

2021 Heart of America Conference Championships
Black Squirrel Timing - 5/7/2021 to 5/8/2021
Williams Stadium- Grand View University
Results

Event 1 Women 100 Meter Dash

8 Advance: Top 1 Each Heat plus Next 5 Best Times

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Meet: M 11.83 2017           Paige Bray, Culver-Stockton
Facility: F 11.92 2013       Kylie Peterson, Minnesota
Name                          Year School                    Prelims  H#
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Preliminaries

1	Savannah Butler	Mid America Naz	12.24Q	3
2	Kailey Johnson	Central Methodist	12.30Q	1
3	Shaniah Newby	William Penn	12.56Q	2
4	Brittany Willis	Park U.	12.54q	3
5	Jada Gaines	Central Methodist	12.64q	1
6	Erika Canada	Grand View	12.66q	1
7	Mason Fitzgerald	Central Methodist	12.94q	3
8	Shelby Birmingham	Park U.	12.98q	2 12.972
9	Antoinette Flowers	Central Methodist	12.98	1 12.974
10	Jayda Allen	Grand View	12.98	3 12.976
11	Alexandra Rose	William Penn	13.06	1 13.051
12	Sarah Schneider	Mount Mercy	13.06	3 13.056
13	Elise Federici	Benedictine	13.07	3
14	Elliana Wyllie	Benedictine	13.08	1 13.075
15	Ashley Wurtenberger	Benedictine	13.08	3 13.076
16	Terriane Smith	Park U.	13.14	2
17	Shu'ron Thompson	Missouri Valley	13.16	2
18	Breana Roberts	William Penn	13.22	2
19	Megan Hauger	Evangel	13.24	2
20	Rebecca Francois	Mount Mercy	13.43	1
21	Si'Arra Forrest	Culver-Stockton	13.52	1
--	Naomi Kilson	Baker	FS	2

Event 1 Women 100 Meter Dash

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=====
Meet: M 11.83 2017           Paige Bray, Culver-Stockton
Facility: F 11.92 2013       Kylie Peterson, Minnesota
Name                          Year School                    Finals  Points
=====
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Finals

1	Savannah Butler	Mid America Naz	12.64	10
2	Kailey Johnson	Central Methodist	12.75	8
3	Shaniah Newby	William Penn	12.90	6
4	Brittany Willis	Park U.	13.17	5
5	Erika Canada	Grand View	13.25	4
6	Jada Gaines	Central Methodist	13.28	3
7	Mason Fitzgerald	Central Methodist	13.44	2
8	Shelby Birmingham	Park U.	13.92	1



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Event 2 Men 100 Meter Dash**8 Advance: Top 1 Each Heat plus Next 4 Best Times**

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=====
Meet: M 10.30 2005      Mike Rogers, Lindenwood
Facility: F 10.59 2013  William Smith, Truman State
Name                    Year School                    Prelims  H#
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Preliminaries

Name	Year	School	Prelims	H#
1 Kwan Brooks		Baker	10.63Q	2
2 Cameron Cavalier		Missouri Valley	10.67Q	3
3 Cameron Johnson		Graceland	10.78Q	4 10.778
4 Austin Mernagh		Benedictine	10.79Q	1
5 Tim Ballah		Mid America Naz	10.72q	2
6 Curtis Johns		Central Methodist	10.78q	3 10.779
7 Jaelen Love		William Penn	10.83q	3
8 Jackson Coates		William Penn	10.86q	3
9 Nick Jackson		William Penn	10.94	4
10 Barrion Collins		Grand View	10.95	2 10.944
10 Tyler Bussey		Mid America Naz	10.95	4 10.944
12 Tyrin Holder		Culver-Stockton	10.96	1
13 Robert Adger		Benedictine	10.98	4 10.971
14 Joel Brown		William Penn	10.98	1 10.979
15 Alan Leyva		Culver-Stockton	11.04	1
16 Brandon Denman		Mid America Naz	11.06	3
17 Adam Bell		Benedictine	11.12	2
18 Jared Spence		Evangel	11.25	4
19 Nathan Garnett		Evangel	11.27	1
20 Xavier Reddock		Culver-Stockton	11.29	2
21 Anthony Havens		Culver-Stockton	11.34	4
22 Carter Bell		Mount Mercy	11.36	2 11.352
23 Cameron Miller		Missouri Valley	11.36	3 11.359
24 Josh Harmon		Mount Mercy	11.39	3
25 Jaylon Lenord		William Penn	11.49	1
26 Drake Powell		Mount Mercy	11.55	4

Event 2 Men 100 Meter Dash

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=====
Meet: M 10.30 2005      Mike Rogers, Lindenwood
Facility: F 10.59 2013  William Smith, Truman State
Name                    Year School                    Finals  Points
=====
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Finals

Name	Year	School	Finals	Points
1 Austin Mernagh		Benedictine	10.95	10
2 Tim Ballah		Mid America Naz	10.97	8
3 Cameron Cavalier		Missouri Valley	10.98	6
4 Cameron Johnson		Graceland	11.07	5
5 Kwan Brooks		Baker	11.25	4 11.246
6 Jaelen Love		William Penn	11.25	3 11.250
7 Curtis Johns		Central Methodist	11.29	2
8 Jackson Coates		William Penn	11.35	1



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Event 3 Women 200 Meter Dash

8 Advance: Top 1 Each Heat plus Next 5 Best Times

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=====
Meet: M 24.27 2003      Danielle Norville, Lindenwood
Facility: F 24.52 2015  Molly Jo Smith, St. Ambrose
Name                    Year School                    Prelims  H#
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Preliminaries

1	Myah Yoder	Baker	25.01Q	2	25.001
2	Shaniah Newby	William Penn	25.01Q	3	25.006
3	Savannah Butler	Mid America Naz	25.20Q	1	
4	Kailey Johnson	Central Methodist	25.33q	1	
5	Neomi Sidique	Grand View	25.79q	2	
6	Shelby Birmingham	Park U.	25.96q	2	
7	Mason Fitzgerald	Central Methodist	26.10q	2	
8	Brittany Willis	Park U.	26.22q	3	
9	Ashley Wurttenberger	Benedictine	26.31	1	
10	Naomi Kilson	Baker	26.33	3	26.323
11	Antoinette Flowers	Central Methodist	26.33	1	26.327
12	Elise Federici	Benedictine	26.41	2	
13	Darly Camilo-Montenegro	Central Methodist	26.43	3	
14	Bailey Turner	Park U.	26.55	1	
15	Lexie Johnson	Mount Mercy	26.70	3	
16	Elliana Wyllie	Benedictine	26.73	1	
17	Terriane Smith	Park U.	26.82	3	26.816
18	Megan Hauger	Evangel	26.82	1	26.817
19	Shelby Butts	Baker	27.04	2	
20	Sarah Schneider	Mount Mercy	27.42	3	
21	Rebecca Francois	Mount Mercy	28.09	2	

Event 3 Women 200 Meter Dash

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=====
Meet: M 24.27 2003      Danielle Norville, Lindenwood
Facility: F 24.52 2015  Molly Jo Smith, St. Ambrose
Name                    Year School                    Finals  Points
=====
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Finals

1	Myah Yoder	Baker	25.51	10
2	Savannah Butler	Mid America Naz	25.55	8
3	Kailey Johnson	Central Methodist	25.74	6
4	Shaniah Newby	William Penn	25.97	5
5	Neomi Sidique	Grand View	26.51	4
6	Mason Fitzgerald	Central Methodist	27.41	3



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Event 4 Men 200 Meter Dash

8 Advance: Top 1 Each Heat plus Next 4 Best Times

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=====
Meet: M 20.58 2005      Hadow Weatherbone, Lindenwood
Facility: F 21.18 2016  Gabriel Blackmon, Iowa Western C
Name                   Year School                   Prelims H#
=====
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Preliminaries

1	Jaelen Love	William Penn	21.58Q	3	
2	Tim Ballah	Mid America Naz	21.59Q	1	21.582
3	Kwan Brooks	Baker	21.59Q	4	21.586
4	Justin Moore	Baker	21.71Q	2	
5	Austin Mernagh	Benedictine	21.59q	4	21.590
6	Cameron Johnson	Graceland	21.64q	4	
7	Jacob Fritz	Central Methodist	21.70q	3	
8	Curtis Johns	Central Methodist	21.77q	1	
9	Tyrin Holder	Culver-Stockton	22.18	2	
10	Nick Jackson	William Penn	22.23	1	
11	Verlyn Johnson	Culver-Stockton	22.32	3	
12	Joshua O'Brien	Mid America Naz	22.33	2	
13	Cameron Cavalier	Missouri Valley	22.34	3	
14	Torian Kingston	William Penn	22.37	1	
15	Jordan Schroeder	Mount Mercy	22.57	3	
16	Brandon Denman	Mid America Naz	22.58	4	
17	Tyler Bussey	Mid America Naz	22.62	4	
18	Anthony Havens	Culver-Stockton	22.64	2	
19	Alan Leyva	Culver-Stockton	22.69	1	
20	Connor Christophersen	Mount Mercy	22.89	2	
21	Jared Spence	Evangel	22.91	4	
22	Josh Harmon	Mount Mercy	22.97	3	
23	Devin Blish	Mount Mercy	24.45	3	
24	Percy Burton	William Penn	24.84	4	

Event 4 Men 200 Meter Dash

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=====
Meet: M 20.58 2005      Hadow Weatherbone, Lindenwood
Facility: F 21.18 2016  Gabriel Blackmon, Iowa Western CC
Name                   Year School                   Finals Points
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Finals

1	Justin Moore	Baker	21.80	10	
2	Tim Ballah	Mid America Naz	21.83	8	
3	Cameron Johnson	Graceland	21.90	6	
4	Jacob Fritz	Central Methodist	21.92	5	
5	Curtis Johns	Central Methodist	22.00	4	21.991
6	Austin Mernagh	Benedictine	22.00	3	22.000
7	Jaelen Love	William Penn	22.14	2	
8	Kwan Brooks	Baker	25.65	1	



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Event 5 Women 400 Meter Dash

Name	Year	School	Finals	H#	Points
Meet: M 55.13 2018 Helen Thames, Avila					
Facility: F 55.44 2013 Megan Geyen, Minnesota					
1		Myah Yoder	Baker	57.78	3 10
2		Neomi Sidique	Grand View	59.34	3 8
3		Darly Camilo-Montenegro	Central Methodist	59.63	3 6
4		Ashley Wurtenberger	Benedictine	59.79	3 5
5		Elise Federici	Benedictine	1:00.34	3 4
6		Abbie Hale	Central Methodist	1:01.78	3 3
7		Haley Flaws	Grand View	1:01.84	2 2
8		Elliana Wyllie	Benedictine	1:02.17	3 1
9		Faith Schier	Clarke	1:02.72	3
10		Emma Schwartz	Benedictine	1:02.75	2
11		Allison Anderson	Park U.	1:03.75	1
12		Michaela Kmiec	William Penn	1:03.89	2
13		Shu'ron Thompson	Missouri Valley	1:04.53	1
14		Katie Garner	Mount Mercy	1:04.75	1
15		Abigael Ostenson	Mid America Naz	1:05.67	2
16		Lexie Johnson	Mount Mercy	1:05.73	2
17		Mason Nickolaus	Grand View	1:06.74	2

Event 6 Men 400 Meter Dash

Name	Year	School	Finals	H#	Points
Meet: M 47.11 2005 Hadow Weatherbone, Lindenwood					
Facility: F 48.12 2016 Tyrell Paul, Southwestern CC					
1		Mohammed Nyaoga	Central Methodist	49.79	3 10
2		McCann Tristin	Baker	50.02	3 8
3		Jordan Weimer	Baker	50.25	3 6
4		Alonzo Rodriguez-Spencer	Grand View	50.31	3 5
5		Jordan Schroeder	Mount Mercy	50.86	3 4
6		Torian Kingston	William Penn	50.92	3 3
7		Dylan Werner	Mid America Naz	50.98	2 2
8		Gyvanziel Quinonez	Mount Mercy	51.31	2 1
9		Leo Desequeira	Grand View	51.33	3
10		Alex Merrifield	Benedictine	51.34	2
11		Joseph Rawicki	Benedictine	51.39	2
12		Lorenzo Celiento	Missouri Valley	51.63	2
13		Payton Young	Graceland	51.66	2
14		Brock Jackson	Central Methodist	51.67	3
15		Khiry Rolan	Central Methodist	52.68	2
16		Joseph Simon	Park U.	52.73	1
17		Brayden Van Kampen	Grand View	53.48	1
18		Najai Alexander	William Penn	54.19	1
19		Grayson Thacker	Grand View	54.88	1
20		Stephenson Fleuriot	Mid America Naz	55.63	1
--		Spencer Dye	Graceland	FS	1



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....Event 6 Men 400 Meter Dash

-- Jacob Johannes Graceland FS 2

Event 7 Women 800 Meter Run

Name	Year	School	Finals	H#	Points
Meet: M 2:13.58	2015	Hannah Wondra, Benedictine			
Facility: F 2:13.82	2014	Lauren Domski, Minnesota			
1 Jena Hahlbeck		Park U.	2:18.81	3	10
1:07.511 (1:07.511)	2:18.809 (1:11.298)				
2 Andrea Ertz		Mount Mercy	2:18.83	3	8
1:08.514 (1:08.514)	2:18.829 (1:10.315)				
3 Tatiana Smith		Benedictine	2:24.45	2	6
1:08.875 (1:08.875)	2:24.448 (1:15.574)				
4 Mia Wilhoit		Baker	2:24.48	3	5
1:08.791 (1:08.791)	2:24.474 (1:15.684)				
5 Maya Eidman		Mid America Naz	2:25.58	3	4
1:09.718 (1:09.718)	2:25.580 (1:15.863)				
6 Madeline Wieseman		Central Methodist	2:26.27	3	3
1:10.643 (1:10.643)	2:26.262 (1:15.619)				
7 Lexi Kats		Benedictine	2:27.01	3	2
1:10.157 (1:10.157)	2:27.004 (1:16.848)				
8 Jordan Hawman		Baker	2:27.51	3	1
1:10.152 (1:10.152)	2:27.506 (1:17.355)				
9 Carli Reittinger		Mount Mercy	2:27.98	2	
1:11.006 (1:11.006)	2:27.980 (1:16.975)				
10 Claire Zarybnicky		Benedictine	2:28.11	3	
1:09.501 (1:09.501)	2:28.104 (1:18.604)				
11 Peyton Sannan		Baker	2:28.27	2	
1:12.304 (1:12.304)	2:28.263 (1:15.959)				
12 Ceyda Nazli		Grand View	2:28.30	2	
1:11.284 (1:11.284)	2:28.294 (1:17.010)				
13 Cameron Mesecher		Grand View	2:29.39	2	
1:09.157 (1:09.157)	2:29.388 (1:20.231)				
14 Gracie Kopala		Baker	2:31.95	1	
1:13.513 (1:13.513)	2:31.947 (1:18.435)				
15 Clare Smith		Benedictine	2:32.14	2	
1:11.867 (1:11.867)	2:32.139 (1:20.272)				
16 Jessica Ertz		Mount Mercy	2:33.86	1	
1:13.740 (1:13.740)	2:33.860 (1:20.120)				
17 Sydney Woods		Mount Mercy	2:34.45	2	
1:12.210 (1:12.210)	2:34.444 (1:22.235)				
18 Gracyn Kloth		Mid America Naz	2:35.35	1	
1:13.182 (1:13.182)	2:35.341 (1:22.160)				
19 Elizabeth Hele		William Penn	2:36.03	1	
1:15.880 (1:15.880)	2:36.022 (1:20.142)				
20 Casandra Reyes		Mid America Naz	2:37.59	2	
1:13.356 (1:13.356)	2:37.582 (1:24.226)				



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....Event 7 Women 800 Meter Run

21 Emily Lewis	Graceland	2:41.22	1
1:15.768 (1:15.768)	2:41.211 (1:25.444)		
22 Reagan Sullivan	Baker	2:44.96	1
1:13.758 (1:13.758)	2:44.955 (1:31.197)		

Event 8 Men 800 Meter Run

Meet: M 1:52.40	2010	Joshua Schmidt, Lindenwood
Facility: F 1:52.65	2021	Matthew Van Eps, Dordt
Name	Year School	Finals H# Points

1 Isaiah Wittrock	Grand View	1:52.99	3	10
54.610 (54.610)	1:52.990 (58.381)			
2 Talon Munger	Grand View	1:54.02	3	8
54.885 (54.885)	1:54.015 (59.131)			
3 Ben Huftalin	Grand View	1:54.42	3	6
54.420 (54.420)	1:54.414 (59.995)			
4 David Mannella	Benedictine	1:55.16	3	5
55.143 (55.143)	1:55.159 (1:00.016)			
5 Anthony Carranza	Mid America Naz	1:57.44	3	4
54.992 (54.992)	1:57.439 (1:02.447)			
6 Liam Morel	Benedictine	1:58.49	2	3
58.891 (58.891)	1:58.489 (59.598)			
7 Robert Huebert	Baker	1:59.42	2	2
59.103 (59.103)	1:59.412 (1:00.310)			
8 Sais Ruiz	Baker	1:59.43	2	1
59.628 (59.628)	1:59.424 (59.796)			
9 Grant Dewitt	Evangel	1:59.90	2	
59.528 (59.528)	1:59.893 (1:00.366)			
10 Duncan Gakuru	Evangel	2:00.58	3	
55.408 (55.408)	2:00.576 (1:05.168)			
11 Kenneth Bolton	William Penn	2:00.97	2	
59.373 (59.373)	2:00.967 (1:01.594)			
12 Grant Roesner	Baker	2:01.63	1	
1:01.563 (1:01.563)	2:01.625 (1:00.062)			
13 Aaron Golding	Mount Mercy	2:03.52	1	
1:01.305 (1:01.305)	2:03.517 (1:02.213)			
14 Jaxson Eden	Grand View	2:03.55	2	
59.398 (59.398)	2:03.543 (1:04.145)			
15 Colin Donovan	Benedictine	2:04.66	2	
59.771 (59.771)	2:04.652 (1:04.882)			
16 Andrew Colyer	Graceland	2:05.77	1	
1:01.650 (1:01.650)	2:05.767 (1:04.118)			
17 Ruben Perez-Rodriguez	William Penn	2:06.42	1	
1:03.139 (1:03.139)	2:06.420 (1:03.281)			
18 Jack Schiffhauer	Central Methodist	2:06.77	1	
1:01.890 (1:01.890)	2:06.768 (1:04.879)			
19 Khobi Kellerman	Missouri Valley	2:07.19	1	
1:02.127 (1:02.127)	2:07.189 (1:05.063)			



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....Event 8 Men 800 Meter Run

20 Nathan Skala	Mount Mercy	2:07.48	2
59.743 (59.743)	2:07.471 (1:07.729)		
21 Jonah Heckenberg	William Penn	2:10.47	1
1:03.456 (1:03.456)	2:10.469 (1:07.014)		
22 Oscar Lopez	Mount Mercy	2:12.36	1
1:04.436 (1:04.436)	2:12.355 (1:07.920)		

Event 9 Women 1500 Meter Run

Name	Year	School	Finals	Points
Meet: M 4:37.20	2015	Katherine Dillard, Benedictine		
Facility: F 4:39.59	2014	Cassy Opitz, Minnesota		
1 Andrea Ertz		Mount Mercy	5:00.00	10
57.397 (57.397)	2:21.905 (1:24.508)	3:46.655 (1:24.751)	4:59.999 (1:13.344)	
2 Shelby Kline		Clarke	5:02.13	8
57.915 (57.915)	2:22.170 (1:24.256)	3:47.475 (1:25.305)	5:02.121 (1:14.647)	
3 Isabella Guerra		Benedictine	5:04.48	6
58.374 (58.374)	2:21.931 (1:23.557)	3:46.778 (1:24.848)	5:04.471 (1:17.693)	
4 Clare Smith		Benedictine	5:07.68	5
58.657 (58.657)	2:22.121 (1:23.464)	3:47.898 (1:25.778)	5:07.677 (1:19.779)	
5 Jessica Ertz		Mount Mercy	5:12.37	4
59.169 (59.169)	2:22.503 (1:23.334)	3:49.587 (1:27.084)	5:12.362 (1:22.776)	
6 Allison Gibson		Park U.	5:15.20	3
58.834 (58.834)	2:22.475 (1:23.641)	3:49.268 (1:26.794)	5:15.191 (1:25.923)	
7 Mary Rolwes		Benedictine	5:19.39	2
58.172 (58.172)	2:23.061 (1:24.889)	3:50.966 (1:27.905)	5:19.390 (1:28.425)	
8 Laura Martin		Benedictine	5:20.89	1
59.396 (59.396)	2:24.513 (1:25.118)	3:54.464 (1:29.951)	5:20.890 (1:26.427)	
9 Ricar Mends		Clarke	5:22.72	
55.867 (55.867)	2:22.312 (1:26.445)	3:54.836 (1:32.525)	5:22.712 (1:27.876)	
10 Zena Cohuo		William Penn	5:24.13	
58.911 (58.911)	2:24.403 (1:25.493)	3:58.621 (1:34.218)	5:24.127 (1:25.507)	
11 Marina Mercado		Clarke	5:36.10	
1:00.603 (1:00.603)	2:30.262 (1:29.660)	4:05.730 (1:35.468)	5:36.094 (1:30.365)	
12 Yaqueline Hernandez		Mount Mercy	6:10.44	
1:05.141 (1:05.141)	2:41.875 (1:36.734)	4:27.954 (1:46.079)	6:10.432 (1:42.478)	

Event 10 Men 1500 Meter Run

Name	Year	School	Finals	H#	Points
Meet: M 3:51.70	2003	James Kamua, Central Methodist			
Facility: F 4:00.84	2013	Tahir Chakisso, Iowa Central CC			
1 Duncan Gakuru		Evangel	4:05.33	2	10
48.014 (48.014)	1:56.017 (1:08.004)	3:03.326 (1:07.310)	4:05.324 (1:01.998)		
2 Ahren Davis		Grand View	4:05.54	2	8
48.205 (48.205)	1:56.134 (1:07.930)	3:03.565 (1:07.431)	4:05.532 (1:01.967)		



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3	Colin Donovan	Benedictine	4:05.80	2	6	
	48.711 (48.711)	1:56.101 (1:07.390)	3:03.760 (1:07.660)	4:05.800 (1:02.041)		
4	James Estey	Graceland	4:07.46	2	5	
	48.523 (48.523)	1:56.442 (1:07.919)	3:03.984 (1:07.543)	4:07.453 (1:03.469)		
5	Brendan Briody	Park U.	4:08.36	2	4	
	47.839 (47.839)	1:55.907 (1:08.069)	3:03.749 (1:07.843)	4:08.356 (1:04.608)		
6	Ben Huftalin	Grand View	4:08.87	1	3	
	45.058 (45.058)	1:53.065 (1:08.007)	3:02.836 (1:09.771)	4:08.866 (1:06.030)		
7	Anthony Davis	Baker	4:10.74	2	2	
	48.463 (48.463)	1:56.547 (1:08.084)	3:04.368 (1:07.821)	4:10.734 (1:06.366)		
8	Cameron Steffens	Mount Mercy	4:12.88	1	1	
	47.849 (47.849)	1:56.342 (1:08.494)	3:06.417 (1:10.075)	4:12.878 (1:06.461)		
9	Shawn Kiptoo	Central Methodist	4:13.06	2		
	48.780 (48.780)	1:56.787 (1:08.007)	3:05.752 (1:08.966)	4:13.060 (1:07.308)		
10	Juan Ballesteros	Mid America Naz	4:13.92	1		
	47.547 (47.547)	1:56.066 (1:08.520)	3:06.527 (1:10.461)	4:13.915 (1:07.389)		
11	Max Dutton	Baker	4:14.35	2		
	48.239 (48.239)	1:56.299 (1:08.061)	3:04.744 (1:08.445)	4:14.344 (1:09.601)		
12	Jimmy Slowik	Clarke	4:14.48	1		
	47.325 (47.325)	1:56.552 (1:09.227)	3:07.531 (1:10.980)	4:14.472 (1:06.941)		
13	Jonah Heckenberg	William Penn	4:15.84	2		
	49.005 (49.005)	1:57.242 (1:08.238)	3:05.812 (1:08.571)	4:15.832 (1:10.020)		
14	Khobi Kellerman	Missouri Valley	4:16.30	1		
	48.671 (48.671)	1:56.688 (1:08.017)	3:07.171 (1:10.483)	4:16.292 (1:09.121)		
15	Derrick Spicer	Mid America Naz	4:17.61	2		
	48.595 (48.595)	1:56.969 (1:08.375)	3:07.695 (1:10.726)	4:17.603 (1:09.909)		
16	Matthew Mason	Benedictine	4:19.55	2		
	49.116 (49.116)	1:58.237 (1:09.121)	3:09.971 (1:11.735)	4:19.550 (1:09.580)		
17	Ty Packard	Baker	4:25.37	1		
	48.100 (48.100)	1:57.360 (1:09.260)	3:12.185 (1:14.825)	4:25.367 (1:13.183)		
18	Axel Vazquez	William Penn	4:27.69	1		
	50.354 (50.354)	2:02.839 (1:12.486)	3:18.855 (1:16.017)	4:27.682 (1:08.827)		
19	Oscar Lopez	Mount Mercy	4:28.09	1		
	50.400 (50.400)	2:03.109 (1:12.709)	3:19.141 (1:16.033)	4:28.083 (1:08.942)		
20	Philip Joseph	Benedictine	4:33.33	2		
	48.896 (48.896)	1:57.204 (1:08.309)	3:11.224 (1:14.021)	4:33.323 (1:22.100)		
21	Jaxson Eden	Grand View	4:35.34	1		
	50.790 (50.790)	2:03.418 (1:12.628)	3:19.877 (1:16.460)	4:35.332 (1:15.455)		
22	Jared Tegeler	Mount Mercy	4:50.11	1		
	54.063 (54.063)	2:11.970 (1:17.908)	3:33.376 (1:21.406)	4:50.101 (1:16.725)		
23	Josh Scholl	Mount Mercy	5:04.42	1		
	54.176 (54.176)	2:13.834 (1:19.659)	3:39.883 (1:26.049)	5:04.412 (1:24.529)		



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Event 11 Women 5000 Meter Run

=====							
Meet: M 17:48.35		2008	Marion Kandie, Lindenwood				
Facility: F 17:45.62		2015	Obsie Birru, Unattached				
Name	Year	School	Finals		Points		
=====							
1	Vanessa Cortes	Mount Mercy	18:39.33	10			
	2:18.050 (2:18.050)	3:53.209 (1:35.159)	5:25.168 (1:31.960)	6:56.218 (1:31.050)			
	8:28.904 (1:32.687)	10:01.158 (1:32.255)	11:31.849 (1:30.691)	12:58.284 (1:26.435)			
	14:25.877 (1:27.594)	15:53.933 (1:28.056)	17:21.544 (1:27.611)	18:39.325 (1:17.781)			
2	Kelsi Huhndorf	Mount Mercy	18:39.81	8			
	2:17.904 (2:17.904)	3:53.103 (1:35.199)	5:24.833 (1:31.731)	6:55.933 (1:31.100)			
	8:28.634 (1:32.702)	10:00.886 (1:32.252)	11:32.009 (1:31.124)	12:58.460 (1:26.452)			
	14:26.066 (1:27.606)	15:54.698 (1:28.633)	17:22.077 (1:27.379)	18:39.809 (1:17.733)			
3	Sarah White	Benedictine	18:52.76	6			
	2:17.751 (2:17.751)	3:52.885 (1:35.134)	5:24.977 (1:32.092)	6:56.081 (1:31.105)			
	8:28.763 (1:32.682)	10:01.016 (1:32.253)	11:33.183 (1:32.167)	12:58.595 (1:25.413)			
	14:26.346 (1:27.751)	15:55.205 (1:28.859)	17:26.069 (1:30.865)	18:52.751 (1:26.683)			
4	Melanie Cozzi	Benedictine	18:54.55	5			
	2:18.319 (2:18.319)	3:53.293 (1:34.974)	5:25.305 (1:32.012)	6:56.376 (1:31.072)			
	8:28.992 (1:32.616)	10:01.257 (1:32.266)	11:32.993 (1:31.736)	13:01.849 (1:28.856)			
	14:31.896 (1:30.047)	16:02.755 (1:30.860)	17:33.041 (1:30.286)	18:54.547 (1:21.507)			
5	Morgan Lawson	Grand View	19:09.10	4			
	2:18.466 (2:18.466)	3:53.462 (1:34.996)	5:25.883 (1:32.422)	6:56.810 (1:30.927)			
	8:29.403 (1:32.593)	10:01.620 (1:32.217)	11:32.891 (1:31.272)	13:01.932 (1:29.041)			
	14:32.418 (1:30.486)	16:08.974 (1:36.557)	17:41.100 (1:32.126)	19:09.098 (1:27.999)			
6	Emily Chambers	Baker	19:17.09	3			
	2:18.138 (2:18.138)	3:53.275 (1:35.138)	5:24.657 (1:31.382)	6:55.770 (1:31.114)			
	8:28.494 (1:32.725)	10:00.762 (1:32.268)	11:32.709 (1:31.947)	13:01.765 (1:29.056)			
	14:32.228 (1:30.464)	16:09.627 (1:37.399)	17:45.770 (1:36.144)	19:17.081 (1:31.311)			
7	Hanna Meyer	Clarke	19:29.04	2			
	2:19.824 (2:19.824)	3:53.588 (1:33.764)	5:25.482 (1:31.895)	6:56.531 (1:31.050)			
	8:29.057 (1:32.526)	10:01.338 (1:32.282)	11:33.264 (1:31.926)	13:04.643 (1:31.380)			
	14:42.504 (1:37.862)	16:21.493 (1:38.989)	17:59.057 (1:37.565)	19:29.031 (1:29.974)			
8	Brooke Allen	Baker	19:37.19	1			
	2:22.570 (2:22.570)	3:58.097 (1:35.528)	5:31.633 (1:33.536)	7:07.070 (1:35.438)			
	8:41.612 (1:34.542)	10:16.720 (1:35.109)	11:51.013 (1:34.293)	13:25.680 (1:34.667)			
	15:01.258 (1:35.579)	16:37.542 (1:36.284)	18:11.730 (1:34.188)	19:37.181 (1:25.452)			
9	Jackie De La Fuente	Baker	19:45.42				
	2:23.255 (2:23.255)	3:57.925 (1:34.671)	5:31.598 (1:33.673)	7:07.019 (1:35.422)			
	8:41.625 (1:34.607)	10:17.209 (1:35.584)	11:50.983 (1:33.774)	13:26.537 (1:35.554)			
	15:02.277 (1:35.741)	16:39.446 (1:37.169)	18:15.987 (1:36.542)	19:45.419 (1:29.432)			
10	Chloe Greig	Grand View	19:45.46				
	2:23.015 (2:23.015)	3:58.586 (1:35.572)	5:32.861 (1:34.276)	7:08.085 (1:35.224)			
	8:41.935 (1:33.851)	10:17.394 (1:35.459)	11:51.532 (1:34.138)	13:27.468 (1:35.937)			
	15:04.060 (1:36.593)	16:40.763 (1:36.703)	18:16.737 (1:35.974)	19:45.456 (1:28.720)			
11	Claire Ronnebaum	Clarke	19:47.02				
	2:20.165 (2:20.165)	3:54.568 (1:34.403)	5:26.389 (1:31.822)	6:59.735 (1:33.346)			
	8:35.697 (1:35.963)	10:11.753 (1:36.057)	11:48.311 (1:36.558)	13:25.173 (1:36.863)			
	15:01.715 (1:36.542)	16:41.104 (1:39.390)	18:18.663 (1:37.559)	19:47.020 (1:28.358)			



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....Event 11 Women 5000 Meter Run

12	Abigail Zitter	Mid America Naz	20:01.04		
	2:23.391 (2:23.391)	3:57.232 (1:33.842)	5:32.387 (1:35.156)	7:07.873 (1:35.486)	
	8:43.166 (1:35.294)	10:19.864 (1:36.698)	11:56.304 (1:36.440)	13:33.731 (1:37.428)	
	15:12.786 (1:39.055)	16:52.352 (1:39.566)	18:31.444 (1:39.093)	20:01.033 (1:29.590)	
13	Allison Gibson	Park U.	20:03.12		
	2:22.603 (2:22.603)	3:58.188 (1:35.586)	5:32.520 (1:34.332)	7:07.944 (1:35.424)	
	8:43.546 (1:35.603)	10:20.482 (1:36.937)	11:57.929 (1:37.447)	13:36.037 (1:38.109)	
	15:15.605 (1:39.569)	16:56.412 (1:40.807)	18:34.751 (1:38.339)	20:03.114 (1:28.364)	
14	Laura Martin	Benedictine	20:11.67		
	2:25.522 (2:25.522)	4:02.052 (1:36.530)	5:40.841 (1:38.790)	7:19.556 (1:38.715)	
	8:57.445 (1:37.889)	10:34.998 (1:37.554)	12:12.174 (1:37.177)	13:50.597 (1:38.423)	
	15:28.879 (1:38.283)	17:05.971 (1:37.093)	18:42.365 (1:36.394)	20:11.663 (1:29.299)	
15	Rory Bickler	Clarke	20:29.10		
	2:25.713 (2:25.713)	3:59.896 (1:34.183)	5:36.332 (1:36.437)	7:15.407 (1:39.075)	
	8:57.132 (1:41.726)	10:36.902 (1:39.770)	12:17.909 (1:41.007)	13:57.718 (1:39.810)	
	15:37.735 (1:40.017)	17:20.637 (1:42.902)	19:01.336 (1:40.700)	20:29.092 (1:27.756)	
16	Blaise Ball	Baker	20:46.20		
	2:23.570 (2:23.570)	3:58.360 (1:34.791)	5:32.134 (1:33.774)	7:09.930 (1:37.797)	
	8:50.604 (1:40.675)	10:33.136 (1:42.532)	12:15.187 (1:42.051)	13:57.992 (1:42.806)	
	15:42.254 (1:44.262)	17:26.714 (1:44.461)	19:08.823 (1:42.110)	20:46.192 (1:37.369)	
17	Lilian Gaulrapp	Mount Mercy	21:14.97		
	2:25.338 (2:25.338)	4:01.901 (1:36.563)	5:41.515 (1:39.615)	7:22.627 (1:41.112)	
	9:05.864 (1:43.237)	10:48.792 (1:42.928)	12:32.572 (1:43.781)	14:17.410 (1:44.838)	
	16:04.228 (1:46.819)	17:51.103 (1:46.875)	19:37.485 (1:46.382)	21:14.965 (1:37.480)	
18	Rosie Santana	Baker	21:29.33		
	2:25.892 (2:25.892)	4:02.715 (1:36.824)	5:42.717 (1:40.002)	7:25.483 (1:42.766)	
	9:09.542 (1:44.060)	10:54.175 (1:44.633)	12:41.037 (1:46.863)	14:28.638 (1:47.602)	
	16:16.275 (1:47.637)	18:04.144 (1:47.870)	19:51.167 (1:47.023)	21:29.327 (1:38.160)	
--	Ceyda Nazli	Grand View	DNF		
	2:22.806 (2:22.806)	3:58.390 (1:35.584)	5:32.900 (1:34.511)	7:09.599 (1:36.699)	

Event 12 Men 5000 Meter Run

=====					
Meet:	M 14:50.69	2007	Noah Too, MidAmerica	Nazerene	
Facility:	F 14:26.84	2016	Sylvester Barus, Iowa Western	CC	
Name	Year	School	Finals	Points	
=====					
1	Liam Barnsby	Baker	15:14.95	10	
	1:55.369 (1:55.369)	3:11.682 (1:16.313)	4:27.800 (1:16.119)	5:43.398 (1:15.598)	
	6:57.771 (1:14.374)	8:13.035 (1:15.264)	9:28.431 (1:15.397)	10:42.824 (1:14.393)	
	11:56.548 (1:13.724)	13:06.854 (1:10.307)	14:14.293 (1:07.439)	15:14.946 (1:00.653)	
2	Christian Davis	Evangel	15:23.97	8	
	1:55.869 (1:55.869)	3:12.158 (1:16.289)	4:28.294 (1:16.137)	5:43.888 (1:15.594)	
	6:57.994 (1:14.107)	8:13.441 (1:15.448)	9:28.699 (1:15.258)	10:43.077 (1:14.379)	
	11:56.714 (1:13.637)	13:06.604 (1:09.891)	14:14.155 (1:07.551)	15:23.968 (1:09.814)	
3	Radovan Kemboi	Central Methodist	15:31.18	6	
	1:55.786 (1:55.786)	3:11.638 (1:15.853)	4:27.773 (1:16.135)	5:43.413 (1:15.640)	
	6:57.565 (1:14.153)	8:12.971 (1:15.407)	9:28.313 (1:15.342)	10:42.696 (1:14.384)	
	11:56.453 (1:13.757)	13:08.974 (1:12.522)	14:22.263 (1:13.289)	15:31.177 (1:08.915)	



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....Event 12 Men 5000 Meter Run

4	Blake Nichols	Baker	15:34.30	5
	1:56.232 (1:56.232)	3:12.623 (1:16.392)	4:28.441 (1:15.819)	5:44.189 (1:15.748)
	6:58.174 (1:13.986)	8:13.742 (1:15.569)	9:29.360 (1:15.618)	10:43.846 (1:14.487)
	11:58.372 (1:14.527)	13:12.729 (1:14.357)	14:27.164 (1:14.435)	15:34.291 (1:07.128)
5	Caleb Wright	Baker	15:34.38	4
	1:55.093 (1:55.093)	3:11.389 (1:16.297)	4:27.545 (1:16.157)	5:43.164 (1:15.619)
	6:57.486 (1:14.323)	8:12.760 (1:15.274)	9:28.156 (1:15.397)	10:42.560 (1:14.404)
	11:56.293 (1:13.733)	13:10.015 (1:13.723)	14:24.217 (1:14.202)	15:34.377 (1:10.161)
6	Trevor Albert	Grand View	15:39.97	3
	1:55.658 (1:55.658)	3:11.905 (1:16.248)	4:28.034 (1:16.129)	5:43.644 (1:15.610)
	6:57.849 (1:14.206)	8:13.219 (1:15.370)	9:28.637 (1:15.419)	10:43.192 (1:14.555)
	11:57.566 (1:14.374)	13:13.124 (1:15.558)	14:28.745 (1:15.622)	15:39.961 (1:11.217)
7	Nathan Straubel	Park U.	15:42.13	2
	1:55.993 (1:55.993)	3:12.090 (1:16.098)	4:28.161 (1:16.072)	5:43.994 (1:15.833)
	6:57.680 (1:13.687)	8:13.149 (1:15.469)	9:28.469 (1:15.320)	10:42.918 (1:14.449)
	11:57.921 (1:15.004)	13:14.671 (1:16.750)	14:32.168 (1:17.498)	15:42.127 (1:09.960)
8	James Estey	Graceland	15:45.27	1
	1:56.928 (1:56.928)	3:12.955 (1:16.028)	4:29.061 (1:16.107)	5:44.544 (1:15.483)
	6:58.599 (1:14.056)	8:14.036 (1:15.438)	9:29.557 (1:15.522)	10:45.107 (1:15.550)
	12:02.174 (1:17.068)	13:18.064 (1:15.890)	14:33.704 (1:15.640)	15:45.262 (1:11.558)
9	Shawn Kiptoo	Central Methodist	15:48.17	
	1:55.984 (1:55.984)	3:12.324 (1:16.340)	4:28.590 (1:16.267)	5:44.402 (1:15.813)
	6:58.074 (1:13.672)	8:13.460 (1:15.387)	9:28.929 (1:15.469)	10:43.430 (1:14.502)
	11:59.055 (1:15.625)	13:18.312 (1:19.257)	14:36.058 (1:17.746)	15:48.168 (1:12.111)
10	Jacob Cofer	Baker	15:49.27	
	1:56.858 (1:56.858)	3:13.425 (1:16.568)	4:29.264 (1:15.839)	5:44.826 (1:15.563)
	6:59.174 (1:14.348)	8:14.330 (1:15.157)	9:29.841 (1:15.512)	10:44.521 (1:14.680)
	12:02.546 (1:18.025)	13:20.639 (1:18.094)	14:37.176 (1:16.538)	15:49.262 (1:12.086)
11	Cameron Steffens	Mount Mercy	15:53.63	
	1:57.137 (1:57.137)	3:13.634 (1:16.498)	4:29.644 (1:16.010)	5:45.414 (1:15.770)
	6:59.476 (1:14.063)	8:15.156 (1:15.680)	9:31.895 (1:16.739)	10:49.849 (1:17.955)
	12:08.947 (1:19.099)	13:27.101 (1:18.154)	14:44.270 (1:17.170)	15:53.630 (1:09.360)
12	Brendan Briody	Park U.	15:56.14	
	1:55.569 (1:55.569)	3:11.822 (1:16.253)	4:27.916 (1:16.095)	5:43.729 (1:15.813)
	6:58.259 (1:14.530)	8:13.705 (1:15.447)	9:29.185 (1:15.480)	10:44.844 (1:15.659)
	12:03.247 (1:18.404)	13:23.716 (1:20.470)	14:42.693 (1:18.977)	15:56.131 (1:13.438)
13	William Scavuzzo	Benedictine	16:02.97	
	1:56.687 (1:56.687)	3:12.863 (1:16.177)	4:29.359 (1:16.496)	5:44.569 (1:15.210)
	6:58.911 (1:14.343)	8:14.857 (1:15.947)	9:31.288 (1:16.432)	10:49.422 (1:18.134)
	12:08.687 (1:19.266)	13:28.428 (1:19.741)	14:50.010 (1:21.582)	16:02.969 (1:12.959)
14	Nick Wakefield	Grand View	16:12.60	
	1:56.587 (1:56.587)	3:12.865 (1:16.279)	4:28.874 (1:16.009)	5:44.787 (1:15.914)
	6:59.785 (1:14.998)	8:16.777 (1:16.993)	9:34.274 (1:17.498)	10:53.485 (1:19.211)
	12:13.227 (1:19.742)	13:34.741 (1:21.515)	14:55.105 (1:20.365)	16:12.596 (1:17.491)
15	Adam Preston	Baker	16:17.05	
	1:56.382 (1:56.382)	3:12.375 (1:15.994)	4:28.536 (1:16.162)	5:44.320 (1:15.784)
	6:59.546 (1:15.227)	8:18.317 (1:18.771)	9:37.593 (1:19.276)	10:59.466 (1:21.873)
	12:22.090 (1:22.625)	13:43.253 (1:21.163)	15:05.153 (1:21.901)	16:17.047 (1:11.895)



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16	Johann Hudson	Park U.	16:18.47				
	1:57.124 (1:57.124)	3:14.245 (1:17.121)	4:31.414 (1:17.169)	5:47.005 (1:15.592)			
	7:04.987 (1:17.983)	8:24.862 (1:19.876)	9:45.317 (1:20.455)	11:05.515 (1:20.199)			
	12:25.867 (1:20.352)	13:45.976 (1:20.110)	15:05.104 (1:19.129)	16:18.467 (1:13.363)			
17	Ben Lamparek	Baker	16:19.15				
	1:57.222 (1:57.222)	3:13.858 (1:16.637)	4:30.840 (1:16.983)	5:45.979 (1:15.139)			
	7:04.157 (1:18.179)	8:22.294 (1:18.138)	9:42.990 (1:20.696)	11:05.090 (1:22.101)			
	12:24.852 (1:19.762)	13:45.167 (1:20.316)	15:04.531 (1:19.364)	16:19.147 (1:14.617)			
18	Christopher Griese	Mid America Naz	16:43.28				
	1:57.413 (1:57.413)	3:15.145 (1:17.733)	4:34.486 (1:19.341)	5:56.399 (1:21.913)			
	7:18.029 (1:21.631)	8:42.528 (1:24.499)	10:02.089 (1:19.561)	11:24.234 (1:22.146)			
	12:46.018 (1:21.785)	14:09.086 (1:23.068)	15:30.223 (1:21.137)	16:43.275 (1:13.053)			
19	William De Jesus	William Penn	16:50.45				
	1:57.860 (1:57.860)	3:13.835 (1:15.975)	4:29.869 (1:16.034)	5:46.598 (1:16.730)			
	7:04.676 (1:18.078)	8:26.810 (1:22.135)	9:50.294 (1:23.484)	11:13.753 (1:23.459)			
	12:39.945 (1:26.193)	14:05.438 (1:25.493)	15:31.192 (1:25.755)	16:50.448 (1:19.256)			
20	Brandon Latting	Grand View	16:55.81				
	1:57.609 (1:57.609)	3:15.582 (1:17.974)	4:34.211 (1:18.629)	5:55.914 (1:21.703)			
	7:17.725 (1:21.812)	8:42.278 (1:24.553)	10:04.030 (1:21.752)	11:29.358 (1:25.329)			
	12:54.178 (1:24.821)	14:19.088 (1:24.910)	15:43.445 (1:24.357)	16:55.806 (1:12.362)			
21	Isaac Knockel	William Penn	16:56.01				
	1:57.527 (1:57.527)	3:14.168 (1:16.641)	4:30.534 (1:16.367)	5:47.295 (1:16.761)			
	7:04.956 (1:17.661)	8:28.908 (1:23.953)	9:52.936 (1:24.028)	11:19.821 (1:26.885)			
	12:46.476 (1:26.655)	14:15.796 (1:29.321)	15:41.708 (1:25.912)	16:56.006 (1:14.299)			
--	Ahren Davis	Grand View	DNF				
	1:56.829 (1:56.829)	3:13.590 (1:16.761)	4:29.764 (1:16.174)	5:45.885 (1:16.122)			
	7:02.886 (1:17.001)	8:25.289 (1:22.403)					
--	Isaiah Wittrock	Grand View	DNF				
	1:56.420 (1:56.420)	3:13.121 (1:16.701)	4:28.995 (1:15.874)	5:45.084 (1:16.089)			
	7:02.721 (1:17.638)	8:25.005 (1:22.285)					
--	Ben Huftalin	Grand View	DNF				
	1:56.285 (1:56.285)	3:12.715 (1:16.430)	4:28.799 (1:16.084)	5:45.142 (1:16.344)			
	7:02.492 (1:17.350)	8:25.057 (1:22.566)					

Event 13 Women 10000 Meter Run

=====							
	Meet:	M 37:58.39	2002	Chasity Hank,	Central Methodist		
	Facility:	F 35:46.23	2015	Obsie Birru,	Unattached		
	Name		Year School		Finals	Points	
=====							
1	Sarah White		Benedictine		38:38.14	10	
	1:28.818 (1:28.818)	3:01.400 (1:32.582)	4:34.077 (1:32.677)	6:05.095 (1:31.018)			
	7:36.015 (1:30.920)	9:08.610 (1:32.596)	10:41.400 (1:32.790)	12:14.150 (1:32.750)			
	13:47.055 (1:32.906)	15:20.407 (1:33.352)	16:53.012 (1:32.605)	18:26.746 (1:33.735)			
	19:58.433 (1:31.687)	21:30.059 (1:31.627)	23:04.502 (1:34.443)	24:38.279 (1:33.778)			
	26:13.604 (1:35.325)	27:38.769 (1:25.166)	29:11.536 (1:32.767)	30:45.773 (1:34.238)			
	32:22.555 (1:36.782)	33:58.814 (1:36.260)	35:33.750 (1:34.936)	37:07.727 (1:33.978)			
	38:38.139 (1:30.413)						



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....Event 13 Women 10000 Meter Run

2	Emily Chambers	Baker	38:47.56	8	
	1:29.335 (1:29.335)	3:01.698 (1:32.363)	4:34.293 (1:32.596)	6:05.300 (1:31.007)	
	7:35.629 (1:30.329)	9:06.914 (1:31.285)	10:38.337 (1:31.423)	12:11.268 (1:32.932)	
	13:45.085 (1:33.817)	15:17.008 (1:31.924)	16:50.482 (1:33.474)	18:22.954 (1:32.473)	
	19:55.861 (1:32.907)	21:29.646 (1:33.786)	23:04.194 (1:34.548)	24:37.988 (1:33.795)	
	26:13.276 (1:35.288)	27:47.280 (1:34.004)	29:21.455 (1:34.176)	30:58.259 (1:36.804)	
	32:33.806 (1:35.548)	34:08.291 (1:34.485)	35:43.877 (1:35.587)	37:19.257 (1:35.380)	
	38:47.556 (1:28.300)				
3	Vanessa Cortes	Mount Mercy	39:20.37	6	
	1:29.392 (1:29.392)	3:01.749 (1:32.357)	4:34.384 (1:32.636)	6:04.645 (1:30.261)	
	7:35.418 (1:30.774)	9:06.844 (1:31.426)	10:38.282 (1:31.438)	12:10.974 (1:32.693)	
	13:44.823 (1:33.849)	15:16.687 (1:31.864)	16:50.091 (1:33.405)	18:22.396 (1:32.305)	
	19:54.943 (1:32.547)	21:29.356 (1:34.413)	23:03.786 (1:34.431)	24:37.744 (1:33.959)	
	26:12.868 (1:35.124)	27:46.592 (1:33.724)	29:20.649 (1:34.058)	30:57.932 (1:37.284)	
	32:36.738 (1:38.806)	34:19.045 (1:42.308)	36:03.195 (1:44.150)	37:44.500 (1:41.306)	
	39:20.369 (1:35.869)				
4	Lisa Sauter	Central Methodist	39:48.21	5	
	1:29.095 (1:29.095)	3:01.390 (1:32.295)	4:34.071 (1:32.681)	6:06.616 (1:32.546)	
	7:41.287 (1:34.671)	9:15.250 (1:33.964)	10:50.332 (1:35.083)	12:25.212 (1:34.880)	
	14:00.643 (1:35.432)	15:36.381 (1:35.739)	17:12.240 (1:35.859)	18:47.936 (1:35.697)	
	20:23.916 (1:35.980)	22:01.140 (1:37.225)	23:38.377 (1:37.237)	25:15.573 (1:37.197)	
	26:53.019 (1:37.446)	28:30.077 (1:37.058)	30:07.985 (1:37.909)	31:46.762 (1:38.777)	
	33:25.086 (1:38.325)	35:03.593 (1:38.507)	36:44.049 (1:40.456)	38:23.165 (1:39.117)	
	39:48.208 (1:25.043)				
5	Elizabeth Krohn	Mid America Naz	39:52.60	4	
	1:30.447 (1:30.447)	3:04.199 (1:33.753)	4:39.263 (1:35.064)	6:14.338 (1:35.076)	
	7:51.324 (1:36.986)	9:26.199 (1:34.876)	11:02.075 (1:35.877)	12:38.744 (1:36.669)	
	14:14.247 (1:35.504)	15:50.145 (1:35.899)	17:27.371 (1:37.227)	19:04.701 (1:37.330)	
	20:41.575 (1:36.874)	22:18.222 (1:36.648)	23:54.373 (1:36.151)	25:30.809 (1:36.437)	
	27:06.966 (1:36.157)	28:44.036 (1:37.070)	30:22.068 (1:38.033)	31:59.822 (1:37.754)	
	33:37.092 (1:37.270)	35:15.093 (1:38.002)	36:52.459 (1:37.366)	38:27.369 (1:34.911)	
	39:52.592 (1:25.223)				
6	Hanna Meyer	Clarke	40:58.86	3	
	1:31.577 (1:31.577)	3:09.445 (1:37.869)	4:43.419 (1:33.974)	6:20.505 (1:37.086)	
	7:58.639 (1:38.135)	9:36.528 (1:37.889)	11:12.604 (1:36.077)	12:49.069 (1:36.465)	
	14:27.597 (1:38.528)	16:07.226 (1:39.630)	17:46.367 (1:39.141)	19:23.299 (1:36.933)	
	21:02.618 (1:39.319)	22:41.915 (1:39.298)	24:20.441 (1:38.526)	26:01.835 (1:41.395)	
	27:42.145 (1:40.310)	29:23.336 (1:41.192)	31:04.682 (1:41.346)	32:44.812 (1:40.131)	
	34:26.377 (1:41.565)	36:07.297 (1:40.920)	37:47.508 (1:40.211)	39:26.920 (1:39.413)	
	40:58.855 (1:31.935)				
7	Brooke Allen	Baker	41:07.72	2	
	1:30.749 (1:30.749)	3:04.464 (1:33.716)	4:39.564 (1:35.101)	6:14.059 (1:34.495)	
	7:51.093 (1:37.034)	9:25.894 (1:34.802)	11:01.775 (1:35.882)	12:38.443 (1:36.668)	
	14:14.577 (1:36.135)	15:50.809 (1:36.232)	17:30.066 (1:39.257)	19:11.187 (1:41.122)	
	20:53.309 (1:42.123)	22:35.707 (1:42.399)	24:16.518 (1:40.811)	25:57.937 (1:41.420)	
	27:40.290 (1:42.353)	29:22.765 (1:42.475)	31:05.064 (1:42.300)	32:45.808 (1:40.744)	
	34:27.108 (1:41.300)	36:10.183 (1:43.076)	37:51.931 (1:41.748)	39:33.390 (1:41.460)	
	41:07.716 (1:34.326)				



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....Event 13 Women 10000 Meter Run

8	Laura Harder	Graceland	41:41.55	1
	1:33.606 (1:33.606)	3:10.792 (1:37.186)	4:49.341 (1:38.549)	6:29.604 (1:40.264)
	8:09.045 (1:39.442)	9:49.566 (1:40.521)	11:29.939 (1:40.374)	13:12.189 (1:42.250)
	14:55.621 (1:43.433)	16:39.378 (1:43.757)	18:23.232 (1:43.854)	20:05.313 (1:42.081)
	21:45.877 (1:40.564)	23:27.082 (1:41.206)	25:08.756 (1:41.675)	26:51.526 (1:42.771)
	28:32.277 (1:40.751)	30:14.507 (1:42.231)	31:57.200 (1:42.693)	33:37.752 (1:40.552)
	35:17.678 (1:39.927)	36:55.964 (1:38.286)	38:34.609 (1:38.646)	40:11.674 (1:37.065)
	41:41.545 (1:29.872)			
9	Claire Ronnebaum	Clarke	42:05.08	
	1:32.106 (1:32.106)	3:10.317 (1:38.212)	4:45.459 (1:35.143)	6:21.873 (1:36.414)
	7:59.834 (1:37.961)	9:37.579 (1:37.745)	11:13.577 (1:35.999)	12:51.610 (1:38.033)
	14:30.943 (1:39.334)	16:12.144 (1:41.202)	17:53.832 (1:41.688)	19:34.864 (1:41.032)
	21:17.289 (1:42.425)	23:01.718 (1:44.430)	24:45.230 (1:43.512)	26:27.596 (1:42.367)
	28:11.109 (1:43.513)	29:54.561 (1:43.453)	31:39.363 (1:44.802)	33:24.098 (1:44.736)
	35:11.230 (1:47.132)	36:58.029 (1:46.799)	38:44.582 (1:46.554)	40:29.888 (1:45.306)
	42:05.074 (1:35.187)			
10	Zoie Counts	Baker	42:07.65	
	1:31.003 (1:31.003)	3:05.606 (1:34.604)	4:42.404 (1:36.798)	6:20.051 (1:37.647)
	7:58.112 (1:38.062)	9:35.948 (1:37.836)	11:13.883 (1:37.935)	12:52.519 (1:38.637)
	14:31.715 (1:39.196)	16:12.803 (1:41.089)	17:53.531 (1:40.728)	19:34.266 (1:40.736)
	21:16.347 (1:42.081)	22:58.571 (1:42.224)	24:40.807 (1:42.236)	26:24.746 (1:43.940)
	28:10.009 (1:45.263)	29:55.293 (1:45.285)	31:39.663 (1:44.370)	33:24.369 (1:44.706)
	35:11.561 (1:47.192)	36:58.342 (1:46.782)	38:44.025 (1:45.683)	40:28.788 (1:44.764)
	42:07.647 (1:38.859)			
11	Jordan Smith	Baker	43:03.11	
	1:35.488 (1:35.488)	3:16.641 (1:41.154)	5:00.251 (1:43.610)	6:43.733 (1:43.483)
	8:25.924 (1:42.191)	10:07.224 (1:41.301)	11:49.943 (1:42.719)	13:33.859 (1:43.916)
	15:18.749 (1:44.891)	17:02.690 (1:43.941)	18:47.501 (1:44.811)	20:32.849 (1:45.349)
	22:18.713 (1:45.865)	24:03.166 (1:44.453)	25:47.934 (1:44.769)	27:31.917 (1:43.984)
	29:15.131 (1:43.215)	31:00.801 (1:45.670)	32:45.512 (1:44.712)	34:28.739 (1:43.228)
	36:13.608 (1:44.869)	37:59.641 (1:46.034)	39:45.138 (1:45.497)	41:28.393 (1:43.256)
	43:03.102 (1:34.709)			
12	Rory Bickler	Clarke	43:11.85	
	1:33.263 (1:33.263)	3:11.037 (1:37.774)	4:48.487 (1:37.450)	6:28.559 (1:40.073)
	8:08.740 (1:40.182)	9:49.269 (1:40.529)	11:30.458 (1:41.190)	13:13.244 (1:42.786)
	14:58.248 (1:45.005)	16:44.598 (1:46.351)	18:29.208 (1:44.610)	20:17.114 (1:47.907)
	22:05.209 (1:48.095)	23:55.242 (1:50.033)	25:42.522 (1:47.280)	27:30.272 (1:47.751)
	29:19.043 (1:48.771)	31:06.199 (1:47.156)	32:53.493 (1:47.295)	34:41.905 (1:48.412)
	36:30.342 (1:48.438)	38:15.149 (1:44.808)	40:00.067 (1:44.918)	41:44.461 (1:44.394)
	43:11.850 (1:27.389)			
13	Chloe Greig	Grand View	43:36.83	
	1:31.178 (1:31.178)	3:05.858 (1:34.681)	4:42.579 (1:36.721)	6:20.243 (1:37.664)
	7:58.366 (1:38.124)	9:36.256 (1:37.890)	11:14.393 (1:38.137)	12:54.684 (1:40.292)
	14:40.628 (1:45.945)	16:28.373 (1:47.745)	18:16.220 (1:47.847)	20:01.255 (1:45.036)
	21:46.236 (1:44.982)	23:34.002 (1:47.766)	25:22.804 (1:48.803)	27:12.526 (1:49.723)
	29:03.396 (1:50.870)	30:56.023 (1:52.627)	32:46.117 (1:50.095)	34:35.999 (1:49.883)
	36:27.117 (1:51.118)	38:16.817 (1:49.700)	40:07.985 (1:51.169)	41:55.627 (1:47.642)
	43:36.825 (1:41.199)			



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14 Michelle Polczynski	Benedictine	47:58.85
1:35.476 (1:35.476)	3:16.543 (1:41.068)	5:00.232 (1:43.689)
8:29.348 (1:45.540)	10:20.045 (1:50.698)	12:12.206 (1:52.162)
15:59.908 (1:54.823)	17:55.753 (1:55.845)	19:51.067 (1:55.315)
23:48.323 (1:58.818)	25:49.844 (2:01.522)	27:50.495 (2:00.651)
31:53.146 (2:02.570)	33:55.816 (2:02.671)	35:56.919 (2:01.103)
40:04.078 (2:02.615)	42:05.019 (2:00.942)	44:07.463 (2:02.444)
47:58.848 (1:51.289)		46:07.560 (2:00.097)

Event 14 Men 10000 Meter Run

Meet: M 31:03.76		2005	Soimo Kiplagat, Lindenwood	
Facility: F 31:05.21		2014	Frankline Tonui, Iowa Central CC	
Name	Year	School	Finals	Points
=====				
1 Liam Barnsby		Baker	31:30.08	10
1:14.558 (1:14.558)	2:30.431 (1:15.873)	3:44.200 (1:13.769)	4:59.956 (1:15.757)	
6:17.274 (1:17.318)	7:35.200 (1:17.927)	8:51.649 (1:16.449)	10:08.912 (1:17.263)	
11:25.125 (1:16.214)	12:41.298 (1:16.173)	13:57.636 (1:16.338)	15:14.633 (1:16.998)	
16:32.351 (1:17.718)	17:48.658 (1:16.308)	19:05.581 (1:16.923)	20:22.766 (1:17.186)	
21:39.958 (1:17.193)	22:56.556 (1:16.598)	24:12.165 (1:15.609)	25:28.296 (1:16.132)	
26:44.973 (1:16.678)	28:02.964 (1:17.991)	29:18.886 (1:15.922)	30:30.273 (1:11.387)	
31:30.073 (59.801)				
2 Blake Nichols		Baker	31:38.40	8
1:14.769 (1:14.769)	2:30.679 (1:15.910)	3:44.789 (1:14.111)	5:00.465 (1:15.677)	
6:17.666 (1:17.201)	7:35.215 (1:17.550)	8:51.386 (1:16.172)	10:08.756 (1:17.370)	
11:25.040 (1:16.285)	12:41.243 (1:16.204)	13:57.598 (1:16.356)	15:14.696 (1:17.098)	
16:32.337 (1:17.642)	17:48.590 (1:16.253)	19:05.657 (1:17.067)	20:23.062 (1:17.406)	
21:40.222 (1:17.161)	22:56.668 (1:16.446)	24:12.247 (1:15.580)	25:28.540 (1:16.293)	
26:45.140 (1:16.601)	28:03.141 (1:18.002)	29:18.934 (1:15.793)	30:31.563 (1:12.630)	
31:38.396 (1:06.833)				
3 Radovan Kemboi		Central Methodist	31:41.67	6
1:14.309 (1:14.309)	2:30.956 (1:16.648)	3:45.071 (1:14.116)	5:00.752 (1:15.681)	
6:17.956 (1:17.205)	7:35.706 (1:17.750)	8:51.886 (1:16.181)	10:09.129 (1:17.243)	
11:25.356 (1:16.228)	12:41.411 (1:16.056)	13:57.869 (1:16.458)	15:14.861 (1:16.993)	
16:32.596 (1:17.735)	17:48.886 (1:16.290)	19:05.826 (1:16.941)	20:22.822 (1:16.997)	
21:39.992 (1:17.170)	22:56.344 (1:16.353)	24:11.965 (1:15.621)	25:28.116 (1:16.152)	
26:45.057 (1:16.942)	28:02.979 (1:17.922)	29:19.278 (1:16.300)	30:32.824 (1:13.547)	
31:41.670 (1:08.846)				
4 Shawn Kiptoo		Central Methodist	31:45.33	5
1:14.981 (1:14.981)	2:31.285 (1:16.305)	3:44.472 (1:13.187)	5:00.200 (1:15.729)	
6:17.519 (1:17.319)	7:35.475 (1:17.957)	8:51.621 (1:16.146)	10:09.116 (1:17.495)	
11:25.349 (1:16.234)	12:41.454 (1:16.105)	13:57.820 (1:16.366)	15:14.941 (1:17.122)	
16:32.613 (1:17.673)	17:48.796 (1:16.184)	19:05.861 (1:17.065)	20:23.321 (1:17.461)	
21:40.430 (1:17.110)	22:56.859 (1:16.429)	24:12.554 (1:15.696)	25:29.001 (1:16.448)	
26:45.572 (1:16.571)	28:03.075 (1:17.503)	29:19.110 (1:16.036)	30:31.080 (1:11.971)	
31:45.323 (1:14.243)				



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....Event 14 Men 10000 Meter Run

5	Caleb Wright		Baker		31:47.49	4	
	1:14.972 (1:14.972)	2:31.416 (1:16.445)	3:45.565 (1:14.149)	5:01.279 (1:15.714)			
	6:18.481 (1:17.203)	7:36.228 (1:17.747)	8:52.431 (1:16.204)	10:09.386 (1:16.955)			
	11:25.629 (1:16.244)	12:41.679 (1:16.050)	13:58.069 (1:16.390)	15:15.177 (1:17.109)			
	16:32.881 (1:17.705)	17:49.050 (1:16.169)	19:06.105 (1:17.055)	20:23.121 (1:17.017)			
	21:40.494 (1:17.374)	22:56.812 (1:16.318)	24:12.449 (1:15.637)	25:28.793 (1:16.345)			
	26:45.315 (1:16.522)	28:03.355 (1:18.041)	29:19.456 (1:16.102)	30:33.965 (1:14.509)			
	31:47.481 (1:13.516)						
6	Jacob Cofer		Baker		32:43.93	3	
	1:14.472 (1:14.472)	2:31.179 (1:16.707)	3:45.326 (1:14.148)	5:01.032 (1:15.706)			
	6:18.212 (1:17.181)	7:35.992 (1:17.781)	8:52.226 (1:16.234)	10:09.637 (1:17.411)			
	11:25.964 (1:16.328)	12:42.230 (1:16.266)	14:00.026 (1:17.797)	15:20.537 (1:20.512)			
	16:41.641 (1:21.104)	18:02.405 (1:20.764)	19:22.932 (1:20.528)	20:45.130 (1:22.198)			
	22:07.068 (1:21.938)	23:28.705 (1:21.637)	24:48.986 (1:20.281)	26:09.273 (1:20.288)			
	27:31.093 (1:21.820)	28:52.943 (1:21.850)	30:13.902 (1:20.960)	31:31.352 (1:17.450)			
	32:43.930 (1:12.579)						
7	Nathan Straubel		Park U.		33:25.33	2	
	1:13.552 (1:13.552)	2:30.155 (1:16.604)	3:44.025 (1:13.871)	4:59.778 (1:15.753)			
	6:17.164 (1:17.387)	7:35.443 (1:18.279)	8:51.929 (1:16.486)	10:09.398 (1:17.470)			
	11:25.784 (1:16.386)	12:44.201 (1:18.418)	14:06.746 (1:22.545)	15:27.108 (1:20.363)			
	16:50.562 (1:23.454)	18:15.315 (1:24.754)	19:39.766 (1:24.451)	21:04.031 (1:24.265)			
	22:29.649 (1:25.619)	23:54.969 (1:25.321)	25:20.240 (1:25.271)	26:43.947 (1:23.707)			
	28:03.660 (1:19.714)	29:20.436 (1:16.777)	30:41.944 (1:21.508)	32:05.571 (1:23.627)			
	33:25.329 (1:19.759)						
8	Christopher Griese		Mid America Naz		33:57.11	1	
	1:15.294 (1:15.294)	2:31.687 (1:16.393)	3:45.819 (1:14.133)	5:01.632 (1:15.813)			
	6:19.505 (1:17.874)	7:39.212 (1:19.707)	8:59.289 (1:20.077)	10:21.423 (1:22.134)			
	11:43.543 (1:22.121)	13:05.892 (1:22.349)	14:29.623 (1:23.731)	15:54.152 (1:24.530)			
	17:17.482 (1:23.330)	18:40.533 (1:23.052)	20:03.223 (1:22.690)	21:26.104 (1:22.881)			
	22:49.467 (1:23.364)	24:12.425 (1:22.958)	25:36.669 (1:24.245)	27:04.274 (1:27.605)			
	28:32.151 (1:27.877)	29:57.693 (1:25.543)	31:20.401 (1:22.708)	32:42.252 (1:21.852)			
	33:57.101 (1:14.849)						
9	Chase Kress		Mount Mercy		34:08.83		
	1:20.068 (1:20.068)	2:42.990 (1:22.922)	4:06.164 (1:23.174)	5:25.321 (1:19.158)			
	6:47.352 (1:22.032)	8:10.619 (1:23.268)	9:32.103 (1:21.484)	10:52.919 (1:20.817)			
	12:14.896 (1:21.977)	13:37.401 (1:22.505)	14:59.508 (1:22.108)	16:22.738 (1:23.230)			
	17:44.259 (1:21.521)	19:06.527 (1:22.269)	20:28.285 (1:21.759)	21:51.576 (1:23.292)			
	23:14.870 (1:23.294)	24:37.368 (1:22.498)	25:59.918 (1:22.550)	27:23.252 (1:23.334)			
	28:45.767 (1:22.516)	30:08.121 (1:22.354)	31:30.108 (1:21.988)	32:51.493 (1:21.385)			
	34:08.821 (1:17.329)						
10	Andrew Figueoa		Park U.		35:01.85		
	1:18.410 (1:18.410)	2:42.588 (1:24.179)	4:05.280 (1:22.692)	5:24.738 (1:19.459)			
	6:47.035 (1:22.297)	8:10.277 (1:23.242)	9:31.879 (1:21.603)	10:52.612 (1:20.733)			
	12:14.580 (1:21.969)	13:36.897 (1:22.317)	14:59.016 (1:22.120)	16:22.426 (1:23.410)			
	17:44.524 (1:22.098)	19:06.816 (1:22.293)	20:28.637 (1:21.821)	21:52.441 (1:23.805)			
	23:18.896 (1:26.455)	24:48.795 (1:29.900)	26:17.135 (1:28.340)	27:43.553 (1:26.419)			
	29:15.087 (1:31.534)	30:45.996 (1:30.910)	32:15.522 (1:29.526)	33:43.379 (1:27.857)			
	35:01.843 (1:18.464)						



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....Event 14 Men 10000 Meter Run

11	Seth Kilborn		Grand View		35:10.48				
	1:20.424 (1:20.424)	2:43.311 (1:22.888)	4:06.641 (1:23.330)	5:28.268 (1:21.628)					
	6:52.683 (1:24.415)	8:17.828 (1:25.146)	9:43.542 (1:25.714)	11:08.227 (1:24.686)					
	12:33.759 (1:25.532)	13:59.215 (1:25.457)	15:25.373 (1:26.158)	16:51.718 (1:26.346)					
	18:17.310 (1:25.592)	19:43.032 (1:25.723)	21:09.512 (1:26.480)	22:35.633 (1:26.122)					
	24:01.440 (1:25.807)	25:27.970 (1:26.531)	26:53.534 (1:25.564)	28:19.465 (1:25.931)					
	29:45.513 (1:26.048)	31:11.033 (1:25.520)	32:35.101 (1:24.069)	33:57.147 (1:22.046)					
	35:10.477 (1:13.331)								
12	Chris Hatch		Grand View		35:18.28				
	1:18.163 (1:18.163)	2:42.325 (1:24.162)	4:05.557 (1:23.233)	5:24.985 (1:19.428)					
	6:47.108 (1:22.124)	8:10.383 (1:23.276)	9:32.167 (1:21.784)	10:53.063 (1:20.897)					
	12:15.220 (1:22.157)	13:38.075 (1:22.856)	15:01.024 (1:22.949)	16:28.285 (1:27.261)					
	17:55.382 (1:27.098)	19:22.114 (1:26.732)	20:51.632 (1:29.518)	22:20.251 (1:28.620)					
	23:49.676 (1:29.425)	25:18.108 (1:28.433)	26:45.953 (1:27.845)	28:11.952 (1:25.999)					
	29:39.014 (1:27.063)	31:07.696 (1:28.683)	32:32.660 (1:24.965)	33:54.778 (1:22.118)					
	35:18.271 (1:23.493)								
13	Gonzalo Gaytan		Grand View		36:14.86				
	1:21.177 (1:21.177)	2:43.731 (1:22.554)	4:07.211 (1:23.481)	5:28.629 (1:21.419)					
	6:52.966 (1:24.337)	8:17.541 (1:24.575)	9:43.242 (1:25.702)	11:07.915 (1:24.674)					
	12:33.499 (1:25.584)	13:59.729 (1:26.230)	15:25.855 (1:26.127)	16:52.024 (1:26.170)					
	18:16.924 (1:24.901)	19:43.816 (1:26.892)	21:13.854 (1:30.038)	22:43.169 (1:29.316)					
	24:14.554 (1:31.385)	25:47.118 (1:32.564)	27:21.677 (1:34.560)	28:54.974 (1:33.298)					
	30:21.000 (1:26.026)	31:48.781 (1:27.781)	33:19.774 (1:30.994)	34:50.416 (1:30.642)					
	36:14.851 (1:24.435)								
14	Zy'Shonne Cowans		Central Methodist		36:22.89				
	1:24.496 (1:24.496)	2:48.031 (1:23.536)	4:11.627 (1:23.596)	5:34.084 (1:22.458)					
	6:59.482 (1:25.398)	8:24.497 (1:25.015)	9:50.903 (1:26.407)	11:14.799 (1:23.897)					
	12:38.820 (1:24.021)	14:04.761 (1:25.942)	15:29.886 (1:25.126)	16:54.608 (1:24.722)					
	18:21.504 (1:26.896)	19:49.130 (1:27.627)	21:18.849 (1:29.720)	22:49.756 (1:30.907)					
	24:21.927 (1:32.171)	25:55.389 (1:33.463)	27:24.211 (1:28.823)	28:54.277 (1:30.066)					
	30:24.583 (1:30.306)	31:57.682 (1:33.099)	33:26.290 (1:28.609)	34:54.824 (1:28.535)					
	36:22.888 (1:28.064)								
15	Kirk Leach		Grand View		36:26.82				
	1:24.187 (1:24.187)	2:47.692 (1:23.505)	4:11.008 (1:23.317)	5:33.760 (1:22.753)					
	6:59.213 (1:25.453)	8:24.429 (1:25.217)	9:51.164 (1:26.736)	11:14.961 (1:23.797)					
	12:40.438 (1:25.478)	14:07.780 (1:27.343)	15:35.389 (1:27.609)	17:03.012 (1:27.623)					
	18:30.246 (1:27.235)	19:58.953 (1:28.708)	21:26.708 (1:27.755)	22:56.781 (1:30.074)					
	24:26.814 (1:30.033)	25:55.895 (1:29.081)	27:23.887 (1:27.993)	28:54.164 (1:30.277)					
	30:26.247 (1:32.083)	32:04.022 (1:37.776)	33:36.716 (1:32.695)	35:06.310 (1:29.594)					
	36:26.814 (1:20.504)								
16	Logan Harder		Graceland		36:55.84				
	1:24.116 (1:24.116)	2:47.748 (1:23.632)	4:11.284 (1:23.537)	5:34.264 (1:22.981)					
	6:59.684 (1:25.420)	8:25.499 (1:25.815)	9:51.264 (1:25.766)	11:15.813 (1:24.549)					
	12:41.770 (1:25.958)	14:08.376 (1:26.607)	15:35.831 (1:27.455)	17:03.878 (1:28.048)					
	18:32.708 (1:28.831)	20:03.125 (1:30.417)	21:34.610 (1:31.486)	23:05.620 (1:31.010)					
	24:38.402 (1:32.783)	26:10.680 (1:32.278)	27:43.004 (1:32.325)	29:15.415 (1:32.411)					
	30:47.767 (1:32.353)	32:22.357 (1:34.591)	33:55.851 (1:33.495)	35:27.674 (1:31.823)					
	36:55.832 (1:28.159)								



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....Event 14 Men 10000 Meter Run

-- Emmett Schwartzhoff	Clarke	DNF				
1:24.830 (1:24.830)	2:49.097 (1:24.267)	4:13.553 (1:24.457)	5:39.710 (1:26.158)			
7:10.472 (1:30.762)	8:42.139 (1:31.667)	10:15.152 (1:33.014)	11:49.233 (1:34.082)			
13:24.620 (1:35.388)	15:00.924 (1:36.304)	16:38.126 (1:37.202)	18:17.832 (1:39.707)			
19:59.267 (1:41.435)	21:39.996 (1:40.730)	23:21.590 (1:41.595)	25:03.656 (1:42.067)			
26:46.822 (1:43.167)	28:30.423 (1:43.601)	30:12.845 (1:42.423)	31:54.042 (1:41.198)			
33:49.426 (1:55.384)						

Event 15 Women 100 Meter Hurdles

8 Advance: Top 1 Each Heat plus Next 6 Best Times

```
=====
Meet: M 13.97                      Heath/Sloan, Lindenwood/Baker
Facility: F 14.12 2013              Camesha Goods, Wartburg
Name                               Year School                       Prelims  H#
=====
```

Preliminaries

1	Kailey Johnson	Central Methodist	14.65Q	2
2	Amara Taylor	Grand View	14.84Q	1
3	Mya Moore	Grand View	15.12q	1
4	Jade Osborn	Baker	15.17q	1
5	Annie Leopold	Mount Mercy	15.50q	2
6	Katherine Hunter	William Penn	15.63q	2
7	McKenna Davidson	Grand View	15.66q	1
8	Trystin Stille	Grand View	15.79q	2
9	Kaitlin Holschlag	Grand View	15.91	2
10	Abigail Good	Evangel	15.92	1
11	McKayla Edwards	Grand View	16.35	2
12	Savanah Ewing	Missouri Valley	16.82	1
13	Cierra DePrisco	Missouri Valley	16.99	2
14	Sarah Pribble	Culver-Stockton	18.78	1
15	Olivia Erdelt	William Penn	20.04	2
16	Jewel Torres-Amaya	Missouri Valley	26.49	1

Event 15 Women 100 Meter Hurdles

```
=====
Meet: M 13.97                      Heath/Sloan, Lindenwood/Baker
Facility: F 14.12 2013              Camesha Goods, Wartburg
Name                               Year School                       Finals  Points
=====
```

Finals

1	Kailey Johnson	Central Methodist	15.19	10	
2	Jade Osborn	Baker	15.44	8	
3	Katherine Hunter	William Penn	15.76	6	15.757
4	Amara Taylor	Grand View	15.76	5	15.759
5	McKenna Davidson	Grand View	16.18	4	
6	Trystin Stille	Grand View	16.34	3	
7	Annie Leopold	Mount Mercy	16.51	2	
8	Mya Moore	Grand View	18.31	1	



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Event 16 Men 110 Meter Hurdles**8 Advance: Top 1 Each Heat plus Next 6 Best Times**

=====					
Meet:	M 14.18	2005	Juan Walker, Lindenwood		
Facility:	F 14.68	2011	Russell Harris, Unattached		
Name	Year	School	Prelims	H#	
=====					
Preliminaries					
1	Loubert Dagrín	William Penn	F 14.29Q	2	
2	Chantz Minear	Grand View	F 14.58Q	1	
3	Justin Moore	Baker	F 14.60q	1	
4	Tyler Miller	Grand View	14.97q	2	
5	Kevin Curet	Grand View	15.05q	1	
6	Brennan Moots	Central Methodist	15.06q	1	
7	Benton McCann	Baker	15.19q	2	
8	William Boivin	Evangel	15.37q	2	
9	Spencer Thomas	Grand View	15.53	1	
10	Garth Williams	Mid America Naz	15.59	1	
11	Chase Hiser	Grand View	15.74	2	
12	Turner Schroeder	Mount Mercy	16.15	2	
13	Nash Grantham	Evangel	16.45	1	
--	Mofiyinfoluwa Alade	William Penn	DNF	2	

Event 16 Men 110 Meter Hurdles

=====					
Meet:	M 14.18	2005	Juan Walker, Lindenwood		
Facility:	F 14.68	2011	Russell Harris, Unattached		
Name	Year	School	Finals	Points	
=====					
Finals					
1	Loubert Dagrín	William Penn	14.85	10	
2	Chantz Minear	Grand View	14.97	8	
3	Tyler Miller	Grand View	15.13	6	
4	Benton McCann	Baker	15.52	5	
5	Brennan Moots	Central Methodist	15.62	4	
6	William Boivin	Evangel	15.69	3	
7	Justin Moore	Baker	19.65	2	
8	Kevin Curet	Grand View	21.97	1	

Event 17 Women 400 Meter Hurdles

=====					
Meet:	M 1:02.21	2013	Tyler Sloan, Baker		
Facility:	F 1:02.28	2012	Sharon Kwarula, Iowa Central		
Name	Year	School	Finals	H#	Points
=====					
1	Magdalena Burdova	Mid America Naz	1:02.67	2	10
2	Ally Trager	Mount Mercy	1:06.08	2	8
3	Katherine Hunter	William Penn	1:06.90	2	6
4	Kyaira Burgess	Mid America Naz	1:08.19	2	5
5	Karri Pippett	Grand View	1:08.43	2	4
6	Abigail Good	Evangel	1:08.49	2	3



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....Event 17 Women 400 Meter Hurdles

7 Ariana Cruz	Evangel	1:10.48	1	2
8 Leah Sattler	Benedictine	1:11.97	1	1
9 Keiara-Ashley Cunningham	Central Methodist	1:12.35	2	
10 Addie Mejia	Missouri Valley	1:14.21	1	
11 Sarah Pribble	Culver-Stockton	1:14.38	1	
12 Chloe Gregory	Grand View	1:15.05	1	
13 Trystin Stille	Grand View	1:15.87	1	
14 Olivia Erdelt	William Penn	1:23.04	1	

Event 18 Men 400 Meter Hurdles

Name	Year	School	Finals	H#	Points
Meet: M 52.81	2003	Jermaine Ricketts, MidAmerica Nazarene			
Facility: F 53.45	2016	Will Wallace, Benedictine			
1 Tyler Miller		Grand View	53.56	2	10
2 Chase Hiser		Grand View	54.87	2	8
3 Nehemiah Colyer		Central Methodist	55.33	2	6
4 Benton McCann		Baker	56.07	2	5
5 Chantz Minear		Grand View	56.77	2	4
6 Loubert Dagrin		William Penn	58.17	2	3
7 Ethan Hunt		Mount Mercy	58.24	2	2
8 Alexander Ayala		Central Methodist	59.00	2	1
9 Spencer Thomas		Grand View	59.50	1	
10 Lawson Atianjoh		Mid America Naz	1:01.41	1	
11 Brennan Moots		Central Methodist	1:02.82	1	
12 Marius Henderson		Missouri Valley	1:03.05	1	
13 Dominic Ricca		Benedictine	1:07.15	1	

Event 19 Women 3000 Meter Steeplechase

Name	Year	School	Finals	Points
Meet: M 11:25.88	2012	Kristen Ostrem, Evangel		
Facility: F 10:55.60	2012	Ashlie Decker, Minnesota		
1 Shelby Kline		Clarke	11:05.79M	10
44.285 (44.285)	2:09.432 (1:25.148)	3:38.581 (1:29.149)	5:10.091 (1:31.511)	
6:42.692 (1:32.601)	8:14.929 (1:32.238)	9:47.097 (1:32.168)	11:05.783 (1:18.686)	
2 Keagan Perkins		Graceland	11:10.27M	8
43.355 (43.355)	2:08.312 (1:24.958)	3:37.543 (1:29.231)	5:08.560 (1:31.017)	
6:40.559 (1:32.000)	8:13.410 (1:32.851)	9:45.575 (1:32.166)	11:10.266 (1:24.692)	
3 Morgan Lawson		Grand View	11:44.52	6
47.474 (47.474)	2:16.169 (1:28.695)	3:47.162 (1:30.994)	5:22.811 (1:35.649)	
6:58.963 (1:36.153)	8:35.551 (1:36.588)	10:12.499 (1:36.949)	11:44.512 (1:32.013)	
4 Grace Stewart		Graceland	12:01.13	5
47.588 (47.588)	2:16.804 (1:29.216)	3:48.393 (1:31.590)	5:23.828 (1:35.436)	
7:00.439 (1:36.612)	8:39.435 (1:38.996)	10:21.567 (1:42.132)	12:01.127 (1:39.560)	



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....Event 19 Women 3000 Meter Steeplechase

5 Genevieve Mohr	Benedictine	13:01.22	4
45.335 (45.335)	2:16.409 (1:31.075)	3:58.455 (1:42.046)	5:41.939 (1:43.485)
7:30.452 (1:48.514)	9:27.242 (1:56.791)	11:14.826 (1:47.584)	13:01.217 (1:46.392)
6 Sienna Schmidt	Mid America Naz	13:24.32	3
48.384 (48.384)	2:24.954 (1:36.570)	4:10.753 (1:45.799)	5:59.869 (1:49.116)
7:51.000 (1:51.131)	9:42.599 (1:51.600)	11:37.236 (1:54.637)	13:24.316 (1:47.080)
7 Melody Ruelle	Grand View	13:46.52	2
51.216 (51.216)	2:32.455 (1:41.239)	4:21.382 (1:48.928)	6:13.811 (1:52.430)
8:07.533 (1:53.722)	10:03.687 (1:56.154)	12:00.189 (1:56.503)	13:46.514 (1:46.325)
8 Addie Mejia	Missouri Valley	14:09.04	1
51.968 (51.968)	2:38.210 (1:46.243)	4:33.410 (1:55.201)	6:28.268 (1:54.858)
8:25.135 (1:56.867)	10:23.704 (1:58.570)	12:21.348 (1:57.644)	14:09.039 (1:47.692)

Event 20 Men 3000 Meter Steeplechase

Name	Year	School	Finals	Points
Meet: M 9:31.13	2019	Demarkous Nunnally, Missouri Valle		
Facility: F 9:34.09	2019	Tyler Havens, Loras		
1 Trevor Albert		Grand View	9:30.87M	10
41.477 (41.477)	1:57.337 (1:15.860)	3:13.572 (1:16.235)	4:29.148 (1:15.577)	
5:44.508 (1:15.360)	7:01.770 (1:17.263)	8:18.289 (1:16.519)	9:30.864 (1:12.576)	
2 Dillon Grover		Graceland	9:57.23	8
42.127 (42.127)	1:59.609 (1:17.483)	3:20.027 (1:20.419)	4:40.499 (1:20.472)	
6:00.859 (1:20.360)	7:20.953 (1:20.095)	8:41.070 (1:20.117)	9:57.228 (1:16.159)	
3 Aaron Golding		Mount Mercy	10:06.20	6
41.635 (41.635)	1:57.598 (1:15.964)	3:14.633 (1:17.035)	4:31.584 (1:16.951)	
5:51.120 (1:19.536)	7:15.657 (1:24.538)	8:42.711 (1:27.054)	10:06.199 (1:23.488)	
4 Adam Preston		Baker	10:18.98	5
42.242 (42.242)	2:00.016 (1:17.774)	3:20.517 (1:20.502)	4:43.008 (1:22.491)	
6:07.934 (1:24.927)	7:33.269 (1:25.335)	8:58.699 (1:25.430)	10:18.977 (1:20.279)	
5 Christopher Griese		Mid America Naz	10:22.09	4
43.622 (43.622)	2:02.335 (1:18.714)	3:23.197 (1:20.862)	4:47.301 (1:24.104)	
6:13.050 (1:25.749)	7:40.719 (1:27.670)	9:04.556 (1:23.837)	10:22.082 (1:17.526)	
6 Maxx Bradley		Baker	10:25.73	3
43.277 (43.277)	2:02.568 (1:19.291)	3:26.780 (1:24.213)	4:51.131 (1:24.351)	
6:16.496 (1:25.365)	7:42.907 (1:26.412)	9:06.982 (1:24.076)	10:25.729 (1:18.747)	
7 Ryan Clancy		Mount Mercy	10:29.55	2
42.860 (42.860)	2:03.087 (1:20.227)	3:25.311 (1:22.225)	4:48.398 (1:23.088)	
6:12.111 (1:23.713)	7:39.578 (1:27.468)	9:08.284 (1:28.706)	10:29.545 (1:21.261)	
8 Luke Godard		Benedictine	10:32.78	1
44.185 (44.185)	2:05.265 (1:21.081)	3:29.444 (1:24.179)	4:54.605 (1:25.162)	
6:19.999 (1:25.394)	7:46.846 (1:26.848)	9:12.927 (1:26.082)	10:32.773 (1:19.846)	
9 Ruben Perez-Rodriguez		William Penn	10:35.03	
42.891 (42.891)	2:04.104 (1:21.213)	3:28.908 (1:24.804)	4:56.037 (1:27.130)	
6:23.092 (1:27.055)	7:50.479 (1:27.388)	9:16.948 (1:26.469)	10:35.030 (1:18.083)	
10 Trent Sivola		Grand View	10:41.08	
43.946 (43.946)	2:05.562 (1:21.617)	3:28.639 (1:23.077)	4:53.347 (1:24.708)	
6:19.473 (1:26.127)	7:47.315 (1:27.843)	9:15.722 (1:28.408)	10:41.076 (1:25.354)	



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....Event 20 Men 3000 Meter Steeplechase

11 Irvin Aguirre	Mid America Naz	10:56.07			
43.637 (43.637)	2:02.528 (1:18.891)	3:23.826 (1:21.298)	4:46.725 (1:22.899)		
6:15.567 (1:28.843)	7:47.924 (1:32.357)	9:23.714 (1:35.790)	10:56.069 (1:32.356)		
12 Chase Kress	Mount Mercy	10:58.75			
44.656 (44.656)	2:07.270 (1:22.615)	3:33.406 (1:26.137)	5:01.218 (1:27.813)		
6:29.020 (1:27.803)	7:57.961 (1:28.941)	9:29.168 (1:31.207)	10:58.744 (1:29.576)		
13 Mahlon Steepleton	Mount Mercy	11:18.24			
44.257 (44.257)	2:06.361 (1:22.105)	3:32.176 (1:25.815)	5:03.505 (1:31.330)		
6:39.165 (1:35.660)	8:16.826 (1:37.662)	9:51.298 (1:34.472)	11:18.239 (1:26.942)		
14 Brennan Shelton	Clarke	11:19.15			
46.127 (46.127)	2:12.993 (1:26.867)	3:43.638 (1:30.646)	5:13.360 (1:29.722)		
6:42.729 (1:29.369)	8:16.326 (1:33.598)	9:50.790 (1:34.464)	11:19.141 (1:28.351)		
15 Michael Zelazny	William Penn	11:40.47			
45.738 (45.738)	2:09.779 (1:24.042)	3:38.453 (1:28.674)	5:10.313 (1:31.861)		
6:43.571 (1:33.258)	8:23.776 (1:40.205)	10:07.068 (1:43.293)	11:40.469 (1:33.401)		
16 Zach Grover	Graceland	12:07.23			
47.789 (47.789)	2:13.773 (1:25.984)	3:49.228 (1:35.456)	5:26.630 (1:37.403)		
7:07.423 (1:40.794)	8:49.390 (1:41.967)	10:31.766 (1:42.376)	12:07.229 (1:35.464)		

Event 21 Women 4x100 Meter Relay

=====			
Meet: M 46.93	2004	Lindenwood	
Facility: F 46.77	2012	Iowa Central	
School			Finals Points
=====			
1 Baker			48.45 10
2 Central Methodist			48.98 8
3 William Penn			49.86 6
4 Park U.			50.00 5
5 Grand View			50.04 4
6 Benedictine			50.61 3
7 Mount Mercy			52.00 2
8 Evangel			52.79 1

Event 22 Men 4x100 Meter Relay

=====			
Meet: M 40.63	2005	Lindenwood	
Facility: F 41.78	2017	St. Ambrose	
School			Finals H# Points
=====			
1 William Penn			41.91 2 10
2 Mid America Nazarene			41.92 2 8
3 Baker			42.30 2 6
4 Culver-Stockton			42.33 2 5
5 Benedictine			42.53 1 4
6 Evangel			44.61 2 3
7 Mount Mercy			45.02 1 2
8 Park U.			45.85 1 1
-- Central Methodist			DNF 2



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....Event 22 Men 4x100 Meter Relay

-- Grand View DNF 2

Event 23 Women 4x400 Meter Relay

Meet: M 3:54.57 2019		Baker				
Facility: F 3:55.72 2011		Truman State				
School				Finals	H#	Points
1 Baker				4:01.52	2	10
	1:58.840 (1:58.840)	3:00.741 (1:01.901)	4:01.512 (1:00.772)			
2 Central Methodist				4:04.58	2	8
	2:02.202 (2:02.202)	3:04.999 (1:02.797)	4:04.578 (59.580)			
3 Benedictine				4:04.68	2	6
	2:01.469 (2:01.469)	3:02.799 (1:01.331)	4:04.671 (1:01.872)			
4 Mid America Nazarene				4:11.77	2	5
	2:02.975 (2:02.975)	3:05.464 (1:02.489)	4:11.761 (1:06.298)			
5 Grand View				4:16.10	2	4
	2:08.439 (2:08.439)	3:14.249 (1:05.810)	4:16.093 (1:01.844)			
6 William Penn				4:25.38	1	3
	2:13.178 (2:13.178)	3:22.543 (1:09.366)	4:25.377 (1:02.834)			
7 Graceland				4:26.61	1	2
	2:14.328 (2:14.328)	3:23.474 (1:09.147)	4:26.608 (1:03.134)			
8 Mount Mercy				4:33.54	2	1
	2:17.279 (2:17.279)	3:23.125 (1:05.847)	4:33.535 (1:10.410)			
9 Culver-Stockton				4:41.08	1	
	2:20.536 (2:20.536)	3:30.845 (1:10.310)	4:41.079 (1:10.235)			

Event 24 Men 4x400 Meter Relay

Meet: M 3:12.11 2002		MidAmerica Nazarene				
Facility: F 3:17.04 2021		Dordt				
School				Finals	H#	Points
1 Baker				3:17.66	2	10
	1:39.251 (1:39.251)	2:28.805 (49.555)	3:17.653 (48.848)			
2 Central Methodist				3:18.30	2	8
	1:39.159 (1:39.159)	2:28.900 (49.741)	3:18.292 (49.392)			
3 Grand View				3:19.18	2	6
	1:40.038 (1:40.038)	2:29.389 (49.351)	3:19.179 (49.791)			
4 Benedictine				3:26.50	2	5
	1:43.584 (1:43.584)	2:35.333 (51.749)	3:26.497 (51.164)			
5 Mount Mercy				3:28.63	2	4
	1:44.225 (1:44.225)	2:37.078 (52.853)	3:28.629 (51.552)			
6 William Penn				3:29.14	2	3
	1:46.050 (1:46.050)	2:37.763 (51.713)	3:29.137 (51.374)			
7 Culver-Stockton				3:30.68	1	2
	1:48.906 (1:48.906)	2:38.332 (49.426)	3:30.672 (52.341)			
8 Missouri Valley				3:33.08	1	1
	1:46.997 (1:46.997)	2:40.208 (53.212)	3:33.074 (52.867)			



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....Event 24 Men 4x400 Meter Relay

9 Graceland				3:35.15	2
1:48.671 (1:48.671)	2:40.765 (52.094)	3:35.150 (54.385)			
10 Park U.			3:39.82	1	
1:47.704 (1:47.704)	2:44.542 (56.839)	3:39.816 (55.274)			

Event 25 Women 4x800 Meter Relay

Meet: M 9:28.17 2019		Benedictine			
Facility: F 9:31.65 2015		Mount Mercy			
School			Finals	Points	
1 Mount Mercy			9:32.25	10	
2:24.258 (2:24.258)	4:50.340 (2:26.082)	7:16.537 (2:26.198)	9:32.248 (2:15.711)		
2 Benedictine			9:34.79	8	
2:22.733 (2:22.733)	4:44.941 (2:22.208)	7:11.536 (2:26.596)	9:34.787 (2:23.251)		
3 Baker			9:42.55	6	
2:19.846 (2:19.846)	4:43.352 (2:23.507)	7:07.333 (2:23.982)	9:42.546 (2:35.214)		
4 Mid America Nazarene			10:19.60	5	
2:39.634 (2:39.634)	5:12.159 (2:32.525)	7:47.661 (2:35.502)	10:19.598 (2:31.938)		
5 Grand View			10:19.97	4	
2:28.071 (2:28.071)	5:13.782 (2:45.712)	7:53.057 (2:39.275)	10:19.968 (2:26.912)		
6 Clarke			10:27.05	3	
2:34.360 (2:34.360)	5:17.690 (2:43.330)	8:00.716 (2:43.027)	10:27.042 (2:26.326)		
7 Central Methodist			10:42.71	2	
2:29.200 (2:29.200)	5:03.035 (2:33.836)	7:45.135 (2:42.100)	10:42.704 (2:57.569)		
8 William Penn			10:53.88	1	
2:36.194 (2:36.194)	5:11.678 (2:35.484)	8:07.293 (2:55.616)	10:53.871 (2:46.578)		

Event 26 Men 4x800 Meter Relay

Meet: M 7:42.02 2010		Central Methodist			
Facility: F 7:48.75 2010		St. Ambrose			
School			Finals	Points	
1 Grand View			7:38.87M	10	
1:59.098 (1:59.098)	3:51.633 (1:52.536)	5:45.949 (1:54.316)	7:38.870 (1:52.921)		
2 Benedictine			7:49.18	8	
1:55.189 (1:55.189)	3:51.791 (1:56.603)	5:48.512 (1:56.721)	7:49.180 (2:00.669)		
3 Baker			7:59.12	6	
1:57.335 (1:57.335)	4:00.479 (2:03.144)	5:58.073 (1:57.595)	7:59.112 (2:01.040)		
4 Mount Mercy			8:03.59	5	
2:00.190 (2:00.190)	3:59.296 (1:59.106)	6:02.200 (2:02.905)	8:03.584 (2:01.385)		
5 Mid America Nazarene			8:21.45	4	
2:02.635 (2:02.635)	4:05.973 (2:03.338)	6:14.559 (2:08.586)	8:21.446 (2:06.888)		
6 William Penn			8:26.20	3	
2:07.545 (2:07.545)	4:16.674 (2:09.129)	6:22.476 (2:05.803)	8:26.198 (2:03.722)		
7 Central Methodist			8:29.48	2	
2:05.381 (2:05.381)	4:14.472 (2:09.091)	6:23.588 (2:09.116)	8:29.472 (2:05.884)		



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....Event 26 Men 4x800 Meter Relay

8 Graceland 8:30.68 1
 2:08.163 (2:08.163) 4:16.971 (2:08.808) 6:23.110 (2:06.140) 8:30.679 (2:07.570)

Event 27 Women 5000 Meter Race Walk

```

=====
Meet: M 26:10.33 2011 Jessica Ching, Lindenwood
Facility: F 25:32.76 2017 Katharine Newhoff, St. Ambrose
Name Year School Finals Points
=====
1 Paige Thompson Grand View 31:19.11 10
  1:05.312 (1:05.312) 3:26.817 (2:21.505) 5:56.411 (2:29.594) 8:31.424 (2:35.014)
  11:03.277 (2:31.854) 13:37.422 (2:34.145) 16:13.076 (2:35.655) 18:48.449 (2:35.374)
  21:22.606 (2:34.157) 23:54.635 (2:32.029) 26:20.401 (2:25.767) 28:50.180 (2:29.779)
  31:19.103 (2:28.923)
2 Mikayla Kambeitz Mid America Naz 31:23.60 8
  1:05.637 (1:05.637) 3:27.517 (2:21.880) 5:56.876 (2:29.359) 8:31.623 (2:34.747)
  11:03.736 (2:32.114) 13:37.623 (2:33.887) 16:13.282 (2:35.660) 18:49.708 (2:36.426)
  21:23.227 (2:33.520) 23:54.318 (2:31.092) 26:20.761 (2:26.443) 28:52.336 (2:31.575)
  31:23.591 (2:31.255)
3 Lillian Patterson Central Methodist 31:25.82 6
  1:03.251 (1:03.251) 3:26.428 (2:23.177) 5:56.135 (2:29.707) 8:31.132 (2:34.997)
  11:03.062 (2:31.931) 13:37.149 (2:34.087) 16:12.815 (2:35.666) 18:47.963 (2:35.149)
  21:22.189 (2:34.226) 23:54.186 (2:31.998) 26:29.210 (2:35.025) 29:05.116 (2:35.906)
  31:25.814 (2:20.699)
4 Katelyn Moeller Central Methodist 34:01.61 5
  1:18.622 (1:18.622) 4:07.491 (2:48.869) 6:57.665 (2:50.174) 9:46.043 (2:48.378)
  12:37.829 (2:51.787) 15:22.715 (2:44.886) 18:08.976 (2:46.262) 20:50.627 (2:41.652)
  23:31.767 (2:41.140) 26:14.440 (2:42.673) 28:57.892 (2:43.453) 31:33.673 (2:35.782)
  34:01.609 (2:27.936)
5 Sarah King Central Methodist 34:26.55 4
  1:08.287 (1:08.287) 3:46.855 (2:38.568) 6:33.781 (2:46.927) 9:16.765 (2:42.984)
  12:10.061 (2:53.296) 15:02.362 (2:52.302) 17:54.874 (2:52.513) 20:44.881 (2:50.007)
  23:31.512 (2:46.632) 26:14.868 (2:43.356) 29:01.812 (2:46.945) 31:47.283 (2:45.471)
  34:26.544 (2:39.262)
6 Allison Procter Central Methodist 36:00.38 3
  1:20.854 (1:20.854) 4:11.787 (2:50.933) 7:06.211 (2:54.425) 10:01.932 (2:55.721)
  12:54.499 (2:52.568) 15:50.808 (2:56.309) 18:43.532 (2:52.725) 21:36.903 (2:53.371)
  24:28.138 (2:51.235) 27:21.118 (2:52.980) 30:18.074 (2:56.956) 33:12.534 (2:54.461)
  36:00.376 (2:47.842)
7 Anna Zirpolo Park U. 36:55.66 2
  1:12.550 (1:12.550) 3:58.758 (2:46.209) 6:56.963 (2:58.205) 9:59.472 (3:02.510)
  13:00.922 (3:01.451) 16:01.034 (3:00.112) 18:58.286 (2:57.252) 21:57.327 (2:59.042)
  24:53.474 (2:56.147) 27:55.057 (3:01.583) 30:55.168 (3:00.112) 33:58.863 (3:03.695)
  36:55.653 (2:56.791)
8 Cherokee Cox Mid America Naz 38:28.08 1
  1:16.907 (1:16.907) 4:15.171 (2:58.265) 7:18.024 (3:02.853) 10:25.971 (3:07.947)
  13:32.158 (3:06.187) 16:39.929 (3:07.772) 19:52.364 (3:12.435) 23:01.402 (3:09.038)
  26:07.627 (3:06.225) 29:13.156 (3:05.530) 32:18.893 (3:05.737) 35:23.556 (3:04.664)
  38:28.074 (3:04.518)
=====

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Event 28 Men 5000 Meter Race Walk

Meet: M 22:15.26 2009		Thiago Ferreira, Missouri Valley	
Facility: F 23:22.26 2017		Emilio Mancha, St. Ambrose	
Name	Year	School	Finals Points
1 Caleb Chmelka		Grand View	25:36.93 10
55.717 (55.717)	2:49.584 (1:53.867)	4:46.745 (1:57.162)	6:45.090 (1:58.345)
8:43.294 (1:58.204)	10:40.136 (1:56.843)	12:41.290 (2:01.154)	14:46.055 (2:04.766)
16:52.332 (2:06.277)	19:02.671 (2:10.340)	21:13.842 (2:11.171)	23:27.179 (2:13.337)
25:36.923 (2:09.744)			
2 Seth Diser		Grand View	26:58.36 8
56.042 (56.042)	2:50.545 (1:54.503)	4:51.347 (2:00.803)	7:00.041 (2:08.694)
9:10.988 (2:10.948)	11:22.594 (2:11.606)	13:35.716 (2:13.122)	15:48.860 (2:13.145)
18:02.895 (2:14.035)	20:20.641 (2:17.747)	22:38.369 (2:17.728)	24:50.696 (2:12.327)
26:58.351 (2:07.656)			
3 Tanner Hendrix		Baker	27:31.49 6
55.879 (55.879)	2:50.198 (1:54.320)	4:51.007 (2:00.810)	7:01.874 (2:10.868)
9:16.425 (2:14.551)	11:33.793 (2:17.368)	13:53.079 (2:19.287)	16:10.544 (2:17.466)
18:28.875 (2:18.332)	20:46.388 (2:17.513)	23:06.642 (2:20.254)	25:24.407 (2:17.766)
27:31.482 (2:07.076)			
4 Jon Franke		Grand View	27:45.32 5
56.611 (56.611)	3:02.375 (2:05.765)	5:20.076 (2:17.702)	7:42.165 (2:22.089)
10:06.815 (2:24.651)	12:24.132 (2:17.317)	14:37.310 (2:13.179)	16:53.466 (2:16.157)
19:03.123 (2:09.657)	21:14.317 (2:11.195)	23:23.117 (2:08.800)	25:31.042 (2:07.926)
27:45.320 (2:14.278)			
5 Brady Lasack		Clarke	30:27.54 4
1:02.365 (1:02.365)	3:21.936 (2:19.572)	5:47.833 (2:25.897)	8:17.566 (2:29.733)
10:46.673 (2:29.108)	13:15.631 (2:28.958)	15:45.212 (2:29.582)	18:12.820 (2:27.608)
20:40.561 (2:27.742)	23:09.511 (2:28.951)	25:38.446 (2:28.936)	28:06.569 (2:28.123)
30:27.536 (2:20.968)			
6 Noah Church		Clarke	31:28.30 3
1:05.010 (1:05.010)	3:26.632 (2:21.623)	5:55.892 (2:29.261)	8:31.013 (2:35.121)
11:02.781 (2:31.769)	13:35.506 (2:32.725)	16:12.239 (2:36.733)	18:47.382 (2:35.144)
21:22.113 (2:34.731)	23:53.916 (2:31.804)	26:32.911 (2:38.996)	29:04.053 (2:31.143)
31:28.298 (2:24.245)			
7 Gage Sublette		Central Methodist	32:34.38 2
1:05.041 (1:05.041)	3:27.927 (2:22.886)	5:58.849 (2:30.923)	8:38.583 (2:39.734)
11:21.424 (2:42.841)	14:02.935 (2:41.512)	16:41.478 (2:38.543)	19:20.183 (2:38.706)
21:56.325 (2:36.142)	24:34.755 (2:38.431)	27:16.780 (2:42.025)	30:03.093 (2:46.313)
32:34.376 (2:31.284)			

Event 29 Women High Jump

Meet: M 1.70m 2007		Anna-Kay Campbell, Lindenwood	
Facility: F 1.71m 2014		Kelley Carden, Grand View	
Name	Year	School	Finals Points
1 Ashlynn Perkins		Graceland	1.59m 5-02.50 10
1.34 1.39 1.44 1.49 1.54 1.59 1.64			
P P P O XXO O XXX			



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....Event 29 Women High Jump

2	Alyssa Baltimore	Culver-Stockton	1.59m	5-02.50	8
	1.34 1.39 1.44 1.49 1.54 1.59 1.64				
	P P P XXO XO O XXX				
3	Talisa Stone	Baker	1.59m	5-02.50	6
	1.34 1.39 1.44 1.49 1.54 1.59 1.64				
	P P P O O XXO XXX				
4	Tara Sampson	Graceland	1.54m	5-00.50	5
	1.34 1.39 1.44 1.49 1.54 1.59				
	P P P O XO XXX				
5	Kyleigh Guthridge	William Penn	1.49m	4-10.50	4
	1.34 1.39 1.44 1.49 1.54				
	P P O O XXX				
6	Keagan Perkins	Graceland	1.49m	4-10.50	3
	1.34 1.39 1.44 1.49 1.54				
	P P XO XXO XXX				
7	Adelynn Ahartz	Grand View	1.44m	4-08.75	2
	1.34 1.39 1.44 1.49				
	O XXO O XXX				
8	Ellie Schroeder	Evangel	1.44m	4-08.75	0.33
	1.34 1.39 1.44 1.49				
	P O XO XXX				
8	Morgan Thomas	Baker	1.44m	4-08.75	0.33
	1.34 1.39 1.44 1.49				
	P O XO XXX				
8	Calyssa Plymell	Central Methodist	1.44m	4-08.75	0.33
	1.34 1.39 1.44 1.49				
	P O XO XXX				
11	Antonia Randle	Central Methodist	1.39m	4-06.75	
	1.34 1.39 1.44				
	P XO XXX				
12	Amy Kamtio	Baker	1.39m	4-06.75	
	1.34 1.39 1.44				
	XO XO XXX				
--	Sydnee Turner	Mount Mercy		NH	
	1.34				
	XXX				

Event 30 Men High Jump

Meet: M 2.08m		Jones/Holmer, Culver-Stockton	
Facility: F 2.10m 2012		Matt Huseman	
Name	Year School	Finals	Points
1 Michael Millslagle	Graceland	2.00m	6-06.75 10
	1.65 1.70 1.75 1.80 1.85 1.90 1.95 2.00 2.05		
	P P P P P O O O XXX		
2 Clayton Gause	Missouri Valley	1.95m	6-04.75 8
	1.65 1.70 1.75 1.80 1.85 1.90 1.95 2.00		
	P P P P P O O XXX		



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....Event 30 Men High Jump

3	Mofiyinfoluwa Alade	William Penn	1.95m	6-04.75	6
	1.65 1.70 1.80 1.85 1.90 1.95 2.00				
	P P P P XXO XO XXX				
4	Jacob Gillies	Evangel	1.85m	6-00.75	5
	1.65 1.70 1.75 1.80 1.85 1.90				
	P P P XXO XO XXX				
5	Joey McNealey	Mount Mercy	1.80m	5-10.75	3.50
	1.65 1.70 1.75 1.80 1.85				
	P P P O XXX				
5	Jacob Fritz	Central Methodist	1.80m	5-10.75	3.50
	1.65 1.70 1.75 1.80 1.85 1.90				
	P P P O P XXX				
7	Bryce Butler	Park U.	1.80m	5-10.75	2
	1.65 1.70 1.75 1.80 1.85				
	P O XXO XXO XXX				
8	Turner Schroeder	Mount Mercy	1.75m	5-08.75	1
	1.65 1.70 1.75 1.80				
	P P XO XXX				
9	Nash Grantham	Evangel	1.75m	5-08.75	
	1.65 1.70 1.75 1.80				
	P XXO XO XXX				
10	Trent Beck	Grand View	1.75m	5-08.75	
	1.65 1.70 1.75 1.80				
	P P XXO XXX				
11	Joey Ragona	Mount Mercy	1.70m	5-07.00	
	1.65 1.70 1.75				
	XO XXO XXX				
12	Ethan Harrington	William Penn	1.65m	5-05.00	
	1.65 1.70				
	XXO XXX				
--	Linc Thomas	Grand View	NH		
	1.65 1.70 1.75				
	P P XXX				
--	Torrion Montgomery	Mid America Naz	NH		
	1.65 1.70 1.75 1.80 1.85 1.90				
	P P P P P XXX				

Event 31 Women Pole Vault

Meet: M 3.65m 2013		Katie Thurbon, Baker			
Facility: F 3.85m 2021		Kylee Edmonds, Midland			
Name	Year	School	Finals		Points
=====					
1	Suzanne Guerrero	Graceland	3.20m	10-06.00	10
	2.45 2.60 2.75 2.90 3.05 3.20 3.35				
	P P P P O XO XXX				
2	Katlin Martin	Graceland	3.05m	10-00.00	8
	2.45 2.60 2.75 2.90 3.05 3.20				
	P P P O O XXX				



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....Event 31 Women Pole Vault

3	Kiana Newberry	Graceland	2.90m	9-06.25	6
	2.45 2.60 2.75 2.90 3.05				
	P P XO O XXX				
4	Amara Reichert	Central Methodist	2.90m	9-06.25	5
	2.45 2.60 2.75 2.90 3.05				
	P O O XO XXX				
5	Caroline Weatherford	Central Methodist	2.90m	9-06.25	4
	2.45 2.60 2.75 2.90 3.05				
	P XXO O XO XXX				
6	Payton Flowers	Culver-Stockton	2.75m	9-00.25	3
	2.45 2.60 2.75 2.90				
	O O XO XXX				
--	Jacklyn Dickey	Missouri Valley		NH	
	2.45				
	XXX				

Event 32 Men Pole Vault

Meet: M 5.20m 2016		Nicholas Homan, Central Methodist	
Facility: F 5.20m 2016		Nicholas Homan, Central Methodist	
Name	Year School	Finals	Points
1 Nick Peterson	Clarke	4.60m 15-01.00	10
	3.85 4.00 4.15 4.30 4.45 4.60 4.70		
	P P P P XO O XXX		
2 Hayden Hackman	Central Methodist	4.60m 15-01.00	8
	3.85 4.00 4.15 4.30 4.45 4.60 4.70		
	O P XO XO XO O XXX		
3 Robert Jerrick	Central Methodist	4.45m 14-07.25	6
	3.85 4.00 4.15 4.30 4.45 4.60		
	P P O XO XO XXX		
4 Jacob Laures	Benedictine	4.45m 14-07.25	5
	3.85 4.00 4.15 4.30 4.45 4.60		
	P P O XXO XO XXX		
5 David Hickin	Benedictine	4.30m 14-01.25	4
	3.85 4.00 4.15 4.30 4.45		
	P O O O XXX		
6 Parker Yager	Central Methodist	4.15m 13-07.25	3
	3.85 4.00 4.15 4.30		
	P O O XXX		
7 Keagan Spurgeon	Central Methodist	3.85m 12-07.50	2
	3.85 4.00		
	O XXX		
--	Luca Janssen	Baker	NH
	3.85		
	XXX		



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Event 33 Women Long Jump

Meet: M 6.23m 2007		Anna-Kay Campbell, Lindenwood			
Facility: F 5.85m 2018		Chantel Blair, Grand View			
Name	Year	School	Finals	H#	Points
1 Bailey Turner		Park U.	5.81m	19-00.75	2 10
	5.47m 5.37m 5.81m 5.65m	PASS FOUL			
2 Lexie Johnson		Mount Mercy	5.46m	17-11.00	2 8
	5.46m 5.22m 5.41m 5.44m	PASS 4.66m			
3 Bayley Welk		Mid America Naz	5.40m	17-08.75	2 6
	FOUL FOUL 5.34m FOUL FOUL	5.40m			
4 Kaitlyn Weber		Central Methodist	5.38m	17-08.00	2 5
	5.25m FOUL 5.38m 5.15m	FOUL 5.05m			
5 Amara Feyrer-Melk		Benedictine	5.25m	17-02.75	2 4
	5.25m 5.23m 5.16m 5.07m	5.11m FOUL			
6 Abigaille Batu-Tiako		William Penn	5.14m	16-10.50	2 3
	FOUL 5.14m 4.97m 4.84m	5.09m FOUL			
7 Kaitlin Holschlag		Grand View	5.12m	16-09.75	1 2
	4.77m 4.99m 5.00m 5.12m	FOUL FOUL			
8 Maggie Christianson		Clarke	5.06m	16-07.25	1 1
	FOUL 5.00m FOUL FOUL FOUL	5.06m			
9 Paige Murphy		Clarke	5.01m	16-05.25	2
	4.77m 4.96m 5.01m FOUL	4.66m FOUL			
10 Adelynn Ahartz		Grand View	4.98m	16-04.25	1
	FOUL 4.98m 4.85m				
11 Sarah Johnson		Central Methodist	4.97m	16-03.75	1
	4.74m PASS 4.97m				
12 Makayla Garner		Missouri Valley	4.85m	15-11.00	1
	4.49m FOUL 4.85m				
13 Alyssa Henness		Baker	4.56m	14-11.50	1
	FOUL 4.56m 4.46m				
14 Sydnee Turner		Mount Mercy	4.54m	14-10.75	1
	3.89m FOUL 4.54m				
15 Catherine Shaserre		Benedictine	4.31m	14-01.75	1
	FOUL 4.31m 4.30m				

Event 34 Men Long Jump

Meet: M 7.57m 2011		Roscoe Robinson, Central Methodist			
Facility: F 7.39m 2016		Isaac Zitterkopf, MidAmerica Nazarene			
Name	Year	School	Finals	H#	Points
1 Torrion Montgomery		Mid America Naz	7.19m	23-07.25	2 10
	6.84m FOUL 6.77m 6.85m	6.80m 7.19m			
2 Trey Albert		Grand View	7.15m	23-05.50	2 8
	FOUL FOUL 7.15m FOUL	6.96m 7.09m			
3 De'Mario Hanson		Mid America Naz	7.15m	23-05.50	1 6
	6.77m 6.91m FOUL FOUL	7.15m FOUL			
4 Justin Moeller		William Penn	7.01m	23-00.00	2 5
	6.69m 6.86m FOUL 6.66m	6.82m 7.01m			



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5	Trent Beck				Grand View	6.97m	22-10.50	2	4
	6.80m	6.86m	6.97m	FOUL	6.96m	6.95m			
6	Tim Ballah				Mid America Naz	6.96m	22-10.00	2	3
	FOUL	6.96m	6.94m	6.86m	FOUL	FOUL			
7	Alan Leyva				Culver-Stockton	6.90m	22-07.75	2	2
	6.90m	6.82m	6.79m	6.74m	6.65m	6.65m			
8	Kwan Brooks				Baker	6.89m	22-07.25	2	1
	6.86m	6.71m	6.89m	6.78m	6.68m	6.40m			
9	Abdulai Rashid				Central Methodist	6.84m	22-05.25	2	
	6.24m	6.07m	6.84m	5.97m	6.42m	FOUL			
10	Joshua O'Brien				Mid America Naz	6.80m	22-03.75	2	
	5.90m	6.75m	6.80m						
11	Jackson Coates				William Penn	6.66m	21-10.25	2	
	FOUL	FOUL	6.66m						
12	Linc Thomas				Grand View	6.61m	21-08.25	1	
	FOUL	6.35m	6.61m						
13	Bryce Brown				Mid America Naz	6.56m	21-06.25	1	
	FOUL	FOUL	6.56m						
14	Sean Madsen				Grand View	6.55m	21-06.00	2	
	6.55m	6.44m	6.38m						
15	Spencer Campeau				Central Methodist	6.55m	21-06.00	2	
	FOUL	FOUL	6.55m						
16	Joey Ragona				Mount Mercy	6.28m	20-07.25	1	
	5.87m	5.98m	6.28m						
17	Joseph Slattery				Central Methodist	6.18m	20-03.50	1	
	6.12m	FOUL	6.18m						
18	Xavier Reddock				Culver-Stockton	6.09m	19-11.75	1	
	FOUL	6.07m	6.09m						
19	Joey McNealey				Mount Mercy	6.00m	19-08.25	1	
	5.61m	6.00m	FOUL						
20	Jordan Roland				Mid America Naz	5.89m	19-04.00	1	
	FOUL	5.89m	FOUL						
21	Sergio Chofong				Mount Mercy	5.43m	17-09.75	1	
	5.43m	5.21m	5.07m						
--	Cameron Cavalier				Missouri Valley	FOUL			1
	FOUL	FOUL	FOUL						
--	Yasin Mohammed				William Penn	FOUL			1
	FOUL	FOUL	FOUL						

Event 35 Women Triple Jump

=====									
	Meet:	M	13.01m	2011		Celia M'Boua,	Lindenwood		
	Facility:	F	11.75m	2018		Breanna Judkins,	Clarke		
	Name			Year	School	Finals		Points	
=====									
1	Bayley Welk				Mid America Naz	11.42m	37-05.75	10	
	11.27m	11.15m	11.00m		11.42m	11.17m			
2	Bailey Turner				Park U.	11.38m	37-04.00	8	
	FOUL	10.95m	10.92m	FOUL	10.87m	11.38m			



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3	Amara Feyrer-Melk	Benedictine	10.83m	35-06.50	6
	10.78m 10.83m 10.75m 10.67m 10.68m 10.77m				
4	Kaitlyn Weber	Central Methodist	10.75m	35-03.25	5
	10.72m FOUL 10.32m 10.35m 10.75m FOUL				
5	Abigaille Batu-Tiako	William Penn	10.42m	34-02.25	4
	FOUL 10.36m FOUL FOUL FOUL 10.42m				
6	Deja Sanders	Grand View	10.08m	33-01.00	3
	FOUL FOUL 9.37m 9.85m 9.95m 10.08m				
7	Haley Kellum	Baker	9.87m	32-04.75	2
	9.82m FOUL 9.82m 9.87m 9.81m FOUL				
8	Catherine Shaserre	Benedictine	9.78m	32-01.00	1
	9.32m 9.58m FOUL 9.22m FOUL 9.78m				
--	Allison Procter	Central Methodist	FOUL		
	FOUL FOUL FOUL				
--	Maggie Christianson	Clarke	FOUL		
	FOUL FOUL FOUL				

Event 36 Men Triple Jump

Meet: M 15.21m 2002		Michal Joachimowski, Missouri Valley	
Facility: F 14.53m 2016		Isaac Zitterkopf, MidAmerica Nazarene	
Name	Year School	Finals	H# Points
1 Jackson Coates	William Penn	14.05m 46-01.25	2 10
	14.05m FOUL FOUL 12.83m FOUL FOUL		
2 Joshua Morris	Benedictine	13.78m 45-02.50	2 8
	13.78m FOUL FOUL FOUL FOUL FOUL		
3 Joseph Bieker	Benedictine	13.61m 44-08.00	2 6
	13.61m FOUL FOUL FOUL FOUL FOUL		
4 Bryce Brown	Mid America Naz	13.41m 44-00.00	2 5
	13.41m FOUL FOUL FOUL 12.89m 13.32m		
5 Justin Moeller	William Penn	13.35m 43-09.75	1 4
	12.88m 12.99m 12.95m 13.35m FOUL 13.10m		
6 De'Mario Hanson	Mid America Naz	13.04m 42-09.50	2 3
	12.92m 12.74m 13.04m FOUL FOUL FOUL		
7 Deverius Brown	Baker	13.00m 42-08.00	2 2
	FOUL 12.67m 13.00m FOUL 12.86m 12.67m		
8 Jordan Roland	Mid America Naz	12.86m 42-02.25	2 1
	12.86m 12.63m 12.59m 11.76m FOUL 12.74m		
9 Trent Beck	Grand View	12.74m 41-09.75	1
	12.36m 12.36m 12.74m 12.24m 12.37m		
10 Will DeShazer	Grand View	12.61m 41-04.50	2
	FOUL FOUL 12.61m		
11 Malik Ringstad	Mid America Naz	12.55m 41-02.25	1
	12.22m 11.99m 12.55m		
12 Arnold King	Park U.	12.29m 40-04.00	1
	FOUL 12.29m 12.23m		
13 Joseph Slattery	Central Methodist	12.06m 39-07.00	1
	FOUL 11.84m 12.06m		



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....Event 36 Men Triple Jump

14 Kaleb Bramman	Central Methodist	11.69m	38-04.25	1
11.69m PASS FOUL				
-- Blake Willis	Clarke	FOUL		1
FOUL FOUL PASS				

Event 37 Women Shot Put

Meet: M 14.05m 2013		Florida Siasos, Graceland	
Facility: F 14.74m 2015		Val Veiock, Grand View	
Name	Year School	Finals	H# Points
1 Cassidy Nerland	Grand View	12.87m	42-02.75 2 10
11.94m 11.88m 11.65m FOUL 12.87m 12.22m			
2 LaVon Davis	Grand View	12.57m	41-03.00 2 8
12.13m 12.24m 12.57m 11.72m 12.50m FOUL			
3 Sara Winemiller	Graceland	12.48m	40-11.50 2 6
12.09m 12.02m 12.48m 1.19m 11.97m 11.92m			
4 Bre Nail	Mount Mercy	12.46m	40-10.50 2 5
11.66m FOUL 12.46m 11.93m 12.24m 12.10m			
5 Sydney Flatness	Grand View	12.45m	40-10.25 2 4
12.02m 12.45m 12.23m 12.39m 12.43m 12.22m			
6 Madison Green	Grand View	11.78m	38-07.75 2 3
11.36m 11.34m 10.69m 11.44m FOUL 11.78m			
7 Oceana Papakee	Mount Mercy	11.51m	37-09.25 2 2
11.32m 11.37m FOUL 9.91m FOUL 11.51m			
8 April Czarnecki	Grand View	11.30m	37-01.00 2 1
FOUL FOUL 11.20m FOUL FOUL 11.30m			
9 Iliyah Moore	Grand View	11.08m	36-04.25 1
FOUL 10.75m 11.08m 10.33m FOUL 11.08m			
10 Lauren Willson	Mount Mercy	10.96m	35-11.50 1
10.35m 10.96m 10.77m			
11 Savannah Fields	Missouri Valley	10.60m	34-09.50 1
10.47m 10.07m 10.60m			
12 Colbie Fairley	Baker	10.51m	34-05.75 1
9.35m 10.51m FOUL			
13 Emily Brown	Missouri Valley	10.50m	34-05.50 1
9.89m 10.50m FOUL			
14 Karli Wolfe	Central Methodist	9.92m	32-06.50 2
FOUL 9.92m FOUL			
15 Hanna Wolff	Clarke	9.82m	32-02.75 1
9.82m 9.57m 7.35m			
16 Faith Mendoza	Mount Mercy	9.72m	31-10.75 1
9.72m FOUL			
17 Victoria Olivarez	Central Methodist	9.70m	31-10.00 1
9.13m 9.64m 9.70m			
18 Jessica Seaton	Central Methodist	9.40m	30-10.25 1
9.40m 9.40m FOUL			



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Event 38 Men Shot Put

Meet: M 17.22m 2010		Jim Freeman, Lindenwood			
Facility: F 18.01m 2021		Dylan Kucera, Midland			
Name	Year	School	Finals	H#	Points
1 Zach Stacy		Grand View	15.48m	50-09.50	2 10
	14.62m FOUL FOUL	14.98m FOUL	15.48m		
2 Niles Siefken		Grand View	14.01m	45-11.75	2 8
	11.56m 14.01m 13.80m	13.22m FOUL FOUL			
3 Will Anoa'i		Evangel	13.48m	44-02.75	2 6
	12.73m FOUL FOUL	12.04m 13.48m FOUL			
4 Landon Hansen		William Penn	13.12m	43-00.50	2 5
	FOUL FOUL 13.12m FOUL	FOUL 12.82m			
5 Mitchell Miller		Mount Mercy	13.01m	42-08.25	2 4
	FOUL 12.83m FOUL FOUL	FOUL 13.01m			
6 Tyler Chaffee		Baker	12.96m	42-06.25	2 3
	FOUL FOUL 12.96m FOUL	FOUL 12.60m			
7 Noah Clark		Grand View	12.93m	42-05.25	1 2
	12.45m 12.65m FOUL FOUL	12.93m FOUL			
8 Quin Nichols		Baker	12.81m	42-00.50	1 1
	FOUL 12.33m 12.81m 11.70m	11.92m FOUL			
9 Tyler Goeller		Grand View	12.79m	41-11.50	2
	12.79m FOUL FOUL FOUL	12.70m FOUL			
10 Jaryl Bernard		Missouri Valley	12.42m	40-09.00	2
	FOUL 11.34m 12.42m				
11 Jace Lukefahr		William Penn	12.33m	40-05.50	2
	11.73m 12.33m FOUL				
12 Tony Eason		Park U.	12.14m	39-10.00	1
	12.14m FOUL 11.62m				
13 Taylor Bottomley		Central Methodist	12.11m	39-08.75	2
	FOUL FOUL 12.11m				
14 Dillan Williams		Grand View	11.25m	36-11.00	1
	10.13m 11.25m FOUL				
15 Caleb Rutherford		Mount Mercy	11.20m	36-09.00	1
	FOUL 11.20m FOUL				
16 Steven Murray		William Penn	10.89m	35-08.75	1
	10.46m FOUL 10.89m				
17 Keevon Monroe-McFadden		Park U.	10.43m	34-02.75	1
	10.36m FOUL 10.43m				
18 Hayden Kilson		Missouri Valley	10.23m	33-06.75	1
	9.20m 10.23m 9.80m				
19 Will Byers		Baker	9.51m	31-02.50	1
	FOUL 9.10m 9.51m				
-- Jasper Stottlemeyer		William Penn	FOUL		2
	FOUL FOUL FOUL				



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Event 39 Women Discus Throw

Meet: M 47.58m 2013		Florida Siaoosi, Graceland			
Facility: F 48.24m 2019		Kelsey Betthausser, Dubuque			
Name	Year	School	Finals	H#	Points
1 Madison Green		Grand View	42.29m	138-09	2 10
	38.93m 39.13m 40.45m 39.96m 42.29m		FOUL		
2 LaVon Davis		Grand View	39.95m	131-01	2 8
	34.92m 36.09m 39.95m 38.44m 39.68m 39.27m				
3 Colbie Fairley		Baker	36.69m	120-04	2 6
	FOUL 35.54m 36.69m FOUL FOUL FOUL				
4 Cassidy Nerland		Grand View	35.63m	116-11	2 5
	35.63m 34.85m 33.39m FOUL FOUL FOUL				
5 Iliyiah Moore		Grand View	35.10m	115-02	2 4
	32.26m 33.40m FOUL 31.67m 35.10m 33.70m				
6 Samantha Kane		Clarke	34.51m	113-03	2 3
	31.94m 34.37m 32.59m 34.51m FOUL 34.35m				
7 Jacy Anderson		Baker	33.92m	111-03	2 2
	33.75m 33.45m 32.78m 31.50m FOUL 33.92m				
8 Shikayla Walker		Park U.	33.87m	111-01	1 1
	33.87m FOUL 32.13m				
9 Savannah Fields		Missouri Valley	33.40m	109-07	1
	31.54m 33.19m 33.40m FOUL 31.15m 31.71m				
10 Kassie Baker		Grand View	32.29m	105-11	1
	32.29m FOUL FOUL				
11 Kennise Anderson		Park U.	31.38m	102-11	1
	30.46m FOUL 31.38m				
12 Alyssa Sipes		Baker	30.83m	101-02	2
	29.70m FOUL 30.83m				
13 Victoria Olivarez		Central Methodist	30.26m	99-03	2
	29.53m FOUL 30.26m				
14 Sara Winemiller		Graceland	30.15m	98-11	2
	30.15m FOUL FOUL				
15 Shakyra McDuffie		Missouri Valley	28.92m	94-10	1
	28.08m 28.92m FOUL				
16 Cait Malloy		Grand View	28.79m	94-05	1
	FOUL 27.93m 28.79m				
17 Emily Brown		Missouri Valley	28.57m	93-09	1
	FOUL 22.52m 28.57m				
18 Hanna Wolff		Clarke	28.12m	92-03	1
	27.52m 28.12m 26.38m				
19 Madison Martin		Baker	27.51m	90-03	1
	FOUL 27.51m 26.10m				
20 Teagan Howell		Central Methodist	27.36m	89-09	2
	FOUL 26.45m 27.36m				
21 Michelle Carrillo		Grand View	27.20m	89-03	1
	26.69m FOUL 27.20m				
-- Faith Mendoza		Mount Mercy	FOUL		1
	FOUL FOUL FOUL				



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....Event 39 Women Discus Throw

-- April Czarnecki Grand View FOUL 2
 FOUL FOUL FOUL

Event 40 Men Discus Throw

Meet: M 54.90m 2018		James Plummer, Grand View	
Facility: F 59.10m 2016		Chase Madison, Unattached	
Name	Year School	Finals	H# Points
1 Shonnardo Bodie	Baker	45.38m	148-11 2 10
FOUL 43.95m FOUL FOUL	37.41m 45.38m		
2 Niles Siefken	Grand View	45.10m	147-11 2 8
41.05m FOUL 42.26m FOUL	45.10m 42.20m		
3 Taylor Bottomley	Central Methodist	44.35m	145-06 2 6
41.82m 44.35m FOUL FOUL	43.48m FOUL		
4 Noah Clark	Grand View	43.52m	142-09 2 5
40.45m 43.52m 40.07m 40.27m FOUL	39.33m		
5 Mitchell Miller	Mount Mercy	42.44m	139-03 2 4
33.78m 40.35m 41.51m FOUL	42.44m FOUL		
6 Tyler Goeller	Grand View	42.00m	137-09 2 3
FOUL 40.70m 42.00m 38.94m FOUL FOUL			
7 Caleb Rutherford	Mount Mercy	40.81m	133-11 2 2
38.70m 40.81m 39.13m FOUL	36.20m FOUL		
8 Zach Stacy	Grand View	39.68m	130-02 2 1
38.62m FOUL 34.03m FOUL	39.68m FOUL		
9 Jasper Stottlemyer	William Penn	37.06m	121-07 2
FOUL FOUL 37.06m 35.22m FOUL FOUL			
10 Tony Eason	Park U.	36.75m	120-07 2
31.95m 33.14m 36.75m			
11 Hayden Kilson	Missouri Valley	36.30m	119-01 1
35.21m 36.30m FOUL			
12 Jaryl Bernard	Missouri Valley	36.18m	118-08 1
FOUL 33.22m 36.18m			
13 Mitchell Hufker	Mid America Naz	35.62m	116-10 1
35.62m 34.74m FOUL			
14 Ethan Lind	Baker	35.00m	114-10 1
34.14m 33.35m 35.00m			
15 Keevon Monroe-McFadden	Park U.	34.36m	112-09 2
31.57m 31.40m 34.36m			
16 Hayden Hackman	Central Methodist	33.83m	111-00 2
33.83m FOUL FOUL			
17 Quin Nichols	Baker	33.38m	109-06 1
33.38m FOUL FOUL			
18 Jace Lukefahr	William Penn	31.88m	104-07 1
FOUL 31.88m 31.44m			
19 Steven Murray	William Penn	31.75m	104-02 1
31.75m 30.78m 30.26m			
20 Dillan Williams	Grand View	30.61m	100-05 1
30.61m 28.55m 29.33m			



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....Event 40 Men Discus Throw

21 Peter Weber	Benedictine	29.48m	96-09	1
24.90m 27.48m 29.48m				
22 Zach Meyer	Benedictine	29.42m	96-06	1
29.42m 25.87m 26.85m				
23 Sully Adams	Clarke	28.91m	94-10	1
28.90m 28.91m FOUL				
24 Carter Mahon	Mount Mercy	24.20m	79-05	1
FOUL 24.20m FOUL				

Event 41 Women Hammer Throw

Meet: M 54.82m 2019		Michelle Carrillo, Grand View	
Facility: F 57.53m 2012		Kate Walter, NW Missouri St	
Name	Year School	Finals	H# Points
1 Michelle Carrillo	Grand View	55.35mM	181-07 2 10
53.13m FOUL 51.63m 54.68m 55.35m FOUL			
2 LaVon Davis	Grand View	55.10mM	180-09 2 8
FOUL 55.10m FOUL FOUL 47.44m FOUL			
3 Katlyn Hendrickson	Mid America Naz	52.22m	171-04 2 6
49.00m 50.52m 52.22m FOUL 51.16m 49.77m			
4 Madison Green	Grand View	47.20m	154-10 2 5
44.41m FOUL 45.33m 44.15m 43.95m 47.20m			
5 Shikayla Walker	Park U.	44.88m	147-03 2 4
43.60m FOUL FOUL 41.70m 44.88m 43.40m			
6 Cassidy Nerland	Grand View	43.96m	144-03 2 3
43.96m FOUL FOUL 43.41m FOUL 42.32m			
7 Oceana Papakee	Mount Mercy	43.56m	142-11 2 2
42.75m 42.91m 43.56m 41.22m 43.44m 39.72m			
8 Lauren Willson	Mount Mercy	43.44m	142-06 2 1
42.85m 41.81m 43.12m 43.44m 42.92m 42.26m			
9 Jacy Anderson	Baker	41.40m	135-10 1
41.40m FOUL 37.41m 38.72m FOUL 37.92m			
10 Hanna Wolff	Clarke	40.75m	133-08 1
40.12m FOUL 40.75m			
11 Iliyah Moore	Grand View	40.43m	132-08 2
40.43m FOUL FOUL			
12 Alyssa Sipes	Baker	39.94m	131-00 2
FOUL 39.94m 37.05m			
13 Bre Nail	Mount Mercy	39.91m	130-11 1
34.65m 36.45m 39.91m			
14 Abigael Sullivan	Graceland	39.89m	130-10 2
39.89m 39.20m FOUL			
15 Samantha Kane	Clarke	39.33m	129-00 1
39.33m 38.25m 39.22m			
16 Teagan Howell	Central Methodist	37.83m	124-01 1
37.83m FOUL FOUL			
17 Emily Brown	Missouri Valley	37.51m	123-01 1
37.35m 35.02m 37.51m			



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....Event 41 Women Hammer Throw

18 Sydney Flatness	Grand View	36.89m	121-00	1
36.89m FOUL 34.75m				
19 Cait Malloy	Grand View	36.82m	120-10	1
36.82m 35.21m 36.47m				
20 Savannah Fields	Missouri Valley	36.02m	118-02	2
35.96m 36.02m FOUL				
21 Macie Ables	Missouri Valley	35.06m	115-00	1
35.06m 34.05m FOUL				
22 Katherine Geist	Benedictine	34.19m	112-02	2
34.19m FOUL FOUL				
23 Kennise Anderson	Park U.	32.85m	107-09	1
FOUL 30.19m 32.85m				
24 Jessica Seaton	Central Methodist	32.27m	105-10	1
FOUL 32.27m 31.66m				
25 Colbie Fairley	Baker	30.57m	100-03	1
30.57m 28.67m FOUL				

Event 42 Men Hammer Throw

Meet: M 63.37m 2010		Bruno Boccalotta, Lindenwood			
Facility: F 65.98m 2017		Cody Boellstorf, Concordia			
Name	Year	School	Finals	H#	Points
1 Davon Hare-Ellis		Mid America Naz	53.35m	175-00	2 10
FOUL 50.58m 52.45m	FOUL	53.28m 53.35m			
2 Tyler Goeller		Grand View	52.72m	172-11	2 8
49.57m 52.72m FOUL	48.27m	49.76m 51.67m			
3 Taylor Bottomley		Central Methodist	51.14m	167-09	2 6
40.49m 46.90m FOUL	FOUL FOUL	51.14m			
4 Noah Clark		Grand View	49.42m	162-02	2 5
FOUL 45.26m 46.75m	45.89m	48.85m 49.42m			
5 Jacob Boyle		Mount Mercy	47.27m	155-01	2 4
46.46m FOUL 47.08m	45.80m	47.27m 46.69m			
6 Ethan Lind		Baker	46.63m	153-00	2 3
43.37m 44.00m 45.31m	42.11m	43.02m 46.63m			
7 Mitchell Miller		Mount Mercy	45.23m	148-05	2 2
37.17m 44.64m FOUL	FOUL	44.61m 45.23m			
8 Shonnardo Bodie		Baker	43.83m	143-09	2 1
43.83m FOUL 43.37m	43.35m	43.01m 41.78m			
9 Caleb Rutherford		Mount Mercy	43.46m	142-07	2
43.46m FOUL 39.41m	40.74m	FOUL FOUL			
10 Sully Adams		Clarke	43.00m	141-01	2
43.00m FOUL 40.20m					
11 Gage Hiebert		Mid America Naz	42.35m	138-11	1
41.38m 41.81m 42.35m					
12 Nick Allen		Mid America Naz	41.37m	135-09	2
41.37m FOUL 40.29m					
13 Mitchell Hufker		Mid America Naz	40.17m	131-09	2
FOUL 40.17m 38.41m					



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14	Tyler Chaffee	Baker	38.71m	127-00	1
	36.28m 37.19m 38.71m				
15	Quin Nichols	Baker	38.27m	125-07	1
	38.27m 37.60m 38.20m				
16	Zach Stacy	Grand View	38.11m	125-00	1
	36.79m FOUL 38.11m				
17	Jesse Birlson	William Penn	38.04m	124-10	1
	38.04m FOUL FOUL				
18	Jaryl Bernard	Missouri Valley	37.61m	123-05	1
	FOUL 37.61m FOUL				
19	Niles Siefken	Grand View	37.00m	121-05	1
	37.00m 36.27m FOUL				
20	Dillan Williams	Grand View	35.94m	117-11	1
	34.66m 35.94m FOUL				
21	Jace Lukefahr	William Penn	35.75m	117-03	1
	31.85m 35.75m FOUL				
22	Hayden Kilson	Missouri Valley	35.27m	115-08	1
	FOUL 35.27m 33.58m				
23	Will Byers	Baker	34.65m	113-08	1
	FOUL 34.65m FOUL				
24	James Blackwell	William Penn	34.24m	112-04	1
	33.61m 34.24m FOUL				
25	Steven Murray	William Penn	34.23m	112-04	1
	32.58m 34.23m FOUL				
--	Jasper Stottlemeyer	William Penn	FOUL		2
	FOUL FOUL FOUL				

Event 43 Women Javelin Throw

Meet: M 45.69m 2018		Kendyl McDougald, MidAmerica Nazarene	
Facility: F 43.93m 2011		Jenna Higgins, Mt. Mercy	
Name	Year School	Finals	H# Points
1 Autumn Avery	Mid America Naz	39.66m	130-01 2 10
	38.06m 39.20m 39.66m FOUL FOUL FOUL		
2 Kennedy Comstock	Baker	39.34m	129-01 2 8
	37.24m 39.34m 38.12m 34.93m 37.52m 38.10m		
3 Calyssa Plymell	Central Methodist	36.52m	119-10 2 6
	34.50m 36.52m 32.40m 31.90m 34.18m FOUL		
4 Morgan Thomas	Baker	36.45m	119-07 2 5
	FOUL 36.19m FOUL 34.94m 36.45m FOUL		
5 Kaitlin Holschlag	Grand View	33.25m	109-01 2 4
	29.97m 33.25m FOUL 29.55m 31.72m 30.44m		
6 McKayla Edwards	Grand View	32.55m	106-09 2 3
	FOUL 32.55m FOUL FOUL 29.79m 24.91m		
7 Maura Buhler	Benedictine	31.31m	102-09 2 2
	29.22m 31.31m FOUL 27.19m 29.38m FOUL		
8 Claire Ronnebaum	Clarke	30.83m	101-02 1 1
	27.23m 29.25m 30.83m FOUL 25.92m 27.13m		



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9	Katlyn Hendrickson	Mid America Naz	29.67m	97-04	2
	FOUL 29.67m 29.50m FOUL FOUL FOUL				
10	Abby Hill	Mount Mercy	29.40m	96-05	2
	FOUL 25.14m 29.40m				
11	Faith Schier	Clarke	29.14m	95-07	1
	26.09m 26.74m 29.14m				
12	Amara Feyrer-Melk	Benedictine	27.99m	91-10	2
	27.99m FOUL FOUL				
13	Madison Green	Grand View	27.89m	91-06	2
	FOUL 27.89m FOUL				
14	Sydnee Turner	Mount Mercy	27.81m	91-03	1
	27.81m 27.75m 26.60m				
15	Samantha Kane	Clarke	27.28m	89-06	1
	FOUL FOUL 27.28m				
16	Emily Brown	Missouri Valley	26.99m	88-06	1
	24.88m 23.55m 26.99m				
17	Sydney Flatness	Grand View	26.22m	86-00	1
	21.34m 23.86m 26.22m				
18	Karli Wolfe	Central Methodist	24.24m	79-06	1
	23.28m 24.24m 23.66m				
19	Kaytlin Eder	Clarke	24.12m	79-02	1
	22.81m 23.24m 24.12m				
20	Iliyah Moore	Grand View	23.88m	78-04	1
	23.88m FOUL 20.36m				
21	Holly Piroli	Missouri Valley	23.46m	77-00	1
	23.46m FOUL FOUL				
--	Jessica Seaton	Central Methodist	FOUL		1
	FOUL FOUL FOUL				

Event 44 Men Javelin Throw

Meet: M 59.38m 2003		John Praeuner, MidAmerica Nazarene	
Facility: F 60.90m 2015		Keegan Bludworth, Viterbo	
Name	Year School	Finals	H# Points
1	Gage Hiebert	Mid America Naz	57.68m 189-03 2 10
	55.46m 56.60m 55.29m 56.30m 57.68m 56.66m		
2	Hunter Krom	Baker	56.83m 186-05 2 8
	49.72m 56.83m 49.45m 49.94m 52.42m 52.73m		
3	Gabriel De Valle	Baker	55.52m 182-02 2 6
	51.18m 5.23m 54.59m 54.49m 53.54m 55.52m		
4	Sean Madsen	Grand View	53.96m 177-00 2 5
	53.96m 50.50m FOUL 45.87m 48.82m 49.45m		
5	Nick Allen	Mid America Naz	50.99m 167-03 2 4
	50.59m 46.48m 50.99m 49.09m 45.33m 50.03m		
6	Nathan Spain	Baker	49.74m 163-02 2 3
	48.92m 49.74m FOUL 46.28m FOUL FOUL		
7	Colton Hutchinson	Baker	49.53m 162-06 2 2
	48.29m 44.22m 49.10m 48.07m 46.39m 49.53m		



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8	Kendall Novo-Gradac	Baker	46.93m	154-00	2	1
	FOUL 46.93m 45.02m 44.72m 44.21m FOUL					
9	Jayden Temme	Benedictine	44.61m	146-04	1	
	41.62m 41.41m 43.91m PASS PASS 44.61m					
10	Niles Siefken	Grand View	43.31m	142-01	1	
	FOUL 43.31m FOUL					
11	Zach Stellman	Missouri Valley	43.08m	141-04	1	
	43.08m 36.01m 41.50m					
12	Noah Clark	Grand View	40.79m	133-10	2	
	40.79m 39.71m 38.61m					
13	Jesse Birlson	William Penn	40.40m	132-06	1	
	FOUL 40.40m 39.32m					
14	Sergio Chofong	Mount Mercy	37.53m	123-01	1	
	34.66m 36.47m 37.53m					
15	Ethan Harrington	William Penn	37.27m	122-03	1	
	36.52m 37.27m 34.35m					
16	Dillan Williams	Grand View	36.30m	119-01	1	
	36.30m 34.32m 35.61m					
17	Carter Mahon	Mount Mercy	32.81m	107-08	1	
	32.81m FOUL FOUL					
18	Tyson Cathy	Benedictine	27.36m	89-09	1	
	27.36m FOUL FOUL					

Event 45 Women Heptathlon

Name	Year	School	Finals	H#	Points
1 Carly Lindenmeyer		Mid America Naz	4187	10	
2 Amara Taylor		Grand View	4042	8	
3 Mya Moore		Grand View	3888	6	
4 Aquila Mucubaquire		Central Methodist	3710	5	
5 Paige Schmid		Benedictine	3609	4	
6 Ashlynn Perkins		Graceland	3567	3	
7 Caspian Tressin		Mid America Naz	3230	2	
8 Sydney Norman		Clarke	2849	1	
9 Marian Coover		Grand View	2681		

Event 45 Heptathlon: #1 Women 100 Meter Hurdles Heptathlon

Name	Year	School	Finals	H#	Points
1 Amara Taylor		Grand View	14.97	3	846
2 Mya Moore		Grand View	15.03	3	838
3 Carly Lindenmeyer		Mid America Naz	16.25	3	684
4 Aquila Mucubaquire		Central Methodist	16.43	1	662
5 Marian Coover		Grand View	16.70	2	631
6 Ashlynn Perkins		Graceland	16.84	1	615



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....Event 45 Heptathlon: #1 Women 100 Meter Hurdles Heptathlon

7 Paige Schmid	Benedictine	16.92	2	606
8 Caspian Tressin	Mid America Naz	17.18	2	576
9 Sydney Norman	Clarke	18.91	1	399

Event 45 Heptathlon: #2 Women High Jump Heptathlon

Name	Year	School	Finals	Points
1 Carly Lindenmeyer		Mid America Naz	1.61m 5-03.25	747
	1.22 1.25 1.28 1.31 1.34 1.37 1.40 1.43 1.46 1.49 1.52 1.55 1.58 1.61 1.64			
	P P P P P P P P P P O XO XXO O XXX			
1 Ashlynn Perkins		Graceland	1.61m 5-03.25	747
	1.22 1.25 1.28 1.31 1.34 1.37 1.40 1.43 1.46 1.49 1.52 1.55 1.58 1.61 1.64			
	P P P P P P P P P O P XO XO O XXX			
3 Paige Schmid		Benedictine	1.49m 4-10.50	610
	1.22 1.25 1.28 1.31 1.34 1.37 1.40 1.43 1.46 1.49 1.52			
	O P O P O O O O XXO O XXX			
4 Sydney Norman		Clarke	1.46m 4-09.50	577
	1.22 1.25 1.28 1.31 1.34 1.37 1.40 1.43 1.46 1.49			
	P P P P P P XO O XXO XXX			
4 Aquila Mucubaquire		Central Methodist	1.46m 4-09.50	577
	1.22 1.25 1.28 1.31 1.34 1.37 1.40 1.43 1.46 1.49			
	O P O O XO XO XO XO XXX			
6 Mya Moore		Grand View	1.43m 4-08.25	544
	1.22 1.25 1.28 1.31 1.34 1.37 1.40 1.43 1.46 1.49			
	P P P O P O P O P XXX			
6 Marian Coover		Grand View	1.43m 4-08.25	544
	1.22 1.25 1.28 1.31 1.34 1.37 1.40 1.43 1.46			
	P P O P O XO O O XXX			
8 Caspian Tressin		Mid America Naz	1.40m 4-07.00	512
	1.22 1.25 1.28 1.31 1.34 1.37 1.40 1.43			
	P P P P O O O XXX			
9 Amara Taylor		Grand View	1.37m 4-06.00	481
	1.22 1.25 1.28 1.31 1.34 1.37 1.40			
	P P P O P O XXX			

Event 45 Heptathlon: #3 Women Shot Put Heptathlon

Name	Year	School	Finals	Points
1 Aquila Mucubaquire		Central Methodist	10.21m 33-06.00	543
	9.89m 9.38m 10.21m			
2 Paige Schmid		Benedictine	8.88m 29-01.75	456
	8.88m 8.69m 8.53m			
3 Amara Taylor		Grand View	8.77m 28-09.25	449
	FOUL 7.80m 8.77m			
4 Mya Moore		Grand View	8.73m 28-07.75	447
	8.61m 8.50m 8.73m			



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5	Caspian Tressin	Mid America Naz	8.42m	27-07.50	427
	8.32m 8.42m 6.98m				
6	Carly Lindenmeyer	Mid America Naz	8.00m	26-03.00	399
	FOUL 8.00m 7.77m				
7	Sydney Norman	Clarke	7.73m	25-04.50	382
	7.73m 7.38m 6.33m				
8	Ashlynn Perkins	Graceland	7.54m	24-09.00	370
	7.54m 7.46m 6.97m				
9	Marian Coover	Grand View	7.30m	23-11.50	354
	7.12m 7.30m 6.76m				

Event 45 Heptathlon: #4 Women 200 Meter Dash Heptathlon

Name	Year School	Finals	H#	Points
1 Mya Moore	Grand View	26.68	2	739
2 Carly Lindenmeyer	Mid America Naz	27.00	2	712
3 Amara Taylor	Grand View	27.33	2	685
4 Aquila Mucubaquire	Central Methodist	27.39	2	680
5 Paige Schmid	Benedictine	28.13	2	621
6 Caspian Tressin	Mid America Naz	28.39	1	600
7 Ashlynn Perkins	Graceland	28.78	1	571
8 Marian Coover	Grand View	28.87	1	564
9 Sydney Norman	Clarke	29.40	1	525

Event 45 Heptathlon: #5 Women Long Jump Heptathlon

Name	Year School	Finals	Points
1 Carly Lindenmeyer	Mid America Naz	5.45m 17-10.75	686
		5.45m 5.39m 5.30m	
2 Amara Taylor	Grand View	4.89m 16-00.50	530
		4.59m 4.62m 4.89m	
3 Paige Schmid	Benedictine	4.72m 15-06.00	485
		4.72m 4.63m 4.61m	
4 Ashlynn Perkins	Graceland	4.61m 15-01.50	456
		4.48m 4.15m 4.61m	
5 Mya Moore	Grand View	4.51m 14-09.75	431
		4.51m 4.44m 4.51m	
6 Aquila Mucubaquire	Central Methodist	4.48m 14-08.50	423
		4.48m 4.33m 4.46m	
7 Caspian Tressin	Mid America Naz	4.39m 14-05.00	401
		4.39m 4.31m 4.21m	
8 Sydney Norman	Clarke	4.12m 13-06.25	336
		4.03m 4.12m 3.76m	
-- Marian Coover	Grand View	FOUL	
		FOUL FOUL FOUL	



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Event 45 Heptathlon: #6 Women Javelin Throw Heptathlon

Name	Year School	Finals	Points
1 Amara Taylor 26.63m 22.20m 27.33m	Grand View	27.33m	89-08 426
2 Carly Lindenmeyer FOUL 24.66m FOUL	Mid America Naz	24.66m	80-11 376
3 Paige Schmid FOUL FOUL 23.47m	Benedictine	23.47m	77-00 354
4 Aquila Mucubaquire 19.61m 23.18m 17.96m	Central Methodist	23.18m	76-00 348
5 Mya Moore FOUL FOUL 22.69m	Grand View	22.69m	74-05 339
6 Sydney Norman 18.54m 17.15m 18.61m	Clarke	18.61m	61-01 263
7 Caspian Tressin 16.73m 15.88m 14.02m	Mid America Naz	16.73m	54-11 228
8 Ashlynn Perkins 16.55m FOUL 16.59m	Graceland	16.59m	54-05 226
9 Marian Coover 14.10m 15.11m 13.93m	Grand View	15.11m	49-07 199

Event 45 Heptathlon: #7 Women 800 Meter Run Heptathlon

Name	Year School	Finals	Points
1 Amara Taylor 1:14.142 (1:14.142)	Grand View	2:35.54	625
2 Carly Lindenmeyer 1:13.924 (1:13.924)	Mid America Naz	2:39.14	583
3 Ashlynn Perkins 1:15.218 (1:15.218)	Graceland	2:39.20	582
4 Mya Moore 1:16.008 (1:16.008)	Grand View	2:42.04	550
5 Caspian Tressin 1:18.142 (1:18.142)	Mid America Naz	2:47.90	486
6 Paige Schmid 1:18.369 (1:18.369)	Benedictine	2:48.74	477
7 Aquila Mucubaquire 1:19.455 (1:19.455)	Central Methodist	2:48.76	477
8 Marian Coover 1:21.656 (1:21.656)	Grand View	2:57.51	389
9 Sydney Norman 1:20.876 (1:20.876)	Clarke	2:59.76	367



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Event 46 Men Decathlon

Name	Year	School	Finals	H#	Points
Meet: M	6506	2011	Logan Pettz, William Jewell		
Facility: F	6311	2016	Julian White, Graceland		
1 Hayden Hackman		Central Methodist	5936		10
2 Kacyn Pickering		Grand View	5539		8
3 James Vandun		Clarke	5138		6
4 Timothy Miller		Clarke	4889		5
5 Jacob Large		Grand View	4860		4

Event 46 Decathlon: #1 Men 100 Meter Dash Decathlon

Name	Year	School	Finals	Points
1 Hayden Hackman		Central Methodist	11.50	753
2 Kacyn Pickering		Grand View	11.84	683
3 James Vandun		Clarke	11.91	669
4 Jacob Large		Grand View	12.12	628
5 Timothy Miller		Clarke	12.16	620

Event 46 Decathlon: #2 Men Long Jump Decathlon

Name	Year	School	Finals	Points
1 Hayden Hackman 6.15m 6.09m 6.28m		Central Methodist	6.28m	20-07.25 648
2 Jacob Large 6.01m 5.96m 6.18m		Grand View	6.18m	20-03.50 626
3 Kacyn Pickering 6.14m 6.07m 5.89m		Grand View	6.14m	20-01.75 617
4 James Vandun 6.10m 4.48m FOUL		Clarke	6.10m	20-00.25 608
5 Timothy Miller 5.52m 5.17m FOUL		Clarke	5.52m	18-01.50 485

Event 46 Decathlon: #3 Men Shot Put Decathlon

Name	Year	School	Finals	Points
1 Kacyn Pickering 9.64m 9.48m 9.55m		Grand View	9.64m	31-07.50 464
2 James Vandun 8.62m 9.54m FOUL		Clarke	9.54m	31-03.75 458
3 Timothy Miller FOUL FOUL 8.82m		Clarke	8.82m	28-11.25 415
4 Jacob Large 7.87m FOUL 8.10m		Grand View	8.10m	26-07.00 372
-- Hayden Hackman FOUL FOUL FOUL		Central Methodist	FOUL	



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Event 46 Decathlon: #4 Men High Jump Decathlon

Name	Year	School	Finals	Points
1 Hayden Hackman		Central Methodist	1.93m 6-04.00	740
	1.57 1.60 1.63 1.66 1.69 1.72 1.75 1.78 1.81 1.84 1.87 1.90 1.93 1.96			
	P P P P P P O P O P O XXO XXO XXX			
2 Kacyn Pickering		Grand View	1.72m 5-07.75	560
	1.57 1.60 1.63 1.66 1.69 1.72 1.75			
	P O O P XO O XXX			
3 James Vandun		Clarke	1.69m 5-06.50	536
	1.57 1.60 1.63 1.66 1.69 1.72			
	P P O O XO XXX			
3 Timothy Miller		Clarke	1.69m 5-06.50	536
	1.57 1.60 1.63 1.66 1.69 1.72			
	O O O XXO O XXX			
5 Jacob Large		Grand View	1.66m 5-05.25	512
	1.57 1.60 1.63 1.66 1.69			
	P O O O XXX			

Event 46 Decathlon: #5 Men 400 Meter Dash Decathlon

Name	Year	School	Finals	Points
1 Hayden Hackman		Central Methodist	50.43	795
2 Kacyn Pickering		Grand View	53.05	679
3 James Vandun		Clarke	54.22	631
4 Timothy Miller		Clarke	54.36	625
5 Jacob Large		Grand View	56.48	541

Event 46 Decathlon: #6 Men 110 Meter Hurdles Decathlon

Name	Year	School	Finals	H#	Points
1 Kacyn Pickering		Grand View	15.97	2	736
2 Jacob Large		Grand View	16.43	2	685
3 Timothy Miller		Clarke	16.59	1	668
4 James Vandun		Clarke	16.83	2	642
5 Hayden Hackman		Central Methodist	17.18	1	606

Event 46 Decathlon: #7 Men Discus Throw Decathlon

Name	Year	School	Finals	Points
1 Hayden Hackman		Central Methodist	39.35m 129-01	651
	30.34m 39.35m FOUL			
2 Kacyn Pickering		Grand View	25.46m 83-06	376
	FOUL 25.46m FOUL			
3 Timothy Miller		Clarke	24.50m 80-04	357
	24.50m FOUL 2.55m			



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....Event 46 Decathlon: #7 Men Discus Throw Decathlon

4 James Vandun	Clarke	22.17m	72-09	313
21.12m 22.17m 21.29m				
5 Jacob Large	Grand View	19.72m	64-08	267
FOUL 18.34m 19.72m				

Event 46 Decathlon: #8 Men Pole Vault Decathlon

Name	Year School	Finals	Points
1 Hayden Hackman	Central Methodist	4.10m 13-05.25	645
3.80 4.10 4.70			
O XXO XPP			
2 Kacyn Pickering	Grand View	3.50m 11-05.75	482
2.60 2.70 2.80 2.90 3.00 3.10 3.20 3.30 3.40 3.50 3.60			
P O P O O P P O XO O XXX			
3 James Vandun	Clarke	3.40m 11-01.75	457
2.60 2.70 2.80 2.90 3.00 3.10 3.20 3.30 3.40 3.50			
O P XO XO P O P O XXO XXX			
4 Jacob Large	Grand View	3.10m 10-02.00	381
2.60 2.70 2.80 2.90 3.00 3.10 3.20			
P O P O O O XXX			
5 Timothy Miller	Clarke	3.00m 9-10.00	357
2.60 2.70 2.80 2.90 3.00 3.10			
XO XPP O O XO XXX			

Event 46 Decathlon: #9 Men Javelin Throw Decathlon

Name	Year School	Finals	Points
1 Hayden Hackman	Central Methodist	38.62m 126-08	422
38.62m 38.21m 35.97m			
2 Kacyn Pickering	Grand View	35.99m 118-01	384
35.99m 32.20m FOUL			
3 Jacob Large	Grand View	33.37m 109-06	347
33.37m 30.06m 31.87m			
4 James Vandun	Clarke	29.91m 98-01	298
29.91m FOUL 29.27m			
5 Timothy Miller	Clarke	28.11m 92-03	273
26.58m 28.11m FOUL			

Event 46 Decathlon: #10 Men 1500 Meter Run Decathlon

Name	Year School	Finals	Points
1 Hayden Hackman	Central Methodist	4:40.66 676	
52.881 (52.881) 2:05.030 (1:12.149) 3:23.009 (1:17.979) 4:40.655 (1:17.646)			
2 Kacyn Pickering	Grand View	5:00.36 558	
51.805 (51.805) 2:09.302 (1:17.498) 3:40.075 (1:30.774) 5:00.352 (1:20.277)			



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....Event 46 Decathlon: #10 Men 1500 Meter Run Decathlon

3	Timothy Miller	Clarke	5:01.10	553
	55.748 (55.748)	2:16.731 (1:20.983)	3:43.701 (1:26.970)	5:01.095 (1:17.394)
4	James Vandun	Clarke	5:05.95	526
	56.103 (56.103)	2:17.646 (1:21.543)	3:44.316 (1:26.670)	5:05.949 (1:21.633)
5	Jacob Large	Grand View	5:10.38	501
	55.895 (55.895)	2:18.715 (1:22.821)	3:49.343 (1:30.629)	5:10.375 (1:21.032)

Women - Team Rankings - 23 Events Scored

1)	Grand View	176	2)	Central Methodist	115.33
3)	Mid America Nazarene	107	4)	Baker	103.33
5)	Benedictine	92	6)	Mount Mercy	87
7)	Graceland	67	8)	Park U.	49
9)	William Penn	44	10)	Clarke	32
11)	Culver-Stockton	11	12)	Evangel	6.33
13)	Missouri Valley	1			

Men - Team Rankings - 23 Events Scored

1)	Grand View	208	2)	Baker	167
3)	Central Methodist	105.50	4)	Mid America Nazarene	91
5)	William Penn	68	5)	Benedictine	68
7)	Mount Mercy	47.50	8)	Graceland	36
9)	Evangel	35	10)	Clarke	28
11)	Missouri Valley	15	12)	Park U.	11
13)	Culver-Stockton	9			

