

2016 River City Conference Championships - 5/5/2016

South Souix City High School

Results

Girls 100 Meter Dash Varsity

ROLLING SCHEDULE

Name	School	Prelims
Preliminaries		
1 Helms, Heather	Mercy	13.69Q
2 Anson, Hannah	Skutt Cathol	13.80Q
3 McGhee, Aiyana	Ralston	13.88Q
4 Dempsey, Rachel	Roncalli/Duc	14.01Q
5 Harrington, Jovonn	Roncalli/Duc	14.02q
6 Bertelsen, Chloe	Gross Cathol	14.05q
7 Guzman, Selene	South Sioux	14.21q
8 Wheeler, Destiny	Mercy	14.27q
9 Herout, Emily	Mercy	14.45
10 Mlnarik, Jenna	Gross Cathol	14.57
11 Cruz, Itzel	Ralston	14.76
12 Hedrick, Lauren	Roncalli/Duc	15.25

Girls 100 Meter Dash Varsity

ROLLING SCHEDULE

Name	School	Finals
Finals		
1 Helms, Heather	Mercy	13.53 10
2 McGhee, Aiyana	Ralston	13.76 8
3 Anson, Hannah	Skutt Cathol	13.82 6
4 Bertelsen, Chloe	Gross Cathol	13.88 4
5 Dempsey, Rachel	Roncalli/Duc	13.93 2
6 Harrington, Jovonn	Roncalli/Duc	14.02 1
7 Wheeler, Destiny	Mercy	14.16
8 Guzman, Selene	South Sioux	14.31

Girls 200 Meter Dash Varsity

ROLLING SCHEDULE

Name	School	Prelims
Preliminaries		
1 Schmit, Kaitlyn	Roncalli/Duc	27.30Q
2 Hoffman, Tessa	Beatrice	28.24Q
3 Zarybnicky, Bailey	Beatrice	28.40Q
4 McGhee, Aiyana	Ralston	28.30q
5 Helms, Heather	Mercy	28.30q
6 Sambol, Anna	Roncalli/Duc	28.54q
7 Dempsey, Rachel	Roncalli/Duc	28.95q
8 Anson, Hannah	Skutt Cathol	28.99q
9 Powell, Carissa	South Sioux	29.13
10 Vomacka, Brittney	Gross Cathol	29.25
11 Zulauf, Andrea	Beatrice	29.36
12 Wheeler, Destiny	Mercy	29.54
13 Cruz, Itzel	Ralston	29.94
14 Guzman, Selene	South Sioux	30.00
15 Maher, Robin	Gross Cathol	30.08
16 Bertelsen, Chloe	Gross Cathol	30.21
17 Krumbach, Valya	Mercy	30.63
18 Buresh, Dani	Skutt Cathol	30.97

Girls 200 Meter Dash Varsity

ROLLING SCHEDULE

Name	School	Finals
Finals		
1 Schmit, Kaitlyn	Roncalli/Duc	27.39 10
2 Zarybnicky, Bailey	Beatrice	28.07 8
3 Helms, Heather	Mercy	28.46 6
4 Hoffman, Tessa	Beatrice	28.46 4
5 Sambol, Anna	Roncalli/Duc	28.55 2
6 Anson, Hannah	Skutt Cathol	28.75 1
7 Dempsey, Rachel	Roncalli/Duc	29.14
8 McGhee, Aiyana	Ralston	29.27

Girls 400 Meter Dash Varsity

ROLLING SCHEDULE

Name	School	Finals
Finals		
1 Fritza, Haley	South Sioux	1:01.31 10
2 Sambol, Anna	Roncalli/Duc	1:02.52 8
3 Cigard, Zoe	South Sioux	1:03.90 6
4 Maher, Robin	Gross Cathol	1:04.32 4
5 Hoffman, Tessa	Beatrice	1:04.54 2
6 Christensen, Taryn	South Sioux	1:04.77 1
7 Hasebroock, Samantha	Roncalli/Duc	1:05.09
8 Buresh, Dani	Skutt Cathol	1:06.25
9 Zarybnicky, Bailey	Beatrice	1:06.46
10 Eyth, Liz	Roncalli/Duc	1:06.64
11 Schaefer, Caitlin	Beatrice	1:06.82
12 Druke, Kate	Skutt Cathol	1:07.30
13 Rice, Meg	Gross Cathol	1:08.84

Girls 800 Meter Run Varsity

ROLLING SCHEDULE

Name	School	Finals
Finals		
1 Fritza, Haley	South Sioux	2:29.78 10
2 Lenz, Abbey	Skutt Cathol	2:32.43 8
3 Rasmussen, Marybeth	South Sioux	2:35.17 6
4 Weeder, Hayley	Skutt Cathol	2:36.03 4
5 Young, Emma	South Sioux	2:37.13 2
6 Steinauer, Emilie	Gross Cathol	2:40.36 1
7 Adler, Jade	Ralston	2:41.90
8 Kanger, Megan	Skutt Cathol	2:44.91
9 Junker, Jenna	Beatrice	2:45.17
10 Leal, Natasha	Beatrice	2:47.90
11 Shiroyama, Maya	Ralston	2:50.12
12 Schaefer, Caitlin	Beatrice	2:50.75
13 Steinauer, Katie	Gross Cathol	2:53.27
14 Harrison, Makayla	Roncalli/Duc	3:01.93
15 Curtis, Skyler	Ralston	3:03.20
16 Caskey, Katie	Gross Cathol	3:08.28
17 Stierman, Lauren	Roncalli/Duc	3:29.10

2016 River City Conference Championships - 5/5/2016

South Sioux City High School

Results

Girls 1600 Meter Run Varsity

ROLLING SCHEDULE

Name	School	Finals
Finals		
1 Moyer, Maggie	Mercy	5:41.55 10
2 Theye, Jamison	Beatrice	5:44.17 8
3 Santoni, Jaden	Ralston	5:44.86 6
4 McKinney, Estelle	Roncalli/Duc	5:54.05 4
5 Zavadil, Kelli	Skutt Cathol	6:15.32 2
6 LaSala, Maria	Skutt Cathol	6:18.44 1
7 Leal, Natasha	Beatrice	6:28.76
8 Guernsey, Josie	Beatrice	6:37.72
9 Steinauer, Katie	Gross Cathol	6:39.43
10 Caskey, Katie	Gross Cathol	7:16.82
11 Harrison, Makayla	Roncalli/Duc	7:21.89

Girls 3200 Meter Run Varsity

ROLLING SCHEDULE

Name	School	Finals
Finals		
1 Moyer, Maggie	Mercy	12:22.67 10
2 Knepper, Hannah	Beatrice	12:43.78 8
3 Smith, Nealeigh	Beatrice	12:58.79 6
4 LaSala, Maria	Skutt Cathol	13:46.73 4
5 Thramer, Augusta	South Sioux	13:51.83 2
6 Guernsey, Josie	Beatrice	14:14.53 1
7 Reyes, Aisling	South Sioux	14:53.44

Girls 100 Meter Hurdles Varsity

ROLLING SCHEDULE

Name	School	Prelims
Preliminaries		
1 Tamayo, Lauren	Ralston	17.54Q
2 Barker, Caley	Skutt Cathol	17.80Q
3 Hansen, Makayla	South Sioux	18.10Q
4 Hansen, Madison	South Sioux	18.60Q
5 Fujan, Monica	Beatrice	18.81q
6 Grewe, Molly	Skutt Cathol	19.09q
7 Hohenstein, Ashley	South Sioux	19.19q
8 Holland, Christa	Gross Cathol	19.29q
9 Fujan, Jessica	Beatrice	19.32
10 Krumbach, Valya	Mercy	19.35
11 Strunc, Breanna	Roncalli/Duc	20.12
12 Wolff-Morgan, Claire	Mercy	20.45

Girls 100 Meter Hurdles Varsity

ROLLING SCHEDULE

Name	School	Finals
Finals		
1 Tamayo, Lauren	Ralston	16.88 10
2 Barker, Caley	Skutt Cathol	17.87 8
3 Hansen, Makayla	South Sioux	18.16 6
4 Hansen, Madison	South Sioux	18.38 4
5 Fujan, Monica	Beatrice	18.71 2

6 Grewe, Molly	Skutt Cathol	18.77 1
7 Hohenstein, Ashley	South Sioux	18.83
8 Holland, Christa	Gross Cathol	19.43

Girls 300 Meter Hurdles Varsity

ROLLING SCHEDULE

Name	School	Finals
Finals		
1 Tamayo, Lauren	Ralston	47.94 10
2 Barker, Caley	Skutt Cathol	50.61 8
3 Hansen, Makayla	South Sioux	53.10 6
4 Knowles, Tori	South Sioux	53.41 4
5 Hansen, Madison	South Sioux	53.97 2
6 Kruszczak, Natalia	Mercy	54.53 1
7 Holland, Christa	Gross Cathol	54.55
8 Grewe, Molly	Skutt Cathol	54.78
9 Caito, Gabbi	Mercy	55.35
10 Fujan, Monica	Beatrice	55.86
11 Strunc, Breanna	Roncalli/Duc	57.39
12 Blankman, Maggie	Gross Cathol	59.33
13 Fujan, Jessica	Beatrice	59.81

Girls 4x100 Meter Relay Varsity

ROLLING SCHEDULE

Team	Relay	Finals
Finals		
1 Roncalli/Duchesne	A	51.98 10
1) Dempsey, Rachel	2) Harrington, Jovonn	
3) Sambol, Anna	4) Schmit, Kaitlyn	
2 South Sioux City	A	52.90 8
1) Guzman, Selene	2) Christensen, Taryn	
3) Powell, Carissa	4) Fischer, Kori	
3 Mercy	A	53.86 6
1) Swiney, Patience	2) Theiler, Lauren	
3) Herout, Emily	4) Helms, Heather	
4 Gross Catholic	A	54.35 4
5 Ralston	A	54.65 2
1) Cruz, Itzel	2) McGhee, Aiyana	
3) Collins, Morgan	4) Shiroyama, Maya	
6 Skutt Catholic	A	55.19 1
1) Anson, Hannah	2) Barker, Caley	
3) Vacek, Anna	4) Buresh, Dani	
7 Beatrice	A	57.38
1) Trauernicht, Breanna	2) Fujan, Monica	
3) Fujan, Jessica	4) Zulauf, Andrea	

Girls 4x400 Meter Relay Varsity

ROLLING SCHEDULE

Team	Relay	Finals
Finals		
1 South Sioux City	A	4:17.20 10
1) Christensen, Taryn	2) Rasmussen, Marybeth	
3) Cigard, Zoe	4) Fritza, Haley	
2 Roncalli/Duchesne	A	4:26.29 8
1) Hasebroock, Samantha	2) Eyth, Liz	
3) McKinney, Estelle	4) Sambol, Anna	

2016 River City Conference Championships - 5/5/2016

South Souix City High School

Results

Finals ... (Girls 4x400 Meter Relay Varsity)

Team	Relay	Finals
3 Skutt Catholic	A	4:29.93 6
1) Anson, Hannah	2) Buresh, Dani	
3) Weeder, Hayley	4) Lenz, Abbey	
4 Mercy	A	4:30.19 4
1) Wolff-Morgan, Claire	2) Theiler, Lauren	
3) Peterson, Allie	4) Caito, Gabbi	
5 Gross Catholic	A	4:53.16 2

Girls 4x800 Meter Relay Varsity

ROLLING SCHEDULE

Team	Relay	Finals
Finals		
1 South Sioux City	A	9:56.20 10
1) Rasmussen, Marybeth	2) Christensen, Taryn	
3) Thramer, Augusta	4) Fritza, Haley	
2 Mercy	A	10:20.66 8
1) Caito, Gabbi	2) Peterson, Allie	
3) Kruszcak, Natalia	4) Moyer, Maggie	
3 Beatrice	A	10:22.65 6
1) Theye, Jamison	2) Junker, Jenna	
3) Knepper, Hannah	4) Smith, Nealeigh	
4 Skutt Catholic	A	10:41.02 4
1) Zavadil, Kelli	2) Weeder, Hayley	
3) Lenz, Abbey	4) Reeves, Sydney	
5 Ralston	A	11:32.13 2
1) Santoni, Jaden	2) Ray, Allyson	
3) Shiroyama, Maya	4) Adler, Jade	

Girls High Jump Varsity

Name	School	Finals
Finals		
1 Schmit, Kaitlyn	Roncalli/Duc	5-03.00 10
2 Hohenstein, Ashley	South Sioux	4-11.00 7
2 Powell, Carissa	South Sioux	4-11.00 7
4 Fujan, Jessica	Beatrice	4-05.00 4
5 Hughes, Emerson	Skutt Cathol	J4-05.00 1.5
5 Fujan, Monica	Beatrice	J4-05.00 1.5
7 Comstock, Hayden	South Sioux	J4-05.00
8 Zulauf, Andrea	Beatrice	4-03.00
9 Devlin, Sarah	Skutt Cathol	J4-03.00
10 Zoucha, Mary	Gross Cathol	J4-03.00

Girls Pole Vault Varsity

MIN HEIGHT TO SCORE 5'6"

Name	School	Finals
Finals		
1 Trauernicht, Breanna	Beatrice	8-00.00 10
2 Fischer, Kori	South Sioux	7-06.00 8
3 Thramer, Augusta	South Sioux	7-00.00 6
4 Cigard, Zoe	South Sioux	J7-00.00 4
5 Hoffman, Tessa	Beatrice	6-00.00 2

Girls Long Jump Varsity

3 JUMPS TOP 8 TO FINALS 3 MORE JUMPS

Name	School	Finals
Finals		
1 Schmit, Kaitlyn	Roncalli/Duc	17-08.50 10
2 Tamayo, Lauren	Ralston	16-09.75 8
3 Zarybnicky, Bailey	Beatrice	16-07.75 6
4 Vomacka, Brittney	Gross Cathol	15-11.75 4
5 Fischer, Kori	South Sioux	15-11.00 2
6 Hoffman, Tessa	Beatrice	15-09.75 1
7 Bertelsen, Chloe	Gross Cathol	15-08.00
8 Steinauer, Emilie	Gross Cathol	14-11.50
9 Vacek, Anna	Skutt Cathol	14-05.75
10 Knowles, Tori	South Sioux	14-02.00
11 Zulauf, Andrea	Beatrice	14-01.50
12 Guzman, Selene	South Sioux	13-06.50
13 Hedrick, Lauren	Roncalli/Duc	13-04.75
14 Wagner, Grace	Skutt Cathol	13-03.50
15 Nguyen, Theresa	Mercy	13-03.00
16 McGhee, Aiyana	Ralston	13-01.50
17 Wolff-Morgan, Claire	Mercy	11-10.75
18 Serp, Sydney	Mercy	11-05.50

Girls Triple Jump Varsity

3 JUMPS TOP 8 TO FINAL 3 MORE JUMPS

EVENT TO FOLLOW GIRLS LONG JUMP

Name	School	Finals
Finals		
1 Zarybnicky, Bailey	Beatrice	34-00.50 10
2 Tamayo, Lauren	Ralston	33-10.50 8
3 Theiler, Lauren	Mercy	33-01.75 6
4 Hedrick, Lauren	Roncalli/Duc	32-00.50 4
5 Hohenstein, Ashley	South Sioux	31-01.75 2
6 Devlin, Sarah	Skutt Cathol	31-00.25 1
7 Schaefer, Maddy	Mercy	30-09.50
8 Powell, Carissa	South Sioux	30-08.50
9 Rice, Meg	Gross Cathol	30-07.00
10 Vacek, Anna	Skutt Cathol	30-05.50
11 Fischer, Kori	South Sioux	30-02.50
12 Cruz, Itzel	Ralston	29-07.00
13 Wagner, Grace	Skutt Cathol	28-09.75

Girls Shot Put Varsity

3 THROWS TOP 8 TO FINALS 3 MORE THROWS

Name	School	Finals
Finals		
1 Lane, Dani	South Sioux	33-02.50 10
2 Cox, Jenna	South Sioux	33-00.00 8
3 Wegner, Karly	Beatrice	32-07.25 6
4 Weirich, Sydney	Beatrice	32-03.00 4
5 Brase, Madison	Gross Cathol	32-00.50 2
6 Swiney, Patience	Mercy	31-06.25 1
7 Sorgen, Kayla	Ralston	30-02.50
8 Swanson, Sophie	South Sioux	30-00.00
9 Shaw, Sydney	Mercy	29-07.50

2016 River City Conference Championships - 5/5/2016

South Sioux City High School

Results

Finals ... (Girls Shot Put Varsity)

Name	School	Finals
10 Ott, Megan	Skutt Cathol	28-06.75
11 Morris, Maggy	Ralston	28-05.50
12 Howard, Elizabeth	Skutt Cathol	27-03.50
13 Moffit, Mackenzie	Roncalli/Duc	26-09.00
14 Bourke, Adele	Ralston	26-02.50
15 Janda, Anna	Mercy	25-11.50
16 Bassett, Ellie	Skutt Cathol	24-10.75
17 Wichman, Meredith	Roncalli/Duc	24-10.00

Girls Discus Throw Varsity

3 THROWS TOP 8 TO FINAL 3 MORE THROWS

EVENT TO FOLLOW BOYS DISCUS

Name	School	Finals
1 Swanson, Sophie	South Sioux	113-06 10
2 Weirich, Sydney	Beatrice	111-00 8
3 Morris, Maggy	Ralston	102-05 6
4 Brase, Madison	Gross Cathol	102-00 4
5 Lane, Dani	South Sioux	98-09 2
6 Howard, Elizabeth	Skutt Cathol	98-03 1
7 Wegner, Karly	Beatrice	96-02
8 Cox, Jenna	South Sioux	84-05
9 Moffit, Mackenzie	Roncalli/Duc	81-10
10 Smith, Sabrina	Skutt Cathol	71-10.50
11 Schaefer, Maddy	Mercy	70-02
12 Sorgen, Kayla	Ralston	70-01.50
13 Bourke, Adele	Ralston	68-09
14 Shaw, Sydney	Mercy	68-01.50
15 Wichman, Meredith	Roncalli/Duc	65-09
16 Bassett, Ellie	Skutt Cathol	62-00

Girls 100 Meter Dash Junior Varsity

ROLLING SCHEDULE

Name	School	Finals
1 Bragg, Emily	Mercy	15.03
2 Watson, Olivia	Gross Cathol	15.08
3 Smith, Maria	Roncalli/Duc	15.15
4 Thompson, Selena	Skutt Cathol	15.33
5 Shehan, Grace	Roncalli/Duc	15.34
6 Tretter, Brianna	Skutt Cathol	15.36
7 McBride, Serena	Beatrice	15.51
8 Homan, Madison	Ralston	15.89
9 Pape, Claire	Skutt Cathol	15.91
10 Fett, Hope	Mercy	15.92
11 Cavanaugh, Maeve	Roncalli/Duc	15.94
12 Bottoms, Allison	Mercy	16.54
13 Duarte, Maleni	South Sioux	17.96
14 Moulton, Catalina	Gross Cathol	18.24
15 Fuentes, Angelique	Gross Cathol	18.87
16 Bentley, Alexis	Ralston	19.74
17 Mohamed, Saida	South Sioux	20.23
18 Abdi, Amal	South Sioux	20.71

Girls 200 Meter Dash Junior Varsity

ROLLING SCHEDULE

Name	School	Finals
1 Halliburton, Kellee	Gross Cathol	30.62
2 Shehan, Grace	Roncalli/Duc	30.68
3 Bragg, Emily	Mercy	30.75
4 Reed, Lily	Gross Cathol	30.91
5 Thompson, Selena	Skutt Cathol	30.97
6 Heltzel, Maggie	Gross Cathol	31.71
7 McBride, Serena	Beatrice	32.13
8 Homan, Madison	Ralston	32.67
9 Ryan, Margaret	Roncalli/Duc	32.79
10 Tretter, Brianna	Skutt Cathol	32.92
11 Pape, Claire	Skutt Cathol	33.19
12 Fett, Hope	Mercy	33.49
13 Diew, Nyamal	South Sioux	34.50
14 Bottoms, Allison	Mercy	35.17
15 Padilla, Rosario	South Sioux	37.98
16 Campos, Diana	South Sioux	37.98
17 Stierman, Lauren	Roncalli/Duc	39.93
18 Bentley, Alexis	Ralston	40.72

Girls 400 Meter Dash Junior Varsity

ROLLING SCHEDULE

Name	School	Finals
1 Augustine, Kelly	Skutt Cathol	1:10.73
2 Spitzenberger, Elizabeth	Roncalli/Duc	1:11.99
3 Ryan, Margaret	Roncalli/Duc	1:13.08
4 Youngblood, Olivia	Roncalli/Duc	1:13.48
5 Dreibelbis, Abby	South Sioux	1:13.88
6 Aldana, Jenny	South Sioux	1:15.53
7 Homan, Madison	Ralston	1:15.88
8 Reckmeyer, Lia Rose	Mercy	1:19.11
9 Gonzalez, Crystal	South Sioux	1:21.40
10 Augustine, Katie	Skutt Cathol	1:26.10

Girls 800 Meter Run Junior Varsity

ROLLING SCHEDULE

Name	School	Finals
1 Augustine, Kelly	Skutt Cathol	2:51.36
2 Gonzalez, Chelsie	South Sioux	2:53.72
3 Reyes, Aisling	South Sioux	2:59.77
4 Alvarez, Maria	South Sioux	3:06.69
5 Mitchem, Aubri	Ralston	3:15.33
6 Tammen, Erin	Gross Cathol	3:16.44
7 Petersen, Sarah	Mercy	3:21.49
8 Basilio, Lizeth	South Sioux	3:22.78
9 Augustine, Katie	Skutt Cathol	3:23.28
10 D'Souza, Preethi	Mercy	3:25.69
11 McConnell, Amelia	Skutt Cathol	3:30.01

2016 River City Conference Championships - 5/5/2016

South Sioux City High School

Results

Girls 1600 Meter Run Junior Varsity**ROLLING SCHEDULE****WILL BE RUN WITH THE VARSITY 1600**

Name	School	Finals
Finals		
1 Krueger, Abi	Mercy	6:41.52
2 Reyes, Aisling	South Sioux	6:58.04
3 Han, Madi	Skutt Cathol	7:01.49
4 Huse, Audrey	Mercy	7:04.56
5 Shradar, Lauren	Ralston	7:12.99
6 Mass, Katelyn	Ralston	7:13.44
7 Cogua, Laura	Skutt Cathol	7:14.90
8 Tammen, Erin	Gross Cathol	7:28.31
9 Schweikert, Elyse	Mercy	7:31.52
10 Abdullahi, Yasmin	South Sioux	7:44.57

Girls 3200 Meter Run Junior Varsity**WILL BE RUN WITH VARSITY 3200m RUN****ROLLING SCHEDULE**

Name	School	Finals
Finals		
1 Huse, Audrey	Mercy	14:34.66
2 Cogua, Laura	Skutt Cathol	14:59.98
3 Han, Madi	Skutt Cathol	15:41.38
4 Petersen, Sarah	Mercy	16:34.27
5 Maxwell, Laura	Mercy	17:10.47

Girls 100 Meter Hurdles Junior Varsity**ROLLING SCHEDULE**

Name	School	Finals
Finals		
1 Cavanaugh, Maeve	Roncalli/Duc	20.24
2 Stolze, Sydney	Mercy	20.63
3 Wright, Michaela	Roncalli/Duc	21.15
4 Novak, Grace	Mercy	21.42
5 O'Hara, Mary	Roncalli/Duc	22.41
6 Miranda, Vanessa	Ralston	22.65

Girls 300 Meter Hurdles Junior Varsity**ROLLING SCHEDULE**

Name	School	Finals
Finals		
1 Stolze, Sydney	Mercy	55.29
2 Miranda, Vanessa	Ralston	55.88
3 Wright, Michaela	Roncalli/Duc	57.13
4 Washington, Mazie	Mercy	1:01.48
5 O'Hara, Mary	Roncalli/Duc	1:01.78
6 Cavanaugh, Maeve	Roncalli/Duc	1:02.77
7 Goetz, Maureen	Mercy	1:03.86

Girls 4x100 Meter Relay Junior Varsity**ROLLING SCHEDULE**

Team	Relay	Finals
Finals		
1 Mercy	A	1:00.01
1) Goetz, Maureen	2) Washington, Mazie	
3) Fett, Hope	4) Bragg, Emily	
2 Roncalli/Duchesne	A	1:00.58
1) Smith, Maria	2) Cavanaugh, Maeve	
3) Shehan, Grace	4) O'Hara, Mary	
3 South Sioux City	A	1:03.52
1) Ortiz, Karla	2) Valdovinos, Jocelyn	
3) Solis, Britney	4) Lira, Andrea	
4 South Sioux City	B	1:05.22
1) Baccam, Kristina	2) Garcia, Ruby	
3) Campos, Diana	4) Aldana, Jenny	

Girls 4x400 Meter Relay Junior Varsity**WILL BE RAN WITH THE VARSITY 4x400****ROLLING SCHEDULE**

Team	Relay	Finals
Finals		
1 South Sioux City	A	4:54.13
1) Knowles, Tori	2) Ibarra, Telma	
3) Alvarez, Ximena	4) Alvarez, Emely	
2 Roncalli/Duchesne	A	4:55.05
1) Youngblood, Olivia	2) Ryan, Margaret	
3) Spitzenberger, Elizabeth	4) Wright, Michaela	
3 Mercy	A	5:19.25
1) Krueger, Abi	2) Washington, Mazie	
3) Reckmeyer, Lia Rose	4) Bragg, Emily	

Girls 4x800 Meter Relay Junior Varsity**WILL BE RUN WITH VARSITY 4X800m RELAY****ROLLING SCHEDULE**

Team	Relay	Finals
Finals		
1 Mercy	A	12:52.09
1) Huse, Audrey	2) Krueger, Abi	
3) Schweikert, Elyse	4) Maxwell, Laura	

Girls Long Jump Junior Varsity**4 JUMPS NO FINALS**

Name	School	Finals
Finals		
1 Wright, Michaela	Roncalli/Duc	13-07.00
2 Ibarra, Telma	South Sioux	13-01.50
3 Miranda, Vanessa	Ralston	12-11.50
4 Fett, Hope	Mercy	12-03.75
5 Fleming, Amanda	Mercy	11-09.25
6 Homan, Madison	Ralston	10-11.50

2016 River City Conference Championships - 5/5/2016

South Sioux City High School

Results

Girls Triple Jump Junior Varsity**4 JUMPS NO FINALS****EVENT TO FOLLOW GIRLS LONG JUMP**

Name	School	Finals
Finals		
1 Washington, Mazie	Mercy	28-11.00
2 Miranda, Vanessa	Ralston	28-09.50

Girls Shot Put Junior Varsity**4 THROWS NO FINALS**

Name	School	Finals
Finals		
1 Campbell, Aspen	South Sioux	28-06.00
2 Merkuris, Mariah	Ralston	27-11.00
3 Valdovinos, Jocelyn	South Sioux	25-04.00
4 Austin, Sarah	Mercy	24-05.50
5 Arriaga, Jennifer	South Sioux	24-01.00
6 Bussell, Melissa	Ralston	23-08.00
7 Speicher, Megan	Mercy	22-06.00
8 Broucek, Liz	Mercy	22-04.00
9 Ortiz, Karla	South Sioux	21-03.50

Girls Discus Throw Junior Varsity**FOUR THROWS NO FINALS****EVENT TO FOLLOW BOYS DISCUS**

Name	School	Finals
Finals		
1 Merkuris, Mariah	Ralston	81-02
2 Bussell, Melissa	Ralston	66-00
3 Campbell, Aspen	South Sioux	61-05
4 Valdovinos, Jocelyn	South Sioux	61-01
5 Driscoll, Maddy	Mercy	59-09
6 Novak, Grace	Mercy	56-10
7 Placzek, Hailee	Mercy	53-05
8 Arriaga, Jennifer	South Sioux	52-02
9 Ortiz, Karla	South Sioux	51-05

Boys 100 Meter Dash Varsity**ROLLING SCHEDULE**

Name	School	Prelims
Preliminaries		
1 Brod, Jake	Beatrice	11.72Q
2 Damme, Dillon	Beatrice	11.75Q
3 Watson, Alec	Ralston	11.78Q
4 Knott, Jake	Ralston	11.91Q
5 Mucha, Patrick	Roncalli/Duc	11.82q
6 Smith, Remi	Skutt Cathol	11.95q
7 Pan, Nyuet	Roncalli/Duc	12.16q
8 Torres, David	South Sioux	12.25q
9 Brown, Silas	South Sioux	12.38
10 Carabantes, Alex	Ralston	12.42
11 Petry, Jeff	Mt Mich-ELK	12.54
12 Culhane, Jacob	Gross Cathol	12.70
13 Fischer, Michael	Mt Mich-ELK	13.04

14 Melcher, Ryan	Gross Cathol	13.12
15 Barboza, Andres	South Sioux	13.16

Boys 100 Meter Dash Varsity**ROLLING SCHEDULE**

Name	School	Finals
Finals		
1 Watson, Alec	Ralston	11.48 10
2 Brod, Jake	Beatrice	11.60 8
3 Mucha, Patrick	Roncalli/Duc	11.67 6
4 Knott, Jake	Ralston	11.69 4
5 Damme, Dillon	Beatrice	11.78 2
6 Smith, Remi	Skutt Cathol	12.05 1
7 Torres, David	South Sioux	12.12
8 Pan, Nyuet	Roncalli/Duc	12.61

Boys 200 Meter Dash Varsity**ROLLING SCHEDULE**

Name	School	Prelims
Preliminaries		
1 Watson, Alec	Ralston	23.59Q
2 Mucha, Patrick	Roncalli/Duc	24.06Q
3 Smith, Remi	Skutt Cathol	24.24Q
4 Torres, David	South Sioux	24.72Q
5 Rosa, Rich	Roncalli/Duc	24.85q
6 Murph, Taylor	Ralston	24.86q
7 Randall, Curt	Skutt Cathol	25.16q
8 Epperson, Jarod	Skutt Cathol	25.17q
9 Schaefer, Ben	Roncalli/Duc	25.44
10 Gregerson, Alec	Mt Mich-ELK	25.93
11 Fischer, Michael	Mt Mich-ELK	26.09
12 Barboza, Andres	South Sioux	26.46
13 Melcher, Ryan	Gross Cathol	26.51
14 Neal, Zach	Beatrice	27.27

Boys 200 Meter Dash Varsity**ROLLING SCHEDULE**

Name	School	Finals
Finals		
1 Watson, Alec	Ralston	23.34 10
2 Mucha, Patrick	Roncalli/Duc	23.41 8
3 Smith, Remi	Skutt Cathol	24.03 6
4 Torres, David	South Sioux	24.38 4
5 Murph, Taylor	Ralston	24.76 2
6 Epperson, Jarod	Skutt Cathol	25.16 1
7 Randall, Curt	Skutt Cathol	25.74
8 Rosa, Rich	Roncalli/Duc	31.13

Boys 400 Meter Dash Varsity**ROLLING SCHEDULE**

Name	School	Finals
Finals		
1 Leners, Kyle	Beatrice	50.79 10
2 Maldonado, Jose	South Sioux	51.76 8
3 Mumby, Matt	Mt Mich-ELK	52.67 6

2016 River City Conference Championships - 5/5/2016

South Souix City High School

Results

Finals ... (Boys 400 Meter Dash Varsity)

Name	School	Finals	
4 Everhart, Alex	Ralston	52.95	4
5 Pan, Nyuet	Roncalli/Duc	53.12	2
6 Palsma, Graham	South Sioux	53.70	1
7 Layman, Adam	Beatrice	54.82	
8 London, Jared	Gross Cathol	55.01	
9 Rose, Isiah	South Sioux	55.25	
10 Rice, Will	Gross Cathol	55.56	
11 Randall, Curt	Skutt Cathol	55.58	
12 Sunwoo, Alex	Skutt Cathol	55.94	
13 Hajek-Jones, Eamon	Gross Cathol	56.61	
14 Epperson, Jarod	Skutt Cathol	56.70	
15 Petry, Jeff	Mt Mich-ELK	57.41	
16 Teet, CJ	Beatrice	58.09	
17 Keating, Casey	Roncalli/Duc	58.22	
18 Crinklaw, Nick	Roncalli/Duc	58.97	

Boys 800 Meter Run Varsity

ROLLING SCHEDULE

Name	School	Finals	
Finals			
1 Larsen, Beau	Gross Cathol	2:01.90	10
2 Stickrod, Jared	Roncalli/Duc	2:03.59	8
3 Bolden, Hunter	Beatrice	2:04.24	6
4 Berry, Jy'ion	Roncalli/Duc	2:05.27	4
5 Camenzind, Jon	Skutt Cathol	2:06.88	2
6 Maldonado, Jose	South Sioux	2:07.72	1
7 Blankman, Luke	Gross Cathol	2:07.74	
8 Abdella, Siraj	South Sioux	2:11.85	
9 Gause, Spencer	Ralston	2:12.06	
10 Hajek-Jones, Eamon	Gross Cathol	2:13.53	
11 Camenzind, Trevor	Skutt Cathol	2:13.80	
12 Gregerson, Alec	Mt Mich-ELK	2:14.94	
13 Bassinger, Dylan	Beatrice	2:19.95	
14 Noah, Caleb	Ralston	2:21.21	
15 Fink, Mckoy	Ralston	2:22.39	
16 Parthemer, Ryan	Beatrice	2:25.34	
17 Denny, Lance	South Sioux	2:27.32	

Boys 1600 Meter Run Varsity

ROLLING SCHEDULE

Name	School	Finals	
Finals			
1 Hytrek, Zach	Mt Mich-ELK	4:39.48	10
2 Mohamed, Abdul	South Sioux	4:40.85	8
3 Geele, Osman	South Sioux	4:40.91	6
4 Larsen, Jack	Gross Cathol	4:49.77	4
5 Baumert, Jacob	Skutt Cathol	4:51.40	2
6 Rice, Kevin	Skutt Cathol	4:55.11	1
7 Larsen, Beau	Gross Cathol	4:55.33	
8 Blankman, Luke	Gross Cathol	4:56.72	
9 Bolden, Hunter	Beatrice	4:59.53	
10 Blaser, Jack	Mt Mich-ELK	5:00.86	
11 Mohamed, Shaafici	South Sioux	5:03.17	
12 Smith, Trevor	Beatrice	5:12.19	

13 Gause, Spencer	Ralston	5:13.25
14 Noah, Caleb	Ralston	5:19.09
15 Baumert, Thomas	Skutt Cathol	5:19.65
16 Huetter, Nick	Mt Mich-ELK	5:28.29

Boys 3200 Meter Run Varsity

ROLLING SCHEDULE

Name	School	Finals	
Finals			
1 Larsen, Jack	Gross Cathol	9:46.74	10
2 Mohamed, Abdul	South Sioux	9:51.82	8
3 Baumert, Jacob	Skutt Cathol	10:22.66	6
4 Mohamed, Shaafici	South Sioux	10:26.73	4
5 Carson, Nick	Mt Mich-ELK	10:27.20	2
6 Larsen, Ben	Gross Cathol	10:28.06	1
7 Frerichs, Brayden	Beatrice	10:31.55	
8 Recker, Joey	Mt Mich-ELK	10:46.88	
9 Baumert, Thomas	Skutt Cathol	10:56.77	
10 Bare, Ahmed	South Sioux	11:19.12	
11 Fletcher, Nathan	Skutt Cathol	11:36.42	
12 Tjeerdsma, Adam	Beatrice	12:02.08	

Boys 110 Meter Hurdles Varsity

ROLLING SCHEDULE

Name	School	Finals	
Finals			
1 Heglin, Joe	Skutt Cathol	16.50	10
2 Degener, Tyler	Mt Mich-ELK	16.51	8
3 Mass, Trevor	Ralston	16.87	6
4 Nielsen, Jordan	Ralston	16.97	4
5 Harrel, Ryan	Skutt Cathol	18.21	2
6 Harris, Jakob	Gross Cathol	18.68	1
7 Hansen, Matthew	South Sioux	19.08	
8 Gray, Chris	Roncalli/Duc	19.18	

Boys 300 Meter Hurdles Varsity

ROLLING SCHEDULE

Name	School	Finals	
Finals			
1 Leners, Kyle	Beatrice	41.71	10
2 Degener, Tyler	Mt Mich-ELK	43.44	8
3 Mass, Trevor	Ralston	43.89	6
4 Christen, Jacob	Skutt Cathol	44.28	4
5 Nielsen, Jordan	Ralston	45.72	2
6 Heglin, Joe	Skutt Cathol	46.11	1
7 Hernandez, Daniel	South Sioux	46.29	
8 Gray, Chris	Roncalli/Duc	46.66	
9 Harris, Jakob	Gross Cathol	46.92	
10 Cruz, Alex	Ralston	47.86	
11 Culhane, Jacob	Gross Cathol	48.06	
12 Hansen, Matthew	South Sioux	50.13	

2016 River City Conference Championships - 5/5/2016

South Souix City High School

Results

Boys 4x100 Meter Relay Varsity

ROLLING SCHEDULE

Team	Relay	Finals
Finals		
1 Ralston	A	44.07 10
1) Murph, Taylor	2) Knott, Jake	
3) Carabantes, Alex	4) Watson, Alec	
2 Beatrice	A	44.38 8
3 Roncalli/Duchesne	A	45.80 6
1) Rosa, Rich	2) Schaefer, Ben	
3) Keating, Casey	4) Mucha, Patrick	
4 South Sioux City	A	47.72 4
1) Torres, David	2) Palsma, Graham	
3) Barboza, Andres	4) Brown, Silas	
5 Mt Mich-ELK NE	A	48.39 2
1) Degener, Tyler	2) Fischer, Michael	
3) Gregerson, Alec	4) Petry, Jeff	

Boys 4x400 Meter Relay Varsity

ROLLING SCHEDULE

Team	Relay	Finals
Finals		
1 Mt Mich-ELK NE	A	3:36.36 10
1) Connealy, Jeremiah	2) Carson, Nick	
3) Hytrek, Zach	4) Mumby, Matt	
2 South Sioux City	A	3:36.94 8
1) Rose, Isiah	2) Palsma, Graham	
3) Hernandez, Daniel	4) Maldonado, Jose	
3 Ralston	A	3:37.84 6
1) Sayre, Trevor	2) Mass, Trevor	
3) Everhart, Alex	4) Jensen, Robbie	
4 Roncalli/Duchesne	A	3:38.69 4
1) Berry, Jy'ion	2) Stickrod, Jared	
3) Crinklaw, Nick	4) Qualls, David	
5 Gross Catholic	A	3:47.09 2
6 Beatrice	A	3:48.21 1
1) Leners, Kyle	2) Parthemer, Ryan	
3) Teet, CJ	4) Layman, Adam	
7 Skutt Catholic	A	3:48.75
1) Epperson, Jarod	2) Randall, Curt	
3) Sunwoo, Alex	4) Christen, Jacob	

Boys 4x800 Meter Relay Varsity

ROLLING SCHEDULE

Team	Relay	Finals
Finals		
1 Gross Catholic	A	8:15.56 10
2 Mt Mich-ELK NE	A	8:22.88 8
1) Hytrek, Zach	2) Carson, Nick	
3) Blaser, Jack	4) Mumby, Matt	
3 Skutt Catholic	A	8:24.00 6
1) Baumert, Jacob	2) Camenzind, Jon	
3) Camenzind, Trevor	4) Rice, Kevin	

4 Roncalli/Duchesne	A	8:41.82 4
1) Berry, Jy'ion	2) Stickrod, Jared	
3) Schaefer, Ben	4) Rosa, Rich	
5 Beatrice	A	8:46.36 2
1) Bolden, Hunter	2) Smith, Trevor	
3) Frerichs, Brayden	4) Layman, Adam	
6 South Sioux City	A	9:03.84 1
1) Geele, Osman	2) Hernandez, Daniel	
3) Abdella, Siraj	4) Denny, Lance	
7 Ralston	A	9:15.50
1) Noah, Caleb	2) Jensen, Robbie	
3) Fink, Mckoy	4) Cruz, Alex	

Boys High Jump Varsity

EVENT TO FOLLOW GIRLS HIGH JUMP

Name	School	Finals
Finals		
1 Connealy, Jeremiah	Mt Mich-ELK	6-01.00 10
2 Jensen, Robbie	Ralston	5-09.00 8
3 Retherford, Logan	Beatrice	5-07.00 6
4 London, Jared	Gross Cathol	J5-07.00 4
5 Sayre, Trevor	Ralston	J5-07.00 2
6 Sunwoo, Alex	Skutt Cathol	5-05.00 1
7 Schuetz, Andrew	Ralston	J5-05.00
8 Denny, Lance	South Sioux	5-01.00
9 Strom, Elijah	South Sioux	J5-01.00

Boys Pole Vault Varsity

EVENT TO FOLLOW GIRLS POLE VAULT

MIN HEIGHT TO SCORE 8'6"

Name	School	Finals
Finals		
1 Retherford, Logan	Beatrice	12-00.00 10
2 Carabantes, Alex	Ralston	11-06.00 8
3 Sayre, Trevor	Ralston	9-00.00 6
4 Teet, CJ	Beatrice	J9-00.00 4
5 Farley, Justin	Ralston	8-00.00 2

Boys Long Jump Varsity

3 JUMPS TOP 8 TO FINALS 3 MORE JUMPS

Name	School	Finals
Finals		
1 Connealy, Jeremiah	Mt Mich-ELK	21-07.00 10
2 Maldonado, Jose	South Sioux	20-11.50 8
3 Leners, Kyle	Beatrice	20-05.75 6
4 Brod, Jake	Beatrice	20-02.25 4
5 Mucha, Patrick	Roncalli/Duc	19-09.25 2
6 Harrel, Ryan	Skutt Cathol	19-07.00 1
7 Damme, Dillon	Beatrice	19-04.00
8 Meister, Kyle	Skutt Cathol	19-03.00
9 London, Jared	Gross Cathol	19-01.75
10 Qualls, David	Roncalli/Duc	18-11.75
11 Knott, Jake	Ralston	18-11.50
12 Keating, Casey	Roncalli/Duc	18-10.50
13 Rice, Will	Gross Cathol	18-03.75
14 Torres, David	South Sioux	18-02.00

2016 River City Conference Championships - 5/5/2016

South Souix City High School

Results

Finals ... (Boys Long Jump Varsity)

Name	School	Finals
15 Carabantes, Alex	Ralston	18-01.50
16 Murph, Taylor	Ralston	17-05.00
17 Denny, Lance	South Sioux	17-03.25
18 Heglin, Joe	Skutt Cathol	16-10.50

Boys Triple Jump Varsity

3 JUMPS TOP 8 TO FINALS 3 MORE JUMPS

EVENT TO FOLLOW BOYS LONG JUMP

Name	School	Finals
Finals		
1 Connealy, Jeremiah	Mt Mich-ELK	42-06.50 10
2 Harrel, Ryan	Skutt Cathol	42-00.50 8
3 Meister, Kyle	Skutt Cathol	41-00.50 6
4 Sayre, Trevor	Ralston	40-11.75 4
5 Qualls, David	Roncalli/Duc	39-08.50 2
6 Keating, Casey	Roncalli/Duc	39-07.50 1
7 Rose, Isiah	South Sioux	39-04.75
8 Brown, Silas	South Sioux	38-09.00
9 Schuetz, Andrew	Ralston	38-07.50
10 Gause, Spencer	Ralston	38-02.00
11 Damme, Dillon	Beatrice	37-10.00
12 Gray, Chris	Roncalli/Duc	37-09.00
13 Palsma, Graham	South Sioux	37-08.75
14 Harris, Jakob	Gross Cathol	35-11.00
14 Culhane, Jacob	Gross Cathol	35-11.00

Boys Shot Put Varsity

3 PRELIMINARY ATTEMPTS, TOP 8 TO FINAL

3 ADDITIONAL ATTEMPTS IN FINAL

EVENT TO FOLLOW GIRLS SHOT PUT

Name	School	Finals
Finals		
1 Jurgens, Cameron	Beatrice	59-10.75 10
2 Jackson, Armando	Ralston	48-03.00 8
3 Bowyer, Kainan	Ralston	45-06.00 6
4 McCubbin, Payton	Beatrice	43-07.00 4
5 Stolze, Korey	South Sioux	43-03.50 2
6 Rigatuso, JP	Skutt Cathol	42-01.00 1
7 Tsubaki, Joseph	Ralston	41-02.50
8 Lopez, Gio	Gross Cathol	41-01.50
9 Stingley, Caleb	South Sioux	40-00.50
10 Stolze, Kelly	South Sioux	39-11.50
11 Retherford, Logan	Beatrice	38-03.00
12 Gray, Will	Roncalli/Duc	37-00.75
13 Davis, Taylor	Mt Mich-ELK	35-10.00
14 Goddard, Drew	Mt Mich-ELK	35-08.00
15 Heffron, Sam	Skutt Cathol	35-00.50
16 Bell, Darren	Roncalli/Duc	33-08.00
17 Connelly, Caleb	Gross Cathol	31-08.00
18 Moritz, Connor	Gross Cathol	30-08.50
19 Tyrokowski, Andrew	Roncalli/Duc	28-04.50

Boys Discus Throw Varsity

3 THROWS TOP 8 TO FINALS 3 MORE THROWS

Name	School	Finals
Finals		
1 Jurgens, Cameron	Beatrice	161-05 10
2 Cromer, Alec	Beatrice	158-06.50 8
3 McCubbin, Payton	Beatrice	135-06 6
4 Rigatuso, JP	Skutt Cathol	129-01 4
5 Gray, Will	Roncalli/Duc	121-08 2
6 Stingley, Caleb	South Sioux	119-07 1
7 Haase, Rhonie	South Sioux	119-00
8 Bowyer, Kainan	Ralston	117-08.50
9 Heffron, Sam	Skutt Cathol	114-10.50
10 Jackson, Armando	Ralston	114-04
11 Goddard, Drew	Mt Mich-ELK	112-04.50
12 Santillan, Ruben	South Sioux	107-06
13 Davis, Taylor	Mt Mich-ELK	106-09
14 Farley, Justin	Ralston	102-05
15 Connelly, Caleb	Gross Cathol	92-04
16 Bell, Darren	Roncalli/Duc	85-00.50
17 Moritz, Connor	Gross Cathol	80-04.50
18 Tyrokowski, Andrew	Roncalli/Duc	77-11

Boys 100 Meter Dash Junior Varsity

ROLLING SCHEDULE

Name	School	Finals
Finals		
1 Merkuris, Devin	Ralston	12.31
2 Burtin, Damicah	Ralston	12.56
3 Wilson, Weston	South Sioux	12.57
4 Nguyen, John	Ralston	12.65
5 Rankin, Jacob	Roncalli/Duc	12.76
6 Thies, Zach	Beatrice	12.83
7 Huetter, Nolan	Mt Mich-ELK	12.86
8 Doran, Robert	Roncalli/Duc	12.92
9 Bachez, Chris	South Sioux	13.00
10 McGuire, Dylan	South Sioux	13.13
11 Hornbeak, Kieran	Beatrice	13.47
12 Clausen, Elijah	Gross Cathol	13.51
13 Carel, Austin	Beatrice	13.67
14 Stonebraker, Aiden	Skutt Cathol	13.89
15 Pietryga, Jake	Gross Cathol	13.97
16 Sidzyk-Prososki, Robert	Gross Cathol	13.99
17 Cremers, Jared	Mt Mich-ELK	14.22
18 Kabore, Max	Mt Mich-ELK	14.30
19 Kabore, Kevin	Roncalli/Duc	14.51
20 Robles, Alex	Gross Cathol	15.19
21 Smith, Owen	Skutt Cathol	15.54

Boys 200 Meter Dash Junior Varsity

ROLLING SCHEDULE

Name	School	Finals
Finals		
1 Merkuris, Devin	Ralston	25.12
2 Burtin, Damicah	Ralston	25.50

2016 River City Conference Championships - 5/5/2016

South Souix City High School

Results

Finals ... (Boys 200 Meter Dash Junior Varsity)

Name	School	Finals
3 James, Gabriel	Ralston	25.95
4 Rankin, Jacob	Roncalli/Duc	26.06
5 Doran, Robert	Roncalli/Duc	26.11
6 Sueper, Evan	Beatrice	26.25
7 Huetter, Nolan	Mt Mich-ELK	26.26
8 Heskin, Seth	Skutt Cathol	26.28
9 Witulski, Evan	Beatrice	26.97
10 Durant, Adam	South Sioux	27.04
11 Klemmensen, John	South Sioux	27.39
12 Stonebraker, Aiden	Skutt Cathol	28.29
13 Pietryga, Jake	Gross Cathol	28.34
14 Clausen, Elijah	Gross Cathol	28.44
15 Sidzyk-Prososki, Robert	Gross Cathol	29.15
16 Cremers, Jared	Mt Mich-ELK	29.63
17 Nguyen, Max	Mt Mich-ELK	29.89
18 Deutsch, Caleb	Beatrice	30.64
19 Robles, Alex	Gross Cathol	31.12

Boys 400 Meter Dash Junior Varsity

ROLLING SCHEDULE

Name	School	Finals
Finals		
1 Meza, Robert	South Sioux	55.24
2 Burtin, Damicah	Ralston	57.02
3 James, Gabriel	Ralston	57.32
4 Huetter, Nolan	Mt Mich-ELK	57.34
5 De Luna, Edgar	South Sioux	58.89
6 Klemme, Sam	Skutt Cathol	59.00
7 Fields, Ian	Gross Cathol	59.68
8 Edstand, Sam	Skutt Cathol	59.70
9 Howard, Ben	Beatrice	1:00.26
10 Nygena, Tide	Roncalli/Duc	1:00.86
11 Hornbeak, Kieran	Beatrice	1:01.68
12 Lanik, Luke	Skutt Cathol	1:01.93
13 White, Wesley	Beatrice	1:02.21
14 Peters, Sam	Mt Mich-ELK	1:02.92
15 Heineman, Broc	South Sioux	1:03.11
16 Dau, Tadrus	Roncalli/Duc	1:03.49
17 Dubblede, Joseph	Roncalli/Duc	1:06.23

Boys 800 Meter Run Junior Varsity

ROLLING SCHEDULE

Name	School	Finals
Finals		
1 Mingo, Cole	Skutt Cathol	2:14.32
2 Kathol, Ross	Skutt Cathol	2:19.72
3 Espino, Michael	Ralston	2:22.98
4 Buss, Payton	Beatrice	2:23.86
5 Crnkovich, Alex	Mt Mich-ELK	2:25.07
6 Thiele, Matthew	Mt Mich-ELK	2:26.11
7 Metzger, Max	Gross Cathol	2:29.99
8 Schafer, Alex	Gross Cathol	2:30.69
9 Rojas, Ralph	South Sioux	2:33.07
10 Kackmeister, Damien	Ralston	2:35.19

11 Fields, Ian	Gross Cathol	2:39.81
12 Reyes, Steve	South Sioux	2:41.96
13 Henning, Caylen	Beatrice	2:46.76

Boys 1600 Meter Run Junior Varsity

ROLLING SCHEDULE

Name	School	Finals
Finals		
1 Ahn, Andrew	Mt Mich-ELK	5:13.75
2 Mohamed, Firomsa	South Sioux	5:17.43
3 Mohamed, Abdinasar	South Sioux	5:20.85
4 Reynolds, Nolan	Mt Mich-ELK	5:28.19
5 Espino, Michael	Ralston	5:35.45
6 Davis, Skylar	Mt Mich-ELK	5:36.19
7 Melrose, Eric	Skutt Cathol	5:36.35
8 Metzger, Max	Gross Cathol	5:39.33
9 Howard, Ben	Beatrice	5:39.92
10 Klassen, Micah	South Sioux	5:44.24
11 Sueper, Luke	Beatrice	5:47.88
12 Raymer, Austin	Beatrice	5:50.01
13 Lepert, Jackson	Ralston	5:53.78
14 Schafer, Alex	Gross Cathol	5:58.01
15 Mackey, Michael	Ralston	5:59.12
16 Sloboth, John	Skutt Cathol	6:06.66
17 McGonigal, Jack	Skutt Cathol	6:09.01

Boys 3200 Meter Run Junior Varsity

WILL BE RUN WITH VARSITY 3200m RUN

ROLLING SCHEDULE

Name	School	Finals
Finals		
1 Bova, Liam	Mt Mich-ELK	11:26.42
2 Ahn, Andrew	Mt Mich-ELK	11:28.41
3 Ahmed, Abdul	South Sioux	11:31.16
4 Wilson, Andrew	Mt Mich-ELK	11:56.10
5 Mackey, Michael	Ralston	12:05.74
6 Ali, Mustaf	South Sioux	12:39.92
7 York, Tanner	Beatrice	13:03.51
8 Sueper, Grant	Beatrice	13:10.66
9 Lepert, Jackson	Ralston	13:14.17
10 Blair, Kaleb	Ralston	13:23.57
11 Gure, Ayub	South Sioux	13:25.66
12 Killgore, Bob	Skutt Cathol	13:37.27
13 Slattery, PJ	Skutt Cathol	13:45.87
14 Bates, Trenton	Beatrice	14:56.37

Boys 110 Meter Hurdles Junior Varsity

ROLLING SCHEDULE

Name	School	Finals
Finals		
1 Incontro, Tom	Ralston	20.25
2 Blum, Wyatt	Beatrice	20.74
3 Mignondje, Armel	Mt Mich-ELK	21.45
4 Heskin, Seth	Skutt Cathol	22.26
5 Anderson, Logan	South Sioux	22.35
6 Witulski, Evan	Beatrice	22.37

2016 River City Conference Championships - 5/5/2016

South Souix City High School

Results

Boys 300 Meter Hurdles Junior Varsity**ROLLING SCHEDULE**

Name	School	Finals
Finals		
1 Witulski, Evan	Beatrice	49.92
2 Incontro, Tom	Ralston	51.74
3 Blum, Wyatt	Beatrice	53.05
4 Mignondje, Armel	Mt Mich-ELK	53.40
5 Anderson, Logan	South Sioux	56.84

Boys 4x100 Meter Relay Junior Varsity**ROLLING SCHEDULE**

Team	Relay	Finals
Finals		
1 Ralston	A	48.54
1) Merkuris, Devin	2) Burtin, Damicah	
3) James, Gabriel	4) Nguyen, John	
2 Beatrice	A	50.08
1) Sueper, Evan	2) Carel, Austin	
3) Thies, Zach	4) Hornbeak, Kieran	
3 Roncalli/Duchesne	A	50.11
1) Dau, Tadrus	2) Doran, Robert	
3) Nygena, Tide	4) Rankin, Jacob	

Boys 4x400 Meter Relay Junior Varsity**ROLLING SCHEDULE**

Team	Relay	Finals
Finals		
1 Skutt Catholic	A	3:58.87
1) Lanik, Luke	2) Klemme, Sam	
3) Edstand, Sam	4) Witcofski, Jack	
2 South Sioux City	A	4:05.00
1) De Luna, Edgar	2) Klemmensen, John	
3) Heineman, Broc	4) Meza, Robert	
3 Mt Mich-ELK NE	A	4:06.37
1) Crnkovich, Alex	2) Peters, Sam	
3) Mallisee, Colin	4) Huetter, Nolan	

Boys 4x800 Meter Relay Junior Varsity**WILL BE RUN WITH VARSITY 4X800m RELAY****ROLLING SCHEDULE**

Team	Relay	Finals
Finals		
1 Skutt Catholic	A	9:28.26
1) Mingo, Cole	2) Witcofski, Jack	
3) Edstand, Sam	4) Kathol, Ross	
2 Beatrice	A	9:57.43
1) White, Wesley	2) Raymer, Austin	
3) Buss, Payton	4) Howard, Ben	
3 South Sioux City	A	10:41.61
1) Barento, Mauze	2) Rojas, Ralph	
3) Colling, Andrew	4) Reyes, Steve	

Boys High Jump Junior Varsity**EVENT TO FOLLOW GIRLS HIGH JUMP**

Name	School	Finals
Finals		
1 Henning, Caylen	Beatrice	5-05.00
2 Dau, Tadrus	Roncalli/Duc	5-01.00
3 Kabore, Kevin	Roncalli/Duc	4-05.00

Boys Pole Vault Junior Varsity**EVENT TO FOLLOW GIRLS POLE VAULT****MIN HEIGHT TO SCORE 8'6"**

Name	School	Finals
Finals		
1 Carel, Austin	Beatrice	8-06.00
2 Nguyen, John	Ralston	8-00.00
3 York, Tanner	Beatrice	7-06.00
4 Deutsch, Caleb	Beatrice	6-06.00

Boys Long Jump Junior Varsity**4 JUMPS NO FINALS**

Name	School	Finals
Finals		
1 Merkuris, Devin	Ralston	18-00.50
2 Doran, Robert	Roncalli/Duc	17-04.50
3 Thies, Zach	Beatrice	17-04.00
4 Barboza, Andres	South Sioux	17-01.50
5 Nygena, Tide	Roncalli/Duc	16-10.50
6 James, Gabriel	Ralston	16-10.00
7 Sueper, Evan	Beatrice	16-08.00
8 Hansen, Matthew	South Sioux	16-00.00
9 Nguyen, John	Ralston	15-06.25
10 Heineman, Broc	South Sioux	14-09.75
11 Blum, Wyatt	Beatrice	13-10.25
12 Smith, Owen	Skutt Cathol	13-02.00
13 Kenney, Emmet	Mt Mich-ELK	12-01.75
14 Theiler, Ben	Gross Cathol	12-01.00

Boys Triple Jump Junior Varsity**4 JUMPS NO FINALS****EVENT TO FOLLOW BOYS LONG JUMP**

Name	School	Finals
Finals		
1 Crnkovich, Alex	Mt Mich-ELK	39-05.00
2 Nygena, Tide	Roncalli/Duc	38-00.75
3 Thies, Zach	Beatrice	35-05.25
4 Sueper, Evan	Beatrice	32-11.50
5 Klemmensen, John	South Sioux	31-05.00
6 Rankin, Jacob	Roncalli/Duc	31-01.00
7 Kabore, Kevin	Roncalli/Duc	30-07.75
8 Smith, Owen	Skutt Cathol	26-08.75
9 Kenney, Emmet	Mt Mich-ELK	23-11.75

2016 River City Conference Championships - 5/5/2016**South Souix City High School****Results****Boys Shot Put Junior Varsity****FOUR THROW NO FINALS****EVENT TO FOLLOW GIRLS SHOT PUT**

	Name	School	Finals
Finals			
1	Willis, Dajour	Ralston	42-07.50
2	Rzekonski, Tristen	Beatrice	40-02.75
3	Gauchat, Tate	Ralston	38-03.00
4	Tompkins, Josh	Ralston	35-04.50
5	Maya, Carlos	South Sioux	34-06.50
6	Tapia, Eric	South Sioux	34-05.00
7	Smith, Xavier	Beatrice	33-01.00
8	Jurgens, Silas	Beatrice	29-06.00
9	Stumpff, Alex	Skutt Cathol	29-00.25
10	Severa, Jimmy	Mt Mich-ELK	27-05.50
11	Koster, Keifer	South Sioux	25-08.00
12	Righter, Gerald	Mt Mich-ELK	24-00.00
13	Shellberg, Andrew	Mt Mich-ELK	22-03.50
14	Hagge, Michael	Skutt Cathol	22-00.00
15	Ryder, Will	Gross Cathol	21-03.50
16	Theiler, Ben	Gross Cathol	17-07.50

Men - Varsity - Team Rankings - 17 Events Scored

1)	Beatrice	115
2)	Ralston	108
3)	Mt Mich-ELK NE	84
4)	South Sioux City	64
5)	Skutt Catholic	63
6)	Roncalli/Duchesne	49
7)	Gross Catholic	42

Boys Discus Throw Junior Varsity**FOUR THROWS NO FINALS**

	Name	School	Finals
Finals			
1	Rzekonski, Tristen	Beatrice	115-07.50
2	Hartnett, Brad	South Sioux	110-09.50
3	Wagner, Elliot	Ralston	104-03
4	Willis, Dajour	Ralston	102-10
5	Gill, Clancey	South Sioux	92-07
6	Yandell, Gage	South Sioux	83-04.50
7	Jurgens, Silas	Beatrice	76-10
8	Stumpff, Alex	Skutt Cathol	76-06
9	Smith, Xavier	Beatrice	75-03
10	Righter, Gerald	Mt Mich-ELK	68-07
11	Severa, Jimmy	Mt Mich-ELK	65-09.50
12	Hagge, Michael	Skutt Cathol	62-00
13	Shellberg, Andrew	Mt Mich-ELK	52-00
14	Theiler, Ben	Gross Cathol	46-00
15	Ryder, Will	Gross Cathol	45-07

Women - Varsity - Team Rankings - 17 Events Scored

1)	South Sioux City	153
2)	Beatrice	97.5
3)	Roncalli/Duchesne	69
4)	Mercy	62
5)	Ralston	60
6)	Skutt Catholic	57.5
7)	Gross Catholic	25