

2016 Midwest Conference Championships - 5/13/2016 to 5/14/2016**Ash Park Stadium****Results****Women 100 Meter Dash****Top 8 Advance by Time**

| MEET: M 11.98 1994 Dori Ternig, Monmouth | | | | | |
|--|------|-----------------|---------|------|----------|
| Name | Year | School | Prelims | Wind | H# |
| Preliminaries | | | | | |
| 1 Myers, Cynthia | | Monmouth (Ill.) | 12.48q | 1.4 | 2 |
| 2 Gardner, Briana | | Monmouth (Ill.) | 12.57q | 1.5 | 3 |
| 3 Hon, Angel | | St. Norbert | 12.64q | 1.5 | 3 12.636 |
| 3 Varanese, Valarie | | Knox | 12.64q | 0.4 | 1 12.636 |
| 5 Tinglin, TaShea' | | Monmouth (Ill.) | 12.92q | 1.5 | 3 |
| 6 LeCaptain, Liz | | St. Norbert | 13.01q | 0.4 | 1 |
| 7 Heinzen, Aleeshah | | Beloit | 13.03q | 1.4 | 2 |
| 8 VandenHeuvel, Kyra | | St. Norbert | 13.06q | 0.4 | 1 |
| 9 Mehlert, Kimmy | | Carroll | 13.17 | 1.4 | 2 |
| 10 Maddaus, Jordan | | Grinnell | 13.30 | 0.4 | 1 |
| 11 Plautz, Jourdan | | Beloit | 13.31 | 1.5 | 3 |
| 12 Franzen, Deidre | | Cornell College | 13.53 | 1.4 | 2 |
| 13 Earley, Angie | | Beloit | 13.86 | 1.4 | 2 |
| 14 Brown, Kayla | | Knox | 13.89 | 1.5 | 3 |
| 15 Hiser, Lateesha | | Ripon | 13.96 | 0.4 | 1 |
| 16 Lehr, Ellen | | Ripon | 14.42 | 1.5 | 3 |
| 17 Oguejiofor, Chidinma | | Knox | 14.48 | 0.4 | 1 |
| 18 Schmiechen, Alex | | Grinnell | 14.53 | 1.4 | 2 |
| 19 Dillenbeck, Tessa | | Ripon | 15.17 | 1.5 | 3 |

Women 100 Meter Dash

| MEET: M 11.98 1994 Dori Ternig, Monmouth | | | | | |
|--|------|-----------------|--------|------|--------|
| Name | Year | School | Finals | Wind | Points |
| Finals | | | | | |
| 1 Myers, Cynthia | | Monmouth (Ill.) | 12.43 | 1.4 | 10 |
| 2 Varanese, Valarie | | Knox | 12.46 | 1.4 | 8 |
| 3 Gardner, Briana | | Monmouth (Ill.) | 12.59 | 1.4 | 6 |
| 4 Hon, Angel | | St. Norbert | 12.66 | 1.4 | 5 |
| 5 Heinzen, Aleeshah | | Beloit | 12.77 | 1.4 | 4 |
| 6 Tinglin, TaShea' | | Monmouth (Ill.) | 12.80 | 1.4 | 3 |
| 7 VandenHeuvel, Kyra | | St. Norbert | 12.97 | 1.4 | 2 |
| 8 LeCaptain, Liz | | St. Norbert | 13.14 | 1.4 | 1 |

Women 200 Meter Dash**Top 8 Advance by Time**

| MEET: M 24.86 1997 Stacy Brown, Monmouth | | | | | |
|--|------|-----------------|---------|------|----|
| Name | Year | School | Prelims | Wind | H# |
| Preliminaries | | | | | |
| 1 Elwing, Alissa | | Carroll | 25.44q | 1.4 | 4 |
| 2 Myers, Cynthia | | Monmouth (Ill.) | 25.75q | 1.7 | 2 |
| 3 Duff, Sarah | | St. Norbert | 25.87q | 1.4 | 4 |
| 4 Hon, Angel | | St. Norbert | 25.99q | 1.4 | 4 |
| 5 Gardner, Briana | | Monmouth (Ill.) | 26.00q | 1.0 | 3 |
| 6 Varanese, Valarie | | Knox | 26.71q | 1.0 | 3 |
| 7 Bartel, Samantha | | Carroll | 26.73q | 2.2 | 1 |
| 8 Maddaus, Jordan | | Grinnell | 26.98q | 1.7 | 2 |

2016 Midwest Conference Championships - 5/13/2016 to 5/14/2016

Ash Park Stadium

Results

....Women 200 Meter Dash

| | | | | | |
|----|-------------------|-----------------|-------|-----|----------|
| 9 | Allen, Emma | Ripon | 27.01 | 2.2 | 1 |
| 10 | Spencer, Raissa | Carroll | 27.34 | 1.0 | 3 |
| 11 | Strunk, Sydney | Cornell College | 27.35 | 2.2 | 1 |
| 12 | Heinzen, Aleeshah | Beloit | 27.42 | 1.7 | 2 |
| 13 | Plautz, Jourdan | Beloit | 27.75 | 2.2 | 1 |
| 14 | Kessel, Hanna | Grinnell | 28.14 | 1.0 | 3 28.136 |
| 15 | Miliotis, Sophia | Beloit | 28.14 | 1.4 | 4 28.137 |
| 16 | Wollenburg, Beka | Monmouth (Ill.) | 28.22 | 1.7 | 2 |
| 17 | Brown, Kayla | Knox | 28.47 | 1.4 | 4 |
| 18 | Franzen, Deidre | Cornell College | 28.63 | 1.0 | 3 |
| 19 | Rule, Shay | Cornell College | 29.31 | 1.7 | 2 |
| 20 | Schmiechen, Alex | Grinnell | 29.97 | 2.2 | 1 |
| 21 | Gavazzi, Sandra | Knox | 30.16 | 2.2 | 1 |
| 22 | Lehr, Ellen | Ripon | 32.37 | 1.0 | 3 |
| 23 | Dillenbeck, Tessa | Ripon | 32.73 | 1.7 | 2 |

Women 200 Meter Dash

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| Name | Year | School | Finals | Wind | Points |
|------|------|--------|--------|------|--------|
|------|------|--------|--------|------|--------|

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MEET: M 24.86 1997 Stacy Brown, Monmouth

Finals

| | | | | | |
|---|-------------------|-----------------|-------|-----|----|
| 1 | Myers, Cynthia | Monmouth (Ill.) | 25.01 | 3.8 | 10 |
| 2 | Elwing, Alissa | Carroll | 25.06 | 3.8 | 8 |
| 3 | Gardner, Briana | Monmouth (Ill.) | 25.45 | 3.8 | 6 |
| 4 | Duff, Sarah | St. Norbert | 25.87 | 3.8 | 5 |
| 5 | Varanese, Valarie | Knox | 25.98 | 3.8 | 4 |
| 6 | Hon, Angel | St. Norbert | 25.99 | 3.8 | 3 |
| 7 | Bartel, Samantha | Carroll | 26.44 | 3.8 | 2 |
| 8 | Maddaus, Jordan | Grinnell | 27.29 | 3.8 | 1 |

Women 400 Meter Dash

Top 8 Advance by Time

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| Name | Year | School | Prelims | H# |
|------|------|--------|---------|----|
|------|------|--------|---------|----|

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MEET: M 55.49 2014 Christine Ajinjeru, Grinnell

Preliminaries

| | | | | |
|----|------------------|-----------------|----------|---|
| 1 | Elwing, Alissa | Carroll | 58.70q | 1 |
| 2 | Allen, Emma | Ripon | 59.46q | 3 |
| 3 | Spencer, Raissa | Carroll | 1:00.09q | 3 |
| 4 | Duff, Sarah | St. Norbert | 1:00.31q | 1 |
| 5 | Kosier, Isabella | Monmouth (Ill.) | 1:01.02q | 2 |
| 6 | Schnoor, Libby | Cornell College | 1:01.08q | 2 |
| 7 | Cochrane, Emma | Cornell College | 1:01.27q | 3 |
| 8 | Tarsa, Graceanne | St. Norbert | 1:02.27q | 1 |
| 9 | Kessel, Hanna | Grinnell | 1:03.79 | 1 |
| 10 | Squier, Kaitlin | Carroll | 1:03.96 | 2 |
| 11 | Brown, Kayla | Knox | 1:04.45 | 2 |
| 12 | Harris, Danielle | St. Norbert | 1:04.63 | 3 |
| 13 | Hutchings, Amy | Lawrence | 1:04.65 | 3 |
| 14 | Schmiechen, Zoe | Grinnell | 1:06.14 | 1 |
| 15 | Kline, Shelby | Beloit | 1:06.32 | 3 |
| 16 | Scott, Aubrey | Lawrence | 1:09.84 | 2 |
| 17 | Gavazzi, Sandra | Knox | 1:10.99 | 1 |

2016 Midwest Conference Championships - 5/13/2016 to 5/14/2016**Ash Park Stadium****Results****Women 400 Meter Dash**

| MEET: M 55.49 2014 Christine Ajinjeru, Grinnell | | | | | |
|---|------|-----------------|---------|--------|--|
| Name | Year | School | Finals | Points | |
| Finals | | | | | |
| 1 Elwing, Alissa | | Carroll | 57.97 | 10 | |
| 2 Allen, Emma | | Ripon | 58.27 | 8 | |
| 3 Kosier, Isabella | | Monmouth (Ill.) | 58.96 | 6 | |
| 4 Duff, Sarah | | St. Norbert | 59.40 | 5 | |
| 5 Spencer, Raissa | | Carroll | 59.75 | 4 | |
| 6 Schnoor, Libby | | Cornell College | 1:00.43 | 3 | |
| 7 Cochran, Emma | | Cornell College | 1:01.20 | 2 | |
| 8 Tarsa, Graceanne | | St. Norbert | 1:03.49 | 1 | |

Women 800 Meter Run

| ONE TURN STAGGER | | | | | |
|---|------|-----------------|---------|----|--------|
| MEET: M 2:09.12 2012 Emily Schudrowitz, St. Norbert | | | | | |
| Name | Year | School | Finals | H# | Points |
| 1 Jauregui, Clarissa | | St. Norbert | 2:14.34 | 3 | 10 |
| 2 Podosek, Joanna | | Monmouth (Ill.) | 2:14.99 | 3 | 8 |
| 3 Domro, Taylor | | St. Norbert | 2:16.32 | 3 | 6 |
| 4 Waddle, Ellie | | Beloit | 2:20.84 | 3 | 5 |
| 5 Pelkey, Melissa | | Beloit | 2:23.67 | 3 | 4 |
| 6 Thrans, Abby | | Carroll | 2:24.30 | 3 | 3 |
| 7 Reese, Megan | | Carroll | 2:26.63 | 2 | 2 |
| 8 Byrne, Megan | | Monmouth (Ill.) | 2:27.11 | 3 | 1 |
| 9 Williams, Meta | | Grinnell | 2:28.10 | 3 | |
| 10 Cook, Alethea | | Grinnell | 2:30.75 | 2 | |
| 11 Larson, Karlee | | Carroll | 2:30.84 | 3 | |
| 12 Saulcy, Kate | | Monmouth (Ill.) | 2:30.98 | 3 | |
| 13 Williams, Cora | | Lawrence | 2:31.56 | 2 | |
| 14 Teagle, Whitney | | Grinnell | 2:33.24 | 2 | |
| 15 Gomez, Sandra | | Cornell College | 2:35.34 | 2 | |
| 16 Niswonger, Lily | | Cornell College | 2:35.77 | 3 | |
| 17 Schrage, Tina | | Lawrence | 2:37.95 | 2 | |
| 18 Schleisner, Isy | | Lawrence | 2:38.50 | 2 | |
| 19 Voller, Stephanie | | Cornell College | 2:39.31 | 1 | |
| 20 Murton, Caroline | | Beloit | 2:43.29 | 1 | |
| 21 Hemby, Caitlin | | Knox | 2:49.01 | 1 | |
| 22 Fels, Amy | | Ripon | 2:52.08 | 1 | |
| 23 Ahmed, Farzana | | Knox | 2:56.81 | 1 | |
| 24 Larsen, Frances | | Knox | 3:05.65 | 1 | |
| -- Abitz, Elizabeth | | Ripon | DNF | 2 | |
| -- Dykstra, Grace | | Ripon | DNS | 1 | |
| -- Kozlowski, Brittany | | St. Norbert | SCR | | |

Women 1500 Meter Run

| RANDOM WATERFALL START | | | | | |
|--|------|-----------------|---------|----|--------|
| MEET: M 4:35.44 2014 Sarah Burnell, Grinnell | | | | | |
| Name | Year | School | Finals | H# | Points |
| 1 Martinez, Sanjuanita | | Cornell College | 4:37.72 | 2 | 10 |
| 2 Domro, Taylor | | St. Norbert | 4:38.82 | 2 | 8 |

2016 Midwest Conference Championships - 5/13/2016 to 5/14/2016**Ash Park Stadium****Results****....Women 1500 Meter Run**

| | | | | | |
|----|---------------------|-----------------|---------|---|---|
| 3 | Podosek, Joanna | Monmouth (Ill.) | 4:42.18 | 2 | 6 |
| 4 | Artz, Erin | St. Norbert | 4:45.38 | 2 | 5 |
| 5 | Young, Shannon | Grinnell | 4:46.84 | 2 | 4 |
| 6 | Waddle, Ellie | Beloit | 4:51.12 | 2 | 3 |
| 7 | Thrums, Abby | Carroll | 4:55.50 | 2 | 2 |
| 8 | Bloom, Thea | Monmouth (Ill.) | 4:55.92 | 2 | 1 |
| 9 | Larson, Karlee | Carroll | 5:03.92 | 2 | |
| 10 | Wollenburg, Amy | Monmouth (Ill.) | 5:06.64 | 2 | |
| 11 | Williams, Cora | Lawrence | 5:10.25 | 2 | |
| 12 | Ahrens, Anna | Grinnell | 5:10.74 | 2 | |
| 13 | Dietsche, Brooke | Carroll | 5:12.65 | 2 | |
| 14 | Huck, Margaret | Lawrence | 5:16.38 | 2 | |
| 15 | Baker, Katie | Cornell College | 5:18.44 | 1 | |
| 16 | Ptaschek, Jenna | Cornell College | 5:19.80 | 1 | |
| 17 | Neubauer, Grace | Knox | 5:27.08 | 1 | |
| 18 | Murton, Caroline | Beloit | 5:32.51 | 1 | |
| 19 | Arredondo, Nicole | Grinnell | 5:33.69 | 1 | |
| 20 | Birzer, Theresa | Knox | 5:49.27 | 1 | |
| 21 | Dykstra, Grace | Ripon | 5:50.90 | 1 | |
| 22 | Fels, Amy | Ripon | 6:00.45 | 1 | |
| 23 | Miller, Marisa | Knox | 6:11.02 | 1 | |
| -- | Kozlowski, Brittany | St. Norbert | DNF | 2 | |

Women 5000 Meter Run

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RANDOM WATERFALL START

MEET: M 17:03.27 2010 Megan O'Grady, Carroll

| Name | Year | School | Finals | Points |
|------|----------------------|-----------------|-----------|--------|
| 1 | Artz, Erin | St. Norbert | 17:01.71M | 10 |
| 2 | Masterson, Abrah | Cornell College | 17:05.30 | 8 |
| 3 | Koenig, Emma | Beloit | 18:02.33 | 6 |
| 4 | Moline, Rachel | Cornell College | 18:26.63 | 5 |
| 5 | Baeten, Lisa | St. Norbert | 18:37.28 | 4 |
| 6 | Wetzel, Laura | Cornell College | 18:44.10 | 3 |
| 7 | Zimmerman, Emma | Grinnell | 18:48.30 | 2 |
| 8 | Luhmann, Emma | Grinnell | 18:49.88 | 1 |
| 9 | Campbell, Paulina | Grinnell | 18:53.51 | |
| 10 | Heniff, Kelly | St. Norbert | 19:11.94 | |
| 11 | Bruning, Clare | Lawrence | 19:22.68 | |
| 12 | Schrobilgen, Erin | Lawrence | 19:32.61 | |
| 13 | Swietlik, Clare | Carroll | 19:36.19 | |
| 14 | Kinzer, Hannah | Lawrence | 19:47.71 | |
| 15 | Crocetti, Jane Marie | Carroll | 19:52.93 | |
| 16 | Daniel, Brittany | Monmouth (Ill.) | 20:08.23 | |
| 17 | Foss, Kelci | Monmouth (Ill.) | 20:15.91 | |
| 18 | Konkol, Amy | Carroll | 20:23.58 | |
| 19 | Miller, Emily | Knox | 23:06.00 | |
| -- | Manchen, Jamie | Beloit | DNS | |

2016 Midwest Conference Championships - 5/13/2016 to 5/14/2016**Ash Park Stadium****Results****Women 10000 Meter Run**

RANDOM WATERFALL START

MEET: M 36:27.59 2008 Jenny Scherer, St. Norbert

| Name | Year | School | Finals | Points |
|----------------------|------|-----------------|----------|--------|
| 1 Masterson, Abrah | | Cornell College | 38:25.27 | 10 |
| 2 Luhmann, Emma | | Grinnell | 38:30.84 | 8 |
| 3 Campbell, Paulina | | Grinnell | 38:35.82 | 6 |
| 4 Zimmerman, Emma | | Grinnell | 38:43.60 | 5 |
| 5 Nelsen, Tori | | St. Norbert | 38:54.76 | 4 |
| 6 Wetzell, Laura | | Cornell College | 39:07.01 | 3 |
| 7 Koenig, Emma | | Beloit | 39:48.76 | 2 |
| 8 Miller, Taylor | | St. Norbert | 39:55.40 | 1 |
| 9 Swietlik, Clare | | Carroll | 40:07.01 | |
| 10 Wegner, Alyssa | | St. Norbert | 40:07.18 | |
| 11 Daniel, Brittany | | Monmouth (Ill.) | 41:02.37 | |
| 12 Murphy, MariKate | | Cornell College | 41:22.41 | |
| 13 Foss, Kelci | | Monmouth (Ill.) | 41:46.71 | |
| 14 Doruska, Molly | | Lawrence | 41:55.81 | |
| 15 Landes, Liz | | Lawrence | 43:32.59 | |
| 16 Carncross, Abby | | Carroll | 44:46.95 | |
| 17 Zhang, Mingyi | | Beloit | 44:54.85 | |
| 18 Bleimund, Claudia | | Carroll | 45:02.49 | |
| 19 Propes, Katelynn | | Monmouth (Ill.) | 45:43.97 | |

Women 100 Meter Hurdles**Top 8 Advance by Time**

MEET: M 13.84 2012 Missy Norville, Illinois College

| Name | Year | School | Prelims | Wind | H# |
|--------------------------|------|------------------|---------|------|----|
| Preliminaries | | | | | |
| 1 Leach, Nikki | | Cornell College | 15.37q | 0.1 | 1 |
| 2 Mueller, Haidyn | | St. Norbert | 15.61q | -0.3 | 2 |
| 3 Wendtland, Marissa | | Carroll | 16.45q | 0.1 | 1 |
| 4 McCauley, Peyton | | St. Norbert | 16.88q | -0.3 | 2 |
| 5 Wernicke, Teagan | | St. Norbert | 16.89q | -0.3 | 2 |
| 6 Zeman, Nicole | | Ripon | 16.98q | 0.1 | 1 |
| 7 Bresette-Buccino, Nora | | Grinnell | 17.05q | 0.1 | 1 |
| 8 Dilldine, Breeanna | | Illinois College | 17.48q | 0.1 | 1 |
| 9 Cardinal, Hayley | | Lawrence | 17.49 | -0.3 | 2 |
| 10 Holtzman, Gwen | | Grinnell | 18.09 | -0.3 | 2 |

Women 100 Meter Hurdles

MEET: M 13.84 2012 Missy Norville, Illinois College

| Name | Year | School | Finals | Wind | Points |
|--------------------------|------|-----------------|--------|------|--------|
| Finals | | | | | |
| 1 Leach, Nikki | | Cornell College | 14.93 | 2.4 | 10 |
| 2 Mueller, Haidyn | | St. Norbert | 14.96 | 2.4 | 8 |
| 3 Wendtland, Marissa | | Carroll | 15.62 | 2.4 | 6 |
| 4 Zeman, Nicole | | Ripon | 15.63 | 2.4 | 5 |
| 5 Wernicke, Teagan | | St. Norbert | 16.05 | 2.4 | 4 |
| 6 Bresette-Buccino, Nora | | Grinnell | 16.64 | 2.4 | 3 |
| 7 McCauley, Peyton | | St. Norbert | 16.67 | 2.4 | 2 |

2016 Midwest Conference Championships - 5/13/2016 to 5/14/2016**Ash Park Stadium****Results****....Women 100 Meter Hurdles**

| | | | | |
|----------------------|------------------|-------|-----|---|
| 8 Dilldine, Breeanna | Illinois College | 17.35 | 2.4 | 1 |
|----------------------|------------------|-------|-----|---|

Women 400 Meter Hurdles**Top 8 Advance by Time**

MEET: M 1:02.44 1997 Heather Furrow, Monmouth

| Name | Year School | Prelims | H# |
|------|-------------|---------|----|
|------|-------------|---------|----|

Preliminaries

| | | | |
|----------------------|-----------------|----------|---|
| 1 Zeman, Nicole | Ripon | 1:05.95q | 2 |
| 2 Wendtland, Marissa | Carroll | 1:07.21q | 1 |
| 3 McCauley, Peyton | St. Norbert | 1:09.46q | 2 |
| 4 Mueller, Haidyn | St. Norbert | 1:10.83q | 1 |
| 5 Cardinal, Hayley | Lawrence | 1:11.37q | 2 |
| 6 Wernicke, Teagan | St. Norbert | 1:11.67q | 1 |
| 7 Bloom, Thea | Monmouth (Ill.) | 1:12.12q | 1 |
| 8 Holtzman, Gwen | Grinnell | 1:15.29q | 2 |
| 9 Grell, Breann | Cornell College | 1:16.18 | 1 |
| 10 Birdsell, Kalyssa | Monmouth (Ill.) | 1:16.71 | 1 |
| 11 Tinglin, TaShea' | Monmouth (Ill.) | 1:17.86 | 2 |

Women 400 Meter Hurdles

MEET: M 1:02.44 1997 Heather Furrow, Monmouth

| Name | Year School | Finals | Points |
|------|-------------|--------|--------|
|------|-------------|--------|--------|

Finals

| | | | |
|----------------------|-----------------|---------|----|
| 1 Zeman, Nicole | Ripon | 1:04.81 | 10 |
| 2 Wendtland, Marissa | Carroll | 1:06.08 | 8 |
| 3 McCauley, Peyton | St. Norbert | 1:07.96 | 6 |
| 4 Mueller, Haidyn | St. Norbert | 1:10.31 | 5 |
| 5 Wernicke, Teagan | St. Norbert | 1:11.01 | 4 |
| 6 Cardinal, Hayley | Lawrence | 1:11.23 | 3 |
| 7 Bloom, Thea | Monmouth (Ill.) | 1:12.11 | 2 |
| 8 Holtzman, Gwen | Grinnell | 1:14.84 | 1 |

Women 3000 Meter Steeplechase**RANDOM WATERFALL START**

MEET: M 10:56.29 2015 Sam Martinez, Cornell

| Name | Year School | Finals | Points |
|------|-------------|--------|--------|
|------|-------------|--------|--------|

| | | | |
|------------------------|-----------------|-----------|----|
| 1 Martinez, Sanjuanita | Cornell College | 10:55.07M | 10 |
| 2 Young, Shannon | Grinnell | 11:45.27 | 8 |
| 3 Wollenburg, Amy | Monmouth (Ill.) | 11:47.32 | 6 |
| 4 Androski, Antonia | Grinnell | 11:48.01 | 5 |
| 5 Price, Alyssa | St. Norbert | 11:50.78 | 4 |
| 6 Walsh, Charlotte | St. Norbert | 11:54.79 | 3 |
| 7 Parbs, Sarah | St. Norbert | 11:58.16 | 2 |
| 8 Bloom, Thea | Monmouth (Ill.) | 12:18.52 | 1 |
| 9 Kubica, Samantha | Grinnell | 12:23.18 | |
| 10 Manchen, Jamie | Beloit | 12:58.19 | |
| 11 Menegon, Erin | Carroll | 13:09.50 | |
| 12 Larsen, Frances | Knox | 13:12.85 | |
| 13 Lobb, Kaley | Monmouth (Ill.) | 13:24.41 | |

2016 Midwest Conference Championships - 5/13/2016 to 5/14/2016**Ash Park Stadium****Results****Women 4x100 Meter Relay**

| MEET: M 47.84 2014 , Monmouth | | | |
|--|---------------------------|--------|-----------|
| K. Campbell, L. Hainline, B. Jackson, B. Gardner | | | |
| School | | Finals | H# Points |
| 1 Monmouth (Ill.) 'A' | | 49.28 | 2 10 |
| 1) Myers, Cynthia | 2) Wollenburg, Beka | | |
| 3) Tinglin, TaShea' | 4) Gardner, Briana | | |
| 2 Carroll 'A' | | 49.34 | 2 8 |
| 1) Bartel, Samantha | 2) Mehlert, Kimmy | | |
| 3) Spencer, Raissa | 4) Elwing, Alissa | | |
| 3 St. Norbert 'A' | | 49.77 | 2 6 |
| 1) Duff, Sarah | 2) VandenHeuvel, Kyra | | |
| 3) Lang, Erin | 4) Hon, Angel | | |
| 4 Beloit 'A' | | 51.44 | 2 5 |
| 1) Earley, Angie | 2) Miliotis, Sophia | | |
| 3) Plautz, Jourdan | 4) Heinzen, Aleeshah | | |
| 5 Cornell College 'A' | | 51.62 | 2 4 |
| 1) Franzen, Deidre | 2) Strunk, Sydney | | |
| 3) Gilbert, Katie | 4) Boyd, Diamond | | |
| 6 Ripon 'A' | | 52.73 | 1 3 |
| 1) Allen, Emma | 2) Hiser, Lateesha | | |
| 3) Abitz, Elizabeth | 4) Zeman, Nicole | | |
| 7 Grinnell 'A' | | 52.95 | 1 2 |
| 1) Bresnahan, Cara | 2) Kessel, Hanna | | |
| 3) Maddaus, Jordan | 4) Bresette-Buccino, Nora | | |
| 8 Knox 'A' | | 54.89 | 2 1 |
| 1) Brown, Kayla | 2) Gavazzi, Sandra | | |
| 3) Oguejiofor, Chidinma | 4) Varanese, Valarie | | |
| 9 Lawrence 'A' | | 55.75 | 1 |
| 1) Degnan, Janey | 2) Scott, Aubrey | | |
| 3) Cardinal, Hayley | 4) Hutchings, Amy | | |

Women 4x400 Meter Relay

| THREE TURN STAGGER | | | |
|---|-----------------------|---------|-----------|
| MEET: M 3:56.09 2014 , Grinnell | | | |
| R. Fritts, C. Ajinjeru, E. Miller, S. Burnell | | | |
| School | | Finals | H# Points |
| 1 Monmouth (Ill.) 'A' | | 4:00.51 | 2 10 |
| 1) Podosek, Joanna | 2) Kosier, Isabella | | |
| 3) Myers, Cynthia | 4) Gardner, Briana | | |
| 2 Cornell College 'A' | | 4:07.30 | 2 8 |
| 1) Cochrane, Emma | 2) Boyd, Diamond | | |
| 3) Strunk, Sydney | 4) Schnoor, Libby | | |
| 3 Carroll 'A' | | 4:10.64 | 2 6 |
| 1) Spencer, Raissa | 2) Elwing, Alissa | | |
| 3) Thrans, Abby | 4) Wendtland, Marissa | | |
| 4 St. Norbert 'A' | | 4:11.58 | 2 5 |
| 1) Duff, Sarah | 2) VandenHeuvel, Kyra | | |
| 3) Kozlowski, Brittany | 4) Jauregui, Clarissa | | |
| 5 Beloit 'A' | | 4:18.92 | 1 4 |
| 1) Waddle, Ellie | 2) Pelkey, Melissa | | |
| 3) Miliotis, Sophia | 4) Heinzen, Aleeshah | | |
| 6 Grinnell 'A' | | 4:19.43 | 2 3 |

2016 Midwest Conference Championships - 5/13/2016 to 5/14/2016

Ash Park Stadium

Results

....Women 4x400 Meter Relay

| | | | |
|-----------------------------|----------------------|---------|-----|
| 1) Kessel, Hanna | 2) Maddaus, Jordan | | |
| 3) Young, Shannon | 4) Holtzman, Gwen | | |
| 7 Lawrence 'A' | | 4:20.77 | 1 2 |
| 1) Degnan, Janey | 2) Cardinal, Hayley | | |
| 3) Schrobilgen, Erin | 4) Hutchings, Amy | | |
| 8 Ripon 'A' | | 4:21.39 | 2 1 |
| 1) Allen, Emma | 2) Abitz, Elizabeth | | |
| 3) Hiser, Lateesha | 4) Zeman, Nicole | | |
| 9 Knox 'A' | | 4:21.98 | 1 |
| 1) Brown, Kayla | 2) Gavazzi, Sandra | | |
| 3) Quintana-Barajas, Briana | 4) Varanese, Valarie | | |

Women High Jump

| MEET: M 5-08 | | | | | | | | | | 1993 Laua Salm St. Norbert, 2015 Jenna Breaker | | |
|-----------------------|------------------|------|------|------|------|------|------|------|--------|--|----|--|
| Name | Year School | | | | | | | | Finals | Points | | |
| 1 Morateck, Samantha | St. Norbert | | | | | | | | 1.60m | 5-03.00 | 10 | |
| | 1.30 | 1.35 | 1.40 | 1.45 | 1.50 | 1.55 | 1.60 | 1.65 | | | | |
| | P | P | P | P | O | O | O | XXX | | | | |
| 2 Schnoor, Libby | Cornell College | | | | | | | | 1.55m | 5-01.00 | 8 | |
| | 1.30 | 1.35 | 1.40 | 1.45 | 1.50 | 1.55 | 1.60 | | | | | |
| | P | P | O | O | O | O | XXX | | | | | |
| 3 Vanderlin, Nicole | St. Norbert | | | | | | | | 1.55m | 5-01.00 | 6 | |
| | 1.30 | 1.35 | 1.40 | 1.45 | 1.50 | 1.55 | 1.60 | | | | | |
| | P | P | O | O | XO | O | XXX | | | | | |
| 4 Schulenberg, Madi | Monmouth (Ill.) | | | | | | | | 1.55m | 5-01.00 | 5 | |
| | 1.30 | 1.35 | 1.40 | 1.45 | 1.50 | 1.55 | 1.60 | | | | | |
| | P | P | O | XO | O | XO | XXX | | | | | |
| 5 Bartel, Samantha | Carroll | | | | | | | | 1.50m | 4-11.00 | 4 | |
| | 1.30 | 1.35 | 1.40 | 1.45 | 1.50 | 1.55 | | | | | | |
| | P | P | XO | O | O | XXX | | | | | | |
| 6 Brooks, Darice | Monmouth (Ill.) | | | | | | | | 1.50m | 4-11.00 | 3 | |
| | 1.30 | 1.35 | 1.40 | 1.45 | 1.50 | 1.55 | | | | | | |
| | P | O | O | XXO | XXO | XXX | | | | | | |
| 7 Larson, Emmy | St. Norbert | | | | | | | | 1.45m | 4-09.00 | 2 | |
| | 1.30 | 1.35 | 1.40 | 1.45 | 1.50 | | | | | | | |
| | P | XO | O | XXO | XXX | | | | | | | |
| 8 Kowalski, Vanessa | Carroll | | | | | | | | 1.40m | 4-07.00 | 1 | |
| | 1.30 | 1.35 | 1.40 | 1.45 | | | | | | | | |
| | P | XO | XO | XXX | | | | | | | | |
| -- Plautz, Jourdan | Beloit | | | | | | | | NH | | | |
| | 1.30 | | | | | | | | | | | |
| | XXX | | | | | | | | | | | |
| -- Silverwood, Sierra | Grinnell | | | | | | | | DNS | | | |
| -- Bystry, Emily | Illinois College | | | | | | | | DNS | | | |

Women Pole Vault

Event to Follow Mens Pole Vault

| MEET: M 12-06.75 2011 | | | | | | | | | | Whitney Didier, Monmouth | |
|-----------------------|-------------|--|--|--|--|--|--|--|--------|--------------------------|--|
| Name | Year School | | | | | | | | Finals | Points | |

2016 Midwest Conference Championships - 5/13/2016 to 5/14/2016**Ash Park Stadium****Results****....Women Pole Vault**

| | | | | | |
|----|--|------------------|-------|----------|----|
| 1 | Tarsa, Graceanne | St. Norbert | 3.20m | 10-06.00 | 10 |
| | 2.15 2.30 2.45 2.60 2.75 2.90 3.05 3.20 3.35 | | | | |
| | P P P P XO O O XO XXX | | | | |
| 2 | Vandenack, Meghan | St. Norbert | 3.05m | 10-00.00 | 8 |
| | 2.15 2.30 2.45 2.60 2.75 2.90 3.05 3.20 | | | | |
| | P P P O O O O XXX | | | | |
| 3 | Simpson, Rachel | Illinois College | 3.05m | 10-00.00 | 6 |
| | 2.15 2.30 2.45 2.60 2.75 2.90 3.05 3.20 | | | | |
| | P P P P O O XO XXX | | | | |
| 4 | Mickelson, Grace | St. Norbert | 2.90m | 9-06.25 | 5 |
| | 2.15 2.30 2.45 2.60 2.75 2.90 3.05 | | | | |
| | P P P P O O XXX | | | | |
| 5 | McConnell, Samantha | Grinnell | 2.90m | 9-06.25 | 4 |
| | 2.15 2.30 2.45 2.60 2.75 2.90 3.05 | | | | |
| | P P P O XO XXO XXX | | | | |
| 6 | Capuder, Linnae | Beloit | 2.60m | 8-06.25 | 3 |
| | 2.15 2.30 2.45 2.60 2.75 | | | | |
| | P O O O XXX | | | | |
| 7 | Lobb, Brenna | Monmouth (Ill.) | 2.60m | 8-06.25 | 2 |
| | 2.15 2.30 2.45 2.60 2.75 | | | | |
| | O O XO O XXX | | | | |
| 8 | Degnan, Janey | Lawrence | 2.45m | 8-00.50 | 1 |
| | 2.15 2.30 2.45 2.60 | | | | |
| | P XXO O XXX | | | | |
| 9 | Kline, Shelby | Beloit | 2.45m | 8-00.50 | |
| | 2.15 2.30 2.45 2.60 | | | | |
| | O O XO XXX | | | | |
| -- | Lehmann, Laura | Beloit | DNS | | |

Women Long Jump

| ===== | | | | | | | |
|--|---|-----------------|--------|------|----------|----|--|
| 3 Prelims, 3 Finals 9 Athletes to Finals | | | | | | | |
| MEET: M 20-10.50 2012 Missy Norville, Illinois College | | | | | | | |
| Name | Year | School | Finals | Wind | Points | | |
| ===== | | | | | | | |
| 1 | VandenHeuvel, Kyra | St. Norbert | 5.03m | 0.5 | 16-06.00 | 10 | |
| | 4.92m(-0.5) 4.77m(-0.5) FOUL 4.96m(-0.2) 5.03m(0.5) 5.03m(-0.6) | | | | | | |
| 2 | Allen, Emma | Ripon | 4.98m | 0.9 | 16-04.25 | 8 | |
| | 4.83m(-0.7) 4.92m(-0.3) 4.86m(-1.3) 4.98m(0.9) 4.93m(-0.4) FOUL | | | | | | |
| 3 | Jones, Sydney | Monmouth (Ill.) | 4.98m | -0.5 | 16-04.25 | 6 | |
| | 4.75m(0.7) 4.62m(-0.7) 4.46m(-0.7) 4.80m(-0.2) 4.71m(0.5) 4.98m(-0.5) | | | | | | |
| 4 | Gilbert, Katie | Cornell College | 4.88m | -0.4 | 16-00.25 | 5 | |
| | FOUL 4.80m(0.4) 4.84m(-0.5) 4.78m(0.4) FOUL 4.88m(-0.4) | | | | | | |
| 5 | Morateck, Samantha | St. Norbert | 4.83m | 0.4 | 15-10.25 | 4 | |
| | 4.83m(0.4) 4.54m(-0.3) 4.50m(0.5) FOUL 4.50m(-0.2) 4.63m(-0.3) | | | | | | |
| 6 | Boyd, Diamond | Cornell College | 4.81m | 0.3 | 15-09.50 | 3 | |
| | 4.61m(0.9) 4.71m(-0.5) 4.45m(+0.0) 4.40m(1.2) 4.81m(0.3) 4.58m(-0.6) | | | | | | |
| 7 | Reese, Megan | Carroll | 4.80m | -0.3 | 15-09.00 | 2 | |
| | FOUL 4.70m(0.3) 4.72m(-0.4) FOUL 4.79m(0.6) 4.80m(-0.3) | | | | | | |
| 8 | Brooks, Darice | Monmouth (Ill.) | 4.79m | -0.2 | 15-08.75 | 1 | |
| | 4.54m(-0.4) 4.72m(-0.5) 4.57m(-1.2) 4.55m(-0.3) 4.76m(-0.4) 4.79m(-0.2) | | | | | | |
| 9 | Squier, Kaitlin | Carroll | 4.71m | -1.2 | 15-05.50 | | |
| | 4.71m(-1.2) 3.89m(-0.2) 3.86m(-1.0) FOUL 4.21m(0.4) 4.45m(-0.4) | | | | | | |
| 10 | Schulenberg, Madi | Monmouth (Ill.) | 4.54m | -0.8 | 14-10.75 | | |
| | 4.47m(1.0) 4.54m(-0.8) 4.54m(-0.7) | | | | | | |

2016 Midwest Conference Championships - 5/13/2016 to 5/14/2016**Ash Park Stadium****Results****...Women Long Jump**

| | | | | | |
|----|-------------------|-----------------|-------------|------|----------|
| 11 | Wernicke, Teagan | St. Norbert | 4.52m | -0.6 | 14-10.00 |
| | 4.30m(-0.8) | 4.52m(-0.6) | 4.47m(-0.7) | | |
| 12 | Heinzen, Aleeshah | Beloit | 4.48m | -0.8 | 14-08.50 |
| | 4.13m(-0.6) | 4.48m(-0.8) | 4.47m(-1.1) | | |
| 13 | Bresnahan, Cara | Grinnell | 4.45m | -1.0 | 14-07.25 |
| | 4.12m(-1.0) | 4.35m(-0.6) | 4.45m(-1.0) | | |
| 14 | Rule, Shay | Cornell College | 4.34m | -1.1 | 14-03.00 |
| | 4.28m(-1.3) | 4.34m(-1.1) | FOUL | | |
| 15 | Loomis, Kate | Carroll | 4.17m | 0.4 | 13-08.25 |
| | 4.17m(0.4) | 3.82m(-0.9) | 3.77m(-0.9) | | |
| 16 | Xu, Medy | Beloit | 4.15m | -0.2 | 13-07.50 |
| | 3.81m(-1.5) | 3.82m(-0.5) | 4.15m(-0.2) | | |
| 17 | Menssen, Katie | Grinnell | 3.97m | -0.2 | 13-00.25 |
| | 3.75m(-0.6) | 3.74m(0.5) | 3.97m(-0.2) | | |
| 18 | Earley, Angie | Beloit | 3.51m | -0.9 | 11-06.25 |
| | FOUL | FOUL | 3.51m(-0.9) | | |

Women Triple Jump

=====

3 Prelims, 3 Finals 9 Athletes to Finals

Event to Follow Mens Triple Jump

MEET: M 41-01 2012 Missy Norville, Illinois College

| Name | Year | School | Finals | Wind | Points | |
|------|---------------------|-----------------|--------------|--------------|--------------|--------------|
| 1 | Heinzen, Aleeshah | Beloit | 10.93m | 1.1 | 35-10.50 | 10 |
| | 10.10m(-1.6) | 10.42m(1.8) | 10.17m(-1.3) | 10.22m(1.7) | 10.82m(-0.4) | 10.93m(1.1) |
| 2 | VandenHeuvel, Kyra | St. Norbert | 10.81m | 0.6 | 35-05.75 | 8 |
| | 9.90m(0.4) | 10.67m(0.3) | 10.45m(-0.4) | 10.27m(0.5) | 10.67m(0.4) | 10.81m(0.6) |
| 3 | Jones, Sydney | Monmouth (Ill.) | 10.74m | 1.9 | 35-03.00 | 6 |
| | 10.31m(-0.6) | FOUL | FOUL | 10.32m(0.7) | 10.74m(1.9) | FOUL |
| 4 | Castellanos, Ashley | Monmouth (Ill.) | 10.60m | 0.5 | 34-09.50 | 5 |
| | 9.86m(-0.8) | 10.15m(-0.5) | 10.27m(0.4) | 10.24m(-1.2) | 10.55m(0.6) | 10.60m(0.5) |
| 5 | Schulenberg, Madi | Monmouth (Ill.) | 10.53m | 0.7 | 34-06.75 | 4 |
| | 10.04m(0.9) | 10.12m(-0.9) | 9.73m(-0.7) | 10.19m(-0.8) | 9.95m(0.9) | 10.53m(0.7) |
| 6 | Gilbert, Katie | Cornell College | 10.37m | -0.3 | 34-00.25 | 3 |
| | 10.32m(-1.3) | 10.37m(-0.3) | FOUL | 10.34m(-1.8) | FOUL | 10.26m(-0.5) |
| 7 | Leach, Nikki | Cornell College | 10.34m | 0.4 | 33-11.25 | 2 |
| | 10.34m(0.4) | 10.26m(-0.3) | FOUL | 9.89m(-1.8) | FOUL | 9.88m(-0.3) |
| 8 | Larson, Emmy | St. Norbert | 10.24m | 1.2 | 33-07.25 | 1 |
| | 10.11m(0.4) | FOUL | FOUL | FOUL | 10.04m(0.5) | 10.24m(1.2) |
| 9 | McCauley, Peyton | St. Norbert | 9.81m | -0.7 | 32-02.25 | |
| | 9.70m(-1.4) | FOUL | 9.81m(-0.7) | FOUL | 9.28m(0.7) | 9.40m(1.3) |
| 10 | Squier, Kaitlin | Carroll | 9.47m | -1.3 | 31-01.00 | |
| | 9.17m(1.8) | 8.86m(-1.0) | 9.47m(-1.3) | | | |
| 11 | Bresnahan, Cara | Grinnell | 9.13m | -0.5 | 29-11.50 | |
| | 8.97m(1.0) | 9.13m(-0.5) | FOUL | | | |
| 12 | Menssen, Katie | Grinnell | 8.93m | 2.0 | 29-03.75 | |
| | 8.68m(-0.5) | 8.93m(2.0) | 8.87m(-1.5) | | | |
| 13 | Brown, Abby | Carroll | 8.75m | -1.0 | 28-08.50 | |
| | FOUL | 8.75m(-1.0) | FOUL | | | |

2016 Midwest Conference Championships - 5/13/2016 to 5/14/2016**Ash Park Stadium****Results****Women Shot Put**

3 Prelims, 3 Finals 9 Athletes to Finals

MEET: M 46-10 2014 Raven Robinson, Monmouth

| Name | Year | School | Finals | Points |
|------------------------|------|------------------|---|-------------|
| 1 Herman, Kristina | | St. Norbert | 13.49m | 44-03.25 10 |
| | | | 12.50m 13.49m FOUL 12.73m 12.51m 12.22m | |
| 2 Mendez, Lilly | | Monmouth (Ill.) | 12.19m | 40-00.00 8 |
| | | | 11.41m 12.10m 12.19m 11.62m 12.12m FOUL | |
| 3 Smith, Savanna | | St. Norbert | 11.89m | 39-00.25 6 |
| | | | FOUL FOUL 11.89m 11.26m 10.98m 11.07m | |
| 4 Martinez, Octavia | | Cornell College | 11.82m | 38-09.50 5 |
| | | | 11.62m 11.59m 11.32m 11.21m 11.24m 11.82m | |
| 5 Kruse, Hannah | | St. Norbert | 11.45m | 37-06.75 4 |
| | | | 10.86m 11.32m FOUL 11.45m 10.92m 11.15m | |
| 6 Brewer, Larissa | | Cornell College | 11.35m | 37-03.00 3 |
| | | | 11.35m 11.35m 11.27m 11.13m 11.03m 10.93m | |
| 7 Pomeroy, Lydia | | Ripon | 11.15m | 36-07.00 2 |
| | | | 11.05m 10.96m 11.15m FOUL 10.59m FOUL | |
| 8 Weedman, Emily | | Monmouth (Ill.) | 11.11m | 36-05.50 1 |
| | | | 10.02m 10.92m 10.99m 11.11m 10.84m 10.89m | |
| 9 Heinz, MacKenzie | | Illinois College | 10.96m | 35-11.50 |
| | | | 10.96m 10.10m 10.64m 10.17m FOUL 10.18m | |
| 10 Duffy, Taylor | | Illinois College | 10.90m | 35-09.25 |
| | | | FOUL 10.90m FOUL | |
| 11 Neckopulos, Alex | | Grinnell | 10.75m | 35-03.25 |
| | | | 10.51m 10.75m 10.46m | |
| 12 Thomas, Darian | | Carroll | 10.58m | 34-08.50 |
| | | | 10.02m 10.51m 10.58m | |
| 13 Hiser, Lateesha | | Ripon | 10.52m | 34-06.25 |
| | | | 10.23m 10.52m 10.42m | |
| 14 Dovenmuehle, Katlyn | | Carroll | 10.37m | 34-00.25 |
| | | | FOUL FOUL 10.37m | |
| 15 Ellis, Taliah | | Knox | 10.26m | 33-08.00 |
| | | | 9.73m 10.26m 9.92m | |
| 16 Lee, Alice | | Knox | 9.90m | 32-05.75 |
| | | | 9.45m 9.90m 9.86m | |
| 17 Berube, Alea | | Cornell College | 9.64m | 31-07.50 |
| | | | 8.46m 8.14m 9.64m | |
| 18 Davis, Erica | | Monmouth (Ill.) | 9.29m | 30-05.75 |
| | | | FOUL FOUL 9.29m | |
| -- Aiello, Lauren | | Illinois College | FOUL | |
| | | | FOUL FOUL FOUL | |

Women Discus Throw

3 Prelims, 3 Finals 9 Athletes to Finals

MEET: M 161-03 2009 Tanesha Hughes, Monmouth

| Name | Year | School | Finals | Points |
|----------------------|------|-----------------|---|-----------|
| 1 Nickerson, Mallory | | St. Norbert | 42.42m | 139-02 10 |
| | | | 39.15m 42.42m 36.14m 37.29m 38.17m 38.81m | |
| 2 Smith, Savanna | | St. Norbert | 36.70m | 120-05 8 |
| | | | FOUL 33.11m 35.40m FOUL 36.14m 36.70m | |
| 3 Martinez, Octavia | | Cornell College | 36.62m | 120-02 6 |
| | | | FOUL FOUL 36.62m 35.93m 36.21m FOUL | |

2016 Midwest Conference Championships - 5/13/2016 to 5/14/2016**Ash Park Stadium****Results****....Women Discus Throw**

| | | | | | |
|----|-----------------------|----------------------|--------|--------|---|
| 4 | Herman, Kristina | St. Norbert | 36.41m | 119-05 | 5 |
| | 36.41m FOUL FOUL FOUL | 34.69m 36.19m | | | |
| 5 | Brewer, Larissa | Cornell College | 35.11m | 115-02 | 4 |
| | 30.20m 31.51m 33.18m | 35.05m 33.33m 35.11m | | | |
| 6 | Mendez, Lilly | Monmouth (Ill.) | 34.93m | 114-07 | 3 |
| | 33.71m FOUL 34.93m | 34.45m 31.10m 31.44m | | | |
| 7 | Filipek, Sara | Carroll | 34.64m | 113-08 | 2 |
| | 31.81m 34.64m 33.87m | FOUL FOUL 32.59m | | | |
| 8 | Pomeroy, Lydia | Ripon | 34.28m | 112-06 | 1 |
| | 31.69m 31.08m 32.77m | FOUL 34.28m 33.99m | | | |
| 9 | Berube, Alea | Cornell College | 33.13m | 108-08 | |
| | FOUL 33.13m 32.89m | FOUL FOUL 26.99m | | | |
| 10 | Neckopulos, Alex | Grinnell | 31.82m | 104-05 | |
| | FOUL 31.82m FOUL | | | | |
| 11 | Fritts, Jessica | Knox | 31.60m | 103-08 | |
| | 26.88m 27.47m 31.60m | | | | |
| 12 | Heinz, MacKenzie | Illinois College | 31.40m | 103-00 | |
| | 29.06m 31.40m FOUL | | | | |
| 13 | Duffy, Taylor | Illinois College | 30.71m | 100-09 | |
| | FOUL 30.71m FOUL | | | | |
| 14 | Weedman, Emily | Monmouth (Ill.) | 28.59m | 93-09 | |
| | 28.59m FOUL 22.82m | | | | |
| 15 | Lee, Alice | Knox | 28.58m | 93-09 | |
| | 28.58m FOUL FOUL | | | | |
| 16 | Davis, Erica | Monmouth (Ill.) | 28.41m | 93-02 | |
| | FOUL 28.41m FOUL | | | | |
| 17 | Thomas, Darian | Carroll | 27.71m | 90-11 | |
| | 27.71m 26.77m 25.11m | | | | |
| 18 | Ellis, Taliah | Knox | 25.14m | 82-06 | |
| | FOUL 25.14m FOUL | | | | |
| 19 | Dovenmuehle, Katlyn | Carroll | 24.73m | 81-02 | |
| | 24.71m 24.73m FOUL | | | | |
| -- | Evans, Rebekah | Beloit | FOUL | | |
| | FOUL FOUL FOUL | | | | |

Women Hammer Throw

| ===== | | | | | | |
|---|----------------------|----------------------|--------|--------|----|--|
| 3 Prelims, 3 Finals 9 Athletes to Finals | | | | | | |
| MEET: M 179-05 2013 Allison Devor, Monmouth | | | | | | |
| Name | Year | School | Finals | Points | | |
| ===== | | | | | | |
| 1 | Duffy, Taylor | Illinois College | 48.03m | 157-07 | 10 | |
| | 42.67m 48.03m 47.73m | 46.53m FOUL 45.85m | | | | |
| 2 | Matthews, De'Janaie | Monmouth (Ill.) | 47.58m | 156-01 | 8 | |
| | 47.46m 44.77m 44.65m | 47.58m 43.62m 47.00m | | | | |
| 3 | Pomeroy, Lydia | Ripon | 47.51m | 155-10 | 6 | |
| | 47.51m 45.81m 46.61m | FOUL 45.53m FOUL | | | | |
| 4 | Neckopulos, Alex | Grinnell | 44.84m | 147-01 | 5 | |
| | 44.84m 44.77m 44.51m | | | | | |
| 5 | Hiser, Lateesha | Ripon | 44.09m | 144-08 | 4 | |
| | 40.77m 44.09m FOUL | 42.16m FOUL FOUL | | | | |
| 6 | Brewer, Larissa | Cornell College | 42.99m | 141-00 | 3 | |
| | 42.06m 42.98m 41.25m | 40.03m 42.99m 42.05m | | | | |
| 7 | Filipek, Sara | Carroll | 41.48m | 136-01 | 2 | |
| | 39.66m 41.48m 39.22m | 40.53m 38.18m 37.65m | | | | |

2016 Midwest Conference Championships - 5/13/2016 to 5/14/2016

Ash Park Stadium

Results

....Women Hammer Throw

| | | | | | |
|----|---------------------------------------|------------------|--------|--------|---|
| 8 | Dovenmuehle, Katlyn | Carroll | 39.72m | 130-04 | 1 |
| | 38.96m 39.72m 38.48m FOUL 38.04m FOUL | | | | |
| 9 | Davis, Erica | Monmouth (Ill.) | 38.51m | 126-04 | |
| | 37.96m FOUL FOUL 38.51m 36.22m 35.32m | | | | |
| 10 | Fritts, Jessica | Knox | 37.56m | 123-03 | |
| | 37.56m 34.45m FOUL FOUL FOUL FOUL | | | | |
| 11 | Kruse, Hannah | St. Norbert | 37.28m | 122-04 | |
| | 37.28m FOUL FOUL | | | | |
| 12 | Martinez, Octavia | Cornell College | 36.04m | 118-03 | |
| | 32.15m FOUL 36.04m | | | | |
| 13 | Mendez, Lilly | Monmouth (Ill.) | 36.03m | 118-02 | |
| | 34.97m 36.03m 35.41m | | | | |
| 14 | Berube, Alea | Cornell College | 33.75m | 110-09 | |
| | 25.33m FOUL 33.75m | | | | |
| 15 | Thomas, Darian | Carroll | 31.23m | 102-05 | |
| | 31.23m FOUL 28.52m | | | | |
| 16 | Lee, Alice | Knox | 28.27m | 92-09 | |
| | FOUL 28.27m 26.78m | | | | |
| 17 | Norby, Margaret | Lawrence | 27.70m | 90-10 | |
| | 25.59m 27.70m FOUL | | | | |
| 18 | Geheber, Aspen | Ripon | 26.91m | 88-03 | |
| | 26.91m FOUL FOUL | | | | |
| 19 | Ellis, Taliah | Knox | 21.74m | 71-04 | |
| | FOUL 20.16m 21.74m | | | | |
| -- | Norris, Colette | Illinois College | FOUL | | |
| | FOUL FOUL FOUL | | | | |
| -- | Helmich, Rachel | Illinois College | FOUL | | |
| | FOUL FOUL FOUL | | | | |
| -- | Evans, Rebekah | Beloit | DNS | | |

Women Javelin Throw

=====

3 Prelims, 3 Finals 9 Athletes to Finals

MEET: M 143-04 2015 Brittney Burgess, Illinois College

| Name | Year | School | Finals | Points |
|-----------------------|------|---|--------|-----------|
| 1 Lang, Erin | | St. Norbert | 32.62m | 107-00 10 |
| | | 29.82m 32.62m 30.10m 29.98m 29.68m FOUL | | |
| 2 Schnoor, Libby | | Cornell College | 32.35m | 106-02 8 |
| | | 32.35m 31.10m 32.18m 26.46m 31.21m FOUL | | |
| 3 Dovenmuehle, Katlyn | | Carroll | 31.53m | 103-05 6 |
| | | 22.43m 26.64m 29.61m 31.53m FOUL 30.69m | | |
| 4 Boyd, Diamond | | Cornell College | 28.62m | 93-11 5 |
| | | 24.91m FOUL 28.62m 27.37m 26.23m 27.45m | | |
| 5 Castellanos, Ashley | | Monmouth (Ill.) | 28.50m | 93-06 4 |
| | | 27.88m 28.32m 28.50m 27.47m 28.44m 27.31m | | |
| 6 Gavazzi, Saundra | | Knox | 28.12m | 92-03 3 |
| | | 25.25m 28.12m 22.19m 21.51m 26.78m 22.55m | | |
| 7 Schulenberg, Madi | | Monmouth (Ill.) | 28.06m | 92-01 2 |
| | | 28.06m 27.78m FOUL FOUL FOUL 27.09m | | |
| 8 Duffy, Taylor | | Illinois College | 26.76m | 87-09 1 |
| | | 26.76m 22.61m FOUL FOUL FOUL FOUL | | |
| 9 Herman, Kristina | | St. Norbert | 26.68m | 87-06 |
| | | 26.68m FOUL 24.04m 25.55m FOUL 24.45m | | |

2016 Midwest Conference Championships - 5/13/2016 to 5/14/2016**Ash Park Stadium****Results****....Women Javelin Throw**

| | | | |
|----------------------|------------------|--------|-------|
| 10 Hintz, Kaitlyn | St. Norbert | 24.64m | 80-10 |
| 22.20m FOUL 24.64m | | | |
| 11 Davis, Erica | Monmouth (Ill.) | 24.23m | 79-06 |
| 23.40m 24.23m 20.11m | | | |
| 12 Berube, Alea | Cornell College | 23.16m | 76-00 |
| FOUL FOUL 23.16m | | | |
| 13 Heinz, MacKenzie | Illinois College | 22.91m | 75-02 |
| FOUL 22.56m 22.91m | | | |
| 14 Bresnahan, Cara | Grinnell | 22.66m | 74-04 |
| 21.56m FOUL 22.66m | | | |
| 15 Klehr, Hannah | Beloit | 21.92m | 71-11 |
| 21.07m 20.10m 21.92m | | | |
| 16 Filipek, Sara | Carroll | 20.85m | 68-05 |
| 20.59m 19.34m 20.85m | | | |
| 17 Helmich, Rachel | Illinois College | 18.91m | 62-00 |
| 18.91m FOUL 18.86m | | | |
| 18 Norby, Margaret | Lawrence | 14.80m | 48-07 |
| 12.30m 14.80m 13.35m | | | |
| 19 Summers, Audrey | Beloit | 14.40m | 47-03 |
| 12.29m 14.40m FOUL | | | |

Men 100 Meter Dash**Top 8 Advance by Time**

| MEET: M 10.61 2007 | | DJ Jackson, Illinois College | |
|--------------------------|------------------|------------------------------|--------------|
| Name | Year School | Prelims | Wind H# |
| ===== | | | |
| Preliminaries | | | |
| 1 Williams, Timmy | Monmouth (Ill.) | 10.82q | 1.0 3 |
| 2 Parr, Adam | Monmouth (Ill.) | 10.90q | 2.1 2 |
| 3 O'Brien, Colin | St. Norbert | 10.96q | 0.4 1 |
| 4 Farnsworth, Cody | Carroll | 11.20q | 2.1 2 |
| 5 Merriweather, Mikal | Carroll | 11.28q | 2.1 2 |
| 6 Baus, Jacob | Ripon | 11.31q | 0.4 1 |
| 7 Hardman, Ed | Grinnell | 11.32q | 1.0 3 11.312 |
| 8 Ray, Austin | Monmouth (Ill.) | 11.32q | 1.0 3 11.316 |
| 9 Bundy, Nick | Cornell College | 11.40 | 2.1 2 11.397 |
| 10 Spradley, Milton | Cornell College | 11.40 | 2.1 2 11.400 |
| 11 Ofori-Boadi, Shadrack | Knox | 11.45 | 1.0 3 |
| 12 Dorman, Jason | Beloit | 11.46 | 0.4 1 |
| 13 Hamilton, Malik | Knox | 11.47 | 0.4 1 11.464 |
| 14 Weigman, Adam | St. Norbert | 11.47 | 0.4 1 11.469 |
| 15 Mherete, Mherete | Ripon | 11.48 | 1.0 3 |
| 16 Brath, Andrew | St. Norbert | 11.62 | 0.4 1 |
| 17 Kruzan, Brian | Illinois College | 11.72 | 2.1 2 |
| 18 Holmes, Martwain | Knox | 11.79 | 1.0 3 |
| 19 Rybolt, Caleb | Illinois College | 11.86 | 1.0 3 |
| 20 Endrina, Brenden | Beloit | 12.03 | 2.1 2 |
| 21 Walker, Jake | Lawrence | 12.15 | 2.1 2 |
| 22 Smith, Tyree | Beloit | 12.24 | 0.4 1 |
| 23 Gowdy-Jaehnig, Bjorn | Lawrence | 12.71 | 0.4 1 |

2016 Midwest Conference Championships - 5/13/2016 to 5/14/2016**Ash Park Stadium****Results****Men 100 Meter Dash**

| MEET: M 10.61 2007 DJ Jackson, Illinois College | | | | | |
|---|------|-----------------|--------|------|--------|
| Name | Year | School | Finals | Wind | Points |
| Finals | | | | | |
| 1 Williams, Timmy | | Monmouth (Ill.) | 10.79 | 1.2 | 10 |
| 2 Parr, Adam | | Monmouth (Ill.) | 10.85 | 1.2 | 8 |
| 3 O'Brien, Colin | | St. Norbert | 10.98 | 1.2 | 6 |
| 4 Farnsworth, Cody | | Carroll | 11.20 | 1.2 | 5 |
| 5 Merriweather, Mikal | | Carroll | 11.21 | 1.2 | 4 |
| 6 Baus, Jacob | | Ripon | 11.29 | 1.2 | 3 |
| 7 Ray, Austin | | Monmouth (Ill.) | 11.42 | 1.2 | 2 |
| 8 Hardman, Ed | | Grinnell | 11.45 | 1.2 | 1 |

Men 200 Meter Dash**Top 8 Advance by Time**

| MEET: M 21.36 2007 Dante Daniels, Monmouth | | | | | |
|--|------|------------------|---------|------|----------|
| Name | Year | School | Prelims | Wind | H# |
| Preliminaries | | | | | |
| 1 Grandlic, Ryan | | St. Norbert | 21.88q | 0.7 | 1 |
| 2 Parr, Adam | | Monmouth (Ill.) | 22.07q | 3.7 | 3 |
| 3 Williams, Timmy | | Monmouth (Ill.) | 22.24q | 0.7 | 1 |
| 4 Newbold, Husani | | Cornell College | 22.50q | 1.1 | 2 |
| 5 Hall, Ian | | Ripon | 22.51q | 1.4 | 4 |
| 6 Livingston, Austin | | St. Norbert | 22.52q | 3.7 | 3 |
| 7 Baus, Jacob | | Ripon | 22.54q | 1.1 | 2 |
| 8 Wilson, James | | Monmouth (Ill.) | 22.57q | 1.4 | 4 |
| 9 Merriweather, Mikal | | Carroll | 22.58 | 0.7 | 1 |
| 10 Peifer, Brett | | Illinois College | 22.73 | 1.1 | 2 |
| 11 Hardman, Ed | | Grinnell | 22.76 | 1.1 | 2 |
| 12 Malafa, Trezher Njoh | | Knox | 22.80 | 1.4 | 4 |
| 13 Marusic, Samuel | | Carroll | 23.11 | 0.7 | 1 |
| 14 O'Brien, Colin | | St. Norbert | 23.12 | 3.7 | 3 23.112 |
| 15 Spradley, Milton | | Cornell College | 23.12 | 0.7 | 1 23.118 |
| 16 Janca, Mitchel | | Carroll | 23.12 | 3.7 | 3 23.119 |
| 17 Hamilton, Malik | | Knox | 23.16 | 1.1 | 2 |
| 18 Mherete, Mherete | | Ripon | 23.45 | 1.4 | 4 |
| 19 Kruzan, Brian | | Illinois College | 23.77 | 1.4 | 4 |
| 20 Rybolt, Caleb | | Illinois College | 23.99 | 1.1 | 2 |
| 21 Ofori-Boadi, Shadrack | | Knox | 24.02 | 3.7 | 3 24.014 |
| 22 Westrich, Jake | | Beloit | 24.28 | 3.7 | 3 |
| 23 Walker, Jake | | Lawrence | 24.42 | 1.4 | 4 |
| 24 Walker, Dewight | | Beloit | 24.66 | 1.4 | 4 |
| 25 Fuelling, Chris | | Lawrence | 25.43 | 3.7 | 3 |
| 26 Dorman, Jason | | Beloit | 25.80 | 0.7 | 1 |
| 27 Gowdy-Jaehnig, Bjorn | | Lawrence | 26.09 | 1.1 | 2 |

Men 200 Meter Dash

| MEET: M 21.36 2007 Dante Daniels, Monmouth | | | | | |
|--|------|-----------------|--------|------|--------|
| Name | Year | School | Finals | Wind | Points |
| Finals | | | | | |
| 1 Wilson, James | | Monmouth (Ill.) | 21.38 | 2.3 | 10 |

2016 Midwest Conference Championships - 5/13/2016 to 5/14/2016**Ash Park Stadium****Results****....Men 200 Meter Dash**

| | | | | | | |
|---|--------------------|-----------------|-------|-----|---|--------|
| 2 | Parr, Adam | Monmouth (Ill.) | 21.56 | 2.3 | 8 | |
| 3 | Grandlic, Ryan | St. Norbert | 21.76 | 2.3 | 6 | |
| 4 | Newbold, Husani | Cornell College | 22.07 | 2.3 | 5 | |
| 5 | Williams, Timmy | Monmouth (Ill.) | 22.29 | 2.3 | 4 | |
| 6 | Hall, Ian | Ripon | 22.66 | 2.3 | 3 | 22.653 |
| 7 | Baus, Jacob | Ripon | 22.66 | 2.3 | 2 | 22.656 |
| 8 | Livingston, Austin | St. Norbert | 22.68 | 2.3 | 1 | |

Men 400 Meter Dash**Top 8 Advance by Time**

MEET: M 46.75 2010 Luke Reschke, Monmouth

| Name | Year | School | Prelims | H# |
|------|------|--------|---------|----|
|------|------|--------|---------|----|

Preliminaries

| | | | | |
|----|----------------------|------------------|--------|---|
| 1 | Grandlic, Ryan | St. Norbert | 48.26q | 2 |
| 2 | Gregory, Jon | St. Norbert | 48.58q | 1 |
| 3 | Reschke, Ethan | Monmouth (Ill.) | 48.60q | 3 |
| 4 | Lewis, Tyler | St. Norbert | 48.87q | 1 |
| 5 | Hall, Ian | Ripon | 49.31q | 2 |
| 6 | Wilson, James | Monmouth (Ill.) | 49.80q | 4 |
| 7 | Trainor, Matthew | Monmouth (Ill.) | 50.29q | 4 |
| 8 | Janca, Mitchel | Carroll | 50.46q | 3 |
| 9 | Peifer, Brett | Illinois College | 50.96 | 4 |
| 10 | Silvia, Colton | Grinnell | 50.97 | 3 |
| 11 | Sommerville, Donnye | Knox | 51.32 | 3 |
| 12 | Marusic, Samuel | Carroll | 51.43 | 2 |
| 13 | Hamilton, Malik | Knox | 51.96 | 1 |
| 14 | Rieke, Jaxon | Illinois College | 52.21 | 2 |
| 15 | Malafa, Trezher Njoh | Knox | 52.29 | 1 |
| 16 | Klobucar, Jack | Beloit | 52.45 | 4 |
| 17 | Proby, Jordan | Cornell College | 52.58 | 4 |
| 18 | Herman, Tyler | Lawrence | 52.63 | 4 |
| 19 | Westrich, Jake | Beloit | 53.13 | 3 |
| 20 | Fuelling, Chris | Lawrence | 54.19 | 2 |
| 21 | Anding, Parker | Ripon | 54.59 | 1 |
| 22 | Berry, Stephon | Lawrence | 55.50 | 1 |
| 23 | Horan, Cole | Cornell College | 56.28 | 2 |

Men 400 Meter Dash

MEET: M 46.75 2010 Luke Reschke, Monmouth

| Name | Year | School | Finals | Points |
|------|------|--------|--------|--------|
|------|------|--------|--------|--------|

Finals

| | | | | |
|---|------------------|-----------------|-------|----|
| 1 | Grandlic, Ryan | St. Norbert | 47.99 | 10 |
| 2 | Wilson, James | Monmouth (Ill.) | 48.25 | 8 |
| 3 | Lewis, Tyler | St. Norbert | 48.56 | 6 |
| 4 | Reschke, Ethan | Monmouth (Ill.) | 48.58 | 5 |
| 5 | Hall, Ian | Ripon | 49.88 | 4 |
| 6 | Gregory, Jon | St. Norbert | 50.67 | 3 |
| 7 | Janca, Mitchel | Carroll | 50.96 | 2 |
| 8 | Trainor, Matthew | Monmouth (Ill.) | 51.17 | 1 |

2016 Midwest Conference Championships - 5/13/2016 to 5/14/2016**Ash Park Stadium****Results****Men 800 Meter Run**

ONE TURN STAGGER

MEET: M 1:52.94 1981 Dave Green, Chicago

| Name | Year | School | Finals | H# | Points |
|--------------------------|------|------------------|---------|----|--------|
| 1 Kolacia, Nate | | Grinnell | 1:53.45 | 3 | 10 |
| 2 Marton, Grant | | Carroll | 1:54.79 | 3 | 8 |
| 3 Allen, Michael | | Ripon | 1:55.06 | 3 | 6 |
| 4 Livingston, Austin | | St. Norbert | 1:55.44 | 3 | 5 |
| 5 Luedtke, Nick | | Ripon | 1:57.37 | 3 | 4 |
| 6 Gniot, Ethan | | Lawrence | 1:59.41 | 2 | 3 |
| 7 Van De Wostine, Bryent | | Monmouth (Ill.) | 1:59.62 | 3 | 2 |
| 8 Anderson, Kevin | | Grinnell | 1:59.75 | 3 | 1 |
| 9 Barnes, Zachary | | Knox | 1:59.85 | 3 | |
| 10 Klobucar, Jack | | Beloit | 2:00.03 | 3 | |
| 11 Crail, Nathaniel | | Grinnell | 2:00.81 | 3 | |
| 12 Wicker, Mason | | Cornell College | 2:01.21 | 2 | |
| 13 Daughtry, David | | Ripon | 2:02.49 | 3 | |
| 14 Yoggerst, Zach | | Illinois College | 2:02.50 | 3 | |
| 15 Essak, Mayan | | Lawrence | 2:03.29 | 2 | |
| 16 Farrenkopf, Dan | | Carroll | 2:04.15 | 2 | |
| 17 Ruud, Erik | | Monmouth (Ill.) | 2:05.59 | 1 | |
| 18 Beckford, Sean | | Beloit | 2:06.61 | 2 | |
| 19 Serrano, John | | Carroll | 2:06.66 | 2 | |
| 20 Murphy, Matt | | Illinois College | 2:07.41 | 2 | |
| 21 Hosto, Ben | | Knox | 2:10.50 | 1 | |
| 22 Gregory, Zachary | | Knox | 2:11.57 | 1 | |
| 23 McDermott, Matthew | | Cornell College | 2:12.88 | 1 | |
| 24 Mahkormov, Khusrav | | Beloit | 2:16.02 | 1 | |
| 25 Hallgren, Henry | | Cornell College | 2:22.38 | 1 | |

Men 1500 Meter Run

RANDOM WATERFALL START

MEET: M 3:53.06 2005 Zach Barr, Monmouth

| Name | Year | School | Finals | H# | Points |
|-----------------------|------|------------------|---------|----|--------|
| 1 Kolacia, Nate | | Grinnell | 3:59.05 | 2 | 10 |
| 2 DeGroot, Kieran | | Carroll | 4:00.98 | 2 | 8 |
| 3 Marton, Grant | | Carroll | 4:01.68 | 2 | 6 |
| 4 Wilson, Caleb | | Cornell College | 4:06.35 | 2 | 5 |
| 5 Luedtke, Nick | | Ripon | 4:08.19 | 2 | 4 |
| 6 Davies, Cam | | Lawrence | 4:08.37 | 2 | 3 |
| 7 Gabriel, Cuyler | | Cornell College | 4:09.65 | 2 | 2 |
| 8 Lennon, John | | Grinnell | 4:10.39 | 2 | 1 |
| 9 Bach, Austin | | Cornell College | 4:11.41 | 2 | |
| 10 Essak, Mayan | | Lawrence | 4:12.79 | 2 | |
| 11 Crail, Nathaniel | | Grinnell | 4:13.69 | 2 | |
| 12 Arkes, Dan | | Beloit | 4:19.22 | 2 | |
| 13 Yoggerst, Zach | | Illinois College | 4:21.56 | 2 | |
| 14 Beecher, Corey | | Ripon | 4:21.87 | 2 | |
| 15 Beckford, Sean | | Beloit | 4:26.62 | 1 | |
| 16 Sundberg, Jacob | | Carroll | 4:29.00 | 2 | |
| 17 Murphy, Matt | | Illinois College | 4:30.43 | 1 | |
| 18 Rico, Jonathan | | Knox | 4:35.56 | 1 | |
| 19 Mahkormov, Khusrav | | Beloit | 4:47.58 | 1 | |

2016 Midwest Conference Championships - 5/13/2016 to 5/14/2016**Ash Park Stadium****Results****....Men 1500 Meter Run**

| | | | |
|--------------------|------|-----|---|
| -- Cole, Brian | Knox | DNS | 1 |
| -- Gilmore, Joseph | Knox | DNS | 1 |

Men 5000 Meter Run

=====

RANDOM WATERFALL START

MEET: M 14:42.44 1980 Doug Simpson, Carleton

| Name | Year | School | Finals | Points |
|------------------------|------|------------------|----------|--------|
| 1 Dalton, Adam | | Grinnell | 15:42.27 | 10 |
| 2 Bach, Austin | | Cornell College | 15:45.84 | 8 |
| 3 Wilson, Caleb | | Cornell College | 15:46.09 | 6 |
| 4 McLean, Anthony | | Grinnell | 15:48.35 | 5 |
| 5 Gray, Jacob | | Beloit | 15:51.55 | 4 |
| 6 Lennon, John | | Grinnell | 15:53.95 | 3 |
| 7 Janusiak, Josh | | Lawrence | 15:56.42 | 2 |
| 8 Pauley, Cooper | | Monmouth (Ill.) | 16:06.98 | 1 |
| 9 Arkes, Dan | | Beloit | 16:16.32 | |
| 10 Heiple, Tate | | Monmouth (Ill.) | 16:17.39 | |
| 11 Edwards, Max | | Lawrence | 16:24.36 | |
| 12 Joerres, Adam | | Carroll | 16:27.01 | |
| 13 Schaefer, Ben | | Lawrence | 16:28.33 | |
| 14 Lindsay, Josh | | Cornell College | 16:29.25 | |
| 15 Torres, Alberto | | Beloit | 16:31.13 | |
| 16 Jordan, Isaac | | Carroll | 16:34.84 | |
| 17 Paige, Weston | | Ripon | 16:39.56 | |
| 18 Wittmershaus, Jacob | | St. Norbert | 16:42.64 | |
| 19 Sundberg, Jacob | | Carroll | 16:46.80 | |
| 20 Reigh, Dan | | St. Norbert | 16:52.95 | |
| 21 Beecher, Corey | | Ripon | 16:58.13 | |
| 22 Behling, Ben | | St. Norbert | 17:12.50 | |
| 23 Blackley, Shane | | Illinois College | 17:49.92 | |
| 24 Pierson, Andrew | | Ripon | 18:14.97 | |
| 25 Woolley, James | | Knox | 18:48.68 | |

Men 10000 Meter Run

=====

RANDOM WATERFALL START

MEET: M 30:46.24 1981 Mike Axinn, Chicago

| Name | Year | School | Finals | Points |
|---------------------|------|-----------------|----------|--------|
| 1 Dalton, Adam | | Grinnell | 32:46.06 | 10 |
| 2 Janusiak, Josh | | Lawrence | 33:03.62 | 8 |
| 3 McLean, Anthony | | Grinnell | 33:18.03 | 6 |
| 4 Torres, Alberto | | Beloit | 33:27.04 | 5 |
| 5 Gray, Jacob | | Beloit | 33:39.64 | 4 |
| 6 Pauley, Cooper | | Monmouth (Ill.) | 33:50.79 | 3 |
| 7 Schaefer, Ben | | Lawrence | 33:54.11 | 2 |
| 8 Cole, Brian | | Knox | 34:00.25 | 1 |
| 9 Gray, Jay | | Monmouth (Ill.) | 34:59.45 | |
| 10 Heiple, Tate | | Monmouth (Ill.) | 35:02.68 | |
| 11 Christen, Taylor | | Cornell College | 35:07.29 | |
| 12 Bass, Stewart | | Grinnell | 35:10.01 | |
| 13 Joerres, Adam | | Carroll | 35:10.57 | |
| 14 Beardsley, Adam | | Beloit | 35:51.41 | |

2016 Midwest Conference Championships - 5/13/2016 to 5/14/2016**Ash Park Stadium****Results****....Men 10000 Meter Run**

| | | | |
|----|-----------------|------------------|----------|
| 15 | Behling, Ben | St. Norbert | 35:56.93 |
| 16 | Gilmore, Joseph | Knox | 36:22.87 |
| 17 | Blackley, Shane | Illinois College | 37:17.81 |
| 18 | Tobin, Brady | Cornell College | 37:44.71 |
| 19 | Ginell, Garrett | Cornell College | 38:04.83 |
| 20 | Hosto, Ben | Knox | 38:15.42 |
| 21 | Pierson, Andrew | Ripon | 39:12.75 |

Men 110 Meter Hurdles**Top 8 Advance by Time**

| ===== | | | | | | |
|---------------|-------------------|------------------|-----------------------------|------|----|--|
| MEET: M 14.33 | | 2012 | Justin Johnson, St. Norbert | | | |
| Name | Year | School | Prelims | Wind | H# | |
| ===== | | | | | | |
| Preliminaries | | | | | | |
| 1 | Holmes, Payton | Monmouth (Ill.) | 14.98q | -0.2 | 2 | |
| 2 | Gentzler, Vaughn | Monmouth (Ill.) | 15.12q | 0.1 | 1 | |
| 3 | Gutierrez, Jose | Beloit | 15.40q | 0.1 | 1 | |
| 4 | Boockmeier, Brad | St. Norbert | 15.69q | 0.1 | 1 | |
| 5 | Van Saders, Chris | Carroll | 15.91q | -0.2 | 2 | |
| 6 | O'Connor, Carl | Monmouth (Ill.) | 16.19q | 0.1 | 1 | |
| 7 | Feuerstein, Jack | St. Norbert | 16.31q | -0.2 | 2 | |
| 8 | Butler, Daniel | St. Norbert | 16.51q | -0.2 | 2 | |
| 9 | Kisch, Sean | Illinois College | 17.13 | -0.2 | 2 | |
| 10 | Sandacz, Dan | Lawrence | 17.24 | 0.1 | 1 | |
| 11 | Peterson, Todd | Ripon | 17.85 | -0.2 | 2 | |
| 12 | Kreiser, Matt | Beloit | 18.28 | 0.1 | 1 | |
| 13 | Salinas, Sammy | Illinois College | 19.99 | -0.2 | 2 | |

Men 110 Meter Hurdles

| ===== | | | | | | |
|---------------|-------------------|-----------------|-----------------------------|------|--------|--|
| MEET: M 14.33 | | 2012 | Justin Johnson, St. Norbert | | | |
| Name | Year | School | Finals | Wind | Points | |
| ===== | | | | | | |
| Finals | | | | | | |
| 1 | Gentzler, Vaughn | Monmouth (Ill.) | 14.74 | 2.7 | 10 | |
| 2 | Gutierrez, Jose | Beloit | 14.81 | 2.7 | 8 | |
| 3 | Van Saders, Chris | Carroll | 15.68 | 2.7 | 6 | |
| 4 | Boockmeier, Brad | St. Norbert | 15.71 | 2.7 | 5 | |
| 5 | Holmes, Payton | Monmouth (Ill.) | 15.88 | 2.7 | 4 | |
| 6 | O'Connor, Carl | Monmouth (Ill.) | 16.04 | 2.7 | 3 | |
| 7 | Feuerstein, Jack | St. Norbert | 16.20 | 2.7 | 2 | |
| 8 | Butler, Daniel | St. Norbert | 17.79 | 2.7 | 1 | |

Men 400 Meter Hurdles**Top 8 Advance by Time**

| ===== | | | | | | |
|---------------|-------------------|-----------------|----------------------|----|--|--|
| MEET: M 51.75 | | 2011 | Logan Hohl, Monmouth | | | |
| Name | Year | School | Prelims | H# | | |
| ===== | | | | | | |
| Preliminaries | | | | | | |
| 1 | Gutierrez, Jose | Beloit | 56.03q | 1 | | |
| 2 | Van Saders, Chris | Carroll | 56.55q | 1 | | |
| 3 | Gentzler, Vaughn | Monmouth (Ill.) | 56.90q | 2 | | |
| 4 | Holmes, Payton | Monmouth (Ill.) | 57.90q | 2 | | |

2016 Midwest Conference Championships - 5/13/2016 to 5/14/2016**Ash Park Stadium****Results****....Men 400 Meter Hurdles**

| | | | | |
|----|------------------|------------------|----------|---|
| 5 | Feuerstein, Jack | St. Norbert | 58.86q | 1 |
| 6 | O'Connor, Carl | Monmouth (Ill.) | 59.28q | 2 |
| 7 | Kreiser, Matt | Beloit | 1:00.21q | 1 |
| 8 | Roll, Cody | St. Norbert | 1:00.30q | 2 |
| 9 | Gallagher, John | Grinnell | 1:00.90 | 1 |
| 10 | Sandacz, Dan | Lawrence | 1:01.01 | 2 |
| 11 | Butler, Daniel | St. Norbert | 1:01.61 | 1 |
| 12 | Braun, Jonathan | Grinnell | 1:01.68 | 2 |
| 13 | Peterson, Todd | Ripon | 1:03.31 | 1 |
| 14 | Salinas, Sammy | Illinois College | 1:04.87 | 2 |

Men 400 Meter Hurdles

MEET: M 51.75 2011 Logan Hohl, Monmouth

| Name | Year | School | Finals | Points | |
|--------|------|-------------------|-----------------|---------|----|
| Finals | | | | | |
| 1 | | Gutierrez, Jose | Beloit | 55.62 | 10 |
| 2 | | Gentzler, Vaughn | Monmouth (Ill.) | 56.14 | 8 |
| 3 | | Holmes, Payton | Monmouth (Ill.) | 57.69 | 6 |
| 4 | | Kreiser, Matt | Beloit | 57.74 | 5 |
| 5 | | O'Connor, Carl | Monmouth (Ill.) | 59.69 | 4 |
| 6 | | Feuerstein, Jack | St. Norbert | 59.94 | 3 |
| 7 | | Roll, Cody | St. Norbert | 1:00.69 | 2 |
| 8 | | Van Saders, Chris | Carroll | 1:04.00 | 1 |

Men 3000 Meter Steeplechase

RANDOM WATERFALL START

MEET: M 9:08.31 2005 Zach Barr, Monmouth

| Name | Year | School | Finals | Points | |
|------|------|---------------------|-----------------|----------|---------------|
| 1 | | DeGroot, Kieran | Carroll | 9:35.95 | 10 |
| 2 | | Sundberg, Jacob | Carroll | 9:41.87 | 8 |
| 3 | | Reigh, Dan | St. Norbert | 9:54.00 | 6 |
| 4 | | Stoll, Zachary | Cornell College | 9:54.67 | 5 |
| 5 | | Wittmershaus, Jacob | St. Norbert | 10:02.97 | 4 |
| 6 | | Horan, Tucker | Cornell College | 10:04.38 | 3 |
| 7 | | Bland, Tyler | Monmouth (Ill.) | 10:05.41 | 2 |
| 8 | | Torres, Alberto | Beloit | 10:17.12 | 1 |
| 9 | | Atkins, Jordan | Lawrence | 10:23.03 | |
| 10 | | Jensen, Joshua | Grinnell | 10:36.76 | |
| 11 | | Kortenhof, Teddy | Lawrence | 10:47.20 | |
| 12 | | Engen, Carl-Lars | Beloit | 10:50.27 | |
| 13 | | Conrardy, Ryan | Cornell College | 10:52.64 | |
| 14 | | Allsop, Brandon | Monmouth (Ill.) | 11:00.19 | |
| 15 | | Mundell, Lex | Grinnell | 11:03.59 | |
| 16 | | Healey, Aidan | Grinnell | 11:07.09 | |
| -- | | Davies, Cam | Lawrence | DQ | RAN OFF TRACK |

2016 Midwest Conference Championships - 5/13/2016 to 5/14/2016**Ash Park Stadium****Results****Men 4x100 Meter Relay**

| ===== | | | |
|--|-------------------------|------------|-----------|
| MEET: M 41.24 2014 | | , Monmouth | |
| A. Parr, E. Brown, K. Green, J. Wilson | | | |
| School | | Finals | H# Points |
| ===== | | | |
| 1 Monmouth (Ill.) 'A' | | 41.70 | 2 10 |
| 1) Williams, Timmy | 2) Trainor, Matthew | | |
| 3) Parr, Adam | 4) Wilson, James | | |
| 2 St. Norbert 'A' | | 42.34 | 2 8 |
| 1) Lewis, Tyler | 2) O'Brien, Colin | | |
| 3) Gregory, Jon | 4) Grandlic, Ryan | | |
| 3 Illinois College 'A' | | 43.18 | 2 6 |
| 1) Kruzan, Brian | 2) Peifer, Brett | | |
| 3) Rybolt, Caleb | 4) Aiello, Dominic | | |
| 4 Knox 'A' | | 43.41 | 2 5 |
| 1) Ofori-Boadi, Shadrack | 2) Hamilton, Malik | | |
| 3) Holmes, Martwain | 4) Malafa, Trezher Njoh | | |
| 5 Carroll 'A' | | 43.42 | 2 4 |
| 1) Farnsworth, Cody | 2) Merriweather, Mikal | | |
| 3) Marusic, Samuel | 4) Harter, Austin | | |
| 6 Cornell College 'A' | | 43.49 | 2 3 |
| 1) Newbold, Husani | 2) MacDowell, Blake | | |
| 3) Spradley, Milton | 4) Proby, Jordan | | |
| 7 Ripon 'A' | | 43.62 | 2 2 |
| 1) Baus, Jacob | 2) Hall, Ian | | |
| 3) Mherete, Mherete | 4) Silloway, Nathan | | |
| 8 Beloit 'A' | | 44.56 | 1 1 |
| 1) Kreiser, Matt | 2) Gutierrez, Jose | | |
| 3) Walker, Dewight | 4) Dorman, Jason | | |
| 9 Grinnell 'A' | | 44.65 | 1 |
| 1) Hardman, Ed | 2) Braun, Jonathan | | |
| 3) Ogasawara, Ibuki | 4) Silvia, Colton | | |
| 10 Lawrence 'A' | | 46.38 | 1 |
| 1) Herman, Tyler | 2) Berry, Stephon | | |
| 3) Hetcher, Wes | 4) Walker, Jake | | |

Men 4x400 Meter Relay

| ===== | | | |
|------------------------|------------------------|------------------------------|-----------|
| THREE TURN STAGGER | | | |
| MEET: M 3:15.47 | | 2009 Monmouth, 2015 Monmouth | |
| School | | Finals | H# Points |
| ===== | | | |
| 1 St. Norbert 'A' | | 3:22.86 | 2 10 |
| 1) Gregory, Jon | 2) Livingston, Austin | | |
| 3) Grandlic, Ryan | 4) Lewis, Tyler | | |
| 2 Carroll 'A' | | 3:24.02 | 2 8 |
| 1) Janca, Mitchel | 2) Merriweather, Mikal | | |
| 3) Marusic, Samuel | 4) Marton, Grant | | |
| 3 Ripon 'A' | | 3:24.06 | 2 6 |
| 1) Baus, Jacob | 2) Allen, Michael | | |
| 3) Daughtry, David | 4) Hall, Ian | | |
| 4 Cornell College 'A' | | 3:24.25 | 2 5 |
| 1) Newbold, Husani | 2) Bundy, Nick | | |
| 3) Berube, Ethan | 4) MacDowell, Blake | | |
| 5 Illinois College 'A' | | 3:25.03 | 2 4 |
| 1) Rieke, Jaxon | 2) Aiello, Dominic | | |

2016 Midwest Conference Championships - 5/13/2016 to 5/14/2016**Ash Park Stadium****Results****Men Long Jump**

3 Prelims, 3 Finals 9 Athletes to Finals

Event to Follow Women's Long Jump

MEET: M 24-03 2009 DJ Jackson, Illinois College

| Name | Year | School | Finals | Wind | Points |
|---------------------|------|------------------|---|------|----------------|
| 1 Wilson, James | | Monmouth (Ill.) | 6.97m | 0.3 | 22-10.50 10 |
| | | | 6.72m(0.7) 6.80m(-0.3) 6.97m(0.3) FOUL | | FOUL FOUL FOUL |
| 2 MacDowell, Blake | | Cornell College | 6.61m | 0.4 | 21-08.25 8 |
| | | | 5.97m(0.3) 6.00m(0.3) 6.37m(0.5) 6.16m(0.5) 6.40m(0.6) 6.61m(0.4) | | |
| 3 Ray, Austin | | Monmouth (Ill.) | 6.50m | 0.4 | 21-04.00 6 |
| | | | FOUL 6.13m(-0.8) 6.15m(0.3) 6.41m(0.5) 6.21m(0.5) 6.50m(0.4) | | |
| 4 Boockmeier, Brad | | St. Norbert | 6.20m | 0.4 | 20-04.25 5 |
| | | | FOUL 6.20m(0.4) FOUL FOUL FOUL 6.16m(0.3) | | |
| 5 Schlichter, Kevin | | St. Norbert | 6.14m | 0.8 | 20-01.75 4 |
| | | | 5.97m(0.4) 6.02m(0.5) 6.14m(0.8) 5.83m(0.7) 5.98m(0.6) 6.02m(0.5) | | |
| 6 Peifer, Brett | | Illinois College | 6.11m | -0.5 | 20-00.50 3 |
| | | | 6.11m(-0.5) 6.03m(1.0) 5.84m(0.6) 6.02m(0.4) PASS | | PASS |
| 7 Some, Anaanou | | Ripon | 6.07m | 0.8 | 19-11.00 2 |
| | | | 5.82m(0.3) 5.79m(0.4) 6.00m(0.3) 5.77m(0.3) FOUL | | 6.07m(0.8) |
| 8 Hall, Ian | | Ripon | 6.06m | -0.4 | 19-10.75 1 |
| | | | 5.93m(0.3) 5.87m(0.3) 6.06m(-0.4) PASS | | PASS PASS |
| 9 Harris, Caleb | | Illinois College | 6.04m | 0.8 | 19-09.75 |
| | | | FOUL 6.04m(0.8) 5.92m(0.3) 6.01m(0.3) FOUL | | 6.03m(0.7) |
| 10 Harter, Austin | | Carroll | 6.01m | 0.6 | 19-08.75 |
| | | | FOUL FOUL 6.00m(0.6) FOUL 5.90m(0.4) 6.01m(0.6) | | |
| 11 Albi, Mike | | Monmouth (Ill.) | 5.93m | -0.4 | 19-05.50 |
| | | | 5.93m(-0.4) 5.93m(-0.4) FOUL | | |
| 12 Lemens, Tyler | | St. Norbert | 5.80m | 0.4 | 19-00.50 |
| | | | FOUL 5.80m(0.4) FOUL | | |
| 13 Hardman, Ed | | Grinnell | 5.74m | 0.3 | 18-10.00 |
| | | | FOUL 5.71m(-0.5) 5.74m(0.3) | | |
| 14 Buechner, Max | | Carroll | 5.47m | 0.3 | 17-11.50 |
| | | | 5.47m(0.3) 4.83m(0.3) FOUL | | |
| 15 Walker, Dewight | | Beloit | 5.44m | 0.8 | 17-10.25 |
| | | | 5.38m(-0.3) 5.44m(0.8) 5.41m(0.3) | | |
| 16 Westrich, Jake | | Beloit | 5.44m | 0.3 | 17-10.25 |
| | | | 5.44m(0.3) 5.31m(0.5) 5.41m(-0.3) | | |
| 17 Felker, Randy | | Carroll | 5.25m | 0.5 | 17-02.75 |
| | | | 4.96m(-0.3) 5.25m(0.5) 5.16m(0.4) | | |
| 18 Whiting, Kaleb | | Cornell College | 4.88m | 0.4 | 16-00.25 |
| | | | 4.87m(0.4) FOUL 4.88m(0.4) | | |

Men Triple Jump

3 Prelims, 3 Finals 9 Athletes to Finals

MEET: M 48-10.25 1982 Chuck Meyer, Coe

| Name | Year | School | Finals | Wind | Points |
|--------------------|------|-----------------|---|------|--------------------------|
| 1 Wilson, James | | Monmouth (Ill.) | 14.03m | -0.9 | 46-00.50 10 |
| | | | FOUL FOUL 14.03m(-0.9) PASS | | PASS PASS |
| 2 Some, Anaanou | | Ripon | 13.22m | -1.0 | 43-04.50 8 |
| | | | 12.98m(0.3) 13.22m(-1.0) 13.22m(-1.7) FOUL | | 12.59m(1.0) 12.72m(-1.2) |
| 3 Trainor, Matthew | | Monmouth (Ill.) | 12.83m | -0.5 | 42-01.25 6 |
| | | | 12.36m(-0.5) 12.72m(1.2) 12.71m(-1.1) 12.14m(-0.8) FOUL | | 12.83m(-0.5) |

2016 Midwest Conference Championships - 5/13/2016 to 5/14/2016**Ash Park Stadium****Results****....Men Triple Jump**

| | | | | | | |
|----|------------------|------------------|--------------|--------------|--------------|--------------|
| 4 | Fisher, Jordan | Monmouth (Ill.) | 12.60m | 0.4 | 41-04.25 | 5 |
| | 12.05m(0.5) | 12.40m(0.6) | 12.38m(-0.4) | 12.60m(0.4) | 12.28m(1.1) | 12.20m(-0.8) |
| 5 | Harris, Caleb | Illinois College | 12.49m | -0.9 | 40-11.75 | 4 |
| | FOUL | FOUL | 12.42m(+0.0) | FOUL | FOUL | 12.49m(-0.9) |
| 6 | Buechner, Max | Carroll | 12.38m | -0.6 | 40-07.50 | 3 |
| | FOUL | 12.38m(-0.6) | FOUL | 11.99m(-0.8) | FOUL | 12.18m(-0.3) |
| 7 | Walker, Dewight | Beloit | 12.23m | -0.7 | 40-01.50 | 2 |
| | 11.35m(-0.4) | 11.63m(-1.1) | 12.23m(-0.7) | 11.58m(-2.2) | 11.49m(-1.0) | 11.89m(1.0) |
| 8 | Ogasawara, Ibuki | Grinnell | 12.03m | -0.6 | 39-05.75 | 1 |
| | 11.84m(0.6) | 11.98m(-0.9) | 12.01m(-0.8) | 11.24m(-1.9) | 11.33m(-1.1) | 12.03m(-0.6) |
| 9 | Harter, Austin | Carroll | 12.02m | -1.7 | 39-05.25 | |
| | FOUL | FOUL | 11.95m(2.4) | PASS | 11.97m(0.7) | 12.02m(-1.7) |
| 10 | Grandlic, Ryan | St. Norbert | 11.76m | 0.8 | 38-07.00 | |
| | 11.76m(0.8) | 11.74m(-1.1) | PASS | | | |
| 11 | Peterson, Todd | Ripon | 11.64m | -0.9 | 38-02.25 | |
| | 11.54m(1.0) | 11.64m(-0.9) | 11.64m(-1.2) | | | |
| 12 | Lemens, Tyler | St. Norbert | 11.58m | -0.6 | 38-00.00 | |
| | FOUL | 11.58m(-0.6) | FOUL | | | |
| 13 | Heschke, Travis | St. Norbert | 11.48m | 0.5 | 37-08.00 | |
| | 11.40m(-1.1) | FOUL | 11.48m(0.5) | | | |

Men Shot Put

| ===== | | | | | | | |
|--|----------------------|------------------|--------|--------|----------|--------|------|
| 3 Prelims, 3 Finals 9 Athletes to Finals | | | | | | | |
| MEET: M 54-10 2014 Zach Beek, Ripon | | | | | | | |
| Name | Year School | | | Finals | Points | | |
| ===== | | | | | | | |
| 1 | Maurer, Logan | Ripon | | 16.30m | 53-05.75 | 10 | |
| | FOUL | FOUL | 15.29m | 16.19m | 16.30m | FOUL | |
| 2 | Zilaitis, Charles | Cornell College | | 16.18m | 53-01.00 | 8 | |
| | 15.01m | 15.50m | 16.18m | 15.93m | FOUL | | FOUL |
| 3 | Stockwell, Brady | Ripon | | 15.49m | 50-10.00 | 6 | |
| | 14.74m | FOUL | 14.26m | 14.93m | 15.49m | FOUL | |
| 4 | Boockmeier, Brad | St. Norbert | | 15.03m | 49-03.75 | 5 | |
| | 15.03m | FOUL | 13.66m | 14.30m | 14.34m | FOUL | |
| 5 | DiBenedetto, Dominic | St. Norbert | | 14.56m | 47-09.25 | 4 | |
| | FOUL | 14.56m | FOUL | FOUL | FOUL | FOUL | |
| 6 | Stelter-Hogh, Frank | Ripon | | 14.29m | 46-10.75 | 3 | |
| | 13.16m | 14.01m | 13.40m | 14.28m | 14.29m | 13.90m | |
| 7 | Broyles, Evan | St. Norbert | | 14.25m | 46-09.00 | 2 | |
| | FOUL | 14.17m | 14.25m | 13.75m | FOUL | 13.85m | |
| 8 | McGlauchlen, Brennan | Knox | | 14.02m | 46-00.00 | 1 | |
| | 13.14m | 13.16m | 14.02m | 13.47m | 13.58m | 13.83m | |
| 9 | Nance, Kyle | Illinois College | | 13.92m | 45-08.00 | | |
| | 13.56m | FOUL | FOUL | 13.41m | FOUL | 13.92m | |
| 10 | May, Jakob | Cornell College | | 13.07m | 42-10.75 | | |
| | FOUL | 13.07m | 13.01m | | | | |
| 11 | Shannon, Lee | Carroll | | 12.89m | 42-03.50 | | |
| | 12.78m | 12.89m | 12.35m | | | | |
| 12 | Stillwell, Ben | Monmouth (Ill.) | | 12.69m | 41-07.75 | | |
| | 12.16m | 12.43m | 12.69m | | | | |
| 13 | Deushane, Nathan | Illinois College | | 12.51m | 41-00.50 | | |
| | FOUL | FOUL | 12.51m | | | | |
| 14 | Straughan, Jackson | Lawrence | | 12.19m | 40-00.00 | | |
| | 11.50m | 11.96m | 12.19m | | | | |

2016 Midwest Conference Championships - 5/13/2016 to 5/14/2016

Ash Park Stadium

Results

....Men Shot Put

| | | | | |
|----|----------------------|------------------|--------|----------|
| 15 | Burger, Ben | Monmouth (Ill.) | 12.07m | 39-07.25 |
| | 12.07m 12.05m 11.90m | | | |
| 16 | Hagen, Josh | Cornell College | 12.01m | 39-05.00 |
| | FOUL FOUL 12.01m | | | |
| 17 | Hong, Paul | Lawrence | 9.99m | 32-09.50 |
| | 9.22m 9.99m FOUL | | | |
| 18 | Revai, Dakotah | Beloit | 9.41m | 30-10.50 |
| | 9.41m PASS PASS | | | |
| 19 | Geraghty, Jimmy | Lawrence | 9.36m | 30-08.50 |
| | 9.32m 8.63m 9.36m | | | |
| 20 | Strawbridge, Michael | Beloit | 8.60m | 28-02.75 |
| | 8.60m 8.34m 8.44m | | | |
| -- | Taylor, Brenden | Beloit | FOUL | |
| | FOUL FOUL FOUL | | | |
| -- | Hintz, John | Monmouth (Ill.) | FOUL | |
| | FOUL FOUL FOUL | | | |
| -- | Roller, John | Illinois College | FOUL | |
| | FOUL FOUL FOUL | | | |
| -- | Paul, Jacob | Knox | DNS | |

Men Discus Throw

3 Prelims, 3 Finals 9 Athletes to Finals

MEET: M 166-04 1977 Ron Wopat

| Name | Year | School | Finals | Points |
|------|---|------------------|--------|-----------|
| 1 | Roller, John | Illinois College | 45.55m | 149-05 10 |
| | FOUL 41.99m 39.24m 45.55m 43.83m FOUL | | | |
| 2 | Stockwell, Brady | Ripon | 44.94m | 147-05 8 |
| | 44.94m FOUL 43.84m 42.58m 41.73m FOUL | | | |
| 3 | Broyles, Evan | St. Norbert | 44.90m | 147-04 6 |
| | 44.90m 41.61m 42.24m 41.37m 41.00m 39.81m | | | |
| 4 | Zilaitis, Charles | Cornell College | 44.42m | 145-09 5 |
| | 42.87m 44.42m 42.61m 42.97m FOUL FOUL | | | |
| 5 | Hintz, John | Monmouth (Ill.) | 44.27m | 145-03 4 |
| | 42.11m 44.27m FOUL 43.88m FOUL 38.82m | | | |
| 6 | Stelter-Hogh, Frank | Ripon | 42.06m | 138-00 3 |
| | 36.47m 42.06m 40.15m FOUL FOUL FOUL | | | |
| 7 | Deushane, Nathan | Illinois College | 42.05m | 137-11 2 |
| | 37.63m 37.88m 42.05m 39.88m 39.60m FOUL | | | |
| 8 | Nance, Kyle | Illinois College | 41.99m | 137-09 1 |
| | FOUL 41.99m FOUL FOUL FOUL FOUL | | | |
| 9 | Maurer, Logan | Ripon | 41.85m | 137-04 |
| | 39.11m 41.85m FOUL 41.02m FOUL FOUL | | | |
| 10 | Shannon, Lee | Carroll | 39.88m | 130-10 |
| | 36.51m 37.66m 39.88m | | | |
| 11 | Ballweg, Jacob | St. Norbert | 38.52m | 126-04 |
| | 38.52m FOUL FOUL | | | |
| 12 | King, Nathan | St. Norbert | 38.28m | 125-07 |
| | 34.10m FOUL 38.28m | | | |
| 13 | Sullens, Zane | Monmouth (Ill.) | 37.07m | 121-07 |
| | 37.07m FOUL FOUL | | | |
| 14 | Evans, Colton | Monmouth (Ill.) | 36.22m | 118-10 |
| | 36.22m 34.01m 35.37m | | | |

2016 Midwest Conference Championships - 5/13/2016 to 5/14/2016

Ash Park Stadium

Results

....Men Discus Throw

| | | | |
|-------------------------|-----------------|--------|--------|
| 15 Szyszka, Ken | Carroll | 35.11m | 115-02 |
| 33.88m 34.14m 35.11m | | | |
| 16 Taylor, Brenden | Beloit | 34.81m | 114-02 |
| 34.81m FOUL FOUL | | | |
| 17 Revai, Dakotah | Beloit | 34.46m | 113-01 |
| FOUL FOUL 34.46m | | | |
| 18 McGlauchlen, Brennan | Knox | 34.11m | 111-11 |
| 32.33m 34.11m FOUL | | | |
| 19 Hagen, Josh | Cornell College | 33.91m | 111-03 |
| FOUL 33.91m FOUL | | | |
| 20 Gustafson, Jack | Grinnell | 32.21m | 105-08 |
| 29.75m 32.21m 31.49m | | | |
| 21 Page, James | Grinnell | 30.56m | 100-03 |
| 30.56m FOUL 27.29m | | | |
| 22 Manikham, Andrew | Carroll | 29.98m | 98-04 |
| 26.84m FOUL 29.98m | | | |
| 23 Hong, Paul | Lawrence | 27.32m | 89-07 |
| FOUL 26.59m 27.32m | | | |
| 24 Strawbridge, Michael | Beloit | 22.72m | 74-06 |
| FOUL 22.72m FOUL | | | |
| 25 Geraghty, Jimmy | Lawrence | 20.88m | 68-06 |
| 20.88m FOUL 18.71m | | | |
| -- Straughan, Jackson | Lawrence | FOUL | |
| FOUL FOUL FOUL | | | |
| -- Paul, Jacob | Knox | DNS | |

Men Hammer Throw

=====

3 Prelims, 3 Finals 9 Athletes to Finals
 MEET: M 191-10 2012 Adam Sellner, Ripon

| Name | Year | School | Finals | Points |
|---|------|------------------|--------|-----------|
| 1 Stelter-Hogh, Frank | | Ripon | 53.15m | 174-04 10 |
| 50.79m 52.02m 51.07m 52.78m 53.15m FOUL | | | | |
| 2 Zilaitis, Charles | | Cornell College | 52.01m | 170-08 8 |
| 50.56m 52.01m 49.70m 48.20m 49.20m FOUL | | | | |
| 3 Burger, Ben | | Monmouth (Ill.) | 49.83m | 163-06 6 |
| 48.25m 49.83m 49.04m FOUL 46.08m 49.21m | | | | |
| 4 Hintz, John | | Monmouth (Ill.) | 48.65m | 159-07 5 |
| 48.65m 47.68m 47.77m 45.83m 45.42m FOUL | | | | |
| 5 Roller, John | | Illinois College | 48.61m | 159-06 4 |
| 46.98m 48.61m 48.08m 48.50m FOUL 46.91m | | | | |
| 6 McGlauchlen, Brennan | | Knox | 47.97m | 157-04 3 |
| 45.23m 46.55m 46.65m 47.97m FOUL FOUL | | | | |
| 7 Sullens, Zane | | Monmouth (Ill.) | 46.85m | 153-08 2 |
| FOUL 46.85m 46.29m 43.22m 43.14m 41.95m | | | | |
| 8 May, Jakob | | Cornell College | 46.56m | 152-09 1 |
| 44.02m FOUL 44.83m 43.56m 46.13m 46.56m | | | | |
| 9 Revai, Dakotah | | Beloit | 45.88m | 150-06 |
| FOUL 45.88m 44.34m FOUL 45.07m FOUL | | | | |
| 10 Broyles, Evan | | St. Norbert | 44.73m | 146-09 |
| 43.71m 44.73m 44.52m | | | | |
| 11 Straughan, Jackson | | Lawrence | 44.30m | 145-04 |
| 44.30m 43.61m 43.57m | | | | |

2016 Midwest Conference Championships - 5/13/2016 to 5/14/2016

Ash Park Stadium

Results

....Men Hammer Throw

| | | | |
|----------------------|------------------|--------|--------|
| 12 Shannon, Lee | Carroll | 44.02m | 144-05 |
| 43.35m 43.73m 44.02m | | | |
| 13 Szyszka, Ken | Carroll | 42.31m | 138-10 |
| 39.76m 42.31m 39.48m | | | |
| 14 Deushane, Nathan | Illinois College | 40.08m | 131-06 |
| 38.04m FOUL 40.08m | | | |
| 15 Taylor, Brenden | Beloit | 38.38m | 125-11 |
| 38.38m FOUL FOUL | | | |
| 16 Davis, Ryan | Grinnell | 34.50m | 113-02 |
| 32.44m 33.99m 34.50m | | | |
| 17 Gustafson, Jack | Grinnell | 34.37m | 112-09 |
| 32.10m 31.81m 34.37m | | | |
| 18 Hagen, Josh | Cornell College | 34.04m | 111-08 |
| FOUL 33.02m 34.04m | | | |
| 19 Page, James | Grinnell | 33.92m | 111-03 |
| 31.42m 33.92m 33.82m | | | |
| 20 Manikham, Andrew | Carroll | 31.91m | 104-08 |
| FOUL FOUL 31.91m | | | |
| 21 Geraghty, Jimmy | Lawrence | 30.78m | 101-00 |
| 30.78m FOUL FOUL | | | |
| 22 Hong, Paul | Lawrence | 27.17m | 89-02 |
| 27.17m 24.58m 25.74m | | | |
| -- Stockwell, Brady | Ripon | FOUL | |
| FOUL FOUL FOUL | | | |
| -- Paul, Jacob | Knox | DNS | |

Men Javelin Throw

=====

3 Prelims, 3 Finals 9 Athletes to Finals

MEET: M 198-03 1992 Dave Hillis, Monmouth

| Name | Year | School | Finals | Points |
|---|------|------------------|--------|-----------|
| 1 Bess, Brant | | Illinois College | 56.86m | 186-06 10 |
| 55.32m 54.71m 48.93m 51.15m 56.86m FOUL | | | | |
| 2 Boockmeier, Brad | | St. Norbert | 53.04m | 174-00 8 |
| 45.50m 44.23m 48.55m 39.53m 47.09m 53.04m | | | | |
| 3 Elston, Don | | Illinois College | 50.77m | 166-07 6 |
| 47.55m 50.77m FOUL 40.60m 40.40m 44.53m | | | | |
| 4 Stelter-Hogh, Frank | | Ripon | 49.48m | 162-04 5 |
| 47.05m 48.06m 49.48m FOUL FOUL FOUL | | | | |
| 5 Grandlic, Ryan | | St. Norbert | 48.44m | 158-11 4 |
| 47.10m 45.59m 48.44m PASS PASS PASS | | | | |
| 6 Zilaitis, Charles | | Cornell College | 46.72m | 153-03 3 |
| FOUL 42.07m 45.30m 46.72m FOUL 45.48m | | | | |
| 7 Page, James | | Grinnell | 46.19m | 151-06 2 |
| 43.63m 40.55m 44.71m 44.81m 46.19m 43.71m | | | | |
| 8 Brown, Raheem | | Monmouth (Ill.) | 45.19m | 148-03 1 |
| 45.19m 42.03m 44.61m 44.90m 40.55m 43.48m | | | | |
| 9 Straughan, Jackson | | Lawrence | 44.66m | 146-06 |
| 44.66m 39.28m 39.18m 44.48m 41.55m 40.27m | | | | |
| 10 Stahl, Max | | Lawrence | 43.24m | 141-10 |
| 43.24m 38.78m 42.19m | | | | |
| 11 Kreiser, Matt | | Beloit | 43.23m | 141-10 |
| 39.49m 43.23m FOUL | | | | |

2016 Midwest Conference Championships - 5/13/2016 to 5/14/2016**Ash Park Stadium****Results****....Men Javelin Throw**

| | | | |
|-------------------------|-----------------|--------|--------|
| 12 Hetcher, Wes | Lawrence | 42.32m | 138-10 |
| 40.52m 37.92m 42.32m | | | |
| 13 Revai, Dakotah | Beloit | 40.79m | 133-10 |
| 39.91m FOUL 40.79m | | | |
| 14 Sullens, Zane | Monmouth (Ill.) | 40.66m | 133-05 |
| 35.50m 40.66m 35.96m | | | |
| 15 Manikham, Andrew | Carroll | 40.45m | 132-08 |
| 38.48m 40.45m 39.04m | | | |
| 16 May, Jakob | Cornell College | 40.31m | 132-03 |
| 38.99m 39.13m 40.31m | | | |
| 17 Stockwell, Brady | Ripon | 39.96m | 131-01 |
| 39.96m FOUL 38.14m | | | |
| 18 Whiting, Kaleb | Cornell College | 39.73m | 130-04 |
| 39.73m 37.89m FOUL | | | |
| 19 Some, Anaanou | Ripon | 39.10m | 128-03 |
| 37.39m 39.10m FOUL | | | |
| 20 Lewis, Tyler | St. Norbert | 38.26m | 125-06 |
| FOUL FOUL 38.26m | | | |
| 21 Zimmerman, Ty | Carroll | 37.55m | 123-02 |
| 32.52m 37.55m 35.51m | | | |
| 22 Gustafson, Jack | Grinnell | 37.23m | 122-02 |
| 37.23m 32.92m 33.62m | | | |
| 23 Fisher, Jordan | Monmouth (Ill.) | 36.48m | 119-08 |
| 36.48m 35.75m 34.52m | | | |
| 24 McGlauchlen, Brennan | Knox | 36.38m | 119-04 |
| FOUL 32.76m 36.38m | | | |
| 25 Strawbridge, Michael | Beloit | 29.46m | 96-08 |
| 26.79m 29.35m 29.46m | | | |

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Women - Team Rankings - 20 Events Scored

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| | | | |
|--------------------|-----|---------------------|-----|
| 1) St. Norbert | 236 | 2) Monmouth (Ill.) | 144 |
| 3) Cornell College | 131 | 4) Carroll | 77 |
| 5) Grinnell | 58 | 6) Ripon | 48 |
| 7) Beloit | 46 | 8) Illinois College | 18 |
| 9) Knox | 16 | 10) Lawrence | 6 |

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Men - Team Rankings - 20 Events Scored

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| | | | |
|---------------------|-------|--------------------|--------|
| 1) Monmouth (Ill.) | 193 | 2) St. Norbert | 129.50 |
| 3) Ripon | 94 | 4) Cornell College | 81 |
| 5) Carroll | 75.50 | 6) Grinnell | 66 |
| 7) Illinois College | 64 | 8) Beloit | 45 |
| 9) Lawrence | 20 | 10) Knox | 12 |