

2017 Cornell Invite - 4/8/2017

Ash Park Stadium

Results

Women 100 Meter Dash

ROLLING SCHEDULE

Name	Year	School	Seed	Finals	Wind	H#	Points	Alternate
Finals								
1 Hocker, Cassie		Coe	12.44	12.31	-0.4	4	10	
2 Simon, Alyssa		Loras	13.00	12.76	-0.4	4	8	
3 Cole, Carlyn		Coe	13.14	12.97	-0.4	4	6	
4 Lahart, Kellie		Iowa Track a	13.80	13.02	2.1	2	5	
5 Hanson, Alexis		Loras	13.30	13.19	-1.3	3	4	
6 Kilburg, Rachel		Loras	13.30	13.27	-1.3	3	3	
7 Clark, Sha'Rhonda		Mount Mercy	13.09	13.36	-0.4	4	2	
8 Hooks, Audrey		Loras	13.95	x13.38	2.1	2		
9 Leach, Nikki		Cornell College	13.25	13.39	-0.4	4	1	
10 Lamson, Maya		Cornell College	13.25	13.53	-1.3	3		
11 Blocker, Trenetta		Central College		13.63	0.4	1		
12 Lovan, Audrey		Simpson (Iowa)	13.14	13.72	-0.4	4		
13 Davis, Capria		Mount Mercy	13.70	13.76	-1.3	3		
14 McMillan, Autumn		Grinnell	13.00	13.77	-0.4	4		
15 Taylor, Jazie		Cornell College	13.80	13.78	-1.3	3		
16 Burgus, Elizabeth		Simpson (Iowa)	13.25	13.79	-1.3	3		
17 Rule, Shay		Cornell College	13.80	x13.89	-1.3	3		
18 Ambrosy, Anna		Loras	13.50	x13.94	-1.3	3		
19 Burgardt, Whitney		Central College		14.20	0.4	1		
19 Lambert, Bryanna		North Iowa Area CC	14.16	14.20	2.1	2		
21 Shaw, Cassie		Iowa Track a	15.92	14.53	2.1	2		
22 Schmiechen, Alex		Grinnell		14.55	0.4	1		
23 Gonzalez, Valeria		Simpson (Iowa)	14.20	14.58	2.1	2		
24 Christensen, Laura		Faith Baptist Bible		14.89	0.4	1		
25 Pelzer, Alaena		Central College		14.98	0.4	1		
26 Nabuyoli, Frankline		Mount Mercy	15.00	15.24	2.1	2		
27 Acker, Lauren		Grinnell		15.28	0.4	1		
28 Arteaga, Melanie		Cornell College		x15.68	2.1	2		

Women 200 Meter Dash

ROLLING SCHEDULE

Name	Year	School	Seed	Finals	Wind	H#	Points	Alternate
1 Heitman, Hope		Central College	25.67	25.44	1.6	5	10	
2 Simon, Alyssa		Loras	26.43	25.86	1.6	5	8	
3 Alt, Alexis		Loras	26.20	26.22	1.6	5	6	
4 Cole, Carlyn		Coe	26.20	26.50	1.6	5	5	
5 Lahart, Kellie		Iowa Track a	28.60	27.03	1.6	4	4	
6 Chandler, Raeshonda		Mount Mercy	27.69	27.13	1.6	5	3	
7 Davis, Capria		Mount Mercy	27.95	27.58	1.6	4	2	
8 Ambrosy, Anna		Loras	28.06	27.98	1.6	4	1	
9 McMillan, Autumn		Grinnell	28.00	28.20	1.6	4		
10 Burgus, Elizabeth		Simpson (Iowa)	27.54	28.32	1.6	5		
11 Smith, Kyna		Coe		28.39	2.3	1		
12 Taylor, Jazie		Cornell College	28.68	28.40	1.5	3		
13 Lovan, Audrey		Simpson (Iowa)	28.68	28.53	1.5	3		
14 Lamson, Maya		Cornell College	27.94	28.55	1.6	4		
15 Boyd, Diamond		Cornell College	28.00	28.56	1.6	4		
16 Nguyen, Lynn		Grinnell	27.80	28.85	1.6	4		
17 Reinertson, Rebecca		Faith Baptist Bible	29.24	28.93	1.5	3		

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18 Lambert, Bryanna	North Iowa Area CC	29.66	29.85	1.5	3
19 Jensen, Rebecca	Simpson (Iowa)	29.70	29.86	1.5	3
20 Schmiechen, Alex	Grinnell	30.18	30.00	-1.3	2
20 Zweigart, Makayla	Mount Mercy	29.39	30.00	1.5	3
22 Burgardt, Whitney	Central College	29.88	30.03	1.5	3
23 Christensen, Laura	Faith Baptist Bible	31.31	30.76	-1.3	2
24 Lewis, Katrina	Cornell College	30.50	x30.95	-1.3	2
25 Bainter, Laura	Loras	30.35	x31.18	-1.3	2
26 Rebers, Kieanna	Cornell College	32.00	x31.21	2.3	1
27 Gonzalez, Valeria	Simpson (Iowa)	31.35	x31.41	-1.3	2
28 Pelzer, Alaena	Central College	30.42	31.76	-1.3	2
29 Shaw, Cassie	Iowa Track a	34.22	32.07	2.3	1
30 Nabuyoli, Frankline	Mount Mercy	32.56	x32.26	2.3	1
31 Acker, Lauren	Grinnell		x32.50	2.3	1
32 Arteaga, Melanie	Cornell College	33.28	x33.71	2.3	1

Women 400 Meter Dash

ROLLING SCHEDULE

Name	Year School	Seed	Finals	H#	Points	Alternate
1 Brummet, Amanda	Coe	59.41	58.17	3	10	
2 Snitker, Madison	Iowa Track a	1:01.50	1:00.92	3	8	
3 O'Shea, Ashli	Mount Mercy	1:02.46	1:01.65	3	6	
4 Patton, Kate	Central College	1:01.61	1:02.80	3	5	
5 Davis, Claire	Mount Mercy	1:03.17	1:02.93	2	4	
6 Lambert, Zaria	Cornell College	1:01.00	1:03.55	3	3	
7 Schinkel, Alyssa	Iowa Track a		1:03.57	1	2	
8 Waugh, Bre	Simpson (Iowa)	1:03.52	1:03.74	2	1	
9 Carlson, Brianna	Central College	1:03.68	1:03.86	2		
10 Strunk, Sydney	Cornell College	1:02.50	1:04.44	3		
11 Kelly, Rachel	Coe	1:03.65	1:04.95	2		
12 Schmiechen, Zoe	Grinnell	1:03.00	1:05.01	3		
13 Corcoran, Keeghan	Simpson (Iowa)	1:03.90	1:05.39	2		
14 Reinertson, Rebecca	Faith Baptist Bible	1:08.37	1:05.40	1		
15 Koester, Dana	Coe	1:05.00	1:05.97	2		
16 Clark, Katie	Simpson (Iowa)	1:04.00	1:07.73	2		
17 Shaw, Anna	Central College	1:05.56	1:08.11	2		
18 Lewis, Katrina	Cornell College		1:10.07	1		
19 Jaynes, Karley	Mount Mercy	1:06.12	1:10.65	1		

Women 800 Meter Run

ROLLING SCHEDULE

Name	Year School	Seed	Finals	H#	Points	Alternate
1 Serres, Allie	Loras	2:20.02	2:19.55	3	10	
2 Young, Shannon	Grinnell	2:17.00	2:20.24	3	8	
3 Moline, Rachel	Cornell College	2:24.50	2:23.38	3	6	
4 Cochrane, Emma	Cornell College	2:22.00	2:25.50	3	5	
5 Venezio, Liz	Loras	2:30.00	2:29.99	3	4	
6 Bautch, Josephine	Coe	2:20.00	2:30.88	3	3	
7 Lamb, Jessica	Simpson (Iowa)	2:28.00	2:31.84	3	2	
8 Cortes, Vanessa	Mount Mercy	2:36.65	2:32.83	2	1	
9 Crew, Claire	Mount Mercy	2:33.71	2:32.87	2		

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...Women 800 Meter Run

10	LaVerdiere, Tori	Grinnell	2:28.00	2:33.44	3
11	Piper, Carrie	Loras	2:29.00	2:33.78	3
12	Walkner, Molly	Loras	2:37.13	x2:34.47	2
13	Guinane, Katie	Coe	2:35.78	2:35.58	2
14	Ertz, Andrea	Mount Mercy	2:31.00	2:36.79	2
15	Klimesh, RaeAnn	Loras	2:36.00	x2:39.49	2
16	Bambi, Simona	Grinnell	2:25.00	2:39.77	3
17	Gidel, Lindsey	Loras	2:30.00	x2:40.37	3
18	Hunemiller, Shelby	Simpson (Iowa)	2:35.00	2:41.34	2
19	Peske, Maya	Cornell College	2:38.13	2:43.66	1
20	Gronke, Jessica	Simpson (Iowa)	2:35.00	2:43.86	2
21	Litterer, Ashley	Simpson (Iowa)	2:36.00	x2:45.85	2
22	Jaquis, Leta	Loras	2:50.49	x2:46.07	1
23	Roquet, Lesley	Simpson (Iowa)	2:38.00	x2:49.50	2
24	Diaz, Guadalupe	North Iowa Area CC		2:50.17	1
25	Wesclitz, Briana	Loras	2:49.00	x2:52.37	1
26	Klavins, Carly	Central College	2:45.00	2:57.57	1
27	Murray, Jenna	Central College	2:45.00	2:58.02	1
28	Brainard, Rebekah	Simpson (Iowa)	2:44.00	x2:58.61	1
29	Derrick, Kate	Simpson (Iowa)	2:50.00	x2:59.11	1
30	Roquet, Kelsey	Simpson (Iowa)	2:40.00	x3:00.23	1

Women 1500 Meter Run

ROLLING SCHEDULE

Name	Year School	Seed	Finals	H#	Points	Alternate
1	Masterson, Abrah	Cornell College	4:40.00	4:46.67	3	10
2	Ondande, Kemunto	Loras	4:55.00	5:00.27	3	8
3	Vander Poel, Kathryn	Mount Mercy	5:08.00	5:04.55	3	6
4	Bower, Brianna	Loras	5:03.23	5:06.03	3	5
5	Cortes, Vanessa	Mount Mercy	5:13.89	5:07.55	3	4
6	Piper, Carrie	Loras	5:05.00	5:09.12	3	3
7	Arredondo, Nicole	Grinnell	5:15.00	5:11.01	3	2
8	Gidel, Lindsey	Loras	5:15.00	x5:11.44	3	
9	Bautch, Josephine	Coe	4:50.00	5:16.87	3	1
10	Wilson, Gabi	Central College	5:05.00	5:17.76	3	
11	Hunemiller, Shelby	Simpson (Iowa)	5:10.00	5:21.26	3	
12	Breunig, Madeleine	Grinnell	5:30.00	5:22.20	2	
13	Voller, Stephanie	Cornell College	5:28.37	5:23.81	2	
14	Guinane, Katie	Coe	5:30.00	5:25.23	2	
15	Gomez, Sandra	Cornell College	5:34.88	5:26.09	2	
16	Klein, Audrey	Simpson (Iowa)	5:15.00	5:27.04	2	
17	Burgess, Emily	Grinnell	5:30.00	5:27.67	2	
18	Ferenzi, Lexi	Cornell College	5:29.96	x5:28.02	2	
19	Pierson, Carly	Cornell College	5:21.87	x5:28.75	2	
20	Roquet, Lesley	Simpson (Iowa)	5:25.00	5:29.78	2	
21	Yndestad, Karin	Grinnell	5:25.00	x5:30.70	2	
22	Litterer, Ashley	Simpson (Iowa)	5:25.00	x5:31.35	2	
23	Baker, Katie	Cornell College	5:40.00	x5:34.28	1	
24	Henning, Savanna	Central College	5:25.00	5:34.54	2	
25	Diaz, Guadalupe	North Iowa Area CC	5:40.00	5:35.75	1	
26	Brainard, Rebekah	Simpson (Iowa)	5:41.40	x5:48.27	1	
27	Murray, Jenna	Central College	5:50.35	5:52.85	1	
28	Okamoto, Nana	Grinnell		x5:53.32	1	

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...Women 1500 Meter Run

29	Nalamalapu, Vishva	Grinnell		x5:54.00	1
30	Wesclitz, Briana	Loras	5:51.48	x5:57.15	1
31	Klavins, Carly	Central College	5:45.00	x6:03.91	1
32	Frankel, Lauren	Grinnell	6:08.00	x6:08.61	1
33	Knudson, Alyssa	Coe	5:55.00	6:08.72	1
34	Kane-Preissing, Zoe	Cornell College	5:35.00	x6:10.69	1

Women 5000 Meter Run

ROLLING SCHEDULE

Name	Year School	Seed	Finals	Points	Alternate
1 Franke, Mareena	Coe	19:00.00	19:32.87	10	
2 Zamora, Alexa	Mount Mercy	19:25.00	19:40.51	8	
3 Kromminga, Sandra	Iowa Track a	19:50.00	19:58.32	6	
4 Fleming, Dominique	Cornell College		20:02.61	5	
5 Stai, Katalina	Coe	19:45.00	21:16.67	4	
6 Morris, McKayla	Coe	20:00.00	21:29.36	3	
7 Wisnousky, Holly	Coe	20:45.00	x22:07.43		
8 Woods, Allison	Mount Mercy	20:55.00	22:36.13	2	
9 Gibbons, Ella	Coe	22:00.00	x23:26.35		
10 Springsteen, Jean	Coe	22:00.00	x23:51.73		
11 Charlton, Melissa	Central College		24:04.98	1	

Women 100 Meter Hurdles

ROLLING SCHEDULE

Name	Year School	Seed	Finals	Wind H#	Points	Alternate
1 Leach, Nikki	Cornell College	14.93	15.30	1.2 3	10	
2 Duos, Receva	Mount Mercy	15.30	15.35	1.2 3	8	
3 Drees, Emma	Central College	15.70	15.86	1.2 3	6	
4 Solis, Bella	Loras	15.50	16.04	1.2 3	5	
5 Koenigs, Morgan	Central College	16.34	16.38	1.2 3	4	
6 Bock, Holly	Loras	16.39	16.41	1.2 3	3	
7 Jensen, Rebecca	Simpson (Iowa)	16.62	17.17	1.9 2	2	
8 Kitterman, Sam	Mount Mercy	16.76	17.38	1.9 2	1	
9 Ambrosy, Anna	Loras	16.30	17.39	1.2 3		
10 Wise, Julie	Mount Mercy	17.19	17.55	1.9 2		
11 Landuyt, Caitlyn	Central College	17.30	17.66	1.9 2		
12 Coates, Kelsie	Coe		17.70	-1.1 1		
13 Sandage, Sarah	Simpson (Iowa)	17.34	17.86	1.9 2		
14 Schnoor, Libby	Cornell College	17.00	18.10	1.9 2		
15 McCoy, Jenna	Iowa Track a	18.11	18.37	-1.1 1		
16 Pelzer, Alaena	Central College	18.69	x18.78	-1.1 1		
17 Bainter, Laura	Loras	18.14	x19.02	-1.1 1		
18 Burgardt, Whitney	Central College	16.45	x19.49	1.9 2		
19 Hasson, Devin	Loras	16.51	x19.59	1.9 2		
20 Grell, Breann	Cornell College	17.50	20.17	-1.1 1		
-- Jerson, Amber	Cornell College		DNF	-1.1 1		

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Women 400 Meter Hurdles

ROLLING SCHEDULE

Name	Year School	Seed	Finals	H#	Points	Alternate
1 Solis, Bella	Loras	1:04.27	1:05.74	3	10	
2 Kilburg, Rachel	Loras	1:07.71	1:07.39	3	8	
3 Schaefers, Taylor	Loras	1:09.31	1:09.44	3	6	
4 Miller, Lynzie	Central College	1:10.32	1:09.52	3	5	
5 Hasson, Devin	Loras	1:10.00	x1:09.66	3		
6 Da Silva, Celia	Loras	1:10.00	x1:11.08	3		
7 Fullerton, Amy	North Iowa Area CC	1:12.32	1:11.60	2	4	
8 Owens, Jaycie	Simpson (Iowa)	1:09.50	1:11.62	3	3	
9 Holtzman, Gwen	Grinnell	1:11.00	1:12.23	2	2	
10 Coates, Kelsie	Coe	1:10.00	1:12.61	3	1	
11 Landuyt, Caitlyn	Central College		1:14.27	2		
12 Kitterman, Sam	Mount Mercy	1:10.77	1:14.51	2		
13 Bonsall, Cassandra	North Iowa Area CC	1:12.76	1:15.63	2		
14 McCoy, Jenna	Iowa Track a		1:16.26	1		
15 Teagle, Whitney	Grinnell		1:19.22	1		
16 Wise, Julie	Mount Mercy	1:15.62	1:19.32	2		
17 Grell, Breann	Cornell College	1:15.64	1:20.26	2		
18 Jerson, Amber	Cornell College		1:32.00	1		

Women 3000 Meter Steeplechase

ROLLING SCHEDULE

Name	Year School	Seed	Finals	Points	Alternate
1 Murphy, MariKate	Cornell College		11:51.34	10	
2 Timms, Sadie	Simpson (Iowa)		12:04.25	8	
3 Neuendorf, Courtney	Simpson (Iowa)		12:43.45	6	
4 Barnard, Morgan	Cornell College		12:47.87	5	
5 Moll, Lauren	Central College		12:55.11	4	
6 Roslien, Aanna	Central College		13:21.39	3	
7 Meldrum, Ashley	Central College		13:34.03	2	

Women 4x100 Meter Relay

ROLLING SCHEDULE

School	Seed	Finals	Points	Alternate
1 Loras 'A'	49.33	49.02	10	
1) Alt, Alexis				
2) Hanson, Alexis				
3) Solis, Bella				
4) Simon, Alyssa				
2 Coe 'A'	50.32	49.47	8	
1) Cole, Carlyn				
2) Smith, Kyna				
3) Brummet, Amanda				
4) Hocker, Cassie				
3 Mount Mercy 'A'	48.98	49.50	6	
1) Duos, Revena				
2) Gadiant, Rachel				
3) O'Shea, Ashli				
4) Clark, Sha'Rhonda				
4 Central College 'A'	49.96	50.56	5	
1) Shaw, Anna				
2) Heitman, Hope				
3) Drees, Emma				
4) Patton, Kate				
5 Cornell College 'A'	51.43	51.26	4	
1) Leach, Nikki				
2) Lambert, Zaria				
3) Lamson, Maya				
4) Strunk, Sydney				

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6 Simpson (Iowa) 'A'	52.00	52.73	3
1) Lovan, Audrey	2) Jensen, Rebecca		
3) Clark, Katie	4) Owens, Jaycie		
7 Iowa Track and Field Club 'A'	52.91	52.75	2
1) Lahart, Kellie	2) Schinkel, Alyssa		
3) Snitker, Madison	4) Roudabush, Haley		
8 Grinnell 'A'	52.67	55.17	1
1) Nguyen, Lynn	2) Maddaus, Jordan		
3) Bresnahan, Cara	4) Martin, Yolana		

Women 4x400 Meter Relay

ROLLING SCHEDULE

School	Seed	Finals	H#	Points	Alternate
1 Loras 'A'	4:00.13	4:01.03	2	10	
1) Hanson, Alexis	2) Simon, Alyssa				
3) Serres, Allie	4) Alt, Alexis				
2 Cornell College 'A'	4:10.00	4:09.66	2	8	
1) Lambert, Zaria	2) Schnoor, Libby				
3) Strunk, Sydney	4) Cochrane, Emma				
3 Mount Mercy 'A'	4:09.00	4:12.27	2	6	
1) Vander Poel, Kathryn	2) Gadiant, Rachel				
3) Duos, Receva	4) Crew, Claire				
4 Coe 'A'	4:15.00	4:14.34	2	5	
1) Brummet, Amanda	2) Kelly, Rachel				
3) Koester, Dana	4) Coates, Kelsie				
5 Central College 'A'	4:08.00	4:16.69	2	4	
1) Patton, Kate	2) Carlson, Brianna				
3) Koenigs, Morgan	4) Miller, Lynzie				
6 Loras 'B'	4:10.00	x4:20.49	2		
1) Kilburg, Rachel	2) Schaefers, Taylor				
3) Hasson, Devin	4) Da Silva, Celia				
7 Grinnell 'A'	4:18.99	4:24.02	1	3	
1) Maddaus, Jordan	2) Holtzman, Gwen				
3) Schmiechen, Zoe	4) Young, Shannon				
8 Simpson (Iowa) 'A'	4:15.00	4:24.52	2	2	
1) Owens, Jaycie	2) Waugh, Bre				
3) Clark, Katie	4) Corcoran, Keeghan				
9 Grinnell 'B'	4:40.00	x4:28.44	1		
1) LaVerdiere, Tori	2) Bambi, Simona				
3) Alvarez, Valencia	4) Teagle, Whitney				
10 Iowa Track and Field Club 'A'	4:19.06	4:29.51	1	1	
1) Snitker, Madison	2) Schinkel, Alyssa				
3) Roudabush, Haley	4) Benedict, Emilee				
11 Loras 'C'	4:30.00	x4:46.88	1		
1) Walkner, Molly	2) Bower, Brianna				
3) Klimesh, RaeAnn	4) Jaquis, Leta				
-- Simpson (Iowa) 'B'	4:24.00	DNF	1		
1) Gronke, Jessica	2) Lamb, Jessica				
3) Derrick, Kate	4) Lovan, Audrey				

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Results

Women High Jump

Name	Year	School	Seed	Finals	Points	Alternate
1 Gadiant, Rachel		Mount Mercy	1.60m	1.55m	5-01.00	10
	1.30	1.35	1.40	1.45	1.50	1.55 1.60
	P	P	O	O	O	XXX
2 Koenigs, Morgan		Central College	1.57m	1.55m	5-01.00	8
	1.30	1.35	1.40	1.45	1.50	1.55 1.60
	P	O	O	O	XO	PPP
3 Solis, Bella		Loras	1.60m	1.50m	4-11.00	6
	1.30	1.35	1.40	1.45	1.50	1.55 1.60
	P	P	P	P	O	PPP XXX
4 Budden, Michelle		Loras	1.50m	1.50m	4-11.00	5
	1.30	1.35	1.40	1.45	1.50	1.55
	P	P	O	O	XO	XXX
5 McCoy, Jenna		Iowa Track a		1.50m	4-11.00	3.50
	1.30	1.35	1.40	1.45	1.50	1.55
	O	O	O	O	XXO	XXX
5 Drees, Emma		Central College	1.51m	1.50m	4-11.00	3.50
	1.30	1.35	1.40	1.45	1.50	1.55
	P	O	O	O	XXO	XXX
7 Chandler, Raeshonda		Mount Mercy	1.52m	1.45m	4-09.00	2
	1.30	1.35	1.40	1.45	1.50	
	P	O	O	O	XXX	
8 Schinkel, Alyssa		Iowa Track a		1.40m	4-07.00	1
	1.30	1.35	1.40	1.45	1.50	
	O	O	O	XPP	PXX	
9 Rebers, Kieanna		Cornell College	1.35m	1.40m	4-07.00	
	1.30	1.35	1.40	1.45		
	O	O	XO	XXX		
10 Zweigart, Makayla		Mount Mercy	1.42m	1.35m	4-05.00	
	1.30	1.35	1.40			
	O	XO	XXX			
11 Lewis, Katrina		Cornell College	1.44m	1.35m	4-05.00	
	1.30	1.35	1.40			
	O	XXO	XXX			
12 Ewald, Allison		Loras	1.34m	1.30m	4-03.25	
	1.30	1.35				
	O	XXX				

Women Pole Vault

Event to Follow Mens Pole Vault						
Name	Year	School	Seed	Finals	Points	Alternate
1 Brandenburg, Elizabeth		Loras	3.81m	3.73m	12-02.75	10
	2.30	2.45	2.60	2.75	2.90	3.05 3.20 3.35 3.58 3.73 3.86
	P	P	P	P	P	O P O O O XXX
2 Brown, Christina		Coe	3.10m	3.05m	10-00.00	8
	2.30	2.45	2.60	2.75	2.90	3.05 3.20
	P	P	P	O	O	O XXX
3 Alt, Alexis		Loras	3.00m	2.90m	9-06.25	6
	2.30	2.45	2.60	2.75	2.90	3.05
	P	P	P	O	XO	XXX

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Results

....Women Pole Vault

4	Lovan, Audrey	Simpson (Iowa)	2.96m	2.90m	9-06.25	5
	2.30 2.45 2.60 2.75 2.90 3.05					
	P O O XO XO XXX					
5	Haugen, Allie	Iowa Track a	3.35m	2.90m	9-06.25	4
	2.30 2.45 2.60 2.75 2.90 3.05					
	P P P O XXO XXX					
6	Ewald, Allison	Loras	2.70m	2.45m	8-00.50	3
	2.30 2.45 2.60					
	P O XXX					
7	Lengwin, Mikaela	Loras	2.40m	x2.45m	8-00.50	
	2.30 2.45 2.60					
	XO O XXX					
--	Longo, Katie	Iowa Track a			NH	
	2.30					
	XXX					
--	Dooley, Taylor	Loras	2.95m		NH	
	2.30 2.45 2.60					
	P P XXX					

Women Long Jump

3 Prelims, 3 Finals 9 Athletes to Finals

Event to Follow Mens Long Jump

Name	Year	School	Seed	Finals	Wind	Points	Alternate
1	Acompanado, Elyse	Loras	5.65m	5.79m	0.8	19-00.00	10
	5.79m(0.8) 5.45m(0.6) FOUL	FOUL FOUL FOUL	FOUL				
2	Drees, Emma	Central College	5.15m	5.20m	1.5	17-00.75	8
	5.07m(1.1) 5.20m(1.5) FOUL	FOUL 4.99m(1.0) 5.09m(NWI)					
3	Koenigs, Morgan	Central College	5.03m	5.03m	3.3	16-06.00	6
	FOUL 4.92m(0.7) FOUL	4.46m(2.3) 4.98m(+0.0) 5.03m(3.3)					
4	Schaefer, Taylor	Loras	4.91m	5.03m	0.1	16-06.00	5
	4.60m(3.3) 4.73m(1.1) FOUL	4.80m(1.9) 5.03m(0.1) 4.92m(3.6)					
5	Sanborn, Nicole	Mount Mercy	5.19m	4.95m	0.6	16-03.00	4
	FOUL 4.91m(0.8) 4.95m(0.6) 4.80m(0.9) 4.51m(0.8) FOUL						
6	Leach, Nikki	Cornell College	4.83m	4.93m	0.3	16-02.25	3
	4.85m(1.8) 4.93m(0.3) FOUL	FOUL FOUL FOUL	FOUL				
7	Blocker, Trenetta	Central College	4.94m	4.91m	2.6	16-01.50	2
	FOUL 4.91m(2.6) 3.84m(1.7) 4.81m(0.4) 4.51m(0.5) FOUL						
8	Lahart, Kellie	Iowa Track a	4.30m	4.77m	2.8	15-07.75	1
	4.65m(2.0) FOUL 4.77m(2.8) FOUL	4.43m(0.2) 3.88m(1.4)					
9	Rule, Shay	Cornell College	4.69m	4.73m	2.8	15-06.25	
	4.73m(2.8) 4.65m(2.9) FOUL	FOUL 4.64m(1.3) FOUL					
10	Kaminski, Krystyna	Loras	4.42m	4.69m	1.8	15-04.75	
	4.66m(+0.0) 4.57m(1.1) 4.69m(1.8)						
11	McCoy, Jenna	Iowa Track a	5.04m	4.67m	NWI	15-04.00	
	FOUL FOUL 4.67m(NWI)						
12	Boyd, Diamond	Cornell College	4.96m	4.58m	1.6	15-00.50	
	4.48m(2.5) 4.58m(1.6) 4.45m(1.9)						
13	Jaynes, Karley	Mount Mercy	4.54m	4.52m	NWI	14-10.00	
	4.32m(2.6) 4.52m(NWI) 4.30m(0.3)						
14	Schinkel, Alyssa	Iowa Track a	4.40m	4.38m	1.2	14-04.50	
	4.38m(1.2) 4.26m(1.9) 4.20m(0.7)						
15	Sandage, Sarah	Simpson (Iowa)	4.24m	4.37m	4.9	14-04.00	
	4.22m(1.4) FOUL 4.37m(4.9)						

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Results

...Women Long Jump

16	Sauvage, Marion	Coe	4.14m	4.21m	3.0	13-09.75
	FOUL		4.21m(3.0)	3.90m(2.6)		
17	Taylor, Jazie	Cornell College	4.14m	x4.19m	1.4	13-09.00
			4.13m(0.4)	4.17m(0.6)	4.19m(1.4)	
18	Maddaus, Jordan	Grinnell	4.48m	3.87m	1.0	12-08.50
			3.82m(0.6)	3.87m(1.0)	3.82m(+0.0)	
19	Shaw, Cassie	Iowa Track a	3.94m	x3.60m	0.4	11-09.75
	FOUL		FOUL	3.60m(0.4)		

Women Triple Jump

3 Prelims, 3 Finals 9 Athletes to Finals

Event to Follow Mens Triple Jump

Name	Year	School	Seed	Finals	Wind	Points	Alternate
1	Acompanado, Elyse	Loras	11.42m	11.23m	1.7	36-10.25	10
			11.23m(1.7)	10.80m(1.2)	FOUL	FOUL	FOUL
2	Leach, Nikki	Cornell College	10.57m	10.52m	0.5	34-06.25	8
			FOUL	10.21m(2.1)	FOUL	FOUL	10.21m(1.1)
3	Blocker, Trenetta	Central College	9.69m	10.36m	1.5	34-00.00	6
			9.87m(2.5)	10.36m(1.5)	10.24m(0.1)	FOUL	FOUL
4	Rule, Shay	Cornell College	9.72m	9.75m	1.2	32-00.00	5
			9.75m(1.2)	FOUL	9.36m(1.3)	FOUL	FOUL
5	Kaminski, Krystyna	Loras	9.75m	9.28m	0.1	30-05.50	4
			9.28m(0.1)	FOUL	FOUL	FOUL	FOUL
--	Sauvage, Marion	Coe		FOUL			
				FOUL			

Women Shot Put

3 Prelims, 3 Finals 9 Athletes to Finals

Event to Follow Mens Javelin

Name	Year	School	Seed	Finals	Points	Alternate
1	Stein, Alexia	Iowa Central CC	14.86m	13.69m	44-11.00	10
			12.90m	FOUL	FOUL	FOUL
			13.45m	13.69m		
2	Burt, Emily	Central College	11.63m	12.10m	39-08.50	8
			11.43m	11.48m	11.83m	11.51m
			12.10m	11.50m		
3	Keahna, Tieranny	Coe	12.10m	12.05m	39-06.50	6
			11.83m	11.51m	11.68m	11.96m
			12.05m	11.73m		
4	Niemier, Alex	Simpson (Iowa)	11.92m	11.63m	38-02.00	5
			11.38m	10.93m	11.46m	11.38m
			FOUL	11.63m		
5	Martinez, Octavia	Cornell College	11.97m	11.47m	37-07.75	4
			10.96m	11.03m	11.24m	11.03m
			FOUL	11.47m		
6	Arechiga, Madison	Coe	11.25m	11.19m	36-08.50	3
			11.11m	10.88m	10.91m	11.19m
			10.60m	FOUL		
7	Neckopulos, Alex	Grinnell	10.80m	10.53m	34-06.75	2
			10.16m	10.34m	10.53m	10.12m
			FOUL	FOUL		
8	Schnoor, Libby	Cornell College	10.91m	10.42m	34-02.25	1
			10.24m	FOUL	8.33m	9.65m
			10.27m	10.42m		
9	Miller, Megan	Mount Mercy	10.19m	9.55m	31-04.00	
			9.41m	9.10m	FOUL	9.03m
			9.55m	FOUL		
10	Sockrider, Asia	Loras	9.37m	9.40m	30-10.25	
			9.08m	9.40m	8.86m	

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Results

Women Discus Throw

3 Prelims, 3 Finals 9 Athletes to Finals

Event to Follow Mens Discus

Name	Year	School	Seed	Finals	Points	Alternate
1 Stein, Alexia		Iowa Central CC	45.50m	45.05m	147-10	10
	37.24m	44.33m	45.05m	FOUL	43.05m	44.88m
2 Stucht, Lorell		Central College	41.71m	39.25m	128-09	8
	37.58m	36.70m	39.25m	FOUL	38.57m	FOUL
3 Keahna, Tieranny		Coe	37.88m	38.76m	127-02	6
	38.76m	36.00m	FOUL	FOUL	36.54m	37.14m
4 Martinez, Octavia		Cornell College	37.23m	38.59m	126-07	5
	30.31m	38.36m	34.94m	37.45m	FOUL	38.59m
5 Feldman, Kristi		Mount Mercy	37.82m	35.52m	116-06	4
	33.59m	35.46m	35.52m	FOUL	34.57m	FOUL
6 Smithson, Lillian		Central College	31.23m	34.59m	113-06	3
	FOUL	31.61m	34.59m	33.35m	31.42m	31.24m
7 Berube, Alea		Cornell College	35.77m	34.54m	113-04	2
	FOUL	34.26m	34.07m	34.54m	31.59m	FOUL
8 Neckopulos, Alex		Grinnell	37.00m	32.67m	107-02	1
	FOUL	31.68m	FOUL	32.67m	FOUL	FOUL
9 Cullinan, Jackie		Simpson (Iowa)	30.64m	31.63m	103-09	
	FOUL	FOUL	31.63m	27.70m	FOUL	29.66m
10 Burt, Emily		Central College	32.55m	31.49m	103-04	
	30.13m	30.57m	31.49m			
11 Arechiga, Madison		Coe	31.31m	31.08m	102-00	
	FOUL	28.94m	31.08m			
12 Harvey, Macin		Central College	31.97m	x29.74m	97-07	
	29.74m	FOUL	FOUL			
13 Sockrider, Asia		Loras	29.21m	26.81m	87-11	
	FOUL	26.81m	FOUL			
14 Sassman, Emily		Simpson (Iowa)		22.79m	74-09	
	20.00m	22.79m	20.38m			

Women Hammer Throw

3 Prelims, 3 Finals 9 Athletes to Finals

Event to Follow Mens Hammer

Name	Year	School	Seed	Finals	Points	Alternate
1 Stucht, Lorell		Central College	50.98m	50.13m	164-06	10
	49.02m	FOUL	50.13m	FOUL	49.97m	49.19m
2 Stein, Alexia		Iowa Central CC	45.23m	45.80m	150-03	8
	45.80m	42.66m	43.81m	FOUL	FOUL	FOUL
3 Martinez, Octavia		Cornell College	39.22m	40.89m	134-02	6
	39.96m	40.89m	40.61m	38.95m	39.83m	39.01m
4 Neckopulos, Alex		Grinnell	40.00m	40.89m	134-02	5
	37.64m	35.53m	40.89m	FOUL	34.19m	37.91m
5 Burt, Emily		Central College	33.05m	37.65m	123-06	4
	35.82m	35.94m	FOUL	FOUL	33.35m	37.65m
6 Niemier, Alex		Simpson (Iowa)	32.17m	36.28m	119-00	3
	FOUL	36.28m	35.72m	FOUL	FOUL	FOUL
7 Keahna, Tieranny		Coe	35.49m	36.22m	118-10	2
	35.23m	35.05m	34.46m	33.11m	36.22m	34.10m
8 Berube, Alea		Cornell College	35.26m	34.93m	114-07	1
	34.93m	31.66m	FOUL	FOUL	FOUL	31.61m

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Results

...Women Hammer Throw

9	Feldman, Kristi	Mount Mercy	35.00m	34.91m	114-06
	34.91m FOUL FOUL FOUL FOUL FOUL FOUL				
10	Arechiga, Madison	Coe	30.20m	33.62m	110-04
	31.05m 33.62m 33.39m				
11	Miller, Megan	Mount Mercy	29.58m	33.44m	109-08
	33.44m 32.84m 32.99m				
12	Harvey, Macin	Central College	32.52m	32.97m	108-02
	FOUL 32.97m 31.42m				
13	Smithson, Lillian	Central College	30.20m	x31.66m	103-10
	31.66m 29.45m FOUL				
14	Cullinan, Jackie	Simpson (Iowa)	27.73m	29.76m	97-08
	29.76m FOUL FOUL				
15	Bain, Cassandra	Coe	23.46m	29.11m	95-06
	FOUL 28.27m 29.11m				
16	Sockrider, Asia	Loras		28.91m	94-10
	28.91m 26.72m FOUL				
17	Sassman, Emily	Simpson (Iowa)		26.77m	87-10
	26.02m 26.77m 26.05m				
18	Rumelhart, Kaytlyn	Mount Mercy	24.11m	23.98m	78-08
	FOUL 23.98m 23.84m				

Women Javelin Throw

3 Prelims, 3 Finals 9 Athletes to Finals						
Name	Year	School	Seed	Finals	Points	Alternate
1 Schnoor, Libby		Cornell College	35.94m	35.25m	115-08	10
	32.10m 28.28m 29.71m 33.75m 35.25m 31.41m					
2 Dooley, Taylor		Loras	33.62m	33.72m	110-07	8
	32.04m 29.19m FOUL 28.44m FOUL 33.72m					
3 Sanborn, Nicole		Mount Mercy	36.93m	33.66m	110-05	6
	33.66m FOUL 30.45m FOUL 28.85m FOUL					
4 Simon, Alyssa		Loras	33.16m	29.96m	98-03	5
	28.93m 29.96m 26.79m 29.41m FOUL FOUL					
5 Boyd, Diamond		Cornell College	28.62m	29.08m	95-05	4
	24.64m 28.39m 29.08m 25.45m 24.79m 26.35m					
6 Bain, Cassandra		Coe	27.93m	27.25m	89-05	3
	24.10m 23.19m 20.98m FOUL FOUL 27.25m					
7 Cullinan, Jackie		Simpson (Iowa)	25.27m	27.17m	89-02	2
	FOUL 27.17m FOUL 24.92m 24.14m 23.83m					
8 Feldman, Kristi		Mount Mercy	30.00m	26.28m	86-03	1
	26.28m 23.56m 22.79m 23.72m 22.94m FOUL					
9 Stirling, Caroline		Mount Mercy	26.58m	25.94m	85-01	
	FOUL 21.54m 25.94m 23.49m 22.88m FOUL					
10 Rumelhart, Kaytlyn		Mount Mercy	22.60m	x23.86m	78-03	
	23.86m 22.96m 21.61m					
11 Jaynes, Karley		Mount Mercy	29.62m	x23.30m	76-05	
	22.11m 23.30m 22.50m					
12 Miller, Megan		Mount Mercy	20.17m	x21.60m	70-10	
	21.60m FOUL 20.63m					
13 Berube, Alea		Cornell College	26.54m	20.86m	68-05	
	20.09m 20.70m 20.86m					
14 Lambert, Bryanna		North Iowa Area CC	15.21m	17.15m	56-03	
	14.21m 17.15m FOUL					

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Results

...Women Javelin Throw

15 Schmidt, Kendra North Iowa Area CC 18.22m 14.98m 49-02
 14.98m 14.59m 14.80m

Men 100 Meter Dash

ROLLING SCHEDULE

Name	Year School	Seed	Finals	Wind H#	Points	Alternate
1 Ivy, Melvin	Iowa Track a	10.95	11.12	1.2 4	10	
2 Williams, Keon'tay	Iowa Track a	11.50	11.17	1.5 2	8	
3 Catchings, Clevon	Coe	11.43	11.26	0.8 3	6	
4 Morrison, Tyson	Loras	11.56	11.29	1.5 2	5	
5 Garza, Michael	Iowa Track a	11.20	11.31	1.2 4	4	
6 Hines, Mickey	Cornell College	11.20	11.35	1.2 4	2.50	
6 Barnes, Joel	Mount Mercy	11.35	11.35	0.8 3	2.50	
8 Nissen, Zach	Simpson (Iowa)	11.39	11.40	0.8 3	1	
9 Luna, Jakob	North Iowa Area CC	11.49	11.42	0.8 3		
10 Goos, Brody	North Iowa Area CC	11.67	11.43	1.5 2		
11 Smart, Kyrion	Unattached	11.75	11.49	1.5 2		
12 Beaton, Jacob	Loras	11.48	11.52	0.8 3	11.513	
12 Vittetoe, Troy	Simpson (Iowa)	11.35	11.52	0.8 3	11.519	
14 Meng, Christopher	Iowa Track a	11.20	x11.53	1.2 4		
15 Zweifel, Keagan	Simpson (Iowa)	11.40	11.76	0.8 3		
16 Moody, Gerrand	Loras	11.60	11.81	1.5 2		
17 Jones, Anton	Coe	11.38	11.83	0.8 3		
18 Woods, Jordon	Central College		11.96	1.2 1		
19 Young, Joey	Faith Baptist Bible		11.99	1.2 1		
20 Dredge, Tyler	Simpson (Iowa)	11.60	x12.07	1.5 2		
21 Pollpeter, Hunter	Central College		12.14	1.2 1		
22 Corzine, Joe	Simpson (Iowa)	11.90	x12.26	1.2 1		
23 Quick, Zach	Central College	12.09	12.33	1.2 1		
24 Yibokou, Charles	Cornell College		12.81	1.2 1		
25 Murray, Ronnie	Faith Baptist Bible		13.26	1.2 1		
-- Ball, Chris	Loras	11.70	DNF	1.5 2		

Men 200 Meter Dash

ROLLING SCHEDULE

Name	Year School	Seed	Finals	Wind H#	Points	Alternate
1 Franklin, Erik	Coe	21.69	22.01	-0.5 6	10	
2 Mikel, Patrick	Loras	22.30	22.12	-0.5 6	8	
3 Wimbish, Justin	Central College	22.61	22.26	-0.5 6	6	
4 Tupper, Travis	Simpson (Iowa)	22.45	22.37	-0.5 6	5	
5 Williams, Keon'tay	Iowa Track a	22.90	22.58	1.7 5	4	
6 Catchings, Clevon	Coe	22.98	22.59	1.7 5	3	
7 Wetterling, Chase	Simpson (Iowa)	22.50	22.61	-0.5 6	2	
8 Vittetoe, Troy	Simpson (Iowa)	23.30	22.93	1.7 5	1	
9 Smith, Noah	Loras	23.20	22.95	1.7 5		
10 Saucer, Vinnie	Iowa Track a		22.96	1.2 1		
11 Meng, Christopher	Iowa Track a	23.00	23.05	1.7 5		
12 Gradoville, Brandon	Loras	22.70	23.13	-0.5 6		
13 Hines, Mickey	Cornell College	23.50	23.41	1.5 4		
14 Gradoville, Evan	Loras	23.80	x23.52	1.5 4		
15 Smart, Kyrion	Unattached	24.10	23.60	-1.0 3		

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Results

...Men 200 Meter Dash

16 Birkes, Clayton	Coe	23.30	23.66	1.5	4
17 Etienne, Ricardo	Mount Mercy	24.35	23.84	1.1	2
17 Klasi, Ethan	North Iowa Area CC	23.50	23.84	1.5	4
19 Lindsay, Rohan	Mount Mercy	23.89	23.87	-1.0	3
20 Page, Jake	Iowa Track a	23.80	x23.88	1.5	4
21 Nissen, Zach	Simpson (Iowa)	23.60	x23.91	1.5	4
22 Corzine, Joe	Simpson (Iowa)	25.25	x24.13	1.1	2
23 Koelling, John	Iowa Track a	24.00	x24.17	-1.0	3
24 Young, Joey	Faith Baptist Bible		24.23	1.2	1
25 Hengesteg, Scott	North Iowa Area CC	23.56	24.30	1.5	4
26 Phillips, Nate	Coe	24.40	x24.41	1.1	2
27 Pollpeter, Hunter	Central College	24.31	24.43	-1.0	3
28 Dredge, Tyler	Simpson (Iowa)	24.70	x24.69	1.1	2
29 Jones, Anton	Coe	23.81	x24.83	-1.0	3
30 Iversen, Reese	Central College	23.90	24.95	-1.0	3
31 Parreira, Gabriel	Mount Mercy	25.79	25.96	1.1	2
32 Murray, Ronnie	Faith Baptist Bible		26.89	1.2	1
33 Yibokou, Charles	Cornell College	25.50	27.14	1.1	2
34 Kiskamp, Joshua	Central College	27.94	x27.56	1.2	1
35 Sunseri, Ken	Unattached	28.27	27.96	1.2	1

Men 400 Meter Dash

ROLLING SCHEDULE

Name	Year School	Seed	Finals	H#	Points	Alternate
1 Suell, Nathan	Coe	50.45	50.18	5	10	
2 Williams, Keon'tay	Iowa Track a	51.02	50.69	5	8	
3 Pearson, Matt	Simpson (Iowa)	50.90	50.71	5	6	
4 Morgan, Blake	Central College	50.12	50.92	5	5	
5 Diallo, Junior	Mount Mercy	50.24	51.06	5	4	
6 Jennings, Caleb	Central College	52.24	51.26	4	3	
7 Carey, Phillip	Central College	52.13	51.51	4	2	
8 Hall, Anakin	Loras	51.50	51.53	4	1	
9 Klasi, Ethan	North Iowa Area CC	51.80	51.94	4		
10 Lewin, Connor	Central College		x52.13	1		
11 Yaw, Mitchell	Central College		x52.42	1		
12 Helm, Dakota	Coe	51.50	52.43	5		
13 McKinney, Andre	North Iowa Area CC	52.00	52.51	4		
14 Suedmeier, Cory	Central College	53.36	x52.69	3		
15 Hartshorne, Hunter	Coe	52.02	52.83	4		
16 Wicks, Kirk	Simpson (Iowa)	49.70	53.03	5		
17 Koelling, John	Iowa Track a	54.00	53.67	3		
18 Page, Jake	Iowa Track a	55.00	54.20	2		
19 Van Beek, Tanner	Faith Baptist Bible		54.42	1		
20 Hengesteg, Scott	North Iowa Area CC	53.60	54.47	3		
21 Robinson, Marquis	Coe	55.00	x54.53	2		
22 Werner, Sam	Iowa Track a	54.00	x54.54	3		
23 Felderman, Willie	Faith Baptist Bible		54.67	1		
24 Heitkamp, Taylor	Central College		x55.01	1		
25 Lopez, Albert	Cornell College	53.30	55.13	3		
26 Edeker, Samuel	Loras	55.50	55.45	2		
27 Phillips, Nate	Coe	54.68	x57.41	3		
28 Heetland, Dylan	Central College		x57.64	1		
29 Wilson, Julian	Cornell College	59.78	58.41	2		

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Results

...Men 400 Meter Dash

30 Sunseri, Ken	Unattached	1:02.80	1:01.90	2
31 Belzer, Alex	Iowa Track a	1:00.00	x1:05.67	2
32 Smith, Taylor	Central College	1:09.41	x1:06.43	1

Men 800 Meter Run

ROLLING SCHEDULE

Name	Year School	Seed	Finals	H#	Points	Alternate
1 Lally, Kylian	Loras	1:52.87	1:53.85	4	10	
2 Freeborn, Beau	Coe	1:55.00	1:56.14	4	8	
3 Conklin-Little, Cole	Loras	1:58.00	1:58.63	4	6	
4 Kimbrell, Nathan	Loras	1:55.00	1:59.18	4	5	
5 Nugent, Brien	Loras	1:59.00	x1:59.21	4		
6 Specht, Jon	Central College	1:58.00	2:00.32	4	4	
7 Knowles, Zelmon	Mount Mercy	2:00.00	2:00.44	4	3	
8 Marshall, Michael	Mount Mercy	2:00.00	2:00.65	3	2	
9 Carter, David	North Iowa Area CC	2:01.45	2:01.21	3	1	
10 Izer, Ryan	Coe	1:58.10	2:01.28	4		
11 Crail, Nathaniel	Grinnell	2:00.95	2:01.53	3		
12 Lindstrom, James	Mount Mercy	2:00.00	2:01.87	3		
13 Stoll, Matt	Cornell College	2:01.00	2:03.41	3		
14 Forster, Colton	Mount Mercy	2:03.98	x2:03.53	2		
15 Schwartz, Colton	Iowa Track a	2:02.61	2:03.58	2		
16 Ross, Max	Loras	2:01.00	x2:03.83	3		
17 Lefebure, Levi	Simpson (Iowa)	2:02.00	2:03.84	3		
18 Carroll, Jack	Loras	1:59.00	x2:04.37	4		
19 Long, Josh	Mount Mercy	2:02.97	x2:04.65	2		
20 Cooper, Nick	Central College	2:03.00	2:04.73	2		
21 Bach, Austin	Cornell College	2:02.00	2:05.35	3		
22 Luedtke, Nick	Iowa Track a	2:00.00	2:05.68	3		
23 Gregor, Justin	Grinnell	2:06.00	2:06.97	2		
24 O'Reilly, Sean	Grinnell	2:01.50	2:07.03	3		
25 Mckenzie, Ian	Simpson (Iowa)	2:02.00	2:07.47	3		
26 Kibby, Nick	Simpson (Iowa)	2:03.29	2:08.70	2		
27 VanHorn, Ben	North Iowa Area CC	2:07.19	2:09.84	2		
28 Kemp, Anthony	Loras	2:05.78	x2:10.12	2		
29 Schreiber, Dray	Coe	1:59.00	2:12.45	4		
30 Khan, Kallin	Unattached	1:58.74	2:13.08	4		
31 Glandorf, Myles	Iowa Track a	2:05.00	2:13.12	2		
32 Posley, Kijuan	Central College	2:20.00	2:13.39	1		
33 Christen, Taylor	Cornell College	2:15.00	2:14.42	1		
34 Weis, Adam	Iowa Track a	2:10.00	x2:14.44	1		
35 Pradhan, Nikash	Iowa Track a	2:15.00	x2:14.98	1		
36 Muur, Mason	Central College	2:05.00	x2:15.26	2		
37 Seuferer, Bryant	Central College	2:15.77	x2:15.31	1		
38 Pfiffner, Austin	Central College	2:15.91	x2:15.48	1		
39 Zemba, Paul	Cornell College	2:09.00	x2:18.58	2		
40 Caracci, Jeremy	Central College	2:06.16	x2:21.09	2		
41 Collins, Sam	Grinnell	2:09.00	x2:21.14	1		
42 Brunet, Chris	Grinnell	2:10.00	x2:21.30	1		
43 Kiskamp, Joshua	Central College	2:20.00	x2:26.99	1		
44 Hall, Kyle	Loras	2:25.00	x2:27.17	1		

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Results

Men 1500 Meter Run

ROLLING SCHEDULE

Name	Year School	Seed	Finals	H#	Points	Alternate
1 Fairley, Mark	Central College	3:56.00	4:01.84	4	10	
2 Nugent, Brien	Loras	4:01.03	4:04.31	4	8	
3 Rathje, Tanner	Central College	3:56.00	4:05.06	4	6	
4 Carroll, Jack	Loras	4:03.59	4:05.34	4	5	
5 Bach, Austin	Cornell College	4:06.76	4:05.49	4	4	
6 Hovey, Kyle	Simpson (Iowa)	4:05.00	4:05.63	4	3	
7 Steffensmeier, Isaac	Central College	3:59.00	4:06.35	4	2	
8 Gabriel, Cuyler	Cornell College	4:08.98	4:06.93	4	1	
9 Pape, Kyle	Central College	3:57.89	x4:08.34	4		
10 Mckenzie, Ian	Simpson (Iowa)	4:02.72	4:08.66	4		
11 Kimbrell, Nathan	Loras	4:05.00	4:08.80	4		
12 Nelson, Ben	Coe	4:14.95	4:12.78	3		
13 Gagen, Matt	Loras	4:09.00	x4:13.48	3		
14 Khan, Kallin	Unattached	4:09.24	4:15.03	3		
15 Forster, Colton	Mount Mercy	4:10.11	4:17.41	3		
16 Lefebure, Levi	Simpson (Iowa)	4:10.00	4:21.25	3		
17 Hansen, Pieter	Grinnell	4:20.00	4:22.96	2		
18 Reschenberg, Jack	Loras	4:15.00	x4:23.17	3		
19 Strauss, Ryan	Central College		x4:24.18	1		
20 Luedtke, Nick	Iowa Track a	4:12.00	4:25.04	3		
21 Zemba, Paul	Cornell College	4:18.00	4:27.52	3		
22 Goslin, Nate	Loras	4:25.00	x4:28.09	2		
23 Kuhlmann, Canyon	North Iowa Area CC	4:27.00	4:28.44	2		
24 Glandorf, Myles	Iowa Track a	4:30.00	4:28.46	2		
25 Christen, Taylor	Cornell College	4:30.28	x4:29.60	2		
26 Seuferer, Bryant	Central College	4:32.67	x4:30.55	1		
27 Pfiffner, Austin	Central College		x4:31.60	1		
28 Phipps, Matthew	Grinnell	4:25.00	4:32.18	2		
29 Osler, John	Grinnell	4:30.00	4:34.61	2		
30 Weis, Adam	Iowa Track a	4:30.00	4:35.76	2		
31 Miller, Eli	Central College	4:10.00	x4:36.02	3		
32 McDermott, Matthew	Cornell College	4:29.95	x4:37.45	2		
33 Remington, Landon	Cornell College	4:38.72	x4:37.72	1		
34 Thomson, Colin	Central College	4:15.00	x4:38.01	3		
35 Muur, Mason	Central College		x4:39.03	1		
36 Christianson, Nigel	Mount Mercy	4:37.00	4:46.59	1		
37 Feldman, Jacob	Coe	4:40.00	4:47.16	1		
38 Sokolsky, Sam	Grinnell	4:30.00	x4:48.12	2		
39 Thompson, Tyus	Mount Mercy	4:46.00	4:50.19	1		
40 Hughes, Ryan	Faith Baptist Bible	4:55.26	4:51.94	1		
41 Herndon, Jacob	Mount Mercy	4:53.40	x4:52.93	1		
42 Belzer, Alex	Iowa Track a		x5:20.33	1		

Men 5000 Meter Run

ROLLING SCHEDULE

Name	Year School	Seed	Finals	Points	Alternate
1 Wilson, Caleb	Cornell College		15:53.14	10	
2 Wicker, Mason	Cornell College		15:53.22	8	
3 Haerr, Nathan	Coe	15:25.00	16:08.38	6	
4 Dinderman, Derek	Coe	15:30.00	16:29.95	5	

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...Men 5000 Meter Run

5	Meshach, McCoy	Coe	16:34.00	16:45.24	4
6	Gregorich-Trevor, Connor	Grinnell	16:20.00	16:50.14	3
7	Golding, Aaron	Mount Mercy	16:35.00	16:57.80	2
8	Roen, Drew	Simpson (Iowa)		16:59.33	1
9	Healey, Aidan	Grinnell	16:45.00	17:13.56	
10	Kizer, Preston	Central College		17:17.68	
11	Hill, Parker	Central College		17:18.19	
12	Carillo, Sezar	Coe	17:00.00	x17:18.36	
13	Blackmon, Jacob	Mount Mercy	16:50.00	17:30.62	
14	Evans, Luke	Unat-Simpson (Iowa)		17:40.63	
15	Schwartz, Colton	Iowa Track a	16:50.00	17:50.56	
16	Christianson, Nigel	Mount Mercy	18:01.38	18:08.90	
17	Gehrke, Jordan	Iowa Track a	16:59.00	18:26.03	
18	Wells, Jared	Coe	17:15.00	x18:27.00	
19	Grant, Reilly	Grinnell	17:15.00	18:31.97	
20	Hensel, Jake	Mount Mercy	18:04.85	x18:48.89	
21	Mulligan, Connor	Grinnell	17:45.00	x19:26.79	
22	Hughes, Ryan	Faith Baptist Bible		19:35.27	

Men 110 Meter Hurdles

ROLLING SCHEDULE

Name	Year School	Seed	Finals	Wind	H#	Points	Alternate
1 Hawkins, Chris	Coe	15.08	15.24	-1.0	3	10	
2 Kalinay, Dylan	Simpson (Iowa)	14.37	15.43	-1.0	3	8	
3 Frazier, Isaac	Simpson (Iowa)	14.93	15.47	-1.0	3	6	
4 Moody, Gerrand	Loras	15.40	15.62	-1.0	3	5	
5 Adeniyi, Sam	Simpson (Iowa)	15.30	15.67	-1.0	3	4	
6 Iversen, Reese	Central College	15.66	15.92	1.6	2	3	
7 Lueken, Michael	Loras	16.00	16.37	1.6	2	2	
8 McKee, Trevor	Simpson (Iowa)	16.19	x16.53	1.6	2		
9 Pollpeter, Hunter	Central College	15.50	16.66	-1.0	3	1	
10 Daniels, Will	Central College		16.79	2.0	1		
11 Kruse, Ryan	Central College	16.94	x16.80	1.6	2		
12 Stoeffler, Brady	Mount Mercy	18.07	16.87	1.6	2		
13 Kraus, Landon	Coe		16.93	2.0	1		
14 McNanna, Zach	Cornell College		17.00	2.0	1		
15 Shonka, Bryce	Iowa Track a	15.50	17.03	-1.0	3		

Men 400 Meter Hurdles

ROLLING SCHEDULE

Name	Year School	Seed	Finals	H#	Points	Alternate
1 Coughenour, Jordan	Simpson (Iowa)	53.90	55.00	3	10	
2 Scott, Shamari	Loras	55.80	57.77	3	8	
3 McKee, Trevor	Simpson (Iowa)	56.60	58.17	3	6	
4 Greenwalt, Austin	Simpson (Iowa)	57.50	58.26	3	5	
5 Varney, Gabe	Coe	59.00	58.69	2	4	
6 Shonka, Bryce	Iowa Track a	57.57	58.85	3	3	
7 Kraus, Landon	Coe	58.64	59.07	2	2	
8 Johnson, Max	Coe	59.00	59.61	2	1	
9 McNanna, Zach	Cornell College	1:00.00	59.84	2		
10 Berube, Ethan	Cornell College	58.00	1:00.48	3		

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11 Elms Jansson, Dennis	North Iowa Area CC	1:01.20	1:01.66	1
12 Vannatta, Matthew	Central College		1:01.72	1
13 Gallagher, John	Grinnell	1:00.59	1:02.38	2
14 Braun, Jonathan	Grinnell	59.50	1:02.39	2
15 McKinney, Evan	Faith Baptist Bible	1:04.07	1:03.15	1
16 Stoeffler, Brady	Mount Mercy	1:04.28	1:03.68	1
17 Adkins, Steven	Central College		1:03.90	1
18 Hopp, Isaiah	Loras	1:02.00	1:04.02	1
19 Miller, Josh	Grinnell	1:00.00	1:05.65	2

Men 3000 Meter Steeplechase

ROLLING SCHEDULE

Name	Year School	Seed	Finals	Points	Alternate
1 Lindstrom, James	Mount Mercy	9:55.00	10:11.04	10	
2 Cooper, Nick	Central College		10:23.44	8	
3 Toomey, Jordan	Central College		10:25.74	6	
4 Poff, Nick	Coe	10:00.00	10:35.65	5	
5 Horan, Tucker	Cornell College	10:04.38	10:47.48	4	
6 Stelk, Ben	Central College		10:48.79	3	
7 Sunvold, Daniel	Central College		x10:51.75		
8 Caracci, Jeremy	Central College	10:46.31	x11:08.40		
9 Stoll, Zachary	Cornell College	9:54.67	11:30.78	2	
10 Tobin, Brady	Cornell College	11:27.84	11:33.59	1	

Men 4x100 Meter Relay

ROLLING SCHEDULE

School	Seed	Finals	H#	Points	Alternate
1 Coe 'A'	42.74	42.54	2	10	
1) Jones, Anton					
3) Catchings, Clevon					
2 Simpson (Iowa) 'A'	42.00	42.63	2	8	
1) Tupper, Travis					
3) Wetterling, Chase					
3 Central College 'A'	43.25	43.08	2	6	
1) Jennings, Caleb					
3) Morgan, Blake					
4 Cornell College 'A'	43.40	43.21	2	5	
1) Hines, Mickey					
3) Lopez, Albert					
5 Loras 'B'	43.50	43.34	1	4	
1) Smith, Noah					
3) Gradoville, Evan					
6 Loras 'A'	42.50	x43.49	2		
1) Beaton, Jacob					
3) Rattenborg, Colby					
7 North Iowa Area CC 'A'	43.33	43.60	2	3	
1) Goos, Brody					
3) Klasi, Ethan					
8 Simpson (Iowa) 'B'	43.00	x44.36	2		
1) Nissen, Zach					
3) Wicks, Kirk					
2) Vittetoe, Troy					
4) Adeniyi, Sam					

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Results

....Men 4x100 Meter Relay

9	Central College 'B'	44.00	x44.95	1	
	1) Suedmeier, Cory				
	3) Posley, Kijuan				
10	Iowa Track and Field Club 'A'	42.00	46.74	2	2
	1) Page, Jake				
	3) Meng, Christopher				
--	Central College 'C'			DNF	1
	1) Heitkamp, Taylor				
	3) Smith, Taylor				
	2) Lewin, Connor				
	4) Heetland, Dylan				
	2) Ajose, Dayo				
	4) Saucer, Vinnie				
	2) Vannatta, Matthew				
	4) Yaw, Mitchell				

Men 4x400 Meter Relay

ROLLING SCHEDULE

School	Seed	Finals	H#	Points	Alternate
1 Loras 'A'	3:17.00	3:16.67	4	10	
1) Gradoville, Brandon					
3) Lally, Kylian					
2 Simpson (Iowa) 'A'	3:16.50	3:17.72	4	8	
1) Wetterling, Chase					
3) Coughenour, Jordan					
3 Loras 'B'	3:24.00	x3:25.69	4		
1) Gradoville, Evan					
3) Smith, Noah					
4 Coe 'A'	3:20.00	3:26.22	4	6	
1) Birkes, Clayton					
3) Suell, Nathan					
5 Central College 'A'	3:24.00	3:26.26	4	5	
1) Carey, Phillip					
3) Suedmeier, Cory					
6 Mount Mercy 'A'	3:26.55	3:27.00	3	4	
1) Reischauer, Christian					
3) Knowles, Zelmon					
7 Iowa Track and Field Club 'A'	3:24.00	3:28.01	4	3	
1) Sheppard, Alec					
3) Koelling, John					
8 Simpson (Iowa) 'B'	3:25.00	x3:28.87	4		
1) Frazier, Isaac					
3) Adeniyi, Sam					
9 Central College 'D'	3:40.00	x3:29.18	3		
1) Fairley, Mark					
3) Specht, Jon					
10 Central College 'B'	3:30.00	x3:33.85	3		
1) Lewin, Connor					
3) Adkins, Steven					
11 Grinnell 'A'	3:32.97	3:34.07	3	2	
1) Braun, Jonathan					
3) Ogasawara, Ibuki					
12 Cornell College 'A'	3:26.50	3:34.53	4	1	
1) Hines, Mickey					
3) Lopez, Albert					
13 Loras 'C'	3:36.00	x3:37.15	3		
1) Beaton, Jacob					
3) Kemp, Anthony					
14 Mount Mercy 'B'	3:33.29	x3:37.27	3		
2) Morrison, Tyson					
4) O'Neill, Andrew					
2) Diallo, Junior					
4) Marshall, Michael					
2) Meng, Christopher					
4) Shonka, Bryce					
2) Pearson, Matt					
4) Vittetoe, Troy					
2) Donner, Taylor					
4) Rathje, Tanner					
2) Posley, Kijuan					
4) Wimbish, Justin					
2) Ampim-Darko, Papa Kojo					
4) Crail, Nathaniel					
2) Berube, Ethan					
4) Newbold, Husani					
2) Moody, Gerrand					
4) Edeker, Samuel					

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Results

....Men 4x400 Meter Relay

1) Long, Josh	2) Gonzalez, Rick			
3) Lindsay, Rohan	4) Etienne, Ricardo			
15 Central College 'C'		3:45.00	x3:42.54	2
1) Vannatta, Matthew	2) Heetland, Dylan			
3) Kruse, Ryan	4) Daniels, Will			
16 Central College 'E'		3:40.00	x3:43.11	2
1) Pape, Kyle	2) Kizer, Preston			
3) Steffensmeier, Isaac	4) Toomey, Jordan			
17 Iowa Track and Field Club 'B'			x3:44.89	1
1) Werner, Sam	2) Luedtke, Nick			
3) Pradhan, Nikash	4) Ajose, Dayo			
18 Faith Baptist Bible 'A'			3:45.99	1
1) Felderman, Willie	2) Young, Joey			
3) Van Beek, Tanner	4) McKinney, Evan			
19 Grinnell 'B'		3:38.00	x3:48.68	3
1) Henderson, Erik	2) O'Reilly, Sean			
3) Gregor, Justin	4) Gallagher, John			
20 Central College 'F'		4:00.00	x3:51.74	2
1) Hill, Parker	2) Cooper, Nick			
3) Strauss, Ryan	4) Miller, Eli			
21 Mount Mercy 'C'		3:58.00	x3:59.78	2
1) Parreira, Gabriel	2) Herndon, Jacob			
3) Stone, Devin	4) Diaz, Mauricio			
22 Central College 'H'		4:00.00	x4:00.42	2
1) Sunvold, Daniel	2) Woods, Jordon			
3) Pfiffner, Austin	4) Kiskamp, Joshua			
23 Loras 'D'		3:40.00	x4:01.94	2
1) Carroll, Jack	2) Conklin-Little, Cole			
3) Ross, Max	4) Hopp, Isaiah			
24 Central College 'G'		4:00.00	x4:02.63	2
1) Stelk, Ben	2) Muur, Mason			
3) Thomson, Colin	4) Caracci, Jeremy			

Men High Jump

Event to Follow Womens High Jump

Name	Year School	Seed	Finals	Points	Alternate
1 Strong, Isaiah	Simpson (Iowa)	1.97m	1.95m	6-04.75	10
1.50 1.55 1.60 1.65 1.70 1.75 1.80 1.85 1.90 1.95 2.00					
P P P P P P O O XO XO XXX					
2 Frazier, Isaac	Simpson (Iowa)	1.94m	1.90m	6-02.75	8
1.50 1.55 1.60 1.65 1.70 1.75 1.80 1.85 1.90 1.95					
P P P P P P O O XO XXX					
3 Durov, Quintin	Loras	1.87m	1.85m	6-00.75	6
1.50 1.55 1.60 1.65 1.70 1.75 1.80 1.85 1.90					
P P P P P O O O XXX					
4 Adeniyi, Sam	Simpson (Iowa)	1.91m	1.85m	6-00.75	5
1.50 1.55 1.60 1.65 1.70 1.75 1.80 1.85 1.90					
P P P P P P XXO O XXX					
5 MacDowell, Blake	Cornell College	1.80m	1.80m	5-10.75	4
1.50 1.55 1.60 1.65 1.70 1.75 1.80 1.85					
O P O P O O O XXX					

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Results

....Men High Jump

6	Ehlen, Jacob	Mount Mercy	1.82m	1.80m	5-10.75	3
	1.50 1.55 1.60 1.65 1.70 1.75 1.80 1.85					
	P P P P P XO O XXX					
7	Hayes, Alec	Unattached	1.95m	1.80m	5-10.75	2
	1.50 1.55 1.60 1.65 1.70 1.75 1.80 1.85					
	P P P P O O XO XXX					
8	Dietrich, Josh	Simpson (Iowa)	1.90m	x1.80m	5-10.75	
	1.50 1.55 1.60 1.65 1.70 1.75 1.80 1.85					
	P P P P P P XXO XXX					
9	Henderson, Erik	Grinnell	1.82m	1.75m	5-08.75	1
	1.50 1.55 1.60 1.65 1.70 1.75 1.80					
	P P P P O O XXX					
10	Gehrke, Jordan	Iowa Track a		1.70m	5-07.00	
	1.50 1.55 1.60 1.65 1.70 1.75					
	O O O XO O XXX					
11	Rewinkel, Caleb	Cornell College	1.85m	1.70m	5-07.00	
	1.50 1.55 1.60 1.65 1.70 1.75					
	O P O O XO XXX					
12	Lueken, Michael	Loras	1.70m	1.65m	5-05.00	
	1.50 1.55 1.60 1.65 1.70					
	P P O O XXX					
13	McNanna, Zach	Cornell College	1.72m	1.50m	4-11.00	
	1.50 1.55 1.60 1.65					
	O P P P					
14	Hartshorne, Hunter	Coe		1.50m	4-11.00	
	1.50 1.55					
	XXO XXX					

Men Pole Vault

=====						
Name	Year	School	Seed	Finals	Points	Alternate
=====						
1	Dunlap, Hunter	Loras	4.35m	4.25m	13-11.25	10
	3.05 3.20 3.35 3.50 3.65 3.80 3.95 4.10 4.25 4.40					
	P P P P P P P XXO O XXX					
2	Ogasawara, Ibuki	Grinnell	4.35m	4.10m	13-05.25	8
	3.05 3.20 3.35 3.50 3.65 3.80 3.95 4.10 4.25					
	P P P P P P P O XXX					
3	Stoltzman, Mitch	Simpson (Iowa)	4.10m	4.10m	13-05.25	6
	3.05 3.20 3.35 3.50 3.65 3.80 3.95 4.10 4.25					
	P P P P P O XXO XO XXX					
4	Dreska, Nick	Loras	3.98m	3.95m	12-11.50	4.50
	3.05 3.20 3.35 3.50 3.65 3.80 3.95 4.10					
	P P P P P O XO XXX					
4	Rodgers IV, David	Loras	4.10m	3.95m	12-11.50	4.50
	3.05 3.20 3.35 3.50 3.65 3.80 3.95 4.10					
	P P P P P O XO XXX					
6	Standring, Blake	Coe	3.56m	3.35m	10-11.75	3
	3.05 3.20 3.35 3.50					
	O P O XXX					
7	Lueken, Michael	Loras	3.00m	x3.05m	10-00.00	
	3.05 3.20					
	XXO XXX					

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....Men Pole Vault

-- Kennedy, Devan	Loras	4.46m	NH
3.05 3.20 3.35 3.50 3.65 3.80 3.95 4.10 4.25 4.40			
P P P P P P P P P P XXX			
-- Garza, Michael	Iowa Track a	3.35m	NH
3.20			
XXX			
-- Ball, Chris	Loras	3.86m	NH
3.05 3.20 3.35 3.50 3.65			
P P P P X			

Men Long Jump

3 Prelims, 3 Finals 9 Athletes to Finals

Name	Year	School	Seed	Finals	Wind	Points	Alternate
1 Hawkins, Chris		Coe	7.30m	7.28m	0.3	23-10.75	10
6.69m(0.6) 7.28m(0.3) FOUL		FOUL	FOUL	FOUL			
2 Wimbish, Justin		Central College	7.02m	6.91m	2.0	22-08.00	8
6.74m(1.5) FOUL 6.78m(1.6) 6.72m(1.0) 6.91m(2.0) FOUL							
3 Rattenborg, Colby		Loras	6.76m	6.65m	0.9	21-10.00	6
6.42m(1.4) 6.16m(1.9) 6.39m(1.1) FOUL FOUL 6.65m(0.9)							
4 Reischauer, Christian		Mount Mercy	6.50m	6.60m	1.4	21-08.00	5
6.33m(+0.0) 6.33m(1.3) FOUL 6.60m(1.4) FOUL 6.23m(1.2)							
5 Frazier, Isaac		Simpson (Iowa)	6.56m	6.39m	1.9	20-11.75	4
6.28m(2.5) 6.12m(1.4) 6.20m(2.2) 6.39m(1.9) 6.28m(2.3) FOUL							
6 Rewinkel, Caleb		Cornell College	6.56m	6.35m	+0.0	20-10.00	3
6.35m(+0.0) FOUL 6.10m(0.3) FOUL FOUL FOUL							
7 Daniels, Will		Central College	6.33m	6.28m	0.7	20-07.25	2
FOUL 6.26m(2.1) 6.28m(0.7) 6.12m(1.8) FOUL FOUL							
8 McNanna, Zach		Cornell College	6.37m	6.21m	2.7	20-04.50	1
6.21m(2.7) 6.18m(2.3) 5.62m(1.6) FOUL FOUL FOUL							
9 Greenwalt, Austin		Simpson (Iowa)	6.19m	6.14m	0.5	20-01.75	
FOUL 5.69m(2.4) 6.14m(0.5) FOUL 6.07m(1.7) 5.99m(2.0)							
10 Woods, Jordan		Central College	6.35m	5.99m	1.6	19-08.00	
5.40m(1.4) 5.55m(0.9) 5.99m(1.6)							
11 Durov, Quintin		Loras	6.02m	5.95m	1.9	19-06.25	
5.95m(1.9) 5.74m(1.5) 5.81m(2.4)							
11 Nelson, CJ		Coe	5.77m	5.95m	2.1	19-06.25	
FOUL 5.95m(2.1) 5.77m(1.3)							
13 Kruse, Ryan		Central College	6.23m	x5.82m	1.1	19-01.25	
5.82m(1.1) 5.70m(1.3) 5.71m(1.6)							
14 Caballero, Gustavo		Mount Mercy	5.94m	5.81m	2.2	19-00.75	
5.67m(2.3) 5.56m(0.5) 5.81m(2.2)							
15 Stiefel, Jordan		Loras	5.98m	5.79m	0.7	19-00.00	
5.30m(0.9) 5.79m(0.7) 5.35m(1.7)							
16 Luna, Jakob		North Iowa Area CC		5.69m	1.5	18-08.00	
FOUL 5.69m(1.5) FOUL(1.6)							
17 Henderson, Erik		Grinnell	6.30m	5.57m	1.8	18-03.25	
5.57m(1.8) 5.02m(1.1) 4.80m(0.9)							
18 Takaoka, Sho		Mount Mercy	5.65m	5.54m	+0.0	18-02.25	
5.41m(1.5) 5.54m(+0.0) 5.16m(1.4)							
19 Rew, Brian		Simpson (Iowa)	5.66m	5.49m	0.6	18-00.25	
5.46m(1.7) 5.44m(2.2) 5.49m(0.6)							
20 Quick, Zach		Central College	5.41m	x5.10m	1.6	16-08.75	
4.65m(0.4) FOUL 5.10m(1.6)							

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Results

...Men Long Jump

21 Yibokou, Charles Cornell College 5.34m 5.07m 1.5 16-07.75
 FOUL(1.8) 4.92m(1.7) 5.07m(1.5)

Men Triple Jump

3 Prelims, 3 Finals 9 Athletes to Finals
 Event to Follow Womens Long Jump

Name	Year	School	Seed	Finals	Wind	Points	Alternate
1 Caballero, Gustavo		Mount Mercy	13.43m	13.06m	2.5	42-10.25	10
		13.06m(2.5) FOUL	FOUL	FOUL	FOUL	FOUL	
2 Greenwalt, Austin		Simpson (Iowa)	12.42m	12.25m	1.1	40-02.25	8
		11.99m(0.5) 12.14m(1.3) 12.25m(1.1) 11.23m(1.7) 11.84m(1.3) 11.70m(+0.0)					
3 McNanna, Zach		Cornell College	12.76m	12.23m	1.2	40-01.50	6
		FOUL 12.20m(1.4) 11.94m(3.9) FOUL 12.23m(1.2) FOUL					
4 Nelson, CJ		Coe	11.74m	11.80m	0.6	38-08.75	5
		FOUL 11.56m(4.5) 11.60m(1.8) 11.40m(1.7) 11.80m(0.6) 11.59m(4.3)					
5 Woods, Jordon		Central College	12.48m	11.76m	1.7	38-07.00	4
		11.76m(1.7) FOUL FOUL FOUL FOUL					
6 Takaoka, Sho		Mount Mercy	11.65m	11.57m	1.3	37-11.50	3
		11.57m(1.3) 11.47m(1.7) FOUL FOUL FOUL 11.25m(1.6)					
7 Quick, Zach		Central College	10.48m	11.18m	0.5	36-08.25	2
		11.18m(0.5) 10.66m(2.5) 10.94m(3.1) FOUL FOUL FOUL					
8 Yibokou, Charles		Cornell College	11.47m	11.02m	0.1	36-02.00	1
		11.02m(0.1) 10.69m(0.8) FOUL FOUL FOUL FOUL					
-- Smith, Julian		Cornell College	13.18m	FOUL			
		FOUL FOUL FOUL					

Men Shot Put

3 Prelims, 3 Finals 9 Athletes to Finals
 Event to Follow Womens Shot Put

Name	Year	School	Seed	Finals	Points	Alternate
1 Zilaitis, Charles		Cornell College	16.66m	16.67m	54-08.25	10
		14.97m 15.76m 16.42m 15.61m 16.04m 16.67m				
2 Mungro, Sterling		Iowa Central CC	16.16m	16.12m	52-10.75	8
		16.12m FOUL FOUL FOUL FOUL FOUL				
3 Guiliani, Dan		Iowa Central CC	16.87m	15.63m	51-03.50	6
		FOUL 14.94m 15.63m 15.41m 15.53m FOUL				
4 Fitzgerald, Nathan		Central College	15.70m	14.90m	48-10.75	5
		FOUL 14.10m 14.78m 14.90m 14.29m FOUL				
5 Evans, Malek		Iowa Central CC	15.44m	14.86m	48-09.00	4
		FOUL 14.86m FOUL 14.72m 14.70m 14.38m				
6 Tapalua, Nick		Iowa Central CC	15.54m	x14.49m	47-06.50	
		FOUL 14.49m FOUL FOUL FOUL FOUL				
7 Chapman, Jon		Iowa Central CC	15.27m	x14.00m	45-11.25	
		FOUL 13.99m FOUL FOUL 14.00m FOUL				
8 Berg, Jake		Loras	13.56m	13.91m	45-07.75	3
		13.77m FOUL 12.83m 13.91m 13.58m 12.70m				
9 Moser, Chad		Loras	12.78m	13.44m	44-01.25	2
		13.15m 13.20m 13.44m FOUL 13.39m 12.91m				
10 Peters, Robbie		Coe	14.15m	13.41m	44-00.00	1
		12.37m 13.41m FOUL				

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Results

....Men Shot Put

11	Kirkwood, Jacob	Faith Baptist Bible	14.07m	12.94m	42-05.50
	12.94m	FOUL	FOUL		
12	Meskimen, John	Loras	12.48m	12.76m	41-10.50
	11.08m	11.48m	12.76m		
13	Kelley, Jackson	Simpson (Iowa)	12.64m	12.45m	40-10.25
	12.45m	12.21m	12.02m		
14	Papura, Joe	Loras	12.22m	x12.18m	39-11.50
	11.63m	12.18m	11.75m		
15	Warrick, Connor	Simpson (Iowa)	11.70m	12.06m	39-07.00
	11.72m	11.63m	12.06m		
16	Norem, Patrick	Central College	13.32m	11.99m	39-04.00
	11.99m	FOUL	11.98m		
17	Striegel, Caleb	Simpson (Iowa)	12.47m	11.79m	38-08.25
	11.62m	11.79m	FOUL		
18	Arellanos, Armando	Mount Mercy	12.55m	11.65m	38-02.75
	11.39m	11.65m	11.41m		
19	Seymour, Josh	Coe	11.40m	11.23m	36-10.25
	FOUL	11.23m	FOUL		
20	Freiburger, Alex	Coe	10.46m	11.13m	36-06.25
	11.13m	10.28m	FOUL		
21	Bird, Tanner	Central College	13.40m	11.11m	36-05.50
	11.11m	8.86m	9.16m		
22	Petersen, Travis	Iowa Central CC	13.19m	x10.47m	34-04.25
	FOUL	FOUL	10.47m		
23	Knupp, Carter	Loras	10.82m	x10.38m	34-00.75
	9.86m	10.38m	10.33m		
24	Cole-Brodnax, Josh	Mount Mercy	9.97m	9.56m	31-04.50
	FOUL	9.56m	9.10m		
25	Irelan, Zach	Cornell College		9.41m	30-10.50
	8.70m	9.32m	9.41m		
--	Hayes, Jacob	Coe	13.51m	FOUL	
	FOUL	FOUL	FOUL		

Men Discus Throw

3 Prelims, 3 Finals 9 Athletes to Finals

Event to Follow Womens Hammer

Name	Year	School	Seed	Finals	Points	Alternate
1	Mungro, Sterling	Iowa Central CC	45.92m	47.63m	156-03	10
	43.29m	46.42m	FOUL	43.39m	FOUL	47.63m
2	Tapalua, Nick	Iowa Central CC	45.00m	47.25m	155-00	8
	47.25m	43.75m	FOUL	FOUL	FOUL	FOUL
3	Evans, Malek	Iowa Central CC	44.59m	45.55m	149-05	6
	44.88m	FOUL	FOUL	FOUL	45.55m	44.19m
4	Zilaitis, Charles	Cornell College	46.47m	45.30m	148-07	5
	44.09m	43.60m	45.30m	FOUL	FOUL	45.02m
5	Miller, Ben	Central College	44.40m	45.07m	147-10	4
	FOUL	FOUL	41.95m	42.78m	45.07m	43.46m
6	Kruse, Ryan	Central College	44.42m	43.39m	142-04	3
	FOUL	43.39m	42.67m	41.37m	FOUL	42.57m
7	Peters, Robbie	Coe	43.09m	43.05m	141-03	2
	39.36m	FOUL	43.05m	40.28m	42.03m	42.94m
8	Guiliani, Dan	Iowa Central CC	41.88m	x42.73m	140-02	
	41.38m	42.73m	42.71m	FOUL	FOUL	FOUL

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Results

. . . . Men Discus Throw

9	Kirkwood, Jacob	Faith Baptist Bible	44.19m	42.69m	140-01	1
	40.64m 39.61m 42.69m 41.39m FOUL 39.82m					
10	Kennedy, Devan	Loras	41.50m	41.88m	137-05	
	41.88m FOUL 41.84m					
11	Fitzgerald, Nathan	Central College		41.43m	135-11	
	41.43m 39.21m FOUL					
12	Chapman, Jon	Iowa Central CC	40.00m	x40.22m	131-11	
	39.06m 40.22m FOUL					
13	Puls, Cooper	Central College	38.95m	x39.47m	129-06	
	39.22m 39.47m 37.35m					
14	Hayes, Jacob	Coe	45.86m	38.99m	127-11	
	FOUL 38.99m FOUL					
15	Norem, Patrick	Central College	36.55m	x38.00m	124-08	
	38.00m 36.76m FOUL					
16	Seymour, Josh	Coe	38.41m	37.32m	122-05	
	FOUL 37.32m FOUL					
17	Sanders, Jordan	Central College	38.71m	x37.11m	121-09	
	34.55m 34.94m 37.11m					
18	Hammond, Garrett	Loras	37.58m	36.35m	119-03	
	36.35m FOUL 35.39m					
19	Striegel, Caleb	Simpson (Iowa)		36.30m	119-01	
	FOUL FOUL 36.30m					
20	Petersen, Travis	Iowa Central CC	38.00m	x35.01m	114-10	
	FOUL FOUL 35.01m					
21	Papura, Joe	Loras	36.90m	34.52m	113-03	
	32.81m 31.17m 34.52m					
22	Stoltzman, Mitch	Simpson (Iowa)	35.00m	34.16m	112-01	
	31.59m 34.16m 31.15m					
23	Cole-Brodnax, Josh	Mount Mercy	34.55m	32.90m	107-11	
	FOUL 32.90m 30.99m					
24	Freiburger, Alex	Coe	29.63m	x32.37m	106-02	
	32.37m 24.62m 28.36m					
25	Meskimen, John	Loras	34.00m	x32.26m	105-10	
	32.26m FOUL FOUL					
26	Mercalina, Shelmund	Iowa Central CC	32.66m	x31.99m	104-11	
	31.99m 31.45m 31.96m					
27	Arellanos, Armando	Mount Mercy	33.50m	31.37m	102-11	
	31.37m FOUL 29.86m					
28	Lindstrom, Zach	Loras	34.36m	x31.05m	101-10	
	30.46m 29.67m 31.05m					
29	Knupp, Carter	Loras	30.99m	x30.26m	99-03	
	26.38m 30.26m 30.00m					
30	Garza, Michael	Iowa Track a	32.36m	29.55m	96-11	
	29.55m FOUL FOUL					
31	Irelan, Zach	Cornell College	23.22m	27.68m	90-10	
	25.20m 27.68m FOUL					
32	Aleksic, Milos	Mount Mercy		27.08m	88-10	
	FOUL 23.38m 27.08m					
33	Sunseri, Ken	Unattached	26.68m	26.95m	88-05	
	26.49m 26.74m 26.95m					
34	Daniels, Will	Central College	30.86m	x25.89m	84-11	
	25.89m 25.04m 24.12m					

2017 Cornell Invite - 4/8/2017

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Results

Men Hammer Throw

3 Prelims, 3 Finals 9 Athletes to Finals

Name	Year	School	Seed	Finals	Points	Alternate
1 Mungro, Sterling		Iowa Central CC	53.54m	62.96m	206-07	10
FOUL 58.70m 55.80m FOUL FOUL 62.96m						
2 Zilaitis, Charles		Cornell College	57.66m	56.16m	184-03	8
54.16m FOUL 56.16m 53.58m 54.96m 55.85m						
3 Evans, Malek		Iowa Central CC	46.24m	54.10m	177-06	6
FOUL 51.23m FOUL FOUL FOUL 54.10m						
4 Peters, Robbie		Coe	51.86m	52.19m	171-03	5
FOUL FOUL 47.95m 51.53m 52.19m FOUL						
5 Petersen, Travis		Iowa Central CC	45.00m	50.78m	166-07	4
48.39m FOUL 45.93m FOUL 47.82m 50.78m						
6 Arellanos, Armando		Mount Mercy	46.91m	50.26m	164-11	3
FOUL 47.47m 50.26m 48.46m 48.45m 47.95m						
7 Hayes, Jacob		Coe	46.35m	49.83m	163-06	2
5.91m 49.83m 47.47m 47.65m 44.99m 46.46m						
8 Chapman, Jon		Iowa Central CC	45.00m	x47.55m	156-00	
FOUL 46.69m 47.55m 45.29m FOUL FOUL						
9 Hammond, Garrett		Loras	45.16m	45.81m	150-03	1
FOUL FOUL 45.81m 45.80m FOUL FOUL						
10 Berg, Jake		Loras	47.87m	44.07m	144-07	
44.07m FOUL FOUL						
11 Webb, Jake		Central College	47.30m	43.50m	142-08	
41.56m 43.50m FOUL						
12 Mercalina, Shelmund		Iowa Central CC	40.88m	x43.18m	141-08	
FOUL FOUL 43.18m						
13 Meints, Braden		Simpson (Iowa)	40.00m	42.31m	138-10	
42.00m FOUL 42.31m						
14 Tapalua, Nick		Iowa Central CC	41.43m	x41.71m	136-10	
41.71m 39.78m FOUL						
15 Sanders, Jordan		Central College	42.94m	41.02m	134-07	
41.02m FOUL 40.15m						
16 Meskimen, John		Loras	41.56m	39.71m	130-03	
FOUL 39.71m FOUL						
17 Pagura, Joe		Loras	43.31m	x39.40m	129-03	
FOUL 39.40m FOUL						
18 Guiliani, Dan		Iowa Central CC		x38.34m	125-09	
38.34m FOUL FOUL						
19 Page, James		Grinnell	35.00m	37.89m	124-04	
37.89m 36.71m FOUL						
20 Moser, Chad		Loras	35.51m	x36.42m	119-06	
36.42m 35.72m 34.99m						
21 Bird, Tanner		Central College		35.86m	117-08	
35.86m 32.37m 34.02m						
22 Jensen, Drew		Simpson (Iowa)	35.94m	35.05m	115-00	
FOUL 35.05m FOUL						
23 Lindstrom, Zach		Loras	41.77m	x34.80m	114-02	
FOUL FOUL 34.80m						
24 Young, Nick		Loras	39.75m	x34.78m	114-01	
34.78m 32.23m FOUL						
25 Knupp, Carter		Loras	34.64m	x34.10m	111-10	
31.36m 34.10m 33.26m						
26 Peck, Joseph		Simpson (Iowa)		34.05m	111-08	
31.02m 33.15m 34.05m						

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Results

...Men Hammer Throw

27	Puls, Cooper	Central College	33.54m	x33.21m	108-11
	31.56m 33.21m 31.06m				
28	Striegel, Caleb	Simpson (Iowa)		x32.77m	107-06
	32.77m 31.99m FOUL				
29	Seymour, Josh	Coe	27.48m	30.15m	98-11
	29.17m FOUL 30.15m				
30	Freiburger, Alex	Coe		x27.85m	91-04
	FOUL 27.85m FOUL				
31	Cole-Brodnax, Josh	Mount Mercy	29.96m	26.02m	85-04
	FOUL 26.02m FOUL				
32	Irelan, Zach	Cornell College	27.34m	23.81m	78-01
	FOUL FOUL 23.81m				
--	Kelley, Jackson	Simpson (Iowa)		FOUL	
	FOUL FOUL FOUL FOUL FOUL FOUL				
--	Norem, Patrick	Central College	29.52m	FOUL	
	FOUL FOUL FOUL				
--	Fitzgerald, Nathan	Central College	40.33m	FOUL	
	FOUL FOUL FOUL				

Men Javelin Throw

3 Prelims, 3 Finals 9 Athletes to Finals

Event to follow Womens Javelin

Name	Year	School	Seed	Finals	Points	Alternate
1 Meints, Braden		Simpson (Iowa)	45.00m	47.48m	155-09	10
	43.29m 44.32m 43.74m					
2 VanMetre, Matt		Simpson (Iowa)	45.00m	43.74m	143-06	8
	40.04m 42.37m 40.16m					
3 Page, James		Grinnell	45.00m	42.98m	141-00	6
	39.59m 41.93m FOUL 42.98m					
4 Reed, Andy		Loras	49.82m	42.91m	140-09	5
	FOUL 42.91m 40.95m FOUL FOUL 40.20m					
5 Dietrich, Josh		Simpson (Iowa)	39.00m	41.97m	137-08	4
	39.49m 41.97m 40.79m 39.39m FOUL 36.10m					
6 Strong, Isaiah		Simpson (Iowa)	37.56m	x41.89m	137-05	
	34.37m 38.82m 41.89m FOUL 30.64m FOUL					
7 Frazier, Isaac		Simpson (Iowa)	41.75m	x41.25m	135-04	
	34.15m 37.70m 41.25m 40.09m 39.59m 38.75m					
8 Zilaitis, Charles		Cornell College	47.48m	41.04m	134-08	3
	41.04m PASS PASS PASS PASS PASS					
9 Bird, Tanner		Central College		40.65m	133-04	2
	40.65m 39.72m FOUL FOUL FOUL 35.85m					
10 Takaoka, Sho		Mount Mercy	38.06m	39.45m	129-05	1
	39.45m 36.90m 35.75m 36.28m 32.20m 35.77m					
11 Kennedy, Devan		Loras	44.01m	39.34m	129-01	
	39.34m 35.91m 38.40m					
12 Warrick, Connor		Simpson (Iowa)	36.96m	x39.31m	129-00	
	39.31m FOUL FOUL					
13 Stoltzman, Mitch		Simpson (Iowa)	40.00m	x38.49m	126-03	
	34.30m 32.20m 38.49m					
14 Fitzgerald, Nathan		Central College	49.34m	38.30m	125-08	
	38.30m FOUL 35.11m					
15 McIntosh, Alec		Simpson (Iowa)	40.00m	x36.76m	120-07	
	28.01m 36.76m FOUL					

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Results

...Men Javelin Throw

16 King, Logan	Simpson (Iowa)	30.29m	x36.26m	118-11
29.29m 31.69m 36.26m				
17 Elms Jansson, Dennis	North Iowa Area CC	43.52m	35.39m	116-01
35.39m 33.56m FOUL				
18 Adkins, Steven	Central College	42.58m	33.09m	108-07
32.27m 30.80m 33.09m				
19 Puls, Cooper	Central College	32.35m	x32.73m	107-04
32.73m 31.35m 32.29m				
20 Irelan, Zach	Cornell College	37.56m	32.58m	106-11
FOUL 32.58m FOUL				
20 Hensel, Jake	Mount Mercy	29.23m	32.58m	106-11
29.67m 32.58m FOUL				
22 Donahue, Cole	Loras	34.82m	32.25m	105-10
30.69m 28.49m 32.25m				
23 Seymour, Josh	Coe		31.40m	103-00
FOUL 31.40m 28.76m				
24 Thompson, Tyus	Mount Mercy	33.60m	30.97m	101-07
FOUL FOUL 30.97m				
25 Aleksic, Milos	Mount Mercy		x29.10m	95-06
29.10m 29.03m 28.02m				
26 Young, Nick	Loras	24.76m	x27.19m	89-02
21.79m 27.19m 26.80m				
27 Hengesteg, Scott	North Iowa Area CC	24.45m	24.19m	79-04
23.61m FOUL 24.19m				

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 Women - Team Rankings - 19 Events Scored
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1) Loras	184	2) Cornell College	116
3) Central College	115.50	4) Coe	94
5) Mount Mercy	86	6) Simpson (Iowa)	42
7) Iowa Track and Field Club	37.50	8) Iowa Central CC	28
9) Grinnell	24	10) North Iowa Area CC	4

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 Men - Team Rankings - 19 Events Scored
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1) Simpson (Iowa)	137	2) Loras	119
3) Coe	118	4) Central College	100
5) Cornell College	79.50	6) Iowa Central CC	62
7) Mount Mercy	52.50	8) Iowa Track and Field Club	42
9) Grinnell	20	10) North Iowa Area CC	4
11) Faith Baptist Bible	1		