

GPAC Outdoor Track and Field Championships - 5/5/2017 to 5/6/2017**Memorial Stadium****Results - GPAC Friday Multi Events****Event 44 Heptathlon: #1 Women 100 Meter Hurdles Heptathlon**

GPAC Record: G 15.10 5/2/2014 Sara Simmons, Concordia

Name	Year	School	Finals	Wind	H#	Points
Finals						
1 Kamberlyn Lamer	SO	Dakota Wesleyan	15.24	NWI	2	810
2 April Faimon	SR	Hastings	15.62	NWI	3	762
3 Jessica Deterding	FR	Concordia (Neb.)	15.88	NWI	3	729
4 Ashley Cook	FR	Doane	15.93	NWI	1	723
5 Sophia Hoelz	FR	Concordia (Neb.)	16.33	NWI	3	674
6 Aurora Arevalo	SO	Morningside	16.86	NWI	1	612
7 Katherine Staab	FR	Northwestern (Iowa)	16.89	NWI	2	609
8 Maitlyn Thomsen	SO	Doane	16.95	NWI	1	602
9 Blair Hofstetter	SO	Hastings	17.20	NWI	2	574
10 Anna Beune	JR	Concordia (Neb.)	17.51	NWI	2	540
11 McKayla Besel	SO	Concordia (Neb.)	18.44	NWI	3	444
12 Viola Ishmael	FR	Mount Marty	19.43	NWI	1	351

Event 22 Decathlon: #1 Men 100 Meter Dash Decathlon

GPAC Record: G 10.94 2015 Kale Wolken, Doane College

Name	Year	School	Finals	Wind	H#	Points
1 Jake Rodgers	FR	Concordia (Neb.)	10.94G	NWI	1	874
2 Hunter Garrison	SO	Midland	11.43	NWI	1	767
3 Calvin Korver	FR	Northwestern (Iowa)	11.48	NWI	2	757
4 Matthew Johnson	SO	Northwestern (Iowa)	11.56	NWI	2	740
5 Levi Sudbeck	FR	Doane	11.64	NWI	1	723
6 Gabe Dirksen	SR	Dakota Wesleyan	11.78	NWI	2	695
7 Nick Harris	SR	Briar Cliff	11.78	NWI	2	695
8 Matthew Bolt	SR	Dordt	11.81	NWI	2	689
9 Matthew Wieser	SO	Doane	11.84	NWI	1	683
10 Landon Schmitt	SO	Doane	11.95	NWI	1	661
11 Thomas Matik	SR	Concordia (Neb.)	12.12	NWI	1	628
12 Jake Auerbach	SR	Northwestern (Iowa)	12.24	NWI	2	605
13 Jordan Strand	SR	Northwestern (Iowa)	13.66	NWI	2	362

Event 22 Decathlon: #2 Men Long Jump Decathlon

GPAC Record: G 7.12m 2013 Kale Wolken, Doane College

Name	Year	School	Finals	Wind	Points
1 Calvin Korver	FR	Northwestern (Iowa)	6.32m	NWI	20-09.00 657
			6.32m(NWI)		6.12m(NWI) 6.04m(NWI)
2 Thomas Matik	SR	Concordia (Neb.)	6.12m	NWI	20-01.00 613
			5.76m(NWI)		6.12m(NWI) 4.41m(NWI)
3 Levi Sudbeck	FR	Doane	6.09m	NWI	19-11.75 606
			5.77m(NWI)		6.09m(NWI) 6.01m(NWI)
4 Gabe Dirksen	SR	Dakota Wesleyan	6.01m	NWI	19-08.75 589
			6.01m(NWI)	FOUL	FOUL



GPAC Outdoor Track and Field Championships - 5/5/2017 to 5/6/2017

Memorial Stadium

Results - GPAC Friday Multi Events

....Event 22 Decathlon: #2 Men Long Jump Decathlon

5	Matthew Wieser	SO Doane	5.96m	NWI	19-06.75	578
	FOUL FOUL	5.96m(NWI)				
6	Hunter Garrison	SO Midland	5.92m	NWI	19-05.25	569
	FOUL FOUL	5.92m(NWI)				
7	Jake Rodgers	FR Concordia (Neb.)	5.91m	NWI	19-04.75	567
	5.91m(NWI) FOUL	4.95m(NWI)				
8	Jake Auerbach	SR Northwestern (Iowa)	5.64m	NWI	18-06.00	510
	5.64m(NWI) 5.61m(NWI) 5.40m(NWI)					
8	Landon Schmitt	SO Doane	5.64m	NWI	18-06.00	510
	5.51m(NWI) 5.33m(NWI) 5.64m(NWI)					
10	Nick Harris	SR Briar Cliff	5.63m	NWI	18-05.75	508
	FOUL 5.60m(NWI) 5.63m(NWI)					
11	Matthew Bolt	SR Dordt	5.42m	NWI	17-09.50	465
	5.26m(NWI) 4.05m(NWI) 5.42m(NWI)					
12	Matthew Johnson	SO Northwestern (Iowa)	5.22m	NWI	17-01.50	425
	5.22m(NWI) 5.00m(NWI) 5.22m(NWI)					
13	Jordan Strand	SR Northwestern (Iowa)	4.43m	NWI	14-06.50	278
	FOUL 4.43m(NWI) FOUL					

Event 22 Decathlon: #3 Men Shot Put Decathlon

GPAC Record: G 12.96m 2015 Kale Wolken, Doane College						
Name	Year	School	Finals		Points	
1 Matthew Bolt		SR Dordt	12.51m	41-00.50	637	
	12.21m 12.51m 12.39m					
2 Hunter Garrison		SO Midland	11.54m	37-10.50	579	
	11.54m 10.42m 10.86m					
3 Thomas Matik		SR Concordia (Neb.)	11.35m	37-03.00	567	
	11.05m 10.97m 11.35m					
4 Levi Sudbeck		FR Doane	11.13m	36-06.25	554	
	11.13m 10.29m 10.07m					
5 Jordan Strand		SR Northwestern (Iowa)	11.02m	36-02.00	547	
	11.02m 10.83m 10.93m					
6 Jake Rodgers		FR Concordia (Neb.)	10.93m	35-10.50	542	
	10.93m 10.49m 10.52m					
7 Calvin Korver		FR Northwestern (Iowa)	10.68m	35-00.50	527	
	10.59m 10.68m 10.02m					
8 Nick Harris		SR Briar Cliff	10.65m	34-11.25	525	
	10.36m 10.65m 10.51m					
9 Gabe Dirksen		SR Dakota Wesleyan	10.56m	34-07.75	519	
	10.07m 9.99m 10.56m					
10 Jake Auerbach		SR Northwestern (Iowa)	9.77m	32-00.75	472	
	9.26m 9.77m 9.37m					
11 Landon Schmitt		SO Doane	9.55m	31-04.00	459	
	9.41m 9.09m 9.55m					
12 Matthew Wieser		SO Doane	9.09m	29-10.00	431	
	8.79m 9.09m 8.90m					
13 Matthew Johnson		SO Northwestern (Iowa)	8.80m	28-10.50	414	
	8.20m 8.80m 8.46m					



GPAC Outdoor Track and Field Championships - 5/5/2017 to 5/6/2017**Memorial Stadium****Results - GPAC Friday Multi Events****Event 22 Decathlon: #4 Men High Jump Decathlon**

GPAC Record: G 1.97m 5/6/2016 Kyle Gaston, Doane

Name	Year	School	Finals										Points						
1 Levi Sudbeck	FR	Doane	1.86m	6-01.25	679														
			1.44	1.47	1.50	1.53	1.56	1.59	1.62	1.65	1.68	1.71	1.74	1.77	1.80	1.83	1.86	1.89	
			P	P	P	P	P	P	P	P	P	P	O	P	P	O	O	XO	XXX
2 Calvin Korver	FR	Northwestern (Iowa)	1.83m	6-00.00	653														
			1.44	1.47	1.50	1.53	1.56	1.59	1.62	1.65	1.68	1.71	1.74	1.77	1.80	1.83	1.86		
			P	P	P	P	P	P	P	P	P	P	P	XO	P	P	O	XXX	
2 Thomas Matik	SR	Concordia (Neb.)	1.83m	6-00.00	653														
			1.44	1.47	1.50	1.53	1.56	1.59	1.62	1.65	1.68	1.71	1.74	1.77	1.80	1.83	1.86		
			P	P	P	P	P	P	P	O	P	XO	O	XXO	XXO	XXO	XXX		
4 Nick Harris	SR	Briar Cliff	1.77m	5-09.75	602														
			1.44	1.47	1.50	1.53	1.56	1.59	1.62	1.65	1.68	1.71	1.74	1.77	1.80				
			P	P	P	P	P	P	O	O	O	O	XO	O	XXX				
4 Landon Schmitt	SO	Doane	1.77m	5-09.75	602														
			1.44	1.47	1.50	1.53	1.56	1.59	1.62	1.65	1.68	1.71	1.74	1.77	1.80				
			P	P	P	P	P	P	O	P	O	O	O	XXO	XXX				
4 Matthew Bolt	SR	Dordt	1.77m	5-09.75	602														
			1.44	1.47	1.50	1.53	1.56	1.59	1.62	1.65	1.68	1.71	1.74	1.77	1.80	1.83			
			O	P	P	P	P	P	P	P	P	O	P	P	XO	P	XXX		
7 Jake Auerbach	SR	Northwestern (Iowa)	1.74m	5-08.50	577														
			1.44	1.47	1.50	1.53	1.56	1.59	1.62	1.65	1.68	1.71	1.74	1.77					
			P	P	P	P	P	O	O	O	O	O	XO	XXX					
8 Hunter Garrison	SO	Midland	1.68m	5-06.00	528														
			1.44	1.47	1.50	1.53	1.56	1.59	1.62	1.65	1.68	1.71							
			P	P	P	P	P	O	P	O	XXO	XXX							
8 Gabe Dirksen	SR	Dakota Wesleyan	1.68m	5-06.00	528														
			1.44	1.47	1.50	1.53	1.56	1.59	1.62	1.65	1.68	1.71							
			P	P	P	P	P	O	O	P	O	XXX							
10 Matthew Wieser	SO	Doane	1.65m	5-05.00	504														
			1.44	1.47	1.50	1.53	1.56	1.59	1.62	1.65	1.68								
			P	P	P	P	O	XXO	XXO	XO	XXX								
11 Jake Rodgers	FR	Concordia (Neb.)	1.62m	5-03.75	480														
			1.44	1.47	1.50	1.53	1.56	1.59	1.62	1.65	1.68								
			P	P	P	P	P	O	O	P	XXX								
12 Jordan Strand	SR	Northwestern (Iowa)	1.59m	5-02.50	457														
			1.44	1.47	1.50	1.53	1.56	1.59	1.62										
			O	O	O	XO	O	XO	XPP										
12 Matthew Johnson	SO	Northwestern (Iowa)	1.59m	5-02.50	457														
			1.44	1.47	1.50	1.53	1.56	1.59	1.62										
			P	P	O	XXO	O	XO	XXX										

Event 22 Decathlon: #5 Men 400 Meter Dash Decathlon

GPAC Record: G 50.61 2015 Kale Wolken, Doane College

Name	Year	School	Finals	H#	Points
1 Jake Rodgers	FR	Concordia (Neb.)	50.29G	2	801
2 Calvin Korver	FR	Northwestern (Iowa)	52.23	2	715



GPAC Outdoor Track and Field Championships - 5/5/2017 to 5/6/2017

Memorial Stadium

Results - GPAC Friday Multi Events

....Event 22 Decathlon: #5 Men 400 Meter Dash Decathlon

3	Hunter Garrison	SO Midland	52.40	1	707
4	Matthew Bolt	SR Dordt	52.41	1	707
5	Nick Harris	SR Briar Cliff	53.50	2	660
6	Matthew Wieser	SO Doane	53.54	1	659
7	Landon Schmitt	SO Doane	54.05	2	638
8	Jake Auerbach	SR Northwestern (Iowa)	54.53	1	618
9	Levi Sudbeck	FR Doane	54.63	2	614
10	Gabe Dirksen	SR Dakota Wesleyan	54.88	2	604
11	Thomas Matik	SR Concordia (Neb.)	55.50	2	579
12	Matthew Johnson	SO Northwestern (Iowa)	55.71	1	571
13	Jordan Strand	SR Northwestern (Iowa)	1:11.41	1	110

Event 44 Heptathlon: #2 Women High Jump Heptathlon

GPAC Record: G 1.68m 5/6/2016 Breanna Fye, Doane

Name	Year	School	Finals	Points
1 Sophia Hoelz	FR	Concordia (Neb.)	1.50m 4-11.00	621
1.08 1.11 1.14 1.17 1.20 1.23 1.26 1.29 1.32 1.35 1.38 1.41 1.44 1.47 1.50 1.53	P P P P P P P P P P P O XO XXO XXO XXO XXX			
1 Maitlyn Thomsen	SO	Doane	1.50m 4-11.00	621
1.08 1.11 1.14 1.17 1.20 1.23 1.26 1.29 1.32 1.35 1.38 1.41 1.44 1.47 1.50 1.53	P P P P P P P P O O P O O O XXO XXX			
3 April Faimon	SR	Hastings	1.47m 4-09.75	588
1.08 1.11 1.14 1.17 1.20 1.23 1.26 1.29 1.32 1.35 1.38 1.41 1.44 1.47 1.50	P P P P P P P P P P P O O XXO XO XXX			
3 Ashley Cook	FR	Doane	1.47m 4-09.75	588
1.08 1.11 1.14 1.17 1.20 1.23 1.26 1.29 1.32 1.35 1.38 1.41 1.44 1.47 1.50	P P P P P P P P O O O O O O XXO XXX			
5 Kamberlyn Lamer	SO	Dakota Wesleyan	1.44m 4-08.75	555
1.08 1.11 1.14 1.17 1.20 1.23 1.26 1.29 1.32 1.35 1.38 1.41 1.44 1.47	P P P P P P P P O P O XO O XO XXX			
6 Blair Hofstetter	SO	Hastings	1.41m 4-07.50	523
1.08 1.11 1.14 1.17 1.20 1.23 1.26 1.29 1.32 1.35 1.38 1.41 1.44	P P P P P P P P P P P O O XXX			
6 Aurora Arevalo	SO	Morningside	1.41m 4-07.50	523
1.08 1.11 1.14 1.17 1.20 1.23 1.26 1.29 1.32 1.35 1.38 1.41 1.44	P P P P P P P P O O O XXO O XXX			
8 Anna Beune	JR	Concordia (Neb.)	1.38m 4-06.25	491
1.08 1.11 1.14 1.17 1.20 1.23 1.26 1.29 1.32 1.35 1.38 1.41	P P P P P P P P O XO XO XXO XXX			
8 Jessica Deterding	FR	Concordia (Neb.)	1.38m 4-06.25	491
1.08 1.11 1.14 1.17 1.20 1.23 1.26 1.29 1.32 1.35 1.38 1.41	P P P P P P P P P P O O XXX			
10 Katherine Staab	FR	Northwestern (Iowa)	1.29m 4-02.75	399
1.08 1.11 1.14 1.17 1.20 1.23 1.26 1.29 1.32	P P P O P O O XXO XXX			
11 Viola Ishmael	FR	Mount Marty	1.26m 4-01.50	369
1.08 1.11 1.14 1.17 1.20 1.23 1.26 1.29	O O O O O O XO XXX			



GPAC Outdoor Track and Field Championships - 5/5/2017 to 5/6/2017**Memorial Stadium****Results - GPAC Friday Multi Events****....Event 44 Heptathlon: #2 Women High Jump Heptathlon**

12 McKayla Besel	SO Concordia (Neb.)	1.20m	3-11.25	312
1.08 1.11 1.14 1.17 1.20 1.23				
P O O XXO O XXX				

Event 44 Heptathlon: #3 Women Shot Put Heptathlon

GPAC Record: G 12.53m 2010 Katie Rich, Concordia						
Name	Year	School	Finals		Points	
1 Aurora Arevalo	SO	Morningside	11.25m	36-11.00	612	
10.69m FOUL 11.25m						
2 April Faimon	SR	Hastings	11.22m	36-09.75	610	
11.22m FOUL 10.88m						
3 Anna Beune	JR	Concordia (Neb.)	10.97m	36-00.00	593	
9.79m 9.97m 10.97m						
4 Blair Hofstetter	SO	Hastings	10.25m	33-07.50	546	
9.88m 10.06m 10.25m						
5 Maitlyn Thomsen	SO	Doane	10.15m	33-03.75	539	
9.59m FOUL 10.15m						
6 Katherine Staab	FR	Northwestern (Iowa)	10.10m	33-01.75	536	
8.35m 9.89m 10.10m						
7 Jessica Deterding	FR	Concordia (Neb.)	9.77m	32-00.75	514	
9.77m 9.64m 9.35m						
8 Ashley Cook	FR	Doane	9.44m	30-11.75	493	
9.35m 9.18m 9.44m						
9 Sophia Hoelz	FR	Concordia (Neb.)	8.82m	28-11.25	452	
8.82m 8.35m 8.74m						
10 McKayla Besel	SO	Concordia (Neb.)	7.80m	25-07.25	386	
7.11m 7.80m 7.45m						
10 Kamberlyn Lamer	SO	Dakota Wesleyan	7.80m	25-07.25	386	
FOUL 7.80m FOUL						
12 Viola Ishmael	FR	Mount Marty	7.08m	23-02.75	340	
6.79m 6.36m 7.08m						

Event 44 Heptathlon: #4 Women 200 Meter Dash Heptathlon

GPAC Record: G 25.31 2015 Kylie Gokie, Doane College						
Name	Year	School	Finals	Wind H#	Points	
1 Aurora Arevalo	SO	Morningside	26.27	NWI 1	774	
2 April Faimon	SR	Hastings	26.59	NWI 1	746	
3 Sophia Hoelz	FR	Concordia (Neb.)	26.94	NWI 1	717	
4 Anna Beune	JR	Concordia (Neb.)	27.08	NWI 1	705	
5 Ashley Cook	FR	Doane	27.12	NWI 1	702	
6 Kamberlyn Lamer	SO	Dakota Wesleyan	27.30	NWI 2	687	
7 Jessica Deterding	FR	Concordia (Neb.)	27.61	NWI 2	662	
8 Blair Hofstetter	SO	Hastings	28.24	NWI 2	612	
9 Maitlyn Thomsen	SO	Doane	28.94	NWI 2	559	
10 Katherine Staab	FR	Northwestern (Iowa)	29.10	NWI 2	547	
11 Viola Ishmael	FR	Mount Marty	29.54	NWI 1	515	



GPAC Outdoor Track and Field Championships - 5/5/2017 to 5/6/2017

Memorial Stadium

Results - GPAC Friday Multi Events

....Event 44 Heptathlon: #4 Women 200 Meter Dash Heptathlon

12 McKayla Besel SO Concordia (Neb.) 30.40 NWI 2 455

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Women - Team Rankings - 22 Events Scored

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1) Doane	217	2) Hastings	189
3) Concordia (Neb.)	148	4) Dordt	97.50
5) Northwestern (Iowa)	86.50	6) Morningside	84
7) Dakota Wesleyan	15	8) Briar Cliff	9
9) Midland	7	10) Mount Marty	5

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Men - Team Rankings - 22 Events Scored

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1) Doane	219	2) Concordia (Neb.)	156.50
3) Morningside	124.50	4) Northwestern (Iowa)	95
5) Midland	84	6) Dordt	72
7) Briar Cliff	44	7) Hastings	44
9) Dakota Wesleyan	15	10) Mount Marty	4



GPAC Outdoor Track and Field Championships - 5/5/2017 to 5/6/2017

Memorial Stadium

Results - GPAC Outdoor Championships Friday Events

Event 39 Women Pole Vault

2.90-3.05-3.20-3.35-3.50-3.60-3.70

GPAC Record: G 4.05m 2011 Kayla Friesen, Sioux Falls

Name	Year	School	Finals	Points					
Finals									
1 Anna Megenhardt	SR	Hastings	3.88m	12-08.75 10					
2.90 3.05 3.20 3.35 3.50 3.60 3.70 3.78 3.88 3.98	P	P	P	O	O	XO	O	XO	XXX
2 Allison Brooks	SO	Concordia (Neb.)	3.70m	12-01.50 8					
2.90 3.05 3.20 3.35 3.50 3.60 3.70 3.78 3.88	P	P	P	P	P	O	XPP	PXX	
3 McKenzie Gravo	SO	Concordia (Neb.)	3.60m	11-09.75 6					
2.90 3.05 3.20 3.35 3.50 3.60 3.70	P	P	P	P	O	XXX			
4 Abigail Mohr	JR	Doane	J3.60m	11-09.75 5					
2.90 3.05 3.20 3.35 3.50 3.60 3.70	P	P	O	O	O	XO	XXX		
5 Courtney Schindler	FR	Doane	3.50m	11-05.75 4					
2.90 3.05 3.20 3.35 3.50 3.60	P	O	O	O	O	XXX			
6 Maegan Hiatt	SO	Doane	J3.50m	11-05.75 3					
2.90 3.05 3.20 3.35 3.50 3.60	P	P	O	O	XO	XXX			
7 Tristen Mosier	FR	Concordia (Neb.)	J3.50m	11-05.75 2					
2.90 3.05 3.20 3.35 3.50 3.60	P	P	XXO	O	XXO	XXX			
8 Macy Jones	SR	Doane	3.35m	10-11.75 1					
2.90 3.05 3.20 3.35 3.50	P	O	O	O	XXX				
9 Kaitlyn Mahnke	FR	Doane	J3.35m	10-11.75					
2.90 3.05 3.20 3.35 3.50	XO	O	XO	O	XXX				
10 Emily Boyle	JR	Mount Marty	J3.35m	10-11.75					
2.90 3.05 3.20 3.35 3.50	O	O	XO	XO	XXX				
11 Courtney Bailey	FR	Hastings	3.20m	10-06.00					
2.90 3.05 3.20 3.35	P	O	O	XXX					
12 Andrea Anderson	JR	Concordia (Neb.)	J3.20m	10-06.00					
2.90 3.05 3.20 3.35	P	P	XXO	XXX					
13 Cheyenne Ostrander	FR	Doane	3.05m	10-00.00					
2.90 3.05 3.20	XO	O	XXX						
14 Ashley Scherer	SO	Doane	J3.05m	10-00.00					
2.90 3.05 3.20	O	XO	XXX						
14 Casandra Eberth	FR	Concordia (Neb.)	J3.05m	10-00.00					
2.90 3.05 3.20	O	XO	XXX						



GPAC Outdoor Track and Field Championships - 5/5/2017 to 5/6/2017

Memorial Stadium

Results - GPAC Outdoor Championships Friday Events

....Event 39 Women Pole Vault

16 Naomi Schimmel	JR Northwestern (Iowa)	2.90m	9-06.25
2.90 3.05			
O XXX			
17 Tiffany Hill	FR Doane	J2.90m	9-06.25
2.90 3.05			
XXO XXX			
-- Christina Herrboldt	JR Mount Marty	NH	
2.90			
XXX			

Event 20 Men Hammer Throw

9 to Final

GPAC Record: G 63.51m 5/6/2016 Joshua Slechta, Concordia

Name	Year School	Finals	Points
1 Zachary Lurz	SR Concordia (Neb.)	61.59m	202-01 10
FOUL 49.49m 53.97m 61.57m 61.59m FOUL			
2 Cody Boellstorff	SR Concordia (Neb.)	60.96m	200-00 8
53.49m FOUL 60.96m FOUL FOUL FOUL			
3 Nathan Houser	SO Midland	58.67m	192-06 6
54.72m FOUL 58.67m FOUL 56.76m FOUL			
4 Chris Svoboda	JR Doane	57.56m	188-10 5
FOUL 53.21m FOUL 53.47m 55.12m 57.56m			
5 Alex Wellington	JR Hastings	55.20m	181-01 4
49.21m 52.08m 55.20m FOUL 52.77m 54.28m			
6 Seth Sabata	SO Midland	54.33m	178-03 3
53.39m FOUL 51.68m 54.33m 53.04m 54.15m			
7 Philip Kreutzer	SR Concordia (Neb.)	53.13m	174-04 2
50.23m 49.00m 49.79m 52.29m 52.53m 53.13m			
8 Jacob Cornelio	FR Concordia (Neb.)	51.10m	167-08 1
FOUL FOUL 49.56m 50.43m FOUL 51.10m			
9 David Davelaar	JR Dordt	49.83m	163-06
FOUL 49.19m 49.83m 48.87m FOUL FOUL			
10 Eli Dettmer	JR Doane	48.79m	160-01
48.20m 48.79m FOUL			
11 Dalton Bichlmeier	SR Doane	48.23m	158-03
48.14m 48.23m 46.86m			
12 Reid Kirlin	SO Midland	44.48m	145-11
44.48m FOUL FOUL			
13 Ike Van Kempen	SO Dordt	44.20m	145-00
42.51m 44.20m 43.80m			
14 Nathan Elbert	JR Concordia (Neb.)	44.16m	144-10
44.16m 44.03m FOUL			
15 Zach Brittain	SO Doane	44.15m	144-10
FOUL 42.20m 44.15m			
16 Philip Grothaus	SO Concordia (Neb.)	43.96m	144-03
FOUL 43.96m FOUL			
17 Trevor Westhoff	SO Briar Cliff	43.67m	143-03
FOUL 43.67m 40.75m			



GPAC Outdoor Track and Field Championships - 5/5/2017 to 5/6/2017

Memorial Stadium

Results - GPAC Outdoor Championships Friday Events

....Event 20 Men Hammer Throw

18 Ben Bajema	JR Dordt	42.44m	139-03
40.32m 42.44m FOUL			
19 Ryan Sanchez	SO Concordia (Neb.)	41.58m	136-05
FOUL FOUL 41.58m			
20 Bret Keeler	SO Concordia (Neb.)	39.79m	130-06
39.79m FOUL 39.13m			
21 James Anderson	FR Northwestern (Iowa)	39.78m	130-06
37.63m 39.78m FOUL			
22 Carter Van Gorp	FR Northwestern (Iowa)	36.49m	119-09
36.49m 35.23m FOUL			
-- Dustin Peasley	SO Briar Cliff	FOUL	
FOUL FOUL FOUL			
-- Simon Rangel	JR Doane	FOUL	
FOUL FOUL FOUL			
-- Grahm Kenobbie	FR Northwestern (Iowa)	SCR	
-- Grady Klein	FR Morningside	SCR	
-- Brandon Schreur	FR Dordt	SCR	
-- Logan Thurston	FR Doane	SCR	

Event 43 Women Javelin Throw

9 to Final

GPAC Record: G 48.07m 5/2/2014 Elizabeth King, Concordia

Name	Year School	Finals	Points
1 Maitlyn Thomsen	SO Doane	41.22m	135-03 10
36.15m 38.06m FOUL 38.16m 41.22m FOUL			
2 Kati Kneifl	SO Morningside	41.18m	135-01 8
41.18m 40.42m FOUL FOUL FOUL FOUL			
3 Kylie Gokie	SR Doane	41.12m	134-11 6
34.29m 36.86m FOUL FOUL FOUL 41.12m			
4 Jasmine Eickhoff	SO Concordia (Neb.)	40.97m	134-05 5
40.97m FOUL 36.86m FOUL FOUL FOUL			
5 Katricia Svoboda	SR Concordia (Neb.)	40.92m	134-03 4
39.11m FOUL 40.92m FOUL FOUL FOUL			
6 Sydney Meyer	SR Concordia (Neb.)	38.44m	126-01 3
FOUL 38.44m FOUL 33.85m 38.23m FOUL			
7 Aurora Arevalo	SO Morningside	38.33m	125-09 2
FOUL 35.43m 36.09m FOUL 38.33m FOUL			
8 Blair Hofstetter	SO Hastings	37.05m	121-07 1
36.88m FOUL FOUL 37.05m 36.66m FOUL			
9 April Faimon	SR Hastings	36.44m	119-07
33.66m 32.95m 35.77m 34.98m 35.16m 36.44m			
10 Cassidy Chapman	SO Doane	35.73m	117-03
29.40m 35.73m FOUL			
11 Mariah Huneke	FR Concordia (Neb.)	34.23m	112-04
FOUL 34.23m 32.12m			
12 Katie Drake	FR Doane	33.46m	109-09
32.58m 33.46m 33.43m			



GPAC Outdoor Track and Field Championships - 5/5/2017 to 5/6/2017

Memorial Stadium

Results - GPAC Outdoor Championships Friday Events

....Event 43 Women Javelin Throw

13	Kaylee Van Voorst	JR Morningside	33.45m	109-09
	33.45m FOUL 32.69m			
14	Molly Cunard	JR Northwestern (Iowa)	32.10m	105-04
	32.10m 30.24m 30.71m			
15	Hannah Morgan	SO Northwestern (Iowa)	31.40m	103-00
	31.40m 29.58m 29.74m			
16	Lexie Hauger	JR Briar Cliff	31.09m	102-00
	28.99m 31.09m 30.11m			
17	Leah Mussell	SO Concordia (Neb.)	30.97m	101-07
	24.44m 28.63m 30.97m			
18	Christina Vanderbyl	SR Northwestern (Iowa)	30.16m	98-11
	30.16m 28.78m 29.63m			
19	Madison Dodd	FR Doane	29.14m	95-07
	29.14m 27.17m FOUL			
20	Shannon Stuhlmiller	SO Doane	28.62m	93-11
	FOUL 28.62m FOUL			
21	Andrea Urban	JR Briar Cliff	27.60m	90-07
	27.60m FOUL 26.58m			
22	Meghan Travis	SO Dakota Wesleyan	27.55m	90-05
	FOUL 25.18m 27.55m			
23	Brittany Austin	SR Mount Marty	27.36m	89-09
	FOUL FOUL 27.36m			
24	Sophie Tonjes	FR Doane	24.84m	81-06
	24.84m FOUL 21.17m			
--	Sarah Goyne	FR Dordt	SCR	
--	Brynlee Loptin	FR Morningside	SCR	
--	Kaitlyn Polk	FR Morningside	SCR	
--	Jessica Backes	FR Dakota Wesleyan	SCR	

Event 36 Women Long Jump

9 to Final

GPAC Record: G 6.01m 2012 Briana Vander Woude, Dordt College

Name	Year	School	Finals	Wind	Points
1 Shantinique Cunningham		SO Hastings	5.75m	NWI 18-10.50	10
			5.59m(NWI) 5.75m(NWI) 5.55m(NWI) 5.52m(NWI) 5.42m(NWI) 5.68m(NWI)		
2 Reganne Markle		FR Hastings	5.56m	NWI 18-03.00	8
			5.42m(NWI) 5.56m(NWI) 5.43m(NWI) 5.21m(NWI) 5.19m(NWI) 5.29m(NWI)		
3 Danielle Wubben		JR Dordt	5.53m	NWI 18-01.75	6
			FOUL 5.45m(NWI) 5.40m(NWI) 5.11m(NWI) 5.53m(NWI) FOUL		
4 Johanna Vaske		FR Briar Cliff	5.32m	NWI 17-05.50	5
			5.09m(NWI) 5.02m(NWI) 4.98m(NWI) 4.88m(NWI) 4.97m(NWI) 5.32m(NWI)		
5 Alyssa Weidler		FR Dakota Wesleyan	5.24m	NWI 17-02.25	4
			5.05m(NWI) 4.91m(NWI) 4.88m(NWI) 5.22m(NWI) 5.16m(NWI) 5.24m(NWI)		
6 Kaitlin Bradley		JR Doane	5.22m	NWI 17-01.50	3
			FOUL FOUL 5.21m(NWI) FOUL 5.12m(NWI) 5.22m(NWI)		
7 McKenzie Gravo		SO Concordia (Neb.)	5.22m	NWI 17-01.50	2
			5.14m(NWI) FOUL 5.16m(NWI) 5.22m(NWI) 4.90m(NWI) FOUL		



GPAC Outdoor Track and Field Championships - 5/5/2017 to 5/6/2017**Memorial Stadium****Results - GPAC Outdoor Championships Friday Events****....Event 36 Women Long Jump**

8	Natalie Van Essen	SR Dordt	5.17m	NWI	16-11.50	1
	FOUL	5.17m(NWI) 5.11m(NWI) FOUL FOUL	5.04m(NWI)			
9	Jasey Hartman	SO Doane	5.09m	NWI	16-08.50	
	4.80m(NWI) 5.01m(NWI) FOUL	5.09m(NWI) FOUL				
10	Leah Larson	SO Concordia (Neb.)	5.01m	NWI	16-05.25	
	4.59m(NWI) FOUL	5.01m(NWI) FOUL FOUL	4.44m(NWI)			
11	Kayla Bachle	FR Doane	4.96m	NWI	16-03.25	
	4.96m(NWI) 4.94m(NWI) 4.90m(NWI)					
12	Elizabeth Bohlmann	JR Morningside	4.88m	NWI	16-00.25	
	FOUL FOUL	4.88m(NWI)				
13	Raquelle Mouw	JR Dordt	4.68m	NWI	15-04.25	
	4.66m(NWI) 4.65m(NWI) 4.68m(NWI)					
14	Shaniese Quist	SR Dordt	4.65m	NWI	15-03.25	
	FOUL 4.52m(NWI) 4.65m(NWI)					
15	Kristen Longville	SO Dakota Wesleyan	4.63m	NWI	15-02.25	
	4.63m(NWI) FOUL FOUL					
16	Jacqui Balt	FR Dordt	4.58m	NWI	15-00.50	
	4.58m(NWI) FOUL	4.54m(NWI)				
17	Tami Myers	SO Doane	4.57m	NWI	15-00.00	
	4.50m(NWI) FOUL	4.57m(NWI)				
18	Marissa Haynes	SO Doane	4.45m	NWI	14-07.25	
	FOUL 4.45m(NWI) FOUL					
19	Kati Kneifl	SO Morningside	4.36m	NWI	14-03.75	
	FOUL 4.36m(NWI) PASS					
--	Katherine Glenn	FR Mount Marty	DNS	NWI		

Event 17 Men Pole Vault

4.00-4.15-4.30-4.45-4.60-4.70-4.80

GPAC Record: G 5.20m 2002 T. J. Kloster, Concordia University

Name	Year	School	Finals	Points
1 Lucas Wiechman	SR	Concordia (Neb.)	5.00m 16-04.75	10
	4.00 4.15 4.30 4.45 4.60 4.70 4.80 4.90 5.00 5.11			
	P P P P P XO P O O XXX			
2 Andrew Klein	JR	Doane	4.90m 16-00.75	8
	4.00 4.15 4.30 4.45 4.60 4.70 4.80 4.90 5.00			
	P P P P P O O XO XXX			
3 Holden Oelke	SR	Doane	4.80m 15-09.00	6
	4.00 4.15 4.30 4.45 4.60 4.70 4.80 4.90			
	P P P O O O XO XXX			
4 Levi Sudbeck	FR	Doane	4.70m 15-05.00	5
	4.00 4.15 4.30 4.45 4.60 4.70 4.80			
	P P P O PPP XO XXX			
5 Isaiah Brown	FR	Midland	4.60m 15-01.00	4
	4.00 4.15 4.30 4.45 4.60 4.70			
	P P P XXO O XXX			
6 Drew McClellan	SO	Doane	J4.60m 15-01.00	3
	4.00 4.15 4.30 4.45 4.60 4.70			
	P XXO O XXO XO XXX			



GPAC Outdoor Track and Field Championships - 5/5/2017 to 5/6/2017

Memorial Stadium

Results - GPAC Outdoor Championships Friday Events

....Event 17 Men Pole Vault

7	Tyrell Reichert	SO Concordia (Neb.)	J4.60m	15-01.00	2
	4.00 4.15 4.30 4.45 4.60 4.70				
	P P P O XXO XXX				
8	Simon Brummond	SO Concordia (Neb.)	4.45m	14-07.25	1
	4.00 4.15 4.30 4.45 4.60				
	P P XO O XXX				
9	Ryan Gross	SR Concordia (Neb.)	J4.45m	14-07.25	
	4.00 4.15 4.30 4.45 4.60				
	P P XXO O XXX				
10	Dustin Axline	SO Doane	J4.45m	14-07.25	
	4.00 4.15 4.30 4.45 4.60				
	P P P XO XXX				
11	Julius Dickmader	FR Doane	4.30m	14-01.25	
	4.00 4.15 4.30 4.45				
	O O O XXX				
12	Travis Kleebe	FR Hastings	J4.30m	14-01.25	
	4.00 4.15 4.30 4.45				
	P XO XO XXX				
13	Kalvin Lankford	JR Concordia (Neb.)	4.15m	13-07.25	
	4.00 4.15 4.30				
	XO XO XXX				
14	Peyton Harsin	FR Doane	4.00m	13-01.50	
	4.00 4.15				
	XO XXX				
14	Zack Peterson	JR Hastings	4.00m	13-01.50	
	4.00 4.15				
	XO XXX				
--	Jordan Chelle	SO Doane		NH	
	4.00				
	XXX				
--	Ty Johnson	SO Hastings		NH	
	4.00 4.15 4.30				
	P P XXX				

Event 21 Men Javelin Throw

9 to Final

GPAC Record: G 65.10m 2005 Andrew Ortmeier, Northwestern College

Name	Year School	Finals	Points
1 Dustin Peasley	SO Briar Cliff	57.04m	187-02 10
	53.69m 55.75m 49.99m 57.04m 55.35m 52.21m		
2 Preston Cuddy	FR Doane	53.78m	176-05 8
	53.78m FOUL 52.35m 51.98m 49.47m 53.35m		
3 John Davelaar	JR Dordt	53.63m	175-11 6
	53.63m 50.19m 48.25m FOUL 48.07m FOUL		
4 Sam Burki	SR Briar Cliff	51.91m	170-04 5
	FOUL 41.11m 51.91m 48.77m FOUL 51.47m		
5 Jake Rodgers	FR Concordia (Neb.)	50.04m	164-02 4
	50.04m 48.49m 44.22m 47.11m FOUL FOUL		



GPAC Outdoor Track and Field Championships - 5/5/2017 to 5/6/2017

Memorial Stadium

Results - GPAC Outdoor Championships Friday Events

....Event 21 Men Javelin Throw

6	Nathan Elbert	JR	Concordia (Neb.)	49.53m	162-06	3
	49.53m 45.99m FOUL FOUL FOUL FOUL					
7	Seth Henry	SO	Doane	49.04m	160-11	2
	49.04m 46.45m 47.76m 48.92m FOUL 48.22m					
8	Drew Schiltz	SR	Morningside	48.69m	159-09	1
	48.69m 47.70m 46.05m FOUL FOUL FOUL					
9	Jeff Stellingwerf	FR	Dordt	48.12m	157-10	
	48.12m 43.19m FOUL FOUL FOUL FOUL					
10	Zane Petersen	JR	Hastings	48.08m	157-09	
	48.08m FOUL FOUL					
11	Lucas Wiechman	SR	Concordia (Neb.)	47.62m	156-03	
	46.13m 47.62m FOUL					
12	Dylan Van Denend	FR	Dordt	47.39m	155-06	
	44.47m 47.39m 46.95m					
13	Brian Johnston	FR	Morningside	45.44m	149-01	
	45.44m FOUL 45.17m					
14	Craig Bramhall	SO	Doane	J45.44m	149-01	
	44.01m 45.44m 43.88m					
15	Jordan Sparks	FR	Doane	44.32m	145-05	
	41.92m 44.32m 44.03m					
16	Philip Grothaus	SO	Concordia (Neb.)	42.29m	138-09	
	41.17m 42.02m 42.29m					
17	Grant Staats	SO	Morningside	41.60m	136-06	
	41.35m 39.31m 41.60m					
18	Turner Hill	SO	Doane	40.28m	132-02	
	40.28m 39.36m FOUL					
19	Tristan Harris	FR	Morningside	36.86m	120-11	
	35.44m 36.86m FOUL					
20	Ryan Sanchez	SO	Concordia (Neb.)	34.31m	112-07	
	FOUL 34.31m FOUL					

Event 42 Women Hammer Throw

9 to Final

GPAC Record: G 57.86m 2015 Elizabeth King, Concordia University

Name	Year	School	Finals	Points
1 Kali Robb	SR	Concordia (Neb.)	52.81m	173-03 10
	47.82m FOUL 51.52m	52.81m 51.71m FOUL		
2 Sydney Meyer	SR	Concordia (Neb.)	52.41m	171-11 8
	52.41m FOUL 49.40m	51.72m 52.20m 49.32m		
3 Sara Olsen	JR	Hastings	51.21m	168-00 6
	49.83m 50.53m FOUL	47.64m FOUL 51.21m		
4 Katricia Svoboda	SR	Concordia (Neb.)	49.77m	163-03 5
	46.77m 48.24m FOUL	49.77m 49.46m FOUL		
5 Kelbie Lyon	SO	Hastings	48.98m	160-08 4
	47.04m 45.94m FOUL	FOUL 48.98m 32.98m		
6 Keely Parish	SO	Hastings	48.43m	158-11 3
	FOUL 46.51m 48.43m	46.81m 45.63m 44.14m		



GPAC Outdoor Track and Field Championships - 5/5/2017 to 5/6/2017**Memorial Stadium****Results - GPAC Outdoor Championships Friday Events****....Event 42 Women Hammer Throw**

7	Samantha Liermann	SO Concordia (Neb.)	48.42m	158-10	2
	48.07m 46.80m 48.42m 47.13m FOUL 47.60m				
8	Nicole Ramaekers	JR Hastings	47.15m	154-08	1
	42.90m 46.25m 46.48m FOUL FOUL 47.15m				
9	Eboni Nash	SO Hastings	46.78m	153-06	
	FOUL 46.78m FOUL FOUL FOUL FOUL				
10	McKenzie Mustion	SO Midland	46.36m	152-01	
	FOUL 43.09m 46.36m				
11	Johanna Ragland	SO Concordia (Neb.)	46.02m	151-00	
	43.22m 46.02m FOUL				
12	Allison Wiebe	SR Concordia (Neb.)	45.38m	148-11	
	FOUL 45.38m FOUL				
13	Mary Ware	SO Hastings	44.33m	145-05	
	44.33m 42.38m 42.25m				
14	Carley Skopera	SO Concordia (Neb.)	42.83m	140-06	
	35.23m 42.09m 42.83m				
15	Jami Hillman	JR Doane	42.21m	138-06	
	41.79m FOUL 42.21m				
16	Meagan Andersen	JR Morningside	41.77m	137-00	
	FOUL 41.77m FOUL				
17	Avery Blahauvietz	FR Midland	41.24m	135-04	
	FOUL 39.04m 41.24m				
18	Melissa Shadoin	JR Doane	40.99m	134-06	
	40.99m 39.71m FOUL				
19	Adrianna Shaw	FR Concordia (Neb.)	40.91m	134-03	
	FOUL 39.14m 40.91m				
20	Candice Howell	JR Northwestern (Iowa)	40.69m	133-06	
	39.61m 38.10m 40.69m				
21	Kate Grint	FR Doane	39.81m	130-07	
	FOUL 39.81m FOUL				
22	Brynlee Loptin	FR Morningside	39.39m	129-03	
	FOUL 39.39m 38.99m				
23	Bekah Mead	SR Dordt	36.79m	120-08	
	FOUL 36.79m FOUL				
24	Teeka Thompson	SR Hastings	35.41m	116-02	
	35.41m FOUL FOUL				
--	DaNeila Jensen	FR Mount Marty	SCR		
--	Morgan Citterman	JR Mount Marty	SCR		
--	Kaitlyn Polk	FR Morningside	SCR		
--	Sarah Goyne	FR Dordt	SCR		
--	Heidi Frazee	SO Dakota Wesleyan	SCR		
--	Kaylee Van Voorst	JR Morningside	SCR		
--	Kristen Jennings	FR Dakota Wesleyan	SCR		
--	Laura Grasman	SO Dordt	SCR		
--	Tyra Patzlaff	JR Dakota Wesleyan	SCR		



GPAC Outdoor Track and Field Championships - 5/5/2017 to 5/6/2017**Memorial Stadium****Results - GPAC Outdoor Championships Friday Events****Event 31 Women 100 Meter Hurdles****8 Advance: Top 1 Each Heat plus Next 6 Best Times**

GPAC Record: G 14.08 1987 Melody Robinson, Midland Lutheran Col
 GPAC Record: G 14.08 2015 Karen Ettleman

Name	Year	School	Prelims	Wind	H#
Preliminaries					
1 Rachel Bramhall	SR	Doane	14.56Q	NWI	1
2 Olivia Berks	FR	Hastings	14.65Q	NWI	2
3 Danielle Wubben	JR	Dordt	14.85q	NWI	2
4 Jordan Wietzki	SR	Doane	15.13q	NWI	1
5 Jamie Nikodym	SO	Concordia (Neb.)	15.49q	NWI	1
6 MacKenzie Keune	FR	Northwestern (Iowa)	15.51q	NWI	1
7 Caitlin Peterson	JR	Doane	15.64q	NWI	2
8 April Faimon	SR	Hastings	15.71q	NWI	2
9 Kayla Bachle	FR	Doane	15.96	NWI	1
10 Amanda Cook	FR	Doane	16.16	NWI	2
11 Caitlyn Wisecup	JR	Doane	16.21	NWI	2
12 Brittany Broersma	JR	Dordt	16.32	NWI	2
13 Arika Jacobson	FR	Northwestern (Iowa)	16.50	NWI	1
14 Cassidy Schwab	FR	Briar Cliff	16.68	NWI	2
15 Ali Achterhof	JR	Northwestern (Iowa)	17.79	NWI	1

Event 9 Men 110 Meter Hurdles**8 Advance: Top 1 Each Heat plus Next 5 Best Times**

GPAC Record: G 14.04 1996 Adam Decker, Nebraska Wesleyan Univ.

Name	Year	School	Prelims	Wind	H#
1 Benjamin Hulett	JR	Concordia (Neb.)	14.73Q	NWI	1
2 Reece Jackson	SO	Morningside	14.86Q	NWI	3
3 Lucas Wiechman	SR	Concordia (Neb.)	15.17Q	NWI	2 15.168
4 Jacobus Noble	FR	Morningside	15.17q	NWI	3 15.161
5 Keith Heidema	JR	Dordt	15.20q	NWI	1
6 Zach Hickman	SR	Doane	15.48q	NWI	2
7 Levi Sudbeck	FR	Doane	15.69q	NWI	2
8 Nate Stolze	FR	Doane	15.80q	NWI	1
9 Jon Harmening	SO	Dakota Wesleyan	15.95	NWI	3
10 Antonio Flores	FR	Concordia (Neb.)	16.02	NWI	1
11 Michael Buma	FR	Dordt	16.07	NWI	3
12 Kyle Bakker	FR	Northwestern (Iowa)	16.24	NWI	1
13 Mitch Marvin	FR	Doane	16.39	NWI	2
14 Chase Hiser	FR	Morningside	16.64	NWI	3
15 Dakota Bodden	JR	Dakota Wesleyan	16.93	NWI	3
16 Elijah Schaefer	JR	Northwestern (Iowa)	18.40	NWI	2
-- Josh Doering	JR	Morningside	FS	NWI	2
-- Ivan Landmark	SO	Concordia (Neb.)	SCR	NWI	1



GPAC Outdoor Track and Field Championships - 5/5/2017 to 5/6/2017

Memorial Stadium

Results - GPAC Outdoor Championships Friday Events

Event 14 Men Long Jump

9 to Final

GPAC Record: G 7.93m 5/5/2012 Ronnie Taylor, Hastings

Name	Year	School	Finals	Wind	Points
Finals					
1 Lucas Wiechman		SR Concordia (Neb.)	6.94m	NWI 22-09.25	10
6.68m(NWI) 6.79m(NWI) 6.84m(NWI) 6.77m(NWI) 6.94m(NWI) PASS					
2 Scott Hild		JR Doane	6.88m	NWI 22-07.00	8
FOUL 6.88m(NWI) 6.79m(NWI) FOUL 6.78m(NWI) FOUL					
3 Xavier Bridges		SO Doane	6.70m	NWI 21-11.75	6
6.38m(NWI) 6.51m(NWI) 6.70m(NWI) FOUL 6.66m(NWI) 6.58m(NWI)					
4 Mitch Marvin		FR Doane	6.48m	NWI 21-03.25	5
FOUL 6.29m(NWI) 6.48m(NWI) 6.18m(NWI) 6.32m(NWI) 6.48m(NWI)					
5 Antonio Duncan		SR Hastings	6.43m	NWI 21-01.25	4
6.31m(NWI) 5.88m(NWI) 6.18m(NWI) 6.28m(NWI) 6.19m(NWI) 6.43m(NWI)					
6 Jared Rabenberg		FR Dakota Wesleyan	6.40m	NWI 21-00.00	3
6.08m(NWI) 6.22m(NWI) 6.38m(NWI) 6.15m(NWI) 6.40m(NWI) FOUL					
7 Shingai Kusena		JR Doane	6.39m	NWI 20-11.75	2
6.15m(NWI) 6.39m(NWI) 6.33m(NWI) FOUL FOUL 6.33m(NWI)					
8 Jeff Stellingwerf		FR Dordt	6.34m	NWI 20-09.75	1
6.34m(NWI) 6.31m(NWI) PASS 6.25m(NWI) 6.29m(NWI) 6.25m(NWI)					
9 Garrett Lesiak		FR Doane	6.32m	NWI 20-09.00	
FOUL 6.06m(NWI) 6.32m(NWI) 5.74m(NWI) FOUL 6.16m(NWI)					
10 Matt Hillman		SO Northwestern (Iowa)	6.30m	NWI 20-08.00	
6.30m(NWI) 6.09m(NWI) 6.04m(NWI)					
11 Klayton Nordeen		FR Morningside	6.24m	NWI 20-05.75	
FOUL FOUL 6.24m(NWI)					
12 Paul Hammes		SO Concordia (Neb.)	6.14m	NWI 20-01.75	
6.01m(NWI) 6.12m(NWI) 6.14m(NWI)					
13 Chris Genovez		JR Hastings	6.04m	NWI 19-09.75	
FOUL FOUL 6.04m(NWI)					
14 Tanner Hilbrands		JR Northwestern (Iowa)	6.03m	NWI 19-09.50	
5.75m(NWI) 6.03m(NWI) 5.80m(NWI)					
15 Ty Kinneberg		SO Mount Marty	6.00m	NWI 19-08.25	
FOUL 6.00m(NWI) FOUL					
16 Shaquan Drayton		SR Doane	5.94m	NWI 19-06.00	
5.94m(NWI) 5.94m(NWI) 5.83m(NWI)					
17 Anthony Reed		FR Doane	5.91m	NWI 19-04.75	
FOUL 5.91m(NWI) FOUL					
18 Dylan Van Denend		FR Dordt	5.89m	NWI 19-04.00	
FOUL FOUL 5.89m(NWI)					
19 Taylor Beck		FR Concordia (Neb.)	5.78m	NWI 18-11.75	
5.78m(NWI) 5.57m(NWI) 5.77m(NWI)					
-- Miles Gebel		FR Morningside	FOUL		
FOUL FOUL FOUL					
-- Barry Albury		FR Dordt	DNS	NWI	
-- Scott Johnson		SO Concordia (Neb.)	DNS	NWI	
-- Devin Millen		FR Mount Marty	DNS	NWI	



GPAC Outdoor Track and Field Championships - 5/5/2017 to 5/6/2017**Memorial Stadium****Results - GPAC Outdoor Championships Friday Events****Event 23 Women 100 Meter Dash****8 Advance: Top 1 Each Heat plus Next 5 Best Times**

GPAC Record: G 11.71 1988 Carol Bailey, Concordia University					
Name	Year	School	Prelims	Wind	H#
Preliminaries					
1 Alyssa Duval	FR	Doane	12.27Q	NWI	1
2 Caitlyn Cotton	FR	Hastings	12.32Q	NWI	2
3 Shantinique Cunningham	SO	Hastings	12.36Q	NWI	3
4 Kaitlin Bradley	JR	Doane	12.31q	NWI	1
5 Jahdai Dunk	SR	Northwestern (Iowa)	12.41q	NWI	2
6 Eleka Joseph	JR	Morningside	12.56q	NWI	3
7 Christine Beune	SR	Concordia (Neb.)	12.69q	NWI	3
8 Caitlin Peterson	JR	Doane	12.70q	NWI	1
9 Jordan Wietzki	SR	Doane	12.74	NWI	3
10 Anna Heusinkveld	FR	Northwestern (Iowa)	12.81	NWI	2
11 Alyssa Weidler	FR	Dakota Wesleyan	12.92	NWI	1
12 Jana Vermeer	SR	Northwestern (Iowa)	13.06	NWI	1
13 Reganne Markle	FR	Hastings	13.07	NWI	2
14 Pam Regenerus	FR	Dordt	13.24	NWI	1
15 Bailey Van Ginkel	FR	Northwestern (Iowa)	13.28	NWI	3
16 Elizabeth Rankin	SO	Dordt	13.38	NWI	3
17 Lily Peschau	FR	Northwestern (Iowa)	13.49	NWI	2
18 Megan Ellerbeck	FR	Morningside	13.56	NWI	2
19 Taylor Bahensky	FR	Morningside	13.68	NWI	3
20 Leah Breon	JR	Dordt	13.97	NWI	3
-- Kalie Horky	FR	Doane	DNS	NWI	1
-- Addison Woodward	SO	Doane	DNS	NWI	2

Event 1 Men 100 Meter Dash**8 Advance: Top 1 Each Heat plus Next 5 Best Times**

GPAC Record: G 10.34 2001 Jamey Sperle, Dakota Wesleyan Univ.					
Name	Year	School	Prelims	Wind	H#
1 Michael Tross	SO	Doane	10.83Q	NWI	3
2 Perman Wilson	FR	Morningside	10.92Q	NWI	2 10.913
3 Andrew Klein	JR	Doane	10.95Q	NWI	1
4 Antonio Duncan	SR	Hastings	10.92q	NWI	3 10.911
5 Klayton Nordeen	FR	Morningside	10.99q	NWI	2
6 Sage Lloyd	SO	Briar Cliff	11.03q	NWI	2
7 Xavier Bridges	SO	Doane	11.04q	NWI	1
8 Will Griffin	FR	Morningside	11.05q	NWI	3
9 Ty Johnson	SO	Hastings	11.16	NWI	1
10 Chad Blank	FR	Briar Cliff	11.18	NWI	2
11 Zach Hickman	SR	Doane	11.19	NWI	1
12 Christopher Mosely-Hendr	SR	Concordia (Neb.)	11.25	NWI	3
13 Brady Butters	FR	Northwestern (Iowa)	11.34	NWI	2
14 Braden Knuth	JR	Doane	11.40	NWI	2
15 Nathan Bader	FR	Dakota Wesleyan	11.44	NWI	1 11.434
16 Trevor Zonnefeld	SR	Dordt	11.44	NWI	3 11.438



GPAC Outdoor Track and Field Championships - 5/5/2017 to 5/6/2017

Memorial Stadium

Results - GPAC Outdoor Championships Friday Events

....Event 1 Men 100 Meter Dash

17	Derrick Akers	JR Northwestern (Iowa)	11.48	NWI	3	11.471
18	Cory Thorson	SR Midland	11.48	NWI	3	11.473
19	Nicholas Stolze	SO Doane	11.50	NWI	1	
20	Daniel Hakes	SO Concordia (Neb.)	11.53	NWI	2	
21	Stephan Sanford	FR Northwestern (Iowa)	11.62	NWI	1	
22	Wyatt Petersen	FR Doane	11.65	NWI	1	
23	Grant Staats	SO Morningside	11.75	NWI	2	
24	Wyatt Woodman	FR Concordia (Neb.)	12.30	NWI	3	

Event 35 Women 4x800 Meter Relay

GPAC Record: G 9:04.58 2015 Dordt College, Dordt
 K Byl, K Lewis, L Koerner, J VanZee

School	Finals	Points
--------	--------	--------

Finals

1	Northwestern (Iowa)	9:13.46	10
	1) Katie Bosch JR	2) Rebekah Muilenburg SO	
	3) Kassidy De Jong SO	4) Katie Landhuis JR	
2	Dordt	9:19.24	8
	1) Kelsey Lewis SR	2) Jenna Wilgenburg SO	
	3) Justine Van Zee SR	4) Olivia Couch FR	
3	Doane	9:26.42	6
	1) Logan Sieck SR	2) Sarah Kottwitz JR	
	3) Delaney Lemkau SO	4) Marissa DeWispelare SR	
4	Concordia (Neb.)	9:33.51	5
	1) Marti Vlasin SR	2) Quinn Wragge SO	
	3) Miranda Rathjen FR	4) Tori Beran SO	
5	Morningside	9:35.19	4
	1) Tiffany Shepherd SR	2) Cassie Warner SO	
	3) Clare Kortlever FR	4) Natalie Lambert FR	
6	Hastings	10:03.54	3
	1) Heidi Hennings JR	2) Tera McVicker SR	
	3) Makayla Mudloff FR	4) Camilla Lee FR	
7	Mount Marty	10:10.02	2
	1) Caitlin Davis SR	2) Kiana Hoff-Au SO	
	3) Genevieve Clark FR	4) Kelsey Sutera SO	
8	Dakota Wesleyan	10:31.43	1
	1) Shailhyn Schweigert JR	2) Aubrey Rabenberg FR	
	3) Macey Claussen FR	4) McKenna Rogers FR	

Event 13 Men 4x800 Meter Relay

GPAC Record: G 7:39.31 2014 Morningside College, Morningside C
 J. Willey, A. DeVries, D. Schiltz, J. Welp

School	Finals	Points
--------	--------	--------

1	Northwestern (Iowa)	7:40.06	10
	1) Tanner Goetsch JR	2) Hans Epp JR	
	3) Tim Rose JR	4) Peter Hollinger SO	



GPAC Outdoor Track and Field Championships - 5/5/2017 to 5/6/2017**Memorial Stadium****Results - GPAC Outdoor Championships Friday Events****....Event 13 Men 4x800 Meter Relay**

2 Dordt	7:40.54	8
1) Caleb Drake SR	2) Josiah Eckels SR	
3) Nick Vander Kooi SR	4) Sam Wensink SR	
3 Morningside	7:41.30	6
1) Jacob Green JR	2) Alec DeVries JR	
3) Kyle Hiser SR	4) Drew Schiltz SR	
4 Concordia (Neb.)	7:45.69	5
1) Samuel Ferguson SO	2) Josiah McAllister SO	
3) Nathan Matters SO	4) CJ Muller SR	
5 Doane	7:46.53	4
1) Chandler Flynn SO	2) Tanner Harsin FR	
3) Colin Appel JR	4) Alan Varela SO	
6 Briar Cliff	7:49.28	3
1) Josh Haning FR	2) Tony Kollasch SO	
3) Joe Heinrichs JR	4) Tommy Thelen SR	
7 Hastings	8:25.15	2
1) Jake Ridpath SO	2) Trevor Alber SO	
3) Ethan Bergmann FR	4) Nolan Kohmetscher FR	
8 Mount Marty	8:37.27	1
1) Jordan Houdek SR	2) Kyle Pardun JR	
3) Nick Wixon SO	4) Collin Whalen FR	
9 Midland	8:59.88	
1) Brandon Sipherd JR	2) Dylan Hill FR	
3) Aaron Pierce FR	4) Anthony Goetz SO	

Event 30 Women 10000 Meter Run

GPAC Record: G 37:11.93 5/2/2014 Lauren Shomaker, Hastings				
Name	Year	School	Finals	Points
1 Janelle Bethea	JR	Hastings	38:47.90	10
2 Sam Crossett	FR	Hastings	40:03.45	8
3 Alex George	FR	Morningside	40:09.41	6
4 Taylor Grove	SO	Concordia (Neb.)	40:56.94	5
5 Emily Sievert	JR	Concordia (Neb.)	41:17.41	4
6 Madeline Boehlke	JR	Hastings	41:43.18	3
7 Braska Patterson	SO	Midland	41:54.84	2
8 Mandy O'Malley	SR	Mount Marty	42:01.71	1
9 Rachel Pavelka	JR	Midland	42:52.77	
10 Berkley Rietveld	SR	Mount Marty	43:29.44	
11 Annika Henckel	JR	Dordt	43:55.93	
12 Victoria Bitz	FR	Midland	45:44.34	
13 Paige Thelen	FR	Midland	46:28.28	
14 Abby Protzman	SO	Concordia (Neb.)	48:31.00	
-- Erin Lindeman	FR	Concordia (Neb.)	DNF	



GPAC Outdoor Track and Field Championships - 5/5/2017 to 5/6/2017**Memorial Stadium****Results - GPAC Outdoor Championships Friday Events****Event 8 Men 10000 Meter Run**

GPAC Record: G 30:55.24 1991 Garry Wasserman, Nebraska Weseley				
Name	Year	School	Finals	Points
1 Mark Abrams	SR	Morningside	32:04.00	10
2 Lucas Keifer	JR	Hastings	32:17.58	8
3 Will Norris	SR	Northwestern (Iowa)	33:13.28	6
4 Kasey Reeves	JR	Midland	33:51.55	5
5 Ian Manske	SR	Dordt	34:06.75	4
6 Ben Brockmueller	SR	Dordt	34:11.32	3
7 Ryan Bauermeister	JR	Northwestern (Iowa)	34:29.94	2
8 Evan Asche	SO	Concordia (Neb.)	34:45.56	1
9 Austin Warren	JR	Northwestern (Iowa)	35:09.57	
10 Anthony Patton	SO	Morningside	35:23.03	
11 Dylan Jaure	SO	Hastings	36:20.86	
12 Alex Way	SR	Midland	36:34.75	
13 Cortland Cassidy	SO	Midland	36:42.17	
14 Keaton Gracey	SR	Midland	36:44.08	
15 Andru Hansen	FR	Hastings	37:06.05	
16 Kyle Fischer	SR	Dordt	37:44.93	
17 Daniel Spies	JR	Midland	38:14.05	
18 Caleb Goeken	JR	Midland	38:22.00	
19 Matthew Villarreal	SO	Doane	38:23.33	
20 Eduardo Ochoa	JR	Hastings	38:30.25	
21 Zach Groves	SR	Briar Cliff	39:10.25	
-- Dalton Demers	FR	Briar Cliff	DNF	
-- Ryan Chase	FR	Dakota Wesleyan	DNF	
-- Luke Galloway	SR	Northwestern (Iowa)	SCR	

Women - Team Rankings - 22 Events Scored

1) Doane	217	2) Hastings	189
3) Concordia (Neb.)	148	4) Dordt	97.50
5) Northwestern (Iowa)	86.50	6) Morningside	84
7) Dakota Wesleyan	15	8) Briar Cliff	9
9) Midland	7	10) Mount Marty	5

Men - Team Rankings - 22 Events Scored

1) Doane	219	2) Concordia (Neb.)	156.50
3) Morningside	124.50	4) Northwestern (Iowa)	95
5) Midland	84	6) Dordt	72
7) Briar Cliff	44	7) Hastings	44
9) Dakota Wesleyan	15	10) Mount Marty	4



GPAC Outdoor Track and Field Championships - 5/5/2017 to 5/6/2017**Memorial Stadium****Results - GPAC Saturday Multi Events****Event 22 Decathlon: #6 Men 110 Meter Hurdles Decathlon**

GPAC Record: G 15.38 2015 Lucas Wiechman, Concordia University
 Name Year School Finals Wind H# Points

Finals						
Name	Year	School	Finals	Wind	H#	Points
1 Levi Sudbeck	FR	Doane	15.45	NWI	3	796
2 Calvin Korver	FR	Northwestern (Iowa)	16.22	NWI	2	708
3 Jake Rodgers	FR	Concordia (Neb.)	16.23	NWI	3	707
4 Hunter Garrison	SO	Midland	16.40	NWI	4	688
5 Landon Schmitt	SO	Doane	16.48	NWI	4	680
6 Gabe Dirksen	SR	Dakota Wesleyan	16.97	NWI	4	627
7 Matthew Wieser	SO	Doane	17.45	NWI	1	578
8 Matthew Johnson	SO	Northwestern (Iowa)	17.47	NWI	3	576
9 Jake Auerbach	SR	Northwestern (Iowa)	19.24	NWI	2	412
10 Nick Harris	SR	Briar Cliff	20.74	NWI	1	293
-- Jordan Strand	SR	Northwestern (Iowa)	DNF	NWI	2	
-- Matthew Bolt	SR	Dordt	DQ	NWI	1	Hand to Hurdle
-- Thomas Matik	SR	Concordia (Neb.)	DQ	NWI	4	Hurdle Violation

Event 44 Heptathlon: #5 Women Long Jump Heptathlon

GPAC Record: G 5.40m 5/6/2016 Paige Hervert, Doane
 Name Year School Finals Wind Points

1 Kamberlyn Lamer	SO	Dakota Wesleyan	4.92m	NWI	16-01.75	538
FOUL 4.92m(NWI) FOUL						
2 Anna Beune	JR	Concordia (Neb.)	4.87m	NWI	15-11.75	524
4.80m(NWI) 4.74m(NWI) 4.87m(NWI)						
2 Jessica Deterding	FR	Concordia (Neb.)	4.87m	NWI	15-11.75	524
FOUL FOUL 4.87m(NWI)						
4 April Faimon	SR	Hastings	4.82m	NWI	15-09.75	511
4.82m(NWI) 4.66m(NWI) 4.78m(NWI)						
5 Maitlyn Thomsen	SO	Doane	4.66m	NWI	15-03.50	469
4.41m(NWI) 4.66m(NWI) 4.38m(NWI)						
6 Ashley Cook	FR	Doane	4.65m	NWI	15-03.25	466
4.24m(NWI) 4.65m(NWI) 4.64m(NWI)						
6 Sophia Hoelz	FR	Concordia (Neb.)	4.65m	NWI	15-03.25	466
4.65m(NWI) 4.61m(NWI) FOUL						
8 Aurora Arevalo	SO	Morningside	4.58m	NWI	15-00.50	448
4.58m(NWI) FOUL 4.35m(NWI)						
9 Blair Hofstetter	SO	Hastings	4.42m	NWI	14-06.00	408
4.42m(NWI) 4.30m(NWI) FOUL						
10 Katherine Staab	FR	Northwestern (Iowa)	4.31m	NWI	14-01.75	381
4.25m(NWI) FOUL 4.31m(NWI)						
11 Viola Ishmael	FR	Mount Marty	4.09m	NWI	13-05.00	329
4.09m(NWI) FOUL 4.05m(NWI)						
12 McKayla Besel	SO	Concordia (Neb.)	3.94m	NWI	12-11.25	294
3.94m(NWI) FOUL FOUL						



GPAC Outdoor Track and Field Championships - 5/5/2017 to 5/6/2017**Memorial Stadium****Results - GPAC Saturday Multi Events****Event 44 Heptathlon: #6 Women Javelin Throw Heptathlon**

GPAC Record: G 40.34m 5/2/2014 Erin DeVries, Doane					
Name	Year	School	Finals	Points	
1 Maitlyn Thomsen	SO	Doane	39.89m	130-10	665
34.04m FOUL 39.89m					
2 Aurora Arevalo	SO	Morningside	37.17m	121-11	613
35.44m 37.17m 35.40m					
3 Blair Hofstetter	SO	Hastings	35.91m	117-10	589
34.10m 35.91m 35.37m					
4 April Faimon	SR	Hastings	33.45m	109-09	542
32.88m 33.45m 32.08m					
5 Anna Beune	JR	Concordia (Neb.)	33.31m	109-03	539
26.34m 33.31m 31.29m					
6 Kamberlyn Lamer	SO	Dakota Wesleyan	30.76m	100-11	491
30.76m 29.32m FOUL					
7 Jessica Deterding	FR	Concordia (Neb.)	30.73m	100-10	490
30.73m 28.36m 29.96m					
8 Ashley Cook	FR	Doane	28.70m	94-02	452
26.90m 27.80m 28.70m					
9 Viola Ishmael	FR	Mount Marty	24.65m	80-10	376
21.72m 23.98m 24.65m					
10 Katherine Staab	FR	Northwestern (Iowa)	24.57m	80-07	374
22.62m FOUL 24.57m					
11 Sophia Hoelz	FR	Concordia (Neb.)	23.51m	77-01	354
20.48m 23.51m 21.88m					
12 McKayla Besel	SO	Concordia (Neb.)	20.53m	67-04	299
19.73m 19.44m 20.53m					

Event 44 Heptathlon: #7 Women 800 Meter Run Heptathlon

GPAC Record: G 2:26.86 5/6/2016 Jessica Fossum, Dakota Wes				
Name	Year	School	Finals	Points
1 Ashley Cook	FR	Doane	2:25.97G	744
2 Maitlyn Thomsen	SO	Doane	2:33.54	649
3 Jessica Deterding	FR	Concordia (Neb.)	2:34.94	632
4 Kamberlyn Lamer	SO	Dakota Wesleyan	2:35.82	622
5 Blair Hofstetter	SO	Hastings	2:38.28	593
6 Aurora Arevalo	SO	Morningside	2:39.57	578
7 Katherine Staab	FR	Northwestern (Iowa)	2:39.81	575
8 Sophia Hoelz	FR	Concordia (Neb.)	2:41.88	551
9 Anna Beune	JR	Concordia (Neb.)	2:43.16	537
10 Viola Ishmael	FR	Mount Marty	2:46.08	505
11 McKayla Besel	SO	Concordia (Neb.)	2:52.91	434
12 April Faimon	SR	Hastings	2:53.03	433



GPAC Outdoor Track and Field Championships - 5/5/2017 to 5/6/2017

Memorial Stadium

Results - GPAC Saturday Multi Events

Event 22 Decathlon: #7 Men Discus Throw Decathlon

GPAC Record: G 37.35m 2013 Brad Higgins, Doane College																
Name	Year	School											Finals	Points		
1 Matthew Bolt		SR Dordt											40.46mG	132-09	674	
	39.65m	40.46m	39.42m													
2 Thomas Matik		SR Concordia (Neb.)											37.45mG	122-10	613	
	37.45m	FOUL	FOUL													
3 Jake Rodgers		FR Concordia (Neb.)											33.52m	110-00	534	
	33.52m	32.59m	32.95m													
4 Nick Harris		SR Briar Cliff											32.81m	107-08	520	
	28.65m	32.25m	32.81m													
5 Gabe Dirksen		SR Dakota Wesleyan											32.25m	105-10	509	
	30.80m	FOUL	32.25m													
6 Calvin Korver		FR Northwestern (Iowa)											31.72m	104-01	498	
	28.81m	31.72m	24.75m													
7 Jordan Strand		SR Northwestern (Iowa)											31.33m	102-09	491	
	29.44m	30.00m	31.33m													
8 Levi Sudbeck		FR Doane											30.65m	100-07	477	
	27.00m	30.65m	28.95m													
9 Landon Schmitt		SO Doane											28.35m	93-00	432	
	28.35m	26.71m	26.25m													
10 Hunter Garrison		SO Midland											26.87m	88-02	403	
	25.76m	26.87m	25.81m													
11 Jake Auerbach		SR Northwestern (Iowa)											25.11m	82-04	369	
	19.03m	FOUL	25.11m													
12 Matthew Wieser		SO Doane											23.75m	77-11	343	
	23.14m	23.75m	FOUL													
13 Matthew Johnson		SO Northwestern (Iowa)											21.97m	72-01	309	
	21.97m	18.73m	21.51m													

Event 22 Decathlon: #8 Men Pole Vault Decathlon

GPAC Record: G 4.70m 2015 Brandon Ramos, Concordia University																
Name	Year	School											Finals	Points		
1 Levi Sudbeck		FR Doane											4.60m	15-01.00	790	
	3.30	3.40	3.50	3.60	3.70	3.80	3.90	4.00	4.10	4.20	4.30	4.40	4.50	4.60	4.70	
	P	P	P	P	P	P	P	XO	P	P	XXO	XO	O	XO	XXX	
2 Gabe Dirksen		SR Dakota Wesleyan											4.10m	13-05.25	645	
	2.50	2.60	2.70	2.80	2.90	3.00	3.10	3.20	3.30	3.70	3.80	3.90	4.00	4.10	4.20	
	P	P	P	P	P	P	P	P	P	P	O	O	XXO	O	XXX	
3 Thomas Matik		SR Concordia (Neb.)											4.00m	13-01.50	617	
	3.30	3.40	3.50	3.60	3.70	3.80	3.90	4.00	4.10							
	P	P	P	P	O	P	XXO	XXO	XXX							
4 Hunter Garrison		SO Midland											3.90m	12-09.50	590	
	2.60	2.70	2.80	2.90	3.00	3.10	3.20	3.30	3.40	3.50	3.60	3.70	3.80	3.90	4.00	
	P	P	P	P	P	P	P	O	O	O	O	O	O	XXO	XXX	
5 Calvin Korver		FR Northwestern (Iowa)											3.80m	12-05.50	562	
	3.00	3.10	3.20	3.30	3.40	3.50	3.60	3.70	3.80	3.90						
	O	P	O	O	O	O	XO	O	XXO	XXX						



GPAC Outdoor Track and Field Championships - 5/5/2017 to 5/6/2017

Memorial Stadium

Results - GPAC Saturday Multi Events

....Event 22 Decathlon: #8 Men Pole Vault Decathlon

6	Landon Schmitt	SO Doane	3.70m	12-01.50	535
	2.60 2.70 2.80 2.90 3.00 3.10 3.20 3.30 3.40 3.50 3.60 3.70 3.80				
	P P P P O P O O O O XXO XXO XXX				
7	Matthew Wieser	SO Doane	3.60m	11-09.75	509
	2.60 2.70 2.80 2.90 3.00 3.10 3.20 3.30 3.40 3.50 3.60 3.70				
	O P O P XXO O O O O O O XXX				
8	Jake Auerbach	SR Northwestern (Iowa)	3.50m	11-05.75	482
	2.80 2.90 3.00 3.10 3.20 3.30 3.40 3.50 3.60				
	O P O O O O O O XXX				
9	Matthew Johnson	SO Northwestern (Iowa)	3.30m	10-10.00	431
	2.60 2.70 2.80 2.90 3.00 3.10 3.20 3.30 3.40				
	O P O O O XXO O XXO XXX				
10	Nick Harris	SR Briar Cliff	3.20m	10-06.00	406
	2.60 2.70 2.80 2.90 3.00 3.10 3.20 3.30				
	O P O P XO O O XXX				
11	Jake Rodgers	FR Concordia (Neb.)	2.90m	9-06.25	333
	2.10 2.20 2.30 2.40 2.50 2.60 2.70 2.80 2.90 3.00				
	O P P O P XO O XO XXO XXX				
12	Matthew Bolt	SR Dordt	2.10m	6-10.75	159
	2.10 2.20 2.30 2.40 2.50 2.60 2.70 2.80 2.90 3.00 3.10 3.20 3.30 3.40 3.50 3.60 3.70				
	O P P P P P P P P P P P P P P P P P				
--	Jordan Strand	SR Northwestern (Iowa)	DNS		
	2.60 2.70 2.80				
	P P P				

Event 22 Decathlon: #9 Men Javelin Throw Decathlon

=====						
GPAC Record: G 57.33m 2015 Kale Wolken, Doane College						
	Name	Year School	Finals		Points	
=====						
1	Thomas Matik	SR Concordia (Neb.)	49.44m	162-02	580	
	47.17m 42.83m 49.44m					
2	Jake Rodgers	FR Concordia (Neb.)	49.29m	161-08	578	
	46.59m 49.29m FOUL					
3	Gabe Dirksen	SR Dakota Wesleyan	47.17m	154-09	547	
	47.17m 42.43m FOUL					
4	Landon Schmitt	SO Doane	45.72m	150-00	526	
	42.48m 45.72m FOUL					
5	Calvin Korver	FR Northwestern (Iowa)	44.52m	146-01	508	
	39.81m 40.22m 44.52m					
6	Nick Harris	SR Briar Cliff	44.49m	145-11	508	
	42.70m 41.13m 44.49m					
7	Levi Sudbeck	FR Doane	44.37m	145-07	506	
	39.89m 44.37m 41.81m					
8	Hunter Garrison	SO Midland	41.35m	135-08	462	
	FOUL 40.36m 41.35m					
9	Matthew Wieser	SO Doane	40.68m	133-05	452	
	37.81m 37.92m 40.68m					
10	Jake Auerbach	SR Northwestern (Iowa)	40.35m	132-04	447	
	36.30m 38.75m 40.35m					



GPAC Outdoor Track and Field Championships - 5/5/2017 to 5/6/2017**Memorial Stadium****Results - GPAC Saturday Multi Events****....Event 22 Decathlon: #9 Men Javelin Throw Decathlon**

11 Matthew Johnson	SO Northwestern (Iowa)	37.76m	123-11	410
32.05m 37.76m 37.64m				
12 Matthew Bolt	SR Dordt	27.05m	88-09	258
27.05m FOUL FOUL				
-- Jordan Strand	SR Northwestern (Iowa)	DNS		

Event 22 Decathlon: #10 Men 1500 Meter Run Decathlon

GPAC Record: G 4:30.23 2012 Grant Aden, Morningside				
Name	Year School	Finals	Points	
1 Matthew Wieser	SO Doane	4:33.07	725	
2 Nick Harris	SR Briar Cliff	4:48.84	626	
3 Landon Schmitt	SO Doane	4:51.44	610	
4 Jake Auerbach	SR Northwestern (Iowa)	4:56.11	582	
5 Thomas Matik	SR Concordia (Neb.)	4:57.81	572	
6 Calvin Korver	FR Northwestern (Iowa)	5:01.05	554	
7 Levi Sudbeck	FR Doane	5:11.77	494	
8 Hunter Garrison	SO Midland	5:15.19	475	
9 Matthew Johnson	SO Northwestern (Iowa)	5:16.03	471	
10 Gabe Dirksen	SR Dakota Wesleyan	5:22.59	437	
11 Jake Rodgers	FR Concordia (Neb.)	5:48.63	312	
-- Jordan Strand	SR Northwestern (Iowa)	DNF		
-- Matthew Bolt	SR Dordt	DNF		

Women - Team Rankings - 22 Events Scored

1) Doane	217	2) Hastings	189
3) Concordia (Neb.)	148	4) Dordt	97.50
5) Northwestern (Iowa)	86.50	6) Morningside	84
7) Dakota Wesleyan	15	8) Briar Cliff	9
9) Midland	7	10) Mount Marty	5

Men - Team Rankings - 22 Events Scored

1) Doane	219	2) Concordia (Neb.)	156.50
3) Morningside	124.50	4) Northwestern (Iowa)	95
5) Midland	84	6) Dordt	72
7) Briar Cliff	44	7) Hastings	44
9) Dakota Wesleyan	15	10) Mount Marty	4



GPAC Outdoor Track and Field Championships - 5/5/2017 to 5/6/2017**Memorial Stadium****Results - GPAC Outdoor Championship Saturday Events****Event 40 Women Shot Put**

9 to Final

GPAC Record: G 15.20m 5/3/2014 Jennifer Maag, Hastings

Name	Year	School	Finals	Points
Finals				
1 Samantha Liermann	SO	Concordia (Neb.)	14.65m 48-00.75	10
13.24m 13.86m FOUL	13.85m 14.44m 14.65m			
2 Kali Robb	SR	Concordia (Neb.)	14.46m 47-05.25	8
13.32m 14.46m FOUL	FOUL FOUL FOUL			
3 Sara Olsen	JR	Hastings	14.43m 47-04.25	6
13.88m 13.82m FOUL	14.17m 14.43m FOUL			
4 Kelbie Lyon	SO	Hastings	14.12m 46-04.00	5
13.04m 13.34m FOUL	13.34m 13.94m 14.12m			
5 Eboni Nash	SO	Hastings	13.64m 44-09.00	4
13.43m FOUL FOUL	13.58m FOUL 13.64m			
6 Adrianna Shaw	FR	Concordia (Neb.)	13.57m 44-06.25	3
12.04m 12.63m 13.07m	FOUL FOUL 13.57m			
7 Kate Grint	FR	Doane	13.45m 44-01.50	2
13.45m FOUL FOUL	FOUL 12.87m FOUL			
8 Jasmine Eickhoff	SO	Concordia (Neb.)	13.06m 42-10.25	1
12.77m 12.90m FOUL	13.06m FOUL 12.99m			
9 Teeka Thompson	SR	Hastings	13.04m 42-09.50	
12.48m 13.04m FOUL	FOUL FOUL FOUL			
10 Nicole Ramaekers	JR	Hastings	12.50m 41-00.25	
FOUL 12.50m FOUL				
11 Johanna Ragland	SO	Concordia (Neb.)	12.41m 40-08.75	
11.56m 12.39m 12.41m				
12 Jacy Embray	SO	Concordia (Neb.)	12.35m 40-06.25	
11.81m 12.35m 12.34m				
13 Abby Stogdill	FR	Midland	12.25m 40-02.25	
12.25m FOUL 11.94m				
14 Mikaela Stofferahn	FR	Dakota Wesleyan	12.09m 39-08.00	
11.75m 11.85m 12.09m				
15 Kaylee Blake	SR	Briar Cliff	11.94m 39-02.25	
FOUL 11.94m 11.64m				
16 Andrea Urban	JR	Briar Cliff	11.64m 38-02.25	
11.27m FOUL 11.64m				
17 Darbi Gustafson	FR	Northwestern (Iowa)	11.40m 37-05.00	
1.35m 11.40m FOUL				
18 Kristen Jennings	FR	Dakota Wesleyan	11.18m 36-08.25	
10.92m 11.18m FOUL				
19 McKenzie Mustion	SO	Midland	10.99m 36-00.75	
10.99m 10.62m 10.61m				
20 Molly Cunard	JR	Northwestern (Iowa)	10.48m 34-04.75	
9.91m 9.72m 10.48m				
21 Hannah Morgan	SO	Northwestern (Iowa)	10.20m 33-05.75	
9.92m 10.20m 9.55m				
22 Keely Parish	SO	Hastings	1.32m 4-04.00	
1.32m FOUL FOUL				



GPAC Outdoor Track and Field Championships - 5/5/2017 to 5/6/2017

Memorial Stadium

Results - GPAC Outdoor Championship Saturday Events

....Event 40 Women Shot Put

-- Bethany Shaw	FR Concordia (Neb.)	FOUL
FOUL FOUL FOUL		
-- Meagan Andersen	JR Morningside	DNS
-- Heidi Frazee	SO Dakota Wesleyan	SCR

Event 19 Men Discus Throw

9 to Final

GPAC Record: G 57.85m 2013 Zach Lindsley, Doane

Name	Year	School	Finals	Points
1 Zachary Lurz	SR	Concordia (Neb.)	52.71m	172-11 10
49.04m 51.00m 52.71m 52.02m 50.75m 52.42m				
2 Zach Brittain	SO	Doane	51.01m	167-04 8
51.01m 50.15m 50.33m 50.98m FOUL 50.11m				
3 Cody Boellstorff	SR	Concordia (Neb.)	48.91m	160-05 6
47.94m 48.91m 45.73m FOUL FOUL FOUL				
4 Ben Berreckman	JR	Doane	47.86m	157-00 5
44.66m 43.45m 44.78m 47.04m 44.45m 47.86m				
5 Trevor Westhoff	SO	Briar Cliff	47.09m	154-06 4
FOUL 47.09m FOUL FOUL FOUL FOUL				
6 Nathan Houser	SO	Midland	46.46m	152-05 3
FOUL FOUL 46.46m FOUL FOUL FOUL				
7 Reid Kirilin	SO	Midland	45.75m	150-01 2
42.41m FOUL 44.76m FOUL 45.33m 45.75m				
8 Colton Tracy	JR	Morningside	45.42m	149-00 1
43.24m 42.37m 44.83m 45.42m 42.96m 43.61m				
9 Jacob Cornelio	FR	Concordia (Neb.)	45.13m	148-01
34.70m 43.98m 45.13m FOUL 43.56m 44.57m				
10 Ike Van Kempen	SO	Dordt	44.72m	146-09
35.09m 43.04m 44.72m				
11 Dalton Bichlmeier	SR	Doane	44.69m	146-07
43.18m 44.69m 42.82m				
12 Cody Bauman	JR	Northwestern (Iowa)	43.93m	144-01
43.93m FOUL 42.64m				
13 Alex Wellington	JR	Hastings	43.50m	142-08
43.50m FOUL 43.39m				
14 Philip Kreutzer	SR	Concordia (Neb.)	43.22m	141-09
40.15m 41.71m 43.22m				
15 Carter Van Gorp	FR	Northwestern (Iowa)	42.23m	138-06
40.39m FOUL 42.23m				
16 Ben Bajema	JR	Dordt	42.01m	137-10
40.90m 42.01m FOUL				
17 Chris Svoboda	JR	Doane	39.97m	131-02
39.97m 39.74m 39.44m				
18 Simon Rangel	JR	Doane	39.25m	128-09
37.09m 38.47m 39.25m				
19 Eli Dettmer	JR	Doane	38.17m	125-03
FOUL 38.17m FOUL				



GPAC Outdoor Track and Field Championships - 5/5/2017 to 5/6/2017

Memorial Stadium

Results - GPAC Outdoor Championship Saturday Events

....Event 19 Men Discus Throw

20	Bret Keeler	SO Concordia (Neb.)	37.12m	121-09
	35.36m 35.87m 37.12m			
21	Alex Shockey	FR Midland	36.52m	119-10
	34.55m 36.52m 34.05m			
22	Dustin Peasley	SO Briar Cliff	35.78m	117-05
	FOUL FOUL 35.78m			
23	David Davelaar	JR Dordt	34.48m	113-01
	FOUL 34.48m FOUL			
24	Garrett Clark	FR Doane	32.01m	105-00
	32.01m FOUL FOUL			
--	James Anderson	FR Northwestern (Iowa)	SCR	
--	Rudy Marquez	FR Hastings	SCR	
--	Kyler Schmitt	SO Dordt	SCR	
--	Brandon Schreur	FR Dordt	SCR	
--	Jerod Peters	FR Concordia (Neb.)	SCR	
--	Grayson Bundick	SR Dordt	SCR	
--	Matthew Gabel	FR Dordt	SCR	

Event 16 Men High Jump

1.84-1.89-1.94-1.99-2.04-2.07-2.10

GPAC Record: G 2.20m 1973 Kurt Nielsen, Nebraksa Wesleyan

Name	Year	School	Finals	Points
1 Dakarai Hightower		JR Doane	2.13m	6-11.75 10
	1.84 1.89 1.94 1.99 2.04 2.07 2.10 2.13 2.16			
	P P P XO XO O O O XXX			
2 Jacob Moats		SR Dordt	J2.13m	6-11.75 8
	1.84 1.89 1.94 1.99 2.04 2.07 2.10 2.13 2.16			
	P P P O P XO O XO XXX			
3 Jackson Johnson		FR Northwestern (Iowa)	1.99m	6-06.25 6
	1.84 1.89 1.94 1.99 2.04			
	P O O XXO XXX			
4 Austin Becker		FR Doane	1.94m	6-04.25 4.50
	1.84 1.89 1.94 1.99			
	P O O XXX			
4 Reece Jackson		SO Morningside	1.94m	6-04.25 4.50
	1.84 1.89 1.94 1.99			
	O O O XXX			
6 Corey Bird		SO Doane	J1.94m	6-04.25 3
	1.84 1.89 1.94 1.99			
	O O XXO XXX			
7 Benjamin Pratt		FR Concordia (Neb.)	1.89m	6-02.25 1.50
	1.84 1.89 1.94			
	XO XXO XXX			
7 Levi Sudbeck		FR Doane	1.89m	6-02.25 1.50
	1.84 1.89 1.94			
	XO XXO XXX			



GPAC Outdoor Track and Field Championships - 5/5/2017 to 5/6/2017

Memorial Stadium

Results - GPAC Outdoor Championship Saturday Events

....Event 16 Men High Jump

9	Antonio Flores	FR Concordia (Neb.)	1.84m	6-00.50
	1.84 1.89			
	O XXX			
10	Matt Stankoski	FR Midland	J1.84m	6-00.50
	1.84 1.89			
	XO XXX			
10	Trey Rongisch	FR Midland	J1.84m	6-00.50
	1.84 1.89			
	XO XXX			
12	Devin Millen	FR Mount Marty	J1.84m	6-00.50
	1.84 1.89			
	XXO XXX			
12	Jared Rabenberg	FR Dakota Wesleyan	J1.84m	6-00.50
	1.84 1.89			
	XXO XXX			
--	Jordan Folkerts	JR Dordt	NH	
	1.84			
	XXX			
--	Andrew Plunkett	FR Hastings	NH	
	1.84			
	XXX			

Event 37 Women Triple Jump

9 to Final

GPAC Record: G 12.58m 2004 Rochelle Schmidt, Doane College

Name	Year School	Finals	Wind	Points
1 Shantinique Cunningham	SO Hastings	11.14m	NWI 36-06.75	10
		11.04m(NWI) 11.06m(NWI) 10.95m(NWI) 10.96m(NWI) 10.91m(NWI) 11.14m(NWI)		
2 Julia Reed	JR Doane	J11.14m	NWI 36-06.75	8
		10.45m(NWI) 10.84m(NWI) 10.71m(NWI) 10.34m(NWI) FOUL 11.14m(NWI)		
3 Jaysa Hoins	SO Doane	10.93m	NWI 35-10.50	6
		10.58m(NWI) 10.93m(NWI) 10.76m(NWI) 10.48m(NWI) FOUL FOUL		
4 Jessica Deterding	FR Concordia (Neb.)	10.84m	NWI 35-06.75	5
		10.81m(NWI) FOUL 10.74m(NWI) 10.81m(NWI) 10.84m(NWI) 10.67m(NWI)		
5 Leah Larson	SO Concordia (Neb.)	J10.84m	NWI 35-06.75	4
		10.15m(NWI) 10.46m(NWI) 10.60m(NWI) 10.61m(NWI) 10.55m(NWI) 10.84m(NWI)		
6 Raquelle Mouw	JR Dordt	10.63m	NWI 34-10.50	3
		10.54m(NWI) 10.63m(NWI) 10.16m(NWI) 10.42m(NWI) FOUL 10.26m(NWI)		
7 Kristen Longville	SO Dakota Wesleyan	10.59m	NWI 34-09.00	2
		FOUL 10.48m(NWI) FOUL FOUL FOUL 10.59m(NWI)		
8 Jasey Hartman	SO Doane	10.30m	NWI 33-09.50	1
		10.02m(NWI) 10.30m(NWI) 10.06m(NWI) 10.21m(NWI) 10.25m(NWI) 9.85m(NWI)		
9 Jordan Graviette	SO Hastings	10.23m	NWI 33-06.75	
		9.67m(NWI) 10.20m(NWI) FOUL 10.23m(NWI) 9.92m(NWI) 10.22m(NWI)		
10 Reganne Markle	FR Hastings	10.14m	NWI 33-03.25	
		10.10m(NWI) 9.91m(NWI) 10.14m(NWI)		
11 Tami Myers	SO Doane	9.87m	NWI 32-04.75	
		9.71m(NWI) 9.68m(NWI) 9.87m(NWI)		



GPAC Outdoor Track and Field Championships - 5/5/2017 to 5/6/2017**Memorial Stadium****Results - GPAC Outdoor Championship Saturday Events****....Event 37 Women Triple Jump**

12	Jacqui Balt	FR Dordt	J9.87m	NWI	32-04.75
	9.55m(NWI)	9.60m(NWI)	9.87m(NWI)		
13	Jackie Griffin	JR Northwestern (Iowa)	9.40m	NWI	30-10.25
	9.37m(NWI)	9.40m(NWI)	FOUL		
14	Viola Ishmael	FR Mount Marty	8.71m	NWI	28-07.00
	FOUL	FOUL	8.71m(NWI)		

Event 18 Men Shot Put

9 to Final						
GPAC Record: G 18.04m 2010 Scott Fritz, Hastings College						
Name	Year	School	Finals	Points		
1 Alex Wellington	JR	Hastings	17.68m	58-00.25	10	
	16.54m	17.68m	FOUL	FOUL	17.25m	17.47m
2 Zach Brittain	SO	Doane	17.40m	57-01.00	8	
	17.17m	17.23m	FOUL	FOUL	FOUL	17.40m
3 Seth Sabata	SO	Midland	17.06m	55-11.75	6	
	17.06m	FOUL	FOUL	FOUL	FOUL	FOUL
4 Zachary Lurz	SR	Concordia (Neb.)	16.99m	55-09.00	5	
	16.42m	FOUL	FOUL	16.89m	16.99m	FOUL
5 Cody Bauman	JR	Northwestern (Iowa)	15.90m	52-02.00	4	
	15.20m	FOUL	FOUL	15.40m	15.28m	15.90m
6 Ben Berreckman	JR	Doane	15.85m	52-00.00	3	
	FOUL	14.46m	15.85m	FOUL	FOUL	14.95m
7 Cody Boellstorff	SR	Concordia (Neb.)	15.65m	51-04.25	2	
	15.65m	FOUL	FOUL	15.33m	FOUL	FOUL
8 Chris Svoboda	JR	Doane	15.45m	50-08.25	1	
	15.20m	FOUL	14.98m	FOUL	FOUL	15.45m
9 Simon Rangel	JR	Doane	15.02m	49-03.50		
	14.73m	FOUL	14.56m	15.02m	14.81m	FOUL
10 Philip Kreutzer	SR	Concordia (Neb.)	14.44m	47-04.50		
	14.44m	FOUL	FOUL			
11 Grayson Bundick	SR	Dordt	14.41m	47-03.50		
	14.41m	14.18m	13.96m			
12 Jerod Peters	FR	Concordia (Neb.)	13.77m	45-02.25		
	13.77m	FOUL	13.58m			
13 JC Haight	FR	Briar Cliff	13.65m	44-09.50		
	13.43m	13.50m	13.65m			
14 Garrett Clark	FR	Doane	13.50m	44-03.50		
	13.50m	FOUL	13.49m			
15 Blaine Morrow	SO	Hastings	13.44m	44-01.25		
	FOUL	FOUL	13.44m			
16 Kyler Schmitt	SO	Dordt	12.92m	42-04.75		
	12.44m	FOUL	12.92m			
17 Brandon Schreur	FR	Dordt	12.88m	42-03.25		
	FOUL	12.88m	12.69m			
18 Carter Van Gorp	FR	Northwestern (Iowa)	12.80m	42-00.00		
	12.80m	FOUL	FOUL			



GPAC Outdoor Track and Field Championships - 5/5/2017 to 5/6/2017**Memorial Stadium****Results - GPAC Outdoor Championship Saturday Events****....Event 18 Men Shot Put**

19	James Anderson	FR Northwestern (Iowa)	12.18m	39-11.50
	11.20m 12.01m 12.18m			
20	Nick Raab	SO Dakota Wesleyan	11.60m	38-00.75
	11.31m 11.31m 11.60m			
--	Reid Kirlin	SO Midland	FOUL	
	FOUL FOUL FOUL			
--	Jacob Cornelio	FR Concordia (Neb.)	FOUL	
	FOUL FOUL FOUL			
--	Matthew Gabel	FR Dordt	DNS	
--	Grady Klein	FR Morningside	DNS	
--	Grahm Kenobbie	FR Northwestern (Iowa)	SCR	

Event 41 Women Discus Throw

9 to Final

GPAC Record: G 51.24m 5/2/2009 Laura Wortmann, Mount Marty

Name	Year	School	Finals	Points
1 Katricia Svoboda	SR	Concordia (Neb.)	47.56m	156-00 10
	45.25m 44.97m 44.83m 45.24m 45.37m 47.56m			
2 Nicole Ramaekers	JR	Hastings	46.06m	151-01 8
	43.04m 46.06m FOUL 44.67m FOUL FOUL			
3 Keely Parish	SO	Hastings	45.37m	148-10 6
	43.90m 41.15m 44.24m 42.98m 45.33m 45.37m			
4 Adrianna Shaw	FR	Concordia (Neb.)	45.15m	148-01 5
	40.91m FOUL 45.15m FOUL 42.63m 43.19m			
5 Kate Grint	FR	Doane	44.02m	144-05 4
	43.53m 44.02m FOUL FOUL 41.48m 42.39m			
6 Kaylee Blake	SR	Briar Cliff	43.78m	143-08 3
	41.67m 43.78m 41.54m 42.44m 43.08m 42.61m			
7 Carley Skopera	SO	Concordia (Neb.)	41.61m	136-06 2
	41.61m FOUL FOUL 41.28m FOUL 41.50m			
8 Jan Steinbrueck	JR	Concordia (Neb.)	41.38m	135-09 1
	37.88m 40.27m 41.38m 40.19m FOUL 39.88m			
9 Kaylee Van Voorst	JR	Morningside	39.53m	129-08
	39.53m 37.41m 38.82m 36.97m FOUL FOUL			
10 Amy Migl	FR	Concordia (Neb.)	39.51m	129-07
	36.21m 39.24m 39.51m			
11 Mikaela Stofferahn	FR	Dakota Wesleyan	38.94m	127-09
	36.46m 37.92m 38.94m			
12 Samantha Liermann	SO	Concordia (Neb.)	38.62m	126-08
	38.62m FOUL 3.79m			
13 Jacy Embray	SO	Concordia (Neb.)	38.39m	125-11
	38.39m FOUL 38.19m			
14 Casey Schuster	SR	Morningside	38.10m	125-00
	37.37m FOUL 38.10m			
15 Hannah Morgan	SO	Northwestern (Iowa)	37.46m	122-11
	37.46m 37.06m 36.86m			
16 Bethany Shaw	FR	Concordia (Neb.)	37.45m	122-10
	FOUL FOUL 37.45m			



GPAC Outdoor Track and Field Championships - 5/5/2017 to 5/6/2017

Memorial Stadium

Results - GPAC Outdoor Championship Saturday Events

....Event 41 Women Discus Throw

17 Teryn Koch	FR Doane	36.89m	121-00
36.89m FOUL 36.23m			
18 Christina Vanderbyl	SR Northwestern (Iowa)	36.86m	120-11
36.86m 34.69m 35.44m			
19 Eboni Nash	SO Hastings	35.78m	117-05
33.68m 35.78m FOUL			
20 McKenzie Mustion	SO Midland	35.52m	116-06
32.27m 35.52m 33.14m			
21 Mary Ware	SO Hastings	35.09m	115-01
33.50m 35.09m FOUL			
22 Bekah Mead	SR Dordt	31.73m	104-01
31.73m FOUL FOUL			
-- Teeka Thompson	SR Hastings	FOUL	
FOUL FOUL FOUL			
-- Meagan Andersen	JR Morningside	DNS	
-- Molly Cunard	JR Northwestern (Iowa)	SCR	
-- DaNeila Jensen	FR Mount Marty	SCR	
-- Andrea Urban	JR Briar Cliff	SCR	
-- Madelyn Vogel	FR Doane	SCR	
-- Heidi Frazee	SO Dakota Wesleyan	SCR	
-- Kristen Jennings	FR Dakota Wesleyan	SCR	
-- Brynlee Loptin	FR Morningside	SCR	
-- Laura Grasman	SO Dordt	SCR	
-- Sarah Goyne	FR Dordt	SCR	

Event 38 Women High Jump

1.45-1.50-1.55-1.60-1.65-1.68-1.71

GPAC Record: G 1.78m 1992 Kim Oden / Katie Jasa, NWU / Doane College

Name	Year School	Finals	Points
1 Shay Brown	SO Doane	1.68m	5-06.00 10
1.45 1.50 1.55 1.60 1.65 1.68 1.71			
P P O XO XXO O XXX			
2 Savanna Rosenbaum	SO Hastings	1.65m	5-05.00 8
1.45 1.50 1.55 1.60 1.65 1.68			
P P P O O XXX			
3 Alexis Dale	FR Doane	1.60m	5-03.00 5.50
1.45 1.50 1.55 1.60 1.65			
P P O O XXX			
3 Joscelyn Wind	SO Dordt	1.60m	5-03.00 5.50
1.45 1.50 1.55 1.60 1.65			
P O XO O XXX			
5 Hannah Paauw	FR Northwestern (Iowa)	1.55m	5-01.00 3
1.45 1.50 1.55 1.60			
O XO XXO XXX			
5 Nicole White	SO Doane	1.55m	5-01.00 3
1.45 1.50 1.55 1.60			
P O XO XXX			



GPAC Outdoor Track and Field Championships - 5/5/2017 to 5/6/2017

Memorial Stadium

Results - GPAC Outdoor Championship Saturday Events

....Event 38 Women High Jump

5	Claire Sintek	SO Doane	1.55m	5-01.00	3
	1.45 1.50 1.55 1.60				
	P P XXO XXX				
8	Hannah Allfree	FR Doane	1.50m	4-11.00	0.50
	1.45 1.50 1.55				
	O O XXX				
8	Katie Te Grotenhuis	FR Northwestern (Iowa)	1.50m	4-11.00	0.50
	1.45 1.50 1.55				
	O O XXX				
10	Katrina Engebretson	FR Northwestern (Iowa)	1.45m	4-09.00	
	1.45 1.50				
	XO XXX				
10	Sophia Hoelz	FR Concordia (Neb.)	1.45m	4-09.00	
	1.45 1.50				
	XO XXX				
--	Katherine Glenn	FR Mount Marty	NH		
	1.45				
	XXX				
--	Allison Brooks	SO Concordia (Neb.)	NH		
	1.45 1.50 1.55				
	P P XXX				
--	Andrea Sokolowski	FR Dakota Wesleyan	NH		
	1.45				
	XXX				
--	Payton Coon	SO Midland	NH		
	1.45				
	XXX				
--	Meghan Travis	SO Dakota Wesleyan	NH		
	1.45				
	XXX				
--	Madison Reed	FR Morningside	DNS		

Event 15 Men Triple Jump

9 to Final

GPAC Record: G 15.25m 1976 Jim Glen, Nebraska Wesleyan

Name	Year	School	Finals	Wind	Points
1 De'Andre Miller	JR	Doane	14.58m	NWI 47-10.00	10
			13.34m(NWI) 13.69m(NWI) 14.41m(NWI) FOUL FOUL	14.58m(NWI)	
2 Henry Arnold	FR	Doane	14.45m	NWI 47-05.00	8
			13.87m(NWI) FOUL FOUL 13.53m(NWI) 14.08m(NWI) 14.45m(NWI)		
3 Trey Rongisch	FR	Midland	13.64m	NWI 44-09.00	6
			FOUL 13.59m(NWI) FOUL FOUL FOUL 13.64m(NWI)		
4 Shingai Kusena	JR	Doane	13.63m	NWI 44-08.75	5
			FOUL 13.63m(NWI) FOUL 13.49m(NWI) FOUL FOUL		
5 Matthew McCarthy	FR	Doane	13.34m	NWI 43-09.25	4
			13.34m(NWI) 13.20m(NWI) FOUL PASS PASS PASS		
6 Christopher Smith	SO	Doane	13.21m	NWI 43-04.25	3
			13.21m(NWI) 12.19m(NWI) FOUL 12.82m(NWI) 13.04m(NWI) 13.04m(NWI)		



GPAC Outdoor Track and Field Championships - 5/5/2017 to 5/6/2017**Memorial Stadium****Results - GPAC Outdoor Championship Saturday Events****....Event 15 Men Triple Jump**

7	Taylor Beck	FR Concordia (Neb.)	12.96m	NWI	42-06.25	2
	FOUL	12.68m(NWI) 12.80m(NWI) 12.71m(NWI) 12.69m(NWI)	12.96m(NWI)			
8	AB Grijalva	SR Doane	J12.96m	NWI	42-06.25	1
	12.96m(NWI) FOUL	12.50m(NWI) 12.11m(NWI) FOUL	12.68m(NWI)			
9	Trevor Zonnefeld	SR Dordt	12.83m	NWI	42-01.25	
	12.79m(NWI) 12.83m(NWI) FOUL	FOUL FOUL	PASS			
10	Tyrell Reichert	SO Concordia (Neb.)	12.49m	NWI	40-11.75	
	FOUL FOUL	12.49m(NWI)				
11	Paul Hammes	SO Concordia (Neb.)	12.24m	NWI	40-02.00	
	FOUL	12.18m(NWI) 12.24m(NWI)				
12	Jonathan Eggebraaten	SO Northwestern (Iowa)	12.11m	NWI	39-08.75	
	FOUL	12.10m(NWI) 12.11m(NWI)				
13	Dylan Van Denend	FR Dordt	12.08m	NWI	39-07.75	
	12.08m(NWI) 11.72m(NWI) FOUL					
14	Jared Rabenberg	FR Dakota Wesleyan	12.05m	NWI	39-06.50	
	11.67m(NWI) 12.05m(NWI) FOUL					
15	Tim Wager	FR Northwestern (Iowa)	11.78m	NWI	38-07.75	
	11.78m(NWI) 11.78m(NWI) 11.34m(NWI)					
16	Jacob Johnson	SO Northwestern (Iowa)	11.29m	NWI	37-00.50	
	FOUL	11.22m(NWI) 11.29m(NWI)				
17	Cody Davis	SO Mount Marty	11.26m	NWI	36-11.50	
	11.02m(NWI) 11.26m(NWI) 11.20m(NWI)					
18	Tanner Hilbrands	JR Northwestern (Iowa)	J11.26m	NWI	36-11.50	
	10.80m(NWI) 11.26m(NWI) 10.80m(NWI)					
19	Max Contreras	FR Mount Marty	10.08m	NWI	33-01.00	
	FOUL FOUL	10.08m(NWI)				
--	Scott Johnson	SO Concordia (Neb.)	DNS	NWI		

Event 28 Women 3000 Meter Steeplechase

GPAC Record: G 10:47.28 5/7/2016 Marissa DeWispelare, Doane

Name	Year School	Finals	Points
1 Marissa DeWispelare	SR Doane	10:48.36	10
2 Payton Boer	SO Morningside	11:27.51	8
3 Allison Higgins	JR Morningside	11:37.34	6
4 Logan Sieck	SR Doane	11:43.57	5
5 Natalie Lambert	FR Morningside	11:50.84	4
6 Jessie Johnson	JR Hastings	11:51.01	3
7 Jordyn Visscher	SR Dordt	12:49.33	2
8 Jacy Johnston	SO Concordia (Neb.)	12:50.74	1
9 Genevieve Clark	FR Mount Marty	12:55.78	
10 Rachel Pavelka	JR Midland	12:55.99	
11 Emma Frerichs	SO Doane	13:34.64	
-- Billie Wicks	SO Mount Marty	DNF	



GPAC Outdoor Track and Field Championships - 5/5/2017 to 5/6/2017**Memorial Stadium****Results - GPAC Outdoor Championship Saturday Events****Event 6 Men 3000 Meter Steeplechase**

GPAC Record: G 9:10.35 5/3/2014 Brock Taute, Neb Wesleyan				
Name	Year	School	Finals	Points
1 Sean Skillern	SR	Morningside	9:48.08	10
2 Rosten From	SO	Doane	9:54.83	8
3 Taylor Mueller	SR	Concordia (Neb.)	9:55.07	6
4 Lane Tibbs	JR	Dakota Wesleyan	9:57.48	5
5 Jon Dahlheimer	FR	Morningside	10:00.08	4
6 Kohlton Gabehart	JR	Concordia (Neb.)	10:08.34	3
7 Jaden Lux	JR	Morningside	10:09.51	2
8 Christopher Shelton	SR	Concordia (Neb.)	10:13.19	1
9 Nick Wixon	SO	Mount Marty	10:36.35	
10 Luke Gilliland	FR	Dordt	10:41.96	
11 Cameron Moes	SO	Concordia (Neb.)	10:42.62	
12 Caleb Kroese	FR	Dordt	11:09.07	
13 David Te Krony	JR	Dordt	11:11.28	
14 Christian Schon	FR	Hastings	11:48.14	

Event 33 Women 4x100 Meter Relay

GPAC Record: G 47.00 2011 Dordt College, Dordt College				
K. Kroeze, C. Vanderzee, J. Brouwer, B. Wubben				
School			Finals	Points
1 Doane			47.00G	10
1) Rachel Bramhall SR	2) Alyssa Duval FR			
3) Jordan Wietzki SR	4) Kaitlin Bradley JR			
2 Dordt			47.39	8
1) Miranda Velgersdyk JR	2) Joscelyn Wind SO			
3) Pam Regenerus FR	4) Danielle Wubben JR			
3 Hastings			47.49	6
1) Shantinique Cunningham SO	2) Olivia Berks FR			
3) April Faimon SR	4) Caitlyn Cotton FR			
4 Northwestern (Iowa)			48.56	5
1) Jahdai Dunk SR	2) Jana Vermeer SR			
3) Devin Bloemendaal SO	4) Anna Heusinkveld FR			
5 Morningside			49.54	4
1) Eleka Joseph JR	2) Aurora Arevalo SO			
3) Elizabeth Bohlmann JR	4) Megan Ellerbeck FR			
6 Dakota Wesleyan			49.88	3
1) Alyssa Weidler FR	2) Kamberlyn Lamer SO			
3) Meghan Travis SO	4) Kaylynn Anziano FR			
7 Concordia (Neb.)			49.98	2
1) Christine Beune SR	2) Anna Beune JR			
3) Tori Beran SO	4) Miranda Rathjen FR			
8 Briar Cliff			52.12	1
1) Johanna Vaske FR	2) Cassidy Schwab FR			
3) Beccy Dodunski SR	4) Jamie Jacobsen JR			



GPAC Outdoor Track and Field Championships - 5/5/2017 to 5/6/2017**Memorial Stadium****Results - GPAC Outdoor Championship Saturday Events****Event 11 Men 4x100 Meter Relay**

GPAC Record: G 40.58 2011 Doane, Doane College					
B. McCaleb, T. Hodges, C. Busby, B. Lawrence					
School			Finals	H#	Points
1 Morningside			41.52	2	10
1) Perman Wilson FR		2) Will Griffin FR			
3) Klayton Nordeen FR		4) Logan Roberts FR			
2 Northwestern (Iowa)			41.78	2	8
1) Blake Eichmann SO		2) Nathan Wedel JR			
3) Brady Butters FR		4) Levi Te Brink JR			
3 Doane			42.24	2	6
1) Braden Knuth JR		2) Michael Tross SO			
3) Xavier Bridges SO		4) Andrew Klein JR			
4 Concordia (Neb.)			42.30	2	5
1) Christopher Mosely-Hendricks SR	2) Lucas Wiechman SR				
3) Benjamin Hulett JR	4) Jake Rodgers FR				
5 Briar Cliff			42.40	2	4
1) Chad Blank FR	2) Sage Lloyd SO				
3) Matt Holzman SO	4) Tobe Ezimora JR				
6 Dordt			43.01	2	3
1) Marcus Whipper FR	2) Keith Heidema JR				
3) Lucas Van Eps SO	4) Trevor Zonnefeld SR				
7 Midland			43.20	2	2
1) Isaiah Brown FR	2) Travis Phillips Jr. SO				
3) Alex Heuermann SO	4) Cory Thorson SR				
8 Dakota Wesleyan			43.33	2	1
1) Dakota Bodden JR	2) Anthony Fontenot FR				
3) Jon Harmening SO	4) Nathan Bader FR				
9 Hastings			44.50	1	
1) Dillan Haynes FR	2) Ian McDougall SO				
3) Chris Genovez JR	4) Ty Johnson SO				

Event 27 Women 1500 Meter Run

GPAC Record: G 4:37.87 2008 Olivia Johnson, Northwestern					
Name	Year	School	Finals	H#	Points
1 Michelle Mumm	JR	Morningside	4:38.51	2	10
2 Katie Bosch	JR	Northwestern (Iowa)	4:38.96	2	8
3 Justine Van Zee	SR	Dordt	4:38.99	2	6
4 Tiffany Shepherd	SR	Morningside	4:50.80	2	5
5 Cassidy De Jong	SO	Northwestern (Iowa)	4:51.93	2	4
6 Erica De Schiffart	JR	Dordt	4:53.39	2	3
7 Cassie Warner	SO	Morningside	4:54.01	2	2
8 Breanna Harthoorn	FR	Northwestern (Iowa)	4:54.75	2	1
9 Jessie Johnson	JR	Hastings	5:00.06	2	
10 Megan Maaske	SO	Morningside	5:01.19	2	
11 McKenna Rogers	FR	Dakota Wesleyan	5:03.74	2	
12 Olivia Couch	FR	Dordt	5:03.95	1	
13 Khiree Held	FR	Northwestern (Iowa)	5:10.48	2	



GPAC Outdoor Track and Field Championships - 5/5/2017 to 5/6/2017**Memorial Stadium****Results - GPAC Outdoor Championship Saturday Events****....Event 27 Women 1500 Meter Run**

14	Kaitlin Fry	FR Dordt	5:14.30	1
15	Rebekah Hinrichs	FR Concordia (Neb.)	5:15.37	1
16	Sarah Van Wyk	SO Dordt	5:17.81	1
17	Mariah Wills	SR Morningside	5:25.98	1
18	Katlynn Schreiner	JR Morningside	5:33.25	1
19	Paige Borchering	FR Concordia (Neb.)	6:07.85	1
20	Liliana Barrientos	FR Concordia (Neb.)	6:13.74	1
21	Savannah Dietz	FR Concordia (Neb.)	6:23.13	1
--	Anna Schouboe	FR Doane	DNF	1
--	Shelbi Hackbart	JR Concordia (Neb.)	DNS	1

Event 5 Men 1500 Meter Run

=====					
GPAC Record: G 3:50.14		1982	Kregg Einspahr, Concordia University		
Name	Year	School	Finals	H#	Points
=====					
1	Tim Rose	JR Northwestern (Iowa)	3:52.67	2	10
2	Danny Aldaba	JR Midland	3:53.25	2	8
3	Caleb Drake	SR Dordt	3:59.56	2	6
4	Tanner Goetsch	JR Northwestern (Iowa)	4:03.35	2	5
5	Ty Hansen	SO Midland	4:03.37	2	4
6	Hans Epp	JR Northwestern (Iowa)	4:03.93	2	3
7	Tommy Thelen	SR Briar Cliff	4:05.44	2	2
8	Nick Vander Kooi	SR Dordt	4:06.18	2	1
9	Alec DeVries	JR Morningside	4:06.81	2	
10	Thomas Taylor	SO Concordia (Neb.)	4:07.01	2	
11	Riley Schaap	JR Dordt	4:08.94	2	
12	Jeremiah Panec	JR Dakota Wesleyan	4:10.37	1	
13	Keegan Pfau	SO Morningside	4:10.87	1	
14	Alex Van Ginkel	JR Dordt	4:14.02	1	
15	Nolan Kohmetscher	FR Hastings	4:15.86	2	
16	Brandon Sipherd	JR Midland	4:17.63	1	
17	Patrick Wortmann	JR Concordia (Neb.)	4:18.07	1	
18	Chase Bulten	FR Briar Cliff	4:18.75	1	
19	Zach Kollasch	SO Briar Cliff	4:19.70	1	
20	Tanner Dunn	SR Doane	4:21.91	1	
21	Kevin Steiger	JR Dordt	4:22.20	1	
22	Casey McEvoy	JR Briar Cliff	4:23.17	1	
23	Schuyler Malenke	FR Dordt	4:27.69	1	
24	Collin Whalen	FR Mount Marty	4:31.91	1	
--	Isaac Golke	SO Concordia (Neb.)	SCR		
--	Robbie Peterson	FR Concordia (Neb.)	SCR		
--	Ben Aberson	FR Dordt	SCR		
--	Dan Kelly	FR Dordt	SCR		
--	Bryce Blank	SO Dakota Wesleyan	SCR		



GPAC Outdoor Track and Field Championships - 5/5/2017 to 5/6/2017**Memorial Stadium****Results - GPAC Outdoor Championship Saturday Events****Event 31 Women 100 Meter Hurdles**

GPAC Record: G 14.08 1987 Melody Robinson, Midland Lutheran College

GPAC Record: G 14.08 2015 Karen Ettleman

Name	Year	School	Finals	Wind	Points
1 Rachel Bramhall	SR	Doane	14.22	NWI	10
2 Olivia Berks	FR	Hastings	14.55	NWI	8
3 Danielle Wubben	JR	Dordt	14.64	NWI	6
4 Jordan Wietzki	SR	Doane	15.04	NWI	5
5 MacKenzie Keune	FR	Northwestern (Iowa)	15.15	NWI	4
6 April Faimon	SR	Hastings	15.64	NWI	3
7 Jamie Nikodym	SO	Concordia (Neb.)	15.67	NWI	2
8 Caitlin Peterson	JR	Doane	15.88	NWI	1

Event 9 Men 110 Meter Hurdles

GPAC Record: G 14.04 1996 Adam Decker, Nebraska Wesleyan Univ.

Name	Year	School	Finals	Wind	Points
1 Lucas Wiechman	SR	Concordia (Neb.)	14.65	NWI	10
2 Reece Jackson	SO	Morningside	14.66	NWI	8
3 Benjamin Hulett	JR	Concordia (Neb.)	15.03	NWI	6
4 Jacobus Noble	FR	Morningside	15.13	NWI	5
5 Keith Heidema	JR	Dordt	15.24	NWI	4
6 Zach Hickman	SR	Doane	15.29	NWI	3
7 Levi Sudbeck	FR	Doane	15.89	NWI	2
8 Nate Stolze	FR	Doane	16.16	NWI	1

Event 25 Women 400 Meter Dash

GPAC Record: G 53.89 1990 Carol Bailey, Concordia University

Name	Year	School	Finals	H#	Points
1 Miranda Velgersdyk	JR	Dordt	54.65	3	10
2 Rebekah Muilenburg	SO	Northwestern (Iowa)	57.57	3	8
3 Kylie Gokie	SR	Doane	58.08	3	6
4 Quinn Wragge	SO	Concordia (Neb.)	58.16	2	5
5 Emily Harsin	JR	Doane	58.53	3	4
6 Caitlyn Cotton	FR	Hastings	58.82	3	3
7 Kalyn Brannagan	JR	Doane	59.08	3	2
8 Olivia Berks	FR	Hastings	59.56	3	1
9 Rose Pelelo-Ray	SO	Morningside	59.71	3	
10 Amanda Cook	FR	Doane	59.75	2	59.741
11 Miranda Rathjen	FR	Concordia (Neb.)	59.75	2	59.743
12 Kiana Hoff-Au	SO	Mount Marty	59.81	2	
13 Paxton Fiala	SR	Hastings	59.96	2	
14 Danielle Beckmann	SO	Morningside	1:01.57	2	
15 Emily Sorensen	SO	Northwestern (Iowa)	1:01.76	2	
16 Beccy Dodunski	SR	Briar Cliff	1:01.80	1	
17 Taylor Bahensky	FR	Morningside	1:02.09	1	
18 Caitlin Davis	SR	Mount Marty	1:02.22	2	



GPAC Outdoor Track and Field Championships - 5/5/2017 to 5/6/2017**Memorial Stadium****Results - GPAC Outdoor Championship Saturday Events****....Event 25 Women 400 Meter Dash**

19 Clare Kortlever	FR Morningside	1:02.36	1
20 Sonora Foresman	FR Morningside	1:02.75	1
21 Jaci Parriott	FR Doane	1:04.40	1
22 Katrina Engebretson	FR Northwestern (Iowa)	1:04.88	1
23 Angela Dopita	SO Briar Cliff	1:06.12	1

Event 3 Men 400 Meter Dash

GPAC Record: G 47.17 5/11/2007 Chris Wolf, Nebraska Wes.

Name	Year School	Finals	H#	Points
1 Travis Phillips Jr.	SO Midland	48.10	3	10
2 CJ Muller	SR Concordia (Neb.)	48.37	3	8
3 Josiah Eckels	SR Dordt	48.73	3	6
4 Aaron Lemon	JR Northwestern (Iowa)	49.05	3	5
5 Perkins Aiyegbeni	FR Northwestern (Iowa)	49.57	2	4
6 Kyle Pardun	JR Mount Marty	49.58	3	3
7 Levi Te Brink	JR Northwestern (Iowa)	49.78	3	2
8 Lucas Van Eps	SO Dordt	49.96	3	1
9 Nathan Wedel	JR Northwestern (Iowa)	50.03	2	
10 Nathan Matters	SO Concordia (Neb.)	50.11	2	
11 Caleb Herman	SO Dordt	50.13	1	
12 Logan Roberts	FR Morningside	50.24	3	
13 Marcus Whipper	FR Dordt	50.34	1	
14 Ross Rozeboom	SR Dordt	50.35	2	
15 Elijah Dahl	JR Northwestern (Iowa)	50.75	1	
16 Dillon Nerud	SO Doane	50.89	2	
17 James Farnan	JR Morningside	51.17	2	
18 Anthony Fontenot	FR Dakota Wesleyan	51.42	1	51.411
19 Ryan Olson	SO Concordia (Neb.)	51.42	2	51.412
20 Tobe Ezimora	JR Briar Cliff	51.53	2	
21 Mark Bakker	SO Dordt	52.17	1	
22 Brady Stuhmer	SO Doane	52.73	1	
23 John Woruo	FR Concordia (Neb.)	52.92	1	
24 Matt Holzman	SO Briar Cliff	53.18	1	

Event 23 Women 100 Meter Dash

GPAC Record: G 11.71 1988 Carol Bailey, Concordia University

Name	Year School	Finals	Wind	Points
1 Alyssa Duval	FR Doane	12.21	NWI	10
2 Shantinique Cunningham	SO Hastings	12.24	NWI	8
3 Jahdai Dunk	SR Northwestern (Iowa)	12.41	NWI	6
4 Caitlyn Cotton	FR Hastings	12.51	NWI	5
5 Eleka Joseph	JR Morningside	12.55	NWI	4
6 Kaitlin Bradley	JR Doane	12.58	NWI	3
7 Christine Beune	SR Concordia (Neb.)	12.74	NWI	2
8 Caitlin Peterson	JR Doane	12.86	NWI	1



GPAC Outdoor Track and Field Championships - 5/5/2017 to 5/6/2017**Memorial Stadium****Results - GPAC Outdoor Championship Saturday Events****Event 1 Men 100 Meter Dash**

GPAC Record: G 10.34 2001 Jamey Sperle, Dakota Wesleyan Univ.					
Name	Year	School	Finals	Wind	Points
1 Perman Wilson	FR	Morningside	10.92	NWI	10
2 Michael Tross	SO	Doane	10.96	NWI	8
3 Andrew Klein	JR	Doane	10.98	NWI	6
4 Antonio Duncan	SR	Hastings	11.04	NWI	5
5 Xavier Bridges	SO	Doane	11.08	NWI	4
6 Klayton Nordeen	FR	Morningside	11.10	NWI	3
7 Will Griffin	FR	Morningside	11.14	NWI	2
8 Sage Lloyd	SO	Briar Cliff	11.15	NWI	1

Event 26 Women 800 Meter Run

GPAC Record: G 2:11.81 5/11/2007 Ellie Windle, Doane College					
Name	Year	School	Finals	H#	Points
1 Katie Bosch	JR	Northwestern (Iowa)	2:13.13	3	10
2 Justine Van Zee	SR	Dordt	2:14.25	3	8
3 Katie Landhuis	JR	Northwestern (Iowa)	2:15.67	3	6
4 Kylee Smallfoot	JR	Midland	2:16.80	3	5
5 Jenna Wilgenburg	SO	Dordt	2:17.18	3	4
6 Kelsey Lewis	SR	Dordt	2:18.16	3	3
7 Delaney Lemkau	SO	Doane	2:19.53	3	2
8 Michelle Mumm	JR	Morningside	2:19.89	3	1
9 Breanna Harthoorn	FR	Northwestern (Iowa)	2:21.35	2	
10 Marti Vlasin	SR	Concordia (Neb.)	2:21.60	2	
11 Kassidy De Jong	SO	Northwestern (Iowa)	2:24.95	2	
12 Sam Sinclair	JR	Northwestern (Iowa)	2:26.74	2	
13 Jamie Jacobsen	JR	Briar Cliff	2:27.29	2	
14 Natalie Lambert	FR	Morningside	2:27.84	2	
15 Megan Maaske	SO	Morningside	2:29.14	2	
16 Shailhyn Schweigert	JR	Dakota Wesleyan	2:32.73	1	
17 Brianna Hallmark	SR	Concordia (Neb.)	2:33.90	1	
18 Jaci Parriott	FR	Doane	2:35.48	1	
19 Rebekah Hinrichs	FR	Concordia (Neb.)	2:41.29	1	
20 Paige Borcharding	FR	Concordia (Neb.)	3:00.17	1	
21 Liliana Barrientos	FR	Concordia (Neb.)	3:04.85	1	
22 Hillary Chaisson	FR	Doane	3:07.21	1	
23 Savannah Dietz	FR	Concordia (Neb.)	3:24.59	1	
-- Sarah Kottwitz	JR	Doane	DNS	2	

Event 4 Men 800 Meter Run

GPAC Record: G 1:50.60 2011 Monte Larsen, Morningside					
Name	Year	School	Finals	H#	Points
1 Alan Varela	SO	Doane	1:52.67	3	10
2 Jacob Green	JR	Morningside	1:53.64	3	8
3 Peter Hollinger	SO	Northwestern (Iowa)	1:53.70	3	6



GPAC Outdoor Track and Field Championships - 5/5/2017 to 5/6/2017**Memorial Stadium****Results - GPAC Outdoor Championship Saturday Events****....Event 4 Men 800 Meter Run**

4	Drew Schiltz	SR Morningside	1:53.72	2	5
5	Sam Wensink	SR Dordt	1:53.97	3	4
6	Josiah McAllister	SO Concordia (Neb.)	1:53.98	3	3
7	Joe Heinrichs	JR Briar Cliff	1:55.27	2	2
8	CJ Muller	SR Concordia (Neb.)	1:56.61	3	1
9	Sean Crowell	FR Northwestern (Iowa)	1:57.95	2	
10	Josh Haning	FR Briar Cliff	1:57.98	1	
11	Jake Ridpath	SO Hastings	1:58.71	1	
12	Tim Rose	JR Northwestern (Iowa)	1:58.75	2	
13	Luke Lorfeld	JR Northwestern (Iowa)	1:58.77	1	
14	Tanner Harsin	FR Doane	1:59.08	2	
15	Jordan Houdek	SR Mount Marty	2:00.30	3	
16	Colin Appel	JR Doane	2:00.78	3	
17	Ethan Bergmann	FR Hastings	2:00.79	1	
18	Samuel Ferguson	SO Concordia (Neb.)	2:01.19	1	
19	Thomas Taylor	SO Concordia (Neb.)	2:03.13	1	
20	Alec DeVries	JR Morningside	2:03.14	2	
21	Riley Schaap	JR Dordt	2:03.82	1	
22	Chandler Flynn	SO Doane	2:04.47	1	
23	Ty Hansen	SO Midland	2:07.82	2	
--	Hans Epp	JR Northwestern (Iowa)	DNF	2	
--	Sam Voigt	JR Mount Marty	SCR		
--	Keegan Pfau	SO Morningside	SCR		
--	Michael Leapley	FR Concordia (Neb.)	SCR		
--	Michael Rizzi	FR Morningside	SCR		
--	Tony Kollasch	SO Briar Cliff	SCR		
--	Robbie Peterson	FR Concordia (Neb.)	SCR		
--	Jeremiah Panec	JR Dakota Wesleyan	SCR		
--	Ben Aberson	FR Dordt	SCR		
--	Eric Fluegge	SO Concordia (Neb.)	SCR		
--	Chris Warneke	FR Concordia (Neb.)	SCR		

Event 32 Women 400 Meter Hurdles

GPAC Record: G 1:00.23 2001 Shannon Mihaltan, Hastings College					
Name	Year	School	Finals	H#	Points
1	Rachel Bramhall	SR Doane	1:01.64	3	10
2	MacKenzie Keune	FR Northwestern (Iowa)	1:03.11	3	8
3	Kalyn Brannagan	JR Doane	1:03.14	3	6
4	Amanda Cook	FR Doane	1:04.69	3	5
5	Emily Harsin	JR Doane	1:05.95	3	4
6	Payton Boer	SO Morningside	1:06.61	3	3
7	Ashley Cook	FR Doane	1:06.83	3	2
8	Jordyn Oostra	JR Northwestern (Iowa)	1:07.18	3	1
9	Alayna Daberkow	SR Concordia (Neb.)	1:07.29	2	
10	Kim Kroeze	SR Dordt	1:07.69	2	
11	Caitlyn Wisecup	JR Doane	1:07.71	2	
12	Tori Beran	SO Concordia (Neb.)	1:08.85	2	
13	Nicole Mundy	SO Hastings	1:09.01	2	



GPAC Outdoor Track and Field Championships - 5/5/2017 to 5/6/2017**Memorial Stadium****Results - GPAC Outdoor Championship Saturday Events****...Event 32 Women 400 Meter Hurdles**

14 Kaylynn Anziano	FR Dakota Wesleyan	1:10.21	2
15 Jamie Nikodym	SO Concordia (Neb.)	1:14.15	2
16 Katherine Staab	FR Northwestern (Iowa)	1:14.24	1
17 Morgan Hansen	FR Mount Marty	1:21.36	1
-- Ali Achterhof	JR Northwestern (Iowa)	DNS	1
-- Arika Jacobson	FR Northwestern (Iowa)	DNS	2

Event 10 Men 400 Meter Hurdles

GPAC Record: G 52.01 2006		Jeff Luebbe, Doane College				
Name	Year	School	Finals	H#	Points	
1 Lucas Wiechman	SR	Concordia (Neb.)	53.98	3	10	
2 Antonio Duncan	SR	Hastings	54.16	3	8	
3 Zach Hickman	SR	Doane	54.23	3	6	
4 Jacobus Noble	FR	Morningside	55.09	3	5	
5 Benjamin Hulett	JR	Concordia (Neb.)	55.44	3	4	
6 Chase Hiser	FR	Morningside	55.62	2	3	
7 Kyle Hiser	SR	Morningside	55.92	3	2	
8 Nate Stolze	FR	Doane	57.17	2	1	
9 Michael Buma	FR	Dordt	57.61	2		
10 Christian Egger	SR	Concordia (Neb.)	57.63	3		
11 Rex Schlicht	FR	Dakota Wesleyan	58.28	3		
12 Kyle Bakker	FR	Northwestern (Iowa)	58.37	2		
13 Turner Hill	SO	Doane	58.47	1		
14 Kohlton Gabehart	JR	Concordia (Neb.)	58.55	2		
15 TJ Spykstra	SO	Northwestern (Iowa)	59.09	1		
16 Jon Harmening	SO	Dakota Wesleyan	59.11	2		
17 Grant Staats	SO	Morningside	59.54	2		
18 Alex Heuermann	SO	Midland	1:00.21	1		
19 Elijah Schaefer	JR	Northwestern (Iowa)	1:01.07	1		
20 Josh Doering	JR	Morningside	1:01.08	1		
21 Miles Gebel	FR	Morningside	1:02.23	2		
22 Anthony Goetz	SO	Midland	1:02.69	1		
23 Brad Kolvek	SO	Briar Cliff	1:03.54	1		
24 MeKota Fogg	JR	Midland	1:03.96	1		
-- Dylan Hill	FR	Midland	SCR			

Event 24 Women 200 Meter Dash

GPAC Record: G 23.85 2015		Neeia Cooperwood, Morningside				
Name	Year	School	Finals	Wind	H#	Points
1 Caitlyn Cotton	FR	Hastings	24.64	NWI	3	10
2 Miranda Velgersdyk	JR	Dordt	24.70	NWI	3	8
3 Kaitlin Bradley	JR	Doane	24.91	NWI	3	6 24.902
4 Alyssa Duval	FR	Doane	24.91	NWI	3	5 24.906
5 Shantinique Cunningham	SO	Hastings	25.21	NWI	3	4
6 Joscelyn Wind	SO	Dordt	25.38	NWI	2	3
7 Eleka Joseph	JR	Morningside	25.59	NWI	3	2



GPAC Outdoor Track and Field Championships - 5/5/2017 to 5/6/2017**Memorial Stadium****Results - GPAC Outdoor Championship Saturday Events****....Event 24 Women 200 Meter Dash**

8	Jahdai Dunk	SR Northwestern (Iowa)	25.84	NWI	2	1	25.835
9	Christine Beune	SR Concordia (Neb.)	25.84	NWI	2		25.836
10	Jordan Wietzki	SR Doane	25.87	NWI	2		
11	Caitlin Peterson	JR Doane	26.12	NWI	1		26.116
12	Anna Heusinkveld	FR Northwestern (Iowa)	26.12	NWI	2		26.118
13	Danielle Wubben	JR Dordt	26.28	NWI	2		
14	Elizabeth Rankin	SO Dordt	26.68	NWI	1		
15	Danielle Beckmann	SO Morningside	26.73	NWI	3		
16	Megan Willroth	FR Northwestern (Iowa)	26.91	NWI	3		
17	Johanna Vaske	FR Briar Cliff	27.22	NWI	1		
18	Pam Regenerus	FR Dordt	27.36	NWI	1		
19	Beccy Dodunski	SR Briar Cliff	27.80	NWI	1		
20	Sonora Foresman	FR Morningside	27.83	NWI	2		
21	Leah Breon	JR Dordt	29.00	NWI	1		
--	Addison Woodward	SO Doane	DNS	NWI	1		
--	Kalie Horky	FR Doane	DNS	NWI	2		
--	Brittany Broersma	JR Dordt	DNS	NWI	1		

Event 2 Men 200 Meter Dash

GPAC Record: G 20.88 2003 Bret Blake, Nebraska Wesleyan Univ.

Name	Year	School	Finals	Wind	H#	Points	
1	Perman Wilson	FR Morningside	21.96	NWI	3	10	21.952
2	Travis Phillips Jr.	SO Midland	21.96	NWI	3	8	21.957
3	Chad Blank	FR Briar Cliff	22.16	NWI	2	6	
4	Andrew Klein	JR Doane	22.19	NWI	3	5	
5	Michael Tross	SO Doane	22.25	NWI	2	4	
6	Klayton Nordeen	FR Morningside	22.39	NWI	3	3	
7	Sage Lloyd	SO Briar Cliff	22.40	NWI	3	2	
8	Brady Butters	FR Northwestern (Iowa)	22.41	NWI	2	1	
9	Christopher Mosely-Hendr	SR Concordia (Neb.)	22.72	NWI	2		22.712
10	Trevor Zonnefeld	SR Dordt	22.72	NWI	2		22.714
11	Braden Knuth	JR Doane	22.72	NWI	1		22.720
12	Will Griffin	FR Morningside	22.74	NWI	1		
13	Nicholas Stolze	SO Doane	22.89	NWI	1		
14	Nathan Bader	FR Dakota Wesleyan	22.95	NWI	1		
15	Antonio Duncan	SR Hastings	23.13	NWI	3		
16	Cory Thorson	SR Midland	23.46	NWI	1		
17	Wyatt Petersen	FR Doane	23.51	NWI	2		
18	Anthony Fontenot	FR Dakota Wesleyan	23.53	NWI	3		
19	Mark Bakker	SO Dordt	23.62	NWI	2		
20	Daniel Hakes	SO Concordia (Neb.)	23.69	NWI	1		
21	Wyatt Woodman	FR Concordia (Neb.)	24.77	NWI	1		
--	John Woruo	FR Concordia (Neb.)	DNS	NWI	3		
--	Marcus Whipper	FR Dordt	DNS	NWI	1		
--	Tobe Ezimora	JR Briar Cliff	DNS	NWI	2		
--	Ben Strobel	SR Doane	SCR				



GPAC Outdoor Track and Field Championships - 5/5/2017 to 5/6/2017**Memorial Stadium****Results - GPAC Outdoor Championship Saturday Events****Event 29 Women 5000 Meter Run**

GPAC Record: G 17:07.64 2011 Charity Miles, Northwestern				
Name	Year	School	Finals	Points
1	Marissa	DeWispelare	SR Doane	17:49.05 10
2	Janelle	Bethea	JR Hastings	18:26.26 8
3	Sarah	Lunn	SO Northwestern (Iowa)	18:49.79 6
4	Taylor	Grove	SO Concordia (Neb.)	18:54.77 5
5	Emily	Sievert	JR Concordia (Neb.)	18:58.17 4
6	Audrey	Brooks	JR Dordt	19:03.38 3
7	Sam	Crossett	FR Hastings	19:11.37 2
8	Tiffany	Shepherd	SR Morningside	19:15.07 1
9	Erika	Douma	JR Dordt	19:25.41
10	Emma	Van Meeteren	FR Northwestern (Iowa)	19:56.35
11	Mandy	O'Malley	SR Mount Marty	20:12.13
12	Erin	Bandstra	FR Dordt	20:27.73
13	Ashlynn	Baker	FR Doane	20:44.24
14	Allison	Higgins	JR Morningside	20:45.22
15	Britta	Provart	SO Dordt	21:51.75
16	Abby	Protzman	SO Concordia (Neb.)	22:25.82
17	Emma	Boven	FR Dordt	22:58.89
--	Erin	Lindeman	FR Concordia (Neb.)	DNF
--	Berkley	Rietveld	SR Mount Marty	DNS

Event 7 Men 5000 Meter Run

GPAC Record: G 14:53.43 2011 Dana Schmidt, Concordia Universit				
Name	Year	School	Finals	Points
1	Danny	Aldaba	JR Midland	15:22.65 10
2	Caleb	Drake	SR Dordt	15:31.49 8
3	Mark	Abrams	SR Morningside	15:34.93 6
4	Will	Norris	SR Northwestern (Iowa)	15:37.11 5
5	Tanner	Goetsch	JR Northwestern (Iowa)	16:02.99 4
6	Lucas	Keifer	JR Hastings	16:05.53 3
7	AJ	Janssen	JR Morningside	16:12.23 2
8	Adam	Daane	JR Dordt	16:20.37 1
9	Corbin	Hubbell	FR Doane	16:22.35
10	Ben	Brockmueller	SR Dordt	16:23.72
11	Ryan	Bauermeister	JR Northwestern (Iowa)	16:28.71
12	Kasey	Reeves	JR Midland	16:30.59
13	Ian	Manske	SR Dordt	16:32.88
14	Sean	Skillern	SR Morningside	16:36.28
15	Rosten	From	SO Doane	16:37.29
16	Lane	Tibbs	JR Dakota Wesleyan	16:37.76
17	Jon	Dahlheimer	FR Morningside	16:38.79
18	Evan	Asche	SO Concordia (Neb.)	16:40.53
19	Slater	Marshall	FR Morningside	17:09.45
--	Jacob	Klein	SO Midland	DNF
--	Taylor	Mueller	SR Concordia (Neb.)	DNS
--	Dalton	Demers	FR Briar Cliff	DNS



GPAC Outdoor Track and Field Championships - 5/5/2017 to 5/6/2017**Memorial Stadium****Results - GPAC Outdoor Championship Saturday Events****....Event 7 Men 5000 Meter Run**

-- Cortland Cassidy	SO Midland	DNS
-- Alec DeVries	JR Morningside	DNS
-- Collin Whalen	FR Mount Marty	SCR

Event 34 Women 4x400 Meter Relay

GPAC Record: G 3:47.08 5/7/2016 Nebraska Wesleyan, Nebraska Wes
E Jones, A Hunke, K Jones, K Krick

School	Finals	Points
1 Dordt	3:51.54	10
1) Miranda Velgersdyk JR	2) Elizabeth Rankin SO	
3) Jenna Wilgenburg SO	4) Joscelyn Wind SO	
2 Morningside	3:54.67	8
1) Eleka Joseph JR	2) Michelle Mumm JR	
3) Payton Boer SO	4) Rose Pelelo-Ray SO	
3 Doane	3:55.13	6
1) Rachel Bramhall SR	2) Emily Harsin JR	
3) Kaly Brannagan JR	4) Kylie Gokie SR	
4 Northwestern (Iowa)	4:00.57	5
1) Emily Sorensen SO	2) Rebekah Muilenburg SO	
3) MacKenzie Keune FR	4) Katie Landhuis JR	
5 Concordia (Neb.)	4:03.13	4
1) Quinn Wragge SO	2) Marti Vlasin SR	
3) Tori Beran SO	4) Alayna Daberkow SR	
6 Hastings	4:14.00	3
1) Olivia Berks FR	2) Paxton Fiala SR	
3) Nicole Mundy SO	4) Caitlyn Cotton FR	
7 Mount Marty	4:23.35	2
1) Caitlin Davis SR	2) Genevieve Clark FR	
3) Kelsey Sutura SO	4) Kiana Hoff-Au SO	
8 Dakota Wesleyan	4:28.44	1
1) Kamberlyn Lamer SO	2) Aubrey Rabenberg FR	
3) McKenna Rogers FR	4) Kaylynn Anziano FR	

Event 12 Men 4x400 Meter Relay

GPAC Record: G 3:12.62 5/11/2007 Hastings College, Hastings
T Redinger, B Gamble, L Beethe, B Diamond

School	Finals	H#	Points
1 Concordia (Neb.)	3:17.19	2	10
1) Lucas Wiechman SR	2) Josiah McAllister SO		
3) Nathan Matters SO	4) CJ Muller SR		
2 Dordt	3:17.33	2	8
1) Lucas Van Eps SO	2) Josiah Eckels SR		
3) Caleb Herman SO	4) Ross Rozeboom SR		
3 Northwestern (Iowa)	3:20.20	2	6
1) Aaron Lemon JR	2) Austin Krier SR		
3) Peter Hollinger SO	4) Levi Te Brink JR		



GPAC Outdoor Track and Field Championships - 5/5/2017 to 5/6/2017**Memorial Stadium****Results - GPAC Outdoor Championship Saturday Events****....Event 12 Men 4x400 Meter Relay**

4 Briar Cliff	3:20.28	2	5
1) Chad Blank FR		2) Josh Haning FR	
3) Sage Lloyd SO		4) Joe Heinrichs JR	
5 Morningside	3:21.90	2	4
1) Logan Roberts FR		2) Kyle Hiser SR	
3) Jacob Green JR		4) Drew Schiltz SR	
6 Doane	3:26.05	2	3
1) Alan Varela SO		2) Tanner Harsin FR	
3) Dillon Nerud SO		4) Zach Hickman SR	
7 Dakota Wesleyan	3:27.65	2	2
1) Anthony Fontenot FR		2) Alex Cottrill FR	
3) Jon Harmening SO		4) Rex Schlicht FR	
8 Midland	3:30.71	1	1
1) Alex Heuermann SO		2) Travis Phillips Jr. SO	
3) Ty Hansen SO		4) MeKota Fogg JR	
9 Mount Marty	3:31.27	2	
1) Jordan Houdek SR		2) Kyle Pardun JR	
3) Cody Davis SO		4) Ty Kinneberg SO	
10 Hastings	3:34.71	1	
1) Zack Peterson JR		2) Jake Ridpath SO	
3) Nolan Kohmetscher FR		4) Antonio Duncan SR	

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Women - Team Rankings - 22 Events Scored

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1) Doane	217	2) Hastings	189
3) Concordia (Neb.)	148	4) Dordt	97.50
5) Northwestern (Iowa)	86.50	6) Morningside	84
7) Dakota Wesleyan	15	8) Briar Cliff	9
9) Midland	7	10) Mount Marty	5

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Men - Team Rankings - 22 Events Scored

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1) Doane	219	2) Concordia (Neb.)	156.50
3) Morningside	124.50	4) Northwestern (Iowa)	95
5) Midland	84	6) Dordt	72
7) Briar Cliff	44	7) Hastings	44
9) Dakota Wesleyan	15	10) Mount Marty	4

