

**2018 Heart of America XC Championships - 11/3/2018****Hosted by Benedictine College****Bellevue Country Club****Results****Event 1 Women 5k Run CC**

Name	Year School	Finals	Points
Results - Women			
1 Cozzi, Melanie	Benedictine	19:31.40	1
2 Furumoto, Kirari	Missouri Valley	19:37.49	2
3 White, Sarah	Benedictine	19:47.56	3
4 Cortes, Vanessa	Mount Mercy	19:55.86	4
5 Shanley, Kaylee	MidAmerica Nazarene	20:07.52	5
6 Tsabadze, Sophy	Baker	20:12.42	6
7 White, Rachel	MidAmerica Nazarene	20:14.15	7
8 Sauter, Lisa	Central Methodist	20:19.73	8
9 Dreves, Lila	MidAmerica Nazarene	20:20.12	9
10 Hernandez, Janeane	Baker	20:31.38	10
11 Wilhoit, Mia	Baker	20:31.54	11
12 Zamora, Alexa	Mount Mercy	20:34.11	12
13 Alsup, Kendra	MidAmerica Nazarene	20:35.42	13
14 Barney, Breanna	MidAmerica Nazarene	20:43.67	14
15 Ertz, Andrea	Mount Mercy	20:44.01	15
16 Marin, Anytcy	Grand View	20:46.01	16
17 Johnson, McKenna	Mount Mercy	20:47.96	17
18 Erickson, Emily	Mount Mercy	20:52.60	18
19 Eisele, Faith	MidAmerica Nazarene	20:59.62	19
20 Ronnebaum, Claire	Clarke	21:01.15	20
21 Perona, Leslie	Evangel	21:03.36	21
22 Riesenber, Emily	Clarke	21:05.01	22
23 Zarybnicky, Claire	Benedictine	21:05.61	23
24 Henderson, Camille	Baker	21:19.19	24
25 Block, Lauren	Clarke	21:22.65	25
26 Chambers, Emily	Baker	21:27.71	26
27 Barretta, Michaela	Grand View	21:29.75	27
28 Croghan, Samantha	Mount Mercy	21:35.71	28
29 Case, Paige	Benedictine	21:37.82	29
30 Cross, Abby	Central Methodist	21:44.04	30
31 Widler, Larissa	Baker	21:46.93	31
32 Doyle, Maria	Benedictine	21:47.56	32
33 Huhndorf, Kelsi	Mount Mercy	21:55.03	33
34 Schmidt, Sienna	MidAmerica Nazarene	21:56.91	34
35 Weaver, Katie	Benedictine	21:59.06	35
36 Joyce, Kathleen	Benedictine	22:03.47	36
37 Krohn, Elizabeth	MidAmerica Nazarene	22:04.21	
38 Sanchez, Alyssa	Missouri Valley	22:04.35	37
39 Van Voorhis, Brooke	Central Methodist	22:08.84	38
40 Eisle, Cortlyn	MidAmerica Nazarene	22:10.17	
41 Douver, Talaysia	William Penn	22:20.20	39
42 Reynolds, Jazmine	Mount Mercy	22:23.12	
43 Black, Jenna	Baker	22:26.68	40
44 Perkins, Keagan	Graceland	22:28.13	41
45 Mellecker, McKenzie	Mount Mercy	22:33.34	
46 Sugut, Sheila	Central Methodist	22:38.08	42
47 Selsor, Chelsea	Graceland	22:39.53	43
48 Brown, Kelly	MidAmerica Nazarene	22:40.58	
49 Ayers, Ronnoja	Grand View	22:44.21	44
50 Pritchard, Lauryn	Clarke	22:46.42	45
51 Santana, Rosie	Baker	22:55.35	

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52	Burlage, Sara	Mount Mercy	22:56.44	
53	Crist, Emma	Clarke	22:58.67	46
54	Fiorani, Jordan	Evangel	23:16.68	47
55	Mahan, Brittney	Missouri Valley	23:18.76	48
56	Vander Poel, Kathryn	Mount Mercy	23:19.83	
57	Zurek, Julia	Peru State	23:21.44	49
58	Head, Alexis	Central Methodist	23:23.60	50
59	Perkins, Ashlynn	Graceland	23:25.08	51
60	Gibson, Hannah	Evangel	23:25.26	52
61	Jaquez, Andrea	William Penn	23:34.25	53
62	Schmucker, Annie	Baker	23:39.08	
63	Kambeitz, Mikayla	MidAmerica Nazarene	23:40.30	
64	Hinck, Isabella	Baker	23:54.15	
65	Shearer, Hannah	Evangel	23:54.43	54
66	Contreras, Abigail	Graceland	23:56.70	55
67	Dobyns, Lindsey	Grand View	23:59.50	56
68	Danner, Madeleine	Benedictine	24:00.33	
69	Sieverding, Molly	Mount Mercy	24:01.20	
70	Udy, Madison	William Penn	24:01.69	57
71	Flaws, Allie	Grand View	24:05.04	58
72	Lee, Bree'Anna	William Penn	24:07.14	59
73	Cohuo, Zena	William Penn	24:20.97	60
74	Deigan, Madelyn	Missouri Valley	24:26.09	61
75	Booth, Victoria	Clarke	24:27.90	62
76	Zaragoza, Ariel	Clarke	24:27.91	63
77	Smith, Clare	Benedictine	24:41.21	
78	Woods, Allison	Mount Mercy	24:41.57	
79	Nabana, Wako	Missouri Valley	24:44.67	64
80	Gonzalez, Samantha	Benedictine	24:50.80	
81	Cruzado, Taylor	Evangel	24:55.65	65
82	Carpenter, Jenessa	Grand View	25:00.23	66
83	Wattier, Aubrey	Peru State	25:05.50	67
84	Barnes, Kayleigh	Missouri Valley	25:13.98	68
85	Brink, Alyssa	Peru State	25:16.57	69
86	Wofford, Ashli	Central Methodist	25:20.39	70
87	Fulkerson, Katie	Baker	25:31.22	
88	White, Sarah	Central Methodist	25:33.53	71
89	Snyder, Sharon	MidAmerica Nazarene	25:37.74	
90	Sutton, Jacey	Peru State	25:44.81	72
91	Wofford, Lezlie	Culver-Stockton	25:59.86	
92	Palma, Samantha	Graceland	26:02.43	73
93	Wattier, Brealyynn	Peru State	26:10.12	74
94	Betagnolli, Zoie	Missouri Valley	26:14.12	75
95	Scheele, Makalah	Peru State	26:30.54	76
96	Wingert, Marissa	Peru State	26:31.55	77
97	O'Neil, Ellie	Clarke	26:45.73	
98	Standage, Emily	Evangel	26:46.85	78
99	Lynn, Hailee	Peru State	26:53.34	
100	Neff, Katie	Culver-Stockton	27:29.40	
101	Geromini, McKae	Graceland	27:52.97	79
102	Stevenlinck, Sydney	Peru State	28:14.21	
103	Daake, Samantha	Peru State	28:44.93	
104	Longfellow, Caitlyn	Peru State	28:47.94	
105	Bouwens, Hailey	Peru State	28:53.54	



**2018 Heart of America XC Championships - 11/3/2018**

Hosted by Benedictine College

Bellevue Country Club

**Results****Event 2 Men 8k Run CC**

Name	Year School	Finals	Points
Results - Men			
1 Orozco, Ulysses	Missouri Valley	26:34.42	1
2 Nunnally, Demarkous	Missouri Valley	26:37.73	2
3 Lindstrom, James	Mount Mercy	26:52.63	3
4 Kemboi, Radovan	Central Methodist	26:55.88	4
5 Gakuru, Duncan	Evangel	27:00.04	5
6 Burns, Shane	Evangel	27:01.49	6
7 Flores, Greg	Baker	27:05.47	7
8 Danner, John	Benedictine	27:16.55	8
9 Barnsby, Liam	Baker	27:22.26	9
10 Grover, Zachary	Graceland	27:36.70	10
11 Forster, Colton	Mount Mercy	27:41.88	11
12 Guzman, Carlos	MidAmerica Nazarene	27:47.16	12
13 Cofer, Jacob	Baker	27:53.58	13
14 Knernschiold, Elliot	Central Methodist	27:55.08	14
15 Barnes, Joseph	Benedictine	27:57.60	15
16 Mason, Matthew	Benedictine	28:04.19	16
17 Marshall, Michael	Mount Mercy	28:10.39	17
18 Kaiser, Andrew	Benedictine	28:11.05	18
19 Morel, Liam	Benedictine	28:12.20	19
20 Goertz, Alex	MidAmerica Nazarene	28:13.73	20
21 Albert, Trevor	Grand View	28:16.76	21
22 Golding, Aaron	Mount Mercy	28:18.19	22
23 Wilson, Parker	Baker	28:18.86	23
24 Schwab, Luke	Benedictine	28:22.61	24
25 Oskvig, Adam	MidAmerica Nazarene	28:22.74	25
26 Alvarado, Jose	Clarke	28:25.77	26
27 LaPlante, Daniel	Benedictine	28:26.02	27
28 Fraker, Logan	Clarke	28:30.45	28
29 Cook, Drew	Baker	28:32.04	29
30 Bradley, Maxx	Baker	28:40.46	30
31 Davis, Christian	Evangel	28:43.98	31
32 Keating, Liam	Benedictine	28:44.37	
33 Miller, Daniel	Clarke	28:47.78	32
34 Arechavaleta, Alex	Grand View	28:48.51	33
35 Myers, Dakota	MidAmerica Nazarene	28:49.53	34
36 Huftalin, Ben	Grand View	28:50.71	35
37 Dewitt, Grant	Evangel	28:53.50	36
38 Lynch, Joseph	Benedictine	28:58.27	
39 McHenry, Matthew	Evangel	28:59.19	37
40 DeGross, Hayden	Clarke	28:59.61	38
41 Dasal, Jonathan	Evangel	28:59.62	39
42 Bruemmer, Joseph	Central Methodist	29:01.59	40
43 Steffens, Cameron	Mount Mercy	29:04.92	41
44 Fuentes-Branas, Sebastia	Benedictine	29:06.26	
45 Preston, Adam	Baker	29:12.14	42
46 Roebke, Trevor	Central Methodist	29:14.05	43
47 gutierrez, Alexis	Missouri Valley	29:18.83	44
48 Kidd, Christofer	Baker	29:20.24	
49 Lemmons, Graham	Central Methodist	29:31.98	45
50 Katzenmeier, Noah	Baker	29:33.63	
51 Griese, Christopher	MidAmerica Nazarene	29:37.22	46

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52	Blackmon, Jacob	Mount Mercy	29:43.43	47
53	Opeyany, Sayed	Mount Mercy	29:45.36	48
54	Hendrix, Tanner	Baker	29:51.48	
55	Kress, Chase	Mount Mercy	29:57.90	
56	Ewing, Erren	Graceland	30:00.88	49
57	Jensen, Kade	Graceland	30:01.03	50
58	Grim, Lee	MidAmerica Nazarene	30:05.67	51
59	Munger, Talon	Grand View	30:11.39	52
60	Bender, Tyler	Evangel	30:11.56	53
61	Ockenfels, Kevin	Clarke	30:11.84	54
62	Packard, Ty	Baker	30:20.97	
63	Leach, Kirk	Grand View	30:21.34	55
64	Quick, Nathaniel	Central Methodist	30:22.21	56
65	Sowers, Matthew	Benedictine	30:24.13	
66	Bender, Andrew	Evangel	30:28.06	
67	Giancola, Anthony	Central Methodist	30:36.95	57
68	Beasely, Scott	Missouri Valley	30:36.97	58
69	Bolton, Kenneth	William Penn	30:41.71	59
70	Kietzman, Carter	MidAmerica Nazarene	30:41.78	60
71	Young, Brandon	Grand View	30:49.07	61
72	Hatch, Chris	Grand View	30:50.61	62
73	Perry, David	William Penn	30:52.37	63
74	Filloon, Hunter	Mount Mercy	30:52.97	
75	Albaugh, Brandon	Grand View	30:53.43	
76	Donovan, Colin	Benedictine	30:54.30	
77	Salas, Hector	Graceland	30:54.62	64
78	Chmelka, Caleb	Grand View	31:00.04	
79	Aguirre, Irvin	MidAmerica Nazarene	31:24.03	
80	Chambers, Taylor	MidAmerica Nazarene	31:26.12	
81	Spicer, Derrick	MidAmerica Nazarene	31:27.16	
82	Jackson, Terry	William Penn	31:35.32	65
83	Downey, Ben	MidAmerica Nazarene	31:37.44	
84	Shade, Cameron	William Penn	31:42.76	66
85	Stallard, Cole	Baker	31:44.76	
86	Gonzalez-Tabares, Carlos	Central Methodist	31:54.77	
87	Lovan, Lucky	Graceland	31:58.53	67
88	Gaytan, Gonzalo	Grand View	32:06.46	
89	Davis, Kyrron	Graceland	32:07.18	68
90	Steepleton, Mahlon	Mount Mercy	32:09.45	
91	Richard, Garrett	Benedictine	32:10.02	
92	Schaeffer, Ryan	MidAmerica Nazarene	32:13.11	
93	French, Joshua	Culver-Stockton	32:17.14	69
94	Miller, Jack	William Penn	32:27.25	70
95	Long, Josh	Mount Mercy	32:29.67	
96	Quijada, Alex	Missouri Valley	32:31.16	71
97	Anabwani, Sherard	Graceland	32:40.69	72
98	Slowik, Jimmy	Clarke	32:40.71	73
99	McClary, TroiKari	Missouri Valley	32:47.91	74
100	Murray, Taylor	Grand View	32:50.23	
101	Wanner, Brydon	MidAmerica Nazarene	32:54.23	
102	Howard, Justin	MidAmerica Nazarene	32:55.55	
103	Webster, Gabriel	William Penn	32:56.58	75
104	Negrete, Sebastian	MidAmerica Nazarene	33:05.48	
105	Tegeler, Jared	Mount Mercy	33:09.02	



