

## 2016 Gary Dubbs Ralston Ram Relays - 4/2/2016

## Ralston High School

## Results

## Event 8 Boys Discus Throw Relay

4 THROWS ONLY						
Meet Record: M 470-08		2003	Norfolk			
Individual: I 185-05		1988	Tony Moore, Bellevue West			
Name	Year	School	Finals	Points		
Flight 1						
1 Bowyer, Kainan		Ralston	127-05	38.83m	0.66	
124-10	125-08	126-02	127-05			
2 Zanotto, Chris		Blair	118-03	36.04m		
117-01	104-07	111-07	118-03			
3 Willis, Dajour		Ralston	100-02	30.53m	0.66	
99-11	92-07	80-07	100-02			
4 Estremera, Brandon		Ralston	98-11	30.14m	0.66	
FOUL	88-08	98-11	86-07			
5 Connelly, Caleb		Gross Catholic	90-06	27.58m		
90-06	88-07	90-02	87-04			
6 Lopez, Gio		Gross Catholic	90-01	27.45m		
FOUL	77-09	90-01	84-11			
7 Fischer, Gavin		Blair	81-07	24.86m		
71-06	67-04	81-07	76-01			
8 Rutcosky, Trevor		Blair	78-10	24.02m		
78-10	FOUL	FOUL	64-11			
9 Grabowski, Justin		Gross Catholic	67-00	20.42m		
66-01	66-09	66-11	67-00			
Flight 2						
1 Peitzmeier, Jevin		Millard South	125-11	38.37m	3.33	
96-03	125-11	118-02	109-08			
2 Fabian, John		Millard South	120-02	36.62m	3.33	
FOUL	FOUL	120-02	114-03			
3 Sorell, Nolan		Millard South	117-10	35.91m	3.33	
99-10	92-05	91-10	117-10			
4 Mendoza, Phillip		Lincoln North Star	107-02	32.66m	0.33	
105-04	FOUL	107-02	106-00			
5 Church, Austin		Lincoln North Star	105-01	32.02m	0.33	
FOUL	FOUL	104-04	105-01			
6 Ayotte, Mac		Lincoln North Star	85-01	25.93m	0.33	
FOUL	79-10	85-01	FOUL			
Flight 3						
1 Ertz, Jared		P-Lv	140-05	42.79m	2.66	
140-05	135-02	123-09	112-04			
2 Dover, Richard		Norfolk	140-01	42.69m	2	
140-01	110-11	127-07	FOUL			
3 Wittmayer, Clayton		Omaha Burke	119-05	36.39m	1.33	
119-05	99-04	115-07	92-01			
4 Soto, Jon		P-Lv	113-06	34.59m	2.66	
113-06	99-07	FOUL	FOUL			
5 Barrera, Brian		Omaha Burke	110-09	33.75m	1.33	
FOUL	98-11	110-09	FOUL			
6 Jones, Brandon		Norfolk	110-02	33.57m	2	
110-02	FOUL	FOUL	92-11			
7 Tschudin, Griffin		Omaha Burke	108-04	33.02m	1.33	
108-04	92-08	98-00	100-03			
8 Bolln, Sam		P-Lv	106-08	32.51m	2.66	
106-08	101-05	103-00	FOUL			

## 2016 Gary Dubbs Ralston Ram Relays - 4/2/2016

## Ralston High School

## Results

## ....Event 8 Boys Discus Throw Relay

9 Cowling, Conner Norfolk 97-07 29.74m 2  
 97-07 82-03 FOUL 87-03

## Event 8 Boys Discus Throw Relay

## =====

## 4 THROWS ONLY

Meet Record: M 470-08 2003 Norfolk

Individual: I 185-05 1988 Tony Moore, Bellevue West

Name Year School Finals Points

## =====

## Finals

1	Ertz, Jared	P-Lv	140-05	42.79m	2.66
	140-05 135-02 123-09 112-04				
2	Dover, Richard	Norfolk	140-01	42.69m	2
	140-01 110-11 127-07 FOUL				
3	Bowyer, Kainan	Ralston	127-05	38.83m	0.66
	124-10 125-08 126-02 127-05				
4	Peitzmeier, Jevin	Millard South	125-11	38.37m	3.33
	96-03 125-11 118-02 109-08				
5	Fabian, John	Millard South	120-02	36.62m	3.33
	FOUL FOUL 120-02 114-03				
6	Wittmayer, Clayton	Omaha Burke	119-05	36.39m	1.33
	119-05 99-04 115-07 92-01				
7	Zanotto, Chris	Blair	118-03	36.04m	
	117-01 104-07 111-07 118-03				
8	Sorell, Nolan	Millard South	117-10	35.91m	3.33
	99-10 92-05 91-10 117-10				
9	Soto, Jon	P-Lv	113-06	34.59m	2.66
	113-06 99-07 FOUL FOUL				
10	Barrera, Brian	Omaha Burke	110-09	33.75m	1.33
	FOUL 98-11 110-09 FOUL				
11	Jones, Brandon	Norfolk	110-02	33.57m	2
	110-02 FOUL FOUL 92-11				
12	Tschudin, Griffin	Omaha Burke	108-04	33.02m	1.33
	108-04 92-08 98-00 100-03				
13	Mendoza, Phillip	Lincoln North Star	107-02	32.66m	0.33
	105-04 FOUL 107-02 106-00				
14	Bolln, Sam	P-Lv	106-08	32.51m	2.66
	106-08 101-05 103-00 FOUL				
15	Church, Austin	Lincoln North Star	105-01	32.02m	0.33
	FOUL FOUL 104-04 105-01				
16	Willis, Dajour	Ralston	100-02	30.53m	0.66
	99-11 92-07 80-07 100-02				
17	Estremera, Brandon	Ralston	98-11	30.14m	0.66
	FOUL 88-08 98-11 86-07				
18	Cowling, Conner	Norfolk	97-07	29.74m	2
	97-07 82-03 FOUL 87-03				
19	Connelly, Caleb	Gross Catholic	90-06	27.58m	
	90-06 88-07 90-02 87-04				
20	Lopez, Gio	Gross Catholic	90-01	27.45m	
	FOUL 77-09 90-01 84-11				
21	Ayotte, Mac	Lincoln North Star	85-01	25.93m	0.33
	FOUL 79-10 85-01 FOUL				
22	Fischer, Gavin	Blair	81-07	24.86m	
	71-06 67-04 81-07 76-01				

**2016 Gary Dubbs Ralston Ram Relays - 4/2/2016**

**Ralston High School**

**Results**

**....Event 8 Boys Discus Throw Relay**

23	Rutcosky, Trevor	Blair	78-10	24.02m
	78-10 FOUL FOUL 64-11			
24	Grabowski, Justin	Gross Catholic	67-00	20.42m
	66-01 66-09 66-11 67-00			

Event 8 Boys Discus Throw Relay  
 Team Rankings - Field Event Relay  
 Members Per Team - 3

Rank	Team	Total Mark	Points
=====			
1	Millard South	363-11	10
2	P-Lv	360-07	8
3	Norfolk	347-10	6
4	Omaha Burke	338-06	4
5	Ralston	326-06	2
6	Lincoln North Star	297-04	1
7	Blair	278-08	0
8	Gross Catholic	247-07	0

2016 Gary Dubbs Ralston Ram Relays - 4/2/2016

Ralston High School

Results

Event 6 Boys High Jump Relay

EVENT TO FOLLOW GIRLS HIGH JUMP

Meet Record: M 19-02 2011 Norfolk

Individual: I 6-10 1977 , Bellevue E, Papillio LV

Name	Year	School	Finals	Points
Finals				
1 Larson, Travis		Norfolk	6-06.00	1.98m 3.33
5-00 5-02 5-04 5-06 5-08 5-10 6-00 6-02 6-04 6-06 6-08				
PPP PPP PPP PPP O O O XO XO XO XXX				
2 Dempsey, Jack		Millard South	6-04.00	1.93m
5-00 5-02 5-04 5-06 5-08 5-10 6-00 6-02 6-04 6-06				
PPP PPP PPP PPP PPP PPP XO XO XO XXX				
3 Nannen, Zach		Blair	6-02.00	1.87m 2
5-00 5-02 5-04 5-06 5-08 5-10 6-00 6-02 6-04				
PPP PPP PPP O O O XXO O XXX				
4 Collins, Jaden		P-Lv	5-10.00	1.77m 2.66
5-00 5-02 5-04 5-06 5-08 5-10 6-00				
PPP PPP O O O O XXX				
5 Carter, Jonathan		P-Lv	J5-10.00	1.77m 2.66
5-00 5-02 5-04 5-06 5-08 5-10 6-00				
PPP PPP PPP XO XO O XXX				
6 Myers, Justin		P-Lv	J5-10.00	1.77m 2.66
5-00 5-02 5-04 5-06 5-08 5-10 6-00				
PPP PPP O O XO XXO XXX				
7 Allick, Josaih		Lincoln North Star	5-08.00	1.72m 1
5-00 5-02 5-04 5-06 5-08 5-10				
O O XO O O XXX				
8 Dover, Richard		Norfolk	J5-08.00	1.72m 3.33
5-00 5-02 5-04 5-06 5-08 5-10				
O O O O XXO XXX				
9 Rosas, Noe		Ralston	5-06.00	1.67m 1
5-00 5-02 5-04 5-06 5-08				
PPP O O O XXX				
9 Anson, Tanner		Millard South	5-06.00	1.67m
5-00 5-02 5-04 5-06 5-08				
PPP PPP O O XXX				
9 Jensen, Rob		Ralston	5-06.00	1.67m 1
5-00 5-02 5-04 5-06 5-08				
PPP O O O XXX				
12 Nuot, Weich		Lincoln North Star	J5-06.00	1.67m 1
5-00 5-02 5-04 5-06 5-08				
O O O XO XXX				
12 Mittlestaedt, Ethan		Norfolk	J5-06.00	1.67m 3.33
5-00 5-02 5-04 5-06 5-08				
O O O XO XXX				
14 Madden, Ronnell		Ralston	J5-06.00	1.67m 1
5-00 5-02 5-04 5-06 5-08				
O O O XXO XXX				
14 Slominski, Evan		Blair	J5-06.00	1.67m 2
5-00 5-02 5-04 5-06 5-08				
PPP O O XXO XXX				
14 London, Jared		Gross Catholic	J5-06.00	1.67m
5-00 5-02 5-04 5-06 5-08				
O PPP PPP XXO XXX				

**2016 Gary Dubbs Ralston Ram Relays - 4/2/2016**

**Ralston High School**

**Results**

**....Event 6 Boys High Jump Relay**

17	Westfall, Gabe	Omaha Burke	5-04.00	1.62m	
	5-00 5-02 5-04 5-06				
	0 0 0 XXX				
18	Nguyen, Don	Lincoln North Star	J5-04.00	1.62m	1
	5-00 5-02 5-04 5-06				
	0 XO XO XXX				
19	Andersen, Derek	Blair	J5-04.00	1.62m	2
	5-00 5-02 5-04 5-06				
	0 XO XXO XXX				
--	Trebilcock, Tre	Omaha Burke		NH	
	5-00 5-02 5-04 5-06				
	PPP PPP PPP XXX				
--	Kaupusman, Cayne	Millard South		NH	
	5-00 5-02				
	PPP XXX				
--	Rafiner, Brian	Omaha Burke		DNS	
--	Culhane, Jacob	Gross Catholic		DNS	

Event 6 Boys High Jump Relay  
 Team Rankings - Field Event Relay  
 Members Per Team - 3

Rank	Team	Total Mark	Points
1	Norfolk	17-08.00	10
2	P-Lv	17-06.00	8
3	Blair	17-00.00	6
4	Ralston	16-06.00	3
4	Lincoln North Star	16-06.00	3

2016 Gary Dubbs Ralston Ram Relays - 4/2/2016

Ralston High School

Results

Event 4 Boys Long Jump Relay

TO BE CONTESTED ON WEST PIT

4 JUMPS ONLY

Meet Record: M 63-07 2003 Bellevue East

Individual: I 23-04.50 1987 Leodis Flowers, Omaha Central

Name	Year	School	Finals	Points
Flight 1				
1 White, Nathan		P-Lv	21-04.50	6.51m 3.33
	21-04.50	FOUL FOUL FOUL		
2 Carter, Jonathan		P-Lv	20-11.00	6.37m 3.33
	20-09 20-11 18-07.50 19-01.50			
3 Knott, Jake		Ralston	18-11.50	5.77m 0.33
	18-07.50 18-09.50 18-09 18-11.50			
4 Steburg, Brandon		P-Lv	J18-08.50	5.70m 3.33
	18-04.50 FOUL FOUL 18-08.50			
5 Sayre, Trevor		Ralston	18-08.00	5.68m 0.33
	18-00 FOUL 18-05.50 18-08			
6 Carabantes, Alex		Ralston	16-01.00	4.90m 0.33
	14-03 FOUL 16-01 12-08.50			
Flight 2				
1 Austin, Mason		Lincoln North Star	19-11.00	6.07m 1.33
	FOUL 19-08.50 19-11 19-04			
2 Cox, Ethan		Blair	19-07.50	5.98m 2
	FOUL 18-09 19-07.50 FOUL			
3 Ryan, Dalton		Blair	19-00.50	5.80m 2
	19-00.50 FOUL FOUL 18-04			
4 Renville, Tre		Lincoln North Star	18-06.50	5.65m 1.33
	18-06.50 FOUL FOUL 17-11			
5 Kantor, Trenten		Blair	18-04.50	5.60m 2
	FOUL 16-09 18-04.50 17-00			
6 Kirby, Anthoney		Lincoln North Star	18-02.50	5.54m 1.33
	18-00 17-06.50 18-02.50 16-11.50			
7 London, Jared		Gross Catholic	17-10.50	5.44m
	FOUL 17-10.50 17-07.50 17-07.50			
8 Harris, Jakob		Gross Catholic	16-08.00	5.08m
	16-08 14-11.50 15-03.50 16-01			
-- Rice, Will		Gross Catholic	FOUL	
	FOUL FOUL FOUL FOUL			
Flight 3				
1 Loges, Kyle		Millard South	20-04.75	6.21m 2.66
	FOUL 19-11 20-04.75 19-10			
2 Middlestaedt, Ethan		Norfolk	19-10.50	6.05m 0.66
	19-05.75 FOUL 18-09.75 19-10.50			
3 Glass, Da'Quwain		Millard South	19-09.25	6.02m 2.66
	19-09.25 19-06 19-02 18-09.50			
4 Williams, Jordan		Millard South	19-01.75	5.83m 2.66
	FOUL 19-01.75 FOUL FOUL			
5 Page, Xavier		Omaha Burke	18-08.50	5.70m
	FOUL 18-05.50 17-04.50 18-08.50			
6 Thompson, Mason		Norfolk	17-11.50	5.47m 0.66
	17-11.50 FOUL FOUL FOUL			
7 Rafiner, Brian		Omaha Burke	17-09.00	5.41m
	FOUL FOUL FOUL 17-09			
8 Wilson, Ryan		Omaha Burke	16-06.00	5.02m
	FOUL 16-03.50 15-07.50 16-06			

**2016 Gary Dubbs Ralston Ram Relays - 4/2/2016****Ralston High School****Results****....Event 4 Boys Long Jump Relay**

9 Clayton, Connor Norfolk 16-00.25 4.88m 0.66  
 FOUL FOUL 16-00.25 15-04

**Event 4 Boys Long Jump Relay**

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TO BE CONTESTED ON WEST PIT

4 JUMPS ONLY

Meet Record: M 63-07 2003 Bellevue East  
 Individual: I 23-04.50 1987 Leodis Flowers, Omaha Central

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Name	Year	School	Finals	Points
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## Finals

1	White, Nathan	P-Lv	21-04.50	6.51m	3.33
	21-04.50 FOUL FOUL FOUL				
2	Carter, Jonathan	P-Lv	20-11.00	6.37m	3.33
	20-09 20-11 18-07.50 19-01.50				
3	Loges, Kyle	Millard South	20-04.75	6.21m	2.66
	FOUL 19-11 20-04.75 19-10				
4	Austin, Mason	Lincoln North Star	19-11.00	6.07m	1.33
	FOUL 19-08.50 19-11 19-04				
5	Mittlestaedt, Ethan	Norfolk	19-10.50	6.05m	0.66
	19-05.75 FOUL 18-09.75 19-10.50				
6	Glass, Da'Quwain	Millard South	19-09.25	6.02m	2.66
	19-09.25 19-06 19-02 18-09.50				
7	Cox, Ethan	Blair	19-07.50	5.98m	2
	FOUL 18-09 19-07.50 FOUL				
8	Williams, Jordan	Millard South	19-01.75	5.83m	2.66
	FOUL 19-01.75 FOUL FOUL				
9	Ryan, Dalton	Blair	19-00.50	5.80m	2
	19-00.50 FOUL FOUL 18-04				
10	Knott, Jake	Ralston	18-11.50	5.77m	0.33
	18-07.50 18-09.50 18-09 18-11.50				
11	Page, Xavier	Omaha Burke	18-08.50	5.70m	
	FOUL 18-05.50 17-04.50 18-08.50				
12	Steburg, Brandon	P-Lv	J18-08.50	5.70m	3.33
	18-04.50 FOUL FOUL 18-08.50				
13	Sayre, Trevor	Ralston	18-08.00	5.68m	0.33
	18-00 FOUL 18-05.50 18-08				
14	Renville, Tre	Lincoln North Star	18-06.50	5.65m	1.33
	18-06.50 FOUL FOUL 17-11				
15	Kantor, Trenten	Blair	18-04.50	5.60m	2
	FOUL 16-09 18-04.50 17-00				
16	Kirby, Anthoney	Lincoln North Star	18-02.50	5.54m	1.33
	18-00 17-06.50 18-02.50 16-11.50				
17	Thompson, Mason	Norfolk	17-11.50	5.47m	0.66
	17-11.50 FOUL FOUL FOUL				
18	London, Jared	Gross Catholic	17-10.50	5.44m	
	FOUL 17-10.50 17-07.50 17-07.50				
19	Rafiner, Brian	Omaha Burke	17-09.00	5.41m	
	FOUL FOUL FOUL 17-09				
20	Harris, Jakob	Gross Catholic	16-08.00	5.08m	
	16-08 14-11.50 15-03.50 16-01				
21	Wilson, Ryan	Omaha Burke	16-06.00	5.02m	
	FOUL 16-03.50 15-07.50 16-06				

**2016 Gary Dubbs Ralston Ram Relays - 4/2/2016**

**Ralston High School**

**Results**

**...Event 4 Boys Long Jump Relay**

22	Carabantes, Alex	Ralston	16-01.00	4.90m	0.33
	14-03 FOUL	16-01	12-08.50		
23	Clayton, Connor	Norfolk	16-00.25	4.88m	0.66
	FOUL FOUL	16-00.25	15-04		
--	Rice, Will	Gross Catholic	FOUL		
	FOUL FOUL	FOUL	FOUL		

Event 4 Boys Long Jump Relay  
 Team Rankings - Field Event Relay  
 Members Per Team - 3

Rank	Team	Total Mark	Points
1	P-Lv	61-00.00	10
2	Millard South	59-03.75	8
3	Blair	57-00.50	6
4	Lincoln North Star	56-08.00	4
5	Norfolk	53-10.25	2
6	Ralston	53-08.50	1
7	Omaha Burke	52-11.50	0





2016 Gary Dubbs Ralston Ram Relays - 4/2/2016

Ralston High School

Results

...Event 2 Boys Pole Vault Relay

17	Oellerich, Noah	Omaha Burke	7-06.00	2.28m	1.33
	7-06 8-00				
	XXO XXX				
--	Nguyen, John	Ralston	NH		
	7-06				
	XXX				
--	Adame, Jordan	Millard South	NH		
	7-06 8-00 8-06 9-00				
	PPP PPP PPP XXX				

Event 2 Boys Pole Vault Relay  
Team Rankings - Field Event Relay  
Members Per Team - 3

Rank	Team	Total Mark	Points
1	P-Lv	34-04.00	10
2	Blair	30-00.00	8
3	Norfolk	29-06.00	6
4	Omaha Burke	26-06.00	4

## 2016 Gary Dubbs Ralston Ram Relays - 4/2/2016

## Ralston High School

## Results

## Event 10 Boys Shot Put Relay

EVENT TO FOLLOW GIRLS SHOT PUT

4 THROWS ONLY

Meet Record: M 155-05.50 2003 Norfolk

Individual: I 58-08.50 1978 John Sherlock, Omaha South

Name	Year	School	Finals	Points
Flight 1				
1 Dover, Richard		Norfolk	44-10.00	13.66m 2
44-10	42-05.25	40-10	FOUL	
2 Zanotto, Chris		Blair	42-11.25	13.08m 0.33
40-11	41-02	42-11.25	39-03.25	
3 Church, Austin		Lincoln North Star	39-08.50	12.10m
39-08	39-08.50	FOUL	FOUL	
4 Lopez, Gio		Gross Catholic	37-01.00	11.30m
36-07	37-01	32-01.25	FOUL	
5 Mendoza, Phillip		Lincoln North Star	34-03.00	10.43m
33-11.50	33-09.50	32-06.75	34-03	
6 Kempcke, Jayden		Blair	34-02.75	10.43m 0.33
FOUL	FOUL	34-02.75	33-08	
7 Woollen, Logan		Lincoln North Star	32-05.00	9.88m
FOUL	29-05	25-08.50	32-05	
8 Moritz, Connor		Gross Catholic	31-05.50	9.58m
31-05.50	FOUL	28-08.50	FOUL	
9 Rutcosky, Trevor		Blair	29-08.00	9.04m 0.33
28-10.75	29-08	FOUL	FOUL	
10 Connelly, Caleb		Gross Catholic	29-03.50	8.92m
29-03.50	28-09.50	28-07.50	27-03.50	
Flight 2				
1 McDonald, Barrett		Millard South	48-09.50	14.87m 2.66
48-06	FOUL	48-09.50	FOUL	
2 Lovato, Xavier		Omaha Burke	47-01.25	14.35m 1.33
45-07	45-10	47-01.25	39-03	
3 Fernandez, Rony		Norfolk	46-04.50	14.13m 2
46-04.50	FOUL	FOUL	38-11	
4 Fabian, John		Millard South	42-03.50	12.89m 2.66
42-02.50	42-03.50	40-11	40-08	
5 Barrera, Brian		Omaha Burke	41-03.75	12.59m 1.33
41-03.75	FOUL	41-00	41-01	
6 Hutchinson, Robert		Millard South	40-02.00	12.24m 2.66
37-03	FOUL	38-00.50	40-02	
7 Tschudin, Griffin		Omaha Burke	40-01.50	12.23m 1.33
34-00	36-02	40-01.50	33-10	
8 Jones, Brandon		Norfolk	37-09.25	11.51m 2
37-02.50	37-09.25	37-06	37-07	
Flight 3				
1 Soto, Jon		P-Lv	48-09.00	14.85m 3.33
FOUL	46-02.50	48-09	48-03.75	
2 Ertz, Jared		P-Lv	44-11.50	13.70m 3.33
FOUL	44-11.50	FOUL	42-10	
3 Bowyer, Kainan		Ralston	42-09.25	13.03m 0.66
42-01	40-04.75	41-07	42-09.25	
4 Atkinson, Alex		P-Lv	41-05.75	12.64m 3.33
38-09.50	41-05.75	39-08	FOUL	
5 Willis, Dajour		Ralston	40-03.50	12.28m 0.66
38-04	40-03.50	38-00.50	FOUL	

**2016 Gary Dubbs Ralston Ram Relays - 4/2/2016****Ralston High School****Results****....Event 10 Boys Shot Put Relay**

6 Tsubaki, Joseph Ralston 37-06.00 11.43m 0.66  
 FOUL 36-00 36-10 37-06

**Event 10 Boys Shot Put Relay**

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EVENT TO FOLLOW GIRLS SHOT PUT

4 THROWS ONLY

Meet Record: M 155-05.50 2003 Norfolk  
 Individual: I 58-08.50 1978 John Sherlock, Omaha South

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Name	Year	School	Finals	Points
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## Finals

1 McDonald, Barrett		Millard South	48-09.50	14.87m	2.66
	48-06	FOUL	48-09.50	FOUL	
2 Soto, Jon		P-Lv	48-09.00	14.85m	3.33
	FOUL	46-02.50	48-09	48-03.75	
3 Lovato, Xavier		Omaha Burke	47-01.25	14.35m	1.33
	45-07	45-10	47-01.25	39-03	
4 Fernandez, Rony		Norfolk	46-04.50	14.13m	2
	46-04.50	FOUL	FOUL	38-11	
5 Ertz, Jared		P-Lv	44-11.50	13.70m	3.33
	FOUL	44-11.50	FOUL	42-10	
6 Dover, Richard		Norfolk	44-10.00	13.66m	2
	44-10	42-05.25	40-10	FOUL	
7 Zanotto, Chris		Blair	42-11.25	13.08m	0.33
	40-11	41-02	42-11.25	39-03.25	
8 Bowyer, Kainan		Ralston	42-09.25	13.03m	0.66
	42-01	40-04.75	41-07	42-09.25	
9 Fabian, John		Millard South	42-03.50	12.89m	2.66
	42-02.50	42-03.50	40-11	40-08	
10 Atkinson, Alex		P-Lv	41-05.75	12.64m	3.33
	38-09.50	41-05.75	39-08	FOUL	
11 Barrera, Brian		Omaha Burke	41-03.75	12.59m	1.33
	41-03.75	FOUL	41-00	41-01	
12 Willis, Dajour		Ralston	40-03.50	12.28m	0.66
	38-04	40-03.50	38-00.50	FOUL	
13 Hutchinson, Robert		Millard South	40-02.00	12.24m	2.66
	37-03	FOUL	38-00.50	40-02	
14 Tschudin, Griffin		Omaha Burke	40-01.50	12.23m	1.33
	34-00	36-02	40-01.50	33-10	
15 Church, Austin		Lincoln North Star	39-08.50	12.10m	
	39-08	39-08.50	FOUL	FOUL	
16 Jones, Brandon		Norfolk	37-09.25	11.51m	2
	37-02.50	37-09.25	37-06	37-07	
17 Tsubaki, Joseph		Ralston	37-06.00	11.43m	0.66
	FOUL	36-00	36-10	37-06	
18 Lopez, Gio		Gross Catholic	37-01.00	11.30m	
	36-07	37-01	32-01.25	FOUL	
19 Mendoza, Phillip		Lincoln North Star	34-03.00	10.43m	
	33-11.50	33-09.50	32-06.75	34-03	
20 Kempcke, Jayden		Blair	34-02.75	10.43m	0.33
	FOUL	FOUL	34-02.75	33-08	
21 Woollen, Logan		Lincoln North Star	32-05.00	9.88m	
	FOUL	29-05	25-08.50	32-05	

**2016 Gary Dubbs Ralston Ram Relays - 4/2/2016**

**Ralston High School**

**Results**

**....Event 10 Boys Shot Put Relay**

22	Moritz, Connor	Gross Catholic	31-05.50	9.58m	
	31-05.50 FOUL	28-08.50 FOUL			
23	Rutcosky, Trevor	Blair	29-08.00	9.04m	0.33
	28-10.75	29-08 FOUL FOUL			
24	Connelly, Caleb	Gross Catholic	29-03.50	8.92m	
	29-03.50	28-09.50 28-07.50 27-03.50			

Event 10 Boys Shot Put Relay  
 Team Rankings - Field Event Relay  
 Members Per Team - 3

Rank	Team	Total Mark	Points
1	P-Lv	135-02.25	10
2	Millard South	131-03.00	8
3	Norfolk	128-11.75	6
4	Omaha Burke	128-06.50	4
5	Ralston	120-06.75	2
6	Blair	106-10.00	1
7	Lincoln North Star	106-04.50	0
8	Gross Catholic	97-10.00	0

**2016 Gary Dubbs Ralston Ram Relays - 4/2/2016**

**Ralston High School**

**Results**

**Event 12 Boys Triple Jump Relay**

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EVENT TO FOLLOW BOYS LONG JUMP  
 TO BE CONTESTED ON WEST PIT  
 4 JUMPS ONLY

Meet Record: M 127-02 1999 Bellevue West  
 Individual: I 45-08.25 1976 Rory Cobbs, Bellevue East

Name	Year	School	Finals	Points
=====				
Flight 1				
1 White, Nathan		P-Lv	41-11.25	12.78m
4-01.75	41-11.25	41-01	40-04.75	
2 Mittlestaedt, Ethan		Norfolk	39-05.00	12.01m 2.66
39-05	37-00.50	FOUL	FOUL	
3 Larson, Travis		Norfolk	39-04.50	12.00m 2.66
39-04.50	38-06	36-11.75	39-01.50	
4 Renville, Tre		Lincoln North Star	37-07.00	11.45m 1.33
FOUL	FOUL	37-07	FOUL	
5 Kirby, Anthoney		Lincoln North Star	37-03.00	11.35m 1.33
FOUL	35-09.75	36-06.25	37-03	
6 Clayton, Connor		Norfolk	36-06.75	11.14m 2.66
35-08	36-04	35-05.50	36-06.75	
7 London, Jared		Gross Catholic	35-09.50	10.90m 0.33
FOUL	35-09.50	32-07	35-07	
8 Nguyen, Don		Lincoln North Star	34-09.50	10.60m 1.33
34-09.50	33-05	FOUL	33-07.50	
9 Harris, Jakob		Gross Catholic	34-08.00	10.56m 0.33
FOUL	34-08	FOUL	34-01.50	
10 Culhane, Jacob		Gross Catholic	33-06.00	10.21m 0.33
FOUL	FOUL	FOUL	33-06	
Flight 2				
1 Williams, Jordan		Millard South	42-07.50	12.99m
42-07.50	FOUL	41-05.50	41-03	
2 Page, Xavier		Omaha Burke	41-09.75	12.74m 3.33
FOUL	FOUL	FOUL	41-09.75	
3 Trebilcock, Tre		Omaha Burke	40-09.75	12.43m 3.33
37-05.75	FOUL	40-09.75	FOUL	
4 Loges, Kyle		Millard South	39-04.50	12.00m
FOUL	FOUL	FOUL	39-04.50	
5 Sayre, Trevor		Ralston	38-08.75	11.80m 2
FOUL	38-08.75	FOUL	38-08.25	
6 Schuetz, Andrew		Ralston	38-02.25	11.63m 2
FOUL	FOUL	FOUL	38-02.25	
7 Gause, Spencer		Ralston	37-04.75	11.39m 2
FOUL	35-09.75	37-00.75	37-04.75	
8 Andersen, Derek		Blair	36-03.00	11.04m 0.66
35-11.50	36-02	35-11.50	36-03	
9 Harrison, Lyndon		Omaha Burke	35-07.00	10.84m 3.33
34-00	FOUL	33-10.50	35-07	
10 Larson, Jacob		Blair	35-06.50	10.83m 0.66
34-10.50	33-07	35-06.50	33-00.50	
11 Slominski, Evan		Blair	34-03.50	10.45m 0.66
FOUL	34-03.50	33-06.75	32-09.50	
-- Lichter, Logan		Millard South	DNS	

## 2016 Gary Dubbs Ralston Ram Relays - 4/2/2016

## Ralston High School

## Results

## Event 12 Boys Triple Jump Relay

EVENT TO FOLLOW BOYS LONG JUMP

TO BE CONTESTED ON WEST PIT

4 JUMPS ONLY

Meet Record: M 127-02 1999 Bellevue West  
 Individual: I 45-08.25 1976 Rory Cobbs, Bellevue East

Name	Year	School	Finals	Points
Finals				
1 Williams, Jordan		Millard South	42-07.50	12.99m
	42-07.50	FOUL 41-05.50	41-03	
2 White, Nathan		P-Lv	41-11.25	12.78m
	4-01.75	41-11.25 41-01	40-04.75	
3 Page, Xavier		Omaha Burke	41-09.75	12.74m 3.33
	FOUL FOUL FOUL	41-09.75		
4 Trebilcock, Tre		Omaha Burke	40-09.75	12.43m 3.33
	37-05.75	FOUL 40-09.75	FOUL	
5 Mittlestaedt, Ethan		Norfolk	39-05.00	12.01m 2.66
	39-05	37-00.50 FOUL FOUL		
6 Loges, Kyle		Millard South	39-04.50	12.00m
	FOUL FOUL FOUL	39-04.50		
6 Larson, Travis		Norfolk	39-04.50	12.00m 2.66
	39-04.50	38-06 36-11.75	39-01.50	
8 Sayre, Trevor		Ralston	38-08.75	11.80m 2
	FOUL	38-08.75 FOUL 38-08.25		
9 Schuetz, Andrew		Ralston	38-02.25	11.63m 2
	FOUL FOUL FOUL	38-02.25		
10 Renville, Tre		Lincoln North Star	37-07.00	11.45m 1.33
	FOUL FOUL	37-07 FOUL		
11 Gause, Spencer		Ralston	37-04.75	11.39m 2
	FOUL	35-09.75 37-00.75	37-04.75	
12 Kirby, Anthoney		Lincoln North Star	37-03.00	11.35m 1.33
	FOUL	35-09.75 36-06.25	37-03	
13 Clayton, Connor		Norfolk	36-06.75	11.14m 2.66
	35-08	36-04 35-05.50	36-06.75	
14 Andersen, Derek		Blair	36-03.00	11.04m 0.66
	35-11.50	36-02 35-11.50	36-03	
15 London, Jared		Gross Catholic	35-09.50	10.90m 0.33
	FOUL	35-09.50 32-07	35-07	
16 Harrison, Lyndon		Omaha Burke	35-07.00	10.84m 3.33
	34-00	FOUL 33-10.50	35-07	
17 Larson, Jacob		Blair	35-06.50	10.83m 0.66
	34-10.50	33-07 35-06.50	33-00.50	
18 Nguyen, Don		Lincoln North Star	34-09.50	10.60m 1.33
	34-09.50	33-05 FOUL 33-07.50		
19 Harris, Jakob		Gross Catholic	34-08.00	10.56m 0.33
	FOUL	34-08 FOUL 34-01.50		
20 Slominski, Evan		Blair	34-03.50	10.45m 0.66
	FOUL	34-03.50 33-06.75	32-09.50	
21 Culhane, Jacob		Gross Catholic	33-06.00	10.21m 0.33
	FOUL FOUL FOUL	33-06		
-- Lichter, Logan		Millard South	DNS	

**2016 Gary Dubbs Ralston Ram Relays - 4/2/2016**

**Ralston High School**

**Results**

**....Event 12 Boys Triple Jump Relay**

Event 12 Boys Triple Jump Relay  
Team Rankings - Field Event Relay  
Members Per Team - 3

Rank	Team	Total Mark	Points
1	Omaha Burke	118-02.50	10
2	Norfolk	115-04.25	8
3	Ralston	114-03.75	6
4	Lincoln North Star	109-07.50	4
5	Blair	106-01.00	2
6	Gross Catholic	103-11.50	1



**2016 Gary Dubbs Ralston Ram Relays - 4/2/2016****Ralston High School  
Results - Running Events****Boys 4x100 Meter Relay****Meet Record: 42.42 M 2014****Papillion LV, Papillion LV****S. Bowers, J Allison, KJ Cotton, D Childress**

Team	Relay	Seed	Finals	Points
<b>Finals</b>				
1 Lincoln North Star 1) Austin, Mason	A 2) Hunt, Tavlin	44.00	45.56 4) Miller, Dan	10
2 Ralston 1) Knott, Jake	A 2) Watson, Alec	45.90	45.68 4) Murph, Taylor	8
3 Omaha Burke 1) Coleman, Cameron	A 2) Henrich, Nick	46.00	45.96 4) Vinson, JayVonn	6
4 Blair 1) Kantor, Trenten	A 2) Sheets, John	45.40	46.11 4) Foxall IV, Pitmon	4
5 Norfolk 1) Thompson, Mason	A 2) Riley, Tyrese	46.00	48.47 4) Godfrey, Hunter	2
6 Millard South 1) Folda, Joe	A 2) Caballos, Andrew	46.50	48.61 4) Ladage, Jacob	1
--- Gross Catholic 1) Bak, Longar	A 2) Harris, Jakob	50.00	DNF 4) Vomacka, Brady	

**Boys 4x100 Meter Relay Wt. Person****NON-SCORING EVENT****Meet Record: 49.63 M 2015****Lincoln North Star, Lincoln North Star**

Team	Relay	Seed	Finals	Points
<b>Finals</b>				
1 Millard South 1) McDonald, Barrett	A 2) Fabian, John	50.00	51.71 4) Sorell, Nolan	
2 Lincoln North Star 1) Church, Austin	A 2) Mendoza, Phillip	50.00	52.22 4) Ayotte, Mac	
3 Ralston 1) Tsubaki, Joseph	A 2) Willis, Dajour	54.00	52.37 4) Estremera, Brandon	
4 Norfolk 1) Fernandez, Rony	A 2) Jones, Brandon	50.80	54.69 4) Dover, Richard	
--- Gross Catholic 1) Lopez, Gio	A 2) Grabowski, Justin	1:05.00	DNF 4) Connelly, Caleb	

**Boys 4x200 Meter Relay****Meet Record: 1:29.8h M 1993****Omaha Central**

Team	Relay	Seed	Finals	Points
<b>Finals</b>				
1 Omaha Burke 1) Coleman, Cameron	A 2) Grigsby, DaVion	1:42.97	1:36.56 4) Vinson, JayVonn	10
2 Ralston 1) Knott, Jake	A 2) Watson, Alec	1:32.50	1:38.30 4) Merkuris, Devin	8
3 Blair 1) Kantor, Trenten	A 2) Sheets, John	1:39.60	1:39.01 4) Orton, Zach	6
4 Norfolk 1) Mittlestaedt, Ethan	A 2) Rucker, Hayden	1:39.00	1:39.12 4) Riley, Tyrese	4
5 Lincoln North Star 1) Gordan, Trentell	A 2) Nguyen, Don	1:35.00	1:39.65 4) hall, Peerless	2
6 Millard South 1) Williams, Jordan	A 2) Loges, Kyle	1:42.00	1:43.11 4) Anson, Tanner	1

## 2016 Gary Dubbs Ralston Ram Relays - 4/2/2016

## Ralston High School

## Results - Running Events

## Finals ... (Boys 4x200 Meter Relay)

Team	Relay	Seed	Finals	Points
--- Gross Catholic 1) Bak, Longar	A 2) Robles, Alex	1:45.00	DQ 4) Pietryga, Jake	

## Boys 4x400 Meter Relay

Meet Record: 3:27.3h M 1999

Bellevue West

Team	Relay	Seed	Finals	Points
<b>Finals</b>				
1 Lincoln North Star 1) Denesia, Jake	A 2) Chot, Goaner	3:35.00	3:33.35 4) Miller, Dan	10
2 Millard South 1) Charity, Zac	A 2) Rasmussen, Noah	3:35.80	3:38.25 3) Shonka, Colton	8
3 Norfolk 1) Long, Jake	A 2) Talton, Keaton	3:44.00	3:41.30 4) Meier, Dawson	6
4 Omaha Burke 1) Grigsby, DaVion	A 2) Langfeldt, Cameron	3:37.91	3:41.70 4) Vinson, JayVonn	4
5 Blair 1) Kempcke, Jayden	A 2) Poling, Jackson	3:43.20	3:45.52 4) Kantor, Trenten	2
6 Gross Catholic 1) London, Jared	A 2) Culhane, Jacob	3:45.00	3:47.10 4) Rice, Will	1
7 Ralston 1) Sayre, Trevor	A 2) Everhart, Alex	3:50.00	3:54.65 4) Jensen, Robbie	

## Boys 4x800 Meter Relay

Meet Record: 8:13.2h M 1988

Ralston

Team	Relay	Seed	Finals	Points
<b>Finals</b>				
1 Omaha Burke 1) Arno, Kallo	A 2) Lawrence, Isaac	8:10.00	8:20.88 4) Vasquez, Andy	10
2 Blair 1) Brown, Jordan	A 2) Wick, Alec	8:38.60	8:42.97 4) Wick, Evan	8
3 Millard South 1) Scott, Jake	A 2) Matson, Gunner	9:16.10	9:02.79 4) Hernandez, Gabe	6
4 Lincoln North Star 1) Krajewski, Brett	A 2) Miller, Jacob	8:30.00	9:08.65 4) Habtu, Bemnet	4
5 Ralston 1) Gause, Spencer	A 2) Noah, Caleb	9:40.00	9:27.24 4) Cruz, Alex	2
6 Norfolk 1) Kittelson, Jonathon	A 2) Wicker, Jacob	9:15.00	10:11.78 4) Meier, Dawson	1
7 Gross Catholic 1) Metzger, Max	A 2) Schafer, Alex	9:00.00	10:34.85 4) Kreps, Jason	

## Boys 4x1600 Meter Relay

Meet Record: 18:54.3h M 2010

Lincoln North Star

Team	Relay	Seed	Finals	Points
<b>Finals</b>				
1 Omaha Burke 1) Cleary, John	A 2) Arno, Kallo	18:49.60	18:23.65 M 4) Vasquez, Andy	10
2 Lincoln North Star 1) Pierce, Nate	A 2) Hansen, Andru	20:00.00	19:41.38 4) Krajewski, Brett	8
3 P-Lv 1) Williams, Tyler	A 2) Lyons, Max	19:15.00	19:46.85 4) Norris, Jake	6

**2016 Gary Dubbs Ralston Ram Relays - 4/2/2016****Ralston High School****Results - Running Events****Finals ... (Boys 4x1600 Meter Relay)**

Team	Relay	Seed	Finals	Points
4 Gross Catholic 1) Larsen, Jack	A 2) Blankman, Luke	19:40.00	20:02.87 4) Larsen, Beau	4
5 Blair 1) Wick, Alec	A 2) Wick, Evan	20:00.00	20:24.83 4) Lammers, Grant	2
6 Norfolk 1) Clausen, TeJai	A 2) Millikan, Travis	19:36.00	20:34.13 4) Wicker, Jacob	1
7 Millard South 1) Arends, Josh	A 2) Hanrahan, Nolan	20:10.00	20:44.52 4) Smith, Ben	
8 Ralston 1) Kackmeister, Damien	A 2) Ramirez, Michael	23:55.00	23:31.86 4) Blair, Kaleb	

**Boys 800 Sprint Medley Freshman**

Team	Relay	Seed	Finals	Points
1 Lincoln North Star 1) Nuot, Weich	A 2) Walton, Jacobi	1:46.00	1:48.94 4) Crosby, Nicholas	
2 Millard South 1) Pace, Devon	A 2) Vickers, Ben	1:54.00	1:52.73 4) Botkin, Bryan	

**Boys 1600 Sprint Medley****200M-200M-400M-800M**

Meet Record: 3:33.32 M 2014

Papillion LV, Papillion LV  
S. Bowers, KJ Cotton, T Spearman, C Plugge

Team	Relay	Seed	Finals	Points
1 Lincoln North Star 1) Russell, Keanu	A 2) Miller, Dan	3:43.00	3:39.71 4) Pierce, Nate	10
2 P-Lv 1) Ricks, Jaylen	A 2) Cotton, KJ	3:42.50	3:44.28 4) Norris, Jake	8
3 Blair 1) Kantor, Trenten	A 2) Sheets, John	3:52.00	3:52.18 4) Kirwan, Nolan	6
4 Ralston 1) Merkuris, Devin	A 2) Hurst, Tyson	3:59.00	4:01.58 4) Gause, Spencer	4
5 Norfolk 1) Rucker, Hayden	A 2) Simmons, Kaden	4:05.00	4:11.37 4) Meier, Dawson	2
6 Omaha Burke 1) Langfeldt, Cameron	A 2) Fiala, Jacob	4:03.76	4:13.34 4) Freeman, Stephen	1
7 Millard South 1) Purcell, Billy	A 2) Stenger, Spencer	4:08.60	4:13.37 4) Wise, Daveon	
--- Gross Catholic 1) Grabowski, Justin	A 2) Harris, Jakob	3:50.00	DNF 4) Hajek-Jones, Eamon	

**Boys Distance Medley****1200M-400M-800M-1600M**

Meet Record: 10:31.56 M 2014

Millard South, Millard South  
N Wendt, T Johnson, D Shriver, R Law

Team	Relay	Seed	Finals	Points
1 Lincoln North Star 1) Miller, Jacob	A 2) Chot, Goaner	11:00.00	11:15.83 4) Pierce, Nate	10
2 P-Lv 1) Kawula, David	A 2) Anderson, Quinton	11:25.00	11:26.69 4) Kawula, Jonathan	8

**2016 Gary Dubbs Ralston Ram Relays - 4/2/2016****Ralston High School****Results - Running Events****Finals ... (Boys Distance Medley)**

Team	Relay	Seed	Finals	Points
3 Millard South 1) Rasmussen, Noah	A 2) Caballos, Andrew	11:25.80	11:27.74 4) Gallardo, Daniel	6
4 Norfolk 1) Millikan, Travis	A 2) Talton, Keaton	11:34.00	11:36.88 4) Clausen, TeJai	4
5 Gross Catholic 1) Larsen, Ben	A 2) Blankman, Luke	11:47.00	11:49.19 4) Larsen, Jack	2
6 Omaha Burke 1) Ramirez, Nathan	A 2) Fiala, Jacob	10:57.59	12:17.53 4) Peters, Isaac	1
7 Blair 1) Lammers, Grant	A 2) Higel, Anthony	12:12.00	12:21.03 4) Scheer, Kyle	
8 Ralston 1) Noah, Caleb	A 2) Burtin, Damicah	13:15.00	12:57.99 4) Espino, Michael	

**Boys 4x64 Meter Shuttle Hurdle****EVENT HAND TIMED**

Meet Record: 35.0h M 1987

Omaha Central

Team	Relay	Seed	Finals	H#	Points
1 Blair 1) Poling, Jackson	A 2) Andersen, Derek	41.20	39.6h 4) Cox, Ethan	2	10
2 Omaha Burke 1) Bolte, Tyler	A 2) Harrison, Lyndon	42.00	40.7h 4) Monroe, Huntore	2	8
3 Ralston 1) Mass, Trevor	A 2) Incontro, Tom	44.10	41.0h 4) Rosas, Noe	1	6
4 P-Lv 1) Anderson, Quinton	A 2) Cruz, Austin	42.10	41.6h 4) Bell, Ryan	1	4
5 Norfolk 1) Long, Jake	A 2) Schommer, Ryan	44.00	41.8h 4) Prochaska, Richard	1	2
6 Lincoln North Star 1) Ball, Trevin	A 2) Housh, Jonah	42.08	43.8h 4) Miller, Dan	2	1

**Boys 4x160 Meter Shuttle Hurdle**

Meet Record: 1:20.5h M 1999

Norfolk

Team	Relay	Seed	Finals	H#	Points
1 Blair 1) Cox, Ethan	A 2) Poling, Jackson	1:29.50	1:26.44 4) Ryan, Dalton	2	10
2 P-Lv 1) Anderson, Quinton	A 2) Cruz, Austin	1:30.33	1:27.56 4) Nelson, Xavier	1	8
3 Lincoln North Star 1) Ball, Trevin	A 2) Housh, Jonah	1:27.00	1:27.90 4) Golden, Derick	2	6
4 Norfolk 1) Long, Jake	A 2) Schommer, Ryan	1:30.00	1:29.37 4) Prochaska, Richard	2	4
5 Omaha Burke 1) Bolte, Tyler	A 2) Harrison, Lyndon	1:30.00	1:30.13 4) Monroe, Huntore	2	2
6 Ralston 1) Mass, Trevor	A 2) Nielsen, Jordan	1:30.50	1:30.74 4) Rosas, Noe	1	1
7 Millard South 1) Arvanis, Alex	A 2) Charity, Zac	1:35.00	1:31.31 4) Jones, Cayle	1	
8 Gross Catholic 1) Vomacka, Brady	A 2) Culhane, Jacob		1:34.86 4) Rice, Will	1	

**2016 Gary Dubbs Ralston Ram Relays - 4/2/2016****Ralston High School****Results - Running Events**Women - Team Rankings - 15 Events Scored

1) Blair	100	2) Fremont	91
3) Lincoln North Star	89	4) Norfolk	60
5) Millard South	56	6) Ralston	22
7) Gross Catholic	17	8) Mercy	13

Men - Team Rankings - 15 Events Scored

1) P-LV	80	2) Omaha Burke	74
3) Lincoln North Star	73	4) Blair	71
5) Norfolk	64	6) Millard South	48
7) Ralston	43	8) Gross Catholic	8

## 2016 Gary Dubbs Ralston Ram Relays - 4/2/2016

## Ralston High School

## Results

## Event 7 Girls Discus Throw Relay

EVENT TO FOLLOW BOYS DISCUS THROW

4 THROWS ONLY

Meet Record: M 343-00 1998 Fremont

Individual: I 139-09 2015 Eleni Knapp, Millard South

Name	Year	School	Finals	Points
Flight 1				
1 Morris, Maggy		Ralston	90-08	27.63m 0.33
83-07 85-01 90-08 82-08				
2 Bourke, Adele		Ralston	73-11	22.52m 0.33
73-11 64-10 68-01 58-05				
3 Schaefer, Maddy		Mercy	70-09	21.56m
70-09 61-11 FOUL FOUL				
4 Novak, Grace		Mercy	65-06	19.96m
58-04 61-00 65-06 63-07				
5 Merkuris, Mariah		Ralston	63-11	19.48m 0.33
63-11 FOUL FOUL 53-10				
6 Austin, Sarah		Mercy	51-04	15.64m
51-04 44-03 FOUL 50-10				
Flight 2				
1 Flaherty, Maureen		Norfolk	102-09	31.31m 2.66
98-01 102-09 73-11 FOUL				
2 Bromwich, Dominique		Norfolk	95-11	29.23m 2.66
95-11 88-04 80-06 77-07				
3 Brase, Madison		Gross Catholic	95-02	29.00m
87-11 91-04 FOUL 95-02				
4 Ferell, Mackenzie		Lincoln North Star	94-11	28.93m 0.66
FOUL 94-11 89-06 91-06				
5 Stoltz, Taylor		Norfolk	89-02	27.17m 2.66
89-02 FOUL 75-06 FOUL				
6 Tederman, Jenna		Lincoln North Star	80-11	24.66m 0.66
69-06 80-11 FOUL 70-03				
7 Barrow, Addison		Lincoln North Star	66-10	20.37m 0.66
FOUL 53-10 66-10 53-06				
Flight 3				
1 Knapp, Eleni		Millard South	128-02	39.06m 3.33
106-09 126-02 128-02 128-01				
2 Weyer, Dani		Fremont	95-05	29.08m 2
95-05 FOUL 90-02 84-06				
3 Wachter, Shelby		Blair	88-08	27.02m 1.33
80-04 FOUL 88-08 FOUL				
4 Chiles, Justine		Blair	87-04	26.61m 1.33
87-04 FOUL FOUL FOUL				
5 Plank, Katie		Fremont	86-07	26.39m 2
FOUL 84-00 86-07 86-01				
6 Major, Jordan		Millard South	86-04	26.31m 3.33
73-01 5-04 86-04 80-05				
7 Hoerath, Riley		Fremont	82-10	25.24m 2
82-10 76-11 78-01 79-11				
8 Schaaaf, Jamie		Millard South	80-04	24.48m 3.33
66-02 FOUL 80-04 70-07				
9 Stogdill, Abby		Blair	72-07	22.12m 1.33
70-00 72-07 65-06 70-07				

**2016 Gary Dubbs Ralston Ram Relays - 4/2/2016****Ralston High School****Results****Event 7 Girls Discus Throw Relay**

EVENT TO FOLLOW BOYS DISCUS THROW

4 THROWS ONLY

Meet Record: M 343-00 1998 Fremont

Individual: I 139-09 2015 Eleni Knapp, Millard South

Name	Year	School	Finals	Points
Finals				
1 Knapp, Eleni		Millard South	128-02	39.06m 3.33
106-09 126-02 128-02 128-01				
2 Flaherty, Maureen		Norfolk	102-09	31.31m 2.66
98-01 102-09 73-11 FOUL				
3 Bromwich, Dominique		Norfolk	95-11	29.23m 2.66
95-11 88-04 80-06 77-07				
4 Weyer, Dani		Fremont	95-05	29.08m 2
95-05 FOUL 90-02 84-06				
5 Brase, Madison		Gross Catholic	95-02	29.00m
87-11 91-04 FOUL 95-02				
6 Ferell, Mackenzie		Lincoln North Star	94-11	28.93m 0.66
FOUL 94-11 89-06 91-06				
7 Morris, Maggy		Ralston	90-08	27.63m 0.33
83-07 85-01 90-08 82-08				
8 Stoltz, Taylor		Norfolk	89-02	27.17m 2.66
89-02 FOUL 75-06 FOUL				
9 Wachter, Shelby		Blair	88-08	27.02m 1.33
80-04 FOUL 88-08 FOUL				
10 Chiles, Justine		Blair	87-04	26.61m 1.33
87-04 FOUL FOUL FOUL				
11 Plank, Katie		Fremont	86-07	26.39m 2
FOUL 84-00 86-07 86-01				
12 Major, Jordan		Millard South	86-04	26.31m 3.33
73-01 5-04 86-04 80-05				
13 Hoerath, Riley		Fremont	82-10	25.24m 2
82-10 76-11 78-01 79-11				
14 Tederman, Jenna		Lincoln North Star	80-11	24.66m 0.66
69-06 80-11 FOUL 70-03				
15 Schaaf, Jamie		Millard South	80-04	24.48m 3.33
66-02 FOUL 80-04 70-07				
16 Bourke, Adele		Ralston	73-11	22.52m 0.33
73-11 64-10 68-01 58-05				
17 Stogdill, Abby		Blair	72-07	22.12m 1.33
70-00 72-07 65-06 70-07				
18 Schaefer, Maddy		Mercy	70-09	21.56m
70-09 61-11 FOUL FOUL				
19 Barrow, Addison		Lincoln North Star	66-10	20.37m 0.66
FOUL 53-10 66-10 53-06				
20 Novak, Grace		Mercy	65-06	19.96m
58-04 61-00 65-06 63-07				
21 Merkuris, Mariah		Ralston	63-11	19.48m 0.33
63-11 FOUL FOUL 53-10				
22 Austin, Sarah		Mercy	51-04	15.64m
51-04 44-03 FOUL 50-10				

**2016 Gary Dubbs Ralston Ram Relays - 4/2/2016**

**Ralston High School**

**Results**

**....Event 7 Girls Discus Throw Relay**

Event 7 Girls Discus Throw Relay

Team Rankings - Field Event Relay

Members Per Team - 3

Rank	Team	Total Mark	Points
1	Millard South	294-10	10
2	Norfolk	287-10	8
3	Fremont	264-10	6
4	Blair	248-07	4
5	Lincoln North Star	242-08	2
6	Ralston	228-06	1
7	Mercy	187-07	0



## 2016 Gary Dubbs Ralston Ram Relays - 4/2/2016

## Ralston High School

## Results

## Event 5 Girls High Jump Relay

=====								
Meet Record:	M	15-00	1999	Norfolk				
Individual:	I	5-07	2003	Deb Freeman, Lincoln Northeast				
Name	Year			School	Finals	Points		
=====								
Finals								
1	Horner, Brook	Lincoln North Star			5-00.00	1.52m	3.33	
	4-02	4-04	4-06	4-08	4-10	5-00	5-02	
	O	P	P	O	O	O	XXX	
2	Stoltz, Taylor	Norfolk			J5-00.00	1.52m	2.33	
	4-02	4-04	4-06	4-08	4-10	5-00	5-02	
	P	P	O	O	O	XO	XXX	
2	Stinson, Jaisee	Millard South			J5-00.00	1.52m		
	4-02	4-04	4-06	4-08	4-10	5-00	5-02	
	P	P	O	O	O	XO	XXX	
4	Sheehan, Sarah	Blair			4-10.00	1.47m	2.33	
	4-02	4-04	4-06	4-08	4-10	5-00		
	XO	XO	O	O	O	XXX		
5	Olsen, Abby	Lincoln North Star			4-08.00	1.42m	3.33	
	4-02	4-04	4-06	4-08	4-10			
	O	P	P	O	XXX			
6	Ashmore, Delaney	Lincoln North Star			J4-08.00	1.42m	3.33	
	4-02	4-04	4-06	4-08	4-10			
	O	O	XO	O	XXX			
7	Watson, Rachel	Fremont			J4-08.00	1.42m	1.33	
	4-02	4-04	4-06	4-08	4-10			
	O	XO	XO	O	XXX			
8	Rasmussen, Sierra	Millard South			J4-08.00	1.42m		
	4-02	4-04	4-06	4-08	4-10			
	P	P	XO	XO	XXX			
9	Stern, Morgan	Gross Catholic			J4-08.00	1.42m		
	4-02	4-04	4-06	4-08	4-10			
	P	O	O	XXO	XXX			
10	Green, Bethany	Blair			4-06.00	1.37m	2.33	
	4-02	4-04	4-06	4-08				
	O	XO	XO	XXX				
10	Kemnitz, Faith	Fremont			4-06.00	1.37m	1.33	
	4-02	4-04	4-06	4-08				
	O	XO	XO	XXX				
12	Morris, Hanna	Norfolk			4-04.00	1.32m	2.33	
	4-02	4-04	4-06					
	O	O	XXX					
13	Mittelstaedt, Saydee	Norfolk			J4-04.00	1.32m	2.33	
	4-02	4-04	4-06					
	XO	O	XXX					
14	Rand, Alexandra	Blair			J4-04.00	1.32m	2.33	
	4-02	4-04	4-06					
	O	XXO	XXX					
15	Voss, Logan	Fremont			4-02.00	1.27m	1.33	
	4-02	4-04						
	XXO	XXX						

**2016 Gary Dubbs Ralston Ram Relays - 4/2/2016**

**Ralston High School**

**Results**

**....Event 5 Girls High Jump Relay**

Event 5 Girls High Jump Relay  
Team Rankings - Field Event Relay  
Members Per Team - 3

Rank	Team	Total Mark	Points
1	Lincoln North Star	14-04.00	10
2	Norfolk	13-08.00	7
2	Blair	13-08.00	7
4	Fremont	13-04.00	4

## 2016 Gary Dubbs Ralston Ram Relays - 4/2/2016

## Ralston High School

## Results

## Event 3 Girls Long Jump Relay

=====

TO BE CONTESTED ON EAST PIT

4 JUMPS ONLY

Meet Record: M 46-09 2008 Omaha Marian

Individual: I 18-01.75 1993 Angee Henry, Bellevue West

Name	Year	School	Finals	Points
=====				
Flight 1				
1 Tamayo, Lauren		Ralston	15-10.50	4.83m 2
14-07.50	15-00	15-02	15-10.50	
2 Shiroyama, Maya		Ralston	J14-06.50	4.43m 2
13-10	14-06.50	FOUL	14-05	
3 Helms, Heather		Mercy	13-08.00	4.16m
13-08	13-06.50	13-06	13-03	
4 Serp, Sydney		Mercy	12-07.00	3.83m
FOUL	FOUL	FOUL	12-07	
5 Nguyen, Theresa		Mercy	12-05.00	3.78m
12-03	12-05	FOUL	FOUL	
6 McGhee, Aiyana		Ralston	12-03.00	3.73m 2
10-07.50	12-03	11-05.75	11-09.50	
Flight 2				
1 Solano, Taelar		Millard South	15-00.00	4.57m
15-00	15-00	13-04.50	14-10	
2 Harnack, Katie		Blair	14-11.00	4.54m 2.66
14-11	14-05.50	13-10	13-09.75	
3 Lee, Paige		Norfolk	14-06.50	4.43m 0.33
14-03.50	FOUL	14-06.50	14-05.50	
4 Zarek, Kaci		Norfolk	14-02.50	4.33m 0.33
13-07	11-03	14-00	14-02.50	
5 Erickson, Zoe		Blair	14-00.00	4.26m 2.66
11-06.50	FOUL	13-02	14-00	
6 Covington, Carina		Millard South	J13-11.00	4.24m
11-00.50	13-11	FOUL	FOUL	
7 Ruby, Jeanne		Blair	13-10.00	4.21m 2.66
13-09.50	FOUL	13-10	13-00	
8 Carhart, Hannah		Norfolk	12-08.00	3.86m 0.33
12-08	11-02.50	11-09.50	10-10	
9 Caniglia, Melissa		Millard South	11-04.00	3.45m
FOUL	11-04	11-01	10-07	
Flight 3				
1 Mutizhe, Nyarai		Fremont	15-04.00	4.67m 3.33
FOUL	FOUL	15-01	15-04	
2 Struebing, Emily		Fremont	15-01.50	4.61m 3.33
15-01.50	FOUL	FOUL	15-00	
3 Springer, Alexis		Lincoln North Star	J15-01.50	4.61m 0.66
15-01.50	14-03	14-07.50	14-05	
4 Paz, Catalina		Fremont	14-08.00	4.47m 3.33
14-08	FOUL	14-03	14-05.50	
5 Vomacka, Brittney		Gross Catholic	14-07.50	4.45m 1.33
13-06	13-01	13-10	14-07.50	
6 Steinauer, Emilie		Gross Catholic	13-11.00	4.24m 1.33
FOUL	FOUL	13-08.50	13-11	
7 Blankman, Maggie		Gross Catholic	13-06.00	4.11m 1.33
9-07	10-06	9-01	13-06	
8 Boyd, Sapphire		Lincoln North Star	13-05.00	4.08m 0.66
FOUL	13-05	12-10	13-00	

**2016 Gary Dubbs Ralston Ram Relays - 4/2/2016**

**Ralston High School**

**Results**

**....Event 3 Girls Long Jump Relay**

9 Robinson, Teijah Lincoln North Star 13-04.00 4.06m 0.66  
 13-04 13-04 13-00 12-09

**Event 3 Girls Long Jump Relay**

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TO BE CONTESTED ON EAST PIT

4 JUMPS ONLY

Meet Record: M 46-09 2008 Omaha Marian  
 Individual: I 18-01.75 1993 Angee Henry, Bellevue West

Name	Year	School	Finals	Points
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Finals

1	Tamayo, Lauren	Ralston	15-10.50	4.83m	2
	14-07.50 15-00 15-02 15-10.50				
2	Mutizhe, Nyarai	Fremont	15-04.00	4.67m	3.33
	FOUL FOUL 15-01 15-04				
3	Struebing, Emily	Fremont	15-01.50	4.61m	3.33
	15-01.50 FOUL FOUL 15-00				
4	Springer, Alexis	Lincoln North Star	J15-01.50	4.61m	0.66
	15-01.50 14-03 14-07.50 14-05				
5	Solano, Taelar	Millard South	15-00.00	4.57m	
	15-00 15-00 13-04.50 14-10				
6	Harnack, Katie	Blair	14-11.00	4.54m	2.66
	14-11 14-05.50 13-10 13-09.75				
7	Paz, Catalina	Fremont	14-08.00	4.47m	3.33
	14-08 FOUL 14-03 14-05.50				
8	Vomacka, Brittney	Gross Catholic	14-07.50	4.45m	1.33
	13-06 13-01 13-10 14-07.50				
9	Lee, Paige	Norfolk	14-06.50	4.43m	0.33
	14-03.50 FOUL 14-06.50 14-05.50				
10	Shiroyama, Maya	Ralston	J14-06.50	4.43m	2
	13-10 14-06.50 FOUL 14-05				
11	Zarek, Kaci	Norfolk	14-02.50	4.33m	0.33
	13-07 11-03 14-00 14-02.50				
12	Erickson, Zoe	Blair	14-00.00	4.26m	2.66
	11-06.50 FOUL 13-02 14-00				
13	Steinauer, Emilie	Gross Catholic	13-11.00	4.24m	1.33
	FOUL FOUL 13-08.50 13-11				
14	Covington, Carina	Millard South	J13-11.00	4.24m	
	11-00.50 13-11 FOUL FOUL				
15	Ruby, Jeanne	Blair	13-10.00	4.21m	2.66
	13-09.50 FOUL 13-10 13-00				
16	Helms, Heather	Mercy	13-08.00	4.16m	
	13-08 13-06.50 13-06 13-03				
17	Blankman, Maggie	Gross Catholic	13-06.00	4.11m	1.33
	9-07 10-06 9-01 13-06				
18	Boyd, Sapphire	Lincoln North Star	13-05.00	4.08m	0.66
	FOUL 13-05 12-10 13-00				
19	Robinson, Teijah	Lincoln North Star	13-04.00	4.06m	0.66
	13-04 13-04 13-00 12-09				
20	Carhart, Hannah	Norfolk	12-08.00	3.86m	0.33
	12-08 11-02.50 11-09.50 10-10				
21	Serp, Sydney	Mercy	12-07.00	3.83m	
	FOUL FOUL FOUL 12-07				

**2016 Gary Dubbs Ralston Ram Relays - 4/2/2016**

**Ralston High School**

**Results**

**....Event 3 Girls Long Jump Relay**

22	Nguyen, Theresa	Mercy	12-05.00	3.78m	
	12-03 12-05 FOUL FOUL				
23	McGhee, Aiyana	Ralston	12-03.00	3.73m	2
	10-07.50 12-03 11-05.75 11-09.50				
24	Caniglia, Melissa	Millard South	11-04.00	3.45m	
	FOUL 11-04 11-01 10-07				

Event 3 Girls Long Jump Relay  
 Team Rankings - Field Event Relay  
 Members Per Team - 3

Rank	Team	Total Mark	Points
1	Fremont	45-01.50	10
2	Blair	42-09.00	8
3	Ralston	42-08.00	6
4	Gross Catholic	42-00.50	4
5	Lincoln North Star	41-10.50	2
6	Norfolk	41-05.00	1
7	Millard South	40-03.00	0
8	Mercy	38-08.00	0

2016 Gary Dubbs Ralston Ram Relays - 4/2/2016

Ralston High School

Results

Event 1 Girls Pole Vault Relay

EVENT TO FOLLOW BOYS POLE VAULT

Meet Record: M 27-00 2011 Blair  
 Individual: I 10-02 2004 Klancy Nixon, Norfolk

Name	Year	School	Finals	Points
Finals				
1 Petersen, PJ		Millard South	9-06.00	2.89m
6-00 6-06 7-00 7-06 8-00 8-06 9-00 9-06 10-02.50				
PPP PPP PPP PPP PPP O O XO XXX				
2 Schenck, Morgan		Blair	9-00.00	2.74m 3.33
6-00 6-06 7-00 7-06 8-00 8-06 9-00 9-06				
PPP PPP PPP PPP XO O XXO XXX				
3 Mendoza, Juanita		Fremont	8-06.00	2.59m 2.66
6-00 6-06 7-00 7-06 8-00 8-06 9-00				
O O O XXO O XXO XXX				
4 Schenck, Jessica		Blair	7-06.00	2.28m 3.33
6-00 6-06 7-00 7-06 8-00				
PPP PPP O O XXX				
5 Erickson, Zoe		Blair	J7-06.00	2.28m 3.33
6-00 6-06 7-00 7-06 8-00				
O XO XO XO XXX				
6 Gardner, Jessica		Lincoln North Star	J7-06.00	2.28m 2
6-00 6-06 7-00 7-06 8-00				
PPP O XPP XXO XXX				
7 Broyles, Esther		Millard South	7-00.00	2.13m
6-00 6-06 7-00 7-06				
PPP PPP O XXX				
7 Reynoldson, Madison		Norfolk	7-00.00	2.13m
6-00 6-06 7-00 7-06				
PPP PPP O XXX				
7 Weyant, Morgan		Lincoln North Star	7-00.00	2.13m 2
6-00 6-06 7-00 7-06				
O O O XXX				
10 Buer, Lexus		Fremont	J7-00.00	2.13m 2.66
6-00 6-06 7-00 7-06				
O XO O XXX				
11 Rucker, Bailey		Norfolk	6-06.00	1.98m
6-00 6-06 7-00				
XXO XO XXX				
12 Zavala, Karla		Fremont	6-00.00	1.82m 2.66
6-00 6-06				
O XXX				
13 Sabin, Aliyah		Lincoln North Star	J6-00.00	1.82m 2
6-00 6-06				
XO XXX				
-- McClannan, Paige		Millard South	DNS	

Event 1 Girls Pole Vault Relay  
 Team Rankings - Field Event Relay  
 Members Per Team - 3

Rank	Team	Total Mark	Points
1	Blair	24-00.00	10
2	Fremont	21-06.00	8

**2016 Gary Dubbs Ralston Ram Relays - 4/2/2016**

**Ralston High School**

**Results**

**....Event 1 Girls Pole Vault Relay**

3 Lincoln North Star

20-06.00

6

## 2016 Gary Dubbs Ralston Ram Relays - 4/2/2016

## Ralston High School

## Results

## Event 9 Girls Shot Put Relay

4 THROWS ONLY						
Meet Record: M		112-03	1997	Fremont		
Individual: I		45-09.25	1998	Becky Beachler, Fremont		
Name	Year	School	Finals	Points		
Flight 1						
1 Swiney, Patience		Mercy	28-06.75	8.70m	0.66	
	28-06.75	26-11	26-10	23-05.50		
2 Shaw, Sydney		Mercy	27-06.75	8.40m	0.66	
	27-06.75	24-02	25-01	25-01		
3 Morris, Maggy		Ralston	26-05.50	8.06m		
	26-05.50	25-08.50	23-07.50	25-09.75		
4 Sorgen, Kayla		Ralston	25-09.75	7.86m		
	24-11.50	23-05	25-09.75	24-09.50		
5 Bourke, Adele		Ralston	25-07.50	7.81m		
	24-04.50	22-01.25	25-07.50	23-10.75		
6 Schaefer, Maddy		Mercy	24-05.50	7.45m	0.66	
	24-02.50	22-03	24-05.50	22-01.25		
Flight 2						
1 Osweiler, Lauren		Norfolk	32-09.75	10.00m	1.33	
	31-10	32-09.75	30-07	31-00.75		
2 Flaherty, Maureen		Norfolk	30-03.00	9.22m	1.33	
	30-03	27-08.50	29-11.25	29-06		
3 Brase, Madison		Gross Catholic	28-11.00	8.81m		
	28-11	25-00.50	28-08.75	27-10		
4 Barrow, Addison		Lincoln North Star	28-01.25	8.56m	0.33	
	28-01.25	24-06	27-05.25	23-11.50		
5 Ferell, Mackenzie		Lincoln North Star	27-04.00	8.33m	0.33	
	25-07.50	27-04	25-11	27-00		
6 Monroe, BreAnna		Norfolk	26-06.75	8.09m	1.33	
	26-06.75	FOUL	25-03.50	26-01.50		
7 Tederman, Jenna		Lincoln North Star	23-08.25	7.21m	0.33	
	23-01.50	23-08.25	22-11.50	23-07.50		
Flight 3						
1 Knapp, Eleni		Millard South	37-07.00	11.45m	3.33	
	36-01.75	37-07	37-02	37-00		
2 Weyer, Dani		Fremont	35-10.50	10.93m	2.66	
	FOUL	35-10.50	35-09.75	FOUL		
3 Karels, Erykah		Millard South	35-07.00	10.84m	3.33	
	35-07	34-10.25	35-04.50	33-02.75		
4 Sheppard, Kallin		Fremont	34-00.50	10.37m	2.66	
	34-00.50	32-00.75	32-03.25	FOUL		
5 Stogdill, Abby		Blair	33-04.50	10.17m	2	
	33-02.50	FOUL	33-04.50	31-02.75		
6 Mutizhe, Nyarai		Fremont	31-06.00	9.60m	2.66	
	30-07	FOUL	31-06	29-08		
7 Major, Jordan		Millard South	30-04.50	9.25m	3.33	
	28-02	26-10.50	28-06.50	30-04.50		
8 Chiles, Justine		Blair	30-00.50	9.15m	2	
	28-02.25	FOUL	30-00.50	FOUL		
9 Opplinger, Lindsay		Blair	29-01.75	8.88m	2	
	29-01.75	27-00	28-06.50	26-09		



**2016 Gary Dubbs Ralston Ram Relays - 4/2/2016****Ralston High School****Results****Event 9 Girls Shot Put Relay**

## 4 THROWS ONLY

Meet Record: M 112-03 1997 Fremont

Individual: I 45-09.25 1998 Becky Beachler, Fremont

Name	Year	School	Finals	Points
Finals				
1 Knapp, Eleni		Millard South	37-07.00	11.45m 3.33
36-01.75	37-07	37-02	37-00	
2 Weyer, Dani		Fremont	35-10.50	10.93m 2.66
FOUL	35-10.50	35-09.75	FOUL	
3 Karels, Erykah		Millard South	35-07.00	10.84m 3.33
35-07	34-10.25	35-04.50	33-02.75	
4 Sheppard, Kallin		Fremont	34-00.50	10.37m 2.66
34-00.50	32-00.75	32-03.25	FOUL	
5 Stogdill, Abby		Blair	33-04.50	10.17m 2
33-02.50	FOUL	33-04.50	31-02.75	
6 Osweiler, Lauren		Norfolk	32-09.75	10.00m 1.33
31-10	32-09.75	30-07	31-00.75	
7 Mutizhe, Nyarai		Fremont	31-06.00	9.60m 2.66
30-07	FOUL	31-06	29-08	
8 Major, Jordan		Millard South	30-04.50	9.25m 3.33
28-02	26-10.50	28-06.50	30-04.50	
9 Flaherty, Maureen		Norfolk	30-03.00	9.22m 1.33
30-03	27-08.50	29-11.25	29-06	
10 Chiles, Justine		Blair	30-00.50	9.15m 2
28-02.25	FOUL	30-00.50	FOUL	
11 Opplinger, Lindsay		Blair	29-01.75	8.88m 2
29-01.75	27-00	28-06.50	26-09	
12 Brase, Madison		Gross Catholic	28-11.00	8.81m
28-11	25-00.50	28-08.75	27-10	
13 Swiney, Patience		Mercy	28-06.75	8.70m 0.66
28-06.75	26-11	26-10	23-05.50	
14 Barrow, Addison		Lincoln North Star	28-01.25	8.56m 0.33
28-01.25	24-06	27-05.25	23-11.50	
15 Shaw, Sydney		Mercy	27-06.75	8.40m 0.66
27-06.75	24-02	25-01	25-01	
16 Ferell, Mackenzie		Lincoln North Star	27-04.00	8.33m 0.33
25-07.50	27-04	25-11	27-00	
17 Monroe, BreAnna		Norfolk	26-06.75	8.09m 1.33
26-06.75	FOUL	25-03.50	26-01.50	
18 Morris, Maggy		Ralston	26-05.50	8.06m
26-05.50	25-08.50	23-07.50	25-09.75	
19 Sorgen, Kayla		Ralston	25-09.75	7.86m
24-11.50	23-05	25-09.75	24-09.50	
20 Bourke, Adele		Ralston	25-07.50	7.81m
24-04.50	22-01.25	25-07.50	23-10.75	
21 Schaefer, Maddy		Mercy	24-05.50	7.45m 0.66
24-02.50	22-03	24-05.50	22-01.25	
22 Tederman, Jenna		Lincoln North Star	23-08.25	7.21m 0.33
23-01.50	23-08.25	22-11.50	23-07.50	

**2016 Gary Dubbs Ralston Ram Relays - 4/2/2016**

**Ralston High School**

**Results**

**....Event 9 Girls Shot Put Relay**

Event 9 Girls Shot Put Relay  
Team Rankings - Field Event Relay  
Members Per Team - 3

Rank	Team	Total Mark	Points
1	Millard South	103-06.50	10
2	Fremont	101-05.00	8
3	Blair	92-06.75	6
4	Norfolk	89-07.50	4
5	Mercy	80-07.00	2
6	Lincoln North Star	79-01.50	1
7	Ralston	77-10.75	0

**2016 Gary Dubbs Ralston Ram Relays - 4/2/2016****Ralston High School****Results****Event 11 Girls Triple Jump Relay**

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EVENT TO FOLLOW GIRLS LONG JUMP  
TO BE CONTESTED ON EAST PIT  
4 JUMPS ONLY

Meet Record: M 99-04.50 2002 Norfolk  
Individual: I 35-07.50 2008 Anna Weigandt, Gretna

Name	Year	School	Finals	Points
=====				
Flight 1				
1 Tamayo, Lauren		Ralston	32-04.50	9.86m 1.33
31-05 32-04.50 32-04.50		FOUL		
2 Theiler, Lauren		Mercy	31-06.50	9.61m
FOUL FOUL FOUL 31-06.50				
3 Schaefer, Maddy		Mercy	31-05.00	9.57m
27-01.50 31-05 30-02 30-08				
4 Lee, Paige		Norfolk	31-03.00	9.52m
31-03 28-00 FOUL FOUL				
5 Louthan, Taylor		Lincoln North Star	29-10.00	9.09m 0.66
29-10 FOUL 28-04 28-11				
6 Buer, Lexus		Fremont	29-02.00	8.89m 3.33
29-02 27-05 28-06.50 27-11				
7 Mustard, Alexa		Lincoln North Star	28-01.50	8.57m 0.66
26-04.50 26-02.50 26-09 28-01.50				
8 Collins, Morgan		Ralston	27-10.00	8.48m 1.33
FOUL 27-10 27-08 FOUL				
9 Bruggeman, Katie		Lincoln North Star	27-08.00	8.43m 0.66
27-01.50 27-06 27-00 27-08				
10 Cruz, Itzel		Ralston	27-02.00	8.28m 1.33
FOUL FOUL 27-02 FOUL				
Flight 2				
1 Noelle, Riana		Millard South	34-02.00	10.41m
34-02 33-06 FOUL 34-00				
2 Mutizhe, Nyarai		Fremont	33-00.00	10.05m 3.33
32-01 33-00 FOUL 32-06				
3 Vomacka, Brittney		Gross Catholic	32-09.00	9.98m 2
29-08.50 32-09 30-09.50 32-00.50				
4 Harnack, Katie		Blair	32-03.00	9.82m 2.66
31-01 FOUL 32-03 31-05				
5 Schenck, Jessica		Blair	30-04.00	9.24m 2.66
FOUL 29-06 30-04 FOUL				
6 Paulson, Mikayla		Fremont	29-01.50	8.87m 3.33
28-08 27-08.50 29-01.50 28-02				
7 Stern, Morgan		Gross Catholic	28-10.00	8.78m 2
27-03 28-01.50 28-10 27-11				
8 Rice, Meg		Gross Catholic	28-04.50	8.64m 2
FOUL 27-08.50 28-04.50 27-08				
9 Keller, Savannah		Blair	28-02.50	8.59m 2.66
28-02.50 27-04 27-06 FOUL				

**2016 Gary Dubbs Ralston Ram Relays - 4/2/2016**

**Ralston High School**

**Results**

**Event 11 Girls Triple Jump Relay**

EVENT TO FOLLOW GIRLS LONG JUMP  
 TO BE CONTESTED ON EAST PIT  
 4 JUMPS ONLY

Meet Record: M 99-04.50 2002 Norfolk  
 Individual: I 35-07.50 2008 Anna Weigandt, Gretna

Name	Year	School	Finals	Points
<b>Finals</b>				
1 Noelle, Riana		Millard South	34-02.00	10.41m
34-02 33-06 FOUL 34-00				
2 Mutizhe, Nyarai		Fremont	33-00.00	10.05m 3.33
32-01 33-00 FOUL 32-06				
3 Vomacka, Brittney		Gross Catholic	32-09.00	9.98m 2
29-08.50 32-09 30-09.50 32-00.50				
4 Tamayo, Lauren		Ralston	32-04.50	9.86m 1.33
31-05 32-04.50 32-04.50 FOUL				
5 Harnack, Katie		Blair	32-03.00	9.82m 2.66
31-01 FOUL 32-03 31-05				
6 Theiler, Lauren		Mercy	31-06.50	9.61m
FOUL FOUL FOUL 31-06.50				
7 Schaefer, Maddy		Mercy	31-05.00	9.57m
27-01.50 31-05 30-02 30-08				
8 Lee, Paige		Norfolk	31-03.00	9.52m
31-03 28-00 FOUL FOUL				
9 Schenck, Jessica		Blair	30-04.00	9.24m 2.66
FOUL 29-06 30-04 FOUL				
10 Louthan, Taylor		Lincoln North Star	29-10.00	9.09m 0.66
29-10 FOUL 28-04 28-11				
11 Buer, Lexus		Fremont	29-02.00	8.89m 3.33
29-02 27-05 28-06.50 27-11				
12 Paulson, Mikayla		Fremont	29-01.50	8.87m 3.33
28-08 27-08.50 29-01.50 28-02				
13 Stern, Morgan		Gross Catholic	28-10.00	8.78m 2
27-03 28-01.50 28-10 27-11				
14 Rice, Meg		Gross Catholic	28-04.50	8.64m 2
FOUL 27-08.50 28-04.50 27-08				
15 Keller, Savannah		Blair	28-02.50	8.59m 2.66
28-02.50 27-04 27-06 FOUL				
16 Mustard, Alexa		Lincoln North Star	28-01.50	8.57m 0.66
26-04.50 26-02.50 26-09 28-01.50				
17 Collins, Morgan		Ralston	27-10.00	8.48m 1.33
FOUL 27-10 27-08 FOUL				
18 Bruggeman, Katie		Lincoln North Star	27-08.00	8.43m 0.66
27-01.50 27-06 27-00 27-08				
19 Cruz, Itzel		Ralston	27-02.00	8.28m 1.33
FOUL FOUL 27-02 FOUL				

Event 11 Girls Triple Jump Relay  
 Team Rankings - Field Event Relay  
 Members Per Team - 3

Rank	Team	Total Mark	Points
1	Fremont	91-03.50	10
2	Blair	90-09.50	8

**2016 Gary Dubbs Ralston Ram Relays - 4/2/2016**

**Ralston High School**

**Results**

**....Event 11 Girls Triple Jump Relay**

3	Gross Catholic	89-11.50	6
4	Ralston	87-04.50	4
5	Lincoln North Star	85-07.50	2

**2016 Gary Dubbs Ralston Ram Relays - 4/2/2016****Ralston High School  
Results - Running Events****Girls 4x100 Meter Relay**

<b>Meet Record: 49.2h M 1992</b>		<b>Bellevue East</b>		<b>Seed</b>	<b>Finals</b>	<b>Points</b>
<b>Team</b>	<b>Relay</b>					
<b>Finals</b>						
1	Millard South 1) Solano, Taelar	A 2) McClannan, Paige	3) Petersen, PJ	49.50	51.24 4) Fowler, Camille	10
2	Lincoln North Star 1) Deras, Latreas	A 2) Boyd, Sapphire	3) Robinson, Teijah	51.00	53.02 4) Springer, Alexis	8
3	Fremont 1) Zavala, Melissa	A 2) Pieper, Savanna	3) Mendoza, Juanita	53.50	53.98 4) Jones, Kennedy	6
4	Ralston 1) Cruz, Itzel	A 2) McGhee, Aiyana	3) Shiroyama, Maya	56.50	55.13 4) Collins, Morgan	4
5	Norfolk 1) Meaux, Olivia	A 2) Meier, Madelyn	3) Paulson, Janece	53.00	55.31 4) Zarek, Kaci	2
6	Gross Catholic 1) Bertelson, Chloe	A 2) Maher, Robin	3) Watson, Olivia	59.00	58.58 4) Stern, Morgan	1
---	Mercy 1) Swiney, Patience	A 2) Kruszcak, Natalia	3) Herout, Emily	55.50	DNF 4) Helms, Heather	
---	Blair 1) Morris, Jaedyn	A 2) Rand, Alexandra	3) Osborn, Emma	53.60	DQ 4) Kirwan, Sophia	

**Girls 4x100 Meter Relay Wt. Person****NON-SCORING EVENT**

<b>Meet Record: 56.63 M 2011</b>		<b>Lincoln North Star</b>		<b>Seed</b>	<b>Finals</b>	
<b>Team</b>	<b>Relay</b>					
<b>Finals</b>						
1	Lincoln North Star 1) Ferell, Mackenzie	A 2) Gardner, Jessica	3) Barrow, Addison	58.00	1:02.43 4) Tederman, Jenna	
2	Mercy 1) Shaw, Sydney	A 2) Austin, Sarah	3) Novak, Grace		1:03.79 4) Schaefer, Maddy	
3	Ralston 1) Morris, Maggy	A 2) Merkuris, Mariah	3) Sorgen, Kayla	1:07.00	1:05.89 4) Bourke, Adele	
4	Norfolk 1) Stoltz, Taylor	A 2) Bromwich, Dominique	3) Flaherty, Maureen	1:00.00	1:08.26 4) Osweiler, Lauren	

**Girls 4x200 Meter Relay**

<b>Meet Record: 1:45.6h M 1992</b>		<b>Bellevue East</b>		<b>Seed</b>	<b>Finals</b>	<b>Points</b>
<b>Team</b>	<b>Relay</b>					
<b>Finals</b>						
1	Millard South 1) Broyles, Esther	A 2) Stinson, Jaisee	3) Fowler, Camille	1:50.00	1:51.17 4) Somers, Taylor	10
2	Fremont 1) Pieper, Savanna	A 2) Jones, Kennedy	3) Paulson, Mikayla	1:56.00	1:54.02 4) Zavala, Karla	8
3	Blair 1) Osborn, Emma	A 2) Schenck, Morgan	3) Morris, Jaedyn	1:58.60	1:55.91 4) Garner, Ally	6
4	Lincoln North Star 1) Peterson, Bailey	A 2) Engeles, Heba		1:55.00	1:56.37	4
5	Norfolk 1) Meaux, Olivia	A 2) Meier, Madelyn	3) Zarek, Kaci	1:55.80	1:56.75 4) Paulson, Janece	2
6	Mercy 1) Kruszcak, Natalia	A 2) Peterson, Allie	3) Herout, Emily	1:58.00	2:01.04 4) Theiler, Lauren	1
7	Ralston 1) Cruz, Itzel	A 2) Miranda, Vanessa	3) McGhee, Aiyana	2:05.50	2:01.55 4) Collins, Morgan	

**2016 Gary Dubbs Ralston Ram Relays - 4/2/2016****Ralston High School  
Results - Running Events****Finals ... (Girls 4x200 Meter Relay)**

Team	Relay	Seed	Finals	Points
8 Gross Catholic 1) Mlnarik, Jenna	A 2) Bertelson, Chloe	1:55.00	2:02.94 4) Zoucha, Mary	
			3) Halliburton, Kellee	

**Girls 4x400 Meter Relay**

Meet Record: 4:03.07 M 2011

Millard South

Team	Relay	Seed	Finals	Points
<b>Finals</b>				
1 Lincoln North Star 1) Berks, Olivia	A 2) Lado, Dina	4:12.00	4:10.84 4) Archie, Champayne	10
2 Blair 1) Anderson, Jayme	A 2) Frost, Olivia	4:22.20	4:18.45 4) Kirwan, Sophia	8
3 Fremont 1) Pieper, Savanna	A 2) Mendoza, Juanita	4:30.00	4:20.61 4) Sanchez, Vivian	6
4 Norfolk 1) Blanco, Lexi	A 2) Zarek, Kaci	4:30.00	4:36.56 4) Bowens, Kyneshae	4
5 Gross Catholic 1) Rice, Meg	A 2) Maher, Robin	4:20.00	4:42.09 4) Vomacka, Brittney	2
6 Mercy 1) Caito, Gabbi	A 2) Peterson, Allie	4:30.00	4:43.73 4) Moyer, Maggie	1
7 Ralston 1) Miranda, Vanessa	A 2) Morris, Malia	4:40.00	4:49.22 4) Tamayo, Lauren	
			3) Theiler, Lauren	
			3) Collins, Morgan	

**Girls 4x800 Meter Relay**

Meet Record: 9:55.6h M 1998

Papillion-La Vista

Team	Relay	Seed	Finals	Points
<b>Finals</b>				
1 Norfolk 1) Ortiz, Desir'ee	A 2) Harthoorn, Breanna	11:30.00	10:52.75 4) Bennett, Lydia	10
2 Blair 1) Nielsen, Brook	A 2) Nielsen, Mia	11:04.00	11:00.29 4) Hoffman, Katie	8
3 Millard South 1) Schufeldt, Jessica	A 2) Gilbert, Chloe	10:40.00	11:00.79 4) Donaldson, Amy	6
4 Lincoln North Star 1) Kluck, Miriam	A 2) Hilkemann, Jaden	9:58.00	11:11.83 4) Miller, Sammy	4
5 Ralston 1) Santoni, Jaden	A 2) Ray, Allyson	11:15.00	11:16.00 4) Adler, Jade	2
6 Fremont 1) Martinez, Myrka	A 2) Field, Baylee	11:15.00	11:55.50 4) Alarcon, Jahayra	1
7 Gross Catholic 1) Steinauer, Katie	A 2) Caskey, Katie	11:00.00	13:12.16 4) Steinauer, Emilie	
			3) Tammen, Erin	

**Girls 4x1600 Meter Relay**

Meet Record: 23:16.28 M 3/30/2013

Mercy, Mercy  
M Randall, M Randall, E Artz, M Roberts

Team	Relay	Seed	Finals	Points
<b>Finals</b>				
1 Norfolk 1) Harthoorn, Breanna	A 2) Means, Megan	25:00.00	24:26.11 4) Bennett, Lydia	10
2 Blair 1) O'Brien, Magdalene	A 2) Nielsen, Mia	24:30.00	24:41.41 4) Hoffman, Katie	8
3 Fremont 1) Sanchez, Vivian	A 2) Krohn, Elizabeth	23:35.00	24:42.10 4) Decker, Avery	6
			3) Seier, Lindsay	

**2016 Gary Dubbs Ralston Ram Relays - 4/2/2016****Ralston High School  
Results - Running Events****Finals ... (Girls 4x1600 Meter Relay)**

Team	Relay	Seed	Finals	Points
4 Lincoln North Star 1) Settles, Sydney	A 2) Hilkemann, Jaden	24:40.00	25:32.95	4
			3) Debrie, Paige	

**Girls 800 Sprint Medley Freshman****100M-100M-200M-400M****NON-SCORING EVENT****Meet Record: 2:00.14 M 2015****Lincoln North Star, Lincoln North Star**

Team	Relay	Seed	Finals
<b>Finals</b>			
1 Fremont 1) Hoerath, Riley	A 2) Cooper, Annie	2:07.00	2:08.12 4) Custer, Alexis
2 Millard South 1) Chappell, McKenzie	A 2) Kerns, Allie	2:05.00	2:09.19 4) Covington, Carina
3 Norfolk 1) Voss, Marlie	A 2) OlgmueLLer, Paige	2:10.90	2:10.76 4) Storovich, Haley
4 Gross Catholic 1) Moulton, Catalina	A 2) Mlnarik, Jenna	2:11.00	2:15.58 4) Blankman, Maggie
--- Lincoln North Star 1) McGarvie, Kaityln	A 2) Leach, Erin		DNF 4) Hilkemann, Jaden
			3) Reed, Lily
			3) Armbruster, Emma
			3) Kemnitz, Faith
			3) Purcell, Bailey
			3) Gardner, Jessica

**Girls 1600 Sprint Medley****200M-200M-400M-800M****Meet Record: 4:17.4h M 1994****Norfolk**

Team	Relay	Seed	Finals	Points
<b>Finals</b>				
1 Millard South 1) Klein, Colbey	A 2) Kane, Isabelle	4:20.00	4:24.62 4) Somers, Taylor	10
2 Lincoln North Star 1) Boyd, Sapphire	A 2) Springer, Alexis	4:25.00	4:27.66 4) Lado, Diana	8
3 Fremont 1) Jones, Kennedy	A 2) Pieper, Savanna	4:38.00	4:36.01 4) Decker, Avery	6
4 Ralston 1) Cruz, Itzel	A 2) McGhee, Aiyana	4:40.50	4:43.93 4) Adler, Jade	4
5 Mercy 1) Helms, Heather	A 2) Wolff-Morgan, Claire	4:40.00	4:44.66 4) Caito, Gabbi	2
6 Blair 1) Anderson, Jayme	A 2) Osborn, Emma	4:39.50	4:48.56 4) Johnson, Lily	1
7 Norfolk 1) OlgmueLLer, Paige	A 2) Voss, Marlie	4:50.20	4:57.70 4) Ortiz, Desir'ee	
			3) Tamayo, Lauren	
			3) Sanchez, Vivian	
			3) Kirwan, Sophia	
			3) Blanco, Lexi	

**Girls Distance Medley****1200M-400M-800M-1600M****Meet Record: 12:42.22 M 2015****Millard South, Millard South**

Team	Relay	Seed	Finals	Points
<b>Finals</b>				
1 Lincoln North Star 1) Horner, Brook	A 2) Archie, Champayne	13:11.00	14:03.78 4) Lado, Diana	10
2 Blair 1) O'Brien, Magdalene	A 2) Zurek, Devon	14:28.00	14:59.75 4) Frost, Olivia	8
3 Fremont 1) Seier, Lindsay	A 2) Buer, Lexus	14:15.00	15:12.98 4) Krohn, Elizabeth	6
			3) Nielsen, Mia	
			3) Alarcon, Jahayra	



**2016 Gary Dubbs Ralston Ram Relays - 4/2/2016****Ralston High School****Results - Running Events****Finals ... (Girls Distance Medley)**

Team	Relay	Seed	Finals	Points
4 Norfolk 1) Clausen, Madison	A 2) Rucker, Bailey	14:30.80	16:00.42 4) Protzman, Grace	4
5 Gross Catholic 1) Steinauer, Katie	A 2) Steinauer, Emilie	16:09.00	16:54.37 4) Caskey, Katie	2
6 Ralston 1) Shradar, Lauren	A 2) Curtis, Skyler	15:50.00	17:41.35 4) Mass, Katelyn	1

**Girls 4x100 Meter Shuttle Hurdle****EVENT HAND-TIMED****Meet Record: 1:08.9h M 1995****Millard South**

Team	Relay	Seed	Finals	H#	Points
<b>Finals</b>					
1 Blair 1) Morris, Jaedyn	A 2) Rand, Alexandra	1:15.20	1:13.7h 4) Schenck, Morgan	2	10
2 Lincoln North Star 1) Berkes, Olivia	A 2) Koung, Nya	1:22.00	1:13.8h 4) Archer, Lauren	2	8
3 Mercy 1) Stolze, Sydney	A 2) Krumbach, Valya	1:24.00	1:20.0h 4) Wolff-Morgan, Claire	1	6
4 Norfolk 1) Mittelstaedt, Saydee	A 2) Bowens, Kyneshae	1:19.50	1:21.5h 4) Young, Iyanna	1	4
--- Fremont 1) Paulson, Mikayla	A 2) Voss, Logan	1:18.00	DQ 4) Zavala, Melissa	2	

**Girls 4x160 Meter Shuttle Hurdle****Meet Record: 1:35.1h M 1998****Omaha Burke**

Team	Relay	Seed	Finals	H#	Points
<b>Finals</b>					
1 Lincoln North Star 1) Berks, Olivia	A 2) Koung, Nya	1:42.00	1:38.86 4) Archer, Lauren	2	10
2 Blair 1) Morris, Jaedyn	A 2) Rand, Alexandra	1:42.70	1:40.55 4) Schenck, Morgan	2	8
3 Fremont 1) Paulson, Mikayla	A 2) Zavala, Karla	1:45.00	1:42.52 4) Voss, Logan	2	6
4 Norfolk 1) Mittelstaedt, Saydee	A 2) Werner, Abra	1:50.10	1:45.30 4) Young, Iyanna	1	4
5 Gross Catholic 1) Blankman, Maggie	A 2) Vomacka, Brittney	1:45.00	1:49.97 4) Holland, Christa	1	2
6 Mercy 1) Stolze, Sydney	A 2) Kruszcak, Natalia	1:50.00	1:50.53 4) Wolff-Morgan, Claire	1	1

**Women - Team Rankings - 15 Events Scored**

1) Blair	100	2) Fremont	91
3) Lincoln North Star	89	4) Norfolk	60
5) Millard South	56	6) Ralston	22
7) Gross Catholic	17	8) Mercy	13

**Men - Team Rankings - 15 Events Scored**

1) P-LV	80	2) Omaha Burke	74
3) Lincoln North Star	73	4) Blair	71
5) Norfolk	64	6) Millard South	48

**2016 Gary Dubbs Ralston Ram Relays - 4/2/2016**

**Ralston High School**

**Results - Running Events**

7) Ralston

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8) Gross Catholic

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