

2016 Cornell Invite - 4/9/2016

Ash Park Stadium

Results

Event 1 Women 100 Meter Dash

ROLLING SCHEDULE

Name	School	Finals		
Finals				
1 Carradine, Erica	Clarke	12.85	10	
2 Dansdill, Maggie	Wheaton (Ill	13.13	8	
3 Francois, Kiki	Wheaton (Ill	13.24	6	
4 Brown, Natasha	Wheaton (Ill	13.25	5	
5 Lampe, Sarah	St. Ambrose	13.27	4	
6 Lahart, Kellie	unattached	13.30	3	
7 Nolting, Anne	St. Ambrose	13.47	2	
8 LaBrecque, Hannah	St. Ambrose	13.52	1	
9 Maddaus, Jordan	Grinnell	13.53	0.4	
10 Perez, Mary	St. Ambrose	x13.54	-1.2	
11 Ifft, Anna	Wheaton (Ill	x13.77	0.4	
12 James, MacKenzie	Simpson (Iow	13.97	1.9	
13 Franzen, Deidre	Cornell Coll	13.97	1.9	
14 Bachman, Annalise	Wheaton (Ill	x13.99	1.9	
15 Kessel, Hanna	Grinnell	14.04	1.9	
16 Lovan, Audrey	Simpson (Iow	14.09	1.9	
17 Hunt, Holly	Clarke	14.24	1.9	
18 Bresnahan, Cara	Grinnell	14.43	0.2	
19 Osterberger, Allie	Coe	14.45	0.4	
20 Reinertson, Rebecca	Faith Baptis	14.72	0.2	
21 McCarthy, Clare	Cornell Coll	14.88	0.2	
22 Schmiechen, Alex	Grinnell	x15.10	0.2	
23 Ledvina, Donna	unattached	15.34	0.2	
24 Cryder, Rebekah	Wheaton (Ill	x15.51	0.4	

Event 2 Men 100 Meter Dash

ROLLING SCHEDULE

Name	School	Finals		
Finals				
1 Wheatley, Emmitt	Simpson (Iow	11.38	10	
2 Tupper, Travis	Simpson (Iow	11.47	8	
3 Jergens, Davey	Simpson (Iow	11.49	6	
4 Fontenot, Denni's	St. Ambrose	11.58	5	
5 Ajose, Dayo	unattached	11.59	4	
6 Gray, Rayvon	North Iowa A	11.64	3	
7 Spradley, Milton	Cornell Coll	11.78	2	
8 Garza, Michael	unattached	11.80	1	
9 Harper, Demetrius	Coe	11.89	NWI	
10 Hardman, Ed	Grinnell	11.90	2.0	
11 Nissen, Zach	Simpson (Iow	x11.95	1.8	
12 Smith, Marcus	Wheaton (Ill	11.97	2.0	
13 Drew, Josh	St. Ambrose	12.00	1.8	
14 Debord, Rasheed	St. Ambrose	12.02	3.3	
15 Jones, Shaquille	St. Ambrose	x12.09	1.8	
16 Braun, Jonathan	Grinnell	12.15	1.8	
17 Hoshino, Alex	Wheaton (Ill	12.18	NWI	
18 Blickenderfer, Blake	North Iowa A	12.19	3.3	
19 Duarte, Abraham	Wheaton (Ill	12.55	NWI	
20 Corzine, Joe	Simpson (Iow	x12.58	1.8	
21 Ogasawara, Ibuki	Grinnell	12.69	3.3	
22 Henkel, Derek	St. Ambrose	x12.78	3.3	

23 Bolster, Henry	Grinnell	x12.85	3.3
24 Gallagher, John	Grinnell	x13.12	3.3
25 Bellows, Josh	Unattached	13.76	3.3
26 Cressey, Micah	Faith Baptis	14.06	NWI

Event 3 Women 200 Meter Dash

ROLLING SCHEDULE

Name	School	Finals		
Finals				
1 Branch, Bri'anna	Mount Mercy	25.99	10	
2 Dansdill, Maggie	Wheaton (Ill	26.90	8	
3 Brown, Natasha	Wheaton (Ill	27.27	6	
4 Nolting, Anne	St. Ambrose	27.58	5	
5 Strunk, Sydney	Cornell Coll	27.71	4	
6 Clark, ShaRhonda	Mount Mercy	27.81	3	
7 Francois, Kiki	Wheaton (Ill	27.84	2	
8 Lahart, Kellie	unattached	27.88	1	
9 Maddaus, Jordan	Grinnell	27.90	1.7	
10 Baloch, Aminah	Mount Mercy	27.90	1.7	
11 Perez, Mary	St. Ambrose	27.93	2.5	
12 Nelson, Sarah	Wheaton (Ill	x27.94	1.8	
13 Gridiron, Jade	Mount Mercy	x28.00	2.5	
14 Roth, Sam	St. Ambrose	28.00	1.8	
15 Williams, Alexus	Grinnell	28.11	1.5	
16 LaBrecque, Hannah	St. Ambrose	x28.22	2.5	
17 Schnoor, Libby	Cornell Coll	28.23	1.8	
18 Chandler, Raeshonda	Mount Mercy	x28.23	1.7	
19 Osterberger, Allie	Coe	28.25	1.5	
20 Walton, Hanna	Wheaton (Ill	x28.31	1.8	
21 James, MacKenzie	Simpson (Iow	28.46	1.8	
22 Gilbert, Katie	Cornell Coll	28.57	1.5	
23 Sanders, Makenna	Wheaton (Ill	x28.61	1.5	
24 Corcoran, Keeghan	Simpson (Iow	28.77	1.5	
25 Flanders, Charlette	St. Ambrose	x28.78	1.8	
26 Franzen, Deidre	Cornell Coll	x28.79	1.5	
27 Kessel, Hanna	Grinnell	29.04	1.7	
28 Ifft, Anna	Wheaton (Ill	x29.05	0.1	
29 Burgus, Elizabeth	Simpson (Iow	29.12	1.7	
30 Lovan, Audrey	Simpson (Iow	x29.41	1.5	
31 Foxhoven, Cassidy	Wheaton (Ill	x29.53	1.5	
32 Hunt, Holly	Clarke	29.65	1.8	
33 Rule, Shay	Cornell Coll	x29.68	0.1	
34 Buell, Katie	Wheaton (Ill	x30.28	1.8	
35 Daghfal, Melody	Wheaton (Ill	x30.28	2.3	
36 Bresnahan, Cara	Grinnell	x30.41	0.1	
37 Rael, Makala	Clarke	30.66	0.8	
38 Zweigart, Makayla	Mount Mercy	x30.67	0.8	
39 Reighard, McKenna	Mount Mercy	x30.79	0.8	
40 Zumbach, Taylor	Mount Mercy	x30.84	0.1	
41 Reinertson, Rebecca	Faith Baptis	31.07	0.1	
42 Riley, Kallihan	St. Ambrose	x31.09	0.8	
43 Schmiechen, Alex	Grinnell	x31.12	0.1	
44 Cooper, Taelor	St. Ambrose	x31.18	0.1	
45 Grell, Breann	Cornell Coll	x31.26	2.3	
46 Hulquist, Christine	Scott CC	31.35	1.8	
47 Jensen, Rebecca	Simpson (Iow	x31.44	2.3	

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Finals ... (Event 3 Women 200 Meter Dash)

Name	School	Finals
48 Anderson, Jessica	Clarke	31.72 1.8
49 Seger, Bailee	Mount Mercy	x31.85 2.3
50 Wang, Yule	Grinnell	x32.17 1.8
51 Schmiechen, Zoe	Grinnell	x32.22 0.8
52 Sandage, Sarah	Simpson (Iow	x32.40 0.8
53 Ledvina, Donna	unattached	33.15 1.8
54 Haralalka, Vedica	Grinnell	x34.13 1.8
55 Silverwood, Sierra	Grinnell	x34.78 0.8

Event 4 Men 200 Meter Dash**ROLLING SCHEDULE**

Name	School	Finals
Finals		
1 Kalinay, Dylan	Simpson (Iow	22.40 10
2 Cole, Brendan	Wheaton (Ill	22.52 8
3 Tupper, Travis	Simpson (Iow	22.76 6
4 Ferris, Matt	St. Ambrose	23.32 5
5 Gourley, Kelton	Indian Hills	23.39 4
6 Hardman, Ed	Grinnell	23.46 3
7 Fontenot, Denni's	St. Ambrose	23.52 2
8 Gray, Rayvon	North Iowa A	23.58 1
9 Wicks, Kirk	Simpson (Iow	23.74 1.9
10 Sarver, Ryan	Simpson (Iow	x23.85 -1.4
11 Proby, Jordan	Cornell Coll	23.86 1.5
12 Dombeck, Kyle	unattached	23.86 1.5
13 Jergens, Davey	Simpson (Iow	x23.97 1.9
14 Dorsey, Tommie	Cornell Coll	24.01 -1.4
15 Kuntz, Jonah	St. Ambrose	24.11 1.9
16 Spradley, Milton	Cornell Coll	24.11 -1.4
17 Harper, Demetrius	Coe	24.12 -1.4
18 Bundy, Nick	Cornell Coll	x24.17 -1.4
19 silvia, colton	Grinnell	24.18 1.9
20 Stamp, August	Mount Mercy	24.46 1.7
21 Jones, Shaquille	St. Ambrose	x24.65 1.5
22 Drew, Josh	St. Ambrose	x24.67 -1.4
23 Hoshino, Alex	Wheaton (Ill	24.72 1.7
23 Smith, Marcus	Wheaton (Ill	24.72 1.5
25 Braun, Jonathan	Grinnell	24.88 1.9
26 Nissen, Zach	Simpson (Iow	x24.95 1.7
27 Gonzalez, Rick	Mount Mercy	25.13 1.7
28 Henkel, Derek	St. Ambrose	x25.17 -1.4
29 Blickenderfer, Blake	North Iowa A	25.19 1.4
30 Koelling, John	unattached	25.30 1.5
31 Mettert, Reid	Clarke	25.31 1.7
32 Duarte, Abraham	Wheaton (Ill	x25.55 1.7
33 Pestka, Josh	Scott CC	25.63 1.4
34 Ogasawara, Ibuki	Grinnell	x25.81 1.9
35 Bolster, Henry	Grinnell	x25.93 1.4
36 Corzine, Joe	Simpson (Iow	x26.14 1.7
37 Bellows, Josh	Unattached	27.23 1.4
38 Cressey, Micah	Faith Baptis	29.42 1.4

Event 5 Women 400 Meter Dash**ROLLING SCHEDULE**

Name	School	Finals
Finals		
1 Cochrane, Emma	Cornell Coll	1:02.00 10
2 Rehder, Hannah	Clarke	1:03.22 8
3 Flanders, Charlette	St. Ambrose	1:03.56 6
4 Walton, Hanna	Wheaton (Ill	1:03.74 5
5 Buell, Katie	Wheaton (Ill	1:04.69 4
6 Benedict, Emilee	unattached	1:04.91 3
7 Duwa, Alexis	Mount Mercy	1:05.51 2
8 Williams, Alexus	Grinnell	1:06.99 1
9 Gronke, Jessica	Simpson (Iow	1:07.19
10 Daghfal, Melody	Wheaton (Ill	1:07.60
11 Stuba, Sam	unattached	1:08.05
12 Davis, Capria	Mount Mercy	1:08.50
13 Cooper, Taelor	St. Ambrose	1:09.65
14 Reinertson, Rebecca	Faith Baptis	1:10.55
15 Conway, Abi	Wheaton (Ill	x1:12.09
16 Riley, Kallihan	St. Ambrose	1:12.24
17 Wang, Yule	Grinnell	1:13.79
18 Haralalka, Vedica	Grinnell	1:19.96

Event 6 Men 400 Meter Dash**ROLLING SCHEDULE**

Name	School	Finals
Finals		
1 Ohioze, Michael	St. Ambrose	49.05 10
2 Hiben, Mark	Wheaton (Ill	49.28 8
3 Newbold, Husani	Cornell Coll	50.10 6
4 Wetterling, Chase	Simpson (Iow	50.66 5
5 Gourley, Kelton	Indian Hills	51.59 4
6 Pearson, Matt	Simpson (Iow	51.79 3
7 MacDowell, Blake	Cornell Coll	52.03 2
8 Krah, Prince	Simpson (Iow	52.11 1
9 Kuntz, Jonah	St. Ambrose	52.23
10 Koelling, John	unattached	52.26
11 Main, Justin	Iowa Central	52.44
12 Dowell, Bradley	Wheaton (Ill	53.10
13 Hernandez, Nick	Simpson (Iow	x53.58
14 Considine, Adam	Wheaton (Ill	54.45
15 Ruble, Nate	Wheaton (Ill	x54.54
16 Horan, Cole	Cornell Coll	54.61
17 Nightingale, Finn	North Iowa A	54.79
18 Ferris, Matt	St. Ambrose	55.44
19 Kent, Kyle	Wheaton (Ill	x56.55
20 McKinney, Evan	Faith Baptis	57.93
21 Bellows, Josh	Unattached	1:00.19
22 Boots, Alex	Mount Mercy	1:04.14

Event 7 Women 800 Meter Run**ROLLING SCHEDULE**

Name	School	Finals
Finals		
1 Thomson, Rachel	Wheaton (Ill	2:22.01 10

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Finals ... (Event 7 Women 800 Meter Run)

Name	School	Finals	
2 Scott, Allison	Mount Mercy	2:24.31	8
3 Pompeani, Leanne	Iowa Central	2:24.75	6
4 Wiseman, Tangy	Iowa Central	2:25.89	5
5 Plumb, Ashley	St. Ambrose	2:27.68	4
6 Kasiurak, Stephanie	Clarke	2:27.69	3
7 Cole, Anna	Clarke	2:31.03	2
8 Timms, Sadie	Simpson (Iow	2:31.42	1
9 Diemer, Rebecca	Simpson (Iow	2:32.09	
10 Williams, Meta	Grinnell	2:32.53	
11 Jagrowski, Rachel	Wheaton (Ill	2:32.79	
12 O'Shea, Ashli	Mount Mercy	2:32.83	
13 Syfert, Samantha	Indian Hills	2:33.91	
14 Teagle, Whitney	Grinnell	2:33.94	
15 Quinn, Kenzie	Wheaton (Ill	2:34.59	
16 Baker, Katie	Cornell Coll	2:35.20	
17 Cook, Alethea	Grinnell	2:36.44	
18 Busenitz, Wendy	Faith Baptis	2:36.57	
19 Murphy, MariKate	Cornell Coll	2:36.67	
20 Lampe, Sarah	St. Ambrose	2:36.93	
21 Morris, McKayla	Coe	2:38.02	
22 Lanois, Madeline	Wheaton (Ill	x2:38.54	
23 Neuendorf, Courtney	Simpson (Iow	2:39.28	
24 Herber, Anna	Clarke	2:39.35	
25 Hills, Taylor	St. Ambrose	2:42.48	
26 Schmidt, Kendra	North Iowa A	2:42.70	
27 McKechnie, Caryn	Grinnell	x2:43.17	
28 Roquet, Lesley	Simpson (Iow	x2:43.24	
29 Gomez, Sandra	Cornell Coll	2:43.53	
30 Donovan, Amanda	Coe	2:46.28	
31 Jacobs, Sarah	Wheaton (Ill	x2:46.82	
32 Arredondo, Nicole	Grinnell	x2:47.72	
33 Beckman, Lauran	Simpson (Iow	x2:48.84	
34 Fowler, Lizzy	Mount Mercy	2:49.30	
35 Roquet, Kelsey	Simpson (Iow	x2:52.17	
36 Frankel, Lauren	Grinnell	x3:02.44	

Event 8 Men 800 Meter Run

ROLLING SCHEDULE

Name	School	Finals	
Finals			
1 Pestka, Josh	Scott CC	1:59.16	10
2 Almog, Omer	Iowa Central	2:00.30	8
3 Walker, Johnathan	Wheaton (Ill	2:01.05	6
4 Dombeck, Kyle	unattached	2:01.91	5
5 Maddox, Mark	North Iowa A	2:02.18	4
6 Anderson, Nicholas	Clarke	2:02.71	3
7 Wicker, Mason	Cornell Coll	2:02.80	2
8 Streit, Dakota	unattached	2:03.15	1
9 Springsteen, Austin	Coe	2:03.40	
10 McCrary, Malik	Clarke	2:03.49	
11 Enright, John	North Iowa A	2:03.62	
12 Lee, Chris	Wheaton (Ill	2:03.80	
13 Ketema, Abel	Iowa Central	2:04.81	
14 Cash, Austin	St. Ambrose	2:05.17	

15 Brase, Noah	Wheaton (Ill	2:05.37	
16 Marshall, Michael	Mount Mercy	2:06.11	
17 Bala, Alex	St. Ambrose	2:06.30	
18 Ohtani, Keisuke	North Iowa A	2:06.35	
19 Kibby, Nick	Simpson (Iow	2:06.46	
20 Nolte, Nick	Simpson (Iow	2:06.53	
21 O'Reilly, Sean	Grinnell	2:07.12	
22 Van Os, Andrew	Wheaton (Ill	x2:07.22	
23 Anderson, Kevin	Grinnell	2:07.46	
24 Moodie, Monueir	Mount Mercy	2:07.88	
25 Crail, Nathaniel	Grinnell	2:08.07	
26 Poff, Nick	Coe	2:08.35	
27 Hovey, Kyle	Simpson (Iow	2:08.42	
28 Clarke, Edison	Mount Mercy	2:08.81	
29 Daghfal, Andrew	Wheaton (Ill	x2:10.33	
30 Horan, CJ	Unattached	2:11.10	
31 Lindsay, Josh	Cornell Coll	2:12.18	
32 Walhout, Jacob	Wheaton (Ill	x2:12.56	
33 Kesner, Tyler	St. Ambrose	2:13.25	
34 Loera Garcia, Juan	Mount Mercy	x2:14.43	
35 Stout, Craig	Clarke	2:14.80	
36 Glandorf, Myles	unattached	2:16.25	
37 Berube, Ethan	Cornell Coll	2:16.96	
38 Gregory, Chase	Clarke	x2:17.84	
39 Lindsay, Rohan	Mount Mercy	x2:18.58	
40 Brunet, Chris	Grinnell	x2:22.11	
41 Hansen, Eric	Mount Mercy	x2:22.87	
42 Cernek, Stephan	Grinnell	x2:24.64	
43 Margida, Greg	Grinnell	x2:26.31	
44 Diaz, Mauricio	Mount Mercy	x2:34.89	

Event 9 Women 1500 Meter Run

ROLLING SCHEDULE

Name	School	Finals	
Finals			
1 Scraders, Faheemah	Iowa Central	4:48.28	10
2 Pompeani, Leanne	Iowa Central	4:49.79	8
3 Johnson, Erika	Wheaton (Ill	4:58.22	6
4 Woodall, Nicole	St. Ambrose	4:58.53	5
5 Diemer, Rebecca	Simpson (Iow	4:59.96	4
6 Timms, Sadie	Simpson (Iow	5:00.06	3
7 Wiseman, Tangy	Iowa Central	5:00.07	2
8 Jagrowski, Rachel	Wheaton (Ill	5:02.35	1
9 Brunson, Lindsay	Mount Mercy	5:03.09	
10 Hawthorne, Ellie	Wheaton (Ill	5:03.39	
11 Conroy, Lucy	Coe	5:04.33	
12 Gaster, Bree	Simpson (Iow	5:09.32	
13 Neuendorf, Courtney	Simpson (Iow	x5:09.91	
14 Gunn, Chloe	St. Ambrose	5:11.10	
15 Niswonger, Lily	Cornell Coll	5:16.36	
16 Wetzel, Laura	Cornell Coll	5:17.03	
17 Marcotte, Rebecca	Wheaton (Ill	x5:18.20	
18 Alvarez, Kaylee	Coe	5:19.26	
19 Rettenmeier, Mallory	St. Ambrose	5:19.55	
20 Ptaschek, Jenna	Cornell Coll	5:20.25	
21 Smith, Jacqueline	Wheaton (Ill	x5:20.40	

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Finals ... (Event 9 Women 1500 Meter Run)

Name	School	Finals
22 Herber, Anna	Clarke	5:21.36
23 Reisenburg, Emily	Clarke	5:21.81
24 Pierson, Carly	Cornell Coll	x5:21.87
25 Ahrens, Anna	Grinnell	5:25.81
26 Reynolds, Jazmine	Mount Mercy	5:27.17
27 Rulis, Ashlyn	St. Ambrose	x5:27.58
28 Bain, Maddie	Coe	5:27.89
29 Busenitz, Wendy	Faith Baptis	5:28.65
30 Parus, Taylor	St. Ambrose	x5:30.10
31 Voller, Stephanie	Cornell Coll	x5:30.99
32 Fuster, Hannah	Wheaton (Ill	x5:31.22
33 Roquet, Lesley	Simpson (Iow	x5:34.12
34 Schmidt, Kendra	North Iowa A	5:34.15
35 Hunemiller, Shelby	Simpson (Iow	x5:34.79
36 Luczak, Taylor	Clarke	5:35.15
37 Herrig, Katherine	Clarke	x5:36.74
38 Amstutz, Abby	Wheaton (Ill	x5:39.99
39 Boggess, Erin	Simpson (Iow	x5:41.38
40 Guinane, Katie	Coe	x5:43.60
41 Meyers, Sarah	Mount Mercy	5:49.13
42 Brown, Amanda	Simpson (Iow	x5:49.87
43 Krombholz, Emma	Cornell Coll	x5:52.61
44 Knudson, Alyssa	Coe	x5:53.92
45 Crosley, Rachel	Wheaton (Ill	x5:59.27
46 Springsteen, Jean	Coe	x6:08.67
47 Post, Caitlin	Wheaton (Ill	x6:08.76

Event 10 Men 1500 Meter Run

ROLLING SCHEDULE

Name	School	Finals
Finals		
1 Larsen, Noah	Iowa Central	4:02.41 10
2 Carmona, Oscar	Iowa Central	4:02.55 8
3 Achengli, Karim	Iowa Central	4:05.21 6
4 Hatte, Ashenafi	Iowa Central	x4:05.26
5 Mckenzie, Ian	Simpson (Iow	4:10.65 5
6 Baele, Cody	Iowa Central	x4:10.80
7 Gabriel, Cuyler	Cornell Coll	4:12.46 4
8 Coyer, Ben	St. Ambrose	4:13.35 3
9 Schwartz, Colton	unattached	4:15.77 2
10 Forster, Colton	Mount Mercy	4:17.04 1
11 Hildebrandt, Salem	Simpson (Iow	4:18.23
12 Vahle, Jacob	Wheaton (Ill	4:18.65
13 Lindsay, Josh	Cornell Coll	4:19.59
14 Horan, CJ	Unattached	4:19.93
15 Stout, Craig	Clarke	4:20.32
16 Poff, Nick	Coe	4:21.28
17 Gregorich-Trevor, Connor	Grinnell	4:23.53
18 Gregory, Chase	Clarke	4:25.99
19 Henry, Reid	St. Ambrose	4:28.20
20 Mitchell, Skylar	St. Ambrose	4:28.75
21 McCrary, Malik	Clarke	4:29.27
22 McDermott, Matthew	Cornell Coll	4:29.95
23 Christen, Taylor	Cornell Coll	x4:30.28

24 Glandorf, Myles	unattached	4:32.83
25 Long, Josh	Mount Mercy	4:34.41
26 Murphy, Matthew	Grinnell	4:34.58
27 McClain, Emmett	St. Ambrose	x4:35.68
28 Roen, Drew	Simpson (Iow	4:35.73
29 Gerczak, Casey	St. Ambrose	x4:39.53
30 Gleason, Keanan	Grinnell	4:40.53
31 Poe, Colin	Indian Hills	4:46.19
32 Andersen, Jon	Mount Mercy	4:49.35
33 Bellows, Josh	Unattached	4:56.67
34 Bartenhagen, Evan	Indian Hills	5:04.13
--- Stone, Devin	Mount Mercy	xNo Data

Event 11 Women 3000 Meter Steeplechase

ROLLING SCHEDULE

Name	School	Finals
Finals		
1 Tuin, Jordan	Wheaton (Ill	11:04.89 10
2 Martinez, Sanjuanita	Cornell Coll	11:13.73 8
3 Hawthorne, Jessica	Wheaton (Ill	11:33.44 6
4 Young, Shannon	Grinnell	11:37.12 5
5 Barbour, Hannah	Wheaton (Ill	11:53.90 4
6 Androski, Antonia	Grinnell	12:26.28 3
7 Hammer, Abby	St. Ambrose	12:39.14 2
7 Barnes, Laura	Wheaton (Ill	x12:39.14
9 Kubica, Samantha	Grinnell	12:45.90 1
10 parsons, Ayrica	Indian Hills	13:18.17
11 flaig, Emily	Indian Hills	13:29.23
12 Lane, Jordan	North Iowa A	13:29.85
13 O'Malley, Bridget	Grinnell	x13:45.43
14 Marter, Katie	Clarke	15:37.02

Event 12 Men 3000 Meter Steeplechase

ROLLING SCHEDULE

Name	School	Finals
Finals		
1 Ganzeveld, Nic	Iowa Central	9:46.20 10
2 Boggs, Garrett	Wheaton (Ill	9:49.37 8
3 Jackson, Alexander	Iowa Central	9:53.35 6
4 Wilson, Derek	Indian Hills	10:03.14 5
5 Spykstra, Seth	Wheaton (Ill	10:13.40 4
6 Horan, Tucker	Cornell Coll	10:18.76 3
7 Lindstrom, James	Mount Mercy	10:23.94 2
8 Andersen, Luke	Wheaton (Ill	10:26.00 1
9 Jensen, Joshua	Grinnell	10:30.44
10 Elm, Bryce	Iowa Central	10:34.15
11 Bass, Stewart	Grinnell	10:46.74
12 Hallgren, Henry	Cornell Coll	11:07.04
13 Trujillo, Miles	Wheaton (Ill	x11:08.59
14 Healey, Aidan	Grinnell	11:20.54
15 Christianson, Nigel	Mount Mercy	11:21.51
16 Tobin, Brady	Cornell Coll	11:30.50
17 Hensel, Jake	Mount Mercy	11:38.14

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Event 13 Women 5000 Meter Run

ROLLING SCHEDULE

Name	School	Finals
Finals		
1 Masterson, Abrah	Cornell Coll	17:15.84 10
2 Moline, Rachel	Cornell Coll	18:37.03 8
3 Knobloch, Keeley	St. Ambrose	18:54.20 6
4 Trujillo, Anna	Wheaton (Ill)	19:08.57 5
5 Franke, Mareena	Coe	19:10.35 4
6 Pruet, Molly	Mount Mercy	19:20.26 3
7 Gutierrez, Angelica	Iowa Central	19:21.71 2
8 Bailey, Megan	Wheaton (Ill)	19:54.85 1
9 Reamer, Rachel	Wheaton (Ill)	20:03.21
10 Blom, Emily	Wheaton (Ill)	x20:34.57
11 Mellecker, McKenzie	Mount Mercy	20:54.13
12 Zamora, Alexa	Mount Mercy	21:06.25
13 Froeschle, Ann	St. Ambrose	21:34.13
14 Meyers, Sarah	Mount Mercy	x21:45.26
15 Gibbons, Ella	Coe	22:57.87

Event 14 Men 5000 Meter Run

ROLLING SCHEDULE

Name	School	Finals
Finals		
1 Baele, Cody	Iowa Central	15:23.45 10
2 Achengli, Karim	Iowa Central	15:26.51 8
3 Bach, Austin	Cornell Coll	15:41.14 6
4 Wilson, Caleb	Cornell Coll	15:41.42 5
5 Haerr, Nathan	Coe	15:46.56 4
6 Forster, Colton	Mount Mercy	15:51.63 3
7 Stoll, Zachary	Cornell Coll	16:03.70 2
8 Niedermeier, Jonah	St. Ambrose	16:09.81 1
9 Fogg, Denzel	Iowa Central	16:11.25
10 Akbay, Birant	Thursday TC	16:15.77
11 Colborn, Grant	St. Ambrose	16:27.42
12 Dinderman, Derek	Coe	16:27.74
13 Caskey, Ean	Unattached	16:28.89
14 Balduf, Ty	St. Ambrose	16:30.00
15 Engelsen, AJ	St. Ambrose	x16:30.18
16 Carter, Chad	Simpson (Iow)	17:01.15
17 Johnson, Soren	Wheaton (Ill)	17:09.27
18 Joyce, Michael	Wheaton (Ill)	17:09.28
19 Sorrells, Dillan	Indian Hills	17:16.75
20 Carillo, Sezar	Coe	17:21.17
21 Draper, Jared	Indian Hills	17:36.02
22 Christianson, Nigel	Mount Mercy	17:46.44
23 Kane, Phillip	Grinnell	17:51.26
24 Wells, Jared	Coe	x18:07.18
25 Hensel, Jake	Mount Mercy	18:31.05
26 Poe, Colin	Indian Hills	18:40.27
27 Andersen, Jon	Mount Mercy	x18:55.44
28 Wilson, Jacob	Indian Hills	x19:14.83

Event 16 Women 4x100 Meter Relay

ROLLING SCHEDULE

Team	Relay	Finals
Finals		
1 Mount Mercy	A	49.74 10
1) Gridiron, Jade	2) Branch, Bri'anna	
3) Baloch, Aminah	4) Clark, Sha'Rhonda	
2 Wheaton (Ill.)	A	50.07 8
1) Mock, Erin	2) Dansdill, Maggie	
3) Francois, Kiki	4) Brown, Natasha	
3 St. Ambrose	A	50.51 6
1) Nolting, Anne	2) Smith, Molly Jo	
3) Anderson, Mariah	4) Lampe, Sarah	
4 Mount Mercy	B	x51.94
1) Duwa, Alexis	2) Duos, Receva	
3) Chandler, Raeshonda	4) Davis, Capria	
5 Cornell College	A	52.60 5
1) Strunk, Sydney	2) Boyd, Diamond	
3) Cochrane, Emma	4) Schnoor, Libby	
6 St. Ambrose	B	x53.09
1) Perez, Mary	2) LaBrecque, Hannah	
3) Roth, Sam	4) Wade, Karlie	
7 Simpson (Iowa)	A	53.38 4
1) Lovan, Audrey	2) Burgus, Elizabeth	
3) James, MacKenzie	4) Jensen, Rebecca	
8 unattached	A	54.87 3
1) Lahart, Kellie	2) Benedict, Emilee	
3) Ledvina, Donna	4) Roudabush, Haley	
9 Clarke	A	55.07 2
1) Rehder, Hannah	2) Anderson, Jessica	
3) Rael, Makala	4) Kyler, Chantel	

Event 17 Men 4x100 Meter Relay

ROLLING SCHEDULE

Team	Relay	Finals
Finals		
1 Simpson (Iowa)	A	42.44 10
1) Jergens, Davey	2) Kalinay, Dylan	
3) Tupper, Travis	4) Wheatley, Emmitt	
2 Simpson (Iowa)	B	x43.83
1) Wicks, Kirk	2) Wetterling, Chase	
3) Coughenour, Jordan	4) Krah, Prince	
3 Cornell College	A	43.90 8
1) Newbold, Husani	2) MacDowell, Blake	
3) Spradley, Milton	4) Proby, Jordan	
4 St. Ambrose	A	43.93 6
1) Krueger, David	2) Jones, Shaquille	
3) Fontenot, Denni's	4) Drew, Josh	
5 North Iowa Area CC	A	44.04 5
1) Blickenderfer, Blake	2) Gray, Rayvon	
3) Maddox, Mark	4) Nightingale, Finn	
6 unattached	A	44.38 4
1) Garza, Michael	2) Koelling, John	
3) Dombeck, Kyle	4) Ajose, Dayo	

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Finals ... (Event 17 Men 4x100 Meter Relay)

Team	Relay	Finals
7 Simpson (Iowa)	C	x45.74
1) Nissen, Zach	2) Sarver, Luke	
3) Sarver, Ryan	4) McKee, Trevor	

Event 18 Women 4x400 Meter Relay

ROLLING SCHEDULE

Team	Relay	Finals
Finals		
1 St. Ambrose	A	4:08.14 10
1) Smith, Molly Jo	2) Lampe, Sarah	
3) Hammer, Abby	4) Flanders, Charlette	
2 Wheaton (Ill.)	A	4:08.20 8
1) Kitchen, Nicole	2) Thomson, Rachel	
3) Johnson, Erika	4) Nelson, Sarah	
3 Cornell College	A	4:09.39 6
1) Schnoor, Libby	2) Cochrane, Emma	
3) Strunk, Sydney	4) Martinez, Sanjuanita	
4 Iowa Central CC	A	4:10.00 5
1) Scraders, Faheemah	2) Pompeani, Leanne	
3) Vawter, Mallory	4) Wiseman, Tangy	
5 Mount Mercy	A	4:14.33 4
1) O'Shea, Ashli	2) Scott, Allison	
3) Reynolds, Jazmine	4) Vander Poel, Kathryn	
6 Simpson (Iowa)	A	4:15.05 3
1) Burgus, Elizabeth	2) Corcoran, Keeghan	
3) Owens, Jaycie	4) Gronke, Jessica	
7 St. Ambrose	B	x4:23.72
1) Anderson, Mariah	2) Carlisle, Aubrie	
3) LaBrecque, Hannah	4) Roth, Sam	
8 Cornell College	B	x4:35.92
1) Boyd, Diamond	2) Franzen, Deidre	
3) Grell, Breann	4) McCarthy, Clare	
9 Clarke	A	5:03.68 2
1) Kyler, Chantel	2) Kasiurak, Stephanie	
3) Cole, Anna	4) Rehder, Hannah	
10 Mount Mercy	B	x5:09.22
1) Clark, Sha'Rhonda	2) Gridiron, Jade	
3) Brunson, Lindsay	4) Esker, Madison	
11 Grinnell	A	5:10.50 1
1) Kessel, Hanna	2) Maddaus, Jordan	
3) Holtzman, Gwen	4) Schmiechen, Zoe	
12 Clarke	B	x5:27.92
1) Hunt, Holly	2) Luczak, Taylor	
3) Reisenburg, Emily	4) Herber, Anna	
13 Mount Mercy	C	x5:35.53
1) Wise, Julie	2) Reighard, McKenna	
3) Seger, Bailee	4) Fowler, Lizzy	
14 unattached	A	5:40.30
1) Benedict, Emilee	2) Ullrich, Rachel	
3) Stuba, Sam	4) Roudabush, Haley	

Event 19 Men 4x400 Meter Relay

ROLLING SCHEDULE

Team	Relay	Finals
Finals		
1 Wheaton (Ill.)	A	3:20.71 10
1) Eastburg, Nils	2) Bertram, Sam	
3) Harris, David	4) Shive, Jordan	
2 Simpson (Iowa)	A	3:23.76 8
1) Pearson, Matt	2) Krah, Prince	
3) Wicks, Kirk	4) Wetterling, Chase	
3 Iowa Central CC	B	3:26.09 6
1) Oyet, Bill	2) Hatte, Ashenafi	
3) Almog, Omer	4) Larsen, Noah	
4 unattached	A	3:28.65 5
1) Dombeck, Kyle	2) Koelling, John	
3) Streit, Dakota	4) Ajose, Dayo	
5 Simpson (Iowa)	B	x3:31.62
1) Coughenour, Jordan	2) Sarver, Ryan	
3) McKee, Trevor	4) Sarver, Luke	
6 Grinnell	A	3:33.11 4
1) Hardman, Ed	2) Braun, Jonathan	
3) silvia, colton	4) Anderson, Kevin	
7 Wheaton (Ill.)	B	x3:33.72
1) Walker, Johnathan	2) Van Grinsven, Leif	
3) Dowell, Bradley	4) Van Os, Andrew	
8 Mount Mercy	B	3:34.70 3
1) Stamp, August	2) Lindstrom, James	
3) Gonzalez, Rick	4) Takaoka, Sho	
9 St. Ambrose	A	3:35.05 2
1) Ohioze, Michael	2) Warren, Jim	
3) Ferris, Matt	4) Kuntz, Jonah	
10 Clarke	A	3:41.17 1
1) Mettert, Reid	2) McCrary, Malik	
3) Gregory, Chase	4) Anderson, Nicholas	
11 Iowa Central CC	A	x3:41.96
1) Achengli, Karim	2) Baele, Cody	
3) Elm, Bryce	4) Ganzeveld, Nic	
12 Wheaton (Ill.)	C	x3:49.86
1) Walhout, Jacob	2) Daghfal, Andrew	
3) Kent, Kyle	4) Lee, Chris	
13 Mount Mercy	C	x3:54.55
1) Loera Garcia, Juan	2) Long, Josh	
3) Lindsay, Rohan	4) Caballero, Gustavo	
14 Mount Mercy	D	x4:16.35
1) Boots, Alex	2) Hansen, Eric	
3) Stone, Devin	4) Diaz, Mauricio	

Event 20 Women High Jump

Name	School	Finals
Finals		
1 Lindquist, Katie	Wheaton (Ill)	1.65m 10
2 Strauel, Sara	St. Ambrose	1.60m 8
3 Schnoor, Libby	Cornell Coll	1.55m 6
4 Vawter, Mallory	Iowa Central	1.50m 5
5 Stephenson, Sola	North Iowa A	1.50m 3.5

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Finals ... (Event 20 Women High Jump)

Name	School	Finals
5 Glawe, Taylor	North Iowa A	1.50m 3.5
7 Smith, Allison	Clarke	1.50m 2
8 Chandler, Raeshonda	Mount Mercy	1.45m 0.5
8 Galbraith, Sarah	Simpson (Iow	1.45m 0.5
10 Cook, Hailey	St. Ambrose	1.45m
11 Moore, Daniella	Wheaton (Ill	1.40m
12 Bushkofsky, Krista	Clarke	1.35m
12 Zweigart, Makayla	Mount Mercy	1.35m
14 Foxhoven, Cassidy	Wheaton (Ill	1.35m
15 Silverwood, Sierra	Grinnell	1.30m
--- Kyler, Chantel	Clarke	NH
--- VanderWerf, Elena	North Iowa A	NH
--- Stirling, Caroline	Mount Mercy	NH
--- Hosford, Brandi	St. Ambrose	NH

Event 21 Men High Jump**Event to Follow Womens High Jump**

Name	School	Finals
Finals		
1 Perinchief, Jah-Nhai	Iowa Central	2.05m 10
2 Gray, Collin	Wheaton (Ill	1.95m 8
3 Gregory, Kohl	Clarke	1.90m 6
4 Frazier, Isaac	Simpson (Iow	1.90m 5
5 Vanderploeg, Alex	North Iowa A	1.80m 4
6 Esser, Andrew	St. Ambrose	1.80m 3
7 Scobee, Nick	St. Ambrose	1.80m 2
8 Moddelmogg, Trey	Simpson (Iow	1.75m 1
9 Svoboda, Matt	St. Ambrose	1.70m
--- Seay, Jared	Iowa Central	NH

Event 22 Women Pole Vault**Event to Follow Mens Pole Vault**

Name	School	Finals
Finals		
1 Bybee, Laura	Coe	3.05m 10
2 Munday, Chelsea	St. Ambrose	2.90m 8
3 Doherty, Mary	Simpson (Iow	2.75m 5.5
3 Lovan, Audrey	Simpson (Iow	2.75m 5.5
5 Brown, Christina	Coe	2.75m 4
6 Flood, April	Clarke	2.45m 3
7 Donar, Jessica	Clarke	2.30m 2
8 Chambers, Cassidy	St. Ambrose	2.30m 1
--- Pennacchio, Katie	St. Ambrose	NH
--- Riley, Kallihan	St. Ambrose	NH

Event 23 Men Pole Vault

Name	School	Finals
Finals		
1 Cole, Brendan	Wheaton (Ill	4.55m 10
2 Wager, Nick	St. Ambrose	4.10m 8
3 Stoltzman, Mitch	Simpson (Iow	3.95m 6
4 Mahoney, Patrick	St. Ambrose	3.35m 5
5 Moddelmogg, Trey	Simpson (Iow	3.35m 4
6 Frazier, Isaac	Simpson (Iow	3.05m 3

7 Reynoldson, Riley	Indian Hills	2.45m 2
--- Cruz, Nathan	Wheaton (Ill	NH
--- Rusk, Lucas	St. Ambrose	NH

Event 24 Women Long Jump**3 Prelims, 3 Finals 9 Athletes to Finals****Event to Follow Mens Long Jump**

Name	School	Finals
Finals		
1 Atladottir, Steinunn	North Iowa A	4.99m 10
2 Galbraith, Sarah	Simpson (Iow	4.91m 8
3 Cook, Hailey	St. Ambrose	4.88m 6
4 Bushkofsky, Krista	Clarke	4.82m 5
5 Roth, Sam	St. Ambrose	4.77m 4
6 Hosford, Brandi	St. Ambrose	4.72m 3
7 Baloch, Aminah	Mount Mercy	4.70m 2
8 Wade, Karlie	St. Ambrose	x4.55m -1.0
9 Kitchen, Nicole	Wheaton (Ill	4.53m 1
10 Francois, Kiki	Wheaton (Ill	4.49m -1.5
11 Gilbert, Katie	Cornell Coll	4.47m -1.2
12 Lampe, Sarah	St. Ambrose	x4.46m +0.0
13 Rule, Shay	Cornell Coll	4.41m 1.7
14 Foxhoven, Cassidy	Wheaton (Ill	4.39m -0.1
15 Overstreet, Natalie	unattached	4.37m -2.2
16 Rael, Makala	Clarke	4.31m 0.6
17 Stephenson, Sola	North Iowa A	4.30m 0.4
18 Williams, Alyssa	Wheaton (Ill	x4.22m -0.8
19 Flexsenhar, Suzanne	Mount Mercy	4.15m -0.5
20 Gronke, Jessica	Simpson (Iow	4.15m -1.2
21 Boyd, Diamond	Cornell Coll	4.14m -0.4
22 Watts, Isabel	St. Ambrose	x4.07m +0.0
--- Jaynes, Karley	Mount Mercy	FOUL
--- Lahart, Kellie	unattached	FOUL

Event 25 Men Long Jump**3 Prelims, 3 Finals 9 Athletes to Finals**

Name	School	Finals
Finals		
1 Cole, Brendan	Wheaton (Ill	6.56m 10
2 Ohioze, Michael	St. Ambrose	6.49m 8
3 Frazier, Isaac	Simpson (Iow	6.15m 6
4 MacDowell, Blake	Cornell Coll	6.00m 5
5 Debord, Rasheed	St. Ambrose	5.95m 4
6 Campbell, Corderol	unattached	5.85m 3
7 Dorsey, Tommie	Cornell Coll	5.84m 2
8 Dorsey, Ruben	North Iowa A	5.76m 1
9 Esser, Andrew	St. Ambrose	5.70m 0.4
10 Van Grinsven, Leif	Wheaton (Ill	5.65m -0.7
11 Nightingale, Finn	North Iowa A	5.63m +0.0
12 Caballero, Gustavo	Mount Mercy	5.59m -0.2
13 Nelson, CJ	Coe	5.56m 1.9
14 Vanderploeg, Alex	North Iowa A	5.45m +0.0
15 Scobee, Nick	St. Ambrose	x5.36m 1.2
16 Harris, David	Wheaton (Ill	5.20m 1.0
17 Hardman, Ed	Grinnell	5.14m 0.9
18 Mettert, Reid	Clarke	5.13m -0.3

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Finals ... (Event 25 Men Long Jump)

Name	School	Finals
19 Takaoka, Sho	Mount Mercy	4.95m -0.4
20 Drew, Josh	St. Ambrose	x4.74m +0.0

Event 28 Women Triple Jump**3 Prelims, 3 Finals 9 Athletes to Finals****Event to Follow Mens Triple Jump**

Name	School	Finals
Finals		
1 Bachman, Annalise	Wheaton (Ill	10.58m 10
2 Hosford, Brandi	St. Ambrose	10.17m 8
3 Watts, Isabel	St. Ambrose	9.91m 6
4 Jaynes, Karley	Mount Mercy	9.87m 5
5 Wade, Karlie	St. Ambrose	9.81m 4
6 Roth, Sam	St. Ambrose	x9.71m 0.3
7 Overstreet, Natalie	unattached	9.38m 3
8 Anderson, Jessica	Clarke	9.11m 2
--- Evans, Tabitha	Wheaton (Ill	FOUL
--- Bresnahan, Cara	Grinnell	FOUL
--- Stirling, Caroline	Mount Mercy	FOUL
--- Gilbert, Katie	Cornell Coll	FOUL

Event 29 Men Triple Jump**3 Prelims, 3 Finals 9 Athletes to Finals****Event to Follow Womens Long Jump**

Name	School	Finals
Finals		
1 Caballero, Gustavo	Mount Mercy	13.08m 10
2 Moddelmogg, Trey	Simpson (Iow	12.36m 8
3 Esser, Andrew	St. Ambrose	12.36m 6
4 Dorsey, Ruben	North Iowa A	12.19m 5
5 Scobee, Nick	St. Ambrose	11.95m 4
6 Svoboda, Matt	St. Ambrose	11.90m 3
7 Debord, Rasheed	St. Ambrose	x11.59m 0.2
8 Ogasawara, Ibuki	Grinnell	J11.59m 2
9 Takaoka, Sho	Mount Mercy	11.51m 1
10 Wager, Nick	St. Ambrose	x11.38m -0.9
11 silvia, colton	Grinnell	11.34m -1.4
--- Drew, Josh	St. Ambrose	FOUL

Event 30 Women Discus Throw**3 Prelims, 3 Finals 9 Athletes to Finals****Event to Follow Mens Discus**

Name	School	Finals
Finals		
1 Alger, Melissa	Coe	45.03m 10
2 Stein, Alexia	Iowa Central	43.85m 8
3 Stewart, Janeah	Iowa Central	41.21m 6
4 Chiles, Alexis	Iowa Central	40.33m 5
5 Batson, Reneese	Iowa Central	x39.40m
6 Feldman, Kristi	Mount Mercy	37.50m 4
7 Hickson, Courtney	Clarke	36.78m 3
8 Gullickson, Annie	Simpson (Iow	36.17m 2
9 Snavely, Sarah	North Iowa A	34.80m 1
10 Skarban, Amanda	Coe	34.50m

11 Cook, Hailey	St. Ambrose	34.36m
12 Geronzin, Alayna	Simpson (Iow	33.67m
13 Brewer, Larissa	Cornell Coll	33.39m
14 Guse, Mara	St. Ambrose	33.09m
15 Martinez, Octavia	Cornell Coll	32.31m
16 Broghammer, Katie	Clarke	32.25m
17 Houston, Mikayla	Clarke	31.38m
18 Hargrave, Lauren	Coe	31.36m
19 Mueller, Cally	North Iowa A	30.79m
20 Bahl, Alex	Coe	x30.62m
21 Berube, Alea	Cornell Coll	29.97m
22 Kopp, Preston	Clarke	x29.02m
23 Soat, Erin	Clarke	x28.99m
24 Neckopulos, Alex	Grinnell	28.64m
25 Knox, Bethany	Indian Hills	28.22m
26 Bork, Rachel	Clarke	x27.56m
27 Cullinan, Jackie	Simpson (Iow	24.16m
28 Pieper, Madison	Mount Mercy	23.35m
29 Smart, Samantha	Mount Mercy	23.34m
30 Niemier, Alex	Simpson (Iow	x21.97m
--- Rheingans, Katelynn	Clarke	FOUL

Event 31 Men Discus Throw**3 Prelims, 3 Finals 9 Athletes to Finals****Event to Follow Womens Hammer**

Name	School	Finals
Finals		
1 Williams, Brian	Iowa Central	63.23m 10
2 Whittaker, Jamal	Iowa Central	49.37m 8
3 Zilaitis, Charles	Cornell Coll	46.47m 6
4 Mungro, Sterling	Iowa Central	45.92m 5
5 Goeller, Alex	St. Ambrose	44.37m 4
6 Hayes, Jacob	Coe	43.31m 3
7 Kirkwood, Jacob	Faith Baptis	42.45m 2
8 Peters, Robbie	Coe	41.66m 1
9 Ruhlrow, Jeff	Clarke	39.78m
10 Verdon, Kyle	St. Ambrose	37.74m
11 Gustafson, Jack	Grinnell	36.40m
12 Van Grinsven, Leif	Wheaton (Ill	35.90m
13 Sanders-Vick Jr., Roderick	St. Ambrose	34.89m
14 Stiles, Matt	North Iowa A	34.29m
15 Arellanos, Armando	Mount Mercy	33.50m
16 Frazier, Isaac	Simpson (Iow	33.45m
17 Cole-Brodnax, Josh	Mount Mercy	33.18m
18 Chapman, Jonathon	Iowa Central	x33.08m
19 Garza, Michael	unattached	32.22m
20 Murray, Ryan	Clarke	31.67m
21 Stoltzman, Mitch	Simpson (Iow	31.64m
22 Steger, Brad	St. Ambrose	x31.00m
23 Mercalina, Shelmund	Iowa Central	x29.69m
24 Page, James	Grinnell	29.68m
25 Reynoldson, Riley	Indian Hills	29.29m
26 Ahomana, Lotu	Coe	26.23m
27 Burgess, Stephen	Mount Mercy	25.25m
28 Moddelmogg, Trey	Simpson (Iow	16.69m
--- Berryman, Zach	Mount Mercy	FOUL

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Finals ... (Event 31 Men Discus Throw)

Name	School	Finals
--- Shephard, Jonathan	Clarke	FOUL
--- Harris, David	Wheaton (Ill)	FOUL

Event 32 Women Hammer Throw**3 Prelims, 3 Finals 9 Athletes to Finals****Event to Follow Mens Hammer**

Name	School	Finals
Finals		
1 Batson, Reneese	Iowa Central	51.98m 10
2 Kopp, Preston	Clarke	49.26m 8
3 Mathews, Nessa	Iowa Central	46.91m 6
4 Chiles, Alexis	Iowa Central	44.65m 5
5 Brewer, Larissa	Cornell Coll	42.52m 4
6 Neckopulos, Alex	Grinnell	39.27m 3
7 Snavelly, Sarah	North Iowa A	38.64m 2
8 Hargrave, Lauren	Coe	37.43m 1
9 Houston, Mikayla	Clarke	36.38m
10 Rheingans, Katelynn	Clarke	36.14m
11 Stein, Alexia	Iowa Central	x35.99m
12 Skarban, Amanda	Coe	34.71m
13 Broghammer, Katie	Clarke	x33.94m
14 Berube, Alea	Cornell Coll	33.86m
15 Bahl, Alex	Coe	33.22m
16 Geronzin, Alayna	Simpson (Iow)	32.98m
17 Mueller, Cally	North Iowa A	31.91m
18 Feldman, Kristi	Mount Mercy	31.59m
19 Niemier, Alex	Simpson (Iow)	30.71m
20 Soat, Erin	Clarke	x30.47m
21 Bork, Rachel	Clarke	x27.89m
22 Martinez, Octavia	Cornell Coll	27.45m
23 Miller, Megan	Mount Mercy	25.12m
24 Cullinan, Jackie	Simpson (Iow)	24.54m
25 Duckworth, Brianna	Iowa Central	x24.52m
26 Pieper, Madison	Mount Mercy	22.61m
--- Stewart, Janeah	Iowa Central	FOUL

Event 33 Men Hammer Throw**3 Prelims, 3 Finals 9 Athletes to Finals**

Name	School	Finals
Finals		
1 Whittaker, Jamal	Iowa Central	54.56m 10
2 Williams, Brian	Iowa Central	54.18m 8
3 Peters, Robbie	Coe	47.97m 6
4 Zilaitis, Charles	Cornell Coll	47.63m 5
5 Chapman, Jonathon	Iowa Central	42.58m 4
6 Goeller, Alex	St. Ambrose	40.78m 3
7 Mckee-Crow, Alex	Coe	40.15m 2
8 Shephard, Jonathan	Clarke	37.41m 1
9 Ruhlow, Jeff	Clarke	37.03m
10 Murray, Ryan	Clarke	35.66m
11 Ahomana, Lotu	Coe	34.79m
12 Page, James	Grinnell	34.73m
13 Mercialina, Shelmund	Iowa Central	x33.52m
14 Arellanos, Armando	Mount Mercy	33.09m

15 Berryman, Zach	Mount Mercy	31.62m
16 Gustafson, Jack	Grinnell	30.86m
17 Stiles, Matt	North Iowa A	29.02m
18 Jensen, Drew	Simpson (Iow)	27.90m
19 Burgess, Stephen	Mount Mercy	27.26m
20 Cole-Brodnax, Josh	Mount Mercy	x25.41m
--- Mungro, Sterling	Iowa Central	FOUL
--- May, Jakob	Cornell Coll	FOUL
--- Tatman, Chance	Iowa Central	FOUL
--- Hayes, Jacob	Coe	FOUL
--- Sneed, Kirk	Iowa Central	FOUL
--- Davis, Ryan	Grinnell	FOUL

Event 34 Women Javelin Throw**3 Prelims, 3 Finals 9 Athletes to Finals**

Name	School	Finals
Finals		
1 McGregor, Kathryn	Wheaton (Ill)	35.65m 10
2 Zumbach, Taylor	Mount Mercy	35.50m 8
3 Flexsenhar, Suzanne	Mount Mercy	34.94m 6
4 Stephenson, Sola	North Iowa A	34.72m 5
5 Feldman, Kristi	Mount Mercy	32.76m 4
6 Vawter, Mallory	Iowa Central	31.98m 3
7 Sanborn, Nicole	Mount Mercy	x31.73m
8 Sanders, Makenna	Wheaton (Ill)	31.65m 2
9 Strauel, Sara	St. Ambrose	30.39m 1
10 Bresnahan, Cara	Grinnell	29.90m
11 Cook, Hailey	St. Ambrose	29.62m
12 Jaynes, Karley	Mount Mercy	xJ29.62m
13 Schnoor, Libby	Cornell Coll	28.73m
14 Roethler, Danielle	Simpson (Iow)	27.33m
15 Galbraith, Sarah	Simpson (Iow)	26.75m
16 Bork, Rachel	Clarke	26.63m
17 Atladottir, Steinunn	North Iowa A	26.62m
18 Boyd, Diamond	Cornell Coll	24.50m
19 Carlisle, Aubrie	St. Ambrose	24.38m
20 Stirling, Caroline	Mount Mercy	x23.44m
21 Lindquist, Katie	Wheaton (Ill)	22.24m
22 Pieper, Madison	Mount Mercy	x20.19m
23 Geronzin, Alayna	Simpson (Iow)	19.68m
24 Lampe, Sarah	St. Ambrose	x19.24m
25 Duwa, Alexis	Mount Mercy	x18.83m
26 Glawe, Taylor	North Iowa A	18.16m
27 Cryder, Rebekah	Wheaton (Ill)	x18.00m
28 Miller, Megan	Mount Mercy	x17.75m
29 Bushkofsky, Krista	Clarke	17.00m
30 VanderWerf, Elena	North Iowa A	x16.96m
31 Lane, Jordan	North Iowa A	x16.74m
32 Duckworth, Brianna	Iowa Central	16.40m
33 Pennacchio, Katie	St. Ambrose	x15.14m

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Results

Event 35 Men Javelin Throw

3 Prelims, 3 Finals 9 Athletes to Finals

Event to follow Womens Javelin

Name	School	Finals	
Finals			
1	Crawley, Anthony	Mount Mercy	54.94m 10
2	Page, James	Grinnell	44.49m 8
3	Waddle, Jacob	North Iowa A	43.70m 6
4	Van Grinsven, Leif	Wheaton (Ill	42.96m 5
5	Frazier, Isaac	Simpson (Iow	41.75m 4
6	Gourley, Kelton	Indian Hills	40.96m 3
7	Van Metre, Matt	Simpson (Iow	40.29m 2
8	Garza, Michael	unattached	38.56m 1
9	Ruhlow, Jeff	Clarke	38.40m
10	Gustafson, Jack	Grinnell	37.70m
11	Rusk, Lucas	St. Ambrose	37.63m
12	Takaoka, Sho	Mount Mercy	37.44m
13	Seay, Jared	Iowa Central	36.31m
14	May, Jakob	Cornell Coll	35.79m
15	Webster, Devon	North Iowa A	35.70m
16	Pajich, James	Wheaton (Ill	J35.70m
17	Ruble, Nate	Wheaton (Ill	35.70m
18	Whiting, Kaleb	Cornell Coll	34.88m
19	Stoltzman, Mitch	Simpson (Iow	34.28m
20	Elms Jansson, Dennis	North Iowa A	33.20m
21	Hollis, Daquarius	Iowa Central	31.98m
22	Svoboda, Matt	St. Ambrose	31.12m
23	Bardoe, Antoine	Indian Hills	30.13m
24	Arellanos, Armando	Mount Mercy	27.68m
25	Moddelmogg, Trey	Simpson (Iow	x26.70m
26	Williams, Austin	St. Ambrose	25.70m
27	Verdon, Kyle	St. Ambrose	x25.50m
28	Sneed, Kirk	Iowa Central	22.80m
29	Burgess, Stephen	Mount Mercy	x21.30m
30	McIntosh, Alec	Simpson (Iow	x21.22m
31	Cole-Brodnax, Josh	Mount Mercy	x20.74m

Event 36 Women Shot Put

3 Prelims, 3 Finals 9 Athletes to Finals

Event to Follow Mens Javelin

Name	School	Finals	
Finals			
1	Stewart, Janeah	Iowa Central	14.21m 10
2	Chiles, Alexis	Iowa Central	14.16m 8
3	Stein, Alexia	Iowa Central	13.26m 6
4	Mathews, Nessa	Iowa Central	x12.15m
5	Alger, Melissa	Coe	12.07m 5
6	Flexsenhar, Suzanne	Mount Mercy	11.79m 4
7	Brewer, Larissa	Cornell Coll	11.65m 3
8	Rheingans, Katelynn	Clarke	11.57m 2
9	Niemier, Alex	Simpson (Iow	11.46m 1
10	Martinez, Octavia	Cornell Coll	11.11m
11	Guse, Mara	St. Ambrose	10.82m
12	Hargrave, Lauren	Coe	10.71m
13	Houston, Mikayla	Clarke	10.66m

14	Snavelly, Sarah	North Iowa A	10.53m
15	Neckopulos, Alex	Grinnell	J10.53m
16	Batson, Reneese	Iowa Central	x10.36m
17	Skarban, Amanda	Coe	10.20m
18	Miller, Megan	Mount Mercy	10.10m
19	Geronzin, Alayna	Simpson (Iow	10.03m
20	Knox, Bethany	Indian Hills	10.01m
21	Cullinan, Jackie	Simpson (Iow	9.43m
22	Berube, Alea	Cornell Coll	9.23m
23	Kopp, Preston	Clarke	9.16m
24	Sanborn, Nicole	Mount Mercy	9.02m
25	Pieper, Madison	Mount Mercy	x7.35m
---	Soat, Erin	Clarke	FOUL

Event 37 Men Shot Put

3 Prelims, 3 Finals 9 Athletes to Finals

Event to Follow Womens Shot Put

Name	School	Finals	
Finals			
1	Feltes, Colt	Unattached	19.35m 10
2	Williams, Brian	Iowa Central	16.86m 8
3	Mungro, Sterling	Iowa Central	16.58m 6
4	Whittaker, Jamal	Iowa Central	15.46m 5
5	Zilaitis, Charles	Cornell Coll	15.20m 4
6	Tatman, Chance	Iowa Central	x14.95m
7	McKee-Crow, Alex	Coe	13.82m 3
8	Chapman, Jonathon	Iowa Central	x13.09m
9	Kirkwood, Jacob	Faith Baptis	12.72m 2
10	Shephard, Jonathan	Clarke	12.56m 1
11	Hayes, Jacob	Coe	12.51m
12	Peters, Robbie	Coe	12.33m
13	Sanders-Vick Jr., Roderick	St. Ambrose	12.30m
14	Verdon, Kyle	St. Ambrose	12.09m
15	May, Jakob	Cornell Coll	11.82m
16	Berryman, Zach	Mount Mercy	11.73m
17	Goeller, Alex	St. Ambrose	11.70m
18	Stiles, Matt	North Iowa A	11.55m
19	Murray, Ryan	Clarke	11.01m
20	Arellanos, Armando	Mount Mercy	10.94m
21	Steger, Brad	St. Ambrose	x10.93m

Event 38 Women 100 Meter Hurdles

ROLLING SCHEDULE

Name	School	Finals	
Finals			
1	Vawter, Mallory	Iowa Central	16.27 10
2	Wade, Karlie	St. Ambrose	17.17 8
3	Duos, Receva	Mount Mercy	17.19 6
4	McGee, Abby Grace	Wheaton (Ill	17.31 5
5	Evans, Tabitha	Wheaton (Ill	17.48 4
6	Smith, Allison	Clarke	17.54 3
7	Carlisle, Aubrie	St. Ambrose	17.60 2
8	Leach, Nikki	Cornell Coll	17.61 1
9	Strauel, Sara	St. Ambrose	17.61 2.9
10	Rael, Makala	Clarke	17.64 1.5
11	Flexsenhar, Suzanne	Mount Mercy	17.84 1.5

2016 Cornell Invite - 4/9/2016

Ash Park Stadium

Results

Finals ... (Event 38 Women 100 Meter Hurdles)

Name	School	Finals
12 Galbraith, Sarah	Simpson (Iow	17.87 2.5
13 Sandage, Sarah	Simpson (Iow	17.87 2.5
14 Williams, Alyssa	Wheaton (Ill	17.92 4.4
15 Jensen, Rebecca	Simpson (Iow	17.94 2.5
16 Sanders, Makenna	Wheaton (Ill	x18.00 2.5
17 Osterberger, Allie	Coe	18.25 2.9
18 Wise, Julie	Mount Mercy	18.39 1.5
19 Kitchen, Nicole	Wheaton (Ill	x18.53 2.5
20 Holtzman, Gwen	Grinnell	18.53 1.5
21 Zumbach, Taylor	Mount Mercy	x18.62 1.5
22 Marsan, Noelle	Wheaton (Ill	x19.41 4.4
23 Flanders, Renee	St. Ambrose	x20.19 2.5
24 Silverwood, Sierra	Grinnell	22.00 4.4
25 VanderWerf, Elena	North Iowa A	23.99 1.5

Event 39 Men 110 Meter Hurdles

ROLLING SCHEDULE

Name	School	Finals
Finals		
1 Kalinay, Dylan	Simpson (Iow	15.26 10
2 Frazier, Isaac	Simpson (Iow	15.73 8
3 Seay, Jared	Iowa Central	15.85 6
4 Van Grinsven, Leif	Wheaton (Ill	15.99 5
5 Mahoney, Patrick	St. Ambrose	17.12 4
6 Moddelmogg, Trey	Simpson (Iow	17.15 3
7 Williams, Austin	St. Ambrose	17.18 2
8 Svoboda, Matt	St. Ambrose	17.55 1
9 Harris, David	Wheaton (Ill	17.79 2.0
10 Vanderploeg, Alex	North Iowa A	18.21 1.5
11 Hollis, Daquarius	Iowa Central	20.18 2.0
12 Reynoldson, Riley	Indian Hills	20.47 2.0
13 Ratliff, Todd	Unattached	22.01 2.0

Event 40 Women 400 Meter Hurdles

ROLLING SCHEDULE

Name	School	Finals
Finals		
1 Smith, Molly Jo	St. Ambrose	1:04.33 10
2 McGee, Abby Grace	Wheaton (Ill	1:09.01 8
3 Evans, Tabitha	Wheaton (Ill	1:09.30 6
4 Carlisle, Aubrie	St. Ambrose	1:12.01 5
5 Owens, Jaycie	Simpson (Iow	1:12.79 4
6 Stephenson, Sola	North Iowa A	1:13.35 3
7 Vander Poel, Kathryn	Mount Mercy	1:15.10 2
8 Leach, Nikki	Cornell Coll	1:15.45 1
9 Holtzman, Gwen	Grinnell	1:17.38
10 Esker, Madison	Mount Mercy	1:20.67

Event 41 Men 400 Meter Hurdles

ROLLING SCHEDULE

Name	School	Finals
Finals		
1 Cole, Tommy	Wheaton (Ill	55.85 10
2 Coughenour, Jordan	Simpson (Iow	57.34 8

3 McKee, Trevor	Simpson (Iow	57.90 6
4 Bertram, Sam	Wheaton (Ill	58.62 5
5 Williams, Austin	St. Ambrose	1:00.26 4
6 Johnson, Max	Coe	1:01.16 3
7 Kraus, Landon	Coe	1:01.24 2
8 Elms Jansson, Dennis	North Iowa A	1:01.36 1
9 Svoboda, Matt	St. Ambrose	1:01.87
10 Gallagher, John	Grinnell	1:03.56
11 Mahoney, Patrick	St. Ambrose	1:04.40
12 McKinney, Evan	Faith Baptis	1:04.42
13 Ratliff, Todd	Unattached	1:14.25

Women - Team Rankings - 19 Events Scored

1) Wheaton (Ill.)	159
2) St. Ambrose	125
3) Iowa Central CC	120
4) Mount Mercy	81.5
5) Cornell College	66
6) Clarke	57
7) Simpson (Iowa)	41.5
8) Coe	34
9) North Iowa Area CC	28
10) Grinnell	14

Men - Team Rankings - 19 Events Scored

1) Iowa Central CC	152
2) Simpson (Iowa)	146
3) Wheaton (Ill.)	98
4) St. Ambrose	95
5) Cornell College	62
6) North Iowa Area CC	30
6) Mount Mercy	30
8) Coe	24
9) Indian Hills CC	18
10) Grinnell	17
11) Clarke	12
12) Scott CC	10
13) Faith Baptist Bible	4