

**2019 Simpson High School Classic - 3/26/2019****Bill Buxton Stadium****Results****Girls 100 Meter Dash**

Name	Year School	Finals	H#	Points
Finals				
1 Baccile, Mira	Dowling Catholic	13.55	2	10
2 Foster, Jaclyn	Southeast Polk	13.56	2	8
3 Milani, Samantha	Southeast Polk	13.60	2	6
4 Rutledge, Shakyra'	Dsm North	13.75	2	5
5 Wilson, Mallory	Dowling Catholic	13.80	2	4
6 Steinfeldt, Patricia	Indianola	14.00	2	3
7 Ahartz, Adelynn	Carlisle	14.12	2	2
8 Statler, Natalea	Carlisle	14.34	1	1
9 KoKo, Karima	Dsm North	14.40	1	
10 Levi, Raegan	Norwalk	14.43	2	
11 Baker, Makayla	Indianola	14.91	1	
12 Hildreth, Neenah	Norwalk	16.01	1	

**Girls 200 Meter Dash**

Name	Year School	Finals	H#	Points
1 Erzen, Ainsley	Carlisle	26.87	2	10
2 Okwaramoi, Juru	Dowling Catholic	27.08	2	8
3 Hartz, Gretta	Southeast Polk	27.18	2	6
4 Clement, Natalie	Southeast Polk	27.36	2	5
5 Pierick, Kathryn	Dowling Catholic	29.00	2	4
6 Davitt, Abbie	Norwalk	29.58	1	3
7 Ahartz, Adelynn	Carlisle	30.16	2	2
8 Steinfeldt, Patricia	Indianola	30.52	2	1
9 Apana-Stipe, Ella	Norwalk	30.56	2	
10 Baker, Makayla	Indianola	31.99	1	

**Girls 400 Meter Dash**

Name	Year School	Finals	Points
1 Larkins, Grace	Southeast Polk	58.30	10
2 Erzen, Ainsley	Carlisle	58.96	8
3 Hill, Tarryn	Southeast Polk	1:00.30	6
4 Timboe, Kate	Dowling Catholic	1:01.52	5
5 Blake, Bailey	Indianola	1:02.14	4
6 Allen, Ashley	Dowling Catholic	1:05.62	3
7 Howe, Avery	Indianola	1:08.10	2
8 Hyde, Ashliah	Carlisle	1:20.76	1

**Girls 800 Meter Run**

Name	Year School	Finals	Points
1 McGowan, Magda	Southeast Polk	2:21.18	10



**2019 Simpson High School Classic - 3/26/2019****Bill Buxton Stadium****Results****....Girls 800 Meter Run**

2	Schweizer, Kelsey	Dowling Catholic	2:21.74	8
3	Forbes, Jadyn	Indianola	2:24.31	6
4	Lackmann, Torin	Norwalk	2:26.60	5
5	Miller, Sydnee	Dowling Catholic	2:29.46	4
6	Elliott, Jaycie	Southeast Polk	2:33.08	3
7	Wendl, Kennedy	Norwalk	2:36.85	2
8	Sievers, Megan	Carlisle	2:37.77	1
9	Werling, Joey	Indianola	2:38.16	
10	Hassan, Ikilas	Dsm North	2:40.12	

**Girls 1500 Meter Run**

Name	Year	School	Finals	Points
1	Blackford, Paige	Southeast Polk	5:08.92	10
2	Meilander, Janey	Dowling Catholic	5:13.50	8
3	Rockhold, Ashley	Indianola	5:29.56	6
4	Sievers, Megan	Carlisle	5:29.58	5
5	Kelly, Mary	Dowling Catholic	5:34.27	4
6	Cheung, Jessie	Southeast Polk	5:40.12	3
7	Easter, Kate	Dowling Catholic	5:41.02	2
8	Mendoza, Jasmin	Southeast Polk	5:41.81	1
9	Kehoe, Emily	Norwalk	5:42.14	
10	Mohammed, Maytane	Dsm North	5:43.30	
11	Engelhardt, Rachel	Indianola	5:55.48	
12	Bergan, Taylor	Norwalk	6:00.64	
13	Parkins, Natalie	Indianola	6:08.01	
14	Martin, Natalie	Norwalk	6:18.88	
15	Hernandez, Jasmyn	Carlisle	6:42.31	

**Girls 3000 Meter Run**

Name	Year	School	Finals	Points
1	Plummer, Mattison	Southeast Polk	11:08.23	10
2	Osborn, Karleigh	Dowling Catholic	11:17.99	8
3	Riesberg, Alexis	Dowling Catholic	11:18.68	6
4	Rockhold, Ashley	Indianola	11:29.04	5
5	Sievers, Megan	Carlisle	11:29.83	4
6	Weinwright, Megan	Dowling Catholic	11:42.89	3
7	Hasan, Ikilas	Dsm North	12:09.85	2
8	Buelstel, Emily	Southeast Polk	12:13.59	1
9	Anderson, Ella	Carlisle	12:16.44	
10	Kehoe, Emily	Norwalk	12:16.80	
11	Heckert, Elise	Indianola	13:27.29	



**2019 Simpson High School Classic - 3/26/2019****Bill Buxton Stadium****Results****Girls 100 Meter Hurdles**

Name	Year School	Finals	H#	Points
1 Baccile, Mira	Dowling Catholic	16.62	2	10
2 Sickels, Rayna	Indianola	17.16	2	8
3 Haack, Jocelyn	Carlisle	17.32	2	6
4 Pierce, Elizabeth	Southeast Polk	17.59	2	5
5 Severs, Isabelle	Southeast Polk	17.60	2	4
6 Mesecher, Cameron	Carlisle	17.95	2	3
7 Howe, Avery	Indianola	18.36	1	2
8 Rutledge, Shakyra'	Dsm North	19.11	2	1
9 Hjelden, Maya	Norwalk	19.42	1	
10 Kuestner-Burleson, Fores	Dowling Catholic	20.29	2	
11 Gilchrist, Camryn	Norwalk	21.16	1	
12 Oromo, Ihari	Dsm North	22.16	1	

**Girls 400 Meter Hurdles**

Name	Year School	Finals	Points
1 Larkins, Grace	Southeast Polk	1:09.42	10
2 Haack, Jocelyn	Carlisle	1:14.79	8
3 Mesecher, Cameron	Carlisle	1:16.42	6
4 Baerenwald, Katie	Southeast Polk	1:17.23	5
5 McVey, Kylie	Indianola	1:17.81	4
6 Strittmatter, Ellen	Dowling Catholic	1:21.99	3
7 Kleppe, Erin	Dowling Catholic	1:26.53	2
8 Oromo, Ihari	Dsm North	1:34.79	1

**Girls 4x100 Meter Relay**

School	Finals	H#	Points
1 Dowling Catholic 'A'	51.70	2	10
1) Baccile, Mira			
2) Heuckendorf, Roz			
3) Wilson, Mallory			
4) Pierick, Kathryn			
2 Southeast Polk 'A'	51.77	2	8
1) Hartz, Gretta			
2) Milani, Samantha			
3) Severs, Isabelle			
4) Foster, Jaclyn			
3 Indianola 'A'	52.56	2	6
1) Forbes, Aryss			
2) Gioffredi, Grace			
3) Sickels, Rayna			
4) Blake, Leah			
4 Dowling Catholic 'B'	x53.27	2	
1) Ackermann, McKenna			
2) Janeczko, Maddie			
3) Kuestner-Burleson, Forest			
4) Odir, Nancy			
5 Carlisle 'A'	53.65	2	5
1) Schnathorst, Delaney			
2) Statler, Natalea			
3) Ahartz, Adelynn			
4) Erzen, Ainsley			
6 Norwalk 'A'	54.26	2	4
1) Randall, Marin			
2) Hjelden, Maya			



**2019 Simpson High School Classic - 3/26/2019**

**Bill Buxton Stadium**

**Results**

**....Girls 4x100 Meter Relay**

3) Apana-Stipe, Ella	4) Levi, Raegan			
7 Dsm North 'B'		56.20	1	3
1) Ana, Kipendo	2) Salima, Mami			
3) Usman, Basmat	4) Ester, Tuyisabe			
8 Indianola 'B'		x56.21	1	
1) Young, Anna	2) Bishop, Mara			
3) McGraw, Lizzie	4) Steinfeldt, Patricia			
9 Southeast Polk 'B'		x56.24	2	
1) Bui, Vina	2) Rinehart, Erica			
3) Slifka, Emma	4) Plym, Alexis			
10 Carlisle 'B'		x1:00.42	1	
1) Brower, Bailey	2) Phanthavong, Melehna			
3) Ohnemus, Lily	4) Evans, Mallory			
11 Norwalk 'B'		x1:03.39	1	
1) Randall, Callan	2) Grant, Peiton			
3) Johnston, Kelsey	4) Schumacher, Elaina			

**Girls 4x200 Meter Relay**

School	Finals	H#	Points
1 Dowling Catholic 'A'	1:48.44	2	10
1) Okwaramoi, Juru	2) Heuckendorf, Roz		
3) Gehrke, Olivia	4) Tobias, Margaret		
2 Southeast Polk 'A'	1:50.33	2	8
1) Mills, Kennady	2) Rosenboom, Grace		
3) Milani, Samantha	4) Foster, Jaclyn		
3 Indianola 'A'	1:52.38	2	6
1) Gioffredi, Grace	2) McVey, Kylie		
3) Blake, Lauren	4) Blake, Leah		
4 Southeast Polk 'B'	x1:58.48	2	
1) Widmer, Jordan	2) Rinehart, Erica		
3) Cataldo, Abi	4) Ballard, Katie		
5 Dowling Catholic 'B'	x1:59.93	2	
1) Wilson, Mallory	2) Janeczko, Maddie		
3) Ackermann, McKenna	4) Odir, Nancy		
6 Indianola 'B'	x2:01.16	1	
1) McCombs, Ellie	2) Bishop, Mara		
3) Garrison, Madeline	4) Hawkins, Trysta		
7 Carlisle 'A'	2:01.69	2	5
1) Schnathorst, Delaney	2) Viers, Tristine		
3) Hoffman, Meredith	4) Tudor, Tyrallyn		
8 Norwalk 'A'	2:05.15	2	4
1) Hunter, McKenzie	2) Quinn, Madison		
3) Marquis, Chloe	4) Downe, Haley		
9 Carlisle 'B'	x2:15.27	2	
1) Brower, Bailey	2) Wyckoff, Cat		
3) Fritz, Karlee	4) Phanthavong, Melehna		
10 Norwalk 'B'	x2:19.24	1	



**2019 Simpson High School Classic - 3/26/2019**

**Bill Buxton Stadium**

**Results**

**....Girls 4x200 Meter Relay**

1) Jacobsen, Sille	2) Allmon, Abby			
3) Randall, Callan	4) Tripp, Zoey			
11 Dsm North 'A'		2:28.80	1	3
1) Abwe, Sofia	2) Ana, Kipendo			
3) Mami, Salima	4) Basmat, Usman			

**Girls 4x400 Meter Relay**

School	Finals	H#	Points
1 Southeast Polk 'A'	4:07.05	2	10
1) Hill, Tarryn	2) McNeeley, Sydney		
3) McGowan, Magda	4) Clement, Natalie		
2 Dowling Catholic 'A'	4:12.60	2	8
1) Gehrke, Olivia	2) Timboe, Kate		
3) Tobias, Margaret	4) Schweizer, Kelsey		
3 Indianola 'A'	4:23.35	2	6
1) Blake, Bailey	2) Blake, Lauren		
3) Forbes, Jadyn	4) Werling, Joey		
4 Norwalk 'A'	4:27.37	2	5
1) Davitt, Abbie	2) Downe, Haley		
3) Apana-Stipe, Ella	4) Wallace, Annika		
5 Dowling Catholic 'B'	x4:28.19	2	
1) Allen, Ashley	2) Flood, Anne		
3) Meilander, Janey	4) Miller, Sydnee		
6 Southeast Polk 'B'	x4:33.48	2	
1) Gustafson, Grace	2) Powell, Addison		
3) Rosenboom, Grace	4) Mills, Kennady		
7 Indianola 'B'	x4:41.35	1	
1) Heuton, Haylee	2) Fuller, Alyvia		
3) Fredricks, Sadie	4) Miller, Anna		
8 Carlisle 'A'	4:43.78	2	4
1) Link, Lexxi	2) Watts, Madi		
3) Hoffman, Meredith	4) Tudor, Tyralyn		
9 Norwalk 'B'	x4:51.08	1	
1) Smith, Addison	2) Winkler, Kylie		
3) Bellizzi, Emily	4) Chase, Emma		
10 Carlisle 'B'	x5:26.25	1	
1) Orput, Tessa	2) Beck, Alexandria		
3) Dok, Abook	4) Wyckoff, Cat		

**Girls 4x800 Meter Relay**

School	Finals	Points
1 Dowling Catholic 'A'	9:34.13	10
1) Miller, Sydnee	2) Timboe, Kate	
3) Schweizer, Kelsey	4) Meilander, Janey	
2 Southeast Polk 'A'	9:34.64	8



**2019 Simpson High School Classic - 3/26/2019**

**Bill Buxton Stadium**

**Results**

**....Girls 4x800 Meter Relay**

1) Hill, Tarryn	2) Elliott, Jaycie		
3) McGowan, Magda	4) Larkins, Grace		
3 Norwalk 'A'		10:33.56	6
1) Balk, Annie	2) Wallace, Annika		
3) Chase, Emma	4) Smith, Addison		
4 Southeast Polk 'B'		x11:12.59	
1) Laube, Olivia	2) Kaut, Rachel		
3) Schutte, Quinn	4) Cheung, Jessie		
5 Indianola 'A'		11:22.73	5
1) Heuton, Haylee	2) Fuller, Alyvia		
3) Miller, Anna	4) Seifrig, Hailey		
6 Indianola 'B'		x11:36.12	
1) Graham, Hannah	2) Eilers, Hannah		
3) Fredricks, Sadie	4) Borgmeyer, Alice		
7 Norwalk 'B'		x11:51.02	
1) Bellizzi, Emily	2) Winkler, Kylie		
3) Martin, Natalie	4) Hoch, Eva		
8 Dowling Catholic 'B'		x12:13.97	
1) Sullivan, Claire	2) Hanna, Makayla		
3) Kavlock, Emily	4) Beacom, Cecilia		
9 Carlisle 'A'		12:35.97	4
1) Watts, Madi	2) Hyde, Ashliah		
3) Dok, Abook	4) Beck, Alexandria		
10 Dsm North 'A'		13:55.50	3
1) Hasan, Ikilas	2) Haregu, Adango		
3) Maytane, Mohammed	4) Perez Diaz, Said		
11 Carlisle 'B'		x14:08.47	
1) Armstrong, Katelynn	2) Scott, Charity		
3) Hernandez, Jasmyn	4) Kashkaeva, Zhibek		

**Girls 800 Sprint Medley**

School	Finals	H#	Points
1 Dowling Catholic 'A'	1:53.22	2	10
1) Wilson, Mallory	2) Heuckendorf, Roz		
3) Gehrke, Olivia	4) Tobias, Margaret		
2 Indianola 'A'	1:53.93	2	8
1) Forbes, Aryss	2) Gioffredi, Grace		
3) Blake, Leah	4) Blake, Bailey		
3 Southeast Polk 'A'	1:55.33	2	6
1) Hartz, Gretta	2) Foster, Jaclyn		
3) Milani, Samantha	4) McNeeley, Sydney		
4 Indianola 'B'	x1:58.01	2	
1) Bishop, Mara	2) McGraw, Lizzie		
3) Blake, Lauren	4) Forbes, Jady		
5 Norwalk 'A'	2:00.38	2	5
1) Randall, Marin	2) Hjelden, Maya		
3) Levi, Raegan	4) Wendl, Kennedy		



**2019 Simpson High School Classic - 3/26/2019****Bill Buxton Stadium****Results****....Girls 800 Sprint Medley**

6 Carlisle 'A'	2:01.96	2	4
1) Schnathorst, Delaney	2) Statler, Natalea		
3) Haack, Jocelyn	4) Erzen, Ainsley		
7 Southeast Polk 'B'	x2:02.08	2	
1) Powell, Addison	2) Slifka, Emma		
3) Kirkle, Lauren	4) Baerenwald, Katie		
8 Dowling Catholic 'B'	x2:07.77	1	
1) Ackermann, McKenna	2) Janeczko, Maddie		
3) Kuestner-Burleson, Forest	4) Kleppe, Erin		
9 Norwalk 'B'	x2:13.28	1	
1) Quinn, Madison	2) Jacobsen, Silje		
3) Hunter, McKenzie	4) Heaverlo, Katie		
10 Carlisle 'B'	x2:15.09	2	
1) Montgomery, Nevaeh	2) Watts, Madi		
3) Orput, Tessa	4) Wyckoff, Cat		
11 Dsm North 'A'	2:26.44	1	3
1) Rutledge, Shakyra'	2) Hunter, Riawna		
3) Mei, Htwe	4) Adango, Haregu		

**Girls Distance Medley**

School	Finals	H#	Points
1 Southeast Polk 'A'	4:19.38	2	10
1) Baerenwald, Katie	2) Rosenboom, Grace		
3) Clement, Natalie	4) Blackford, Paige		
2 Dowling Catholic 'A'	4:43.39	2	8
1) Pierick, Kathryn	2) Kuestner-Burleson, Forest		
3) Flood, Anne	4) Riesberg, Alexis		
3 Carlisle 'A'	4:47.64	2	6
1) Taylor, Mady	2) Orput, Tessa		
3) Link, Lexxi	4) Sievers, Megan		
4 Norwalk 'A'	4:49.48	2	5
1) Bunch, Abigail	2) Hunter, McKenzie		
3) Chase, Emma	4) Balk, Annie		
5 Dowling Catholic 'B'	x4:52.43	2	
1) Oromo, Kiden	2) Kumedjro, MaryLynn		
3) Nahas, Olivia	4) Easter, Kate		
6 Southeast Polk 'B'	x5:03.21	2	
1) Ballard, Katie	2) Widmer, Jordan		
3) Kirkle, Lauren	4) Bueltel, Emily		
7 Indianola 'B'	5:06.72	1	4
1) Nye, Megan	2) Hughes, Caroline		
3) Young, Anna	4) Engelhardt, Rachel		
8 Indianola 'A'	x5:10.45	1	
1) Kennedy, Dalby	2) Parker, Isabella		
3) Parkins, Natalie	4) Parkins, Karlyn		
9 Carlisle 'B'	x5:54.09	1	
1) Sickells, Kami	2) Evans, Mallory		



**2019 Simpson High School Classic - 3/26/2019**

**Bill Buxton Stadium**

**Results**

**....Girls Distance Medley**

- 3) Witt, Emma
- 4) Armstrong, Katelynn

**Girls 4x100 Meter Shuttle Hurdle**

School	Finals	H#	Points
1 Dowling Catholic 'A'	1:08.48	3	10
1) Baccile, Mira	2) Wilson, Mallory		
3) Gehrke, Olivia	4) Okwaramoi, Juru		
2 Southeast Polk 'A'	1:11.80	3	8
1) Pierce, Elizabeth	2) Plym, Alexis		
3) Powell, Addison	4) Severs, Isabelle		
3 Carlisle 'A'	1:13.47	3	6
1) Schnathorst, Delaney	2) Viers, Tristine		
3) Mesecher, Cameron	4) Haack, Jocelyn		
4 Indianola 'A'	1:15.38	2	5
1) Howe, Avery	2) Young, Anna		
3) McCombs, Ellie	4) Sickels, Rayna		
5 Norwalk 'A'	1:15.54	2	4
1) Davitt, Abbie	2) Gilchrist, Camryn		
3) Hjelden, Maya	4) Bunch, Abigail		
6 Southeast Polk 'B'	x1:17.70	1	
1) Bui, Vina	2) Gustafson, Grace		
3) Kirkle, Lauren	4) Williamson, Bailey		
7 Indianola 'B'	x1:20.33	2	
1) Werling, Joey	2) McVey, Kylie		
3) Garrison, Madeline	4) Mathias, Kira		
-- Carlisle 'B'	DQ	1	Left Early
1) Emmick, April	2) Taylor, Mady		
3) Fritz, Karlee	4) Tudor, Tyrallyn		

**Girls High Jump**

Name	Year	School	Finals	Points
1 Mills, Kennady		Southeast Polk	4-10.00	1.47m 10
4-02 4-04 4-06 4-08 4-10				
P P O XO XXO				
2 Nahas, Olivia		Dowling Catholic	4-08.00	1.42m 8
4-02 4-04 4-06 4-08 4-10				
P XO O O XXX				
3 Berg, Sydney		Carlisle	4-06.00	1.37m 6
4-02 4-04 4-06 4-08				
O O O XXX				
4 Tudor, Tyrallyn		Carlisle	J4-06.00	1.37m 5
4-02 4-04 4-06 4-08 4-10				
P O XO P XXX				





**2019 Simpson High School Classic - 3/26/2019**

**Bill Buxton Stadium**

**Results**

**....Girls High Jump**

5 Toang, Nyajuok	Dowling Catholic	4-02.00	1.27m	4
4-02 4-04				
XO XXX				
-- Fritz, Karlee	Carlisle	NH		
4-02 4-04				
P XXX				

**Girls Long Jump**

Name	Year School	Finals	H#	Points
1 Ahartz, Adelynn	Carlisle	16-05.00	5.00m	2 10
15-11 16-05 FOUL 16-00				
2 Odir, Nancy	Dowling Catholic	15-06.00	4.72m	2 8
15-01 15-06 14-11 FOUL				
3 Levi, Raegan	Norwalk	15-02.00	4.62m	2 6
14-06 FOUL 15-02 15-01.50				
4 Rinehart, Erica	Southeast Polk	15-01.00	4.59m	2 5
15-01 FOUL 14-08.50 14-08.50				
5 Hilton, Averie	Indianola	14-08.00	4.47m	2 4
13-09 FOUL FOUL 14-08				
6 Hawkins, Trysta	Indianola	14-07.50	4.45m	2 3
14-07.50 FOUL 13-11 13-04				
7 Mills, Kennady	Southeast Polk	14-06.00	4.41m	2 2
13-05.50 14-02 14-00 14-06				
8 Severs, Isabelle	Southeast Polk	14-02.00	4.31m	1 1
14-02 13-11 13-06.50 14-01.75				
9 Sickells, Kami	Carlisle	13-08.00	4.16m	1
12-09 11-11 13-07 13-08				
10 Brower, Bailey	Carlisle	12-10.50	3.92m	1
FOUL 12-10.50 11-11 FOUL				
11 Oromo, Kiden	Dowling Catholic	11-11.50	3.64m	1
9-08 11-11.50 10-07.50 11-06.50				
12 Allmon, Abby	Norwalk	11-05.00	3.47m	1
FOUL FOUL 11-05 FOUL				
13 Rekyte, Levo	Dowling Catholic	10-05.50	3.18m	1
10-05.50 FOUL FOUL FOUL				
14 Ana, Kipendo	Dsm North	9-02.00	2.79m	1
FOUL FOUL 9-02				
-- Rutledge, Shakyra'	Dsm North	FOUL		2
FOUL FOUL FOUL FOUL				

**Girls Shot Put**

Name	Year School	Finals	H#	Points
1 Capistrano, Donna Lyn	Southeast Polk	34-07.50	10.55m	2 10
34-02.25 34-04.50 34-07.50 33-11				



**2019 Simpson High School Classic - 3/26/2019**

**Bill Buxton Stadium**

**Results**

**....Girls Shot Put**

2	Morris, Teddy	Dowling Catholic	34-07.00	10.54m	2	8
	31-09.75 34-01 33-03.75 34-07					
3	Johnson, Anna	Dowling Catholic	33-09.50	10.29m	2	6
	32-07 32-06.50 32-10.25 33-09.50					
4	Goehry, Madison	Southeast Polk	32-05.50	9.89m	2	5
	31-05.50 32-05.50 31-10 31-03.50					
5	Jackson, Grace	Indianola	31-07.75	9.64m	2	4
	29-03.50 30-08.25 29-11.25 31-07.75					
6	Mays, Macie	Indianola	31-05.50	9.58m	2	3
	31-05.50 29-05.75 27-07.25 30-07					
7	Lee, Allyx	Carlisle	30-11.50	9.43m	2	2
	30-11.50 30-09.50 30-01.25 30-04					
8	Breitsprecker, Sarah	Southeast Polk	30-11.00	9.42m	2	1
	27-10 30-11 27-03 30-01					
9	Bauer, Alivia	Indianola	30-07.50	9.33m	2	
	28-08.75 30-07.50 26-11 29-02.50					
10	Sizemore, Ellie	Norwalk	28-02.50	8.59m	1	
	27-06 27-11 27-11.50 28-02.50					
11	Kain, Payton	Carlisle	28-01.00	8.55m	1	
	25-02.50 27-04.50 28-01 27-11.75					
12	McGinnis, Mackenzie	Carlisle	27-10.50	8.49m	1	
	27-10.50 26-07 26-04.50 25-07.25					
13	Chittenden, Sierra	Norwalk	26-07.50	8.11m	1	
	25-05.50 26-05 26-00.25 26-07.50					
14	Hochberger, Sarah	Dowling Catholic	26-01.00	7.95m	1	
	21-09 26-01 24-09.25 25-02					
15	Miller, Serena	Dsm North	22-10.00	6.95m	1	
	22-10 22-00.25 20-04.50 19-11.50					
16	McGruder, Jerinise	Dsm North	22-00.00	6.70m	1	
	22-00 19-08 20-06 19-09.50					
17	Gideon, Danielle	Norwalk	21-00.25	6.40m	1	
	20-07.75 19-05.50 21-00.25 19-11.75					

**Girls Discus Throw**

Name	Year	School	Finals	H#	Points
1 Bauer, Alivia		Indianola	110-02	33.57m	2 10
	FOUL 96-04.50 110-02 104-04.25				
2 Hittner, Allie		Dowling Catholic	107-07.50	32.80m	2 8
	86-00 91-08.25 107-07.50 105-09.50				
3 Baker, Kassie		Indianola	106-04	32.41m	2 6
	106-04 FOUL 89-09.50 91-01				
4 Mays, Macie		Indianola	103-07.75	31.59m	2 5
	88-02.50 103-07.75 87-02.50 96-08.50				
5 Ball, Emily		Dowling Catholic	97-11.25	29.85m	2 4
	97-11.25 88-03.50 88-01.50 97-05.50				
6 Sartell, Kaylee		Southeast Polk	97-01	29.59m	2 3
	89-06.25 92-03.75 91-08.50 97-01				



**2019 Simpson High School Classic - 3/26/2019**

**Bill Buxton Stadium**

**Results**

**....Girls Discus Throw**

7	Hoffman, Meredith	Carlisle	94-10.75	28.92m	2	2
	92-10.75 87-06.50 94-10.75 91-04.75					
8	Kain, Payton	Carlisle	79-06.50	24.24m	1	1
	77-09.75 79-06.50 74-00.50 66-06.50					
9	Damge, Regan	Dowling Catholic	79-00.25	24.08m	1	
	FOUL 71-10.25 75-05.75 79-00.25					
10	Breitsprecker, Sarah	Southeast Polk	76-10	23.41m	2	
	FOUL 76-10 62-10.50 FOUL					
11	Wilson, Isabel	Southeast Polk	73-04.25	22.35m	2	
	73-04.25 66-05.75 71-09 70-08.50					
12	Sizemore, Ellie	Norwalk	72-01.25	21.97m	1	
	56-02.50 72-01.25 55-02.50 60-09.50					
13	Soukup, Emma	Norwalk	70-00.50	21.34m	1	
	67-05.25 65-06 59-04.25 70-00.50					
14	Gideon, Elizabeth	Norwalk	65-00.50	19.82m	1	
	61-06 59-03.50 65-00.50 58-03					
15	McGinnis, Mackenzie	Carlisle	56-04.75	17.18m	1	
	56-04.75 FOUL FOUL 52-10					

**Boys 100 Meter Dash**

Name	Year School	Finals	H#	Points
1 Lambertz, Colton	Southeast Polk	11.58	2	10
2 Koger, Jaden	Dsm Roosevelt	11.65	2	8
3 Johnson, Teagan	Dowling Catholic	11.71	2	6
4 Fairchild, Mason	Southeast Polk	11.74	2	5
5 McKinney, Chase	Norwalk	11.86	1	4
6 Kirgan, Tryce	Indianola	11.95	2	3
7 Hauschilt, Chace	Dowling Catholic	12.04	1	2
8 Hart, Brian	Norwalk	12.07	2	1
9 Seaton, Ernest	Dsm Roosevelt	12.18	2	
10 VanLo, Julian	Des Moines Lincoln	12.30	1	
11 Canny, Brandon	Des Moines Lincoln	12.31	1	
12 Vollstedt, Jace	Carlisle	12.33	1	
13 Beattie, Matthias	Carlisle	12.59	1	12.582
14 Hale, Jay	Indianola	12.59	1	12.589
15 Paye, Destin	Wdm, Valley	12.98	1	

**Boys 100 Meter Dash Wheelchair**

Name	Year School	Finals
1 Schultz, Matthew	Southeast Polk	20.90



**2019 Simpson High School Classic - 3/26/2019****Bill Buxton Stadium****Results****Boys 200 Meter Dash Wheelchair**

Name	Year School	Finals
1 Schultz, Matthew	Southeast Polk	38.20

**Boys 200 Meter Dash**

Name	Year School	Finals	H#	Points
1 Lyman, Jack	Dowling Catholic	23.00	2	10
2 Steenblock, Nate	Dowling Catholic	23.25	2	8
3 Whitlatch, Mason	Southeast Polk	23.38	2	6
4 Fairchild, Mason	Southeast Polk	23.41	2	5
5 Weru, Lawrence	Wdm, Valley	23.70	2	4
6 Hart, Brian	Norwalk	23.76	1	3
7 Canny, Brandon	Des Moines Lincoln	24.04	2	2
8 Woodruff, Wyatt	Indianola	24.67	2	1
9 Seaton, Ernest	Dsm Roosevelt	24.89	1	
10 Jelleh, Prince	Dsm Roosevelt	25.01	1	
11 Hoang, Hung	Carlisle	25.14	1	
12 Klawonn, Tanner	Norwalk	25.48	1	
13 Ogbourne, Archer	Carlisle	25.91	1	25.902
14 Sheldahl, Tyler	Des Moines Lincoln	25.91	1	25.907
15 Hoyman, Jack	Indianola	26.55	1	

**Boys 400 Meter Dash**

Name	Year School	Finals	H#	Points
1 Brown, Ashton	Dowling Catholic	52.12	2	10
2 Mortensen, Lucas	Southeast Polk	52.43	2	8
3 Whitlatch, Mason	Southeast Polk	52.98	2	6
4 Brooks, Louis	Dowling Catholic	53.08	2	5
5 Garang, Kongor	Dsm Roosevelt	53.55	2	4
6 DeWall, Joseph	Indianola	54.51	2	3
7 Marker, Zach	Norwalk	55.05	1	2
8 Grover, Logan	Indianola	56.12	1	1
9 Griffin, Quincy	Carlisle	56.33	1	
10 Manning, Trejahn	Dsm Roosevelt	57.30	1	
11 Roland, Ryan	Carlisle	57.50	1	
12 Toujalah, Ben	Des Moines Lincoln	58.61	1	
13 Martin, Reece	Des Moines Lincoln	59.24	1	
14 Dakane, Ahmed	Norwalk	1:01.78	1	

**Boys 400 Meter Dash Wheelchair**

Name	Year School	Finals
1 Schultz, Matthew	Southeast Polk	1:15.89



**2019 Simpson High School Classic - 3/26/2019****Bill Buxton Stadium****Results****Boys 800 Meter Run**

Name	Year School	Finals	Points
1 West, Matt	Southeast Polk	2:04.09	10
2 Kinney, Tyler	Wdm, Valley	2:04.98	8
3 Klein, Andrew	Des Moines Lincoln	2:05.18	6
4 Abbas, Rowen	Dsm Roosevelt	2:05.32	5
5 Fritz, Kolby	Carlisle	2:08.06	4
6 James, Ethan	Dsm Roosevelt	2:09.77	3
7 Reding, Eric	Wdm, Valley	2:10.48	2
8 Flaws, Jon	Carlisle	2:10.76	1
9 Parker, Nathan	Southeast Polk	2:10.94	
10 Ryan, Will	Dowling Catholic	2:13.44	
11 Buckley, Liam	Norwalk	2:15.57	
12 Brown, Max	Dowling Catholic	2:15.60	
13 Larson, Grant	Norwalk	2:16.48	
14 Bylund, Joey	Indianola	2:23.78	
15 Veigulis, Dylan	Des Moines Lincoln	2:27.22	

**Boys 1600 Meter Run**

Name	Year School	Finals	Points
1 Hanson, Drake	Southeast Polk	4:39.43	10
2 Armitage, Evan	Wdm, Valley	4:40.10	8
3 Baldus, Eric	Indianola	4:41.56	6
4 Owen, Carter	Wdm, Valley	4:47.86	5
5 Borgmeyer, Jeb	Indianola	4:48.49	4
6 Miller, Kyle	Carlisle	4:50.10	3
7 Kessler, Tristen	Carlisle	4:51.25	2
8 Klein, Andrew	Des Moines Lincoln	4:53.15	1
9 Mash, Cade	Southeast Polk	4:55.68	
10 Artero, Josh	Des Moines Lincoln	5:02.37	
11 Osborn, Steffen	Dowling Catholic	5:02.62	
12 Joyce, Jack	Dsm Roosevelt	5:06.20	
13 Foster, Patrick	Norwalk	5:06.89	
14 Kesner, Brandon	Carlisle	5:12.27	
15 Nagle, Henry	Dsm Roosevelt	5:15.35	
16 Crimmins, Alex	Des Moines Lincoln	5:15.76	
17 Overholser, Logan	Norwalk	5:25.04	
18 Geyer, Luke	Norwalk	5:30.34	
19 Schrock, Chandler	Southeast Polk	5:32.75	
20 Greenwood, Brody	Indianola	5:54.45	

**Boys 3200 Meter Run**

Name	Year School	Finals	Points
1 Smeins, Jack	Wdm, Valley	10:21.81	10
2 Johnson, CJ	Indianola	10:28.47	8



**2019 Simpson High School Classic - 3/26/2019****Bill Buxton Stadium****Results****....Boys 3200 Meter Run**

3 Daniel, Jordan	Dowling Catholic	10:29.57	6
4 George, Lucas	Dsm Roosevelt	10:31.18	5
5 Hoger, Logan	Indianola	10:31.58	4
6 Artero, Josh	Des Moines Lincoln	10:38.26	3
7 Arnold, Jake	Wdm, Valley	10:38.36	2
8 Elbert, Brock	Indianola	10:40.02	1
9 Foster, Patrick	Norwalk	10:43.08	
10 Prentice, Harry	Dsm Roosevelt	10:44.48	
11 Kyhl, Nolan	Dowling Catholic	10:49.33	
12 Mitchell, Caden	Southeast Polk	10:51.53	
13 Veigulis, Dylan	Des Moines Lincoln	10:59.59	
14 Kesner, Brandon	Carlisle	11:02.14	
15 Patterson, Eric	Southeast Polk	11:02.82	
16 Logue, Carter	Carlisle	11:12.00	
17 Schweizer, Tyler	Dowling Catholic	11:18.26	
18 Bartlett, Chase	Southeast Polk	11:26.66	
19 Kessler, Brayden	Carlisle	11:31.45	
20 Iranezeye, Festo	Dsm Roosevelt	11:33.21	
21 Umble, Jake	Wdm, Valley	11:38.12	
22 Torres, Andres	Des Moines Lincoln	12:00.40	
23 Frederick, Colin	Norwalk	12:05.60	
24 Serck, Adam	Norwalk	12:18.44	

**Boys 110 Meter Hurdles**

Name	Year School	Finals	H#	Points
1 Christensen, Jace	Southeast Polk	15.47	2	10
2 Brunsen, Nolan	Carlisle	15.81	2	8
3 Minear, Chantz	Dsm Roosevelt	15.94	2	6
4 Fickbohm, Austin	Southeast Polk	16.03	2	5
5 McKinney, Chase	Norwalk	16.15	1	4
6 Paskach, Lucas	Dowling Catholic	16.21	2	3
7 Thornton, Trajen	Wdm, Valley	16.37	1	2
8 Erickson, Carter	Indianola	16.72	2	1
9 Mamor, Karawa	Des Moines Lincoln	17.23	1	
10 Hixson, Grant	Indianola	17.29	1	
11 Schuchard, Matt	Norwalk	18.67	2	
12 Otte, Kyle	Dowling Catholic	19.42	1	
13 Ubadigbio, Josh	Dsm Roosevelt	19.93	1	
14 Baccam, Alex	Des Moines Lincoln	21.76	1	

**Boys 400 Meter Hurdles**

Name	Year School	Finals	H#	Points
1 Christensen, Jace	Southeast Polk	56.26	2	10
2 Thompson, Thai	Dowling Catholic	57.10	2	8
3 Gbarjolo, Urias	Wdm, Valley	1:00.49	2	6



**2019 Simpson High School Classic - 3/26/2019**

**Bill Buxton Stadium**

**Results**

**....Boys 400 Meter Hurdles**

4	Rickabaugh, Alex	Southeast Polk	1:00.77	2	5
5	Erickson, Carter	Indianola	1:01.07	2	4
6	Harris, John	Des Moines Lincoln	1:02.15	2	3
7	Snyder, Hunter	Carlisle	1:03.41	1	2
8	Campbell, Cade	Norwalk	1:04.06	1	1
9	Mundy, Zech	Wdm, Valley	1:04.12	1	
10	Schuchard, Matt	Norwalk	1:04.37	2	
11	Whisler, Ceejay	Carlisle	1:05.43	1	
12	Irvin, Keylan	Des Moines Lincoln	1:05.68	1	
13	Pepper, Mark	Indianola	1:05.77	2	
14	Bussey, Will	Dowling Catholic	1:06.81	1	

**Boys 4x100 Meter Relay**

School		Finals	H#	Points
1	Dowling Catholic 'A'	43.57	2	10
	1) Steenblock, Nate			
	3) Lyman, Jack			
	2) Brooks, Louis			
	4) Brown, Ashton			
2	Southeast Polk 'A'	43.76	2	8
	1) Lambertz, Colton			
	3) Wagner, Isaiah			
	2) Whitlatch, Mason			
	4) Fairchild, Mason			
3	Wdm, Valley 'A'	44.02	2	6
	1) Mitchell, Creighton			
	3) Neu, Ryan			
	2) Weru, Lawrence			
	4) Mahoney, Matthew			
4	Dsm Roosevelt 'A'	44.72	2	5
	1) Bundy, Nick			
	3) Gbaley, Kumunule			
	2) Koger, Jaden			
	4) Johnson, Jaden			
5	Wdm, Valley 'B'	x45.86	2	
	1) Shelton, Carsen			
	3) Paye, Destin			
	2) Whitcomb, Alex			
	4) Williams, Jayden			
6	Indianola 'A'	45.88	2	4
	1) Kirgan, Tryce			
	3) Hale, Jay			
	2) Freshly, Aidan			
	4) Kolarik, Kolby			
7	Des Moines Lincoln 'A'	46.10	2	3
	1) Storm, Cayden			
	3) VanLo, Julian			
	2) Jenkins, Josh			
	4) Summerville, Kahlil			
8	Norwalk 'A'	46.57	1	2
	1) Hart, Brian			
	3) Neller, Jake			
	2) Eggers, Jon			
	4) McKinney, Chase			
9	Carlisle 'A'	47.07	1	1
	1) Beattie, Matthias			
	3) Murray, Bryce			
	2) McPhee, Sam			
	4) Dunn, Karson			
10	Dsm Roosevelt 'B'	x47.28	2	
	1) Quinn, Gary			
	3) Gurley, Zerrick			
	2) Manning, Trejahn			
	4) Guerrero, Trey			
11	Southeast Polk 'B'	x47.66	1	
	1) Sisler, Kyle			
	3) Sinnwell, Jalen			
	2) Hackbarth, Joel			
	4) Foster, Quincy			



**2019 Simpson High School Classic - 3/26/2019**

**Bill Buxton Stadium**

**Results**

**....Boys 4x100 Meter Relay**

12 Indianola 'B'	x48.43	1
1) Darr, Jacob	2) Hildreth, Sam	
3) Ricketts, Chase	4) Martin, Dagan	
13 Dowling Catholic 'B'	x48.96	1
1) Luo, Eric	2) Jameson, Parker	
3) Meyer, Jack	4) Kyaw, Jonathan	
14 Carlisle 'B'	x49.53	1
1) Page, Will	2) Ogbourne, Archer	
3) Roland, Ryan	4) Neely, Justin	
15 Norwalk 'B'	x49.65	1
1) Brandow, Kael	2) Eck, Cael	
3) Wegner, Tyler	4) Turner, Seth	
16 Des Moines Lincoln 'B'	x54.48	1
1) Baccam, Alex	2) Fong, Tiger	
3) Billings, Quenton	4) Vance, Joseph	

**Boys 4x200 Meter Relay**

School	Finals	H#	Points
1 Wdm, Valley 'A'	1:30.71	2	10
1) Shaner, Jon	2) Neu, Ryan		
3) Mitchell, Creighton	4) Keller, Jake		
2 Dsm Roosevelt 'A'	1:33.60	2	8
1) Bundy, Nick	2) Koger, Jaden		
3) Gbaley, Kumunule	4) Johnson, Jaden		
3 Dowling Catholic 'A'	1:33.71	2	6
1) Johnson, Teagan	2) Cook, Collin		
3) Hauschilt, Chace	4) Jarabek, Dyer		
4 Southeast Polk 'A'	1:35.51	2	5
1) Lambertz, Colton	2) Carter, Grant		
3) Wagner, Isaiah	4) Nwankpa, Xavier		
5 Indianola 'A'	1:36.04	2	4
1) Kennedy, Blake	2) Kolarik, Kolby		
3) Freshly, Aidan	4) Woodruff, Wyatt		
6 Des Moines Lincoln 'A'	1:36.76	2	3
1) Storm, Cayden	2) Jenkins, Josh		
3) Harris, John	4) Summerville, Kahlil		
7 Dowling Catholic 'B'	x1:37.04	2	
1) Williams, Gavin	2) Gehrke, Nyanti		
3) Hermann, Will	4) Campbell, Gaven		
8 Carlisle 'A'	1:37.21	1	2
1) Hoang, Hung	2) Goodhue, Nic		
3) Dunn, Karson	4) Imhoff, Jacob		
9 Norwalk 'A'	1:38.97	1	1
1) Percy, Jon	2) Vetterick, Ethan		
3) Eck, Cael	4) Neller, Jake		
10 Wdm, Valley 'B'	x1:39.89	2	
1) Shelton, Carsen	2) Schilb, Reid		





**2019 Simpson High School Classic - 3/26/2019**

**Bill Buxton Stadium**

**Results**

**....Boys 4x200 Meter Relay**

3) Johnson, Jack	4) Jirak, Drew		
11 Southeast Polk 'B'		x1:40.45	1
1) Sisler, Kyle	2) Hackbarth, Joel		
3) Sinnwell, Jalen	4) Foster, Quincy		
12 Norwalk 'B'		x1:43.65	1
1) Percy, Micah	2) Miller, Grant		
3) Neil, Blake	4) Boyd, Logan		
13 Indianola 'B'		x1:45.78	1
1) Kuehl, CJ	2) Weatherall, Wes		
3) Troutman, Connor	4) Berg, Miles		
14 Carlisle 'B'		x1:45.87	1
1) Page, Will	2) Wenthe, Caleb		
3) McCaughey, Nick	4) Frost, Caleb		
15 Des Moines Lincoln 'B'		x1:51.81	1
1) Henderson, Isaiah	2) Fong, Tiger		
3) Billings, Quenton	4) Vance, Joseph		

**Boys 4x400 Meter Relay**

School	Finals	H#	Points
1 Wdm, Valley 'A'	3:30.72	2	10
1) Gass, J.J.	2) Shaner, Jon		
3) Neu, Ryan	4) Loecher, Nathan		
2 Carlisle 'A'	3:39.86	2	8
1) Goodhue, Nic	2) Schlichte, Ethan		
3) Vollstedt, Jace	4) Imhoff, Jacob		
3 Indianola 'A'	3:41.24	2	6
1) Woodruff, Wyatt	2) Miller, Andreas		
3) Cunningham, Sean	4) Kennedy, Blake		
4 Dsm Roosevelt 'A'	3:45.03	2	5
1) Ubadigbio, Josh	2) Prentice, Harry		
3) Garang, Kongor	4) Jelleh, Prince		
5 Southeast Polk 'A'	3:45.92	2	4
1) Combs, Jay	2) Mortensen, Lucas		
3) Campbell, Hayden	4) Filloon, Cole		
6 Wdm, Valley 'B'	x3:49.22	2	
1) Thornton, Trajen	2) Schilb, Reid		
3) Smith, Joe	4) Simpson, Connor		
7 Norwalk 'A'	3:54.99	2	3
1) Schmitz, Cole	2) Pearson, Ky		
3) Percy, Micah	4) Lucas, Brody		
8 Des Moines Lincoln 'B'	3:55.11	1	2
1) Lopez, Alvin	2) Oakley, Davion		
3) Irvin, Keylan	4) Benschoter, Sam		
9 Indianola 'B'	x3:55.64	1	3:55.636
1) Barnes, Keene	2) Runyan, Jack		
3) Stecker, Casey	4) Freeman, Hunter		
10 Dowling Catholic 'A'	3:55.64	2	1 3:55.638



**2019 Simpson High School Classic - 3/26/2019**

**Bill Buxton Stadium**

**Results**

**....Boys 4x400 Meter Relay**

1) Townsend, Adam	2) Nahas, John		
3) Bliss, Andrew	4) Brown, Nate		
11 Des Moines Lincoln 'A'		x3:56.04	1
1) Toujalah, Ben	2) Sheldahl, Tyler		
3) Jahangir, Aiden	4) Martin, Reece		
12 Dsm Roosevelt 'B'		x3:56.14	1
1) Minear, Chantz	2) George, Lucas		
3) Crabill, Connor	4) Iranezeye, Festo		
13 Carlisle 'B'		x3:58.71	1
1) Guard, Tyson	2) Kessler, Quinten		
3) Frost, Caleb	4) Chanthavong, Aiden		
14 Southeast Polk 'B'		x4:01.46	1
1) Babcock, Michael	2) Fickbohm, Austin		
3) Miller, Ben	4) Wheeldon, Heath		
15 Norwalk 'B'		x4:01.48	1
1) Miller, Brock	2) Shallenberger, Grant		
3) Marker, Nick	4) Stiegelmeier, Micah		
16 Dowling Catholic 'B'		x4:03.44	1
1) Langin, Jackson	2) Kramer, Lucas		
3) Stark, Cael	4) Burgus, Zach		

**Boys 4x800 Meter Relay**

=====			
School		Finals	Points
=====			
1 Carlisle 'A'		8:22.43	10
1) Flaws, Jon	2) Miller, Kyle		
3) Kessler, Tristen	4) Fritz, Kolby		
2 Wdm, Valley 'A'		8:27.08	8
1) Kinney, Tyler	2) Williams, Nate		
3) Reding, Eric	4) Owen, Carter		
3 Southeast Polk 'A'		8:28.03	6
1) West, Matt	2) Hanson, Drake		
3) Parker, Nathan	4) Mash, Cade		
4 Dsm Roosevelt 'A'		8:42.40	5
1) Abbas, Rowen	2) Joyce, Jack		
3) James, Ethan	4) Nagle, Henry		
5 Indianola 'A'		8:49.26	4
1) DeWall, Joseph	2) Borgmeyer, Jeb		
3) Runyan, Jack	4) Seifrig, Justin		
6 Norwalk 'A'		8:55.98	3
1) Buckley, Liam	2) Marker, Zach		
3) Lucas, Brody	4) Larson, Grant		
7 Dowling Catholic 'A'		8:58.33	2
1) Townsend, Adam	2) Muller, Cade		
3) Ryan, Will	4) Brown, Max		
8 Wdm, Valley 'B'		x9:08.38	
1) Scallon, Spencer	2) Lucht, Nicholas		
3) Auer, Jake	4) Staub, Alex		



**2019 Simpson High School Classic - 3/26/2019**

**Bill Buxton Stadium**

**Results**

**...Boys 4x800 Meter Relay**

9 Carlisle 'B'	x9:31.08	
1) Osterhaus, Cole	2) Norton, Nate	
3) Lopez, Lorenzo	4) Holland, Chris	
10 Des Moines Lincoln 'A'	9:43.29	1
1) Irvin, Keylan	2) Crimmins, Alex	
3) Benschoter, Sam	4) Caligiuri, Dominic	
11 Norwalk 'B'	x9:49.33	
1) Rohrer, Max	2) Halblom, Spencer	
3) Pankl, Colton	4) Gamboa, Broc	
12 Indianola 'B'	x9:54.05	
1) Barnes, Keene	2) Romano, Michael	
3) West, Andrew	4) Lutrell, Carter	
13 Southeast Polk 'B'	x9:54.31	
1) Larsen, Nathan	2) Schrock, Chandler	
3) Larsen, Nolan	4) Hanson, Eli	
14 Des Moines Lincoln 'B'	x10:41.18	
1) Curtis, Miles	2) Twelmeyer, Brett	
3) Amos, Cameron	4) Cross, Myles	

**Boys 800 Sprint Medley**

School	Finals	H#	Points
1 Dsm Roosevelt 'A'	1:36.57	2	10
1) Bundy, Nick	2) Gbaley, Kumunule		
3) Ubadigbio, Josh	4) Garang, Kongor		
2 Wdm, Valley 'A'	1:37.20	2	8
1) Mitchell, Creighton	2) Gbarjolo, Urias		
3) DouBrava, Mason	4) Loecher, Nathan		
3 Des Moines Lincoln 'A'	1:40.08	2	6
1) Storm, Cayden	2) Jenkins, Josh		
3) Summerville, Kahlil	4) Harris, John		
4 Indianola 'A'	1:40.84	2	5
1) Hixson, Grant	2) Kolarik, Kolby		
3) Freshly, Aidan	4) Woodruff, Wyatt		
5 Carlisle 'A'	1:42.11	2	4
1) Hoang, Hung	2) Brunsen, Nolan		
3) Vollstedt, Jace	4) Schlichte, Ethan		
6 Wdm, Valley 'B'	x1:42.96	2	
1) Shelton, Carsen	2) Williams, Jayden		
3) Hisel, Adam	4) Smith, Joe		
7 Dowling Catholic 'A'	1:45.62	1	3
1) Ousley, Chris	2) Luo, Eric		
3) Campbell, Gaven	4) Bussey, Will		
8 Carlisle 'B'	x1:46.13	1	
1) Page, Will	2) Wenthe, Caleb		
3) McCaughey, Nick	4) Griffin, Quincy		
9 Des Moines Lincoln 'B'	x1:46.91	1	
1) Henderson, Isaiah	2) Oakley, Davion		



**2019 Simpson High School Classic - 3/26/2019**

**Bill Buxton Stadium**

**Results**

**....Boys 800 Sprint Medley**

3) Sheldahl, Tyler	4) Lopez, Alvin		
10 Dsm Roosevelt 'B'		x1:47.27	2
1) Quinn, Gary	2) Manning, Trejahn		
3) Gurley, Zerrick	4) Guerrero, Trey		
11 Southeast Polk 'B'		1:49.15	1 2
1) Hope, Carter	2) Jorgensen, Jett		
3) Steenhoek, Tanner	4) Fairchild, Davis		
12 Indianola 'B'		x1:49.56	1
1) Darr, Jacob	2) Hildreth, Sam		
3) Ricketts, Chase	4) Freeman, Hunter		
13 Dowling Catholic 'B'		x1:53.59	1
1) Papiti, Paul	2) Kyaw, Jonathan		
3) Woods, Chase	4) Steingreaber, Jake		
14 Norwalk 'A'		1:57.90	1 1
1) Turner, Seth	2) Wallace, Jack		
3) Good, Andrew	4) McDonald, Noah		
15 Norwalk 'B'		x2:17.55	1
1) Devan, Skyler	2) Landuyt, Shaffer		
3) Gudenkauf, Matthew	4) Davis, Colton		

**Boys Distance Medley**

=====			
School		Finals	H# Points
=====			
1 Wdm, Valley 'A'		3:45.98	2 10
1) Mahoney, Matthew	2) Loecher, Nathan		
3) DouBrava, Mason	4) Armitage, Evan		
2 Indianola 'A'		3:51.84	2 8
1) Cunningham, Sean	2) Martin, Dagan		
3) Miller, Andreas	4) Baldus, Eric		
3 Southeast Polk 'A'		3:52.85	2 6
1) Filloon, Cole	2) Montgomery, Deveyon		
3) Steenhoek, Tanner	4) Schneider, Jackson		
4 Wdm, Valley 'B'		x3:56.60	2
1) Johnson, Jack	2) Jirak, Drew		
3) Ferren, Gabe	4) Edwards, Blake		
5 Carlisle 'A'		3:57.68	1 5
1) Chanthavong, Aiden	2) Wyckoff, Tegan		
3) Neely, Justin	4) Whisler, Ceejay		
6 Dowling Catholic 'A'		3:57.93	2 4
1) Jarabek, Dyer	2) Cook, Collin		
3) Craven, Aidan	4) Muller, Cade		
7 Dsm Roosevelt 'A'		3:59.17	2 3
1) Quinn, Gary	2) Gurley, Zerrick		
3) Jelleh, Prince	4) Crabill, Connor		
8 Norwalk 'A'		4:05.04	1 2
1) Percy, Jon	2) Vetterick, Ethan		
3) Schmitz, Cole	4) Marker, Nick		
9 Dowling Catholic 'B'		x4:05.66	2



**2019 Simpson High School Classic - 3/26/2019**

**Bill Buxton Stadium**

**Results**

**....Boys Distance Medley**

1) Meyer, Jack	2) Johnson, Zach			
3) Thompson, Koah	4) Osborn, Steffen			
10 Indianola 'B'		x4:11.00	1	
1) Jensen, Ty	2) Christensen, Liam			
3) Thompson, Nate	4) Koenig, Nick			
11 Southeast Polk 'B'		x4:13.14	2	
1) Campbell, Hayden	2) Jorgensen, Jett			
3) Hope, Carter	4) Miller, Ben			
12 Des Moines Lincoln 'A'		4:15.81	1	1
1) Lopez, Alvin	2) Henderson, Isaiah			
3) Mamor, Karawa	4) Sanchez, Coby			
13 Carlisle 'B'		x4:19.02	1	
1) Prenosil, Carter	2) Guard, Tyson			
3) Knutson, Vinnie	4) Kessler, Quinten			
14 Des Moines Lincoln 'B'		x4:20.30	1	
1) Oakley, Davion	2) Vance, Joseph			
3) Jahangir, Aiden	4) Roberts, Jared			
15 Norwalk 'B'		x4:38.05	1	
1) Brandow, Kael	2) Brandsfield, Cade			
3) Wallace, Jack	4) Vroegh, Connor			

**Boys 4x110 Meter Shuttle Hurdle**

=====				
School		Finals	H#	Points
=====				
1 Southeast Polk 'A'		1:02.4h	4	10
1) Christensen, Jace	2) Fickbohm, Austin			
3) Babcock, Michael	4) Rickabaugh, Alex			
2 Carlisle 'A'		1:03.6h	4	8
1) Beck, Trenton	2) Goodhue, Nic			
3) Dunn, Karson	4) Brunsen, Nolan			
3 Dowling Catholic 'A'		1:03.8h	3	6
1) Thompson, Thai	2) Paskach, Lucas			
3) Ousley, Chris	4) Thompson, Koah			
4 Wdm, Valley 'A'		1:04.2h	4	5
1) Thornton, Trajen	2) Williams, Jayden			
3) Gbarjolo, Urias	4) Whitcomb, Alex			
5 Indianola 'A'		1:05.2h	3	4
1) Erickson, Carter	2) Jensen, Ty			
3) Kennedy, Blake	4) Cleveland, Max			
6 Norwalk 'A'		1:08.2h	3	3
1) Schuchard, Matt	2) Gaumer, Jake			
3) Bezoni, Dre	4) McKinney, Chase			
7 Wdm, Valley 'B'		x1:08.9h	2	
1) Mundy, Zech	2) Ridgway, Samuel			
3) Schilb, Reid	4)			
8 Dowling Catholic 'B'		x1:10.9h	1	
1) Gehrke, Nyanti	2) Otte, Kyle			
3) Conn, Owen	4) Brown, Nate			



**2019 Simpson High School Classic - 3/26/2019**

**Bill Buxton Stadium**

**Results**

**....Boys 4x110 Meter Shuttle Hurdle**

9 Carlisle 'B'	x1:13.8h	1
1) Ogbourne, Archer	2) Snyder, Hunter	
3) Murray, Bryce	4) Guard, Tyson	
10 Southeast Polk 'B'	x1:14.9h	1
1) Carter, Grant	2) Dailey, Jaxon	
3) Eastman, Jacob	4) Wheeldon, Heath	
11 Indianola 'B'	x1:15.60	2
1) Pepper, Mark	2) Stecker, Casey	
3) Whalen, Walker	4) Wireman, Brayden	
11 Norwalk 'B'	x1:15.6h	2
1) Campbell, Cade	2) Pearson, Ky	
3) McKinney, Keegan	4) Klawonn, Tanner	

**Boys High Jump**

Name	Year	School	Finals	Points
1 Beck, Trenton		Carlisle	6-00.00	1.82m 10
5-00 5-02 5-04 5-06 5-08 5-10 6-00 6-02				
P P P P O O O XXX				
2 Paskach, Lucas		Dowling Catholic	J6-00.00	1.82m 7
5-00 5-02 5-04 5-06 5-08 5-10 6-00 6-02				
P P P XO O XO O XXX				
2 McKnight, Matt		Indianola	J6-00.00	1.82m 7
5-00 5-02 5-04 5-06 5-08 5-10 6-00 6-02				
P P P P O XXO O XXX				
4 Wagner, Isaiah		Southeast Polk	5-10.00	1.77m 5
5-00 5-02 5-04 5-06 5-08 5-10 6-00				
O O XO O O O XXX				
5 Conn, Owen		Dowling Catholic	5-08.00	1.72m 4
5-00 5-02 5-04 5-06 5-08 5-10				
O O O O XXO XXX				
6 Carter, Grant		Southeast Polk	5-06.00	1.67m 3
5-00 5-02 5-04 5-06 5-08				
O O O O XXX				
7 Hixson, Grant		Indianola	J5-06.00	1.67m 2
5-00 5-02 5-04 5-06 5-08				
P P O XXO XXX				
8 Paye, Destin		Wdm, Valley	5-04.00	1.62m 1
5-00 5-02 5-04 5-06				
XO XXO XO XXX				
9 Marker, Zach		Norwalk	5-02.00	1.57m
5-00 5-02 5-04				
O XXO XXX				
10 Schilb, Reid		Wdm, Valley	5-00.00	1.52m
5-00 5-02				
O XXX				



**2019 Simpson High School Classic - 3/26/2019**

**Bill Buxton Stadium**

**Results**

**....Boys High Jump**

10 Roland, Ryan	Carlisle	5-00.00	1.52m
5-00 5-02			
0 XXX			
10 Craven, Aidan	Dowling Catholic	5-00.00	1.52m
5-00 5-02			
0 XXX			
-- McPhee, Sam	Carlisle	NH	
5-00			
XXX			
-- Eck, Cael	Norwalk	NH	
5-00			
XXX			
-- Mamor, Karawa	Des Moines Lincoln	NH	
5-00			
XXX			
-- Brandsfield, Cade	Norwalk	NH	
5-00			
XXX			

**Boys Long Jump**

Name	Year	School	Finals	H#	Points
1 Thompson, Thai		Dowling Catholic	21-08.50	6.61m	2 10
21-08.50	FOUL	FOUL	FOUL		
2 Gbarjolo, Urias		Wdm, Valley	20-03.00	6.17m	2 8
20-03	20-00	20-02.50	20-03		
3 McPhee, Sam		Carlisle	20-01.50	6.13m	2 6
20-01.50	19-05	FOUL	FOUL		
4 Imhoff, Jacob		Carlisle	19-11.00	6.07m	2 5
FOUL	FOUL	FOUL	19-11		
5 Ridgway, Samuel		Wdm, Valley	19-09.50	6.03m	1 4
FOUL	19-01	19-09	19-09.50		
6 Nwankpa, Xavier		Southeast Polk	19-03.00	5.86m	2 3
17-08	18-02	19-03	19-00		
7 Kirgan, Tryce		Indianola	19-02.50	5.85m	2 2
18-00	19-02.50	18-08.50	FOUL		
8 Canny, Brandon		Des Moines Lincoln	18-10.00	5.74m	1 1
16-00	18-10	16-04	18-00		
9 Seaton, Ernest		Dsm Roosevelt	18-08.00	5.68m	1
18-04	18-01	18-08	18-00		
10 Pepper, Mark		Indianola	18-06.00	5.63m	2
FOUL	FOUL	18-06	FOUL		
11 Neller, Jake		Norwalk	18-03.00	5.56m	2
18-03	17-07	FOUL	18-01		
12 Filloon, Cole		Southeast Polk	18-02.00	5.53m	1
FOUL	18-02	17-03	FOUL		
13 Grover, Logan		Indianola	17-11.00	5.46m	1
FOUL	FOUL	FOUL	17-11		



**2019 Simpson High School Classic - 3/26/2019**

**Bill Buxton Stadium**

**Results**

**...Boys Long Jump**

14	Ogbourne, Archer	Carlisle	17-08.00	5.38m	1
	FOUL 16-10 17-06 17-08				
15	Toujalah, Ben	Des Moines Lincoln	J17-08.00	5.38m	1
	17-08 17-01 17-00 FOUL				
16	VanLo, Julian	Des Moines Lincoln	17-04.00	5.28m	2
	FOUL 17-04 FOUL FOUL				
17	Garang, Kongor	Dsm Roosevelt	16-07.00	5.05m	1
	16-07 15-08 16-07 16-05				
18	Eggers, Jon	Norwalk	16-03.00	4.95m	1
	FOUL FOUL 16-03 FOUL				
19	Papiti, Paul	Dowling Catholic	16-01.00	4.90m	1
	FOUL 16-01 14-06.50 15-01				
20	Jameson, Parker	Dowling Catholic	16-00.00	4.87m	1
	16-00 14-08.50 14-05 11-04				
21	Percy, Jon	Norwalk	15-09.00	4.80m	1
	FOUL FOUL FOUL 15-09				
22	Montgomery, Deveyon	Southeast Polk	14-07.00	4.44m	2
	FOUL FOUL FOUL 14-07				

**Boys Shot Put Wheelchair**

Name	Year School	Finals	
1 Owen, Owen	Southeast Polk	10-07.50	3.23m
	10-07.50 10-03.25 10-05.50 9-07		

**Boys Shot Put**

Name	Year School	Finals	H#	Points
1 Rensburg, Jake	Wdm, Valley	49-09.00	15.16m	2 10
	48-09 48-04 49-09 FOUL			
2 Endres, Tyler	Norwalk	47-11.50	14.61m	2 8
	FOUL FOUL 47-05 47-11.50			
3 Davis, Theo	Dowling Catholic	46-06.50	14.18m	2 6
	46-06.50 42-01.50 46-01 44-06			
4 Lester, Andrew	Indianola	44-04.50	13.52m	1 5
	44-04.50 43-01 42-11 41-02			
5 VanElsen, Tanner	Southeast Polk	43-09.75	13.35m	2 4
	43-09.75 FOUL 43-00.25 FOUL			
6 Pearson, Russell	Dowling Catholic	43-02.00	13.15m	2 3
	43-02 FOUL 41-02 42-11.75			
7 Thacker, Corey	Des Moines Lincoln	43-01.00	13.13m	2 2
	43-01 39-09.50 40-09.50 42-02.50			
8 Allen, Tyce	Des Moines Lincoln	41-03.00	12.57m	2 1
	39-04.50 41-03 41-02 40-05			
9 Lepper, Jacob	Indianola	40-07.75	12.38m	2
	40-06.75 39-10.50 40-07.75 39-08.50			





**2019 Simpson High School Classic - 3/26/2019**

**Bill Buxton Stadium**

**Results**

**...Boys Shot Put**

10	English, Matt	Dowling Catholic	40-03.50	12.28m	2
	38-00.75 40-03.50 38-00.75	FOUL			
11	Mueller, Logan	Wdm, Valley	40-02.50	12.25m	1
	39-10.50 40-02.50 39-10.25	FOUL			
12	Edwards, Braeden	Wdm, Valley	39-06.50	12.05m	1
	38-00.75 39-01.75 39-06.50	38-00.25			
13	Clark, Ben	Norwalk	39-04.50	12.00m	2
	FOUL 38-10.75 39-04.50	FOUL			
14	Wilty, Jack	Southeast Polk	39-00.00	11.88m	2
	38-01.50 38-09	FOUL 39-00			
15	Smith, Holden	Carlisle	38-04.50	11.69m	2
	38-04.50 36-02 36-06.50	38-04			
16	Defenbaugh, Dylan	Indianola	38-00.50	11.59m	1
	38-00.50 FOUL 35-00.25	33-05.50			
17	Cox, Nate	Des Moines Lincoln	37-10.50	11.54m	1
	37-00.75 37-10.50	FOUL 37-06			
18	Butcher, Ethan	Southeast Polk	37-09.75	11.52m	1
	37-09.75 FOUL FOUL FOUL				
19	Amos, Hayden	Carlisle	37-03.50	11.36m	1
	37-01 36-00.50 37-02	37-03.50			
20	Kohls, Bryce	Norwalk	35-04.75	10.78m	1
	35-01.75 34-09.50	FOUL 35-04.75			
21	Gilmore, Joe	Carlisle	35-00.75	10.68m	1
	33-00 FOUL 35-00.75	FOUL			

**Boys Discus Throw**

Name	Year	School	Finals	H#	Points
1 VanElsen, Tanner		Southeast Polk	133-07	40.71m	2 10
	133-07	FOUL 119-05	FOUL		
2 Endres, Tyler		Norwalk	133-01	40.56m	2 8
	107-08 128-05	133-01 123-05			
3 Wilty, Jack		Southeast Polk	130-04	39.72m	2 6
	120-01 129-02 127-05	130-04			
4 Means, Ben		Dowling Catholic	J130-04	39.72m	2 5
	FOUL 130-04 118-10	FOUL			
5 Moffitt, Ben		Indianola	130-01	39.64m	2 4
	120-08 130-01 119-03	FOUL			
6 Clark, Ben		Norwalk	126-01	38.43m	2 3
	FOUL FOUL 124-11	126-01			
7 Rehmeier, Caden		Indianola	124-02	37.84m	1 2
	124-02 119-06 119-08	115-05			
8 Davis, Theo		Dowling Catholic	122-08	37.38m	2 1
	122-08 111-10	FOUL 120-11			
9 Mays, Dayton		Indianola	121-10	37.13m	2
	121-10 110-04 119-07	FOUL			
10 Smith, Holden		Carlisle	121-00	36.88m	1
	110-07 FOUL 121-00	112-11			



**2019 Simpson High School Classic - 3/26/2019**

**Bill Buxton Stadium**

**Results**

**....Boys Discus Throw**

11	Martin, Reece		Des Moines Lincoln	119-05	36.39m	2
	116-03	112-09	112-08	119-05		
12	Amos, Hayden		Carlisle	118-05	36.09m	1
	118-05	117-11	111-03	111-02		
13	Cox, Nate		Des Moines Lincoln	114-00	34.74m	2
	114-00	FOUL	108-04	110-02		
14	Kohls, Bryce		Norwalk	112-08	34.34m	2
	112-08	109-10	FOUL	110-02		
15	Mitchell, Camron		Wdm, Valley	111-11	34.11m	1
	111-11	FOUL	102-03	106-04		
16	Donovan, Joey		Carlisle	111-03	33.90m	1
	FOUL	111-03	105-03	103-02		
17	English, Matt		Dowling Catholic	108-02	32.96m	2
	94-03	107-10	85-07	108-02		
18	Mullican, Everett		Wdm, Valley	106-03	32.38m	1
	102-05	106-03	103-00	100-08		
19	Lombardi, Beau		Wdm, Valley	99-10	30.42m	1
	93-01	99-10	98-04	96-09		
20	Allen, Tyce		Des Moines Lincoln	84-11	25.88m	1
	FOUL	FOUL	FOUL	84-11		
21	Butcher, Ethan		Southeast Polk	80-03	24.46m	1
	72-00	FOUL	80-03	77-02		

=====  
 Women - Team Rankings - 19 Events Scored  
 =====

1) Dowling Catholic	204	2) Southeast Polk	198
3) Carlisle	117	4) Indianola	116
5) Norwalk	49	6) DSM North	21

=====  
 Men - Team Rankings - 19 Events Scored  
 =====

1) Southeast Polk	162	2) WDM, VALLEY	127
3) Dowling Catholic	126	4) Indianola	93
5) Carlisle	79	6) DSM Roosevelt	67
7) Norwalk	49	8) Des Moines Lincoln	35

