

2021 Gary Dubbs Ralston Ram Relays - 4/3/2021**Ralston High School
Results - Running Events****Event 13 Girls 4x1600 Meter Relay**

| School | Finals | Points |
|--|----------------------|--------|
| Finals | | |
| 1 Fremont 'A' | 23:16.21 | 10 |
| 1) Hemmer, Chloe | 2) LaFavor, Avry | |
| 3) Hemmer, Mara | 4) Nau, Emily | |
| 5:45.841 (5:45.841) 12:06.072 (6:20.232) 17:39.116 (5:33.044) 23:16.206 (5:37.090) | | |
| 2 Norfolk 'A' | 23:37.02 | 8 |
| 1) Ruda, Abbi | 2) Meier, Molly | |
| 3) Mortimer, Rachel | 4) Protzman, Esther | |
| 5:40.243 (5:40.243) 11:48.425 (6:08.182) 17:34.137 (5:45.713) 23:37.020 (6:02.883) | | |
| 3 Millard South 'A' | 24:11.80 | 6 |
| 1) Johnson, Abby | 2) Seevers, Ally | |
| 3) McLain, Julia | 4) Kunz, Madeline | |
| 6:17.373 (6:17.373) 12:25.803 (6:08.430) 18:20.947 (5:55.144) 24:11.792 (5:50.845) | | |
| 4 Blair 'A' | 24:42.50 | 4 |
| 1) Baedke, Sophia | 2) Czapla, Allie | |
| 3) Lamoureux, Emily | 4) Schrick, Chloe | |
| 6:09.268 (6:09.268) 12:02.721 (5:53.453) 18:16.275 (6:13.554) 24:42.498 (6:26.224) | | |
| 5 Papillion LaVista 'A' | 26:35.10 | 2 |
| 1) Adcock, Allison | 2) Adcock, Haley | |
| 3) Karnik, Josie | 4) Withers, Courtney | |
| 6:39.767 (6:39.767) 13:31.903 (6:52.137) 20:02.841 (6:30.938) 26:35.092 (6:32.252) | | |

Event 14 Boys 4x1600 Meter Relay

| School | Finals | Points |
|--|-----------------------|--------|
| Finals | | |
| 1 Lincoln North Star 'A' | 18:22.88 | 10 |
| 1) Montes, Matthew | 2) Zaborowski, Ethan | |
| 3) Wasserman, Grant | 4) Chot, Liem | |
| 4:38.597 (4:38.597) 9:23.539 (4:44.943) 13:57.859 (4:34.320) 18:22.878 (4:25.019) | | |
| 2 Norfolk 'A' | 19:19.49 | 8 |
| 1) Ochoa, Isaac | 2) Uzzell, Cole | |
| 3) Guenther, Isaac | 4) Yowell, Daniel | |
| 4:37.622 (4:37.622) 9:31.954 (4:54.333) 14:29.007 (4:57.053) 19:19.489 (4:50.483) | | |
| 3 Papillion LaVista 'A' | 19:59.27 | 6 |
| 1) Detlefsen, Joe | 2) Tadlock, Jakob | |
| 3) Wills, James | 4) Foix, Ethan | |
| 4:57.546 (4:57.546) 10:06.509 (5:08.964) 15:04.258 (4:57.749) 19:59.261 (4:55.003) | | |
| 4 Millard South 'A' | 20:35.66 | 4 |
| 1) Rix, Kyle | 2) Robertson, Aiden | |
| 3) Lawrence, Jack | 4) Cloyd, Travis | |
| 5:00.461 (5:00.461) 10:15.029 (5:14.569) 15:22.169 (5:07.140) 20:35.659 (5:13.490) | | |
| 5 Ralston 'A' | 24:15.34 | 2 |
| 1) Albeno, Pablo | 2) Kelsey, Nikolas | |
| 3) Tirado, Luis | 4) Montgomery, Chayse | |
| 5:49.148 (5:49.148) 11:48.572 (5:59.424) 17:54.591 (6:06.019) 24:15.339 (6:20.749) | | |



2021 Gary Dubbs Ralston Ram Relays - 4/3/2021**Ralston High School****Results - Running Events****Event 15 Girls 4x100 Meter Shuttle Hurdle**

| School | Finals | Points |
|-------------------------|----------------------|--------|
| 1 Papillion LaVista 'A' | 1:12.20 | 10 |
| 1) Able, Morgan | 2) Glaser, Morgan | |
| 3) Jensen, Abigail | 4) Glaser, Sarah | |
| 2 Norfolk 'A' | 1:14.56 | 8 |
| 1) Williams, Amaya | 2) Storovich, Kailyn | |
| 3) Sellin, Amanda | 4) Wichman, Miley | |
| 3 Fremont 'A' | 1:23.58 | 6 |
| 1) Newill, Hailey | 2) Brahmer, Morgan | |
| 3) Grosse, Maddi | 4) Murphy, McKenna | |

Event 16 Boys 4x64 Meter Shuttle Hurdle

| School | Finals | Points |
|----------------------|------------------------|--------|
| 1 Norfolk 'A' | 38.00 | 10 |
| 1) Sellin, Tyler | 2) Williams, Christian | |
| 3) Storovich, Braden | 4) Borst, Nick | |

Event 17 Girls 4x100 Meter Relay

| School | Finals | Points |
|---------------------------|-----------------------------|--------|
| 1 Blair 'A' | 49.94 | 10 |
| 1) Osborn, Abby | 2) Beemer, Reese | |
| 3) Roehrs, Erika | 4) Galbraith, Grace | |
| 2 Fremont 'A' | 49.98 | 8 |
| 1) Cooper, Ella | 2) Glause, Sydney | |
| 3) Meyer, Hannah | 4) Gleason, Tania | |
| 3 Millard South 'A' | 51.04 | 6 |
| 1) Lawson, Bernice | 2) Lang, Amari | |
| 3) Bare, Emily | 4) Kaasch, Lilee | |
| 4 Papillion LaVista 'A' | 51.62 | 4 |
| 1) Salamanca, Alexia | 2) Miller, Lindsay | |
| 3) Williams, Ciara | 4) Cunningham, Ava | |
| 5 Norfolk 'A' | 53.07 | 2 |
| 1) O'Brien, Ryann | 2) Stickler, Emmalee | |
| 3) Chambers, Kayla | 4) Kollmar, Kaia | |
| 6 Lincoln North Star 'A' | 53.84 | 1 |
| 1) Biven, Kenzie | 2) Zastrow, Greta | |
| 3) Webb, Jaeden | 4) Osman, Ruaa | |
| 7 Ralston 'A' | 1:00.86 | |
| 1) Salinas-Reyes, Annalie | 2) Bahena-Flores, Catherine | |
| 3) Chumley, Madison | 4) Calderon Riano, Andrea | |



2021 Gary Dubbs Ralston Ram Relays - 4/3/2021**Ralston High School
Results - Running Events****Event 18 Boys 4x100 Meter Relay**

| School | Finals | Points |
|--------------------------|---------------------|--------|
| 1 Millard South 'A' | 43.87 | 10 |
| 1) Alaga, Eli | 2) Gassaway, Jake | |
| 3) Nash, Christian | 4) Harris, Reggie | |
| 2 Norfolk 'A' | 44.30 | 8 |
| 1) Sellin, Tyler | 2) Krohn, Kalen | |
| 3) Brown, Ronney | 4) King, Shon | |
| 3 Lincoln North Star 'A' | 45.17 | 6 |
| 1) Gruber, Justin | 2) Koebernick, Max | |
| 3) Jackson, Kaidyn | 4) Vo, Travis | |
| 4 Blair 'A' | 46.74 | 4 |
| 1) Casanova, Gage | 2) Comstock, Camron | |
| 3) Keeling, Zach | 4) Logemann, Caleb | |

Event 19 Girls 1600 Sprint Medley

| School | Finals | Points |
|--------------------------|------------------------|--------|
| 1 Fremont 'A' | 4:20.66 | 10 |
| 1) Vaughn, Lily | 2) Gleason, Tania | |
| 3) Sheppard, Emmalee | 4) Dahl, Elli | |
| 2 Blair 'A' | 4:42.46 | 8 |
| 1) Beemer, Reese | 2) Galbraith, Grace | |
| 3) Baughman, Mikayla | 4) Amandus, Hailey | |
| 3 Lincoln North Star 'A' | 4:46.01 | 6 |
| 1) Webb, Jaeden | 2) Osman, Ruaa | |
| 3) Schaefer, Saylor | 4) Keodaughdy, Natalee | |
| 4 Norfolk 'A' | 4:55.68 | 4 |
| 1) Meier, Molly | 2) Dillard, Ashanti | |
| 3) Headlee, Brynn | 4) Schmidt, Taylor | |
| 5 Millard South 'A' | 5:00.24 | 2 |
| 1) Pritchard, Miranda | 2) Patten, Ava | |
| 3) Willits, Addyson | 4) Schroeder, Randi | |
| 6 Papillion LaVista 'A' | 5:18.38 | 1 |
| 1) Zoucha, Dru | 2) Easton, Emma | |
| 3) Homeha, Nahmo | 4) Healy, Riley | |

Event 20 Boys 1600 Sprint Medley

| School | Finals | Points |
|--------------------------|-----------------------|--------|
| 1 Papillion LaVista 'A' | 3:51.41 | 10 |
| 1) Murray, Carter | 2) Buggi, Jr, Derrick | |
| 3) Brase, John | 4) Mann, Ethan | |
| 2 Blair 'A' | 3:52.06 | 8 |
| 1) Holcomb, Ben | 2) Casanova, Gage | |
| 3) Funk, Caleb | 4) Fricke, Dawson | |
| 3 Lincoln North Star 'A' | 3:52.19 | 6 |



2021 Gary Dubbs Ralston Ram Relays - 4/3/2021

**Ralston High School
Results - Running Events**

....Event 20 Boys 1600 Sprint Medley

| | | | |
|---------------------|-----------------------|---------|---|
| 1) Koebernick, Max | 2) Vo, Travis | | |
| 3) Lill, Tyson | 4) Nguyen, Jimmy | | |
| 4 Millard South 'A' | | 3:53.46 | 4 |
| 1) Sayles, Gage | 2) Thoms, Jakob | | |
| 3) Scheef, Sam | 4) Rettele, Gino | | |
| 5 Norfolk 'A' | | 3:53.50 | 2 |
| 1) Bauer, Rowdy | 2) Bender, Jacob | | |
| 3) Prim, Ryan | 4) Kittelson, Tristen | | |
| 6 Ralston 'A' | | 4:54.67 | 1 |
| 1) Houston, Kale | 2) Hargrave, Daniel | | |
| 3) Nagle, James | 4) Dotterer, BJ | | |

Event 21 Girls 4x160 Meter Shuttle Hurdle

| School | Finals | H# | Points |
|--------------------------|----------------------|----|--------|
| 1 Papillion LaVista 'A' | 1:37.53 | 2 | 10 |
| 1) Able, Morgan | 2) Glaser, Sarah | | |
| 3) Glaser, Morgan | 4) Jensen, Abigail | | |
| 2 Blair 'A' | 1:40.44 | 1 | 8 |
| 1) Osborn, Abby | 2) Cemer, Sami | | |
| 3) Roskens, Mary | 4) Villotta, Tessa | | |
| 3 Norfolk 'A' | 1:43.09 | 2 | 6 |
| 1) Williams, Amaya | 2) Storovich, Kailyn | | |
| 3) Sellin, Amanda | 4) Wichman, Miley | | |
| 4 Fremont 'A' | 1:45.84 | 1 | 4 |
| 1) Newill, Hailey | 2) Brahmer, Morgan | | |
| 3) Grosse, Maddi | 4) Murphy, McKenna | | |
| 5 Lincoln North Star 'A' | 1:46.63 | 2 | 2 |
| 1) Hilger, Tatum | 2) Zastrow, Greta | | |
| 3) Cogdill, Liv | 4) Steiner, Paige | | |

Event 22 Boys 4x160 Meter Shuttle Hurdle

| School | Finals | Points |
|--------------------------|----------------------|--------|
| 1 Lincoln North Star 'A' | 1:24.90 | 10 |
| 1) Koebernick, Max | 2) Le, Tien | |
| 3) Kopplin, Matthew | 4) Phlan, Connor | |
| 2 Norfolk 'A' | 1:32.22 | 8 |
| 1) Williams, Christian | 2) Storovich, Braden | |
| 3) Borst, Nick | 4) Sellin, Tyler | |
| 3 Ralston 'A' | 1:38.26 | 6 |
| 1) Ress-Conkey, AJ | 2) Bystrom, Justin | |
| 3) Espinoza, Roberto | 4) Buettenback, Rex | |



2021 Gary Dubbs Ralston Ram Relays - 4/3/2021**Ralston High School
Results - Running Events****Event 23 Girls Distance Medley**

| School | Finals | Points |
|--------------------------|----------------------|----------------------|
| 1 Fremont 'A' | 13:09.10 | 10 |
| 1) Dahl, Maris | 2) Hemmer, Mara | |
| 3) Nau, Emily | 4) Wagner, Mia | |
| 3:57.008 (3:57.008) | 4:58.913 (1:01.905) | 7:26.578 (2:27.665) |
| | | 13:09.099 (5:42.522) |
| 2 Norfolk 'A' | 13:53.84 | 8 |
| 1) Mortimer, Rachel | 2) Ruda, Abbi | |
| 3) Privett, Peyton | 4) Meier, Molly | |
| 4:14.214 (4:14.214) | 5:22.252 (1:08.038) | 8:04.447 (2:42.195) |
| | | 13:53.834 (5:49.388) |
| 3 Millard South 'A' | 14:01.07 | 6 |
| 1) Escobar, Izabell | 2) Smith, Abbie | |
| 3) Rettele, Grace | 4) Kunz, Madeline | |
| 4:17.563 (4:17.563) | 5:19.686 (1:02.123) | 8:03.357 (2:43.672) |
| | | 14:01.062 (5:57.705) |
| 4 Blair 'A' | 14:22.09 | 4 |
| 1) Schrick, Chloe | 2) Roewert, Schuyler | |
| 3) Amandus, Kaitlynn | 4) Czapla, Allie | |
| 4:17.167 (4:17.167) | 5:21.311 (1:04.144) | 7:57.266 (2:35.955) |
| | | 14:22.088 (6:24.823) |
| 5 Papillion LaVista 'A' | 15:19.28 | 2 |
| 1) Crawford, Emily | 2) Zeibarth, Lily | |
| 3) Maidute, Nyakuat | 4) Karnik, Josie | |
| 4:40.286 (4:40.286) | 5:44.899 (1:04.614) | 8:41.722 (2:56.823) |
| | | 15:19.272 (6:37.550) |
| 6 Lincoln North Star 'A' | 15:24.31 | 1 |
| 1) Johnson, Ali | 2) Karpyuk, Tayicia | |
| 3) Keodaughdy, Natalee | 4) Travis, Briana | |
| 5:05.803 (5:05.803) | 6:28.347 (1:22.544) | 9:22.856 (2:54.509) |
| | | 15:24.304 (6:01.449) |

Event 24 Boys Distance Medley

| School | Finals | Points |
|--------------------------|---------------------|----------------------|
| 1 Lincoln North Star 'A' | 10:43.50 | 10 |
| 1) Wasserman, Grant | 2) Phlan, Connor | |
| 3) Dunaski, Matthew | 4) Chot, Liam | |
| 3:17.468 (3:17.468) | 4:11.204 (53.737) | 6:20.219 (2:09.015) |
| | | 10:43.499 (4:23.280) |
| 2 Millard South 'A' | 11:27.96 | 8 |
| 1) Rasmussen, Isaiah | 2) Stever, Mitchell | |
| 3) Hillman, Ethan | 4) Heller, Dalton | |
| 3:29.900 (3:29.900) | 4:23.977 (54.077) | 6:37.999 (2:14.023) |
| | | 11:27.954 (4:49.955) |
| 3 Blair 'A' | 11:37.91 | 6 |
| 1) Wayman, Nicholas | 2) Funk, Caleb | |
| 3) Slominski, Nolan | 4) Fricke, Dawson | |
| 3:37.083 (3:37.083) | 4:35.802 (58.719) | 6:42.244 (2:06.443) |
| | | 11:37.907 (4:55.663) |
| 4 Norfolk 'A' | 11:42.91 | 4 |
| 1) Mead, Wyatt | 2) Krohn, Kalen | |
| 3) Yowell, Daniel | 4) Means, Carson | |
| 3:31.895 (3:31.895) | 4:26.194 (54.299) | 6:43.234 (2:17.040) |
| | | 11:42.905 (4:59.672) |
| 5 Papillion LaVista 'A' | 11:44.28 | 2 |



2021 Gary Dubbs Ralston Ram Relays - 4/3/2021

**Ralston High School
Results - Running Events**

....Event 24 Boys Distance Medley

| | |
|---------------------|--|
| 1) Foix, Ethan | 2) Wallace, Colby |
| 3) Tadlock, Jakob | 4) Thurman, Peyton |
| 3:34.552 (3:34.552) | 4:31.675 (57.124) 6:47.955 (2:16.280) 11:44.272 (4:56.317) |
| 6 Ralston 'A' | 11:44.80 1 |
| 1) Furry, Gage | 2) Gilmore, Louis |
| 3) Zimmer, Quentin | 4) Kelsey, Alec |
| 3:37.900 (3:37.900) | 4:32.652 (54.752) 6:48.027 (2:15.375) 11:44.797 (4:56.770) |

Event 25 Girls 800 Sprint Medley Freshman

| School | Finals |
|-------------------------|--------------------|
| 1 Blair 'A' | 1:58.95 |
| 1) Keeling, Audie | 2) Shaffer, Peyton |
| 3) Gailbraith, Greta | 4) Ewoldt, Reece |
| 2 Papillion LaVista 'A' | 2:01.10 |
| 1) Zucha, Maya | 2) Zoucha, Dru |
| 3) Williams, Ciara | 4) Trauax, Ally |
| 3 Millard South 'A' | 2:03.10 |
| 1) Patten, Ava | 2) Robinson, Tyla |
| 3) Stinson, Sadie | 4) Gilpin, Kaylie |
| 4 Fremont 'A' | 2:05.21 |
| 1) Sookram, Elayna | 2) Brahmer, Morgan |
| 3) Hanson, Hayley | 4) Boden, Annika |
| 5 Norfolk 'A' | 2:05.57 |
| 1) Wichman, Miley | 2) Miller, Leann |
| 3) Stickler, Emmalee | 4) Rader, Sierra |

Event 26 Boys 800 Sprint Medley Freshman

| School | Finals |
|--------------------------|-----------------------|
| 1 Millard South 'A' | 1:42.96 |
| 1) Djissenou, Na'Zaire | 2) Perez, Calvin |
| 3) Lee, Kamden | 4) Feller, Nolan |
| 2 Papillion LaVista 'A' | 1:46.74 |
| 1) Shill, Johnathan | 2) Gonzalez, Mikal |
| 3) Malone, Jesse | 4) Mann, Ethan |
| 3 Lincoln North Star 'A' | 1:54.26 |
| 1) Tong, Handsone | 2) Davis, Thomas |
| 3) Olberding, Jackson | 4) Welsehonse, Jaydon |
| 4 Ralston 'A' | 1:58.42 |
| 1) Bystrom, Justin | 2) Kelsey, Nikolas |
| 3) Nagle, James | 4) Ress-Conkey, AJ |

Event 27 Girls 4x100 Meter Relay Wt. Person

| School | Finals |
|--------------------------|---------|
| 1 Lincoln North Star 'A' | 1:04.16 |



2021 Gary Dubbs Ralston Ram Relays - 4/3/2021

**Ralston High School
Results - Running Events**

....Event 27 Girls 4x100 Meter Relay Wt. Person

| | | |
|---------------------|--------------------------|---------|
| 1) Loyd, Aleana | 2) Steiner, Paige | |
| 3) Ragland, Kinsley | 4) Roth, Lyndsey | |
| 2 Millard South 'A' | | 1:11.52 |
| 1) Holmes, Allana | 2) Glynn, Hannah | |
| 3) Bias, Marie | 4) Peitzmeier, Gabriella | |
| 3 Ralston 'A' | | 1:12.18 |
| 1) Fink, Josey | 2) Johnson, Alex | |
| 3) Ryan, Eden | 4) Rueth, Madyson | |

Event 28 Boys 4x100 Meter Relay Wt. Person

| School | | Finals |
|--------------------------|-----------------------------|---------|
| 1 Millard South 'A' | | 53.31 |
| 1) Wilson, Tyler | 2) Flegel, Zach | |
| 3) Trudell, Keegan | 4) Braun, David | |
| 2 Norfolk 'A' | | 54.18 |
| 1) Mallory, Daylin | 2) Dixon, Mason | |
| 3) Summers, Todd | 4) Bos, Jackson | |
| 3 Blair 'A' | | 54.74 |
| 1) Hume, Lance | 2) Packett-Trisdale, Seagan | |
| 3) Roth, Clayton | 4) Ray, Toby | |
| 4 Ralston 'A' | | 56.91 |
| 1) Dotterer, Joseph | 2) Vega, Chris | |
| 3) Menard, Ross | 4) Hernandez, David | |
| 5 Lincoln North Star 'A' | | 1:01.05 |
| 1) Johnson, Zerik | 2) Hansen, Dalton | |
| 3) Meyer, Kaden | 4) Sizer, Jaymes | |

Event 29 Girls 4x200 Meter Relay

| School | | Finals | Points |
|--------------------------|---------------------|---------|--------|
| 1 Fremont 'A' | | 1:48.66 | 10 |
| 1) Meyer, Hannah | 2) Glause, Sydney | | |
| 3) Sheppard, Emmalee | 4) Gleason, Tania | | |
| 2 Blair 'A' | | 1:50.38 | 8 |
| 1) Osborn, Abby | 2) Beemer, Reese | | |
| 3) Keeling, Audie | 4) Galbraith, Grace | | |
| 3 Norfolk 'A' | | 1:52.62 | 6 |
| 1) Williams, Amaya | 2) Skiff, Cameryn | | |
| 3) Kollmar, Kaia | 4) O'Brien, Ryann | | |
| 4 Papillion LaVista 'A' | | 1:54.38 | 4 |
| 1) Salamanca, Alexia | 2) Easton, Emma | | |
| 3) Cunningham, Ava | 4) Jensen, Abigail | | |
| 5 Lincoln North Star 'A' | | 1:59.18 | 2 |
| 1) Biven, Kenzie | 2) Fox, Samantha | | |
| 3) Hilger, Tatum | 4) Blackson, Kayla | | |
| 6 Millard South 'A' | | 2:04.82 | 1 |



2021 Gary Dubbs Ralston Ram Relays - 4/3/2021

**Ralston High School
Results - Running Events**

....Event 29 Girls 4x200 Meter Relay

- | | |
|---------------------------|-----------------------------|
| 1) Pritchard, Miranda | 2) Robinson, Tyla |
| 3) Riedl, Amanda | 4) Mejia, Sydney |
| 7 Ralston 'A' | 2:15.60 |
| 1) Salinas-Reyes, Annalie | 2) Bahena-Flores, Catherine |
| 3) Chumley, Madison | 4) Calderon Riano, Andrea |

Event 30 Boys 4x200 Meter Relay

| School | Finals | Points |
|--------------------------|---------------------|--------|
| 1 Millard South 'A' | 1:31.59 | 10 |
| 1) Harris, Reggie | 2) Nash, Christian | |
| 3) Gassaway, Jake | 4) Alaga, Eli | |
| 2 Ralston 'A' | 1:35.88 | 8 |
| 1) Hare, Jeremiah | 2) Wells, Ezekiyal | |
| 3) Buettenback, Rex | 4) Madden, Rashad | |
| 3 Lincoln North Star 'A' | 1:36.25 | 6 |
| 1) Gruber, Justin | 2) Ferraro, Dominic | |
| 3) Kopplin, Matthew | 4) Siegel, Matthew | |
| 4 Norfolk 'A' | 1:36.55 | 4 |
| 1) Prim, Ryan | 2) Bender, Jacob | |
| 3) Jimenez, Isaac | 4) Brown, Ronney | |
| 5 Blair 'A' | 1:40.89 | 2 |
| 1) Casanova, Gage | 2) Comstock, Camron | |
| 3) Ray, Toby | 4) Logemann, Caleb | |

Event 31 Girls 4x800 Meter Relay

| School | Finals | Points |
|--|---------------------|--------|
| 1 Fremont 'A' | 10:25.56 | 10 |
| 1) Rensch, Jaiden | 2) Merrill, Allison | |
| 3) Grosse, Maddi | 4) Bracker, Shelby | |
| 2:41.929 (2:41.929) 5:21.050 (2:39.122) 7:46.978 (2:25.928) 10:25.558 (2:38.580) | | |
| 2 Blair 'A' | 10:50.11 | 8 |
| 1) Roskens, Mary | 2) Baedke, Sophia | |
| 3) Penner, Cayli | 4) Valasek, Maggie | |
| 2:40.820 (2:40.820) 5:17.718 (2:36.898) 8:01.944 (2:44.227) 10:50.106 (2:48.163) | | |
| 3 Millard South 'A' | 10:56.23 | 6 |
| 1) Escobar, Izabell | 2) Rettele, Grace | |
| 3) Zornic, Lajla | 4) McLain, Julia | |
| 2:39.818 (2:39.818) 5:27.630 (2:47.813) 8:15.170 (2:47.540) 10:56.228 (2:41.058) | | |
| 4 Norfolk 'A' | 11:01.24 | 4 |
| 1) Godfrey, Paige | 2) Mendez, Gemma | |
| 3) Waggggerman, Taeya | 4) Protzman, Esther | |
| 2:40.028 (2:40.028) 5:29.081 (2:49.054) 8:15.966 (2:46.885) 11:01.234 (2:45.268) | | |
| 5 Lincoln North Star 'A' | 12:37.74 | 2 |
| 1) Maryott, Gabby | 2) Karpyuk, Tayicia | |



2021 Gary Dubbs Ralston Ram Relays - 4/3/2021**Ralston High School****Results - Running Events****....Event 31 Girls 4x800 Meter Relay**

3) Johnson, Ali 4) Travis, Briana
 3:23.548 (3:23.548) 6:35.829 (3:12.282) 9:48.378 (3:12.549) 12:37.731 (2:49.354)

Event 32 Boys 4x800 Meter Relay

| School | Finals | Points |
|--------------------------|---------------------------------|------------------|
| 1 Norfolk 'A' | 8:41.03 | 10 |
| 1) Uzzell, Cole | 2) Ochoa, Isaac | |
| 3) Guenther, Isaac | 4) Kittelson, Tristen | |
| 2:04.8 (2:04.8) | 4:12.7 (2:08.0) 6:28.7 (2:16.0) | 8:41.0 (2:12.4) |
| 2 Lincoln North Star 'A' | 8:51.82 | 8 |
| 1) Nguyen, Jimmy | 2) Benard, Will | |
| 3) Muir, Zac | 4) Zaborowski, Ethan | |
| 2:06.7 (2:06.7) | 4:20.3 (2:13.7) 6:41.2 (2:20.9) | 8:51.8 (2:10.7) |
| 3 Millard South 'A' | 8:51.88 | 6 |
| 1) Stever, Mitchell | 2) Heller, Dalton | |
| 3) Rasmussen, Isaiah | 4) Rettele, Gino | |
| 2:16.3 (2:16.3) | 4:29.4 (2:13.1) 6:41.4 (2:12.1) | 8:51.8 (2:10.5) |
| 4 Blair 'A' | 9:03.93 | 4 |
| 1) Bell, Mason | 2) Wayman, Nicholas | |
| 3) Slominski, Nolan | 4) Fricke, Dawson | |
| 2:18.6 (2:18.6) | 4:33.5 (2:14.9) 6:47.3 (2:13.8) | 9:03.9 (2:16.7) |
| 5 Papillion LaVista 'A' | 9:28.75 | 2 |
| 1) Halsted, Jonas | 2) Thompson, Sam | |
| 3) Rubek, Anthony | 4) Wahl, Eli | |
| 2:20.8 (2:20.8) | 4:38.4 (2:17.6) 7:08.8 (2:30.5) | 9:28.7 (2:19.9) |
| 6 Ralston 'A' | 11:04.79 | 1 |
| 1) Albeno, Pablo | 2) Dotterer, BJ | |
| 3) Nguyenduy, Kevin | 4) Kelsey, Nikolas | |
| 2:41.6 (2:41.6) | 5:31.4 (2:49.8) 8:14.3 (2:42.9) | 11:04.7 (2:50.5) |

Event 33 Girls 4x400 Meter Relay

| School | Finals | Points |
|--------------------------|---|--------|
| 1 Fremont 'A' | 4:12.06 | 10 |
| 1) Glause, Sydney | 2) Cooper, Ella | |
| 3) Dahl, Maris | 4) Dahl, Elli | |
| 2:06.403 (2:06.403) | 3:09.923 (1:03.520) 4:12.055 (1:02.132) | |
| 2 Blair 'A' | 4:17.55 | 8 |
| 1) Baughman, Mikayla | 2) Roehrs, Erika | |
| 3) Villotta, Tessa | 4) Amandus, Hailey | |
| 2:11.111 (2:11.111) | 3:16.882 (1:05.772) 4:17.543 (1:00.662) | |
| 3 Lincoln North Star 'A' | 4:18.19 | 6 |
| 1) Jacobs, Ali | 2) Schafer, Saylor | |
| 3) Webb, Jaeden | 4) Zastrow, Greta | |
| 2:13.532 (2:13.532) | 3:18.023 (1:04.492) 4:18.186 (1:00.163) | |
| 4 Millard South 'A' | 4:30.56 | 4 |



2021 Gary Dubbs Ralston Ram Relays - 4/3/2021**Ralston High School****Results - Running Events****....Event 33 Girls 4x400 Meter Relay**

| | |
|-------------------------|---|
| 1) Smith, Abbie | 2) Lang, Amari |
| 3) Lawson, Bernice | 4) Isaacson, Allison |
| 2:13.952 (2:13.952) | 3:22.988 (1:09.037) 4:30.552 (1:07.564) |
| 5 Papillion LaVista 'A' | 4:33.27 2 |
| 1) Ziebarth, Lily | 2) Healy, Riley |
| 3) Homeha, Nahmo | 4) McGrath, Emma |
| 2:12.500 (2:12.500) | 3:22.502 (1:10.003) 4:33.262 (1:10.760) |
| 6 Norfolk 'A' | 4:39.27 1 |
| 1) O'Brien, Ryann | 2) Schmidt, Taylor |
| 3) Long, Abbigail | 4) Headlee, Brynn |
| 2:18.741 (2:18.741) | 3:28.748 (1:10.008) 4:39.267 (1:10.519) |

Event 34 Boys 4x400 Meter Relay

| School | Finals | Points |
|--------------------------|---------------------------------------|--------|
| 1 Norfolk 'A' | 3:35.16 | 10 |
| 1) Williams, Christian | 2) Storovich, Braden | |
| 3) Jimenez, Isaac | 4) King, Shon | |
| 1:48.327 (1:48.327) | 2:42.910 (54.584) 3:35.155 (52.245) | |
| 2 Lincoln North Star 'A' | 3:38.76 | 8 |
| 1) Chot, Liem | 2) Dunaski, Matthew | |
| 3) Lill, Caden | 4) Siegel, Matthew | |
| 1:52.939 (1:52.939) | 2:47.374 (54.435) 3:38.753 (51.379) | |
| 3 Millard South 'A' | 3:43.47 | 6 |
| 1) Thoms, Jakob | 2) Alaga, Eli | |
| 3) Hillman, Ethan | 4) Sayles, Gage | |
| 1:51.427 (1:51.427) | 2:48.405 (56.979) 3:43.464 (55.059) | |
| 4 Blair 'A' | 3:48.04 | 4 |
| 1) Holcomb, Ben | 2) Ray, Toby | |
| 3) Funk, Caleb | 4) Casanova, Gage | |
| 1:50.768 (1:50.768) | 2:49.543 (58.775) 3:48.040 (58.498) | |
| 5 Ralston 'A' | 3:56.21 | 2 |
| 1) Furry, Gage | 2) Kelsey, Nikolas | |
| 3) Zimmer, Quentin | 4) Gilmore, Louis | |
| 1:57.744 (1:57.744) | 2:59.530 (1:01.787) 3:56.210 (56.680) | |

Women - Team Rankings - 15 Events Scored

| | | | |
|------------------|-----|-----------------------|----|
| 1) Fremont | 126 | 2) Norfolk | 82 |
| 3) Blair | 75 | 4) Papillion LaVista | 73 |
| 5) Millard South | 59 | 6) Lincoln North Star | 39 |

Men - Team Rankings - 15 Events Scored

| | | | |
|-----------------------|-----|----------------------|----|
| 1) Norfolk | 109 | 2) Millard South | 87 |
| 3) Lincoln North Star | 81 | 4) Papillion LaVista | 64 |
| 5) Blair | 44 | 6) Ralston | 40 |



2021 Gary Dubbs Ralston Ram Relays - 4/3/2021**Ralston High School****Results****Event 8 Boys Discus Throw Relay**

| Name | Year School | Finals | Points |
|----------------------------|--------------------|--------|-------------|
| Flight 1 | | | |
| 1 Hernandez, David | Ralston | 128-03 | 39.09m 0.66 |
| 2 Hume, Lance | Blair | 123-11 | 37.76m 1.33 |
| 3 Packett-Trisdale, Seagan | Blair | 112-09 | 34.36m 1.33 |
| 4 Sizer, Jaymes | Lincoln North Star | 108-11 | 33.19m 0.33 |
| 5 Johnson, Zerik | Lincoln North Star | 95-06 | 29.10m 0.33 |
| 6 Ray, Toby | Blair | 79-04 | 24.18m 1.33 |
| 7 Vega, Chris | Ralston | 79-01 | 24.10m 0.66 |
| 8 Menard, Ross | Ralston | 76-08 | 23.36m 0.66 |
| 9 Meyer, Kaden | Lincoln North Star | 74-07 | 22.73m 0.33 |
| Flight 2 | | | |
| 1 Herman, Alex | Papillion LaVista | 154-04 | 47.04m 3.33 |
| 2 Mallory, Daylin | Norfolk | 131-02 | 39.97m 2.66 |
| 3 Wilson, Tyler | Millard South | 127-06 | 38.86m 2 |
| 4 Schmitz, Andrew | Papillion LaVista | 123-04 | 37.59m 3.33 |
| 5 Dixon, Mason | Norfolk | 118-06 | 36.11m 2.66 |
| 6 Trudell, Keegan | Millard South | 118-01 | 35.99m 2 |
| 7 schamp, Joshua | Norfolk | 103-10 | 31.64m 2.66 |
| 8 Cook, Cooper | Papillion LaVista | 96-02 | 29.31m 3.33 |
| 9 Flegel, Zach | Millard South | 91-11 | 28.01m 2 |

Event 8 Boys Discus Throw Relay

| Name | Year School | Finals | H# | Points |
|----------------------------|--------------------|--------|----------|--------|
| Finals | | | | |
| 1 Herman, Alex | Papillion LaVista | 154-04 | 47.04m 2 | 3.33 |
| 2 Mallory, Daylin | Norfolk | 131-02 | 39.97m 2 | 2.66 |
| 3 Hernandez, David | Ralston | 128-03 | 39.09m 1 | 0.66 |
| 4 Wilson, Tyler | Millard South | 127-06 | 38.86m 2 | 2 |
| 5 Hume, Lance | Blair | 123-11 | 37.76m 1 | 1.33 |
| 6 Schmitz, Andrew | Papillion LaVista | 123-04 | 37.59m 2 | 3.33 |
| 7 Dixon, Mason | Norfolk | 118-06 | 36.11m 2 | 2.66 |
| 8 Trudell, Keegan | Millard South | 118-01 | 35.99m 2 | 2 |
| 9 Packett-Trisdale, Seagan | Blair | 112-09 | 34.36m 1 | 1.33 |
| 10 Sizer, Jaymes | Lincoln North Star | 108-11 | 33.19m 1 | 0.33 |
| 11 schamp, Joshua | Norfolk | 103-10 | 31.64m 2 | 2.66 |
| 12 Cook, Cooper | Papillion LaVista | 96-02 | 29.31m 2 | 3.33 |
| 13 Johnson, Zerik | Lincoln North Star | 95-06 | 29.10m 1 | 0.33 |
| 14 Flegel, Zach | Millard South | 91-11 | 28.01m 2 | 2 |
| 15 Ray, Toby | Blair | 79-04 | 24.18m 1 | 1.33 |
| 16 Vega, Chris | Ralston | 79-01 | 24.10m 1 | 0.66 |
| 17 Menard, Ross | Ralston | 76-08 | 23.36m 1 | 0.66 |
| 18 Meyer, Kaden | Lincoln North Star | 74-07 | 22.73m 1 | 0.33 |

Event 8 Boys Discus Throw Relay
 Team Rankings - Field Event Relay
 Members Per Team - 3

| Rank | Team | Total Mark | Points |
|------|-------------------|------------|--------|
| 1 | Papillion LaVista | 373-10 | 10 |
| 2 | Norfolk | 353-06 | 8 |

....Event 8 Boys Discus Throw Relay

2021 Gary Dubbs Ralston Ram Relays - 4/3/2021

Ralston High School

Results

| | | | |
|---|--------------------|--------|---|
| 3 | Millard South | 337-06 | 6 |
| 4 | Blair | 316-00 | 4 |
| 5 | Ralston | 284-00 | 2 |
| 6 | Lincoln North Star | 279-00 | 1 |

2021 Gary Dubbs Ralston Ram Relays - 4/3/2021

Ralston High School

Results

Event 6 Boys High Jump Relay

| Name | Year School | Finals | |
|----------------------|--------------------|----------|-------|
| Finals | | | |
| 1 Dunaski, Matthew | Lincoln North Star | 6-04.00 | 1.93m |
| 2 Koebernich, Max | Lincoln North Star | 6-02.00 | 1.87m |
| 3 Scheef, Sam | Millard South | 6-00.00 | 1.82m |
| 4 Buettenback, Rex | Ralston | 5-10.00 | 1.77m |
| 5 Belsky, Ethan | Blair | J5-10.00 | 1.77m |
| 6 Akohin, Lincoln | Millard South | J5-10.00 | 1.77m |
| 7 Borst, Nick | Norfolk | 5-08.00 | 1.72m |
| 8 Smith, Spencer | Papillion LaVista | 5-06.00 | 1.67m |
| 9 Bohacek, Calloway | Norfolk | 5-04.00 | 1.62m |
| -- Jackson, Kaidyn | Lincoln North Star | NH | |
| -- Ress-Conkey, AJ | Ralston | NH | |
| -- Espinoza, Roberto | Ralston | NH | |
| -- Geek, Payo | Millard South | NH | |
| -- Heinemann, Adam | Norfolk | NH | |

| Rank | Team | TotalMark | Points |
|------|--------------------|-----------|--------|
| 1 | Lincoln North Star | 12-06.00 | 3.80 |
| 2 | Millard South | 11-11.00 | 3.59 |
| 3 | Norfolk | 10-12.00 | 3.34 |
| 4 | Ralston | 5-10.00 | 1.77 |

2021 Gary Dubbs Ralston Ram Relays - 4/3/2021**Ralston High School****Results****Event 4 Boys Long Jump Relay**

| Name | Year School | Finals | Points |
|----------------------|--------------------|----------|------------|
| Flight 1 | | | |
| 1 Rice, Deiondre | Millard South | 19-07.00 | 5.96m 2 |
| 2 Vo, Travis | Lincoln North Star | 18-09.50 | 5.72m 0.66 |
| 3 Jackson, Kaidyn | Lincoln North Star | 18-08.00 | 5.68m 0.66 |
| 4 Feller, Nolan | Millard South | 18-04.75 | 5.60m 2 |
| 5 Alaga, Eli | Millard South | 18-03.50 | 5.57m 2 |
| 6 Logemann, Caleb | Blair | 17-04.75 | 5.30m |
| 7 Athouris, Nate | Lincoln North Star | 16-07.00 | 5.05m 0.66 |
| -- Anderson, Shelton | Blair | FOUL | |
| -- Holcomb, Ben | Blair | FOUL | |
| Flight 2 | | | |
| 1 King, Shon | Norfolk | 22-00.00 | 6.70m 3.33 |
| 2 Wells, Ezekiyal | Ralston | 20-06.75 | 6.26m 1.33 |
| 3 Bauer, Rowdy | Norfolk | 20-01.00 | 6.12m 3.33 |
| 4 Curtis, Cooper | Papillion LaVista | 20-00.25 | 6.10m 2.66 |
| 5 Jimenez, Isaac | Norfolk | 19-09.50 | 6.03m 3.33 |
| 6 Madden, Rashad | Ralston | 19-02.75 | 5.86m 1.33 |
| 7 Mason, Chandler | Papillion LaVista | 18-08.75 | 5.70m 2.66 |
| 8 Malone, Zach | Papillion LaVista | 18-05.50 | 5.62m 2.66 |
| 9 Hare, Jeremiah | Ralston | 15-06.50 | 4.73m 1.33 |

Event 4 Boys Long Jump Relay

| Name | Year School | Finals | H# | Points |
|----------------------|--------------------|----------|---------|--------|
| Finals | | | | |
| 1 King, Shon | Norfolk | 22-00.00 | 6.70m 2 | 3.33 |
| 2 Wells, Ezekiyal | Ralston | 20-06.75 | 6.26m 2 | 1.33 |
| 3 Bauer, Rowdy | Norfolk | 20-01.00 | 6.12m 2 | 3.33 |
| 4 Curtis, Cooper | Papillion LaVista | 20-00.25 | 6.10m 2 | 2.66 |
| 5 Jimenez, Isaac | Norfolk | 19-09.50 | 6.03m 2 | 3.33 |
| 6 Rice, Deiondre | Millard South | 19-07.00 | 5.96m 1 | 2 |
| 7 Madden, Rashad | Ralston | 19-02.75 | 5.86m 2 | 1.33 |
| 8 Vo, Travis | Lincoln North Star | 18-09.50 | 5.72m 1 | 0.66 |
| 9 Mason, Chandler | Papillion LaVista | 18-08.75 | 5.70m 2 | 2.66 |
| 10 Jackson, Kaidyn | Lincoln North Star | 18-08.00 | 5.68m 1 | 0.66 |
| 11 Malone, Zach | Papillion LaVista | 18-05.50 | 5.62m 2 | 2.66 |
| 12 Feller, Nolan | Millard South | 18-04.75 | 5.60m 1 | 2 |
| 13 Alaga, Eli | Millard South | 18-03.50 | 5.57m 1 | 2 |
| 14 Logemann, Caleb | Blair | 17-04.75 | 5.30m 1 | |
| 15 Athouris, Nate | Lincoln North Star | 16-07.00 | 5.05m 1 | 0.66 |
| 16 Hare, Jeremiah | Ralston | 15-06.50 | 4.73m 2 | 1.33 |
| -- Anderson, Shelton | Blair | FOUL | | 1 |
| -- Holcomb, Ben | Blair | FOUL | | 1 |

Event 4 Boys Long Jump Relay
 Team Rankings - Field Event Relay
 Members Per Team - 3

| Rank | Team | Total Mark | Points |
|------|-------------------|------------|--------|
| 1 | Norfolk | 61-10.50 | 10 |
| 2 | Papillion LaVista | 57-02.50 | 8 |

....Event 4 Boys Long Jump Relay

2021 Gary Dubbs Ralston Ram Relays - 4/3/2021

Ralston High School

Results

| | | | |
|---|--------------------|----------|---|
| 3 | Millard South | 56-03.25 | 6 |
| 4 | Ralston | 55-04.00 | 4 |
| 5 | Lincoln North Star | 54-00.50 | 2 |

2021 Gary Dubbs Ralston Ram Relays - 4/3/2021**Ralston High School****Results****Event 2 Boys Pole Vault Relay**

| Name | Year School | Finals | Points |
|---------------------|-------------------|-----------|------------|
| Finals | | | |
| 1 Heldt, Nathan | Papillion LaVista | 13-00.00 | 3.96m 3.33 |
| 2 Miller, Daniel | Papillion LaVista | 11-06.00 | 3.50m 3.33 |
| 3 Dumont, Brady | Papillion LaVista | 11-00.00 | 3.35m 3.33 |
| 4 Busch, Dylan | Norfolk | 10-00.00 | 3.04m 2.33 |
| 5 Vanicek, Zach | Millard South | J10-00.00 | 3.04m 2.33 |
| 6 Headrick, Dylan | Millard South | 9-06.00 | 2.89m 2.33 |
| 7 Belsky, Ethan | Blair | J9-06.00 | 2.89m |
| 8 Luna, Brendyn | Norfolk | 9-00.00 | 2.74m 2.33 |
| 9 Gustman, Shaun | Norfolk | 8-06.00 | 2.59m 2.33 |
| 10 Lundgren, Ethan | Blair | 8-00.00 | 2.43m |
| 11 Denton, Garrett | Millard South | J8-00.00 | 2.43m 2.33 |
| -- Slominski, Nolan | Blair | NH | |

Event 2 Boys Pole Vault Relay
 Team Rankings - Field Event Relay
 Members Per Team - 3

| Rank | Team | Total Mark | Points |
|------|-------------------|------------|--------|
| 1 | Papillion LaVista | 35-06.00 | 10 |
| 2 | Norfolk | 27-06.00 | 7 |
| 2 | Millard South | 27-06.00 | 7 |
| 4 | Blair | 17-06.00 | 4 |

2021 Gary Dubbs Ralston Ram Relays - 4/3/2021**Ralston High School****Results****Event 10 Boys Shot Put Relay**

| Name | Year School | Finals | Points |
|----------------------------|--------------------|----------|-------------|
| Flight 1 | | | |
| 1 Sizer, Jaymes | Lincoln North Star | 42-07.00 | 12.97m 0.66 |
| 2 Hume, Lance | Blair | 42-05.25 | 12.93m 1.33 |
| 3 Hernandez, David | Ralston | 38-11.00 | 11.86m 0.33 |
| 4 Packett-Trisdale, Seagan | Blair | 38-06.50 | 11.74m 1.33 |
| 5 Hansen, Dalton | Lincoln North Star | 35-04.00 | 10.76m 0.66 |
| 6 Roth, Clayton | Blair | 33-08.25 | 10.26m 1.33 |
| 7 Menard, Ross | Ralston | 33-03.50 | 10.14m 0.33 |
| 8 Meyer, Kaden | Lincoln North Star | 31-06.50 | 9.61m 0.66 |
| 9 Dotterer, Joseph | Ralston | 29-02.50 | 8.90m 0.33 |
| Flight 2 | | | |
| 1 Herman, Alex | Papillion LaVista | 57-01.25 | 17.40m 3.33 |
| 2 Schmitz, Andrew | Papillion LaVista | 47-00.00 | 14.32m 3.33 |
| 3 Braun, David | Millard South | 44-08.75 | 13.63m 2.66 |
| 4 Hubert, Will | Papillion LaVista | 44-06.00 | 13.56m 3.33 |
| 5 Summers, Todd | Norfolk | 43-02.75 | 13.17m 2 |
| 6 Bos, Jackson | Norfolk | 43-01.50 | 13.14m 2 |
| 7 Flegel, Zach | Millard South | 43-01.25 | 13.13m 2.66 |
| 8 Wilson, Tyler | Millard South | 41-09.25 | 12.73m 2.66 |
| 9 Dixon, Mason | Norfolk | 39-06.50 | 12.05m 2 |

Event 10 Boys Shot Put Relay

| Name | Year School | Finals | H# | Points |
|-----------------------------|--------------------|----------|----------|--------|
| Finals | | | | |
| 1 Herman, Alex | Papillion LaVista | 57-01.25 | 17.40m 2 | 3.33 |
| 2 Schmitz, Andrew | Papillion LaVista | 47-00.00 | 14.32m 2 | 3.33 |
| 3 Braun, David | Millard South | 44-08.75 | 13.63m 2 | 2.66 |
| 4 Hubert, Will | Papillion LaVista | 44-06.00 | 13.56m 2 | 3.33 |
| 5 Summers, Todd | Norfolk | 43-02.75 | 13.17m 2 | 2 |
| 6 Bos, Jackson | Norfolk | 43-01.50 | 13.14m 2 | 2 |
| 7 Flegel, Zach | Millard South | 43-01.25 | 13.13m 2 | 2.66 |
| 8 Sizer, Jaymes | Lincoln North Star | 42-07.00 | 12.97m 1 | 0.66 |
| 9 Hume, Lance | Blair | 42-05.25 | 12.93m 1 | 1.33 |
| 10 Wilson, Tyler | Millard South | 41-09.25 | 12.73m 2 | 2.66 |
| 11 Dixon, Mason | Norfolk | 39-06.50 | 12.05m 2 | 2 |
| 12 Hernandez, David | Ralston | 38-11.00 | 11.86m 1 | 0.33 |
| 13 Packett-Trisdale, Seagan | Blair | 38-06.50 | 11.74m 1 | 1.33 |
| 14 Hansen, Dalton | Lincoln North Star | 35-04.00 | 10.76m 1 | 0.66 |
| 15 Roth, Clayton | Blair | 33-08.25 | 10.26m 1 | 1.33 |
| 16 Menard, Ross | Ralston | 33-03.50 | 10.14m 1 | 0.33 |
| 17 Meyer, Kaden | Lincoln North Star | 31-06.50 | 9.61m 1 | 0.66 |
| 18 Dotterer, Joseph | Ralston | 29-02.50 | 8.90m 1 | 0.33 |

Event 10 Boys Shot Put Relay
 Team Rankings - Field Event Relay
 Members Per Team - 3

| Rank | Team | Total Mark | Points |
|------|-------------------|------------|--------|
| 1 | Papillion LaVista | 148-07.25 | 10 |
| 2 | Millard South | 129-07.25 | 8 |

....Event 10 Boys Shot Put Relay

2021 Gary Dubbs Ralston Ram Relays - 4/3/2021

Ralston High School

Results

| | | | |
|---|--------------------|-----------|---|
| 3 | Norfolk | 125-10.75 | 6 |
| 4 | Blair | 114-08.00 | 4 |
| 5 | Lincoln North Star | 109-05.50 | 2 |
| 6 | Ralston | 101-05.00 | 1 |

2021 Gary Dubbs Ralston Ram Relays - 4/3/2021**Ralston High School****Results****Event 12 Boys Triple Jump Relay**

| Name | Year School | Finals | Points |
|---------------------|--------------------|----------|-------------|
| Flight 1 | | | |
| 1 Curtis, Cooper | Papillion LaVista | 37-04.00 | 11.37m 2 |
| 2 Rice, Deiondre | Millard South | 37-02.75 | 11.34m 1.33 |
| 3 Malone, Zach | Papillion LaVista | 36-10.50 | 11.23m 2 |
| 4 Logemann, Caleb | Blair | 36-03.75 | 11.06m |
| 5 Feller, Nolan | Millard South | 35-11.00 | 10.94m 1.33 |
| 6 Lee, Kamden | Millard South | 34-09.50 | 10.60m 1.33 |
| 7 Mason, Chandler | Papillion LaVista | 34-04.00 | 10.46m 2 |
| 8 Anderson, Shelton | Blair | 32-03.50 | 9.84m |
| -- Holcomb, Ben | Blair | FOUL | |
| Flight 2 | | | |
| 1 Wells, Ezekiyal | Ralston | 41-04.75 | 12.61m 3.33 |
| 2 Jimenez, Isaac | Norfolk | 40-00.75 | 12.21m 2.66 |
| 3 Madden, Rashad | Ralston | 39-09.50 | 12.12m 3.33 |
| 4 Bender, Jacob | Norfolk | 36-06.25 | 11.13m 2.66 |
| 5 Coleman, Dominic | Lincoln North Star | 36-00.50 | 10.98m |
| 6 Hader, Aiden | Norfolk | 34-10.75 | 10.63m 2.66 |
| 7 Lill, Caden | Lincoln North Star | 33-03.25 | 10.14m |
| 8 Hare, Jeremiah | Ralston | 32-07.00 | 9.93m 3.33 |
| -- Bakenhus, Elijah | Lincoln North Star | FOUL | |

Event 12 Boys Triple Jump Relay

| Name | Year School | Finals | H# | Points |
|----------------------|--------------------|----------|----------|--------|
| Finals | | | | |
| 1 Wells, Ezekiyal | Ralston | 41-04.75 | 12.61m 2 | 3.33 |
| 2 Jimenez, Isaac | Norfolk | 40-00.75 | 12.21m 2 | 2.66 |
| 3 Madden, Rashad | Ralston | 39-09.50 | 12.12m 2 | 3.33 |
| 4 Curtis, Cooper | Papillion LaVista | 37-04.00 | 11.37m 1 | 2 |
| 5 Rice, Deiondre | Millard South | 37-02.75 | 11.34m 1 | 1.33 |
| 6 Malone, Zach | Papillion LaVista | 36-10.50 | 11.23m 1 | 2 |
| 7 Bender, Jacob | Norfolk | 36-06.25 | 11.13m 2 | 2.66 |
| 8 Logemann, Caleb | Blair | 36-03.75 | 11.06m 1 | |
| 9 Coleman, Dominic | Lincoln North Star | 36-00.50 | 10.98m 2 | |
| 10 Feller, Nolan | Millard South | 35-11.00 | 10.94m 1 | 1.33 |
| 11 Hader, Aiden | Norfolk | 34-10.75 | 10.63m 2 | 2.66 |
| 12 Lee, Kamden | Millard South | 34-09.50 | 10.60m 1 | 1.33 |
| 13 Mason, Chandler | Papillion LaVista | 34-04.00 | 10.46m 1 | 2 |
| 14 Lill, Caden | Lincoln North Star | 33-03.25 | 10.14m 2 | |
| 15 Hare, Jeremiah | Ralston | 32-07.00 | 9.93m 2 | 3.33 |
| 16 Anderson, Shelton | Blair | 32-03.50 | 9.84m 1 | |
| -- Holcomb, Ben | Blair | FOUL | 1 | |
| -- Bakenhus, Elijah | Lincoln North Star | FOUL | 2 | |

Event 12 Boys Triple Jump Relay
 Team Rankings - Field Event Relay
 Members Per Team - 3

| Rank | Team | Total Mark | Points |
|------|---------|------------|--------|
| 1 | Ralston | 113-09.25 | 10 |
| 2 | Norfolk | 111-05.75 | 8 |

....Event 12 Boys Triple Jump Relay

2021 Gary Dubbs Ralston Ram Relays - 4/3/2021

Ralston High School

Results

| | | | |
|---|-------------------|-----------|---|
| 3 | Papillion LaVista | 108-06.50 | 6 |
| 4 | Millard South | 107-11.25 | 4 |

2021 Gary Dubbs Ralston Ram Relays - 4/3/2021**Ralston High School****Results****Event 7 Girls Discus Throw Relay**

| Name | Year School | Finals | Points |
|-------------------------|--------------------|--------|-------------|
| Flight 1 | | | |
| 1 Roth, Lyndsey | Lincoln North Star | 95-05 | 29.08m 0.66 |
| 2 Peitzmeier, Gabriella | Millard South | 87-02 | 26.56m 1.33 |
| 3 Ragland, Kinsley | Lincoln North Star | 85-00 | 25.90m 0.66 |
| 4 Johnson, Alex | Ralston | J85-00 | 25.90m |
| 5 Bias, Marie | Millard South | 84-04 | 25.70m 1.33 |
| 6 Glynn, Hannah | Millard South | 80-08 | 24.58m 1.33 |
| 7 Steiner, Paige | Lincoln North Star | 68-06 | 20.87m 0.66 |
| 8 Fink, Josey | Ralston | 63-06 | 19.35m |
| 9 Kalilangwe, Karen | Ralston | 62-06 | 19.05m |
| Flight 2 | | | |
| 1 Dowty, Hadeley | Fremont | 113-00 | 34.44m 3.33 |
| 2 Rees, Dannika | Papillion LaVista | 108-06 | 33.07m 2.66 |
| 3 Baker, Hailey | Blair | 105-10 | 32.25m 0.33 |
| 4 Skiff, Makenna | Norfolk | 99-04 | 30.27m 2 |
| 5 Dumont, Brooke | Papillion LaVista | 92-11 | 28.32m 2.66 |
| 6 Knigge, Mia | Fremont | 87-09 | 26.74m 3.33 |
| 7 Kinning, Mackenzie | Fremont | 84-10 | 25.85m 3.33 |
| 8 Day, Grace | Norfolk | 83-02 | 25.34m 2 |
| 9 Smithberg, Cassidy | Papillion LaVista | 77-08 | 23.67m 2.66 |
| 10 Tuttle, Elyssa | Norfolk | 76-00 | 23.16m 2 |
| 11 Cloudt, Norah | Blair | 68-05 | 20.85m 0.33 |
| 12 Quick, Kylie | Blair | 55-10 | 17.01m 0.33 |

Event 7 Girls Discus Throw Relay

| Name | Year School | Finals | H# | Points |
|-------------------------|--------------------|--------|----------|--------|
| Finals | | | | |
| 1 Dowty, Hadeley | Fremont | 113-00 | 34.44m 2 | 3.33 |
| 2 Rees, Dannika | Papillion LaVista | 108-06 | 33.07m 2 | 2.66 |
| 3 Baker, Hailey | Blair | 105-10 | 32.25m 2 | 0.33 |
| 4 Skiff, Makenna | Norfolk | 99-04 | 30.27m 2 | 2 |
| 5 Roth, Lyndsey | Lincoln North Star | 95-05 | 29.08m 1 | 0.66 |
| 6 Dumont, Brooke | Papillion LaVista | 92-11 | 28.32m 2 | 2.66 |
| 7 Knigge, Mia | Fremont | 87-09 | 26.74m 2 | 3.33 |
| 8 Peitzmeier, Gabriella | Millard South | 87-02 | 26.56m 1 | 1.33 |
| 9 Ragland, Kinsley | Lincoln North Star | 85-00 | 25.90m 1 | 0.66 |
| 10 Johnson, Alex | Ralston | J85-00 | 25.90m 1 | |
| 11 Kinning, Mackenzie | Fremont | 84-10 | 25.85m 2 | 3.33 |
| 12 Bias, Marie | Millard South | 84-04 | 25.70m 1 | 1.33 |
| 13 Day, Grace | Norfolk | 83-02 | 25.34m 2 | 2 |
| 14 Glynn, Hannah | Millard South | 80-08 | 24.58m 1 | 1.33 |
| 15 Smithberg, Cassidy | Papillion LaVista | 77-08 | 23.67m 2 | 2.66 |
| 16 Tuttle, Elyssa | Norfolk | 76-00 | 23.16m 2 | 2 |
| 17 Steiner, Paige | Lincoln North Star | 68-06 | 20.87m 1 | 0.66 |
| 18 Cloudt, Norah | Blair | 68-05 | 20.85m 2 | 0.33 |
| 19 Fink, Josey | Ralston | 63-06 | 19.35m 1 | |
| 20 Kalilangwe, Karen | Ralston | 62-06 | 19.05m 1 | |
| 21 Quick, Kylie | Blair | 55-10 | 17.01m 2 | 0.33 |

....Event 7 Girls Discus Throw Relay

Event 7 Girls Discus Throw Relay
Team Rankings - Field Event Relay

2021 Gary Dubbs Ralston Ram Relays - 4/3/2021

Ralston High School

Results

Members Per Team - 3

| Rank | Team | Total Mark | Points |
|------|--------------------|------------|--------|
| 1 | Fremont | 285-07 | 10 |
| 2 | Papillion LaVista | 279-01 | 8 |
| 3 | Norfolk | 258-06 | 6 |
| 4 | Millard South | 252-02 | 4 |
| 5 | Lincoln North Star | 248-11 | 2 |
| 6 | Blair | 230-01 | 1 |
| 7 | Ralston | 211-00 | 0 |

2021 Gary Dubbs Ralston Ram Relays - 4/3/2021**Ralston High School****Results****Event 5 Girls High Jump Relay**

| Name | Year School | Finals | Points |
|---------------------|--------------------|----------|------------|
| Finals | | | |
| 1 Glaser, Morgan | Papillion LaVista | 5-04.00 | 1.62m 2.66 |
| 2 Schaefer, Saylor | Lincoln North Star | 5-02.00 | 1.57m 3.33 |
| 3 Ries, Carly | Norfolk | 5-01.00 | 1.54m 2 |
| 4 Kvetensky, Megan | Papillion LaVista | J5-01.00 | 1.54m 2.66 |
| 5 Jacobs, Ali | Lincoln North Star | 5-00.00 | 1.52m 3.33 |
| 6 Roskens, Mary | Blair | 4-10.00 | 1.47m 1.33 |
| 7 Sovereign, Alexis | Norfolk | J4-10.00 | 1.47m 2 |
| 8 Bakenhus, Jerika | Lincoln North Star | J4-10.00 | 1.47m 3.33 |
| 9 Gilmore, Hannah | Millard South | 4-08.00 | 1.42m |
| 10 Bolden, Mya | Fremont | J4-08.00 | 1.42m 0.66 |
| 11 Everitt, Maddie | Fremont | J4-08.00 | 1.42m 0.66 |
| 12 Boyd, Kaidence | Norfolk | 4-06.00 | 1.37m 2 |
| 12 Villotta, Tessa | Blair | 4-06.00 | 1.37m 1.33 |
| 14 Askvig, Taryn | Millard South | J4-06.00 | 1.37m |
| 15 Wolfe, Jordan | Blair | 4-04.00 | 1.32m 1.33 |
| 16 Zucha, Maya | Papillion LaVista | J4-04.00 | 1.32m 2.66 |
| 17 Vaughn, Lily | Fremont | 4-02.00 | 1.27m 0.66 |
| -- Stinson, Sadie | Millard South | NH | |
| -- Sis, Norah | Papillion LaVista | DNS | |

Event 5 Girls High Jump Relay
 Team Rankings - Field Event Relay
 Members Per Team - 3

| Rank | Team | Total Mark | Points |
|------|--------------------|------------|--------|
| 1 | Lincoln North Star | 15-00.00 | 10 |
| 2 | Papillion LaVista | 14-09.00 | 8 |
| 3 | Norfolk | 14-05.00 | 6 |
| 4 | Blair | 13-08.00 | 4 |
| 5 | Fremont | 13-06.00 | 2 |
| 6 | Millard South | 8-14.00 | 1 |

2021 Gary Dubbs Ralston Ram Relays - 4/3/2021**Ralston High School****Results****Event 3 Girls Long Jump Relay**

| Name | Year School | Finals | Points |
|----------------------------|--------------------|-----------|------------|
| Flight 1 | | | |
| 1 Beemer, Reese | Blair | 14-09.75 | 4.51m 0.66 |
| 2 Cady, Madison | Lincoln North Star | 14-02.50 | 4.33m 0.33 |
| 3 Amandus, Kaitlynn | Blair | 13-10.50 | 4.22m 0.66 |
| 4 Fox, Samantha | Lincoln North Star | 12-07.75 | 3.85m 0.33 |
| 5 Joyner, Jordan | Lincoln North Star | 12-06.50 | 3.82m 0.33 |
| 6 Valasek, Maggie | Blair | 12-03.25 | 3.74m 0.66 |
| 7 Bahena-Flores, Catherine | Ralston | 11-01.75 | 3.39m |
| 8 Calderon Riano, Andrea | Ralston | J11-01.75 | 3.39m |
| 9 Chumley, Madison | Ralston | 10-08.00 | 3.25m |
| Flight 2 | | | |
| 1 Lang, Amari | Millard South | 16-05.00 | 5.00m 2.66 |
| 2 Sheppard, Emmalee | Fremont | 15-06.50 | 4.73m 3.33 |
| 3 Dickenson, Erin | Papillion LaVista | 15-01.50 | 4.61m 2 |
| 4 Meyer, Hannah | Fremont | 14-09.50 | 4.50m 3.33 |
| 5 Kollmar, Kaia | Norfolk | 14-08.00 | 4.47m 1.33 |
| 6 Cooper, Ella | Fremont | 14-07.00 | 4.44m 3.33 |
| 7 Lawson, Bernice | Millard South | J14-07.00 | 4.44m 2.66 |
| 8 Zoucha, Dru | Papillion LaVista | 14-05.50 | 4.40m 2 |
| 9 Schmidt, Taylor | Norfolk | 14-03.25 | 4.34m 1.33 |
| 10 Cunningham, Ava | Papillion LaVista | 14-01.75 | 4.31m 2 |
| 11 Wagggerman, Taeya | Norfolk | 13-06.50 | 4.12m 1.33 |
| 12 Isaacson, Allison | Millard South | 13-02.50 | 4.02m 2.66 |

Event 3 Girls Long Jump Relay

| Name | Year School | Finals | H# | Points |
|-----------------------------|--------------------|-----------|---------|--------|
| Finals | | | | |
| 1 Lang, Amari | Millard South | 16-05.00 | 5.00m 2 | 2.66 |
| 2 Sheppard, Emmalee | Fremont | 15-06.50 | 4.73m 2 | 3.33 |
| 3 Dickenson, Erin | Papillion LaVista | 15-01.50 | 4.61m 2 | 2 |
| 4 Beemer, Reese | Blair | 14-09.75 | 4.51m 1 | 0.66 |
| 5 Meyer, Hannah | Fremont | 14-09.50 | 4.50m 2 | 3.33 |
| 6 Kollmar, Kaia | Norfolk | 14-08.00 | 4.47m 2 | 1.33 |
| 7 Cooper, Ella | Fremont | 14-07.00 | 4.44m 2 | 3.33 |
| 8 Lawson, Bernice | Millard South | J14-07.00 | 4.44m 2 | 2.66 |
| 9 Zoucha, Dru | Papillion LaVista | 14-05.50 | 4.40m 2 | 2 |
| 10 Schmidt, Taylor | Norfolk | 14-03.25 | 4.34m 2 | 1.33 |
| 11 Cady, Madison | Lincoln North Star | 14-02.50 | 4.33m 1 | 0.33 |
| 12 Cunningham, Ava | Papillion LaVista | 14-01.75 | 4.31m 2 | 2 |
| 13 Amandus, Kaitlynn | Blair | 13-10.50 | 4.22m 1 | 0.66 |
| 14 Wagggerman, Taeya | Norfolk | 13-06.50 | 4.12m 2 | 1.33 |
| 15 Isaacson, Allison | Millard South | 13-02.50 | 4.02m 2 | 2.66 |
| 16 Fox, Samantha | Lincoln North Star | 12-07.75 | 3.85m 1 | 0.33 |
| 17 Joyner, Jordan | Lincoln North Star | 12-06.50 | 3.82m 1 | 0.33 |
| 18 Valasek, Maggie | Blair | 12-03.25 | 3.74m 1 | 0.66 |
| 19 Bahena-Flores, Catherine | Ralston | 11-01.75 | 3.39m 1 | |
| 20 Calderon Riano, Andrea | Ralston | J11-01.75 | 3.39m 1 | |
| 21 Chumley, Madison | Ralston | 10-08.00 | 3.25m 1 | |

....Event 3 Girls Long Jump Relay

Event 3 Girls Long Jump Relay
Team Rankings - Field Event Relay

2021 Gary Dubbs Ralston Ram Relays - 4/3/2021

Ralston High School

Results

Members Per Team - 3

| Rank | Team | Total Mark | Points |
|------|--------------------|------------|--------|
| 1 | Fremont | 44-11.00 | 10 |
| 2 | Millard South | 44-02.50 | 8 |
| 3 | Papillion LaVista | 43-08.75 | 6 |
| 4 | Norfolk | 42-05.75 | 4 |
| 5 | Blair | 40-11.50 | 2 |
| 6 | Lincoln North Star | 39-04.75 | 1 |
| 7 | Ralston | 32-11.50 | 0 |

2021 Gary Dubbs Ralston Ram Relays - 4/3/2021

Ralston High School

Results

Event 1 Girls Pole Vault Relay

| Name | Year School | Finals | Points |
|----------------------|-------------------|----------|------------|
| Finals | | | |
| 1 Brummond, Nealy | Norfolk | 10-06.00 | 3.20m 2.33 |
| 2 Galbraith, Grace | Blair | 9-06.00 | 2.89m 2.33 |
| 3 Newill, Hailey | Fremont | J9-06.00 | 2.89m 3.33 |
| 4 Everitt, Maddie | Fremont | 8-06.00 | 2.59m 3.33 |
| 4 Cemer, Sami | Blair | 8-06.00 | 2.59m 2.33 |
| 6 Pena, Ali | Fremont | 8-00.00 | 2.43m 3.33 |
| 7 Person, Macy | Millard South | 7-06.00 | 2.28m 1.33 |
| 7 Miller, Leann | Norfolk | 7-06.00 | 2.28m 2.33 |
| 9 Isaacson, Allison | Millard South | 7-00.00 | 2.13m 1.33 |
| 10 Godfrey, Paige | Norfolk | J7-00.00 | 2.13m 2.33 |
| 11 Gailbraith, Greta | Blair | J7-00.00 | 2.13m 2.33 |
| 12 Redford, Carly | Papillion LaVista | 6-06.00 | 1.98m 0.66 |
| 13 Price, Allison | Papillion LaVista | J6-06.00 | 1.98m 0.66 |
| 14 Hrabik, Taylor | Millard South | J6-06.00 | 1.98m 1.33 |
| 15 Ford, Eden | Papillion LaVista | 6-00.00 | 1.82m 0.66 |

Event 1 Girls Pole Vault Relay
 Team Rankings - Field Event Relay
 Members Per Team - 3

| Rank | Team | Total Mark | Points |
|------|-------------------|------------|--------|
| 1 | Fremont | 26-00.00 | 10 |
| 2 | Norfolk | 25-00.00 | 7 |
| 2 | Blair | 25-00.00 | 7 |
| 4 | Millard South | 21-00.00 | 4 |
| 5 | Papillion LaVista | 19-00.00 | 2 |

2021 Gary Dubbs Ralston Ram Relays - 4/3/2021**Ralston High School****Results****Event 9 Girls Shot Put Relay**

| Name | Year School | Finals | Points |
|-------------------------|--------------------|----------|-------------|
| Flight 1 | | | |
| 1 Ragland, Kinsley | Lincoln North Star | 34-08.25 | 10.57m 1.33 |
| 2 Johnson, Alex | Ralston | 33-11.75 | 10.35m |
| 3 Loyd, Aleana | Lincoln North Star | 30-09.25 | 9.37m 1.33 |
| 4 Carroll, Georgia | Millard South | 30-08.00 | 9.34m 0.33 |
| 5 Peitzmeier, Gabriella | Millard South | 29-02.50 | 8.90m 0.33 |
| 6 Roth, Lyndsey | Lincoln North Star | 28-08.00 | 8.73m 1.33 |
| 7 Holmes, Allana | Millard South | 27-11.50 | 8.52m 0.33 |
| 8 Ryan, Eden | Ralston | 21-05.75 | 6.54m |
| 9 Henderson, A'Nyah | Ralston | 21-01.75 | 6.44m |
| Flight 2 | | | |
| 1 Baker, Hailey | Blair | 39-09.50 | 12.12m 0.66 |
| 2 Skiff, Makenna | Norfolk | 39-03.00 | 11.96m 2.66 |
| 3 Kinning, Mackenzie | Fremont | 38-02.50 | 11.64m 3.33 |
| 4 Dumont, Brooke | Papillion LaVista | 34-08.75 | 10.58m 2 |
| 5 Hofer, Ellah | Fremont | 33-08.50 | 10.27m 3.33 |
| 6 Smithberg, Cassidy | Papillion LaVista | 32-11.75 | 10.05m 2 |
| 7 Tuttle, Elyssa | Norfolk | 32-08.00 | 9.95m 2.66 |
| 8 Knigge, Mia | Fremont | 32-04.00 | 9.85m 3.33 |
| 9 Day, Grace | Norfolk | 31-00.00 | 9.44m 2.66 |
| 10 Rees, Dannika | Papillion LaVista | 30-01.00 | 9.16m 2 |
| 11 Quick, Kylie | Blair | 30-00.00 | 9.14m 0.66 |
| 12 Cloudt, Norah | Blair | 23-07.25 | 7.19m 0.66 |

Event 9 Girls Shot Put Relay

| Name | Year School | Finals | H# | Points |
|--------------------------|--------------------|----------|----------|--------|
| Finals | | | | |
| 1 Baker, Hailey | Blair | 39-09.50 | 12.12m 2 | 0.66 |
| 2 Skiff, Makenna | Norfolk | 39-03.00 | 11.96m 2 | 2.66 |
| 3 Kinning, Mackenzie | Fremont | 38-02.50 | 11.64m 2 | 3.33 |
| 4 Dumont, Brooke | Papillion LaVista | 34-08.75 | 10.58m 2 | 2 |
| 5 Ragland, Kinsley | Lincoln North Star | 34-08.25 | 10.57m 1 | 1.33 |
| 6 Johnson, Alex | Ralston | 33-11.75 | 10.35m 1 | |
| 7 Hofer, Ellah | Fremont | 33-08.50 | 10.27m 2 | 3.33 |
| 8 Smithberg, Cassidy | Papillion LaVista | 32-11.75 | 10.05m 2 | 2 |
| 9 Tuttle, Elyssa | Norfolk | 32-08.00 | 9.95m 2 | 2.66 |
| 10 Knigge, Mia | Fremont | 32-04.00 | 9.85m 2 | 3.33 |
| 11 Day, Grace | Norfolk | 31-00.00 | 9.44m 2 | 2.66 |
| 12 Loyd, Aleana | Lincoln North Star | 30-09.25 | 9.37m 1 | 1.33 |
| 13 Carroll, Georgia | Millard South | 30-08.00 | 9.34m 1 | 0.33 |
| 14 Rees, Dannika | Papillion LaVista | 30-01.00 | 9.16m 2 | 2 |
| 15 Quick, Kylie | Blair | 30-00.00 | 9.14m 2 | 0.66 |
| 16 Peitzmeier, Gabriella | Millard South | 29-02.50 | 8.90m 1 | 0.33 |
| 17 Roth, Lyndsey | Lincoln North Star | 28-08.00 | 8.73m 1 | 1.33 |
| 18 Holmes, Allana | Millard South | 27-11.50 | 8.52m 1 | 0.33 |
| 19 Cloudt, Norah | Blair | 23-07.25 | 7.19m 2 | 0.66 |
| 20 Ryan, Eden | Ralston | 21-05.75 | 6.54m 1 | |
| 21 Henderson, A'Nyah | Ralston | 21-01.75 | 6.44m 1 | |

....Event 9 Girls Shot Put Relay

Event 9 Girls Shot Put Relay
Team Rankings - Field Event Relay

2021 Gary Dubbs Ralston Ram Relays - 4/3/2021

Ralston High School

Results

Members Per Team - 3

| Rank | Team | Total Mark | Points |
|------|--------------------|------------|--------|
| 1 | Fremont | 104-03.00 | 10 |
| 2 | Norfolk | 102-11.00 | 8 |
| 3 | Papillion LaVista | 97-09.50 | 6 |
| 4 | Lincoln North Star | 94-01.50 | 4 |
| 5 | Blair | 93-04.75 | 2 |
| 6 | Millard South | 87-10.00 | 1 |
| 7 | Ralston | 76-07.25 | 0 |

2021 Gary Dubbs Ralston Ram Relays - 4/3/2021**Ralston High School****Results****Event 11 Girls Triple Jump Relay**

| Name | Year School | Finals | Points |
|----------------------|--------------------|----------|-------------|
| Flight 1 | | | |
| 1 Long, Abbigail | Norfolk | 38-00.75 | 11.60m 2.66 |
| 2 Joyner, Jordan | Lincoln North Star | 30-07.00 | 9.32m 0.66 |
| 3 Cady, Madison | Lincoln North Star | 29-04.75 | 8.95m 0.66 |
| 4 Waggggerman, Taeya | Norfolk | 28-02.50 | 8.59m 2.66 |
| 5 Dillard, Ashanti | Norfolk | 28-01.50 | 8.57m 2.66 |
| 6 Wolfe, Jordan | Blair | 28-00.00 | 8.53m 0.33 |
| 7 Amandus, Kaitlynn | Blair | 27-09.00 | 8.45m 0.33 |
| 8 Amandus, Hailey | Blair | 27-03.75 | 8.32m 0.33 |
| 9 Fox, Samantha | Lincoln North Star | 26-01.25 | 7.95m 0.66 |
| Flight 2 | | | |
| 1 Kaasch, Lilee | Millard South | 38-03.50 | 11.67m 3.33 |
| 2 Lang, Amari | Millard South | 36-06.00 | 11.12m 3.33 |
| 3 Bare, Emily | Millard South | 32-06.00 | 9.90m 3.33 |
| 4 Cunningham, Ava | Papillion LaVista | 31-10.75 | 9.72m 2 |
| 5 Dickenson, Erin | Papillion LaVista | 31-03.75 | 9.54m 2 |
| 6 Zucha, Maya | Papillion LaVista | 30-11.25 | 9.42m 2 |
| 7 Meyer, Hannah | Fremont | 30-10.50 | 9.41m 1.33 |
| 8 Morrow, Clara | Fremont | 29-05.00 | 8.96m 1.33 |
| 9 Boden, Annika | Fremont | 26-06.75 | 8.09m 1.33 |

Event 11 Girls Triple Jump Relay

| Name | Year School | Finals | H# | Points |
|-----------------------|--------------------|----------|----------|--------|
| Finals | | | | |
| 1 Kaasch, Lilee | Millard South | 38-03.50 | 11.67m 2 | 3.33 |
| 2 Long, Abbigail | Norfolk | 38-00.75 | 11.60m 1 | 2.66 |
| 3 Lang, Amari | Millard South | 36-06.00 | 11.12m 2 | 3.33 |
| 4 Bare, Emily | Millard South | 32-06.00 | 9.90m 2 | 3.33 |
| 5 Cunningham, Ava | Papillion LaVista | 31-10.75 | 9.72m 2 | 2 |
| 6 Dickenson, Erin | Papillion LaVista | 31-03.75 | 9.54m 2 | 2 |
| 7 Zucha, Maya | Papillion LaVista | 30-11.25 | 9.42m 2 | 2 |
| 8 Meyer, Hannah | Fremont | 30-10.50 | 9.41m 2 | 1.33 |
| 9 Joyner, Jordan | Lincoln North Star | 30-07.00 | 9.32m 1 | 0.66 |
| 10 Morrow, Clara | Fremont | 29-05.00 | 8.96m 2 | 1.33 |
| 11 Cady, Madison | Lincoln North Star | 29-04.75 | 8.95m 1 | 0.66 |
| 12 Waggggerman, Taeya | Norfolk | 28-02.50 | 8.59m 1 | 2.66 |
| 13 Dillard, Ashanti | Norfolk | 28-01.50 | 8.57m 1 | 2.66 |
| 14 Wolfe, Jordan | Blair | 28-00.00 | 8.53m 1 | 0.33 |
| 15 Amandus, Kaitlynn | Blair | 27-09.00 | 8.45m 1 | 0.33 |
| 16 Amandus, Hailey | Blair | 27-03.75 | 8.32m 1 | 0.33 |
| 17 Boden, Annika | Fremont | 26-06.75 | 8.09m 2 | 1.33 |
| 18 Fox, Samantha | Lincoln North Star | 26-01.25 | 7.95m 1 | 0.66 |

Event 11 Girls Triple Jump Relay

Team Rankings - Field Event Relay

Members Per Team - 3

| Rank | Team | Total Mark | Points |
|------|---------------|------------|--------|
| 1 | Millard South | 107-03.50 | 10 |
| 2 | Norfolk | 94-04.75 | 8 |

....Event 11 Girls Triple Jump Relay

2021 Gary Dubbs Ralston Ram Relays - 4/3/2021

Ralston High School

Results

| | | | |
|---|--------------------|----------|---|
| 3 | Papillion LaVista | 94-01.75 | 6 |
| 4 | Fremont | 86-10.25 | 4 |
| 5 | Lincoln North Star | 86-01.00 | 2 |
| 6 | Blair | 83-00.75 | 1 |