07 FOUL 99-09			
3 Rosacker, Kaylee	Spencer	100-00	30.48m 6
100-00 72-02 93-11 98-06 FOUL 87-11			
4 Whiting, Olivia	Spirit Lake Park	99-09	30.40m 4
88-10 82-01 FOUL 88-11 87-07 99-09			
5 Heisinger, Elli	Spencer	93-11	28.62m 2
FOUL 92-01 93-10 93-11 FOUL FOUL			
6 Vander Pol, Megan	Western Christian	89-11	27.40m 1
89-11 79-01 76-06 FOUL FOUL 81-02			
7 Banuelos, Alazay	Storm Lake	88-02	26.87m
82-11 80-07 88-02 FOUL FOUL 87-00			

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8	Anderson, Rianne	Cherokee	82-02	25.04m
	73-06 82-01 FOUL 82-02 75-04 FOUL			
9	Hofman, Lily	Western Christian	79-06	24.23m
	78-11 77-07 79-06			
10	Moreales, Ashley	Storm Lake	72-10	22.19m
	66-05 FOUL 72-10			
11	Williams, Sara	Cherokee	58-10	17.93m
	58-10 FOUL FOUL			

Event 67 Girls Shot Put

Name	Year	School	Finals	Points
1 Heisinger, Elli		Spencer	36-07.00	11.15m 10
	33-02 35-09 35-01 33-07.50 36-07 34-02.50			
2 Huckfelt, Olivia		Spencer	35-09.00	10.89m 8
	35-02 35-09 33-02 34-04 35-01 33-07.50			
3 Vander Pol, Megan		Western Christian	33-01.50	10.09m 6
	30-04 33-01.50 30-03.50 29-01 26-06.50 26-07			
4 Travis, Fran		Spirit Lake Park	32-08.50	9.96m 4
	30-04.50 32-08.50 31-11 30-00 29-07 28-07			
5 Banuelos, Alazay		Storm Lake	31-04.00	9.55m 2
	30-07 31-04 30-08 30-01 30-01.50 30-10.50			
6 Moreales, Ashley		Storm Lake	30-11.00	9.42m 1
	30-01 30-11 29-04 28-05.50 28-05 27-11			
7 Wolfswinkel, Adelle		Western Christian	30-10.00	9.39m
	30-01.50 30-10 30-05.50 28-11 FOUL 29-05.50			
8 Nitchals, Jerz		Estherville	30-01.00	9.16m
	30-01 29-06.50 27-06.50 28-01.50 FOUL 28-01.50			
9 Whiting, Olivia		Spirit Lake Park	28-09.50	8.77m
	28-09.50 26-01 28-01.50			
10 Anderson, Rianne		Cherokee	28-01.50	8.57m
	25-05 27-09 28-01.50			
11 Rushcy, Kendyl		Estherville	27-03.00	8.30m
	25-08 27-03 27-01.50			
12 Frahm, Emma		Cherokee	25-08.50	7.83m
	23-02 23-05.50 25-08.50			

Event 68 Girls Long Jump

Name	Year	School	Finals	Points
1 Anderson, Jasey		Estherville	16-03.50	4.96m 10
	14-07.50 14-10.50 16-01 15-11.50 16-03.50 15-04.25			
2 Henrickson, Emma		Spirit Lake Park	15-10.25	4.83m 8
	15-01 FOUL 15-10.25 FOUL 15-01 15-07.50			
3 Balt, Jenna		Western Christian	15-08.50	4.78m 6
	14-07.75 15-00.25 14-11.50 15-08.50 15-07 15-01			
4 Hamilton, Ivy		Spencer	15-02.00	4.62m 4
	15-02 FOUL FOUL 14-03 14-07.50 FOUL			
5 Pritchard, Charlotte		Spirit Lake Park	14-11.00	4.54m 2
	12-11 14-02 14-04 14-00 14-02 14-11			
6 Maves, Kate		Cherokee	14-07.75	4.46m 1
	14-00.25 14-07.75 FOUL 13-02.50 14-05.25 13-07.75			

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....Event 68 Girls Long Jump

7 Johnson, Jaelyn	Spencer	14-04.50	4.38m
13-11.50 14-01 14-04.50	14-01 14-04.50 14-04		
8 Thao, Apisinee	Storm Lake	13-09.50	4.20m
13-09.50 11-07.25 13-02	13-05 13-02 12-04.25		
9 Chambang, Nyalib	Storm Lake	13-01.00	3.98m
FOUL FOUL 13-01			

Event 74 Girls 4x100 Meter Relay JV

School	Finals
1 Spirit Lake Park 'A'	56.23
1) Bakke, Carly	2) Borthwick, Lauren
3) Fine, Morgan	4) Travis, Fran
2 Cherokee 'A'	57.23
1) Harman, Natalie	2) Maves, Kate
3) Ellis, Nahia	4) Timmerman, Jada
3 Western Christian 'A'	58.10
1) Wielenga, Haley	2) Grevengood, Kirsten
3) Vanderziel, Aubrey	4) Visser, Madison
4 Spencer 'A'	58.79
1) Hamilton, Ivy	2) Freeman, Kaitlyn
3) Woodall, Kaiden	4) Graettinger, Jayna
5 Estherville 'A'	59.54
1) Love, Gracen	2) Lutat, Grace
3) Reinhardt, Audree	4) Nath, Evi
6 Storm Lake 'A'	1:00.76
1) Chambang, Nyalib	2) Johnson, Shauntez
3) Soe, Ehhsermular	4) Paw, January

Event 75 Boys 4x100 Meter Relay JV

School	Finals
1 Spencer 'A'	49.26
1) Johnson, Kade	2) Hefner, Jaxon
3) Johnson, Weston	4) Cline, Kaleb
2 Western Christian 'A'	50.04
1) Bonestroo, Blaike	2) Gulker, Jacob
3) Van't Hul, Brody	4) Habben, Shane
3 Elc Boys 'A'	50.13
1) Hoyer, Tate	2) Camberos, Yahir
3) Stevens, Ben	4) Sheridan, Alex
4 Cherokee 'A'	52.35
1) Thorson, Logan	2) Ruschmann, Connor
3) Pingel, Lance	4) Rogers, Kane
5 Storm Lake 'A'	53.27
1) Keyanye, Bachi	2) Khamphavong, Ashton
3) Turnquist, Brock	4) Deneros, Kevin

Event 76 Girls 4x200 Meter Relay JV

School	Finals
1 Estherville 'A'	1:58.71

2021 Lakes Conference Championships - 5/6/2021**Western Christian HS****Results****....Event 76 Girls 4x200 Meter Relay JV**

1) Acosta, Darieliz	2) Matheson, Ava	
3) Quastad, Piper	4) Nath, Evi	
2 Spencer 'A'		2:04.78
1) Freeman, Kaitlyn	2) McNea, Maggie	
3) Stevens, Reagan	4) Woodall, Kaiden	
3 Western Christian 'A'		2:06.01
1) Wielenga, Haley	2) Blankespoor, Emery	
3) Vanderziel, Aubrey	4) Visser, Madison	
4 Cherokee 'A'		2:07.59
1) Maves, Kate	2) Leach, Jayleen	
3) Letsche, Heidi	4) Peterson, Whitney	
5 Storm Lake 'A'		2:12.37
1) Saengchangpheng, Jaslyn	2) Myint, Sandar	
3) Dak, Nyabiey	4) Agwa, Akorra	

Event 77 Boys 4x200 Meter Relay JV

School		Finals
1 Western Christian 'A'		1:41.21
1) Gulker, Donte	2) Bonestroo, Blaike	
3) Grevengoed, Riley	4) Van't Hul, Brody	
2 Spirit Lake 'A'		1:45.24
1) Amos, Cael	2) Hassel, Caden	
3) Hussey, Qamerin	4) Graves, Will	
3 Elc Boys 'A'		1:46.65
1) Irwin, Brock	2) Stevens, Ben	
3) Cohrs, Colin	4) Lausen, Caleb	
4 Spencer 'A'		1:46.80
1) Johnson, Kade	2) Hefner, Jaxon	
3) Johnson, Weston	4) Cline, Kaleb	
5 Cherokee 'A'		1:49.41
1) Thorson, Logan	2) Ruschmann, Connor	
3) Pingel, Lance	4) Mazurek, Braeden	
6 Storm Lake 'A'		1:54.71
1) Singh, Hershdeep	2) Tapia, Luis	
3) Rodriguez, Gerardo	4) Aldana, Aaron	

Event 78 Girls 4x400 Meter Relay JV

School		Finals
1 Cherokee 'A'		4:52.64
1) Rogge, London	2) Anderson, Ava	
3) Letsche, Julia	4) Farver, Taylor	
2 Storm Lake 'A'		5:35.86
1) Phiakhamta, Rose	2) Rydberg, Jadyn	
3) Contreras, Laura	4) Mills, Miranda	

Event 79 Boys 4x400 Meter Relay JV

School		Finals
1 Western Christian 'A'		3:51.40
1) Grevengoed, Riley	2) Van Kley, Cowen	

2021 Lakes Conference Championships - 5/6/2021**Western Christian HS****Results****....Event 79 Boys 4x400 Meter Relay JV**

3) Van Otterloo, Nathan	4) Kollis, Taeton	
2 Spencer 'A'		4:00.70
1) Schendel, Jackson	2) Baldwin, Alex	
3) Goeken, Noah	4) Fullhart, Jace	
3 Spirit Lake 'A'		4:02.46
1) Hussey, Qamerin	2) Profit, Tommy	
3) Leinbaugh, Simon	4) Graves, Will	
4 Cherokee 'A'		4:05.84
1) Thorson, Logan	2) Kohn, Alex	
3) Reusch, Jonathan	4) Pingel, Levi	
5 Elc Boys 'A'		4:19.64
1) Knudson, Jacob	2) Leonard, Ryan	
3) Armstrong, Aaron	4) Swanson, Aiden	
6 Stom Lake 'A'		4:27.31
1) Cortez, Joel	2) Ledesma, Richard	
3) Jiminez, Abraham	4) Burton, Jaxon	

Event 80 Girls 800 Sprint Medley JV

School	Finals
1 Estherville 'A'	2:07.92
1) Acosta, Darieliz	2) Matheson, Ava
3) Quastad, Piper	4) Reinhardt, Audree
2 Cherokee 'A'	2:09.68
1) Harman, Natalie	2) Leach, Jayleen
3) Jenness, Jena	4) Anderson, Ava
3 Spencer 'A'	2:10.30
1) Vail, Tyriana	2) Freeman, Kaitlyn
3) McNea, Maggie	4) Woodall, Kaiden
4 Storm Lake 'A'	2:15.03
1) Myint, Sandar	2) Carrillo, Andrea
3) Chotper, Nyakot	4) Contreras, Laura

Event 81 Boys 800 Sprint Medley JV

School	Finals
1 Western Christian 'A'	1:47.48
1) Grevengoed, Riley	2) Gulker, Jacob
3) Van Otterloo, Nathan	4) Van't Hul, Brody
2 Spencer 'A'	1:47.95
1) Johnson, Kade	2) Johnson, Weston
3) Hefner, Jaxon	4) Fullhart, Jace
3 Cherokee 'A'	1:50.23
1) Robinson, Skyler	2) Brown, Ryan
3) Rosentrater, Luke	4) Samsel, Colton
4 Spirit Lake 'A'	1:51.06
1) Graves, Will	2) Sorenson, Riley
3) Leinbaugh, Simon	4) Hussey, Qamerin
5 Elc Boys 'A'	1:52.59
1) Cohrs, Colin	2) Camberos, Yahir
3) Stevens, Ben	4) Lausen, Caleb
6 Stom Lake 'A'	1:59.30
1) Khamphavong, Ashton	2) Turnquist, Brock

2021 Lakes Conference Championships - 5/6/2021**Western Christian HS****Results****....Event 81 Boys 800 Sprint Medley JV**

3) Jiminez, Abraham

4) Cortez, Joel

Event 83 Boys High Jump JV

Name	Year	School	Finals	
1 Van't Hul, Ashtin		Western Christian	5-08.00	1.72m
5-04 5-06 5-08 5-10				
O O O XXX				

Event 84 Girls Long Jump JV

Name	Year	School	Finals	
1 Davidson, Jestina		Estherville	13-05.00	4.08m
13-05 FOUL 12-06.25				
2 Paw, January		Storm Lake	13-04.75	4.08m
13-04.75 FOUL 12-00.50				
3 Peterson, Whitney		Cherokee	11-00.25	3.35m
10-07 10-11.25 11-00.25				
4 Stull, Madison		Storm Lake	10-09.00	3.27m
8-01 10-09 9-11				

Event 85 Boys Long Jump JV

Name	Year	School	Finals	
1 Leonard, Ryan		Elc Boys	17-09.50	5.42m
17-00 17-08.50 17-09.50				
2 Swanson, Aiden		Elc Boys	17-08.25	5.39m
17-08.25 17-01.50 FOUL				
3 Mazurek, Braeden		Cherokee	15-07.00	4.74m
13-08 FOUL 15-07				
4 Pingel, Lance		Cherokee	14-00.00	4.26m
14-00 FOUL FOUL				

Event 86 Girls Discus Throw JV

Name	Year	School	Finals	
1 Huckfelt, Olivia		Spencer	97-08	29.76m
96-00 97-08 91-10				
2 Vanderziel, Aubrey		Western Christian	74-00	22.55m
69-05 68-01 74-00				
3 Johnson, Whitney		Cherokee	73-09	22.47m
73-09 62-10 53-08				
4 Blankespoor, Emery		Western Christian	72-02	21.99m
69-04 72-02 FOUL				
5 Vis, Summer		Western Christian	x65-00	19.81m
65-00 FOUL 63-04				
6 Findling, Elizabeth		Spencer	63-03	19.27m
63-03 FOUL FOUL				
7 Coyle, Molly		Storm Lake	61-03	18.66m
58-08 57-00 61-03				

2021 Lakes Conference Championships - 5/6/2021**Western Christian HS****Results****...Event 86 Girls Discus Throw JV**

8	Frahm, Emma	Cherokee	56-02	17.11m
	52-04 53-00 56-02			
9	Williams, Leah	Estherville	52-10	16.10m
	FOUL 48-06 52-10			

Event 87 Boys Discus Throw JV

Name	Year School	Finals
1 Van't Hul, Dason	Western Christian	103-01 31.41m
	98-01 102-10 103-01	
2 Kollis, Taeton	Western Christian	99-02 30.22m
	93-00 91-01 99-02	
3 Lichtenberg, Marques	Stom Lake	98-07 30.04m
	92-04 88-08 98-07	
4 Frangenberg, Mason	Spirit Lake	90-05 27.55m
	80-00 90-05 FOUL	
5 Mahnke, Connor	Cherokee	89-00 27.12m
	76-07 FOUL 89-00	
6 Brambila, Giovanni	Cherokee	86-06 26.36m
	86-06 86-05 82-00	
7 Irwin, Brock	Elc Boys	72-07 22.12m
	59-02 72-07 67-07	
8 Stansberry, Owen	Stom Lake	60-02 18.33m
	60-02 58-00 59-02	

Event 88 Girls Shot Put JV

Name	Year School	Finals
1 Rosacker, Kaylee	Spencer	32-04.50 9.86m
	32-04.50 x	
2 VanderBerg, Kryn	Western Christian	32-02.50 9.81m
	32-02.50 x	
3 Coyle, Molly	Storm Lake	28-10.00 8.78m
	28-10 x	
4 Westra, Macy	Western Christian	26-09.50 8.16m
	26-09.50 x	
5 Crum, Khennadi	Cherokee	24-07.00 7.49m
	24-07 x	
6 Williams, Leah	Estherville	23-09.00 7.23m
	23-09 x	
7 Johnson, Whitney	Cherokee	19-01.00 5.81m
	19-01 x	

Event 89 Boys Shot Put JV

Name	Year School	Finals
1 Kollis, Taeton	Western Christian	38-03.00 11.65m
	38-03 x	
2 DeHough, Gavin	Western Christian	37-11.00 11.55m
	37-11 x	
3 Van't Hul, Dason	Western Christian	x36-03.00 11.04m
	36-03 x	

2021 Lakes Conference Championships - 5/6/2021
Western Christian HS
Results

....Event 89 Boys Shot Put JV

4	Brambila, Giovanni	Cherokee	30-04.00	9.24m
	30-04	x		
5	Irwin, Brock	Elc Boys	28-04.50	8.64m
	28-04.50	x		
6	Stief, Maverick	Cherokee	27-09.50	8.47m
	27-09.50	x		
7	Frangenberg, Mason	Spirit Lake	27-00.00	8.22m
	27-00	x		

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Women - Team Rankings - 19 Events Scored

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1) Spencer	180	2) Spirit Lake Park	112
3) Cherokee	101	4) Western Christian	72
5) Estherville	68	6) Storm Lake	47

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Men - Team Rankings - 19 Events Scored

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1) Spirit Lake	163	2) Western Christian	127
3) Spencer	110	4) ELC Boys	77
5) Cherokee	56	6) Stom Lake	44