

2016 CYO Track Meet - 3/30/2016

Buena Vista University

Results

Girls 100 Meter Dash

RESULTS ARE HAND-TIMED

| Name | School | Finals |
|---------------------|--------------|----------|
| Finals | | |
| 1 Brown, Maddie | Bishop Heela | 13.36 10 |
| 2 Dickman, Abbie | Gehlen Catho | 13.78 8 |
| 3 Reel, Madi | St. Edmond | 14.15 6 |
| 4 Schaller, Olivia | SL St. Mary' | 14.18 4 |
| 5 Willman, Paige | Remsen St. M | 14.59 2 |
| 6 Gill, Kate | Bishop Heela | 14.63 1 |
| 7 Schroeder, Paris | Gehlen Catho | 14.86 |
| 8 Schroeder, Shelby | Remsen St. M | 14.89 |
| 9 Eckerman, Brandi | Kuemper Cath | 15.16 |
| 10 Ahlers, Kate | St. Edmond | 15.60 |
| 11 Lenhart, Lizzie | SL St. Mary' | 15.69 |
| 12 Shipler, Emerald | Bishop Garri | 15.92 |
| 13 Steinman, Cacy | Bishop Garri | 15.99 |

Girls 200 Meter Dash

| Name | School | Finals |
|----------------------|--------------|----------|
| Finals | | |
| 1 Doohen, Brooke | Bishop Heela | 28.04 10 |
| 2 Altman, Alisa | Bishop Garri | 28.15 8 |
| 3 Albenesius, Anna | Bishop Heela | 28.66 6 |
| 4 Schaller, Olivia | SL St. Mary' | 29.10 4 |
| 5 Reel, Madi | St. Edmond | 29.24 2 |
| 6 Mason, Macey | St. Edmond | 30.03 1 |
| 7 Bormann, Sam | Bishop Garri | 30.62 |
| 8 Jones, Abby | SL St. Mary' | 30.63 |
| 9 Bohnenkamp, Sophia | Remsen St. M | 31.01 |
| 10 Schnepf, Krayton | Gehlen Catho | 31.80 |
| 11 Peters, Katie | Gehlen Catho | 31.89 |
| 12 Harvey, Katlin | Remsen St. M | 35.24 |

Girls 400 Meter Dash

| Name | School | Finals |
|--------------------|--------------|------------|
| Finals | | |
| 1 Flattery, Megan | St. Edmond | 1:03.76 10 |
| 2 Doohen, Callie | Bishop Heela | 1:04.34 8 |
| 3 Albenesius, Anna | Bishop Heela | 1:04.36 6 |
| 4 Schroeder, Paris | Gehlen Catho | 1:10.00 4 |
| 5 Jones, Abby | SL St. Mary' | 1:10.26 2 |
| 6 Schnepf, Krayton | Gehlen Catho | 1:12.42 1 |
| 7 Klein, Olivia | Kuemper Cath | 1:18.35 |
| 8 Ramos, Dulce | SL St. Mary' | 1:19.70 |

Girls 800 Meter Run

| Name | School | Finals |
|--------------------|--------------|------------|
| Finals | | |
| 1 Luft, Lauren | Bishop Heela | 2:30.62 10 |
| 2 Ryan, Kali | Bishop Heela | 2:34.70 8 |
| 3 Kolacia, Audrey | St. Edmond | 3:00.56 6 |
| 4 Cosgrove, Leah | St. Edmond | 3:05.39 4 |
| 5 Kollasch, Hailey | Bishop Garri | 3:07.06 2 |
| 6 Ramos, Dulce | SL St. Mary' | 3:11.05 1 |

7 Plathe, Danielle Bishop Garri 3:11.52

Girls 1500 Meter Run

| Name | School | Finals |
|---------------------|--------------|------------|
| Finals | | |
| 1 Ryan, Kali | Bishop Heela | 5:21.36 10 |
| 2 Landwehr, Abby | St. Edmond | 5:28.83 8 |
| 3 Jensen, Annie | Bishop Heela | 5:38.35 6 |
| 4 Klein, Olivia | Kuemper Cath | 6:12.89 4 |
| 5 McEnroe, Aubrey | Bishop Garri | 6:24.51 2 |
| 6 Schroeder, Olivia | Remsen St. M | 7:02.88 1 |
| 7 Kollasch, Hailey | Bishop Garri | 7:09.33 |
| 8 Penning, Bailey | Remsen St. M | 7:23.52 |

Girls 3000 Meter Run

| Name | School | Finals |
|--------------------|--------------|-------------|
| Finals | | |
| 1 Jensen, Annie | Bishop Heela | 11:30.80 10 |
| 2 Landwehr, Abby | St. Edmond | 11:41.91 8 |
| 3 Boeshart, Kiley | Bishop Heela | 13:10.34 6 |
| 4 Plathe, Danielle | Bishop Garri | 14:15.98 4 |
| 5 Book, Miranda | Bishop Garri | 14:30.72 2 |

Girls 100 Meter Hurdles

RESULTS ARE HAND-TIMED

| Name | School | Finals |
|---------------------|--------------|----------|
| Finals | | |
| 1 McGowan, Sam | Bishop Heela | 17.67 10 |
| 2 Irlbeck, Hannah | Kuemper Cath | 18.02 8 |
| 3 Mayer, Kayla | Gehlen Catho | 18.17 6 |
| 4 Koenig, Joeli | St. Edmond | 18.43 4 |
| 5 Willman, Paige | Remsen St. M | 18.62 2 |
| 6 Miller, Avriel | Bishop Garri | 18.77 1 |
| 7 Hall, Olivia | Bishop Garri | 18.79 |
| 8 Peters, Katie | Gehlen Catho | 18.91 |
| 9 Pottebaum, Lauren | Remsen St. M | 19.31 |
| 10 Gill, Kate | Bishop Heela | 19.85 |

Girls 400 Meter Hurdles

| Name | School | Finals |
|-------------------|--------------|------------|
| Finals | | |
| 1 Irlbeck, Hannah | Kuemper Cath | 1:15.01 10 |
| 2 Gill, Kate | Bishop Heela | 1:17.99 8 |
| 3 Hall, Olivia | Bishop Garri | 1:23.16 6 |
| 4 Langel, Katelyn | Gehlen Catho | 1:23.21 4 |
| 5 Miller, Emory | Bishop Garri | 1:23.81 2 |
| 6 Kukuk, Gabby | Bishop Heela | 1:25.66 1 |

Girls 4x100 Meter Relay

| Team | Relay | Finals |
|-------------------|---------------------|----------|
| Finals | | |
| 1 Bishop Heelan | A | 54.14 10 |
| 1) McGowan, Sam | 2) Glover, Katie | |
| 3) Rizk, Katie | 4) Brown, Maddie | |
| 2 Gehlen Catholic | A | 55.27 8 |
| 1) Mayer, Kayla | 2) Herbst, Elliotte | |
| 3) Dickman, Abbie | 4) Harpenau, Brooke | |

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Finals ... (Girls 4x100 Meter Relay)

| Team | Relay | Finals |
|----------------------|-----------------------|---------|
| 3 Remsen St. Marys | A | 57.92 6 |
| 1) Schroeder, Shelby | 2) Bohnenkamp, Sophia | |
| 3) Willman, Paige | 4) Pottebaum, Lauren | |
| 4 St. Edmond | A | 58.62 4 |
| 1) Koenig, Joeli | 2) Ahlers, Kate | |
| 3) Mason, Macey | 4) Reel, Madi | |
| 5 Kuemper Catholic | A | 59.85 2 |
| 1) Eckerman, Brandi | 2) Lohrmann, Abby | |
| 3) Grote, Chloe | 4) Sturm, Erica | |
| 6 SL St. Mary's | A | 59.86 1 |
| 1) Schaller, Olivia | 2) Sandhoff, Jessica | |
| 3) Jones, Abby | 4) Lenhart, Lizzie | |
| 7 Bishop Garrigan | A | 1:00.70 |
| 1) Behr, Gracie | 2) Miller, Emory | |
| 3) Miller, Avriel | 4) Hall, Olivia | |
| 8 Bishop Garrigan | B | 1:03.55 |
| 1) Shipler, Emerald | 2) Book, Miranda | |
| 3) Steinman, Cacy | 4) Plathe, Danielle | |

Girls 4x200 Meter Relay

| Team | Relay | Finals |
|-----------------------|----------------------|------------|
| Finals | | |
| 1 Bishop Heelan | A | 1:52.57 10 |
| 1) Cropley, Ellie | 2) Glover, Katie | |
| 3) Doohen, Brooke | 4) Brown, Maddie | |
| 2 Bishop Garrigan | A | 1:54.14 8 |
| 1) Altman, Alisa | 2) Boelter, Jenna | |
| 3) Miller, Livia | 4) Vaske, Johanna | |
| 3 Gehlen Catholic | A | 1:55.08 6 |
| 1) Langel, Katelyn | 2) Herbst, Elliotte | |
| 3) Dickman, Abbie | 4) Harpenau, Brooke | |
| 4 Kuemper Catholic | A | 2:03.40 4 |
| 1) Eckerman, Brandi | 2) Lohrmann, Abby | |
| 3) Pottebaum, Susie | 4) Sturm, Erica | |
| 5 St. Edmond | A | 2:07.11 2 |
| 1) Cosgrove, Jill | 2) Gruver, Emma | |
| 3) Scott, Devyn | 4) Flattery, Erin | |
| 6 Remsen St. Marys | A | 2:08.90 1 |
| 1) Bohnenkamp, Sophia | 2) Loutsch, Miranda | |
| 3) Harvey, Katlin | 4) Schroeder, Shelby | |

Girls 4x400 Meter Relay

| Team | Relay | Finals |
|-----------------------|---------------------|------------|
| Finals | | |
| 1 Bishop Heelan | A | 4:25.63 10 |
| 1) Doohen, Callie | 2) Albenesius, Anna | |
| 3) Hutchinson, Hannah | 4) Luft, Lauren | |
| 2 Bishop Garrigan | A | 4:31.04 8 |
| 1) Bormann, Sam | 2) Boelter, Jenna | |
| 3) Miller, Livia | 4) Vaske, Johanna | |
| 3 St. Edmond | A | 4:39.03 6 |
| 1) Flattery, Erin | 2) Cosgrove, Jill | |
| 3) Landwehr, Abby | 4) Flattery, Megan | |

| | | |
|---------------------|---------------------|-----------|
| 4 Gehlen Catholic | A | 4:55.88 4 |
| 1) Schroeder, Paris | 2) Schnepf, Krayton | |
| 3) Langel, Katelyn | 4) Linden, Jolee | |

Girls 4x800 Meter Relay

| Team | Relay | Finals |
|---------------------|---------------------|-------------|
| Finals | | |
| 1 Bishop Heelan | A | 10:20.58 10 |
| 1) Doohen, Callie | 2) Jochum, Madison | |
| 3) Aesoph, Ashley | 4) Ryan, Kali | |
| 2 Kuemper Catholic | A | 12:20.50 8 |
| 1) Eischeid, Brandi | 2) Klein, Olivia | |
| 3) Rotert, Megan | 4) Schulte, Kaitlyn | |

Girls 800 Sprint Medley 1-1-2-4

| Team | Relay | Finals |
|---------------------|---------------------|------------|
| Finals | | |
| 1 Bishop Heelan | A | 1:59.98 10 |
| 1) Cropley, Ellie | 2) Brown, Maddie | |
| 3) Doohen, Brooke | 4) Jochum, Madison | |
| 2 Gehlen Catholic | A | 2:01.51 8 |
| 1) Mayer, Kayla | 2) Herbst, Elliotte | |
| 3) Dickman, Abbie | 4) Harpenau, Brooke | |
| 3 Bishop Garrigan | A | 2:02.51 6 |
| 1) Behr, Gracie | 2) Altman, Alisa | |
| 3) Boelter, Jenna | 4) Vaske, Johanna | |
| 4 St. Edmond | A | 2:09.01 4 |
| 1) Reel, Madi | 2) Ahlers, Kate | |
| 3) Koenig, Joeli | 4) Flattery, Megan | |
| 5 Kuemper Catholic | A | 2:22.19 2 |
| 1) Sturm, Erica | 2) Mertz, Alli | |
| 3) Pottebaum, Susie | 4) Lohrmann, Abby | |
| 6 St. Edmond | B | 2:24.22 |
| 1) Cosgrove, Jill | 2) Scott, Devyn | |
| 3) Gruver, Emma | 4) Willerth, Rachel | |
| 7 Bishop Garrigan | B | 2:31.05 |
| 1) Shipler, Emerald | 2) Wadle, Megan | |
| 3) Steinman, Cacy | 4) Book, Miranda | |

Girls Distance Medley 2-2-4-8

| Team | Relay | Finals |
|-------------------------|-----------------------|------------|
| Finals | | |
| 1 Bishop Heelan | A | 4:47.39 10 |
| 1) Cropley, Ellie | 2) Hutchinson, Hannah | |
| 3) Aesoph, Ashley | 4) Luft, Lauren | |
| 2 Bishop Garrigan | A | 5:06.07 8 |
| 1) Bormann, Sam | 2) Miller, Emory | |
| 3) Behr, Gracie | 4) McEnroe, Aubrey | |
| 3 St. Edmond | A | 5:12.16 6 |
| 1) Cosgrove, Jill | 2) Mason, Macey | |
| 3) Scott, Devyn | 4) Kolacia, Audrey | |
| 4 Kuemper Catholic | A | 5:24.35 4 |
| 1) Schmitz, Emma | 2) Venner, Jessica | |
| 3) Christensen, Cassidy | 4) Rotert, Megan | |

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Finals ... (Girls Distance Medley 2-2-4-8)

| Team | Relay | Finals | |
|-----------------------|---------------------|---------|---|
| 5 Gehlen Catholic | A | 5:40.34 | 2 |
| 1) Woerdehoff, Brooke | 2) Zubrod, Melinda | | |
| 3) Kwon, Jenny | 4) Alesch, Makenna | | |
| 6 Remsen St. Marys | A | 5:44.35 | 1 |
| 1) Bohnenkamp, Sophia | 2) Loutsch, Miranda | | |
| 3) Schroeder, Shelby | 4) Penning, Bailey | | |

Girls 4x100 Meter Shuttle Hurdle

| Team | Relay | Finals | |
|-------------------------|----------------------|---------|----|
| 1 Bishop Garrigan | A | 1:13.78 | 10 |
| 1) Miller, Avriel | 2) Miller, Livia | | |
| 3) Hall, Olivia | 4) Vaske, Johanna | | |
| 2 Gehlen Catholic | A | 1:15.73 | 8 |
| 1) Mayer, Kayla | 2) Peters, Katie | | |
| 3) Langel, Katelyn | 4) Harpenau, Brooke | | |
| 3 Bishop Heelan | A | 1:18.05 | 6 |
| 1) Doohen, Brooke | 2) Rizk, Katie | | |
| 3) Kukuk, Gabby | 4) McGowan, Sam | | |
| 4 Kuemper Catholic | A | 1:19.14 | 4 |
| 1) Schmitz, Emma | 2) Venner, Jessica | | |
| 3) Christensen, Cassidy | 4) Irlbeck, Hannah | | |
| 5 Remsen St. Marys | A | 1:21.53 | 2 |
| 1) Willman, Paige | 2) Schroeder, Shelby | | |
| 3) Loutsch, Miranda | 4) Pottebaum, Lauren | | |

Girls High Jump

EVENT TO FOLLOW BOYS HIGH JUMP

| Name | School | Finals | |
|-------------------|--------------|---------|----|
| 1 McGowan, Sam | Bishop Heela | 4-10.00 | 10 |
| 2 Flattery, Megan | St. Edmond | 4-10.00 | 8 |

Girls Long Jump

| Name | School | Finals | |
|---------------------|--------------|----------|----|
| 1 Vaske, Johanna | Bishop Garri | 16-01.50 | 10 |
| 2 Croyley, Ellie | Bishop Heela | 15-02.75 | 8 |
| 3 Eckerman, Brandi | Kuemper Cath | 14-04.75 | 6 |
| 4 Schaller, Olivia | SL St. Mary' | 14-04.00 | 4 |
| 5 Jochum, Madison | Bishop Heela | 13-11.00 | 2 |
| 6 Grote, Chloe | Kuemper Cath | 13-07.00 | 1 |
| 7 Mason, Macey | St. Edmond | 13-01.25 | |
| 8 Herbst, Elliotte | Gehlen Catho | 12-05.50 | |
| 9 Arreola, Kimberly | Gehlen Catho | 10-02.50 | |

Girls Shot Put

| Name | School | Finals | |
|---------------------|--------------|----------|----|
| 1 Verzani, Holli | Bishop Heela | 34-04.00 | 10 |
| 2 Cougill, Brooklyn | Bishop Heela | 32-09.50 | 8 |
| 3 Heuert, Stephanie | Gehlen Catho | 31-02.50 | 6 |
| 4 Wadle, Megan | Bishop Garri | 29-00.50 | 4 |
| 5 Venner, Kayla | Kuemper Cath | 27-08.00 | 2 |

| | | | |
|---------------------|--------------|----------|---|
| 6 Zubrod, Melinda | Gehlen Catho | 25-10.50 | 1 |
| 7 Sandhoff, Jessica | SL St. Mary' | 25-08.50 | |
| 8 Gruver, Emma | St. Edmond | 22-06.50 | |

Girls Discus Throw

EVENT TO FOLLOW BOYS DISCUS THROW

| Name | School | Finals | |
|---------------------|--------------|----------|----|
| 1 Verzani, Holli | Bishop Heela | 93-06 | 10 |
| 2 Venner, Kayla | Kuemper Cath | 83-06.50 | 8 |
| 3 Sandhoff, Jessica | SL St. Mary' | 78-00 | 6 |
| 4 Heuert, Stephanie | Gehlen Catho | 77-01 | 4 |
| 5 Wadle, Megan | Bishop Garri | 75-04.50 | 2 |
| 6 Cougill, Brooklyn | Bishop Heela | 73-01 | 1 |
| 7 Larson, Jordan | Gehlen Catho | 71-07.50 | |
| 8 Gruver, Emma | St. Edmond | 69-11 | |
| 9 Harvey, Katlin | Remsen St. M | 68-02 | |
| 10 Lenhart, Lizzie | SL St. Mary' | 51-07 | |

Boys 100 Meter Dash

RESULTS ARE HAND-TIMED

| Name | School | Finals | |
|----------------------|--------------|--------|----|
| 1 Broich, Eric | SL St. Mary' | 11.65 | 10 |
| 2 Sitzmann, Payton | St. Edmond | 12.11 | 8 |
| 3 Kraus, Von | Kuemper Cath | 12.13 | 6 |
| 4 Birzer, Colin | St. Edmond | 12.25 | 4 |
| 5 Winders, Timmy | Bishop Heela | 12.29 | 2 |
| 6 Lampe, Lucas | Kuemper Cath | 12.55 | 1 |
| 7 Loutsch, Jacob | Remsen St. M | 12.94 | |
| 8 Weber, Nate | Gehlen Catho | 12.95 | |
| 9 Freking, Elijah | Gehlen Catho | 13.11 | |
| 10 Pudenz, Brandon | SL St. Mary' | 13.20 | |
| 11 Konopasek, Marcus | Remsen St. M | 14.05 | |

Boys 200 Meter Dash

| Name | School | Finals | |
|----------------------|--------------|--------|----|
| 1 Behr, Gibson | Bishop Garri | 24.03 | 10 |
| 2 Schaefer, Jacob | Kuemper Cath | 24.10 | 8 |
| 3 Heitman, Jake | SL St. Mary' | 25.30 | 6 |
| 4 Langerman, Cameron | Bishop Garri | 25.45 | 4 |
| 5 Smith, Ty | St. Edmond | 25.67 | 2 |
| 6 Schuch, Adam | Gehlen Catho | 25.74 | 1 |
| 7 Pithan, Mike | Bishop Heela | 26.56 | |
| 8 Ellensohn, Adam | Gehlen Catho | 26.70 | |
| 9 Bohnenkamp, Kenny | Remsen St. M | 27.01 | |
| 10 Rasmussen, Jack | St. Edmond | 27.17 | |
| 11 Keenan, Cole | SL St. Mary' | 27.85 | |
| 12 Hensel, John | Kuemper Cath | 28.80 | |

Boys 400 Meter Dash

| Name | School | Finals | |
|----------------|--------------|--------|----|
| 1 O'Tool, Tate | St. Edmond | 54.29 | 10 |
| 2 Pithan, John | Bishop Heela | 55.15 | 8 |

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Finals ... (Boys 400 Meter Dash)

| Name | School | Finals | |
|------------------------|--------------|---------|---|
| 3 McCarty, Nick | Kuemper Cath | 58.07 | 6 |
| 4 Beaulieu, Jake | Bishop Heela | 58.61 | 4 |
| 5 Ellensohn, Eli | Gehlen Catho | 58.70 | 2 |
| 6 Ellensohn, Adam | Gehlen Catho | 1:01.07 | 1 |
| 7 Mayer, Harrison | St. Edmond | 1:01.58 | |
| 8 Kohlhaas, Preston | Bishop Garri | 1:02.42 | |
| 9 Peters, Ben | SL St. Mary' | 1:03.23 | |
| 10 Russell, Robert | Remsen St. M | 1:05.90 | |
| 11 Hensel, Caleb | Kuemper Cath | 1:06.14 | |
| 12 Malou, Chakouthchok | SL St. Mary' | 1:08.24 | |

Boys 800 Meter Run

| Name | School | Finals | |
|-----------------------|--------------|---------|----|
| 1 Ritz, Connor | Bishop Heela | 2:19.64 | 10 |
| 2 Feng, Blake | Gehlen Catho | 2:20.32 | 8 |
| 3 Meis, John | Bishop Garri | 2:21.64 | 6 |
| 4 VonArb, Jordan | Gehlen Catho | 2:25.74 | 4 |
| 5 Alvarado, Daniel | Bishop Heela | 2:28.60 | 2 |
| 6 Russell, Robert | Remsen St. M | 2:33.62 | 1 |
| 7 Kicklighter, Andrew | St. Edmond | 2:33.67 | |
| 8 Smith, Stone | Kuemper Cath | 2:38.92 | |
| 9 Peters, Ben | SL St. Mary' | 2:40.59 | |
| 10 Hensel, Caleb | Kuemper Cath | 2:44.50 | |
| 11 Ferguson, Tristan | Bishop Garri | 2:46.20 | |
| 12 Yak, Reath | SL St. Mary' | 2:54.18 | |

Boys 1600 Meter Run

| Name | School | Finals | |
|-----------------------|--------------|---------|----|
| 1 Ritz, Connor | Bishop Heela | 5:05.46 | 10 |
| 2 Kicklighter, Andrew | St. Edmond | 5:06.31 | 8 |
| 3 Grote, Ben | Kuemper Cath | 5:15.94 | 6 |
| 4 Galles, Shay | Remsen St. M | 5:19.94 | 4 |
| 5 Alvarado, Daniel | Bishop Heela | 5:22.95 | 2 |
| 6 Staab, Wyatt | Remsen St. M | 5:35.84 | 1 |
| 7 McCarty, Nick | Kuemper Cath | 5:36.13 | |
| 8 Zenk, Tyler | Gehlen Catho | 5:37.57 | |
| 9 Yak, Reath | SL St. Mary' | 5:41.37 | |

Boys 3200 Meter Run

| Name | School | Finals | |
|-----------------------|--------------|----------|----|
| 1 Ritz, Connor | Bishop Heela | 10:36.85 | 10 |
| 2 Grote, Ben | Kuemper Cath | 11:07.59 | 8 |
| 3 Grady, David | Remsen St. M | 11:07.62 | 6 |
| 4 Galles, Shay | Remsen St. M | 11:08.71 | 4 |
| 5 Kicklighter, Andrew | St. Edmond | 12:12.93 | 2 |
| 6 Linden, Cole | Gehlen Catho | 12:17.79 | 1 |
| 7 Zenk, Tyler | Gehlen Catho | 12:18.31 | |
| 8 Callaghan, Sean | Bishop Heela | 12:31.57 | |

Boys 110 Meter Hurdles**RESULTS ARE HAND-TIMED**

| Name | School | Finals | |
|---------------------|--------------|--------|----|
| 1 Rosenmeyer, Logan | Bishop Garri | 16.94 | 10 |
| 2 Degen, Devin | Bishop Garri | 17.90 | 8 |
| 3 Brown, Kameron | St. Edmond | 18.84 | 6 |
| 4 Heidenriech, Jake | St. Edmond | 19.65 | 4 |

Boys 400 Meter Hurdles

| Name | School | Finals | |
|---------------------|--------------|---------|----|
| 1 Baumhover, Izak | Kuemper Cath | 1:00.86 | 10 |
| 2 Heitman, Jake | SL St. Mary' | 1:04.54 | 8 |
| 3 Heidenriech, Jake | St. Edmond | 1:05.11 | 6 |
| 4 Brown, Kameron | St. Edmond | 1:05.49 | 4 |
| 5 Rosenmeyer, Logan | Bishop Garri | 1:05.78 | 2 |
| 6 Ellensohn, Eli | Gehlen Catho | 1:06.55 | 1 |
| 7 Roberts, Xavier | Gehlen Catho | 1:06.78 | |
| 8 Degen, Devin | Bishop Garri | 1:07.84 | |
| 9 Snyder, Kyle | Kuemper Cath | 1:09.47 | |

Boys 4x100 Meter Relay

| Team | Relay | Finals | |
|----------------------|-----------------------|--------|----|
| 1 Kuemper Catholic | A | 46.81 | 10 |
| 1) Gunnerson, Gage | 2) Kraus, Von | | |
| 3) Lampe, Lucas | 4) Schaefer, Jacob | | |
| 2 Bishop Garrigan | A | 47.58 | 8 |
| 1) Mergen, Nick | 2) Langerman, Cameron | | |
| 3) Rosenmeyer, Logan | 4) Behr, Gibson | | |
| 3 St. Edmond | A | 48.66 | 6 |
| 1) Birzer, Colin | 2) Dougal, Sam | | |
| 3) Naughton, Cade | 4) Sitzmann, Payton | | |
| 4 Gehlen Catholic | A | 50.02 | 4 |
| 1) Thoms, Brogan | 2) Freking, Elijah | | |
| 3) Weber, Nate | 4) Schuch, Adam | | |
| 5 St. Edmond | B | 50.12 | |
| 1) Newell, Sean | 2) Smith, Ty | | |
| 3) Rasmussen, Jack | 4) Touney, Gage | | |
| 6 Remsen St. Marys | A | 51.40 | 2 |
| 1) Schroeder, Colin | 2) Bohnenkamp, Kenny | | |
| 3) Konopasek, Marcus | 4) Loutsch, Jacob | | |
| 7 SL St. Mary's | A | 51.51 | 1 |
| 1) Heitman, Jake | 2) Pudenz, Brandon | | |
| 3) Demers, Michael | 4) Broich, Eric | | |

Boys 4x200 Meter Relay

| Team | Relay | Finals | |
|-----------------|---------------------|---------|----|
| 1 Bishop Heelan | A | 1:38.00 | 10 |
| 1) Karrer, Will | 2) Tameklo, Emanuel | | |
| 3) Lease, Jesse | 4) Winders, Timmy | | |

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Finals ... (Boys 4x200 Meter Relay)

| Team | Relay | Finals | |
|----------------------|----------------------|---------|---|
| 2 St. Edmond | A | 1:38.63 | 8 |
| 1) Rasmussen, Jack | 2) Dougal, Sam | | |
| 3) Naughton, Cade | 4) Sitzmann, Payton | | |
| 3 Bishop Garrigan | A | 1:39.00 | 6 |
| 1) Kibby, Zac | 2) Patkins, Max | | |
| 3) Hatten, Chase | 4) Behr, Gibson | | |
| 4 Kuemper Catholic | A | 1:40.78 | 4 |
| 1) Baumhover, Izak | 2) Daniel, Zach | | |
| 3) Gunnerson, Gage | 4) Schaefer, Jacob | | |
| 5 Remsen St. Marys | A | 1:43.64 | 2 |
| 1) Schroeder, Colin | 2) Gerreitts, Adam | | |
| 3) Bohnenkamp, Kenny | 4) Loutsch, Jacob | | |
| 6 St. Edmond | B | 1:44.29 | |
| 1) Bennett, Nick | 2) McElroy, Jack | | |
| 3) Smith, Ty | 4) Newell, Sean | | |
| 7 Gehlen Catholic | A | 1:44.81 | 1 |
| 1) Thoms, Brogan | 2) Herbst, Izaak | | |
| 3) Roberts, Xavier | 4) Willett, Chandler | | |

Boys 4x400 Meter Relay

| Team | Relay | Finals | |
|----------------------|--------------------|---------|----|
| 1 St. Edmond | A | 3:44.75 | 10 |
| 1) Mayer, Harrison | 2) Flattery, Colin | | |
| 3) Spangler, Peyton | 4) O'Tool, Tate | | |
| 2 Bishop Heelan | A | 3:51.33 | 8 |
| 1) Tameklo, Emanuel | 2) Lease, Jesse | | |
| 3) Karrer, Will | 4) Pithan, John | | |
| 3 Bishop Garrigan | A | 3:54.29 | 6 |
| 1) Kellner, Will | 2) Kibby, Zac | | |
| 3) Hatten, Chase | 4) Behr, Gibson | | |
| 4 Gehlen Catholic | A | 3:56.61 | 4 |
| 1) Willett, Chandler | 2) Langel, Alec | | |
| 3) Davis, Cooper | 4) Herbst, Izaak | | |
| 5 Remsen St. Marys | A | 4:12.52 | 2 |
| 1) Kuchel, Carter | 2) Galles, Brett | | |
| 3) Staab, Wyatt | 4) Grady, David | | |
| 6 Kuemper Catholic | A | 4:14.07 | 1 |
| 1) Wendl, Nathan | 2) Snyder, Kyle | | |
| 3) Ausborn, Karsten | 4) Daniel, Zach | | |

Boys 4x800 Meter Relay

| Team | Relay | Finals | |
|--------------------|------------------|---------|----|
| 1 St. Edmond | A | 8:49.84 | 10 |
| 1) Flattery, Colin | 2) Loerts, Alex | | |
| 3) Mayer, Harrison | 4) O'Tool, Tate | | |
| 2 Gehlen Catholic | A | 9:09.20 | 8 |
| 1) Davis, Cooper | 2) Feng, Blake | | |
| 3) VonArb, Jordan | 4) Langel, Alec | | |
| 3 Bishop Garrigan | A | 9:28.35 | 6 |
| 1) Kellner, Will | 2) Hatten, Chase | | |
| 3) Capesius, Brad | 4) Meis, John | | |

| | | | |
|---------------------|--------------------|---------|---|
| 4 Bishop Heelan | A | 9:42.64 | 4 |
| 1) Alvarado, Daniel | 2) Knapp, Collin | | |
| 3) Dougherty, John | 4) Murphy, Ben | | |
| 5 Remsen St. Marys | A | 9:49.33 | 2 |
| 1) Staab, Wyatt | 2) Gerreitts, Adam | | |
| 3) Galles, Brett | 4) Russell, Robert | | |

Boys 1600 Sprint Medley 2-2-4-8

| Team | Relay | Finals | |
|------------------------|------------------------|---------|----|
| 1 Gehlen Catholic | A | 3:55.20 | 10 |
| 1) Herbst, Izaak | 2) Willett, Chandler | | |
| 3) Davis, Cooper | 4) Langel, Alec | | |
| 2 St. Edmond | A | 3:57.23 | 8 |
| 1) Rasmussen, Jack | 2) Newell, Sean | | |
| 3) O'Tool, Tate | 4) Loerts, Alex | | |
| 3 Bishop Heelan | A | 4:12.29 | 6 |
| 1) Winders, Timmy | 2) Lease, Jesse | | |
| 3) Daniel, Welton | 4) Murphy, Ben | | |
| 4 Bishop Garrigan | A | 4:13.44 | 4 |
| 1) Mergen, Nick | 2) Kellner, Will | | |
| 3) Patkins, Max | 4) Capesius, Brad | | |
| 5 Kuemper Catholic | A | 4:16.53 | 2 |
| 1) Lampe, Lucas | 2) Kraus, Von | | |
| 3) McCarty, Nick | 4) Grote, Ben | | |
| 6 Remsen St. Marys | A | 4:33.07 | 1 |
| 1) Schroeder, Colin | 2) Loutsch, Jacob | | |
| 3) Kuchel, Carter | 4) Grady, David | | |
| 7 Bishop Heelan | B | 4:33.38 | |
| 1) Anderson, Blake | 2) Mollet, Eli | | |
| 3) Dougherty, John | 4) Huls, Marshall | | |
| 8 SL St. Mary's | A | 4:50.61 | |
| 1) Keenan, Cole | 2) Malou, Chakouthchok | | |
| 3) Peters, Ben | 4) Yak, Reath | | |
| 9 St. Edmond | B | 4:51.12 | |
| 1) Rasmussen, Mitchell | 2) Spangler, Peyton | | |
| 3) Itzen, Lucas | 4) Baker, Chris | | |

Boys 4x110 Meter Shuttle Hurdle

| Team | Relay | Finals | |
|-----------------------|----------------------|---------|----|
| 1 Bishop Garrigan | A | 1:06.78 | 10 |
| 1) Rosenmeyer, Logan | 2) Degen, Devin | | |
| 3) Patkins, Max | 4) Kibby, Zac | | |
| 2 St. Edmond | A | 1:10.76 | 8 |
| 1) Naughton, Cade | 2) Dougal, Sam | | |
| 3) Brown, Kameron | 4) Heidenrieck, Jake | | |
| 3 Gehlen Catholic | A | 1:10.93 | 6 |
| 1) Ellensohn, Eli | 2) Roberts, Xavier | | |
| 3) Ellensohn, Adam | 4) Thoms, Brogan | | |
| 4 Kuemper Catholic | A | 1:12.39 | 4 |
| 1) Scharfenkamp, Ryan | 2) Wendl, Nathan | | |
| 3) Daniel, Zach | 4) Baumhover, Izak | | |

2016 CYO Track Meet - 3/30/2016

Buena Vista University

Results

Boys High Jump

| Name | School | Finals |
|------------------|--------------|------------|
| Finals | | |
| 1 Rupiper, Miles | Kuemper Cath | 6-02.00 10 |
| 2 Karrer, Will | Bishop Heela | 6-00.00 8 |
| 3 Heitman, Jake | SL St. Mary' | 5-08.00 6 |
| 4 Capesius, Brad | Bishop Garri | 5-02.00 4 |
| 5 Staab, Wyatt | Remsen St. M | 5-00.00 2 |

Boys Long Jump**EVENT TO FOLLOW GIRLS LONG JUMP**

| Name | School | Finals |
|---------------------|--------------|-------------|
| Finals | | |
| 1 Rupiper, Miles | Kuemper Cath | 21-01.50 10 |
| 2 Broich, Eric | SL St. Mary' | 20-00.00 8 |
| 3 Kibby, Zac | Bishop Garri | 19-08.00 6 |
| 4 Karrer, Will | Bishop Heela | 18-08.50 4 |
| 5 Winders, Timmy | Bishop Heela | 18-03.50 2 |
| 6 Thoms, Brogan | Gehlen Catho | 17-10.00 1 |
| 7 Kuchel, Carter | Remsen St. M | 17-07.00 |
| 8 Bennett, Nick | St. Edmond | 17-05.00 |
| 9 Patkins, Max | Bishop Garri | 17-03.50 |
| 10 Davis, Cooper | Gehlen Catho | 17-01.50 |
| 11 Naughton, Cade | St. Edmond | 17-00.00 |
| 12 Demers, Michael | SL St. Mary' | 16-05.00 |
| 13 Ausborn, Karsten | Kuemper Cath | 14-10.00 |

Boys Shot Put**EVENT TO FOLLOW GIRLS SHOT PUT**

| Name | School | Finals |
|----------------------|--------------|-------------|
| Finals | | |
| 1 Langerman, Cameron | Bishop Garri | 45-03.00 10 |
| 2 Sibenaller, Austin | Kuemper Cath | 40-00.50 8 |
| 3 Buscherfeld, Drake | Bishop Garri | 36-09.50 6 |
| 4 Mollet, Eli | Bishop Heela | 36-03.50 4 |
| 5 Woodruff, John | St. Edmond | 36-02.00 2 |
| 6 Touney, Gage | St. Edmond | 35-03.50 1 |
| 7 Osburn, Nolan | Bishop Heela | 34-05.50 |
| 8 Riesenber, Lucas | Kuemper Cath | 34-00.50 |
| 9 Stoll, Jason | Gehlen Catho | 34-00.00 |
| 10 Jungers, John | Gehlen Catho | 33-04.50 |
| 11 Konopasek, Marcus | Remsen St. M | 29-10.00 |
| 12 Galles, Will | Remsen St. M | 27-07.50 |

Boys Discus Throw

| Name | School | Finals |
|----------------------|--------------|--------------|
| Finals | | |
| 1 Rector, Brook | Bishop Heela | 112-10.50 10 |
| 2 Buscherfeld, Drake | Bishop Garri | 107-07 8 |
| 3 Jungers, John | Gehlen Catho | 102-07.25 6 |
| 4 Mollet, Eli | Bishop Heela | 98-05.50 4 |
| 5 Galles, Will | Remsen St. M | 97-11.25 2 |
| 6 Woodruff, John | St. Edmond | 87-08 1 |
| 7 Buscherfeld, Grant | Bishop Garri | 87-04 |
| 8 Riesenber, Lucas | Kuemper Cath | 86-01 |

| | | |
|----------------------|--------------|----------|
| 9 Schnurr, Zach | St. Edmond | 81-01 |
| 10 Schuch, Joe | Gehlen Catho | 78-08 |
| 11 Konopasek, Marcus | Remsen St. M | 76-04.50 |

Women - Team Rankings - 19 Events Scored

| | |
|---------------------|-----|
| 1) Bishop Heelan | 225 |
| 2) Bishop Garrigan | 83 |
| 3) St. Edmond | 79 |
| 4) Gehlen Catholic | 70 |
| 5) Kuemper Catholic | 63 |
| 6) SL St. Mary's | 22 |
| 7) Remsen St. Marys | 15 |

Men - Team Rankings - 18 Events Scored

| | |
|---------------------|-----|
| 1) Bishop Garrigan | 114 |
| 2) St. Edmond | 108 |
| 2) Bishop Heelan | 108 |
| 4) Kuemper Catholic | 94 |
| 5) Gehlen Catholic | 58 |
| 6) SL St. Mary's | 39 |
| 7) Remsen St. Marys | 29 |